

# Graphene oxide/Fe<sub>3</sub>O<sub>4</sub>@polythionine nanocomposite as an efficient sorbent for magnetic solid-phase extraction followed by high-performance liquid chromatography for the determination of duloxetine in human plasma

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**Abstract** Herein, an efficient graphene oxide/Fe<sub>3</sub>O<sub>4</sub>@polythionine (GO/Fe<sub>3</sub>O<sub>4</sub>/PTh) nanocomposite sorbent was introduced for magnetic solid-phase extraction combined with high-performance liquid chromatography–ultraviolet detection of duloxetine (DLX) in human plasma. To prepare the sorbent, an oxidative polymerization of thionine on the surface of magnetic GO was utilized while PTh was simply used as a surface modifier to improve extraction efficiency. Transmission electron microscopy, scanning electron microscopy, X-ray diffraction, energy-dispersive X-ray analysis, vibrating sample magnetometry, Fourier transform-infrared spectroscopy and Brunauer–Emmett–Teller technique were applied to characterize the prepared nanoparticles. Firstly, effective parameters controlling the performance of the extraction process were evaluated in detail and optimized. Under the optimized conditions, calibration curve showed linearity in the range of 2–2500 ng mL<sup>-1</sup> with regression coefficient corresponding to 0.998. Limits of detection (LOD, S/N = 3) and quantification (LOQ, S/N = 10) were 0.5 and 2 ng mL<sup>-1</sup>, respectively. Reasonable intra-assay (3.5–4.5%, *n* = 6) and inter-assay (3.8–6.7%, *n* = 9) precision represented acceptable performance of the procedure. The applicability of the method was successfully extended to the determination of DLX in human plasma after oral administration of 60 mg single dose of the drug and finally some pharmacokinetic data was achieved.

**Keywords** Duloxetine · Graphene oxide/Fe<sub>3</sub>O<sub>4</sub>@polythionine · High-performance liquid chromatography · Human plasma · Magnetic solid-phase extraction

## Introduction

Duloxetine (DLX) is a selective serotonin–norepinephrine reuptake inhibitor (SNRI), originally developed as an antidepressant and is currently recommended for maintenance treatment of major depressive disorder (Hunziker et al. 2005; Zhao et al. 2009; Freeman et al. 2013). The drug is approved by the United States Food and Drug Administration (U.S. FDA) for the treatment of diabetic polyneuropathy and is recommended as a first line treatment for the purpose (Mallinckrodt et al. 2006; Sultan et al. 2008). Other indications include management of generalized anxiety (Ball et al. 2013), fibromyalgia (Bennett et al. 2012), and most recently, stress urinary incontinence (Leeuwen et al. 2008; Mihaylova et al. 2010).

According to literature survey, there have been several reports on the determination of DLX in pharmaceutical and biological media including ion-selective electrode (Ammar et al. 2012), high performance thin layer chromatography (Dhaneshwar et al. 2008), capillary electrophoresis (Rickard and Bopp 1994; Liu and Nussbaum 1999; Musenga et al. 2009) and chromatographic methods (Lantz et al. 2003; Anderson et al. 2006; Ma et al. 2007; Mercolini et al. 2007). Practical demands for the analysis in the field of pharmaceutical, environmental and life science are the main driving forces for the development in sample preparation (Moldoveanu 2004; Zeeb et al. 2016). The main objective of this challenge is to transfer the analyte into a form that is pre-purified, concentrated, and compatible with the analytical

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system (Pawliszyn 2002; D'Archivio et al. 2016; Huang et al. 2017). Recent trends in sample preparation have focused on miniaturization, automation, high-throughput, on-line coupling with analytical instruments and low-cost operations through extremely low or no solvent consumption (Moldoveanu and David 2002; Mitra 2003; Pavlović et al. 2007; Pastor-Belda et al. 2016). The common sample preparation techniques applying to monitor the drug are liquid–liquid extraction (LLE) and solid-phase extraction (SPE). LLE is time-consuming and needs large amounts of high purity organic solvents which are potentially hazardous and expensive (Zeeb et al. 2014). In contrast, SPE offers many merits including high extraction efficiency, low consumption of toxic solvents, and convenience of operation (Gołębowski et al. 2017; Karpavičiūtė et al. 2017). However, when large volumes of samples pass through the SPE column, long extraction time is required and the SPE cartridge blockage is probable (Płotka-Wasyłka et al. 2015). As a result, there is an increasing need to fabricate novel extraction sorbents with high extraction efficiency, good dispersible property and anti-interference ability.

Magnetic solid-phase extraction (MSPE) has lately received great attention due to its numerous advantages involving magnetic irretrievability, operational simplicity, high extraction yield and capability towards selective functionalization of materials (Yan et al. 2014). Moreover, magnetic nanocomposite materials affect extraction efficiency by providing a high surface area to volume ratio and their usage in sample preparation lead to easier and faster separation in the presence of an external magnetic field compared with common SPE methods (Asgharinezhad et al. 2014). The applications of MSPE in environmental and biological analysis have been described in several papers (Mehdinia et al. 2011; Wang et al. 2016). The type of sorbent is a key factor in MSPE because it influences the affinity, selectivity and extraction capacity. So, the explorations of new types of sorbents to ameliorate the extraction performance are considered an important research field in analytical chemistry (Herrero-Latorre et al. 2015).

Recently, grapheneoxide (GO) as a new class of carbon nanomaterial has become a new supermaterial due to its unique characteristics such as high electrical conductivity as well as exceptional mechanical and optical properties (Dimiev and Eigler 2016). The nanosheet of GO seems to be an efficient sorbent in MSPE because of its huge surface area along with superior chemical and thermal stability and large quantities of oxygen atoms on its surface including epoxy, hydroxyl, and carboxyl groups. Thus, this nanomaterial provides rich functional groups for the strong  $\pi$ – $\pi$  interaction between GO and biological or organic materials. In addition, it is highly hydrophilic and can form stable colloidal suspensions in water. Accordingly, GO has been utilized as a practical sorbet for extraction and

enrichment of various analytes in different media (Marcano et al. 2010; Liu et al. 2014). The conductive polymers (CPs) are significantly promising in sample preparation owing to their flexible and unique properties such as hydrophobicity,  $\pi$ -interaction, acid–base character, polar functional groups, ion exchange characteristics, hydrogen bonding, stability and simplicity of fabrication (Li et al. 2012). These kinds of polymers have been applied to increase the merits of magnetic materials as sorbents for extraction and preconcentration of some analytes in real samples (Bagheri et al. 2013).

