

The Protective Effect of *Physalis peruviana* L. Against Cadmium-Induced Neurotoxicity in Rats

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Abstract The present study was carried out to investigate the protective effect of *Physalis peruviana* L. (family Solanaceae) against cadmium-induced neurotoxicity in rats. Adult male Wistar rats were randomly divided into four groups. Group 1 was used as control. Group 2 was intraperitoneally injected with 6.5 mg/kg bwt of cadmium chloride for 5 days. Group 3 was treated with 200 mg/kg bwt of methanolic extract of *Physalis* (MEPh). Group 4 was pretreated with MEPh 1 h before cadmium for 5 days. Cadmium treatment induced marked disturbances in neurochemical parameters as indicated by significant ($p < 0.05$) reduction in dopamine (DA), serotonin (5-HT), and 5-hydroxyindoleacetic acid (5-HIAA) in cerebellum, hippocampus, and cerebral cortex and enhanced significantly ($p < 0.05$) the levels of lipid peroxidation and nitric oxide in the brain. Cadmium treatment also decreased the amount of nonenzymatic and enzymatic antioxidants significantly ($p < 0.05$). Pretreatment with MEPh resulted in significant ($p < 0.05$) decreases in lipid peroxidation and

nitric oxide levels and restored the amount of glutathione successfully. Although, preadministration of MEPh also brought the activities of cellular antioxidant enzymes, namely superoxide dismutase, catalase, glutathione peroxidase, and glutathione reductase significantly ($p < 0.05$) to the control levels, as well as the levels of Ca^{2+} , Cl^- , DA, 5-HT, and serotonin metabolite, 5-HIAA. These data indicated that *Physalis* has a beneficial effect in ameliorating the cadmium-induced oxidative neurotoxicity in the brain of rats.

Keywords *Physalis peruviana* L. · Cadmium · Neurotoxicity · Oxidative stress · Rats

Introduction

Cadmium (Cd) is a major toxic metal and represents an increasing risk for cancer as a pollutant of the environment at large. Inhalation of Cd fumes or dust is the main route in occupational exposure to Cd. It is widely used in industry as anticorrosive in plating metals and manufacturing storage batteries, alloys, stabilizer, and pigments. Also, it is absorbed in significant quantities from cigarette smoke. Therefore, Cd concentration has been widely increased in the environment [1, 2].

Cadmium accumulation in the human body is dangerous and may also be linked to osteomalacia, infertility, hepatotoxicity, and nephrotoxicity [1]. Due to its high blood-brain barrier permeability [3], neurological disorders such as learning disabilities and hyperactivity in children may occur after Cd exposure [4]. Parkinsonism has been noticed by Okuda et al. [5] after acute exposure to Cd. The mechanism by which Cd induces neurological damage is partially known. Cd induces oxidative stress, which produces protein damage in neuronal cells [4] and subsequently neurodegeneration [5]. Cd is also known to enhance the production of free radicals

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in the brain and affects the cellular defense mechanism [6]. However, the toxic effects of Cd are rather complex and still debated [3].

Strong interest in the antioxidant properties of fruits is growing rapidly during the last few years [7, 8]. *Physalis peruviana* Linnaeus is belonging to the family Solanaceae and genus *Physalis*. Many medicinal properties are attributed to *Physalis* such as antispasmodic, diuretic, antiseptic, sedative, analgesic, helping to fortify the optic nerve, throat trouble relief and elimination of intestinal parasites and amoeba. There are studies indicating that eating the fruit of *Physalis* reduces blood glucose after 90 min postprandial in young adults, causing a greater hypoglycemic effect after this period [8]. The calyces of *Physalis* are widely used in folk medicine for its properties as anticancer, antimicrobial, antipyretic, diuretic, and anti-inflammatory immunomodulator [9]. For examples, in different regions of Colombia, some of its medicinal properties are to purify blood of kidneys, decrease albumin, clean the cataract, and calcify and control amebiasis [8]. In Peruvian traditional medicine, the fruit of *Physalis* is used empirically to treat cancer and other diseases like hepatitis, asthma, malaria, and dermatitis; however, their properties have not been scientifically proven [10].

