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Recent Advances in Positron Emission Tomography Radiotracers to Image Cardiac Amyloidosis

Ardel J. Romero Pabón^{1,2,3} · Olivier F. Clerc^{1,2} · Shilpa Vijayakumar^{1,2,3} · Sarah A. M. Cuddy^{1,2,3} · Sharmila Dorbala^{1,2,3}

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Abstract

Cardiac amyloidosis includes a group of protein-misfolding diseases characterized by fbril accumulation within the extracellular space of the myocardium and cardiac dysfunction. Cardiac amyloidosis has high mortality. Emerging radionuclide techniques have helped us to better understand disease pathogenesis, prognostication, and treatment response in cardiac amyloidosis.

Purpose of Review To review recent advances in molecular imaging of cardiac amyloidosis using amyloid PET radiotracers. **Recent Findings** Multiple single center studies have shown that amyloid PET radiotracers allow defnitive diagnosis and quantifcation of cardiac amyloid burden. These amyloid targeting tracers may provide means to improve early disease detection, risk stratifcation and treatment monitoring.

Summary Amyloid PET imaging may inform defnitive imaging-based diagnosis for therapeutic decisions, risk stratifcation, and treatment monitoring. More research in unselected cohorts of patients with suspected cardiac amyloidosis is needed to optimize the clinical implementation of amyloid PET imaging.

Keywords Cardiac Amyloidosis · Positron Emission Tomography · Radiotracers

Introduction

Systemic amyloidosis is a group of protein-misfolding diseases where misfolded proteins accumulate as amyloid fibrils in the extracellular space $[1-3]$ $[1-3]$ $[1-3]$. Infiltration of the organs with amyloid fbrils leads to organ dysfunction. Cardiac amyloidosis (CA) occurs when these fbrils accumulate within the myocardial extracellular space causing extracellular space expansion, increased thickness of the myocardium, cardiomyocyte stretch, and in some cases cardiomyocyte injury and apoptosis [[4](#page-8-2)]. Cardiac involvement causes

 \boxtimes Sharmila Dorbala sdorbala@bwh.harvard.edu

- ¹ Division of Cardiology, Department of Medicine, Cardiac Amyloidosis Program, Brigham and Women's Hospital, Boston, Massachusetts, USA
- ² Division of Nuclear Medicine and Molecular Imaging, Department of Radiology, Brigham and Women's Hospital, Boston, Massachusetts, USA
- ³ Cardiovascular Imaging Program, Division of Cardiology, Department of Radiology, Brigham and Women's Hospital, Boston, Massachusetts, USA

signifcant morbidity from heart failure, cardiac arrhythmias, and conduction disturbances; but more importantly, it drives mortality in patients with systemic amyloidosis $[2, 3, 5, 6]$ $[2, 3, 5, 6]$ $[2, 3, 5, 6]$ $[2, 3, 5, 6]$ $[2, 3, 5, 6]$ $[2, 3, 5, 6]$ $[2, 3, 5, 6]$ $[2, 3, 5, 6]$. CA is also an underrecognized cause of heart failure, especially in elderly patients with heart failure with preserved ejection fraction [[2](#page-8-3), [3\]](#page-8-1). Although there are multiple types of systemic amyloidosis, the two most common types that afect the heart are transthyretin amyloidosis (ATTR) and light-chain amyloidosis (AL). ATTR is caused by the misfolding of transthyretin and is the more prevalent disease type. Transthyretin is a tetrameric transport protein produced in the liver and is involved in the transport of thyroxine and retinol [\[7](#page-8-6), [8](#page-8-7)]. ATTR amyloidosis can be further subdivided depending on its origin. Patients with amyloidogenic genes are categorized within the hereditary subtype, also called *'variant'* ATTR (ATTRv) [\[1](#page-8-0)]. In turn, those with genetically normal forms of the disease are classifed as '*wild-type'* ATTR (ATTRwt) [\[1\]](#page-8-0), previously referred to as senile or age-related ATTR. ATTR amyloidosis primarily afects the heart (ATTRwt), but it can also affect the musculoskeletal and nervous systems (which is more common in ATTRv), leading to clinical manifestations such as carpal tunnel syndrome, lumbar spinal stenosis, and biceps tendon rupture

