Characteristics of an Acidic Phytase from Aspergillus aculeatus APF1 for Dephytinization of Biofortified Wheat Genotypes

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Abstract

Phytases are the special class of enzymes which have excellent application potential for enhancing the quality of food by decreasing its inherent antinutrient components. In current study, a protease-resistant, acidic phytase from Aspergillus aculeatus APF1 was partially purified by ammonium sulfate fractionation followed by chromatography techniques. The molecular weight of partially purified phytase was in range of 25–35 kDa. The purified APF1 phytase was biochemically characterized and found catalytically active at pH 3.0 and 50 °C. The K_m and V_{max} values of APF1 phytase for calcium phytate were 3.21 mM and 3.78 U/mg protein, respectively. Variable activity was observed with metal ions and among inhibitors, chaotropic agents and organic solvents; phenyl glyoxal, potassium iodide, and butanol inhibited enzyme activity, respectively, while the enzyme activity was not majorly influenced by EDTA, urea, ethanol, and hexane. APF1 phytase treatment was found effective in dephytinization of flour biofortified wheat genotypes. Maximum decrease in phytic acid content was noticed in genotype MB-16-1-4 (89.98%) followed by PRH_3 -30-3 (82.32%) and PRH_3-43-1 (81.47%). Overall, the study revealed that phytase from Aspergillus aculeatus APF1 could be effectively used in food and feed processing industry for enhancing nutritional value of food.

Keywords Phytate · Phytase · Aspergillus aculeatus · Purification · Biochemical characterization

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Introduction

Phytic acid (PA) is one of the vital storage forms of phosphorous (P) comprising 1–5% by weight in cereal grains, oil seeds, legumes, wheat bran, rice bran, and nuts [\[1](#page-12-0)–[4\]](#page-12-0). It represents 60–90% of total plant phosphorous and during the maturation period it accumulates in seeds, where it is stored in the form of globoid crystal within the protein bodies [\[5\]](#page-12-0). The unique structure of phytic acid provides it strong chelating potential to bind with positively charged divalent cations such as zinc, iron, copper, calcium, magnesium etc. to form insoluble complexes which negatively modulate the absorption and digestion of these cations in humans as well as in animals; moreover, in people with poor nutritional status, it results in deficiencies of minerals and trace elements [\[6\]](#page-12-0). Though inositol and P are stored in plant seeds in the form of phytate, but due to chelation of P, it remains unavailable for the monogastric animals and human beings as their gut is devoid of digestive enzymes [\[7](#page-12-0)]. A major cause of "Hidden hunger" in population of developing countries, dependent on cereals as major food, is attributed to this anti-nutritional property of PA. Various interventions to address the problem of micronutrient deficiency provide emphasis on Biofortification of cereals and increasing bioavailability of micronutrients through reducing PA content therein. Phytases (myo-inositol 1,2,3,4,5,6-hexakisphosphate phosphohydrolase) are most crucial class of phosphatases which catalyze step by step elimination of phosphates from phytate [\[8,](#page-12-0) [9](#page-12-0)], thus releasing divalent cations and myo-inositol free for absorption and utilization. It is present in number of organisms including plants, animals, bacteria, yeasts, and fungi, but fungal sources are most widely reported for industrial phytases with Aspergillus sp. as one of the best producers of extracellular phytase [\[5](#page-12-0), [10,](#page-12-0) [11](#page-12-0)]. In this study, a fungal isolate *Aspergillus aculeatus* APF1 was utilized for purification and characterization of an acidic phytase followed by its application towards reducing the content of anti-nutritional factor in biofortified cereals for its potential application in alleviating micronutrient deficiency in developing countries.

Materials and Methods

Fungal Culture and Fermentation Conditions

The fungus, Aspergillus aculeatus APF1 (GenBank accession No. KX865278.1), was isolated from decaying fruit in Baru Sahib, Sirmaur H.P. (Latitude 30.8244 and longitude 77.26855). The fungal culture was grown on Czapek Dox Agar (CDA) media (pH 6.0) at 30 $^{\circ}$ C for 72– 96 h.

