



# Importance of the (Pro)renin Receptor in Activating the Renin-Angiotensin System During Normotensive and Preeclamptic Pregnancies

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## Abstract

**Purpose of Review** For a healthy pregnancy to occur, a controlled interplay between the maternal circulating renin–angiotensin–aldosterone system (RAAS), placental renin-angiotensin system (RAS) and intrarenal renin-angiotensin system (iRAS) is necessary. Functionally, both the RAAS and iRAS interact to maintain blood pressure and cardiac output, as well as fluid and electrolyte balance. The placental RAS is important for placental development while also influencing the maternal circulating RAAS and iRAS. This narrative review concentrates on the (pro)renin receptor ((P)RR) and its soluble form (s(P)RR) in the context of the hypertensive pregnancy pathology, preeclampsia.

**Recent Findings** The (P)RR and the s(P)RR have become of particular interest as not only can they activate prorenin and renin, thus influencing levels of angiotensin II (Ang II), but s(P)RR has now been shown to directly interact with and stimulate the Angiotensin II type 1 receptor (AT<sub>1</sub>R). Levels of both placental (P)RR and maternal circulating s(P)RR are elevated in patients with preeclampsia. Furthermore, s(P)RR has been shown to increase blood pressure in non-pregnant and pregnant rats and mice.

**Summary** In preeclamptic pregnancies, which are characterised by maternal hypertension and impaired placental development and function, we propose that there is enhanced secretion of s(P)RR from the placenta into the maternal circulation. Due to its ability to both activate prorenin and act as an AT<sub>1</sub>R agonist, excess maternal circulating s(P)RR can act on both the maternal vasculature, and the kidney, leading to RAS over-activation. This results in dysregulation of the maternal circulating RAAS and overactivation of the iRAS, contributing to maternal hypertension, renal damage, and secondary changes to neurohumoral regulation of fluid and electrolyte balance, ultimately contributing to the pathophysiology of preeclampsia.

**Keywords** (Pro)renin Receptor ((P)RR) · Preeclampsia · Renin Angiotensin System (RAS)

## Introduction

The maternal circulating renin-angiotensin aldosterone system (RAAS), placental renin-angiotensin system (RAS) and intrarenal renin-angiotensin system (iRAS) are responsible for significant maternal cardiovascular and renal adaptations throughout pregnancy to meet the needs of the mother, and the growing demands of the conceptus [1–3]. Dysregulation of these renin-angiotensin systems (RASs) and the interplay between them can significantly impact maternal and fetal health, leading to the development of hypertensive disorders of pregnancy [4].

Hypertensive disorders of pregnancy are the leading cause of maternal morbidity and mortality in developing countries [5]. One of the most severe forms of pregnancy-induced hypertension is preeclampsia, which can progress

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to eclampsia and result in maternal and/or fetal death [5]. Preeclampsia is classified as a disorder of widespread vascular endothelial dysfunction and vasospasm that occurs after 20 weeks' gestation, with symptoms that can persist until 4–6 weeks post-partum [6]. Preeclampsia is clinically diagnosed when pregnant patients present with new-onset hypertension in conjunction with other symptoms [7] (Fig. 1).

Dysregulation of maternal circulating, intrarenal and placental RASs have been well described in cases of preeclampsia [4, 8, 9]. In particular, abnormal intrauterine RAS activity could contribute to the altered presence and activity of RAS proteins/peptides in the maternal circulation [10, 11]. One RAS component that is less well described but is emerging in interest is the prorenin receptor ((P)RR), a functional element of RAS signalling in tissues. The (P)RR is categorised as a receptor for both renin, the rate-limiting enzyme of the RAS cascade, and its inactive precursor, prorenin [12]. Binding of prorenin to the (P)RR non-proteolytically activates prorenin, enhances the activity of renin, and ultimately leads to increased formation of angiotensin II (Ang II) [12]. The (P)RR can also internalise prorenin and angiotensinogen (AGT), leading to intracellular angiotensin generation [13, 14]. Maternal tissues (apart from the kidney) are incapable of secreting active renin but can produce prorenin [15]. However since only prorenin is produced by tissues, local tissue RASs depend on activation of prorenin, or internalisation of prorenin/(P)RR to initiate

RAS signalling [13, 15]. However, the role of (P)RR in activating these pathways in the context of preeclampsia is yet to be explored.