[\[9,](#page-8-8) [10](#page-8-9)]. Conversely, AL amyloidosis is a systemic plasma cell dyscrasia caused by the misfolding and deposition of immunoglobulin-derived light chains into multiple organs, such as the heart, kidneys, digestive system, liver, peripheral nerves, lungs, skin, etc. Amyloid fbrils from any type of precursor protein have a similar structure and are composed of protoflaments (protein layers with a generic cross β structure) and additional molecules such as glycosaminoglycans and serum amyloid P-component [[2](#page-8-3), [3](#page-8-1), [11](#page-8-10)].

The pathognomonic histopathological feature of CA is fbril deposition demonstrating positivity on Congo Red staining and apple-green birefringence under polarized light [[1,](#page-8-0) [12](#page-8-11)]. Once a histological diagnosis of amyloid is confrmed by staining, samples undergo mass spectroscopy or immunohistochemistry for further amyloid typing into AL, ATTR, or rarer forms of amyloidosis [[13](#page-8-12), [14](#page-8-13)]. While endomyocardial biopsy was the reference standard for diagnosis, contemporary diagnostic approaches allow the use of non-invasive imaging as a substitute for invasive biopsy in the right clinical context; particularly, for the diagnosis of ATTR-CA once plasma cell dyscrasias are excluded. Additionally, for patients with extracardiac biopsy-proven systemic AL amyloidosis and typical cardiac imaging features –or cardiac biomarkers release– endomyocardial biopsy proof is not needed to diagnose AL-CA [[9](#page-8-8), [10](#page-8-9)]. Once the diagnosis of amyloidosis is suspected, based on clinical and echocardiographic fndings, cardiac magnetic resonance imaging (MRI) and radionuclide imaging have become the standard confrmatory methods to diagnose cardiac amyloidosis [\[9](#page-8-8), [10\]](#page-8-9). It is worth noting that the combination of emerging therapeutic options and multi-modality imaging has shifted the disease paradigm from a delayed, underrecognized, and highly mortal condition to a more treatable condition when early diagnosis, treatment, and appropriate disease monitoring are instituted.

Standard echocardiography and cardiac MRI are powerful diagnostic tools as they provide measures to assess the structural and functional consequences of CA. However, these modalities do not directly image amyloid burden. In addition, native T1 mapping and extracellular volume (ECV) quantifcation by cardiac MRI are frequently used for tis-sue characterization in CA [[15](#page-8-14)]. ECV quantification provides an estimate of disease burden, however, it is unable to accurately diferentiate between amyloid fbrils deposition, infammation, edema, and fbrosis. Furthermore, early stages of cardiac involvement are difficult to identify with echocardiography and cardiac MRI given the signifcant overlap in fndings in other forms of cardiomyopathy [\[9](#page-8-8), [10](#page-8-9), [16](#page-8-15)].