Phytase Production and Extraction

For inoculum preparation, 50 ml of Czapek Dox Agar (CDA) slants (pH 6.0) was prepared in 250 ml Erlenmeyer flask, point inoculation was done from pure fungal culture of Aspergillus aculeatus APF1, and flasks were kept at 30 $^{\circ}$ C for 96 h. Spores from 4-day-old CDA slants were harvested using normal saline with 0.1% Tween-80, and 14.00×10^8 spores/ml obtained was used as inoculum for solid-state fermentation (SSF). For phytase production, thoroughly washed and dried wheat bran (5 g) as a sole media source was used as solid substrate and moistened with 10 ml distilled water for SSF. The flasks were autoclaved at 121 \degree C, 15 psi for 20 min, cooled and inoculated with 2 ml fresh inoculum and incubated at 30 °C for 72 h. The

fermented substrate was suspended in 50 ml normal saline containing 0.1% Tween-80 and kept on shaking at 200 rpm for 1 h. The mixture was filtered through double-layered muslin cloth, the extract thus obtained was centrifuged at 10,000 rpm for 10 min at 4 \degree C to remove debris, and the supernatant was further used in phytase assays.

Determination of Phytase Activity

Phytase activity was assayed by determining the amount of phosphate liberated [[12](#page-12-0)] using calcium phytate as the substrate [[13,](#page-13-0) [14\]](#page-13-0). One unit of phytase is defined as the amount of enzyme required to liberate 1 nmol of inorganic phosphate ml⁻¹ s⁻¹ under the assay conditions using $KH₂PO₄$ as the standard. Quantitative estimation of soluble protein at various stages of enzyme production and purification was done by Bradford's method using bovine serum albumin (BSA) as standard [[15\]](#page-13-0). Each experiment was carried out in triplicates, and the values reported are the average of three such experiments.

Partial Purification of Phytase from Aspergillus aculeatus APF1

Crude phytase was concentrated by ammonium sulfate fractionation (20–80%). The concentrated sample was dialyzed against 0.1 M sodium acetate buffer (pH 5.0) and loaded on SP-Sepharose ion exchange matrix (10 ml 20×1.5 cm, GE Healthcare, USA). Bound phytase was eluted with discontinuous gradient of $0.1-1$ M NaCl in the same buffer. The fractions showing phytase activity were collected and concentrated by lyophilization for gel filtration chromatography. Concentrated sample was loaded on gel filtration chromatography column packed with P-60 matrix (BioRad, USA; 45 ml, 300×15 mm). The protein was eluted with sodium acetate buffer (0.1 M, pH 5.0). Fractions of 2 ml were collected with the flow rate of 20 ml/h and their absorbance was recorded at 280 nm. All fractions were checked for phytase activity as per given procedure. Active fractions were loaded on SDS-PAGE and checked for their homogeneity. Fractions showing high phytase activity were pooled, lyophilized, and used for analysis for biochemical properties.

Biochemical Characterization of Partially Purified APF1 Phytase

The partially purified enzyme was characterized for its biochemical properties including optimum pH, optimum temperature, pH and temperature stability, K_{m} , V_{max} and its activity in presence of other effector molecules such as metal ions and organic solvents.

Effect of pH on Phytase Activity and Stability

The effect of pH on enzyme activity was studied by using three buffer systems (0.1 M) of different pH, i.e., glycine-HCl buffer (pH 2.0, 2.5, 3.0), sodium acetate buffer (pH 4.0, 5.0, 6.0), and Tris–HCl buffer (pH 7.0–8.0). The reaction mixture was incubated at 50 °C for 10 min and enzyme activity was determined. The phytase activity at pH 5.0 was taken as control, and maximum phytase activity was considered as 100%. It was expressed as % relative activity. The pH stability of phytase at 50 $^{\circ}$ C was determined at pH ranging from 2.5 to 8.0 after per-incubating the enzyme at these buffers for 2 h at 4 \degree C and the residual activity was determined as compared to enzyme sample without this treatment.

