## **ORIGINAL ARTICLE**



# **Optimization conditions for cryopreservation of** *Nelumbo nucifera* **Gaertn., aquatic plant**

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## **Abstract**

This study was conducted to find the optimal cryopreservation conditions for efficiently preserving the genetic resources of the aquatic plant lotus (*Nelumbo nucifera* Gaertn). The seed viability difered depending on the type of vitrifcation treatment agent, and the longer the PVS2 treatment time, the lower the viability. Among the treatments, T1 (2M glycerol) and T7 (Loading solution + PVS2) were the treatments that showed viability rates similar to those of the control (92.1 $\pm$ 5.95%). When the seeds were stored for 12 weeks, the viability rate of the control dropped to 0%, but the treatments T1 and T7 were maintained unchanged. The change in the germination rate of seeds according to the storage period, the control was 0% after 4 weeks. In the case of the treatments, T1 showed a high germination rate in the 1 day  $(86.67 \pm 6.67\%)$ , but after 12 weeks, a lower germination rate (54.67 $\pm$ 5.58%). On the other hand, T7 had a slightly lower initial germination rate of 73.33%, but it was maintained even after a prolonged storage period. The shoot growth of the cryopreserved sprouted seedlings was lower than that of the control, and there was no morphological diference, as T7 was the best among the treatments. As a result of RAPD analysis using seedling primers, no genetic variation was found. The above results are expected to be widely used not only for treatment but also for the conservation of genetic resources of other aquatic plants.

**Keywords** *Nelumbo nucifera* Gaertn · Cryopreservation · Vitrifcation · Viability · Germination · RAPD

## **Abbreviations**



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# **Introduction**

For the efficient use of genetic resources, processes such as seed preservation or the development of propagation technology are required. In particular, the long-term preservation of genetic resources is essential. Traditional genetic resource conservation methods need a lot of land, labor, and management cost, and the preserved plants are exposed to environmental stress and the threat of pests (Barrientos-Priego et al. [1992](#page-9-0)). Also, the viability of seeds is determined by various factors such as storage method and drying (Seaton and Hailes [1989;](#page-10-0) Pritchard et al. [1999](#page-10-1)). These traditional methods have the disadvantage that they take a lot of time and effort, and, crucially, they cannot be preserved for a long time. To overcome these shortcomings, we are developing

a method of preserving genetic resources in liquid nitrogen (LN, − 196 °C). Moreover, experiments are underway to extend the storage period using various species worldwide (Rajametov et al. [2014](#page-10-2)).

Many advanced countries have developed long-term storage techniques using plant tissues such as plant vegetative organs and seeds without any damage using liquid nitrogen (Ahn and Sakai [1994](#page-9-1); Niino et al. [1992;](#page-10-3) Sakai and Kobayashi [1990](#page-10-4); Stanwood and Bass [1981](#page-10-5); Choi et al. [2000](#page-9-2)). The cryopreservation method stops the metabolic process and can be stored semi-permanently, minimizes human and material resources, and can eliminate the risk of genetic variation or disease or pests **(**Panis [2008](#page-10-6); Kaviani [2011](#page-10-7); Engelmann [2004](#page-9-3), [2012;](#page-9-4) Benson [2008\)](#page-9-5).

Cryopreservation methods are classifed into vitrifcation, encapsulation, and droplet-vitrifcation methods (Sakai et al. [1990;](#page-10-8) Gonzalez-Arnao and Engelmann [2006;](#page-10-9) Pawlowska and Szewczyk-Taranek [2014;](#page-10-10) Zamecnik et al. [2021](#page-10-11)). Among them, the most commonly used vitrifcation method is freezing after treatment with a cryoprotectant, which is most commonly used because it is simple and inexpensive (Galdiano et al. [2012](#page-9-6)).

