



# Exosomes from Adipose Mesenchymal Stem Cells Overexpressing Stanniocalcin-1 Promote Reendothelialization After Carotid Endarterium Mechanical Injury

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## Abstract

**Objective** Stanniocalcin-1 (STC-1) is a secreted glycoprotein that participates in the regulation of inflammation, apoptosis, and necrosis. We investigated the reendothelialization effect of exosomes from adipose stem cells (ADSC) overexpressing STC-1 on injured carotid endarterium.

**Methods** ADSCs were transfected with lentivirus vectors containing pre-STC-1. PHK-26 as molecular probe was used to track the exosomes engulfed by mice arterial endothelial cells (MAEC). The role of STC-1-ADSC-Exosome (S-ADSC-Exo) in MAECs was verified through scratch test and tube forming. Expressions of STC-1 and NLRP3 inflammasome were detected by western blot and quantitative reverse transcription polymerase chain reaction. Reendothelialization effect was inhibited by the antagonist of siRNA targeting STC-1. Carotid endarterium mechanical injury was induced by insertion with a guidewire into the common carotid artery lumen. Carotid arteries were harvested for histological examination, immunofluorescence staining, and Evan's blue staining.

**Results** Transfection of STC-1 significantly enhanced STC-1 levels in ADSCs, their exosomes, and MAECs. Compared with the control group and the ADSC-Exo group, STC-1 enriched exosomes markedly inhibited the expressions of NLRP3, Caspase-1, and IL-1 $\beta$  in MAECs, exhibited good lateral migration capacity, and promoted angiogenesis. Administration of siRNA targeting STC-1 completely abolished down-regulation of NLRP3, Caspase-1, and IL-1 $\beta$  by STC-1 and inhibited effects of S-ADSC-Exo on lateral migration and angiogenesis. *In vivo* administration of S-ADSC-Exo had reendothelialization effect on post-injury carotid endarterium as evidenced by thinner arterial wall, low-expressed NLRP3 inflammasome, and more living endothelial cells.

**Conclusions** The reendothelialization effect of exosomes from ADSCs on post-injury carotid endarterium could be enhanced by genetic modification of the exosomes to contain elevated STC-1, possibly through suppression of NLRP3 inflammasome-mediated inflammation.

**Keywords** ADSC · Exosome · Stanniocalcin-1 · NLRP3 inflammasome · Reendothelialization

## Introduction

Approximately 18–25 % ischemic strokes are caused by extracranial carotid atherosclerotic stenosis [1]. For patients at high risk of surgical complications, combination carotid angioplasty with stent implantation has become an accepted alternative to endarterectomy [2]. Despite refinements of interventional technique, the mechanical injury to carotid endarterium is still unavoidable completely and subsequent inflammatory restenosis is not conducive to ensure the long-term patency [3]. Post-injury restenosis just like wound-healing comprises complex pathophysiological mechanisms consisting of inflammation, proliferation, and migration followed by remodeling of arterial wall [4]. Persistent and

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exaggerated inflammation triggers the release of numbers of cytokines and growth factors, resulting in hyperplasia of neointima and vascular restenosis [5]. Reendothelialization is a crucial repair process that endothelial cells rapidly attempt to cover the denuded area by migrating over distance and increasing in number in response to any injury to endothelium [6]. Delayed reendothelialization and impaired endothelial function after mechanical injury are linked to stent thrombosis. Therefore, inhibition of inflammation, restoration of endothelial cell function to accelerate reendothelialization process are effective approaches to prevent and treat restenosis after endovascular treatment.

Exosomes carry a wide range of bioactive molecules, such as DNAs, mRNAs, microRNAs, cytoskeletal elements, protease, signaling molecules and play important roles in intracellular information communication [7, 8]. Bioactive molecules can be transported to target cells under physiologic and pathologic conditions, which induce functional and expressional changes [8]. Recently, with regard to the role in the process of inflammation, exosomes derived from different cell types have drawn much interest. Via exosomes, IL-4 modified macrophages foster M2 polarization and inhibit inflammation to retard atherosclerosis through transferring their regulatory microRNAs to target cells [9]. Exosomes generated from cardiomyocytes and endothelial cells followed acute myocardial infarction are taken up by macrophages and regulate local inflammation to attenuate ischemic injury [10]. Mesenchymal stem cells (MSC) are multipotential stem cells that can promote immunomodulation, angiogenesis, matrix remodeling in the injured vessels by secreting factors to activate the signaling pathways involved in vascular repair. The powerful paracrine capacity of MSCs, not their differentiation potential, is the principal mechanisms of their repair action [11]. Local transplantation of adipose-derived mesenchymal stem cells around arteriovenous fistula alleviates restenosis and restores patency after PTA in mice [12]. MSCs have been reported to exert their powerful immunomodulatory and anti-inflammatory effects in the pathological process of atherosclerosis [13]. However, the microenvironment of target tissue may affect ADSCs survival and migration, which leads to poor long-term prognosis [14]. Compared with other cell types, MSCs are more likely to secrete a great quantity of exosomes, and exosomes can overcome the above deficiencies because of their low immunogenicity [15]. Exosomes can protect their contents against the interference of surrounding microenvironment and effectively enhance the intercellular information communication mimicking the molecular biological functions of MSCs [8]. Umbilical cord mesenchymal stem cell-derived exosomes have been indicated to attenuate TNF- $\alpha$  induced inflammation in endothelial cells [16]. Mesenchymal stromal cell-derived exosomes are shown to ameliorate diabetic peripheral neuropathy by suppression of proinflammatory genes [17]. With the development of

exosome research, it has been found that the function of exosomes can be enhanced by genetic modification of stem cells to load target proteins [18].

Interleukin (IL) -1 $\beta$  has been reported to participate in the chronic inflammation and restenosis after endovascular treatment [12, 19]. As an important component of innate immunity, NLRP3 inflammasome consisting of NLRP3 receptor protein, apoptosis-associated speck-link protein containing a CARD (ASC), and Caspase-1 has recently emerged as a protein complex for inducing the release of IL-1 $\beta$  and IL-18 [20]. ROS are key molecule signal for activating NLRP3 [21], and proved to be triggered after stent implantation and PTA [22]. STC-1 is a glycoprotein directly act on mitochondria and then inhibit ROS through uncoupling [23]. STC-1 has been found to increase macrophage phagocytosis in response to pulmonary inflammation through inhibiting the NLRP3 inflammasome [24]. Recombinant human STC-1 has been reported to suppress the release of pro-inflammatory cytokines and decrease the oxidative stress, indicating its protective role against LPS induced damage [25]. Administration of STC-1 suppressed formation of scar tissue and improve cardiac function through inhibition of CD14 on recruited monocytes and subsequent pro-inflammatory macrophage differentiation [26]. However, it remains unknown whether the axis of STC-1-NLRP3 inflammasome is a new target for protecting endothelial cells against inflammation induced by mechanical injury and promoting reendothelialization. In the current study, we delivered STC-1 to endothelial cells by exosomes from ADSCs that were genetically modified to overexpress STC-1. We highlight the reendothelialization effect of STC-1-modified exosomes on post-injury carotid endarterium in the setting of inflammation caused by mechanical injury.

## Materials and Methods

### Animals

Male, 6–8 weeks C57/BL mice were enrolled in the present study.