Effect of Temperature on Phytase Activity and Stability

The effect of temperature on phytase activity was studied by incubating the reaction mixture at various temperatures (30, 40, 50, 60, 70, and 80 $^{\circ}$ C). The maximum phytase activity was taken as 100% and activity was expressed as % relative activity.

Thermostability of phytase was determined by incubating enzyme at 50 °C and 80 °C over a period of 180 min followed by subsequent phytase assay. The residual activity was determined as compared to enzyme sample without this treatment.

Determination of Michaelis-Menton Constant K_m and V_{max} Values

To determine the K_m and V_{max} constants, different concentration (0.2 mM to 5.0 mM) of calcium phytate as substrate was taken in separate reaction mixture tubes and it was incubated with phytase enzyme at 50 °C for 10 min. Phytase activity was determined as per given procedure and Lineweaver Burk plot was drawn between 1/v vs 1/[S] to determine the values of kinetic constants K_m and V_{max} .

Effect of Modulators on APF Phytase Activity

The effect of several modulators on phytase activity was studied, and the resulting phytase activity was expressed as relative activity $(\%)$ as compared to control enzyme sample in which no modulator was added, taking as 100%.

The effect of number of metal ions was analyzed; the enzyme sample was incubated at 50 °C in the presence of different metal ions like Na⁺, Ca²⁺, Fe²⁺, Mg²⁺, Al³⁺ at concentration of 1 mM and 5 mM; and phytase activity was determined as per standard procedure. In a separate treatment, various organic solvents (acetone, butanol, ethanol, isopropanol, hexane) were added in the separate reaction mixture tubes at two different concentration, i.e., 5% and 10%, to determine the relative phytase activity (%). Effect of EDTA and phenyl glyoxol was also analyzed by adding 0.01 and 0.05 mM concentration of these inhibitors in the reaction mixture, and phytase activity was estimated. In another treatment, the enzyme was incubated with 1 and 2 mM of chaotropic agents (Urea and potassium iodide) at 50 °C and residual activity was determined as compared to control without these agents. Considering the importance of resistance to proteolytic digestion during food applications, APF1 phytase was incubated with two proteases, i.e., trypsin and pepsin (0.5%) , for varying time $(30-120 \text{ min})$ at 37 \degree C, and residual activity \degree) was determined as compared to enzyme without proteases treatments.

Application of APF1 Phytase Using Biofortified Wheat Derivatives

In this study, biochemically characterized phytase from A. *aculeatus* APF1 was applied on flour of various wheat derivatives for the hydrolysis of insoluble phytates and PA content was analyzed after enzyme treatment. Among different wheat samples, $PBW343LrP$, $PRH₃$ -30-3, PRH3-43-1, PRH3-15-12, 46-1-15-15-3-1, MB-16-1-4, 17-1-2-5-4-9-3 were selected to study the effect of dephytinization. Concentrated phytase from Aspergillus aculeatus strain APF1 (2 units, used in glycine-HCl buffer, 0.1 M, pH 2.5) was separately added to defined amount of flour (0.25 g) of experimental samples and incubated at 37 \degree C for 2 h. Control for all samples was also taken where no such treatment was given. Thereafter, phytic acid content in each sample was evaluated using the following procedure. After incubation, the finely ground wheat flour sample (0.25 g) under treatment was added with 10 ml of 2.4% HCl, vortexed, and kept for overnight at room temperature. The samples were mixed thoroughly at 150 rpm for 1 h at 30 °C and centrifuged at 8000 rpm for 15 min. Supernatant was collected from this extract, 1800 μl was taken into a test tube, and 600 μl Wade reagent (0.09 g sulphosalicylic acid + 0.009 g ferric chloride in 30 ml distilled water) was added. The reaction mixture was kept at room temperature for 20 min and OD was taken at 500 nm. The samples untreated with phytase were considered as control, and comparison was made on the basis of decrease in PA content with the enzyme-treated samples [[16](#page-13-0)]. The standard curve of phytic acid (Sigma Aldrich) was used for analysis.

