



# Grape Seed Proanthocyanidin Extract Mitigates Titanium Dioxide Nanoparticle (TiO<sub>2</sub>-NPs)–Induced Hepatotoxicity Through TLR-4/NF-κB Signaling Pathway

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## Abstract

With the progress of nanotechnology, the adverse effects of nanoscale materials are receiving much attention. Inhibition of toll-like receptor 4 (TLR-4)/nuclear factor kappa B (NF-κB) signaling is a hallmark for downregulating the expression of many inflammatory genes implicated in oxidative stress. Therefore, the present study aimed to demonstrate the influence of grape seed proanthocyanidin extract (GSE) on the hepatic TLR-4/ NF-κB signaling pathway in TiO<sub>2</sub>-NP-induced liver damage in rats. Forty male Albino rats were divided into 4 groups ( $n = 10$ ): G1 was used as a control, G2 received TiO<sub>2</sub>-NPs (500 mg/kg/day orally) from the 17th to 30th day (acute toxicity), G3 received GSE (75 mg/kg/day orally) for 30 days, and G4 pre- and co-treated with GSE (for 30 days) and TiO<sub>2</sub>-NPs (from the 17th to 30th day), with the aforementioned doses. TiO<sub>2</sub>-NPs induced severe hepatic injury that was indicated by biochemical alterations in serum liver markers (acetylcholinesterase, ALT, ALP, total proteins, albumin, and direct bilirubin), oxidative stress indicators (MDA, GSH, and catalase), and histopathological alterations as well. Moreover, TiO<sub>2</sub>-NPs triggered an inflammatory response via the upregulation of TLR-4, NF-κB, NIK, and TNF-α mRNA expressions. Pre- and co-treatments with GSE alleviated the detrimental effects of TiO<sub>2</sub>-NPs which were enforced by the histopathological improvements. These results indicated that GSE effectively protected against TiO<sub>2</sub>-NP-induced hepatotoxicity via the inhibition of TLR-4/NF-κB signaling and hence suppressed the production of pro inflammatory cytokines such as TNF-α and improved the antioxidant status of the rats.

**Keywords** Grape seed proanthocyanidin · TiO<sub>2</sub> nanoparticles · TLR-4/ NF-κB pathway · Liver · Antioxidants

## Introduction

Nanomaterials have been widely applied to various fields including food, drug and textile industries, agriculture [1, 2], eco-friendly fabrication of biogenic nanoparticles [3–6], and cancer nanotherapy [7]. Recently, titanium dioxide nanoparticles (TiO<sub>2</sub>-NPs) are used widely in industry and medicine because of their high stability and anticorrosive and photocatalytic properties [8]. Commercially, TiO<sub>2</sub>-NPs are used in paints, coatings, plastics, papers, inks, pharmaceuticals, food products, cosmetics, toothpaste, tableted drugs, and sunscreens [9]. It can even be used as a

pigment for whitening skim milk and brightening foods [10]. Therefore, TiO<sub>2</sub>-NPs come into close contact with humans. According to the Federal Regulations of the US Government, the permissible limit of TiO<sub>2</sub>-NPs in food products does not exceed 1% by weight [11]. Earlier studies have revealed that TiO<sub>2</sub>-NPs are more toxic than fine particles [12]. Because of their smaller sizes and larger surface area, nanoparticles are easily taken up by cells and can induce pathological changes. Oral exposure mainly occurs through food products containing TiO<sub>2</sub>-NP additives. TiO<sub>2</sub>-NPs can be absorbed through the gastrointestinal tract into the systemic circulation and then accumulated in the liver, kidneys, spleen, and brain. The accumulation of TiO<sub>2</sub>-NPs in the tissue could induce inflammatory injuries [13]. Acute exposure to TiO<sub>2</sub>-NPs causes neurotoxicity [14], hepatotoxicity, nephrotoxicity, myocardial damage, spleen lesions, and inflammation in the lung and liver in mice and rats [11, 15, 16]. Signs of toxicity, including loss of appetite, passive behavior, and tremors exist after intraperitoneal injection of mice by TiO<sub>2</sub>-NPs, [17]. Chronic exposure to TiO<sub>2</sub>-NPs resulted in growth arrest, a decrease in the liver weight, and histopathological changes in the

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gills in zebrafish [18]. TiO<sub>2</sub>-NPs may cause toxicity by several mechanisms including genotoxicity [15, 19] and oxidative stress and/or inflammatory responses [13, 20, 21] that induce inflammation and cell apoptosis [22].

Toll-like receptor 4 (TLR-4), a member of the toll-like receptor family, is a transmembrane protein encoded by the TLR4 gene. It is one of the key effectors in innate immunity. TLRs are produced by macrophage activation [23]. Its stimulation leads to activation of an intracellular nuclear factor kappa-light-chain enhancer of activated B cells (NF-κB) signaling pathway which facilitates the expression of inflammatory cytokines [24]. As previously indicated, TiO<sub>2</sub>-NP induces the activation of NF-κB signaling in lung [25] and mouse liver [26] and kidney [27]. Known inducers of NF-κB activity are highly variable and include reactive oxygen species (ROS), tumor necrosis factor-alpha (TNF-α), interleukin 1-beta (IL-1β), bacterial lipopolysaccharides (LPS), isoproterenol, cocaine, and ionizing radiation [28]. However, another literature indicated that NF-κB is not involved in TiO<sub>2</sub>-NP-induced inflammation [29].