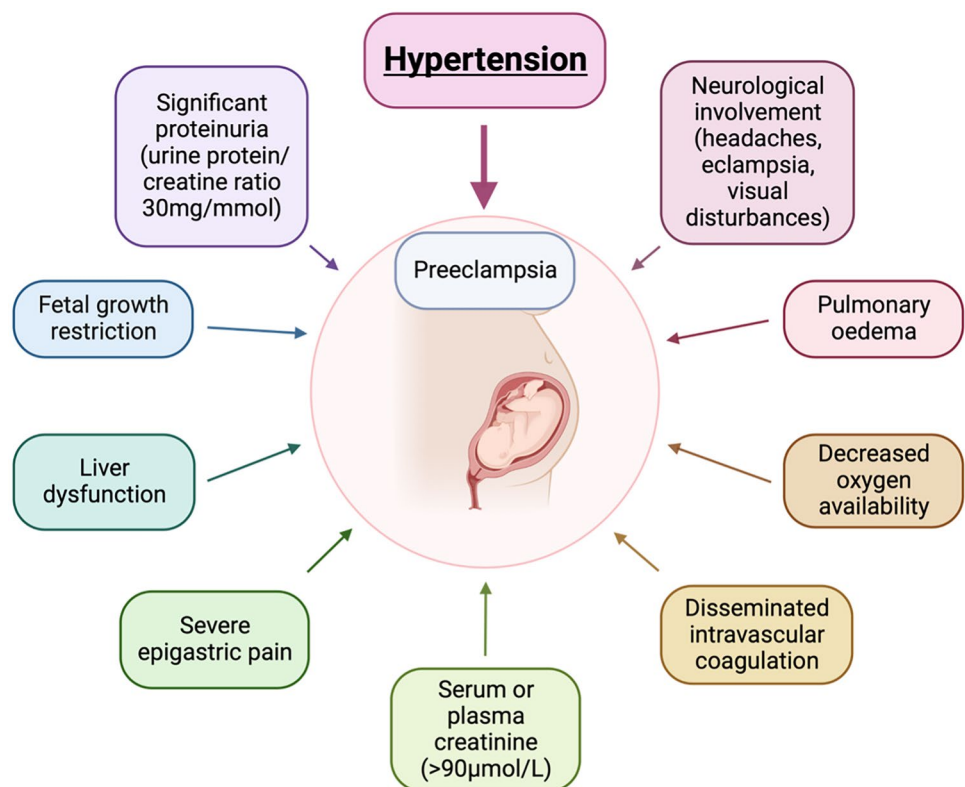
As well as its role in activating RAS in tissues, the extracellular domain of the (P)RR can be cleaved and released into the extracellular space becoming s(P)RR [16], which can also bind renin/prorenin and activate the RAS [16]. Recently, the s(P)RR has been shown to act as an agonist at the AT<sub>1</sub>R [17] and thus can activate the RAS through two pathways. Both placental (P)RR and maternal circulating s(P)RR are elevated in preeclamptic pregnancies [18] and could disrupt the regulation of the intrauterine RAS, maternal iRAS, and circulating RAAS, ultimately interfering with the normal progression of pregnancy. We postulate that high levels of maternal circulating s(P)RR may lead to secondary activation of the maternal RAAS and iRAS, thus contributing to the pathogenesis of preeclampsia.

## The (Pro)renin Receptor and the Soluble (Pro)renin Receptor

### The (Pro)renin Receptor ((P)RR)

The (P)RR (also known as *ATP6AP2*) is a functional receptor of the type 1 transmembrane receptor family, consisting of a large N-terminal extracellular domain, a single

**Fig. 1** Diagnostic criteria of preeclampsia. Preeclampsia is clinically diagnosed when patients present with new-onset hypertension and one, or more, of the following symptoms: renal involvement (including significant proteinuria (urine protein/creatinine  $\geq 30$ mg/mmol)), haematological, liver or neurological involvement, pulmonary oedema and/or fetal growth restriction (FGR) [7]. Created with BioRender.com

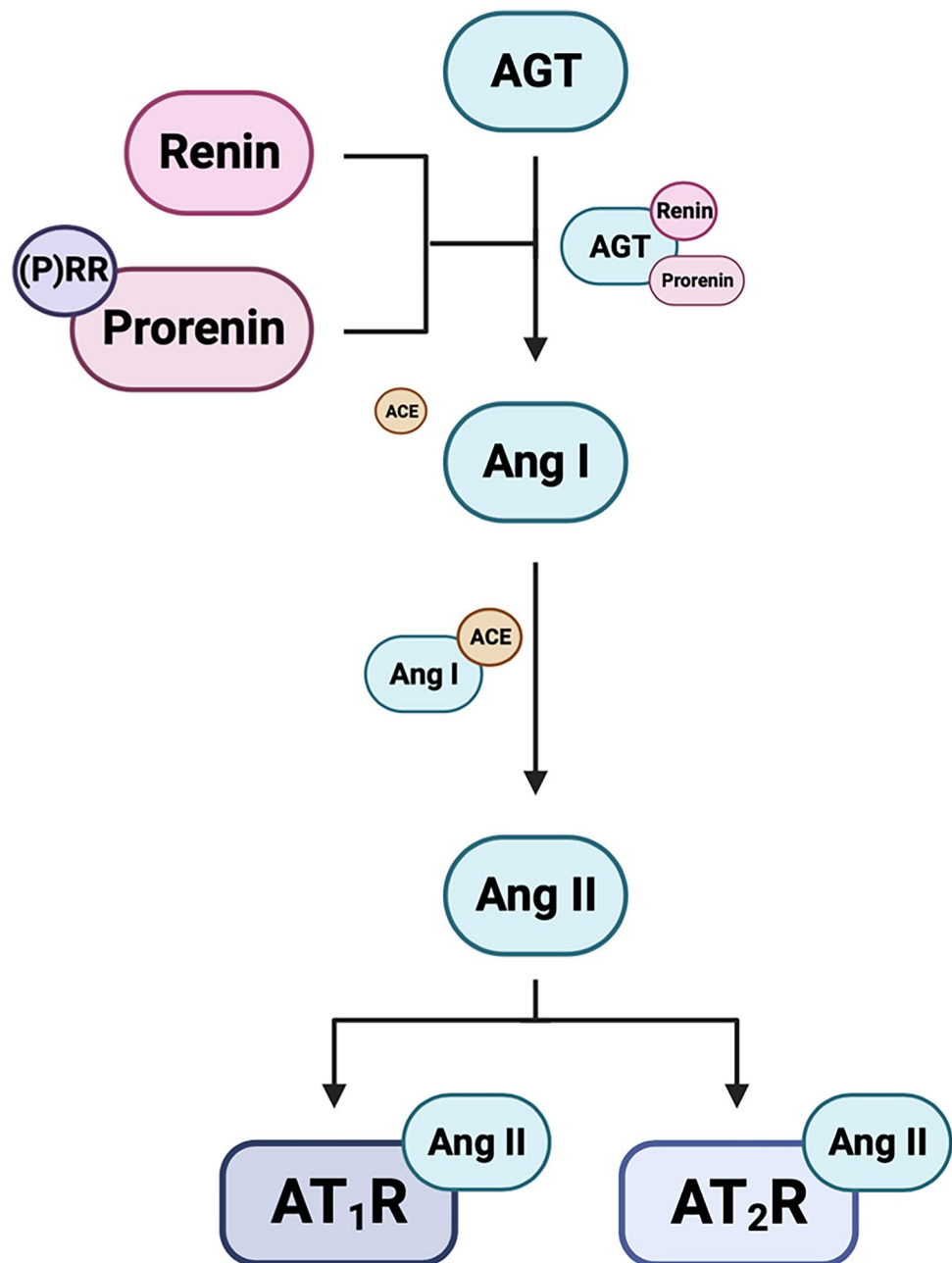


transmembrane protein, and a short cytoplasmic domain [19]. The *ATP6AP2* gene is expressed throughout the human brain, placenta, and heart [12], with lower expression within the pancreas, kidney, liver, lung, and skeletal muscle [12].

