

# Mini Gastric Bypass-One Anastomosis Gastric Bypass (MGB-OAGB)-IFSO Position Statement

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## Preamble

The International Federation for the Surgery of Obesity and Metabolic Disorders (IFSO) has played an integral role in educating both the metabolic surgical and the medical community at large about the role of innovative and new surgical and/or endoscopic interventions in treating adiposity-based chronic diseases.

The mini gastric bypass is also known as the one anastomosis gastric bypass. The IFSO has agreed that the standard nomenclature should be the mini gastric bypass-one anastomosis gastric bypass (MGB-OAGB). The IFSO commissioned a task force ([Appendix 1](#)) to determine if MGB-OAGB is an effective and safe procedure and if it should be considered a surgical option for the treatment of obesity and metabolic diseases.

The following position statement is issued by the IFSO MGB-OAGB task force and approved by the IFSO Scientific Committee and Executive Board. This statement is based on current clinical knowledge, expert opinion, and published peer-reviewed scientific evidence. It will be reviewed in 2 years.

**Keywords** MGB OAGB IFSO Position statement Systematic Review

## Background

In weight loss surgery, the concept of a “loop” gastric bypass consisting of one anastomosis was first introduced by Mason in 1967 [[1](#)]. In Mason’s configuration, the gastric pouch was wide and short, and had a horizontal shape, exposing the esophageal mucosa to caustic bile reflux coming from the jejunal loop. Because it was a reflux-inducing procedure, this bypass concept was quickly abandoned. In 1997, Rutledge introduced a different version of one anastomosis gastric bypass and named it “mini gastric bypass” (MGB) because the procedure initially was described through a “mini-laparotomy”, in analogy with “mini-laparotomy cholecystectomy”.

MGB consisted of a lesser curvature-based long-sleeved gastric pouch starting 2–3 cm below the level of the crow’s foot and extending proximally slightly to the left of the angle

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On behalf of the IFSO appointed task force reviewing the literature on MGB-OAGB

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of His. An antecolic 3–5-cm-wide anastomosis was then constructed between the pouch and the jejunum, about 180–220 cm distal to Treitz’ ligament. In the super obese, the distance to Treitz’ ligament would be about 250 cm, in the elderly or vegetarians 180–200 cm and in type II diabetics without major obesity about 150 cm [[2](#)].

In 2002, Carbajo and Caballero (Spain) proposed a technical variation to prevent gastroesophageal (GE) bile reflux. They called their technique one anastomosis gastric bypass (OAGB) or in Spanish bypass gastrico de una anastomosis (BAGUA). According to this technique, OAGB had a latero-lateral anastomosis between the loop of jejunum and the pouch, and the distance to Treitz’ ligament averaged 250–350 cm [[3](#)].

Since then, other names such as “single anastomosis gastric bypass” (SAGB) or “omega loop gastric bypass” (OLGB) have been proposed to define the same technique [[4](#), [5](#)]. In 2013, the confusion created by the various names led a group of surgeons to use the name mini gastric bypass-one anastomosis gastric bypass (MGB-OAGB) to define this surgery [[6](#)].

Despite an increase in the utilisation of MGB-OAGB, particularly in Europe and the Asia Pacific regions [[7](#)], there remains concern that the MGB-OAGB could create bilio-

enteric reflux, and may increase the risk of esophageal and gastric cancer.

The task force undertook a systematic review to summarise the current evidence on the efficacy and safety of these procedures with the aim of providing the most up-to-date information to guide practice.

## Methods

### Literature Search

We performed a comprehensive literature search to identify studies reporting any experience or outcomes with the MGB-OAGB. The search was done in accordance with the Preferred Reporting Items for Systematic Reviews and Meta-Analyses (PRISMA) statement. We searched MEDLINE (1946 to November 2017), EMBASE (1974 to November 2017), PubMed (until November 2017) and the Cochrane Library (until November 2017). Search terms were broad, to encompass all mini gastric bypass procedures (MGB). These include terms specifying the bariatric procedure (*gastric bypass, mini gastric bypass, one anastomosis gastric bypass, bariatric surgery*), single anastomosis (*single anastomosis, loop anastomosis, one anastomosis, omega loop, mini*). A full list of search terms is presented in [Appendix Table 4](#). Manual searching of reference lists from reviews, as well as references from selected primary studies, was performed to identify any additional studies.

### Inclusion Criteria

Studies were selected that reported on outcomes after single anastomosis gastric bypass procedures. All study designs were accepted. We summarised data for studies with greater than 15 participants, and with greater than 1-year follow-up; however, studies of all sizes and follow-up time frames were collected. Only full text articles were included.

### Data Extraction

Information extracted from eligible studies included basic study data (year, country, design, study size), demographic data, surgical technique, follow-up, weight loss, evolution of co-morbidities and complications.

## Results

### Literature Search

Using the search strategy described, we identified 3936 studies. After 877 duplicates were removed, we screened titles and

abstracts for 3059 records. Full text articles for 255 eligible studies were screened, and 168 articles were subsequently excluded. Hence, 87 full length publications were identified for inclusion.

Of these studies, 78 focused on outcomes of OAGB. Only 52 of these studies had reasonable follow-up and study numbers, with 26 having less than 1 year follow-up [8–22] or  $\leq 15$  OAGB patients [23–33]. A further nine studies focused on complications following OAGB (Fig. 1).

### Overall Summary

A total of 52 reasonable quality ( $n > 15$ , follow-up  $> 1$  year) studies were identified. Of these, there were 16,546 patients (excluding 2 studies with significant overlap in patient cohort), with a median of 94.5 (IQR 34.5–203, range 16–2678) patients per study. The average study body mass index (BMI) ranged from 25.3 to 67 kg/m<sup>2</sup>, with a mean study BMI of 44.6  $\pm 6.4$  kg/m<sup>2</sup>.

Over a range of follow-up times, the average excess weight loss was  $74.8 \pm 12.0\%$ . In studies that reported diabetes remission, there was observed resolution of diabetes in 2495 of 2855 diabetic patients (87.4%).

### Outcomes from MGB-OAGB

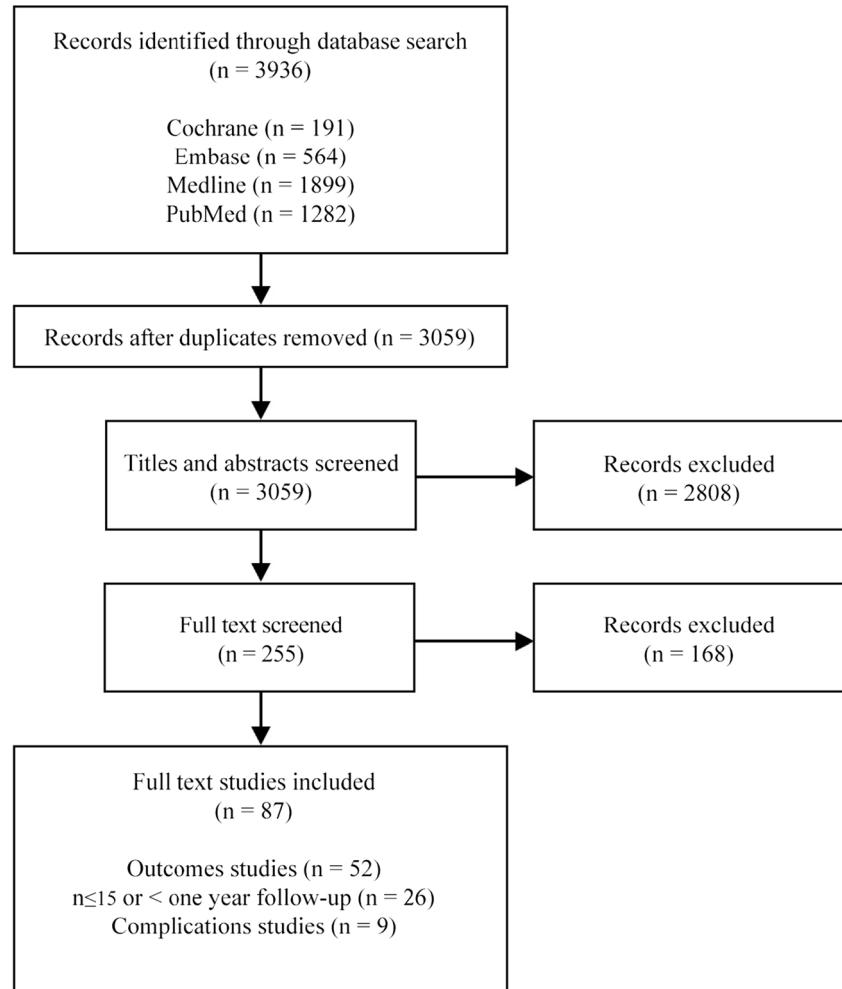
There are currently 4 randomised controlled trials, 34 single-arm cohort studies and 14 multiple-arm comparison cohort studies on MGB-OAGB, which are summarised in [Table 1](#). Sixteen studies reported on just primary MGB-OAGB procedures, 6 on revision operations, 15 analysed a mix of both and 15 did not state whether they were primary or revision operations.

