

Recent advances in myeloid-derived suppressor cell biology

Mahmoud Mohammad Yaseen (✉)¹, Nizar Mohammad Abuharfeil¹, Homa Darmani², Ammar Daoud³

¹Department of Biotechnology and Genetic Engineering; ²Department of Applied Biology, Faculty of Science and Arts; ³Department of Internal Medicine, Faculty of Medicine, Jordan University of Science and Technology, Irbid 22110, Jordan

© Higher Education Press 2020

Abstract In recent years, studying the role of myeloid-derived suppressor cells (MDSCs) in many pathological inflammatory conditions has become a very active research area. Although the role of MDSCs in cancer is relatively well established, their role in non-cancerous pathological conditions remains in its infancy resulting in much confusion. Our objectives in this review are to address some recent advances in MDSC research in order to minimize such confusion and to provide an insight into their function in the context of other diseases. The following topics will be specifically focused upon: (1) definition and characterization of MDSCs; (2) whether all MDSC populations consist of immature cells; (3) technical issues in MDSC isolation, estimation and characterization; (4) the origin of MDSCs and their anatomical distribution in health and disease; (5) mediators of MDSC expansion and accumulation; (6) factors that determine the expansion of one MDSC population over the other; (7) the Yin and Yang roles of MDSCs. Moreover, the functions of MDSCs will be addressed throughout the text.

Keywords non-human primates (rhesus macaques); myeloid-derived pro-inflammatory cells (MDPCs); autoimmune disorders; alloimmune responses; pregnancy; mature MDSCs; multiple sclerosis; Yin-Yang law of MDSCs

Introduction

The identification of myeloid-derived suppressor cells (MDSCs) was first achieved in tumor-bearing mice and shortly after in cancer patients. Since then MDSCs have emerged as important regulators of immunity, and this is reflected in the immense research interest during the past decade, with more than 4000 articles related to MDSCs being published. Indeed, in 2019 alone, more than 650 articles were published, indicating that MDSCs have become an attractive research area. Although, the role of these cells has been extensively studied in cancer, in recent years the involvement of MDSCs in different non-cancer inflammatory conditions has also been highlighted. The latter include but are not limited to infectious diseases, autoimmune disorders, sepsis, stress, trauma, wounds/injuries, aging, and organ/tissue transplantation, as well as pregnancy and lactation [1–8]. Since most of our knowledge about MDSCs has stemmed from cancer studies, it

will not be surprising to see a particular emphasis on the results obtained from cancer studies throughout the text.

MDSCs are a heterogenous population of innate immune cells of myeloid origin that are best known for their ability to express extremely potent immunosuppressive activity. Once at the site of inflammation, they participate in inhibition of inflammatory responses via different mechanisms. Indeed, MDSC expansion has been highlighted in many inflammatory pathological conditions (Fig. 1) [1–6]. To some extent, such expansion should be considered as a normal immune response to counteract chronic immune activation which could worsen the clinical status if the inflammatory response is not kept under control. On the other hand, uncontrolled expansion and accumulation of MDSCs, in turn, can also worsen the clinical status, indicating that they could be involved in the pathogenesis of certain pathological conditions. For example, in the setting of cancer (which is a good example of a chronic inflammatory condition), expansion of MDSCs result in suppression of immune responses against tumor cells, particularly those mediated by the T cell immune response. This, in turn, creates a suitable environment that facilitates tumor growth and metastasis, both of which are associated with bad clinical outcomes. Since the mechanisms of immune suppression by MDSCs

Received February 8, 2020; accepted April 17, 2020

Correspondence: Mahmoud Mohammad Yaseen, mmyasin08@ams.just.edu.jo or mahmoudhiv1@yahoo.com

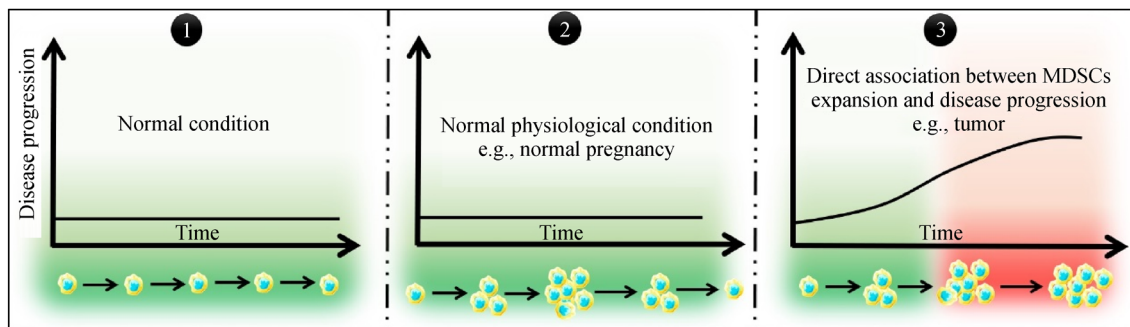


Fig. 1 MDSCs in health and disease. The case number 1 represents healthy subjects without MDSCs expansion. The case number 2 represents a normal physiologic condition, i.e., pregnancy, in which MDSCs expansion occurs during all pregnancy stages and their levels are normalized post-delivery. The case number 3 represents a pathological condition where MDSCs expansion directly correlates with the disease progression.

are out of the scope of this review, we will not discuss them any further.

Recent investigations have also shown that MDSCs could express pro-inflammatory immune responses under certain inflammatory conditions, such as autoimmune disorders [9–11], which in turn could worsen the inflammatory status. This is in contrast to their already established immunosuppressive function by definition. Therefore, we suggest to name these cells as “myeloid-derived pro-inflammatory cells” (MDPCs). Furthermore, MDSCs have always been defined as immature immune suppressor cells of myeloid origin, however, recent findings have indicated that even the immaturity feature of such cells is also debatable. Taken together, these data indicate that the pathological role of MDSCs is more complicated than we envisage, and that the old definition should be reevaluated. Herein, we aim to provide some recent advances in the knowledge about the different biological roles of MDSCs. In particular, we will focus on the properties and origins of MDSCs and their anatomical distribution in health and disease, the technical issues faced in their isolation and characterization, the mediators of MDSC expansion and the factors that determine the expansion of one MDSC population over the other, as well as the Yin and Yang roles of MDSCs.

MDSCs definition and characterization

The term “myeloid-derived suppressor cells” was originally coined in 2007 to differentiate between myeloid and lymphoid immune suppressor cells in cancer patients and to minimize the ambiguity present in the literature about these cells [12]. MDSCs are a morphologically, phenotypically, and functionally heterogeneous population of immature innate immune cells of myeloid origin with potent capabilities to suppress immune responses [13–15].

By definition, MDSCs express common myeloid markers and lack the expression of lymphoid markers. In mice, they express Gr-1 and CD11b (also known as α M-integrin), whereas in humans, they express CD33 and CD11b, and lack expression of maturation markers, such as HLA-DR. MDSCs are subdivided into two main populations according to their morphology and the expression of monocytic (mononuclear monocytic “M-MDSCs”) and granulocytic (polymorphonuclear granulocytic “G-MDSCs or PMN-MDSCs”) markers. Human M-MDSCs and PMN-MDSCs can be described as $HLA-DR^{-low}CD11b^{+}CD33^{+}CD14^{+}CD15^{-}$ and $HLA-DR^{-}CD11b^{+}CD33^{mid}CD15^{+}CD14^{-}$ bearing cells, respectively, according to the presence of the monocytic marker (CD14) and the granulocytic marker (CD15), as well as the expression level of CD33 marker which is highly expressed on M-MDSCs and intermediately on PMN-MDSCs. Of note, certain markers such as CD66b could also be used to differentiate between human PMN-MDSCs and M-MDSCs. On the other hand, the phenotypes of M-MDSCs and PMN-MDSCs in mice can be described as $CD11b^{+}Ly6C^{high}Ly6G^{-}$ and $CD11b^{+}Ly6C^{low}Ly6G^{+}$, respectively, based on the expression level of Ly6C and Ly6G. Furthermore, a new population of MDSCs with a more immature state has also been proposed recently [14]. These early-stage MDSCs (E-MDSCs) lack the expression of monocytic and granulocytic markers with a $CD33^{+}HLA-DR^{-}Lin^{-}$ phenotype (Lin includes CD3, CD14, CD15, CD19, and CD56 markers) [14]. It is believed that E-MDSCs could give rise and differentiate to PMN-MDSCs and M-MDSCs [15,16], indicating that such cells could act as precursors for both M-MDSCs and PMN-MDSCs. Highfill *et al.* [17] have also identified a more potent immunosuppressive subset called “MDSC-IL13” in mice. More recently, a new subpopulation of MDSCs was also reported in mice infected with *Staphylococcus aureus* that phenotypically resembles eosinophils, namely

“Eo-MDSCs” [18]. The identification of such new subsets of MDSCs further complicates the picture and opens a new door that could lead to the identification of additional subsets. However, the counterparts of such subsets of MDSCs remains to be determined in humans.

The characterization of MDSCs in mice is of importance, since they are widely considered as a key pre-clinical model for studying a diverse range of human diseases and used for testing novel therapeutic strategies including vaccines, before the commencement of the clinical phases. However, it must be remembered that significant differences exist in the immune responses of mice and humans, underscoring the need to study other animal models that are much closer to humans than mice, in particular the non-human primates [19–22]. Until recently, mice were the favorite animal model but recently, Zahorchak *et al.* [23] studied MDSCs in rhesus macaques and found that normal M-MDSCs with similar phenotypes (CD11b⁺HLA-DR⁻Lin⁻ or CD33⁺CD14⁺HLA-DR⁻Lin⁻) to those isolated from the peripheral blood of healthy individuals [24,25] can be isolated, albeit at very low levels, from peripheral blood mononuclear cells (PBMCs). The primary objective of their study was to mobilize and isolate M-MDSCs from non-human primate PBMCs for use in adoptive cell therapy in the hope of mediating immune tolerance to allografts (organs/tissue transplantation). Zahorchak *et al.* [23] chose to characterize M-MDSCs but not PMN-MDSCs for two major reasons. Firstly, because M-MDSCs are less susceptible to damage from the freezing-thawing process than PMN-MDSCs (discussed later) and secondly due to the compatibility of M-MDSCs with the study objectives, in that M-MDSCs have a positive role in mediating tolerance against organ/tissue transplantation. In a more recent study, Zahorchak *et al.* [26] generated M-MDSCs from rhesus macaque bone marrow and observed that M-MDSC populations can be further subdivided into three sub-populations based on the differential expression of CD11b, CD14, CD33, and CD34 markers. The phenotypes of these sub-populations were as follows: HLA-DR⁻Lin⁻CD14⁺CD33⁺CD34⁺CD11b⁺, HLA-DR⁻Lin⁻CD14^{-/low}CD33^{high}CD34⁺CD11b^{-/low}, and HLA-DR⁻Lin⁻CD14^{high}CD33^{-/low}CD34^{low}CD11b^{high}. Notably, HLA-DR⁻Lin⁻CD14^{high}CD33^{-/low}CD34^{low}CD11b^{high} expressing cells were the most immunosuppressive of the three groups [26]. In 2017, a study on simian immunodeficiency virus (SIV) infected rhesus macaques was conducted to investigate the role of MDSCs in the pathology of SIV infection [27]. This study identified two main MDSC populations in rhesus macaques, namely PMN-MDSCs and M-MDSCs, in different anatomical tissues including the blood, liver, and bone marrow. M-MDSCs in the bone marrow were also subdivided into CD14^{high} and CD14^{intermediate} subpopulations [27]. The important finding from these studies is that MDSC populations could be further subdivided into subpopula-

tions that vary in phenotypes and suppressive functions even within the same host. In 2018, Lin and colleagues conducted a study with a primary objective of characterizing MDSCs in rhesus macaques [28] and in consistence with previous studies on humans and mice, they identified and characterized two main populations of MDSCs, namely, M-MDSCs and PMN-MDSCs. Three surface markers (CD66abce, CD14, and CD33) were used to differentiate between M-MDSCs and PMN-MDSCs in these non-human primates beside the myeloid and maturation markers, namely CD11 and HLA-DR, respectively. Lin and colleagues have shown that M-MDSCs can be described as CD11⁺HLA-DR⁻CD14⁺CD66abce⁻ bearing cells, while PMN-MDSCs can be described as CD11⁺CD33^{mid}HLA-DR⁻CD14⁻CD66abce⁺ bearing cells [28]. Initially, as expected, these data confirm that MDSC phenotypes in rhesus macaques are much closer to those of humans than mice, especially since CD66b could also be used to differentiate between PMN-MDSCs and M-MDSCs in humans, as previously mentioned. It goes without saying that non-human primates are much closer to humans in immune responses [19], but we still need additional investigations to establish the role of MDSCs in different pathological conditions in this unique animal model. Subsequent comparisons between the results obtained from non-human primates with those obtained from both mouse models and humans are essential because it can guide us to decisively determine which animal model is better for studying the role of MDSCs in the future.