In this work, polythionine (PTh) as a CP was coated on the surface of GO/Fe<sub>3</sub>O<sub>4</sub> and the new designed nanocomposite sorbent was applied in MSPE for the extraction and preconcentration of DLX in human plasma. The parameters affecting the extraction performance were studied in detail and the optimum conditions were established. The developed method was validated for quantitative purposes after oral administration of the drug, and ultimately applied for achieving some pharmacokinetic parameters in combination with high-performance liquid chromatography–ultraviolet detection (HPLC–UV).

## Experimental

### Chemicals

All of chemicals were analytical grade and used without further purification. Thionine (Th) acetate (85%), sodium hydroxide (NaOH, 99%), nitric acid (HNO<sub>3</sub>, 65%), hydrochloric acid (HCl, 37%), iron (III) chloride hexahydrate (FeCl<sub>3</sub>·6H<sub>2</sub>O), iron (II) chloride tetrahydrate (FeCl<sub>2</sub>·4H<sub>2</sub>O), potassium permanganate (KMnO<sub>4</sub>), ammonia (NH<sub>3</sub>, 25%) were obtained from Merck Company (Darmstadt, Germany). Hydrogen peroxide (H<sub>2</sub>O<sub>2</sub>, 30%) and graphite powder (mesh of 100) were bought from Sigma-Aldrich (St. Louis, MO, USA). DLX and paroxetine (as internal standard, IS) were obtained from Daroupakhsh Company (Tehran, Iran). DLX tablets (60 mg) were purchased from commercial sources. HPLC-grade methanol, acetonitrile (Fisher Chemicals, Fair Lawn, NJ, USA) and ultrapure water (Millipore, Bedford, MA, USA) were used in all experiments.

### Instrumentation

The chromatographic analysis was performed on an Agilent 1100 HPLC system (Agilent Technologies, Palo Alto, CA, USA) equipped with a isocratic pump (Santa Clara, USA), a UV detector (set at 230 nm) and a manual injector with 20  $\mu$ L sample loop. The separations were carried out on an RP-C<sub>18</sub> reversed-phase column (150 mm  $\times$  4.6 mm

id, 5  $\mu\text{m}$  particle size) from LiChrospher (Merck Millipore, Darmstadt, Germany) at the temperature of  $30 \pm 0.5$  °C. The isocratic mobile phase consisting ammonium formate ( $10 \text{ m mol L}^{-1}$ ) and acetonitrile (40:60) with pH of 3.8 was delivered through the column at a flow rate of  $1.0 \text{ mL min}^{-1}$ . All of the pH measurements were performed with a WTW Inolab pH meter (Weilheim, Germany). Routine degassing of the mobile phase was carried out by passing it through a  $0.2 \mu\text{m}$  membrane filter (Millipore, Bedford, MA, USA). The dispersion of GO/Fe<sub>3</sub>O<sub>4</sub>/PTh as the sorbent was performed into the aqueous media via Sonorex ultrasonic baths (Bandelin, Berlin, Germany). A Heraeus Sepatech Model Labofuge 1500 centrifuge (Osterode/Harz, West Germany) was used to separate the supernatant from protein precipitate in deproteinization of plasma samples. Scanning electron microscopy (SEM) images and Energy dispersive X-ray spectroscopy (EDX) spectra were recorded using a Hitachi S-4160 machine (Tokyo, Japan). Fourier transform-infrared (FT-IR) spectra were recorded using a Vector 22 FT-IR spectrometer (Bruker, Germany). The X-ray diffraction (XRD) spectra were recorded using Cu  $K\alpha$  radiation ( $\lambda = 1.5406 \text{ \AA}$ ) on a D8 Advance X-ray diffractometer (Bruker, Germany). The magnetic properties of the prepared extraction sorbent were studied using a vibrating sample magnetometer (Kashan, Iran) at room temperature ( $22 \pm 0.5$  °C) by changing the applied field in the range of  $-10$  to  $10$  kOe. The morphology of GO, GO/Fe<sub>3</sub>O<sub>4</sub> and GO/Fe<sub>3</sub>O<sub>4</sub>/PTh were evaluated using JEOL-JEM 2010 transmission electron microscopy (TEM, Michigan, USA). A Quantachrome, USA, Brunauer–Emmet–Teller (BET) surface area analyzer was employed for surface area measurements by N<sub>2</sub> adsorption–desorption analysis.

#### Preparation of standards and quality control samples

A stock solution ( $100.0 \mu\text{g mL}^{-1}$ ) of DLX was prepared in methanol. The working solutions of DLX were daily prepared by step-diluting the stock solution with the ultrapure water to yield final required concentrations. Standards for plotting calibration curve were prepared by spiking the working solutions into human plasma. Quality control (QC) samples of DLX at concentration levels of 5, 100, 500 and  $2000 \text{ ng mL}^{-1}$  were prepared by spiking appropriate amount of working solutions into human plasma. All the stocks and working solutions were stored at  $-20$  °C.

#### Deproteinization of plasma and preparation of spiked samples

Spiked plasma samples were prepared by adding  $100 \mu\text{L}$  of the working solutions with various concentrations into

$1.9 \text{ mL}$  drug-free matrixes to yield final desired concentrations. The samples were deproteinized by  $2.0 \text{ mL}$  of 2% (w/v) zinc sulfate-acetonitrile (60:40 v/v) and vortexed for 2 min. To settle the proteins, the samples were centrifuged for 12 min at 4000 rpm and then, the acetonitrile content of the solution was evaporated under a nitrogen stream at  $50$  °C. About  $3 \text{ mL}$  of the remained supernatant phase was transferred into a vial, diluted to  $6.0 \text{ mL}$  with water and centrifuged again for 2 min at 4000 rpm. Subsequently, the clear upper phase was placed into new test tubes and put through to MSPE.

#### Synthesis of GO/Fe<sub>3</sub>O<sub>4</sub>

GO was simply synthesized from expanded graphite according to a modified Hummer's method (Marcano et al. 2010). In brief, graphite powder ( $3.0 \text{ g}$ ) was mixed with NaNO<sub>3</sub> ( $1.5 \text{ g}$ ), followed by the addition of H<sub>2</sub>SO<sub>4</sub> ( $69.0 \text{ mL}$ ). To start oxidation step, the mixture was cooled to  $0$  °C by an ice water bath, and then  $9.0 \text{ g}$  of KMnO<sub>4</sub> was added to this solution. The temperature of the mixture was increased up to  $20$  °C via a thermostat and kept constant for 5 min. The solution was heated, and continuously stirred for 10 h at  $35$  °C. The temperature of the mixture was decreased to  $25$  °C afterwards and transferred into a baker containing  $400 \text{ mL}$  of ice and  $3.0 \text{ mL}$  of 30% H<sub>2</sub>O<sub>2</sub>. To separate the solid phase, it was centrifuged at rate of 4000 rpm for 3 min. The solid phase was washed with HCl 5% and water three times while ultrasonic irradiation was simultaneously applied for suspension. It was finally centrifuged and the settled phase was dried at  $100$  °C.

