ANAPHYLAXIS AND DRUG ALLERGY (DA KHAN AND M CASTELLS, SECTION EDITORS)

# Genotyping for Severe Drug Hypersensitivity

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Abstract Over the past decade, there have been significant advances in our understanding of the immunopathogenesis and pharmacogenomics of severe immunologically-mediated adverse drug reactions. Such T-cell-mediated adverse drug reactions such as Stevens-Johnson syndrome/toxic epidermal necrolysis (SJS/TEN), drug-induced liver disease (DILI) and other drug hypersensitivity syndromes have more recently been shown to be mediated through interactions with various class I and II HLA alleles. Key examples have included the associations of HLA-B\*15:02 and carbamazepine induced SJS/ TEN in Southeast Asian populations and HLA-B\*57:01 and abacavir hypersensitivity. HLA-B\*57:01 screening to prevent abacavir hypersensitivity exemplifies a successful translational roadmap from pharmacogenomic discovery through to widespread clinical implementation. Ultimately, our increased understanding of the interaction between drugs and the MHC could be used to inform drug design and drive pre-clinical toxicity programs to improve drug safety.

Keywords Genotyping · Altered peptide repertoire · DILI · DRESS · Human leukocyte antigen · Drug hypersensitivity · Major histocompatibility complex · Pharmacogenetics · Pharmacogenomics · Stevens-Johnson syndrome · Toxic epidermal necrolysis · Translation · SCAR

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## Introduction

Adverse drug reactions (ADRs) are common causes of patient morbidity and mortality and costs to the healthcare system [1–4]. Type A ADRs comprise the majority of reported drug reactions and are predictable based on the dose and pharmacologic activity of the drug. Type B ADRs account for less than 20 % of reported drug reactions and include immunologically-mediated drug reactions. More recently, some of these reactions have been shown to be immunogenetically driven [5]. Delayed hypersensitivity reactions (DHR) are a subgroup of type B ADRs that are also classified according to the Gell-Coombs classification of immunologically-mediated drug reactions as type IVa-d based on the effector cell and the antigen involved. These consist of a variety of phenotypes encompassing milder skin reactions, such as exanthems, to more severe drug hypersensitivity syndromes (DHS). DHS also include severe cutaneous adverse reactions (SCARs) such as Stevens-Johnson syndrome/toxic epidermal necrolysis (SJS/TEN), drug-induced hypersensitivity syndrome (DIHS) also known as drug reaction with eosinophilia and systemic symptoms (DRESS) and acute generalized exanthematous pustulosis (AGEP). DHS may also occur where involvement is limited to one organ such as druginduced liver disease (DILI). Onset of symptoms typically occurs a few days to 8 weeks after exposure to the antigen or drug.

DHS are driven by the inappropriate activation of T-cells. The primary proteins involved in these responses are now known to be human leukocyte antigen (HLA) molecules encoded within the major histocompatibility complex (MHC). MHC class I molecules are encoded by the genes *HLA-A*, *HLA-B* and *HLA-C*; whereas MHC class II molecules are encoded by *HLA-DP*, *HLA-DQ* and *HLA-DR*. Since HLA molecules are highly polymorphic, a systematic nomenclature has been developed. The digits before the first colon describe

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the allele group and the two digits following the colon signify specific subtypes of the locus. These proteins are responsible for the presentation of peptides to T-cells [5]. More recently, several associations have been characterized between certain HLA molecules and drug hypersensitivity reactions. The classic model proposed to explain these T-cell mediated reactions was the hapten/prohapten hypothesis proposing that drugs or their reactive metabolites covalently bind to host proteins. Alternative models were proposed including the *p-i model* that proposes drugs bind non-covalently to the T-cell receptor (TCR) or MHC protein, leading to direct activation of T-cells without the presence of a peptide. This theory is supported by evidence that some drugs are able to elicit T-cell activation without proper antigen processing by antigen presenting cells (APCs) [6–8]. Thus, the p-i model provided a possible explanation for how T-cell activation could occur without prior exposure to a given drug [9]. In the altered peptide repertoire model, drugs non-covalently occupy sites within the peptidebinding groove of MHC proteins. This occupation leads to alteration of the specificities of MHC-peptide binding and results in presentation of self-peptide antigens that are distinct from those normally bound by the unaltered MHC protein [5, 10, 11...]. Recent studies have demonstrated that this model may be central to the pathogenesis of phenotypically distinct hypersensitivity reactions to medications such as abacavir hypersensitivity syndrome and carbamazepine SJS/TEN [11••, 12••, 13••, 14••] (Fig. 1).