### MGB-OAGB as a Primary Procedure

In total, there are 191 patients who have been enrolled in 4 RCT and a further 8724 patients reported up in retrospective and prospective cohort studies. This number is likely to be an overestimation due to shared patients in multiple series.

### Weight Loss

In the four randomised controlled trials, weight loss was reported at 12 months (EWL  $66.9 \pm 23.7\%$  [35] and EWL  $66.9 \pm 10.9\%$  [37]), 2 years (EWL  $64.4 \pm 8.8\%$  [34]) and 5 years (TBWL  $22.8 \pm 5.9\%$  [36]). Of note, in the Lee trial comparing MGB-OAGB to SG at 5 years, the mean starting BMI was substantially lower than the other trials at  $30.2 \pm 2.2$  and the EWL achieved was over 100% with a mean finishing BMI of

**Fig. 1** PRISMA flowchart

$23.3 \pm 2.2 \text{ kg/m}^2$ . These results were not significantly different to comparator operations.

In the prospective cohort studies, weight loss at 12 months was EWL  $80.5\%$  ( $n = 2410$ ; follow-up not reported) [38], EWL  $70.1 \pm 8.4\%$  ( $n = 838$ ; 94.8% follow-up) [51] and EWL  $70 \pm 20\%$  ( $n = 89$ ; 100% follow-up) [52]; 23 months  $68.4\%$  ( $n = 126$ ; 45.2% follow-up) [20]; 3 years EWL  $81.5 \pm 5.0\%$  ( $n = 570$ ; 89.4% follow-up) [51]; 5 years EWL  $72.9\%$  ( $n = 1163$ ; 56% follow-up) [44] and  $77.0 \pm 5.1$  ( $n = 254$ ; 79.1% follow-up). Two other prospective studies were not included as they failed to differentiate primary or secondary procedures and did not accurately report weight loss as the focus of these papers was health change rather than weight loss [53, 55]. Weight loss reported in the retrospective cohort studies was similar (Table 1).

### Change in T2DM Management

Diabetes or metabolic syndrome was reported upon as a comorbidity of interest in all 4 RCT. In the Lee trial comparing MGB-OAGB to RYGB, there was 100% resolution of the

metabolic syndrome at 2 years [34]. No other treatment for T2DM was required at 12 months for 50% of participants with T2DM in-trial ( $n = 2$ ) [35] and 84% ( $n = 49$ ) [37]. At 5 years, 60% of participants with T2DM at baseline had a HbA1c < 6.5% without medications in the low BMI trial focusing on change in diabetes [36]. Again, these results were not significantly different to the comparator populations.

There are six prospective cohort studies that addressed change in diabetes status following MGB-OAGB. The change in T2DM management was reported in various ways, but all reported major improvement (Table 1).

### Complications

There was one early death in-trial reported in the four RCT (3.3% death rate for that trial [36]; 0.05% for pooled data). A further 15 deaths were reported in the prospective and retrospective cohort studies giving a crude death rate overall of 0.17%. This is likely to be an underestimation due to shared patients between reports.

**Table 1** Study data

Study details	n = (comp group)	Primary or revision	Maximum time point (n = or % follow-up)	Male gender	Start BMI (kg/m <sup>2</sup> ) achieved	Weight loss	T2DM resolution	Early complications <sup>a</sup> requiring reoperation	Long-term complications <sup>a</sup> requiring reoperation
Randomised controlled trials									
Lee 2005 [34] Taiwan RCT	40 (40 RYGB)	Primary	2 years (100%)	13 (33%)	44.8 ± 8.8	BMI 28.3 ± 3.5, %EWL 64.4 ± 8.8	100% resolution of metabolic syndrome	1 minor leak and wound infection, 1 bleed, 1 NG sutured in <sup>a</sup>	2 bleeding ulcer, 1 ileus
Darabi 2013 [35] Iran RCT	20 (20 gastric plication)	Primary	12 months (100%)	3 (15%)	49.5 ± 8.0	BMI 33.4 ± 7.6, %EWL 66.9 ± 23.7	1/2 (50%)	No major complications	2 marginal ulcers, nutritional deficiencies reported
Lee 2014 [36] Taiwan	30 (30 SG)	Primary	5 years (24 (80%))	8 (27%)	30.2 ± 2.2	BMI 23.3 ± 2.0, % weight loss 22.8 ± 5.9	18 (60%) HbA1c ≤ 6.5% without medications	NR 1 death (3.33%); AMI	1 marginal ulcer, 1 biliary reflux <sup>a</sup>
Seetharamanah 2017 [37] India RCT	101 (100 SG)	Primary	12 months (NR)	39 (39%)	44.3 ± 7.9	%EWL 66.9 ± 10.9	84% resolution [5 years]	3 bleeds, 2 marginal ulcers*, 2 GERD, 3 nausea and vomiting, 4 wound infection	5.6% dyspepsia/ulcers (3 requiring reoperation <sup>a</sup> ), 4.9% anaemia, 31 (1.1%) excessive weight loss/ malnutrition <sup>a</sup>
Primary operations or not reported									
Rutledge 2005 [38] USA Prospective Cohort	2410	NR	74.4 months (Mean 38.7 months) (NR)	361 (15%)	46 ± 7	Weight loss 55 kg, %EWL 80, BMI 29 [1 year]; Weight loss maintained within 10 kg max in >95% of patients [5 years]	83% improved T2DM	142 (5.9%) requiring reoperation (reason not specified), 1,08% leaks <sup>a</sup> , 0.08% wound hernias, 0.12% wound infections	5.6% dyspepsia/ulcers (3 requiring reoperation <sup>a</sup> ), 4.9% anaemia, 31 (1.1%) excessive weight loss/ malnutrition <sup>a</sup>
Noun 2007 [20] Lebanon Prospective cohort	126	Primary	23 months (57 (45.2%))	46 (37%)	44 ± 7	BMI 31.4 ± 3.2, %EWL 68.4	85% complete resolution of comorbidities	2 deaths (0.08%); AMI, perforated colon	4 late deaths (0.16%); 1 narcotic overdose, 1 alcoholic liver disease, 2 unknown
Noun 2007 [39] Lebanon Retrospective cohort	30	Primary	12 months (15 (50%))	11 (37%)	41.8 ± 4.5	BMI 30.8 ± 3.1, %EWL 67.6	100% resolution (T2DM not specified)	3 (2.3%) marginal ulcers, 5 (3.9%) incisional hernia	3 (2.3%) marginal ulcers, 5 (3.9%) incisional hernia
Peraglié, 2008 [40] USA Retrospective cohort	16	Primary	2 years (2 (12.5%))	2 (14%)	62.4 (60–73)	%EWL 57 [12 months], 65 [24 months]	NR	1 intraoperative liver laceration and enterotomy (managed laparoscopically)	1 anastomotic ulcer (Mx with PPI)
Lee 2008 [41] Taiwan Retrospective cohort	644	NR	4 years (253 (39%)) [2 years], 39 (6%) [4 years]	175 (27%)	43.1 ± 6.0	(BMI > 40) %EWL 79.1 ± 23.5, (BMI 40–50) 73.1 ± 15.6, (BMI > 50) 67.2 ± 12.5 [2 years]	Improvement shown, parameters reported	23 (4.3%) minor complications, 13 (2.0%) major complications (not specified) 1 death (0.016%)	1 anastomotic ulcer (Mx with PPI)
Lee 2008 [42] Taiwan	201	NR	5 years (NR)	58 (29%)	40.7 ± 7.5	%TBWL 32.8	87% (of 201)	51 (6.2%) minor complications, 18 (2.2%) major complications (of	1 anastomotic ulcer (Mx with PPI)

