

# **Chitin and Its Effects on Inflammatory and Immune Responses**

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Abstract Chitin, a potential allergy-promoting pathogen-associated molecular pattern (PAMP), is a linear polymer composed of N-acetylglucosamine residues which are linked by  $\beta$ -(1,4)-glycosidic bonds. Mammalians are potential hosts for chitin-containing protozoa, fungi, arthropods, and nematodes; however, mammalians themselves do not synthetize chitin and thus it is considered as a potential target for recognition by mammalian immune system. Chitin is sensed primarily in the lungs or gut where it activates a variety of innate (eosinophils, macrophages) and adaptive immune cells (IL-4/IL-13 expressing T helper type-2 lymphocytes). Chitin induces cytokine production, leukocyte recruitment, and alternative macrophage activation. Intranasal or intraperitoneal administration of chitin (varying in size, degree of acetylation and purity) to mice has been applied as a routine approach to investigate chitin's priming effects on innate and adaptive immunity. Structural chitin present in microorganisms is actively degraded by host true chitinases, including acidic mammalian chitinases and chitotriosidase into smaller fragments that can be sensed by mammalian receptors such as FIBCD1, NKR-P1, and RegIIIc. Immune recognition of chitin also involves pattern recognition receptors, mainly via TLR-2 and Dectin-1,

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to activate immune cells to induce cytokine production and creation of an immune network that results in inflammatory and allergic responses. In this review, we will focus on various immunological aspects of the interaction between chitin and host immune system such as sensing, interactions with immune cells, chitinases as chitin degrading enzymes, and immunologic applications of chitin.

Keywords Chitin  $\cdot$  Chitinase  $\cdot$  Immune system  $\cdot$  Innate immunity  $\cdot$  Adaptive immunity

#### Abbreviations

PAMP	Pathogen-associated molecular pattern
PBMCs	Peripheral blood mononuclear cells
AMCase	Acidic mammalian chitinase
Chit1	Chitotriosidase
CLPs	Chitinase like proteins

# Introduction

Chitin is a  $poly(\beta$ -(1-4)-*N*-acetyl-D-glucosamine) that was first identified in 1884 and is a natural polysaccharide of major biological importance [1]. Chitin is a nontoxic, biodegradable, and biocompatible polymer [2, 3] with poor solubility at neutral pH [4]. Owing to its chemical properties, chitin has found many applications in biomedicine and biotechnology such as enzyme immobilizer in the food industry [5], immobilization of antibody in the presence of alginate [6], wound dressing and healing [7], anticancer agent [8], tissue engineering, and cancer diagnosis [9]. Chitin and its deacetylated derivative chitosan have been shown to possess immunostimulating properties in mammals and plants [2]. Chitin is a structural component in cell walls of bacteria and fungi, the exoskeleton of crustaceans [10], insects [11], and eggshells of nematodes [12]. Indeed, such organisms benefit from possessing chitin for the purpose of protection from harsh environmental conditions or from the host anti-parasite/pathogen immune responses [11]. Chitin can be sensed by innate immune system and have immunomodulatory effects on the adaptive immunity which will be discussed in this review.

## **Structure and General Properties**

Chitin polymers are synthesized intracellularly by chitin synthase, translocated across the plasma membrane and coalesce to form rigid crystallites which finally shape the chitinous parts of microorganisms [13]. Chitin has three different crystalline allomorphs namely the  $\alpha$ -chitin (the most prevalent form),  $\beta$ -chitin, and  $\gamma$ -chitin (found in mushrooms) which all differ in the orientation of their microfibrils [14]. Chitinase and  $\beta$ -N-acetylglucosaminidase mediate the complete hydrolysis of chitin to GlcNAc units [15]. Fungi benefit from glucan cross-linked chitin fibers to reinforce their cell wall. The alkali insoluble core of the Aspergillus fumigatus cell wall contains chitin-associated to  $\beta$ -1,3 glucans [16, 17], whereas insects use protein-chitin cross-linked fibers in their exoskeleton. Bacteria and fungi secrete chitinases and chitosanases to recycle large quantities of chitin/chitosan to GlcNAc/GlcN [18]. House dust mites not only benefit from chitin as a component of their cell wall but also release chitin in the environment since their fecal pellets are covered with chitinous materials [19]. Avoiding environmental chitin exposure is impossible due to the large quantities of chitin produced by microorganisms such as house dust mite that induces T helper type 2 (Th2) airway inflammatory diseases such as asthma in sensitized subjects [20].