In this study, we evaluated the use of *Physalis* against cadmium-induced neurotoxicity in rats. Such investigation will explore the potential therapeutic or preventive approaches that can be developed in future studies by blocking or minimizing the destructive effects of Cd to the brain.

Materials and Methods

Animals

Twenty-eight adult male Wistar albino rats weighing 200–250 g (10–12 weeks) were obtained from The Holding Company for Biological Products and Vaccines (VACSERA, Cairo, Egypt). The animals were kept in wire-bottomed cages in a room under standard condition of illumination with a 12-h light-dark cycle at 25 ± 1 °C for 1 week until the beginning of treatment. They were provided with tap water and balanced diet ad libitum. All animals have received human care in compliance with the state authorities following the Egyptian rules of animal protection.

Plant Material

P. peruviana L. fresh fruits were collected from the market of East Cairo, Egypt, in the months of February–March 2012. The plant material was authenticated in the Botany Department, Faculty of Science, Helwan University, Cairo, Egypt, on the basis of taxonomic characters and by direct

comparison with the herbarium specimens available at the herbarium of the Botany Department.

Physalis Juice Preparation and Stability

The methanolic extract of *Physalis* (MEPh) was prepared as described [11]. Briefly, the fresh fruits of *P. peruviana* L. (10 kg) were separated from their calyces and homogenized. The pulp was consecutively macerated for 1 day in petroleum ether, ethyl acetate, chloroform, and methanol, respectively. On the basis of the preliminary phytochemical tests conducted, the methanol extract was found to be rich in terms of chemical constituents and therefore was selected for the experiment. The methanol was removed under reduced pressure to obtain a semisolid mass of MEPh. The MEPh was then stored in -20 °C until used.

Experimental Protocol

To study the protective effects of *Physalis* on Cd-mediated neurological toxicity, adult male rats were randomly allocated to four groups of seven rats of each. Group 1 (Con) served as control and received 300 μ l of saline by oral administration route every day for 5 days. Group 2 (Cd) received daily 300 μ l of saline by oral administration, and after 1 h, they received intraperitoneal injection of 6.5 mg CdCl₂/kg bwt for 5 days. Group 3 (MEPh) received daily oral administration of 200 mg MEPh/kg bwt for 5 days, and the animals of group 4 (MEPh+Cd) administrated with 200 mg MEPh/kg bwt 1 h before cadmium injection and daily for 5 days. The level of the orally administered dosage of MEPh (200 mg/kg bwt) was based on the previous work of Abdel Moneim and El-Dieb [12] and the dose of CdCl₂ (6.5 mg/kg bwt) selected on the basis of the previous studies [13, 14].

After 24 h of the last injection of CdCl₂, the animals of all groups were sacrificed by cervical dislocation under diethyl ether anesthesia. Brains of rats were carefully removed. Dissection of brains was performed on an ice-cold glass plate for the separation of three brain regions (cerebellum, hippocampus, and cerebral cortex) according to the method described by Glowinski et al. [15]. The three regions from seven rats in each group were longitudinally divided into two equal parts; the first parts were stored frozen for further determination of monoamines and ions levels. The second parts were weighed and homogenized immediately to give 50 % (w/v) homogenate in ice-cold medium containing 50 mM Tris-HCl, pH 7.4, and centrifuged at 500 g for 10 min at 4 °C. The supernatant was used for the various biochemical determinations.

The total protein content of the homogenized brain was determined by the method of Lowry et al. [16] using bovine serum albumin as a standard.

Biochemical Estimations

Monoamines and Ion Levels in Brain Regions

Dopamine (DA), serotonin (5-HT), and serotonin metabolites, 5-hydroxyindoleacetic acid (5-HIAA), were extracted and measured in the three regions of each brain using fluorometric technique according to the modified method of Ciarlone [17]. The fluorescence was measured in Jenway 6200 fluorometer. The brain ion (Ca^{2+} and Cl^-) levels were also determined according to the method of Murphy [18]. Briefly, tissue samples of the brain regions were dried in oven at 60 °C and combusted at 450 °C for 24 h. Thereafter, the combusted samples were dissolved in hot solution of 1 M HNO_3 . The samples were transferred into 50-ml volumetric flasks and adjusted with the deionized water to this volume. The appropriately diluted and digested tissue samples were analyzed using flame atomic absorption spectrophotometer (Perkin-Elmer, 3100).

