

## Aluminum Trichloride Inhibits the Rat Osteoblasts Mineralization In Vitro

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Abstract Aluminum (Al) is an accumulative toxic metal. Excessive Al accumulation inhibits osteoblasts mineralization and induces osteoporosis. However, the inhibition mechanism of Al on the mineralization is not fully understood. Thus, in this study, the rat osteoblasts were cultured and exposed to 0 mmol  $L^{-1}$  (control group, CG) and 0.52 mmol  $L^{-1}$  aluminum trichloride (AlCl<sub>3</sub>, treatment group, TG) for 7, 14, and 21 days, respectively. We found that mineralized matrix nodules, the activity of bone alkaline phosphatase, the concentration of extracellular calcium, the mRNA expression of type-I collagen, the mRNA and protein expressions of osteopontin, osteocalcin, and bone sialoprotein were all decreased, while the concentration of extracellular phosphorus was increased in TG compared with CG with time prolonged. Taken together, these results indicated that AlCl<sub>3</sub> inhibited osteoblasts mineralization in vitro.

Keywords Aluminum trichloride  $\cdot$  Mineralization  $\cdot$  Osteoblasts  $\cdot$  Rat

## Introduction

Osteoporosis threatens human with high incidence of disease [1, 2]. In Europe alone, 22 million women and 5.5 million

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<sup>2</sup> College of Animal Science and Technology, Northeast Agricultural University, Harbin 150030, China men have osteoporosis [3]. Meanwhile, the residual of available aluminum (Al) in biologically ecosystem has been substantially increasing during recent years, so Al contamination becomes an increasing problem in human society [4]. Al compounds and derivatives are used in the preparation of various commercial products, including therapeutic agents, water purifiers, and food additives [5]. They are released into the environment both by natural processes and from anthropogenic sources, thus increasing the risk of consumer and occupational exposures [6]. Human exposure to Al may occur from the environment and through the drinking water and the consumption of certain medications. Al accumulation induces bone toxicity in human and is a risk factor for osteoporosis [7, 8]. Osteoporosis attributes to the abnormal bone mineralization. In particular, Al can inhibit bone formation through inhibiting bone mineralization [9, 10]. Therefore, the abnormal bone mineralization induced by Al may be the potential risk of osteoporosis. But the inhibition mechanism of aluminum trichloride (AlCl<sub>3</sub>) on the mineralization is not completely clarified.

Osteoblasts mineralization is an important osteoplastic link and specific biological process of the bone in which calcium (Ca) and phosphorus (Pi) deposit on type-I collagen (Col I) to form hydroxyapatite. Bone alkaline phosphatase (B-ALP), osteocalcin (OCN), osteopontin (OPN), and bone sialoprotein (BSP) are the important regulators of bone matrix mineralization and adjust the hydroxyapatite formation [11]. During the mineralization, Col I is the primary composition of extracellular matrix, which provides a mineralization scaffold for bone matrix. B-ALP secreted by osteoblasts can hydrolyze phosphate ester to provide the Pi for promoting the hydroxyapatite formation [12]. OCN is the most abundant non-collagen protein of the extracellular mineralized matrix. It can reside on the surfaces of hydroxyapatite crystals and maintain normal bone mineralization [13]. OPN regulates the hydroxyapatite

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crystals size and shape during its growth [14]. BSP, as a specific protein in mineralized tissue, can promote the formation of hydroxyapatite crystals and start-up the mineralization process [15]. However, it is unknown whether these regulatory factors were involved in the toxic effects of Al on osteoblasts mineralization.

Therefore, the components of bone matrix (Ca, Pi, and Col I) and main mineralization regulatory factors (B-ALP, OCN, OPN, and BSP) were measured to explore the effect of AlCl<sub>3</sub> on osteoblasts mineralization, which will provide a theoretical foundation for revealing the mechanism of osteoporosis induced by AlCl<sub>3</sub>.