### Isolation, Culture, Identification and Transfection of ADSCs

The primary ADSCs were extracted from the adipose tissue of the inguinal area of C57/BL mice. The harvested adipose tissues were digested with NB4 collagenase (Nordmark, Uetersen, German) in low glucose (1000 mg mL<sup>-1</sup>) Dulbecco's Modified Eagle's Medium (DMEM) supplemented with 10 % fetal bovine serum (FBS, Gibco, Waltham, U.S.A). After 60 min digesting and shaking (220 rpm) at room temperature, the cells were resuspended and seeded on dishes, and used at passage 3. To identify the phenotype of ADSCs,

the specific surface markers were determined by flow cytometry analysis (Beckman Coulter, Fullerton, CA). The mouse antibodies against CD29, CD31, CD34, and CD44 were conjugated with FITC. ADSCs were incubated with the above antibodies in 100 mL FACS buffer (Sigma, San Francisco, U.S.A). The labeled cells were washed three times with 1.5 mL FACS buffer and fixed with cytofix (BD Pharmingen, San Francisco, U.S.A). The Beckman Coulter flow cytometer and the FlowJo software (Version 10.0) were used to analyze data. Mice STC-1 lentivirus gene transfer vectors were constructed by Genechem (Shanghai, China).  $1 \cdot 10^6$  ADSCs were seeded in 10 mL plate overnight and were subsequently transfected with 200nM STC-1 vector at a multiplicity of infection of 10 for 24 h. After that, the envelope suspension was transferred to normal culture medium, and the transfected ADSCs were cultured for 48 h.

### Exosome Isolation and Characterization

At 48 h after transfection, the exosomes were isolated at 4 °C according to the method previously described [27]. Firstly, the culture medium of ADSCs and S-ADSCs was filtered to remove large debris and floating cells. Secondly, small debris was removed by centrifugation at 10,000-g for 30 min. Lastly, the remaining supernatants were further centrifugated at 100,000-g for 3 h. The precipitate was resuspended in phosphate-buffered saline (PBS). The suspended solution contained exosomes was stored at -80 °C for the following experiments.

The isolated exosomes were mixed with an equal volume of 4 % paraformaldehyde and then moved onto a carbon-coated copper grid. The membranes were absorbed for 30 min at room temperature. Subsequently, the specimens were washed and fixed using 100 mL 1 % glutaraldehyde, and then were contrasted with 4 % uranyl acetate (UA) for 5 min. Lastly, the specimens were embedded in a mixture of 4 % UA and 2 % methylcellulose solution. The excess fluid was sucked dry. The morphologic characteristics of exosome were observed using transmission electron microscopy (TEM) (JEM-2100 JEOL, Tokyo, Japan).

Expression of CD9, CD63 and CD81, as markers of exosomes, were confirmed by Western blot. Expression of Calnexin, as the negative marker of exosome, was also confirmed by Western blot.

### Tracking of Exosomes Engulfed by MAECs

MAECs were purchased from Daixuan Biosciences Inc (Shanghai, China) and cultured in high glucose (4500 mg mL<sup>-1</sup>) DMEM supplemented with 10 % fetal bovine serum and 1 % penicillin-streptomycin. The exosomes were incubated with PHK26 membrane dye (4 mL) and Diluent (1ml) for 5 min. The labelled exosomes were filtered by exosome

precipitation solution, and then resuspended in above medium. MAECs were incubated with PHK26 labelled exosomes (200 mL) for 24 h. DAPI was used to stain nucleus, and Phalloidin was used to stain cytoskeleton. The exosomes engulfed by MAECs were identified by fluorescence microscopy.

### NLRP3 Inflammasome Activation

NLRP3 inflammasome was activated according to the method previously described [23]. MAECs ( $1 \cdot 10^5$ /well) were seed in 6-well plates. The culture medium was added with LPS (Ultra-pure InvivoGen, San Diego, CA) at the concentration of 2 mg mL<sup>-1</sup> in high glucose DMEM for 6 h. After washing with PBS three times, the MAECs were incubated with 5 mM ATP (InvivoGen, San Diego, CA) for 45 min. After that, the MAECs were washed with PBS for three times and cultured in high glucose DMEM. Scrapping with a pipette tip was conducted in the upper 3 wells of 6-well plate, with the lower 3 wells receiving no procedure as control. 24 h later, the cells were collected to determine the expression of NLRP3 inflammasome.

### STC-1 Silencing

To silence STC-1, small interfering RNA (siRNA) targeting STC-1 was purchased from Thermo Fisher Scientific (USA). MAECs ( $1 \cdot 10^5$ /well) were seed in 6-well plates until reaching 70–80 % confluence. The cells were washed with PBS and transfected with siRNA-STC-1, or nontargeting siRNA using lipofectamine 3000 according manufacturer's protocol. After 6 h incubation, the medium was replaced with fresh DMEM for 48 h incubation. These MAECs were used to perform scratch test and tube forming experiment. RT-qPCR and western blot were performed to evaluate the knockdown efficiency between the S-ADSC-Exo group and the siRNA-STC-1 group.

### Scratch Test and Tube Forming Experiment

The lateral migration capacity of MAECs was assessed by scratch test.  $1 \cdot 10^5$  MAECs were seed in 6-well plates and scraped by a pipette tip to generate uniform wounds when reached at approximately 90 % confluent. Each well was washed three times with PBS to remove floating cells, and then the MAECs were cultured in medium with no serum. The blank area at the time intervals (0 h, 6 h, 12 h, and 24 h) were observed under inverted microscope and calculated using Image-Pro Plus 6.0 software.

10 mL of Matrigel per well was evenly placed on the angiogenic slide (Ibidi, Gernem). After that, the slide was placed in an incubator for 2 h to solidify the Matrigel. About  $1 \cdot 10^4$  MAECs were seeded on per well and observed under inverted

microscope after 4–6 h. The tube intensity was calculated using Image-Pro Plus 6.0 software.

### Animal Model of Carotid Endarterium Wire-Injury and Tail Vein Injection

To avoid bias that may be caused by surgical procedure, the mice were randomly divided. All operations were conducted by one researcher to ensure the consistency. After administering anesthesia (pentobarbital sodium,  $0.5 \text{ mg g}^{-1}$ ), the mice were fixed on a heating plate maintained at  $37^\circ\text{C}$ . A middle neck incision was performed, the left common carotid artery and its branches were skeletonized. After dissection, mechanical injury to carotid endarterium was induced by insertion with an 0.014" guide-wire into the left common carotid artery. At the end of procedure, the guide-wire was removed, the proximal and distal sutures were tied off gently. The administration of exosomes was performed through tail vein injection. The procedure is shown in Fig. S1.

### Experimental Protocol

#### Part I Evaluation of the reendothelialization effect of S-ADSC-Exo

*In vitro*. The NLRP3 inflammasome was activated by addition of LPS + ATP according to the method as described above. The scratch test: (1) Control group: PBS (2 mL), (2) ADSC-Exo group: ADSC-Exo ( $2 \text{ mL}, 2 \text{ mg mL}^{-1}$ ), and (3) S-ADSC-Exo group: S-ADSC-Exo ( $2 \text{ mL}, 2 \text{ mg mL}^{-1}$ ) was respectively added to the 6-well plate cultured with MAECs ( $1 \cdot 10^5/\text{well}$ ) after being scraped by a pipette tip. The tube forming experiment: (1) Control group: PBS (2 mL), (2) ADSC-Exo group: ADSC-Exo ( $2 \text{ mL}, 2 \text{ mg mL}^{-1}$ ), and (3) S-ADSC-Exo group: S-ADSC-Exo ( $2 \text{ mL}, 2 \text{ mg mL}^{-1}$ ) was respectively added to the angiogenic slide cultured with MAECs ( $1 \cdot 10^4/\text{well}$ ). In a parallel series of experiments, MAECs were collected from the 3 groups 24 h after being scraped to determine the expressions of NLRP3 inflammasome.