**Table 1** (continued)

Study details	<i>n</i> = (comp group or revision	Primary or revision	Maximum time point ( <i>n</i> = or % follow-up)	Male gender	Start BMI (kg/m <sup>2</sup> ) achieved	Weight loss	T2DM resolution	Early complications <sup>a</sup> requiring reoperation	Long-term complications <sup>a</sup> requiring reoperation
Retrospective cohort									
Piazza 2011 [43]	197	Primary	3 years (36 [5 months], 89 [1 year, 66 [2 years], 5 [3 years])	50 (25%)	52.9	34.2 ± 3.4 [6 months], 39.4 ± 4.2 [12 months], 30.3 ± 3.6 [24 months], 28.3 ± 2.6 [36 months]	NR	1 death (0.12%)	whole population ( <i>n</i> = 820). (Complications not specified)
Retrospective cohort								2 PE, 6 melena	3 anastomotic ulcers (Rx PPI)
Lee 2012 [44]	1163 (494 RYGB)	Primary	5 years (56%)	31.3 (27%)	41.1 ± 6.1	BMI 27.7 ± 5.8, %EWL 72.9 ± 19.3	137/154 (89%)	1 death (0.51%): pulmonary sepsis.	1 death (0.51%): pulmonary sepsis.
Taiwan Prospective cohort, comparator									
Lee 2013 [45]	33 (17 LAGB, 12 SG)	NR	12 months (NR)	Whole cohort: 23 (37%)	41.7 ± 7.3	Mean weight loss 37.1%	28/33 (85%)	NR	NR
Taiwan Retrospective cohort, comparator									
Lee 2013 [46]	35 (41 LAGB, 76 SG)	NR	NR	9 (26%)	40.3 ± 7.6	BMI 27.3 ± 4.5	NR	NR	NR
Taiwan Prospective cohort, comparator									
Carbajo 2014 [47]	79	Primary	12 months (NR)	18 (23%)	Pre-diabetic 43.7 ± 7.32, diabetic 43.19 ± 6.21	%EBML 80.2	Mean decrease in BGL and HbA1c	NR	NR
Spain Retrospective cohort									
Kim 2014 [48]	107	Primary	3 years (51 (47.7%))	54 (50%)	25.3 ± 3.2	BMI 22.4 ± 4.1	HbA1c, fasting BGL and other parameters reported	5 major complications, including 1 leak requiring conversion to RYGB	2 conversion to RYGB for stenosis ( <i>n</i> = 1) and perforation ( <i>n</i> = 1), 22 marginal ulcers, 12 anaemia
South Korea Retrospective cohort									
Kular 2014 [49]	1054	Primary	6 years (86.4%)	34.2 (32%)	43.2 ± 7.4	BMI 26.2 ± 3.7, %EWL 85	93%	4 (0.3%) wound infection, 42 (3.9%) nausea/vomiting, 2 (0.1%) leaks*, 4 (0.3%) bleed, 2 (0.1%) umbilical hernia obstruction, 2 (0.1%) intraabdominal abscess, 4 (0.3%) DKA	4 (0.6%) marginal ulcer, 68 (7.6%) anaemia, 18 (2.0%) biliary reflux, 1 (0.1%) gallstone pancreatitis*, 1 (0.1%) port site hernia*, 1 (0.1%) excessive weight loss*, 1 (0.1%) hypocalbuminaemia*
India Retrospective cohort									
Musella 2014a [50]	80 (175 SG, 120 LAGB, 145 balloon)	NR	3 years (84.2%)	41 (51.3%)	Mean 50.8 (41–67)	BMI 27.5 (mean), %EWL 79.5	20/25 (80%)	1 (1.2%) minor (not specified)	3 (3.7%) minor (not specified)
Italy Retrospective cohort, comparator									
Musella 2014 [51]	974	NR	795/838 (94.8%) [1 year], 510/570 (89.4%) [3 years], 201/254 (79.1%) [5 years]	475 (48.8%)	48 ± 4.6	BMI 31.9 ± 4.9, %EWL 70.1 ± 8.4 [1 year], BMI 27.5 ± 2.1, %EWL 81.5 ± 5.0 [3 years], BMI 28.0 ± 2.3,	189/224 (84.4%)	10 leaks*, 34 bleeds*, 2 gastric perforations*, 3 jejunal perforation*, 2 PE, 1 stroke, 1 respiratory distress—requiring 20 reoperations*	4 gastric pouch enlargement, 1 trocar hernia*, 1 excess weight loss*, 2 weight regain*, 14 anastomotic ulcers*, 8 biliary gastritis, 44 anaemia
Prospective cohort									

**Table 1** (continued)

Study details	<i>n</i> = (comp group)	Primary or revision	Maximum time point ( <i>n</i> = or % follow-up)	Male gender	Start BMI (kg/m <sup>2</sup> )	Weight loss achieved	T2DM resolution	Early complications <sup>a</sup> requiring reoperation	Long-term complications <sup>a</sup> requiring reoperation
Yang 2014 [52] Taiwan Prospective cohort, comparator	89 (47 RYGB, 32 SG, 10 LAGB)	NR	12 months (100%)	21 (24%)	41.7 ± 5.6	%EWL 70 ± 20 [5 years]	HbA1c 6.5 ± 1.4 to 5.3 ± 0.5 ( $p < 0.001$ )	NR	NR
<sup>b</sup> Garcia-Caballero, 2014 [53] Spain Prospective cohort	83	NR	12 months (NR)	NR	Range: 92–159 kg, BMI >30	Mean BMI 23–33	NR	NR	NR
Luger 2015 [54] Austria Retrospective cohort	50	NR	12 months (35 (70%))	12 (24%)	45.4 ± 6.6	BMI 29.1 ± 3.8, TWBL 36%	NR	NR	NR
Milone 2015 [55] Italy Prospective cohort, comparator	74 (86 SG)	NR	12 months (NR)	28 (38%)	47.3 ± 3.9	%BMI loss ~35	75%	NR	NR
Kular 2016 [56] India Retrospective cohort	128	Primary	7 years (84%)	46 (36%)	33.4 ± 3.3	BMI 24.9 ± 2.4, %EWL 78.5	53 (58%)	4 (3.1%) minor—2 (1.6%) wound infection, 2 (1.6%) nausea and vomiting 2 (1.6%) major—1 (0.8%) bleeding with shock <sup>a</sup> , 1 (0.8%) diabetic ketacidosis 4 (4.5%)—2 bleeds, 1 reintubation, 1 readmission	12 (9.4%)—2 (1.6%) ulcers, 5 (3.9%) anaemia, 1 (0.8%) low albumin, 1 (0.8%) bile reflux, 3 (2.3%) excess weight loss
Peraglie 2016 [57] USA Retrospective cohort	88	Primary	6 years (42%)	33 (38%)	Mean 43 (33–61)	%EWL 72	84%	NR	NR
Al-Shurafa 2016 [58] Saudi Arabia Retrospective cohort, comparator	58 (9 RYGB, 12 SG, 1 LAGB)	NR	12 months (NR)	Whole stratified into categories (see text)	140 (30%)	%EWL 68	1 (1.3%) readmission	NR	NR
Jammal 2016 [59] India Retrospective Cohort, Comparator Kansou 2016 [60] France Retrospective cohort, comparator	473 (339 LSG, 295 RYCB)	NR	7 years (0.52)	Mean 56.6 (40–73)	140 (30%)	%EWL 92.2	94%	62 (13.1%) hypoalbuminaemia, 23 (4.9%) anaemia, 3 (0.6%) GORD, 2 (0.4%) bile reflux, 3 (0.6%) marginal ulcer, 28 (5.9%) dumping 10 (7.6%) marginal ulcer, 23 (16.9%) stenosis Both significantly more than SG	NR
Kruschitz, 2016 [61] Austria Retrospective cohort, comparator	25 (25 RYGB)	NR	12 months (16 (64%))	22 (88%)	45.3 ± 5.3	%BMI loss 37.9 ± 6.5, %EWL 127 ± 31	N/A (no diabetic patients)	NR	NR
Musella 2016 [62] Europe (multi-centre)	175 (138 SG)	NR	12 months (206 (63.7%))	58 (60%)	48.3 ± 9.2	BMI 33.1 ± 6.6	82/96 (85.4%)	8 (4.5%) total—2 (1.1%) PE, 5 (3.6%) intrabdominal bleed, 1 (0.5%) other	NR