## **Materials and Methods**

## **Rat Osteoblasts Isolation and Treatment**

The design and procedure of experiment were approved by the Animal Ethics Committee of the Northeast Agricultural University (Harbin, China). The isolation and depuration of rat osteoblasts were done according to Matsuda et al. [16]. The healthy 3-day-old newborn SD rats were anesthetized by ether and then disinfected in 75 % ethanol for about 10 min. Calvarial osteoblasts were aseptically isolated from the skull of the rats. The endosteum and periosteum of calvarial were stripped off and washed with cold phosphate-buffered saline (PBS, pH 7.2). The rat cranium was cut into  $1-2 \text{ mm}^2$  pieces and digested with trypsin (2.5 g/L) for 15 min at room temperature and then digested with collagenase II (1.0 g/L) for 1 h in 37 °C water bath. The digested cranium was centrifuged at  $1200 \times g$  for 10 min at room temperature. The precipitated rat calvarial osteoblasts were suspended in Dulbecco's modified Eagle medium (DMEM; Gibco, Carlsbad, CA) containing 10 % fetal calf serum (FBS; Sigma, USA) and incubated overnight at 37 °C under an atmosphere containing 5 % CO<sub>2</sub>.

The rat osteoblasts (9 × 10<sup>4</sup> cells/mL) were cultured with DMEM until 90 % confluence in 24-well plates and then changed to mineralization medium containing 10 mmol L<sup>-1</sup>  $\beta$ -glycerophosphate (Sigma, USA), 50 µg mL<sup>-1</sup> ascorbic acid (Sigma, USA), and 0.1 µmol L<sup>-1</sup> dexamethasone (Sigma, USA) and exposed to 0 mmol L<sup>-1</sup> (control group, CG) and 0.52 mmol L<sup>-1</sup> AlCl<sub>3</sub> (1/10 IC<sub>50</sub>, treatment group, TG) for 7, 14, and 21 days, respectively.

## **Determination of Mineralized Matrix Nodules**

The determination of mineralized matrix nodules was done according to Matsuda et al. [16]. The rat osteoblasts  $(9 \times 10^4 \text{ cells/mL})$  were stained using alizarin red staining on days 7, 14, and 21 for assessing the mineralized matrix nodules. The supernatant was removed, and rat osteoblasts were fixed in 95 % ethanol for 10 min and then washed twice

by PBS and stained with 0.1 % alizarin red S (ARS; Sigma, USA) for 30 min at room temperature. Finally, stained rat osteoblasts were observed under the inverted phase contrast microscope (Nikon, Japan). SigmaScan (Systat Software International, San Jose, CA) was used to count the number of red pixels per field [17].

## **Determination of the B-ALP Activity**

The supernatant of rat osteoblasts (9  $\times$  10<sup>4</sup> cells/mL) were collected on days 7, 14, and 21, and the activity of B-ALP was measured by ELISA kit (R&D Systems, Inc. Shanghai, China) according to the manufacturer's instructions. The optical absorbance was measured at 450 nm on a microplate reader (Bio-Tek Epoch, USA).

## Determination of Extracellular Ca and Pi Concentration

On days 7, 14, and 21, the concentrations of Ca and Pi in the supernatant of rat osteoblasts ( $9 \times 10^4$  cells/mL) were measured with the method of colorimetric and phosphomolybdate kit (Nanjingjiancheng Co., Ltd., Nanjing, China) according to the manufacturer's instructions, respectively. The optical absorbance was measured at 610 nm (Ca) and 660 nm (Pi) on a microplate reader (Bio-TekEpoch Co., Ltd., VT, USA).

#### The mRNA Expressions of Col I, OCN, OPN, and BSP

The mRNA expressions of Col I, OCN, OPN, and BSP of rat osteoblasts (2  $\times$  10<sup>6</sup> cells/mL) were determined according to Sun et al. [18]. On days 7, 14, and 21, the total RNA of rat osteoblasts were isolated using Trizol reagent according to the manufacturer's instructions (Invitrogen Co., Ltd., Beijing, China). Total RNA was analyzed by spectrophotometry at 260 and 280 nm using a Gene Quant II RNA/DNA Calculator (Pharmacia, BiotechCo., Ltd., Cambridge, UK). Only samples with an optical density ratio at 260/280 nm >1.8 were used for cDNA synthesis with reverse transcription kit (TaKaRa Co., Ltd., Tokyo, Japan). Synthesized cDNA was diluted five times with sterile water and stored at -80 °C before use. Primer Premier Software (PREMIER Biosoft International Co., Ltd., CA, USA) was used to design specific primers for Col I, OCN, OPN, BSP, and β-actin based on rats sequences (Table 1). The gene expression was evaluated by real-time fluorescence relative quantitative reverse transcription-polymerase chain reaction (qRT-PCR) analysis using the SYBR Green QuantiTect RT-PCR Kit (Qiagen Inc., Valencia, CA, USA). RT-FR-qPCR was performed on a 7000 Fast Real-Time PCR System (Applied Biosystems, ABI, USA). The relative mRNA expression was normalized to  $\beta$ actin levels.

