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Rubus ellipticus **fruits extract‑mediated cuprous oxide nanoparticles: in vitro antioxidant, antimicrobial, and toxicity study**

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Abstract

The aim of the present study was to synthesize biologically active cuprous oxide nanoparticles (Cu_2O-NPs) using green nanotechnology from aqueous extract of *Rubus ellipticus* fruits. The structural characterization of aqueous extract-mediated cuprous oxide nanoparticles (Ru-Cu₂O-NPs) was performed using X-ray powder diffraction (XRD), Transmission electron microscope (TEM), Field emission scanning electron microscope (FE-SEM), Fourier-transform infrared spectroscopy (FTIR), X-ray photoelectron spectroscopy (XPS), and UV–Vis spectroscopy. Using standard techniques, Ru-Cu₂O-NPs were also evaluated for their biological activities (antioxidant, antimicrobial, and anticancer) and toxicity. The XRD patterns and Rietveld refinement confirmed the phase purity of Ru-Cu₂O-NPs with an average crystallite size of 25 nm. The FE-SEM and TEM images showed the formation of octahedron cages with a grain size of 0.82 ± 0.04 µm on average. The XPS analysis confirmed the presence of Cu^{1+} ions with many chemisorbed species on the surface. The determination of functional groups was carried out using FTIR with Cu–O stretching vibration at 635 cm^{-1} . Tauc's plot determined that the optical bandgap of the synthesized Ru-Cu₂O-NPs was 1.28 eV. Compared to aqueous fruit extract, Ru-Cu₂O-NPs showed significantly lower antioxidant activity. Furthermore, they showed higher antimicrobial activity (MIC) against *Bacillus subtilis* and *Rosellinia necatrix* (7.81 µg/mL), *Staphylococcus aureus* (15.62 µg/mL), and *Escherichia coli, Pseudomonas aeruginosa,* and *Fusarium oxysporum* (31.2 µg/mL). The Ru-Cu₂O-NPs showed no toxicity against BM MSCs and HC cells at 12.5 µg/mL concentration, whereas the Ru-Cu₂O-NPs showed anticancer activity against colon cancer cell lines (SW480 and SW620) at 100 g/ mL concentration. These results indicate that $Ru-Cu₂O-NPs$ have good antimicrobial and anticancer properties but have low toxicity thus making them suitable for use in pharmaceuticals and food industries.

Keywords *R. ellipticus* · Nanoparticles · Antioxidant · Antimicrobial · Toxicity

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Introduction

Nanotechnology is an interdisciplinary feld of modern research dealing with the design, synthesis, and manipulation of particle structures ranging from approximately 1 to 100 nm (Chenthamara et al. [2019\)](#page-14-0). Nanoparticles (NPs) have a wide range of applications in biomedical sciences, cosmetics, food industry, environmental health, chemical industries, etc. (Iravani et al. [2014](#page-14-1)). A variety of physical and chemical methods have been reported for the synthesis of NPs, but these are not widely used by scientists due to their high cost and toxic nature (Kumar et al. [2019](#page-14-2); Sharma et al. [2020](#page-15-0)). Nowadays, the most popular method for the synthesis of NPs is the green synthesis method which involves plant extracts to produce NPs. Additionally, this method is a simple, safe, non-toxic, less costly, and environment-friendly method (Iravani et al. [2014](#page-14-1); Marslin et al. [2018\)](#page-15-1). Diferent types of metallic NPs have been prepared by the green synthesis method like magnesium oxide (MgO), silicon dioxide (SiO₂), titanium dioxide (TiO₂), zinc oxide (ZnO), copper oxide (CuO), silver oxide (AgO), and cuprous oxide $(Cu₂O)$ from the leaf extract of *Manihot esculenta*, *Mentha arvensis, Cannabis sativa*, *Catha edulis,* fower extract of *Zephyranthes rosea*, fruit extracts of *Prunus serotine* and *Myrica esculenta,* respectively (Gebremedhn et al. [2019;](#page-14-3) Adinarayana et al. [2020](#page-14-4); Ahmad et al. [2020](#page-14-5); Chauhan et al. [2020;](#page-14-6) Essien et al. [2020](#page-14-7); Maheshwaran et al. [2020](#page-15-2); Kumar et al. [2021](#page-14-8); Lal and Verma [2022](#page-15-3)). Among these NPs, the copper NPs are non-toxic and used in diferent felds like agricultural production, medicine, industrial engineering, photocatalysis, and the environment (Kasana et al. [2016](#page-14-9); El-Saadony et al. [2020;](#page-14-10) Muthukumaran et al. [2020\)](#page-15-4).

The $Cu₂O-NPs$ of varying size, shape, and properties are synthesized by various methods like aqueous precipitation, organometallic decomposition, bio-reduction method, electrodeposition, and hydrothermal method (Ng and Fan [2006](#page-15-5); Hayashi et al. [2018;](#page-14-11) Sharma et al. [2018](#page-15-6); Muthukumaran et al. 2020). Moreover, Cu₂O-NPs have demonstrated excellent antimicrobial activity against *E. coli*, *S. aureus*, and *P. aeruginosa*. For example, Cu₂O-NPs synthesized from *Callistemon viminalis*, *P. serotine,* and *Musa acuminate* extracts have been reported in the literature for their excellent antibacterial activity (Li et al. [2016](#page-15-7); Sharma et al. [2018;](#page-15-6) Muthukumaran et al. [2020;](#page-15-4) Kumar et al. [2021\)](#page-14-8).