**Table 1** (continued)

Study details	<i>n</i> = (comp group or revision	Primary or revision	Maximum time point ( <i>n</i> = or % follow-up)	Male gender	Start BMI (kg/m <sup>2</sup> ) achieved	Weight loss	T2DM resolution	Early complications <sup>a</sup> requiring reoperation	Long-term complications <sup>a</sup> requiring reoperation
Retrospective cohort comparator									
Karimi 2017 [63]	196	Primary	12 months (87%)	30 (15%)	44.5 (IQR 40.95, 48.90)	% EBML 88.0 (IQR 76.9, 101.0)	NR	11 (6%) constipation, 3 (2%) diarrhoea, 1 (0.5%) dumping	
Retrospective cohort									
Carbajal 2005 [64]	209	Mixed	18 months (NR)	37 (18%)	48 (39–86)	EBW 66 (36–220), %EWL 80 (65–100) [18 months]	NR	2 bleed, 2 necrosis of excluded stomach	1 PE, 1 pneumonia
Retrospective cohort									
Wang 2005 [65]	423	Mixed	3 years (31 (7.3%))	87 (21%)	44.2 ± 7	BMI 28.8, %EWL 70.5	100%	18 (4.3%) minor, 7 (1.7%) major—2 anastomotic bleed, 1 duodenal ulcer with bleeding, 3 leak with abscess, 1 ileus	34 (8%) marginal ulcer, 41 (9.7%) anaemia
Taiwan									
Retrospective cohort									
Chakhtoura 2008 [66]	100	Mixed	12 months (33 (33%))	23 (23%)	46.9 ± 7.4	BMI 31.9 ± 5.7, %EWL 63 ± 14	NR	2 deaths (0.4%)—1 leak in patient with previous VBG, 1 sudden death	3 SBO <sup>a</sup> , 1 splenic bleed <sup>a</sup> , 1 iatrogenic SB injury <sup>a</sup> , 1 perianastomotic abscess, 1 UGI bleed <sup>a</sup> , 9 significant diarrhoea 2 biliary reflux (Mx prokinetic medications)
France									
Noun 2012 [67]	1000	Mixed	5 years (75 (70%))	336 (34%)	Primary: 42.5 ± 6.39, Revisional 41.25 ± 8.34	BMI 28.4 ± 3.8, %EWL 68.6 ± 21.9	NR	7 leaks, 2 stenosed gastrojejunostomy, 20 bleed, 1 trocar site incarceration, 3 major adielectasis, 1 DVT 6 patients reoperated <sup>a</sup>	33 (4.2%) incisional hernias, 6 sternal ulcers, 4 biliary reflux, 4 excessive weight loss
Lebanon									
Retrospective cohort									
Disse 2014 [68]	20 (61 RYGB)	Mixed	Mean 21.4 months (outcomes reported at 12 months)	6 (30%)	Mean 40.1 (41.3–45)	%EBL 89	63%	1 anastomotic ulcer, 1 port site bleed	2 anastomotic ulcers <sup>a</sup>
France									
Prospective cohort, comparator									
Bruzzi, 2015 [69]	175	Mixed	5 years (72%)	26 (21%)	47 ± 8	BMI 31 ± 6, %EBML 71.5 ± 26.5	23/28 (82%)	1 (0.8%) perianastomotic abscess, 1 (0.8%) peritonitis, 1 (0.8%) bleed, 3 (2.4%) port site hernia, 1 (0.8%) anastomotic stricture, 1 (0.8%) marginal ulcer, 1 (0.8%) DVT, 1 (0.8%) minor wound infection	2 (1.6%) peritonitis due to ulcer perforation, 2 (1.6%) biliary reflux, 1 (0.8%) bowel obstruction, 1 (0.8%) incisional hernia, 2 (1.6%) marginal ulcer, 2 (1.6%) excessive weight loss
France									
Prospective cohort									
Chevallier, 2015 [70]	1000	Mixed	5 years (126 (72%))	288 (29%)	Median 45.7 (IQR 9)	%EBML 71.6 ± 27	86%	6 leaks, 5 port site hernia, 2 intrabdominal sepsis, 2 bleed, 1 anastomotic stricture	2 ulcer perforations with 7 biliary reflux <sup>a</sup> (convert to RYGB), 5 bowel obstructions
France									
Prospective cohort									
Guenzi, 2015 [71]	81	Mixed	3 years (NR)	NR	47.1 ± 8.5	Diabetic 61.9 ± 32.2, non-diabetic 54.4 ± 34.1	88%	2 deaths (0.2%); PE and AMI 15 (7.5%) 1 bleed (1.2%), 1 leak (1.2%) <sup>a</sup>	15 (7.5%) 2 reoperations <sup>a</sup> (1 ulcer, 1 abscess)
France									
Retrospective cohort									
Parmar 2016 [72]	125	Mixed	12 months (65 (52%))	39 (31%)	Mean 48.1 (34.5–73.8)	%EWL mean 79.5 (44.9–138.3)	8/33 (24%)	1 (0.8%) wound infection, 1 (0.8%) PR bleed, 1 (0.8%) port site bleed, 1 (0.8%) early SBO <sup>a</sup>	3 (2.4%) marginal ulcers <sup>a</sup> , 1 (0.8%) perforated marginal ulcer <sup>a</sup> , 1 (0.8%) non-specific abdominal pain, 1 (5.3%) significant GORD <sup>a</sup> (converted to RYGB)
UK									
Retrospective cohort									
Madhok 2016 [73]	19 (56 SG)	Mixed	2 years (6 (31.6%))	10 (53%)	67 (60–84)	96 kg (47–117); %EWL 66 (52–83); %TWL 44 (31–56)	4/6 [2 years]		
UK									