Gene	Serial number	Primer sequence	Primer length (bp)	Size of the products (bp)
CoL I	NM_053304.1	Forward5'- AGCAGACGGGAGTTTCACCTC 3' Reverse 5'- TGTCTTCTTGGCCATGCGTCA 3'	21 21	193
OCN	NC_005113.3	Forward 5'- AGAAAGAGCAGCACGGTTGAG -3' Reverse 5'- TAGCCATGCCCCTTGTAGTAG -3'	21 21	372
BSP	AC_000069.1	Forward 5'- CCAACTTCCTAGTCGGATTG -3' Reverse 5'- CCCCCTCAGCAGCGAAGTGA -3'	20 20	325
OPN	AC_000082.1	Forward 5'- ACTGCTCCAGGCTGTGTGTTTC -3' Reverse 5'- ATGGACGATGATGACGACGAC -3'	23 23	286
β-actin	AY_550025.1	Forward 5'- GCTAATGGTGGACCGCAACAACG -3' Reverse 5'- CTTGCTGTACTGTGTGTGTCCAGGC -3'	19 19	291

Table 1 Gene-special primers for CoL I, OCN, BSP, OPN and β-actin used in the qPCR

## The Protein Expressions of OCN, OPN, and BSP

The protein expressions of OCN, OPN, and BSP were determined by western blotting method according to Sun et al. [18]. On days 7, 14, and 21, the total protein of rat osteoblasts (2  $\times$  10<sup>6</sup> cells/mL) was extracted on the ice cake. The protein concentration was determined by BCA protein assay kit (Beyotime Institute of Biotechnology, USA). The extracted protein was separated by SDS-PAGE method, and the protein was transferred onto PVDF membranes. The PVDF membranes were then blocked with 5 % skimmed milk for 1 h, followed by incubation with primary antibodies (the OCN, sc-376835, the ratio of 1:500; OPN, sc-21742, the ratio of 1:400; BSP, sc-292394, the ratio of 1:200) (Santa Cruz Biotechnology, Santa Cruz, CA, USA) overnight at 4 °C, respectively. The membranes were subsequently incubated for 1 h at room temperature with secondary antibodies (Peroxidase-Conjugated AffiniPure Goat Anti-Mouse IgG (H + L) (ZB-2305), the ratio of 1:5000; Peroxidase-Conjugated AffiniPure Goat Anti-Mouse IgG (H + L) (ZB-2305), 1:2000; Peroxidase-Conjugated AffiniPure Goat Anti-Rabbit IgG (H + L) (ZB-2301), 1:2000) (ZSGB-BIO, Beijing, China), respectively. Mouse anti-beta actin monoclonal antibody (TA-09) was diluted at 1:200 and Peroxidase-Conjugated AffiniPure Goat Anti-Mouse IgG (H + L) (ZB-2305) was diluted at 1:4000 (ZSGB-BIO, Beijing, China). The protein was detected using the enhanced chemiluminescent (ECL) reagent (Beyotime Institute of Biotechnology). Quantitative analysis was carried out using ImageJ analysis system.

### **Statistical Analysis**

was used to check the normal distribution of data. Levene's test was used to assess the variance homogeneity. One-way ANOVA with LSD and Bonferroni's method was used to conduct multiple comparisons. Data were shown as least square means and standard error (SE, bar on the top of each column). \*\*P < 0.01 was considered markedly significant difference and \*P < 0.05 was considered significant difference versus CG. ##P < 0.01 was considered markedly significant difference versus CG. #P < 0.05 was considered significant difference versus TG on day 7.

## Results

# Effects of AlCl<sub>3</sub> on the Formation of Mineralized Matrix Nodules

Osteoblasts were demonstrated by the red mineralized nodules (Fig. 1a). The number of mineralized matrix nodules were decreased gradually in TG with the time prolonged and were significantly lower than those in CG on days 7, 14, and 21 (P < 0.01) (Fig. 1b).

### The B-ALP Activity

The B-ALP activity was decreased gradually in TG with the time prolonged and was significantly lower than those in CG on days 7, 14, and 21 (P < 0.01) (Fig. 2).