Aquatic plants typically grow in water or live underwater during one of their life cycles, even when they come out of the water. Around 1% (25,000 species) of angiosperm and 2% (200 species) of ferns are known as aquatic plants worldwide (Chamber et al. [2008\)](#page-9-7). In Korea, there are about 200 species, such as Quillworts (*Isoetes japonica* A. Braun), Prickly water lily (*Euryale ferox* Salisb.), and Watershield (*Brasenia schreberi* J.F.Gmel.). It is in extreme extinction due to the reclamation and development of habitats, a transformation of rivers or wetlands, and the infow of various pollutants into the aquatic ecosystem. However, no conservation and restoration measures have been taken (Phillips et al. [2016](#page-10-12)). Although it is possible to apply research or technology of terrestrial plants to aquatic plants, they have diferent ecological characteristics than terrestrial plants. Therefore, developing unique conservation and restoration technology unique to aquatic plants must be a very urgent task that cannot be postponed any longer.

The lotus (*Nelumbo nucifera* Gaertn.) is one of the most beautiful ornamental aquatic native species endowed with unique biological and nutritional properties. The seeds of this species are long-lived plants. Lotus is an important model system for investigating longevity. In addition, the lotus fower is rich in nutrients and has high medicinal value and is of scientifc interest in various aspects such as genome sequencing (Gowthami et al. [2021](#page-10-13)).

Few studies on the cryopreservation of aquatic plants, especially the cryopreservation of seeds. Kim and Oh ([2009\)](#page-10-14) reported a regenerative growth rate of 28.3% by cryopreserving a cell suspension cultured with embryonic cells of *Ranunculus kazusensis*, an aquatic plant. However, there was no report on plant regeneration after cryopreservation.

The application of the cryopreservation method of plants is not active because the sensitivity of plant tissues and cells to cryogenic temperatures is diverse. Therefore, it is essential to set conditions suitable for the characteristics of each plant species. First, can cryopreserve aquatic plants with very diferent characteristics from terrestrial plant? Second, is the cryopreservation method suitable for the cryopreservation of aquatic plants suitable for the vitrifcation method, which is widely used for the cryopreservation of terrestrial plants? Third, is it possible to obtain germinated plants from cryopreserved seeds? Fourth, it is necessary to investigate whether their morphology and genetic variation will occur. Therefore, this study investigated the germination efficiency of aquatic plant, *Nelumbo nucifera* Gaertn. seeds under cryogenic temperature optimum conditions and cryopreserved seeds and the growth and genetic variation of germinated plants.

# **Materials and methods**

## **Plant material**

Lotus (*Nelumbo nucifera* Gaertn) seeds were obtained in the plant seed conservation laboratory at the Korea National Arboretum (Fig. [1\)](#page-2-0). Seeds were stored in a refrigerator at 4 ℃ with a humidity of 80% or more until use for experiments. The lotus seeds and plant identifcation used in the experiment were identifed by Hyunsik Moon, a professor at the Department of Forest Environment and Resources, Gyeongsang National University, who majored in plant taxonomy and used them in the experiment. In addition, the seeds and plants were prepared as voucher specimens and stored in the specimen room of the Department of Environment and Forestry Science, Gyeongsang National University.

The surface of the seed was sterilized by immersion in ethanol 70% for 1 min and sodium hypochlorite 1.0% for 1 min. The seeds were rinsed three times with distilled water and used in the study.

#### **Experimental design—loading and vitrifcation**

Sterilized seeds were treated with loading solution (LS) (Table [1](#page-2-1)). LS contains 2M glycerol and 0.4M sucrose; glycerol and sucrose were used alone or in combination. LS was incubated at 25 °C for 20 min.

