# Epigenetic Histone Code and Autoimmunity

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Abstract The multiple inter-dependent post-translational modifications of histones represent fine regulators of chromatin dynamics. These covalent modifications, including phosphorylation, acetylation, ubiquitination, deimination, and methylation, affect therefore the numerous processes involving chromatin, such as replication, repair, transcription, genome stability, and cell death. Specific enzymes introducing modified residues in histones are precisely regulated, and a single amino acid residue can be subjected to a single or several, independent modifications. Disruption of histone post-translational modifications perturbs the pattern of gene expression, which may result in disease manifestations. It has become evident in recent years that apoptosis-modified histones exert a central role in the induction of autoimmunity, for example in systemic lupus erythematosus and rheumatoid arthritis. Certain histone post-translational modifications are linked to cell death (apoptotic and non-apoptotic cell death) and might be involved in lupus in the activation of normally tolerant lymphocyte subpopulations. In this review, we discuss how these modifications can affect the antigenicity and immunogenicity of histones with potential consequences in the pathogenesis of autoimmune diseases.

Keywords Histones. Nucleosomes. Post-translational modifications. Apoptosis . Autoantibody . Autoimmunity

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#### Introduction

Histones are a group of highly evolutionarily conserved proteins, which play a critical role in the proper packaging of DNA within the eukaryotic nucleus. Two copies of each of four core histones H2A, H2B, H3, and H4 associated to ~146 base pairs of DNA form the fundamental repeating subunit of chromatin, the so-called core particle. The structure known as the "nucleosome" contains ~180–200 base pairs of DNA and the histone octamer associated to a single copy of the extranucleosomal linker histone H1, which is partially replaced by H5 in nucleated cells of birds, fishes, and reptiles. It has been estimated that there are tens of millions of nucleosomes within a single human nucleus. Histones are not simple structural proteins; for decades, it is known that they actively participate in many different DNA-templated programs, including transcription, replication, recombination, and DNA repair. In these vital cellular pathways, a decisive role is played by post-translational modifications that affect histones and introduce in these proteins a very high degree of diversity. Histone modifications, which occur in highly controlled programs at different phases during the cell cycle, are involved alone or in combination in the fine regulation of distinct nuclear processes. Together with the enzymes that "write" the histone code and the regulatory proteins that "read" the code, histone modifications are thus critical components of eukaryotic development and differentiation pathways [[1](#page-5-0), [2](#page-5-0)].

Importantly, it has been shown that specific histone modifications, some of which are associated to apoptosis, might be central in pathological situations such as autoimmunity. Systemic autoimmune diseases, e.g., systemic lupus erythematosus (SLE), rheumatoid arthritis (RA), or Sjögren's syndrome (SS), are characterized by antibodies that recognize a large array of self-components [\[3](#page-5-0), [4\]](#page-5-0).

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<span id="page-1-0"></span>Detailed studies have attributed a central role for apoptotic and non-apoptotic cell death in mediating tolerance break to these self-autoantigens [[5](#page-5-0)–[10\]](#page-5-0). These distinct forms of cell death occur in normal situations and generate new structures such as cleavage fragments or components containing post-translational modifications against which the immune system has normally been tolerized at the early stage of thymus development. In this context, however, it is anticipated that any defect in apoptosis or non-apoptotic cell death can either generate fragments with abnormal modifications (appearance of neo-epitopes recognized as foreign by the immune system) or delay elimination of modified/cleaved antigens, which might trigger the activation and proliferation of resting autoreactive lymphocytes [\[11,](#page-5-0) [12](#page-5-0)]. These normally anergic lymphocyte subpopulations might thus be involved in the early stages of the autoimmune spiral leading to an autoimmune disease. Posttranslational modifications of autoantigens are described below with a focus on histone modifications, which have been claimed to be specifically related to autoimmune situations.

#### Phosphorylation and dephosphorylation of histones

Post-translational phosphorylation is one of the most common protein modifications found in animal cells. In these cells, serine, threonine, and tyrosine residues are subject to phosphorylation that occurs at the –COOH moiety of these residues and leads to the formation of Ophosphoserine, O-phosphothreonine, and O-phosphotyrosine. The ratio of phosphorylation of the three residues is approximately 1,000:100:1 for serine, threonine, and tyrosine residues, respectively. Phosphorylation/dephos-

phorylation events are generally transient. They are central in the majority of intracellular signaling pathways leading to stimulation or inhibition cascades, which regulate essential functions of the cell.