Results and Discussion

Purification of APF1 Phytase

Purification is sequential separation of unwanted impurities from the crude extract and isolation of desired macromolecule such as protein or enzyme. It is a multi-step process, which includes concentration of crude extract by salt precipitation, followed by lyophilization and separation through ion exchange, gel-filtration chromatography [[2,](#page-12-0) [14,](#page-13-0) [17\]](#page-13-0). Protein solubility is influenced by ionic salts; at low ionic concentrations, the solubility of protein tends to increase, known as "salting-in" while at very high ionic strength protein, solubility decreases, a phenomenon termed as "salting-out". Thus, positively charged ammonium ions interact with negative charge of phytase and aggregate the enzyme, so, salting out has been routinely used for separation and purification of proteins [[18](#page-13-0)].

A purification fold of 1.42, 32.67, and 44.59 was obtained after dialysis, ion exchange chromatography, and gel-filtration chromatography, respectively. The recovery of enzyme was 25.54%, 14.90%, and 5.15% after dialysis, SP-Sepharose anion exchange chromatography and BioGel P-60 gel-filtration chromatography, respectively (Table 1). The partially purified phytase thus obtained was visualized by two bands on SDS-PAGE, and the molecular weight was in the range of 25–35 kDa (Fig. [1](#page-5-0)).

The increasing specific activity at each purification step indicated purification of protein and the same was revealed by SDS-PAGE. The partially purified phytase thus obtained was visualized as two bands on SDS-PAGE and their molecular weights were in between 25 and 35 kDa. Similar kind of purification strategy i.e., ammonium sulfate precipitation, followed by ion exchange chromatography and gel filtration chromatography was used by Sapna and Singh

Sample	Phytase activity (U/ml)	Protein content (mg/ml)	Specific activity (U/mg)	Fold purification	Yield $(\%)$
Crude sample	2.91	9.22	0.31		100
Dialyzed sample	5.91	13.37	0.44	1.42	25.54
SP-Sepharose Ion exchange sample	6.94	0.685	10.13	32.67	14.90
BioGel P60 Gel filtration sample	6.0	0.434	13.82	44.59	5.15

Table 1 Purification chart for phytase from *Aspergillus aculeatus* APF1

Fig. 1 SDS PAGE analysis of gel filtration chromatography sample. a Protein molecular weight marker. b Partially purified phytase from Aspergillus aculeatus APF1

[[14](#page-13-0)], for purification of phytase from Aspergillus Oryzae SBS50. Dan et al. [\[19\]](#page-13-0) used ammonium sulfate precipitation, DEAE Sepharose, and Sephadex G-100 size-exclusion column chromatography for phytase purification from B. licheniformis. Ammonium sulfate precipitation, anion exchange chromatography, and gel filtration chromatography were used for phytase purification from Weissela halotolerans [\[18\]](#page-13-0).

The two bands in gel filtration fraction were considered as positive, and the SDS-PAGE excised bands were analyzed using commercial MALDI TOF sequencing services. The analysis of MALDI TOF resulted into sequences of protein fragments, but there was no or very less similarity with the already existing phytase sequences. Due to lack of sequence information of phytase from *Aspergillus aculeatus* in the protein data bank, BLASTp analysis showed no homology with available protein sequences, though one fragment showed similarity with hypothetical Aspergillus aculeatus protein.