## The Concentration of Extracellular Ca and Pi

The concentration of extracellular Ca in all groups were increased gradually with the time prolonged, while the concentration of extracellular Ca in TG was significantly lower than those in CG on days 7, 14, and 21 (P < 0.01) (Fig. 3a). The concentration of extracellular Pi in all groups was decreased gradually with the time prolonged, while the concentration of





**Fig. 1** Effects of AlCl<sub>3</sub> on mineralized matrix nodules ( $\times$ 100). **a** Rat osteoblasts were stained by the alizarin red staining. The *arrows* showed mineralized matrix nodules. **b** The number of red pixels per

extracellular Pi in TG was significantly higher than those in CG on days 7, 14, and 21 (P < 0.01) (Fig. 3b).



**Fig. 2** Effects of AlCl<sub>3</sub> on the activity of B-ALP in supernatant. Data are represented as the means  $\pm$  SE. *CG* control group, *TG* treatment group. \*\**P* < 0.01 CG, ##*P* < 0.01 versus TG on day 7

field was count by SigmaScan. Data are represented as the means  $\pm$  SE. *CG* control group, *TG* treatment group. \*\**P* < 0.01 versus CG, <sup>##</sup>*P* < 0.01 versus TG on day 7

## The mRNA Expressions of Col I, OCN, OPN, and BSP

The mRNA expressions of Col I was decreased gradually in TG with the time prolonged and were significantly lower than those in CG on days 7, 14, and 21(P < 0.05, P < 0.01) (Fig. 4a). The mRNA expression of OCN was decreased gradually in TG with the time prolonged and was significantly lower than those in CG on days 7, 14 (P < 0.01), and 21 (P > 0.05) (Fig. 4b). The mRNA expressions of OPN (Fig. 4c) and BSP (Fig. 4d) were decreased gradually in TG with the time prolonged and were significantly lower than those in CG on days 7, 14, and 21 (P > 0.05) (Fig. 4d) were decreased gradually in TG with the time prolonged and were significantly lower than those in CG on days 7, 14, and 21 (P < 0.01).

## The Protein Expressions of OCN, OPN, and BSP

Figure 5a represents the protein bands and Fig. 5b–d represents the gray values of the OCN, OPN, and BSP, respectively. Data are represented as the



The protein expressions of OCN, OPN, and BSP were decreased gradually in TG with the time prolonged and were significantly lower than those in CG on days 7, 14, and 21 (P < 0.01).

## Discussion

Osteoblasts mineralization cycle is still controversial from 7 to 21 days after adding mineralization medium [19, 20]. To investigate the effects of AlCl<sub>3</sub> exposure on the mineralization process, we cultured rat osteoblasts with mineralization medium for 7, 14, and 21 days, respectively. Our results found that AlCl<sub>3</sub> exposure suppressed the number of mineralized matrix nodule, disturbed metabolic balance of Ca and Pi, decreased the Col I deposition, and suppressed expressions of mineralization regulatory factors (B-ALP, OCN, OPN, and BSP), indicating that AlCl<sub>3</sub> inhibits osteoblasts mineralization.

The aberrant bone mineralization inhibits bone formation and induces osteoporosis. Degeratu et al. confirmed that Al<sup>3+</sup>

inhibited growth of hydroxyapatite calcospherite and mineralization [21]. In our study, a clear decrease in mineralized nodule number was observed in osteoblasts with AlCl<sub>3</sub> administration time prolonged. This result may be attributed to the imbalance of Ca and Pi caused by AlCl<sub>3</sub>. Ca and Pi are essential elements for bone mineralization, and Ca can combine with Pi to form hydroxyapatite [22]. Furthermore, imbalance of Ca and Pi could inhibit osteoblasts mineralization [23]. Sánchez et al. found that Al accumulation in bone disturbed the metabolism of Ca and Pi [24]. In this experiment, the Ca concentration was decreased and Pi concentration was increased with AlCl<sub>3</sub> administration time prolonged, which might attribute to the direct effect of AlCl<sub>3</sub> exposure or the antagonism effect of Ca and Pi. Moreover, Lossdörfer et al. found that the release of Ca and Pi to the cell medium was altered in a reciprocal manner of human osteoblasts. At low Pi concentration, Ca was released to a greater extent and at high Pi concentration, Ca was released to lesser extent [25]. Taken together, these results indicated that AlCl<sub>3</sub> impaired bone mineralization by an imbalance of Ca and Pi.