The (P)RR can bind to both prorenin and renin [20]. For prorenin, this elicits a non-proteolytic conformational change, allowing it to have enzymatic activity [12]. Thus, when prorenin or renin bind to the (P)RR, their enzymatic activity is enhanced, resulting in the cleavage of angiotensin I (Ang I) from AGT [21–23]. Ang I is then converted to angiotensin II (Ang II) by angiotensin-converting enzyme (ACE). The Ang II peptide can bind directly to one of two

main receptors, the Angiotensin II type 1 receptor ( $AT_1R$ ) or the  $AT_2R$  (Fig. 2) [23]. Ang II/ $AT_1R$  signalling stimulates an inflammatory phenotype promoting vasoconstriction and elevated blood pressure. The effects of Ang II/ $AT_2R$  signalling are physiologically opposite from Ang II/ $AT_1R$  signalling as it stimulates an anti-inflammatory phenotype resulting in vasodilation and decreasing blood pressure [23, 24]. It is important to note that Sun et al., have shown within proximal tubule epithelial cells in vitro, that the endocytic receptor Megalin can internalise renin, prorenin, (P)RR and AGT [13, 14]. Moreover, Tojo et al., highlighted in the podocytes, proximal tubules, and distal nephron, prorenin

**Fig. 2** Renin-angiotensin system (RAS) signalling. Renin, or prorenin activated by binding to the (pro)renin receptor ((P)RR), can cleave angiotensin I (Ang I) from angiotensinogen (AGT). Ang I is then converted to Ang II by angiotensin-converting enzyme (ACE). Ang II can either directly activate the Ang II type 1 ( $AT_1R$ ) or type II ( $AT_2R$ ) receptor. Created with BioRender.com



bound to both (P)RR and megalin were endocytosed in a rat model of diabetes [25]. Together, these studies demonstrate that prorenin can be internalised and activated intracellularly within the lysosome, potentially resulting in intracellular angiotensin generation [13, 14, 25]. Thus, the (P)RR has the potential to activate prorenin both extracellularly and intracellularly.

Besides being involved in RAS signalling, the (P)RR plays multifaceted roles in several essential cellular functions independent of the classical RAS pathway. In vivo studies have shown that prorenin/renin binding to the (P)RR induces ERK1/2 phosphorylation [26], which promotes proliferation, differentiation, apoptosis, and embryogenesis [27]. The transmembrane and cytoplasmic domain of the (P)RR (together known as the M8.9 segment) form an integral part of the vacuolar-type H<sup>+</sup> adenosine triphosphatase (V-ATPase) complex [28]. The V-ATPase complex helps regulate the cellular microenvironment by maintaining cellular pH [29]. Additionally, the (P)RR facilitates the interaction between the V-ATPase complex and Wnt receptors, frizzled 8 (FZD8) and lipoprotein receptor-related protein 6 (LRP6) [30]. Acidification mediated by V-ATPase is essential for LRP6 phosphorylation and subsequent activation of  $\beta$ -catenin signalling [30]. This is necessary for proper placentation during early pregnancy, by stimulating trophoblast proliferation, migration, and invasion [31]. Furthermore, the extracellular domain of full-length (P)RR is also able to bind pyruvate dehydrogenase (PDH) via the PDHB subunit, and prevents PDH degradation while supporting its activity [32]. Interestingly, in vitro knockdown of *ATP6AP2* gene expression in human retinal epithelial cells results in a reduction in PDH activity, increased lactate levels and impaired glucose-stimulated oxidative stress [32]. This suggests that the (P)RR plays a role in aerobic glucose metabolism, whether this is influenced by renin/prorenin binding is yet to be determined. Although these RAS independent actions of the (P)RR may be important in fetal and placental development and function, this review only focuses on the role(s) of (P)RR that are related to the placental, circulating, and/or intrarenal RASs during pregnancy and within the pathology of preeclampsia.

