Therapeutic Effects of Human Umbilical Cord Blood-Derived Mesenchymal Stem Cells Combined with Cartilage Acellular Matrix Mediated Via Bone Morphogenic Protein 6 in a Rabbit Model of Articular Cruciate Ligament Transection



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Published online: 28 February 2020 © Springer Science+Business Media, LLC, part of Springer Nature 2020

Abstract

Osteoarthritis (OA) is a general joint disease. Cartilage damage is associated with a decrease in the density of chondrocytes. Mesenchymal stem cells (MSCs) differentiate into adipocytes, osteocytes and chondrocytes, and are an excellent source of cell therapy. Cartilage-derived extracellular matrix (ECM) promotes chondrogenesis of MSCs. However, the role of MSCs stimulated by ECM is not well known in OA. The purpose of this study is to determine the role of specific factors generated by the application of ECM and umbilical cord blood-derived mesenchymal stem cells (UCB-MSCs) in managing OA symptoms. Cartilage acellular matrix (CAM), which is a cartilage-derived ECM, was used to promote the chondrogenesis of UCB-MSCs. Induced MSCs were analyzed using chondrogenic markers (aggrecan, collagen type 2, and SOX9) and bone morphogenic protein 6 (BMP6). BMP6 is known to be involved in early chondrogenesis of MSCs. Treatment with recombinant human BMP6 also dramatically increased the levels of chondrogenic markers in UCB-MSCs. In addition, UCB-MSCs and CAM were used to evaluate OA symptom improvement in a rabbit articular cruciate ligament transection (ACLT) model. Application of UCB-MSCs and CAM enhanced not only the structure and synthesis of proteoglycan and collagen type 2 but also anti-inflammatory effects in both rabbit joint and synovial fluid. Moreover, the detection of human cells and involvement of

Electronic supplementary material The online version of this article (https://doi.org/10.1007/s12015-020-09958-9) contains supplementary material, which is available to authorized users.

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BMP6 were confirmed in rabbit cartilage tissues. This study indicates that therapeutic potential of UCB-MSCs with CAM is mediated via BMP6 in OA.

Keywords Osteoarthritis · UCB-MSC · Chondrogenesis · BMP6 · Cartilage regeneration · Cartilage acellular matrix

Introduction

Osteoarthritis (OA) is the most common joint disease characterized by degenerative changes in the cartilage. It is one of the major causes of limited activity in the elderly [1, 2]. OA is also caused by a decrease in chondrocyte density with a concomitant increase in enzymes (collagenase, aggrecanase, etc.) that degrade extracellular matrix (ECM) [3, 4]. In chondrocytes that are completely differentiated, ECM production gradually diminishes due to apoptosis, making it difficult to maintain normal cartilage structure. In OA, chondrocytes exhibit hypertrophy and decreased production of ECM proteins such as type 2 collagen (COL2) and aggrecan (AGG) [5-7]. Damaged cartilage generally has limited self-healing capacity. Systemic administration of non-steroidal anti-inflammatory drugs (NSAIDs), corticosteroids, and analgesics or intraarticular injection of hyaluronic acid (HA) have been used to prevent cartilage damage and relieve pain induced by such damage [8]. However, pharmacological therapies are unable to regenerate cartilage. Recently, stem cell therapy for protection and regeneration of cartilage has attracted significant attention [9].

Mesenchymal stem cells (MSCs) are found in various tissues, including fat [10], bone marrow [11], the umbilical cord [12], and placental tissue [13]. They are capable of differentiating into mesodermal lineage cells. Human umbilical cord blood-derived mesenchymal stem cells (UCB-MSCs) are an excellent cellular resource for the treatment of various disorders including OA [14-18]. Moreover, UCB-MSCs are associated with several advantages, including noninvasive collection, immunoregulation, and differentiation [19, 20]. Several studies have demonstrated the role of UCB-MSCs in promoting regeneration of damaged cartilage [21, 22]. In addition, MSC injections with platelet-rich plasma (PRP) or HA for the treatment of OA have been reported in many studies [23–27]. Of particular relevance for OA, extracellular matrix (ECM) derived from cartilage extract promotes chondrogenic differentiation of MSCs. Treatment with MSCs combined with cartilage extract derived ECM, regenerated cartilage damage in a rabbit articular cartilage defect (ACD) model [28].

