

# Mixture of Macromolecular Crowding Agents Has a Non-additive Effect on the Stability of Proteins

Sumra Shahid<sup>1</sup> • Faizan Ahmad<sup>1</sup> • Md. Imtaiyaz Hassan<sup>1</sup> • Asimul Islam<sup>1</sup> 🝺

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# Abstract

The folding and unfolding of proteins inside a cell take place in the presence of macromolecules of various shapes and sizes. Such crowded conditions can significantly affect folding, stability, and biophysical properties of proteins. Thus, to logically mimic the intracellular environment, the thermodynamic stability of two different proteins (lysozyme and  $\alpha$ lactalbumin) was investigated in the presence of mixtures of three crowding agents (ficoll 70, dextran 70, and dextran 40) at different pH values. These crowders possess different shapes and sizes. It was observed that the stabilizing effect of mixtures of crowders is more than the sum effects of the individual crowder, i.e., the stabilizing effect is non-additive in nature. Moreover, dextran 40 (in the mixture) has been found to exhibit the greatest stabilization when compared with other crowders in the mixture. In other words, the small size of the crowder has been observed to be a dominant factor in stabilization of the proteins.

Keywords Mixed macromolecular crowding · Protein stability · Crowder size · Crowder shape · Exclusion volume

# Abbreviations

GdmCl	Guanidinium chloride
UV	Ultra-violet
T <sub>m</sub>	Midpoint of thermal denaturation
$\Delta H_{\rm m}$	Enthalpy change at $T_{\rm m}$
$\Delta C_{\rm p}$	Constant-pressure heat capacity change
$\Delta G_{\rm D}^{\circ}$	Gibbs free energy change at 25 °C
F70	Ficoll 70
D70	Dextran 70
D40	Dextran 40

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Asimul Islam aislam@jmi.ac.in

<sup>1</sup> Centre for Interdisciplinary Research in Basic Sciences, Jamia Millia Islamia, Jamia Nagar, New Delhi 110025, India

# Introduction

The cell comprises cytoplasm with complex architecture including all the proteins, other biomolecules, metabolites, and all the necessary raw materials and machines entailed for the protein synthesis and folding processes. The situation present inside the cell and the condition which accounts for the dilute media, i.e., the idealized conditions, are absolutely different from each other [1–3]. The macromolecules which include different proteins, carbohydrates, nucleic acids, and ribosomes are present in large amount and have evolved to function in a crowded media [4]. Moreover, they are accountable for the extremely crowded intracellular milieu. The total quantity of macromolecules in the cytoplasm is estimated to be around 50 to 400 mg ml<sup>-1</sup> [1, 3, 5, 6], corresponding to 5–40% of the total volume and defining such situation as macromolecular crowding [7]. Macromolecular crowding is caused by macromolecules or crowders that are inert in regard to any biological process taking place, resulting in an excluded volume interaction, where the available volume is decreased due to the existence of large molecules. Hence, this volume becomes unavailable to other molecules in the system [8, 9]. The level of crowding inside a cell is governed by the presence of a number of macromolecules of different sizes, shapes, and compositions occupying approximately 10-40% of the total cellular volume [10]. Although it is putative that a living cell constituted macromolecular crowders of various sizes and shapes [11], it has been seen that most of the researchers have utilized individual crowders and not their mixtures in their studies [9, 12–18].

One of the significant aspects is the observation that the mixed macromolecular crowding influences the properties of a protein in a different way than the individual crowders. It has been proposed that protein folding could be more favorable in mixtures of crowding agents [19–21]. Some of the previous studies have also demonstrated that the mixture of crowding agents inhibited the amyloid formation [22] and further stabilized the native and the mutated form [22, 23] suggesting that it is not only the total concentrations of crowders but their constitutions that might play significant roles in the crowding agent, the optimization of the stabilizing effect can be done by varying the sizes as well as the mixing ratio of the crowders having different sizes [24].

In this study, the effects of mixed macromolecular crowding and the extent of stabilization it provides to the proteins in comparison with the sum of individual crowding agents from a physiological point of view have been investigated. Varying concentrations of ficoll 70, dextran 70, and dextran 40 in different mixing ratios have been employed in order to see their effect on the thermodynamic stability of two well-characterized model proteins, hen egg white lysozyme and apo  $\alpha$ -lactalbumin ( $\alpha$ -LA), against thermal denaturation. The transition between the native (N) and the denatured (D) states of both the proteins (lysozyme and  $\alpha$ -LA) has been reported to be a reversible and two-state process in the absence of crowding agents [25]. Several studies have been performed by our research group [26-31] as well as other researchers [32–35] on these proteins.  $\Delta G_{\rm D}^{\circ}$  (Gibbs free energy change at 25 °C) of lysozyme and  $\alpha$ -LA in the absence and presence of mixtures of crowders at different pH values has been measured and  $\Delta\Delta G_{\rm D}^{\circ}$  (change in  $\Delta G_{\rm D}^{\circ}$ ) was calculated so as to compare the extent of stabilization caused by the mixture and individual crowder. The crowding agents, dextran (polymer of glucose) and ficoll (a copolymer of sucrose and epichlorohydrin), exhibit distinguished characteristics in terms of flexibility, linearity, and compactness. Dextran has a rodlike shape with more flexibility and is a linear polysaccharide with some short branches; however, ficoll is more like a sphere, i.e., compact, less flexible, and highly branched [36–38].