Over the past decade, there have been numerous publications that have described associations between HLA alleles and DHS offering promise for identification for patients at risk and prevention of DHS that were previously believed to be unpredictable (Table 1; Fig. 2). The best characterized of these HLA-mediated DHS are discussed below.

## Abacavir

The studies of abacavir-induced hypersensitivity (AHS) have created a roadmap for translational pharmacogenomics. Abacavir is a nucleoside reverse-transcriptase inhibitor used in combination antiretroviral treatment for HIV-1 infection. This syndrome was apparent in the pre-marketing phase of drug development of abacavir where an estimated 5-8 % of patients developed AHS characterized by fever, malaise, gastrointestinal symptoms and organ involvement within the first 2-6 weeks of therapy [15]. Unlike DHS related to other drugs, rash was found to be a late feature of AHS and absent in up to 30 % of these patients. Treatment included immediate cessation of abacavir and supportive care. Reports of severe disease including hypotension and even death with repeat ingestion or prolonged dosing led to a stringent pharmacovigilance program surrounding the use of abacavir to encourage early discontinuation in those with potential AHS and to prevent re-exposure in those who had experience a syndrome compatible with AHS [16]. In 2001, during the premarketing phase of abacavir, a study was published that showed a higher frequency of AHS in Caucasians when compared to black and Asian populations [17]. Further studies, published in 2002, demonstrated an association between AHS and the MHC class I allele, HLA-B\*57:01 [18, 19]. Due to the higher carriage rate of HLA-B\*57:01 in populations of predominantly white race when compared to black individuals, initial studies found a particularly low sensitivity of HLA-B\*57:01 for clinically suspected AHS in non-white populations [18, 20]. However, this perceived lack of predictive value across all races was later found to be due to the high rates of false-positive clinical diagnosis of AHS which was particularly problematic in nonwhite races with a lower prevalence of HLA-B\*57:01. Abacavir patch testing was found to be highly specific for the identification of those with true immunologicallymediated AHS and was used in two clinical trials that were performed to establish the clinical utility of pharmacogenetic testing for HLA-B\*57:01 [21, 22]. In the PREDICT-1 trial, nearly 2,000 predominantly European Caucasian HIVpositive patients, were randomized to undergo real-time HLA-B\*57:01 screening with exclusion of abacavir therapy for HLA-B\*57:01-positive patients or abacavir initiation followed by retrospective HLA-B\*57:01 genotyping. Clinical and patch test diagnosis of AHS were used as co-primary endpoints. Results revealed a 100 % negative predictive value of HLA-B\*57:01 as a screening test for the prevention of abacavir hypersensitivity [22]. The results of the PREDICT-1 trial were further supported by the SHAPE trial; a casecontrol study of black and white patients that revealed a 100 % negative predictive value of HLA-B\*57:01 for AHS across black and white populations and supported the generalizability of HLA-B\*57:01 screening across different ethnicities [21]. Additional studies have shown that HLA-B\*57:01 is costeffective and has dramatically reduced the incidence of AHS [23, 24]. HLA-B\*57:01 screening prior to abacavir treatment has been widely implemented in routine clinical practice and is part of US FDA and international HIV treatment guidelines [25].

Recent studies have provided new insight into the molecular pathogenesis underlying AHS. Activated cytotoxic CD8<sup>+</sup> T-cells have been shown to be the main driving factor in AHS. Initially, activation of these T-cells were thought to be dependent upon processing and presentation on MHC Class-I molecules via the drug/hapten theory [26]. More recently published studies provide evidence for an "altered peptide repertoire" model in which abacavir undergoes a metabolismindependent, direct and non-covalent interaction with the *HLA-B\*57:01* binding cleft to form a new antigenic structure capable of eliciting a T-cell response [11••, 13••, 14••, 27••]. In 2012, Adam and colleagues produced abacavir-specific T-cell clones from *HLA-B\*57:01*-positive individuals and showed