#### Chitin Sensing by Immune System

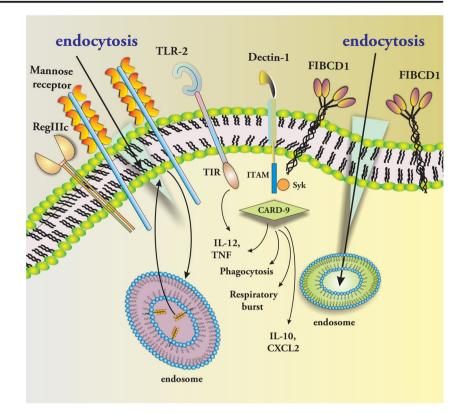
Chitin/chitosans are potential targets for recognition by mammalian immune system since mammalians lack such biopolymers naturally. Mammalian chitinases and chitinases-like proteins (C/CLPs) upon exposure to chitin-bearing microbes bind to chitin, while true chitinases such as acidic mammalian chitinases and chitotriosidase can also actively degrade chitin [21, 22]. FIBCD1, NKR-P1, and RegIIIc have been identified as mammalian chitin-binding receptors [18]. Furthermore, Toll-like receptor (TLR) 2, dectin-1 (a  $\beta$ -glucan receptor which mediates T helper type 17 (Th17) development and consequently recruitment of neutrophils), and mannose receptor also participate in mediating immune responses to chitin [18, 23, 24]. Mannose receptor (CD206) is known as an endocytic receptor present in the recycling endocytic compartment. CD206-recognition is pH-dependent in which once acidification takes place in the endosomal compartment, mannose receptors dissociate from their ligands and the empty receptors recycle back to the plasma membrane [25] (Fig. 1). Semenuk and colleagues reported NKR-P1, a surface receptor from animal C-lectins superfamily, present on natural killer (NK) cells that acts as chito-oligomer receptor [26].

Chitin-binding activity of RegIII $\gamma$ , a secreted C-type lectin, and its human counterpart HIP/PAP are crucial for their function as pattern-recognition proteins [27]. Schlosser et al. reported a chitin receptor, FIBCD1, to be structurally as a homotetrameric 55-kDa type II transmembrane protein. FIBCD1 is highly expressed in the gastrointestinal tract [28]. Immunohistochemistry findings revealed FIBCD1 to have highly polarized localization to the apical surface corresponding to the brush border of small and large intestine epithelial cells. This group also reported FIBCD1 as a calciumdependent acetyl group-binding molecule capable of binding to chitin, but not to other PAMPs [29]. In plants, CERK1 [30] and CEBiP (a chitin elicitor binding protein) contribute to chitin signaling [31]. In addition, some insects such as mosquito Anopheles gambiae have been reported to possess Sp22D, a modular chitin-binding protease associated with hemocytes and hemolymph [32].

Several physical variables of chitin including size, shape, source, and purification method affect the immune recognition, cytokine profiles, and inflammatory cell recruitment [33, 34]. Pretreatment of mice with purified chitin particles from C. albicans was reported to enhance their survival after experimental infection by C. albicans. In this experiment, the candidacidal activity of peritoneal macrophages was enhanced by the increased generation of reactive oxygen species [35]. However, other studies reported that ultrapure chitin from C. albicans failed to induce significant immune response when incubated with human peripheral blood mononuclear cells [33]. Large size chitin polymers (such as those of chitin containing pathogens) are biologically inert, while the small fragments of chitin have been shown to effectively induce immune responses. The anti-parasitic responses during exposure result in chitin fragmentation and the initiation of immune responses [11].

Ultrapurified fungal chitin does not directly stimulate production of cytokines from PBMCs but chitin fragments of 40to 70-µm size were able to stimulate TNF- $\alpha$  production through a phagocytosis-independent mechanism [36]. The intermediate fragments produced by the catalytic activity of chitinases interact with TLR-2, dectin-1, and mannose receptors on the surface of macrophages to produce pro-inflammatory cytokines and mediators that include IL-17, IL-18, IL-23, TNF- $\alpha$ , and LTB4, which in turn stimulate the production of the C/CLPs. Further, the catalytic activity of AMCase results in the production of smaller fragments which are sensed by Dectin-1 and induce IL-10 and YKL-40 (known also as CHI311 and BRP-39) [11] (Fig. 2). The difference in inflammatory response elicited by different sized fragments might be due to utilization of different combinations of TLR2, dectin-1,