**Table 1** (continued)

Study details	<i>n</i> = (comp group or revision	Primary or revision	Maximum time point ( <i>n</i> = or % follow-up)	Male gender	Start BMI (kg/m <sup>2</sup> ) achieved	Weight loss	T2DM resolution	Early complications <sup>a</sup> requiring reoperation	Long-term complications <sup>a</sup> requiring reoperation
Retrospective cohort comparator									
Carbajo 2017 [74]	1200	Mixed	12 years (29 (50%))	456 (38%) Mean 46 (range 34–220)	BMI 29.95, %EBML 76.30, %EWL 70% [12 years]	169/180 (94%)	NR	16 (1.3%) <sup>a</sup> —9 intraabdominal bleed <sup>a</sup> , 3 leaks <sup>a</sup> , 2 early SBO <sup>a</sup>	12 (0.8%)—6 gastroenteric stenosis <sup>a</sup> , 6 marginal ulcers
Spain Retrospective cohort									
Carbajo 2017 [75]	150	Mixed	2 years (100%)	41 (27%) 42.82 ± 6.43	BMI 24.7 ± 4.4, %EWL 71.9 ± 13.4	NR	NR		
Spain Prospective cohort									
Lessing, 2017 [76]	407	Mixed	12 months (NR)	153 (38%) 41.7 ± 5.8	%EWL 85.1 ± 32, %TWL 33.6 ± 7.8	NR	Primary OAGB—10 (3.2%); 1 (0.3%) leak <sup>a</sup> , 3 (0.9%) obstruction, 6 (1.9%) bleeds, total 1 (0.3%) early re-op Revision OAGB—8 (8.2%); 6 (6.1%) leaks <sup>a</sup> , 2 (2.0%) bleeds <sup>a</sup> , total 4 (4.1%) early re-op	Primary OAGB—7 (2.1%); 2 (0.6%) dysphagia, 1 (0.3%) cholecytis, 4 (1.2%) obstruction <sup>a</sup> , total 4 (1.2%) re-op Revision OAGB—1 (1.0%); 1 (1.0%) obstruction <sup>a</sup> , total 1 (1.0%) late re-op	Primary OAGB—7 (2.1%); 2 (0.6%) dysphagia, 1 (0.3%) cholecytis, 4 (1.2%) obstruction <sup>a</sup> , total 4 (1.2%) re-op Revision OAGB—1 (1.0%); 1 (1.0%) late re-op
Israel Retrospective cohort									
Musella 2017 [77]	2678	Mixed	10 years (31 (44.9%))	793 (30%) 45.4 ± 3.6	NR	14 (0.52%) intraoperative complication (e.g. loop ischaemia, injury to adjacent organs, anastomotic dehiscence)	69 (10.1%) late complications—8 marginal ulcers, 28 GERD, 3 anastomotic strictures, 1 internal hernia, 1 gastric leak, 11 weight regain, 12 anaemia. Total 28 (4.1%) reoperations	69 (10.1%) late complications—8 marginal ulcers, 28 GERD, 3 anastomotic strictures, 1 internal hernia, 1 gastric leak, 11 weight regain, 12 anaemia. Total 28 (4.1%) reoperations	
Italy Retrospective cohort									
1 (1.0%) Taha 2017 [78]	1520	Mixed	3 years (680 (44.7%))	567 (37%) 46.8 ± 6.6	BMI 27.5 ± 3.4, %EWL 80.2 ± 5.9	397/472 (84.1%)	3 death (0.1%)	3 death (0.1%)	
Egypt Retrospective cohort									
Wang 2004 [79]	29	Revision	12 months (NR)	5 (17%) Mean 41.7 (range 30–70.8)	BMI 32.1 (range 26.4–42.7)	NR	1 bleed, 1 wound infection, 1 SBO <sup>a</sup> 1 death (3.4%) leak in patient with previous VBG	1 bleed, 1 wound infection, 1 SBO <sup>a</sup> 1 death (3.4%) leak in patient with previous VBG	NR
Taiwan Retrospective cohort									
Moszkowicz 2013 [80]	21	Revision	2 years (5 (23.8%))	8 (40%) 44 ± 7.7	BMI 35.7, %EBML 51.6	NR	2 (not specified)	2 (not specified)	
France Retrospective cohort									
Bruzzi 2016 [81]	33	Revision	5 years (30 (91%))	4 (13%) 45.5 ± 7	BMI 32 ± 5, %EBML 66 ± 22	6/7 (85%)	2 (6.6%)—1 perianastomotic abscess, 1 port-site hernia	2 (6.6%)—1 perianastomotic abscess, 1 port-site hernia	
France Retrospective cohort									
Selama 2016 [82]	39 (21 RYGB)	Revision	12 months (NR)	Whole cohort: 39.8 (26.5)	BMI 30.2 ± 5.4	NR	1 (2.6%) leak <sup>a</sup>	1 (2.6%) leak <sup>a</sup>	
Egypt									

**Table 1** (continued)

Study details	<i>n</i> = (comp group)	Primary or revision	Maximum time point ( <i>n</i> = or % follow-up)	Male gender	Start BMI (kg/m <sup>2</sup> ) achieved	Weight loss	T2DM resolution	Early complications <sup>a</sup> requiring reoperation	Long-term complications <sup>a</sup> requiring reoperation
Prospective cohort, comparator									
Ghosh 2017 [83]	74	Revision	12 months (46%)	7 (9%)	46.0 ± 8.9	BMI 33.2 ± 7.34, %EWL 67 ± 19.6	NR	16 (21.6%)—1 (1.4%) port site infection, 5 (6.8%) readmission for poor oral intake, 4 (5.4%) stricture, 2 (2.7%) ulceration, 1 (1.4%) contained leak, 2 (2.7%) SBO requiring conversion to RYGB, 1 (1.4%) respiratory failure	6 (8.1%) conversion to RYGB (1 abdominal pain, 4 GERD, 1 torn bowel loop)
Chansænroj 2017 [84]	26 (9 RYGB, 17 SG)	Revision	2 years (16 (61.5%))	10 (62%)	39.3 ± 8.9	%WL 31.9, BMI 26.6, %EWL 76.7 ± 24.1	NR	5 (19.2%)—2 leaks, 2 small bowel ileus, 1 major bleed	
Taiwan Retrospective cohort, comparator									

NR not reported, *JGB* intragastric balloon, *SG* sleeve gastrectomy, *RYGB* Roux-en-Y gastric bypass, *DJB-SG* duodeno-jejunal bypass with sleeve gastrectomy, *MGB* mini/omega loop gastric bypass, *GERD* gastro-esophageal reflux disease, *SBO* small bowel obstruction, *DVT* deep vein thrombosis

<sup>a</sup> Requiring reoperation (but not all required reoperation)

<sup>b</sup> Significant overlap of patients with another included study

Early complications were experienced by 17/191 (8.9%) patients in the RCT cohort with 3 patients requiring a return to theatre (1.5%). This is likely to be an underestimation as minor complications were not reported by Darabi [35] and no complications other than the death were reported by Lee [36]. The early complication rate reported in the retrospective and prospective cohort studies was again similar (Table 1). Early complications included anastomotic leak, wound infection, haemorrhage, anastomotic stricture and organ perforation (Table 2).

There were no late deaths in the RCT cohort, and four in the cohort studies. Late complications included marginal ulcers, bowel obstruction, malnutrition and gastroesophageal reflux including biliary reflux.

### MGB-OAGB as a Secondary Procedure

There is one prospective cohort comparator study, one retrospective cohort comparator study and four retrospective studies specifically addressing the use of MGB-OAGB as a revisional procedure with a total of 222 patients enrolled in these 6 studies.

Weight loss overall at each time-point appears to be lower than in the primary procedures, although one retrospective cohort study with a follow up rate of 91% (*n* = 30) did achieve EWL 66 ± 22% at 5 years [81].

Change in T2DM management was only reported in one retrospective cohort study (*n* = 30). There were seven patients with T2DM at baseline and at 5 years six patients required no treatment other than surgery for their T2DM giving an 85% resolution rate [81].