The results of SDS PAGE shows the molecular weight of APF1 phytase is in the range of 25–35 kDa. The molecular mass of microbial phytases ranges from 14 to 500 kDa [\[13,](#page-13-0) [14](#page-13-0), [17](#page-13-0), [20](#page-13-0), [21\]](#page-13-0). The molecular weight of purified phytases from Pleurotuseryngii was 14 kDa [\[20](#page-13-0)]. The phytase purified from Aspergillus niger7A-1 had molecular weight of 89 kDa [17] while that from Aspergillus oryzae SBS50 was about 80 kDa [\[14](#page-13-0)]. The molecular weight of phytases isolated from A. niger has wide range, i.e., 39 kDa [[22](#page-13-0)], 66 kDa [\[23,](#page-13-0) [24](#page-13-0)], and 85 kDa [\[25\]](#page-13-0).

Characterization of APF1 Phytase

The K_m and V_{max} values of partially purified Aspergillus aculeatus APF1 phytase for calcium phytate were 3.21 mM and 3.78 U/mg protein, respectively. Variations in K_m and V_{max} of phytase were observed as both the K_m and V_{max} values for phytase from A. niger 7A-1 were 220 μM and 25 μmol/min [\[17](#page-13-0)], A. oryzae were 1.14 mM and 58.82 μmol/ml/min [\[14](#page-13-0)], A. niger were 0.929 μM and 52.36 nkat/cm³ [\[22\]](#page-13-0), while of A. niger ATCC 9142 were 100 μM and 7 nmols/s [[26\]](#page-13-0), respectively.

The optimum pH at which phytase is active is one of the most important characteristics of the enzyme as it determines the catalytic efficiency as well as the future applications of enzyme. The search for an ideal phytase includes its effectiveness in the stomach of humans and animals during digestion process, where the pH ranges from 1.5 to 3.5; the phytase which is active at acidic pH will enhance its benefits in the food industry. Partially purified phytase from Aspergillus aculeatus APF1 was most active at acidic pH 3.0 (Fig. 2). Mullaney and Ullah [[27\]](#page-13-0) reported that Histidine acid phosphatases (phyB), isolated from A. niger NRRL 3135, showed high phytase activity at 2.5 pH, and the studies revealed that substrate specificity site (SSS) of phyB is composed of negatively charged glutamate and aspartate. At pH 2.5, SSS remains uncharged and easily accommodates negatively charged phytate as substrate [\[28](#page-13-0)]. This could be the reason for A. aculeatus phytase to be active at 3.0 pH. Phytase purified from Aspergillus nigervan Teighem [\[29\]](#page-13-0) and A. niger [\[24](#page-13-0)] also exhibited maximum enzyme activity at 2.5 pH. Similarly, phytases from A. niger [\[22](#page-13-0)] and Rhizopus oligosporus [[30](#page-13-0)] were active in the range of 2.6–3.5 pH.

Fig. 2 Effect of pH on APF1 phytase activity and stability

The ability of enzyme to remain functional at high temperature is the significant characteristic required in food and feed industry. Thermostability of phytase may improve its supplementation benefits in the food processing industry, as the enzymes during food and feed processing is exposed to high temperatures to prevent contamination. The phytase purified from Aspergillus aculeatus was most active at 50 °C (Fig. 3), which is in accordance with previously reported phytase from *Aspergillus oryzae* SBS50 [[14\]](#page-13-0) and *Weissela* halotolerans [[18\]](#page-13-0). Other reports suggested that optimum temperature at which phytase exhib-ited maximum activity was in the range of 55–60 °C is in Aspergillus niger 7A-1 [[17\]](#page-13-0) and P. oxalicum PJ3 [\[2\]](#page-12-0), A. niger NCIM 563 [\[31\]](#page-13-0), Sporotrichum thermophile [[13](#page-13-0)], A. niger [\[25](#page-13-0)]. Purified phytase was more stable at 50 \degree C as compared to 80 \degree C and retained its 20% activity after 5 min, 10% activity after 10 min, and gradually lost its activity after 60 min at 50 $^{\circ}$ C (Fig. [4](#page-8-0)). Similar results were reported by Wyss et al. [[28](#page-13-0)] in the phytase purified from A. niger T213. Variation in thermostability is mainly attributed to involvement of multiple factors such as amino acid composition, aromatic amino acid interactions, disulphide bridges, hydrogen bonds, hydrophobic interactions, presence and orientation of secondary structures (α and β motifs and hairpins), interactions with metal ions, and the extent of glycosylation to regulate the thermostable nature of phytases [\[28](#page-13-0), [32\]](#page-13-0).

