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# A Surface Plasmon Resonance Optical Fibre Sensor for Testing Detergent Cleaning Efficiency

Maria Patitsa<sup>1</sup> · Helge Pfeiffer<sup>1</sup> · Martine Wevers<sup>1</sup>

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Abstract The objective of this paper is to report a feasibility study on the use of optical fibre and surface plasmon resonance (SPR) for determining detergent efficiency. The concept presented comprises a miniaturised dip-sensor for enabling automated on-line testing. In this way, the effect of formulation, concentration and temperature on the cleaning behavior of various surfactants and commercial cleaners is investigated. For this purpose, the decladded core of an optical fibre was sputtered with gold and afterwards coated with defined layers of stearic acid or animal fat to obtain a kind of model soil. The deposition of stearic acid was performed using a Langmuir–Blodgett through, and the sensor followed on-line the deposition of the respective monolayers by UV/VIS spectroscopy, appearing as a distinct and constant shift in wavelength. Moreover, functional coatings were applied above the gold layer to achieve a variation of the hydrophilicity of the sensor surface. The SPR sensor proved to be easy to use, accurate and flexible. It offers a new solution that could replace the existing methods for detergency sensing and with a customised design it could be a useful industry tool since the small size of the dip sensor promises massive testing. The experiment also showed that functionalising the sensing zone could act as a way to mimic the potential substrates for cleaning.

 $\boxtimes$  Maria Patitsa mpatitsa@bioacademy.gr

Department of Materials Engineering (MTM), Group of Material Performance and Non-destructive Testing, KU Leuven, Kasteelpark Arenberg 44 Bus 2450, 3001 Louvain, Belgium

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# Introduction

Surfactants play a major role in the cleaning industry and a proper validation of the performance of final products is essential. To test the detergent efficiency, i.e. the cleaning power of detergents, a number of testing methods are already available. The methods that are found in the literature have deficiencies which will be mentioned below. One way is the visual comparison of samples by providing rating parameters [\[1](#page-8-0)]. The evaluation is based on the human factor and this makes the method unreliable. The chemical analysis of the remaining water after cleaning is a time-consuming method that requires bulky samples. A colourimetric method based on CIELAB has also been applied for evaluating detergents while comparing the colour differences [[2\]](#page-8-0). This technique gives imprecise estimations and has high equipment costs [\[3](#page-8-0)]. The accuracy issues arise at each conversion because a standard colour encoding needs multiple colour transforms. Interfacial tension and contact angle measurements have been used for determining the cleaning efficiency, proposing an indirect method for testing that is not sensitive to the washing time and other washing parameters [[4\]](#page-8-0). By using fluorescence measurements the detergency of surfactants has been evaluated quantitatively for actual plant operation [\[5](#page-8-0)]. Additionally, another method used surface reflectance for evaluating soiled multifibre fabrics for textile detergency [\[6](#page-8-0)]. The lack of sensitivity of these spectroscopic methods results from their inability to distinguish between fluorescent whitening agents and other fluorescent compounds.

Moreover the method cannot be used for low concentrations. Also its high cost and the complex training for operators make the method unfavourable. Gas chromatography has also been proposed [[7\]](#page-8-0). The main disadvantages of this destructive method is that the experiment cannot be followed on-line and moreover only a limited number of washing parameters can be tested. The use of hazardous solvents increases the risk for the user, the instrument cost is high, and the time-consuming sample preparation makes it inefficient.

The existing methods for testing detergent efficiency have major disadvantages that make them time-consuming and inaccurate. They are partially limited to small sample quantities and washing parameters, and furthermore they are unable to follow an on-line cleaning process. In the literature, the need for the development of a precise system for evaluation of cleaning process for a routine operation is underlined [[8\]](#page-8-0).

There has been pioneering studies on the use of surface plasmon resonance as a tool to determine the interactions of lipid layers with detergents [\[9–11\]](#page-8-0). The gradual removal of that kind of ''model-dirt'' was clearly visible as a shift of the resonance wavelength. For performing the tests, the layer was deposited on the prism of a commercial Biacore instruments (Kretschman configuration). The resonance wavelength was determined using monochromatic light as a function of the incidence angle of the incident beam. The great potential of SPR could thus already be proven in the field of detergency. The SPR platform proposed combines surface chemistry and detergency [[12\]](#page-8-0). However, the set-up used in the above-mentioned studies uses a fixed prism and this might limit the automated and/or flexible measuring regime. A solution to this problem is provided by using of optical fibre sensing technology whereby the ''incident angle scanning'' of monochromatic beams is replaced by using monochromatic light propagating in a multimode fibre.