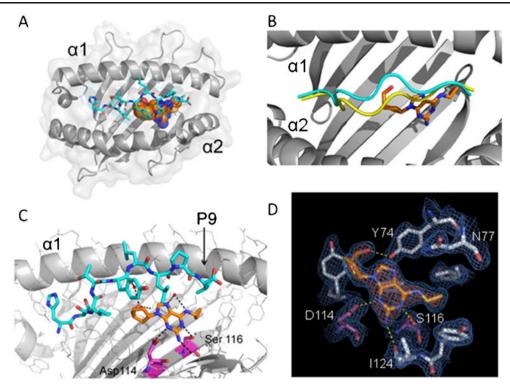


Fig. 1 The altered peptide repertoire model of abacavir hypersensitivity. Crystal structure of the abacavir-MHC-peptide complex shown to resolution of 0.2 nm (nanometers). **a** *HLA-B*\*57:01 is shown in *gray*, peptide V is shown in *cyan*, and abacavir is shown as a multicolored structure (*spheres* with *orange* for carbon, *blue* for nitrogen, and *red* for oxygen). **b** Abacavir binding leads to altered peptide repertoire by changing the conformation of the peptide backbone in the main chain of *HLA-B*\*57:01. Binding of peptide is shown in the absence of abacavir (*yellow*) and associated with abacavir and *HLA-B*\*57:01 (*cyan*). **c** H-bound interactions

that proteasome inhibition did not prevent T-cell reactivity to abacavir, providing evidence that T-cell stimulation does not require covalent bonds to produce new antigenic determinants [27..]. Moreover, activation of T-cells have been shown to be dependent on the TCR avidity, drug concentration, and level of HLA-B\*57:01 molecules expressed on APCs [14., 27.]. Additional studies have provided evidence that specific residues in the peptide binding cleft are required to elicit T-cell responses [26]. It has been shown that peptides eluted from abacavir-treated APCs expressing HLA-B\*57:01 in cell culture models include many neo-epitopes [11., 13., 14.]. For example, Illing et al. demonstrated that 20-25 % of the recovered peptides from abacavir-treated HLA-B\*57:01 APCs were distinct from those isolated from untreated cells [13••]. These novel peptides were shown to lack typical carboxyl terminal aromatic hydrophobic amino acids and instead contained predominantly hydrophobic aliphatic amino acids such as isoleucine, leucine or valine residues. These differences can be explained by a change in the shape of the antigen-binding cleft from abacavir binding within the floor of the HLA-*B*\*57:01 F pocket peptide-binding groove [11••, 13••, 14••]. Further support for the altered peptide repertoire model in

(black dashes) are shown between abacavir, peptide, and HLA-B\*57:01. Specific residues differentiating for abacavir-sensitive HLA-B\*57:01 from abacavir-insensitive HLA-B\*57:03 are shown in magenta (carbon), blue (nitrogen), and red (oxygen). **d** Experimental electron density showing abacavir in a Fo-Fc difference map with blue mesh showing the final 2Fo-Fc electron density map of abacavir in the antigen-binding cleft of HLA-B\*57:01. H-bond interactions between abacavir and HLA-B\*57:01 are shown in yellow: (Adapted from Ostrov et al. [14••])

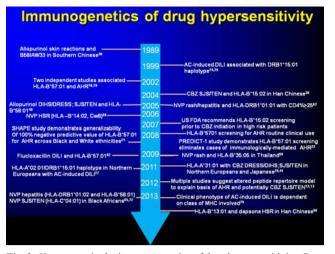
AHS has been recently provided by two structural analyses of the abacavir-peptide-HLA-B\*57:01 complex [13••, 14••]. In each of these studies, abacavir association with the HLA-B\*57:01 molecule was shown to alter the chemistry and topography of the peptide binding groove, resulting in a neoantigen capable of eliciting an allo-reactive T-cell response [13••, 14••].

# Carbamazepine

Carbamazepine is an aromatic amine anticonvulsant used to treat bipolar disorder, epilepsy, and trigeminal neuralgia. Carbamazepine has been associated with maculopapular eruption, DHIS/DRESS, and less commonly SJS/TEN that most typically occurs 2–8 weeks following drug initiation [28]. SJS/TEN is estimated to occur in 1–6 out of every 10,000 individuals receiving carbamazepine but has been previously noted to occur tenfold more commonly in those of Southeast Asian descent [5, 29•, 30]. In 2004, Chung et al. showed that 100 % of Han Chinese patients with carbamazepine-associated SJS/TEN carried the *HLA-B\*15:02* allele as compared to only 3 %

