

Degradation Improves Tissue Formation in (Un)Loaded Chondrocyte-laden Hydrogels

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Abstract

Background Photopolymerizable poly(ethylene glycol) (PEG) hydrogels offer a platform to deliver cells in vivo and support three-dimensional cell culture but should be designed to degrade in sync with neotissue development and endure the physiologic environment.

Questions/purposes We asked whether (1) incorporation of degradation into PEG hydrogels facilitates tissue development comprised of essential cartilage macromolecules; (2) with early loading before pericellular matrix formation, the duration of load affects matrix production; and (3) dynamic loading in general influences macroscopic tissue development.

Methods Primary bovine chondrocytes were encapsulated in hydrogels ($n = 3$ for each condition). The independent variables were hydrogel degradation (nondegrading PEG and degrading oligo(lactic acid)-b-PEG-b-oligo(lactic acid) [PEG-LA]), culture condition (free swelling, unconfined dynamic compressive loading applied intermittently for 1 or 4 weeks), and time (up to 28 days). The dependent variables were neotissue deposition through biochemical contents, immunohistochemistry, and compressive modulus.

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Results Degradation led to 2.3- and 2.9-fold greater glycosaminoglycan and collagen contents, respectively; macroscopic cartilage-like tissue formation comprised of aggrecan, collagen II and VI, link protein, and decorin; but decreased moduli. Loading, applied early or throughout culture, did not affect neotissue content in either hydrogel but affected neotissue spatial distribution in degrading hydrogels where 4 weeks of loading appeared to enhance hydrogel degradation resulting in tissue defects.

Conclusions PEG-LA hydrogels led to macroscopic tissue development comprised of key cartilage macromolecules under loading, but hydrogel degradation requires further tuning.

Clinical Relevance PEG-LA hydrogels have potential for delivering chondrocytes in vivo to replace damaged cartilage with a tissue-engineered native equivalent, overcoming many limitations associated with current clinical treatments.

Introduction

Despite a variety of clinical treatments for articular cartilage damage, including joint débridement [24], microfracture [35, 36], and autologous chondrocyte implantation [11], none has led to regenerated tissue similar in structure and function to native articular cartilage [3]. An alternative is tissue engineering, which commonly uses cells placed within scaffolds to facilitate regeneration [14]. However, scaffold structure and its degradation rate will influence tissue development [28]. Because cartilage is composed of extracellular matrix (ECM) reaching micrometer dimensions [22], ample space is required for its deposition and organization into a structured matrix, thus necessitating degradable scaffolds. Scaffold degradation must be synchronous with ECM synthesis because if degradation is too

fast or too slow, defects may develop or tissue development may be hindered. Appropriate degradation times are likely to be on the order of weeks but will depend on factors such as donor age, external stimuli, etc.

In addition to scaffold degradation, cell-laden scaffolds placed in situ will experience a dynamic mechanical environment. Mechanical loading reportedly enhances scaffold degradation [30], regulates chondrocyte behavior [12], and leads to loss of newly synthesized matrix as a result of increased transport [16]. Depending on strain, frequency, temporal distribution of loading (eg, intermittent or continuous daily loading), and overall duration of loading, loading enhances [14, 16, 20] or inhibits [15, 17, 19] tissue synthesis. Loading applied intermittently, early [38], or throughout the duration of culture [14] has enhanced neotissue development, whereas loading applied later has had minimal effects on neotissue synthesis [29]. Loading applied before pericellular matrix (PCM) development [18, 38] may provide critical biomechanical cues for tissue synthesis, in part as a mechanism to protect chondrocytes from deformation. Furthermore, cells are capable of selectively responding to mechanical stimulation, in which cells may only respond to short bouts of loading, thus requiring periods of recovery [32]. Taken together, these findings and others illustrate cellular responses to mechanical stimulation are complex, which will further be impacted by scaffold chemistry and structure [2].

One possible scaffold for cartilage tissue engineering is photopolymerizable poly(ethylene glycol) (PEG) hydrogels, whereby incorporating oligomers of lactic acid (LA) into the crosslinks offers a hydrolytically labile platform for formation and delivery of chondrocytes in vivo [1, 5, 6, 8, 9]. Degradation of oligo(LA)-b-PEG-b-oligo(LA) (PEG-LA) hydrogels can be tuned through several mechanisms, including changes in the number of LA units and hydrogel crosslinking density [25–27]. PEG-LA hydrogels

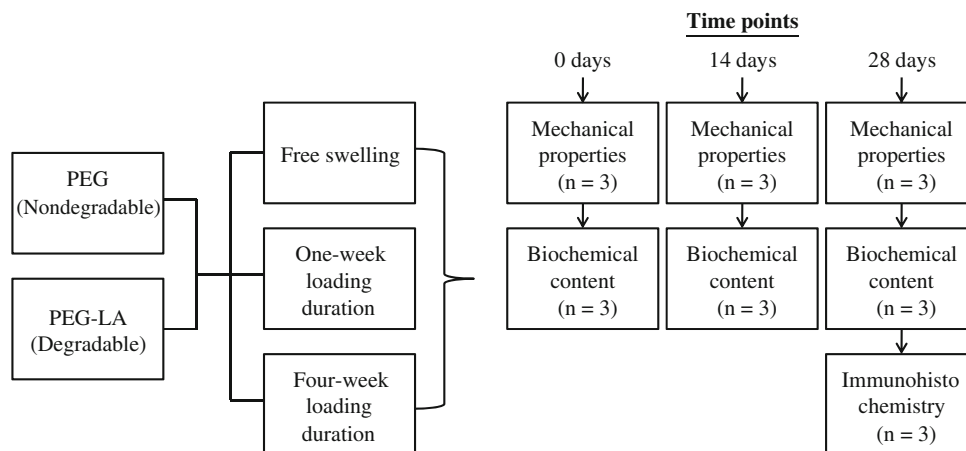
are promising scaffolds for cartilage regeneration because they retain the chondrocyte phenotype and promote synthesis and deposition of proteoglycans and collagen type II [4, 9].