Cartilage-derived ECM also known as cartilage acellular matrix (CAM) is complex and similar to that of natural cartilage [29]. It facilitates the regeneration of mature cartilage. The components of CAM are similar to cartilage based on collagen and proteoglycan content measurements [30]. In addition, tissue-derived ECM is biodegradable, and therefore, of interest in tissue engineering studies [31].

Bone morphogenetic proteins (BMPs) are a subfamily of the TGF β superfamily. They are important factors during early mammalian development. They also participate in the induction of bone and cartilage formation [32, 33]. BMP6 enhances chondrogenesis of MSCs [34–37]. However, the mechanism of cartilage regeneration by MSCs is currently unknown.

We hypothesized that treatment with UCB-MSCs combined with CAM would regenerate cartilage. Thus, the purpose of this study is to determine the relevant factors via application of ECM and UCB-MSCs in the management of OA symptoms. Our results showed that CAM promoted chondrogenesis of UCB-MSCs. In addition, CAM-treated UCB-MSCs had a paracrine effect in promoting chondrogenesis of other naïve UCB-MSCs. UCB-MSCs differentiated with CAM also increased the levels of BMP6 mRNA expression. Moreover, chondrogenesis was confirmed using recombinant BMP6 protein in UCB-MSCs based on therapeutic effects in rabbit articular cruciate ligament transection (ACLT) models. Our findings suggest that combining UCB-MSCs with CAM may have a therapeutic effect via BMP6 signaling in OA. Such a combination might be therapeutically effective in OA patients.

Materials and Methods

Isolation, Culture, and Characterization of UCB-MSC

UCB-MSCs (passage 4–6, Kangstem Biotech, Seoul, Korea) were cultured in KSB-3 medium (Kangstem Biotech) supplemented with 10% fetal bovine serum (FBS, Gibco, Gaithersburg, MD, USA) and 1% GA-1000 (Lonza, Basel, Switzerland) at 37 °C with 5% CO₂. Isolation, culture, and characterization of UCB-MSCs were performed according to published procedures [38].

Cytotoxicity Evaluation of CAM

Cartilage acellular matrix (CAM, Atems, Suwon, Korea, http://www.atems.co.kr/index_en.html) was isolated from porcine joint cartilage. CAM was prepared and verified as described previously [39]. After seeding UCB-MSCs into 24-well plates at a density of 3×10^4 cells/well, cells were treated with various concentrations (5, 10, and 20 mg/mL) of CAM for 3 days. These cells were treated with a Cell Counting Kit-8 (CCK-8, Dojindo, Tokyo, Japan) reagent for 1 h. Absorbance of incubated medium was measured at a wavelength of 450 nm to evaluate cytotoxicity.

Induction of Chondrogenic Differentiation of hUCB-MSCs

Following the attachment of UCB-MSCs (5×10^5 cells/ 5 µl) for 2 h, the chondrogenic differentiation medium (StemPro Chondrogenesis Differentiation Kit, Thermo Fisher, San Jose, CA, USA), CAM (5, 10, and 20 mg/mL) or recombinant human bone morphogenetic protein 6 (rhBMP6, 500 ng/mL, R&D System, Minneapolis, MN, USA) was added for 7 days. Cells undergoing chondrogenic induction were fixed with 4% paraformaldehyde and stained with 1% Alcian blue for 20 min.