Fig. 1 Chitin-binding receptors from various superfamilies sense chitin fragments through different pathways and activate signaling. FIBCD1 binds chitin and directs acetylated components for degradation in the cytoplasmic endosomes through endocytosis. Dectin-1 through its signaling induces the respiratory burst and phagocytosis. TLR-2 signaling mediated by TIR domain results in inducing IL-12 and TNF production similar to Dectin-1. Mannose receptors participate in endocytosis of chitinous materials along with formation of endosomes. Mannose receptors in a pH-dependent manner dissociate from ligands and recycle back to the plasma membrane



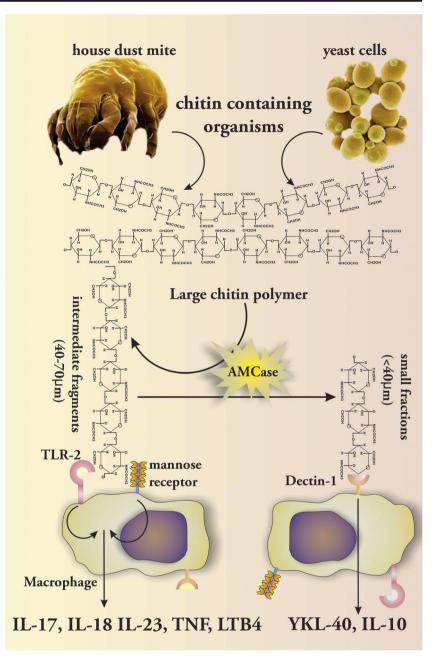
and to a lesser extent, mannose receptor, and phagocytosis to activate distinct signaling pathways that differentially regulate the production of TNF- $\alpha$  and IL-10 [37]. Da Silva et al. studied the stimulating effects of chitin exposure on macrophage IL-17 production via TLR pathway [38]. Through this study on chitin-stimulated macrophages from wild-type mice and mice with null mutations of MyD88, TLR-2, or TLR-4, it was revealed that MyD88 and TLR-2, but not TLR-4, have a key role in the ability of chitin to stimulate IL-17AR [38].

# **Chitin and Innate Immunity**

Chitin is sensed by the immune system as a PAMP through specific membrane-bound receptors and plays a key role in defense against pathogens [39]. Expressing chitin-binding receptors on the surface of innate immune cells such as macrophages makes them master cells in chitin-immune system interactions. After innate immune cells, sense chitin as a PAMP, various molecular signaling cascades are triggered to alter the cytokine profiles and cellular phenotype. The A. fumigatus cell wall consists of covalently bound β-glucan (recognized by the C-type lectin receptor dectin-1), chitin, galactomannan, and  $\alpha$ -glucan that are absent in mammals and present prime targets for recognition as PAMPs by PRRs on host cells. Dectin-1 activation promotes phagocytosis, ROS production, and inflammatory cytokine production. Chitin exposure increases the expression of CCL2, IL-25, IL-33, and TLSP by lung epithelial cells to induce type 2 innate lymphoid cells (ILC2) to secrete IL-5 and IL-13 cytokines that are essential for accumulation of eosinophils and alternatively activated or M2 macrophages [40].

It has been reported that chitin-induced secretion of IL-17A and TNF- $\alpha$  from macrophages are dependent on the TLR-2/ MyD88 and dectin-1/TLR2 pathway, respectively [34]. Intranasal administration of chitin particles into the lung activated alveolar macrophages to induce the expression of cytokines including IL-12, tumor necrosis factor TNF- $\alpha$ , and IL-18, resulting in IFN- $\gamma$  production mainly by NK cells [11]. Moreover, this chitin treatment significantly increases oxidative burst of macrophages when later stimulated in vitro with phorbol myristate acetate (PMA) [41]. Reese et al. showed the ability of chitin to induce the accumulation of IL-4-expressing innate immune cells in tissues, including eosinophils and basophils, when given to mice. In these experiments, chitin was reported to mediate alternative macrophage activation suggesting that these cells might represent sensors for chitin in tissues. Chitin can also enhance T cell functions, NK cell activity, and interferon (IFN- $\gamma$ ) production by NK cells [2].