Previous studies suggested the involvement of oxidative stress as one of the main mechanisms of TiO<sub>2</sub>-NP - induced toxicity [30]; therefore, the oxidative stress must be neutralized by antioxidants. Antioxidants serve as potent scavengers for free radicals and prevent the occurrence of disease [31]. Recently, the use of medicinal plants for the treatment of toxicity has been widely reported due to their protective effects [32, 33].

Grape seed extract (GSE) (*Vitis vinifera*) is one of the most powerful antioxidants, which contains high levels of flavonoids, vitamin C, and vitamin E [34]. GSE protects cells by regulating cell oxidative damage, reducing organ injury, improving the balance between oxidants and antioxidants, and reducing the release of inflammatory mediators [35]. In addition, GSE has been reported to exert anti-carcinogenic effects [36]. About 60% to 70% of grape polyphenols are found in the seeds. These polyphenols are commonly known as proanthocyanidins. Other important polyphenols in grape seed include gallic acid, catechin, epicatechin, gallic acid, and epigallocatechin [37].

Inhibition of TLR-4/ NF-κB signaling is a hallmark for downregulating the expression of many inflammatory genes implicated in oxidative stress. Despite the antioxidant activities of grape seed being well documented, the studies concerning its impact on TLR-4/ NF-κB signaling in TiO<sub>2</sub>-NPs toxicity are limited. In this investigation, the pre- and co-treatments with the antioxidant GSE may cut down the liability to TiO<sub>2</sub>-NPs toxicity. Therefore, we aimed to explore the hepatoprotective role of grape seed proanthocyanidins extract focusing on the hepatic TLR-4/NF-κB signaling pathway following TiO<sub>2</sub>-NP-induced hepatotoxicity.

## Materials and Methods

### Chemicals

TiO<sub>2</sub> particles were purchased from Sigma-Aldrich, Egypt. Reduced glutathione (GSH), catalase, and malondialdehyde (MDA) commercial kits were purchased from Biodiagnostic Company for research kits, Egypt. Acetylcholinesterase, alanine aminotransferase (ALT), alkaline phosphatase (ALP), total proteins, albumin, and bilirubin kits were supplied from Greiner Diagnostic GmbH-Bahlingen, Germany. Other non-mentioned chemicals used in the present experiment were obtained from Sigma, USA.

### TiO<sub>2</sub>-NP Preparation and Characterization

TiO<sub>2</sub>-NPs were prepared by high-energy ball mill (HEBM) technique according to the method that was described by Gusev and Kurlov [38]. The characterization of TiO<sub>2</sub>-NPs was performed by a high-resolution TEM electron microscope (model JEM-2100, JEOL Ltd., Tokyo, Japan) to measure the shape and size of TiO<sub>2</sub>-NPs. Size distribution and zeta potential of TiO<sub>2</sub>-NPs in solution were measured by a Zetasizer Ver. 7.11 (serial number MAL1121994) (Malvern Instruments Ltd, Malvern, Worcestershire, UK).

### Form and Preparation of Grape Seed Extract

Grape seed extract was provided in capsule form (Noxy life®) produced by The Arab Company for Gelatin and Pharmaceutical Products, under license of Nulife International USA. The grape seed extract formula provides a blend of standardized proanthocyanidins (95%) found in grape seed. Grape seed proanthocyanidins are a mixture of several polyphenols and flavones, as previously reported [39]. GSE powder was milled using a high-energy planetary ball mill (WBB-6 Gruendler Pulverizing Co., St. Louis, MO) and sieved using a 250-μm sieve to get ultra-fine powder (micronized form). It was administered as 75 mg/kg bw [40] after suspending in distilled water.

### Experimental Animals

A total of 40 adult male Albino rats (*Rattus norvegicus*) weighing 150–180 g were obtained from Helwan farm of laboratory animals, Cairo, Egypt. Rats were kept under observation for 1 week before the onset of the experiment to be acclimatized and then housed individually in metal cages at room temperature (25 ± 2 °C), humidity (70%) under 12-h light–dark cycle. Water and diet were allowed to rats in a free manner. All experimental procedures were in accordance with the guidelines of local Animal Care and Use Committee established at the Beni-Suef University (BSU-IACUC). The

study was performed after obtaining an approval number (018-8) to conduct the animal experiments.

## Experimental Design

The rats were randomly divided into four equal groups (10 rats each) and treated as follows:

**Control group** The rats were given distilled water for 30 days orally by gastric tube.

**TiO<sub>2</sub>-NPs group** The rats received (500 mg/kg bw, 1/10 LD<sub>50</sub>) of TiO<sub>2</sub>-NPs [21] once daily for 14 days (17th–30th day) by gastric tube (acute toxicity). The nanopowder was suspended in distilled water at a concentration of 50 mg/ml/100 g rat, then dispersed by ultrasonic vibration for 15 min (LD<sub>50</sub> is 5000 mg/kg bw in rats and mice after oral administration [41]).

**GSE group** Rats were given GSE (75 mg/kg bw) [40] for 30 days orally by gastric tube after suspending in distilled water.

**GSE + TiO<sub>2</sub>-NPs group** Rats were pre- and co-treated with GSE (75 mg/kg bw) for 30 days interrupted by TiO<sub>2</sub>-NPs administration (500 mg/kg bw) at the 17th–30th day orally by gastric tube.

The clinical signs and physical activity were observed during the period of the experiment.