Real-Time Polymerase Chain Reaction (RT-PCR) Analysis of Gene Expression

RNA was extracted with TRIzol® (Invitrogen, Carlsbad, CA, USA) solution and cDNA was synthesized using AccuPower RT PreMix (Bioneer, Daejeon, Korea). RT-PCR was performed with the synthesized cDNA sample as a template using PowerUpTM SYBR® Green Master Mix (Thermo Fisher, San Jose, CA, USA). Corresponding primers are shown in Table 1. The expression of target genes was normalized with RPL13a.

Co-Culture of Chondrogenic Induced UCB-MSCs by CAM with Undifferentiated UCB-MSCs

UCB-MSCs (5×10^5 cells/ 5 µl) with CAM were induced by chondrogenic medium for 7 days. After washing with PBS, cells were co-cultured in a transwell (Transwell® with 0.4 µm Pore Polycarbonate Membrane Insert, Corning, NY, USA) with undifferentiated UCB-MSCs (5×10^5 cells/5 µl) in chondrogenic medium (StemPro Chondrogenesis Differentiation Kit, Thermo Fisher, San Jose, CA, USA) for 7 days.

BMP6 Elisa

UCB-MSCs were cultured with or without CAM in 60 mm culture dishes (Thermo Fisher, San Jose, CA, USA) for 7 days. These cells were then cultured in serum-free DMEM for 3 days. Cells were then lysed with RIPA buffer. Cell culture supernatant was collected after centrifugation at 1500 rpm for 5 min. The expression of BMP6 in cell lysate or supernatant was quantified using a human BMP6 ELISA kit (R&D System, Minneapolis, MN, USA) according to the manufacturer's protocol.

Experimental Animals

This experiment was approved by the Institutional Animal Care and Use Committee (IACUC) of Chungbuk National University Laboratory Animal Research Center and performed in accordance with the Standard Operation Procedures (SOP) of the same facility. Ten-week-old male New Zealand white (NZW) rabbits (Daehanbiolink, Eumseong, Korea) were raised until more than 12 weeks of age (marked by cessation of growth of the growth plate) until they weighed 2.8~3.2 kg, an appropriate weight for surgery. Rabbits were individually housed in rabbit cages starting from the time of receipt until the time of autopsy. The environment of the animal laboratory was controlled at a temperature of 23 ± 2 °C, a relative humidity of $55 \pm 10\%$, a ventilation frequency of 12 times/h, lighting cycle of 12 h, and illumination of 150-300 Lux. LabDiet #5325, a pellet-type solid food (Orient Bio, Seongnam, Korea) was used as a rabbit feed. Sterile distilled water was provided without any restriction.

Establishment of Anterior Cruciate Ligament Transection (ACLT) Model

Rabbits were intramuscularly injected with Zoletil® 50 (15 mg/kg, Virbac Laboratories) and Rompum® (5 mg/kg, Bayer) to induce general anesthesia. After removing hair

Gene	Accession Number	Primer Sequence $(5' \rightarrow 3')$	Anneal (°C)
Aggrecan	BC150624	CTGCATTCCACGAAGCTAACCT GACGCCTCGCCTTCTTGAA	60
Collagen type 2 alpha 1	NM_001844	CTACTGGATTGACCCCAACCAA TCCATGTTGCAGAAAACCTTCA	60
SOX 9	NM_000346	GACTTCTGAACGAGAGCGAGA CCGTTCTTCACCGACTTCCTC	60
Collagen type 1	NM_000088	CAGGAAGGGCCACGACAAA CTGCGGCACAAGGGATTG	60
RPL 13a	BC070223	CTATGACCAATAGGAAGAGCAACC GCAGAGTATATGACCAGGTGGAA	60
BMP 6	NM_001718	GCTATGCTGCCAATTACTGTGATG TGCATTCATGTGTGCGTTGA	60