Sensor designs based on optics and photonics have undergone extensive research during the last two decades [\[13–16](#page-8-0)] due to the wide variety of optical phenomena that one can develop as sensing mechanisms. Unlike the typical communication fibres, which act as passive media for signals, the purpose of a sensing fibre sensor is to generate sensitive responses to a range of chemical and physical changes that occur in the surrounding of the fibre. Among many important advantages, optical fibres have the benefit of being simple and having high flexibility in design. They are preferred due to their light weight, small size, resistance to electromagnetic interference, high sensitivity, easy miniaturisation and cost effectiveness [\[17](#page-8-0)]. New alternative fields for standard optical sensing technologies provide better performance than the existing available methods and have the potential for novel innovative devices [\[18](#page-8-0)].

SPR optical fiber sensor presents high level of miniaturisation of SPR devices. They were firstly introduced by Jorgenson and Yee [[19\]](#page-8-0) and there is extensive literature based on their applications [\[20](#page-8-0)].

## Experimental Procedures

### Materials

For the Langmuir–Blodgett (LB) deposition, stearic acid (Grade 1, purity 99 %) chloroform (spectrophotometric grade 99.8 %), cadmium chloride (CdCl2 AR grade 99.5 %) and sodium bicarbonate (Na<sub>2</sub>HCO<sub>3</sub>  $\geq$ 99.5 %) were purchased from Sigma–Aldrich. Ultra-pure water (18.3  $\text{M}\Omega$  cm resistivity) was used as the subphase. It was obtained from a Milli-Q purification system (Millipore-Synergy UV). Both systems were provided by Sigma– Aldrich. Sodium dodecyl sulfate (SDS) and Triton X-100  $[C_{14}H22O(C_2H_4O)_n]$  were the compounds used as cleaning products and they were obtained from Sigma–Aldrich. The animal fat and the two dish cleaning products: A ('Dreft' for professional use produced by Procter & Gamble) and B ('Everyday' produced by Colruyt group) were obtained from commercial sources. It has to be mentioned that the composition is not known and reverse engineering was not performed.

#### Sensor Design

In contrast to the Kretschmann design, the sensing surface in the optical fibre sensor is not a flat surface but the curved part of the optical fibre where the cladding has been removed. Different propagation modes are reflected at the gold surface and in the case of the resonance condition, the intensity of the reflected beam at the corresponding wavelength is reduced accordingly. Using the mirror deposited at the end of the fibre, the beam is redirected into the fibre and detected by an optical fibre UV/VIS spectrometer. The mirror itself does not contribute to the SPR signal because the gold layer thickness exceeds that of the sensing area as shown in Fig. 1.



Fig. 1 A typical probe of an SPR-based optic fibre sensor



Fig. 2 A prototype of a SPR fibre sensor. The sensing zone is the small part at the left side of the fibre

The system consists of the optical sensor and three other spectrometer components: the light source, the bifurcated cable and the spectrometer (detector) connected to a PC. The sensing part has a length of approximately 1 cm and at the polished end of the optical fibre a gold mirror is deposited. Gold deposition was in all cases performed by sputtering. The fibre (Thorlabs-USA, product name FT400UMT) has a 400  $\mu$ m core diameter and a 0.39 numerical aperture. A final image of the sensor is presented in Fig. 2.

As UV/VIS/NIR light sources, a deuterium and a halogen lamp were used (AvaLight-DH-S, Avantes, The Netherlands). During testing the warm-up of the light source (Avantes, The Netherlands) is crucial, thus the lamp was preheated for 20 min to obtain a stable signal. An optical fibre spectrometer (AvaSpec 2048, Avantes, The Netherlands) was used to collect the transmitted light, with a detection range from 200 to 1100 nm. The signal was acquired and analysed by a PC using the Avantes 7.0 Software (Avantes, The Netherlands). The dark and a reference spectrum in air were saved to be to calibrate the final spectra.