In this study, we report that the mixed macromolecular crowding leads to more stabilization of the proteins as compared with the sum of the constituent crowding agent owing to more volume exclusion by the mixtures of crowders than individually, hence, defining it to be a nonadditive effect.

# Materials and Methods

#### Materials and Reagents

A commercial lyophilized form of hen egg white lysozyme, holo- $\alpha$ -lactalbumin from bovine milk, ficoll 70 (F70; average molecular mass 70,000 Da), dextran 40 and dextran 70 (D40, D70; average molecular mass 40,000 and 70,000 Da, respectively), and sodium cacodylate trihydrate were bought from Sigma-Aldrich Co. Sodium acetate, potassium chloride, ethylenediaminetetraacetic acid (EDTA), ethylene glycol-bis ( $\beta$ -aminoethyl ether)-N,N,N',N'-tetraacetic acid (EGTA), and sodium bicarbonate were purchased from Merck (India) Ltd. Ultrapure guanidinium chloride (GdmCl) was obtained from MP Biomedicals. All chemicals were of analytical grade and used without further purification.

#### Preparation of Proteins and Reagents

The lyophilized powdered form of lysozyme and holo- $\alpha$ -lactalbumin was dissolved in their required amount in 0.1 M KCl solution at pH 7.0. We have used the apo form of  $\alpha$ -lactalbumin ( $\alpha$ -LA) in our study, which was prepared by adding 5 mM EGTA to the solution of holo- $\alpha$ -lactalbumin (Ca<sup>2+</sup> bound). Both the protein solutions were then dialyzed against the several changes of 0.1 M KCl solution at pH 7.0 and 4 °C and then filtered using a 0.22- $\mu$ m Millipore filter. The concentrations of lysozyme and  $\alpha$ -LA solutions were determined experimentally using the molar absorption coefficient at 280-nm ( $\varepsilon_{280}$ , M<sup>-1</sup> cm<sup>-1</sup>) values of 39,000 and 29,210 for lysozyme [39] and  $\alpha$ -LA [40], respectively. Protein solutions were then stored at 4 °C. The stock solutions of GdmCl and macromolecular crowding agents (F70, D70, and D40) were prepared by dissolving their requisite amount in the desired buffer solutions and were degassed. All the solutions were then filtered through Whatman filter paper No. 1 and the concentrations of GdmCl [41] and crowding agents [42, 43] were estimated by refractive index measurements.

All solutions employed for optical measurements were prepared in the desired degassed buffers. For various pH/pH ranges, the buffers used were 0.05 M acetate buffer (pH 4.0) and 0.05 M sodium cacodylate buffer (pH range 5.0–7.0), both containing 0.1 M KCl. The pH value of each solution was also measured after the denaturation experiments to make sure whether there was any change in pH values during the experiments.

#### Thermal Denaturation Measurements

Thermal denaturation experiments of lysozyme and  $\alpha$ -LA were performed in a Jasco V-660 UV/Visible spectrophotometer outfitted with a Peltier-type temperature controller (ETCS-761). The change in the absorbance of lysozyme and  $\alpha$ -LA with increasing temperature was followed at 300 and 295 nm, respectively. The concentration of the proteins used was in the range 0.5–0.4 mg ml<sup>-1</sup>. Each sample was heated from 20 to 85 °C with a heating rate of

1 °C min<sup>-1</sup> to provide adequate time for equilibration of the sample. All the measurements were carried out in triplicate and approximately 650 data points of each transition curve were collected. Experiments were performed in the absence and presence of mixtures of varying concentrations of F70, D70, and D40 (in different combinations) at pH values 7.0 and 4.0. After denaturation, each protein sample was immediately cooled down so as to measure the reversibility of the reaction. All solution blanks were subtracted before analysis of the data. The raw absorbance data was converted into change in molar absorption coefficient ( $\Delta \varepsilon_{\lambda}$ ,  $M^{-1}$  cm<sup>-1</sup>) at a given wavelength,  $\lambda$ . Each heat-induced transition curve was analyzed for  $T_{\rm m}$  (midpoint of denaturation) and  $\Delta H_{\rm m}$  (enthalpy change at  $T_{\rm m}$ ) using a non-linear least squares analysis according to the relation:

$$y(T) = \frac{y_{\rm N}(T) + y_{\rm D}(T)\exp[-\Delta H_{\rm m}/R(1/T - 1/T_{\rm m})]}{1 + \exp[-\Delta H_{\rm m}/R(1/T - 1/T_{\rm m})]}$$
(1)