Table 1Polymerase ChainReaction Primer Pairs

around the right knee, the skin was disinfected with povidoneiodine and 70% ethanol. The site for surgery was aseptically treated to initiate the procedure. After cutting the medial skin of the knee joint, fascia, and joint capsule, the anterior cruciate ligament (ACL) was exposed by moving the knee bone outward. After completely cutting medial parenchyma of the ACL and the meniscus ligament with a surgical blade, the joint capsule was closed. The subcutaneous tissue and skin were sutured and disinfected with povidone-iodine. Antibiotic Foxolin® (10 mg/kg, Samjin Pharmaceuticals, Hwasung, Korea) and analgesic Maritrol® (3 mg/kg, Jeil Pharmaceuticals) were intramuscularly administered once daily for 3 days after surgery. Foxolin® was administered once daily for an additional 3 days.

UCB-MSCs and CAM Transplantation into Cartilage Disease Models

Rabbits with ACLT were randomly distributed into five groups: normal (n = 3), ACLT (n = 5), CAM alone (n = 5), and UCB-MSCs with or without CAM (each group, n = 5). UCB-MSCs (2.5×10^6 cells) and/or CAM (20 mg/mL) in each group were suspended in 200 µl of saline, and transplanted intra-articularly using 26G 1/2 syringes (Kovax-syringe, Seoul, Korea) at 8 weeks after the ACLT surgery (Fig. 1).

Radiological and Behavioral Tests in ACLT Model

At 8 weeks after ACLT, the right knee joint was corrected in the cranio-caudal (Cr / Cd) view and radiographs were taken with a portable X-ray instrument (Genoray Seongnam, Korea). Results were scored with a modified Kellgren-Lawrence score system (KL grade). Animals were allowed to walk freely in a wide animal room. Behavioral tests for induced arthritis were then conducted and used to separate groups based on KL grade. In addition, radiological and behavioral tests were performed at 3, 5 and 7 weeks after transplantation to evaluate the degree of arthritis progression (Table S1, Fig. 1).

Visual and Histopathological Evaluation of OA in Rabbit ACLT Models

Rabbits were sacrificed at 8 weeks after transplantation in ACLT. The supracondylar portion of the femur including arthritis-induced site was then collected. Photographs of femoral condyle and tibial plateau of knee joints were taken with a digital camera. Erosion of the joint surface, changes in surface, osteophyte, and enlargement of the femoral condyle were evaluated as shown in Table S2.

Sliced tissues were stained with H&E to determine the structural changes in the cartilage regeneration site. After Safranin O staining, the proteoglycan content was analyzed as an index of chondrocyte differentiation and proliferation using Image J 4.8v (NIH). In addition, ALP staining and TRAP staining were performed to determine the activities of osteoblasts and osteoclasts, respectively. Total histopathological analysis was calculated according to Table S3.

Synovial Fluid Collection and Analysis in the ACLT Model

Rabbits undergoing general anesthesia were injected intraarticularly with saline. After pumping twice with saline, joint fluid was collected. Collected fluid was treated with collagenase (400 µg/mL) and hyaluronidase (40 U/mL) at 37 °C for 10 min. The levels of inflammatory cytokines (TNF- α , IL-1 β , IL-6, and IL-8) were analyzed with ELISA (TNF- α and IL-1 β , R&D System, Minneapolis, MN, USA) (IL-6, IL-8, RayBiotech, Norcross, GA, USA) according to each manufacturer's protocol.

Immunofluorescence

Tissue sections were deparaffinized and treated with antigen retrieval buffer (Dako, Glostrup, Denmark). They were then permeabilized and blocked with Triton X-100 and bovine serum albumin (BSA) in phosphate-buffered saline (PBS) followed by staining with human nuclei (Millipore, Temecula, CA, USA) and collagen type 2 (Thermo Fisher, San Jose, CA, USA). These sections were washed with PBS and then incubated with goat anti-mouse alexa 594 and 488 (Invitrogen, Carlsbad, CA, USA). Samples were counterstained with Hoechst (Invitrogen, Carlsbad, CA, USA) for nuclear staining.