To prepare magnetic GO/Fe<sub>3</sub>O<sub>4</sub>, the fabricated GO ( $0.30 \text{ g}$ ) was dispersed in  $150 \text{ mL}$  water by applying ultrasonic irradiation. Then,  $0.825 \text{ g}$  FeCl<sub>3</sub>·6H<sub>2</sub>O and  $0.322 \text{ g}$  of FeCl<sub>2</sub>·4H<sub>2</sub>O were dissolved in  $25 \text{ mL}$  water. The solution of iron (II) and (III) was added dropwise to GO solution at room temperature ( $22 \pm 0.5$  °C) under a nitrogen flow and vigorous agitation while the pH was adjusted to 10 with ammonia (25% v/v). The temperature of the mixture was elevated to  $80$  °C and stirred for 50 min. The solution containing the black sedimented was centrifuged, the settled material was washed four times with ethanol and then, dried at  $100$  °C in an oven under vacuum.

#### Synthesis of GO/Fe<sub>3</sub>O<sub>4</sub>/PTh nanocomposite

To generate GO/Fe<sub>3</sub>O<sub>4</sub>/PTh, the fabricated GO/Fe<sub>3</sub>O<sub>4</sub> ( $0.3 \text{ g}$ ) was suspended in  $150 \text{ mL}$  water and was placed in a shaker for 10 min.  $0.1 \text{ g}$  of FeCl<sub>3</sub>·6H<sub>2</sub>O as a catalyst (with purple color) and  $0.20 \text{ g}$  thionine (Th) was dissolved in  $100 \text{ mL}$  water and slowly added to the mentioned solution. Then,  $2.0 \text{ mL}$  of H<sub>2</sub>O<sub>2</sub> as an oxidizing agent was

added dropwise during vigorous shaking and temperature of the solution was increased and stirred at 50 °C for an hour. In this step, the purple color was removed and polythionine was synthesized. The sedimented black solid phase was separated using a strong magnet and it was washed four times with deionized water and dried at 25 °C in an oven under vacuum (Zhao et al. 2015).

### MSPE procedure

The experimental extraction setup is illustrated in Fig. 1. At first, 5.0 mL of the spiked plasma was transferred into a glass tube. The pH of the sample solution was adjusted at 9.0 using  $10^{-2}$  M of NaOH. Then, 15 mg of the magnetic sorbent was added to the sample tube. The glass container was placed into an ultrasonic bath and sonicated for 6 min in order to disperse the magnetic GO/Fe<sub>3</sub>O<sub>4</sub>@PTh sorbent into the sample. The sorbent was separated from sample by exposing glass tube to a strong magnet (5 cm × 5 cm × 5 cm, 0.6 Tesla) and afterwards, the upper phase was discarded. To desorb the analyte, the collected magnetic extraction phase was eluted with 1.0 mL methanol containing 2% acetic acid. Elution was carried out twice and in every washing, 0.5 mL desorption solvent was utilized. The eluted solution was collected and dried under a stream of nitrogen gas at 60 °C.

Subsequently, 100 µL of methanol was added to the remained phase and sonicated for 1 min. After all, the obtained mixture was again exposed to the strong magnet and 20 µL of the upper phase was injected into the HPLC.

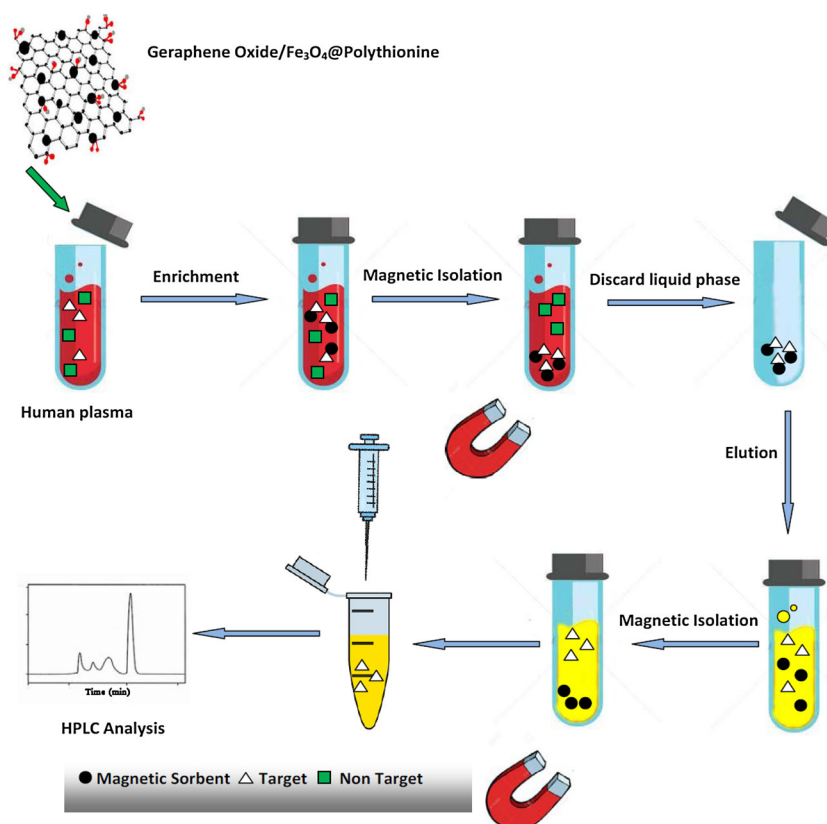
### Results and discussion

A one at a time approach was employed to optimize the main factors controlling the extraction efficiency. A fixed concentration ( $250.0 \text{ ng mL}^{-1}$ ) of IS was added to all sample solutions and quantifications were performed by calculating peak areas relative to the IS from the average of three replicate measurements. Blank plasma samples were periodically run to confirm the absence of interference.

### The sorbent composition

The composition of sorbent significantly controls the selectivity and efficiency of MSPE (Taghvimi and Hamishehkar 2017). GO has much more hydrophilic property, large surface area, high extraction ability and notable  $\pi$ -electron interaction with hydrocarbon ring structures. It is well-documented that GO sheets are extremely negative charged resulting undesirable dispersion into aqueous media (Yan et al. 2014). To solve the

**Fig. 1** Schematic diagram of the MSPE-HPLC method for quantitative analysis of DLX



latest issue, the magnetic nanocomposite can be synthesized via electrostatic interaction between  $\text{Fe}_3\text{O}_4$  with positively charged surface and GO. The fabricated magnetic nanocomposite can be meaningfully dispersed through the aqueous media due to the retained hydrophilic moieties. Because of the large surface area, considerable  $\pi$ - $\pi$  interactions and excellent chemical, mechanical and thermal stabilities, CPs are classified as adequate additives for the sorbents in the extraction of many types of compounds. Herein, to study the merits of the sorbent and provide better extraction efficiency, the surface of  $\text{GO}/\text{Fe}_3\text{O}_4$  was simply modified with PTh by chemical oxidative polymerization method.