Afterward, the seeds were treated with various plant vitrifcation solutions (Table [1](#page-2-1)). Seeds treated in LS solution were treated with Plant vitrifcation solution 2 (PVS2)  $(30\% \text{ w/v glycerol} + 15\% \text{ w/v ethylene glycol} + 15\% \text{ w/v}$  <span id="page-2-1"></span><span id="page-2-0"></span>**Table 1 List** treatments



**Fig. 1** Plants and seeds *N. nucifera*, and viability of cryopreserved seeds. **A** lotus fower, **B** lotus seed in this study, **C** viability of cryopreserved seeds by TTC method (left: non-viable seeds, right: viable seeds)



*C* control, *T* treatment, *PVS2* plant vitrifcation solution 2, *LN* liquid nitrogen

a Treatments (T4, T8, and T12) were treated with only PVS2 (30% glycerol+15% ethylene glycol+15% DMSO+0.4 M sucrose) without loading solution

dimethyl sulfoxide  $(DMSO) + 13.7%$  w/v sucrose) at different temperatures and treatment times. The treatment time of the vitrifcation solution was 10–30 min at 0 °C. However, T4 (PVS2 10 min at °C), T8 (PVS2 20 min at 0 °C), and T12 (PVS2 30 min at 0 °C) The vitrifcation treatment was not performed in each treatments, and the cryopreservation efficiency according to the loading and vitrifcation treatment was analyzed using 30 seeds in each treatments.

In this study, 15 treatments were designed based on these combinations, and the viability of seeds according to these treatments or treatment time was investigated. C1 was stored at room temperature without treatment, and C2 was stored in liquid nitrogen without treatment. T1 and T2 are glycerol and sucrose alone, and T3 is LS treated at 25 °C for 20 min. T4 was treated with PVS2 alone for 10 min at 0 °C without loading solution treatment, and T5-T7 was pretreated with glycerol and sucrose alone or LS at 25 °C for 20 min and then treated with PVS2 solution at 0 °C for 10 min. T8 was treated with PVS2 at 0 °C for 20 min without loading solution treatment, and T9-T11 was treated with glycerol and sucrose as a single solution or LS at 25 °C for 20 min. Then PVS2 solution was treated at  $0^{\circ}$ C for 20 min. T12 was treated with PVS2 at 0 °C for 30 min without loading solution treatment. In T13-T15, a single solution of glycerol and sucrose or LS at 25 °C for 30 min and then treated with PVS2 at 0 °C for 30 min. PVS2 refers to MS (Murashige and Skoog [1962](#page-10-15)) medium containing 0.4 M sucrose with 30% glycerol, 15% DMSO and 15% ethylene glycol. Seeds were put into the 15 treatments mentioned above, and 0, 10, 20, 30 min treatments were repeated 5 times each.

## **Cryopreservation in liquid nitrogen**

The vitrifed seeds were immersed in liquid nitrogen. In order to investigate the viability of the seeds according to the storage time of liquid nitrogen, they were stored in liquid nitrogen for 1 day up to 12 weeks.

For treated seeds, the T1 and T7 treatments, which had the highest viability among the 15 treatments, were used to investigate the seed viability by preservation period. The seeds were placed in a cryovial containing T1 and T7 treatments and stored in liquid nitrogen for 1 day up to 12 weeks. Each vial was taken out from liquid nitrogen, thawed, and the viability of the seeds was investigated by the TTC (2,3,5-triphenyltetrazolium chloride) (Cottrell [1947](#page-9-8)) method.

#### **Thawing of cryopreserved seeds**

The frozen vial stored in LN was removed and quickly rewarmed in a 40° C water bath for 1 min. Again, the cryoprotectant was removed and treated with an unloading solution (unLS, MS medium with 1.2M sucrose) for 10 min. After removing the unLS, it was placed on the medium. The seeds we are then measured for viability, germination and fresh weight. Seed viability was measured using the TTC method.

#### **Measurement of seed viability**

The viability of seeds was carried out by Triphenyl tetrazolium chloride (TTC) method (Cottrell [1947](#page-9-8)). Seeds were incubated in 1% TTC solution for 1 day at  $37 \pm 2$  °C in the dark. The number of zygotic embryos stained by TTC was counted, and the percentage of TTC-stained seeds represented the survival rate.