## Sampling and Tissue Preparation

Twenty-four hours after the last doses, blood samples were withdrawn via orbital sinus and allowed to clot for 30 min at room temperature, then centrifuged at 2000×g for 10 min at 4 °C. Serum was separated and stored at –20 °C to be used for biochemical analysis. Rats were sacrificed and 1 g of liver tissue was used for the preparation of liver tissue homogenates using homogenizer (Teflon Homogenizer, India), for measurement of antioxidant and oxidative stress indices such as malondialdehyde (MDA), reduced glutathione (GSH), and catalase activity. Also specimens from the liver were fixed in 10% buffered formalin for histopathological examination. Another portion of liver was placed immediately in RNase inhibitor at –80 °C for molecular biological investigations.

## Biochemical Assays

### Measurement of Liver Function Markers

Serum samples were used for kinetic determinations of the enzymatic activities of acetylcholinesterase, ALT, and ALP according to the methods described by Kovarik et al. [42], Zilva and Pannall [43], and Tietz et al. [44], respectively.

Serum direct bilirubin was spectrophotometrically estimated by the direct diazo reaction [45], serum total proteins were estimated by following the Biuret method [46], and serum albumin was measured by following the bromocresol green method [47].

### Measurement of Liver Oxidative/Antioxidant Indices

The liver tissue homogenates were used for the measuring of MDA, GSH concentrations, and catalase activity. MDA was determined as thiobarbituric acid reactive substances using the method described by Buege and Aust [48]. GSH was estimated according to the method of Beutler [49] based on the reduction of 5,5-dithiobis-2-nitrobenzoic acid (DTNB) by glutathione. Catalase activity was measured according to the UV assay method described by Aebi [50]. Hitachi spectrophotometry, model U – 2000 (Hitachi Ltd. Tokyo, Japan), was used for measuring all chemical reactions.

### Preparation of Histological Sections

Liver samples were fixed in 10% buffered formalin solution for 48 h. Then they were processed (washed by water, dehydrated in graduated ethyl alcohol, cleared in xylene, and embedded in paraffin wax at 70 °C) according to the method described by Bancroft and Gamble [51]. Five-micron tissue thickness was mounted on clean glass slides and stained by hematoxylin and eosin. Each section was examined by a light microscope (B1 series, Motic, Xiamen, China).

### Determination of TLR-4, NF-κB, NIK, and TNF-α mRNA Expressions by Real-Time Polymerase Chain Reaction

Total RNA was isolated from the liver tissue homogenates using RNeasy Purification Reagent (Qiagen, Valencia, CA) according to the manufacturer's instruction. The concentration of RNA was measured using a UV spectrophotometer. The extracted RNA was reverse transcribed into cDNA using high-capacity cDNA reverse transcription kit (#K1621, Fermentas, USA). Real-time qPCR amplification and analysis were performed using an Applied Biosystem with software version 3.1 (StepOne™, USA). The primers used in the amplification are shown in Table 1 and were designed by Gene Runner Software (Hasting Software, Inc., Hasting, NY) from RNA sequences from the gene bank based on published rat sequences. The reaction contained SYBR Green Master Mix (Applied Biosystems). Data from real-time assays were calculated using Applied Biosystem software. The results were expressed as a fold change of the relative expression levels of target genes from the control group using the 2<sup>-ΔΔCt</sup> method [52].

**Table 1** The primer sequence of the studied genes

Gene	Forward primer (5'—3')	Reverse primer (5'—3')
TLR-4	5'-GTTCTTCTCCTGCCTGACAC-3'	5'-TCCAGCCACTGAAGTTCTGA-3'
NF-κB	5'-CATTGAGGTGTATTTACGG-3	5'-GGCAAGTGGCCATTGTGTTTC-3
NIK	5'-TCACCAAAGACCCACCTCACCG-3	5'-GGACCGCATTCAAGTCATAGTCCC-3
TNF-α	5'-GCG ACG TGG AAC TGG CAG AAG-3'	5'-GGT ACA ACC CAT CGG CTG GCA-3'
B-actin	5'-GGTCGGTGTGAACGGATTGG-3	5'-ATGTAGGCCATGAGGTCCACC-3

### Statistical Analysis

Data were expressed as mean  $\pm$  standard error of the mean (SEM). Statistical analysis was carried out by one-way analysis of variance (ANOVA) followed by the Tukey multiple comparison post-test. Graph Pad Instat software (version 3, ISS-Rome, Italy) was used. Significance was considered at  $P \leq 0.05$ .

## Results

### Characterization of TiO<sub>2</sub>-NPs

TEM revealed spherical shaped particles with a homogeneous nanometric size distribution (range 63–142 nm) (Fig. 1a). Zeta potential of TiO<sub>2</sub>NPs in a neutral solution was  $-19.1$  mV; Z-average diameter revealed a particle size of 338.7 nm (Fig. 1b) and poly dispersion index of 0.246. The obtained information indicates TiO<sub>2</sub> NPs suspension has a good dispersion stability.

### Effect of TiO<sub>2</sub>-NPs and GSE on Clinical Signs of Toxicity in Rats

No deaths were detected in the TiO<sub>2</sub>-NP treated group. Loss of appetite and decreased physical activities were observed in the TiO<sub>2</sub>-NP treated group. These symptoms were not clearly observed in the GSE + TiO<sub>2</sub>-NP treated group.