Arginase I (argI) is a signature gene induced in alternatively activated macrophages. Reese and colleagues generated mice containing an IRES-driven enhanced yellow fluorescent protein (eYFP) reporter to assess the ability of chitin to induce alternative macrophage activation in vivo. There were no eYFP-positive macrophages identified in the lungs or peritoneum of ArgI reporter mice (YARG mice) under resting conditions, whereas on the 9th day after *N. brasiliensis* infection, Fig. 2 Large chitin polymers from chitin containing organisms are inert but under chitinolytic activity of AMCase produce intermediate fragments successfully sensed by chitinbinding receptors on the surface of macrophages. Each receptor depending on activation pathway induces specific cytokines



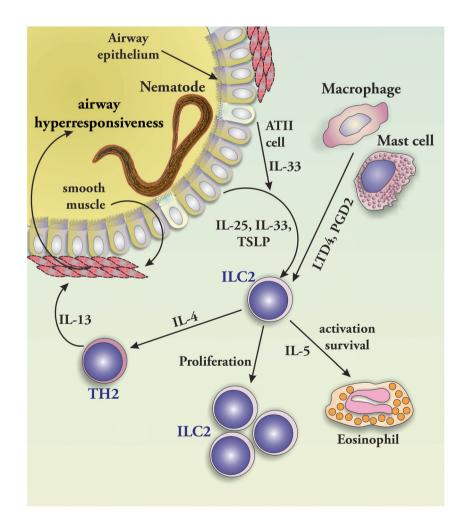
a large number of eYFP positive CD11b<sup>+</sup>, CD11c<sup>-</sup>, and Gr1<sup>-</sup> macrophages were present in both tissues. Thus, chitin exposure during parasitic infection elicits the accumulation of arginase-I-positive macrophages [42]. Upon chitin exposure, macrophages often express alternatively activated phenotype or M2 markers, characterized by Arg1, Ym1 (also known as chitinase-like 3 or Chil3 or homologous to the eosinophil chemotactic factor), Fizz1, mannose receptor, production of IL-10, and chemokines such as CCL17 and CCL24 [43] and leukotriene B4 which acts as eosinophil chemoattractant [12]. Although chitin exposure induces M2 polarization in vivo, macrophages fail to acquire an M2 phenotype in vitro when exposed to chitin and instead secrete TNF- $\alpha$  suggesting that macrophages require a factor for in vivo polarization. Roy et al. performed in vivo and in vitro experiments using AMJ2-C11 and LA-4 murine macrophagederived cell lines as well as CCR2 and CCL2 knockout (KO) mice. They reported that CD326+ airway epithelial cells secrete CCL2 in response to chitin, which is a key factor in alternative activation of macrophages and allergic inflammation in vivo [44].

Type II alveolar epithelial (ATII) cells, which are small, cuboidal shaped cells, are crucial for the repair of the injured alveolus by differentiating into alveolar epithelial type I cells [45]. These ATII cells express IL-33 during infection with chitin-bearing nematode parasites such as *Strongyloides* 

venezuelensis. ATII cells-derived IL-33 induces ILC2 proliferation and activates them to produce IL-5 and IL-13, which in combination induce eosinophilic inflammation in the lung [46]. The epithelial cytokines IL-25, IL-33, and TSLP activate ILC2 cells to produce high levels of Th2 cytokines IL-5 and IL-13. Furthermore, mast cells and macrophages release PGD2 and leukotriene D4 (LTD4) and stimulate additional ILC2 cells [45]. ILC2-derived IL-5 stimulates eosinophil activation and survival, whereas IL-13 induces airway hyperresponsiveness, and in concert with IL-9, promotes mucus production [47] (Fig. 3). Yasuda et al. demonstrated the role of IL-33 in the induction of eosinophilia upon administration of chitin in mice. They demonstrated that the number of IL-33-expressing ATII cells and IL-33 protein levels increased in the bronchoalveolar lavage fluid of wild-type mice that were expected to develop pulmonary eosinophilia after chitin treatment, while no eosinophilia was observed in IL33deficient mice. Researchers in this study also investigated whether S. venezuelensis infection induced pulmonary eosinophilia without the help from Th2 cells using infected WT and  $Rag2^{-/-}$  mice (to exclude the contribution of T cells). Both types of mice equally exhibited increased numbers of IL-33-

Fig. 3 Infection by chitincontaining nematode results in the release of IL-33, IL-25, and TSLP from airway epithelium which activate ILC-2 cells. The later cells produce Th2 cytokines IL-4, IL-5, and IL-13 by which Th2 and eosinophil activation occur. Macrophage and mast cell contribute to further ILC2 activation by producing PGD2 and LTD4 expressing ATII cells and developed lung eosinophilia; thus, the adaptive immune cells are not essential for IL-33-induced eosinophil accumulation in the lungs [46].

