

# A Comprehensive Review of Neutrophilic Diseases

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**Abstract** Neutrophilic dermatoses are a group of conditions characterized by the accumulation of neutrophils in the skin and clinically presenting with polymorphic cutaneous lesions, including pustules, bullae, abscesses, papules, nodules, plaques and ulcers. In these disorders, the possible involvement of almost any organ system has led to coin the term ‘neutrophilic diseases’. Neutrophilic diseases have close clinicopathological similarities with the autoinflammatory diseases, which present with recurrent episodes of inflammation in the affected organs in the absence of infection, allergy and frank autoimmunity. Neutrophilic diseases may be subdivided into three main groups: (1) deep or hypodermal forms whose paradigm is pyoderma gangrenosum, (2) plaque-type or dermal forms whose prototype is Sweet’s syndrome and (3) superficial or epidermal forms among which amicrobial pustulosis of the folds may be considered the model. A fourth

subset of epidermal/dermal/hypodermal forms has been recently added to the classification of neutrophilic diseases due to the emerging role of the syndromic pyoderma gangrenosum variants, whose pathogenesis has shown a relevant autoinflammatory component. An increasing body of evidence supports the role of pro-inflammatory cytokines like interleukin (IL)-1-beta, IL-17 and tumour necrosis factor (TNF)-alpha in the pathophysiology of neutrophilic diseases similarly to classic monogenic autoinflammatory diseases, suggesting common physiopathological mechanisms. Moreover, mutations of several genes involved in autoinflammatory diseases are likely to play a role in the pathogenesis of neutrophilic diseases, giving rise to regarding them as a spectrum of polygenic autoinflammatory conditions. In this review, we focus on clinical aspects, histopathological features and pathophysiological mechanisms of the paradigmatic forms of neutrophilic diseases, including pyoderma gangrenosum, Sweet’s syndrome, amicrobial pustulosis of the folds and the main syndromic presentations of pyoderma gangrenosum. A simple approach for diagnosis and management of these disorders has also been provided.

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## Introduction

The accumulation of neutrophils in the skin is the hallmark of a heterogeneous group of conditions which have been named neutrophilic dermatoses [1, 2]. The cutaneous manifestations of neutrophilic dermatoses are polymorphic, including pustules, bullae, abscesses, papules, nodules, plaques and ulcers and the neutrophilic inflammation may involve almost any

organ system, giving rise to the term ‘neutrophilic disease’ [2]. Neutrophilic diseases share clinical and pathological aspects with autoinflammatory diseases, which represent a spectrum of conditions characterized by recurrent episodes of inflammation in the affected organs, in the absence of infection, allergy, high titer of circulating autoantibodies or autoreactive T cells [3]. For neutrophilic diseases, a clinicopathological classification has been suggested, subdividing them into (i) deep or hypodermal forms, whose prototype is pyoderma gangrenosum; (ii) plaque-type or dermal forms, whose prototype is Sweet’s syndrome; and (iii) superficial or epidermal forms, among which amicrobial pustulosis of the folds may be considered paradigmatic. A prominent place within this group of disorders has been recently assigned to the syndromic forms of pyoderma gangrenosum whose pathogenesis has shown an important autoinflammatory component. A proposal of neutrophilic disease classification is reported in Table 1.

In this review, we focus on the paradigmatic forms of neutrophilic diseases such as pyoderma gangrenosum, Sweet’s syndrome, amicrobial pustulosis of the folds and the main syndromic presentations of pyoderma gangrenosum. Clinical features and pathophysiological aspects are discussed, in the attempt to provide a simple approach for diagnosis and management.

## Pyoderma Gangrenosum

Pyoderma gangrenosum (PG) is the prototype of deep/hypodermal neutrophilic diseases. It typically presents with single or multiple skin ulcers with undermined erythematous–violaceous borders, but it may also manifest as pustular, bullous and vegetating plaque-type lesions [4, 5]. PG may be isolated or associated with different conditions, notably inflammatory bowel diseases (IBD), haematological malignancies and rheumatological disorders, or it can be idiopathic [5–7]. It may precede, coexist or follow the different systemic

diseases [8]. PG can arise as a consequence of drug therapies as well, including agents that have often been used for the treatment of the concomitant disease, particularly antagonists of tumour necrosis factor (TNF) [9–11]. PG may occur in the context of autoinflammatory syndromes which are discussed below [12, 13].

PG affects individuals of all ages, with a peak incidence between 20 and 50 years of age, and affects men and women almost equally [1]. However, there is a female predominance in non-malignancy-associated PG [14]. Men are more commonly affected in malignancy-associated PG and have a worse prognosis [15]. In a recent population-based study conducted in the UK, the incidence of PG was 0.63 per 100,000 per year; in the same study, PG had an incidence of 0.06 per 100,000 per year in individuals aged <10 years and an incidence of 0.26 per 100,000 per year in individuals aged between 10 and 19 years [14].

## Clinical Features

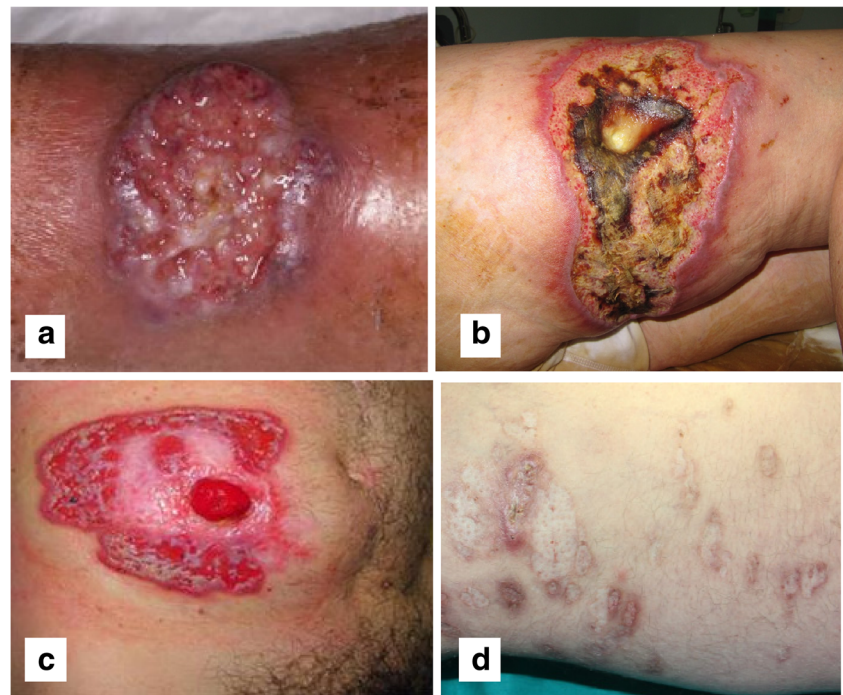
Ulcerative or classic PG often starts as an inflammatory red–blue pustule a few millimetres in size, which enlarges and breaks, forming an ulceration gradually increasing both superficially and in depth. The floor of the ulceration is covered by whitish debris, necrotic tissue, purulent material or granulating tissue. The PG ulceration is overhanged by a typical well-demarcated, red-bluish or violaceous elevated undermined border, slowly progressing centrifugally in forming oval or circles arcs (Fig. 1a). The ulcers, which are typically painful, can be single or multiple and unilateral or bilateral and can range in size from a few millimetres to 30 cm or more. Their depth may be great, showing tendons, fascias and muscles [5, 16] (Fig. 1b). PG may affect all body sites, but mostly occurs on the extensor surface of the legs. Lesions start in healthy skin and may be provoked by a trauma (pathergy phenomenon). Consequently, all traumas must be avoided in PG patients. Postoperative PG may be considered as the worst consequence of the pathergy process