*In vivo*. (1) Control group ( $n = 10$ ): PBS (100 mL), (2) ADSC-Exo group ( $n = 10$ ): ADSC-Exo (100 mL,  $2 \text{ mg mL}^{-1}$ ), and (3) S-ADSC-Exo group ( $n = 10$ ): S-ADSC-Exo (100 mL,  $2 \text{ mg mL}^{-1}$ ) was respectively injected through tail vein 1 h after left common carotid artery wire-injury. All the mice were sacrificed 14 days after operation, and left common carotid arteries were harvested for histological examination, immunofluorescence staining, and Evan's blue staining. In a parallel series of experiments, the left common carotid arteries were additionally harvested from the 3 groups ( $n = 5$ ) to determine the expressions of NLRP3 inflammasome.

#### Part II Reversion of the reendothelialization effect S-ADSC-Exo using siRNA-STC-1

*In vitro*. The NLRP3 inflammasome was activated by addition of LPS + ATP according to the method as described above. The scratch test: (1) Control group: PBS (2 mL), (2) S-ADSC-Exo group: S-ADSC-Exo ( $2 \text{ mL}, 2 \text{ mg mL}^{-1}$ ), and (3) siRNA-STC-1 group: siRNA-STC-1 (2 mL) was respectively added to the 6-well plate cultured with MAECs ( $1 \cdot 10^5/\text{well}$ ) after being scraped by a pipette tip. The tube forming experiment: (1) Control group: PBS (2 mL), (2) S-ADSC-Exo group: S-ADSC-Exo ( $2 \text{ mL}, 2 \text{ mg mL}^{-1}$ ), and (3) siRNA-STC-1 group: siRNA-STC-1 (2 mL) was respectively added to the angiogenic slide cultured with MAECs ( $1 \cdot 10^4/\text{well}$ ). In a parallel series of experiments, MAECs were collected from the 3 groups 24 h after being scraped to determine the expressions of NLRP3 inflammasome.

### Enzyme-Linked Immunosorbent Assay

MAECs ( $1 \cdot 10^5/\text{well}$ ) were seed in 6-well plates. The MEACs were collected 24 h after being scrapped from the three groups (control, ADSC-Exo, and S-ADSC-Exo) and another three groups (control, siRNA-STC-1, and S-ADSC-Exo). The cells were mixed with cell lysis buffer for 5 min and then centrifuged at 4 for 5 min at 5000 rpm. The supernatant was collected to evaluate the contents of ROS. After wire-injury to carotid endarterium on days 14, mice ( $n = 5$ ) from the three groups (control, ADSC-Exo, and S-ADSC-Exo) were sacrificed and the carotid arteries were homogenized and mixed with cell lysis buffer. After being centrifuged at 4 for 10 min at 5000 rpm, the supernatants were collected and the total protein concentration was measured using BCA Protein Assay Kit (Biotime, Shanghai, China). The supernatants were adjusted to the same protein concentration and the content of ROS was detected. The contents of ROS were measured using mouse ROS enzyme-linked immunosorbent assay kits (Thermo Fisher, USA) according to the manufacturer's instructions.

### Histological Examination

On the 14th day after procedure, the post-injury carotid arteries were harvested for histological analysis. Paraffin-embedded Sec. (4 mm) of left common carotid arteries were stained with hematoxylin-eosin (HE) dye to determine the thickness of arterial wall. Immunofluorescence staining of the left common carotid arteries was performed to determine the expression of NLRP3 inflammasome. To determine the reendothelialization effect on post-injury carotid endarterium, 1 % Evan's blue dye was infused into the carotid arteries to delineate the injured area from reendothelialized area.

## Quantitative Real-Time Polymerase Chain Reaction

Total RNA of ADSCs, exosomes, and MAECs was isolated with Trizol reagent (Invitrogen, Carlsbad, Calif) according to the manufacturer's instruction. Quantitative real-time polymerase chain reaction was conducted according to a standard protocol with the Step One Plus system (Applied Biosystems, Foster City, Calif). GAPDH was used as internal control. Expressions were determined by  $2^{-\Delta\Delta CT}$  method. The primer sequences are as follows.

Gene	Species	Primer sequence
STC-1	Mus musculus	F: CCATCACTGAAGTCATACA R: TCATCACATTCCAGAAGG
NLRP3	Mus musculus	F: TCACAACTCGCCCAAGGAGGAA R: AAGAGACCACGGCAGAAGCTAG
Caspase-1	Mus musculus	F: GCCTGTTCTGTGATGTGGAG R: TGCCACAGACATTCATACA GTTC
IL-1 $\beta$	Mus musculus	F: GGGCCTCAAAGGAAAGAATC R: TACCAGTTGGGAACTCTGC
GAPDH	Mus musculus	F: GCCACATCGCTCAGACACC R: AATCCGTTGACTCCGACCTTC

## Western Blot

The ADSCs, S-ADSCs, their exosomes, MAECs and carotid artery tissue were treated with RIPA lysis. Protein concentrations were measured using a spectrophotometer (Beckman, CA, USA) and adjusted by adding RIPA buffer. Equivalent amounts of protein were separated by polyacrylamide gel electrophoresis and transferred to PVDF membranes by electroblotting. Then the membranes were blocked in 5% BSA blocking buffer for 1 h. After blocking, the membranes were incubated with proportionally diluted primary anti-STC-1, anti-CD9, anti-CD63, anti-CD81, anti-Calnexin, anti-NLRP3, anti-Caspase-1, and anti-IL-1 $\beta$  antibodies (Abcam, Cambridge, Mass) at 4 overnight. The membranes were washed with TBST for three times and incubated with diluted secondary antibodies for 1 h. The membranes were washed with TBST for another three times. Lastly, the membranes were incubated with ECL working solution and soon detected using a chemiluminescence system. The protein expressions were analyzed with Image J software and quantified as a relative fold to the control group after normalization with GAPDH.

## Statistical Analysis

All the experiments were performed in triplicates at least. Parametric values (expressions of CD9, CD63, CD81,

Calnexin, STC-1, and NLRP3 inflammasome) were reported as mean  $\pm$  standard deviation. Differences were analyzed by one-way analysis of variance followed by Bonferroni correction for post hoc testing.  $P < .05$  was considered statistically significant. Tube intensity, ROS concentration, and blank area were analyzed by Kruskal-Wallis test with Bonferroni correction ( $P < .008$  was considered statistically significant). Statistical analysis was performed with SPSS, version 25.0 (IBM-SPSS Inc, Armonk, NY).

## Results

### Characterization of ADSCs and Exosomes

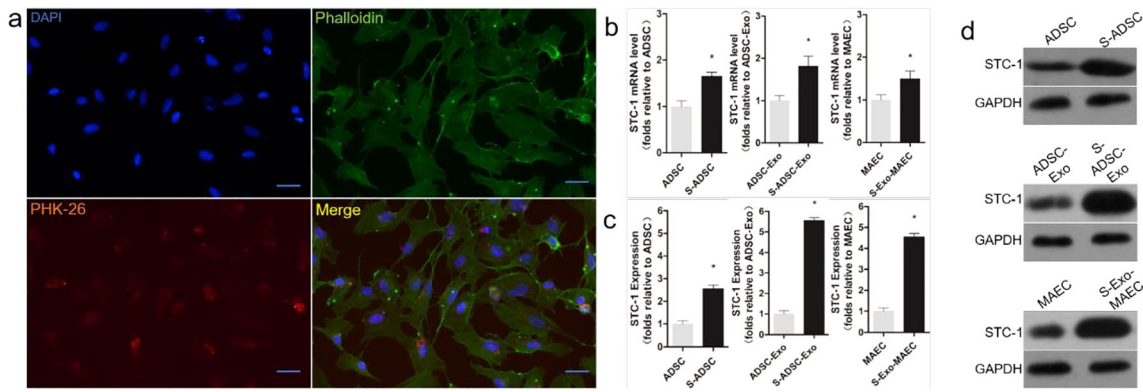
ADSCs at passage 3 (Fig. S2 a) were used in the following experiments. Flow cytometry analysis showed that specific surface antigens of stem cell (CD29 and CD44) were strongly positive, while the specific surface antigens of hematopoietic cell (CD31 and CD34) were negative (Fig. S2 b). Exosomes derived from ADSCs were membrane vesicles (Fig. S2 c) and there was no difference in morphology between ADSC-Exo and S-ADSC-Exo. The surface markers CD9, CD63, and CD81 of exosomes were positive, while the Calnexin protein was negative (Fig. S2 d).