where y(T) is the optical property at temperature T (K),  $y_N(T)$  and  $y_D(T)$  are the optical properties of the native and denatured molecules of the protein at temperature T (K), and Ris the gas constant. In the analysis of denaturation curve, it was assumed that a parabolic function describes the dependence of the optical properties of the native and denatured protein molecules (i.e.,  $y_N(T) = a_N + b_N T + c_N T^2$  and  $y_D(T) = a_D + b_D T + c_D T^2$ , where  $a_N$ ,  $b_N$ ,  $c_N$ ,  $a_D$ ,  $b_D$ , and  $c_D$  are temperature-independent coefficients) [44, 45]. The value of the constantpressure heat capacity change ( $\Delta C_p$ ) was calculated from slope of the linear plots of  $\Delta H_m$ versus  $T_m$ , using the relation [46]:

$$\Delta C_{\rm p} = \left(\partial \Delta H_{\rm m} / \partial T_{\rm m}\right)_{\rm p} \tag{2}$$

Using values of  $T_{\rm m}$ ,  $\Delta H_{\rm m}$ , and  $\Delta C_{\rm p}$ , the value of  $\Delta G_{\rm D}$  at any temperature T,  $\Delta G_{\rm D}(T)$ , was determined with the help of the Gibbs-Helmholtz equation:

$$\Delta G_{\rm D}(T) = \Delta H_{\rm m} \left( \frac{T_{\rm m} - T}{T_{\rm m}} \right) - \Delta C_p \left[ (T_{\rm m} - T) + T \ln \left( \frac{T}{T_{\rm m}} \right) \right]$$
(3)

The reversibility of thermal denaturation was determined by cooling the heated solution of denatured protein to 25 °C and comparing its optical signals to that of the protein prior to heating.

# Results

#### Thermal Denaturation Study

To investigate the effects of mixture of different crowding agents on the thermodynamic stability of proteins, thermal denaturation measurements of lysozyme and  $\alpha$ -LA were carried out in the presence of mixtures of ficoll 70, dextran 70, and dextran 40 at pH values 7.0 and 4.0. It should be noted that the experiments of lysozyme were performed in the presence of 2.0 M GdmCl at the pH values of 7.0 and 4.0 (the procedure of GdmCl correction is explained in detail in our previous work [30]).

Thermal denaturation measurements of both the proteins were carried out in the presence of combinations of dextran 70 and ficoll 70, dextran 40 and ficoll 70, and dextran 70 and dextran 40 in different mixing ratios at pH values 7.0 and 4.0. In case of both the proteins, the

concentration of one crowding agent was kept constant while the concentration of the other was varied and vice versa. For example, the concentration of F70 was kept constant while the concentration of D70 was varied as follows: 50 mg ml<sup>-1</sup> D70 + 100 mg ml<sup>-1</sup> F70, 100 mg ml<sup>-1</sup> D70 + 100 mg ml<sup>-1</sup> F70, 100 mg ml<sup>-1</sup> D70 + 100 mg ml<sup>-1</sup> F70, and 250 mg ml<sup>-1</sup> D70 + 100 mg ml<sup>-1</sup> F70. And on the other hand, the concentration of D70 was kept constant while the concentration of D70 was kept constant while the concentration of F70 was varied as follows: 100 mg ml<sup>-1</sup> D70 + 50 mg ml<sup>-1</sup> D70 + 100 mg ml<sup>-1</sup> F70, 100 mg ml<sup>-1</sup> D70 + 100 mg ml<sup>-1</sup> F70, 100 mg ml<sup>-1</sup> D70 + 150 mg ml<sup>-1</sup> D70 + 50 mg ml<sup>-1</sup> D70 + 200 mg ml<sup>-1</sup> D70 + 100 mg ml<sup>-1</sup> D70 + 250 mg ml<sup>-1</sup> F70, 100 mg ml<sup>-1</sup> D70 + 200 mg ml<sup>-1</sup> F70, and 100 mg ml<sup>-1</sup> D70 + 250 mg ml<sup>-1</sup> D70 + 50 mg ml<sup>-1</sup> D70 + 200 mg ml<sup>-1</sup> F70, and 100 mg ml<sup>-1</sup> D70 + 250 mg ml<sup>-1</sup> D70 + 200 mg ml<sup>-1</sup> F70, and 100 mg ml<sup>-1</sup> D70 + 250 mg ml<sup>-1</sup> D70 + 50 mg ml<sup>-1</sup> D70 + 200 mg ml<sup>-1</sup> F70, and 100 mg ml<sup>-1</sup> D70 + 250 mg ml<sup>-1</sup> D70 + 200 mg ml<sup>-1</sup> F70, and 100 mg ml<sup>-1</sup> D70 + 250 mg ml<sup>-1</sup> D70 + 200 mg ml<sup>-1</sup> F70, and 100 mg ml<sup>-1</sup> D70 + 250 mg ml<sup>-1</sup> D70 + 200 mg ml<sup>-1</sup> F70, and 100 mg ml<sup>-1</sup> D70 + 250 mg ml<sup>-1</sup> D70 + 200 mg ml<sup>-1</sup> F70, and 100 mg ml<sup>-1</sup> D70 + 250 mg ml<sup>-1</sup> D70 + 200 mg ml<sup>-1</sup> F70, and 100 mg ml<sup>-1</sup> D70 + 250 mg ml<sup>-1</sup> S70. The highest working concentration of the mixture of crowders was limited to 300 mg ml<sup>-1</sup> Growders was limited to 300 mg ml<sup>-1</sup> Growders was limited to 300 mg ml<sup>-1</sup> due to the presence of 2.0 M GdmCl in the samples of lysozyme. Thermal denaturation experiments were carried out by following the changes in  $\Delta \varepsilon_{300}$  of lysozyme and  $\Delta \varepsilon_{295}$  of  $\alpha$ -LA as a function of temperature at pH values 7.0 and 4.0 (see Figs. 1, 2, and 3).