Oxidative Stress

Nitrite/nitrate (NO) and lipid peroxidation (LPO) were assayed colorimetrically in the brain homogenates according to the methods of Green et al. [19] and Ohkawa et al. [20], respectively, where LPO was determined by using 1 ml of trichloroacetic acid 10 % and 1 ml of thiobarbituric acid 0.67 % which were then heated in a boiling water bath for 30 min. Thiobarbituric acid reactive substances (TBARS) were determined by the absorbance at 535 nm and expressed as malondialdehyde (MDA) formed. Nitric oxide was determined by optimized acid reduction method at 540 nm using UV-Vis spectrophotometer (Jasco, V-630, Tokyo, Japan).

In addition, the neuronal glutathione (GSH) was determined by the methods of Ellman [21]. This method is based on the reduction of Elman's reagent (5,5'-dithiobis(2-nitrobenzoic acid) "DTNB) with GSH to produce a yellow compound. The reduced chromogen was directly proportional to GSH concentration, and its absorbance can be measured at 405 nm (UV-Vis spectrophotometer, Jasco, V-630, Tokyo, Japan).

Enzymatic Antioxidant Status

The activities of neuronal antioxidant enzymes as superoxide dismutase (SOD) activity were assayed by the method of Nishikimi et al. [22]. This assay relies on the ability of the enzyme to inhibit the phenazine methosulfate-mediated reduction of nitroblue tetrazolium (NBT) dye. NBT method is adequate to determine both forms of SOD, MnSOD, and Cu/ZnSOD.

Brain catalase (CAT) activity was assayed by the method of Aebi [23]. Briefly, 50 μl of brain homogenates were added to

30 mM H_2O_2 in 50 mM of potassium phosphate buffer (pH 7.8), and the consumption of H_2O_2 was measured at 340 nm for 120 s at 20-s intervals. CAT activity was expressed in units per gram tissue (U/g tissue).

The activity of GSH peroxidase was determined by the method described in the study of Smith and Levander [24]. The reagent mixture was modified for analysis to be conducted in 1-ml reagent using a quartz cuvette with 1-cm path length. It contained 50 mM phosphate buffer, pH 7.0, 25 mM tBOOH, 0.0025 % sodium azide, and 0.5 mM GSH; and 0.1 mM NADPH and 2 units/ml GSH reductase. Approximately 100 μl of sample was used for each determination. After the reaction was started by addition of GSH reductase, the decrease in NADPH level was measured at a wavelength of 340 nm by taking a reading every minute for up to 15 min. The decrease should be linear during the entire period, and the activity of the enzyme was calculated from the rate of change in NADPH using $\epsilon=6,270 \text{ M/cm}$.

The activity of GSH reductase was measured by the method described by Dringen and Gutterer [25] in a 1-ml reagent containing 50 mM phosphate buffer, pH 7.0, 1 mM EDTA, 10 mM GSSG, and 0.1 mM NADPH. Activity of the enzyme was determined by the time-dependent change in NADPH ($\epsilon=6,270 \text{ M/cm}$) after the addition of the sample.

Statistical Analysis

Results were expressed as the mean \pm standard error of the mean (SEM). Data for multiple variable comparisons were analyzed by one-way analysis of variance (ANOVA). For the comparison of significance between groups, Duncan's test was used as a post hoc test according to the Statistical Package for the Social Sciences (SPSS version 17.0), and figures were drawn with Origin (version 8). All p values are two-tailed, and $p<0.05$ was considered as significant for all statistical analysis in this study.