**Table 1** Classification of neutrophilic diseases

Deep/hypodermal	Plaque type/dermal	Superficial/epidermal	Hypodermal/dermal/epidermal
Pyoderma gangrenosum	Sweet’s syndrome	Amicrobial pustulosis of the folds	PAPA
Hidradenitis suppurativa	Erythema elevatum diutinum	Amicrobial pustulosis of the scalp/leg	PASH
Behçet’s disease	Rheumatoid ND	Amicrobial subcorneal pustulosis	PAPASH
Neutrophilic panniculitis	Acne due to EGFRIs	AGEP	SAPHO
Aseptic abscess syndrome		Pustular psoriasis (DIRA-DITRA)	Overlapping forms
		IgA pemphigus	Bowel bypass syndrome

*AGEP* acute generalized exanthematous pustulosis, *DIRA* deficiency of the interleukin-1 receptor antagonist, *DITRA* deficiency of interleukin-36 receptor antagonist, *EGFRIs* epidermal growth factor receptor inhibitors, *ND* neutrophilic dermatosis, *PAPA* pyogenic arthritis, pyoderma gangrenosum and acne, *PAPASH* pyogenic arthritis, pyoderma gangrenosum, acne and suppurative hidradenitis, *PASH* pyoderma gangrenosum, acne and suppurative hidradenitis, *SAPHO* synovitis, acne, pustulosis, hyperostosis and osteitis

**Fig. 1** Pyoderma gangrenosum: classic ulcerative (a), deep (b) and peristomal (c) variants. Scarring after healing of ulcers (d)



[4, 5, 17–19]. Pathergy is the term used to describe hyper-reactivity of the skin that occurs in response to minimal trauma not only in PG but also in other neutrophilic dermatoses, notably Sweet's syndrome and Behçet's disease [17]. Its precise pathogenesis is unknown, but it is regarded as due to the release of a number of pro-inflammatory cytokines and chemokines leading to neutrophilic recruitment and activation [17]. In order to prevent pathergy phenomenon, wound debridement should be minimized and skin grafting considered only after medical therapy is initiated [19]. Peristomal PG (Fig. 1c) is caused both by the underlying IBD (ulcerative colitis or more often Crohn's disease, rarely other causes of stomies) and pathergy on the skin-bearing appliances [20].

The speed of the ulcer extension is variable, sometimes up to 1 cm a day or more. Severe pain often accompanies lesion development, especially when rapid progression occurs. Associated symptoms may include fever, malaise, myalgias and arthralgias [4, 8]. Patients are understandably very shocked by their lesions and need to be reassured about their healing.

PG is a chronic relapsing disease, possibly lasting for months or years if untreated. During the regression of PG, the border of the lesions collapses, redness fades and granulation tissue appears on the ulceration. In the healing stage, the wound edge has projections of epithelium extending into the ulcer, known as Gulliver's sign. After healing, atrophic, cribriform scars persist (Fig. 1d).

In addition to the ulcerative form, a number of atypical less common variants have been described, namely the pustular, vegetative and bullous variants [5, 6, 21], which may coexist

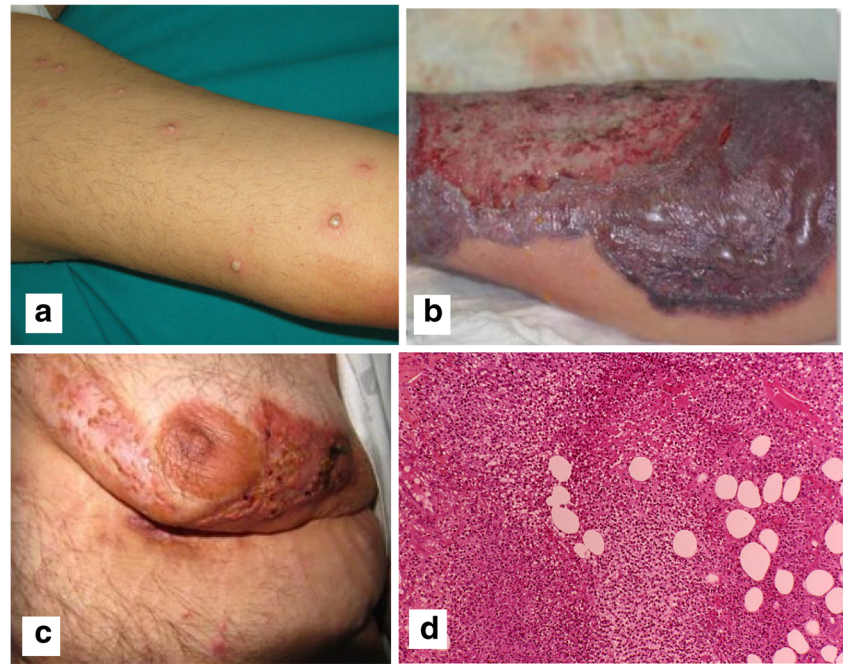
with classic PG or occur with overlapping features with other neutrophilic diseases.

Pustular PG presents with sterile pustules variable in size, number and distribution, although they most frequently occur on the trunk and extensor surfaces of limbs (Fig. 2a). They are usually surrounded by an erythematous halo. Among PG subtypes, pustular PG is most commonly associated with IBD [4, 7]. The course of these pustular eruptions often parallels that of the digestive disorder.

Perry and Winkelmann have described a bullous variant of PG in 1972 in three patients who also had leukaemia [22] and reviewed in 1992 by Ho et al. [23]. In this clinical variant of PG, bullae of variable sizes (one to several centimetres) are initially tense and their content may be clear, purulent or hemorrhagic with a cyanotic halo (Fig. 2b). Bullae rapidly transform into painful, shallow erosions and necrotic ulcers [24]. In contrast with classic PG, bullous PG is preferentially located on the upper extremities [25], including the back of the hands. Bullous PG occurs often in patients with polycythemia vera, myelodysplasia or leukaemia and in these patients is indicative of a poor prognosis [26]. Many cases, however, are observed in the absence of a concurrent disorder.