To further realize the potential of PEG-LA hydrogels, we addressed three research questions: (1) Does incorporation of degradation into PEG-based hydrogels facilitate macroscopic development of tissue comprised of essential matrix molecules that make up the PCM and ECM of cartilage? (2) When loading is applied early and before PCM formation, does the duration of load affect matrix production in the long term? (3) Does dynamic mechanical loading in general impact macroscopic tissue development in PEG-based hydrogels?

Materials and Methods

To address each research question, three subsequent studies were developed (Fig. 1). In Study 1, the impact of hydrogel degradation on macroscopic tissue formation was assessed as a function of time in which the independent variables were nondegrading PEG hydrogels, degrading PEG-LA hydrogels, and culture time. In Study 2, the impact of loading duration (1 week versus 4 weeks) on tissue synthesis and deposition was investigated in nondegrading and degrading hydrogels as a function of time. In Study 3, matrix synthesis and deposition in mechanically stimulated nondegrading and degrading hydrogels were compared with their free-swelling counterparts. For Studies 2 and 3, the independent variables included a 1-week loading duration, 4-week loading duration, nondegrading hydrogels, degrading hydrogels, and culture time. For each study, the dependent variables investigated were compressive moduli, biochemical content (sulfated glycosaminoglycan [GAG] and collagen), and spatial distribution of matrix molecules.

Fig. 1 A diagram of the experimental design shows the independent variables (nondegrading PEG versus degrading PEG-LA, culture conditions [free swelling, 1-week loading duration, and 4-week loading duration] and culture time) and the dependent variables (biochemical content, mechanical properties, and immunohistochemistry).



A sample size of three was chosen based on prior data [6, unpublished data], in which the variable was degradation. If the desired effect is a 50% difference in GAG content (micrograms of GAG/milligrams of dry weight) by 4 weeks in PEG-LA hydrogels with different degradation rates, prior data having a variance of 550 indicate a sample size of three will give a statistical power of 80% with an error probability of 0.05. For the other variables, loading and load duration, this study serves as a preliminary study.

PEG-LA and PEG were synthesized to produce degradable and nondegradable macromolecular monomers (macromers), respectively. L-Lactic acid (PolySciences, Warrington, PA) was reacted with PEG (4600 g/mol; Sigma-Aldrich Corp, St Louis, MO) in the presence of stannous octoate at 70°C for 6 hours [34] resulting in 2.4 LA units per side determined by ¹H-nuclear magnetic resonance (NMR). The polymers were end-capped with methacrylates following established procedures [21] and purified by repeated precipitations in diethyl ether. Degree of methacrylate functionalization, determined by ¹H-NMR, was 0.85 and 0.87 for PEG and PEG-LA macromers, respectively.

Full-depth articular cartilage was harvested from the patellar-femoral groove of 1- to 3-week-old calves (Research 87, Boylston, MA). Cartilage was digested in 500 U collagenase II per mL in Dulbecco's Minimum Essential Medium (DMEM) supplemented with 5% fetal bovine serum (FBS) for 16 hours at 37°C on an infinity shaker (40 rpm). The digest was passed through a 100- μ m cell strainer, pelleted, and rinsed 3 \times with phosphate-buffered saline (PBS) containing 1% penicillin/streptomycin, 0.5 μ g fungizone/mL, and 20 μ g gentamicin/mL (PBS + antibiotics). Chondrocytes (50 million cells/mL) were mixed with 10% (w/w) macromer and 0.05% (w/w) photoinitiator (Irgacure I2959; Ciba Specialty Chemical, Newport, DE) in PBS and photopolymerized (365 nm, 6 mW/cm², 10 minutes). Resulting hydrogels (5- \times 5-mm cylinders) were rinsed in PBS + antibiotics and individually placed into wells of a 24-well plate with 2 mL chondrocyte medium (DMEM supplemented with 10% FBS [v/v], 0.04 mmol L-proline per L, 50 mg L-ascorbic acid per L, 10 mmol HEPES per L, 0.1 mol Minimum Essential Medium with nonessential amino acids/L, 1% penicillin/streptomycin, 0.5 μ g fungizone/mL, and 20 μ g gentamicin/mL).

Gels were cultured at 37°C in 5% CO₂ and allowed to equilibrate for 24 hours. After 24 hours, gels were removed from culture (time = 0 days), placed under free-swelling conditions, or placed into bioreactors [37]. Free-swelling gels were placed on a figure-of-eight shaker (40 rpm). Loaded gels were placed between permeable bases and platens (Porex 40–70 μ m) [30] and subjected to intermittent loading (eight cycles/day of 30 minutes on/90 minutes

off followed by 8 hours off) applied by a sinusoidal dynamic unconfined compression at 0.3 Hz with a 15% peak-to-peak strain. Displacement control was verified using the on-board linear variable differential transformer sensor, which showed less than 0.01% deviation. Cell viability before loading was semiquantitatively assessed using a LIVE/DEAD[®] assay, indicating viability was 76% \pm 7% and 87% \pm 3% for PEG and PEG-LA hydrogels, respectively, 24 hours postencapsulation (based on three separate hydrogels acquired at 100 \times). Media were replaced every 2 to 3 days and stored at –20°C for subsequent analysis. At specified time points, gels were removed from culture, weighed, and processed.