Metal ions are known to play pivotal role in regulation of enzyme catalysis, and microbial phytases are not the exception. Though the activity of fungal phytases is not strongly dependent on metal ions as it is observed in bacterial phytases, the addition of few divalent cations affects the phytase activity. It is a well known fact that association of Ca^{2+} ions with β propeller phytases positively regulates their activity in *Bacillus* sp.; such dependency is rarely noticed in fungal phytases [[33](#page-13-0), [34](#page-13-0)]. In our study, *Aspergillus aculeatus* phytase was treated with 1 mM and 5 mM concentration of metal salts and it was concluded that Na⁺ ions had no effect on phytase activity, Ca^{2+} , and Fe^{2+} when used in low molar concentration, and their

Temperature $(^{\circ}C)$

Fig. 3 Effect of temperature on APF1 phytase activity

Fig. 4 Effect of temperature on stability of APF1 phytase at 50 °C and 80 °C

effect was almost negligible but when used at molar concentration of 5 mM, they slightly inhibited the phytase activity. Mg^{2+} inhibited the enzyme activity at both concentrations and Al3+ strongly inhibited the phytase activity. When aluminum salt was added, no phytase activity was recorded. The following pattern of inhibition of enzymatic activity was observed when phytase was supplied with metal ions, $Al^{3+} > Mg^{2+} > Fe^{2+} > Ca^{2+} > Na^{+}$. Similar results were reported by Vats and Banerjee [\[29](#page-13-0)]; the phytase activity of *Aspergillus niger* van Teighem was severely inhibited by Al³⁺ ions at 5 mM and except Ca²⁺ ions, the Cu²⁺, Mg²⁺, Mn²⁺, Ni²⁺, and Zn²⁺ ions have shown inhibitory effects. Contrary to this finding, a recent report on A. niger 7A 1 showed that Ca^{2+} ions exerted negative effect on phytase activity while other metal ions (Cu^{2+} , Mg^{2+} , Mn^{2+} , Hg^{2+} , Cd^{2+} , Ba^{2+} , Zn^{2+}) displayed a significant positive stimulatory effect [\[17\]](#page-13-0). The phytase activity of A. *oryzae* was found stimulated in the presence of Ca²⁺, Mg²⁺, Co²⁺ while negatively affected by Cu²⁺, Fe²⁺, and Fe³⁺ [\[14](#page-13-0)]. The interaction of metal ions with phytase purified from A. niger CFR 335 showed that the enzyme was activated by $Cu^{2+} > Ca^{2+} > Mg^{2+} > Zn^{2+}$ while inhibited by $Mn^{2+} > Fe^{3+} > Al^{3+}$ [\[23\]](#page-13-0). The ions of Zn and Al strongly inhibited the phytase activity of A. *niger* 307 [\[22\]](#page-13-0). All these reports supported our findings that Al^{3+} and Mg^{2+} have inhibitory effect on phytase activity. Most likely, the binding of these ions at the active site of enzyme modifies the conformational orientation of phytase, hence, resulting in inhibition of enzymatic activity. Another plausible explanation for negative modulation could be that metal ions directly interact with the substrate and phytic acid, and the insoluble metal-phytate complexes thus formed interfere with the action of enzyme and liberation of phosphorus which is the measure of enzymatic activity in the assay [[13,](#page-13-0) [14](#page-13-0), [22](#page-13-0)].