The *R. ellipticus,* commonly known as the Golden Himalayan raspberry, is an evergreen thorny shrub, native to China, Indonesia, the Indian subcontinent, and Sri Lanka (Lalla et al. [2018\)](#page-15-8). Traditionally, the plant is used to treat fever, colic, cough, and sore throat (Muniyandi et al. [2019](#page-15-9)). The fruits of *R. ellipticus* are rich in

various phenolic compounds, favonoids, tannins, and steroids (Pandey and Bhatt [2016\)](#page-15-10) and therefore reported for exhibiting antioxidant, antimicrobial, anti-proliferative, and anticancer activities (Saini et al. [2014](#page-15-11); Muniyandi et al. [2019](#page-15-9)). Furthermore, Nasrollahzadeh et al. ([2015\)](#page-15-12) reported that phytochemical constituents of plants such as phenols and favonoids play an important role in reducing the ions to nano-size and play an important role in the capping of NPs. Although *R. ellipticus* fruits are associated with a variety of phytochemicals and health benefts, no literature is available on the preparation of nanoparticles from its fruits. Therefore, the present work explored the application of *R. ellipticus* fruit extract as a capping and reducing agent for the synthesis of $Cu₂O-NPs$ and evaluated in vitro antioxidant, antimicrobial, anticancer, and toxicity studies of *R. ellipticus* fruit-mediated Cu₂O-NPs.

Materials and methods

Sample collection and extract preparation

The fruits of *R. ellipticus* were collected from district Shimla (2000 m asl), Himachal Pradesh, India, in May 2018. The authentication of the plants was done in the Botanical Survey of India (BSI), Dehradun, India, with accession number 117. The collected fruits were dried at room temperature (20 to 25 $^{\circ}$ C) for 5–6 days, crushed in a grinder, and stored in airtight glass container for further analysis at room temperature.

The aqueous fruit extract was prepared by following the methodology of Chauhan et al. [\(2020](#page-14-6)). Using a shaking water bath, 5 g of dried fruit powdered sample was dissolved in 50 mL of double distilled water (ddH₂O) for 8 h at 60 °C. The extract was fltered through a Whatman flter paper 41, and dried in a hot air oven at 37 °C for 72 h. Further, aqueous fruit extract was stored at room temperature for further use.

Synthesis of Cu₂O-NPs from aqueous extract of *R*. *ellipticus* **fruits**

The Ru-Cu₂O-NPs were synthesized using copper (II) acetate as precursor salt and plant extract as a capping agent by following the methodology of Muthukumaran et al. ([2020\)](#page-15-4) with slight modification. The 5 g of copper (II) acetate was dissolved in 50 mL of water in a conical fask and then 30 mL of crude aqueous fruit extract was added to it with vigorous stirring for 30 min. The 10 mL of 0.05 M sodium hydroxide solution was slowly added to the prepared solution with constant stirring and heating at 80 $^{\circ}$ C for 2 h. As a result, the solution turned light green to brown, indicating the formation of nanoparticles (Fig. [1\)](#page-2-0). The brown

Fig. 1 Flow chart for the synthesis of $Ru-Cu₂O-NPs$

precipitates were collected, centrifuged, and washed with deionized water for the removal of impurities. The sample was recollected after washing, dried at 50 °C for 24 h, and stored in Eppendorf tubes at room temperature for further use*.*

Characterizations of *R. ellipticus* **fruits** extract-mediated nanoparticles (Ru-Cu₂O-NPs)

The X-ray difraction spectroscopy (XRD) was performed using Ringaku Minifex 600, Japan X-ray powder difractometer with CuKα radiation ($λ = 1.5405Å$) operating at 30 kV, at room temperature. The difraction measurement was taken between 15° and 65° at a scanning rate of 2°/min for the determination of the structural phase and crystalline nature of the material. The Fourier transform infrared spectroscopy (FTIR) for functional group identifcation was performed using a 400 FT-IR/FIR spectrometer (make: PerkinElmer, USA) within the range 400 cm⁻¹–4000 cm⁻¹. X-ray photoelectron spectroscopy (XPS) for the determination of elemental composition, chemical state, and electronic state of the elements in the material was performed using a Thermo Fisher Scientifc X-ray photoelectron spectrometer (model: Nexa Base). Field emission scanning electron microscopy (FE-SEM) was performed using SU 8010 series (make: Hitachi, Japan) with an operating voltage of 5 kV for the determination of morphology. Transmission electron microscopy (TEM) was performed to determine the particle size and cross-sectional morphology using JEOL JEMA 2100 feld emission transmission electron microscope (Japan). The UV–Vis spectroscopy was performed using a Perkin Elmer UV–Vis spectrophotometer (model: UV-2450).

In vitro antioxidant activity of Ru-Cu₂O-NPs

DPPH (2,2‑diphenyl‑1‑picryl‑hydrazyl‑hydrate) assay

The DPPH free radical scavenging activity of the aqueous fruit extract and $Ru-Cu₂O-NPs$ was measured by following Mensor et al. [\(2001\)](#page-15-13) methodology with few modifications. The 0.1 mL of aqueous fruit extract/Ru-Cu₂O-NPs in different concentration $(20-100 \text{ µg}/1 \text{ mL})$ was separately mixed with 0.9 mL of DPPH $(0.004\%$ in methanol, w/v) in test tubes. The mixtures were allowed to react at room temperature. After 30 min of incubation, the discolouration of the purple colour was recorded at 510 nm using an UV–Vis spectrophotometer in triplicate. Methanol served as blank and ascorbic acid was used as a positive control. The radical scavenging activity was calculated as follows:

$$
DPPH activity (\%) = \frac{[Control (Abs) - Test sample (Abs)]}{Control (Abs)} \times 100
$$