Results

It is clear from the data in Table 1 that the daily intraperitoneal injection of 6.5 mg CdCl_2/kg bwt for five consecutive days induced a significant ($p<0.05$) reduction in DA, 5-HT, and 5-HIAA levels on all examined brain regions versus the control group. On the other hand, the MEPh administration to Cd-intoxicated rats caused a significant ($p<0.05$) increment in the levels of DA, 5-HT, and 5-HIAA as compared to Cd-injected group.

To evaluate the effect of Cd on brain ion homeostasis, Ca^{2+} and Cl^- were measured in the brain tissues. As shown in Table 2, Ca^{2+} levels increased significantly ($p<0.05$) in the cerebral cortex, hippocampus, and cerebellum upon Cd treatment. The levels of Ca^{2+} were slightly recovered to normal

Table 1 Effect of *Physalis* on neuronal content of monoamines levels (ng/g tissue) in cadmium-treated albino rats

Parameters	Control	Cd	MEPh	MEPh+Cd
Cerebral cortex				
DA	1,071.6±26.20	409.2±39.1 ^a	1,176.4±32.5	857.3±57.2 ^{a,b}
5-HT	611.4±10.4	518.4±19.1 ^a	718.7±15.6 ^a	733.4±42.1 ^{a,b}
5-HIAA	1,549.2±54.3	1,284.3±82.2 ^a	1,615.1±21.7	1,820.4±117.1 ^{a,b}
Hippocampus				
DA	6,824.4±535.4	2,547.6±112.0 ^a	7,040.2±808.9	6,328.6±78.7 ^b
5-HT	4,453.2±115.6	3,382.3±69.20 ^a	4,733.4±42.1 ^a	4,536.9±96.4 ^b
5-HIAA	13,048.2±143.2	8,520.3±92.9 ^a	13,978.6±229.5	12,051.4±101.6 ^{a,b}
Cerebellum				
DA	2,046.9±27.5	1,314.1±48.5 ^a	2,260.5±50.1 ^a	2,363.8±54.4 ^{a,b}
5-HT	3,181.4±206.4	1,606.4±140.3 ^a	3,266.6±116.2	2,804.5±247.9 ^{a,b}
5-HIAA	8,721.5±112.6	7,501.4±138.8 ^a	9,331.4±147.9 ^a	8,829.3±143.9 ^b

Values are means±SEM ($n=7$)

DA dopamine, 5-HT serotonin, 5-HIAA 5-hydroxyindoleacetic acid

^a $p<0.05$, significant change with respect to control group (Con)

^b $p<0.05$, significant change with respect to cadmium group (Cd)

levels after treatment with MEPh for five consecutive days. Additionally, there was a significant ($p<0.05$) reduction in Cl^- level in all brain regions under investigation of Cd-intoxicated rats. However, the oral administration of MEPh induced a significant ($p<0.05$) increase in Cl^- level in the cerebral cortex, hippocampus, and cerebellum as compared to the Cd group.

To examine the effect of Cd on oxidative stress markers, lipid peroxidation induction in the brain homogenates of rats treated with $CdCl_2$ was measured, and its levels were shown in Fig. 1. $CdCl_2$ administration caused a significant ($p<0.05$) increase in the level of LPO in brain compared to the control group. MEPh caused a significant ($p<0.05$) reduction in LPO level that increased by $CdCl_2$ administration. Although, the production of nitrite/nitrate (nitric oxide; NO) in the brain was significantly ($p<0.05$) increased in the Cd group when compared to the control group (Fig. 2). However, treatment with MEPh caused a significant decrease in the level of NO in the brain homogenates when compared to the Cd inoculated group.

To examine the major nonenzymatic antioxidant component involved in the clearance of substances formed during oxidative stress, GSH was measured in the brain of all the rat groups. As shown in Fig. 3, GSH substance was significantly ($p<0.05$) reduced in the brain homogenates of the Cd group

compared to the control group. This reduction was largely prevented by MEPh treatment.