The effect of inhibitors, chaotropic agents, and organic solvents was also studied. The treatment of phytase with inhibitors displayed that EDTA did not affect the enzyme activity contrary to inhibition by phenyl glyoxal. The results were in accordance with reports on phytase from A. oryzae [\[14\]](#page-13-0) and Sporotrichum thermophile [\[35](#page-13-0)], where no effect of EDTA was observed on phytase activity. In support of the inhibitory effect of phenyl glyoxal on APF1 phytase, Aspergillus ficuum phytase [\[36](#page-14-0)] and phytases from rhizobacterial isolates Klebsiella and *Enterobacter* were also inhibited by phenylglyoxal [\[37](#page-14-0)]. These results indicate that phytase purified from Aspergillus aculeatus might belong to Histidine acid phosphatases (HAPs) class. The active site of HAPs is occupied with arginine residues which plays pivotal role in interaction of substrate with enzyme. Phenylglyoxal is an arginine modifier which reacts with sensitive arginine residues at even very low concentrations, resulting in reduced enzyme-substrate affinity and low product formation. Decrease in phytase activity with increasing concentration of phenylglyoxal again implicated the involvement of Arg residues in phosphohydrolytic cleavage of phytate [\[38](#page-14-0)]. Addition of urea and potassium iodide (KI) has apparently moderate effect on phytase activity. KI inhibited the enzyme activity up to a certain extent. All the enzymes restore their active conformation with the help of several non-covalent interactions such as van der Walls forces and H-bonding. The modulation of enzymatic activity, after exposure of chaotropic agents, suggests the influence of structural conformations of phytase by non-covalent forces [\[39\]](#page-14-0). In concise with the present study, the chaotropic agents such as urea and KI also inhibited the enzymatic activity of phytase from A. *oryzae* [\[14](#page-13-0)] and S. *thermophile* [[13\]](#page-13-0). When organic solvents were added in the reaction mixture in two concentrations (5% and 10%), it was observed that butanol strongly inhibited the enzyme activity, acetone and isopropanol slightly affected the activity, while ethanol and hexane have no effect on phytase activity. These results might indicate that during the enzymatic catalysis, hydrophobic amino acid residues do not play significant role at the active site of A. aculeatus phytase [[14\]](#page-13-0); hence, these organic solvents did not affect the enzyme activity except butanol (Table [2](#page-10-0)).

For successful commercial application, phytase should resist the action of proteases in the digestive tract of human and other monogastric animals. Purified APF1 phytase is resistant against pepsin and trypsin treatment (Table [3](#page-10-0)). Similarly, phytase from A. $oryzae$ [\[14\]](#page-13-0) and A. ficuum NTG-23 [\[40\]](#page-14-0) was also resistant to digestion by pepsin and trypsin. The phytase from A. niger UVF-1 retained more than 90% residual activity and displayed strong resistance against both pepsin and trypsin treatment [\[41\]](#page-14-0). Phytase from Citrobacter koseri PM-7 showed good tolerance, up to 98.5% towards proteolytic enzymes pepsin, trypsin, and chymotrypsin [[42\]](#page-14-0).

Application of APF1 Phytase Treatment on Dephytinization in Selected Wheat Genotypes

The effect of phytase on dephytinization of the biofortified derivatives of wheat was studied. After phytase treatment, the phytic acid content in all the experimental samples was decreased. The observations showed efficacy of phytase action and a decrease in phytic acid in the range of 70.66–89.98% with APF1 phytase (Fig. [5\)](#page-11-0) APF1 phytase was found effective and after phytase treatment, maximum decrease in PA content was noticed in MB-16-1-4 (89.98%) followed by PRH₃–30-3 (82.32%) and PRH₃–43-1 (81.47%).