It is worthy to note that there are many other potential markers that could also be used to characterize human MDSCs. The latter include lectin-type oxidized LDL receptor 1 (LOX-1), CD40, CD66b, CD80 (also known as B7.1), CD115 (macrophage-colony stimulating factor (M-CSF) receptor), CD124 (IL-4 receptor α -chain), S100A9, and SPARC (secreted protein acidic and rich in cysteine also known as osteonectin or as basement-membrane protein 40 (BM-40)) [29–31]. It has been established that these markers are expressed by MDSCs, however, none of them can be harnessed to characterize distinct MDSC populations, with an exception to CD66b, and possibly LOX-1 and SPARC [15,29–31]. Both LOX-1 and CD66b can be used to differentiate between PMN-MDSCs and M-MDSCs. Interestingly, unlike CD66b, LOX-1 could be used as a specific marker of PMN-MDSC populations without the need to use other assays to distinguish them from normal neutrophil populations. This is especially advantageous because LOX-1⁺ but not LOX-1⁻ neutrophils show immunosuppressive activity which seems to fulfill the need to characterize PMN-MDSC populations directly [15,29]. In addition, studies have shown that using this marker, it was possible to quantify PMN-MDSCs from entire neutrophil populations among cancer patients. Similarly, the recently suggested SPARC could also be considered as a potential marker for direct isolation of

MDSCs, particularly PMN-MDSCs, in both humans and mice as reported by Sangaletti and colleagues [31]. However, although the latter study was able to provide evidence that SPARC^{-/-} MDSCs are not immunosuppressive, the data obtained could not confirm that such a marker is exclusively expressed on PMN-MDSCs since the levels of M-MDSCs were very low in the study and additional work is required to confirm these findings.

Finally, an important issue that needs to be mentioned here is that although different isolated MDSC populations share common markers, characterization of MDSCs from different pathological conditions and/or different anatomical sites could necessitate using additional markers. For example, studies on bone marrow-derived MDSCs have shown that additional markers, such as CD34, could be used to differentiate between blood and bone marrow MDSCs [26]. Indeed, immature myeloid suppressive cells expressing CD34 were also detected in the blood of patients with certain types of cancer [32–35], indicating that CD34⁺ MDSCs could be considered a distinct population [34], which leave the bone marrow as a result of increased myelopoietic output. One could assume that this subset is a precursor for MDSC populations, however, the co-expression of monocytic (CD14⁺) or granulocytic (CD15⁻) markers beside CD34 on MDSCs would prove this assumption to be unfounded, unless the presence of CD34⁺CD14⁻CD15⁻ myeloid suppressor cells coincides with the presence of CD34⁺CD14⁺CD15⁻ or CD34⁺CD14⁻CD15⁺ myeloid suppressor cells. Taken together, it can be observed that the heterogeneity of MDSCs is much more complex than is known at present, necessitating additional investigations to further clarify this heterogeneity.

Do all MDSC populations consist of immature cells?

This is still a controversial question that needs to be answered. In fact, early studies have shown that MDSCs were immature myeloid cells, however, more recent studies have concluded that the immature myeloid cell profile and the lack of activation markers may not be sufficient features to describe MDSCs. Therefore, it is important to point out that we need to reevaluate the maturation feature of these cells. This is, in particular, because of several reasons. First, some cells of myeloid origin could lose their activation markers in certain conditions, for example, in response to hypoxia, upon exposure to certain cytokines, or signaling with toll-like receptors (TLR) in a repeated manner [36–39]. Second, even the immature property of MDSCs has recently been debated as a result of detection of activation markers on MDSCs. For example, it has been shown that low-density immunosuppressive CD66b⁺ neutrophils (PMN-MDSCs)

present in the circulation of healthy individuals treated with G-CSF for stem cell mobilization, consist of a mixture of mature activated CD10⁺ and immature CD10⁻ PMN-MDSCs populations [40]. Of note, activated low-density immunosuppressive CD10⁺ neutrophils can also be detected in systemic lupus erythematosus (SLE) and psoriasis [41]. Interestingly, it has been concluded that CD10⁺ can be utilized to distinguish between mature and immature neutrophils isolated from low- and normal-density blood fractions of G-CSF-treated volunteers [40]. Furthermore, a recent study on patients with Hodgkin's lymphoma has reported that most of patients' PMN-MDSCs isolated from the low-density fraction were immunosuppressive mature neutrophils in an activated state [42]. More recently, in head and neck cancer patients, a very potent immunosuppressive subset of mature PMN-MDSCs has also been reported [43]. Indeed, these cells possess even more suppressive activities on T cell proliferation than M-MDSCs and E-MDSCs. In another example, CD80 and CD83 expression on M-MDSCs were also reported in melanoma and breast cancer patients [44,45]. Third, many published studies have called immunosuppressive myeloid cells “with almost the same M-MDSCs and PMN-MDSCs features” as inflammatory monocytes and neutrophils, respectively [46,47]. In addition, even normal cells without these features were also called MDSCs based on their phenotypes. Forth, interesting evidence has emerged that both MDSCs populations could represent monocytes and neutrophils, especially because some studies have indicated that monocytes, CD1a⁺ dendritic cells, and neutrophils can be reprogrammed and give rise into immunosuppressive cell populations [48–52]. Taken together, these data provide strong evidence that the immature state of MDSCs that used to be included in the old definition of such cells should be reevaluated.

Moreover, a question on whether MDSCs really differ from monocytes and neutrophils has been raised. Gabrilovich and others have answered this question and have clearly shown that MDSCs really do differ from normal or tumor activated monocytes/macrophages and neutrophils in various aspects including function, protein and genomic profiles, phenotype, and biochemical features [13,53]. This indicates that for a cell population to be described as MDSCs, the phenotype profile is not sufficient to be used alone in most cases, rather it should be coupled with other MDSC defining-tests, especially those that measure immunosuppressive activity, unless highly specific markers are revealed/used. Gabrilovich [13] has also concluded that monocytes and neutrophils cannot be easily reprogrammed to a suppressive state similar to that of MDSCs *in vitro* by treatment with pro-inflammatory cytokines, or danger-associated molecular patterns (DAMPs) and pathogen-associated molecular patterns (PAMPs) molecules. To some extent, this is challenged

from two points of view. First, different studies have shown that the *in vitro* and *ex vivo* expansion of MDSCs can be achieved either by inducing the normal differentiation of the precursors of MDSCs or reprogramming peripheral mature myeloid cells, such as, monocytes and dendritic cells to M-MDSCs or M-MDSCs-like cells [38,52,54–57], or mature neutrophils into PMN-MDSCs [30,49,58]. Second, studies have demonstrated that MDSCs can be differentiated into mature macrophages and DCs *in vitro* [59,60], indicating that MDSCs include precursors of such mature cells. Although this may hold true in that the *in vitro* activated MDSCs could express less immunosuppressive activity than those isolated from inflamed tissues such as tumor sites, it must be remembered, however, that this is similar to what already has been observed for MDSCs *in vivo*, which are distant from the site of inflammation, i.e., tumor microenvironment. In this regard, Haverkamp *et al.* [61] have shown that MDSCs isolated from the liver or spleen are not as immunosuppressive as those in the inflammatory microenvironment, which further challenges the Gabrilovich view. In sum, MDSC populations could comprise a mixture of immature and mature myeloid cells with suppressive capabilities even within a single host. Nonetheless, to remove the confusion in this regard, the previously-mentioned potential markers could be used for this purpose. Further, uncovering new highly-specific markers could simplify the characterization of such cells into distinct functional and phenotypical populations.

Technical issues in MDSC isolation, estimation, and characterization

An important issue to be considered in this context is the “avoidable” technical factors that could accompany and influence the isolation, estimation/quantification, and characterization of MDSCs, especially because MDSCs are very sensitive to some manipulations. For instance, delay in sample processing and freezing of whole blood or PBMC samples have been demonstrated to exert negative effects on viability of MDSCs. Although PMN-MDSCs can tolerate relatively longer storage times than M-MDSCs (24 h vs. less than 4 h, respectively, following blood withdrawal), they are still much more sensitive to the freezing/thawing process than M-MDSCs [27,62,63]. As such, investigators have to avoid, or at least limit, the use of cryopreserved samples, as much as possible, to avoid false results, and if the use of cryopreserved samples cannot be avoided, they should mention this in the discussion of their study.

Another important point is that although polymorphonuclear MDSCs (i.e., PMN-MDSCs) are similar to neutrophils in morphology, investigations have demonstrated that they should be isolated from the low-density

gradient fraction of human PBMC samples (mononuclear cell fraction), a procedure that is not carried out for isolation of normal polymorphonuclear immune cells which include both normal and high density neutrophils [29,64,65]. Thus, for enhanced isolation and estimation of PMN-MDSC populations in blood samples in normal and pathological conditions, the high-density gradient fraction (polymorphonuclear “neutrophils” cell fraction) should not be the target. Indeed, the similarities in phenotype between MDSC populations and their cognate normal monocytes and neutrophils can affect the characterization of MDSCs [46,47,53]. To overcome these problems, the use of whole blood, as suggested by Apodaca and colleagues [66], as well as, the identification of highly specific markers that are exclusively expressed on each MDSC population, but not on the normal monocytes and granulocytes (e.g., LOX-1 marker for PMN-MDSCs), can help evade the need for density gradients and lead to a better isolation and characterization of MDSC populations [29]. A similar candidate marker is also needed for definitive identification of M-MDSCs, since the identification of M-MDSCs based on the already available surface phenotyping markers often results in a mixture of monocytes/M-MDSC populations. Until achieving this goal, investigators have to use assays that at least measure the immunosuppressive activity besides the cell surface phenotyping, so that we can differentiate between suppressive myeloid cells (MDSCs), non-suppressive mature granulocytes and agranulocytes, in particular, the M-MDSC population and normal monocytes.