### The Soluble (Pro)renin Receptor (s(P)RR)

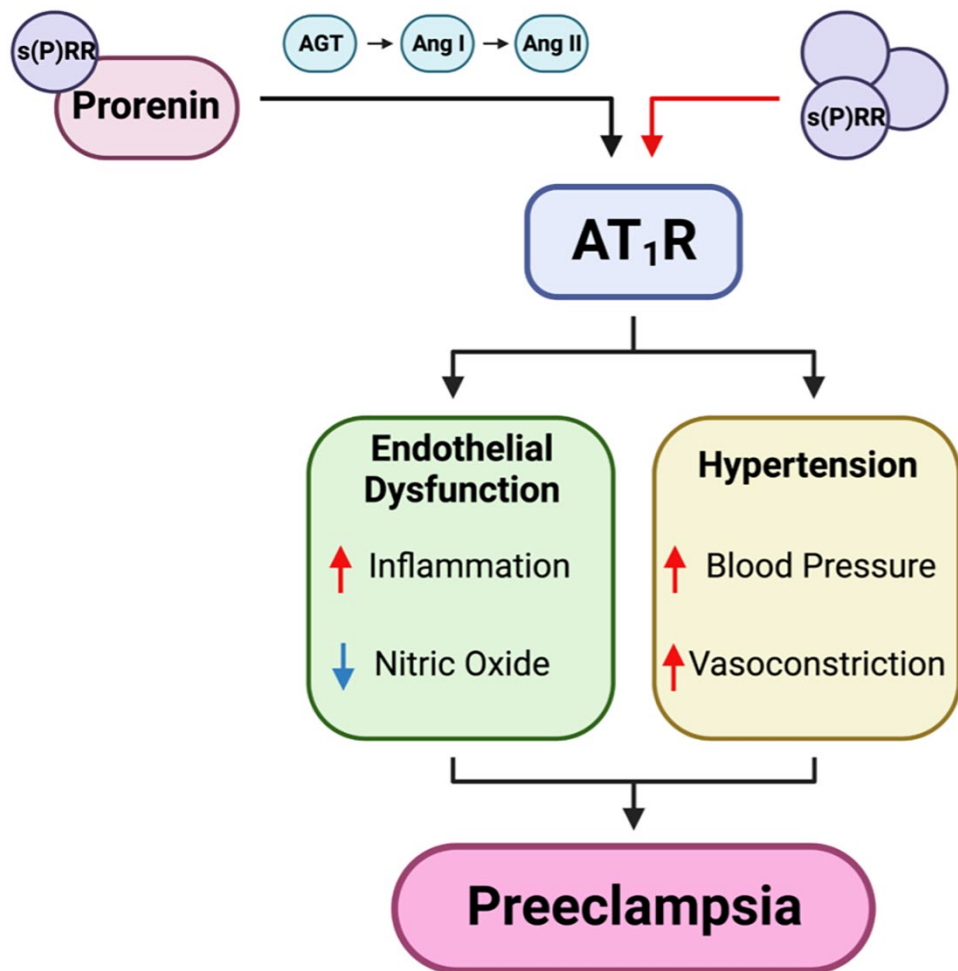
Full length (P)RR can be cleaved and secreted as a soluble form, s(P)RR. Proteases including furin [16, 33], ADAM 19 [34], and site 1 protease (MBPTS1) [33, 35], mediate the cleavage of the extracellular domain from the transmembrane domain of full length (P)RR in the Golgi [16]. The newly released 28 kDa extracellular domain, s(P)RR, has been detected in both the plasma and urine [16, 36]. While the

functions of s(P)RR are largely uncharacterised, recent studies have demonstrated that s(P)RR is functional. Like full-length (P)RR, the s(P)RR is able to bind circulating renin and prorenin and subsequently activate the circulating and possibly tissue RASs [37].

Evidence suggests that s(P)RR acts as a paracrine factor [17, 38]. Urinary s(P)RR is elevated in rats undergoing water deprivation and is associated with enhanced membrane bound (P)RR in the cortex and inner medulla of the rat kidney [39]. Furthermore, in vitro treatment of primary rat inner medullary collecting duct cells with recombinant s(P)RR stimulated aquaporin 2 mRNA expression [36]. As such, s(P)RR can act in a paracrine fashion to regulate fluid retention and pH balance [40] within the collecting duct. Treatment with recombinant s(P)RR also increases systolic blood pressure in high fat-fed male mice [17, 41]. This increase in blood pressure was postulated to be mediated through the actions of s(P)RR on baroreflex sensitivity, enhancing sympathetic nerve activity through the release of leptin. Furthermore, in a novel mouse model using CRISPR-Cas9 to mutate the cleavage site of the (P)RR to reduce circulating s(P)RR levels [42, 43], mutant mice treated with aldosterone-salt became largely resistant to hypertension and plasma volume expansion [43]. Additionally, Ang II-induced hypertension and renal injury was blunted in mutant mice that lacked s(P)RR [42, 44]. Recombinant s(P)RR has been shown to increase epithelial sodium channel (ENaC) activity in collecting duct cells in vitro [45], while nephron-specific deletion of intact (P)RR in vivo resulted in increased urinary sodium excretion with reduced ENaC abundance and activity [46]. As such, s(P)RR may mediate Ang II-induced hypertension through enhancing intrarenal ENaCs [44, 45], demonstrating that s(P)RR plays a crucial role in salt/water balance, blood pressure regulation, and renal function.

Unlike full-length membrane bound (P)RR, the s(P)RR has been demonstrated to be a direct agonist for the AT<sub>1</sub>R [17], disrupting the notion that Ang peptides are the sole activating ligands for the dominant receptor of the RAS cascade [23, 47]. Overstimulation of AT<sub>1</sub>R is implicated as a contributing factor for the development of cardiovascular disease, including hypertension [48]. Interestingly, Fu et al., showed that s(P)RR directly binds to AT<sub>1</sub>R, suppressing nitric oxide (NO) generation in endothelial cells [17]. Under normal physiological conditions, NO has an anti-inflammatory effect [49]. These findings suggest that elevated s(P)RR might cause inflammation in the vascular endothelium, which is a feature of preeclampsia (Fig. 3) [17]. However, further investigation is required to confirm that s(P)RR does act as a direct AT<sub>1</sub>R agonist and better understand the role s(P)RR/AT<sub>1</sub>R signalling plays in the regulation of blood pressure and endothelial dysfunction during pregnancy.

**Fig. 3** The agonistic effects of soluble (pro)renin receptor (s(P)RR) on the renin-angiotensin system (RAS). The soluble prorenin receptor (s(P)RR), can bind prorenin and enhance its enzymatic activity through non-proteolytic conformational change. Prorenin can then cleave angiotensin I (Ang I) from angiotensinogen (AGT) and initiate RAS signalling. The s(P)RR can also act as a direct agonist for the Ang II type 1 receptor (AT<sub>1</sub>R). AT<sub>1</sub>R activation results in hypertension and endothelial dysfunction, the two main symptoms of preeclampsia. Red arrows indicate increased activity/expression and blue arrows represent decreased activity/expression. Created with BioRender.com