Seed viability was measured by the Triphenyl tetrazolium chloride (TTC) method (Cottrell [1947](#page-9-8)). Thirty seeds were incubated in a 1% TTC solution for 1 day at  $37 \pm 2$  °C in the dark. The seeds were cut using a scalpel, and the number of TTC-stained zygotic embryos was counted. The viability rate of seeds represented the ratio of seeds stained with TTC among the number of seeds used for analysis. The experiment was repeated 3 times.

#### **Germination of cryopreserved seeds**

Germination of cryopreserved seeds was performed on seeds of treatments with excellent vigor (T1 and T7), treatments with poor vigor (T15), and seeds of control (C1 and C2). Seed viability was high in T3 and T4 treatments, but seed germination was not achieved afterward.

Cryopreservation solutions were removed from cryovials with a sterile disposable transfer pipette under a laminar flow hood. Seeds were rinsed with MS medium with 1.2M sucrose (pH 5.7) for 15 min, transferred to Petri dishes containing MS medium with 30 g sucrose (pH 5.7), solidifed with 7.0 g/l agar and incubated under controlled environmental conditions (25 ± 2 °C; 60 mmol m<sup>-2</sup>S<sup>-1</sup>; 16 light/8 dark hours).

Germination rates were calculated according to the Asso-ciation of Official Seed Analysts Handbook (AOSA [1983](#page-9-9)). The number of germinated seeds was counted after culturing 30 ultra-low temperature preserved seeds from 4 to 12 weeks in a germination medium. The germination rate of seeds was expressed as the ratio of germinated seeds to total seeds. The experiment was repeated 3 times.

Germination percentage (GP)

 $=$  (Germination seed/Total seeds)  $\times 100$ 

#### **Growth of germinated plants**

The germinated plants were transferred to a 100 ml Erlenmeyer flask containing 1/2MS liquid medium without growth regulators to induce growth. The fresh weight of the plants was measured after 4 weeks.

## **Genetic variation analysis of germinated plants**

Seedlings (C1, C2, T1, T7, and T15) 3 months after germination were used to test for genetic mutations through RAPD marker analysis. For the samples used in the analysis, plants germinated in vitro were induced to shoot multiplication, and then three individuals of the same clone were randomly selected and used for genetic mutation analysis. Cultures were incubated at  $25 \pm 2$  °C for a 16-h photoperiod under a fluorescent light of 150 µmol m<sup>-2</sup> s<sup>-1</sup>. Explants were subcultured once every 3 weeks.

Genomic DNA from regenerants was extracted from 0.5 g leaf tissue of 2-month-old plants of each treatment with the CTAB method (Doyle and Doyle [1987\)](#page-9-10). DNA content was measured from UV–Vis Spectrometer (Libra S22, Biochrome, England) at 260 and 280 nm. Purifed DNA was stored at−20 °C until further use.

For the primers used in this study, the best primers showing polymorphism in germinated plants were selected and used through previous studies. The selected primers were N-8013 (GTTTCGCTCC) and N-8017 (TGCTCTGCCC) (Bioneer, South Korea). The reaction mixture (20 µl) contained 100 ng DNA template,  $2 \mu M$  of primer, AccuPower<sup>®</sup> PCR premix (Bioneer, South Korea) including 1U top DNA polymerase,  $250 \mu M$  dNTPs, 1.5 mM MgCl<sub>2</sub>. The amplification was done using a thermocycler (Multigene, Labnet, USA). The cycle was comprised of an initial step at 94 °C for 3 min, 37 °C for 1 min and 72 °C for 2 min, followed by 36 cycles of 55 s at 94 °C, 55 s at 37 °C and 100 s at 72 °C, along with a fnal extension step of 10 min at 72 °C. Reaction products were separated on a 1.0% agarose gel using 1 × TAE buffer containing NEOgreen (Kangsan, South Korea). Sizes of the amplifcation products were determined using a 100 bp plus DNA ladder (Bioneer, South Korea) at 100 V for 17 min and visualized under UV light for photography and image capture.