ABTS (2,2'‑azino‑bis (3‑ethylbenzothiazoline‑6‑sulfonic acid)) assay

The antioxidant efect of the aqueous fruit extract and Ru- $Cu₂O-NPs$ was observed using the ABTS radical cation decolourization assay of Shirwaikar et al. ([2006\)](#page-15-14). First, 7 mM of ABTS solution was mixed with 2.45 mM ammonium persulphate in equal quantities and allowed to react

for 16 h at room temperature in the dark. After that 0.1 mL of aqueous fruit extract/Ru-Cu₂O-NPs in each concentration (20–100 µg/mL) were mixed with 0.9 mL of ABTS solution in test tubes. The reaction mixtures were incubated in the dark condition for 30 min. Here, methanol and ascorbic acid were used as a blank and as a positive control, respectively. The absorbance was taken at 745 nm using an UV–Vis spectrophotometer in triplicate and percent inhibition was calculated by using the formula:

$$
ABTS \; assay(\%) = \frac{[Control (Abs) - Test \; sample \; (Abs)]}{Control \; (Abs)} \times 100
$$

FRAP free radical scavenging assay

The free radical scavenging activity of $Ru-Cu₂O-NPs$ and aqueous fruit extract at different concentrations $(20-100 \mu g/mL)$ was analysed through a ferric ion reducing antioxidant power (FRAP) assay by following the methodology of Banerjee et al. ([2008\)](#page-14-12). In this procedure, 1 mL of $Ru-Cu₂O-NPs$ in different concentration $(20-100 \mu g/mL)$ was mixed separately into the test tube with 1 mL of sodium phosphate buffer (0.2 M in dH_2O ; pH 6.6). After that 1 mL of 1% potassium ferricyanide was added to the test tubes and incubated for 20 min in a water bath at 50 °C. Afterwards, 1 mL of the reaction mixture from each sample was taken and 1 mL of dH_2O was added. Each test tube was then flled with 0.2 mL of ferric chloride (0.1% in distilled water) solution. At the end of the process, 200 µL of solution were poured into 96-wells microtitre plate from each test tube. The results were recorded in triplicate and repeated for the aqueous fruit extract. The blank was prepared similarly, except $dH₂O$ was replaced by the 1% potassium ferricyanide. The ascorbic acid $(20-100 \mu g/mL)$ was used as a positive control. The antioxidant capacity of each sample was calculated using the ferrous sulphate linear calibration curve and expressed as $FeSO₄$ equivalents.

IC₅₀ value determination

A linear regression analysis of plots of diferent concentrations of the test sample against the mean percentage of antioxidant activity calculated from triplicate assays was used to determine the IC_{50} value for all antioxidant assays.

In vitro antimicrobial activity

Selection of strains

For the antibacterial assay, two strains of Gram-positive bacteria [*Staphylococcus aureus* (MTCC 731), *Bacillus* *subtilis* (MTCC 441)]*,* and two strains of Gram-negative bacteria [*Pseudomonas aeruginosa* (MTCC 424), *Escherichia coli* (MTCC 739)] were selected, whereas for antifungal assay two pathogenic strains of fungi [*Fusarium oxysporum* (SR266-9) and *Rosellinia necatrix*; (HG964402.1.)] were selected. The bacterial and fungal strains were obtained from CSIR-Institute of Microbial Technology (IMTech), Chandigarh, and the School of Microbiology, Shoolini University, Solan, respectively.

Disc difusion assay for determination of antibacterial activity

The antibacterial activity of crude aqueous fruit extract of *R. ellipticus* and Ru-Cu₂O-NPs was observed by using the disc difusion method of Bauer ([1966](#page-14-13)). The 100 µL of each bacterial culture $(OD ~ 0.1)$ with the help of sterile cotton swabs was uniformly spread on the surface of the nutrient agar (NA) plates. In the next step, from stock solutions (10 mg/mL in 10 % DMSO), aqueous fruit extract (300 µg/ mL per disc) was separately poured on 6 mm discs in the NA plate. The plate was then placed in the refrigerator for 2 h. In the last step, the plate was incubated at 37 °C for 24 h in an incubator. As a positive and negative control, ampicillin (0.100 mg/mL) and DMSO (10%) were used against all tested strains, respectively. The zone of inhibition was measured in mm with an antibiotic zone scale. The results were obtained in triplicate and method was repeated separately with $Ru-Cu₂O-NPs$ (300 $\mu g/mL$ per disc).

Poison food technique (PFT) for determination of antifungal activity

The PFT was used to determine the antifungal activity of aqueous fruit extract and $Ru-Cu₂O-NPs$ by following the protocol of Grover and Moore ([1962](#page-14-14)). First, each fungal strain was placed on Petri plates containing potato dextrose agar (PDA) media and aqueous fruit extract (300 µg/mL per plate) and incubated at 25 °C for 7 days. After incubation, the colony diameter was measured through an antibiotic zone scale. Media without the extract was used as a negative control and hygromycin-B (0.100 mg/mL in dH_2O) was used as a positive control. The antifungal activity of aqueous fruit extract was expressed in terms of percentage inhibition and calculated by using the following formula:

$$
Inhibition\ (\%) = \frac{C - T}{C} \times 100
$$

where, *C* is the diametric growth of the colony in control, *T* is the diametric growth in the aqueous fruit extract.

This method was repeated separately with $Ru-Cu₂O-$ NPs (300 μ g/mL per plate) and data were recorded.

Minimum inhibitory concentration (MIC)

The microtitre broth dilution method given by the Clinical and Laboratory Standards Institute (Clinical and Laboratory Standards Institute [2012\)](#page-14-15) was used for evaluating MIC values for antibacterial and antifungal assays. The 100 µL of the aqueous fruit extract/Ru-Cu₂O-NPs (20 mg/mL in 10%) DMSO) was mixed with NB/PDB in a 96-wells microtitre plate. Serial dilution of extracts was made in such a way that the next well had half the concentration from the previous well. The 10 µL of each bacterial/fungal strain solution $(OD~0.1)$ was added separately to the well of the microtitre plate and then incubated for 24 h at 37 °C (for bacteria) and 48 h at 25 ± 2 °C (for fungi) in an incubator. After incubation, 15 μ L of resazurin (0.04% in dH₂O) solution was added to wells as an indicator. A colour change in the well was observed visually.