Apodaca *et al.* [66], very recently, have comprehensively assessed the factors that could significantly affect quantification of MDSCs in blood samples at different stages during the process of isolation and characterization of MDSCs including the: (1) target sample (whole blood vs. PBMC samples), (2) collection tube types (K₂EDTA and Na⁺ heparin), (3) time elapsed between venipuncture and antibody labeling (i.e., processing the sample as soon as possible after blood collection or after 4, 8, 24 h), and (4) temperature (i.e., room temperature or refrigerator at 4 or 8 °C) at which samples are maintained until antibody labeling before flow cytometry analyses is carried out, as well as, (5) the analytical step of “flow cytometry gating” especially for those using complex panels that require multiple sub-setting steps [66]. Initially, in contrast to the results of Flörcken *et al.* [67] who observed no difference in MDSC numbers after processing whole blood vs. PBMC, Apodaca *et al.* [66] have reported that using whole blood yields more accurate results than using PBMC samples. In the context of collection tubes, they have shown that there was a comparable difference in results (i.e., total MDSCs and M-MDSC levels) obtained using K₂EDTA and Na⁺ heparin collection tubes with a positive trend to use K₂EDTA tubes. Consistent with the results of Flörcken *et al.* [67], Apodaca *et al.* [66] have shown that

the time elapsed until the sample processing occurs is also a critical factor that significantly affects the quantification of MDSCs. Indeed, sample processing as soon as possible after blood collection yielded much better results than after storing samples either at room temperature or at 4 or 8 °C for 24 h. Interestingly, processing the samples upon storage at 4 °C after 4 or 8 h, but not after 24 h, was shown to ameliorate the time-dependent effect. Finally, the gating step is also very critical, since small changes in how to define positive and negative populations could significantly impact the results, particularly, for those using complex panels that require multiple sub-setting steps to yield the ultimate results.

Finally, it is of importance to point out to the fact that studies addressing the technical factors in MDSC research are limited, and we, therefore, encourage researchers to conduct more investigations to further clarify and determine such factors that could affect MDSC isolation, quantification, and characterization of both blood and other tissue samples, such as the liver, lymphatic tissues, and/or tumor/inflamed sites. In parallel, as much as possible, we need solutions that prevent, or at least minimize, the occurrence of technical errors in the future.

On the origin of MDSCs and their anatomical distribution in health and disease

By definition — undoubtedly — all MDSC populations are of myeloid origin, and thus we can conclude that the same scenario that governs the differentiation of myeloid cells from myeloid progenitors/precursors during myelopoiesis will govern the differentiation of MDSCs as well. Under normal (steady-state) conditions, myelopoiesis is a highly coordinated and regulated process in which hematopoietic stem cells are transited to myeloid precursors (immature myeloid cells) that rapidly undergo through the differentiation process, in a step-wise manner, into terminally differentiated mature myeloid cells (i.e., granulocytes: neutrophils, eosinophils, and basophils; and agranulocytes: monocytes and dendritic cells) in the bone marrow before being released to the peripheral tissues [68,69]. This process is essential to maintain the physiologic levels of circulating granulocytes and agranulocytes and is under the control of growth factors and cytokines. Only a very small proportion of immature myeloid cells migrate outside the bone marrow to the periphery before being fully differentiated. In normal mice, it has been shown that MDSCs which express Gr-1 and CD11b comprise about 20%–30% of the total cells in the bone marrow [70]. The number of MDSCs in other tissues such as liver, spleen, and lymph nodes of normal mice reaches up to 5%, 4%, and less than 1%, respectively [70–72]. In non-human primates, Zahorchak *et al.* [23] reported that M-MDSCs account for only $2.1\% \pm 1.7\%$ of normal Rhesus macaque

Lin[−]HLA-DR[−] PBMC. Sui *et al.* [27] were the first group that investigated the distribution of MDSCs in many anatomical sites of normal and simian immunodeficiency virus (SIV) infected Rhesus macaques. They observed that normal Rhesus macaques had a very low frequency (less than 0.5%) of MDSCs in PBMC samples ($0.09\% \pm 0.02\%$ and $0.20\% \pm 0.04\%$ for M-MDSCs and PMN-MDSCs, respectively), and similarly there was also a low frequency (less than 2%) of MDSCs in liver tissues. In contrast, MDSCs accounted for more than 20% of the bone marrow cells ($14.5\% \pm 1.3\%$ and $7.7\% \pm 0.6\%$ for M-MDSCs and PMN-MDSCs, respectively). In humans, peripheral blood of healthy individuals contains only about 0.5% of immature myeloid cells of the total peripheral blood immune cells [73,74]. Recently, MDSCs were also isolated from breast milk cells of normal breastfeeding mothers of healthy term infants [75]. Interestingly, the levels of PMN-MDSCs in breast milk were about 20-fold higher than that of peripheral blood [75], whereas the breast milk M-MDSCs were much lower in number than that in peripheral blood. Although some studies have isolated MDSCs from bone marrow of healthy individuals, quantification of such cells was out of the scope of these studies [76]. To the best of our knowledge, MDSCs were not quantified in the bone marrow of healthy humans and, if present, the data cannot be generalized because of the small sample size and inconsistency in results [77,78]. Indeed, the main reason behind the absence of such data in healthy subjects is referred to the invasiveness of bone marrow aspiration, making such isolation method clinically undesirable. Similar to the bone marrow, there is a lack of available data about the distribution of MDSCs in the spleen, liver, or lymphatic tissues of healthy humans. Based on these data, we can say that the bone marrow is considered to be the reservoir of MDSCs under normal conditions, at least in animal models, with some conditional exceptions in humans. The latter is seen during a healthy pregnancy (i.e., in mothers and their embryos) and also during lactation in breastfeeding mothers (i.e., in milk) [75], and we could postulate that these examples are the only normal physiologic conditions where MDSCs are expanding and accumulating in maternal and fetal organisms for the purpose of achieving maternal-fetal tolerance (discussed later). In other words, to our knowledge, these are the only normal physiologic conditions where MDSCs are naturally (without human intervention, e.g., using certain drugs) expanded and able to express positive impacts. Although it could be argued that MDSC expansion and accumulation in other physiologic conditions such as aging also occur in both humans and mice, however their accumulation is undesired, especially because it is associated with unwanted consequences [79–81]. In addition, some members of the scientific community are now regarding aging as a disorder (pathological condition) rather than a normal condition [81–83]. Indeed, the quantification and

characterization of MDSCs in the bone marrow and other lymphatic and non-lymphatic tissues of healthy subjects of different ages in both genders and comparing them to nonhealthy conditions may enhance our understanding of their functions in physiologic and pathologic conditions, and thus may enhance treatment interventions of pathologic conditions.

On the other hand, in the setting of pathological conditions, especially those with chronic inflammatory responses such as cancer, chronic infections, and certain autoimmune disorders, MDSCs can be detected at very high levels in the bone marrow and peripheral tissues (e.g., spleen, liver, lymph nodes, and blood circulation), as well as within the inflammation sites, especially as the disease progresses [70–72,84–93] (Fig. 1). For example, in many tumor mice models, a several-fold increase in the number of MDSCs in the spleen was reported [94–96]. Similarly, an up to 10-fold increase in the number of MDSCs in peripheral blood was reported in humans with different cancer types [73,84–86]. In another example, Delano *et al.* [93] reported up to 3-fold and 10 to 20-fold increase in the number of MDSCs in the bone marrow and spleen of late septic mice, respectively. Similarly, Brudecki *et al.* [88] reported that septic mice experience at least a 3-fold increase in the number of MDSCs in the bone marrow (up to 88% in septic and 30% in normal mice). In other words, MDSC expansion is triggered in certain pathological but not in normal conditions, with some exceptions as seen for example in pregnancy (as aforementioned and will be discussed later). This raises a major question “on the origin of such expansion in abnormal conditions” in terms of whether it results from the differentiation of myeloid precursors, or from reprogramming of terminally differentiated granulocytes and agranulocytes, or both. Generally speaking, there is no doubt that there is an increased body demand for myeloid cells in response to the development of certain pathological conditions, e.g., cancer and infections, and/or as a result of their idiopathic depletion in peripheral tissues inducing “emergency myelopoiesis” [69], a process by which hematopoiesis is triggered and directed to the myeloid over lymphoid lineage in the bone marrow to such a degree that meets the increased body demand to myeloid cells in the periphery. This process depends on the microenvironment triggering factors such as hematopoietic growth factors (mainly granulocyte/macrophage-CSF (GM-CSF), granulocyte-CSF (G-CSF), and macrophage-CSF (M-CSF)) in addition to other factors that govern the differentiation line. As a result of this increase in hematopoietic output, higher levels of immature myeloid cells will be found inside and outside the bone marrow, which is logically expected. However, whether the expansion of MDSCs in the setting of pathological conditions occurs exclusively as a result of triggering myelopoiesis in the bone marrow only or not remains a debatable issue. In recent years, increased

evidence suggests that MDSC expansion could also be triggered outside the bone marrow in lymphatic tissues in a process called extramedullary myelopoiesis, which mainly occurs in spleen. It could also occur as a result of either activating the differentiation of immature myeloid cells (i.e., MDSC progenitors) present in peripheral tissues into MDSCs, or reprogramming of mature myeloid immune cells (i.e., monocytes and neutrophils) to become less mature [97], or they could still mature as they are, but gain immunosuppressive activities. For example, it has been shown that monocytes can be reprogrammed to M-MDSCs in sepsis and breast cancer [44]. Interestingly, other studies have also revealed the possibility of M-MDSCs differentiating into PMN-MDSCs [98]. An important point to be mentioned here is that all adult myeloid cells are generated from bone marrow-derived precursors upon differentiation of hematopoietic stem cells, with two exceptions namely tissue macrophages, and resident mast cells [69]. This is consistent with the notion that all MDSCs isolated from different anatomical structures (e.g., bone marrow, spleen, peripheral blood, or tumor tissues) share a similar phenotype, indicating that they could share a common ancestor. Based on these notions, we can say that the anatomical structure/site where MDSC expansion occurs in the setting of pathological conditions is an arguable issue, but the question of whether they have originated in tissues other than the bone marrow should not be an arguable issue anymore. However, in certain circumstances some exceptions are observed, for example, in chronic SIV infection MDSCs expand in peripheral blood while dramatically decrease in the bone marrow [27]. Taken together, recent evidence suggests that MDSC expansion is not exclusive to the expansion of immature myeloid cells in the bone marrow via myelopoiesis. Indeed, MDSC expansion also involves extramedullary myelopoiesis in lymphatic tissues and reprogramming of mature myelocytes to become MDSCs or MDSC-like cells in peripheral tissues. In addition, the aforementioned evidence about the notion that MDSC populations comprise a mixture of mature and immature myeloid suppressor cells supports this idea (Fig. 2).