#### **Data analysis**

A one-way ANOVA model was used to compare the seed viability, germination, regeneration rate of treated seed, and plant growth factors. Duncan's multiple range test was employed to assess the signifcance of diferences among variants. Before all analyses, normal distribution was

verifed with the Shapiro–Wilk test. The data are given as means with standard errors of the mean  $(\pm SE)$ . The values indicate statistical significance ( $p < 0.05$ ). Statistical analyses were conducted in SPSS software 27.0 (SPSS Inc., Chicago, IL, USA). All experiments were repeated 5 times.

## **Results**

#### **Seed viability according to treatment**

The viability of *N. nucifera* seeds following vitrifcation was investigated using the TTC method. The viability of treated seeds difered for each vitrifcation treatment method (Fig. [1\)](#page-2-0). Among the seeds preserved at the cryopreservation temperature, viable seeds were dyed red, and seeds that were not were dyed red.

The seed viability difered depending on the type of vitrifcation treatment agent (Fig. [2](#page-4-0)). When seeds were treated at 25 °C for 20 min, viability was maintained regardless of whether sucrose and glycerol were treated alone or in combination`

When the PVS2 treatment was performed after the LS treatment of the seeds, the change in seed vigor was observed according to the treatment time. When treated with PVS2 for 10 min, the viability was maintained when compared to the LS-treated compartment, but when treated



<span id="page-4-0"></span>**Fig. 2** The seed viability of *N. nucifera* seeds according to vitrifcation treatment. C1:Without cryoprotectant; without immersion in LN, C2:Without cryoprotectant, T1:G 2M, T2:S 0.4M, T3:G 2M+S 0.4M, T4:PVS2, T5:G 2M+PVS2, T6:S 0.4M+PVS2, T7:G 2M+S 0.4M+PVS2, T8:PVS2, T9:G 2M+PVS2, T10:S 0.4M+PVS2, T11:G 2M+S 0.4M+PVS2, T12:PVS2, T13:G 2M+PVS2, T14:S

0.4M+PVS2, T15:G 2M+S 0.4M+PVS2. The treatment time of each treatments is diferent and is shown in Table [1.](#page-2-1) Means denoted by a diferent letter indicate signifcant diferences between treatments  $(p<0.05)$ . All treatments were used 50 seeds and repeated 5 times

for more than 20 min, the viability of the seeds decreased sharply to around 50%, indicating that the treatment time should be short.

The treatments with the highest seed viability were T1  $(0.2 \text{ M}$  glycerol) and T7  $(LS+PVS2 \text{ treat } 10 \text{ min})$ . On the other hand,  $T15$  ( $LS + PVS2$  treat 30 min) had the lowest viability of seeds, followed by T12 (PVS2 treat 30 min) and T13 (2 M glycerol+PVS2 treat 30 min).

## **Seed viability by cryopreservation period**

Treated seeds showed diferent viability depending on the cryopreservation period (Table [2](#page-5-0)). In the case of seeds stored at room temperature without treatment, a rapid decrease in viability occurred after one week, and there was no viability after 4 weeks. C2 treated without adding cryoprotectant showed a rapid decrease in viability from 1 week after treatment, and no viable seeds were observed after 4 weeks. T1, which was treated with 0.2M glycerol, showed no difference in viability between 1 and 12 weeks. The T7 treatment added with 2M glycerol, 0.4M sucrose and PVS2 also showed no signifcant diference in viability between 1 and 12 weeks. Treatments with high seed vigor were C1, T1, T3, T4, and T7.

# **Germination rate of seeds cryopreserved in liquid nitrogen**

The germination rate of cryopreserved seeds difered for each treatment (Table [3](#page-5-1)). The regeneration rate of C1 without liquid nitrogen treatment was the highest. Among the vitrifcation treatments, the treatment with the highest germination rate was T1, which was 86.7%. The treatment with the lowest germination rate was the T15 treatment, which was very low at 13.3%. C2 treatment without cryoprotectant treatment showed 53.3% after 1 day of treatment, 6.7% after 4 weeks, and no germination after that. The treatments in T1 and T7 showed a high germination rate for 12 weeks than C2. Statistical analysis showed no diference in germination rates at 1-day and 12 weeks storage periods. However, T3 and T4, which had good seed vigor, did not germinate.