Numerous substrates of kinases and phosphatases represent major antigen targets in autoimmune diseases. Thus, the so-called Goodpasture antigen located in the C-terminus of the human  $\alpha$ 3 chain of collagen IV, the human ribosomal P0, P1, and P2 proteins, nucleolin/C23 antigen, the U1-70K small nuclear ribonucleoprotein, and SRp72 antigen are phosphoproteins. Histones, which are frequent targets for autoantibodies in SLE and other connective tissue diseases [\[13](#page-5-0)], can undergo phosphorylation, especially on their Nterminal tails, at Ser<sup>10</sup> and Ser<sup>28</sup> of H3, Ser<sup>1</sup> of H4, and  $\text{Ser}^{14}$  of H2B, for example (Fig. 1). The presence of phosphoserine residues at certain sites in histones has been demonstrated to contribute to the nucleosome or the chromatin fiber remodeling and to positively or negatively influence the modification of other histone sites. H3  $\text{Ser}^{10}$ phosphorylation was linked to mitotic chromosome condensation at the late G2 phase, while H3  $\text{Ser}^{28}$  phosphorylation was associated with the early stage of the M phase (prophase). Interestingly, phosphorylation of histone H2B at  $\text{Ser}^{14}$  was shown to correlate with cells undergoing apoptosis [\[14](#page-5-0)].

Nothing is known on the possible involvement of histone phosphorylation state in the etiology of systemic autoimmune diseases or in the generation of the antihistone autoimmune response. However, it is interesting to highlight the fact that the major B cell epitopes recognized by lupus antibodies in histones, and identified in using nonphosphorylated synthetic peptides, are mainly located in histone N-terminal tails, which contain most of the modification sites [[15](#page-5-0)–[17\]](#page-5-0). In addition, a major T cell

Fig. 1 Location of identified post-translational modifications affecting the four core histones and major histone autoepitopes described in the literature. Histone modifications associated with cell death are indicated in white letters; histone modifications identified as critical for autoantibody recognition are indicated on the respected autoepitopes below the black bar



epitope has been characterized in the N-terminal peptide 10–33 of H2B, which was reported to be tolerogenic in (SWRxNZB)F1 lupus mice [[18,](#page-5-0) [19\]](#page-5-0). Along the same line, it is interesting to recall that the AHNAK protein, a 700-kD phosphoprotein identified as an antibody target in lupus [\[20](#page-5-0)], contains at its C-terminal domain three copies of the sequence Lys-Ser-Pro-Lys, a cdc2 kinase phosphorylation motif, also present in the peptide 170–185 of histone H1, which is frequently recognized by IgG antibodies from patients with SLE and SS [[21\]](#page-5-0).

# Acetylation of histones and autoimmunity

It is known for a long time that in histones the acetylation/ deacetylation of lysine residues plays an important role in the regulation of transcription. Acetylation of histones maintains an open and accessible conformation of chromatin, which is hereby available for the binding of the transcriptional machinery. The four core histones are particularly acetylated on their N-terminal tails, which influences the binding of the latter to DNA. In the Nterminal histone tails, epitopes targeted by lupus autoantibodies have been identified in histones H4 and H2B, which are prone to acetylation [\(17;](#page-5-0) Fig. [1\)](#page-1-0). Recently, the involvement of the H4 N-terminal tail acetylation has been shown in lupus [[22\]](#page-5-0). The epitope of KM-2, a monoclonal antibody generated from a MRL/lpr lupus mouse, was mapped by different approaches. KM-2 preferentially recognized H4 peptide 1–22 containing acetylated residues at positions 8 and/or 12 and/or 16. Any peptide containing an acetylated lysine residue at position 5 was not recognized by KM-2 antibody, and the non-acetylated peptide was less well recognized. Importantly, plasmas from both SLE patients and lupus mice showed a superior (but not exclusive) reactivity with acetylated N-terminal H4 peptides as well as with hyperacetylated histones isolated from cells treated with a histone deacetylase inhibitor. In addition, it was shown that the acetylation of histone H4 increased early during apoptosis. Monoclonal antibody KM-2 as well as plasmas from SLE patients and lupus mice showed an increased reactivity with apoptotic cells and histones isolated from apoptotic cells. The H4 peptide 1–22 acetylated on  $Lys^{8,12,16}$  residues was able to modulate autoimmune disease in MRL/lpr lupus-prone mice [\[22](#page-5-0)]. The tri-acetylated H4 peptide was administered subcutaneously in Freund's adjuvant into pre-diseased MRL/lpr mice and was shown to enhance mortality, proteinuria, skin lesions, and glomerular IgG depositions. In contrast, the non-acetylated peptide had no effect. Hyperacetylated histones were able to maturate bone marrow-derived dendritic cells (DCs) in vitro, which produced increased levels of IL-6 and TNF-α compared with DCs cultured in