In comparison, radionuclide techniques like Single-Photon Emission Computed Tomography (SPECT) imaging and Positron Emission Tomography (PET) imaging are based on amyloid-binding radiotracers ofering several advantages [\[5](#page-8-4), [9](#page-8-8), [10](#page-8-9)]. Bone-avid tracer SPECT has become standard of care for the non-invasive clinical diagnosis of ATTR-CA in specific scenarios $[17]$ $[17]$. SPECT based ^{99m}Tcbone avid tracer imaging for amyloidosis has been shown to have a high diagnostic yield for ATTR-CA. Moreover, SPECT bone-avid tracers are more specifc than echocardiography and cardiac MRI for detection of CA. In addition, novel SPECT/CT techniques allow for absolute quantifcation of amyloid burden [\[18\]](#page-8-17) which can be potentially helpful for early disease detection and for assessment of response to therapy. However, bone-avid tracer cardiac SPECT has certain limitations. Firstly, current SPECT interpretation is based on direct visual assessment by comparing myocardial uptake to bone uptake. Secondly, the binding mechanism of bone-avid radiotracers is not yet fully understood, and several clinical scenarios can lead to false positive test results (e.g., acute or subacute myocardial infarction). Bone-avid tracer SPECT can also be falsely negative in certain forms of ATTRv. Moreover, these tracers do not reliably image AL-CA or CA from other rare forms of amyloidosis [[5,](#page-8-4) [17](#page-8-16)].

Many of these limitations can be overcome by current amyloid-binding PET radiotracers [[11](#page-8-10), [19](#page-8-18)]. A number of prior review articles have addressed SPECT imaging in ATTR-CA [[20,](#page-8-19) [21](#page-8-20)] and readers are referred to those publications for more details on SPECT imaging of ATTR-CA. In this review, we will discuss recent advances in molecular imaging of CA using amyloid PET radiotracers and their increasing role in early disease detection, quantifcation of amyloid burden, prognostication, and future applications for disease monitoring.

Positron Emission Tomography (PET)

PET offers high temporal and spatial resolution and accurate attenuation correction that allows for accurate quantifcation of absolute myocardial tracer uptake [[22](#page-8-21)]. Additionally, beta-amyloid tracer PET imaging has also been shown to have good diagnostic sensitivity and specifcity for CA, especially for AL amyloidosis [[11,](#page-8-10) [23,](#page-8-22) [24](#page-8-23)]. For these reasons, PET could become more relevant in clinical practice. However, to date, PET imaging is not universally used but emerging data supports its expanded use in the near future.

Multiple studies have shown that amyloid-binding PET radiotracers [124I-evuzamitide, as well as beta-amyloid tracers (11C-Pittsburgh compound-B, 18F-forbetapir, 18F-forbetaben, 18 F-flutemetamol)] allow earlier visualization of patterns of amyloid fbril deposition and quantifcation of cardiac and whole-body amyloid burden (Table [1\)](#page-2-0). The betaamyloid tracers were initially engineered to image cerebral amyloid deposits in Alzheimer's disease and are thiofavin T analogs [[25](#page-8-24)]. They directly bind to the β-pleated motifs of amyloid fbrils, independently of its precursor protein, whereas the more novel ¹²⁴I-evuzamitide $(124I-p5+14)$ binds

Tracer	Mechanism	Advantages	Disadvantages
$^{11}C-PiB$	Binds to β -pleated motifs	Larger body of evidence Role in disease risk stratification and fibril characterization Short half-life (20 min)	Requires onsite cyclotron Lower perforce in ATTR-CA Short scan time (30 min)
18 F-florbetapir $18F$ -florbetaben	Binds to β -pleated motifs	Commercially available for brain imaging Does not require onsite cyclotron Identifies subclinical disease	Cannot reliably assess hepatic and renal amy- loid deposition Lower perforce in ATTR-CA Short scan time (30 min) Longer half-life (110 min)
¹⁸ F-flutemetamol			Limited body of evidence with contradictory clinical utility Short scan time (30 min)
124 I-evuzamitide	Binds to glycosaminogly- cans present in amyloid fibrils	Convenient unit dose radiotracer access May have better performance than other trac- ers in ATTR-CA Allows hepatic amyloid assessment	Long half-life (4.2 days) Higher effective radiation dose Long scan time $(4-5)$ h between injection and scan acquisition) Greater positron range than fluorine which can lead to image degradation