Fig. 5 Effects of AlCl<sub>3</sub> on the OCN, OPN, and BSP protein expressions of osteoblasts. Data are represented as the means  $\pm$  SE. CG control group, TG treatment group. \*\*P < 0.01versus CG,  ${}^{\#}P < 0.01$  versus TG on day 7

191



B-ALP and Col I are secreted by osteoblasts and are reliable and sensitive markers for osteoblasts mineralization and bone formation. B-ALP can modulate ossification in mineralization [26, 27]. As a stent of bone mineralization, Col I plays a critical role in mediating mineralization of the extracellular matrix (ECM) [28] and presents high expression in the interim of mineralization [29].

In neonatal mouse osteoblasts, AlCl<sub>3</sub> decreased ALP activity and Col I synthesis [30]. Moreover, Al induced a dosedependent inhibition of nodule formation and calcification and may be related to its inhibition of collagen production in mouse osteoblasts [31]. Our previous research found that AlCl<sub>3</sub> reduced B-ALP activity in rat serum and osteoblasts [32]. In this experiment, the B-ALP activity and Col I mRNA expression were significantly decreased with AlCl<sub>3</sub> administration time prolonged, indicating that AlCl<sub>3</sub> inhibited formation of hydroxyapatite crystals and synthesis, secretion, and mineralization of bone matrix.

OCN, OPN and BSP, synthesized and secreted by osteoblasts, are the main non-collagen proteins for regulating

mineralization [33]. OCN is a hydroxyapatite-binding protein and is considered to be a specific functional marker of osteoblast mineralization [34]. Gomez-Alonso et al. found that Al exposure reduced the serum OCN levels in rats and led to the inhibition of bone formation [35]. Fanti et al. found AlCl<sub>3</sub> decreased the OCN content of culture medium with a dosedependent effect in osteoblasts [36]. In our study, the protein expression of OCN was significantly deceased with AlCl<sub>3</sub> administration time prolonged; the mRNA expression of OCN was significantly decreased on days 7 and 14 in TG compared with CG, low expression levels on day 21 both in CG and TG, and there was no significant difference. This might be a reason for the high expression levels of OCN at the early mineralization and lower expression levels at the late stage of mineralization which marks the mineralization termination [13]. OPN is a highly acidic glycosylated phosphoprotein and a non-collagenous ECM protein in mineralized tissues [37, 38]. Moreover, OPN is involved in bone cell attachment to ECM and acts as a chemoattractant for bone cells during the early and late stage of bone development [39].

Attachment of osteoblasts to OPN was mediated by arginineglycine-aspartate (RGD) peptide sequence [40]. Meanwhile, the RGD of OPN molecule combines with hydroxyapatite during the osteoblasts mineralization and can regulate size and shape of mineralized crystal [38, 39, 41]. BSP is an anionic phosphoprotein in the ECM of mineralized tissues and a promoter of biomineralization and osteoblast development [42, 43]. BSP, also contains RGD sequences [44, 45], is critical for hydroxyapatite formation activity [46]. The RGD of BSP molecule mediates cell attachment and promotes osteoblasts mineralization in vitro [47-50]. In this experiment, the mRNA and protein expressions of BSP were increased on day 21 in CG; this result may be attributed to the high expression levels of BSP during maturation from osteoblasts [51–53]. In another side, in this study, the mRNA and protein expressions of BSP and OPN were decreased with AlCl<sub>3</sub> administration time prolonged, which indicated that AlCl<sub>3</sub> inhibited mineralization of bone matrix. Moreover, our previous research found that AlCl<sub>3</sub> exposure inhibited osteoblasts activity [32], which might be a reason for the inhibitory effect of AlCl<sub>3</sub> on expressions of BSP and OPN. Collectively, these results indicated that AlCl<sub>3</sub> inhibited the mineralization of osteoblasts on gene and protein levels.

## Conclusion

AlCl<sub>3</sub> exposure suppressed the formation of mineralized matrix nodule and reduced the expressions of main mineralization regulatory factors, indicating that AlCl<sub>3</sub> inhibits osteoblast mineralization with time prolonged.

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#### **Compliance with Ethical Standards**

**Conflict of Interest** The authors declare that they have no conflicts of interest.

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