### Effect of TiO<sub>2</sub>-NPs and GSE on Liver Function

Liver function biomarkers were presented in Tables 2 and 3 that showed a significant increase ( $P \leq 0.05$ ) in the serum activity of ALT and ALP enzymes and direct bilirubin levels accompanied with a significant decrease in the serum acetylcholinesterase activity, total proteins, and albumin levels in the TiO<sub>2</sub>-NP group in comparison with the control one. Additionally, pre- and co-treatments of TiO<sub>2</sub>-NP-treated rats with GSE could markedly improve the liver function as indicated by a restoration of these biomarkers toward the normal.

### Effect of TiO<sub>2</sub>-NPs and GSE on the Antioxidant Status

Data presented in Table 4 showed a significant increase ( $P \leq 0.05$ ) in MDA concentration and a significant decrease in

GSH concentration and catalase activity in the TiO<sub>2</sub>-NP group compared with those in the control group, indicating an enhanced lipid peroxidation in liver tissue following TiO<sub>2</sub>-NP exposure. Pre- and co-treatments of TiO<sub>2</sub>-NP-exposed rats with GSE could ameliorate these changes.

### Effect of TiO<sub>2</sub>-NPs and GSE on Histopathological Structure of Liver

Figure 2(B1–B3) showed the histopathological findings of the liver tissue slices from the TiO<sub>2</sub>-NP-treated rats. It revealed a congested and dilated central vein, vacuolated and degenerated hepatocytes with a huge amount of Kupffer cells (Fig. 2B1). Another section in the same group showed severely congested blood vessels with perivascular leucocytes infiltration as well as endothelial hyperplasia (Fig. 2B2) and leucocytic scattered aggregates (Fig. 2B3). The liver section of the rats' liver pre- and co-treated with GSE and TiO<sub>2</sub>-NPs showed an improvement of the liver structure indicated by normal blood sinusoids, normal central vein and few degenerated hepatocytes (Fig. 2D). GSE-treated rats showed normal structure of the liver (Fig. 2C) which indicates the harmless effect of GSE on hepatic tissue.

### Effect of TiO<sub>2</sub>-NPs and GSE on Hepatic Gene Expressions

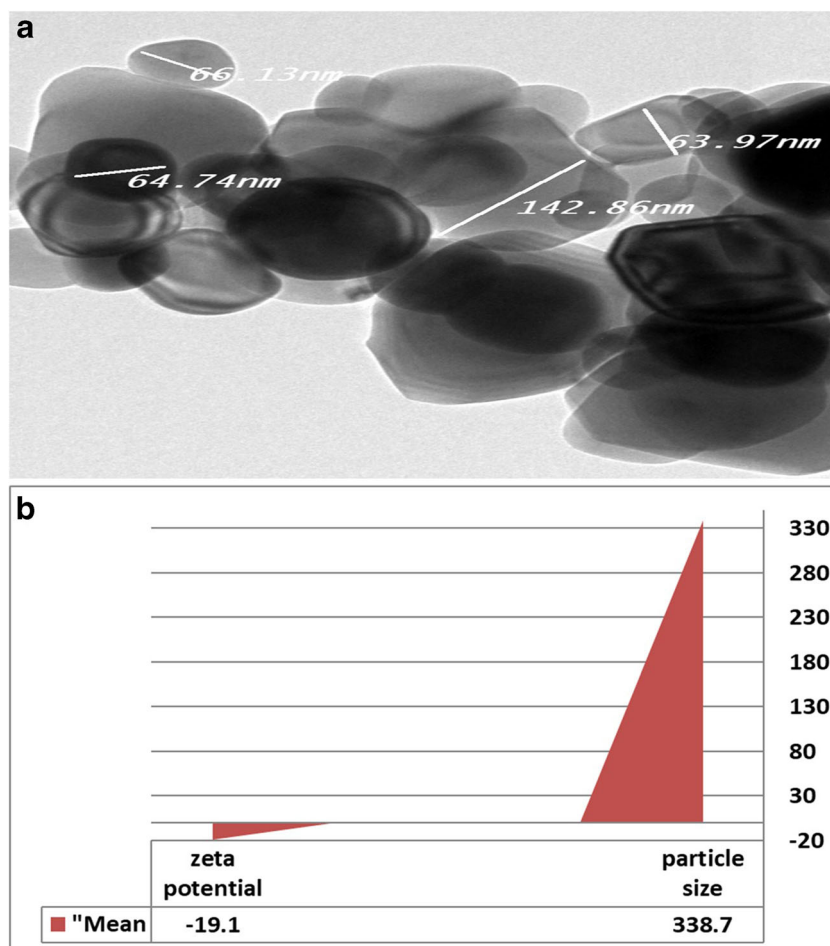
Table 5 showed a significant ( $P \leq 0.05$ ) upregulation of hepatic TLR-4, NF-κB, NIK, and TNF-α gene relative expression levels in the TiO<sub>2</sub>-NP group in comparison with the control one. Meanwhile, the pre- and co-treatments with GSE succeeded to induce a marked improvement in these parameters.