Table 1 Summary of the PET radiotracers used for cardiac amyloidosis imaging

to the abundant –and electronegatively charged– glycosaminoglycans present in amyloid fbrils [[11,](#page-8-10) [26,](#page-8-25) [27\]](#page-8-26). Finally, 18 F-Na fluoride has been proposed to bind to ATTR fibrils through a poorly understood calcium-mediated mechanism (Fig. [1\)](#page-3-0). Nonetheless, current evidence shows that ^{18}F -Na fuoride has poor myocardial uptake in CA (target to background ratio's often < 1.0 in CA) $[28-31]$ $[28-31]$, which limits visual interpretation despite its colocalization to regions of late gadolinium enhancement in CMR [\[31](#page-8-28)]. Hence, we will not discuss this tracer in this review.

11C‑Labeled Pittsburg Compound‑B (11C‑PiB)

 11 C-PiB is one of the most studied and widely used amyloid agents for CA imaging. This tracer was frst used to directly visualize myocardial amyloid deposition by Antoni et al. [[32\]](#page-8-29). This group compared myocardial tracer uptake among 10 patients with AL and ATTR amyloidosis and 5 age-matched healthy volunteers to determine the impact of global and regional perfusion on ${}^{11}C$ -PiB retention [[32](#page-8-29)]. They found myocardial tracer uptake to be visually evident in all the cases of CA while being absent among the healthy subjects. Lee et al. [[33](#page-8-30)] confirmed these findings in their prospective multimodality cohort study of 22 patients with AL amyloidosis (including 15 patients with biopsy-proven CA) and 10 healthy volunteers. They found 11 C-PiB PET to have a comparable sensitivity and specifcity to LGE on cardiac MRI. More importantly, they reported lower standardized uptake values (SUV) in patients with biopsy-proven CA who underwent previous chemotherapy in comparison to treatment-naïve patients. These fndings signaled the potential role of this technique for disease burden and therapy response monitoring, as ${}^{11}C$ -PiB uptake could potentially be used as a surrogate of new myocardial light chain deposition.

Another study [\[34](#page-9-0)] compared myocardial tracer uptake of 11 C-PiB in 10 patients with biopsy-proven ATTRv amyloidosis and 5 healthy controls and found elevated myocardial uptake in all the amyloid cases but not in the control group. In this study, Pilebro et al. [\[34](#page-9-0)], also showed that 11 C-PiB can give us insight into the disease pathogenesis due to its preferential and heterogenous binding to type B fbrils (full-length only fbrils often seen in early-onset disease), in comparison to its lower and homogeneous biding to type A fbrils (fragmented and full-length fbrils often seen in lateonset disease). By contrast, Takasone et al. [\[35](#page-9-1)] studied 17 patients with AL amyloidosis, 22 with ATTRv and 8 with ATTRwt and reported a positive ^{99m}Tc-pyrophosphate (PYP) uptake and negative ${}^{11}C$ -PiB uptake pattern (PYP pattern) observed in patients with late-onset V30M ATTRv, non-V30M ATTRv, and ATTRwt amyloidosis. Complementarily, they observed a positive ${}^{11}C$ -PiB uptake and negative $99m$ Tc-PYP uptake pattern (PiB pattern) in patients with AL amyloidosis and early-onset V30M ATTRv. These fndings suggest lower sensitivity of 11 C-PiB for certain forms of ATTR-CM and highlight the potential complementary role of diferent imaging methods along with genetic testing.