the presence of nucleosomes purified from non-treated cells. In addition, DCs cultured in the presence of hyperacetylated nucleosomes were able to activate syngeneic T cells. Interestingly, Fab fragments that can bind acetylated  $Lys<sup>8</sup>$  residue of histone H4 were selected from a phagedisplayed repertoire of rearranged antibody genes from splenic B cells from a patient with SLE [[23\]](#page-5-0).

The enzymes involved in the acetylation and deacetylation of histones, i.e., the acetyltransferases and histone deacetylases, have been identified and play an important role in the regulation of transcription. Inhibitors of histone deacetylases such as trichostatin A and suberoylanilide hydroxamic acid increase the levels of histone acetylation in cells and subsequently alter gene expression. A hypoacetylation of histone H3 and H4 have been found in CD4<sup>+</sup> T cells from SLE patients and splenocytes from MRL/lpr lupus mice [\[24](#page-5-0), [25\]](#page-5-0). Treatment of MRL/lpr mice with histone deacetylase inhibitors resulted in resetting the epigenetic abnormalities to the normal situation [[25](#page-5-0)–[27\]](#page-5-0). In addition, treatment led to the improvement of glomerulonephritis and splenomegaly. The altered histone acetylation in T cells in SLE has been primarily linked to an altered gene expression. However, one can imagine that histones or chromatin released for instance from apoptotic T cells containing an altered modification pattern have an enhanced capability for activation of the immune system.

# Histone ubiquitination and autoimmunity

Several proteins that are common targets in SLE and SS have been shown to be ubiquitinated. This is the case of the 52-Kd Ro/SSA protein and histones. Monoubiquitinated histones H2A (UH2A) and H2B (UH2B) modified at Lys119 of H2A and Lys120 in H2B (Fig. [1\)](#page-1-0) represent 10% and 1% of total H2A and H2B proteins, respectively. Disappearance of UH2A has been linked to late apoptotic processes [\[28](#page-5-0), [29](#page-5-0)]. Although detailed protocols of purification have been described, UH2A and UH2B remain difficult to purify in sufficient amounts for immunological investigations. To circumvent this technical problem, we synthesized chimeric peptides corresponding to the branched moiety of ubiquitinated histone UH2A and demonstrated that autoantibodies reacting with this branched peptide occur in  $~60\%$  of lupus patients, whereas they are present in less than 10% of patients with systemic sclerosis (SSc) and are virtually absent in patients with RA and primary SS [[30\]](#page-5-0). This result was in good agreement with other data showing that autoantibodies to ubiquitin are detectable by ELISA in about 80% of lupus patients and in 0–13% only of patients with SS, RA, juvenile chronic arthritis, SSc, sarcoidosis, and normal individuals [[31\]](#page-5-0). Human monoclonal antibodies reacting either with ubiq-

uitin or with the UH2A branched peptide were also successfully generated by fusion of a human cell line with splenocytes from a young girl with active SLE who required splenectomy for severe thrombocytopenia [\[32](#page-5-0)]. Furthermore, using rabbit antibodies to UH2A peptide, it was possible to visualize UH2A deposits in renal biopsies from lupus patients [[33\]](#page-5-0). The staining was granular in nature and was present in capillary and mesangial areas. However, deposition of ubiquitin, UH2A, or anti-ubiquitin antibodies was not observed in the kidneys of genetically predisposed or induced mouse models of lupus, and the level of circulating UH2A antibodies in the serum of these mice was apparently not linked to the manifestation of lupus nephritis [[34,](#page-5-0) [35\]](#page-5-0). These observations reflect important differences in the pathophysiological response to components of the ubiquitin family in murine and human lupus disease. Serum IgG antibodies reacting with the branched UH2A peptide were also found to be present in 52% patients with Crohn's disease (10% had antibodies reacting with ubiquitin) and 10% of patients with ulcerative colitis [[36](#page-5-0)], two autoimmune bowel diseases with a potential evolution toward colon cancer. All together, these data support an important role of ubiquitinated histones in the onset and/or in the development of lupus. To our knowledge, the possible importance of UH2B in lupus has never been investigated.