Mediators of MDSC expansion and accumulation

One important issue to be addressed also in this regard is to understand the factors and mechanisms that mediate the expansion and accumulation of MDSCs. MDSCs expansion is a multifactorial process which heavily depends on the pathological condition. Condamine and Gabrilovich [99–101] have generalized a model describing this process by proposing a two-signal model that only works in the setting of chronic (with persistent “prolonged duration of” inflammatory signals of weaker strength) but not in the

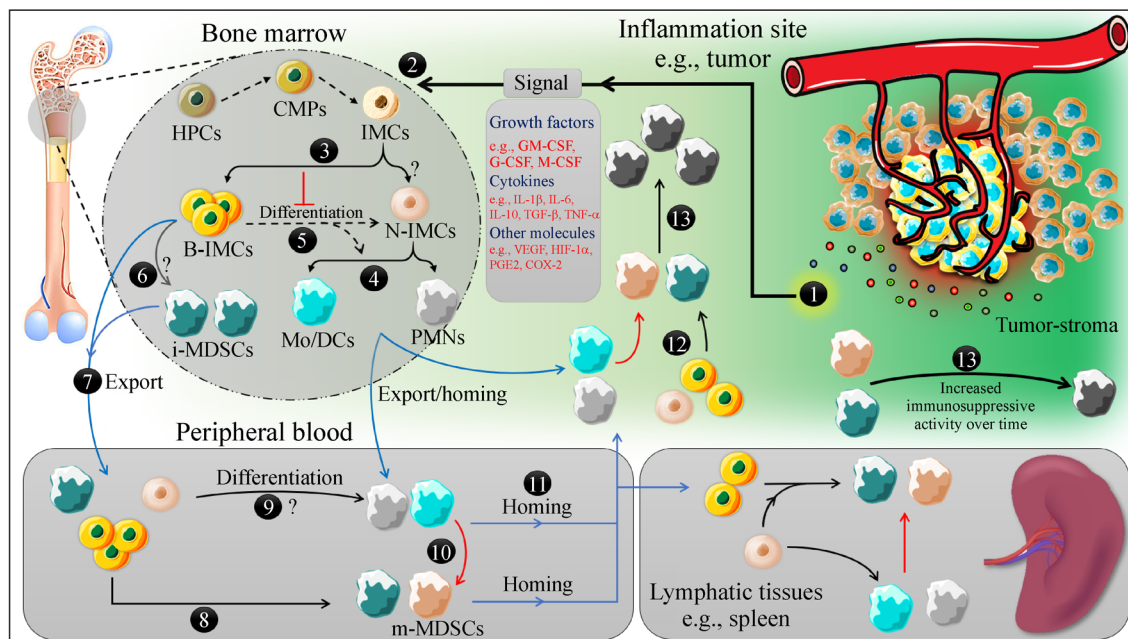


Fig. 2 Expansion of MDSCs during inflammation (e.g., cancer). (1) Produced molecules by tumor/stroma cells initiates (2) a signal that trigger emergency myelopoiesis in which hematopoietic progenitor cells (HPCs) transit to common myeloid progenitors (CMPs). These CMPs continue the differentiation process to immature myeloid cells (IMCs). (3) Some of them will be able to continue the differentiation process normally (the so-called normal-IMC (N-IMC)) to generated mature monocytes/dendritic cells (Mo/DCs) and polymorphonuclear neutrophils (PMNs) in the bone marrow. (4) Then these cells can be released to periphery (blood circulation and tissues). (5) The other portion of IMCs cannot continue their normal differentiation to Mo/DCs or PMNs, since their differentiation is blocked at this immature stage (the so-called blocked-IMC (B-IMC)) in response to tumor/inflammation signal. (6) These cells could acquire immunosuppressive activity signal so that we called them immature-myeloid derived suppressor cells (immature-MDSCs (i-MDSCs)). (7) As the hematopoietic output is increased, releasing (exporting) both the B-IMCs and N-IMCs to peripheral tissues is normally expected. Once outside the bone marrow, (8) blood B-IMCs could acquire suppressive activity and become i-MDSCs or are recruited to the inflammation sites and/or lymphatic tissues (11). On the other hand, (9) N-IMC could be differentiated to mature cells or recruited to the lymphatic tissues and inflammation sites (11). Furthermore, (10) peripheral blood PMNs and Mo/DCs could be reprogrammed to either i-MDSCs or gain immunosuppressive activity while remain in their mature state, so that we call them mature-MDSCs (m-MDSCs). Alternatively, PMNs and Mo/DCs are recruited to the site of inflammation where they could be reprogrammed to i-MDSCs or m-MDSCs. (12) A similar scenario occurs for B-IMC and N-IMC upon recruitment to lymphatic tissues. Importantly, at the inflammation site, (13) the recruited MDSCs (i-MDSCs and m-MDSCs) to the inflammation site (e.g., tumor) become more suppressive over time as they exposed to tumor-stroma cells and their byproducts. Red arrows, reprogramming; blue arrows, export/homing.

acute (with temporary “short duration of” inflammatory signals of stronger strength) inflammatory conditions. In this model, they have shown that for MDSCs to accumulate, a combination of two partially overlapping groups of regulatory factors called first and second signals should be simultaneously activated. The first signal induces the differentiation of myelocytes while retaining the differentiation process at the immature stage. The second signal potentiates the activation of immunosuppressive activity of such cells. At the molecular level, there are several transcription factors and signaling pathways. These include signal transducer and activator of transcription (STAT3), interferon related factor-8 (IRF-8), CCAAT/enhancer binding protein-β (C/EBPβ), cyclic adenosine 3',5'-monophosphate/mitogen-activated protein kinase (cAMP/MAPK), and retinoblastoma protein 1 (RB1)

which includes p105, p107, and p130. The latter are not transcription factors, instead they interact with certain transcription factors such as the E2-factor and cause repression. Immature myeloid cells, therefore, upon activation with different cytokines and/or interaction with specific ligands or other molecules (e.g., growth factors (GM-CSF, G-CSF, M-CSF), IL-6, Notch ligands, and adenosine), differentiate from their progenitors/precursors. On the other hand, MDSCs during this process gain their suppressive activity upon interaction with different cytokines such as IFN-γ, IL-1β, IL-6, IL-4/IL-13, tumor-necrosis factor (TNF-α) or other molecules such as TLRs, and prostaglandin E2 (PGE2) that activate specific cellular signaling pathway(s) (e.g., STAT1, STAT3, STAT6, cyclooxygenase (COX), and NF-κB) depending on their interaction with the corresponding receptor(s) on the

surface of these cells (reviewed in References [100,102]).

The model presented by Condamine and Gabrilovich in 2011, describes the processes that govern MDSC expansion and accumulation [99]. However, recent advances show that this model is still a premature model and can only describe the process partially. This is especially because the expansion and accumulation of MDSCs according to this model does not occur in acute inflammatory settings, as mentioned previously. This contradicts the results of recent investigations which show that MDSC expansion occurs in response to acute/temporary inflammatory signal(s), as seen in response to acute-phase protein “C-reactive protein” and upon vaccination, as well as, in response to tolerogenic treatment for organ/tissue transplantation [28,74,103]. Furthermore, recent advances that are mentioned earlier in the text regarding the maturation state of MDSCs (i.e., the presence of mature MDSCs) debate the first signal of this model in that the differentiation of myeloid cells is induced while their differentiation is blocked at the immature status. Indeed, this does not mean that we exclude this mechanistic way by which MDSCs are generated. Instead we believe it is, at least in part, one of the mechanistic ways involved in MDSC generation (Fig. 2).

Factors that determine the expansion of one MDSCs population over the other

The simultaneous expansion of both MDSC populations can be observed in different pathological conditions, however, the expansion of one population over the other is also observed. For instance, several studies have shown that PMN-MDSCs represent the predominant immunosuppressive population with about 80% or even more of the total MDSC populations present in blood and at the tumor site(s) of most forms of cancer [13,43,100,104]. Activation of MDSCs through certain transcription factors and signaling pathways was shown to direct/shift the cell differentiation toward either M-MDSCs or PMN-MDSCs. For example, inhibition of STAT3 in tumor cells has been shown to decrease PMN-MDSC differentiation, while retaining the levels of M-MDSCs unchanged or sometimes increased [105,106]. In another example, studies on mice with fibrosarcoma have shown that *C/EBP β* deficiency can affect the differentiation of M-MDSCs [107]. It is worthy to note that *C/EBP β* , which belongs to the basic-region-leucine zipper transcriptional factor family, is also an essential regulator of the immunosuppressive activity of MDSCs, since it regulates the expression of inducible nitric oxide synthase (NOS2) and arginase (ARG1) [108]. RB1, which is a member of retinoblastoma protein (RB), was shown to play a critical role in the differentiation of MDSCs in both humans and mice [109], where the skewed differentiation of M-MDSCs, unlike PMN-MDSCs, is

favoured in the presence of high levels of RB1 [110]. Still, a decreased level of PMN-MDSCs at the tumor sites of mice with Lewis lung carcinoma as a result of decreased adenosine receptors, i.e., A2b, was also observed [111]. Downregulation of IRF8 is particularly associated with PMN-MDSC expansion [112–115]. Deletion of nuclear factor I-A (NFIA), an integral transcriptional component of myeloid differentiation in myeloid cells, blocks the expansion of MDSCs during sepsis [116]. Recently, NFIA was also revealed to be associated with the immunosuppression function of PMN-MDSCs [117]. Inhibition of NFIA is known to guide the differentiation toward granulopoiesis [118], yet whether it participates in PMN-MDSC accumulation over M-MDSCs remains to be determined. Likewise, the long noncoding RNA plasmacytoma variant translocation 1 (lncRNA Pvt1) has also been demonstrated to be involved in regulating PMN-MDSC immunosuppressive function. Although, the level of expression of lncRNA Pvt1 is thought to be directly associated with PMN-MDSC expansion in tumor tissues [119], additional investigations are needed to determine whether it is involved in PMN-MDSCs expansion or not. Hypoxia-inducible factor-1 α (HIF-1 α), which is a subunit of a heterodimeric transcription factor HIF-1 consisting of both HIF-1 α and HIF-1 β , was responsible for the elevation of this long noncoding RNA under hypoxic condition, indicating that HIF-1 could have an indirect role in mediation of PMN-MDSCs expansion.

Taken together, these data show that transcription factors are extremely important in expansion of one MDSC population over the other. However, it is essential to point out that signaling pathways and activation of transcription factors are determined as a consequence of MDSC interaction with molecules and/or cells within the inflammatory microenvironment, which, in turn, determines the differentiation fate of such cells. Therefore, the microenvironment could be considered the real driving force behind this process. However, additional investigations are needed to further clarify the factors involved in expansion of one subset over the other.

The Yin and Yang roles of MDSCs

The role of MDSCs in cancer and infection

As discussed earlier, most of our knowledge about MDSCs comes from cancer studies, yet surprisingly, until now there is no single indication that could show any beneficial role of the expansion of such cells in the setting of cancer [120]. Rather, it is generally agreed that such expansion is directly associated with the disease progression and tumor burden in cancer patients and animal models bearing different types of tumors. In recent years, MDSCs have become an attractive research area in which different

pathological and non-pathological conditions have been included. In the setting of non-cancer studies, expansion of MDSCs was also observed in different microbial infections including: parasitic infections with *Trypanosoma cruzi*, *Toxoplasma gondii*, and *Leishmania major*; bacterial infections with *Listeria monocytogenes* and *Porphyromonas gingivalis*; and fungal infection with *Candida albicans* [46,87,121–127]. Furthermore, studies on mice and humans have shown MDSC expansion during different viral infections such as influenza virus, hepatitis C virus (HCV) and human immunodeficiency virus (HIV) [91,92,128,129]. Unfortunately, as expected, the expansion of MDSCs during these pathological conditions was not associated with any beneficial effects in the terms of controlling disease progression, rather, it was associated with disease progression, supporting the notion that MDSCs are bad, i.e., MDSCs have a “Yin” role in such conditions.