Subsequently, a larger dual-center study done by Rosengren et al. [[36\]](#page-9-2) confrmed the excellent sensitivity and specificity of 11 C-PiB by studying 36 patients with multiple forms of CA (15 AL, 16 ATTRwt, and 7 ATTRv) and comparing their tracer uptake to a control cohort composed by 8 healthy volunteers and 7 patients with non-amyloid-hypertrophic cardiomyopathy [\[36\]](#page-9-2). Two particularly important fndings of this study were: 1) the high prevalence of 11 C-PiB uptake among CA patients without increased cardiac wall thickness

A. Structure of beta-sheet ligands

B. Structure of evuzamitide

C. Binding mechanism for 124I-evuzamitide

Fig. 1 A Molecular structures of various amyloid radiotracers. **B** and \overrightarrow{C} the synthetic polypeptide 124 I-evuzamitide binds to the negatively charged glycosaminoglycans present in amyloid fbrils. Figure **A** was adapted from Uzuegbunam et al. [\[59\]](#page-9-12) [Creative Commons CC BY 4.0 license]. Figures **B** and **C** were provided courtesy of Dr. Jonathan Wall, University of Tennessee)

(reinforcing that 11 C-PiB PET may be able to detect early disease stages), and 2) the relatively higher uptake values for $¹¹C-PiB$ found in patients with AL amyloidosis (highlight-</sup> ing the role of this marker in AL disease characterization).

More recently, Choi et al. [[37\]](#page-9-3) proved in 58 patients, that ¹¹C-PiB uptake, visually interpreted as positive or negative, is also an independent predictor of mortality in patients with AL cardiac amyloidosis, even after individually adjusting for conventionally used clinical disease biomarkers during their small subgroup analyses (troponin I, NT-pro-BNP, and absolute diference between involved and uninvolved free light chains, dFLC) [[37\]](#page-9-3). These fndings provide pilot data on risk stratification with 11 C-PiB PET in AL amyloidosis. However, more evidence is needed on whether PET imaging should be included during risk stratifcation in patients with AL amyloidosis.

18F‑Florbetapir

Florbetapir is a stilbene derivate which makes it structurally diferent from 11C-PiB. Additionally, this tracer is labeled with 18 fluorine (18 F) which has a 2-h half-life and can be transported as unit doses from a commercial cyclotron [\[11](#page-8-10)]. Importantly, 18F-forbetapir binds to both AL and ATTR fibrils but has been noted to have a higher affinity for AL fbrils during in vitro studies [\[38\]](#page-9-4). In 2014, Dorbala et al. [[39\]](#page-9-5) presented the first pilot study using this agent for cardiac amyloidosis imaging. In this study, the authors compared the performance of 18 F-florbetapir PET in 9 subjects with documented CA (from which 7 had positive myocardial biopsies and 2 had positive extracardiac biopsies and typical imaging features) and 5 healthy controls. They found diffuse biventricular 18F-forbetapir uptake among all amyloid subjects but not in the control group. They reported overall higher uptake values in patients with AL amyloidosis despite their lower myocardial thickness when compared to those with ATTR amyloidosis. Low myocardial uptake was also noted in AL treated subjects, suggesting that myocardial forbetapir uptake may refect disease activity as well as amyloid burden.

Ehman et al. $[40]$ studied whole-body ¹⁸F-florbetapir PET to assess its performance in systemic AL amyloidosis in a cohort of 40 patients with biopsy-proven AL (30 with active disease, and 10 in hematologic remission). They found that –both quantitative and visually graded– 18 F-florbetapir uptake detected more organ involvement than did the international consensus criteria for organ involvement and clinical manifestations $[41]$. ¹⁸F-florbetapir identified amyloid deposition in the organs of patients who were thought to be in hematologic remission. Similar fndings were reported by other investigators using various other amyloid PET radiotracers [[42–](#page-9-8)[45](#page-9-9)].

Additionally, ${}^{18}F$ -florbetapir PET imaging may be useful to identify pulmonary involvement noninvasively [\[46](#page-9-10)]. Pulmonary amyloid deposits are very common in patients with AL-CA [[47\]](#page-9-11). In a study done by Khor et al. [\[46\]](#page-9-10), they compared 18F-forbetapir uptake between 58 patients with biopsy-proven AL amyloidosis and 9 control subjects (5 without amyloidosis and 4 with ATTR-CA). They found

intense and homogenous pulmonary tracer uptake in 12% of the AL patients, most likely representing difuse alveolar-septal amyloidosis (Fig. [2\)](#page-4-0). Remarkably, the group of patients without visually apparent pulmonary 18F-forbetapir uptake also had threefold higher lung uptake when compared with controls. Notably, the intense ^{18}F -florbetapir pulmonary distribution volume (derived from kinetic modeling analyses) was increased and was not related to lung perfusion assessed by 11 C-acetate lung uptake, supporting that this fnding represents AL amyloidosis rather than heart failurerelated lung tracer uptake [[46\]](#page-9-10).