# Table 1 Severe drug hypersensitivity: HLA associations

Syndrome and drug	Alleles	Populations	FDA recommendation for genetic testing
TEN/SJS (SCAR	\$)		
Allopurinol	B*58:01 [48, 49, 52, 54–56, 58]	Han Chinese, Thai, European, Italian, Korean, Portuguese	None
Carbamazepine	B*15:02 [30, 31, 33–36]	Han Chinese; Thai; Malaysian, Indian	Screening Recommended (for at-risk populations)
	B*15:11 [98, 99]	Korean; Japanese	None
	HLA-B*15:18, HLA-B*59:01 and HLA-C*07:04 [100]	Japanese	None
	A*31:01 [29•, 40, 41•, 98]	Japanese; Northern European; Korean	Warning about possible association (no recommendation) <sup>a</sup>
Oxcarbazepine	B*15:02 [101, 102]	Han Chinese	None
Nevirapine	C*04:01 [72••]	Malawian	None
Phenytoin	<b>B*15:02</b> ; HLA-B*13:01, Cw*08:01 and DRB1* 16:02 [34, 101, 103, 104]	Han Chinese	Warning about possible association with HLA-B*15:02 (no recommendation for genetic testing)
Phenobarbital	B*51:01 [105]	Japanese	None
Methazolamide	B*59	Japanese	None
	B*59:01, Cw*01:02 alleles and B*59:01-Cw*01:02- A*24:02 haplotype [106]	Korean and Japanese	
Zonisamide	A*02:07 [105]	Japanese	None
HSS/DIHS/DRE	SS		
Abacavir	B*57:01 [18, 19, 21, 22]	European, African	Screening recommended prior to abacavir prescription
Recommended			
Allopurinol	B*58:01 (or B*58 haplotype) [49, 51, 52, 54, 56–58]	Han Chinese, Korean, Japanese, Thai, European	None
Nevirapine	DRB1*01:01(CD4% 25) [62], DRB1*01:02, B*5801 [62, 63••, 65••]		None
Nevirapine	Cw*8 or CW*8-B*14 Haplotype [66, 67]	Italian; Japanese	None
(DIHS/	Cw*4 [63••]	Han Chinese	None
DRESS)	B*35:05 [69]	Asian	None
	B*35:01 [63••]	Australian	Warning
Carbamazepine	8.1 AH (HLA A*01:01 : Cw*07:01 : B*08:01 : DRB1	Caucasians	None
	*03:01 : DQA1*05:01 : DQB1*02:01) [107] A*3101 [29•, 40, 41•, 98]	Northern European; Japanese; Korean	Warning about possible association (no recommendation)
Dapsone	HLA-B*13:01 [96]	Han Chinese patients treated for leprosy	None
Drug Induced liv	ver disease	1 2	
Amoxicillin- clavulanate	DRB1*15:01; DRB1*07 protective; HLA-A*02:01 and HLA-DQB1*0602 and rs3135388, a tag SNP of HLA-DRB1*1501-DQB1*0602	European	None
	[74, 75, 77] B*1801,DRB1*0301-DQB1*0201 [79]	Spanish	None
Lumiracoxib	HLA-DRB1*15:01-HLA-DQB1*06:02-HLA- DRB5*01:01-HLA-DQA1*01:02 haplotype [108]	International, multicentre	N/A
Ximelagatran	DRB1(*)07 and DQA1(*)02 [109]	Swedish, European	N/A
Flucloxacillin	B*5701, HLA-DRB1*01:07- DQB1*01:03 [73, 82]	European	N/A
Lapatinib	DRB1*07:01-DQA2*02:01-DQB1*02:02/02:02 [110]	International, multicentre	Warning about possible association with DRB1*07:01-DQA1*02:01 and need for clinical/laboratory monitoring(no recommendation for genetic testing)



**Fig. 2** Key events in the immunogenetics of drug hypersensitivity. Over the past decade, there has been increasing recognition of the key involvement of the major histocompatibility complex in different phenotypes of immunologically-mediated drug reactions. The ability to make these associations in the 1980s was hampered by the limitation of serologically-based HLA typing techniques. With the ability of high resolution 4digit typing, attempts to standardize clinical phenotyping, and international collaboration, it should be possible to define HLA associations within even rare forms of DHS