### The characterization of nanocomposite sorbent

Figure 2 presents FT-IR spectra, XRD patterns, BET surface area analysis and magnetic properties of  $\text{GO}/\text{Fe}_3\text{O}_4@\text{PTh}$  nanocomposite. As it can be seen in Fig. 2A (a), the presence of oxygen-containing functional groups in GO is demonstrated by the peak located at  $1156\text{ cm}^{-1}$ , which corresponds to the stretching vibrations of epoxy C–O and ester bonds. The C=O of carbonyl and carboxyl groups shows a highlight vibration at  $1698\text{ cm}^{-1}$ . Furthermore, the peak at  $3452\text{ cm}^{-1}$  is related to stretching vibration of O–H bonds in GO structure. In Fig. 2A (b), the peak at  $583\text{ cm}^{-1}$  is assigned to Fe–O vibration confirming the GO has been properly modified with  $\text{Fe}_3\text{O}_4$ . In addition, the peaks located at  $1084$  and  $2941\text{ cm}^{-1}$  are probably assigned to C–N stretching vibrations and aromatic C–H stretching vibrations, respectively. These results demonstrate that GO has been well modified with  $\text{Fe}_3\text{O}_4$  and PTh. Besides, the integration of  $\text{Fe}_3\text{O}_4$  particles with extraction sorbent was approved by recording XRD spectra of  $\text{Fe}_3\text{O}_4$ , GO, and  $\text{GO}/\text{Fe}_3\text{O}_4@\text{PTh}$ . As it is clear in Fig. 2B (a), the GO presents a very sharp diffraction peak at  $2\theta = 11.281$ . The position and relative intensities of seven characteristic peaks for  $\text{Fe}_3\text{O}_4$  at  $2\theta = 30.251^\circ$ ,  $35.581^\circ$ ,  $43.211^\circ$ ,  $54.391^\circ$ ,  $57.091^\circ$ ,  $62.921^\circ$  and  $75.191^\circ$  prove the pure cubic spinel crystal structure of  $\text{Fe}_3\text{O}_4$  (reference: JCPDS card 03-065-3107) (Fig. 2B (b)) (Cao et al. 2014). Figure 2B (c) shows that after fabrication of  $\text{GO}/\text{Fe}_3\text{O}_4@\text{PTh}$ , the characteristic peak of  $\text{Fe}_3\text{O}_4$  remained unchanged but the diffraction peak for graphene oxide increased to  $2\theta = 29.421$ , which these results indicate sorbent has good magnetic properties and can be used for the magnetic separation. In order to investigate the magnetic features of the sorbent, vibrating sample magnetometry (VSM) of  $\text{GO}/\text{Fe}_3\text{O}_4@\text{PTh}$  nanocomposite at temperature of 300 K was obtained by cycling the field in the range of  $-10$  to  $10\text{ kOe}$ . Figure 2C exhibits the S-like shape of magnetization hysteresis loop and reveals a relatively high saturation magnetization amount of  $38.4\text{ emu g}^{-1}$  with no

hysteresis and coercively. This amount is high enough for magnetic separation by applying an external magnet after extraction process. The morphologies of GO,  $\text{GO}/\text{Fe}_3\text{O}_4$  and  $\text{GO}/\text{Fe}_3\text{O}_4@\text{PTh}$  nanostructures were evaluated using TEM and SEM images. As it is obvious in Fig. 3a–e, the  $\text{Fe}_3\text{O}_4$  particles have grown on the surface of GO sheets and well distributed. Besides, a slight edge thickness of the sorbent is due to the presence of the oxygen-containing functional groups. It can also be noted that the GO sheets were thicker at the edges. The TEM image reveals the formation of a thin layer coating of PTh on the  $\text{GO}/\text{Fe}_3\text{O}_4$  sheets. To demonstrate the modification of  $\text{GO}/\text{Fe}_3\text{O}_4$  with the polymer, EDX spectra of GO and  $\text{GO}/\text{Fe}_3\text{O}_4@\text{PTh}$  were recorded and compared (Fig. 4a, b). The EDX spectrum of the modified sorbent reveals the existence of sulfur revealing the proper modification and the presence of PTh on the surface of  $\text{GO}/\text{Fe}_3\text{O}_4$  sheet. The BET analysis recommends that  $\text{GO}/\text{Fe}_3\text{O}_4@\text{PTh}$  has an area of  $325.7\text{ m}^2\text{ g}^{-1}$  (Fig. 2D).