The compressive moduli were obtained from the linear region of stress-strain curves generated on a mechanical tester (Synergie 100, 10 N; MTS, Eden Prairie, MN). Hydrated constructs were strained to 20% under unconfined compression at 0.5 mm/minute.

At specified time points, one half of the hydrogel construct was lyophilized and digested with papain (125 mg/mL) for 18 hours at 60°C. Sulfated GAG (sGAG) content was measured using dimethylmethylene blue [10] referenced to chondroitin-6-sulfate standards. Collagen content was determined by assaying for hydroxyproline, which is approximately 10% of total collagen [13, 39] against known standards.

At specified time points, the remaining construct halves were fixed for 24 hours in 4% paraformaldehyde, dehydrated, paraffin-embedded, and sectioned (10 μ m). Samples were treated with chondroitinase ABC and/or hyaluronidase for 1 hour at 37°C. For antigen retrieval of the link protein, samples were reduced and alkylated. All samples were blocked using 1% bovine serum albumin. Primary antibodies were used against aggrecan (1:10), collagen II (1:100) (US Biologicals, Swampscott, MA), collagen VI (1:100) (Abcam, Cambridge, MA), chondroitin-6-sulfate (1:100) (Chemicon, Billerica, MA), link protein (1:5), or decorin (1:5) (University of Iowa Developmental Studies Hybridoma Bank, Iowa City, IA). Fluorescent detection was achieved using secondary goat antirabbit IgG Alexa Fluor[®] 488 or goat antimouse IgG Alexa Fluor[®] 546 antibodies (1:200) and nuclei counterstained using 4',6-diamidino-2-phenylindole (DAPI) (1:1000). Sections were mounted using VectaMount[™] (Vector Laboratories, Burlingame, CA). Laser scanning confocal microscopy (Zeiss LSM 5 Pascal; Carl Zeiss, Thornwood, NY) was used to acquire images.

For Study 1, a two-way ANOVA with Tukey's post hoc was performed in which hydrogel composition (PEG versus PEG-LA) and time were factors. For Study 2 and Study 3, a two-way ANOVA with Tukey's post hoc was performed in which hydrogel composition (PEG versus PEG-LA), time, and loading duration (1 week versus 4 weeks)

were factors. Statistical analyses were used to determine differences in the dependent variables (compressive moduli, sGAG content, sGAG loss to the culture medium, and collagen content) between the independent variables (hydrogel composition, time, and loading duration).

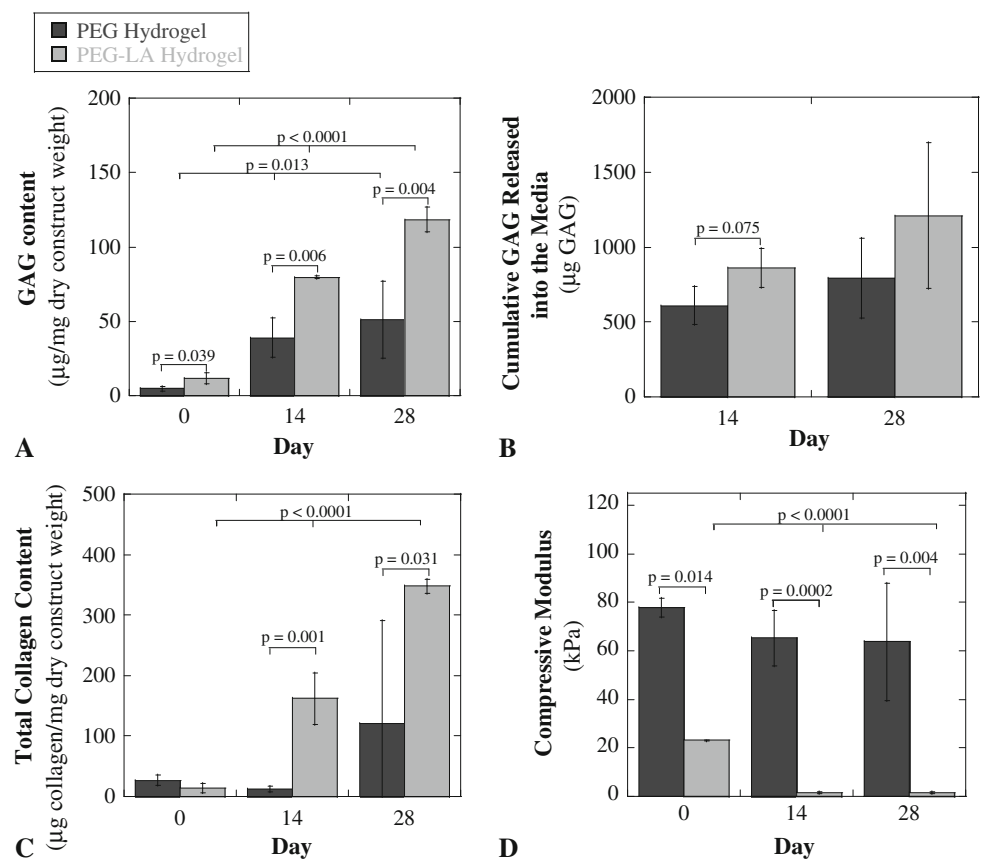
Results

Incorporating degradation into PEG hydrogels enhanced neotissue deposition and its spatial distribution. Both hydrogel environments promoted deposition of sGAGs (Fig. 2A) and collagen (Fig. 2C), which increased ($p < 0.001$) with culture time in PEG-LA hydrogels for sGAG and collagen and increased ($p = 0.013$) in PEG hydrogels but only for sGAG. However, degradation led to improved matrix content. For example, after 28 days, the engineered neotissue within PEG-LA hydrogels was comprised of 2.3-fold greater ($p = 0.004$) sGAG and 2.9-fold greater ($p = 0.031$) total collagen contents over PEG hydrogels. Matrix loss was detected from the constructs as measured by sGAGs released into the culture medium (Fig. 2B). Although neotissue deposition was greater in PEG-LA hydrogels, construct mechanical properties,