## Discussion

Several studies have demonstrated that TiO<sub>2</sub>-NPs have an adverse effect on the liver because the liver is the major accumulation site for most nanoparticles including TiO<sub>2</sub> [15, 53]. Because of the high catalytic properties, TiO<sub>2</sub>-NP exposure can generate ROS [54, 55] and oxidative stress which could in turn initiate lipid peroxidation and DNA damage [30]. The overproduction of ROS is thought to play a significant role in many of the observed



**Fig. 1** **a** TEM images of TiO<sub>2</sub>-NPs showing the shape and size of TiO<sub>2</sub>-NPs, which appear spherical particles with a size range of 63–142 nm. **b** Zeta potential and size distribution of TiO<sub>2</sub>-NPs revealing an apparent zeta potential of −19.1 mV and a Z-average diameter of 338.7 nm in a neutral solution



biological responses to TiO<sub>2</sub>-NPs [56]. The accumulation of these nanoparticles in liver causing oxidative damages and liver toxicity was demonstrated by disturbance of the liver function indices. In this study, TiO<sub>2</sub>-NPs induced liver damage, as confirmed by the increased serum ALT and ALP activities (Table 2), and direct bilirubin levels (Table 3). In accordance with Wang et al. [11] and Rizk et al. [57], TiO<sub>2</sub>-NPs increased the activity of ALT. Furthermore, Liu et al. [58] and Morgan et al. [59] found that TiO<sub>2</sub>-NPs could increase the activities of ALP and ALT. ALT is a cytosolic enzyme mainly located in the hepatocytes. The level of ALT in serum increases as a result of releasing this cellular enzyme into plasma by insult-induced hepatic damage.

ALP is present in many tissues, including bone, intestine, kidney, liver, placenta, and white blood cells [60]. Damage to these tissues causes the release of ALP into the bloodstream. Bilirubin, a major breakdown product of hemoglobin, rises when there is liver damage [61]. Bilirubin synthesis is regulated by the heme oxygenase-1 which is rapidly induced by oxidative stress and inflammatory cytokines [62]. On the other hand, the active excretion of direct bilirubin occurs at the canalicular membrane, by means of cytoplasmic binding transporter proteins [63]. So, the damaged hepatocyte observed in the current study might be less able to produce the transporter proteins required for transporting of direct bilirubin to the gall bladder and therefore, it was returned

**Table 2** Changes in serum acetyl cholinesterase, ALT, and ALP activities (U/L) in different groups

	Acetyl cholinesterase (U/L)	ALT (U/L)	ALP (U/L)
Control	4580 ± 105.2 <sup>a</sup>	42.19 ± 1.816 <sup>a</sup>	40.92 ± 2.25 <sup>a</sup>
TiO <sub>2</sub> -NPs	3647 ± 113.5 <sup>b</sup>	68.04 ± 4.496 <sup>b</sup>	59.45 ± 4.49 <sup>b</sup>
GSE	4563 ± 131.5 <sup>a</sup>	43.29 ± 2.009 <sup>a</sup>	41.88 ± 3.45 <sup>a</sup>
GSE+ TiO <sub>2</sub> -NPs	4174 ± 310.9 <sup>ab</sup>	46.74 ± 0.965 <sup>a</sup>	44.31 ± 2.18 <sup>a</sup>

Values are expressed as mean ± SEM (*n* = 10). Means with different letters (a, b) in a column are significantly different at level *P* < 0.05. TiO<sub>2</sub>-NPs, titanium dioxide nanoparticles; GSE, grape seed proanthocyanidin extract; ALT, alanine aminotransferase; ALP, alkaline phosphatase

**Table 3** Changes in serum total proteins, albumin, and direct bilirubin concentrations in different groups

	Total proteins (mg/dl)	Albumin (mg/dl)	Direct bilirubin (mg/dl)
Control	8.33 ± 0.22 <sup>a</sup>	3.60 ± 0.16 <sup>a</sup>	0.77 ± 0.09 <sup>a</sup>
TiO <sub>2</sub> -NPs	6.86 ± 0.03 <sup>b</sup>	2.77 ± 0.13 <sup>b</sup>	2.60 ± 0.29 <sup>b</sup>
GSE	8.22 ± 0.32 <sup>a</sup>	3.55 ± 0.14 <sup>a</sup>	0.75 ± 0.13 <sup>a</sup>
GSE+ TiO <sub>2</sub> -NPs	7.87 ± 0.21 <sup>a</sup>	3.16 ± 0.11 <sup>ab</sup>	1.08 ± 0.18 <sup>a</sup>

Values are expressed as mean ± SEM ( $n = 10$ ). Means with different letters (a, b) in a column are significantly different at level  $P < 0.05$ . *TiO<sub>2</sub>-NPs*, titanium dioxide nanoparticles; *GSE*, grape seed proanthocyanidin extract

back to blood elevating its level in serum. Accordingly, the present study showed that the serum direct bilirubin level was elevated in TiO<sub>2</sub>-NP-treated rats. Meanwhile, the elevated levels of direct or conjugated bilirubin might be due to the decreased secretion from the liver or obstruction of the bile ducts evidenced by the increased ALP activity. Our findings indicated that hepatocyte damage altered their transport function and membrane permeability as well as leakage of ALT and ALP enzymes from the injured cells. Tests of the biosynthetic function of the liver include serum total proteins, albumin, and acetylcholinesterase which are synthesized in the liver and transported into the circulation [64, 65]. Acetylcholinesterase is present in serum and liver, which hydrolyzes blood-circulating acetylcholine [66] and regulates cell growth and cell adhesion [67]. Serum acetylcholinesterase activity is reduced in liver dysfunction due to reduced synthesis [68]. The impaired activity of the enzyme following TiO<sub>2</sub>-NPs exposure indicates organ dysfunction [69]. In accordance with the results of Liu et al. [58], the serum acetylcholinesterase activity, total proteins, and albumin concentrations significantly decreased after exposure to TiO<sub>2</sub>-NPs (Tables 2 and 3). These findings may be explained as a reduction in the synthetic function of the damaged liver induced by TiO<sub>2</sub>-NP exposure.

