#### **EVOLVING THERAPIES (RM BUKOWSKI, SECTION EDITOR)**



# **TRK Inhibitors: Clinical Development of Larotrectinib**

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#### Abstract

**Purpose of Review** In this review, we highlight the pre-clinical development, recent clinical studies, and future directions of larotrectinib in patients with *NTRK* fusion-positive tumors.

**Recent Findings** The tropomyosin receptor kinase family, TrkA, TrkB, and TrkC, transmit extracellular signals via a variety of intracellular pathways to promote normal neuronal development. TrkA, B, and C are encoded by *NTRK1*, *2*, and *3*, respectively. *NTRK* chromosomal alterations, most commonly gene fusions, have been identified as driver mutations in a broad range of malignancies. Small molecule tyrosine kinase inhibitors of Trk, including larotrectinib, have shown broad clinical activity across multiple tumor types with *NTRK* fusion events.

**Summary** Although the prevalence of *NTRK* alterations is low, the exceptional activity of larotrectinib makes *NTRK* alterations an important predictive biomarker to screen for in any cancer.

Keywords NTRK · TRK inhibitor · Larotrectinib · Precision medicine · Personalized medicine · Targeted oncology

#### Introduction

The tropomyosin receptor kinases TRKA, TRKB, and TRKC belong to a family of receptor tyrosine kinases (RTK) that are critically involved in neural development [1, 2]. TRKs are composed of an extracellular domain responsible for ligand binding, a membrane-spanning domain, and an intracellular ATP-binding domain involved in the modulation of downstream signaling pathways [3]. TRKA, TRKB, and TRKC bind several neurotrophins: nerve growth factor, brainderived growth factor, and neurotrophin 3/4. Binding of these neurotrophins leads to receptor dimerization and autophosphorylation [4]. Activation of TRK triggers a cascade of signaling pathways including the MAPK, PI3K, and PLC $\gamma$  pathways which are important for cell proliferation, differentiation, survival, and angiogenesis [5–9].

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The genes neurotrophic tyrosine receptor kinase 1, 2, and 3 (NTRK1, NTRK2, NTRK3) encode TRKA, TRKB, and TRKC, respectively [4]. Genomic aberrations involving NTRK that have been shown to drive tumorigenesis include gene fusions, single-nucleotide substitutions, in-frame deletions, and alternative splicing [10–13]. Of these, intrachromosomal and inter-chromosomal rearrangements are the most common genetic events driving tumorigenesis [14]. Aberrant gene products form as a result of chromosomal rearrangement of the 3' end of the NTRK proto-oncogene to the 5' end of an unrelated gene [13]. The resultant protein product causes inappropriate activation of the TRK kinase domain and leads to unopposed activation of several cell proliferation and growth pathways involved in oncogenesis [15]. Over 20 partner genes have been reported to occur with variable frequency including ETV6, PAN3, and TPM3 [10].

TRK fusions, while rare, have been reported to occur in a diverse set of cancer types [16]. There are an estimated 1500 to 5000 cases of TRK fusion-positive cancers in the USA annually [17]. Common cancers that have been associated with NTRK fusion events include lung adenocarcinoma, sarcoma, acute myeloid leukemia, and colorectal cancer although the overall incidence in each of these tumor types remains quite low [18]. NTRK fusions have recently been reported to occur in patients with neuroendocrine tumors, a tumor type which has not previously been associated with a driver

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mutation (Table 1) [16, 19•]. Several rare tumors types that have been associated with pathognomonic *ETV6-NTRK3* gene fusions include secretory breast carcinoma, mammary analog secretory carcinoma, congenital fibrosarcomas, and congenital mesoblastic nephroma [15, 20, 21•, 22, 23].

With increased appreciation for the prevalence as well as oncogenic potential of *NTRK* fusion events across tumor types, there has been considerable interest in developing effective tyrosine kinase inhibitors (TKI) to abrogate aberrant TRK signaling. Larotrectinib (LOXO-101) is a highly selective pan-TRK inhibitor that has shown considerable efficacy in patients with an *NTRK* fusion-positive cancer. In this review, we describe the pre-clinical and clinical data leading to the FDA granting breakthrough therapy designation to larotrectinib for the treatment of *TRK* fusion-positive tumors regardless of histology.

### **Pre-clinical Studies**

Larotrectinib binds and competitively inhibits the ATP-binding site of TRKA, TRKB, and TRKC. Larotrectinib interferes with autophosphorylation of the kinase domain of TRK and thereby diminishes downstream signaling [24, 25]. Maximum plasma concentration of larotrectinib is achieved 30–60 min after dosing. Ninety-eight percent inhibition of TRKA, TRKB, and TRKC is achieved at all dose levels [26, 27]. IC50 levels are reported in the low nanomolar range [10, 26, 27].