measured by compressive modulus (Fig. 2D), were lowest ($p \leq 0.014$) in degrading hydrogels and decreased ($p < 0.001$) with culture time but remained constant for nondegrading hydrogels. Immunohistochemistry revealed chondrocytes cultured in nondegrading and degrading hydrogels synthesized the major structural matrix molecules found in articular cartilage, but their spatial deposition was enhanced in degrading gels (Figs. 3, 4). Specifically, chondrocytes in PEG gels exhibited a PCM rich in chondroitin-6-sulfate, aggrecan core protein and link protein, collagen II, collagen VI, and decorin. In contrast, the engineered tissue formed from PEG-LA hydrogels was comprised of chondroitin-6-sulfate, aggrecan, collagen II, and decorin depositions in the extracellular space and of collagen VI within the pericellular regions, similar to that observed in native cartilage.

The duration of loading (1 week versus 4 weeks) had minimal effects on neotissue deposition for each hydrogel formulation. In nondegrading hydrogels, loading duration did not affect sGAG content (Fig. 5A), but the higher loading duration led to increased ($p = 0.064$) collagen content (Fig. 5C). Degradation led to reduced sGAG content when subjected to either loading duration but increased collagen content, by 9.7-fold ($p = 0.021$), when subjected

Fig. 2A–D Graphs show the matrix content and mechanical properties of nondegradable PEG (dark gray) and degradable PEG-LA (light gray) hydrogels cultured up to 28 days under free-swelling conditions: **(A)** accumulation of sGAG in the construct; **(B)** cumulative sGAG released into the culture medium; **(C)** accumulation of total collagen in the construct; and **(D)** compressive modulus. ECM content within the hydrogel and media, as represented by sGAG and collagen, increases for both material types over time, whereas the mechanical properties are maintained for PEG but decrease for PEG-LA. This indicates matrix formation; however, at 4 weeks, it is not a mature, mechanically functional ECM. Data are represented as mean \pm SD.



to 1-week loading duration. There was detectable matrix loss from the loaded constructs as measured by sGAGs released into the culture medium (Fig. 5B), which was accentuated by hydrogel degradation. Compressive modulus (Table 1) was lowest ($p \leq 0.003$) in degrading hydrogels. In addition, the major cartilage components, chondroitin-6-sulfate, aggrecan, and collagens II and VI (Fig. 6), were present in loaded hydrogels and were largely restricted to the PCM in nondegrading hydrogels but were located throughout in degrading hydrogels. Increased loading duration, however, led to more defects and a localized presence of collagen II in the PCM in degradable hydrogels.

The application of dynamic mechanical loading did not affect matrix deposition within nondegrading PEG hydrogels but negatively impacted matrix deposition within degrading PEG-LA hydrogels at early culture times (14 days) (Fig. 7). For example, after 14 days, the percent change in sGAG and collagen contents was -40% ($p = 0.057$) and -85% ($p = 0.011$), respectively, for degrading hydrogels subjected to a 4-week load duration. However, by 28 days, sGAG and collagen contents were similar to their free-swelling counterparts. Degradation

resulted in higher ($p = 0.018$ and 0.036) sGAG loss at 14 days and 28 days, respectively, for the 1-week loading duration.

Discussion

In designing scaffolds for delivering chondrocytes in situ, several factors should be considered, including the roles that scaffold degradation and the dynamic mechanical environment have on neotissue development. Because PEG-based hydrogels are promising cell carriers for in vivo cartilage regeneration, we addressed three important questions regarding how tissue development is impacted: (1) by hydrogel degradation in the absence of loading; (2) by the type of loading, specifically load duration, as a function of hydrogel degradation; and (3) in general by loading when compared with tissue developed without loading.

We acknowledge several limitations. First, findings from this study are limited to one PEG-LA formulation and one loading regime (frequency, strain, intermittent loading pattern). This formulation was chosen based on previous

Fig. 3 Gross examination of proteoglycan matrix deposition by immunohistochemical evaluation for chondrocytes encapsulated in nondegradable PEG or degradable PEG-LA hydrogels and cultured up to 28 days is shown. PEG hydrogels have staining largely in the pericellular region, whereas the incorporation of degradation through PEG-LA allows for matrix deposition that more closely approximates the articular cartilage. Sections were stained using antibodies against chondroitin-6-sulfate (red), aggrecan (red), and link protein (red). Cell nuclei (blue) were counterstained using DAPI. Bovine articular cartilage explants were also stained. Images were acquired by laser scanning confocal microscopy. Scale bars represent 50 μm .