### The effect of sorbent amount per volume

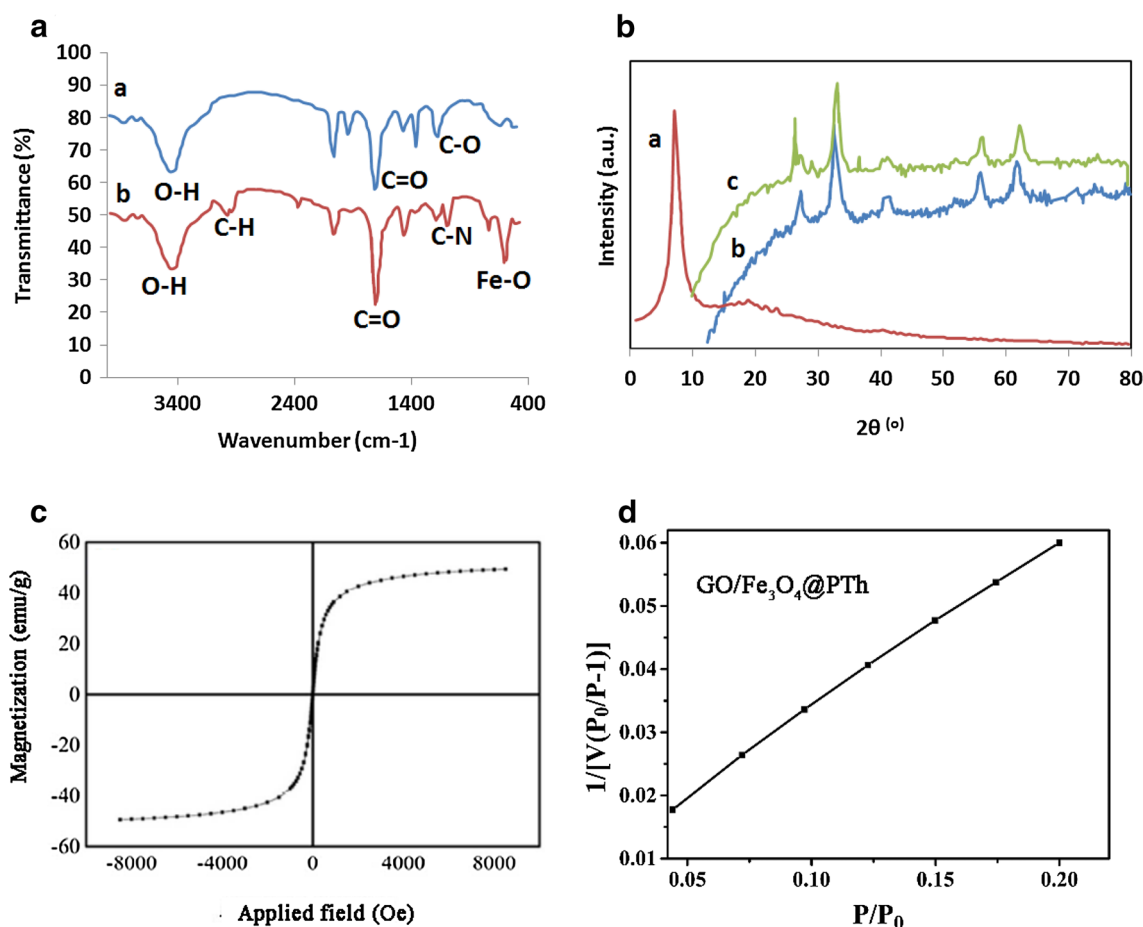
Figure 5 provides information about the effect of sorbent amount on the extraction efficiency. This factor was investigated in the range of 5–60 mg sorbent per 5.0 mL of sample. As it is apparent in Fig. 5, the relative peak area increases with raising the dosage of  $\text{GO}/\text{Fe}_3\text{O}_4@\text{PTh}$  from 5 to 15 and remains stable afterwards. Therefore, 15 mg of the sorbent is quite enough to extract DLX and obtain maximum analytical signals. This amount was chosen as the optimum value.

### The effect of ultrasonic time

The time of ultrasound radiation, which defines as the extraction time, has important influence on dispersion of the sorbent and the extraction efficiency (Chen et al. 2015). This parameter was studied in the range of 0–9 min. As shown in Fig. 5, relative peak area reaches a maximum value at 6 min and remains constant, then. It is evident that the equilibrium between the sorbent and sample media was nearly reached at 6 min and was selected for the following experiments.

### The effect of ionic strength

The addition of salt often increases the ionic strength, and thus increases the extraction efficiency due to the salting-out effect (Farahani et al. 2016). For this purpose, different concentrations of NaCl (0–10% w/v) were added to the sample solution to evaluate its effect on the extraction performance (Fig. 6). The results indicate that analytical responses rise up to 2%, followed by a steady fall. The



**Fig. 2** **A** FT-IR spectra of GO (*a*) and GO/Fe<sub>3</sub>O<sub>4</sub>@PTh (*b*); **B** XRD patterns of GO (*a*), Fe<sub>3</sub>O<sub>4</sub> (*b*) and GO/Fe<sub>3</sub>O<sub>4</sub>@PTh (*c*); **C** The magnetization hysteresis loop of GO/Fe<sub>3</sub>O<sub>4</sub>@PTh, **D** BET surface area analysis of GO/Fe<sub>3</sub>O<sub>4</sub>@PTh

decline of the extraction efficiency after 2% can be explained by occupying active sites on the surface of the sorbent by the salt ions. Thus, a fixed concentration of 2% w/v of NaCl was used as the optimum value.