Since chitin is expressed by microorganisms that are involved in many skin allergies, the keratinocyte-chitin interactions maybe important in the regulation of epidermal immunity. Koller and colleagues investigated the bioactivity and the innate immune modulation responses of chitin on keratinocytes upon exposure to chitin fragments using both immortalized keratinocyte cell line HaCaT (which express TLR1-5 and TLR10) and primary human keratinocytes HEK cells (which express TLR2, TLR3, TLR5, and TLR9). Their results revealed that chitin induces the secretion of CXCL8, IL-6, and TSLP in a dose-dependent fashion in both keratinocyte cell lines. Blocking TLR2 prior to chitin treatment abrogated the chitin-induced inflammatory cytokine production. Assessment of TLR or NOD gene expression levels showed that chitin is a potent modulator of the pattern recognition receptors, especially TLR4 [48] (Fig. 4). The macrophages were shown to initiate the production of IL-12, IL-18, and TNF- $\alpha$ , all of which are extracellular signaling cytokines for IFN-y production upon phagocytosing bacteria such as heat-killed (HK) Mycobacterium bovis BCG or



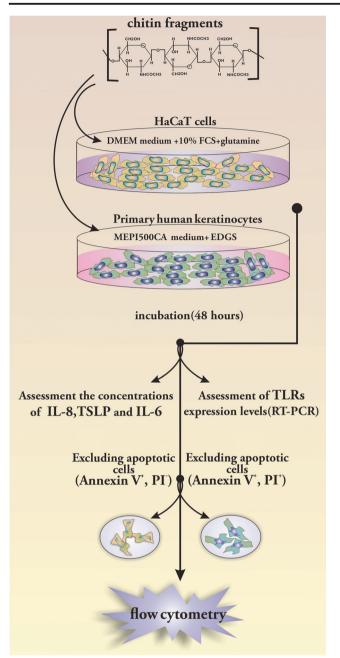


Fig. 4 TLR expression and cytokine production patterns after chitin exposure to evaluate chitin bioactivity

*Propionibacterium parvum* or their products through mannose receptors. Yoshimi et al. used 1–10-µm chitin fragments to mimic its microbiologic property to downregulate allergic inflammation in vivo, which similarly could be recognized and ingested by macrophages through the mannose receptors. In their mouse models, both BALB/c and C57BL/6 mice were injected with endotoxin-free ragweed allergen, and allergic responses were assessed by the measurements of IgE levels and ex vivo splenocyte-stimulation assays. Chitin was shown to stimulate spleen cells from ragweed-sensitized mice to produce IFN- $\gamma$  and IL-10, but not IL-4 or IL-5 resulting in a shift of T helper

cell responses in favor of Th1. Chitin-treated mice were also shown to have significantly reduced IgE levels. Interestingly, ragweed-specific IgE levels were also reduced significantly after chitin treatment, whereas ragweed-specific IgG2a levels were enhanced. Challenge of ragweed allergen in ragweedimmunized mice was accompanied by migration of lymphocytes, eosinophils, and neutrophils in BAL fluid, while chitin treatment abrogated these inflammatory effects. Moreover, compared with non-chitin-treated control group, the peribronchial, the perivascular, and total lung inflammation were inhibited in the chitin-treated group [49]. Wagener et al. similarly analyzed the immunological properties of purified chitin derived from Candida albicans and determined that mannose receptor, NOD2 and TLR9 to recognize chitin and participate in mediating an anti-inflammatory response through the secretion of the cytokine IL-10 [50].

Chitosan, the most studied chitin derivative, is capable of also activating the NLRP3 inflammasome in primed bone marrow-derived macrophages resulting in the induction of a robust IL-1 $\beta$  response. Such immune activating property has implications for chitosan in translational applications; for instance, its employment as a drug or vaccine delivery system could result in a potent, targeted inflammatory response [51]. Chitin not only activates innate immune cells but also activates the complement system. To delineate the mechanism of chitin-induced complement activation, Roy et al. added chitin to the serum in the presence of neutralizing antibody against C1q for the purpose of blocking the classical activation pathway or against factor B to block the alternative pathway. Interestingly, neutralizing antibodies to factor B, but not to C1q, blocked the activation of complement by chitin particles in serum, suggesting that alternative pathway is the major mechanism in complement activation in the presence of chitin [52].