## The (Pro)renin Receptor and the Renin-angiotensin System in Pregnancy

### Placental Renin-Angiotensin System and the (Pro)renin Receptor

#### Normotensive Pregnancy

Placental RAS signalling is essential for normal placentation. As the placenta develops, human chorionic gonadotrophin (hCG) secretion increases, stimulating ovarian [50] and placental prorenin production [51], which could facilitate early placental RAS signalling. Placental RAS expression is variable throughout pregnancy with the highest expression of AGT, renin, (P)RR, and AT<sub>1</sub>R, mRNAs and Ang II peptides evident in the first trimester, with a subsequent decrease towards term [52, 53]. In contrast, placental ACE mRNA expression, which is only expressed on the fetal endothelium, is highest at term [52]. The components of the RAS are also differentially expressed within placental cells of the chorionic villi. Both cytotrophoblasts and

syncytiotrophoblasts express most major RAS components (prorenin, (P)RR, AGT, ACE, AT<sub>1</sub>R, AT<sub>2</sub>R) [52, 54–59]. However, syncytiotrophoblasts do not express the AT<sub>2</sub>R, and the AT<sub>1</sub>R has only been measured at low levels [52, 55]. Furthermore, AT<sub>1</sub>R and AT<sub>2</sub>R are not expressed in cytotrophoblasts at either the mRNA or protein level [54, 55, 59]. Notably, soluble forms of (P)RR, and ACE are secreted by cytotrophoblasts [54, 55, 59, 60], and can enter the maternal circulation and influence the maternal RAS. Extravillous trophoblasts have been shown to express all Ang II receptors [52, 55, 58] and produce (P)RR and prorenin at the protein level [31, 51] and thus are likely to be the major site of local RAS actions.

The nature of (P)RR in relation to both placental and fetal development has been well documented. During early fetal development, (P)RR is considered essential for fetal kidney development, with a complete reduction of (P)RR being embryonically lethal [61, 62]. In regards to the placenta, evidence from our research group has demonstrated, in a first trimester extravillous trophoblast cell line (HTR-8/SVneo) model, that knocking down (P)RR gene expression decreased trophoblast invasion and migration in vitro [63].

These data were supported by further studies by our research group in pregnant mice, where lentiviral knockdown of (P)RR within the placenta reduced total trophoblast cell number and decreased syncytiotrophoblast thickness [63]. Mice with placental-specific (P)RR deficiency also had reduced placental functional capacity and fetal viability [63], highlighting that trophoblast (P)RR expression is key for healthy placental development.

Ang II/AT<sub>1</sub>R signalling is crucial for placental development. First-trimester placental explants show an increase in extravillous cytotrophoblast proliferation *in vitro* in response to Ang II treatment [64, 65], and this effect was abolished following pharmacological blockade of the AT<sub>1</sub>R, with Olmesartan [65]. Additionally, Ang II signalling promotes differentiation of decidual cells, increasing endometrial cell permeability *in vivo* [66], and allowing for trophoblast invasion into the maternal endometrium. Previous studies using AT<sub>1</sub>R deficient rodents, demonstrated that AT<sub>1</sub>R is necessary for appropriate trophoblast development, angiogenesis and, subsequently, placental function [67]. Together, these studies implicate Ang II/AT<sub>1</sub>R signalling in trophoblast proliferation and invasion into the maternal endometrium to facilitate implantation [12, 52].

### Preeclamptic Pregnancy

Preeclamptic pregnancies are characterised by shallow placentation coupled with reduced uteroplacental perfusion leading to placental hypoxia/reperfusion events [68, 69]. These fluctuations in oxygen tension cause an increase in the production of reactive oxygen species (ROS) [70] as well as a variety of anti-angiogenic factors that are released into the maternal circulation. Both placental (P)RR protein levels and maternal plasma s(P)RR levels are elevated at term in preeclamptic pregnancies compared with normotensive pregnancies [18]. These findings implicate (P)RR and s(P)RR in the pathogenesis of preeclampsia, however no correlation was observed between placental (P)RR expression and plasma s(P)RR levels in patients with preeclampsia [18]. As such, increases in both placental (P)RR and plasma s(P)RR may be independent of each other. Interestingly, within placental biopsies from preeclamptic pregnancies, both elevated (P)RR levels and increased oxidative stress have been shown to enhance the cleavage of Ang I from AGT [71, 72]. These studies suggest that elevated placental (P)RR levels, as seen in the preeclamptic placenta, may enhance local uteroplacental RAS signalling.

The functional changes in uteroplacental RAS signalling in preeclampsia remains to be fully understood. Studies by Mistry et al., and Herse et al., highlighted that the only functional change in RAS signalling between preeclamptic and normotensive placenta was elevated AT<sub>1</sub>R protein levels [71, 73]. In contrast, Shah et al., have shown an increase in renin expression in the decidua of preeclamptic patients

[74], suggesting that the maternal decidua may act as an additional site of uteroplacental RAS activation. Moreover, term chorionic villous explants from preeclamptic pregnancies exhibit elevated Ang II levels when compared with normotensive pregnancies *in vitro* [53]. Together, these studies show an increased activation of RAS signalling but highlight the need for further studies in the context of preeclampsia.

### Circulating Renin-Angiotensin System and the (Pro)renin Receptor

#### Normotensive Pregnancy

As pregnancy progresses, maternal physiological adaptations occur in response to the growing metabolic demands of the fetus and placenta, leading to a greatly expanded cardiovascular system [75]. As such, during early pregnancy there is a decrease in maternal blood pressure coupled with an increase in renal blood flow and glomerular filtration rate [75]. During early gestation, increased circulating prorenin [76], renin [77, 78], AGT [1], ACE [54], Ang I [77], Ang II [77], and aldosterone [77, 79], are essential for maintaining fluid and electrolyte homeostasis and blood pressure throughout gestation. Prorenin produced by the ovary is the most notable increase during early gestation [76]. However, given that prorenin is inactive, elevated Ang II levels are likely increased as a consequence of liver secreted AGT in response to elevated estrogen [1]. Interestingly, elevated prorenin may trigger a decrease in (P)RR levels, as prorenin has been shown to control (P)RR expression via a negative feedback mechanism [80, 81]. Despite this early increase in RAS components, there is a reduction in its vasoconstrictor and vasopressor actions. This is the result of downregulation of vascular AT<sub>1</sub>R, which decreases the vasoconstrictor actions of Ang II/AT<sub>1</sub>R signalling, and dampens vascular reactivity to Ang II [82, 83]. Alternatively, both Ang II/AT<sub>2</sub>R and Ang-(1–7)/Mas receptor signalling promote vasodilation throughout gestation [77, 84]. Collectively, the altered vascular environment helps maintain blood pressure/cardiac output to sustain uteroplacental perfusion throughout pregnancy.