Statistical Analysis

Results are expressed as mean \pm SEM (standard error of the mean). Statistical significance between the means of different groups was determined using Student's t test for two groups or one-way ANOVA with Tukey's multiple comparison test for multiple groups. A value of p < 0.05 (*), p < 0.01 (**) and p < 0.001(***) was considered statistically significant. GraphPad Prism software (GraphPad Prism software Inc., San Diego, CA, USA) was used for all statistical analyses.

Results

CAM Promotes Chondrogenesisin UCB-MSCs

Micromass culture was used to induce chondrogenesis of UCB-MSCs. Pellet formation is one of the critical morphological changes detected during chondrogenesis of stem cells



Fig. 1 Schematic illustration of the UCB-MSCs and CAM transplantation in the ACLT model

[40]. We treated with various concentrations of CAM (5, 10, and 20 mg/mL) to confirm chondrogenesis of UCB-MSCs for 7 days. None of the CAM concentrations showed any cyto-toxicity (Fig. 2D). A pellet of UCB-MSCs was obtained with CAM treatment at each concentration (Fig. 2A). However, the mRNA expression of chondrogenic markers (aggrecan, type 2 collagen, and SOX9) was significantly increased by treatment with 20 mg/mL CAM (Fig. 2B) and type 1 collagen was used as a negative control. In addition, the synthesis of proteogly-can and type 2 collagen (COL2) was confirmed with Alcian blue staining (Fig. 2C) and immunostaining (Fig. 2E). Treatment with 20 mg/mL CAM increased the synthesis of proteoglycan (AGG) and COL2 (Fig. 2E). These data demonstrate that CAM promoted chondrogenic induction of UCB-MSCs.

Chondrogenesis of UCB-MSCs Induced by CAM Is Associated with BMP6 Expression

Co-culture was performed to determine whether CAMtreated UCB-MSCs promoted chondrogenesis of other naïve UCB-MSCs via paracrine effects (Fig. 3A). UCB-MSCs were induced for 7 days with CAM. They were cocultured with naïve UCB-MSCs using the transwell system for 7 days. As a result, co-culture with CAMtreated UCB-MSCs promoted pellet formation (Fig. 3B) and significantly increased the mRNA expression of AGG and COL2 in other naïve UCB-MSCs (Fig. 3C). Previous studies demonstrated that BMP6 accelerates chondrogenesis and mineralization in MSCs [34, 35]. CAM treatment significantly increased not only the mRNA and protein expression of BMP6 but also the secretion of BMP6 in UCB-MSCs (Fig. 3D). In addition, recombinant human BMP6 (rhBMP6) was used to treat UCB-MSCs in 500 ng/mL of induction media for 7 days. Treatment with rhBMP6 dramatically increased mRNA expression of AGG and COL2 (Fig. 3E) and also increased proteoglycan synthesis (Fig. 3F). These data indicate that CAM is associated with chondrogenesis mediated via BMP6 expression and secretion in UCB-MSCs.

Radiological, Behavioral and Visual Evaluation in a Rabbit ACLT Model

We first confirmed the appropriate dose of UCB-MSCs in the rabbit ACD model (Fig. S1A). Four weeks after ACD, transplantation with UCB-MSCs (2.5×10^6 cells) improved the gross findings in damaged tissue (Fig. S1B).



Fig. 2 CAM stimulates chondrogenesis of UCB-MSCs. (A) Morphological changes, (B) mRNA expression of chondrogenic markers (positive: aggrecan; AGG, type 2 collagen; COL2, SOX9, negative: type 1 collagen (COL1), (C) Proteoglycan synthesis (Alcian blue staining),

(D) cytotoxicity of CAM and (E) CAM altered the expression of chondrogenic marker proteins in UCB-MSCs. Results represent means \pm SEM, * p < 0.05, ** p < 0.01, *** p < 0.001. Scale bars: 500 µm in (A), 200 µm in (C, E)