### ADSC-Exosomes Engulfed by MAECs and Expression of STC-1 After Transfection

The PHK26 labeled exosomes were engulfed and detected in MAECs (Fig. 1a). Results of quantitative real-time polymerase chain reaction are summarized in Fig. 1b. Transfection of lentivirus vectors contained enriched STC-1 enhanced the expression of STC-1 mRNA in the S-ADSC, their exosomes, and MAECs engulfed S-ADSC-Exo. Densitometric analysis revealed that compared with the un-transfected groups, transfection of STC-1 markedly enhanced the expression of STC-1 in S-ADSCs, their exosomes, and MAECs engulfing S-ADSC-Exo (Fig. 1c) ( $P < .05$ ). Representative western blot pictures of STC-1 in ADSCs, their exosomes, and MAECs engulfing S-ADSC-Exo are shown in Fig. 1d.

### Reendothelialization Effect of S-ADSC-Exo *in vitro*

After activation of NLRP3 inflammasome, the scratch test was performed to assess the lateral migration capacity of MAECs. Compared with the control group and the ADSC-Exo group, excellent lateral migration capacity was observed in the S-ADSC-Exo group (Fig. 2a). Blank area calculation showed that the S-ADSC-Exo group had the fastest migration speed at time intervals (6 h, 12 h, 24 h) (Fig. 2c). Meanwhile, compared with the control group, recovery after scratching was faster in the ADSC-Exo group.



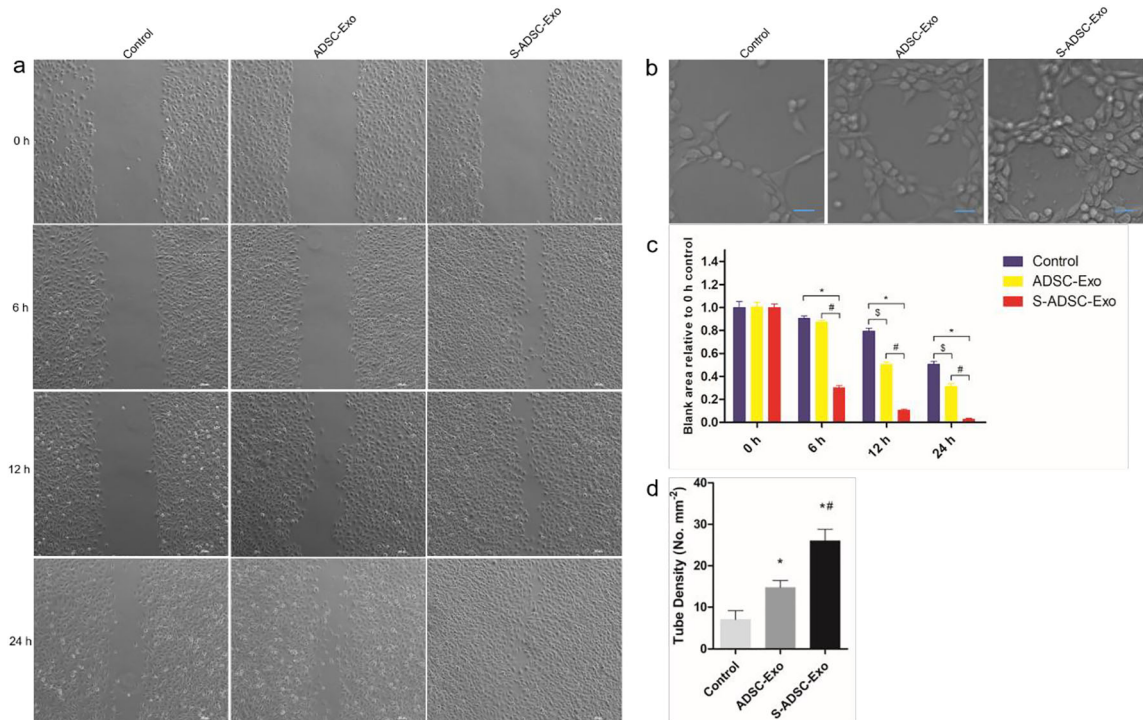
**Fig. 1** ADSC-Exosomes engulfed by MAECs and expressions of STC-1 after transfection. **a** Representative image of PHK-26 labelled ADSC-Exo (red) and Phalloidin (green) double-immunostaining in MAECs. Nuclei were stained with DAPI (blue). **b** Expression of STC-1 mRNA after transfection. **c** Densitometric quantification of STC-1 expressions in

the transfected group, vs. un-transfected. **d** Representative western blot pictures showing STC-1-expression. \*  $P < .05$ , compared with un-transfected groups. S-ADSC, ADSCs transfected with STC-1; S-Exo-MAEC, MAEC engulfing S-ADSC-Exo. Scale bar = 200 nm

To assess the angiogenesis effect of S-ADSC-Exo on MAECs, tube forming experiment was performed. The results revealed that tube-forming ability of MAECs was significantly improved in the group incubated with S-ADSC-Exo. As shown in Fig. 2b, d, tube density in the S-ADSC-Exo group was highest compared with the control group and the ADSC-Exo group. Meanwhile, compared with the control group, tube intensity was higher in the ADSC-Exo group.

### Expressions of NLRP3 Inflammasome After Being Incubated with S-ADSC-Exo

ROS is an important activator of inflammasome. The effect of S-ADSC-Exo on ROS level was first explored showing that the ROS level in S-ADSC-Exo treated MAECs was significantly lower than that in the ADSC-Exo group and the control group (Fig. S3 a). Next, the qRT-PCR results of NLRP3



**Fig. 2** Reendothelialization effect of S-ADSC-Exo *in vitro*. **a** Representative pictures showing lateral migration capacity at the time intervals (6 h, 12 h, and 24 h). **b** Representative pictures showing tube forming. **c** Calculation of blank area at the time intervals (6 h, 12 h, and

24 h). **d** Calculation of tube density. \* $P < .05$ , vs. control; # $P < .05$ , S-ADSC-Exo vs. ADSC-Exo; \$ $P < .05$ , Control vs. ADSC-Exo. Scale bar = 200 nm

inflammasome were summarized in Fig. 3a-c. The level of NLRP3 decreased slightly in the ADSC-Exo group. Transfection of STC-1 significantly decreased the level of NLRP3 in the S-ADSC-Exo group ( $P < .05$ , vs. control). The level of Caspase-1 increased slightly in the ADSC-Exo group. Transfection of STC-1 significantly decreased the level of Caspase-1 in the S-ADSC-Exo group ( $P < .05$ , vs. control). The level of IL-1 $\beta$  decreased slightly in the ADSC-Exo group. Transfection of STC-1 significantly decreased the level of IL-1 $\beta$  in the S-ADSC-Exo group ( $P < .05$ , vs. control).