**Fig. 1** Thermal denaturation profiles of lysozyme in the absence and presence of different concentrations of crowders in different mixing ratios at pH 7.0. Panels **a** and **b** show effect of varying concentrations of dextran 70 and constant concentration of ficoll 70 and vice versa, respectively. Panels **c** and **d** show effect of varying concentrations of dextran 40 and constant concentration of ficoll 70 and vice versa, respectively. Panels **e** and **f** show effect of varying concentrations of dextran 70 and constant concentration of dextran 40 and vice versa, respectively.



**Fig. 2** Thermal denaturation profiles of lysozyme in the absence and presence of different concentrations of crowders in different mixing ratios at pH 4.0. Panels **a** and **b** show effect of varying concentrations of dextran 70 and constant concentration of ficoll 70 and vice versa, respectively. Panels **c** and **d** show effect of varying concentrations of dextran 40 and constant concentration of ficoll 70 and vice versa, respectively. Panels **c** and **d** and vice versa, respectively. Panels **e** and **f** show effect of varying concentrations of dextran 70 and constant concentration of dextran 40 and vice versa, respectively.

Since the increase in stabilization was more at pH 4.0 in the case of lysozyme, the experiments were performed at both pH values 7.0 and 4.0. However, the experiments of  $\alpha$ -LA were carried out at pH 7.0 only due to maximum stabilization at this pH value. It has been observed that the temperature dependencies of  $y_N$  and  $y_D$  measured by both  $\Delta \varepsilon_{300}$  and  $\Delta \varepsilon_{295}$  do not show any dependency on the entire concentration range of mixture of crowders at both pH values (Figs. 1, 2, and 3). Thermal denaturation profiles of lysozyme and  $\alpha$ -LA were found to be reversible in the presence of the entire range of concentration of each mixture of crowding agents at pH values 7.0 and 4.0 (data not shown).

Thermal denaturation curves ( $\Delta \varepsilon_{300}$  (or  $\Delta \varepsilon_{295}$ ) versus *T*) of lysozyme and  $\alpha$ -LA in the presence of each and every concentration of mixture of crowders were analyzed according to Eq. (1) to obtain the values  $T_{\rm m}$  and  $\Delta H_{\rm m}$ . The values of  $T_{\rm m}$  and  $\Delta H_{\rm m}$  measured for lysozyme were then corrected for the effect of 2.0 M GdmCl according to the procedure described earlier



**Fig. 3** Thermal denaturation profiles of  $\alpha$ -LA in the absence and presence of different concentrations of crowders in different mixing ratios at pH 7.0. Panels **a** and **b** show effect of varying concentrations of dextran 70 and constant concentration of ficoll 70 and vice versa, respectively. Panels **c** and **d** show effect of varying concentrations of dextran 40 and constant concentration of ficoll 70 and vice versa, respectively. Panels **e** and **f** show effect of varying concentrations of dextran 70 and constant concentration of dextran 40 and vice versa, respectively.

[30]. The observed (in the presence of 2.0 M GdmCl) and the corrected (in the absence of 2.0 M GdmCl) values of  $T_{\rm m}$  and  $\Delta H_{\rm m}$  of lysozyme and the values of  $T_{\rm m}$  and  $\Delta H_{\rm m}$  of  $\alpha$ -LA in the absence and presence of varying concentrations of mixture of crowders for all the combinations at pH 7.0 and 4.0 are provided in supplementary material (Tables S1 and S2). It can be seen in Tables S1 and S2 that there is an increase in the values of  $T_{\rm m}$  of both the proteins with the increasing concentration of dextran 70 and dextran 40 when compared with ficoll 70 in all the combinations at both the pH values; however, a slight change in the values of  $\Delta H_{\rm m}$  has been observed. We have already reported the values of  $\Delta C_{\rm p}$  as  $1.60 \pm 0.09$  and  $1.56 \pm 0.09$  kcal mol<sup>-1</sup> K<sup>-1</sup> for lysozyme and  $\alpha$ -LA, respectively [30], along with the explanation of the measurement of  $\Delta C_{\rm p}$ . Since  $\Delta C_{\rm p}$  was found to be independent of the concentrations of the crowding agents, we have used the same values of  $\Delta C_{\rm p}$  for both proteins [30] to estimate the value of  $\Delta G_{\rm D}^{\circ}$  for each mixing ratio in this study. The values of  $\Delta G_{\rm D}^{\circ}$  in the

