

# Studies on Antioxidant Capacity in Selenium-Deprived the Choko Yak in the Shouqu Prairie

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## Abstract

The fencing device on pasture has seriously restricted the foraging range in grazing animals. As a result, the incidence of selenium (Se) deficiency is rising in grazing Choko yaks in the Shouqu prairie in Northwest China. To study the effect of Se deprivation on antioxidant capacity in the Choko yaks, the mineral contents in soil, forage, blood, and liver have been analyzed. The parameters of physiology and biochemistry in animal were also measured. The tested results showed that Se contents in soil and forage from tested pastures were very greatly lower than those in the control ranges  $(P < 0.01)$ , and there were no extreme differences in other elements. Se contents in blood and the liver in tested animals were very extremely lower than those in the control yaks ( $P < 0.01$ ). Levels of hemoglobin (Hb), erythrocyte (RBC), and hematocrit (HCT) were very extremely less than those in the control group  $(P < 0.01)$ . Activities of glutathione peroxidase (GSH-Px), superoxide dismutase (SOD), catalase (CAT), and total antioxidant capacity (T-AOC) in blood from the tested yaks were very much lower than those in the control animals ( $P < 0.01$ ). Contents of malondialdehyde (MDA) in tested yaks were extremely higher than those in the control animals ( $P < 0.01$ ). Therefore, it is suggested that Se-deficient forage in natural habitat not only influenced mineral contents in the blood and the liver but also causes serious harm to antioxidant function in the Choko yaks.

Keywords Choko yaks · Selenium nutrition · Antioxidant capacity · Shouqu prairie · Qinghai-Tibet Plateau

# Introduction

The Qinghai-Tibet Plateau is the most unique alpine meadow ecosystem of the highest altitude and the largest area in all over the world [[1\]](#page-4-0). It is also the largest pasture land in China [\[1](#page-4-0)]. The Shouqu prairie is located in the first bend of the Yellow River in the eastern region of the Qinghai-Tibet Plateau, Northwest China [\[2](#page-4-0)]. It is the most beautiful natural ranch with the highest primary productivity in Asia [\[3](#page-4-0)]. The

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famous Hequ horse, Oula sheep, and Choko yak are born and bred in there [\[2](#page-4-0)–[4\]](#page-4-0).

The Choko yaks were vital to the production system in alpine grassland ecosystem in the Shouqu prairie in the eastern region of the Qinghai-Tibetan Plateau. The animals not only provide meat, wool, milk, and hides for local people but are also an indispensable means of transport in the Qinghai-Tibet Plateau [\[5](#page-4-0)]. In recent years, to improve the nomadic lifestyle and productivity in local herdsmen, the projects of settlement for herdsmen were implemented [\[6\]](#page-4-0). Pasture and livestock were distributed and contracted to individual families. More and more ranches have been fenced. The fencing devices on pasture have strictly restricted the foraging range and seriously interfere with nomadic behavior in grazing Choko yaks [\[7](#page-4-0), [8\]](#page-4-0). All animals need graze on the same pasture throughout the year. As a result, selenium (Se) deficiency is rising in the Choko yak in the Shouqu prairie in the eastern region of the Qinghai-Tibet Plateau of China [[5,](#page-4-0) [9](#page-4-0)]. Se element is an essential mineral nutrition in humans and animals. It occurs in selenoproteins, which is involved in antioxidant capacity, endocrine function, and immune modulation [[10](#page-4-0), [11\]](#page-4-0). It is a key element in the enzyme, glutathione peroxidase (GSH-Px), which can reduce lipoperoxides and hydrogen peroxide by catalyzing reduced glutathione (GSH) to oxidized glutathione (GSSG), thereby protecting the organism against oxidative damage [\[10](#page-4-0)–[12\]](#page-4-0). Many researchers have reported Se deficiency in animals. Li et al. (2018) found that the Se contents in the blood, liver, and hair from Se-deprived Tibetan sheep were extremely lower than the reference levels in healthy sheep (P < 0.01) [[13\]](#page-4-0). Huo et al. (2020) reported a pathema related to the Se-deficient pasture in yaks in the Hudong area in the Qinghai-Tibet Plateau, and more and more animals died in abortion or sudden death in Shouqu prairie, all of which were related to Se deprivation in pasture [[14](#page-4-0)]. However, to date, no research has investigated the effects of Se-deprived pastures on antioxidant capacity in the Choko yaks.