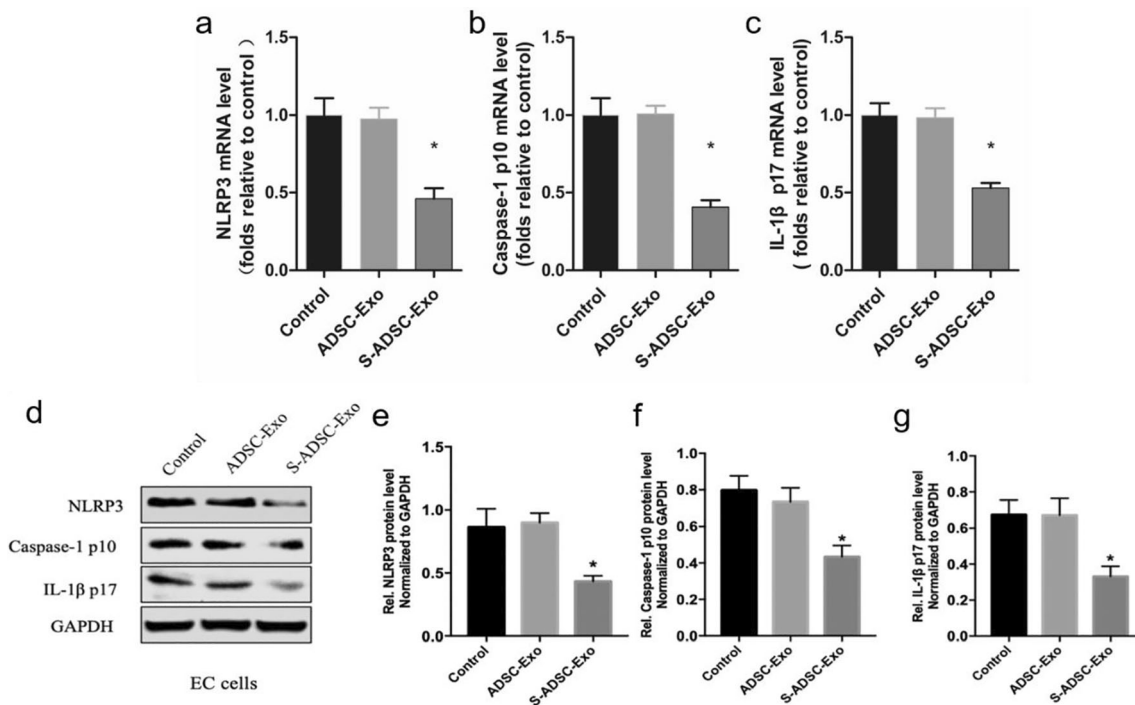
Representative western blot pictures of NLRP3, Caspase-1, and IL-1 $\beta$  expressions were shown in Fig. 3d. Densitometric analysis revealed that transfection of STC-1 markedly decreased the expression of NLRP3 in the S-ADSC-Exo group (Fig. 3e). There was no significant difference in the expression of NLRP3 between the control group and the ADSC-Exo group. Densitometric analysis revealed that transfection of STC-1 markedly decreased the expression of Caspase-1 in the S-ADSC-Exo group (Fig. 3f). There was no significant difference in the expression of caspase-1 between the control group and the ADSC-Exo group. Densitometric analysis revealed that transfection of STC-1 markedly decreased the expression of IL-1 $\beta$  in the S-ADSC-Exo group (Fig. 3g). There was no significant difference in the expression of IL-1 $\beta$  between the control group and the ADSC-Exo group.

### Administration of siRNA-STC-1 Reverses the Reendothelialization of S-ADSC-Exo

The effect of siRNA-STC-1 on ROS level was explored showing that the ROS level in MAECs incubated with siRNA-STC-1 was significantly lower than that in the S-ADSC-Exo group. However, there was no significant difference between the control group and the siRNA-STC-1 group (Fig. S3 b). The scratch test and tube forming experiment were performed to assess the effect of siRNA targeting STC-1 on MAECs. Compared with the control group, excellent migration capacity was observed in the S-ADSC-Exo group (Fig. 4a). However, administration of siRNA-STC-1 decreased the migration speed compared with that of the control group. Blank area calculation showed that the siRNA-STC-1 group had the lowest migration speed at time intervals (6 h, 12 h, 24 h) (Fig. 4c). The angiogenesis results revealed that tube-forming ability of MAECs was significantly inhibited in the group incubated with siRNA-STC-1. As shown in Fig. 4b, d, tube density in the siRNA-STC-1 group was lowest compared with the S-ADSC-Exo group and the control group.

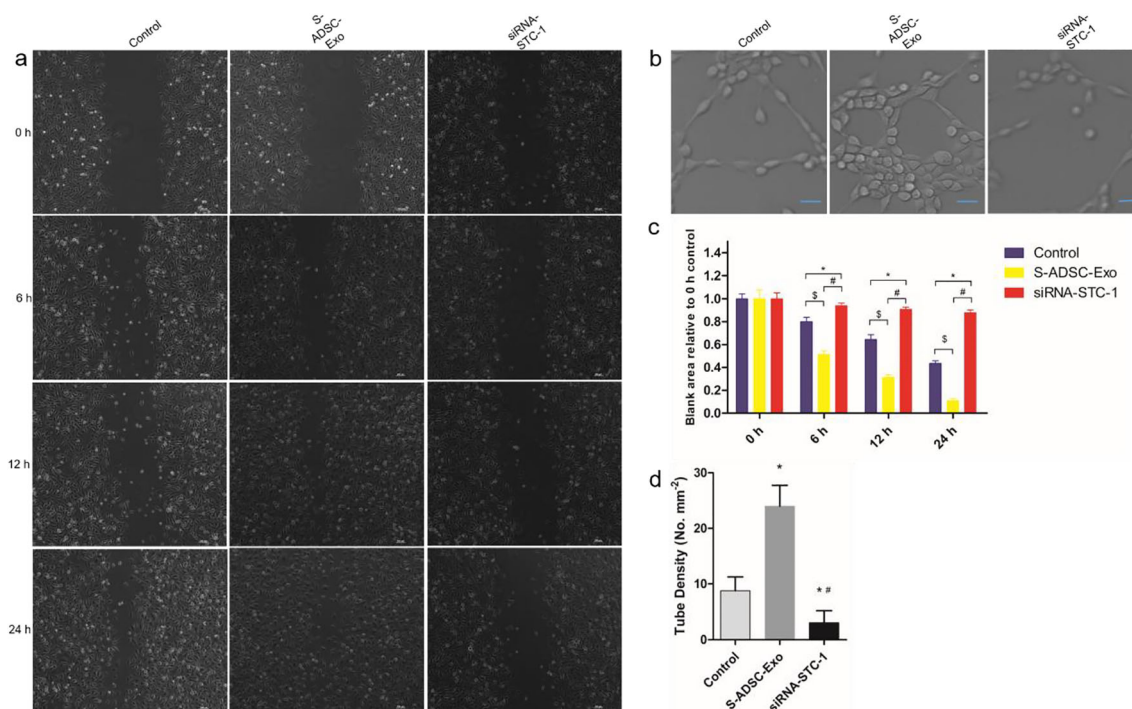
### Effect of siRNA-STC-1 on Expressions of STC-1 and NLRP3 Inflammasome in MAECs

We used siRNA targeting STC-1 in order to further investigate the molecular mechanism of S-ADSC-Exo promoting



**Fig. 3** Effect of S-ADSC-Exo on expressions of NLRP3 inflammasome in MAECs after being scrapped. **a-c** mRNA levels of NLRP3, caspase-1, and IL-1 $\beta$ . **d** Representative western blot pictures showing expressions of NLRP3, Caspase-1, and IL-1 $\beta$ . **e-g** Densitometric quantification of

NLRP3, Caspase-1, and IL-1 $\beta$  expressions.  $*P < .05$ , vs. control. EC, endothelial cell; ADSC-Exo, exosomes from ADSCs; S-ADSC-Exo, exosomes from ADSCs transfected with STC-1



**Fig. 4** Effects of siRNA-STC-1 on reendothelialization. **a** Representative pictures showing lateral migration capacity at the time intervals (6 h, 12 h, and 24 h). **b** Representative pictures showing tube forming. **c** Calculation

of blank area at the time intervals (6 h, 12 h, and 24 h). **d** Calculation of tube density. \* $P < .05$ , vs. control; # $P < .05$ , S-ADSC-Exo vs. siRNA-STC-1; \$  $P < .05$ , S-ADSC-Exo vs. control. Scale bar = 200  $\mu$ m

reendothelialization. The qRT-PCR results of STC-1 and NLRP3 inflammasome are summarized in Fig. 5a-d. Transfection of siRNA targeting STC-1 significantly decreased the level of STC-1 in the siRNA-STC-1 group, but enhanced the levels of NLRP3, Caspase-1, and IL-1 $\beta$  in the siRNA-STC-1 group.