To study the effect of neurotoxicity of cadmium in rats on production of cellular oxidants and modulation of antioxidant defense system, several parameters of oxidative stress were examined, including the activity of SOD, CAT, GSH peroxidase (GPx), and GSH reductase (GR) enzymes. As shown in Fig. 4 and Table 3, Cd administration led to modulation of all studied parameters of oxidative stress relative to the control animals. After 5 days of $CdCl_2$ administration, SOD, CAT, GPx, and GR activities in the brain homogenates decreased significantly ($p<0.05$) compared to the controls. On the other hand; MEPh pretreatment elevated the activities of SOD, CAT, GPx, and GR significantly ($p<0.05$) compared to the Cd group. However, MEPh treatment alone decreased the activity of SOD in the brain homogenates when compared with the control value (Fig. 4).

Discussion

Environmental Cd pollution may accumulate in human body through direct exposure or by food chain, resulting in

Table 2 Effect of *Physalis* on neuronal content of ion levels ($\mu g/g$ tissue) in cadmium-treated albino rats

Parameters	Control	Cd	MEPh	MEPh+Cd
Cerebral cortex				
Ca^{2+}	7.6±0.22	13.22±0.45 ^a	7.56±0.3	9.52±0.33 ^{a,b}
Cl^-	0.136±0.003	0.105±0.01 ^a	0.124±0.004	0.186±0.019 ^{a,b}
Hippocampus				
Ca^{2+}	36.05±1.90	263.0±11.57 ^a	40.84±1.68	97.83±1.28 ^{a,b}
Cl^-	0.679±0.02	0.453±0.03 ^a	0.714±0.10	0.989±0.04 ^{a,b}
Cerebellum				
Ca^{2+}	35.04±1.64	64.54±1.15 ^a	33.32±1.46	46.53±1.59 ^{a,b}
Cl^-	0.570±0.02	0.303±0.02 ^a	0.593±0.02	0.633±0.03 ^{a,b}

Values are means±SEM ($n=7$)

^a $p<0.05$, significant change with respect to control group (Con)

^b $p<0.05$, significant change with respect to cadmium group (Cd)

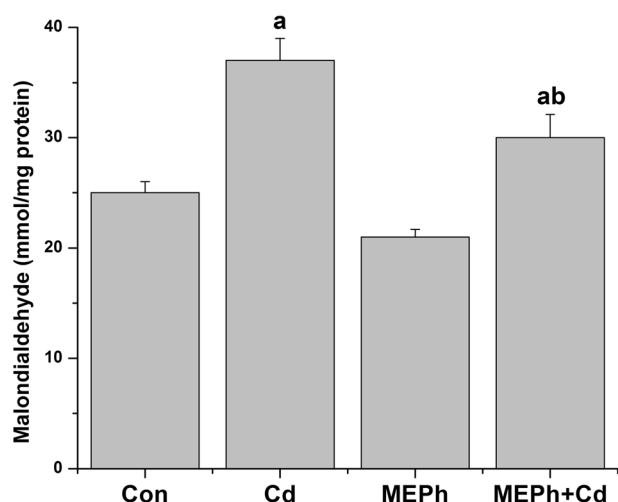


Fig. 1 Effects of *Physalis* on lipid peroxidation induction in the brain of rats treated with cadmium chloride for 5 days, data expressed as malondialdehyde formed. Values are means±SEM. Significant change at $p<0.05$ with respect to the control group (a). Significant change at $p<0.05$ with respect to Cd group (b)

neurodegeneration as well as many other diseases. Cd has a number of biological toxicities, including genotoxicity, reproductive toxicity, and teratogenic effects. Additionally, Cd may induce Parkinson's disease, Alzheimer's disease, and other neurodegenerative disorders primarily by triggering neuronal cell death [1, 2, 26]. In the current study, the decreases in monoamines levels as well as the disturbance in homeostasis of ions in the brain induced by Cd detoxification were prevented by Meph pretreatment, demonstrating that neurotoxicity of the brain was improved by this treatment.