The resolution of the current fibre optic sensor was estimated to be  $5 \times 10^{-5}$  RIU [[21\]](#page-8-0). Refractive index unit (RIU) measures the shifts in SPR wavelengths by refractive index changes. The spectral resolution is 0.1 nm and the average sensitivity is 2000 nm  $\text{RIU}^{-1}$ . This is in agreement with the literature [\[22](#page-8-0)] where the average refraction index resolution is reported to be between  $6 \times 10^{-4}$  and  $7 \times 10^{-7}$  RIU.

#### Deposition Methods

#### LB Film Deposition

In order to investigate detergency, a model soil is needed. The LB technique was used for the deposition of the thin target film [\[23](#page-8-0)]. It provides a very good thickness control and offers thin-defined solid films. This is essential since a thin layer minimises the cleaning time [\[24](#page-8-0)]. Furthermore LB thin film deposition is favoured for optical fibre applications because of the broad range of the functional coatings that can be deposited. The deposition of LB films onto cylindrical surfaces [[25\]](#page-8-0) and particularly in optical fibres has been studied before, demonstrating chemical probes and non-linear optical effects [\[26–29](#page-8-0)].

All the LB films were prepared with a 5000 KSV (Finland) Langmuir–Blodgett trough. In order to provide a uniform LB multilayer film and to avoid dust deposition on the substrate the sensing area of the sensor was gently cleaned with methanol. A 5-mg/ml stearic acid solution in chloroform was spread onto the subphase to form a cadmium stearate interfacial film. The deposition speed was constant at 5 mm/min. Every layer was dried in air for 15 min after the lifting process and no time had elapsed when the substrate was dipped in water.

#### Dip Coating

The dip coating method using melted animal fat was evaluated as a faster deposition method. Generally a slower withdrawal speed gives a thicker coating because more coating is pulled onto the surface of the substrate before it has time to flow back into the solution. In our case the liquid is melted animal fat and the substrate is the sensing zone of the sensor. The thickness depends on the fluid viscosity, the fluid density, and the surface tension. The applied coating remains wet for several minutes until the layer dries. When the layer is cured, a new layer can be applied on top of it with another dip coating process. In this way, a multi-layer can be constructed.

## Spin Coating Films

The spin coating technique was used for the deposition of thin polymer films onto the sensing zone during the mimicking tests in order to model substrates with varied hydrophilicity. The first step of the process is the deposit of fluid onto the centre of the substrate. Then, the substrate spins at high speed, in our case at 8000 rpm. The centripetal acceleration will cause the spreading of the resin and will enhance the evaporation of the solvent.

#### Measurement Procedure

The proposed sensor system consists of three major parts: the lipid film, the optical fibre sensor system and a computer. When a SPR probe is calibrated in air and then is dipped in water, a SPR curve is generated. When the sensing zone is clean the SPR transmittance curve is generated at a specific wavelength. When a lipid film is deposited on the sensor surface, the SPR curve will be modified because of the changes in the refractive index and thickness. Less light will couple to the gold surface in this case. If the deposited film is thin (under 300 nm) the change on the sensing zone will be demonstrated either as a

<span id="page-3-0"></span>shift in wavelength towards shorter wavelengths or, for thicker lipid films, as a dramatic reduction in SPR transmittance intensity. This is the first step of the tests that is the deposition of the lipid film.

Afterward this sensor will be dipped in a cleaning solution. The thickness will change because of the lipid film removal and therefore the SPR transmittance curve will follow the opposite direction with a trend to reach the initial clean state. This second step, the removal of the deposited lipid film, is the core of this research.

The SPR signal thus gives information about the cleaning profile of the surfactant which depends on the experimental conditions such as the concentration of the surfactant, the surfactant type and the temperature. Cleaning profile is defined as the level of soil removal from a substrate after the use of a cleaning agent such as a detergent or a surfactant solution. The cleaning efficiency presented is the mean of three replicate tests, and the standard deviation determines the error.

SPR is an optical technique where plasmons are produced by irradiating light on a thin metal (in this case, gold) layer. The plasmon characteristics are directly related to the reactions and changes in thickness on the gold surface. With a SPR sensor, chemical interactions and physical processes can be followed in real-time. The fibre optic based SPR systems are wavelength based and the surface plasmon excitation generated manifests as a resonant dip in the transmitted spectrum. As the refractive index of the sample on the sensing zone affects the propagation constant of surface plasmons, the wavelength at which the resonant attenuation of the fibre mode occurs is influenced. As a result, changes in the refractive index on the sensing region can be measured by determining the variations in the resonant wavelength or the transmittance intensity.