Representative western blot pictures of STC-1, NLRP3, Caspase-1, and IL-1 $\beta$  expressions are shown in Fig. 5e. Densitometric analysis revealed that siRNA-STC-1 markedly decreased the expression of STC-1 (Fig. 5f). Densitometric analysis revealed that siRNA-STC-1 markedly enhanced the expression of NLRP3 (Fig. 5g). Densitometric analysis revealed that siRNA-STC-1 markedly enhanced the expression of Caspase-1 (Fig. 5h). Densitometric analysis revealed that siRNA-STC-1 markedly enhanced the expression of IL-1 $\beta$  (Fig. 5i).

### Expressions of NLRP3 Inflammasome in the Post-Injury Carotid Arteries

The effect of S-ADSC-Exo on ROS level was explored showing that the ROS level in S-ADSC-Exo treated carotid arteries was significantly lower than that in the ADSC-Exo group and that in the control group (Fig. S3 c). Representative western blot pictures of NLRP3, Caspase-1, and IL-1 $\beta$  are shown in Fig. 6a. Densitometric analysis revealed that transfection of STC-1 markedly decreased the expression of NLRP3 in the S-ADSC-Exo group (Fig. 6b). There was no significant difference in the expression of NLRP3 between the control group

and the ADSC-Exo group. Densitometric analysis revealed that transfection of STC-1 markedly decreased the expression of Caspase-1 in the S-ADSC-Exo group (Fig. 6c). There was no significant difference in the expression of Caspase-1 between the control group and the ADSC-Exo group. Densitometric analysis revealed that transfection of STC-1 markedly decreased the expression of IL-1 $\beta$  in the S-ADSC-Exo group (Fig. 6d). There was no significant difference in the expression of IL-1 $\beta$  between the control group and the ADSC-Exo group.

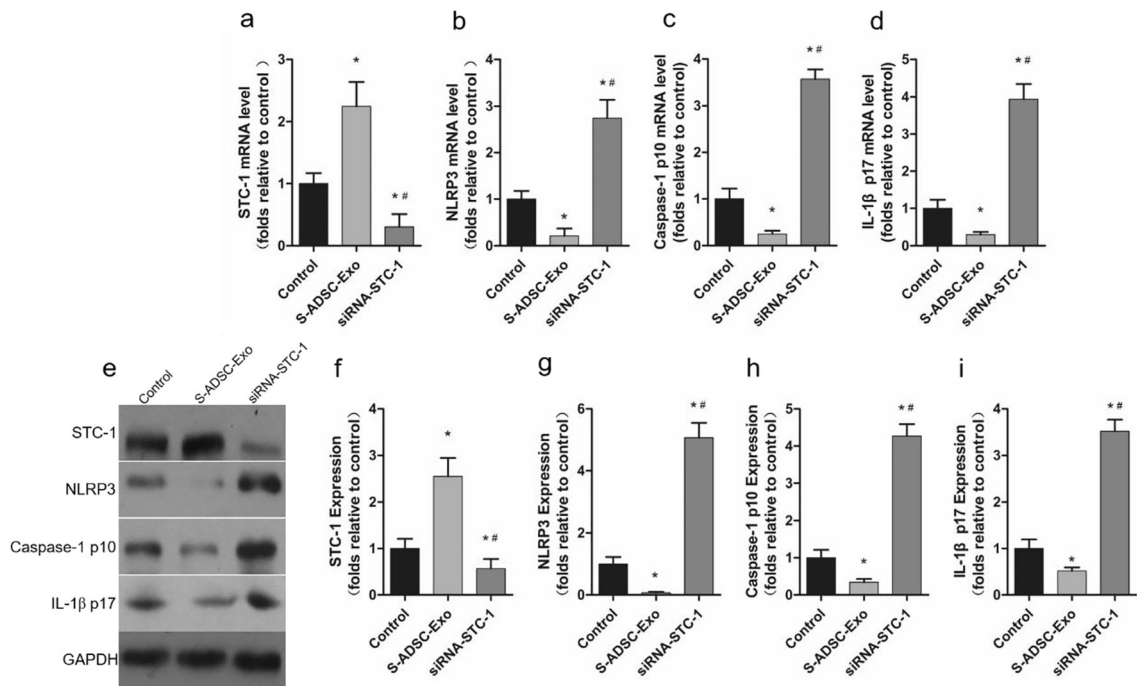
### Immunofluorescence Staining of the Post-Injury Carotid Arteries

Representative pictures of endothelial cells stained with V-ecad (red), NLRP3 inflammasome (green), merge (orange), and magnified pictures are shown in Fig. 7a-c. As summarized in Fig. 7d-f, the expressions of NLRP3, Caspase-1 and IL-1 $\beta$  in the S-ADSC-Exo group were much lesser than that in the control group and that in the ADSC-Exo group. However, there was no significant difference in the expression of NLRP3 inflammasome between the control group and the ADSC-Exo group.

### Histologic Examinations

Representative sections of post-injury arteries stained with HE dye are shown in Fig. 8a, and the results of thickness of arterial





**Fig. 5** Effects of siRNA-STC-1 on expressions of STC-1 and NLRP3 inflammasome in MAECs. **a-d** mRNA levels of STC-1, NLRP3, caspase-1, and IL-1 $\beta$ . **e** Representative western blot pictures showing expressions of STC-1, NLRP3, Caspase-1, and IL-1 $\beta$ . **f-i** Densitometric

quantification of STC-1, NLRP3, Caspase-1, and IL-1 $\beta$  expression. \* $P < .05$ , vs. control; #  $P < .05$ , siRNA-STC-1 vs. S-ADSC-Exo. S-ADSC-Exo, exosomes from ADSCs transfected with STC-1; siRNA-STC-1, siRNA targeting STC-1

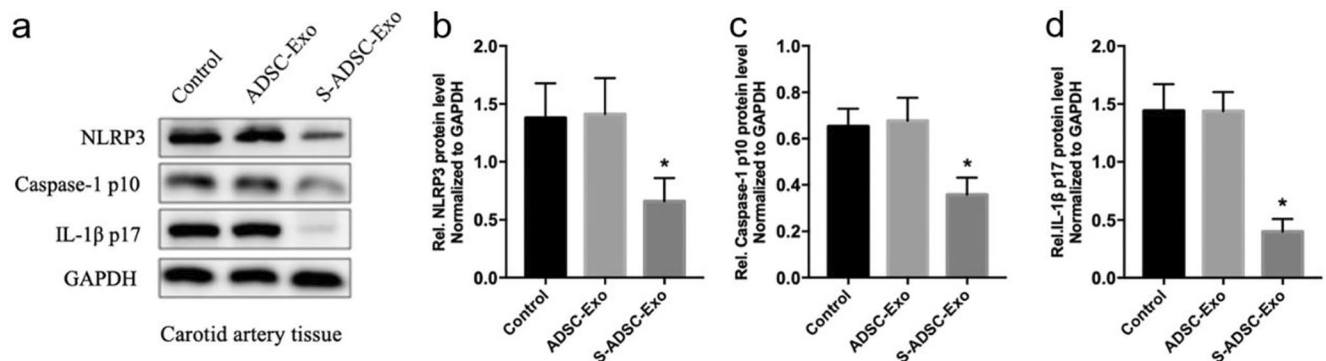
wall are summarized in Fig. 8b. The thickest arterial wall and intra luminal thrombosis were detected in the control group. Compared with the control group and the ADSC-Exo group, the arterial wall was thinner in the S-ADSC-Exo group.