Larotrectinib demonstrated dose-dependent inhibition of cell proliferation in various cell lines with associated *NTRK* gene fusions. Specifically, larotrectinib showed considerable in vitro activity in three cancer cell lines including CUTO-3.29 derived from a patient with lung adenocarcinoma harboring *MPRIP-NTRK* gene fusion, KM12 derived from a patient with colorectal adenocarcinoma harboring *TPM3-NTRK1*,

 Table 1
 Frequency of NTRK fusions across tumor types [18]

Tumor type	No. of tumors harboring NTRK fusion product/total no. samples tested	Percent (%)	
Thyroid carcinoma	12/498	2.41	
Sarcoma	1/103	0.97	
Colon adenocarcinoma	2/286	0.70	
Glioblastoma multiforme	1/157	0.64	
Head and neck squamous cell carcinoma	2/411	0.49	
Brain low-grade glioma	2/461	0.43	
Neuroendocrine cancer	7/2418	0.29	
Skin cutaneous melanoma	1/374	0.27	
Lund adenocarcinoma	1/513	0.19	
Breast invasive carcinoma	1/1072	0.09	

and MO-91 derived from a patient with acute myeloid leukemia harboring *ETV6-NTRK3* [24]. Of note, larotrectinib has no in vitro activity in cell lines lacking *NTRK* gene fusions [25]. In vivo dose-dependent activity was further demonstrated in athymic nude mice injected with KM12 cells [24]. Given the promising in vitro and in vivo results, clinical studies were undertaken to evaluate the safety and efficacy of larotrectinib in patients with tumors harboring *NTRK* fusions.

#### **Clinical Studies**

The first published report of the activity of larotrectinib in a human subject occurred in a 41-year-old woman diagnosed with a soft tissue undifferentiated sarcoma with metastatic pulmonary involvement [24]. Comprehensive genomic profiling (CGP) was performed utilizing techniques previously reported [28, 29]. Gene fusion of exons 1–2 of lamin A/C (*LMNA*) and exons 11–17 of *NTRK1* was detected. The absence of other putative oncogenic mutations on CGP suggested the *LMNA-NTRK1* fusion gene was driving tumorigenesis. After several lines of conventional local and systemic therapies, the patient was enrolled on the LOXO-101 clinical study (NCT02122913). Four months after initiating larotrectinib, the patient experienced a complete response.

Several case reports further suggested the considerable clinical activity of larotrectinib in patients with NTRK fusion-positive tumors. A 14-year-old female from Bangladesh with advanced secretory breast carcinoma was found to have an ETV6-NTRK3 gene fusion. The patient experienced a near complete response after 2 months of therapy [30]. Additional benefit was seen in a pediatric patient with relapsed infantile fibrosarcoma associated with ETV6-NTRK3 gene fusion who experienced a partial response to larotrectinib [31]. The activity of larotrectinib in CNS was first suggested by a patient with non-small cell lung cancer with metastases to the brain with TPR-NTRK1 fusion. The patient experienced a CNS response after treatment with larotrectinib [32]. Recently, a 3-year-old girl with a refractory high-grade glioma was found to have ETV6-NTRK3 fusion. Treatment with larotrectinib resulted in near complete response sustained at 9 months of therapy [33]. While most responses have been reported in patients with metastatic disease, the potential role of larotrectinib as pre-operative therapy was recently demonstrated in four pediatric patients with locally advanced TRK fusion-positive sarcomas. Four of five patients with refractory disease were able to proceed with definitive surgical resection after a median of 6 cycles of larotrectinib [34].

Based on promising initial clinical data, larotrectinib received breakthrough therapy designation in July 2016 by the Food and Drug Administration (FDA) for adult and pediatric patients with advanced solid tumors positive for *NTRK*  fusions. Of considerable interest, it was the first therapy to receive this designation for a tissue-agnostic indication.

The integrated safety and efficacy results of 55 patients enrolled in three early-phase clinical trials were reported in patients with *NTRK*-positive solid tumors (Table 2) [35••]. Eight patients were from an adult phase 1 trial, 12 patients were from a phase 1/2 pediatric trial (SCOUT), and 35 patients (at least 12 years of age) were from a phase 2 basket trial (NAVIGATE). All patients had locally advanced or metastatic solid tumors. Larotrectinib was administered at a dose of 100 mg by mouth twice daily. The median age of patients enrolled was 45 years; 77% of patients were 15 years or older. Seventeen diverse tumor types were represented with the most common histologies being salivary gland carcinoma (22%), infantile fibrosarcoma (13%), thyroid carcinoma (7%), colon cancer (7%), lung cancer (7%), and melanoma (7%). TRK fusions status was determined by local CLIA-accredited laboratories and involved NTRK1 in 45%, NTRK2 in 2%, and NTRK3 in 53% of patients respectively.