absence and presence of mixture of crowders were then estimated using Eq. (3) using values of  $T_{\rm m}$ ,  $\Delta H_{\rm m}$ , and  $\Delta C_{\rm p}$  in a given solvent condition. Values of  $\Delta G_{\rm D}^{\circ}$  are given in Tables S1 and S2. It can be seen in these tables that the maximum increase in  $\Delta G_{\rm D}^{\circ}$  was found in the mixture of dextran 70 and dextran 40 at pH 4.0 in case of lysozyme and pH 7.0 in case of  $\alpha$ -LA. To observe whether the effects of the two crowding agents (for example, dextran 70 and ficoll 70) were additive,  $\Delta \Delta G_{\rm D}^{\circ}$  values of lysozyme and  $\alpha$ -LA were determined for both crowding agents alone and in combination. Tables 1 and 2 show values of the sum of individual crowding agents (predicted) and those observed in their mixtures. A comparison of predicted and observed values shows that the stabilizing effects exerted by dextran 70 and ficoll 70, at a total concentration of 200, 250, 300, and 350 mg ml<sup>-1</sup>, are greater than the sum of the constituent crowding agents for all the combinations in the case of both the proteins and at both the pH values. Thus, this finding shows a non-additive effect of crowding agents on the stability of proteins.

# Discussion

The intracellular milieu of a cell is tremendously crowded and is comprised of various soluble and insoluble macromolecules including ribosomes, proteins, DNA, RNA, and carbohydrates [1, 8, 9]. The estimated concentration of these macromolecules in the cell lies in the range of 80–400 mg ml<sup>-1</sup> [3, 8]. There are a number of studies that have been performed using an individual crowding system, though a few applied mixtures of crowders [19–22, 24]. Thus, to understand the protein folding problem under the complicated macromolecular architecture in cells, the mixture of synthetic crowding agents has been employed in our study. Here, we have asked a question whether the effect of crowding agents alone on protein stability is different from that of these crowders in combination. It is expected that the mixed crowding agents would mimic the intracellular environment more precisely than what individual crowding agent does. Thus, the effects of mixed macromolecular crowding on the thermodynamic stability of lysozyme and  $\alpha$ -LA from a physiological point of view were tested.

We carried out thermal denaturation of both the proteins (lysozyme and  $\alpha$ -LA) in different mixing ratios of combinations of crowding agents (dextran 70 and ficoll 70, dextran 40 and ficoll 70, and dextran 70 and dextran 40) at pH values 7.0 and 4.0. The concentration of one crowding agent was kept constant while the other was varied and vice versa at all the combinations (described in the "Results" section). It is known that the thermal denaturation transition between the native and denatured states of these proteins in the absence [46-48] and presence [30] of crowding agents is a two-state process. It was observed from the thermal denaturation profiles of both the proteins that T<sub>m</sub> increases with increase in concentration of each mixture of crowding agents (see Figs. 1 and 2 for lysozyme and Fig. 3 for  $\alpha$ -LA). There is a slight change in the values of  $\Delta H_{\rm m}$  (within 10% experimental errors) of both the proteins in the presence of mixtures of crowding agents at both the pH values. To estimate the value of  $\Delta G_{\rm D}^{\circ}$  of each protein in the presence of each mixture of crowding agents, we used value of  $\Delta C_{\rm p}$  of the protein in the absence of crowding agents (i.e.,  $1.60 \pm 0.09$  and  $1.56 \pm$ 0.09 kcal mol<sup>-1</sup> K<sup>-1</sup> for lysozyme and  $\alpha$ -LA [30], respectively), for  $\Delta C_p$  was found to be independent of the concentrations of the crowding agents [30]. It has been observed that stabilization of proteins (both in terms of  $T_{\rm m}$  and  $\Delta G_{\rm D}^{\circ}$ ) in the mixture of crowding agents increases with an increase in the concentration of the crowder at a fixed concentration of the other crowder (see Tables S1 for lysozyme and S2 for  $\alpha$ -LA). Thus, protein stabilization has

<b>Table 1</b> Comparison of $\Delta\Delta G_D^{\circ}$ of lysozyme in the presence of crowding agents (dextran 70 and ficoll 70,
dextran 40 and ficoll 70, and dextran 70 and dextran 40) individually and in their mixtures at different pH values
and 25 °C