Viable cells could not be stained by Evan's blue dye because of their efflux function, while dead could be stained. As shown in Fig. 8a, the blue area of S-ADSC-Exo group was less than that of control group and that of ADSC-Exo group, indicating that the number of viable endothelial cells of S-ADSC-Exo group was more than that of control group and that of ADSC-Exo group.

## Discussion

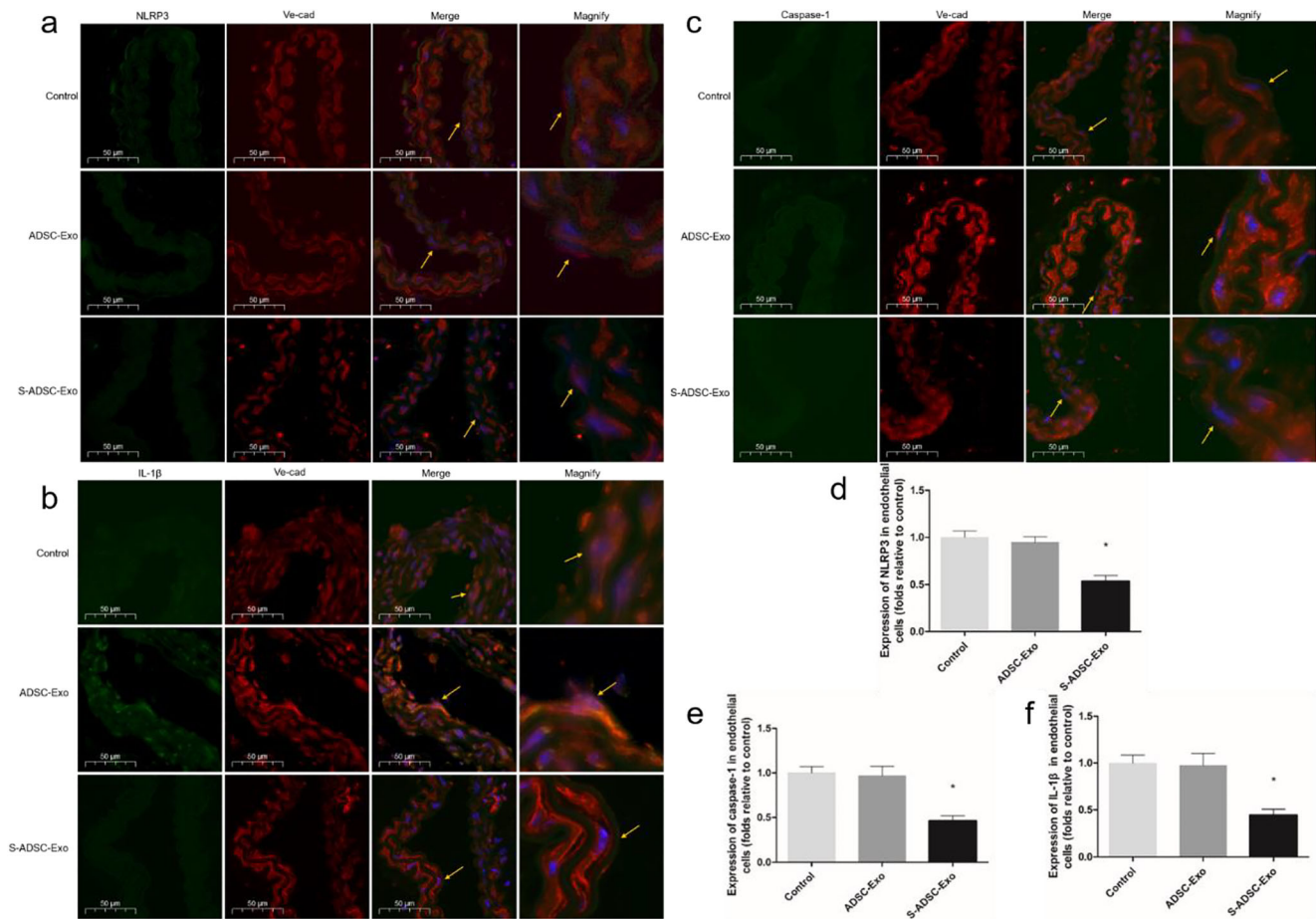
The salient findings revealed by this current study are that the reendothelialization effect of S-ADSC-Exo on post-injury carotid artery is associated with (1) enhanced lateral migration capacity of MAECs, (2) promoting angiogenesis, (3) decreased expression of NLRP3 inflammasome *in vitro* and *in vivo*, (4) suppressed negative remodeling of arterial wall.

ADSCs are abundant in source, easy to harvest and isolate, can robustly release exosomes, and play a crucial role in tissue repair [28]. Collective data have indicated that exosomes



**Fig. 6** Effects of S-ADSC-Exo administration on expressions of NLRP3 inflammasome in carotid arteries. **a** Representative western blot pictures showing expressions of NLRP3, Caspase-1, and IL-1 $\beta$ . **b-d**

Densitometric quantification of NLRP3, caspase-1, and IL-1 $\beta$  expressions. \* $P < .05$ , vs. control. ADSC-Exo, exosomes from ADSCs; S-ADSC-Exo, exosomes from ADSCs transfected with STC-1



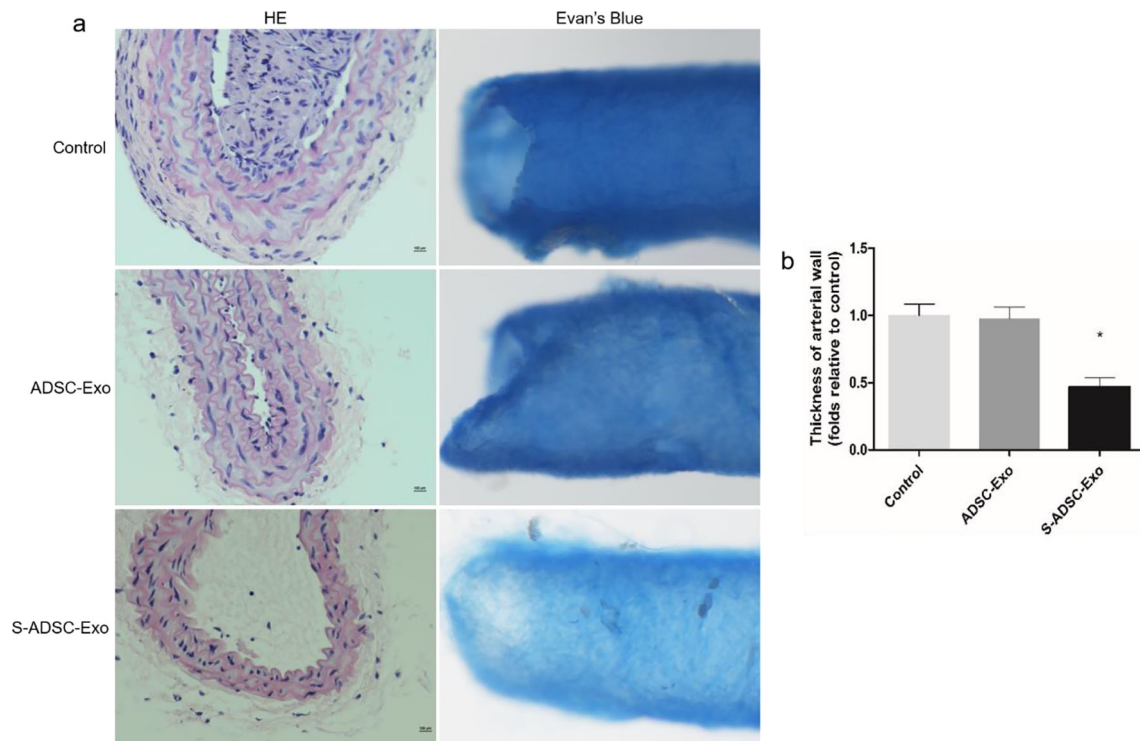
**Fig. 7** Immunofluorescence staining of carotid arteries. **a-c** Representative images of NLRP3, Caspase-1, and IL-1 $\beta$  (green) and Ve-cad (red) double-immunostaining in post-injury endarterium. Nuclei were stained with DAPI (blue). **d-f** Quantification of the expressions of