Even if granulomas have been described in late classic PG [27], they are typical for vegetative PG, which is considered as a distinct variant [28]. Vegetative subtype presents as an isolated and superficial ulceration variable in size from one to several centimetres without purulent base, undermined borders or surrounding erythema, which gradually transform into an erythematous exophytic lesion [29, 30]. This appears as an infiltrated plaque with a vegetative or verrucous surface (Fig. 2c). The loss

**Fig. 2** Pyoderma gangrenosum: pustular (a), bullous (b) and vegetative (c) variants. Histology showing a dermal–hypodermal inflammatory infiltrate mainly consisting of neutrophils (d)



of substance is minimal, and borders are only slightly elevated, nor purulent nor violaceous. Vegetative PG is the most uncommon and benign subtype and is least frequently associated with underlying systemic disorders. Non-aggressive treatment is often effective [1]. The preferential location is the trunk, but the legs and other areas are also affected.

Systemic involvement of PG is rare except for joint manifestations which are common and include several patterns ranging from monoarthritis to destructive polyarthritis; the synovial fluid contains neutrophils and is invariably sterile [2]. Lung involvement is probably underreported because the respiratory manifestations are non-specific, including cough, dyspnoea and thoracic pain, sometimes accompanied by fever. Interstitial infiltrates or condensations are visible on radiograph, and bronchoalveolar lavage shows neutrophils and no bacteria [2, 31]. Primary PG of the lung preceding

cutaneous PG has been described in two patients [31, 32]. There are scattered reports of liver, kidney and meninges involvement [2, 33].

In a rather unique situation among cutaneous diseases, there are no histopathological, biological or other absolute criteria for the diagnosis of PG. Two different groups [21, 34] proposed similar diagnostic criteria which are reported in Table 2.

Few cases are directly lethal, but PG patients have an increased risk of death [14, 20, 35, 36]. Fatal outcome may result from the associated disease, visceral complication or localization [14] infectious events or iatrogenic complications [37]. In a recent review, the mortality rate was found to be 16% during an 8-year study period [36] while in the study of Langan et al. [14], the risk of death was three times higher than that for general controls.

**Table 2** Diagnostic criteria for pyoderma gangrenosum

Major	
Clinical	Ulcer with erythematous–violaceous, elevated and undermined borders or nodular, pustular, bullous or vegetating lesions
Histological	Neutrophilic infiltration of the dermis and hypodermis with a variable number of lymphocytes and macrophages and ulceration/necrosis of the epidermis
Microbiological	Negative cultures from intact or recent-onset lesions
Minor	
Clinical	Presence of haematologic or solid neoplasia or inflammatory bowel diseases or rheumatological diseases
	Absence of diabetes mellitus and chronic venous disease
Laboratory	Presence of various circulating autoantibodies

The diagnosis requires three major criteria and at least one minor criterion

**Table 3** Diagnostic criteria for Sweet's syndrome

Major	
Clinical	Rapid onset of skin lesions which may be typical as tender erythematous plaques and nodules or atypical as bullae and targetoid lesions
Histological	Dense neutrophil infiltration without leukocytoclastic vasculitis
Minor	
Clinical	Fever (>38 °C) History of upper respiratory tract or gastrointestinal infection Presence of haematologic or solid neoplasia or inflammatory bowel diseases or pregnancy Good response to corticosteroid
Laboratory	Erythrocyte sedimentation rate >20 mm/h White blood cells >8 × 10 <sup>9</sup> /L Neutrophils >70% High C-reactive protein

The diagnosis requires all major criteria and at least three minor criteria

### Histopathological Aspects and Laboratory Findings

The histopathological features of PG, albeit non-specific, are helpful in ruling out other causes of ulceration. The time and site of the biopsy must be carefully selected. It is recommended to take an elliptic specimen including the margin and the floor of the ulcer.

On a large and deep enough biopsy, the dermis and the subcutaneous fat are massively infiltrated by a suppurative inflammation that contains neutrophils, haemorrhages and necrosis [4–6]. The infiltrate destroys preexisting structures, follicular units and adnexal glands. Vessels can be necrotic with thrombosis, these alterations being secondary to the neutrophilic inflammation (Fig. 2d). All these features are in favour of classic PG after exclusion of an infection.

If the biopsy is made too early in the lesion course and on the peripheral extension area, there is a perivascular and/or perifollicular infiltrate predominantly composed of lymphocytes and histiocytes. This histologic aspect is quite non-specific and does not contribute to the diagnosis.

In pustular PG and in initial pustules of ulcerative PG, the infiltrate has a tropism for the hair follicles. The infundibulum shows signs of rupture or perforation and contains and/or is surrounded by a dense neutrophilic infiltrate.

In bullous PG, lesions are characterized by subepidermal and intraepidermal collections of neutrophils. Immunofluorescence is negative or non-specific.

In vegetating PG and also in some cases of classic PG, neutrophils are associated with epithelioid histiocytes and giant cells which form granulomas.

In all cases, special histochemical stains for fungi and mycobacteria as well as cultures for microbiological identification are negative; this information is of paramount diagnostic relevance.

Laboratory tests are performed to evaluate for associated disorders rather than to establish a diagnosis of PG. In a recent study on a large series of PG patients [14], disease associations are reported in approximately one third of cases, including IBDs (20.2%), rheumatoid arthritis (11.8%) and haematological disorders (3.9%).

### Sweet's Syndrome

Originally described by Robert Douglas Sweet in 1964 [38], Sweet's syndrome (SS), the eponym for acute febrile neutrophilic dermatosis, is an uncommon inflammatory skin disease characterized by fever; neutrophilia (with blood polymorphonuclear leukocyte level greater than 10,000/mm<sup>3</sup>); painful, erythematous 0.5- to 12-cm papules or plaques on the extremities, face and neck; and a dense neutrophilic infiltrate in the papillary dermis [21, 39, 40]. Additional criteria for SS include absence of infection and responsiveness to corticosteroid [6, 41]. The diagnostic criteria for SS are reported in Table 3.

SS can be classified into classic, malignancy-associated and drug-induced SS, depending on the clinical setting in which the disease develops.

The distribution of Sweet's syndrome cases is worldwide, and there is no racial predilection [40]. To the best of our knowledge, no population-based studies have been conducted to evaluate SS incidence; however, in our experience, SS incidence is about five times lower than that of PG. Classical or idiopathic SS predominantly affects female subjects. It may be associated with infections (upper respiratory tract or gastrointestinal tract), IBD or pregnancy [42]. Recurrence of the dermatosis is noted in approximately one third of individuals. The most frequently associated conditions are reported in

Table 4, including in particular haematologic malignancies (19%), solid tumours (23%) and drug exposure (27%). The sporadic form occurs in 31% of cases while the other forms are described only in scattered reports [40].