in carbamazepine-tolerant controls and 8.6 % of the general population [30]. Subsequent studies have supported the association between the HLA-B\*15:02 and carbamazepine-induced SJS/TEN in Chinese, Thai, Malaysian and Indian populations [31-36]. An observational study examined the utility of HLA-B\*15:02 screening in 4,855 Han Chinese patients and subsequent avoidance of carbamazepine for those who were positive. Although rashes and other hypersensitivity syndromes occurred, there were no cases of carbamazepine-associated SJS/TEN in this group compared to an incidence of 0.23 % (i.e. 10 cases) expected based on historical data [37]. Approximately 3 % of patients carrying the HLA-B\*15:02 allele will develop carbamazepine associated SJS/TEN. Ko et al. characterized the TCR repertoire of patients with carbamazepineassociated SJS/TEN and showed that VB-11-ISGSY, a dominant TCR clonotype, was present in 84 % of HLA-B\*15:02 positive patients with carbamazepine-associated SJS/TEN and only 14 % of carbamazepine-naïve controls. Additionally, this clonotype was absent in all carbamazepine-tolerant controls, including two individuals who were HLA-B\*15:02 carriers. Cell culture experiments on T-cells from carbamazepinenaïve subjects revealed a cytotoxic phenotype following stimulation with carbamazepine in those who were both HLA-B\*15:02- and VB-11-ISGSY-positive. Moreover, addition of a VB-11-ISGSY-specific antibody blocked stimulation following carbamazepine exposure [38•]. These studies imply that the presence of both HLA-B\*15:02 and a specific TCR clonotype are required for the development of carbamazepine-induced SJS/TEN. HLA-A\*31:01 which is present in approximately 7 % of Han Chinese, 7–12 % of Japanese, 5 % of Koreans, and 2–5 % in northern European populations [allelefrequencies.net] has more recently been associated with DRESS/DIHS in Taiwanese, Japanese and European populations [29•, 39, 40, 41•, 42]. Some but not all studies have also suggested an association between *HLA-A\*31:01* and CBZ SJS/TEN in predominantly European populations [29•, 43].

Multiple in vitro studies have shed light onto the molecular mechanisms underlying carbamazepine-associated ADRs. In 2012, Wei and colleagues published data that carbamazepine presentation to T-cells in the context of the HLA-B\*15:02 protein is independent of processing but does require peptide binding to stabilize the class I MHC complex on the cell surface [12..]. Additionally, APCs expressing other members of the HLA-B75 family, which includes HLA-B\*15:02, showed T-cell activation in the context of carbamazepine presentation [12..]. Modifications of the carbamazepine ring structure lead to alteration in HLA-B\*15:02 binding and T-cell response. Furthermore, mutagenesis was used to show that the region of carbamazepine association with HLA-B\*15:02 maps to the B pocket of the peptide binding groove with a contact at the Arg62 residue, a conserved amino acid among B75 serotypes [12••]. An additional study by Illing et al. demonstrated that 15 % of isolated peptides eluted from carbamazepinetreated APCs expressing HLA-B\*15:02 were distinct from those obtained in untreated cells [13..]. These findings support the altered peptide repertoire model as a feasible explanation for carbamazepine-induced SJS/TEN.

#### Allopurinol

Allopurinol is a xanthine oxidase inhibitor that has been used primarily to treat hyperuricemia and its complications, including chronic gout, since the early 1960s [44, 45]. Allopurinol hypersensitivity is characterized by a variety of cutaneous manifestations from benign maculopapular rashes to more severe forms, including SJS/TEN, and DHIS/DRESS [46]. The incidence of true allopurinol hypersensitivity is rare, with estimates to be approximately 0.1 % [47]. In 1989, a serological study revealed associations of the HLA haplotype AW33-BW58 with cutaneous allopurinol hypersensitivity in Southern Chinese [48]. In 2005, a case-controlled study revealed HLA-B\*58:01 carriage in 100 % of allopurinol-induced SJS/TEN/ DIHS/DRESS compared to 15 % of allopurinol-tolerant patients and 20 % of healthy controls [49]. Similar findings have been replicated in other ethnic groups including Japanese, Thai, and Korean populations [50-54]. In the first study of European patients, only 61 % of patients with allopurinolinduced SJS/TEN carried the HLA-B\*58:01 genotype, likely reflecting the lower carriage rate of HLA-B\*58:01 in European populations (1-6 %) versus 10-15 % in Southeast Asian

populations and further work has also suggested that HLA alleles in addition to *HLA-B*\*58:01 may be implicated [55–58].

The exact mechanism by which allopurinol causes different DHS phenotypes remains elusive, although it has been proposed that allopurinol or its metabolite oxypurinol may be small enough molecules to bind multiple sites on the HLA molecule, possibly leading to direct TCR binding and activation [59].