Mixture	$\Delta\Delta G_{\rm D}^{\circ}$ (kcal mol <sup>-1</sup> )			
рН 7.0				
Dextran 70 (mg ml <sup>-1</sup> ) + ficoll 70 (mg ml <sup>-1</sup> )	Dextran 70 (a)	Ficoll 70 (b)	Dextran $70 + \text{ficoll}$ Predicted $(a + b)$	70 mixture Observed*
100 + 100	0.12	0.06	0.18	0.47
150 + 100	0.40	0.06	0.46	0.83
200 + 100	0.60	0.06	0.66	1.01
Reverse				
100 + 100	0.12	0.06	0.18	0.47
100 + 150	0.12	0.35	0.47	0.65
100 + 200	0.12	0.59	0.71	0.83
Dextran 40 (mg ml <sup><math>-1</math></sup> ) + ficoll 70 (mg ml <sup><math>-1</math></sup> )	Dextran 40	Ficoll 70	Dextran 40 + ficoll 70 mixture	
	(a)	(b)	Predicted $(a + b)$	Observed*
100 + 100	0.18	0.06	0.24	0.48
150 + 100	0.41	0.06	0.47	0.84
200 + 100	0.77	0.06	0.83	1.19
Reverse				
100 + 100	0.18	0.06	0.24	0.48
100 + 150	0.18	0.35	0.53	0.83
100 + 200	0.18	0.59	0.77	1.02
Dextran 70 (mg ml <sup><math>-1</math></sup> ) + dextran 40 (mg ml <sup><math>-1</math></sup> )	Dextran 70	Dextran 40	Dextran 70 + dextra	in 40 mixture
_	(a)	(b)	Predicted (a + b)	Observed*
100 + 100	0.12	0.18	0.30	0.65
150 + 100	0.40	0.18	0.58	1.02
200 + 100	0.60	0.18	0.78	1.20
Reverse				
100 + 100	0.12	0.18	0.30	0.65
100 + 150	0.12	0.41	0.53	1.02
100 + 200	0.12	0.77	0.89	1.38
pH 4.0				
Dextran 70 (mg ml <sup><math>-1</math></sup> ) + ficoll 70 (mg ml <sup><math>-1</math></sup> )	Dextran 70	Ficoll 70	Dextran 70 + ficoll	70 mixture
	(a)	(b)	Predicted (a + b)	Observed*
100 + 100	0.14	0.11	0.25	0.47
150 + 100	0.30	0.11	0.41	0.84
200 + 100	0.66	0.11	0.77	1.21
Reverse				
100 + 100	0.14	0.11	0.25	0.47
100 + 150	0.14	0.30	0.44	0.66
100 + 200	0.14	0.42	0.56	1.03
Dextran 40 (mg ml <sup><math>-1</math></sup> ) + ficoll 70 (mg ml <sup><math>-1</math></sup> )	Dextran 40	Ficoll 70	Dextran 40 + ficoll 70 mixture	
	(a)	(b)	Predicted $(a + b)$	Observed*
100 + 100	0.23	0.11	0.34	0.54
150 + 100	0.43	0.11	0.54	1.09
200 + 100	0.99	0.11	1.10	1.45
Reverse				
100 + 100	0.23	0.11	0.34	0.54
100 + 150	0.23	0.30	0.53	0.91
100 + 200	0.23	0.42	0.65	1.27
Dextran 70 (mg ml <sup><math>-1</math></sup> ) + dextran 40 (mg ml <sup><math>-1</math></sup> )	Dextran 70	Dextran 40	Dextran 70 + dextra	n 40 mixture
	(a)	(b)	Predicted $(a + b)$	Observed*
100 + 100	0.14	0.23	0.37	0.72
150 + 100	0.30	0.23	0.53	1.08
200 + 100	0.66	0.23	0.89	1.46
Reverse				
100 + 100	0.14	0.23	0.37	0.72
100 + 150	0.14	0.43	0.43	1.27
100 + 200	0.14	0.99	1.13	1.64

\*See text for theoretical prediction

Mixture	$\Delta\Delta G_{\rm D}^{\rm o}({\rm kcal \ mol^{-1}})$			
Dextran 70 (mg ml <sup>-1</sup> ) + ficoll 70 (mg ml <sup>-1</sup> )	Dextran 70	Ficoll 70	Dextran 70 + ficoll 70 mixture Predicted $(a + b)$ Observed*	
$50 \pm 100$	0.13	0.15	0.28	0.31
100 + 100	0.30	0.15	0.45	0.50
150 + 100	0.51	0.15	0.66	0.73
$200 \pm 100$	0.75	0.15	0.90	0.95
250 + 100	0.97	0.15	1.12	1.19
Reverse				
100 + 50	0.30	0.11	0.41	0.41
100 + 100	0.30	0.15	0.45	0.50
100 + 150	0.30	0.32	0.62	0.66
100 + 200	0.30	0.42	0.72	0.77
100 + 250	0.30	0.60	0.90	0.97
Dextran 40 (mg ml <sup>-1</sup> ) + ficoll 70 (mg ml <sup>-1</sup> )	Dextran 40	Ficoll 70	Dextran 40 + ficoll	70 mixture
	(a)	(b)	Predicted (a + b)	Observed*
50 + 100	0.18	0.15	0.33	0.40
100 + 100	0.37	0.15	0.52	0.62
150 + 100	0.66	0.15	0.81	0.86
200 + 100	0.86	0.15	1.01	1.15
250 + 100	1.09	0.15	1.24	1.37
Reverse				
100 + 50	0.37	0.11	0.48	0.50
100 + 100	0.37	0.15	0.52	0.62
100 + 150	0.37	0.32	0.69	0.81
100 + 200	0.37	0.42	0.79	0.91
100 + 250	0.37	0.60	0.97	1.09
Dextran 70 (mg ml <sup><math>-1</math></sup> ) + dextran 40 (mg ml <sup><math>-1</math></sup> )	Dextran 70	Dextran 40	Dextran 70 + dextran 40 mixture	
	(a)	(b)	Predicted (a + b)	Observed*
50 + 100	0.13	0.37	0.50	0.52
100 + 100	0.30	0.37	0.67	0.72
150 + 100	0.51	0.37	0.88	0.95
200 + 100	0.75	0.37	1.12	1.17
250 + 100	0.97	0.37	1.34	1.38
Reverse				
100 + 50	0.30	0.18	0.48	0.51
100 + 100	0.30	0.37	0.67	0.72
100 + 150	0.30	0.66	0.96	1.05
100 + 200	0.30	0.86	1.16	1.27
$100 \pm 250$	0.30	1.09	1 39	1 48