Several reports studied the effect of cadmium accumulation in the brain as a whole brain tissue or in discrete brain regions. Cd administration is associated with changes in several neurotransmitter systems, such as DA, norepinephrine, serotonin,

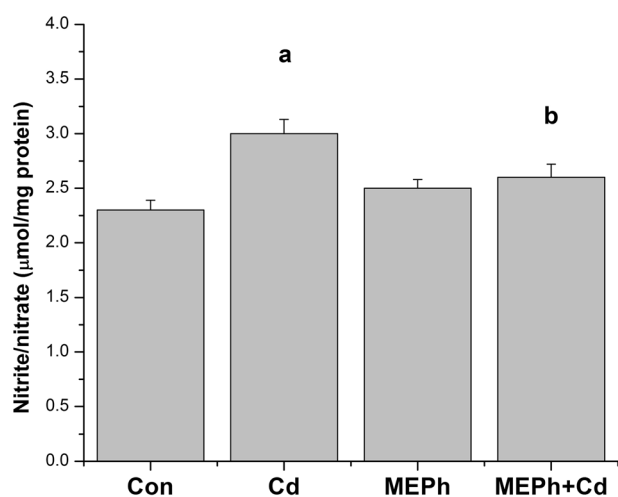


Fig. 2 Effects of *Physalis* on nitrite/nitrate production in the brain of rats treated with cadmium chloride for 5 days. Values are means±SEM. Significant change at $p<0.05$ with respect to the control group (a). Significant change at $p<0.05$ with respect to Cd group (b)

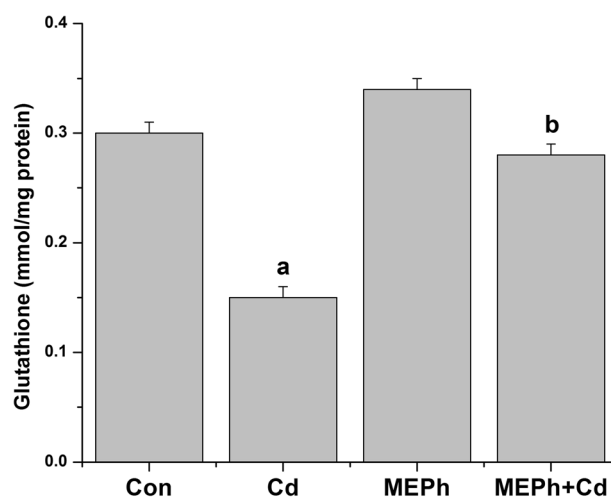


Fig. 3 Effects of *Physalis* on glutathione depletion in the brain of rats treated with cadmium chloride for 5 days. Values are means±SEM. Significant change at $p<0.05$ with respect to the control group (a). Significant change at $p<0.05$ with respect to Cd group (b)

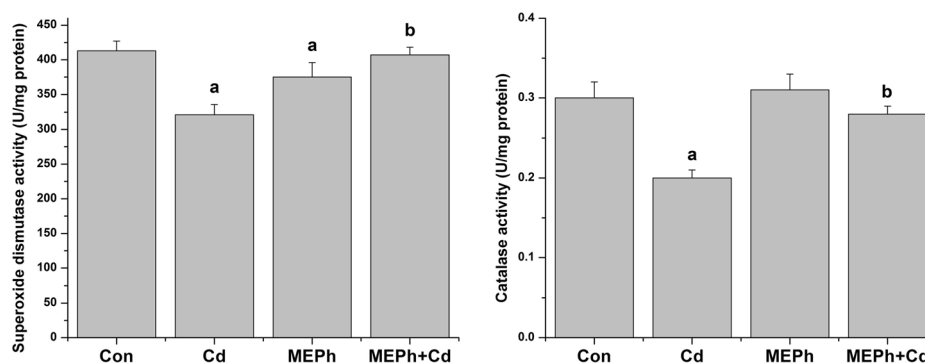
and serotonin metabolite, 5-HIAA. The changes in the severity are distinct in different brain regions depending on route, dose, and timing of exposure [27–29].