## Nevirapine

Nevirapine is a non-nucleoside reverse transcriptase inhibitor used in combination with antiretroviral treatment for HIV-1 infection. DHS with varying clinical phenotypes occurs within the first 6 weeks in approximately 5 % of patients who initiate nevirapine. These reactions may be characterized by a combination of rash, fever and/ or hepatitis, and nevirapine has also been associated with SJS/TEN [60, 61]. Uncovering the mechanisms underlying nevirapine-related hypersensitivity has been difficult due to the varying phenotypes and multiple genetic associations across differing ethnicities. Both class I and class II MHC molecules have been implicated in varying clinical syndromes of nevirapine HSRs. A Western Australian prospective cohort study associated carriage of the Class II allele HLA-DRB1\*0101 with nevirapine-induced rash associated hepatitis and this effect was abrogated by a CD4 count of <25 % [62]. Later studies have also supported the association between DRB1 supertype alleles: HLA-DRB1\*01:01 and HLA-DRB1\*01:02 and nevirapine hepatitis DHS phenotypes [63., 64, 65.]. MHC class I molecules have been primarily associated with nevirapine-associated cutaneous phenotype DHS [66-71]. HLA-B\*35:05 and HLA-Cw\*04 variants were shown to be involved in cutaneous-only nevirapine reactions in several populations including African-Americans, Thai, and Han Chinese [68-71]. More recently, HLA- $C^*04:01$  has also been associated with nevirapine SJS/ TEN in a case-control study of 117 HIV-positive patients in Malawi and 151 controls [72..].

Polymorphisms in the *CYP2B6* gene, the main cytochrome p450 isoform involved in nevirapine metabolism, were shown to be associated with nevirapineassociated cutaneous drug reactions in blacks and whites supporting that the parent drug and concentration effects may be important in the immunopathogenesis of nevirapine DHS [63••]. Although much progress has been achieved in uncovering the immunologic basis of nevirapine hypersensitivity, many questions still remain regarding the complex interactions between immunologic, genetic, and metabolic factors.

#### Amoxicillin-Clavulanate

Amoxicillin-clavulanate (AC) is one of the most frequently prescribed treatments for bacterial infections. Amoxicillinclavulanate DILI may present as cholestatic, hepatocellular, or a mixed pattern with an onset of symptoms ranging from a few days to several weeks after initial drug exposure, and rare cases require transplantation or are fatal [73].

Initial studies revealed an association between the HLA class II haplotype HLA-DRB1\*15:01 and patients with AC-associated DILI [74-76]. Later, a genome wide association study of 201 patients demonstrated that ACinduced DILI is strongly associated with the SNP rs9274407, a SNP that is highly correlated with DRB1\*15:01-DQB1\*06:02 [77]. Additionally, there was an association between HLA-A\*02:01 and AC-associated DILI in Northwestern European populations, but not in those of Spanish descent [77]. The clinical phenotypes of AC-associated DILI may be dependent on the ethnicity of the affected individual. For example, cases of ACassociated DILI in Spanish populations were characterized by hepatocellular injury, cholestatic damage, and a mixed pattern at almost equal frequencies [78]. In contrast, a cholestatic pattern of liver injury was observed in over 65 % of cases reported in French and Belgian populations [78]. A study performed by Stephens et al. evaluated 75 Spanish individuals with AC-associated DILI, of which 37 % had a hepatocellular toxicity pattern. Findings revealed an association between HLA-A\*30:02 and hepatocellular liver injury, whereas the class II haplotype DRB1\*15:01-DQB1\*06:02 was significantly associated with a cholestatic or mixed pattern of DILI [79]. Research to date has been unable to establish a high positive or negative predictive value to make screening for ACassociated DILI useful. Due to the overall rare cases of AC-associated DILI and the large number of different HLA associations, HLA typing would not currently serve a purposeful role in predicting those at risk for DILI prior to initiation of AC at this time.

# Flucloxacillin

Flucloxacillin is a narrow-spectrum anti-Staphylococcal semisynthetic penicillin in wide use in Europe and Australia. DILI, typically manifests as cholestatic hepatitis beginning within 1-45 days after starting treatment, is a rare complication of flucloxacillin treatment occurring in 8.5/100,000 of new users [80, 81]. In 2009, Daly and colleagues published an association between *HLA-B\*57:01* and flucloxacillin-associated DILI. In this GWAS of 51 cases of flucloxacillin DILI and 64 flucloxacillin-tolerant controls, MHC genotyping revealed an association with those carrying the *HLA-B\*57:01* allele (OR = 80.6,  $p=9.0 \times 10^{-19}$ ) [82].