Immunomodulatory effects of dietary chitin on gilthead seabream (Sparus aurata L.) innate immunity revealed that chitin is capable of increasing the respiratory burst activity, natural hemolytic complement activity and cytotoxic activity while it failed to increase the phagocytic and serum lysozyme activity [53]. House dust mites (HDMs) are considered as the main source of inhaled allergens known to induce Th2-type airway inflammatory diseases, including asthma in sensitized individuals. It is reported that airway sensitization with HDMderived chitin plus OVA-enhanced OVA-induced airway inflammation was associated with the increased expression of Th1, Th2, and Th17 cytokines when compared with OVA alone. Interestingly, OVA-specific Th2 cell response, enhanced by chitin, was abolished by the treatment of chitinase. It is also concluded that HDM-derived chitin enhances airway hypersensitivity to inhaled allergens, via the TLR2-dependent pathway. Chitin-induced TNF- $\alpha$  is also reported as a key mediator in the development of Th2 cell response to inhaled allergens [20].

## **Chitin and Adaptive Immunity**

During fungal infections, type 1 T helper (Th1) responses are generally protective, while Th2 responses lead to poor disease outcomes. O'Dea et al. compared the T helper responses in experimental aspergillosis using two fungal isolates with different chitin contents, namely Af293 and Af5517 (with higher chitin content). They found that CD4+ T cells in the bronchoalveolar lavage fluid of Af5517-aspirated mice displayed decreased IFN-y secretion but increased interleukin-4. Moreover, recruitment of eosinophils was correlated with the level of chitin exposure during fungal germination and was decreased by constitutive lung chitinase expression [54]. Most recently, Wiesner et al. studied Th2 responses to cryptococcal infection and provided new evidence that chitin is involved in specific pulmonary fungal immunity. They reported that chitin recognition via chitotriosidase leads to the initiation of harmful Th2 cell differentiation by contribution of CD11b + lung-resident dendritic cells in response to pulmonary fungal infection. During their cryptococcal experimental infection in mice, chitinase activity in lung homogenates was significantly elevated compared with controls.

To test the hypothesis that Th2 cell-associated disease depends on chitinases, these researchers infected wild-type, Chit1KO, and AMCaseKO mice with C. neoformans and quantified the Th2 cell response. They found that infected Chit1KO mice comparing with WT controls had tenfold less Th2 cells in their lungs, while AMCase deficiency did not impact the number of Th2 cell [55]. Chitin micro particles (CMPs) also have been reported by Nagatani et al. to have positive effects in the control of intestinal inflammation. They administered CMPs (1.5 mg/day/orally) or PBS to acute and chronic colitis models every 3 days to C57Bl/6 WT and C57Bl/ 6 TCR $\alpha$ KO mice at weaning age. This group induced colitis using dextran sulfate sodium (DSS) in C57Bl/6 IL-10 reporter mice and later sacrificed mice at day 12 after DSS administration for histological assessment of the intestinal tissues. Splenic, mediastinal lymph node (MLN), and colonic cells were analyzed by flow cytometry for CD4 and IFN- $\gamma$  production. Mouse bone marrow-derived dendritic cells (JAWSII) were also incubated with 100 µg CMPs and used as antigen presenting cells for the in vitro CD4+ stimulation assay. They reported that mediastinal lymph node (MLN)-derived CD4+ T cells from CMP-treated TCRaKO mice produced sevenfold higher amount of IFN- $\gamma$  in the presence of mouse dendritic cells (DCs) and CMPs, in comparison to PBS-treated control mice. Upregulating IFN- $\gamma$  by oral administration of CMPs ameliorated DSS-induced acute colitis. Moreover, there was IL-10 production in the inflamed colon [56].