The increased level of ROS triggers a cascade of reactions including lipid peroxidation, development of a series of inflammatory responses and apoptosis [70, 71]. In the current study, TiO<sub>2</sub>-NPs successfully enhanced lipid peroxidation in liver tissue which is indicated by the increased MDA and the decreased GSH concentrations. These findings were in accordance with those of Morgan et al. [59] and Abdou et al. [72]. GSH is the major tripeptide non-enzymatic antioxidant present in the liver. Rizk et al. [57] reported that a decrease in GSH level might have been due to increased scavenging of ROS

that were produced as a result of hepatotoxicity. Catalase is one of the important enzymes in the supportive team of defense against ROS. The inhibition of hepatic catalase activity reported in this study may be attributed to the increased generation of free radicals. Durairaj et al. [73] reported that the reduction in the activity of catalase may result in a number of deleterious effects due to the accumulation of superoxide radicals and hydrogen peroxide (H<sub>2</sub>O<sub>2</sub>).

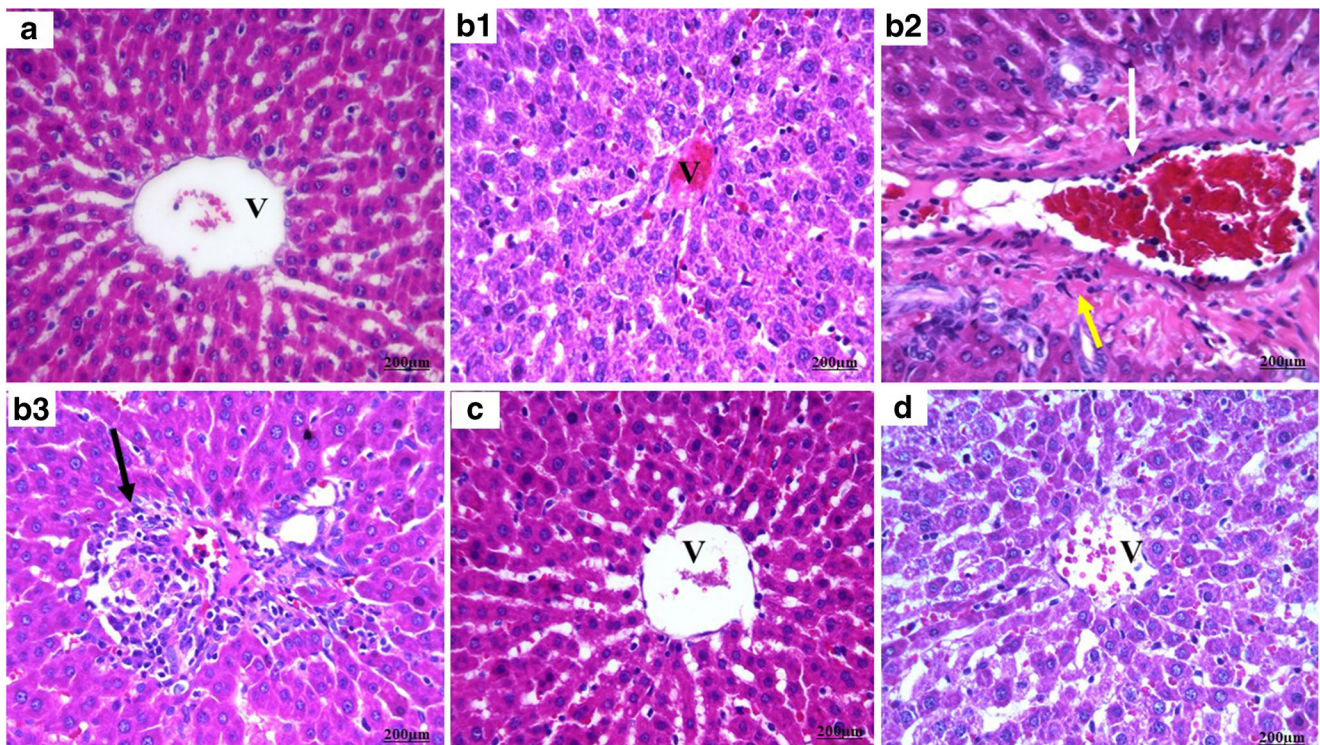
In the current study, TiO<sub>2</sub>-NP-induced hepatotoxicity is indicated by the disrupted tissue function as well as the observed pathological changes. The histopathological examination of the representative sections of the liver showed that treatment with TiO<sub>2</sub>-NPs caused liver damage including dilation and congestion of central vein, which was accompanied by vacuolated and degenerated hepatocytes, more Kupffer cells, perivascular leucocytic infiltration, and endothelial hyperplasia (Fig. 2B1–B3). These pathological findings come in agreement with the findings of Wang et al. [11].