The purpose of this research is to explore the relationships between Se-deficient pastures and blood parameter (mineral content, physiological index, biochemical indicator) and study the effects of Se-deprived pastures on antioxidant capacity in the Choko yaks.

# Materials and Methods

The tested pasture is located in the Shouqu prairie in the Qinghai-Tibet Plateau. The natural pasture is 145,000 km<sup>2</sup>. Geographical coordinates are 100°45′45″– 104°45′30″ E longitude and 33°06′30″–35°34′00″ N latitude. At an average elevation of 3100 m above sea level, the alpine meadows are the main vegetation types. The average annual total rainfall is 786 mm. Average temperature is 3.2 °C, and the lowest temperature recorded is − 40 °C. The tested and control pasture are located in this area with a wide range of temperatures between day and night, strong ultraviolet radiation, the frostfree period is short and the winter is long and cold [[9](#page-4-0)].

### Tested Design

Tested range is the Hequ farm in Maqu county, with a high incidence of Se-deficient signs in grazing Choko yaks, and the control range is the Azi animal husbandry experimental station in Maqu county, without Se-deficient signs in grazing Choko yaks.

Tested animals: Ten Choko yaks (1-year-old male yaks) with obvious Se-deficient signs were selected from the Hequ farm. Ten healthy Choko yaks (1-year-old male yaks) were selected from the Azi animal husbandry tested station as control group.

#### Sample Collection

On July 22, 2019, sixty soil samples were collected from each tested pasture and control pasture. Soil sample was collected in a quadrangle  $(1 \text{ m} \times 1 \text{ m})$ , with an interval of 200 m. Each sample was 500 g.

On July 25, 2019, sixty mixed forage samples were collected from the tested ranges and the control ranges, and each sample was 500 g. Distributions of the forage samples were the same as the soil samples.

On July 26, 2019, twenty blood samples (20 mL) were collected from jugular vein in the animals of tested and control group. Blood samples were kept cool at 4–8 °C and reached the Lanzhou University animal nutrition lab within 4 h for analysis.

On July 29, 2019, twenty liver samples (about 100 mg) were collected. Before sample collection, animal platelets and clotting time were measured, and the puncture points were located by ultrasound. On the day of surgery, 10 mg of vita-min K was injected [[15](#page-4-0)].

### Sample Preparation

Samples of soil and forage were dried at 25–30 °C in air, crushed and sifted through 0.155 mm screen. The sample (0.5 g) was put into a digestive tube, and 6 mL of nitric acid (HNO<sub>3</sub>) and 1 mL of hydrogen peroxide (H<sub>2</sub>O<sub>2</sub>) were added. The sample was shaken well and sat quietly for 10 min. The samples were dissolved according to a microwave digestion program and transferred into a 100 mL of volumetric flask. The solution was diluted to scale and then marked. Samples of blood and the liver were dried at 25–30 °C in air to a constant weight; sample was added to a mixture (5:2:5) of nitric acid  $(HNO<sub>3</sub>)$ , perchloric acid  $(HClO<sub>4</sub>)$ , hydrofluoric acid (HF), and dissolved in a microwave [\[15](#page-4-0), [16\]](#page-4-0).

## Sample Analysis

An atomic emission spectroscopy (HK9600, Huaketiancheng Co., Ltd, China) was used to measure the mineral contents of manganese (Mn), zinc (Zn), copper (Cu), molybdenum (Mo), Se, calcium (Ca), potassium(K), sodium (Na), and phosphorus(P) in soil, forage, blood, and the liver using inductively coupled plasma atomic emission spectroscopy (ICP-AES).

We have been used to analyzing the physiological parameters, including hemoglobin (Hb), white blood cell count (WBC), red blood cell count (RBC), and hematocrit value (HCT) by an automatic blood analyzer (Sysmex Poch-100i, Japan).

We have been used to analyzing the biochemical parameters, including alanine aminotransferase (ALT), albumin (ALB), alkaline phosphatase (AKP), lactate dehydrogenase (LDH), aminotransferase (AST), inorganic phosphorus (IP), glutathione peroxidase (GSH-Px), malondialdehyde (MDA), and total antioxidant capacity (T-AOC) using an automatic biochemical analyzer (Mindraybs-420, China). All assay kits were used according to their respective instructions and

purchased from Nanjing Jiancheng Bioengineering Institute (Nanjing, Jiangsu, China).

## Data Analysis

Tested data were analyzed by SPSS 23.0 for Windows and were expressed as mean  $\pm$  standard deviation (S).  $P < 0.01$ was considered a very extreme difference.