Bae et al. investigated the role of chitin and chitosan in inhibition of food allergic responses to peanuts. They treated C3H/HeJ mice with  $\alpha$ -chitin,  $\beta$ -chitin, and  $\beta$ -chitosan for 6 weeks starting 1 week before peanut sensitization. They evaluated the allergic symptoms 30–40 min after the oral ground whole peanut (GWP) challenge and reported the capability of chitin and chitosan to suppress the anaphylaxis symptoms from peanut-induced hypersensitivities. Moreover, peanut-specific IgE levels were reduced in mice treated with  $\alpha$ -chitin and  $\beta$ -chitosan. The cytokine profile of cultured splenocytes obtained from mice showed that chitin and chitosan group produced much lower levels of IL-5 and IL-10, the Th2 cytokines critical in the infiltration and activation of eosinophils [57].

## **Chitin and Chitinases**

Both chitin and chitinases have been reported to be involved in the host immune responses against microbe in a wide range of organisms including plants, insects, and mammalians [58]. Mammals including humans, in spite of lacking chitin biosynthesis, express chitinases of which Chit1 and AMCase possess chitinolytic activity [59]. Enzymatically active mammalian chitinases (possess endo/exochitinase activity to hydrolyze the  $\beta$ -1,4-linkages in chitin) [60, 61] and CLPs belong to the 18 glycosyl hydrolase family which contain a chitin binding domain [62]. CLPs unlike true chitinases do not possess the typical chitin-binding domain that contains six cysteine residues, but they still can bind to chitin with high affinity [63]. Chitinases also are important in modulating the immune response. Increased secretion of chitinases is closely associated with pathophysiological conditions dominated by T-helper type 2 cells (Th2) including infection, fibrosis, allergy, and asthma [64, 65]. Chitin exposure directly stimulates expression of the pro-Th2 mediators AMCase and eotaxin-3 in cultures of sinonasal epithelial cells [66]. Owing to their enzymatic function, different sized chitin fragments are produced that trigger innate immunity pattern recognition receptors (PRRs) to induce tumor necrosis factor TNF- $\alpha$ , IL-17, and/ or IL-10 [21]. However, some fungal parasites such as Magnaporthe oryzae evade the plant immune system through masking chitin with  $\beta$ -1,3-glucan which interferes with the enzymatic digestion of chitin [67]. Various fungal pathogens such as Cladosporium fulvum secrete LysM (proteins with lysine motifs) effectors to scavenge chitin fragments and thus avoid recognition by host immune receptors [68].

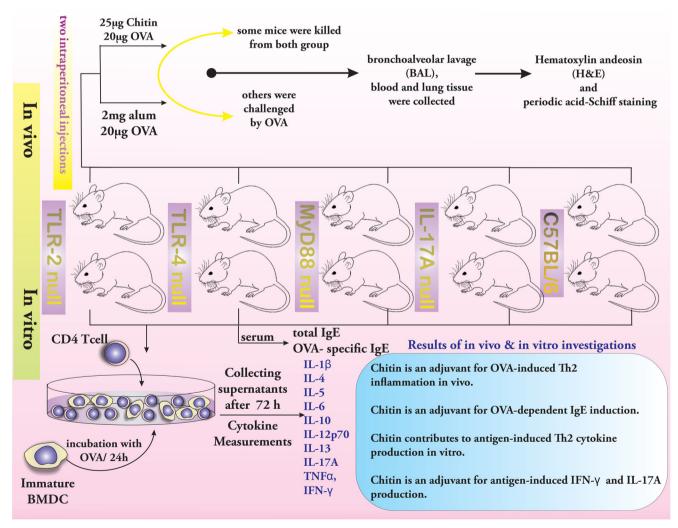
## **Immunologic Application**

Immunological activity of chitin derivatives and their effect as adjuvant have been assessed nearly three decades ago [69, 70]. Subsequently, the Th1 adjuvant effect of chitin microparticles in inducing viral specific immunity was reported by Hamajima et al. [64]. Da Silva et al. studied the adjuvant properties of chitin to induct adaptive Th2, Th1, and Th17 immune responses using in vivo and in vitro models. They used five groups of mice including TLR2-, TLR4-, MyD88-, IL17A-deficient mice and C57BL/6 wild-type mice as control group.