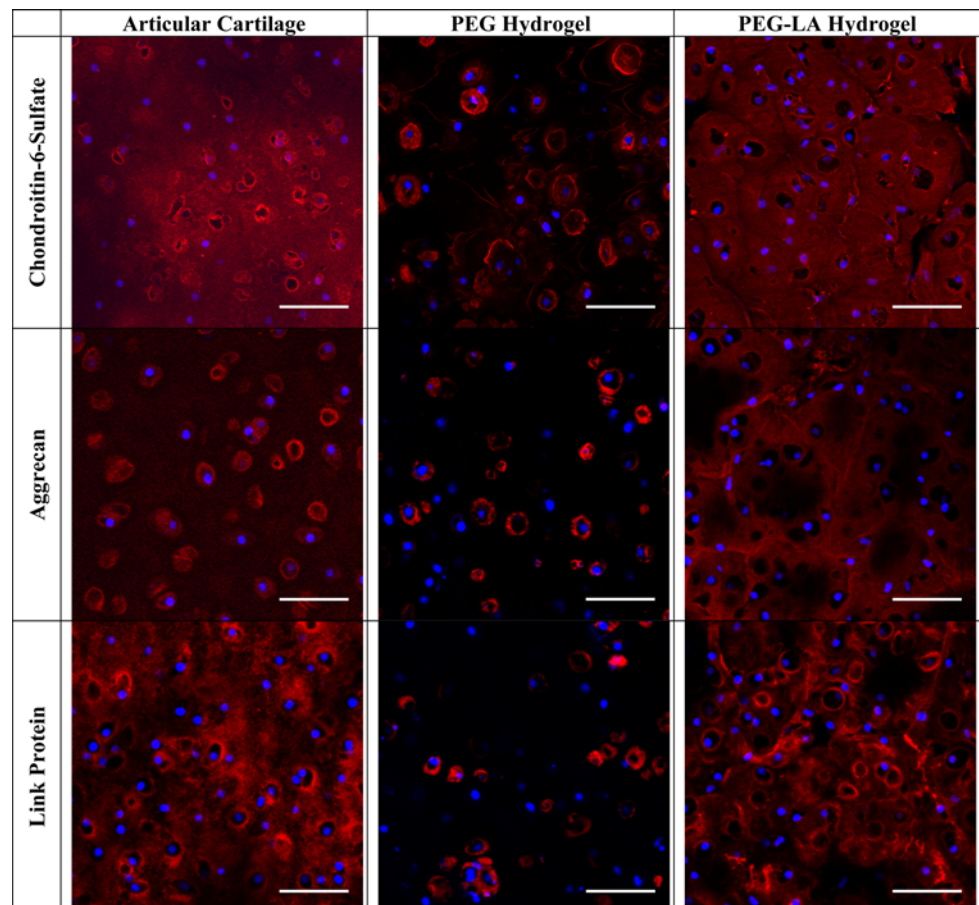
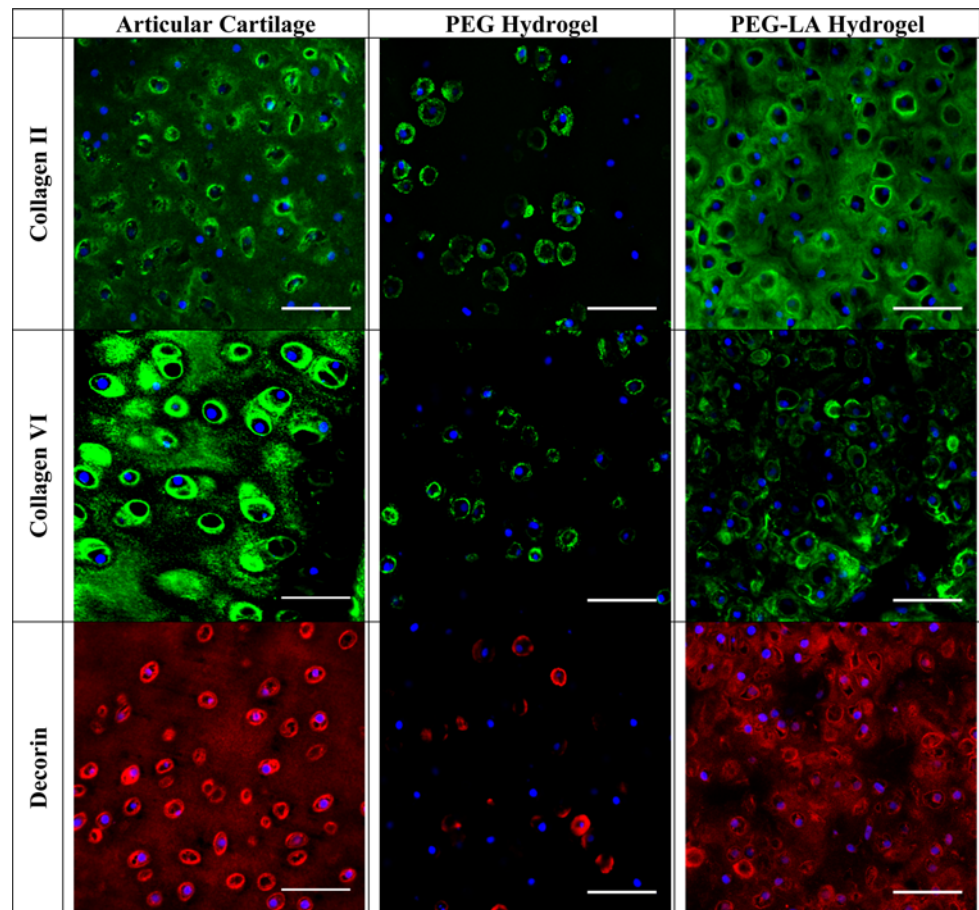


Fig. 4 Gross examination of collagen matrix deposition by immunohistochemical evaluation for chondrocytes encapsulated in nondegradable PEG or degradable PEG-LA hydrogels and cultured up to 28 days is shown. PEG hydrogels have staining largely in the pericellular region, whereas the incorporation of degradation through PEG-LA allows for matrix deposition that more closely approximates the articular cartilage. Sections were stained using antibodies against collagen II (green), collagen VI (green), and decorin (red). Cell nuclei (blue) were counterstained using DAPI. Bovine articular cartilage explants were also stained. Images were acquired by laser scanning confocal microscopy. Scale bars represent 50 μm .