Within the maternal circulation, plasma s(P)RR concentrations progressively increase from the first trimester until term [85]. Furthermore, increases in plasma s(P)RR concentrations in early pregnancy can predict systolic/diastolic blood pressure elevation in late gestation [85]. However, plasma s(P)RR concentrations from middle to late pregnancy are not associated with changes in blood pressure [85]. Conversely, Nartita et al., showed that early plasma s(P)RR concentrations alone were not sufficient to predict elevated systolic blood pressure at term [18], but placental (P)RR expression and plasma s(P)RR levels combined were [18]. Hence, the nature of circulating plasma s(P)RR concentrations and maternal blood pressure in pregnancy remains to be fully understood.

## Preeclamptic Pregnancy

The s(P)RR has become of interest in preeclamptic pregnancies as it is elevated in the maternal plasma of preeclamptic patients [18, 85, 86]. This has been disputed however by Sugulle et al., who reported that s(P)RR is dysregulated in pregnancies affected by diabetes mellitus, but not preeclampsia [87]. This could be due to differences in ethnicity or preeclampsia diagnostic criteria between cohorts. Nonetheless, other studies have reported that s(P)RR levels in the maternal plasma are higher in early gestation in patients with preeclampsia compared with normotensive pregnancies and continue to increase until term [85, 88], indicating its potential role in the pathology of preeclampsia.

The role of the elevated s(P)RR in preeclamptic pregnancies is relatively unstudied. Research by Nartita et al., indicates that s(P)RR may decrease renal function as elevated plasma s(P)RR levels in preeclamptic patients are negatively correlated with estimated glomerular filtration rate (eGFR) [18]. Furthermore, evidence from our laboratory has illustrated that human uterine microvascular endothelial cells (HUtMECs) treated with recombinant human s(P)RR exhibited increased expression of endothelial dysfunction markers (vascular cellular adhesion molecule-1, intracellular adhesion molecule-1, and endothelin-1) and impaired vascular formation [89]. Treatment of HUtMECs with recombinant human s(P)RR also increased adhesion of human peripheral blood mononuclear cells to endothelial cells in vitro [89]. As such, we postulate that elevated s(P)RR produces endothelial dysfunction, promoting vascular injury. A recent study by Fu et al., has shown that s(P)RR induced endothelial dysfunction through s(P)RR binding with the AT<sub>1</sub>R in vitro [17]. Interestingly Fu et al., highlighted, in a non-pregnant high-fat fed mouse model, that s(P)RR treatment increased mean arterial blood pressure, systolic blood pressure, and diastolic blood pressure [17]. Moreover, endothelium-dependent vasorelaxation in mesenteric arteries in response to acetylcholine was significantly diminished in the s(P)RR treated group [17]. Ramkumar et al., highlighted that in s(P)RR deficient mice, mesenteric arteries displayed reduced vasoconstriction following Ang II infusion in conjunction with greater acetylcholine induced vasorelaxation [42]. Collectively, these studies reinforce the connection between s(P)RR and endothelium-dependent regulation of blood pressure. Further studies from our research group have been able to confirm that s(P)RR treatment is associated with elevated maternal blood pressure and decreased fetal growth in pregnant rats [89]. As such, there may be a concentration specific relationship between circulating maternal s(P)RR levels and fetal development, however the exact mechanisms remain to be fully understood. Additionally, we have shown that isolated maternal renal arteries displayed a decreased sensitivity to acetylcholine induced vasodilation [89]. These studies

demonstrate the potential role elevated s(P)RR, via activation of the RAS could play in the pathogenesis of hypertension, vascular dysfunction and more specifically, the poor outcomes seen in preeclamptic pregnancies.

Maternal circulating RAS components are also altered in preeclamptic pregnancies [4, 90]. Preeclamptic patients have elevated circulating prorenin levels throughout gestation [1, 85], which may underpin the activation of the circulating RAS or be taken up intracellularly to activate tissue RAS. The (P)RR can enhance the catalytic activity of renin/prorenin, promoting the formation of Ang I from AGT [91]. AGT can also exist in an oxidised state, which has a higher affinity for renin than reduced AGT [91] and in this instance the presence of the (P)RR/s(P)RR further enhances AGT's affinity for renin [1]. Elevated s(P)RR levels in the plasma of preeclamptic patients can increase the activity of the circulating RAS and iRAS. Notably, preeclamptic pregnancies are also reported to have reduced circulating levels of renin, ACE, Ang I, and Ang II compared with normotensive controls [90]. Because of this, patients with preeclampsia develop a heightened sensitivity to Ang II/AT<sub>1</sub>R signalling within the first 10 weeks of pregnancy [83]. Enhanced Ang II sensitivity is suggested to be due to heterodimerisation of the AT<sub>1</sub>R with the bradykinin receptor [92, 93], which has been shown to be resistant to inactivation by reactive oxygen species while also being hyper responsive to Ang II [92, 94]. Additionally, AT<sub>1</sub>R signalling is increased, as autoantibodies for AT<sub>1</sub>R are significantly elevated in preeclampsia [95–97] and have been shown to have the same actions as Ang II (i.e., can bind to and activate the AT<sub>1</sub>R) [98]. Furthermore, as described above, s(P)RR, which is elevated in preeclamptic pregnancies, has been shown to bind to the AT<sub>1</sub>R and promote its signalling [17]. Enhanced Ang II sensitivity in conjunction with the presence of AT<sub>1</sub>R autoantibodies and s(P)RR/AT<sub>1</sub>R signalling could substantially increase AT<sub>1</sub>R signalling and thus activate the maternal circulating RAAS and influence maternal blood pressure in preeclamptic pregnancies. It is important to note however, no studies have explored the interactions between s(P)RR and AT<sub>1</sub>R autoantibodies and it is likely they both compete for binding to the AT<sub>1</sub>R.