Pillai et al. [30] deduced that rat exposure to Cd associated with reduction of 5-HT and its metabolite 5-HIAA level in the brain tissues, due to changes on neurotransmitter metabolism in the central nervous system. It was confirmed by Andersson et al. [31], who attributed the reduction of 5-HIAA level to the blocking effect of Cd on 5-HT uptake which prevents 5-HT from metabolism by intraneuronal monoamine oxidase (MAO). In agreement with our observations, Lafuente et al. [28] and Pillai et al. [30] also indicated that rats treated with CdCl₂ showed a marked reduction of DA content in each investigated region.

Changes in the homeostasis of cytosolic Ca²⁺ concentration can affect the regulation of many neuronal functions. Our data revealed that injection of CdCl₂ for five consecutive days disrupted brain ion (Ca²⁺ and Cl⁻) homeostasis. Cd may block the Ca²⁺ influx through membrane channels into the nerve terminal following the action potential, and this reduction may be associated with an altered transmitter release [32]. In addition, Cd acts as a competitive ion to Ca²⁺ at the voltage-dependent Ca²⁺ channels, and it is a potent blocker of the Ca²⁺-dependent neurotransmitter release [33].

On the other hand, our neurochemical estimations revealed that *P. peruviana* extract modulated the disturbances in DA, 5-HT, and 5-HIAA levels in selected brain regions, indicating its ameliorative role in Cd-intoxicated rats. *P. peruviana* has an anxiolytic activity, through its flavonoids and endogenous benzodiazepines which acts as a potential central nervous system depressant and analgesic actions [34, 35]. In agreement with our results, Bopaiah et al. [36] found that plant extract formulation containing *Withania somnifera* (Solanaceae) induced a significant increase in the levels of DA in the frontal cortex,

Fig. 4 Effects of *Physalis* on superoxide dismutase and catalase suppression in the brain of rats treated with cadmium chloride for 5 days. Values are means±SEM. Significant change at $p<0.05$ with respect to the control group (a). Significant change at $p<0.05$ with respect to Cd group (b)



hypothalamus, and hippocampus and the 5-HT in the hypothalamus.

Brain has a high rate of oxidative metabolism, consuming ~20 % of the cardiac output. At the same time, the brain compared to lung, liver, and other organs contains relatively low levels of enzymatic and nonenzymatic antioxidants and high amounts of peroxidizable unsaturated lipids, rendering it more vulnerable to oxidative stress compared to other tissues [37]. Increasing evidences suggested that excessive production-free radicals in the brain and the imbalance between oxidative species and antioxidant defenses are related to the pathogenesis of neurodegenerative diseases. Recent studies have shown that administration of Cd produces reactive oxygen species (ROS), resulting in an increased lipid peroxidation, depletion of sulfhydryls, altered calcium homeostasis, impairment of antioxidant defenses, and finally DNA damage [38–40]. Our results show elevated LPO level in the brain due to Cd exposure, indicating that Cd-induced neurotoxicity might be due to the overproduction of free radicals and lipid peroxidative products.

In mitochondria, cadmium enters in structure of phosphorylation-oxidative enzymes and disrupts producing energy cycles. Also, it can replace many metal nutrients such as Ca^{2+} and reduce Ca^{2+} entering to the cell [41, 26]. Cd induces LPO by stimulating the production of superoxide anions and, due to inhibition of antioxidants, such as GPx and SOD, accumulates free radicals, damage to the cell, and produce chronic diseases [42].

It is also possible that *Physalis* extract induced protection from Cd by impairing Cd-mediated lipid peroxidation, through

decreased production of free radical derivatives, as evident from the ameliorated LPO level. The group that received the Cd treatment alone was prone to high lipid peroxidation, whereas the group that received the coadministration of *Physalis* exhibited significant protection. This also suggests the defense mechanism against the ROS and thereby the antioxidant potential of *Physalis*. Antioxidant effect of flavonoids that was found in *Physalis* enhanced the process of regeneration. This might be due to destruction of free radicals, supplying a competitive substrate for unsaturated lipids in the membrane and/or accelerating the repair mechanism of damaged cell membrane [11].