studies, which showed that faster degrading PEG-LA hydrogels led to cartilage-like engineered tissue that contained large defects, indicating degradation was too fast [6]. The loading regime was selected because it falls within physiologic ranges [33] and reportedly enhances cartilage ECM mRNA levels over unloaded nondegrading PEG hydrogels [31]. Although the conditions chosen resulted in fewer defects, slower degrading hydrogels and/or different loading regimes may better match neotissue development. Second, adolescent bovine chondrocytes were used because they are easily obtained in large quantities. However, adolescent chondrocytes have higher metabolic rates and synthesize greater amounts of ECM over adult chondrocytes [23] and cell response may be species-specific. Thus, hydrogels may require redesigning to regenerate human cartilage for clinical applications. Nonetheless, these limitations do not jeopardize our overall conclusions but instead underscore the importance of scaffold selection and degradation in a loading environment.

Our findings demonstrate scaffold degradation is essential for macroscopic tissue formation when using PEG-based hydrogels where cells are encapsulated. One of the challenges in regenerating cartilage is supporting

deposition of collagen II and aggrecan, which can reach dimensions of a few micrometers [14, 22]. A crosslinked hydrogel inherently creates a mesh-like structure with dimensions approximately 150 to 200 Å for similar hydrogels [5], which hindered matrix evolution. Degradation permitted matrix diffusion, leading to immature neocartilage comprised of approximately 11% to 12% sGAGs and approximately 14% to 32% total collagens by dry weight with a compressive modulus that was twofold lower than native cartilage. For collagen to diffuse, near-complete degradation must occur [8], which may account for the low collagen content (approximately 20% of native cartilage). Longer culture times may be required to develop a mature and mechanically strong cartilage. Although findings from this study agree with previous reports regarding macroscopic deposition of sGAGs and collagen [4, 9], we demonstrate the main building blocks of cartilage ECM (aggrecan and collagen II), primary matrix molecules found in the PCM (collagen VI), and matrix molecules associated with assembly (link protein and decorin) are also present. Overall, these findings demonstrate a cartilage-like matrix is developing comprised of key macromolecules necessary for forming functional cartilage.

Fig. 5A–C Graphs show the matrix content of nondegradable PEG (dark gray) and degradable PEG-LA (light gray) hydrogels cultured up to 28 days under 1-week intermittent dynamic compressive loading followed by 3 weeks free swelling (stripes) or 4 weeks of intermittent dynamic compressive loading (solid): (A) accumulation of sGAG in the construct normalized to Day 0; (B) cumulative sGAG released into the culture medium; and (C) accumulation of total collagen in the construct normalized to Day 0. Day 0 correlates to the 24-hour preconditioning time point and immediately before loading. Loading duration did not affect the sGAG or collagen contents; however, degradable hydrogels had decreased sGAG within the hydrogel and enhanced sGAG lost to the medium but enhanced collagen within the hydrogel. Data are represented as mean ± SD.

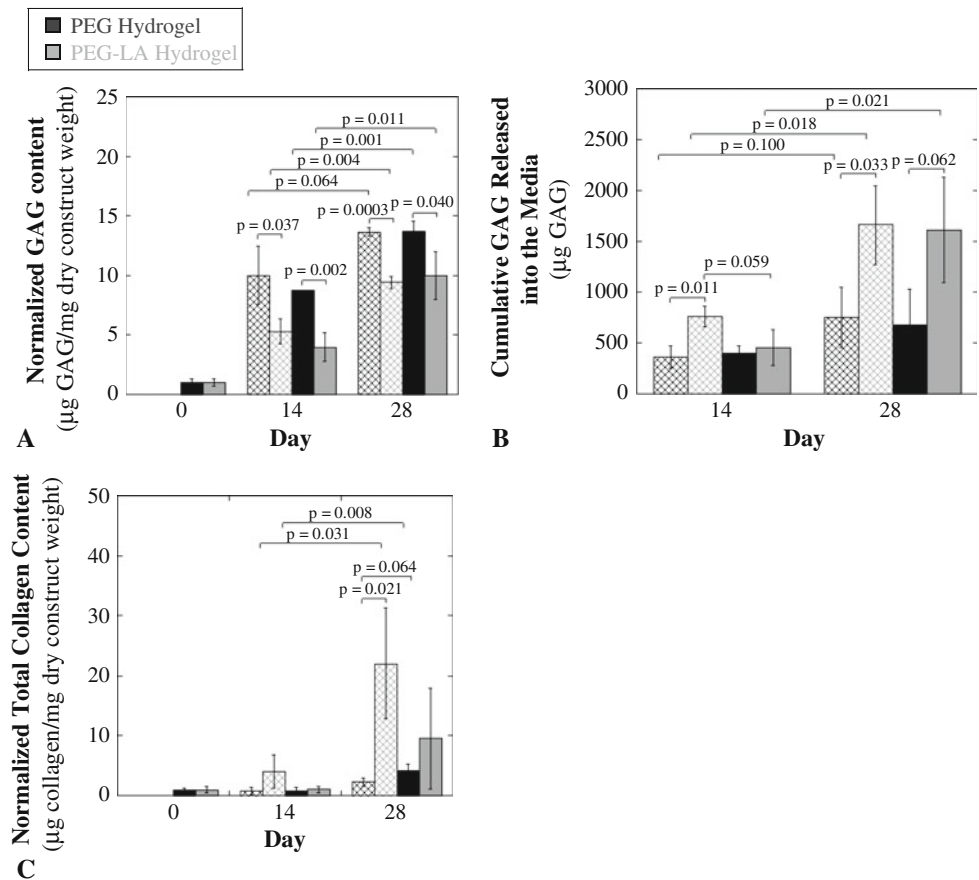


Table 1. Mechanical properties of nondegradable PEG and degradable PEG-LA hydrogels