#### Poly(ADP-ribosylation) of histones

Antibodies reacting with whole or fragments of poly(ADPribose) polymerase (PARP) and with its product poly(ADPribose) have been detected in the serum of patients with systemic autoimmune diseases (notably SLE) and with Crohn's disease and ulcerative colitis [[36](#page-5-0)–[39\]](#page-5-0). PARP uses  $NAD<sup>+</sup>$  as a substrate to synthesize a linear or multibranched polymer of ADP-ribose on glutamic acid, aspartic acid, and lysine residues on various acceptor proteins, including itself. This drastic modification takes place in response to multiple cellular situations, including DNA damage, inflammation, and cell death induction.

Histones H1 and H2B are known substrates of PARP. Although a number of physiopathological effects mediated through the PARP system have been observed in autoimmune diseases, and more specially in SLE, it is not known whether poly(ADP-ribosyl)ated proteins (and histones in particular) are specific targets for autoantibodies. Since we have observed a rearrangement of histones when nucleosomes are incubated with poly (ADP-ribose) chains [\[40](#page-6-0)], it may well be that following certain cellular events (and apoptosis for example), poly (ADP-ribosylation) of histones within the nucleosome greatly affects their antigenicity and immunogenicity and

leads to an autoimmune response. Other substrates of PARP such as DNA topoisomerase I, a well-known target of autoantibodies in SSc, might also become immunogenic upon modification.

## Histone deimination (citrullination) and methylation

A number of autoantibody targets are subject to enzymatic conversion of arginine residues into citrulline. Citrulline is a non-standard amino acid, generated by deimination of arginine residues by calcium-dependent peptidylarginine deiminases (PAD; [[41\]](#page-6-0)). The pioneer observation that in RA a very high proportion of patients possess circulating IgG antibodies reacting with citrullinated antigens [\[42](#page-6-0), [43](#page-6-0)] has generated considerable interest. An intense research led in a few years to the development of a widely used test based on citrullinated peptides validated for the diagnosis of RA and to the identification of deiminated forms of fibrin as major synovial targets for RA antibodies [[44\]](#page-6-0). These findings also led to the conception of new pathological concepts, which might explain the inflammatory process in RA.

Histones are also subject to citrullination. It was found that in histones, human PAD4 converts methylated arginine residues into citrulline [[45](#page-6-0), [46\]](#page-6-0) (Fig. [1](#page-1-0)). Hypercitrullination of histones by PAD4 mediates chromatin decondensation [[47\]](#page-6-0). PAD4 targets multiple sites in H3 and H4, including those sites methylated by coactivators CARM1 ( $Arg<sup>17</sup>$  of H3) and PRMT1 ( $Arg<sup>3</sup>$  of H4). PAD4 activity was found to be linked to the transcriptional regulation of estrogen-responsive genes in MCF-7 cells [[46\]](#page-6-0). Knowing that methylation of arginine residues within H3 has been linked to active transcription, deimination of methylated arginine residues has been considered as an important mechanism for antagonizing transcription and gene activity. It is not known, however, whether histone citrullination is important for autoantibody recognition. It was recently shown that neutrophils demiminate histones in response to a wide range of inflammatory stimuli arising in infections (e.g., LPS, TNF, or hydrogen peroxide) and not after treatments that induce apoptosis [[48\]](#page-6-0). In parallel, a massive redistribution of chromatin occurs. It was postulated that deiminated histones and bacterial structures that stimulate signaling pathways might break tolerance and initiate immune response that with time could extend to non-modified form of the antigen [[48\]](#page-6-0).

Methylation of lysine residues in histones also plays a role in the regulation of transcription and silencing of genes. However, so far, it remains unclear if a change in the methylation status of histones is linked with apoptosis or autoimmunity.