The initial episode of classical SS most frequently occurs between the ages of 30 and 60 years, but it has been reported also in children and younger adults [43].

### Clinical Features

Classic or idiopathic SS is characterized by the abrupt onset of tender, elevated, sharply limited, intensely red papules or coalescent plaques, variable in size from 1 to several centimetres. Some of these plaques may be annular (Fig. 3a), but usually, they have no identifiable shape, and the comparison with an irregular mountain range profile is the best description [5]. There is pronounced oedema, and some lesions may have a transparent, vesicle-like appearance. In some instances, the bullous component is prominent, with clear or haemorrhagic blisters leading to superficial ulcerations. SS can appear as a pustular dermatosis too, characterized by either erythematous-based pustules or tiny pustules on the tops of red papules [44]. Targetoid lesions mimicking erythema multiforme can also be seen (Fig. 3b). Subcutaneous SS (Fig. 3c) is characterized by skin lesions which usually present as erythematous, tender dermal nodules on the extremities, which may mimic erythema nodosum when they are located on the legs [45, 46].

The eruption is often distributed asymmetrically. It presents as either a single lesion or multiple lesions variable in size. They predominate on the face, neck, upper trunk and upper limbs, but

may occur anywhere. Mucosal lesions are exceptional. SS lesions, either spontaneously or after treatment, usually resolve without scarring. The rapid resolution of symptoms following corticosteroid therapy is a clue feature of SS.

Patients may present with prodromal symptoms such as fever, malaise or arthralgia. A prior upper respiratory tract infection is frequently associated with SS. The cutaneous manifestations can also present concurrently with fever, arthralgia and generalized malaise. Headache and a frequent episcleritis are considered part of the inflammatory syndrome.

Extracutaneous neutrophilic involvement may be seen in almost any organ systems, particularly joints (clinically manifesting as monoarthritis to destructive polyarthritis), lung (cough, dyspnoea and thoracic pain), kidney (generally nephrotic syndrome) and central nervous system (altered state of consciousness, headache, generalized seizures, memory disturbances and paresis) [2, 31, 47–50]. The occurrence of visceral SS, as well as non-cutaneous PG, represents one of the bases of the current conception of the neutrophilic disease. As is also the case for PG, visceral SS localizations may, rarely, be fatal [51, 52].

Numerous retrospective reviews and case reports have supported a strong association between SS and malignancies [5, 6]. In particular, SS is recognized to be associated with leukaemia, mainly acute myelogenous leukaemia, and may in some instances reveal the blood malignancy or a relapse. More rarely, other blood or solid cancers, especially genitourinary tumours, have been reported in association with SS. Paraneoplastic SS occurs as frequently in men as in women, and it is less often preceded by an upper respiratory tract infection. In addition, in malignancy-associated SS, lesions are more widespread, mucosal involvement is more common, blood neutrophilia is inconstant, and there is often an associated anaemia and/or thrombocytopenia.

Another clinical setting that can be encountered when evaluating patients with SS is the onset of the disease caused by the use of medications. Numerous case reports have been published, and criteria for drug-induced SS have been proposed [53]. Causality is probable for granulocyte colony-stimulating factor and all-trans retinoic acid, which are directly involved in the pathogenesis of SS. The evidence implicating vaccines and minocycline is also convincing [54, 55]. Many other drugs have been implicated in reports considered as anecdotal. A temporal relationship between drug ingestion and clinical presentations of SS should be established to classify a patient as having drug-induced SS [53].

An association with inflammatory diseases, such as IBD, Behçet's disease, relapsing polychondritis, rheumatoid arthritis and thyroid disease, and with infectious diseases has also been reported in many isolated case reports, but the significance of these associations is unclear [36].

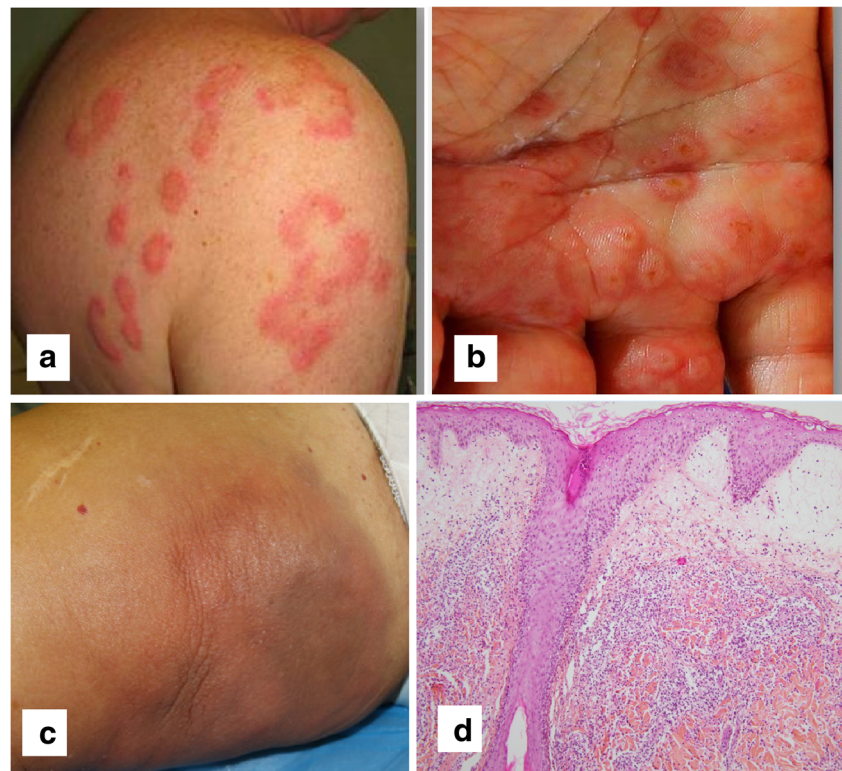
The bones, central nervous system, ears, eyes, kidneys, intestines, liver, heart, lung, mouth, muscles and spleen can

**Table 4** Sweet's syndrome-associated conditions

Cancer: haematologic malignancies and solid tumours
Infections: most commonly of the upper respiratory tract and the gastrointestinal tract
Inflammatory bowel disease: Crohn's disease and ulcerative colitis
Drugs: notably granulocyte colony-stimulating factor, isotretinoin, TNF-alpha blockers, antibiotics, proteasome inhibitors (bortezomib), tyrosine kinase inhibitors (imatinib, nilotinib), azathioprine, lenalidomide
Pregnancy
Behçet's disease
Erythema nodosum
Rheumatoid arthritis
Sarcoidosis
Thyroid disease: Grave's disease and Hashimoto's thyroiditis

About 19% of cases are associated with haematologic malignancy, 23% of cases are associated with solid tumour, and 27% of cases are drug-induced. The sporadic form occurs in 31% of cases while the other forms are described only in scattered reports

**Fig. 3** Sweet's syndrome. Annular erythematous plaques (a), targetoid lesions (b) and subcutaneous plaques (c). Histology showing an upper dermal inflammatory infiltrate mainly consisting of neutrophils (d)



be the sites of extracutaneous manifestations of SS [51–53]. Ocular manifestations may be the presenting feature of SS.