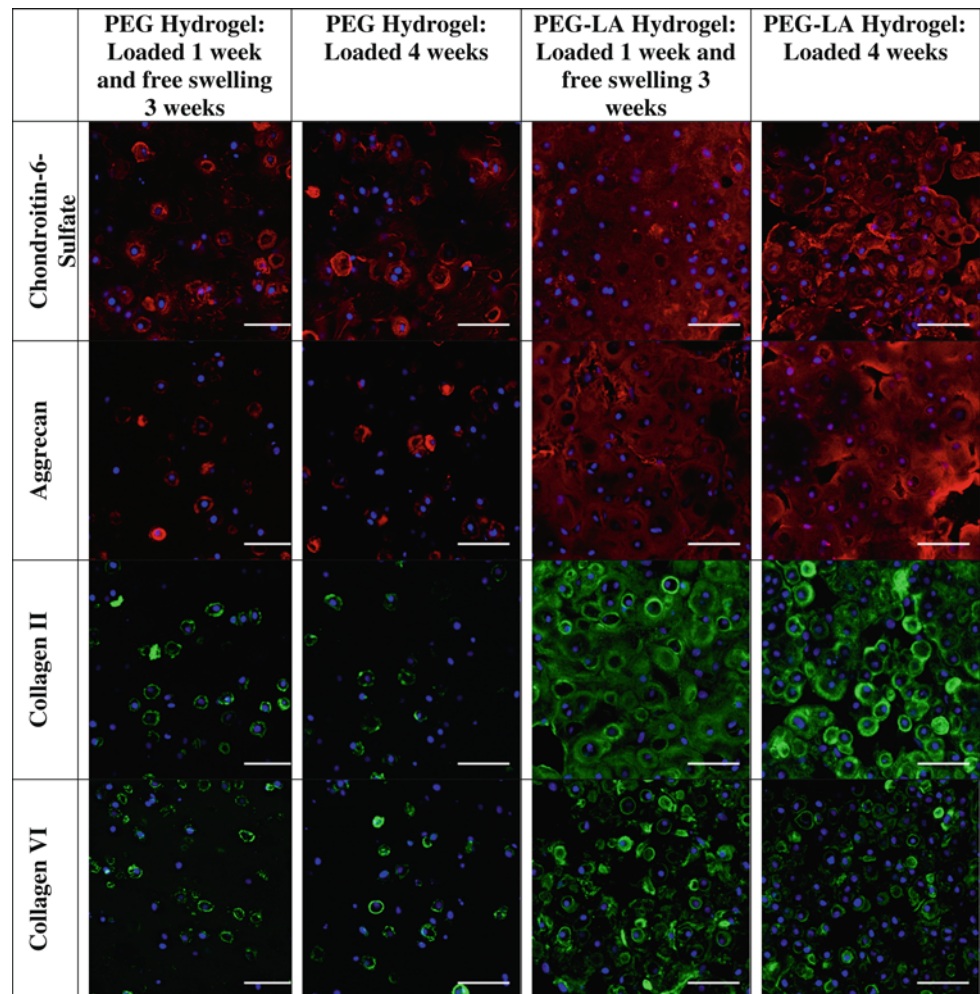
Hydrogel composition	Compressive modulus (kPa)*			
	Short loading duration [†]		Continuous loading duration [‡]	
	Day 14	Day 28	Day 14	Day 28
PEG	80 ± 3.5	73 ± 10	68 ± 24	60 ± 7.8
PEG-LA	1.1 ± 0.63	0.93 ± 0.22	1.4 ± 0.33	1.9 ± 1.0

* Value are expressed as mean ± SD; [†]hydrogels were subjected to intermittent loading for 1 week followed by 3 weeks of free swelling; [‡]hydrogels were subjected to continuous intermittent loading for 4 weeks; PEG = poly(ethylene glycol); PEG-LA = oligo(lactic acid)-b-PEG-b-oligo(lactic acid).

The data also demonstrate load duration applied to PEG-based hydrogels had minimal effects on matrix content but affected spatial distribution of matrix. Loading was applied early in culture based on previous studies [29, 38], indicating chondrocytes are more responsive when loading is applied before a protective PCM forms. Chondrocytes when encapsulated in PEG-based hydrogels generally synthesized neotissue with similar matrix contents regardless of load duration, suggesting cells are less sensitive to loading in the long term. This observation may be partly the result of the formation of a stiff PCM, which occurs

within 1 week, preventing cells from deforming under applied strains [7], especially when surrounded by a hydrogel or neotissue that is 10- to 100-fold less stiff than native cartilage. It is possible, with the development of mechanically strong engineered cartilage, cells may become more responsive to loading in the long term [14]. However, load duration impacted spatial development of neotissue. Although mechanically stimulated degradable hydrogels were capable of promoting neotissue comprised of cartilage-specific matrix, the higher loading duration led to large tissue defects and a more localized tissue

Fig. 6 Gross examination of cartilage matrix deposition by immunohistochemical evaluation for chondrocytes encapsulated in nondegradable PEG or degradable PEG-LA hydrogels and cultured up to 28 days is shown. PEG-LA hydrogels had defects, whereas the PEG hydrogels did not. Additionally, longer loading durations (4 weeks) enhanced the formation of defects in PEG-LA hydrogels compared with those loaded for 1 week and free swelling for 3 weeks. Sections were stained using antibodies against chondroitin-6-sulfate (red), aggrecan (red), collagen II (green), and collagen VI (green). Cell nuclei (blue) were counterstained using DAPI. Images were acquired by laser scanning confocal microscopy. Scale bars represent 50 μ m.