Fig. 3 Paracrine effect of CAM-treated UCB-MSCs promotes the chondrogenesis of other naïve UCB-MSCs via BMP6 expression. Chondrogenic induction was performed for 7 days (A) Paracrine effect induced by CAM. (B) Morphological changes and (C) mRNA expression analysis of chondrogenic markers. (D) Intracellular expression and secretion of BMP6 induced by CAM. (E) Changes in mRNA expression of

chondrogenic markers induced by recombinant human BMP6 (rhBMP6). (F) Proteoglycan synthesis (Alcian blue staining) induced by rhBMP6 in UCB-MSCs. Results represent means \pm SEM. * p < 0.05, ** p < 0.01, *** p < 0.001. Scale bars: 500 µm in (B), 1 mm (upper panel of F), 200 µm (lower panel of F).

Based on the findings, UCB-MSCs $(2.5 \times 10^6 \text{ cells})$ along with CAM (20 mg/mL) were transplanted into intraarticular regions of a rabbit model of ACLT. The efficacy was evaluated via X-ray and behavioral analysis at 3, 5, and 7 weeks after transplantation (Fig. 4A,B). While the radiological and behavioral symptoms of OA worsened over time in the control group, no statistically significant reduction in OA symptoms was detected in all the transplantation groups. However, the group transplanted with UCB-MSCs and CAM exhibited a significant improvement in symptoms at 7 weeks (Fig. 4B). Animals were sacrificed to evaluate the damage at 8 weeks in ACLT. The cartilage tissues were visually evaluated and quantified (Fig. 4C). As a result, severe damage involving the femoral condyle, erosion, and osteophytes were found in the control group. CAM alone also triggered a damage similar to that in the ACLT group. Compared with the results of the ACLT group, a significant improvement in OA symptoms was observed in the group transplanted with UCB-MSCs combined with CAM (Fig. 4C, D).

Histopathological Evaluation of Rabbit OA Models

Histopathological analysis was performed to evaluate structural intactness, proteoglycans, osteoblasts, and osteoclast activity using H&E, Safranin O, ALP, and TRAP staining protocols. UCB-MSCs and CAM improved the histological findings associated with structure, proteoglycans, and osteoclast activity (Fig. 5A). Osteoblast activity is known to play an important role in bone regeneration. Results showed that osteoblasts were scattered in the rabbit joint tissue. However, their numbers were too few to evaluate osteoarthritis induction or efficacy (Fig. 5A). Synthesis of COL2, a component of cartilage, was significantly increased via transplantation of UCB-MSCs with or without CAM (Fig. 5B and C). Based on these histopathologic findings, the combination of UCB-MSCs and CAM significantly attenuated the histological damage (Fig. 5D).

Synovial Fluid Analysis in Rabbit OA Model

To analyze the role of cytokines as inflammatory mediators in OA progression, synovial fluid was collected at 5 and 8 weeks in the ACLT model. Inflammatory cytokines (tumor-necrosis factor- α ; TNF- α , interleukin-1 β ; IL-1 β , IL-6, IL-8) were then measured. Compared with ACLT, CAM transplantation alone significantly decreased TNF- α , IL-1 β and IL-8 at 5 weeks and IL-1 β and IL-8 at 8 weeks. In addition, transplantation of UCB-MSCs with or without) CAM also significantly decreased the expression of TNF- α , IL-1 β , IL-6 and IL-8 at 5 and 8 weeks (except IL-6 in UCB-MSCs combined with CAM at 8 weeks) (Fig. 6). These data showed that the transplantation of UCB-MSCs with CAM resulted in an anti-inflammatory effect in the synovial fluid of the ACLT model.