### Histopathological Aspects and Laboratory Findings

Histopathological examination reveals an infiltrate consisting predominantly of mature neutrophils typically located in the upper dermis, without evidence of vasculitis (Fig. 3d). An oedema of the papillary dermis is frequent, sometimes resulting in subepidermal vesiculation. The neutrophilic infiltrate may extend into the subcutaneous tissue with septal and/or lobular involvement [38, 40, 46]. Other typical histologic features may include a mixture of lymphocytes and eosinophils, vascular endothelial swelling and erythrocyte extravasation.

Leukocytosis as well as an increased erythrocyte sedimentation rate is the predominant laboratory finding [41].

### Amicrobial Pustulosis of the Folds

Amicrobial (or aseptic) pustulosis of the skin folds (APF) is a rare neutrophilic dermatosis, occurring almost exclusively in young women with varying underlying autoimmune or dysimmune diseases [56–62]. It is characterized by relapsing sterile pustular eruptions mainly involving the skin folds. The disease was first reported in 1991 by Crickx and colleagues [63], who described two young women with systemic lupus erythematosus (SLE) and outbreaks of amicrobial pustules

involving the scalp, major folds and external ear canals. Subsequently, two other similar cases have been described in association with SLE and incomplete SLE, respectively [64, 65], and three additional cases in young women with subacute cutaneous lupus erythematosus (SCLE), celiac disease and various non-specific serum autoantibodies [56]. It has been emphasized that this form may be associated not only with lupus, but also with a broad spectrum of underlying autoimmune diseases or immunological abnormalities [56]. Since then, similar clinical features have been described in association with a number of other autoimmune disorders [57–62, 66–68]. Recently, APF has been included within the spectrum of autoinflammatory diseases on the basis of pathophysiological findings and clinical evidences of its association with conditions like IBD [69, 70]. Paediatric patients have been described only in a single case series recently studied by our group [69].

### Clinical Features

APF is characterized by sudden onset of follicular and non-follicular sterile pustular lesions involving the main cutaneous folds, usually with symmetrical distribution, anogenital area and scalp (Fig. 4a, b) as well as the minor skin folds, particularly the area around the nostrils, retroauricular regions and external auditory canals. Generalized forms of pustulosis may be rarely observed [61]. The pustules overly erythematous, eczematous or macerated skin surfaces, may tend to coalesce

**Fig. 4** Amicrobial pustulosis of the folds. Pustular and erosive lesions associated with crusts involving vulvar region (a) and scalp (b). Histology showing a subcorneal pustule (c)



forming oozing, crusted or erosive areas and are usually accompanied by burning or pain. Onychodystrophy with suppurative vegetating paronychia is a common finding [61]. Although APF is typically amicrobial in origin, various bacterial species may secondarily colonize older pustular lesions and macerated erosive areas. Relapses of APF following tapering or discontinuation of treatment are common whereas long-term remissions of the disease have been only rarely reported [60].

The diagnosis of APF is challenging, as it shares clinical and histological features with other pustular disorders. In fact, the clinical picture of APF is similar to that of primary infectious subcorneal pustules, pustular psoriasis, mainly its inverse type, which, however, usually spares the minor folds and often presents with psoriasis lesions in other sites of the body. APF must also be differentiated from a number of other conditions, including subcorneal pustular dermatosis or Sneddon–Wilkinson disease, acute generalized exanthematous pustulosis and autoimmune bullous diseases with pustular or erythematous presentation such as pemphigus foliaceus and IgA pemphigus, respectively.

Marzano et al. [61] have proposed a set of criteria for assisting with differential diagnosis of APF (Table 5). In particular, obligate features include the occurrence of pustules along either one major or minor flexure and the anogenital area, intraepidermal pustules with a dermal mainly

neutrophilic infiltrate on histology and negative microbial cultures from unopened pustule. Minor criteria include autoimmune comorbidities and anti-nuclear antibody titers of at least 1/160 or positivity in a number of circulating autoantibodies, particularly anti-extractable nuclear antigen (ENA), anti-dsDNA, anti-smooth muscle, anti-mitochondrial, anti-parietal cell or anti-endomysium. The authors suggested that diagnosis of APF can be ascertained if all the obligate criteria and at least one minor criterion are fulfilled. At present, this algorithm is under validation. APF usually occurs in patients affected with autoimmune/dysimmune or autoinflammatory diseases, mostly SLE. Numerous other underlying diseases have been reported, including SCLE, SLE/scleroderma overlap syndrome [69], mixed connective tissue disease [66, 71], myasthenia gravis [57], Sjögren syndrome [59, 72], celiac disease [56], rheumatoid arthritis [73], idiopathic thrombocytopenic purpura (ITP) [57], immunoglobulin A nephropathy [72], Hashimoto's thyroiditis [74] and autoimmune hepatitis [62]. The course of APF not always parallels that of the associated condition, and albeit less commonly, a sporadic form can also be seen [69].

Skin reactions manifesting as APF developed after treatment with anti-TNF agents, namely infliximab and adalimumab given for IBD, have been reported in the literature [70, 75]. The observation of these paradoxical reactions



**Table 5** Diagnostic criteria for amicrobial pustulosis of the folds

Major criteria	Minor criteria
Pustulosis involving 1 or more major folds, 1 or more minor folds and the anogenital area	Association with 1 or more autoimmune or autoinflammatory disorders
Histological pattern consisting of intraepidermal spongiform pustules and a mainly neutrophilic dermal infiltrate	Positive ANA at a titer of 1/160 or higher
Negative culture from unopened pustule	Presence of 1 or more serum autoantibodies (notably anti-ENA, anti-dsDNA, anti-phospholipid, anti-histone, anti-smooth muscle, anti-mitochondrial, anti-gastric parietal cell, anti-endomysial)

The diagnosis of APF can be ascertained if major criteria and at least one minor criterion are fulfilled  
 ANA anti-nuclear antibodies, ENA extractable nuclear antigens

following anti-TNF therapy for IBD expanded both the clinical context during which APF may occur and the spectrum of cutaneous complications related to anti-TNF biologics.