The role of MDSCs in autoimmune and alloimmune responses

On the other hand, immune activation downregulation is very important for both the autoimmune disorders and alloimmune responses to allografts (graft-rejection). Perhaps, this could shed light on the possibility that MDSCs might have a good “Yang” role in these conditions, since they are potent immunosuppressive cells. On this basis, the role of MDSCs in alloimmune responses and autoimmune disorders such as inflammatory bowel disease (IBD), type 1 diabetes (T1D), multiple sclerosis (MS), rheumatoid arthritis (RA), autoimmune hepatitis (AH), alopecia areata (AA), and systemic lupus erythematosus (SLE) has started to be investigated in recent years [130–132]. Generally speaking, autoimmune disorders are associated with a remarkable increase in the activity of immune (inflammatory) responses against certain self-antigens. Therefore, downregulating these responses is indeed a rational way to restore immune-tolerance to self-antigens and to contain inflammation, both of which would result in reversing the pathological immune activation to a normal or semi-normal state, or at least maintaining the inflammatory process under control [133–140]. Similarly, alloimmune responses are inflammatory responses triggered in the recipient patient to foreign (non-self-antigens) grafts (organ/tissue) that consequently result in graft-rejection. Therefore, downregulating immune responses is essential for the success of organ/tissue transplantation (preventing allograft rejection) [141,142].

Some reports indicate that MDSCs could also have a “Yang” role based on initial results obtained from *in vitro* and *in vivo* (animal models) studies on both autoimmune disorders, as well as, immune responses to allografts. In the context of organ/tissue transplantation, to date, the role of MDSCs in prevention of allografts rejection have been

reported to be generally consistent, in that they have a good “Yang” role. Taking into account that MDSCs are recruited to the allografts upon adoptive transfer or upon their expansion as a result of the immunosuppressant treatments (tolerogenic treatments) given before the transplantation, suggests that such cells could be considered as a potential therapeutic approach for downregulating immune activation and mediating graft-host tolerance upon transplantation (for more details see References [7,132,143–148]). Of note, these cells are not naturally (i.e., without human intervention) expanded upon organ/tissue transplantation [7,147,148], and thus cannot be described as good cells by themselves, simply because mediating tolerance to a foreign transplant (non-self-organ/tissue) is considered to be an abnormal condition if human intervention was not involved. Furthermore, adoptively transferred MDSCs that fail to be recruited to the site of the allograft fail to protect these allografts from the host immune responses [132].

On the other hand, as indicated earlier, the role of MDSCs in autoimmune disorders could be beneficial. In theory, this is true, but it could be argued that if the regulatory immune cells including MDSCs are naturally expanded and accumulated in autoimmune disorders, they may be without any beneficial outcomes [9–11]. If this is the case, there are two plausible possibilities to explain such events: first, these expanded MDSCs are functionally defective, i.e., they have no or at least have suboptimal immunosuppressive capabilities which could be due to intrinsic or extrinsic defects. This is important especially because the loss of MDSC suppressive function makes them unable to fulfill their anticipated jobs (i.e., immune suppression) [149]. Second, they could be functionally intact, i.e., they are immunosuppressive, but they cannot be recruited to the site of inflammation upon expansion in blood circulation. The latter, could be due to the downregulation of expression of chemoattractant chemokines in the inflammatory microenvironments or downregulation of the expression of certain chemokine ligands on MDSC surfaces that subvert their homing. This explains the extreme importance of the presence of chemotactic markers on MDSCs for the success of adoptively transferred MDSCs to downregulate inflammatory responses against allografts. Indeed, *CCR2*^{-/-} MDSCs failed to protect allografts from the recipient immune responses because they failed to be recruited to the site of inflammation (allograft) [132]. Furthermore, if the disease progression (inflammation markers) in an autoimmune disorder directly correlates with the expansion and accumulation of MDSCs, then we could postulate that these cells could behave like pro-inflammatory cells rather than anti-inflammatory cells and that’s why we proposed to call them MDPCs as mentioned earlier (Fig. 3). Surprisingly, this is exactly what has been recently documented by many studies [9–11]. Thus, if MDSCs are not “naturally” expanded in autoimmune conditions, then mediating their

expansion *in vivo* using certain drugs and/or cytokines/growth factors, or alternatively, adoptive MDSC transfer upon activation and expansion *in vitro* will be a rational therapeutic approach in this case (Fig. 3).

The Yin-Yang law of MDSCs

One important note that we should be aware of, is that there is a critical difference between pathologically-activated/expanded and normally-activated/expanded MDSCs. As such, we can employ this information, in theory, to solve the perplexing results addressing the “Yin and Yang roles” of such cells. Although the expansion of MDSCs in an inflammatory condition is considered a normal immune response to contain that inflammation, still the outcome of such expansion will determine whether it is beneficial (Yang) or not (Yin). According to our understanding of the recent advances in MDSC research and upon extrapolating the results, we can say that the natural expansion of MDSCs under abnormal pathological conditions is always “Bad.” This is due to the fact that they contribute to the pathogenesis of the pathological condition one way or another, or at least, there is no association with better clinical outcomes when such cells were identified and quantified (as seen in cancer, infections, stress, sepsis, etc.). On the contrary, the natural expansion of such cells

under normal physiologic conditions is “Good.” For example, the number of PMN-MDSCs was shown to be drastically expanded in healthy pregnant women during all pregnancy stages when compared to non-pregnant women as reported by Köstlin and coworkers [150]. Furthermore, the number of M-MDSCs was shown to be expanded in the first trimester when compared to the third trimester indicating that M-MDSCs in particular could play an important role in the implantation process [151]. This is also supported by the notion that a reduction of such cells in the peripheral blood and endometrium is observed in early miscarriage outcomes [151]. The failure of *in vitro*-fertilization (IVF) was also shown to be, at least in part, as a result of a reduction in the number of PMN-MDSCs in the patients [152]. Indeed, such immunosuppression activity is essential to protect the fetus from the maternal immune responses and to achieve mother-fetal tolerance [2,3]. Nonetheless, one could argue against this by taking into account the results of Zhang *et al.* [153] who showed that elevated numbers of PMN-MDSCs is observed in patients with endometriosis which is an inflammatory condition that affects women in the reproductive age and often leads to infertility. Importantly, Zhang *et al.* [153] have also demonstrated that a marked reduction in endometrial lesions can be achieved by depleting PMN-MDSCs in mice. At first glance, there seems to be a

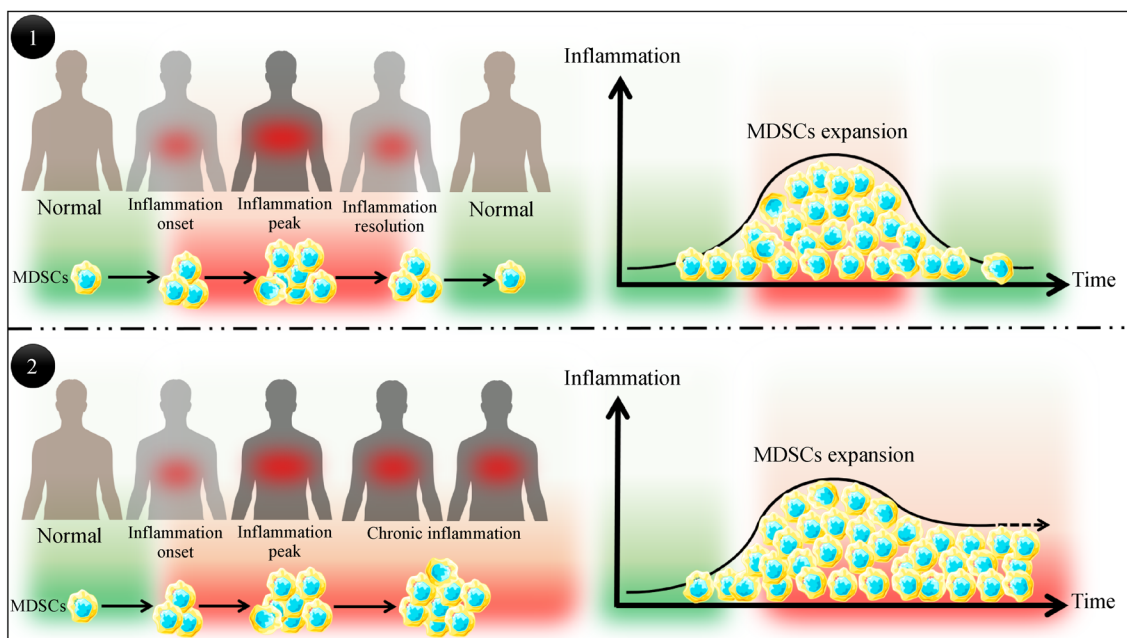


Fig. 3 Yin and Yang faces of MDSCs. Natural (without human intervention) MDSCs expansion is considered to be beneficial (Yang face) only if it blunted the inflammation process that in turn consequently results in better clinical outcomes (disease resolution) and their levels returned to the normal level before the inflammation onset started, as seen in the case 1. Otherwise, if the natural expansion of MDSCs is not associated with inflammation resolution, rather, the inflammation continues, then these cells are considered to be directly associated with the disease progression, or could be considered to be pro-inflammatory cells, indicating that they have a Yin face, as seen in the case 2.

contradiction in their results as illustrated by Budhwar and colleagues [120], yet, we would say this is not a plausible argument if the following notes are taken into consideration: (1) the elevated count of PMN-MDSCs is normally reported in healthy pregnant women but not in healthy non-pregnant women, (2) unlike pregnancy, which is a normal physiologic condition that is associated with different normal changes that can only be observed in pregnant females, endometriosis is a pathological condition where an elevation in the number of PMN-MDSCs in non-pregnant women is observed. In other words, reduction of PMN-MDSCs in pregnant women is an abnormal condition, as it is the case with PMN-MDSC elevation in endometriosis in non-pregnant women. From this point of view, one could suggest mediating the expansion of PMN-MDSCs as a therapeutic strategy for pregnant women with reduced PMN-MDSC numbers. Similarly, targeting PMN-MDSCs for depletion could be suggested to be a therapeutic strategy for endometriosis. Hence, when talking about MDSCs, investigators have to separate the pathological from the non-pathological conditions. More importantly, they have to consider this issue when addressing therapeutic strategies, i.e., harnessing such cells to control certain inflammatory conditions by inducing their expansion *in vivo* therapeutically (using certain drugs or molecules) or via adoptive transfer of *in vitro* activated and expanded MDSCs. As such, MDSCs could have a “Yang” role only if human intervention is included into the equation.