In vitro toxicity analysis of Ru-Cu₂O-NPs

Cytotoxicity on stem cell lines and cancer cells

Cell source and culture A 4,5-dimethylthiazol-2-yl-2,5-diphenyl tetrazolium bromide (MTT) assay was used to evaluate the in vitro toxicity of nanoparticles (Kang et al. [2013](#page-14-16)). Bone marrow-derived mesenchymal stem cells (BM MSCs) were purchased from CEFOBIO (80 M-20–023) and human chondrocytes (HC) were from Ajou University, South Korea (IRB approval number: AJIRB-GN3-07–102). The BM MSCs were cultured on CEFOgro Human MSC Growth Medium (CEBO bio), whereas HC cells were cultured on high glucose Dulbecco's modifed Eagle' (HG DMEM; Hyclone) with 10% foetal bovine serum (FBS; Gibco) at 37 °C.

MTT cell‑proliferation assay The MTT assay was done by following the methodology of Kang et al. (2013) (2013) . The BM MSCs and HM cells were cultured in 96-wells plate at a density of 1×10^4 cells/mL and incubated at 37 °C for 24 h under 5% $CO₂$. The next day, the cells were treated with Ru-Cu₂O-NPs at different concentrations $(1.5-100 \text{ µg/ml})$ for 24 h and 48 h, followed by an MTT assay (4 h incubation at 37 °C) to assess the cell viability. Using a microplate reader, the optical density was noted at 570 nm in triplicate.

Cytotoxicity on cancer cell lines

Cell source and culture Adherent colon cancer cell lines (SW480 and SW620) were purchased from the National Centre for Cell Science (NCCS), Pune, India. These are the paired colon cancer cell lines isolated from the primary site and metastatic lymph node of the same patient, respectively. The cell cultures were expanded in standard DMEM (low glucose, Glutamax supplement) (Cat. No. 10567014, GIBCO, USA) supplemented with 10% FBS (Cat. No. 10270106, GIBCO, Brazil), 1% Antibiotic–Antimycotic (Cat. No. 15240062, GIBCO, USA) at 37ºC under normoxic condition.

CCK8 analysis 5000 cells/well of primary and metastatic colon cancer cells (SW480 and SW620 cells, respectively) were seeded in a 96-wells plate. The cells were treated with various concentrations $(1.5-100 \text{ µg/mL})$ of Ru-Cu₂O-NPs. After 48 h of treatment, 10 µL of CCK8 reagent (Cat. No. 96992, Sigma–Aldrich) was added to the cells and incubated for 4 h. The absorbance was measured at 450 nm, and the percentage of cell viability was calculated, and graphs were plotted.

EZBlue cell assay kit The 5000 cells/well of primary and metastatic colon cancer cells (SW480 and SW620 cells, respectively) were seeded in a 96-wells plate. The cells were treated with various concentrations of nanoparticles ranging from 1.5 to 100 µg/mL. After 48 h of treatment, 10 µL of EZBlue solution (Cat. No. CCK004–2500, Himedia) was added to the cells and incubated for 6–8 h. The absorbance was measured at 580 and 630 nm, and the percentage of cell viability was calculated, and graphs were plotted.

Morphological analysis 2×10^4 cells/well of primary colon cancer cells (SW480) and metastatic colon cancer cells (SW620) were seeded in a 6-well plate and allowed for culture expansion. After 24 h of culture, the spent medium was removed and cells were treated with a 12.5 μ g/mL concentration of nanoparticle supplemented DMEM medium. After 48 h of the treatment, the images of the cell morphology after treatment were captured and the changes in cell morphology were analysed.

Statistical analysis

All the data were statistically analysed using SPSS software through the paired sample t-test analysis. The results were expressed in mean \pm standard error mean.

Results and discussion

Structural and crystallographic study of Ru-Cu₂O-NPs

The XRD pattern of $Ru-Cu₂O-NPs$ $Ru-Cu₂O-NPs$ $Ru-Cu₂O-NPs$ is given in Fig. 2 (a), which exhibits the six prominent diffraction peaks at

Table 1 Structural and Rietveld refine parameters of Ru-Cu₂O-NPs

29.61, 36.47, 42.36, 61.46, 73.63, and 77.45 corresponding to (110), (111), (200), (211), (311), and (222) *hkl* planes, respectively (Kerour et al. [2018\)](#page-14-17). The intense diffraction peaks in the XRD patterns of the $RF-Cu₂O-NPs$ confrmed the high crystallinity of the prepared samples without any secondary phases and are in good agreement with the JCPDS no. 05–0667. The particle size of the synthesized nanoparticles is given in Table [1](#page-5-1) and was calculated using the Scherrer formula given in Eq. ([1\)](#page-5-2) (Chauhan et al., [2020](#page-14-6)):-

$$
D = \frac{0.9\lambda}{\beta \text{Cos}\theta} \tag{1}
$$

where, *D* is the average crystallite size, λ is the X-ray wavelength, *θ* is the Bragg angle, and *β* is the full width at half maximum FWHM. The XRD pattern was refned using the Fullprof programme using the spacegroup Pn-3 m. Pseudo-Voigt profles were used to defne peak patterns, and linear interpolation was used to ft the backdrop. Global parameters including backdrop, instrumental, and scale factors were

refned frst, followed by cell parameters. Finally, sequentially refned the FWHM parameters, shape parameters, preferred orientation, and atomic positions were refned sequentially. The Rietveld refnement confrms the cubic cuprite structure of the synthesized $Cu₂O-NPs$, and calculated parameters are provided in Table [1](#page-5-1).