# Incorporation of symmetrical dimethylarginine residues in histones

Several members of the Sm/RNP proteins family contain symmetric  $\omega N^G N^{G'}$ -dimethylarginine (sDMA) residues. Brahms et al. [\[49](#page-6-0)] were the first to identify that SmD1 and SmD3 autoantigens involved in RNA splicing, are dimethylated in vivo in all nine and four positions, respectively, of their C-terminal RG stretches. A diagnostic test based on a single peptide encompassing residues 108–122 of SmD3 containing an additional cysteine residue at the C-terminus and an sDMA residue at position 112 was developed. This test was found to significantly improve the detection of Sm antibodies in lupus sera [\[50](#page-6-0), [51\]](#page-6-0).

Specific enzymes able to introduce sDMA residues into histone H4 and myelin basic protein have been characterized. It is not established, however, whether this modification occurs in vivo and contributes to antigenicity and/or immunogenicity of these self-proteins.

## Other histone modifications

Histones are also subject to other modifications such as transglutamination on Gln and Lys residues [[52\]](#page-6-0), peroxynitrite modification that in vivo increase the content of carbonyl, nitrotyrosine and dityrosine in histone [\[53](#page-6-0)], and incorporation of isoaspartyl moiety, mostly at Asp25 residue in H2B [\[54](#page-6-0)]. Although additional studies are required to establish a clear link between these modifications and autoimmunity, they have been shown, as acetylation for example [[55\]](#page-6-0), to alter histone immunogenicity and might therefore play an important role in the antihistone autoimmune response. Excessive protein nitration and in particular hypernitrotyrosinemia has been reported in different inflammation-associated situations, including SLE, RA, SS, and vasculitis [\[56](#page-6-0)]. Overexpression of inducible nitric oxide synthase enzyme has been seen in numerous tissues of active patients with lupus.

### **Conclusions**

Among the variety of possible histone modifications, only a limited number has directly been associated with autoimmunity (Fig. [1](#page-1-0)). However, the central question remains how post-translational modified self-proteins can activate the immune system. Evidence shows a strong link between anti-nuclear autoimmunity and cell death. Therefore, several mechanisms, which link cell death to the production of anti-chromatin autoantibodies, have been proposed (Fig. 2). Histone modifications during cell death alter the structure of chromatin. This might lead to the



Fig. 2 A schematic overview of the role of histone modifications in the development of anti-chromatin autoimmunity. Shortly, several processes involving cell death by necrosis, apoptosis, or the formation of neutrophil extracellular traps lead to histone modifications, which can subsequently cause an increased immunogenicity of chromatin. Histone modifications change the structure of chromatin, which might result in the exposure of immunogenic epitopes or enhance the binding of danger molecules such as HMGB1. In addition, abnormal modifications may be induced by reactive oxygen species produced during cell death. Finally, a defective/abnormal removal of chromatin released from dying cells could lead to a prolonged persistence of altered material in the circulation. This could all lead to the activation of the immune system and subsequently to the production of antichromatin autoantibodies

exposure on the outside of chromatin of new epitopes encompassed in histone regions showing an increased immunogenic potential. In addition, histone modifications can enhance the binding of certain molecules. Recently, the chromatin-binding protein HMGB1 has been identified as an important "danger" molecule, involved in the activation of the immune system by dying cells [[57](#page-6-0)]. Chromatin/HMGB1 complexes are found in the serum of patients with SLE and are able to activate immune cells [\[58\]](#page-6-0). Cell death is also accompanied by the production of reactive oxygen species (ROS), which directly induce new modifications. ROS-induced histone modifications have not been identified yet, but might increase the antigenicity of histones. Finally, autoimmunity has been associated with an inefficient removal of apoptotic debris [[11,](#page-5-0) [59](#page-6-0)]. The prolonged survival of apoptotic structures such as (modified) chromatin might lead to the activation of circulating autoreactive immune cells. In total, these mechanisms can lead to the activation of the immune system and lead to the production of anti-chromatin autoantibodies. Finally, as an Editor's note and for completeness in addition to this special issue on epigenetics, there have been several recent publications, which have focused not only on epigenetics and autoimmunity but also on epigenetics as a developmental origin of a variety of human diseases [\[60](#page-6-0)–[70](#page-6-0)].

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