From this point of view, the “Yang” role of MDSCs is indeed conditional, meaning that we consider it only if these cells meet the criteria to be employed as a therapeutic tool to contain inflammation in a specific pathological condition, such as autoimmune disorders and organ/tissue transplantation allografts. In other words, mediating their expansion therapeutically or adoptive transfer of MDSCs to certain inflammatory conditions in humans is considered to be a rational therapeutic strategy only when: (1) these cells are not already expanded in the recipient patients, or at least are not expanded at the site of inflammation, (2) the immunosuppressive effects mediated by MDSCs *in vitro* and/or *in vivo* (i.e., animal models) should be associated with remarkable beneficial outcomes, otherwise such adoptive transfer will be meaningless [154]. Therefore, It is suggested that translating the results obtained from the *in vitro* and preclinical studies that showed a beneficial role of MDSCs in a given pathological condition to the clinical phase, while there is no data about the exact role and the anatomical distribution of such cells in that pathological condition in humans should be scientifically unaccepted. In other words, in the absence of enough information about a specific inflammatory pathological condition in humans we cannot provide a scientific interpretation that represents or at least resembles the human case upon taking results from studies on animal models of that pathological

condition. For instance, there is no data that either confirms or denies the presence of MDSCs in the tissues of multiple sclerosis patients [155,156]. In this case, a scientific interpretation that represents or at least resembles the human case cannot be made in studying the role of MDSCs in animal models of multiple sclerosis, namely the experimental autoimmune encephalomyelitis (EAE) [157–159]. Moreover, there are contradictions in results between studies on EAE mice. Some investigators agree that MDSCs are good while others disagree, in fact, this further supports our view that we cannot provide definitive conclusions without data from previous human studies. For example, Yi and colleagues [159] were the first group to study multiple sclerosis in EAE mice. They reported that MDSC expansion exacerbated EAE disease in mice. In other words, that MDSC expansion is associated with unwanted outcomes manifested by increased inflammatory responses which was concomitant with increased T helper 17 (Th17) differentiation. These results were consistent with other studies on other autoimmune disorders such as autoimmune arthritis and systemic lupus erythematosus [9–11], in that MDSCs could behave like pro-inflammatory cells in these conditions. On the other hand, other groups have shown that MDSCs could have a good role in controlling EAE disease progression [154,157,158]. Therefore, from the available data we cannot conclude that MDSCs have a Yang role in this pathological condition, but still we cannot exclude this possibility. It is important to note that, unlike studies that indicated that MDSC expansion exacerbates EAE disease progression when the elevation of MDSCs occurred naturally during the disease course [159], we find that the elevation of MDSCs in studies that indicated that these cells could be involved in EAE disease controlling was not naturally occurring, rather it was as a consequence to the given tolerogenic treatments or upon adoptive MDSCs transfer [73,154,157]. Indeed, Elliott and colleagues wanted to uncover the mechanism by which cannabinoids attenuate neuroinflammation in patients with multiple sclerosis upon using marijuana cannabinoids. They treated EAE mice with cannabinoids and reported that the subsequent elevation of MDSCs was the reason for the attenuation of EAE in cannabinoid treated mice [157]. It must be remembered; however, this does not necessarily mean that the same mechanism of action (scenario) would occur in humans, necessitating the performance of studies on humans. Another important note to be considered in this context is that the function of *in vitro* expanded MDSCs differs from those isolated from abnormal donors (pathological conditions). So, even if there is enough information about the role and the distribution of MDSCs in a specific inflammatory condition, the *in vitro* and the preclinical studies do not necessarily represent exactly the clinical status. Therefore, investigating the role and the distribution of MDSCs in autoimmune disorders in humans is urgently

needed, and the final verdict in this case can be made only after studying the role of MDSCs in humans suffering from autoimmune disorders such as multiple sclerosis.

A critical difference between pathologically and normally activated/expanded MDSCs is that, in contrast to pathological conditions in normal conditions (such as pregnancy) these cells are activated and expanded, relatively, for a short period of time. Once the desired outcome is achieved, protecting the fetus from maternal immune response in the case of pregnancy, their counts are normalized (Fig. 1).

Finally, it is important to remember that the role of MDSC is not yet investigated in many inflammatory conditions, and if so, there is no enough evidence to declare whether they have a Yin or Yang role in such conditions, e.g., the role of MDSC in wound healing [1], thus additional investigations are required to delineate their role in such conditions.

Conclusions

Indeed, MDSCs are more complex than initially thought. Although commonly defined as immature potent immunosuppressor cell populations of myeloid origin, it is now evident that MDSCs comprise of both mature and immature cells, indicating that MDSCs should not be defined as immature cells. Moreover, recent advances in MDSC biology indicate that characterization of these cells using the surface phenotype alone is not possible, due to the similarities between M-MDSCs and PMN-MDSCs with their cognate cells, namely monocytes and neutrophils, respectively. For example, in mice, MDSC populations cannot be differentiated from normal monocytes and neutrophils based on their surface phenotypes only, indicating the need for other assays that, at least, measure their suppressive capabilities. A similar case is also observed in humans. The discovery of highly specific markers exclusively expressed on MDSCs populations can help avoid this problem. Fortunately, recent investigations show that the recently discovered markers LOX-1 and SPARC could be used to define PMN-MDSCs populations directly without a need to use other assays that measure their suppressive activities, as they are expressed by the immunosuppressive cells only. The discovery of such highly specific markers for M-MDSCs is also important for better MDSC characterization. To this end, we encourage investigators to uncover such markers.

Of note, when studying MDSCs, the technical issues that could influence the result should also be taken into consideration. These include the type of sample (whole blood vs. PBMC), type of collection tubes, time of sample processing (as soon as possible vs. delayed), storage temperature (room temperature vs. refrigeration or freezing), and flow cytometry gating. If these issues are not

addressed the results will be affected and this could widen the contradictions present in the literature. Furthermore, additional studies are also required to investigate such factors in other types of samples, such as the bone marrow, liver, spleen, tumors, etc. in order to fill the gap of knowledge in this regard.

In the context of the origin of MDSC expansion, recent advances suggest that MDSCs may be expanded as a result of emergency myelopoiesis in the bone marrow, extramedullary myelopoiesis mainly in spleen, and reprogramming of mature cells in the periphery. These events may occur simultaneously. However, more investigations are needed to further clarify this issue.

The anatomical distribution of MDSCs is also another important matter for better understanding their role in pathophysiology. Although their anatomical distribution is well established in mice, and to some extent in non-human primates, it is not established in humans, particularly in health. This could stand as a barrier to our understanding of their role in human pathophysiology, and limit the understanding and interpretation of results when examining the role of MDSCs in animal models of human disease. The latter is due to the lack of reference information to date in humans and we, therefore, encourage investigators in MDSCs research to open this door as soon as possible.

With respect to the mediators of MDSC expansion we addressed the model presented by Condamine and Gabrilovich. This model describes the processes that govern MDSC expansion and accumulation. However, recent advances show that this model is still a premature model and can only describe the process partially. Thus, additional investigations are required to establish a model that precisely describes the process of MDSC expansion and compensate the limitations of “Condamine and Gabrilovich” model.

In the context of the factors that mediated the expansion of one MDSC population over the other, we have shown that transcription factors are extremely important in expansion of one MDSC population over the other. However, it is essential to point out that signaling pathways and activation of transcription factors is determined as a consequence of MDSC interaction with molecules and/or cells within the inflammatory microenvironment, which, in turn, determines the differentiation fate of such cells. Therefore, the microenvironment could be considered the real driving force behind this process. However, additional investigations are needed to further clarify the factors involved in expansion of one subset over the other.

In the Yin and Yang section we tried to remove the ambiguity surrounding the MDSC Yin and Yang concepts. To this end, we showed that the expansion of MDSCs in pathological conditions including cancer, infection, aging and autoimmune disorders has a negative impact, and this is true when such expansion occurs naturally without

external intervention and such expansion is associated with bad outcomes. On the other hand, we showed that MDSCs could have a Yang role under certain conditions such as pregnancy, and this is the only normal condition to our knowledge where MDSCs are expanded without negative effects. Finally, we showed that MDSCs could be harnessed as a therapeutic strategy to control certain inflammatory conditions where MDSCs are not naturally expanded. As such we wrote the law of Yin-Yang law of MDSCs.

Of note, it is essential to realize that mice are widely used as animal models for studying many human diseases and for testing new treatments and vaccines. However, there are great differences between humans and mice, particularly in the immune system. In fact, this explains why contradicting results are observed upon translating the promising results obtained from mouse studies on a pathological condition to the clinical phase on humans [19]. Non-human primates are much closer to humans in many aspects including the immune system [19–22], yet they are only recently being included in MDSC research. We therefore strongly encourage scientists in this field to include such animal models in the near future.

Finally, in the context of MDSC functions, in addition to their immunosuppressive activity, recent advances have also shown that MDSCs have pro-inflammatory activity in certain pathological conditions (such as autoimmune disorders), suggesting that the previous definition should be reevaluated. Herein, we sub-grouped these cells into immunosuppressive MDSCs and pro-inflammatory MDPCs according to the observed immune responses once expanded in a pathological condition.

Compliance with ethics guidelines

Mahmoud Mohammad Yaseen, Nizar Mohammad Abuharfeil, Homa Darmani, and Ammar Daoud declare that this review manuscript was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest. This manuscript is a review article and does not involve a research protocol requiring approval by the relevant institutional review board or ethics committee.

References

- Schwacha MG, Scroggins SR, Montgomery RK, Nicholson SE, Cap AP. Burn injury is associated with an infiltration of the wound site with myeloid-derived suppressor cells. *Cell Immunol* 2019; 338: 21–26
- Ahmadi M, Mohammadi M, Ali-Hassanzadeh M, Zare M, Gharesi-Fard B. MDSCs in pregnancy: critical players for a balanced immune system at the feto-maternal interface. *Cell Immunol* 2019; 346: 103990
- Ostrand-Rosenberg S, Sinha P, Figley C, Long R, Park D, Carter D, Clements VK. Frontline Science: Myeloid-derived suppressor cells (MDSCs) facilitate maternal-fetal tolerance in mice. *J Leukoc Biol* 2017; 101(5): 1091–1101
- Schrijver IT, Théroude C, Roger T. Myeloid-derived suppressor cells in sepsis. *Front Immunol* 2019; 10: 327
- Medina E, Hartl D. Myeloid-derived suppressor cells in infection: a general overview. *J Innate Immun* 2018; 10(5-6): 407–413
- Salminen A, Kaarniranta K, Kauppinen A. The role of myeloid-derived suppressor cells (MDSC) in the inflammaging process. *Ageing Res Rev* 2018; 48: 1–10
- Nakamura T, Ushigome H. Myeloid-derived suppressor cells as a regulator of immunity in organ transplantation. *Int J Mol Sci* 2018; 19(8): E2357
- Salminen A. Activation of immunosuppressive network in the aging process. *Ageing Res Rev* 2020; 57: 100998
- Guo C, Hu F, Yi H, Feng Z, Li C, Shi L, Li Y, Liu H, Yu X, Wang H, Li J, Li Z, Wang XY. Myeloid-derived suppressor cells have a proinflammatory role in the pathogenesis of autoimmune arthritis. *Ann Rheum Dis* 2016; 75(1): 278–285
- Zhang H, Wang S, Huang Y, Wang H, Zhao J, Gaskin F, Yang N, Fu SM. Myeloid-derived suppressor cells are proinflammatory and regulate collagen-induced arthritis through manipulating Th17 cell differentiation. *Clin Immunol* 2015; 157(2): 175–186
- Wu H, Zhen Y, Ma Z, Li H, Yu J, Xu ZG, Wang XY, Yi H, Yang YG. Arginase-1-dependent promotion of TH17 differentiation and disease progression by MDSCs in systemic lupus erythematosus. *Sci Transl Med* 2016; 8(331): 331ra40
- Gabrilovich DI, Bronte V, Chen SH, Colombo MP, Ochoa A, Ostrand-Rosenberg S, Schreiber H. The terminology issue for myeloid-derived suppressor cells. *Cancer Res* 2007; 67(1): 425
- Gabrilovich DI. Myeloid-derived suppressor cells. *Cancer Immunol Res* 2017; 5(1): 3–8
- Kumar V, Patel S, Tcyganov E, Gabrilovich DI. The nature of myeloid-derived suppressor cells in the tumor microenvironment. *Trends Immunol* 2016; 37(3): 208–220
- Bronte V, Brandau S, Chen SH, Colombo MP, Frey AB, Greten TF, Mandruzzato S, Murray PJ, Ochoa A, Ostrand-Rosenberg S, Rodriguez PC, Sica A, Umansky V, Vonderheide RH, Gabrilovich DI. Recommendations for myeloid-derived suppressor cell nomenclature and characterization standards. *Nat Commun* 2016; 7(1): 12150
- Dumitru CA, Moses K, Trellakis S, Lang S, Brandau S. Neutrophils and granulocytic myeloid-derived suppressor cells: immunophenotyping, cell biology and clinical relevance in human oncology. *Cancer Immunol Immunother* 2012; 61(8): 1155–1167
- Highfill SL, Rodriguez PC, Zhou Q, Goetz CA, Koehn BH, Veenstra R, Taylor PA, Panoskaltsis-Mortari A, Serody JS, Munn DH, Tolar J, Ochoa AC, Blazar BR. Bone marrow myeloid-derived suppressor cells (MDSCs) inhibit graft-versus-host disease (GVHD) via an arginase-1-dependent mechanism that is up-regulated by interleukin-13. *Blood* 2010; 116(25): 5738–5747
- Goldmann O, Beineke A, Medina E. Identification of a novel subset of myeloid-derived suppressor cells during chronic staphylococcal infection that resembles immature eosinophils. *J Infect Dis* 2017; 216(11): 1444–1451