XPS study

The XPS analysis was carried out to determine the oxidation states of the surface species of the $Ru-Cu₂O-NPs$. The Cu 2p XPS spectra show the two most prominent peaks at binding energies 952.30 eV, and 932.45 eV, respectively, corresponding to $Cu2p_{1/2}$ and $Cu2p_{3/2}$ (Wang et al. [2015\)](#page-15-15). The deconvolution of these two peaks reveals the presence of Cu^{2+} ions, whose peaks appear at 953.02 eV and 933.62 eV, and a higher concentration of Cu^{1+} ions (Fig. [3](#page-6-0)). The presence of the electronic shakeup satellite peaks in the XPS spectra of Cu2p confrms the presence of the CuO or Cu^{2+} on the surface of the Cu₂O octahedra, which confirms the presence of CuO and $Cu₂O$ on the surface of the octahedral (Jiang et al. [2013](#page-14-18); Azimi et al. [2014\)](#page-14-19). The amount of Cu^{2+} on the surface of the octahedra is higher due to its exposure to oxygen. The asymmetric oxygen 1 s spectra can be resolved into four diferent components revealed by the Gaussian ftting, i.e., O_L , which consists of lattice oxygen attached to CuO and $Cu₂O$ present on the surface of $Cu₂O$ octahedra with binding energies 529.92 eV and 530.4 eV. The O_V with binding energy 531.54 eV is attributed to the oxygen vacancies in the lattice of surface CuO and $Cu₂O$ species. The component at a higher binding energy of 532.26 eV is attributed to the surface chemisorbed, disassociated oxygen species, and hydroxyl species (Wang et al. [2015\)](#page-15-15). The higher percentage of O_C on the surface of the Cu₂O octahedra reveals the strong ability of the octahedra to adsorb oxygen. This

component plays an important role in the NPs antimicrobial and photocatalytic degradation capability (Chauhan et al. [2021\)](#page-14-20).

copper species than oxygen. This may be possible due to the existence of $Cu₂O$ and CuO species on the surface of the $Cu₂O$ octahedral, as confirmed by the XPS analysis.

Morphology characterization of Ru-Cu₂O-NPs

FE‑SEM analysis with mapping

Figure [4](#page-6-1) shows the FE-SEM micrographs of $Cu₂O$ octahedral at 500 nm magnifcation. The morphology depicts the formation of octahedral from the self-assembled $Cu₂O-NPs$. The elemental mapping reveals a higher concentration of

It can be observed in Fig. [5](#page-7-0)a, b that the smaller particles with an average particle size of 9.72 ± 0.6 nm self-assembled to form the larger grains with an average grain size of

by TEM

Fig. 4 FE-SEM micrographs and elemental mapping of Ru-Cu₂O-NPs

Fig. 5 (**a**) TEM micrograph at 1 μm scale with grain size distribution (**b**) TEM micrograph at 50 nm scale, particle size distribution, and SAED pattern of $Ru-Cu₂O-NPs$

 0.82 ± 0.04 μm. In the SAED pattern shown in Fig. [5b](#page-7-0) the presence of bright fringes reveals the existence of the single crystalline $Cu₂O$ octahedral, and the presence of diffused rings also reveals the existence of NPs in the polycrystalline

Fig. 6 (**a**) Absorbance spectra and (**b**) optical bandgap of Ru- $Cu₂O-NPs$

phase. This mixed SAED pattern is due to polycrystalline $Cu₂O-NPs$ and single-crystalline $Cu₂O$ octahedral.

UV–Vis analysis

UV spectroscopy analysis was employed to determine the synthesized NPs absorbance peak and optical bandgap. It can be seen in Fig. [6](#page-7-1)a that the maximum absorption peak of $Cu₂O$ octahedra is present at 441 nm, which follows the given literature (Thoka et al. [2019](#page-15-16)). The direct optical bandgap (Eg) given in Fig. [6](#page-7-1)b was determined using the Tauc's relation (Pankove [1975;](#page-15-17) Chauhan et al. [2021](#page-14-20)):-

$$
(\alpha h v)^2 = A(hv - Eg) \tag{2}
$$

where, α is the absorption coefficient, and h ν is corresponds to the photon energy. Hence, the plot between $(ah\nu)^2$ and (*hv*) gives the energy bandgap (E_a) .

FTIR‑study

The FTIR spectra of Ru-Cu₂O-NPs shown in Fig. [7](#page-8-0) exhibit three strong absorption bands at 635 cm^{-1} , 1089 cm⁻¹, and 3420 cm^{-1} which corresponds to Cu–O bond stretching, vibrational modes of nitrate ions, and O–H stretching vibrations due to the presence of alcoholic and phenolic hydroxyl groups (Shelari and Katkar [2018;](#page-15-18) Zhou et al. [2019](#page-16-0)). The peak observed at 1633 cm−1is the –OH bending vibrations that emerge from the surface adsorbed water molecules (Zhang et al. 2014). The band at 2932 cm⁻¹is attributed to the symmetric and asymmetric CH₂ stretching, respectively (Li et al. [2016](#page-15-7)).