### Histopathological Aspects and Laboratory Findings

The histopathological findings include subcorneal or intraepidermal spongiform pustules and a dermal inflammatory infiltrate predominantly consisting of neutrophils, without vasculitis [56, 61, 76]. Older plaques may show psoriasiform hyperplasia with parakeratosis, neutrophil exocytosis and a dermal lymphocytic infiltrate (Fig. 4c). Direct and indirect immunofluorescence is characteristically negative.

An increase in the acute phase reactants, namely erythrocyte sedimentation rate and serum levels of C reactive protein, is a common finding in APF patients. Various serum autoantibodies are frequently detected. However, since autoantibodies can be found in patients' serum regardless of the presence of an underlying autoimmune/dysimmune disease [69], autoantibodies seem to not necessarily have a clinical relevance.

### Syndromic Forms of Pyoderma Gangrenosum

PG may occur in the context of rare, genetic autoinflammatory syndromes such as PAPA (pyogenic arthritis, PG and acne), PASH (PG, acne and suppurative hidradenitis) or PAPASH (pyogenic arthritis, acne, PG and suppurative hidradenitis) [12, 13].

#### Pyogenic Arthritis, Pyoderma Gangrenosum and Acne Syndrome

PAPA syndrome is a rare autosomal dominant disease that is characterized by aseptic inflammation of the skin and joints, particularly the elbows, knees and ankles [77]. In particular, the acronym 'PAPA' embraces the unusual clinical symptom triad of pyogenic sterile arthritis, PG and acne. Painful,

recurrent, sterile monoarticular arthritis with a prominent neutrophilic infiltrate usually occurs in childhood and may be the presenting sign of this condition [78]. Persistent disease can cause joint erosions and destruction, although joint symptoms tend to decrease and skin symptoms become more prominent in young adults.

Skin involvement varies. Pathergy is frequent, and formation of pustules with subsequent ulceration may be induced early in life upon minimal trauma. Severe nodulocystic acne and PG tend to develop around puberty and may persist into adulthood [79]. In the context of PAPA syndrome, PG has a clinicopathological aspect that is closely similar to that of the classical presentation of its isolated form [20].

Acne is a clinically polymorphic inflammatory disease affecting the pilosebaceous units, which consists of open comedones (blackheads), closed comedones (whiteheads) and inflammatory lesions such as papules, pustules and nodules. Its complex pathophysiology includes disordered keratinisation with abnormal sebaceous stem cell differentiation. An autoinflammatory component induced by *Propionibacterium acnes* via inflammasome activation has recently been demonstrated [80–82]. Other dermatological manifestations described in the setting of PAPA include psoriasis and rosacea.

Standard laboratory findings reflect systemic inflammation with leukocytosis and high levels of acute phase reactants, but are otherwise non-diagnostic. Genetic analysis allows to identify the presence of mutations involving the proline–serine–threonine–phosphatase interactive protein 1 (PSTPIP1) gene [78].

#### Pyoderma Gangrenosum, Acne and Suppurative Hidradenitis

The clinical triad of PASH (PG, acne and suppurative hidradenitis) is an autoinflammatory syndrome [83, 84] that can be distinguished from PAPA by the absence of pyogenic sterile arthritis. Hidradenitis suppurativa (HS), also known as suppurative hidradenitis or acne inversa, is a neutrophilic dermatosis, which is itself currently considered autoinflammatory in origin, like PG [85–87]. HS is a chronic relapsing,

debilitating inflammatory disease of the hair follicle that usually presents after puberty, affecting apocrine gland-bearing skin, most commonly the axillae, inguinal and anogenital regions [88]. It is clinically characterized by recurrent, painful, deep-seated nodules commonly ending in abscesses and sinus tracts with suppuration and hypertrophic scarring [88–90].

The subjects affected by PASH so far described in the literature are young adults with a very early onset of the syndrome's clinical features, especially acne, usually occurring at puberty [83, 84, 91, 92]. Three patterns of skin lesions have been described: (i) ulcers and ulcerated nodules, sometimes with the vegetating aspects typical of PG; (ii) papulo-pustular lesions, abscesses and fistulae evolving into draining sinuses and scars that are consistent with HS; and (iii) mild to severe facial acne, including acne fulminans (Fig. 5). Concurrent rheumatological symptoms and IBD have also been described [84].

Patients with PASH syndrome have a significantly impaired quality of life due to the extensive skin involvement, the chronicity of the cutaneous manifestations, their disfiguring sequelae and the limited available treatment options.

### Other Syndromic Forms

In 2012, Bruzzese reported the case of a patient with the simultaneous presence of PG, acne conglobata, HS and axial spondyloarthritis, a condition that differed from PASH (in which arthritis is absent), and PAPA syndrome (in which HS is absent). The author suggested that the simultaneous development of these four pictures may represent a distinct syndrome, which he named PASS syndrome [93]; to date, no genetic defect has been identified.

Two other research teams independently described two new entities among the autoinflammatory syndromes, both of which were named PAPASH syndrome [94, 95]. Marzano et al. described the case of a 16-year-old female with pyogenic arthritis, PG, acne and HS [94]. On the other hand, Garzorz et al. proposed using the same acronym PAPASH to define the association of PG, acne, psoriasis, arthritis and HS observed in a 39-year-old woman [95]. Finally, it has been suggested that the concomitant diagnosis of psoriatic arthritis (PsA), PG, acne and HS described in a 50-year-old man represents a new syndrome known as PsAPASH [96].

### Pathophysiology and Genetics of Neutrophilic Diseases: the Model of Autoinflammation

An increasing body of evidence supports the role of pro-inflammatory cytokines in the pathophysiology of neutrophilic dermatoses. It is noteworthy that neutrophilic dermatoses share the same pro-inflammatory effectors also found in autoinflammatory syndromes, suggesting common physiopathological mechanisms [6, 12]. In particular, both autoinflammatory syndromes and neutrophilic dermatoses are characterized by an overactivated innate immune system leading to the increased production of the interleukin (IL)-1 family and 'sterile' neutrophil-rich cutaneous inflammation. Therefore, both can be considered 'innate immune disorders' [12, 97]. Recently, identification of additional amplification loops of type I interferons and the innate pro-inflammatory cytokines IL-18 and IL-36, as well as the successful use of targeted anti-IL-1 therapies in a variety of diseases, has led to an extension of the concept of autoinflammation [98].