One early death has been reported with an in-trial death rate of 3.4% [79] and an overall death rate in these studies of 0.45%. No late deaths have been reported.

Early complication rates range from 2.6 to 21.6%. The wide variation probably reflects differences in reporting. Early complications include anastomotic leak, haemorrhage, anastomotic stricture and organ perforation.

Late complication rates are only reported in two studies (6.6% [81] and 8.1% [83]). They include gastroesophageal reflux disease (bile reflux not specifically reported) and bowel obstruction.

### Operative Technique for MGB-OAGB

Operative technique (Table 3) varied among groups in various domains—pouch and bougie size, gastrojejunostomy anastomosis technique, limb length.

**Pouch and Bougie Size** The description of the starting point for gastric stapling varied; however, most groups started at the level or just below the Crow's foot on the lesser curve. The majority of studies used a 36 French bougie; however, the bougie size varied from a 1 cm diameter nasogastric tube to a 42 French bougie.

**Table 2** Studies focusing on complications

Study details	n =	Age	Gender	BMI	Study aims	Summary of findings
Chen 2016 [85] Taiwan Retrospective cohort	42 post-MGB-OAGB (of 49 gastric bypasses requiring revisional sleeve gastrectomy)	30.0 (20–55) 8 (16.3%)	25.3 ± 5.6 (all patients)	Present early results of conversion of gastric bypass (both RYGB and MGB) complications to sleeve gastrectomy	The reasons for revision to sleeve gastrectomy were malnutrition (58%—mostly anaemia and protein malnutrition), intolerance (1.8%—including 3 marginal ulcers and 3 bile reflux) and other (14%—including gastrojejunostomy strictures).	
Chen 2012 [86] Taiwan Prospective cohort	120	30.9 ± 10.5	34 (28.3%)	41.4 ± 7.2	Rate of perioperative minor complications was 6.1% and the rate of major complications was 8.1% (3 leakages and 1 internal bleeding). Conversion to sleeve was significantly associated with improved haemoglobin and albumin (1 year) and increased total cholesterol (3 years).	
Chiu 2006 [87] Taiwan Retrospective cohort, comparator	610 (142 LAGB)	32.1 ± 9.3	146 (23.9%)	39.4 ± 7.9	The overall proportion of anaemia rose from 4.1% at baseline to 26.6% post-MGB. The prevalence of anaemia in females was higher at baseline and increased by a larger proportion post-MGB, compared to males.	
Saarinen 2017 [88] Finland Prospective cohort	9	56 (41–65)	5 (55.56%)	42.1 (34.2–54.6)	Used surgical plug into trocar sites of 10 mm and 12 mm ports. Reports 2 patients with trocar wound hernias (0.33% prevalence), which developed at 3 and 5 months	
Lee 2011 [89] Taiwan Prospective cohort	1322	31.6 ± 9.1	326 (24.7%)	40.2 ± 7.4	Investigate bile reflux post-MGB with hepatobiliary scintigraphy	Mean %EWL at 12 months was 83.9 (49.5–128.3). 4 patients reached diabetes remission and 2 became insulin-independent.
Mahawar 2017 [90] UK Cross-sectional	86 surgeons reporting on 27,672 procedures	NR	NR	NR	Determine incidence of marginal ulcers after OAGB and practices regarding marginal ulcers	Transient bile reflux in the gastric tube but not the oesophagus was identified in 5 patients with hepatobiliary scintigraphy. 1 patient with positive scintigraphy required a reoperation due to malabsorption and non-ulcerative GERD. 2 with reflux symptoms had negative scintigraphy.
Mishra 2016 [91] India Retrospective cohort, Comparator	47 (617 SG, 418 RYGB)	Not reported separately	Not reported	Not reported separately	Evaluate prevalence of gallstones and management after surgery in an Indian bariatric population	Of 1322 patients who had undergone MGB between Jan 2001 and Dec 2009, 23 (1.7%) underwent revision surgery during 9 years follow-up. Reasons—malnutrition ( $n = 9$ , 39.1%), inadequate weight loss ( $n = 8$ , 34.7%), intractable bile reflux ( $n = 3$ , 13.0%) and dissatisfaction ( $n = 3$ , 13.0%). Conversion to RYGB ( $n = 11$ , 47.8%), SG ( $n = 10$ , 43.5%), normal anatomy ( $n = 2$ , 8.6%). Two patients underwent additional revision: 1 duodenal switch, 1 BPD
Rutledge 2007 [92] USA	1069	39	15 (38.5%)	45 ± 7	27,672 OAGB-MGB were reported with 622 marginal ulcers (2.24%). 82.4% of surgeons routinely used PPI. 57.6% ‘always’ diagnose with endoscopy and 48.1% ‘always’ monitor with endoscopy. Most perforated ulcers had laparoscopic repair ± omentoplasty ± drainage. Most bleeding ulcers had PPI ± blood transfusions ± endoscopy. 20 of 43 non-healing ulcers (46.5%) were revised to RYGB	The rate of hospitalisation in the year preceding MGB surgery was 17% compared to 11% in the year post-MGB.

**Table 2** (continued)

Study details	n =	Age	Gender	BMI	Study aims	Summary of findings
Retrospective cohort					Compare hospitalisation episodes pre- and post-op for MGB vs RYGB	Pre-MGB reasons for admission: general medical problems (38%), obstetric/gynaecological issues (36%), orthopaedic (16%), gallbladder (9%) and renal stones (2%). Post-MGB reasons for admission: surgical complications (29%), gallbladder (20%), renal stones (14%), plastic surgery (11%), appendectomy (9%), gynaecological issues (9%), and orthopaedic (6%).
Salama 2017 [93] Egypt Prospective cohort	50	35.5 ± 9.39	18 (36%)	NR	Evaluate incidence of biliary reflux	Patients underwent upper gastrointestinal endoscopy and pH monitoring, 18 months after MGB. 3 (6%) with reflux oesophagitis—2 (4%) with Grade A acid reflux esophagitis. 1 case with biliary reflux oesophagitis

**Gastrojejunostomy** A linear stapler was used in most cases, varying in length from 30 to 60 mm. Only a partial length of the stapler was used in some cases, creating an anastomosis as small as 1.5 cm. Handsewn anastomoses were not commonly used (described in one study).

**Limb Length** The most common limb length used was 200 cm, reported by 27 studies. Nine studies reported forming limbs < 200 cm, five reported > 200 cm and five reported the “Rutledge” technique but no length. Ten studies tailored the limb length according to pre-operative body mass index (BMI).

## Discussion

The current evidence suggests that MGB-OAGB provides effective weight loss that is durable to 5 years. Weight loss appears to be more effective in primary operations when compared to revisional procedures; however, small numbers limit our ability to completely assess this parameter.

MGB-OAGB appears to have a favourable effect on T2DM, although numbers in the reports are small, and durability of glycaemic effect has not been reported.

There is an acceptable early and late complication rate, and the rates of symptomatic bile reflux are lower than first feared. Complication rates appear to be higher in the revisional setting. There is a lack of long-term nutritional information and rates of bile reflux rely mainly on self-reporting. These are areas of concern and it is imperative that patients who undergo these procedures understand the need for on-going care from their bariatric team.

The ideal operative technique has not been defined. The most common description commences the pouch below the crows-foot with a stapled anastomosis and 200 cm common limb length; however, there is a great deal of variance in each of these elements. This may be an important issue to be addressed by an RCT in the future.

There is a paucity of RCT evidence, with the majority of evidence coming from retrospective cohort studies. There is a need for well-designed large prospective cohort studies as well as RCT in the future to better define where MGB-OAGB should be placed in the current suite of bariatric procedures.