The mice received two intraperitoneal injections of chitin plus ovalbumin (OVA) or alum plus OVA to compare the adjuvant activity of chitin. Alum and chitin were both similarly found to be adjuvants for OVA-induced BAL and tissue inflammation, eosinophilic infiltration, and OVA-specific IgE induction. MyD88 and IL-17 played critical roles in the chitin-mediated responses, whereas TLR2 had a more limited role with only modest decrease in alum-related responses when TLR2 was not present. However, the adjuvant effects of chitin in T cell proliferation were mediated by TLR2. The induced IL-4, IL-5, and IL-13 production was observed both in OVA/chitin-primed and OVA/alum-primed T cells. Interestingly, the adjuvant capacity of chitin was completely abrogated in IL-17A null mice. Further investigations also revealed that TLR2-dependent pathway involving IL-17A mediates the adjuvant effects of chitin [71] (Fig. 5). Chitosan also has been widely studied as an adjuvant in DNA and protein-based vaccines [72]. In this regard, chitosan benefits from multiple mechanisms that include antigen protection, depot formation, enhanced antigen uptake and presentation, and direct modulation of immune responses for its adjuvant capacity when used in injectable and mucosal vaccines [73].

#### **Clinical Implications of Chitin**

A wide variety of medical implications for chitin and its deacetylated derivative chitosan have been reported over the last few decades [74]. Chitin made sutures have been shown to resist attack in bile, urine, and pancreatic juice. Moreover, several patented wound dressing including Beschitin W, composed of chitin nonwoven fabric were reported to be beneficial in clinical practice [75]. Tissue engineering benefits from chitin in variety of forms including hydrogels, fibrous scaffolds, or porous sponges, within which the appropriate cell types



**Fig. 5** Adjuvant property of chitin assessed using TLR2, TLR4, MyD88, IL-17A null mice, and control C57BL/6. In vivo and in vitro investigations were carried on each group after being exposed with alum or chitin fragments. MyD88 and IL-17 were found to have a key

role in chitin responses. Further cytokine assays revealed that chitin possess a high capacity to act as adjuvant to induct adaptive Th2, Th1, and Th17 immune responses

could be cultured for the purpose of repairing injured body parts [76]. The antimicrobial activity of chitin and its derivatives against bacteria, yeast, and fungi has received considerable attention in recent years. The proposed mechanisms of antimicrobial activity include cell lysis, breakdown of the cytoplasmic membrane barrier, and the chelation of trace metal cations by the chitosan [77]. Additionally, some chitin derivatives have been investigated for their capacity in drug delivery. Carboxymethyl chitin (CMC) nanoparticles for example were successfully applied in sustained and controlled release of 5-fluorouracil at pH 6.8 [78]. Moreover, unique biologic characterization of chitin and its derivatives resulted in finding new medical applications. For instance, chitin and especially chitosan act as the inhibitors of angiotensin-converting enzyme, the enzyme associated with hypertension [79]. Interestingly, chitosan owing to its fat binding property actively interferes with the absorption of dietary lipids from the gastrointestinal tract. Additionally, it has been reported to increase serum leptin concentrations while decreasing Creactive protein (CRP), sensitive marker of inflammation [80].

# Conclusion

The significance of chitin and its derivatives on immune responses has not been fully appreciated. Such responses are reflection of not only chitin but also chitinases and chitinaselike proteins during natural or experimental exposure, each with their own mechanisms to induce and regulate immune responses. There are many aspects of chitin-immune system interactions which are not thoroughly understood yet. Chitin receptors on myeloid cells that induce a phagocytic response have yet to be definitively identified. Moreover, full-length, insoluble chitin may not be recognized by receptors but soluble by-products of chitin digestion can be recognized. The differential effects of chitin and chitin receptor interaction on immune modulation require more exploration. Commercial shellfish chitin has been used in most chitin immunology studies, and our knowledge remains incomplete regarding other sources of chitin such as fungal chitin in similar studies. The results obtained from each chitin source may differ from others due to their structural differences as a consequence of variable attachment of chitin to other immunologically active materials. Fungal chitin structurally is linked to glucans and glycosylated proteins that potently elicit and modify specific innate responses. Chitin in microorganisms naturally is linked with other cell wall components, and their elimination involves a challenging process. Lacking novel methods for chitin purification may explain the conflicting data in the literature of immune responses to chitin. Wide distribution of chitin makes its exposure inevitable; however, the avoidance of chitin exposure needs to be investigated.

**Compliance with Ethical Standards** I hereby state that none of the coauthors and the corresponding author of this paper have a conflict of interest and it has been prepared for publication without using any fund. Moreover, the paper does not contain any studies with human participants or animals performed by any of the authors.

**Conflict of Interest** Daniel Elieh Ali Komi, Lokesh Sharma, and Charles S. Dela Cruz declare that they have no conflict of interest.

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