Moreover, ¹⁸F-florbetapir PET imaging provides insights into the preclinical disease process. In a study performed by Cuddy et al. $[48]$ $[48]$, the authors compared ¹⁸F-florbetapir retention indexes among 3 predefned groups of patients: 25 patients with active AL amyloidosis with cardiac involvement (active-CA), 10 with active AL amyloidosis but without cardiac involvement by conventional criteria and normal serum cardiac biomarkers (active-non-CA) [\[41](#page-9-7)], and 10 patients with AL amyloidosis with cardiac involvement but in remission for at least 1 year (remission-CA). They found that 18 F-florbetapir uptake was present in all the subjects, irrespectively of other test results, but was distinctly elevated in patients with cardiac involvement regardless of their disease status (active-CA and remission-CA vs active-non-CA). By comparing the retention indexes of ^{18}F -florbetapir and other cardiac MRI and echocardiographic fndings among these groups, they showed that ${}^{18}F$ -florbetapir uptake may be positive even in patients with normal cardiac MRI and echocardiogram fndings, showcasing the ability of PET imaging to detect subclinical disease and confrming that amyloid fbrils deposition is the cause of early ECV changes in cardiac MRI (Fig. [3\)](#page-5-0) [[48\]](#page-9-13). As mentioned previously, precise identifcation of organ involvement in systemic AL amyloidosis is vital given its prognostic and therapeutic implications. Therefore, the high diagnostic sensitivity provided by 18F-fobetapir PET imaging has the potential to inform treatment (e.g., to determine if a patient is a candidate for stem cell transplantation) and allow non-invasive monitoring of the disease (Fig. [4](#page-6-0)) [[11\]](#page-8-10).

More recently, Datar et al. [[49](#page-9-14)] proved that ¹⁸F-florbetapir PET identifes preclinical right ventricular involvement in AL amyloidosis. In their prospective cohort study of 106 participants with systemic AL amyloidosis, they found that 18 F-florbetapir PET was able to detect amyloid deposition in 40% of the participants who did not meet conventional

Fig. 2 18F-forbetapir pulmonary tracer uptake. 18F-forbetapir PET/ CT images of three patients with **a** no signifcant tracer uptake, **b** diffuse mild uptake, and **c** difuse intense uptake, respectively. Of note, CT average lung densities did not difer among patients with diferent degrees of tracer uptake, and the control group (**bottom row**,

d). Additionally, the rate of tracer washout was slowest in subjects with intense uptake and fastest among controls (**bottom row**, **e**). (Reprinted with permission from Khor et al. [[46](#page-9-10)]; permission conveyed through Copyright Clearance Center, Inc.)

Fig. 3 Imaging fndings in diferent groups of patients with AL amyloidosis. The **top row** shows the distribution of cardiac MRI ECV values in patients systemic AL amyloidosis with cardiac involvement (active-CA), without cardiac involvement by conventional criteria (active-non-CA), and patients with cardiac involvement in remission for at least 1 year (remission-CA). The *dotted blue line* represents the cutoff value to diagnose the presence or absence of CA while the *dot*-

criteria for cardiac involvement [\[41](#page-9-7)]. Of note, left ventricular (LV), right ventricular (RV) and pulmonary amyloidosis could lead to pulmonary hypertension in AL amyloidosis [\[50\]](#page-9-15). However, this study showed that RV amyloid, but not LV amyloid or lung amyloid, is a key driver of RV dysfunction. They also noted that quantitatively measured RV amyloid was able to independently predict major adverse cardiovascular events [[49](#page-9-14)]. These fndings highlight the central role of direct right ventricular amyloid deposition in the pathogenesis of AL amyloid-induced right ventricular dysfunction.