The term mini gastric bypass/one anastomosis gastric bypass (MGB-OAGB) has been used throughout this position statement as this has been the agreed nomenclature endorsed by the Executive Board of IFSO. Whilst the initial use of the word “mini” reflected the minimally invasive approach used for the procedure compared to a laparotomy, there is a risk that the term will be misinterpreted as meaning the surgery itself is a lesser procedure—both in terms of surgical risk and metabolic benefit. The current systematic review reinforces that the procedure is effective in terms of weight loss and metabolic benefit, but also carries surgical risk that is very similar to RYGB. Therefore, the

**Table 3** Operative technique

Study details	Operative technique	Primary or revision	Operative time	LOS	Conversion rate	Pouch and bougie size	Gastro-jejunostomy	Limb length (cm)
Carbajo 2005 Spain <i>n</i> =209	Primary and revision	93 (70–150) [mainly primary]	36 h (20–86)	2 (0.9%—uncontrollable bleeding)	Level of Crow's foot 1 cm NGT	Linear 30 mm stapler, introduced so anastomosis 1.5–2 cm diameter	200	
Carbajo 2017 Spain <i>n</i> =1200	Primary and revision	86 (45–180) min [primary]; 112 (95–230) min [primary with additional operations]; 180 (130–240) min [revision]	24 h (15–120), uncomplicated patients (97.4%); 9 (5–32) days, complicated patients (2.6%)	4 (0.3%—2 bleeding, 1 perforation, 1 inflammation)	Linear 30 mm stapler, 75% inserted, anastomosis 2–2.5 cm	250–350 (BMI dependent)		
Chakhioura 2008 France <i>n</i> =1000	Primary and revision	129±37 [primary and revision]	8.5±2.2 days	0	Proximal to Crow's foot 32Fr	Linear 45 mm stapler	200	
Chevalier 2015 Iran <i>n</i> =20	Primary and revision	NR	NR	NR	Proximal to Crow's foot 32Fr	Linear 45 mm stapler	200	
Disse 2014 France <i>n</i> =20	Primary and revision	89±12.8 min [primary]	5.2±1.0 days	0	NR	NR	“Rutledge”	
Garcia-Caballero, 2014 Spain <i>n</i> =83	Primary and revision	Mean 152 (75–210) [mainly primary]	4.2 days	NR	Angle of lesser curve	NR	“Rutledge”	
Ghosh 2017 Australia <i>n</i> =74	Revision	72.7±15.7 [revision from LAGB]	2.6±1.2 days	NR	Distal to Crow's foot 36Fr	NR	120–280 (BMI)	
Guenzi 2015 France <i>n</i> =81	Primary and revision	NR	NR	NR	12 cm 36Fr	NR	150	
Jamma 2016 India <i>n</i> =473	NR	57.5 (42–75)	NR	NR	Distal to Crow's foot 38Fr	Linear 45 mm stapler	“Rutledge”	
Kansou 2016 France <i>n</i> =136	Primary	NR	NR	0	Angle of lesser curve 36Fr	NR	200	
Karimi, 2017 Iran <i>n</i> =196	Primary	NR	NR	NR	Rutledge	Longitudinal 45 mm blue cartridge on the posterior aspect of the pouch	“Rutledge”	
Kim 2014 South Korea <i>n</i> =107	Primary	87±34 [primary]	4.5±1.0 days	1	2 cm proximal to pylorus Linear 45 mm staple	200		
Kruschitz, 2016 Austria <i>n</i> =25	NR	NR	NR	0	30–40 ml sleeve	NR	200	
Kular 2014 India <i>n</i> =1054	Primary	52±18.5 [primary]	2.5±1.3 days	0	Rutledge	Linear 45 mm stapler	200	
Kular 2016 India <i>n</i> =128	Primary	49.0±13.2 [primary]	2.2±1.0 days	NR	Rutledge	Linear 45 mm stapler	200	
Lee 2008 Taiwan <i>n</i> =644	NR	130	5 days	0	As per Wang et al (2004)	NR	150–350 (BMI)	
Lee 2005 Taiwan <i>n</i> =128	Primary	147.7±46.7 [primary]	5.5±1.4 days	1 (2.5% - hypertrophy of left hepatic lobe)	1.5 cm left of lesser curve of antrum	Linear stapler (size not specified)	“Rutledge”	

**Table 3** (continued)

Study details	Primary or revision	Operative time	LOS	Conversion rate	Pouch and bougie size	Gastro-jejunostomy	Limb length (cm)
<i>n</i> =40 Lee 2008 Taiwan	NR	116.3±40.9	6.6±5.8 days	NR	As per Wang et al (2004) Antrum 2 cm wide gastric tube	NR	100–300 (BMI)
<i>n</i> =201 Lee 2012 Taiwan	Primary	115.3±24.6 [primary]	3.7±4.1 days	1 (0.1%)			200
<i>n</i> =1163 Lee 2013 Taiwan	NR	NR	NR	NR	Stomach vertically transected alongside endoscope	NR	150+10 per BMI category increase
<i>n</i> =33 Lee 2014 Taiwan	Primary	NR	NR	NR	Rutledge	Linear stapler (size not specified)	120
<i>n</i> =30 Lessing 2017 Israel	Primary and revision	NR	2.2±0.84 days	0	34Fr	Linear 60 mm stapler	200
<i>n</i> =407 Luger 2015 Austria	NR	NR	NR	NR	40–70 ml		200–220
<i>n</i> =50 Madhok 2016 UK	Primary and revision	92 (63–189) [mainly primary]	Median 2 days	0	Incisura 36Fr	Linear 45 mm stapler	200
<i>n</i> =19 Milone 2015 Italy	NR	NR	NR	NR	40–70 ml 38Fr	NR	200–220
<i>n</i> =74 Moszkowicz 2013 France	Revision	NR	NR	NR	Corner lesser curve 34Fr	Linear 45 mm stapler	200
<i>n</i> =21 Musella 2014 Italy	NR	95±51.6	4.0±1.7 ICU stay 57.6±50.4 h for 56 (5.7% of patients)	12 (1.23% · 8 adhesions, 2 splenic injuries 1 jejunum loop tear, 1 Veress needle vascular damage)	36–42Fr	Linear 30–60 mm stapler	224.6±23.2
<i>n</i> =974 Musella 2014 Italy	NR	115±15.6	NR	NR	14–16 cm, at level of Crow's foot 38Fr	Linear 60 mm stapler	200
<i>n</i> =80 Musella 2016 Europe (multi-centre)	NR	NR	NR	NR	15±2.5 cm	NR	190±25.5
<i>n</i> =175 Musella 2017 Italy	Primary and revision	86.56±36.45 min [primary], 109.3±24.81 min [revision]	4.16±1.1 days	20 (0.7%)	14.2±3.4 (below Crow's foot)	Musella 2014	217±13.8 (165–260)
<i>n</i> =2678 Noun 2007 Lebanon	Primary	135±45	3±0.25 days	1 (3.3%)	Rutledge (Divided at junction of fundus and antrum)	Linear 30 mm stapler	200
<i>n</i> =30 Noun 2007 Lebanon	Primary	144±15.2	3.3±0.6 days	Mini-laparotomy. Incision increased by 3 cm in 8 (6.3%)	Crow's foot 36Fr	Handsewn gastroenterostomy (no size reported)	200
<i>n</i> =126 Noun 2007 Lebanon	Revision	184.7 [revision from VBG], 155.2 [revision from LAGB]	5.3 days [revision to VBG], 4.1 days [revision to LAGB]	Open operation	Diameter of the oesophagus 36Fr	Handsewn gastroenterostomy (no size reported)	200
<i>n</i> =33 Noun 2012 Lebanon	Primary and revision	89±12.8 min [primary], 144±15 min [revision]	1.85±0.8 days [primary], 2.35±1.89 days [revision]	0	Level of Crow's foot	Linear 45 mm stapler	150+10 for each BMI point above 40
<i>n</i> =1000 Parmar 2016 UK	Primary and revision	Mean 92.4 (45–150)	Mean 2.2 (2–17) days	NR	Incisura 36Fr	Linear 45 mm stapler	200