Antioxidant activity

The antioxidant potential of aqueous fruit extract, $Ru-Cu₂O-$ NPs, and ascorbic acid (control) analysed through DPPH, ABTS, and FRAP assays, and the results are presented in

Table 2 Antioxidant activity of aqueous fruit extract and $Ru-Cu₂O-NPs$

Antioxidant assays	Concentra- tion $(\mu g/mL)$	Ru-Cu ₂ O-NPs	Aqueous fruit extract	Ascorbic acid
DPPH (% Inhibition)	20	42.29 ± 0.8	45.3 ± 1.2	50.9 ± 0.8
	40	48.2 ± 0.4	53.7 ± 0.9	58.3 ± 0.4
	60	54.3 ± 0.8	60.3 ± 0.9	64.4 ± 0.5
	80	59.4 ± 0.5	72.8 ± 0.5	73.4 ± 0.4
	100	64.8 ± 0.8	79.2 ± 0.8	79.3 ± 0.5
ABTS (% Inhibition)	20	38.5 ± 0.4	41.1 ± 0.6	46.6 ± 0.5
	40	45.9 ± 0.4	51.1 ± 0.7	55.3 ± 0.2
	60	53.2 ± 0.3	58.6 ± 0.6	63.7 ± 0.4
	80	57.9 ± 0.9	67.0 ± 0.5	74.4 ± 0.5
	100	61.3 ± 0.5	74.9 ± 0.6	79.4 ± 0.5
$FRAP$ (μ M/mL FeSO ₄ equivalents)	20	16.6 ± 0.6	25.9 ± 0.3	40.9 ± 0.6
	40	28.1 ± 0.2	31.0 ± 0.5	48.9 ± 1.6
	60	37.4 ± 0.5	38.7 ± 0.7	55.5 ± 1.2
	80	43.4 ± 0.2	49.8 ± 0.5	59.3 ± 1.3
	100μ g	51.2 ± 0.5	57.4 ± 0.4	64.5 ± 1.5

Fig. 7 FTIR spectra of Ru-Cu₂O-NPs

Fig. 8 In vitro antioxidant activity (IC₅₀ value) of Ru-Cu₂O-NPs and aqueous fruit extract [Diferent superscript showed significant $(p < 0.05)$ difference between (**a**) aqueous fruit extract, (**b**) Ru-Cu₂O-NPs, and (**c**) ascorbic acid]

Table [2](#page-8-1) and Fig. [8.](#page-8-2) The results showed the increase in free radical's percentage inhibition with an increased concentration (20–100 µg/mL) of aqueous fruit extract and Ru-Cu₂O-NPs from [2](#page-8-1)0–100 μ g/mL (Table 2). For all antioxidant assay, the aqueous fruit extract (DPPH-79.2%, ABTS-74.9%, and FRAP-57.4 μ M/mL FeSO₄ equivalents) showed higher percentage inhibition than $Ru-Cu₂O-NPs$ (DPPH-64.8%, ABTS-61.3%, and FRAP-51.2 μ M/mL FeSO₄ equivalents) at concentration of 100 µg/mL (Table [2](#page-8-1)). Similarly, the highest antioxidant potential ($p < 0.05$) in terms of lowest IC₅₀ value was observed in aqueous fruit extract (DPPH: 31.6 ± 1.3 µg/ mL, ABTS: 39.2 ± 1.1 µg/mL, and FRAP: 82.8 ± 0.6 µM Fe²⁺ equivalent) than Ru-Cu₂O-NPs (DPPH: 46.2 ± 1.5 µg/ mL, ABTS: 55.2 ± 0.3 µg/mL, and FRAP: 94.5 ± 0.4 µM $Fe²⁺$ equivalent) (Fig. [8\)](#page-8-2). Therefore, present study revealed

Aqueous fruit extract

that in all assays, ascorbic acid followed by aqueous fruit extract showed the lowest IC_{50} value compared to Ru-Cu₂O-NPs. Lower IC_{50} values indicate higher antioxidant activity in the literature (Fidrianny et al. [2015\)](#page-14-21). It means fruits has a higher antioxidant potential than nanoparticles. This could be due to the presence of higher ascorbic acid content and polyphenolic compounds in the aqueous fruit extract of *R. ellipticus*.

Mahendran and Kumari [\(2016](#page-15-19)) and Reddy et al. ([2014\)](#page-15-20) also observed higher antioxidant activity of fruit extracts of *Nothapodytes nimmoniana* and *Piper longum* compared to green-synthesized NPs. According to the authors, the higher antioxidant potential of the crude extracts might be attributed to a larger concentration of phenolic components in the crude extract (Moller et al. [1999;](#page-15-21) Sannigrahi et al. [2010](#page-15-22)). The CuO-NPs synthesized from the plant extract of *Tinospora cardifolia*, *Abutilon indicum*, *Allium sativum, Azadirachta indica*, and *Moringa oleifera* also exhibited potent in vitro antioxidant activity with IC_{50} values of 566 µg/mL, 84 µg/mL, 40.52 µg/mL, 34 µg/mL, and 34.82 µg/mL, respectively (Nethravathi et al. [2015;](#page-15-23) Rehana et al. [2017](#page-15-24); Ijaz et al. [2017](#page-14-22); Velsankar et al. [2020](#page-15-25)).

Antimicrobial activity

To evaluate antibacterial activity, the $Ru-Cu₂O-NPs$ and aqueous fruit extract of *R. ellipticus* were tested against two Gram-positive (*S. aureus* and *B. subtilis*) and two Gramnegative (*E. coli* and *P. aeruginosa*) bacteria. The disk diffusion assay and MIC results are presented in Figs. [9](#page-9-0), [10.](#page-9-1) The results clearly showed maximum growth inhibition of all bacteria through $Ru-Cu₂O-NPs$. The maximum antibacterial activity (ZOI in mm and MIC in µg/mL) of Ru-Cu₂O-NPs was observed against *B. subtilis* $(20 \pm 0.5 \text{ mm})$ and 7.81 μ g/mL) followed by *S. aureus* (16 \pm 1 mm and 15.62 μ g/mL), *P. aeruginosa* (15 \pm 0.5 mm and 31.25 μ g/ mL), and *E. coli* $(14 \pm 0.5 \text{ mm}$ and $31.25 \text{ µg/mL})$ (Fig. [9](#page-9-0)) and Table [3\)](#page-10-0). Whereas aqueous fruits extract showed higher activity against *E. coli* (10 ± 1 mm; 250 μ g/mL), followed by *P. aeruginosa* (9.5±0.5 mm; 250 µg/mL) and *S. aureus* $(9 \pm 0.5 \text{ mm}; 500 \text{ µg/mL}, \text{and } B. \text{ subtilis } (8.5 \pm 0.5 \text{ mm};$ 500 µg/mL) (Figs. [9](#page-9-0), [10\)](#page-9-1). Compared to aqueous fruit extract, the synthesized NPs have shown good antibacterial activity against both Gram-positive and Gram-negative bacteria, which were almost similar to the positive control (ampicil-lin) (Fig. [9](#page-9-0)). A significant variation $(p < 0.05)$ was observed