# **Genotyping in Clinical Practice**

The application of genetic screening for immunologically mediated drug reactions would have highest utility for those diseases that are prevalent, severe, and associated with HLA markers that show a high positive and 100 % negative predictive value. A user friendly reporting strategy and/or decision support system that is readily available to the healthcare team is an additional advantage. Even if these pre-requisites are met, however, there are many barriers to the translation of a pharmacogenomic test into clinical practice. Independent from the direct translational opportunities of an individual pharmacogenomic test or strategy, pharmacogenomics has provided enormous insights into the mechanisms behind DHS. Currently, the FDA has recommended genetic screening prior to starting abacavir and in high-risk populations prior to starting carbamazepine. Although the product label for allopurinol in Taiwan suggests consideration for HLA-B\*58:01 testing and avoidance of allopurinol in those who are positive, the Taiwan Bureau of National Health Insurance (BNHI) is currently not funding HLA-B\*58:01 screening prior to allopurinol prescription. Since control of off-label use of carbamazepine and BNHI-funded HLA-B\*15:02 screening in Taiwan, allopurinol has surpassed carbamazepine as the most common cause of SJS/TEN. No recommendation has been made by the US FDA for HLA-B\*58:01 screening. With the use of genotyping as a screening tool for certain drugs, we are able to predict and prevent severe DHS from occurring. The story of abacavir has provided a "translational roadmap" and highlights the many barriers involved in the process of identifying HLAassociated drug hypersensitivity and implementing clinical screening for specific HLA alleles. In order for HLA genotyping to be useful in the clinical setting, many fundamental criteria must be met. First, the drug should be widely used and have good efficacy, convenience, and tolerability. If there are alternatives with equal efficacy, it would be less useful to define an underlying HLA association rather than choosing an alternative and safer agent. Next, the drug toxicity should be prevalent in the treatment population and associated with significant morbidity, mortality, and/or healthcare costs. Another prerequisite for successful integration of HLA pharmacogenetic testing into routine clinical care is an HLA allele that is strongly associated with an ADR along with a high (ideally 100 %) negative predictive value. The number needed to test to prevent a given DHS disease significantly impacts the cost-effectiveness and feasibility of an HLA screening test, and is dependent on the prevalence of the DHS, the prevalence of the HLA allele in the population of interest, and the positive predictive value (PPV) of the HLA allele for that specific DHS. For instance, even though AHS and flucloxacillin DILI are both strongly associated with HLA-B\*57:01, only 30 individuals would need to be screened to prevent one case of AHS, whereas almost 14,000 patients would need to be screened for HLA-B\*57:01 to prevent a single case of flucloxacillin DILI, making the latter impractical as a screening strategy [83]. In addition, for widespread clinical translation to occur, the pharmacogenomic association must be established in a large population with a diverse genetic background. For example, the FDA currently recommends HLA-B\*15:02 testing only for Asians prior to initiation of carbamazepine therapy [84]. The ability to appropriately diagnose an ADR is another essential feature to the development of HLA screening for a particular drug. Imprecision in phenotyping or imprecise clinical classification may act as another barrier to pharmacogenomics discovery. AHS patch testing was a specific test that was useful to identify the extreme phenotype of true immunologically mediated AHS and overcome the problem of false positive clinical diagnosis [85–87]; however, sufficiently sensitive and specific tests to define a true DHS phenotype does not exist for most immunologically mediated drug reactions [88, 89].

An alert from the FDA was made in 2007 describing the increased risk of phenytoin- and fosphenytoin-associated SJS/ TEN in individuals that carry the HLA-B\*15:02 genotype; however, no formal recommendations have been made to implement screening prior to initiation of either drug. In a large, multicenter prospective study from Taiwan, 4,877 carbamazepine-naïve subjects were genotyped for HLA-B\*15:02 and those who tested positive were advised to not take carbamazepine. During the study, none of the HLA-B\*15:02 negative patients developed SJS/TEN, whereas approximately ten cases would have been predicted based on the incidence of SJS/TEN. Although cross-reactivity with other anticonvulsants was not determined in this clinical study, previous clinical and patch testing studies have suggested that clinical crossreactivity does exist between carbamazepine SJS/TEN and DIHS/DRESS and structurally related aromatic amine anticonvulsants [90]. It would be prudent to have HLA-B\*15:02-positive patients avoid phenytoin, fosphenytoin, oxcarbazepine, eslicarbazepine acetate, phenobarbital, and probably lamotrigine [91]. These studies have significantly improved care to those patients at risk; however, it is worth noting that not all carbamazepine-induced ADRs can be attributed to having the HLA-B\*15:02 allele and clinical monitoring is recommended for all patients prescribed this medication [42].