19. Yaseen MM, Yaseen MM, Alqudah MA. Broadly neutralizing antibodies: an approach to control HIV-1 infection. *Int Rev Immunol* 2017; 36(1): 31–40
20. Bjornson-Hooper ZB, Fragiadakis GK, Spitzer MH, Madhiredy D, McIlwain D, Nolan GP. A comprehensive atlas of immunological differences between humans, mice and non-human primates. *Biorxiv* 2019; 10.1101/574160
21. Grow DA, McCarrey JR, Navara CS. Advantages of nonhuman primates as preclinical models for evaluating stem cell-based therapies for Parkinson's disease. *Stem Cell Res (Amst)* 2016; 17(2): 352–366
22. Watson KK, Platt ML. Of mice and monkeys: using non-human primate models to bridge mouse- and human-based investigations of autism spectrum disorders. *J Neurodev Disord* 2012; 4(1): 21
23. Zahorchak AF, Ezzelarab MB, Lu L, Turnquist HR, Thomson AW. *In vivo* mobilization and functional characterization of nonhuman primate monocytic myeloid-derived suppressor cells. *Am J Transplant* 2016; 16(2): 661–671
24. Luyckx A, Schoupe E, Rutgeerts O, Lenaerts C, Fevery S, Devos T, Dierickx D, Waer M, Van Ginderachter JA, Billiau AD. G-CSF stem cell mobilization in human donors induces polymorphonuclear and mononuclear myeloid-derived suppressor cells. *Clin Immunol* 2012; 143(1): 83–87
25. Hock BD, Mackenzie KA, Cross NB, Taylor KG, Currie MJ, Robinson BA, Simcock JW, McKenzie JL. Renal transplant recipients have elevated frequencies of circulating myeloid-derived suppressor cells. *Nephrol Dial Transplant* 2012; 27(1): 402–410
26. Zahorchak AF, Perez-Gutierrez A, Ezzelarab MB, Thomson AW. Monocytic myeloid-derived suppressor cells generated from rhesus macaque bone marrow enrich for regulatory T cells. *Cell Immunol* 2018; 329: 50–55
27. Sui Y, Frey B, Wang Y, Billeskov R, Kulkarni S, McKinnon K, Rourke T, Fritts L, Miller CJ, Berzofsky JA. Paradoxical myeloid-derived suppressor cell reduction in the bone marrow of SIV chronically infected macaques. *PLoS Pathog* 2017; 13(5): e1006395
28. Lin A, Liang F, Thompson EA, Vono M, Ols S, Lindgren G, Hassett K, Salter H, Ciaramella G, Loré K. Rhesus macaque myeloid-derived suppressor cells demonstrate T cell inhibitory functions and are transiently increased after vaccination. *J Immunol* 2018; 200(1): 286–294
29. Condamine T, Dominguez GA, Youn JI, Kossenkov AV, Mony S, Alicea-Torres K, Teyganov E, Hashimoto A, Nefedova Y, Lin C, Partlova S, Garfall A, Vogl DT, Xu X, Knight SC, Malietzis G, Lee GH, Eruslanov E, Albelda SM, Wang X, Mehta JL, Bewtra M, Rustgi A, Hockstein N, Witt R, Masters G, Nam B, Smirnov D, Sepulveda MA, Gabrilovich DI. Lectin-type oxidized LDL receptor-1 distinguishes population of human polymorphonuclear myeloid-derived suppressor cells in cancer patients. *Sci Immunol* 2016; 1(2): aaf8943
30. Millrud CR, Bergenfelz C, Leandersson K. On the origin of myeloid-derived suppressor cells. *Oncotarget* 2017; 8(2): 3649–3665
31. Sangaletti S, Talarico G, Chiodoni C, Cappetti B, Botti L, Portararo P, Gulino A, Consonni FM, Sica A, Randon G, Di Nicola M, Tripodo C, Colombo MP. SPARC is a new myeloid-derived suppressor cell marker licensing suppressive activities. *Front Immunol* 2019; 10: 1369
32. Young MRI, Wright MA, Lozano Y, Prechel MM, Benefield J, Leonetti JP, Collins SL, Petruzzelli GJ. Increased recurrence and metastasis in patients whose primary head and neck squamous cell carcinomas secreted granulocyte-macrophage colony-stimulating factor and contained CD34⁺ natural suppressor cells. *Int J Cancer* 1997; 74(1): 69–74
33. Pak AS, Wright MA, Matthews JP, Collins SL, Petruzzelli GJ, Young MR. Mechanisms of immune suppression in patients with head and neck cancer: presence of CD34⁺ cells which suppress immune functions within cancers that secrete granulocyte-macrophage colony-stimulating factor. *Clin Cancer Res* 1995; 1(1): 95–103
34. Romano A, Parrinello NL, Vetro C, Forte S, Chiarenza A, Figuera A, Motta G, Palumbo GA, Ippolito M, Consoli U, Di Raimondo F. Circulating myeloid-derived suppressor cells correlate with clinical outcome in Hodgkin lymphoma patients treated up-front with a risk-adapted strategy. *Br J Haematol* 2015; 168(5): 689–700
35. Vasquez-Dunndel D, Pan F, Zeng Q, Gorbounov M, Albesiano E, Fu J, Blosser RL, Tam AJ, Bruno T, Zhang H, Pardoll D, Kim Y. STAT3 regulates arginase-I in myeloid-derived suppressor cells from cancer patients. *J Clin Invest* 2013; 123(4): 1580–1589
36. Fan H, Cook JA. Molecular mechanisms of endotoxin tolerance. *J Endotoxin Res* 2004; 10(2): 71–84
37. Sinistro A, Ciaprini C, Natoli S, Sussarello E, Carducci FC, Almerighi C, Capozzi M, Bolacchi F, Rocchi G, Bergamini A. Lipopolysaccharide desensitizes monocytes-macrophages to CD40 ligand stimulation. *Immunology* 2007; 122(3): 362–370
38. Xiu B, Lin Y, Grote DM, Ziesmer SC, Gustafson MP, Maas ML, Zhang Z, Dietz AB, Porrata LF, Novak AJ, Liang AB, Yang ZZ, Ansell SM. IL-10 induces the development of immunosuppressive CD14⁺HLA-DR^{low/-} monocytes in B-cell non-Hodgkin lymphoma. *Blood Cancer J* 2015; 5(7): e328
39. Landmann R, Ludwig C, Obrist R, Obrecht JP. Effect of cytokines and lipopolysaccharide on CD14 antigen expression in human monocytes and macrophages. *J Cell Biochem* 1991; 47(4): 317–329
40. Marini O, Costa S, Bevilacqua D, Calzetti F, Tamassia N, Spina C, De Sabata D, Tinazzi E, Lunardi C, Scupoli MT, Cavallini C, Zoratti E, Tinazzi I, Marchetta A, Vassanelli A, Cantini M, Gandini G, Ruzzenente A, Guglielmi A, Missale F, Vermi W, Tecchio C, Cassatella MA, Scapini P. Mature CD10⁺ and immature CD10⁻ neutrophils present in G-CSF-treated donors display opposite effects on T cells. *Blood* 2017; 129(10): 1343–1356
41. Carmona-Rivera C, Kaplan MJ. Low-density granulocytes: a distinct class of neutrophils in systemic autoimmunity. *Semin Immunopathol* 2013; 35(4): 455–463
42. Marini O, Spina C, Mimiola E, Cassaro A, Malerba G, Todeschini G, Perbellini O, Scupoli M, Carli G, Facchinelli D, Cassatella M, Scapini P, Tecchio C. Identification of granulocytic myeloid-derived suppressor cells (G-MDSCs) in the peripheral blood of Hodgkin and non-Hodgkin lymphoma patients. *Oncotarget* 2016; 7(19): 27676–27688
43. Lang S, Bruderek K, Kaspar C, Höing B, Kanaan O, Dominas N, Hussain T, Droege F, Eyth C, Hadaschik B, Brandau S. Clinical