Fig. 10 Petri plates showing zone of inhibition [(a-300 µg/mL, aqueous fruit extract; b-300 µg/mL, Ru-Cu₂O-NPs; c-50 µg, Ampicillin; d-negative control (DMSO-10 µL)] of aqueous fruit extract and Ru-Cu2O-NPs against *E. coli* (**A**), *P. aeruginosa* (**B**), *B. subtilis* (**C**), *S. aureus* (**D**)

between the $Ru-Cu₂O-NPs$ and aqueous fruits extract through the paired sample t-test analysis. The present study results were similar to the results of Hussien et al. ([2019](#page-14-23)), Regmi et al. ([2019\)](#page-15-26), and Bezza et al. ([2020\)](#page-14-24) where plantmediated NPs showed higher antibacterial potential than plant extracts. The antibacterial activity of green synthesized nanoparticles could be due to the ability of plant extract to act as a capping and reducing agent that reduces particle size and enhances the antimicrobial efficacy of nanoparticles (Moharekar et al. [2014](#page-15-27); Ramesh et al. [2021\)](#page-15-28).

The antifungal activity of aqueous fruit extract and Ru-Cu₂O-NPs was determined by the food poison technique and MIC assay against *F. oxysporum* and *R. necatrix*. The results showed significantly $(p < 0.05)$ stronger inhibition $(\%)$ of *R. necatrix* (80.6 % and 7.81µg/mL) than *F. oxysporum* $(51.6 %$ and 31.25μ g/mL) with Ru-Cu₂O-NPs compared to the control. However, the aqueous extract of fruits showed lower percentage inhibition of both fungi (Figs. [11,](#page-10-1) [12](#page-10-2)). In the literature, the $Ru-Cu₂O-NPs$ also showed potent antifungal activity (MIC) against *F. oxysporum* f. sp. *carthami* (0.06 mg/mL), *F. oxysporum* f. sp. *ciceri* (0.03 mg/mL), and *F. oxysporum* f. sp. *udum* (0.06 mg/mL) (Shende et al. [2016](#page-15-29)).

Fig. 11 Graphical representation of plant extract and $Ru-Cu₂O-NPs$ against plant pathogenic fungus [Diferent superscripts showed significant $(p < 0.05)$ difference between (a) aqueous fruit extract and (b) Ru-Cu₂O-NPs]

Fig. 12 Petri plates showing percentage inhibition of aqueous fruit extract and Ru-Cu₂O-NPs against *F. oxysporum* and *R. nectarix*; a and **d**- *F. oxysporum* and *R. nectarix* Control (Without extract and NPs), **b** and **e**-Aqueous fruit extract (300 µg/mL), **c**- and **f**- Ru-Cu₂O-NPs (300 µg/mL)

Similarly, Viet et al. ([2016](#page-15-30)) also observed good antifungal activity of copper nanoparticles against *Fusarium* species (93.98%).

The probable mechanism of antimicrobial activity of Ru- $Cu₂O-NPs$ is presented in Fig. [13](#page-11-0). The antimicrobial activity of the $Ru-Cu₂O-NPs$ could be due to the release of metal (Cu^{1+}/Cu^{2+}) ions in aerobic circumstances, which exhibit toxicity to the microbe. The nanoparticles serve as transporters and deliverers of metal ions for interaction with microorganisms, with metal (Cu^{1+}/Cu^{2+}) ions exerting the main antimicrobial effects. The Cu^{1+}/Cu^{2+} ions bind to the cell wall, which lead to the disruption cell membrane integrity and the production of reactive oxygen species (ROS), including hydrogen peroxide. Aside from these effects, hydrogen peroxides destabilize proteins and enzymes, dysfunction mitochondria, disassemble ribosomes, and impair cell viability overall (Zhao et al. [2015;](#page-16-2) Dhatwalia et al. [2022](#page-14-25)).

In vitro toxicity of Ru-Cu₂O-NPs

The in vitro toxicity analysis of $Ru-Cu₂O-NPs$ was also done on two normal human cell lines (BM MSCs and HC) for 24' h and 48' h of treatments (Fig. [14\)](#page-11-1). The result showed that after 24' h and 48'h of treatments on BM MSCs, a nonsignificant $(p > 0.05)$ reduction in cell proliferation was observed up to 50 μ g/mL concentration of Ru-Cu₂O-NPs. However, Ru-Cu₂O-NPs at 100 g/mL concentrations signifcantly reduced BM MSCs proliferation when compared to non-treated cells. Similar results were observed with HC cell lines after 24'h treatment, whereas after 48' h treatment, a signifcant reduction in HC proliferation was found even at **Fig. 13** Probable antimicrobial mechanism of $Ru-Cu₂O-NPs$

Fig. 14 In vitro toxicity of Ru-Cu₂O-NPs on BM MSCs (**a**) and HC (**b**). Superscripts [*Significant (p <0.05)] showing on the bar in different concentrations

50 g/mL concentrations of Ru-Cu₂O-NPs. Thus, all the dose of the NP can be used as a potent vehicle for drug delivery, except the highest dose (100 µg/mL).