# **Results**

#### Mineral Element Content in Soil and Forage

The main grassland type was swamp meadow, with the content of organic matter up to 43.87% and pH 5.6–6.3. Contents of Se in soil and forage from the tested pastures are extremely lower than those from the control ranges ( $P < 0.01$ ), and there are no extreme difference in other mineral elements, as given in Table 1 for details.

Contents of Se in the blood and the liver from the Sedeficient Choko yaks are extremely lower than those in the healthy Choko yaks in control ( $P < 0.01$ ), and there are no extreme differences in other mineral elements, as given in Table [2](#page-3-0) for details.

## Physiological Parameters

Levels of Hb, HCT, MCV, and MCH were extremely lower than those in the control yaks  $(P < 0.01)$ , and there were no extreme differences in other physiological parameters. The above parameters indicate that the affected Choko yaks present with microcytic anemia, as given in Table [3](#page-3-0) for details.

## Biochemical Parameters

Levels of LDH, AST, and AKP are extremely higher than those in the control yaks ( $P < 0.01$ ), and there are no extreme

differences in other biochemical parameters, as given in Table [4](#page-3-0) for details.

### Antioxidant Capacities

The activities of GSH-Px, CAT, T-AOC, and SOD in the tested Choko yaks were very much lower than those in the control Choko yaks ( $P < 0.01$ ), and MDA contents were very extremely higher than those in the control group ( $P < 0.01$ ) (Table [5\)](#page-4-0).

# **Discussion**

Se contents in soil from the Hequ farm in the Shouqu prairie were very obviously lower than those in the healthy pasture. The swamp meadow was the main pasture type in the Shouqu prairie. The contents of organic matter in soil were  $43.87\%$  and  $pH = 5.6-6.3$ . Absorption and utilization of Se nutrient by plant will rapidly decrease in acidic soil which is rich in organic matter, and further very much aggravate the impact of Se deprivation on animals, which will inevitably cause Se deprivation in the grazing Choko yaks [[17](#page-4-0), [18](#page-4-0)]. During the long withering period, grazing Choko yaks obtain very little vitamin C, vitamin E, and carotene from the forage, and other nutrients are also very insufficient, extremely aggravating the symptoms of Se deprivation in the grazing Choko yaks [\[19](#page-4-0)–[21\]](#page-4-0).

The Se contents in blood and the liver were very much lower than those in the control yaks. The low contents of Se in blood and liver will extremely decrease the activity of GSH-Px. Se nutrients are a key component of GSH-Px; there are 4 g of Se/a gram of crystalline molecule [[22](#page-4-0), [23](#page-4-0)]. Peroxides are produced in the metabolism of organisms, and destroy the lipid membrane of cell and subcellular structures of the organism (mitochondria, centrosomes, and lysosomes), and cause rapidly cell degeneration and necrosis [\[24](#page-4-0)–[26](#page-4-0)].

Table 1 Contents of Mn, Zn, Cu, Mo, Se, and P in soil and forage Elements Tested ranges Control ranges Control ranges



\* Difference was very extreme when compared with control ( $P < 0.01$ )

<span id="page-3-0"></span>Table 2 Contents of Mn, Zn, Cu, Mo, Se, and P in blood and liver in Choko yaks



\* Difference was very extreme when compared with control Choko yaks ( $P < 0.01$ )

GSH-Px can catalyze the decomposition of peroxides and protects the cells and subcellular structures in animal organisms from peroxides [\[12](#page-4-0)]. When Se nutrient is deficient in organisms, the activity of GSH-Px will be very much reduced, and the peroxides generated in the life activities of the organisms will not be rapidly decomposed in time, resulting in very serious damage to the cell and subcellular structure of organisms, cell degeneration, and a series of severe pathological processes [[12](#page-4-0), [27,](#page-5-0) [28\]](#page-5-0).

The antioxidant system of animal organisms is the defense system of the organisms for rapidly scavenging free radicals in mainly comprising non-enzymatic and enzymatic systems. The non-enzymatic systems include mainly vitamin E, vitamin C, cysteine, glutathione (GSH), Cu, Mn, Mo, Zn, Fe, and Se. The enzymatic system consists of SOD, GSH-Px, CAT, and other antioxidant enzymes [\[29](#page-5-0)–[34\]](#page-5-0). The SOD is a kind of key metal enzyme which widely exists in aerobic organism (needs oxygen to metabolize) and plays a very key role in the oxidation and oxidation resistance of animal organism, and it is a key antioxidant too and can catalyze rapidly the superoxide anion  $(O^{2})$  to produce disproportionation reaction, remove superoxide anion, and protect