Finally, in a recent study done by Clerc et al. [[51](#page-9-16)], the authors prospectively followed 81 patients with newly diagnosed systemic AL. They found that LV amyloid burden (quantified as the percentage of injected dose of ^{18}F -florbetapir, %ID) is a signifcant predictor of major adverse cardiovascular events (MACE) and all-cause death (Fig. [5](#page-7-0)). They also provided insights into the mechanistic process linking amyloid burden and MACE by conducting novel mediation analyses. They found that the association between

ted black line represents the upper threshold of normal observed in healthy controls. The p-value listed in the figure is the cross-group comparison. The **bottom row** shows the prevalence of abnormal indexes of cardiac amyloid deposition in these groups. Cardiac AL Amyloidosis=active-CA and remission-CA. Non-Cardiac AL Amyloidosis=active-non-CA. (Reprinted with permission from Cuddy et al. [[48](#page-9-13)], with permission from Elsevier.)

¹⁸F-florbetapir LV %ID and MACE was primarily mediated by an indirect pathway involving NT-pro-BNP elevation [\[51\]](#page-9-16), cardiomyocyte stretching and heart failure. This analysis explained why the adjustment by Mayo AL stage distorts the association between 18F-forbetapir LV %ID and outcomes. This is one of the frst studies to report the association between molecular cardiac amyloid burden, Mayo AL staging, and clinical outcomes.

Other Radiolabeled Thiofavin‑T Derivates

Other radiolabeled PET tracers include 18F-florbetaben and 18 F-flutemetamol. They both have shown promising results for the detection of both ATTR and AL amyloidosis. ¹⁸F-florbetaben was first studied by Law et al. [\[52](#page-9-17)] among 10 patients with ATTR and AL amyloidosis and 4 controls with hypertensive heart disease. By using a LV myocardial 18F-forbetaben mean standardized uptake values or a retention index cutoff of 40%, they found 18 F-florbetaben to

Fig. 4 Myocardial (**top 2 rows**) and systemic organ (**bottom row**) uptake of $18F$ -florbetapir and 124 I-evuzamitide in patients with various forms of amyloidosis. Liver uptake is physiologic with 18 F-florbetapir imaging. Amyloid PET tracers bind to various types of amyloid

fbrils and can image amyloid deposition in the cardiac and extracardiac tissues. Apo-A-IV=Apolipoprotein AIV. (Reprinted with permission from Dorbala et al. [\[11\]](#page-8-10).)

be able to diferentiate between amyloid and hypertensive cases. Tracer retention was also correlated with both global left ventricular longitudinal and right ventricular free wall longitudinal strains via inverse curve relationship. Another study [\[53](#page-9-18)] of 22 patients with clinically proven or suspected CA revealed different 18F-florbetaben between amyloid subtypes (with AL being higher). More importantly, they also found changes in tracer retention among 4 patients who received follow-up ^{18}F -florbetaben PET after treatment initiation, these changes were correlated with treatment response. Notably, the frst study that evaluated the role of 18F-futemetamol PET in cardiac amyloidosis demonstrated positive results in 8 out of 9 patients [\[54](#page-9-19)]. However, Papathanasiou et al. [\[55\]](#page-9-20) recently studied the accuracy of $18F$ -flumetamol in 12 patients with cardiac amyloidosis (10) with ATTR and 2 with AL) and 5 non-amyloid heart failure cases. In their study, only 2 patients with CA demonstrated increased tracer uptake raising questions about 18 F-flumetamol utility and reproducibility. More research is needed to further elucidate why these fndings contradicted previously available reports, but it is worth mentioning that the tracer injection dose for this study was relatively low, and the

post-injection images were collected at diferent times across studies. Additionally -because they only included 2 patients with AL amyloidosis- these study results are not applicable to AL amyloidosis.