The term 'autoinflammatory syndrome' was initially introduced after the identification of the genetic causes of the most prevalent monogenic autoinflammatory disease worldwide—the autosomal recessive disease familial Mediterranean fever—and the discovery of TNF receptor mutations in the autosomal dominant disorder, TNF receptor-associated periodic syndrome, in 1999 [99]. Since then, the number of identified autoinflammatory diseases has increased considerably. Several mutations associated with autoinflammatory disorders occur in the IL-1 $\beta$  pathway [100]. Indeed, various mutations have been described in genes encoding signalling molecules, including germline-encoded pattern recognition receptors, which are involved in triggering innate immune responses [101]. Gain-of-function mutations in the nucleotide-binding domain, leucine-rich repeat-containing receptor protein 3 gene (NLRP3) have been recognized as an aetiological factor of cryopyrin-associated periodic syndromes (CAPS), which typically present with neutrophil-rich urticarial skin lesions [102]. These NLRP3 mutations result in overproduction of the pro-inflammatory cytokine IL-1 $\beta$  due to the activation of a cytoplasmic innate immune protein complex called inflammasome. The inflammasome is a molecular platform which promotes the release of pro-inflammatory cytokines [103]. Inflammasome

**Fig. 5** Pyoderma gangrenosum, acne and suppurative hidradenitis (PASH). Acne presenting with inflammatory papules and nodules (a), hidradenitis suppurativa manifesting as ulcerated nodules and abscesses (b) and ulcerative pyoderma gangrenosum (c)



activation begins with the presence of the molecules associated with cell damage [damage-associated molecular patterns (DAMPs)] or pathogen infections (pathogen-associated molecular patterns [PAMPs]) in the extracellular environment. These are recognized by specific receptors [104] such as NLRP3, leading to the subsequent assembly and activation of the inflammasome composed of NLRP3, ASC [apoptosis-associated speck-like protein containing a caspase recruitment domain (CARD)] and caspase-1. Activated caspase-1 can cleave pro-IL-1 $\beta$  and the pro-inflammatory cytokine pro-IL-18 to their active forms. IL-1 $\beta$  binds to IL-1R1 and IL-1R accessory protein (IL-1RAcP), and IL-18 binds to IL-18R-alpha and IL-18R-beta to initiate effector functions on target cells [103].

This theory is enriched by the genetic findings on the main genes of classic autoinflammatory monogenic diseases not only in syndromic PG, like PASH, but also in isolated PG [84, 105]. In particular, some of us found a number of mutations in Familial Mediterranean Fever Gene (MEFV), NLRP3, NLRP12, nucleotide-binding oligomerization domain-containing protein 2 (NOD2), Lipin 2 (LPIN2) and PSTPIP1 in PG and its syndromic form [105]. Based on these findings, it is possible to hypothesize that PG and PASH are different phenotypes of a spectrum of autoinflammatory polygenic conditions. The paradigmatic autoinflammatory syndrome presenting with PG, PAPA syndrome, is inherited in an autosomal dominant fashion as result of two main mutations, A230T and E250Q, involving the PSPPIP-1 gene [106–111]. Mutated PSPPIP-1 leads to decreased inhibition of the inflammasome and consequent activation of caspase-1, which in turn leads to an increased production of IL-1 $\beta$  that drives the autoinflammation associated with the PAPA triad [107]. There are also familial cases of PG in which no specific mutations have been reported [112].

Recent studies showed in lesional skin of different neutrophilic dermatoses, such as PG, SS and APF, a peculiar cytokine expression profile, which seems to confirm the important autoinflammatory component in their pathogenesis [69, 112–115].

In particular, a comprehensive immunological investigation on 13 patients with PG and 7 patients with PASH syndrome showed in lesional skin of both conditions a constant inflammatory profile with overexpression of IL-1 $\beta$ , IL-17, tumour necrosis factor (TNF)- $\alpha$ , IL-8 and the other chemokines C-X-C motif ligand (CXCL) 1, 2, and 3 and CXCL16 [10]. The overexpression of IL-1 $\beta$  and its receptor suggests the involvement of autoinflammation through the activation of inflammasome in PG similarly to the PG-associated syndromes, like the classic monogenic autoinflammatory syndrome PAPA [116]. IL-17 is a pivotal cytokine in regulating the innate immune response, but it is also crucial in autoinflammation recruiting neutrophils, activating them and stimulating their production of IL-8 [117]. IL-8 is the main chemoattractor of neutrophils and acts

synergically with TNF- $\alpha$  in maintaining the pro-inflammatory profile. In line with these findings, an imbalance of T regulatory cells and T helper 17 effector cells in patients with PG has been described [118].

IL-1 $\beta$ , IL-17 and TNF- $\alpha$  increase both production and activation of matrix metalloproteinases (MMP), like MMP-2 and MMP-9, responsible to tissue damage. MMP-9 is overexpressed in inflammatory infiltrate of PG, while MMP-2 is commonly involved in several neutrophilic dermatoses [113, 114]. The overproduction of MMPs is partially balanced by the overproduction of tissue inhibitor metalloproteinases; either way, the final result is equally a great inflammatory insult and the consequent destruction of the targeted tissue [113, 114].

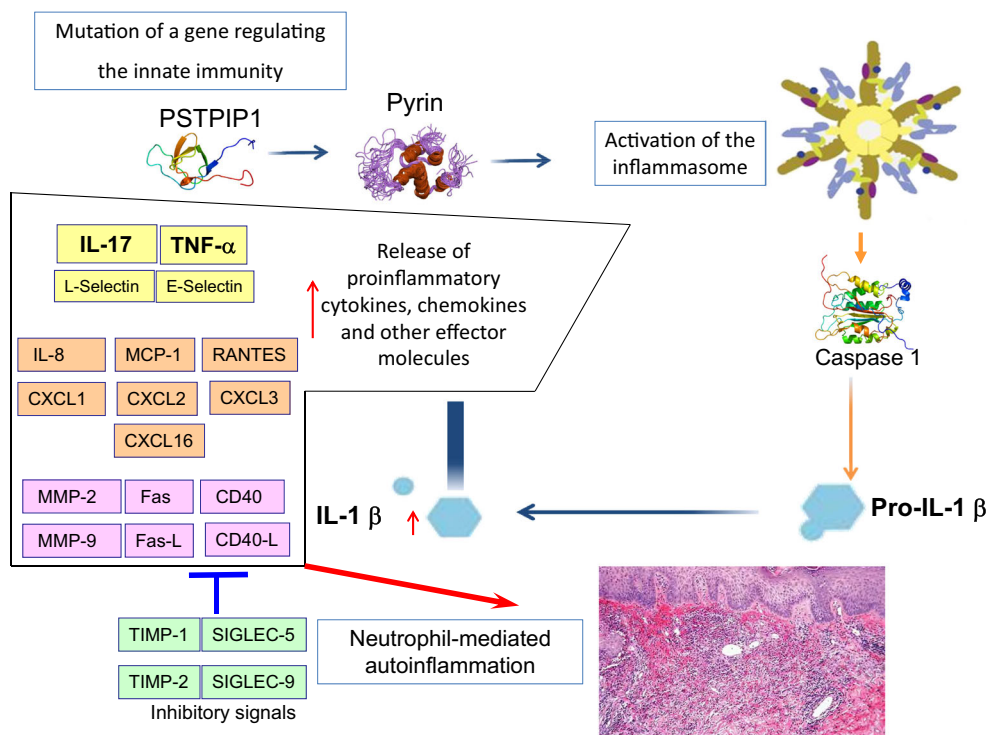
It is noteworthy that IL-1 $\beta$ , IL-17 and TNF- $\alpha$  are also elevated in the lesional skin of other neutrophilic dermatoses, including SS and APF [69, 119, 120].