In the last few decades, extensive research has been done on the development of high iron and zinc biofortified crops but the results are not as fruitful as expected due to the reduced mineral bioavailability [[43,](#page-14-0) [44\]](#page-14-0). Therefore, the use of enzymatic method to hydrolyze phytates from the biofortified crop grains is prerequisite to enhance the bioavailability of

micronutrients. Moreover, to overcome the negative interactions of PA, application of phytase for degradation of phytate in the cereal crops has been recommended [\[45](#page-14-0), [46\]](#page-14-0). The use of microbial phytases as well as cereal phytases played important role in enhancing mineral and phosphorous content in food and feed items [\[47,](#page-14-0) [48](#page-14-0)]. Considering demerits of low micronutrient content in cereal crops, biofortified wheat derivatives developed at the Eternal University, Baru Sahib, were used for evaluation of PA content in these biofortified wheat grains after treatment with fungal phytase. Efficacy of APF1 phytase in reducing phytate content in the

Table 3 Effect of proteases (0.5%) on APF1 phytase activity (The data shown in table is average of three values \pm SE)

Treatment		Incubation time and phytase activity $(\%)$ at 50 °C					
	0 min	30 min	60 min	120 min			
Control	100	97 ± 3.38	93 ± 4.42	92 ± 4.29			
Pepsin	100	94 ± 2.58	81 ± 3.41	74 ± 2.52			
Trypsin	100	81 ± 4.38	79 ± 2.21	73 ± 2.43			

Wheat genotypes

Fig. 5 Effect of phytase treatments on phytic acid content in different wheat samples

treated samples revealed that it could be used under optimal conditions during food processing for reducing phytate content. Promising results were obtained and up to 89% phytate reduction by APF1 phytase was obtained. According to the results, the reducing phytate concentration over initial is a key indicator of success of experiment and further experiments can be carried out at different enzyme concentrations and pH as it is also known to be a key player in micronutrient dialyzability/bioavailability [\[49](#page-14-0), [50](#page-14-0)]. Genotype MB-16-1-4 was found to be most affected by APF1 phytase treatment for PA degradation. In most of the treatments for the outcome of phytase on phytic acid, the quantitative comparisons and complete understanding of the results obtained in different studies (regarding phytate degradation) is not always deducible because different outcome is influenced by different methodologies [[51](#page-14-0)]. When mixture of A. niger phytase and E. coli phytase was used for degradation of PA in bran, $91-$ 97% decrease in PA content was observed [\[47](#page-14-0)]. In another study, exogenous wheat phytase addition to wheat flour followed by analysis of phytate degradation reveals decrease in phytate content from 35 to 69% [[52\]](#page-14-0). According to Hellström et al. [[53\]](#page-14-0), addition of A. ficuum phytase, prior to ingestion, leads to 89% phytate degradation after 48 h fermentation while in the control, it was degraded up to 51% after fermentation. Addition of fungal phytase during whole wheat bread making degraded \sim 97% of phytate and increased dialyzable Fe up to 17% [[54\]](#page-14-0). The variation of response of phytase with different biofortified genotypes might be attributed to inherent properties of material used. Current issues of concern for all exogenous enzymes include variability in response, where these are significantly influenced by variability

of substrate and interactive factors [\[55](#page-14-0)]. The phytase-mediated beneficial effect might depend upon inherent content of calcium, phosphorus, vitamin D, the ratio of calcium to phosphorus, and the level of endogenous phytase activity present in the ingredients used [\[55](#page-14-0)–[57\]](#page-14-0).

In conclusion, a promising phytase from *Aspergillus aculeatus* APF1 for application potential in treatment of cereals-based food was partially purified and characterized for its biochemical properties. The properties of APF1 phytase such as its acidophilic nature, resistance to protease digestion, and potential to reduce phytate content revealed that it could be used in human food applications based on outcome of cell line and animal model studies. Further research on application of APF1 phytase on varying foods along with analysis of micronutrient dualizability and bioavailability will be of great importance for efficient utilization of this enzyme.

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Compliance with Ethical Standards

Conflict of Interest The authors declare that they have no conflict of interest.

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