**Table 2** Comparison of  $\Delta\Delta G_D^{\circ}$  of  $\alpha$ -LA in the presence of crowding agents (dextran 70 and ficoll 70, dextran 40 and ficoll 70, and dextran 70 and dextran 40) individually and in their mixtures at pH 7.0 and 25 °C

\*See text for theoretical prediction

been found to be entirely entropic in nature in the presence of mixtures of crowding agents, for enthalpy change remains almost constant with increasing concentrations of mixtures of crowders.

The characteristics of crowding agents such as their shape, size, and composition play a pivotal role in the stabilization of proteins. The flexible and rod-shaped dextran in comparison with rigid and compact ficoll of sphere-like shape resulted in more volume exclusion and hence higher stabilization [30, 49, 50]. Additionally, on mass/volume scale, dextran 40 has more number of molecules that will cause maximum packing in the mixture of crowding agents and leads to the highest volume exclusion. Although the presence of other crowders like ficoll 70 and dextran 70 in a mixture contributes to the stabilization of protein, the impact of

dextran 40 due to its small size in comparison with dextran 70 and due to its rod shape in comparison with spherical ficoll 70 is greater on the stabilization of both the proteins. Moreover, Alfano and co-workers [51] have investigated the influence of three crowders of distinct sizes, i.e., polyethylene glycol (PEG) 20, dextran 40, ficoll 70 and ficoll 400 at concentrations ranging from 0 to 20% (w/v), on the stability of yeast frataxin (Yfh1) in the temperature range 2-70 °C. The presence of crowders showed a significant rise in the stability at low temperature but a minor increase in the stability at high temperature which could be due to the large volume of low-temperature unfolded species than that at high temperature. They demonstrated that volume exclusion affects protein stability, and the effect is more noticeable when the size of the crowder is closer to that of the test protein [51]. It has also been found that dextran due to its crowding property decreases the positive effect of arginin on the chaperone ability of  $\alpha$ -crystallin [52]; however, bovine serum albumin (BSA) leads to refolding and regain of enzyme activity of triosephosphate isomerase [53]. Additionally, the effect of single and mixed crowding agents (PEG 2000 and dextran 70) was investigated by Fan and coworkers [54] on recombinant human brain-type creatine kinase (rHBCK) inactivation induced by GdmCl by analyzing residual activity, reaction kinetics, intrinsic fluorescence, and phase diagram. There was a rise in the residual activity and a decay in the inactivation rate by both the crowders; however, PEG 2000 has been found to stabilize the conformation of rHBCK better than dextran 70 [54]. They suggested that mixed crowders did not perform better than single crowders, but there was an additive effect with the mixtures of crowding agents [54]. Furthermore, Kumar and associates [55] performed thermodynamic analysis of thermal denaturation curves of base-denatured ferricytochrome c (from horse heart) and hen egg white lysozyme at pH 12.9 ( $\pm 0.1$ ) in the presence of varying concentrations of dextran 70, dextran 40, and ficoll 70. They revealed that the presence of crowders increases the thermal stability of base-denatured proteins as well as prevents the cold denaturation of ferricytochrome c. Their results further indicated that the size, shape, and nature of crowding agent also affect the crowding-mediated rise in the stabilization of the secondary structure [55].