The detoxification of ROS in the brain involves the cooperative action of the intracellular antioxidant enzymes, SOD, CAT, and GPx. The decreased activity of these antioxidant enzymes in the brain of Cd-intoxicated rats was also observed in the present study. The diminished activities of these antioxidant enzymes might be due to binding of Cd with the sulfhydryl group of some enzymes, replacement of essential metals from their active sites, and oxidative modification of amino acid side chains, which alters these enzyme structure and leads to the inactivation or impaired activity of these enzymes [38].

In the present study, GPx activity was inhibited. When Cd accumulates in the brain, it can combine with the active center (Se-Cys) of GPx and lead to structural changes that inactivate GPx, an effect which has also been mentioned in some reports [43]. The reduction of SOD activity may be due to the replacement of zinc and/or manganese of the SOD molecules by

Table 3 Effect of *Physalis* on neuronal content of antioxidant enzymes activities in cadmium treated albino rats

Parameters	Con	Cd	MEPh	MEPh+Cd
GPx (U/mg protein)	0.21±0.013	0.13±0.009 ^a	0.31±0.017 ^a	0.21±0.010 ^b
GR (μmol/mg protein)	5.73±0.19	3.82±0.13 ^a	6.12±0.31	4.67±0.17 ^{a,b}

Values are means±SEM ($n=7$)

GPx glutathione peroxidase; GR glutathione reductase

^a $p<0.05$, significant change with respect to control group (Con)

^b $p<0.05$, significant change with respect to cadmium group (Cd)

Cd as it has been shown that zinc protects the cadmium-induced neuronal toxicity. Again, the results of the present study were in accordance with the previous study that Cd depletes GSH and protein-bound sulfhydryl groups, resulting in enhanced production of ROS such as superoxide ion, hydroxyl radicals, and hydrogen peroxide [44]. In our study, CAT, which catalyzes the conversion of hydrogen peroxide to water and molecular oxygen, was found to be decreased in the brain of the Cd group. It is possible that the inhibited activity of CAT may be correlated with the displacement of endogenous metals (cofactors from the active sites) by cadmium [45]. Depletion in the activity of GR in the brain of Cd-treated rats may be due to decreased synthesis of enzyme or oxidative inactivation of enzyme protein [46]. In the present study, increased lipid peroxidation, associated with decreased antioxidant status in Cd-treated rats, can therefore be related to insufficient antioxidant potential.

In our study, the activity of antioxidant enzymes such as SOD, CAT, GPx, and GR decreased in Cd-treated group was recovered by treatment of *Physalis*. The protective effects of *Physalis* in maintaining the GSH level toward control have increased the capacity of endogenous antioxidant defense and increased the steady state of GSH and/or its rate of synthesis. Our study confirmed the protective effects of *Physalis* against the Cd-induced oxidative stress and speculated that high level of polyphenols and other antioxidants like flavonoids could attribute to this protective effect.

It was found that quercetin is the main polyphenols in *P. peruviana* L., followed by myricetin and kaempferol [47]. Quercetin, for example, has various biological activities such as antioxidant and anti-inflammatory functions [48, 49]. Recently, it was reported that quercetin prevented the neurotoxic effect of Cd [49]. Moreover, *Physalis* extracts contain many withanolide glycosides [47]. Withanolides are natural steroidal lactones produced mainly by plants in the Solanaceae that often have many health benefits such as anti-inflammatory activity [50].

In conclusion, exposure to cadmium could generate free radicals, which resulted in the elevation of neuronal lipid peroxidation and nitric oxide as well as a reduction in the enzymatic and nonenzymatic antioxidant components. That neurotoxicity induced by Cd is associated with alternation in monoamines. However, *Physalis* could protect from the Cd-induced neurotoxic effects. This protective effect of *Physalis* extract may be due to the radical scavenging activity and its phenolics and flavonoids contents that maintain an adequate level of nonenzymatic and enzymatic antioxidant defense against Cd neurotoxicity. These interesting results show that *P. peruviana* could be used as a supplementary extract to provide a novel dietary therapeutic strategy against acute cadmium neurotoxicity.

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