When melted animal fat is used, the layer is thicker  $(\sim 500 \text{ nm})$  and no clear SPR curve is generated when the fat covers the sensing area due to saturation  $[30]$  $[30]$ . The transmitted output power of SPR based fiber optic sensor has a strong relation with the layer thickness and consequently with the lipid removal.

Thus the measurement with the SPR sensor was focusing on the difference in transmittance, rather than in the shift in SPR resonance wavelength. This analysis (SPR transmittance measurements) is mentioned in the literature and it was preferred for bulky target analytes and thick layers [[31](#page-9-0)]. The removal of soil was defined from the difference between SPR peak intensity (see Fig. [11\)](#page-7-0) before and after the cleaning process respectively as given by Eq.  $(1)$ :

Removal 
$$
\% = \left(\frac{100 - T_1}{100 - T_0}\right) \times 100
$$
 (1)



Fig. 3 SPR spectra for  $\theta$  (left), 2, 4, 6 (right) stearic acid layers in an aqueous environment

where  $T_0$  = lower transmittance of light, when the sensor is dipped in the cleaning agent, before the animal fat deposition and  $T_1$  = lower transmittance of light, after the sensor is dipped in the cleaning agent for 10 min, after the animal fat deposition.

As the LB layers are deposited and then removed from the sensing zone, by the surfactant solution, the refractive index changes and the wavelength shift will be used to give the desired information. In the case of LB stearic acid multilayer the layer thickness is around 16 nm—in the penetration depth limit where the SP wave can 'feel' the changes on the sensing zone. For the LB solubilisation, the wavelength difference was thus used to follow cleaning efficiency (see Fig. 3). The data was evaluated by using the removal  $%$  defined by Eq. (2):

$$
\text{Removal } \% = \left(\frac{\lambda_{\text{LB}} - \lambda_1}{\lambda_{\text{LB}} - \lambda_0}\right) \times 100 \tag{2}
$$

where  $\lambda_0$  = wavelength when the sensor is dipped in the cleaning agent, before the LB deposition,  $\lambda_{\text{LB}} =$  wavelength when the sensor was just dipped into the cleaning agent after the LB deposition and  $\lambda_1$  = wavelength after the sensor was dipped in the cleaning agent (after cleaning).

After the seven stearic layers were deposited on the sensing zone, the sensor was immersed in a surfactant solution. From this point on, the removal of the lipid layer by solubilisation was measured by the SPR shift in wavelength. The sensor remained dipped inside the surfactant's solution for 10 min and the cleaning efficiency of the surfactant was followed as a function of time.

<span id="page-4-0"></span>The exponential decay constant,  $t_1$ , of the transmittanceversus the cleaning time provides a reliable parameter describing cleaning kinetics (see Fig. [5](#page-5-0)). The decay constant is defined by Eq. (3) [[32\]](#page-9-0):

$$
y = y_0 + A^{-\frac{x}{t_1}}
$$
 (3)

Where  $y_0$  is the Y offset transmittance, A is the amplitude, x is the time and  $t_1$  is the time decay constant or cleaning time constant. The quantification in the evaluation of the detergency properties of this study will be based on the above-mentioned Eqs.  $(1)$  $(1)$ – $(3)$ .

#### Results and Discussions

# The Langmuir–Blodgett Deposition Followed On-Line

The LB deposition of stearic acid on the SPR sensing zone was investigated. The purpose of the tests was to check if the sensor can sense the difference in the LB layers deposition of stearic acid which will act as a kind of model soil. The deposition was followed on-line by the sensor. The shift in wavelength because of the LB deposition of the increasing layers is given by the difference  $\lambda_i - \lambda_0$ . Where  $\lambda_0$  = wavelength number at the lower transmittance of light when the sensing zone is dipped in the water subphase, before the LB deposition and  $\lambda_i$  = wavelength number at the lower transmittance of light, when the sensor is dipped in the water subphase for  $i$  number of LB layers  $(i = 2, 4, 6).$ 

Figure [3](#page-3-0) illustrates transmittance of the light versus wavelength, the four SPR curves show the gold sensing area with 0, 2, 6 and 6 LB deposited layers of cadmium stearate respectively towards the right direction. For the deposition of every two layers a distinct and constant shift in wavelength can be observed. As mentioned above, the sensor was calibrated in air and it is presented as '0 layer'. For two, four and six LB deposited layers, spectra were collected when the sensor was dipped in a water bath.