Values of  $\Delta\Delta G_D^{\circ}$  of both the proteins (lysozyme and  $\alpha$ -LA) are obtained for all the combinations of crowding agents in different mixing ratios (designated as "observed"). Values of  $\Delta\Delta G_D^{\circ}$  of both these proteins are also obtained from the sum of  $\Delta G_D^{\circ}$  of each crowding agent in the mixture (designated as "predicted"). For an example (see Tables 1 and 2),  $\Delta\Delta G_D^{\circ}$  (observed) of lysozyme in the mixture 100 mg ml<sup>-1</sup> of dextran 70 and 200 mg ml<sup>-1</sup> of dextran 40 at pH 4.0 has been found to be 1.64 kcal mol<sup>-1</sup>. In the presence of 100 mg ml<sup>-1</sup> of dextran 70 alone,  $\Delta\Delta G_D^{\circ}$  was found to be 0.14 kcal mol<sup>-1</sup>; and in presence of the counterpart 200 mg ml<sup>-1</sup> of dextran 40 alone,  $\Delta\Delta G_D^{\circ}$  was 0.99 kcal mol<sup>-1</sup>. On summing up these two individual  $\Delta\Delta G_D^{\circ}$  values, one gets a value of 1.13 kcal mol<sup>-1</sup>. Observed and predicted values of  $\Delta\Delta G_D^{\circ}$  are shown in Table 1 for lysozyme and Table 2 for  $\alpha$ -LA. It can be seen in these tables that the mixtures of crowding agents exert a greater stabilizing effect than the sum of the individual crowders. Hence, the stabilization effect of mixture of crowders on proteins is non-additive in nature.

Our results are in consistency with several other studies, such as those of Zhou et al. who examined the effects of mixtures of crowders (dextran 70, ficoll 70, and BSA) and their individual forms in two different pieces of work: (i) on the amyloid formation of hen egg white lysozyme and (ii) the oxidative refolding of the reduced and denatured form of lysozyme by examining through activity assay [21, 22]. It was shown that the mixture of BSA and ficoll 70 contributes to both stabilization and inhibitory effect cooperatively [22], and also this mixture

seems more favorable to the folding of lysozyme [21]. In addition, the mixture of crowders comprising PEG 2 and calf thymus DNA has been found more favorable for the refolding of GdmCl-induced unfolded form of rabbit muscle creatine kinase and caused a lesser amount of aggregation than the individual crowding agents, i.e., ficoll 70, PEG 2, dextran 70, and calf thymus DNA [19]. Similar results were obtained during the refolding and aggregation of GdmCl-induced unfolded form of recombinant human brain-type creatine kinase in the presence of PEG 2, dextran 70, and calf thymus DNA along with their distinct mixtures [20]. Moreover, Batra et al. [23] studied the folding stability of the FK506-binding protein (FKBP) in the presence of mixture of dextran 6 and ficoll 70, where the shape and size of the crowding agents differ with each other [23]. They perceived that stabilization of a protein is more in the presence of mixed crowding than the sum of two single crowders and defined it to be a non-additive effect as well. Furthermore, from their studies, they led to an assumption that not only the total concentration but also the composition of crowding agents has a substantial impact on the macromolecular crowding effect on protein stability [23]. Hence, our study validates their assumption. Thus, the non-additive effect of mixture of crowding agents has great implications for the phenomenon of macromolecular crowding inside cells.

Moreover, numerous studies by Pielak and associates [56–64] have focussed on various effects and consequences of macromolecular crowding resulting from two phenomena, i.e., soft (or chemical) interactions and hard-core repulsions. These soft and hard interactions are the characteristics of the enthalpic and the entropic contributions to protein stability, and their relationship administrates the excluded volume [60]. Different studies have been performed under several conditions in order to show the effect of crowding on the stability of CI2 [56–59, 62], ubiquitin [64], and Protein L [63]. They suggested that proteins possess a favorable, though weak interaction with other proteins which might overcome the stabilizing effect owing to hard-core repulsions associated to physiologically relevant macromolecular crowding [61].

Many macromolecules at different concentrations are existing inside a cell. Therefore, it is indicated that the composition of macromolecules inside a cell and their total concentration should be considered while mimicking the intracellular condition when conducting in vitro experiments. Such types of in vitro experiments try to supplement the in vivo measurements of folding and stability [65]. Furthermore, it has been suggested that the effects of crowded intracellular environment exerted on the stability of folding/unfolding process and other biophysical properties of proteins can considerably get altered with time. Hence, such kinds of variations may enact an essential role in diseases such as Alzheimer's and/or Parkinson's disease, associated with protein misfolding and aggregation [23].

# Conclusion

This study demonstrates that mixed macromolecular crowding inside a cell plays a significant role in influencing the thermodynamic stability of proteins. The composition and varying concentrations of crowding agents in different mixing ratios have insightful insinuations on the biophysical properties of proteins. The extent of stabilization is more in the presence of mixtures of crowding agents than the sum of their constituent crowding agents owing to more volume exclusion for both the proteins at all experimental conditions. Among different combinations of mixtures such as (i) dextran 70 + ficoll 70, (ii) dextran 40 + ficoll 70, and (iii) dextran 40 + ficoll 70, the mixture of dextran 70 and dextran 40 stabilizes the proteins more than their sum individually due to the factors depending on their shape and size. This

shows that the stabilizing effect of mixtures of crowding agents is non-additive in nature. Thus, it can be concluded that the mixtures of crowding agents with a different architecture such as their shape and size, mimic the intracellular environment more closely than the single crowder and even complements the in vivo measurements of protein folding and stability.

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