## **Plant growth after cryopreserved seed germination**

The growth of cryopreserved seed germinating plants differed depending on the vitrification method (Table [4](#page-6-0); Fig. [3](#page-6-1)). The treatments with the best shoot growth were the control C1 and C2. Among the vitrification treatments, T7 was the best, followed by T15. T1 treatment had the lowest growth among the treatments. The number of stems was also the highest in the control C2 and C1,



\*The Viability (%) of seeds showed the ratio of seeds stained with TTC among 30 seeds \*\*Diferent letters in each column indicate signifcant diferences according to Duncan's multiple range test  $(p=0.05)$ 



\*The germination rate was expressed as the percentage of germinated seeds among 30 cryopreserved seeds \*\*Diferent letters in each column indicate signifcant diferences according to Duncan's multiple range test  $(p=0.05)$ 

<span id="page-5-0"></span>**Table 2** The viability of treatment seeds by cryopreservation period

<span id="page-5-1"></span>**Table 3** Germination rate of treated seeds by cryopreservation period <span id="page-6-0"></span>**Table 4** Plant growth after germination of cryopreserved seeds



\*Plants growth was investigated after 4 weeks later. All treatments were used 50 seeds and repeated 3 times



<span id="page-6-1"></span>**Fig. 3** 4-week-old plants germinated by culturing in MS medium after cryopreservation in liquid nitrogen

and among the treatments, T1 produced the most shoots, but there was no difference between the treatments. On the other hand, root growth also showed differences between treatments. Among the treatments, the treatment with the best root growth was the T1 treatment, and the other treatments were similar. The number of roots was the highest at T7 and T15.

The appearance of germinated plants did not show a significant difference between the control and treatments. Unlike the other treatments, C2 had yellow buds and did not develop well even with the naked eye (Fig. [3](#page-6-1)).

#### **Genetic variation analysis of regenerated plants**

Genetic variation of plants germinated from cryopreserved seeds was investigated using two RAPD primers (N-8013 and N-8017) (Fig. [4\)](#page-7-0). All regenerated plants (C1, C2, T1, T7, and T15) showed RAPD polymorphisms per primer. DNA amplification products ranging from 500 to 3000 bp were observed. Band sizes using N8013 ranged from 100 to 3000, and band sizes using 8017 ranged from 100 to 2000. Plants germinated from cryopreserved seeds showed no difference in DNA polymorphism for each primer.

## **Discussion**

After cryopreservation of lotus, an aquatic plant, seeds' viability, germination and further growth were investigated. For cryopreservation of plant tissues, encapsulation and vitrifcation are most commonly used (Sakai and Engelmann [2007\)](#page-10-16).

Seed viability showed a signifcant diference according to the cryopreservation method. Pretreatment with a loading solution such as sugar has been shown to help signifcantly maintain seed viability. Several previous studies have reported that sucrose pretreatment increases seed and plant viability during cryoprotection (Matsumoto et al. [1994;](#page-10-17) Kuranuki and Sakai [1995](#page-10-18)). However, in the results of this study, the glycerol pretreatments showed a high



<span id="page-7-0"></span>**Fig. 4** RAPD banding profles of *N. nucifera* generated from control and cryopreserved seeds using diferent primers; **A** N8013; **B** N8017. Molecular weight marker (Ladder 100 bp plus). In each treatment

except C1 and C2, none-cryopreservation treatment (LN−) is left, and cryopreservation treatment (LN+) is right

survival rate similar to that of the untreatments. Glycerol has often been used as a cryoprotectant during preculture of excised meristems and freezing of plant material (Reed and Hummer [1995\)](#page-10-19). Glycerol is a polar molecule frst used for mouse embryo cryopreservation and is freely miscible with water and simple alcohols (Sillanpää and Ncibi [2017](#page-10-20)). It is believed that glycerol increases the survival rate of seeds because it has a low ability to penetrate the membrane, so it is less toxic and less likely to cause osmotic shock.