124I‑Evuzamitide

¹²⁴I-evuzamitide $(124I-p5+14)$ is a synthetic polypeptide with positively charged lysine side chains that binds to the negatively charged glycosaminoglycans of amyloid fbrils $[11, 26, 27]$ $[11, 26, 27]$ $[11, 26, 27]$ $[11, 26, 27]$ $[11, 26, 27]$ $[11, 26, 27]$ $[11, 26, 27]$.¹²⁴I-evuzamitide is a novel tracer, developed by Dr. Jonathan Wall [[27](#page-8-26), [56](#page-9-21)], that has been used for the imaging of cardiac amyloidosis and it is thought to have pan-amyloid binding properties. Unlike 18F-based radiotracers, 124I-evuzamitide can quantify hepatic and possibly renal amyloid (Fig. [4](#page-6-0)). Moreover, a therapeutic monoclonal antibody fusion protein with a similar amyloid-biding peptide is currently under investigation for amyloid fbril removal [[57](#page-9-22)]. Clerc et al. [\[19](#page-8-18)] recently published the results of their pilot study of 26 patients with ATTRwt, AL, and ATTRv amyloidosis, and control participants comparing the performance

Fig. 5 Kaplan-Meier curves for MACE and all-cause death based on left ventricular amyloid burden. Left ventricular amyloid burden was assessed by tertiles of ^{18}F -florbetapir uptake quantified as percentage of the injected dose. The p-values in each graph correspond to the log-rank tests performed. $LV = Left$ ventricular. $% ID = percentage$

of 124 I-evuzamitide to 18 F-florbetapir. They found that 124 I-evuzamitide uptake was significantly higher in patients with both ATTRwt and AL amyloidosis when compared to control participants, accurately discriminating cases of amyloid cardiomyopathy from controls. Moreover, they found that ATTRwt burden quantifcation may be more accurate with 124 I-evuzamitide than with 18 F-florbetapir. [\[19](#page-8-18)].

Simultaneously, Wall et al. [[58\]](#page-9-23) demonstrated similar results while using 124I-evuzamitide to image cardiac and systemic amyloid deposits in patients with various forms of systemic amyloidosis (23 with systemic AL amyloidosis, 2 with localized AL amyloidosis, 15 with ATTRv, 5 with ATTRwt, and 5 with other amyloid types).

Conclusions

Advances in multimodal imaging and the development of targeted therapies have transformed the management of systemic amyloidosis. Amyloid PET imaging offers several advantages when compared with other imaging techniques, not only given the unique properties of this modality, but also due to the molecular revolution surrounding the radiotracers that are being used in this modality. Amyloid PET

All-Cause Death by LV Amyloid Burden

of the injected dose. MACE=Major Adverse Cardiovascular Events (all-cause mortality, heart failure hospitalization or cardiac transplantation). (Reprinted with permission from Clerc et al. [\[51\]](#page-9-16), with permission from Elsevier.)

imaging provides high diagnostic sensitivity and specifcity, and has shown promising results for early disease detection, amyloid burden quantifcation, risk stratifcation of patients, and treatment response monitoring. The ability these tracers to accurately visualize amyloid fbrils deposition in the heart and other organs may inform therapeutic decisions and treatment monitoring in the near future. However, data on the efficacy of amyloid PET imaging is still limited and continued research is still needed to optimize its clinical implementation.

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Data Availability No datasets were generated or analysed during the current study.

Compliance with Ethical Standards

Conflict of Interests The authors declare no competing interests.

Human and Animal Rights and Informed Consent This article does not contain any studies with human or animal subjects performed by any of the authors.

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