The objective response rate (ORR) by RECIST v1.1 (independent review) was 75% (95% confidence interval, 61 to 85). The complete response rate was 13% and the partial response rate was 62%. Two patients with infantile fibrosarcoma were able to proceed with curative limbsparing resection. Reponses occurred irrespective of tumor type, age, or *TRK* fusion subtype. The median time to response was 1.8 months (range 0.9 to 6.4). The median duration of response was 8.3 months. The median progression-free survival was not reached at 9.9 months of follow-up. The responses observed were durable with 55% of patients remaining free of progression at 1 year of follow-up. Responses were ongoing at the time of data cutoff in 71% of patients.

Larotrectinib was found to be well tolerated with only 15% of patients requiring dose reduction. The most common adverse events grade 3 or higher in severity related to larotrectinib were anemia (11%), increased alanine aminotransferase or asparate aminotransferase level (7%), weight gain (7%), and decreased neutrophil count (7%). There were no grade 4 or 5 events felt to be related to the study agent. Of note, no patient with a response required drug discontinuation related to an adverse event. Taken together, larotrectinib is safely administered at therapeutic dosing with few dose-limiting toxicities.

#### **Future Directions**

As with other tyrosine kinase inhibitors, mechanisms of acquired resistance represent not only a therapeutic challenge but also an opportunity with the development of second-generation agents which overcome resistance mechanisms. Among patients initially experiencing an objective response to larotrectinib, 23% later developed progressive disease. Of these patients, 90% had an identifiable secondary resistance mutation in either NTRK1 (G595R, G667S, F589L) or NTRK3 (G623R, G696A) [35••]. Loxo-195 is a selective TRK tyrosine kinase inhibitor which overcomes resistance to first-generation TKIs [36]. This agent is effective against resistance mutations which impact both the solvent front and xDFG domains of the TRK enzyme and has shown preliminary efficacy in two patients with acquired resistance to larotrectinib [36]. Currently, NCT03215511 is a multicenter, phase 1/2 clinical trial designed to evaluate the safety and efficacy of LOXO-195 in patients with NTRK-rearranged tumors treated with a prior TRK inhibitor. In addition to LOXO-195, two additional novel agents, TPX-0005 and ONO-5390556, have demonstrated pre-clinical activity in tumors with acquired resistance to first-generation TRK inhibitors [37, 38]. The development of second- and third-generation TRK inhibitors may well lead to patients experiencing prolonged tumor responses analogous to progress made with EGFR-, ALK-, and ROS1-directed therapies.

Furthermore, the preferred diagnostic modality to detect rare TRK fusion events has not been defined. Several approaches to detect NTRK fusion events are currently available including fluorescence in situ hybridization (FISH), immunohistochemistry, reverse-transcriptase polymerase chain reaction (RT-PCR), and next-generation sequencing of either DNA or RNA. DNAbased next-generation sequencing (NGS) allows for detection of NTRK fusion events along with multiple other genomic alterations. This approach is particularly attractive in tumor types where numerous genomic alterations are of therapeutic interest. Nonetheless, caution must be exercised even with DNA-based NGS approaches. This is a particular consideration with regard to NTRK fusions involving NTRK2 and NTRK3 by virtue of large intronic regions which may confound testing results [39]. Targeted RNA sequencing may have advantages over DNAbased NGS techniques in that unknown upstream partners may be more readily detectable. One large series of patients with lung adenocarcinomas revealed gene fusions involving NTRK not previously found with DNA-based NGS [40...].

 Table 2
 Key metrics of pivotal larotrectinib trial [35••]

Median age, years	Gender, % (M/F)	Different histologies	Median TTR, months	ORR, % (CR/PR/SD)	Median PFS, months
45 (range, 0.3–76)	53/47	12	1.8 (range, 0.9 to 6.4)	75 (13/62/13)	NR at 9.9 (range, 0.7 to > 25.9)

TTR, time to response; ORR, overall response rate

*NTRK* fusion-positive tumors have increasingly been seen as a rare but important genomic driver of tumorigenesis across a diverse landscape of tumor types. Inhibitors of TRK have demonstrated significant activity in pre-clinical models. Larotrectinib exhibits broad clinical activity across multiple tumor histologies harboring *NTRK* fusions, regardless of organ of origin. Identification of resistance mutations to first-generation TRK inhibitors has resulted in the development of additional TRK inhibitors reach the clinic, genomic surveillance at progression will enable sequenced TRK inhibitor therapy further impacting the natural history of *NTRK* fusion-positive tumors.

## **Compliance with Ethical Standards**

**Conflict of Interest** Munveer S. Bhangoo declares that he has no conflict of interest.

Darren Sigal has a patent issued on a method of treating neuroendocrine tumors.

Human and Animal Rights and Informed Consent This article does not contain any studies with human or animal subjects performed by any of the authors.

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