Oxidative stress triggered the pro-inflammatory signaling cascades in the liver as indicated in the current study by the significant upregulation of mRNA expression levels of TLR-4, NF-κB, NIK, and the subsequent increased TNF-α expression levels (Table 5) following TiO<sub>2</sub>-NPs exposure. TLRs receptors are expected to contribute to the molecular interactions between NPs and cells. TLRs are transmembrane proteins that include both an extracellular domain (responsible for ligand recognition) and a cytoplasmic domain (required for initiating signaling) [74]. TLRs recognize a wide range of foreign materials including NPs, lipopolysaccharide as well as ROS, and reactive nitrogen species [75]. TiO<sub>2</sub>-NPs induced ROS production and simultaneous activation of TLR-4 [76]. On the other hand, the activation of TLR-4 enhances ROS overproduction. The binding of NPs to TLR-4

**Table 4** Changes in MDA, GSH concentrations, and catalase activity in the liver of rats in different groups

	MDA (n mol/g tissue)	GSH (mg/g tissue)	Catalase (U/g tissue)
Control	30.75 ± 1.59 <sup>a</sup>	26.73 ± 0.82 <sup>a</sup>	0.47 ± 0.03 <sup>a</sup>
TiO <sub>2</sub> -NPs	47.22 ± 2.78 <sup>b</sup>	21.69 ± 1.34 <sup>b</sup>	0.19 ± 0.02 <sup>b</sup>
GSE	31.29 ± 2.84 <sup>a</sup>	24.81 ± 0.09 <sup>a</sup>	0.47 ± 0.04 <sup>a</sup>
GSE+ TiO <sub>2</sub> -NPs	40.38 ± 1.75 <sup>b</sup>	25.00 ± 0.18 <sup>a</sup>	0.36 ± 0.03 <sup>a</sup>

Values are expressed as mean ± SEM ( $n = 10$ ). Means with different letters (a, b) in a column are significantly different at level  $P < 0.05$ . *TiO<sub>2</sub>-NPs*, titanium dioxide nanoparticles; *GSE*, grape seed proanthocyanidin extract; *MDA*, malondialdehyde; *GSH*, reduced glutathione



**Fig. 2** Photomicrograph of liver in adult albino rats (H&E stain). A: Control group shows normal liver architecture with central vein (v), normal hepatocytes, blood sinusoids, and Kupffer cell  $\times 100$ . B1–B3: TiO<sub>2</sub>NP group: B1 shows dilated and congested central vein, vacuolated and degenerated hepatocytes. Note the huge amount of Kupffer cells  $\times 100$ . B2 shows severely congested blood vessels with

perivascular leucocytic infiltration (yellow arrow) as well as endothelial hyperplasia (white arrow). B3 shows leucocytic scattered aggregates (black arrow)  $\times 100$ . C: GSE group shows normal hepatocytes, blood sinusoids, and central vein (V)  $\times 100$ . D: GSE + TiO<sub>2</sub>NPs group shows improved liver architecture, normal blood sinusoids, and central vein (V). Note the few degenerated hepatocytes and numerous Kupffer cells  $\times 100$

at the cell membrane would result in their uptake and the subsequent activation of NF- $\kappa$ B [77]. NF- $\kappa$ B is a nuclear transcription factor that controls the gene expression of a large number of inflammatory cytokines that are critical for the regulation of apoptosis, cancer, inflammation, and various tissue injuries [78]. NF- $\kappa$ B also regulates many aspects of innate and adaptive immune responses [79]. The various stimuli like stress, cytokines, and ROS can activate NF- $\kappa$ B through two major signaling pathways, the canonical and non-canonical (or alternative) pathways, both being important for regulating immune and inflammatory responses [80]. A NF- $\kappa$ B-inducing kinase (NIK) is a kinase that activates the canonical and non-canonical NF- $\kappa$ B pathways [81]. NIK phosphorylates and activates I $\kappa$ B kinase complex (IKK $\alpha$ )

homodimers [82]. IKK $\alpha$  phosphorylates I $\kappa$ B inhibitory proteins called inhibitor of kappa B (I $\kappa$ Bs), leading to their degradation in the proteasome and the subsequent nuclear translocation of canonical [83] and non-canonical [84] NF- $\kappa$ B. In the nucleus, NF- $\kappa$ B attaches to a specific DNA response element and thus triggers the transcription of pro-inflammatory cytokines such as TNF- $\alpha$  and IL-1 $\beta$  [85]. TNF- $\alpha$  plays a central role in the development of acute hepatic failure after severe trauma and sepsis by directly or indirectly inducing hepatocyte necrosis rather than apoptosis [86]. It is well known that ROS stimulate TNF- $\alpha$  which is a NF- $\kappa$ B-dependent gene; on the other hand, TNF- $\alpha$  is also a strong inducer for NF- $\kappa$ B [87]. In this issue, results of our study coincide the results of the previous studies that

**Table 5** Changes in liver TLR-4, NF- $\kappa$ B, NIK, and TNF- $\alpha$  gene relative expression levels in different groups

	TLR-4	NF- $\kappa$ B	NIK	TNF- $\alpha$
Control	1.03 $\pm$ 0.020 <sup>a</sup>	1.01 $\pm$ 0.007 <sup>a</sup>	1.01 $\pm$ 0.013 <sup>a</sup>	1.03 $\pm$ 0.015 <sup>a</sup>
TiO <sub>2</sub> -NPs	18.4 $\pm$ 1.53 <sup>b</sup>	13.9 $\pm$ 0.513 <sup>b</sup>	14.9 $\pm$ 0.644 <sup>b</sup>	10.9 $\pm$ 0.754 <sup>b</sup>
GSE	1.07 $\pm$ 0.052 <sup>a</sup>	1.03 $\pm$ 0.020 <sup>a</sup>	1.12 $\pm$ 0.092 <sup>a</sup>	1.08 $\pm$ 0.060 <sup>a</sup>
GSE + TiO <sub>2</sub> -NPs	8.10 $\pm$ 0.361 <sup>c</sup>	2.63 $\pm$ 0.237 <sup>c</sup>	5.42 $\pm$ 0.296 <sup>c</sup>	3.53 $\pm$ 0.240 <sup>c</sup>