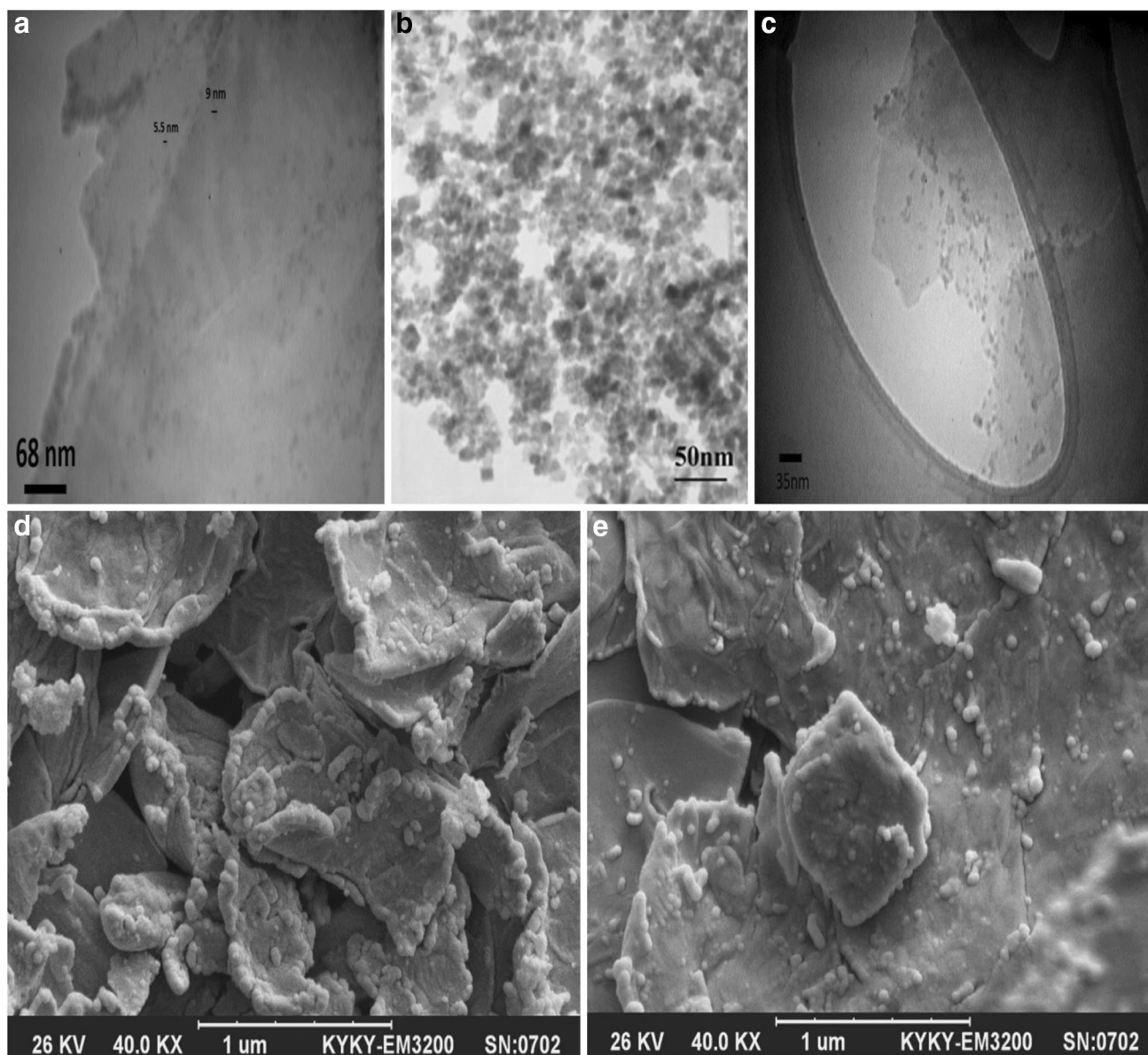
### The effect of sample pH

The pH of sample solution could change the state of the target analyte and the kind of its interaction with magnetic sorbent as well as the charges on the sorbent surface (Li et al. 2017). In an acidic media, due to the non-ionized characteristic of carboxylic acid groups of the fabricated sorbent, low extraction efficiency was achieved. This phenomenon causes an increase of sorbent aggregation and subsequently a decrease in surface area for interaction with the analyte. By growing the pH value up to 9.0, the ionization of the carboxylic groups become prevalent and provides better dispersion of sorbent into the sample media. The latest fact enhances the extraction efficiency. The effect of sample pH was investigated within the range of 2.0–12.0 using HCl and NaOH ( $10^{-2}$  mol L<sup>-1</sup> of each, by

a micropipette). Figure 6 denotes that the best results were obtained at pH 9.0 which was selected as the optimum.

### The effect of desorption conditions

The type and volume of desorption solvent have important effects on the extraction efficiency and must be carefully evaluated to obtain the highest analytical signal (Shi et al. 2016). In order to evaluate the kind of desorption solvent, various organic solvents involving methanol (containing 2% acetic acid), acetonitrile (containing 2% acetic acid) and acetone (containing 2% acetic acid) were examined. The obtained results indicated that desorption of methanol containing 2% acetic acid was much stronger and more stable than the other tested ones. Therefore, it was selected as the optimum, which provided suitable eluting ability. Moreover, the volume of desorption solvent was evaluated in the range of 0.5–3.0 mL and the best elution condition was also achieved using 1.0 mL of desorption solvent. Consequently, it was indicated that applying 0.5 mL in two times washing provided more stable results. The impact of



**Fig. 3** TEM images of GO (a), GO/Fe<sub>3</sub>O<sub>4</sub> (b), GO/Fe<sub>3</sub>O<sub>4</sub>@PTh (c), and SEM images of GO/Fe<sub>3</sub>O<sub>4</sub>@PTh (d, e)

desorption time on the extraction efficiency was tested from 0.5 to 7 min and the results showed that 2 min was quite sufficient to elute and desorb the target analyte from the extraction sorbent.

#### Reusability of the magnetic sorbent

To assess the applicability and cost-effective advantages of the fabricated magnetic sorbent, the reusability must be taken into account (Ding et al. 2016). In order to study this factor, the sorbent was washed with 3.0 mL methanol and then 3.0 mL water, after the extraction of target analyte. Thereupon, the sorbent was dried at ambient temperature and utilized again for new measurements. These results

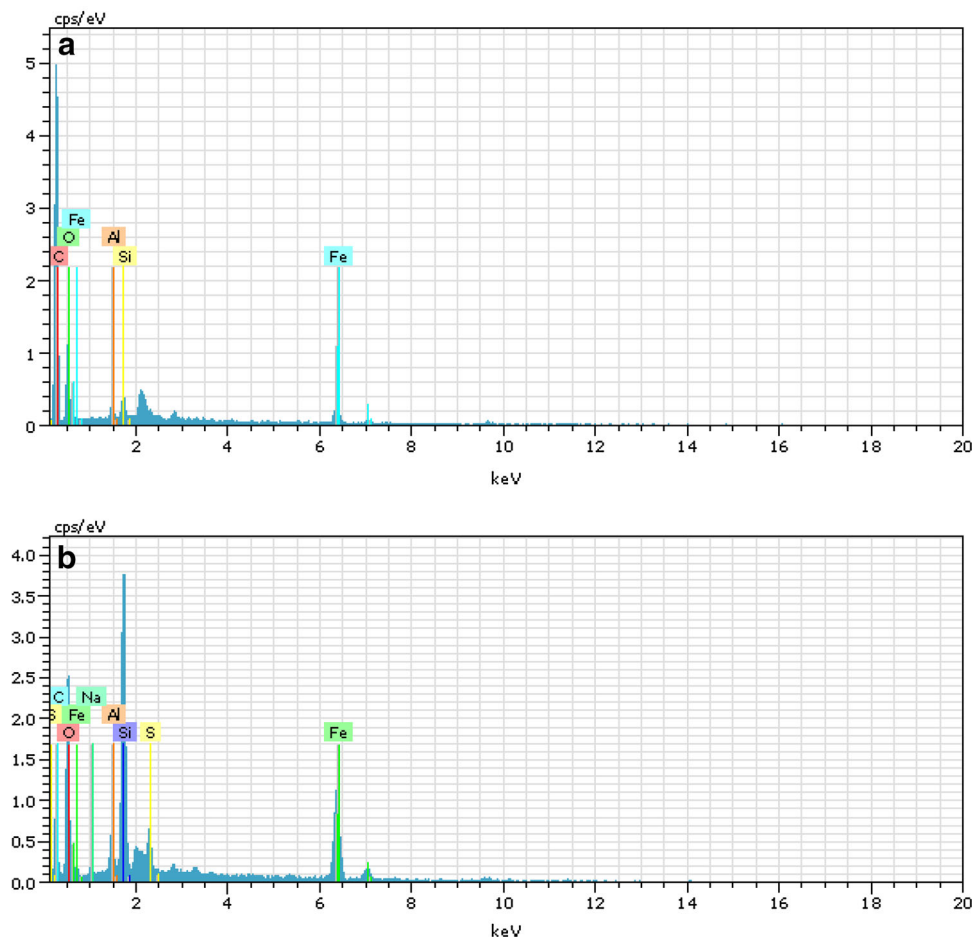
demonstrated that the designed extraction phase could be reused at least 9 times and in the last usage it almost provided extraction recovery of 87%.