In addition, the mixed treatment of glycerol and sucrose also increased the viability of the seeds. Water-soluble sugars act as osmotic agents and nutrients and interact with the lipid layer to protect plant cells from damage caused by cold stress (Seijo [2000](#page-10-21)). In addition to these functions, it also serves as an important messenger that transmits metabolic signals. Mixed pretreatment of glycerol and sucrose is considered a signifcant factor in maintaining the viability of lotus seeds in cryogenic preservation of lotus seeds.

One of the keys to successful cryopreservation is optimizing the dehydration process of the cryoprotection solution to prevent damage from chemical toxicity or osmotic shock. That is, to increase the efficiency of cryopreservation, selecting an appropriate vitrifcation solution and dehydration time is very important (Ferrari et al. [2016](#page-9-11)). It is generally known that plant germplasm's viability depends on the vitrifcation solution's treatment time. In this study, as PVS2 treatment time increased, seed viability tended to decrease. Uchendu et al. ([2014](#page-10-22)) also reported that cryopreservation of St John's wort and tobacco showed optimal growth when exposed to PVS2 for 20 min. Additionally, PVS2 exposure times of 10–25 min at 25 °C have been reported to be optimal for several herbaceous plants (Matsumoto et al. [1994\)](#page-10-17).

It was found that the order of pretreatment using the loading solution and the treatment time of the vitrifcation solution were complexly important for the cryopreservation of lotus fowers. In this study, the vitrifcation treatment time and the pretreatment time of glycerol and sucrose were signifcant. Even after 3 months of cryopreservation, the germination rate was maintained above 60.0%.

Vitrifcation is closely involved in cell dehydration (Kim et al. [2006](#page-10-23)). In particular, dehydration by vitrifcation is considered particularly important in the cryopreservation of lotus, an aquatic plant. Tissues must be dehydrated before cryopreservation because, below freezing, intracellular moisture forms ice crystals, ruptures cells, and causes loss of viability (Mazur [1984\)](#page-10-24). Cell dehydration is performed with a strong cryoprotection solution and air drying. Most freezable cell sap is removed from the cells and becomes aqueous vitrifcation. Therefore, it is necessary to select an appropriate cryoprotectant.

The cryopreservation treatements showed a lower germination rate than the control. This may be due to damage to plant cells by toxic substances and excessive osmotic pressure of cryoprotectants (Niino et al. [1992\)](#page-10-3). Therefore, optimal cryoprotectant and treatment time will be required to minimize cryogenic seed damage. Although many studies have investigated the cryoprotectant and treatment time, it is still necessary to investigate a treatment method with a sizeable freezing effect without significantly affecting plants.

Seedlings germinated through cryopreservation grew healthy but showed growth inhibition compared to control plants. Cryopreserved tissues report reduced growth. Ber-jak and Pammenter ([2010\)](#page-9-12) also reported that ultracold-preserved Amaryllis belladonna reduced seed germination and reduced biomass in subsequent plants. Plants germinating

from cryopreserved seeds exhibited lower  $CO<sub>2</sub>$  assimilation and stomatal density, abnormal root growth, photosynthetic apparatus damage, and less efficient leaf water potential than control seedlings. However, Villalobos et al. ([2019\)](#page-10-25) reported no effect on the growth of cryopreserved sorghum seeds. Growth inhibition of cryopreserved tissue is diferent for each plant species. However, further research on this is required.

Morphological and genetic changes were not observed in lotus plants germinated after cryopreservation. The band patterns of lotus fowers regenerated using all primers were identical to those of other in vitro seedlings.