Values are expressed as mean  $\pm$  SEM ( $n = 10$ ). Means with different letters (a, b, c) in a column are significantly different at level  $P < 0.05$ . TiO<sub>2</sub>-NPs, titanium dioxide nanoparticles; GSE, grape seed proanthocyanidin extract; TLR-4, toll-like receptor 4; NF- $\kappa$ B, nuclear factor kappa-light-chain enhancer of activated B cells; NIK, NF- $\kappa$ B-inducing kinase; TNF- $\alpha$ , tumor necrosis factor alpha



suggested the signaling pathway of liver inflammation and damage after exposure to TiO<sub>2</sub>-NPs might occur via activation of TLR-4, NIK, NF-κB, and TNF-α in hepatic tissues which might directly lead to a series of inflammatory responses and hepatic damage.

Many natural products that have antioxidant and anti-inflammatory activities can inhibit NF-κB activation [88]. So the current study aimed to investigate the mechanistic pathway of GSE as an antioxidant agent on TiO<sub>2</sub>-NP-induced hepatotoxicity. Our results have demonstrated the efficacy of GSE in maintaining the normal function of liver by restoring the altered liver markers (serum acetyl cholinesterase, ALT, ALP, total proteins, albumin, and direct bilirubin) (Tables 2 and 3). These findings were previously reported by Shin and Moon [89] in dimethyl nitrosamine-induced liver fibrosis in rats. This improvement in liver function may be attributed to the antioxidant properties of polyphenols in GSE that can reduce oxidative stress, maintain cell membrane integrity and restore the hepatocytes function.

Pre- and co-treatments with GSE displayed good antioxidant effects against TiO<sub>2</sub>-NPs -induced oxidative damage in liver as indicated by the decreased MDA and the increased GSH concentrations and catalase activity (Table 4). These findings were in agreement with the results of Sharma et al. [90] who reported increased levels of GSH and catalase activity following GSE treatment in UV-exposed mice and the results of Li et al. [91] who found that GSE administration markedly suppressed lipid peroxidation in thioacetamide-induced hepatic fibrosis in mice. GSE showed good antioxidant effects. Phenolic compounds and flavonoids are the major phytochemicals present in the GSE [34, 92]. The phenolic group of polyphenols accepts an electron and forming a stable phenoxyl structure that intersects the continuous oxidation in the cell and prevents the formation of free radicals. So, GSE protects cells by reducing the oxidative damage and the release of inflammatory mediators [35]. Therefore, pre- and co-treatments with GSE restored the normal hepatic architecture with only mild pathological alterations (Fig. 2D) and these findings confirmed the protective effect of GSE against TiO<sub>2</sub>-NP-induced hepatic damage.

TLR-4 and NF-κB are critical signaling mediators in inflammatory response; therefore, inhibition of TLR-4/NF-κB signaling with antioxidants will alleviate the inflammatory response and prevent cell death [93].

The novel results of this study are the inhibition of TLR-4/NF-κB signaling pathway by GSE indicated by the significant reductions in the mRNA expression levels of TLR-4, NF-κB, NIK, and TNF-α in the hepatic tissues obtained from GSE+TiO<sub>2</sub>-NP-treated rats (Table 5). In this respect, Sharma et al. [90] and Mantena and Katiyar [94] reported the inhibitory effect of GSE proanthocyanidins on UV-induced oxidative stress and NF-κB signaling pathway in normal human epidermal keratinocytes as well as in SKH-1 hairless mice. Chiefly, the efficacy of flavonoid extractions is extensively studied.

Flavonoids contribute to the regulation of LPS-induced inflammatory response in RAW264.7 cells through TLR-4 mediated NF-κB and JNK pathways [95]. Additionally, Yang et al. [96] reported that inhibition of TNF-α is able to suppress the activation of TLR-4 and NF-κB signaling pathway that consequently inhibits cytokine production and protect hepatic tissues from being injured by excessive immune reactions.

The present results indicated that targeted inhibition of the TLR-4/NF-κB signaling pathway might be a possible underlying mechanism of antioxidative and anti-inflammatory responses achieved by GSE proanthocyanidins for alleviating TiO<sub>2</sub>-NP hepatotoxicity.

## Conclusion

In conclusion, the signaling cascade in TiO<sub>2</sub> NP-induced hepatotoxicity might occur via ROS production and activation of TLR-4 after binding with TiO<sub>2</sub>-NPs → excess ROS → NIK → NF-κB → TNF-α → inflammation and tissue injury. The current data suggest that GSE proanthocyanidins with their antioxidant activities could modulate the oxidative damage and inflammatory response via inhibiting TLR-4/NF-κB signaling pathway in the liver following TiO<sub>2</sub>-NPs toxicity which is closely related to oxidative stress. Therefore, the inhibition of TLR-4/NF-κB signaling pathway is expected to become a novel strategy for the prevention of hepatotoxicity. Also, GSE proanthocyanidins may be a potential choice for the prevention and alleviation of nanotoxicities.

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**Compliance with ethical standards** All experimental procedures were in accordance with the guidelines of local Animal Care and Use Committee established at the Beni-Suef University (BSU-IACUC). The study was performed after obtaining an approval number (018-8) to conduct the animal experiments.

**Conflict of interest** The authors declare that they have no conflict of interest.

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