**Table 3** (continued)

Study details	Primary or revision	Operative time	LOS	Conversion rate	Pouch and bougie size	Gastro-jejunostomy	Limb length (cm)
<i>n</i> = 125 Peragine 2016 USA <i>n</i> = 88	Primary	70 (43–173)	1.2 (1–3) days	0	Level of Crow's foot 28Fr	Linear stapler (size not specified)	180 (most commonly, but varied according to BMI) 180–240 (BMI)
Piazza 2011 Italy <i>n</i> = 197	Primary	120 (range 90–170)	5 days	0	Proximal to antrum 36Fr	Linear 60 mm stapler	180
Rutledge 2005 USA <i>n</i> = 2410	NR	37.5	1 days	0.0017	Below Crow's foot 28Fr	NR	180
Salama 2016 Egypt <i>n</i> = 39	Revision	145.4 ± 29.2 [revision from VBG]	4.8 ± 2.2 days	NR	Incisura, 36Fr inserted. Stapled on previous staple line. If unable to insert, mesh removed. If still unable, stapled above mesh. If long enough, continued as MGB. If not, converted to RYGB	Linear stapler (size not specified)	180
Seetharamaiah 2017 India <i>n</i> = 101	Primary	64.8 ± 10.6 [primary]	3.2 ± 0.6 days	0	3 cm proximal to pylorus 36Fr	Linear 45 mm stapler	150–180
Taha 2017 Egypt <i>n</i> = 1520	Primary and revision	57 (procedure 35 ± 11.2, anaesthetic 22 ± 8.1) [mainly primary] 171.4 ± 15.3 (range 130–290) [revision]	1.02 ± 2.3 days 6.4 ± 3.2 (range 2–28) days	0	Level of Crow's foot 36Fr	Linear stapler (size not specified)	150–300 (BMI)
Wang 2004 Taiwan <i>n</i> = 29	Revision	130.8 [primary and revision]	5 days	0	60–80 ml (Just below crow's foot)	NR	200
Wang 2005 Taiwan <i>n</i> = 423	Primary and revision	Mean 60 (45–75) [mainly primary]	Mean 3 (3–5) days	0	60–80 ml 1–2 cm diameter	Linear 35 mm stapler	200
Blanc 2015 France <i>n</i> = 50	Primary and revision	NR	NR	NR	37Fr	Handsewn gastrojejunostomy	200
Garcia-Caballero 2012 Spain <i>n</i> = 13	Primary	NR	NR	NR	Size of pouch dependent on BMI	NR	BMI dependent
Genser 2016 France <i>n</i> = 35	Primary and revision	NR	NR	NR	One and two stage procedures performed (LAGB removal) Angle of lesser curve, just proximal to Crow's foot	Linear 45 mm stapler	200
Greco, Francesco 2014 Italy <i>n</i> = 68	Primary and revision	Mean 65 min [mainly primary]	NR	36Fr	3 trocar or single incision for all cases	Linear 30 mm stapler	300 cm from ileocecal valve
Kim 2014 South Korea <i>n</i> = 12	Primary	NR	NR	NR	Level of incisura 40Fr	Linear stapler	200
Greco 2017	Revision	NR	<72 h	NR	BM <25, distal lesser curve to gastric fundus. BM >25, distal lesser curve to gastric angle	Linear 30 mm stapler	Linear 30 mm stapler

**Table 3** (continued)

Study details	Primary or revision	Operative time	LOS	Conversion rate	Pouch and bougie size	Gastro-jejunostomy	Limb length (cm)
Italy n = 12					Ring at base of sleeve to create functional gastric pouch 40Fr S	NR	300 cm proximal to ileocecal valve
Himpens 2016 Belgium n = 14	NR	NR	NR	NR	Approximately 2 cm wide from antrum	Linear stapler	150
Yeh 2017 Taiwan n = 16	NR	NR	NR				120

taskforce recommends that in the future the procedure be referred to as “one anastomosis gastric bypass (OAGB)”.

The need for more RCT's is paramount to our understanding of our interventions; however, the need for guidance for emerging procedures is the responsibility of organisations, such as IFSO. Professional societies must continue to extrapolate the existing data against the needs of the patients we serve and the availability of current technology on a micro and macro level. Though position statements are not without bias, they are meant to be temporal in nature. Continued re-analysis is necessary in order to remain relevant.

### Recommendation of the IFSO MGB-OAGB Taskforce

Based on the existing data, we recommend the following:

1. OAGB should be the identifier for this procedure in future publications.
2. Whilst early results are promising in terms of weight and T2DM management, there is a lack of long-term evidence for durability of effect as well as long-term nutritional complications. Bile reflux is either under reported or does not seem to be a major issue, but remains a theoretical risk. Patients should be encouraged to remain in long-term multidisciplinary care.
3. Patients undergoing OAGB in the revisional setting have less weight loss and more complications than with primary procedures.
4. Surgeons performing this, as well as any other bariatric/metabolic procedure, are encouraged to participate in a national or international registry so that long-term data may be more effectively identified.
5. OAGB is a recognised bariatric/metabolic procedure and should not be considered investigational.

### Compliance with Ethical Standards

**Conflict Statement** Dr. De Luca has nothing to disclose. Ms. Tie reports personal fees from Centre for Obesity Research and Education (CORE), grants from Apollo Endosurgery, grants from Novo Nordisc, outside the submitted work. Dr. Ooi reports personal fees from National Health and Medical Research Council, personal fees from Royal Australasian College of Surgeon, outside the submitted work. Dr. Himpens reports personal fees from Ethicon, personal fees from Medtronic, outside the submitted work. Dr. Higa has nothing to disclose. Dr. Carabajo reports he is the current President of the MGB-OAGB International Club. Dr. Mahawar reports he has been paid honoraria by Medtronic Inc. for mentoring consultant bariatric surgeons in the United Kingdom to help them start their One Anastomosis Gastric Bypass programme. Dr Shikora has nothing to disclose. Dr. Brown reports grants from Johnson and Johnson, grants from Medtronic, grants from GORE, personal fees from GORE, grants from Applied Medical, grants from Apollo Endosurgery, grants and personal fees from Novo Nordisc, personal fees from Merck Sharpe and Dohme, outside the submitted work.

**Ethics Statement** Ethical approval is not required for this type of study.

**Informed Consent** Informed consent is not required for this study.

## **Appendix 1—Members of the IFSO Appointed Task Force Reviewing the Literature on MGB-OAGB**

Maurizio De Luca—Italy  
 Kelvin Higa—USA  
 Tiffany Tie—Australia  
 Geraldine Ooi—Australia  
 Wendy Brown—Australia  
 Jacques Himpens—Belgium  
 Scott Shikora—USA  
 Rudolf Weiner—Germany  
 Miguel-A Carbajo—Spain  
 Kamal Mahawar—UK  
 Jean Marc Chevallier—France  
 Luigi Angrisani—Italy  
 Luque-de-Leon—Spain  
 Aparna G Bhasker—India  
 Alberto Sartori—Italy  
 Mario Musella—Italy  
 KS Kular—India  
 Emanuele Soricelli—Italy  
 Ramon Vilallonga—Spain  
 Muffazal Lakdawala—India  
 Enrico Facchiano—Italy  
 Alessio Corradi—Germany

## **Appendix 2**

**Table 4** List of search terms used

Gastric bypass	Single anastomosis	Overall
Gastric bypass	One anastomosis	MGB
Bariatric surgery	Billroth II	OAGB
Stomach bypass	Single loop	GBP
(Roux-en-Y, RYGB, RNYGB, RYGBP)	Loop	SAGB
	Stomach intestinal pyloric Sparing surgery	
	Omega	

Databases: Medline, PubMed, Embase, Cochrane

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