The pathophysiological model of autoinflammation in neutrophilic diseases is summarized in Fig. 6 [12].

## Therapeutic Approach

Only two randomized controlled trials in patients with neutrophilic diseases are reported in the literature [121, 122]. In particular, in the first study [121], infliximab has been reported to be superior to placebo in the treatment of PG [122], and in the second one, prednisolone and ciclosporin, the most used agents in PG treatment, did not differ in efficacy. Systematic reviews have primarily relied on anecdotal reports or retrospective case series [123, 124].

Systemic steroids, namely oral prednisone at the initial dose of 0.5–1.0 mg/kg/day, are the mainstay of treatment in all neutrophilic diseases [5, 125]. High-strength topical corticosteroids or topical calcineurin inhibitors can be coadministered [126]. Other immunosuppressants, notably ciclosporin (3–4 mg/kg/day) or immunomodulating agents, particularly dapsone (1.0–1.5 mg/kg/day), can be alternative options or can be used as steroid-sparing drugs [21, 76, 122, 127]. Corticosteroid treatment is usually continued at full dosage until clinical remission and then used at progressively tapering doses (approximately by 5 mg of oral prednisone per week) over a period varying from 3 to 12 months. However, cases unresponsive to these classic immunosuppressive regimens are relatively common. Modern treatment options oriented towards key mechanisms underlying the pathogenesis of the disease, namely inflammatory mediators, would be potentially the most effective therapeutic option. In line with this view, medications targeting IL-1 and TNF- $\alpha$ , with blocking of the inflammatory cascade at different levels, are usually successful in managing cases unresponsive or refractory to conventional drugs. To date, among IL-1 inhibitors, the effect



**Fig. 6** Pathophysiological model of autoinflammation in neutrophilic diseases. Mutations of a gene regulating innate immunity such as *PSTPIP1* (proline–serine–threonine phosphatase-interacting protein 1) induce activation of the inflammasome via increased binding affinity to pyrin. This molecular platform is responsible for the activation of caspase-1, an enzyme that proteolytically cleaves pro-IL (pro-interleukin)-1-beta to its active isoform IL-1-beta. This pivotal cytokine is thus overproduced, leading to an uncontrolled release of a number of pro-inflammatory cytokines (particularly IL-17), chemokines and other

effector molecules responsible for neutrophil-mediated autoinflammation. Inhibitory signals carried by molecules such as TIMP-1 (tissue inhibitor of metalloproteinase-1), TIMP-2, Siglec-5 (sialic acid-binding immunoglobulin-type lectin-5) and Siglec-9 represent an attempt to dampen inflammation. *CXCL* chemokine (CXC motif) ligand, *E-selectin* endothelial selectin, *L-selectin* leucocyte selectin, *MCP* monocyte chemoattractant protein, *MMP* matrix metalloproteinase, *RANTES* regulated on activation, normal T cell expressed and secreted, *TNF* tumour necrosis factor

of anakinra, which blocks the IL-1 receptor and thereby decreases the activity of IL-1 $\alpha$  and IL-1 $\beta$ , is the most thoroughly documented in the treatment of PG, both in syndromic and isolated forms, and APF [94, 100, 119, 128–133]. Canakinumab, a monoclonal antibody that selectively blocks IL-1 $\beta$ , has been found to be an effective and well-tolerated treatment for idiopathic, steroid-refractory PG as well as for PAPA and PASH syndrome [134–136]. To the best of our knowledge, no randomized controlled trials are available on the use of anakinra and canakinumab in the management of neutrophilic diseases. The experience in the treatment of neutrophilic diseases with these two drugs comes from anecdotal reports or small case series [131, 136]. Anakinra is administered subcutaneously at a daily dose of 100 mg. After approximately 6 months, the injection interval can be prolonged (two to three times weekly) and the drug can be stopped several months to few years later depending on the clinical response. Common side effects of anakinra include injection site reactions, headaches and neutropenia; serious infections are rare [131]. Canakinumab is administered subcutaneously at a dose of 150 mg at week 0 and week 2 with a

possible repeated injection at week 8 in case of poor response [136]. Canakinumab is usually well tolerated; side effects include hypertensive episodes, lumbago and infections [137].

In addition to IL-1, TNF- $\alpha$  is the other cytokine that plays a major role in the pathogenesis of neutrophilic dermatoses. The most consistent responses have been observed with the anti-TNF- $\alpha$  antagonists etanercept, adalimumab and infliximab [69, 138–140]. The overexpression of IL-17 in lesional skin of both isolated and syndromic PG [84, 114] provides the rationale for the possible clinical use of IL-17 antagonists in these conditions, as it has been done in the treatment of psoriasis with two of these agents, namely secukinumab and ixekizumab [141, 142].

Although promising, the results of therapy with biological agents are variable and cases that are refractory to these treatments have been reported. It can be hypothesized that the use of biological agents as monotherapy may be not able to affect the entire inflammatory cascade or to simultaneously influence all of its levels. Combined therapy with different groups of biological agents aimed to affect more than one link in the inflammatory cascade may allow achieving maximum therapeutic effectiveness.

## Conclusions

Neutrophils are key players in inflammatory responses and are the first line of defence against harmful stimuli. However, dysregulation of neutrophil homeostasis can result in excessive inflammation and subsequent tissue damage. Neutrophilic diseases are a spectrum of inflammatory conditions characterized by polymorphic cutaneous lesions resulting from a neutrophil-rich inflammatory infiltrate in the absence of infection and by possible involvement of almost any organ system. Neutrophilic diseases may be considered autoinflammatory in origin based on the overexpression of pro-inflammatory cytokines like IL-1-beta, IL-17 and TNF-alpha in the absence of infection, allergy and high titer of circulating autoantibodies or autoreactive T cells. Molecular mechanisms causing autoinflammatory monogenic diseases are also relevant in neutrophilic diseases, which may be regarded as a spectrum of polygenic autoinflammatory conditions. Indeed, mutations of PSTPIP1, the gene of PAPA, as well as of a number of other genes involved in classic autoinflammatory diseases are likely to play a role in the pathogenesis of both isolated and syndromic PG as well as in neutrophilic diseases in general. Classic regimens such as systemic glucocorticosteroids and immunosuppressants are the mainstay of treatment. Biological drugs specifically targeting pro-inflammatory cytokines are useful in refractory cases.

## Compliance with Ethical Standards

**Conflict of Interest** The authors declare that they have no conflict of interest.

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