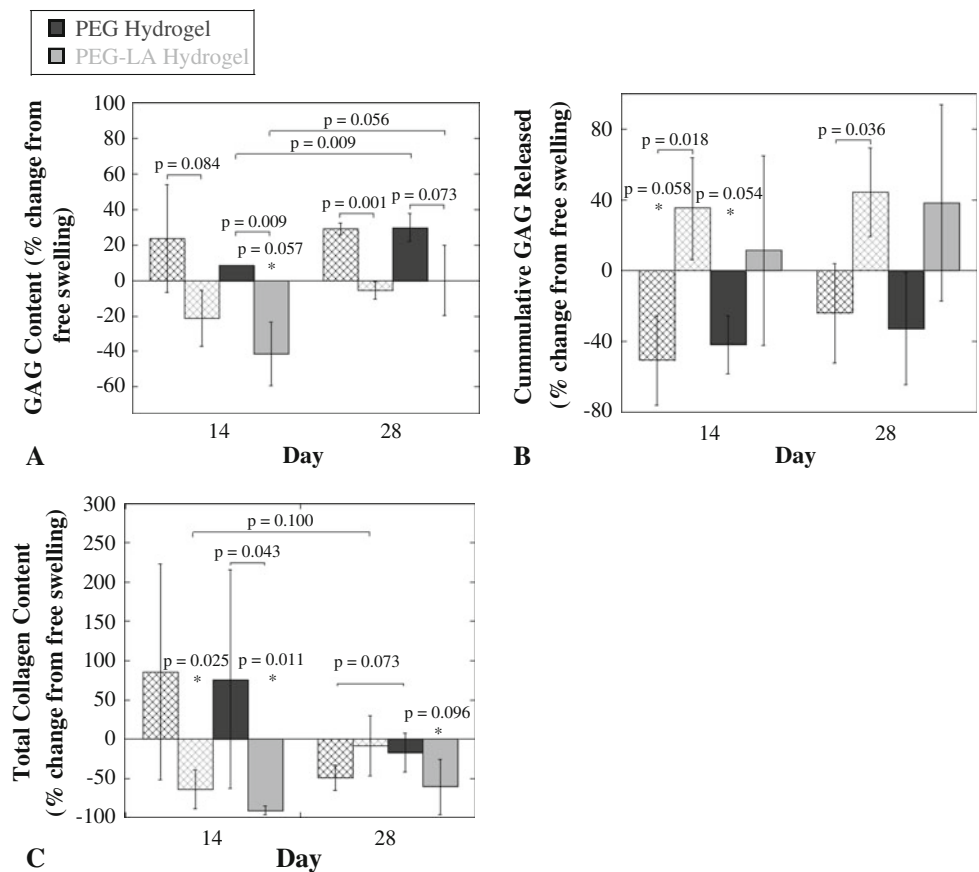
surrounding the cells, indicating load-induced degradation. These findings suggest the duration of loading may be less critical to matrix content but critical to spatial distribution of matrix.

Dynamic loading generally had no effect on matrix content in nondegrading hydrogels but had a negative impact on matrix contents in degrading hydrogels, although this observation was only temporary. Because changes in the hydrogel structure and mechanical properties occur during degradation, the mechanical cues sensed by the cells will inevitably change, which may have altered mechano-transduction events and led to decreased matrix synthesis. Alternatively, there may have been load-induced matrix loss, although sGAG loss was not higher in loaded versus free-swelling constructs. However, by 4 weeks, loading led to increases in matrix deposition whereby matrix content of the engineered tissue reached similar contents to the tissue developed under free-swelling conditions. This finding suggests loading may have stimulated matrix synthesis in chondrocytes once some tissue had been deposited. Longer

culture times may provide more insights into whether loading has long-term positive effects on tissue development [14]. Nonetheless, these findings suggest loading does not have a large impact on tissue content for two distinctly different PEG-based hydrogels (ie, nondegrading and fast degrading) at least for the loading conditions and culture times investigated.

The ability to incorporate degradation into PEG-based hydrogels and control degradation through simple formulation changes makes these materials promising for tissue engineering [1, 5, 6, 8, 9]. The appropriate degradation rate required to align scaffold degradation with neotissue development is still under investigation but will be impacted by dynamic mechanical loading, especially when degrading hydrogels are used. Loading appears to have a greater impact on the spatial composition of neotissue, resulting in tissue defects and to a lesser degree on neotissue content. Overall, these findings are promising in that PEG-LA hydrogels lead to macroscopic development of tissue comprised of key cartilage matrix molecules but

Fig. 7A–C Graphs show the matrix content of nondegradable PEG (dark gray) and degradable PEG-LA (light gray) hydrogels cultured up to 28 days under 1-week intermittent dynamic compressive loading followed by 3 weeks free swelling (stripes) or 4 weeks of intermittent dynamic compressive loading (solid): (A) accumulation of sGAG in the construct, (B) cumulative sGAG released into the culture medium normalized to the amount of sGAG in the construct, and (C) accumulation of total collagen in the construct, all expressed as % change from free swelling. Loaded nondegradable constructs had increased sGAG within the construct and less sGAG lost to the medium, whereas degradation increased loss of sGAG from the construct to the medium when compared with free-swelling counterparts after 28 days. Data are represented as mean \pm SD. *p values above a column indicate differences from free-swelling constructs.



underscore scaffold degradation should be further tuned when loading is present.

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