There is a shift in the transmittance minimum value in the SPR curves between the different layers due to the presence of lipid layers and water. In Table 1 and Fig. 4, the wavelength shift is reported for each two layer deposition. The presented results are the mean of three replicate tests and the standard deviation.

Table 1 The wavelength shift for 2, 4 and 6 layer deposition

Number of LB layers	Wavelength shift (nm)
$\overline{2}$	$13 \pm 0.3$
$\overline{4}$	$26 \pm 0.4$
6	$38 \pm 0.3$



Fig. 4 The wavelength shift in nm for  $0, 2, 4$  and 6 layers

### Optimum Surfactant Concentration

As expected, the cleaning behavior depends on the concentration of the surfactant. As the surfactant concentration increases the oil/surfactant solution interfacial tension decreases. Moreover, in the literature, it is reported that detergency increases up to a limit after which we observe a saturation effect when regardless of the increasing concentration no difference in cleaning efficiency occurs [\[33](#page-9-0)]. Indeed this was also confirmed in this study for stearic acid and animal fat removal where at a specific concentration an optimum performance was observed. The cleaning effectiveness of the aqueous surfactant solutions reaches a saturation state, where it increases to a maximum and after this point it shows a stable cleaning profile.

# Stearic Acid LB

Pure water and three different aqueous solutions of SDS were used in different concentrations. The purpose was to test the efficiency of the surfactant concerning the concentration. Long fatty acids such as stearic acids are considered as solid oily contaminants, and in this case the removal mechanism is called solubilisation and occurs only above the critical micelle concentration (CMC) [\[34](#page-9-0)]. Solubilisation of the solid organic soil such as the seven multilayer of stearic acid is not taking place under the CMC [[35\]](#page-9-0) because no SDS micelles are formed.

The highest concentration (6  $\times$  CMC) showed 42.9 % lipid removal and when the concentration is  $4 \times \text{CMC}$  we observe almost the half (26.9 %) lipid removal and at the CMC 9.1 % removal (Table [2\)](#page-5-0) calculated using Eq. [\(2](#page-3-0)). The above trend indicates that increasing concentration improves solubilisation. The plots of the time-dependent removal are given in Fig. [5](#page-5-0) and the related parameters of Eq. (3) are presented in Table [3.](#page-5-0)

<span id="page-5-0"></span>Table 2 Removal of LB film for different SDS concentrations at 25 °C temperature according to Eq. ([2\)](#page-3-0)





Fig. 5 Detergency causes exponential decrease in transmittance with time. An exponential fit of the solubilisation of seven stearic layers by SDS solutions at different concentrations. Hypothetically the fibre would be totally clean at 0 % transmittance

Table 3 First order exponential decay terms see Eq. ([3\)](#page-4-0)

Concentration $R^2$	$v_0$	A	$t_1$ (min)
$6 \times CMC$	0.988 $57.1 \pm 0.3$ $20.3 \pm 0.4$ $0.68 \pm 0.02$		
$4 \times CMC$	$0.996$ $73.1 \pm 0.1$ $21.1 \pm 0.2$ $1.91 \pm 0.04$		
<b>CMC</b>	$0.996$ $90.9 \pm 0.1$ $11.3 \pm 0.1$ $3.42 \pm 0.07$		

 $R^2$  is the coefficient of determination

In Fig. 5 the cleaning profile of water and SDS at three different concentrations at CMC,  $4 \times$  CMC and at  $6 \times \text{CMC}$  is given. CMC refers to the critical micelle concentration of the SDS surfactant. An important observation was that the SPR wavelength shift is zero in the case of cleaning with pure water in the first 20 min investigated. This confirms that essentially no fatty acid layer is removed without the presence of surfactants. The detergent process appears as an exponential decaying curve when there is an effective removal of the lipid layer. At  $4 \times$  CMC the exponential decay constant is 0.68 while at the CMC it is 3.4 [see Eq.  $(3)$  $(3)$ ]. One can thus obviously conclude that at a concentration higher than CMC SDS cleans better and faster than at the CMC.