The CCK8 analysis results showed that both primary and metastatic colon cancer cells (SW480 and SW620) significantly $(p < 0.05)$ reduced cell proliferation at treatment with 100 μ g/mL concentration of Ru-Cu₂O-NPs. The mean diference between the control (non-treated) and 100 µg/ mL dosage treatment in SW480 cells and SW620 cells was $85.1 \pm 7.14\%$ and $85.1 \pm 4.79\%$, respectively. Whereas, lower concentrations of $Ru-Cu₂O-NPs$ did not have any significant effect $(p < 0.05)$ on the cell proliferation of colon cancer cells as well (Figs. $15(A, B)$, [16](#page-13-0)).

The cytotoxic activity of nanoparticles in colon cancer cells was measured by EZBlue cell assay kit. The EZBlue cell assay results showed that the treatment with the highest dose $(100 \mu g/mL)$ of nanoparticle significantly increased the cytotoxicity having the mean diference fold of 0.57 ± 0.0196 for SW480 cells and the mean difference fold of 0.427 ± 0.0174 for SW620 cells. The 50 µg/mL treatment of Ru-Cu₂O-NPs on SW620 cells also showed a significantly $(p < 0.05)$ increased cytotoxicity of the nanoparticle having a mean difference fold of 0.206 ± 0.0159 (Fig. [15C](#page-12-0), [D](#page-12-0)). The lower concentrations do not show any signifcant $(p<0.05)$ cytotoxicity compared to control cells. Similarly, the 12.5 µg/mL concentration of nanoparticle treatment did not show any toxicity and morphological changes after 48'h of incubation thus can be used as potent vehicle for drug delivery. Whereas, toxicity of nanoparticles when treated in a higher dose (viz. 50 µg/mL and 100 µg/mL) on colon cancer cell lines, aided in suppressing colon cancer cell proliferation which further also supports their anticancer activities.

Khan et al. (2017) (2017) reported the less toxicity of the copper oxide nanoparticles at a concentration of 640 µg/mL. Whereas, copper nanoparticles synthesized from *Agaricus bisporus* at 500 µg/ml concentration showed cytotoxicity on SW620 cells with 60% cell viability (Sriramulu et al. [2020\)](#page-15-31). Wongrakpanich et al. [\(2016\)](#page-16-3) reported toxicity of copper oxide nanoparticles (34.9 nm) in the liver (HepG2) and intestinal cells (Caco-2 cells) at 10.90 µg/mL and 10.04 µg/ mL concentrations, respectively (Wongrakpanich et al. [2016\)](#page-16-3). The diference in the percent of toxicity of copper oxide nanoparticles could be due to diferences in their size that afect the rate of entry of nanoparticles into the cell potentially infuencing the amount of dissolution of copper ions (Wongrakpanich et al. [2016\)](#page-16-3). In the present study, the toxicity was analysed after 24'h and 48'h treatments. According to Riss and Moravec ([2004\)](#page-15-32), Yedjou et al. ([2006](#page-16-4)),

Fig. 15 Cell viability analysis of nanoparticles on primary and metastatic colon cancer cells (**A**) SW480 cells (**B**) SW620 cells and cytotoxicity efect of nanoparticles in primary and metastatic colon cancer cells (**C**) SW480 cells (**D**) SW620 cells

Fig. 16 Morphological analysis of primary and metastatic colon cancer cells (**A**) SW480 cells without treatment (**B**) SW480 cells treated with 12.5 µg/mL of nanoparticle (**C**) SW620 cells without treatment (**D**) SW620 cells treated with 12.5 µg/mL of nanoparticle

Fig. 17 Toxicity mechanism of nanoparticles

and Kang et al. [\(2013](#page-14-16)), the 24 h of treatment can be used for cell viability analysis and taken as the suitable period for in vitro toxicity assay. The generation of reactive oxygen species (ROS) may be induced by nanoparticle exposure, which is a major cause of toxicity. Excessive formation of reactive oxygen species (ROS) results in oxidative stress, infammation, and consequent damage to proteins, cell membranes, and DNA, as well as cell death (Fig. [17](#page-13-1)) (Sengul and Asmatulu [2020\)](#page-15-33).

Conclusion

In this study, $Ru-Cu₂O-NPs$ were successfully synthesized (with an average crystallite size of 25 nm and octahedron-shaped grains with an average grain size of 0.82 ± 0.04 µm) from the aqueous fruit extract of *R*. ellipticus. Ru-Cu₂O-NPs showed less antioxidant activity than *R. ellipticus* fruit extract, which may be due to the presence of ascorbic acid in the fruit extract. Conversely,

Ru-Cu2O-NPs had better antimicrobial activity against *B. subtilis, S. aureus,* and *R. necatrix* than *E. coli, P. aeruginosa*, and *F. oxysporum*, making them suitable for use as antimicrobial agents. A toxicity analysis revealed that Ru-Cu₂O-NPs at a concentration ranging from 1.5 μ g/mL, 12.5 µg/mL, and 50 µg/mL were nontoxic to BM MSCs and HC lines, supporting their use as potent drug delivery vehicles. In contrast, cytotoxicity of $Ru-Cu₂O-NPs$ on colon cancer cell lines was seen at the higher doses (100 μ g/mL and 50 μ g/mL) which supports their anticancer properties. Moreover, the cytotoxic activity of the Ru- $Cu₂O-NPs$ has zero toxicity at 12.5 μ g/mL concentration, making them suitable for a variety of applications. However, further studies with clinical evaluations and in vivo techniques are needed. It is still necessary to investigate the molecular activity of NPs in animal models.

Declarations

Conflict of interest There is no confict of interest among the authors.

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