#### Method validation

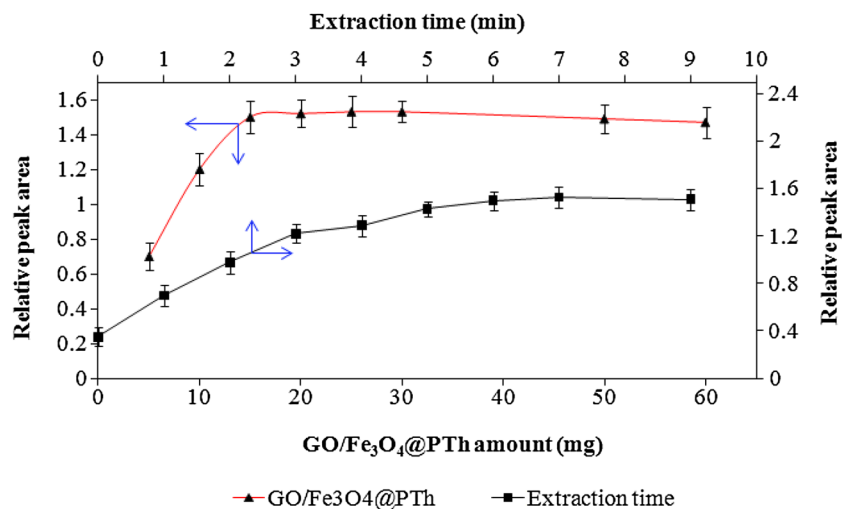
##### *Analytical performance*

To evaluate the practical usage of the methodology, calibration curves were plotted using spiked levels of the analyte. Each standard sample was extracted by the proposed method at the optimum conditions. For each level, three replicate extractions were conducted. The limit of detection (LOD), based on the signal-to-noise ratio (S/N)

**Fig. 4** EDX spectra of GO/ $\text{Fe}_3\text{O}_4$  (a) and GO/ $\text{Fe}_3\text{O}_4$ @PTh (b)



**Fig. 5** Influence of magnetic sorbent amount and extraction time on the analysis of DLX. Experimental conditions: DLX concentration:  $250 \text{ ng mL}^{-1}$ ; pH 9.0; salt concentration 2% w/v; sample volume 5.0 mL

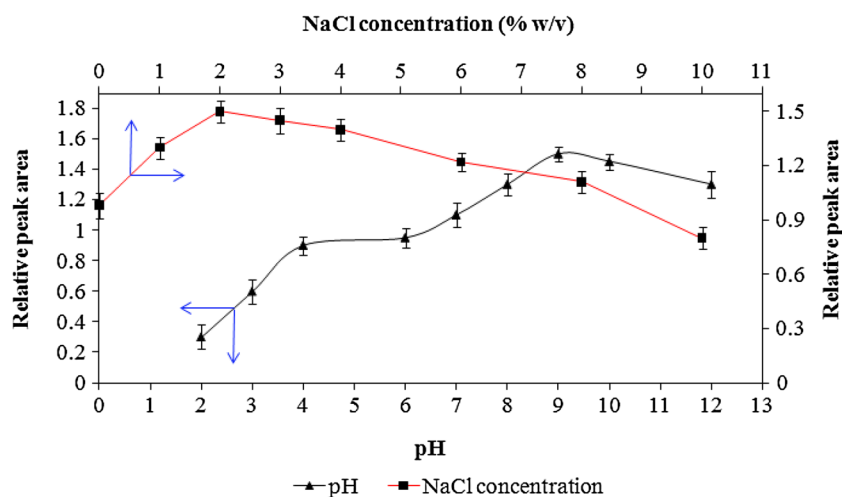


of 3, the limit of quantification (LOQ) based on the S/N of 10 and the determination coefficients ( $r^2$ ) were calculated. All the analytical features as well as system suitability were determined according to ICH guidelines. The calibration curve was drawn with the equation of

$Y = 0.0047 (\pm 0.00019) X + 0.3031 (\pm 0.016)$  where  $Y$  and  $X$  are DLX relative peak areas to the IS (three replicates) and DLX concentration ( $\text{ng mL}^{-1}$ ), respectively. The values in parenthesis give the standard deviations. The LR ( $2\text{--}2500 \text{ ng mL}^{-1}$  with  $r^2 = 0.998$ ) is



**Fig. 6** Influence of pH and ionic strength on extraction performance. Experimental conditions: DLX concentration  $250.0 \text{ ng mL}^{-1}$ ; magnetic sorbent amount 15 mg; extraction time 6 min; sample volume 5.0 mL



**Table 1** Intra-day and inter-day precision and accuracy for the determination of DLX in human plasma

Compound	Concentration (ng mL <sup>-1</sup> )	Found value ± SD <sup>a</sup> (ng mL <sup>-1</sup> ) <sup>b</sup>	Intra-day, n = 6			Inter-day, n = 9	
			RSD (%)	Accuracy (%)	Found value ± SD (ng mL <sup>-1</sup> ) <sup>b</sup>	RSD (%)	Accuracy (%)
DLX	5	5.3 ± 0.2	4.5	6.0	5.4 ± 0.3	4.7	8.0
	100	97.0 ± 3.8	3.9	3.0	108.9 ± 7.3	6.7	8.9
	500	511.9 ± 20.5	4.0	2.4	486.0 ± 18.5	3.8	2.8
	2000	2101.0 ± 73.5	3.5	5.0	1872.3 ± 104.8	5.6	6.4
IS	250	261.0 ± 11.0	4.2	4.4	267.9 ± 13.7	5.1	7.2

<sup>a</sup> Standard deviation

<sup>b</sup> The average of three independent measurements

practical to cover the possible concentration of DLX in human plasma while LOD ( $0.5 \text{ ng mL}^{-1}$ ) and LOQ ( $2 \text{ ng mL}^{-1}$ ) provide a high and desire sensitivity of the method.

#### Precision and accuracy

The intra-day and inter-day precisions at four concentration levels of DLX (5, 100, 500 and  $2000 \text{ ng mL}^{-1}$ ) as the QC samples were performed and the results are summarized in Table 1. As it can be seen, intra-assay precisions were studied by measuring the samples at 6 runs a day and provided RSD values within the range of 3.5–4.5%. In addition, the inter-assay precisions were determined on 3-day period at total run of 9 and RSD values were achieved in the range of 3.8–6.7%. In all experiments, the relative errors as the accuracy of the method were less than 9%. These results confirm that the developed method is repeatable and reliable.

#### The stability study

The stability assessment was performed by analyzing QC samples after three freeze–thaw cycles (Table 2). The cycle was repeated twice and the solutions were then analyzed. The samples were stored at  $-20 \text{ }^\circ\text{C}$  for 24 h and then thawed at  $25 \text{ }^\circ\text{C}$ . Applying a newly constructed calibration plot and three replicate measurements for each concentration level of QC samples revealed that there was no significant difference between the freeze–thaw sample and the freshly spiked samples. Subsequent experiments showed that real samples are stable for 3 days at  $2\text{--}10 \text{ }^\circ\text{C}$ .