Table 3 Physiological parameters in the Choko yaks

Physiological parameters	Tested Choko yaks	Healthy Choko yaks
Hb(g/L)	$97.76 \pm 8.37$	$137.46 \pm 13.76^*$
RBC $(10^{12}/L)$	$6.79 \pm 0.23$	$6.93 \pm 0.24$
$HCT(\% )$	$39.16 \pm 3.75$	$46.51 \pm 5.82^*$
MCV(f)	$57.67 \pm 4.23$ <sup>*</sup>	$67.11 \pm 5.93$ <sup>*</sup>
$MCH$ (pg)	$14.40 \pm 2.72$ <sup>*</sup>	$19.83 \pm 2.63$ <sup>*</sup>
$MCHC(\%)$	$24.96 \pm 2.27$	$29.55 \pm 2.16$
$WBC(10^9/L)$	$9.63 \pm 0.72$	$9.68 \pm 0.72$

\*Difference was very extreme as compared with the control yaks ( $P \lt \theta$ 0.01)

animal cells from damage from free radicals [[30](#page-5-0), [35,](#page-5-0) [36](#page-5-0)]. The GSH-Px is also a key antioxidant enzyme that catalyzes the decomposition of hydrogen peroxide  $(H<sub>2</sub>O<sub>2</sub>)$ , and it is the key scavenger of  $H<sub>2</sub>O<sub>2</sub>$  and ROOH [\[37,](#page-5-0) [38\]](#page-5-0). The CAT is a key antioxidant enzyme too, which can make  $H_2O_2$  decompose into molecular oxygen and water, very clear  $H_2O_2$  in animal organism, so as to protect animal cells from  $H_2O_2$  [[39](#page-5-0), [40\]](#page-5-0). The T-AOC is the comprehensive parameter for evaluating capacities of antioxidant system in animal organisms [[41\]](#page-5-0). It can rapidly reflect the compensatory capacity to external stimuli and the metabolism capacity of free radicals in organisms [\[41](#page-5-0), [42](#page-5-0)]. Extremely decreased level of the T-AOC will very much increase the abundance of lipid peroxides and free radicals of animal organism [\[11,](#page-4-0) [24](#page-4-0), [43](#page-5-0)]. The MDA is a lipid peroxide of organism, which can reflect rapidly the degree of lipid peroxidation in organism  $[41-45]$  $[41-45]$  $[41-45]$  $[41-45]$ . In this research, Se deprivation in animals will cause a very rapid decrease in the capacities of GSH-Px, T-AOC, CAT, and SOD and a very rapid increase in the content of MDA in the tested yaks. It indicates that Se deprivation in animal will in-

Table 4 Biochemical parameters in the blood in Choko yaks

Biochemical parameters	Tested Choko yaks	Healthy Choko yaks
LDH (IU/L)	$879.76 \pm 51.87$ <sup>*</sup>	$287.87 \pm 22.72$ <sup>*</sup>
AST (IU/L)	$175.91 \pm 15.67$ <sup>*</sup>	$59.75 \pm 5.27$ <sup>*</sup>
$AKP$ ( $IU/L$ )	$157.68 \pm 15.89$ <sup>*</sup>	$63.57 \pm 6.77$
Ca (mmol/L)	$2.75 \pm 0.21$	$2.68 \pm 0.23$
IP $(mmol/L)$	$1.72 \pm 0.21$	$1.82 \pm 0.19$
$K$ (mmol/L)	$3.37 \pm 0.31$	$3.53 \pm 0.23$
$Na$ (mmol/L)	$128.42 \pm 13.15$	$127.38 \pm 12.17$

duce obviously the dysfunction in the antioxidant system, rapidly disrupt the relative balance between the

\*Difference was very extreme when compared with the control Choko yaks ( $P < 0.01$ )

<span id="page-4-0"></span>



Difference was very extreme when compared with the control Choko yaks ( $P < 0.01$ )

oxidant and antioxidant systems, and cause severe oxidative stress in the control yaks.

# Conclusion

Based on the analysis of the mineral content in soil, forage and animal tissues, combined with the studied results of the blood parameters and antioxidant capacity, we can draw the following conclusions: Se deprivation of forage in natural ranges will not only influence the Se content in the blood and other tissues but also severely disrupt the blood parameters and antioxidant function in organism.

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## Compliance with Ethical Standards

Conflict of Interest The authors declare that they have no conflict of interest.

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