Human Cell Tracking and BMP6 Association in Rabbit ACLT Model

To confirm the detection of transplanted human UCB-MSCs, immunostaining was performed using a human-specific antinuclei (HuNu) antibody. The HuNu antibody did not exhibit cross-reactivity with the rabbit adipose-derived stromal cells (Fig. S2). Studies have investigated the tracking of human MSCs for 8 weeks in a rabbit ACD model [22, 28]. UCB-MSCs might be detected during transplantation of UCB-MSCs alone. However, we confirmed that HuNu-positive cells were only present in the cartilage tissues transplanted with UCB-MSCs and CAM at 8 weeks after transplantation (Fig. 7A). In addition, UCB-MSCs present in cartilage tissue were found in the lacuna and the expression of COL2 was similar to that in rabbit chondrocytes (Fig. 7B). To investigate whether BMP6 affected cartilage tissue regeneration in the ACLT model, the levels of BMP6 and COL2 expression were compared between the control group and the group treated with a combination of UCB-MSC and CAM. The expression of BMP6 was correlated with that of COL2 in the group exposed to both UCB-MSCs and CAM (Fig. 7C). Higher expression of BMP6 and COL2 was found in the group exposed to UCB-MSCs and CAM, which indicated that cartilage regeneration was accelerated by the combination therapy. These data suggest that co-transplantation with UCB-MSCs and CAM affected cartilage regeneration via BMP6 expression in the rabbit ACLT model.

Discussion

Our study demonstrates that UCB-MSCs and CAM exhibit the potential to regenerate cartilage resulting in a healing effect both in vitro and in vivo. Such effect was partly mediated via BMP6 signaling pathway (Fig. 8). Components of CAM are similar to those of natural cartilage, which consists of ECM [30, 41]. ECM components are known to facilitate constructive remodeling in various tissues [42]. Studies have shown that cartilage extracts affect chondrogenic differentiation of MSCs [43, 44]. The findings showed that CAM promoted chondrogenic effects in UCB-MSCs. MSCs exhibit paracrine effects in the microenvironment by secreting multiple molecules [45]. A previous study demonstrated that coculture with chondrocytes induced chondrognesis of MSCs [46]. UCB-MSCs differentiating into chondrocyte-like cells by CAM also exhibit a paracrine effect to induce chondrogenesis of other naïve UCB-MSCs. However, this mechanism is



Fig. 4 Transplantation of UCB-MSCs along with CAM alleviated OA symptoms in rabbit ACLT model. (A) Radiological analysis (white-arrowhead, narrowed joint space; yellow-arrowhead, sharpening of tibial spine; red-arrowhead, osteophyte; green-arrowhead, deformity of medial

tibia). (B) Change in radiological and behavioral scores. (C) Visual evaluation in ACLT model (yellow-arrowhead, erosion; red-arrowhead, osteophyte). (D) Gross findings of each group were analyzed. The results represent the means \pm SEM, * p < 0.05.



Fig. 5 Transplantation of UCB-MSCs along with CAM improved the histology of cartilage regeneration in the damaged joints of the ACLT model. (A, C) Tissue regeneration was analyzed with H&E, safranin O, ALP, and TRAP staining. (B, D) Expression of type 2 collagen through

immuno-staining at 8 weeks after transplantation. Density of collagen type II was quantified using Image J 4.8v (NIH). Results represent means \pm SEM, * p < 0.05, ** p < 0.01, *** p < 0.001. Scale bars: 200 µm in (A), 100 µm in (B)





Fig. 6 Transplantation of UCB-MSCs combined with CAM decreased cytokine levels in synovial fluid. Inflammatory cytokines were measured at 5 and 8 weeks. Results represent means \pm SEM, * p < 0.05, ** p < 0.01,

*** p<0.001 versus ACLT group. § p<0.05, §§ p<0.01, §§§<0.001 versus Normal group



Fig. 7 Representative fluorescence images confirm human cells, COL2, and BMP6 at 8 weeks after transplantation. Scale bars: 100 µm in (A, B, and C), 50 µm in the magnification panel (B and C)

currently unknown. The chondrogenesis of MSCs is mediated by many factors such as TGF β [47] and BMPs [48]. In some studies, BMP6 promoted chondrogenesis of MSCs [34–37]. CAM increased mRNA expression of *BMP6* in UCB-MSCs. Intracellular BMP6 expression and secretion were also significantly increased by CAM. This study also demonstrated that the effect of BMP6 was similar to that of CAM in inducing chondrogenesis of UCB-MSCs.