#### Application

The developed protocol at optimum conditions was applied to determine DLX concentration in human plasma. All the studies were carried under the guidance and supervision of a professor (faculty member of Pharmacy and

**Table 2** The stability assessment of DLX in human plasma

Storage conditions	DLX added (ng mL <sup>-1</sup> )	Mean value <sup>a</sup> (ng mL <sup>-1</sup> )	RSD (%)	E <sub>r</sub> (%) <sup>b</sup>
Ambient temperature (8 h)	5	5.2 ± 0.3	5.7	4.0
	100	104.0 ± 4.5	4.3	4.0
	500	486.3 ± 17.0	3.5	2.7
	2000	2103.8 ± 83.6	4.2	5.2
Three freeze–thaw cycles (–20 °C)	5	5.4 ± 0.3	5.6	8.0
	100	107.2 ± 4.9	4.6	7.2
	500	483.0 ± 16.4	3.4	3.4
	2000	2109.1 ± 91.3	4.3	5.5
2–10 °C, 3 days	5	5.3 ± 0.3	5.7	6.0
	100	108.0 ± 5.0	4.6	8.0
	500	522.3 ± 29.0	5.6	4.5
	2000	1873.8 ± 70.9	3.8	6.3

<sup>a</sup> Mean value ± standard deviation (*n* = 3)<sup>b</sup> Relative error**Table 3** Pharmacokinetic parameters of the drug in human plasma after oral administration of DLX

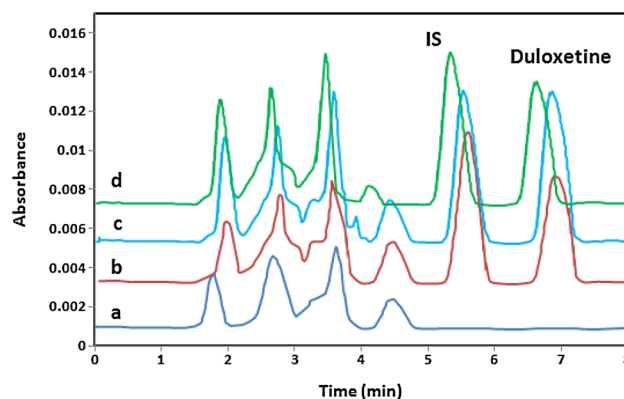
Pharmacokinetic parameters	DLX (60 mg)	
	Mean	SD
<i>T</i> <sub>max</sub> (h)	5.6	0.6
<i>C</i> <sub>max</sub> (ng mL <sup>-1</sup> )	31.3	8.4
AUC <sub>0–48</sub> (ng h mL <sup>-1</sup> )	401.3	63.9
AUC <sub>0–∞</sub> (ng h mL <sup>-1</sup> )	427.4	73.0
<i>T</i> <sub>1/2</sub> (h)	11.4	1.4

*T*<sub>max</sub> time required for reaching maximum plasma concentration, *C*<sub>max</sub> maximum plasma concentration, AUC<sub>0–48</sub> area under curve, AUC<sub>0–∞</sub> area under curve at infinite time, *T*<sub>1/2</sub> time required for reaching to half concentration

Pharmaceutical Sciences Research Center, Tehran University of Medical Sciences, expire date of permission in August 01, 2017). Oral administration of a 60 mg single dose was performed to three healthy male volunteers. The real samples were collected at 0, 1, 2, 3, 4, 5, 6, 8, 10, 12, 24 and 48 h after drug administration and the mean plasma concentration–time curve was obtained. The main pharmacokinetic parameters including *T*<sub>max</sub>, *C*<sub>max</sub>, AUC<sub>0–*t*</sub>, AUC<sub>0–∞</sub>, and *T*<sub>1/2</sub> are summarized in Table 3. The chromatograms of DLX in human plasma after the drug administration at different time periods in addition to blank are illustrated in Fig. 7.

#### Comparison with other methods

A comparison of the method with previously reported techniques for the determination of DLX is provided in Table 4. The LOQ of the MSPE-HPLC–UV was better

**Fig. 7** The chromatograms of DLX in human plasma; blank plasma (a); the chromatograms of real samples analysis after the drug administration at 3 (b), 6 (c) and 24 (d) h

than the other methods except protein precipitation–liquid chromatography–mass spectrometry (PP-LC–MS). Beside its simplicity, low cost and the widest LR, an extra advantage of MSPE-HPLC–UV is short extraction time. The data revealed a significant improvement in RSD excluding ultra-performance liquid chromatography (UPLC). These characteristics are of great interest for routine laboratories in the trace analysis of DLX in plasma samples.

#### Conclusion

A new magnetic nanocomposite of GO/Fe<sub>3</sub>O<sub>4</sub>@PTH was successfully fabricated and utilized as an efficient sorbent for MSPE. Applying PTH as a surface modifier, led to producing a sorbent with extra extraction properties of GO/Fe<sub>3</sub>O<sub>4</sub>. The results show that high surface area and fast

**Table 4** The comparison of MSPE-HPLC with previously reported methods for quantification of DLX

Method	LOQ (ng mL <sup>-1</sup> )	LR (ng mL <sup>-1</sup> )	RSD (%)	Extraction time (min)	References
PP-LC-MS <sup>a</sup>	0.8	0.8–100	5.4	10	Ma et al. (2007)
LLE-HPLC-UV <sup>b</sup>	5	5–2000	5.1	6.5	Malfará et al. (2007)
DLLME-SFO-HPLC-FLD <sup>c</sup>	2.5	2.5–200	5.9	1	Suh et al. (2013)
SPME-HPLC-UV <sup>d</sup>	16	16–2000	15.0	40	Chaves et al. (2009)
MSPE-HPLC	2	2–2500	3.9	6	Represented work

<sup>a</sup> Protein precipitation-liquid chromatography-mass spectrometry

<sup>b</sup> Liquid-liquid extraction-high performance liquid chromatography ultraviolet detection

<sup>c</sup> Dispersive liquid-liquid microextraction solidification of floating organic solvent high-performance liquid chromatography-fluorescence detection

<sup>d</sup> Solid phase microextraction-high performance liquid chromatography-ultraviolet detection

mass transfer capacity of the fabricated sorbent in combination with HPLC-UV is a valid means of enrichment and quantification of DLX at trace level in human plasma. The satisfactory extraction efficiency, sufficient sensitivity and repeatability along with significant accuracy were achieved, almost independent of the complex matrix in the real samples. Furthermore, the entire analytical procedure presents a cost-effective and quick way for the screening purposes. Hence, putting all the advantages together, the method possesses great potential to be employed in the other applications.

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#### Compliance with ethical standards

**Conflict of interest** The authors declared no conflict of interest.

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