Fig. 6 Comparison of SDS and Triton X-100 at increasing concentration for the animal fat removal

Table 4 Removal of animal fat for different concentrations and surfactants at 25  $\degree$ C temperature according to Eq. [\(2\)](#page-3-0)

Concentration	Surfactant	Removal %
$10 \times CMC$	<b>SDS</b>	$40.2 \pm 0.8$
$0.9 \times CMC$	<b>SDS</b>	$5.3 \pm 0.4$
$0.1 \times CMC$	<b>SDS</b>	$+1.9 \pm 0.2$
$10 \times CMC$	Triton $X-100$	$24.5 \pm 1.2$
$0.9 \times CMC$	Triton X-100	$3.4 \pm 0.1$
$0.1 \times CMC$	Triton X-100	$+2.1 \pm 0.1$

## Animal Fat

Triton X-100 and SDS enabled the removal of animal fat at all concentrations above the CMC. Under the CMC, no lipid removal was observed, however the penetration of the layer by surfactants leads to swollen layers. However, for increasing concentration it was observed that the cleaning profile improves (Fig. 6).

Particularly, when cleaning with Triton X-100 surfactant solution at the highest concentration investigated, being 10xCMC, 24.5 % of the animal fat layer was removed according to the definition of removal given by [\(2](#page-3-0)). At the lowest concentration, 0.1xCMC, no removal was observed; moreover an increase in transmittance was observed that can be translated into the swelling of the layer (Table 4). This is caused by the penetration of the surfactant and water into the fat film. An analogous swelling behavior was observed for 0.9xCMC concentration for the first 2 min and after it was followed by a decrease in the animal fat layer around 3.4 % of the initial stain. The trend explained

above shows that also for surfactant concentration around and under the CMC, the molecules can penetrate into the lipid film present after dip coating.

SDS demonstrated an analogous but enhanced cleaning profile where, for  $10\times$  CMC concentration, 40.2 % fat animal was removed. At  $0.9 \times$  CMC, we observed 5.3 % of the animal fat layer and for  $0.1 \times$  CMC a positive increase of 1.9 % of the animal fat layer that is the swelling of the membrane as explained above (Table [4](#page-5-0)).

## Temperature Dependence

The main purpose of the temperature experiments was to test the removal of the lipid layers at different temperatures since temperature is an important factors affecting cleaning efficiency. Important factors when considering the temperature behavior are the melting point of the functional coatings, the temperature dependence of the SPR sensor and the cloud point. The melting point of pure and dry stearic acid is at  $69.6 \text{ °C}$  which is higher than the investigated temperature range,  $20-40$  °C. Moreover the experiments took place at temperatures lower than the animal fat's melting point to represent only the objective cleaning and not the melting of the lipid. The room temperature was approximately 19 $\degree$ C and the melting point of the animal fat is  $45^{\circ}$ C. It is known that for most soils an increasing temperature causes a reduction in viscosity which makes it easier for the soil to be removed. When the sensing zone covered with animal fat was dipped in heated water at 40  $\degree$ C, the signal remained stable (tested for about 10 min) and this proves that the sensor will be able to follow the detergency and not the melting of the soil. Also an LBcoated sensor for a temperature scan in water showed no difference in the received signal.

A temperature variation leads to the shift and the broadening of the SPR signal. This occurs due to the temperature dependence of the refractive index. As it is mentioned in the literature [\[36](#page-9-0)] the SPR shift due to the change in temperature is in the scale of 1.5 nm and around 1 nm for the SPR peak broadening for 40  $\degree$ C interval. The SPR shift of the sensor itself (without the coating) due to the increasing temperature was taken into account [[12](#page-8-0)].

All the above issues were taken into account. The results based on our measurements with the SPR sensor, indicate that for increasing temperature both SDS and Triton X-100 show an enhanced cleaning profile (see Fig. 7). Furthermore at higher temperatures the non-ionic Triton X-100 surfactant gives a better profile than the anionic SDS. This is in agreement with literature data where it was shown that the efficiency of nonionic detergents rises considerably at increasing temperature



Fig. 7 Removal of animal fat for different temperatures and surfactants at a constant concentration of 10xCMC

when the performance of the anionic-based detergents remains modest [\[37](#page-9-0)].