Based on in vivo results, the transplantation of UCB-MSCs combined with CAM showed a therapeutic effect in the rabbit ACLT model. Surgically induced OA models have been reported in previous studies. The ACD model is widely used to



Fig. 8 Proposed therapeutic model illustrating the role of UCB-MSCs combined with cartilage extracts in OA disease

investigate cartilage regeneration [49]. In addition, the ACLT model is a commonly used surgical model to induce OA [50]. We used two rabbit OA models. The rabbit ACD model was established in a preliminary study to determine the transplantation dose of UCB-MSCs. The dosage of UCB-MSCs in rabbit ACLT was determined based on the data obtained with the rabbit ACD model. As a result, transplantation of UCB-MSCs with CAM significantly improved the behavioral, radiological, and microscopic symptoms of OA in the rabbit ACLT model. It also significantly enhanced the structure and synthesis of proteoglycans and COL2 but decreased osteoclast activity. Co- (mono-) transplantation of UCB-MSCs and CAM also significantly decreased the levels of inflammatory cytokines at weeks 5 and 8 after transplantation. MSCs secrete multiple factors to reduce joint inflammation [51, 52]. A previous study demonstrated that porcine-derived ECM product contains microvesicles and exosomes [53]. Microvesicles derived from MSC promote the secretion of anti-inflammatory cytokines and modulate M1/M2 macrophage phenotype [54, 55]. The CAM used in this study consists of ECM that is similar to natural cartilage [30]. The study findings showed that the transplantation of UCB-MSCs or CAM alone results in anti-inflammatory effects. UCB-MSCs

were detected after transplantation with CAM, which may be associated with sustained modulation of joint inflammation. However, we found no synergistic anti-inflammatory effect with the combination of UCB-MSCs and CAM since their suppression level was similar to that of the normal-control group. Therefore, further study is needed to determine their synergistic effect on immunosuppression in the synovial joints of OA patients.

This study demonstrates that UCB-MSCs combined with CAM represent potential therapeutic agents for structural improvement and anti-inflammatory effect in OA. Such effect might be associated with BMP6 expression as well as promotion of chondrogenesis [34, 35] in MSCs and maturation of chondrocytes [56]. Here, we found that the expression of BMP6 and COL2 was increased in the regenerated cartilage tissue after transplantation of UCB-MSCs along with CAM. However, the mechanism underlying the effect of BMP6 on cartilage regeneration or chondrogenesis of MSCs and chondrocyte is completely unknown. Further investigations are needed to determine the mechanism responsible for the effect of BMP6 on chondrogenesis in association with CAM components. In summary, the results of the present study indicate that cartilage-derived ECM materials increase the therapeutic potential of UCB-MSCs via BMP6 expression, suggesting that UCB-MSCs combined with CAM are potential therapeutic agents in OA.

Acknowlegements We thank Seung-Hoon Choe (Kangstem Biotech) for technical assistance.

Authors' Contributions Conception and design of the study, KWS, YBK, KSK; acquisition of data, HJJ, KAY, ESA, TWK, YBS; analysis and interpretation of data, HJJ, SHL, EKC, JCA; drafting the manuscript, HJJ, JCA; All authors read and approved the final manuscript.

Compliance with Ethical Standards

Conflict of Interest The authors declare that they have no conflict of interest.

Funding This study received no specific grant from any funding agency in the public, commercial or not-for-profit sectors.

Ethical Approval This experiment was approved by the Institutional Animal Care and Use Committee (IACUC) of Chungbuk National University Laboratory Animal Research Center and performed in accordance with the Standard Operation Procedures (SOP) of the same facility.

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