## Intrarenal Renin-Angiotensin System and the (Pro) renin Receptor

### Normotensive Pregnancy

Intrarenal RAS activation undergoes specific and necessary changes to sustain a healthy pregnancy. Active renin is released from juxtaglomerular cells within the kidney into the maternal circulation [99]. Cellular release of active renin is dependent upon; renal baroreceptor stimulation, the sympathetic nervous system, and the sodium levels circulating

within the distal tubule [99]. Collectively, this region is known as the juxtaglomerular apparatus (JGA). Low sodium within the JGA stimulates renin release [100], leading the iRAS to play a regulatory role in controlling the activity of the maternal circulating RAAS, and maintain fluid/electrolyte and cardiovascular homeostasis [1]. As such, throughout gestation, active circulating renin levels increase as demands for Ang II and aldosterone increase to help maintain circulating blood volume during pregnancy [90].

In conjunction with JGA-mediated renin release, the iRAS regulates sodium homeostasis and blood pressure by influencing renal tubular sodium reabsorption. The iRAS functions primarily through Ang II/AT<sub>1</sub>R signalling to mediate increased Ang II uptake within the proximal tubule. Additionally, active renin or prorenin acting on the (P)RR, can lead to an increase in Ang II production and enhanced RAS signalling [22]. The increased Ang II levels stimulate the production and uptake of AGT in the proximal tubule, resulting in increased production of Ang II in the distal segments of the nephron [101]. Ang II activation of AT<sub>1</sub>R increases distal Na<sup>+</sup> reabsorption in the kidneys. As well, circulating Ang II stimulates aldosterone release from the adrenal cortex [102]. Ang II/AT<sub>1</sub>R-mediated signalling increases vasopressin release from the posterior pituitary gland, which promotes reabsorption of water by the collecting duct, salt appetite and thirst; collectively leading to an increase in total blood volume [103–105]. Interestingly, a rat model of pregnancy displayed a renal cortical and inner medullary increase in (P)RR protein levels in conjunction with elevated urinary s(P)RR towards term gestation [106]. This suggests that (P)RR levels within the kidney could be reflective of kidney health, in relation to urinary protein concentrations.

### Preeclamptic Pregnancy

For iRAS activation, Ang II signalling is key. In vivo rat studies have shown that tissue specific elevations in intrarenal Ang II levels resulted from AT<sub>1</sub>R mediated Ang II uptake in proximal tubules, stimulating the iRAS to increase intratubular production of Ang II, increasing distal Na<sup>+</sup> reabsorption and causing renal damage [107, 108]. The s(P)RR can bind and activate the AT<sub>1</sub>R [17], hence elevated serum s(P)RR levels observed in preeclamptic pregnancies may result in increased AT<sub>1</sub>R stimulation [17], similarly affecting the iRAS. Additionally, elevated maternal plasma s(P)RR levels in preeclamptic patients are negatively correlated with estimated glomerular filtration rate [18], highlighting an association between elevated s(P)RR and renal dysfunction, a key symptom of preeclampsia. In a CRISPR-Cas9 mouse model mutating the cleavage site of the (P)RR such that s(P)RR is not generated, the loss of s(P)RR attenuated Ang II induced hypertension while also reducing

albuminuria and renal tubular injury [42]. Thus highlighting that reduced s(P)RR may be protective against Ang II-induced renal injury. Whether urinary s(P)RR is increased in preeclamptic or normotensive pregnancy remains to be seen [86]. In a mouse model of 5/6 nephrectomy (an experimental subtotal nephron ablation model of induced chronic kidney disease), mice displayed an increase in urinary/renal levels of renin, AGT, and Ang II [109]. In the same model, treating mice with a (P)RR antagonist PRO20, reduced urinary/renal protein levels of renin, AGT, and Ang II while impairing active- $\beta$ -catenin within the renal cortex. These outcomes suggest the (P)RR mediates renal injuries through iRAS activation and/or  $\beta$ -catenin signalling [109], highlighting a potential role of the (P)RR in renal injury seen in preeclamptic pregnancies.

## Management and Therapeutic Strategies for Preeclampsia

### (Pro)renin Receptor/Soluble (Pro)renin Receptor as a Biomarker for the Early Detection of Preeclampsia

In recent years, preeclampsia screening has focused on circulating biomarkers of maternal and/or placental origin [110, 111]. Elevated levels of anti-angiogenic factors have proven to be useful in predicting early onset preeclampsia (sFLT1, sENG, and PIGF, ratios), allowing clinicians to predict the severity of the pathology in addition to identifying the need for early delivery [112]. However, the predictability of these ratios is dependent upon when they are measured during gestation. Patients pre-destined to develop preeclampsia exhibit no significant increase in sFLT1/PIGF and sENG/PIGF ratios until 20 weeks of gestation [113]. This leaves a crucial period during early placental development, without any predictive biomarkers to aid in determining the health of the pregnancy. As such, potential novel therapeutic biomarkers such as (P)RR/s(P)RR, could provide early and more robust knowledge that could inform clinical care and management.

Elevated placental (P)RR protein levels are associated with increased systolic blood pressure at term [18]. Additionally, high plasma s(P)RR levels in early pregnancy (< 16 weeks) have been shown to predict higher systolic blood pressures in mid-late pregnancy [41, 85]. Thus, increased plasma s(P)RR in the first trimester could be a useful biomarker to predict the onset of hypertension in preeclampsia. However, further investigation is required to understand the relationship between blood pressure and plasma s(P)RR levels and much larger studies are required to determine if s(P)RR levels in the first trimester can predict preeclampsia.