NLRP3, Caspase-1, and IL-1 $\beta$ . Yellow arrows indicating endothelial cells. \* $P < .05$ , vs. control. ADSC-Exo, exosomes from ADSCs; S-ADSC-Exo, exosomes from ADSCs transfected with STC-1. Scale bar = 50  $\mu$ m

released from ADSCs conduct vascular repair by promoting vascular plasticity [29], enhancing angiogenesis [29], improving post-injury vascular regeneration [30], and regulating autophagy [31]. We revealed that exosomes from genetically modified ADSCs induced reendothelialization effects on post-injury carotid endarterium as evidenced by improvement of carotid artery remodeling and survival of endothelial cells. Inflammatory response is consequence of mechanical injury using endovascular techniques and may be a principal contributor to complex inflammatory reactions of endothelial cells [32]. NLRP3 inflammasome are a group of intracellular protein complexes produced during inflammation activation, and act as innate immune signal receptor to initiate inflammatory response. IL-1 $\beta$ , as an important member and a major executor of NLRP3 inflammasome, is strongly expressed in the chronic inflammation and restenosis after endovascular treatment [12, 19]. In the current study, the elevation of NLRP3 inflammasome (NLRP3, Caspase-1, and IL-1 $\beta$ ) after scratching was significantly inhibited by exosomes from ADSCs overexpressing STC-1, suggesting that exosomes may account for reendothelialization via anti-inflammation

effects. It is worth noting that compared with the control group, the lateral migration capacity and the tube density is higher in the ADSC-Exo group. Similar results are found in several studies focusing on the cargos in extracellular vesicles from ADSCs. Neuregulin-1 has been confirmed as an enriched mRNA in the ADSC-Exo and conducted pro-angiogenic effect against critical hindlimb ischemia in a rat model [33]. The decreased levels of VEGF, MMP-2, and microRNA-126 in the obese ADSC-Exo were associated with impaired angiogenic potential [34]. Although STC-1 was highlighted in the current study, some cargoes aside from STC-1 in ADSC-Exo may contribute to the reendothelialization and angiogenesis, which needs to be further investigated. On the contrary, the NLRP3 inflammasome in MAECs was enhanced after administration of siRNA targeting STC-1, and improvement of reendothelialization was abolished by siRNA-STC-1, indicating that NLRP3 inflammasome was involved in mediating reendothelialization of upregulation of STC-1.

RNAs are important regulatory factors delivered by exosomes to target cells. Increasing reports indicate that



**Fig. 8** Histological examinations. **a** Representative HE staining sections of post-injury arteries and representative Evan's blue staining of endarterium. **b** The thickness of arterial wall. \* $P < .05$ , vs. control.

ADSC-Exo, exosomes from ADSCs; S-ADSC-Exo, exosomes from ADSCs transfected with STC-1. Scale bar = 100  $\mu$ m

ADSC-derived exosomes regulate target cell protein expression and cell morphological change. ADSC-derived exosomes promote wound-healing in diabetic mice through microRNA-128-3p/SIRT1 mechanism [31]. Via exosomes, ADSCs communicate with cardiomyocytes and macrophages to ameliorate ischemic injury by activating S1P/SK1/S1PR1 signaling pathway and foster M2 polarization [35]. Microglia-induced neural inflammatory injury can be suppressed by ADSC-exosomes through the NF- $\kappa$ B/MAPK pathway [36]. All these data show that the function ADSC-exosome can be enhanced by changing their RNA content. STC-1 is a conserved glycoprotein that can directly act on mitochondria, regulate oxidative phosphorylation and inhibit inflammatory reactions [23, 37]. By inhibiting oxidative stress, STC-1 restrains renal ischemia-reperfusion injury through ROS-mediated multiple signaling pathways [38]. Through being encapsulated within the exosomes, the STC-1 or other RNAs is protected from the degradation of protease or RNase [39]. Compared with untransfected groups, transfection of STC-1 enhanced the levels of STC-1 in ADSCs, released exosomes, and MAECs engulfing exosomes. The content of ROS was decreased in carotid arteries after administration of S-ADSC-Exo. However, the same result occurred in the ADSC-Exo group, there may be some other active biomolecules within the exosomes played the alike role of STC-1, which needs to be further studied.

To elucidate the potential reendothelialization effect of S-ADSC-Exo on post-injury carotid endarterium, possibilities for the related proteins were explored. STC-1 is indicated to be an endogenous regulator of ROS [40], and ROS is the key signal to activate NLRP3 inflammasome [41]. ROS is a major mediator of the inflammation follows mechanical injury of endovascular treatment. Mechanical injury triggers an overproduction of ROS, which leads to complex change of intracellular protein expressions and results in cell apoptosis and pyroptosis [42]. ROS was reported to activate NLRP3 inflammasome by promoting the link of Thioredoxin-interacting protein (TXNIP) and NLRP3 [43]. The expressions of NLRP3, Caspase-1, and IL-1 $\beta$  were detected to be activated in MAECs and in carotid arteries, indicating that the expressions of NLRP3 inflammasome were in consistent with the content of ROS and ROS was involved in the activation of NLRP3 inflammasome. Another important finding in this study was that STC-1 was transferred into carotid arteries by STC-1-enriched ADSC-exosomes, and the expressions of NLRP3 inflammasome were decreased as evidenced by immunofluorescence staining. In the meanwhile, the negative remodeling of arterial wall and the survival of endothelial cells were promoted. Therefore, it is plausible that STC-1 is mediator of NLRP3 inflammasome by which STC-1 enriched ADSC-exosomes attenuated the oxidative stress after mechanical injury of carotid artery and mediated reendothelialization

effects on post-injury carotid endarterium compared with ADSC-derived exosomes.

## Conclusions

Our data suggest that STC-1 promotes reendothelialization against mechanical injury to carotid endarterium by suppressing the activation of NLRP3 inflammasome. Treatment with STC-1 enriched exosomes has a robust reendothelialization effect on post-injury carotid endarterium. We speculate that STC-1 enriched exosomes would become a new therapeutic target for preventing and treating restenosis after endovascular treatment.

**Supplementary Information** The online version contains supplementary material available at <https://doi.org/10.1007/s12015-021-10180-4>.

**Author Contribution** K L, HH S, and ZY P contributed equally to this work. XY W, WM L, and XW L contributed equally to this work. K L, HH S, and ZY P contributed to experimental operation, data collection and analysis, manuscript writing. XY W and XW L contributed to model development, code development, and editing the manuscript. WM L contributed to manuscript proofreading.

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**Data Availability** The data that support the findings of this study are available on reasonable request from the corresponding author.

## Declarations

**Ethical Approval** The animal protocol was approved by the Ethics Review Committee of Animal Experimentation of Shanghai Jiao Tong University School of Medicine (Shanghai, People's Republic of China).

**Consent to Participate** Not applicable.

**Consent to Publish** Not applicable.

**Conflict of Interest** The authors declare no conflicts of interest.

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