Cryopreservation has become an important tool for longterm germplasm storage without genetic modifcation, using laboratory materials with unique properties and minimizing space and maintenance requirements (Sakai [1997\)](#page-10-26). However, improper cryopreservation techniques can cause genetic changes in regenerated shoots (Harding and Staines [2001](#page-10-27)). Plant gene mutations can sometimes occur when plants are stressed (Engelmann [2011\)](#page-9-13). Many scientists have focused on preventing genetic changes in cryopreserved and regenerated plant tissue (Skyba et al. [2010;](#page-10-28) Vasanth and Vivier [2011](#page-10-29)). In general, it is known that seeds preserved by cryopreservation are less likely to undergo genetic mutation and can be maintained in better physiological conditions (Stanwood [1980](#page-10-30)). In particular, it has been reported that the vitrifcation solution used to increase cryopreservation efficiency does not cause structural changes in DNA (Channuntapipat et al. [2003](#page-9-14)).

However, many studies have reported genetic variations. The genetic stability of regenerated plants was assessed using morphological, biochemical and molecular assays (Matsumoto [2017](#page-10-31)). The RAPD assay in this study has the advantage of being relatively simple and fast and allowing random screening of large portions of the genome. However, it is sometimes questioned due to its lack of reproducibility, but it is very widely used for genetic stability analysis of tissue culture-derived plants. (Martín et al. [2015](#page-10-32); Mandal et al. [2008](#page-10-33); Kulus et al. [2019\)](#page-10-34). Genetic diversity was tested using the RAPD method in this study, and there was no diference from the control plants. However, molecular-level studies



<span id="page-8-0"></span>**Fig. 5** Overall diagram for cryopreservation of *N. nucifera*. *LS* loading solution, *LN* liquid nitrogen, *unLS* unloading solution

such as more precise markers and sequencing will be needed to identify more specifc genetic variants.

Optimal conditions for cryopreservation of *N. nucifera* using the vitrifcation method were summarized (Fig. [5](#page-8-0)). Lotus seeds were immersed in the loading solution for 20 min before antifreeze treatment and treated for 20 min in PVS2. The seeds were then placed in nitrogen liquid (− 196 °C) for various storage times. Up to 12 weeks, the germination rate was maintained at more than 90%. After thawing at 36–39 °C, the seeds were treated in unLS for 10 min and cultured in MS medium.

# **Conclusions**

The lotus is an ethnic-aquatic plant species with unique biological and nutritional properties. Despite the importance of resources, research on the cryopreservation of aquatic plant seeds is still insufficient. This study established optimal conditions for seed viability, germination, and growth and genetic mutation tests at cryogenic temperatures. This study is judged to have obtained results that prove all of the research hypotheses mentioned above. First, it was found that the cryopreservation of lotus seeds, which are aquatic plants, was not diferent from that of terrestrial plants. Even cryopreservation of aquatic plants can be pretreated with loading solution followed by appropriate treatment with PVS2 solution followed by cryopreservation. Second, the cryopreservation of terrestrial plants was efective when cryopreserved by the vitrifcation method using a PVS2 solution. Third, germinated plants were obtained from cryopreserved seeds. Fourth, plants germinated from cryopreserved seeds did not have morphological and genetic variations, so cryopreservation efectively preserved the germplasm of aquatic plants, including lotus for a long period. However, additional research is needed to determine whether the cause of the rapid decrease in the germination rate of lotus seeds following cryogenic storage is due to physiological changes such as accumulation of germination inhibitors or secondary dormancy. In addition, because the freeze-preservation period is too short, long-term preservation studies and studies on the relationship between seed vigor and germination rate and genetic variation by long-term monitoring are needed. However, this study is expected to be widely used for cryopreserved aquatic plants and other wild genetic resources.

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#### **Declarations**

**Conflict of interest** The authors declare that the research was conducted in the absence of any commercial or fnancial relationships that could be construed as a potential confict of interest.

**Ethics approval and consent to participate** Not applicable.

**Consent for publication** Not applicable.

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