## (Pro)renin Receptor/Soluble (Pro)renin Receptor as a Potential Therapeutic for Preeclampsia

The only effective treatment for preeclampsia is the removal of the placenta and delivery of the baby [114]. Consequently, preeclamptic pregnancies may result in early deliveries, which predispose preterm infants to a greater likelihood of poor long-term health outcomes. Currently, low dose aspirin treatment is effective in secondary prevention of preeclampsia in patients with a history of preeclampsia [115], with remaining therapeutic options focusing on symptom management.

Symptoms of overt hypertension can be attenuated in pregnancy using anti-hypertensive medications including: Nifedipine (calcium channel blocker) [116], Labetalol (beta blocker) [117] and Methyldopa (alpha blocker) [118]. Investigation into which form of medication is the most effective for patients suffering from severe early and late onset preeclampsia is still ongoing and a consensus has not yet been determined [119]. Additionally, using loading doses of magnesium sulphate is proven to be an effective and safe therapeutic and anticonvulsant in preeclampsia and eclampsia [120]. Collectively, both antihypertensive and anticonvulsant treatments for preeclampsia focus on reducing the symptoms of preeclampsia however, these treatments are only functionally effective for patients presenting with severe onset preeclampsia and/or patients with a history of the pathology [121].

Treatments targeting RAS signalling in preeclampsia, and more specifically (P)RR, need to be considered carefully as RAS antagonists can cross the placenta and affect key RAS signalling pathways in the developing fetus (particularly renal development) [122]. Therefore, traditional antihypertensives that target the RAS (ACE inhibitors etc.) are contraindicated in pregnancy [122–124]. Targeting the high levels of placental (P)RR and/or quenching excess circulating s(P)RR specifically could provide an alternative to traditional anti-hypertensive drugs in the treatment of preeclampsia. Adopting the use of PEG-PLA nanoparticle drug delivery systems, for example, could provide a novel siRNA delivery system to manipulate placental-specific gene expression [125]. This could reduce placentally derived s(P)RR and subsequently reduce vascular and intrarenal s(P)RR/AT<sub>1</sub>R signalling [17], reducing the hypertensive symptoms seen in preeclampsia. As previously stated, mutant mice that lack s(P)RR are resistant to aldosterone-salt or Ang II-induced hypertension and renal injury [42–44]. Thus, targeting proteases required for s(P)RR cleavage (such as site 1 protease inhibitor, PF429242), could provide a novel therapeutic option to quench excess circulating s(P)RR [126] and mediate hypertensive symptoms seen in preeclamptic pregnancies. Studies from Morosin et al., showed that treatment of primary human placental trophoblasts with the

protease inhibitor DEC-RVCR-CMK (which inhibits the activity of pro-protein convertase subtilisin/kexin's (PCSK) 1–7, including furin) significantly reduces extracellular s(P)RR protein secretion [60, 127, 128]. Interestingly, this effect was not observed with a specific siRNA knockdown of FURIN expression or MBTPS1 (site 1 protease) inhibition [60]. Additionally, post DEC-RVCR-CMK treatment, both (P)RR and intracellular s(P)RR protein expression remained unchanged. This suggests that this method of protease inhibition may only inhibit proteases responsible for the final maturation of s(P)RR prior to secretion [60] and not the initial cleavage. As such, protease inhibition could decrease placental s(P)RR secretion, leading to reduced iRAS activation and a reduction of the maternal symptoms of preeclamptic pregnancies. However, further examination of therapeutic strategies specifically targeting the s(P)RR throughout pregnancy are required to be adopted clinically.

Greater focus has been placed on directly targeting the (P)RR in recent years. Antagonistic peptides such as PRO20 and Handle Region decoy Peptide (HRP) can block the binding of renin or prorenin with the (P)RR [129]. Both PRO20 and HRP compete to bind with the handle region of either renin or prorenin, preventing (P)RR binding and subsequently inhibiting s(P)RR/(P)RR signalling [109]. As discussed above, the (P)RR may mediate renal injuries through iRAS activation [109]. As such, preeclamptic pregnancies could see a reduction in maternal symptoms through PRO20 mediated reduction in circulating s(P)RR-induced renin activity or iRAS activity [109, 129]. Mishima et al., highlighted, in a reduced uterine perfusion pressure preeclampsia mouse model, that treatment with the (P)RR antagonist, HRP, suppressed the significant increases in blood pressure and proteinuria while also decreasing markers of endothelial dysfunction [130]. Furthermore, in an elevated sFLT-1 preeclampsia mouse model, (P)RR and Endothelin-1 expression were significantly increased after sFLT-1 infusion, with HRP treatment rescuing these increases [131]. (P)RR decoy peptides (PRO20 and HRP) could prove to be useful therapeutic options for preeclampsia. However, more research is required to understand the functional effects of (P)RR/s(P)RR antagonists during pregnancy.

## Conclusion

In conclusion, this review has examined how the (P)RR/s(P)RR are involved in placental, circulating, and intrarenal RAS throughout pregnancy and demonstrated strong evidence that (P)RR and s(P)RR are involved in the clinical manifestations of preeclampsia. Targeting s(P)RR with an siRNA targeted to the placenta or antagonistic peptides such as PRO20, may reduce plasma s(P)RR in the maternal circulation. Hence

s(P)RR inhibition could be an effective therapeutic option for preeclampsia.

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**Data Availability** The authors confirm that the data supporting the findings of this study are available within the article.

## Compliance with Ethical Standards

**Conflict of Interest** The authors declare that they have no conflict of interests.

**Human and Animal Rights and Informed Consent** This is a review article. As such it does not contain any first hand studies involving human or animal subjects.

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