### Influence of Surfaces

In this section, the cleaning efficiency is studied as a function of surface hydrophilicity in order to mimic the nature of the cleaning substrate and investigate its potential influence in detergency process (Fig. [8\)](#page-7-0). Seven stearic acid layers were deposited by the LB method onto three different substrates in order to study their influence on solubilisation.

The layers that were used to functionalise the sensing area were cellulose acetate and polyethylene with contact angles  $52^{\circ}$  and  $104^{\circ}$  respectively that represent a hydrophilic and a hydrophobic surface (Fig. [9](#page-7-0)). The contact angle measurements were performed with a DSA 10 Mk2 drop shape analysis system (Krüss). The gold sensing zone was covered with the functional layers by using the spin-coating technique as it was described previously. The results shown in Table [5](#page-7-0) and in Fig. [10](#page-7-0) suggest that the difficulty to remove fatty acid from a surface increases for more hydrophobic substrates such as polyethylene. The removal efficiency for the stearic acid layer is higher for cellulose acetate surface than for gold and likewise, the SPR signal shows a higher shift in wavelength than for the polyethylene substrate.

In literature, it is described that the removal efficiency is found to increase with decreasing substrate's free energy  $\Delta G$  [[38](#page-9-0)]. Free energy for cellulose acetate is lower than gold and polyethylene accordingly and the removal thus follows the opposite trend. Consequently polyethylene has a worst removal profile compared with cellulose acetate and gold, i.e. and it was more difficult to clean compared with the other substrate [[39\]](#page-9-0).

<span id="page-7-0"></span>

Fig. 8 Schematic representation of the sensor (layer thickness not scaled) coated with a functional layer with various hydrophilicity in order to mimic the nature of the cleaning substrate



Table 5 Removal of a LB film from different substrates at a constant  $6 \times \text{CMC}$  concentration of SDS at 25 °C temperature according to Eq. [\(3](#page-4-0))





Fig. 10 Comparison of two polymer layer with varied hydrophilicity. Contact angle of the substrate vs removal % of a LB film from different substrates at a constant concentration of SDS at 25 °C temperature



Fig. 11 SPR spectra for comparing removal of animal fat of various concentrations of commercial products A 'Dreft' and B 'Everyday'

## Comparison Between Two Commercial Products

Two final products provided as dish washers were tested and compared for their efficiency to remove animal fat. The composition of the commercial products was not known and no reverse engineering was performed. The removal of the animal fat layer with commercial dish detergents was remarkably different depending on the nature of the product. The two dish washing products/liquids gave an immediate change in the lipid layer thickness upon the transfer of the sensor from air into the detergent's solution. Product A was found to clean more efficiently than product B from the beginning of the process at the same

<span id="page-8-0"></span>Table 6 Removal of animal fat film for different commercial products at 25  $\degree$ C temperature according to Eq. [\(2](#page-3-0))

Concentration $(\%)$	Solution	Removal %
	$A$ ("Dreft")	$38.3 \pm 0.9$
	B ("Everyday")	$20.5 \pm 0.5$
0.5	$C$ ("Dreft")	$22.6 \pm 0.7$

concentration 1 %. Product A diluted in half concentration 0.5 % (solution C) still proved to have a noticeably better cleaning profile compared to solution B, although the latter has a higher concentration of  $1\%$  (Fig. [11](#page-7-0)). That means that even if double the amount of the product is used, the cleaning efficiency for product B will remain worse than product A. The cleaning efficiency of the 3 solutions as averages of 3 replicate tests after 10 min of cleaning are presented in Table 6.

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Maria Patitsa studied chemistry at the University of Athens and earned her Ph.D. in engineering at KU Leuven. Currently she works as a post-doc researcher in the Biomedical Research Foundation of the Academy of Athens (BRFAA). Her specialty areas are in sensor development, thin film deposition, and surface functionalisation.

Helge Pfeiffer received his M.Sc degree in physics from the University of Leipzig and his Ph.D. degree in natural sciences at KU Leuven. His research interests include physics for non-destructive testing, ultrasonic techniques, molecular acoustics, biophysics, thermodynamics, and the study of hydration phenomena.

Martine Wevers is a full professor and chair of the Department of Materials Engineering of KU Leuven where she also coordinates the group ''Materials performance and Non-Destructive Evaluation''. She specialises in the damage monitoring techniques (acoustic emission, optical fibres and sensors) and the evaluation of microstructural damage (X-ray computed tomography).