The development of cost-effective laboratory testing that is reproducible, available and user-friendly has been critical in the expansion of genotyping amongst patients prior to the initiation of abacavir and carbamazepine. Although high resolution sequence-based *HLA* typing is the gold standard methodology for determining an individual *HLA* genotype, the required expertise and expense largely limit this to research and organ transplantation centers. Most commercial laboratories have developed rapid and cost-effective assays using PCR-based tests. The development of an allele specific quality assurance program and rapid molecular techniques that translated into short turn-around-times and cost-effective testing was key to the widespread clinical translation and feasibility of HLA-B\*57:01 screening programs [92, 93]. Flow cytometric approaches using a B17 monoclonal antibody to detect any HLA-B\*57 or HLA-B\*58 allele prior to performing molecular testing has been proposed as a potentially cost-effective approach with a quick turn-around-time [94]. Identification of SNPs known to be in strong linkage disequilibrium with HLA-B\*57:01 such as HCP5 have been performed; however, studies have revealed high but less than 100 % linkage disequilibrium with HLA-B\*57:01, meaning that the latter is still the gold standard [95]. Rapid and cost-effective molecular techniques and laboratory approaches similar to those developed for HLA-B\*57:01 screening for AHS have now been developed for other alleles such as HLA-B\*15:02 HLA-B\*58:01 and HLA-A\*31:01 [43].

#### Additional Models for Drug Hypersensitivity

Viruses in the Human Herpesvirus (HHV) family (HHV-6/7, CMV, EBV) have more recently been shown to commonly reactivate during the course of DIHS/DRESS but not abacavir HSR or other SCARs [97]. In many cases, reactivation may occur 2-3 weeks following discontinuation of the implicated drug and symptoms replicate the original clinical manifestations such as fever, rash and/or hepatitis [97]. The altered peptide model has been pivotal to explain how drugs interact with the MHC to cause hypersensitivity and appears to be necessary, but not sufficient, in that it does not explain why a high proportion of patients carrying HLA risk alleles do not develop the reaction in question. For instance, while 55 % of HLA-B\*57:01-positive patients treated with abacavir develop AHS, only 1-3 % of HLA-B\*15:02-positive patients treated with carbamazepine develop SJS/TEN. Although the specific mechanism is not yet understood, memory T-cell responses to chronic persistent and prevalent viruses such as the HHV that cross-react with an endogenous peptide in certain individuals could explain why only a proportion of individuals carrying a specific risk HLA allele will develop a drug hypersensitivity syndrome.

# **Conclusions and Future Perspective**

In the future, many more HLA-associated drug hypersensitivity reactions will be elucidated using pharmacogenomics, providing the potential for screening tests prior to initiation of certain drug therapies. Current barriers to the widespread translation of many of these tests into clinical practice include the lack of 100 % negative predictive value, lack of generalizability across diverse populations, and an impractically high number needed to be tested to prevent one case of a given DHS. Fortunately, the provision of rapid, cost-effective and quality assured HLA allele-specific molecular techniques have meant that laboratory programs and technology are now less of a barrier to translation. Although few of these pharmacogenomic discoveries will feasibly translate into routine clinical practice, further research into the immunogenetics and immunopathogenesis of DHS will improve our understanding of the molecular interactions between drugs and HLA molecules. The abacavir story has created a roadmap for the identification of these reactions and implementation of screening into clinical practice. Further work on abacavir has now provided a new immunopathogenetic model for how many drugs may non-covalently interact with the MHC to elicit an altered peptide repertoire and culminate in a DHS phenotype. In the future, increasing insights into the interactions between drugs and the MHC will be key to designing strategies to predict severe reactions before their use in man and to inform drug design to improve drug safety.

## **Compliance with Ethics Guidelines**

**Conflict of Interest** Elizabeth Phillips has served on boards for Merck International Pty, Merck Pty Ltd., Tibotec Pty. Ltd, and ViiV Australia; has received honoraria from ViiV Australia; is a co-director in III Pty Ltd., which holds a patent for *HLA-B\*57:01*; has received royalties from UpToDate; has received payment for development of educational presentations (including service on speakers bureaus) from Merck Pty Ltd. and ViiV Australia; and has had travel/accommodations expenses covered/ reimbursed by Gilead Australia.

Eric Karlin declares that he has no conflict of interest.

Human and Animal Rights and Informed Consent This article does not contain any studies with human or animal subjects performed by any of the authors.

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