- relevance and suppressive capacity of human myeloid-derived suppressor cell subsets. *Clin Cancer Res* 2018; 24(19): 4834–4844
44. Bergenfelz C, Larsson AM, von Stedingk K, Gruvberger-Saal S, Aaltonen K, Jansson S, Jernström H, Janols H, Wullt M, Bredberg A, Rydén L, Leandersson K. Systemic monocytic-MDSCs are generated from monocytes and correlate with disease progression in breast cancer patients. *PLoS One* 2015; 10(5): e0127028
 45. Poschke I, Mougiakakos D, Hansson J, Masucci GV, Kiessling R. Immature immunosuppressive CD14⁺HLA-DR^{-low} cells in melanoma patients are Stat3hi and overexpress CD80, CD83, and DC-sign. *Cancer Res* 2010; 70(11): 4335–4345
 46. Sunderkötter C, Nikolic T, Dillon MJ, Van Rooijen N, Stehling M, Drevets DA, Leenen PJ. Subpopulations of mouse blood monocytes differ in maturation stage and inflammatory response. *J Immunol* 2004; 172(7): 4410–4417
 47. Mantovani A, Sica A, Allavena P, Garlanda C, Locati M. Tumor-associated macrophages and the related myeloid-derived suppressor cells as a paradigm of the diversity of macrophage activation. *Hum Immunol* 2009; 70(5): 325–330
 48. Biswas SK, Lopez-Collazo E. Endotoxin tolerance: new mechanisms, molecules and clinical significance. *Trends Immunol* 2009; 30(10): 475–487
 49. Pillay J, Tak T, Kamp VM, Koenderman L. Immune suppression by neutrophils and granulocytic myeloid-derived suppressor cells: similarities and differences. *Cell Mol Life Sci* 2013; 70(20): 3813–3827
 50. Obermajer N, Muthuswamy R, Lesnock J, Edwards RP, Kalinski P. Positive feedback between PGE2 and COX2 redirects the differentiation of human dendritic cells toward stable myeloid-derived suppressor cells. *Blood* 2011; 118(20): 5498–5505
 51. Domenis R, Cesselli D, Toffoletto B, Bourkoura E, Caponnetto F, Manini I, Beltrami AP, Ius T, Skrap M, Di Loreto C, Gri G. Systemic T cells immunosuppression of glioma stem cell-derived exosomes is mediated by monocytic myeloid-derived suppressor cells. *PLoS One* 2017; 12(1): e0169932
 52. Obermajer N, Kalinski P. Generation of myeloid-derived suppressor cells using prostaglandin E2. *Transplant Res* 2012; 1(1): 15
 53. Veglia F, Perego M, Gabrilovich D. Myeloid-derived suppressor cells coming of age. *Nat Immunol* 2018; 19(2): 108–119
 54. Dufait I, Schwarze JK, Liechtenstein T, Leonard W, Jiang H, Escors D, De Ridder M, Breckpot K. *Ex vivo* generation of myeloid-derived suppressor cells that model the tumor immunosuppressive environment in colorectal cancer. *Oncotarget* 2015; 6(14): 12369–12382
 55. Casacuberta-Serra S, Parés M, Golbano A, Coves E, Espejo C, Barquinero J. Myeloid-derived suppressor cells can be efficiently generated from human hematopoietic progenitors and peripheral blood monocytes. *Immunol Cell Biol* 2017; 95(6): 538–548
 56. Mao Y, Poschke I, Wennerberg E, Pico de Coaña Y, Eghazi Brage S, Schultz I, Hansson J, Masucci G, Lundqvist A, Kiessling R. Melanoma-educated CD14⁺ cells acquire a myeloid-derived suppressor cell phenotype through COX-2-dependent mechanisms. *Cancer Res* 2013; 73(13): 3877–3887
 57. Rodrigues JC, Gonzalez GC, Zhang L, Ibrahim G, Kelly JJ, Gustafson MP, Lin Y, Dietz AB, Forsyth PA, Yong VW, Parney IF. Normal human monocytes exposed to glioma cells acquire myeloid-derived suppressor cell-like properties. *Neuro-oncol* 2010; 12(4): 351–365
 58. Moses K, Brandau S. Human neutrophils: their role in cancer and relation to myeloid-derived suppressor cells. *Semin Immunol* 2016; 28(2): 187–196
 59. Li Q, Pan PY, Gu P, Xu D, Chen SH. Role of immature myeloid Gr-1⁺ cells in the development of antitumor immunity. *Cancer Res* 2004; 64(3): 1130–1139
 60. Narita Y, Wakita D, Ohkur T, Chamoto K, Nishimura T. Potential differentiation of tumor bearing mouse CD11b⁺Gr-1⁺ immature myeloid cells into both suppressor macrophages and immunostimulatory dendritic cells. *Biomed Res* 2009; 30(1): 7–15
 61. Haverkamp JM, Crist SA, Elzey BD, Cimen C, Ratliff TL. *In vivo* suppressive function of myeloid-derived suppressor cells is limited to the inflammatory site. *Eur J Immunol* 2011; 41(3): 749–759
 62. Grütznér E, Stirner R, Arenz L, Athanasoulia AP, Schrödl K, Berking C, Bogner JR, Draenert R. Kinetics of human myeloid-derived suppressor cells after blood draw. *J Transl Med* 2016; 14(1): 2
 63. Trellakis S, Bruderek K, Hütte J, Elian M, Hoffmann TK, Lang S, Brandau S. Granulocytic myeloid-derived suppressor cells are cryosensitive and their frequency does not correlate with serum concentrations of colony-stimulating factors in head and neck cancer. *Innate Immun* 2013; 19(3): 328–336
 64. Brandau S, Moses K, Lang S. The kinship of neutrophils and granulocytic myeloid-derived suppressor cells in cancer: cousins, siblings or twins? *Semin Cancer Biol* 2013; 23(3): 171–182
 65. Scapini P, Cassatella MA. Social networking of human neutrophils within the immune system. *Blood* 2014; 124(5): 710–719
 66. Apodaca MC, Wright AE, Riggins AM, Harris WP, Yeung RS, Yu L, Morishima C. Characterization of a whole blood assay for quantifying myeloid-derived suppressor cells. *J Immunother Cancer* 2019; 7(1): 230
 67. Flörcken A, Takvorian A, Singh A, Gerhardt A, Ostendorf BN, Dörken B, Pezzutto A, Westermann J. Myeloid-derived suppressor cells in human peripheral blood: optimized quantification in healthy donors and patients with metastatic renal cell carcinoma. *Immunol Lett* 2015; 168(2): 260–267
 68. Velten L, Haas SF, Raffel S, Blaszkiwicz S, Islam S, Hennig BP, Hirche C, Lutz C, Buss EC, Nowak D, Boch T, Hofmann WK, Ho AD, Huber W, Trumpp A, Essers MA, Steinmetz LM. Human haematopoietic stem cell lineage commitment is a continuous process. *Nat Cell Biol* 2017; 19(4): 271–281
 69. Schultze JL, Mass E, Schlitzer A. Emerging principles in myelopoiesis at homeostasis and during infection and inflammation. *Immunity* 2019; 50(2): 288–301
 70. Kusmartsev S, Gabrilovich DI. Role of immature myeloid cells in mechanisms of immune evasion in cancer. *Cancer Immunol Immunother* 2006; 55(3): 237–245
 71. Zhao F, Obermann S, von Wasielewski R, Haile L, Manns MP, Korangy F, Greten TF. Increase in frequency of myeloid-derived suppressor cells in mice with spontaneous pancreatic carcinoma. *Immunology* 2009; 128(1): 141–149
 72. Ilkovich D, Lopez DM. The liver is a site for tumor-induced myeloid-derived suppressor cell accumulation and immunosuppression. *Cancer Res* 2009; 69(13): 5514–5521

73. Almand B, Clark JI, Nikitina E, van Beynen J, English NR, Knight SC, Carbone DP, Gabrilovich DI. Increased production of immature myeloid cells in cancer patients: a mechanism of immunosuppression in cancer. *J Immunol* 2001; 166(1): 678–689
74. Luan Y, Mosheir E, Menon MC, Wilson D, Woytovich C, Ochando J, Murphy B. Monocytic myeloid-derived suppressor cells accumulate in renal transplant patients and mediate CD4⁺ Foxp3⁺ Treg expansion. *Am J Transplant* 2013; 13(12): 3123–3131
75. Köstlin N, Schoetensack C, Schwarz J, Spring B, Marmé A, Goelz R, Brodbeck G, Poets CF, Gille C. Granulocytic myeloid-derived suppressor cells (GR-MDSC) in breast milk (BM); GR-MDSC accumulate in human BM and modulate T-cell and monocyte function. *Front Immunol* 2018; 9: 1098
76. Roussel M, Ferrell PB Jr, Greenplate AR, Lhomme F, Le Gallou S, Diggins KE, Johnson DB, Irish JM. Mass cytometry deep phenotyping of human mononuclear phagocytes and myeloid-derived suppressor cells from human blood and bone marrow. *J Leukoc Biol* 2017; 102(2): 437–447
77. Görgün GT, Whitehill G, Anderson JL, Hideshima T, Maguire C, Laubach J, Raje N, Munshi NC, Richardson PG, Anderson KC. Tumor-promoting immune-suppressive myeloid-derived suppressor cells in the multiple myeloma microenvironment in humans. *Blood* 2013; 121(15): 2975–2987
78. Porembka MR, Mitchem JB, Belt BA, Hsieh CS, Lee HM, Herndon J, Gillanders WE, Linehan DC, Goedegebuure P. Pancreatic adenocarcinoma induces bone marrow mobilization of myeloid-derived suppressor cells which promote primary tumor growth. *Cancer Immunol Immunother* 2012; 61(9): 1373–1385
79. Verschoor CP, Johnstone J, Millar J, Dorrington MG, Habibbagahi M, Lelic A, Loeb M, Bramson JL, Bowdish DM. Blood CD33(+) HLA-DR(-) myeloid-derived suppressor cells are increased with age and a history of cancer. *J Leukoc Biol* 2013; 93(4): 633–637
80. Flores RR, Clauson CL, Cho J, Lee BC, McGowan SJ, Baker DJ, Niedernhofer LJ, Robbins PD. Expansion of myeloid-derived suppressor cells with aging in the bone marrow of mice through a NF- κ B-dependent mechanism. *Aging Cell* 2017; 16(3): 480–487
81. Bulterijs S, Hull RS, Björk VC, Roy AG. It is time to classify biological aging as a disease. *Front Genet* 2015; 6: 205
82. Gavrilov LA, Gavrilova NS. Is aging a disease? *Biodemographers' point of view*. *Adv Gerontol* 2017; 30(6): 841–842 (in Russian)
83. The Lancet Diabetes Endocrinology. Opening the door to treating ageing as a disease. *Lancet Diabetes Endocrinol* 2018; 6(8): 587
84. Ochoa AC, Zea AH, Hernandez C, Rodriguez PC. Arginase, prostaglandins, and myeloid-derived suppressor cells in renal cell carcinoma. *Clin Cancer Res* 2007; 13(2): 721s–726s
85. Mirza N, Fishman M, Fricke I, Dunn M, Neuger AM, Frost TJ, Lush RM, Antonia S, Gabrilovich DI. All-trans-retinoic acid improves differentiation of myeloid cells and immune response in cancer patients. *Cancer Res* 2006; 66(18): 9299–9307
86. Diaz-Montero CM, Salem ML, Nishimura MI, Garrett-Mayer E, Cole DJ, Montero AJ. Increased circulating myeloid-derived suppressor cells correlate with clinical cancer stage, metastatic tumor burden, and doxorubicin-cyclophosphamide chemotherapy. *Cancer Immunol Immunother* 2009; 58(1): 49–59
87. Gofñi O, Alcaide P, Fresno M. Immunosuppression during acute *Trypanosoma cruzi* infection: involvement of Ly6G(Gr1⁺) CD11b⁺ immature myeloid suppressor cells. *Int Immunol* 2002; 14(10): 1125–1134
88. Brudecki L, Ferguson DA, McCall CE, El Gazzar M. Myeloid-derived suppressor cells evolve during sepsis and can enhance or attenuate the systemic inflammatory response. *Infect Immun* 2012; 80(6): 2026–2034
89. Marhaba R, Vitacolonna M, Hildebrand D, Baniyash M, Freyschmidt-Paul P, Zöller M. The importance of myeloid-derived suppressor cells in the regulation of autoimmune effector cells by a chronic contact eczema. *J Immunol* 2007; 179(8): 5071–5081
90. Haile LA, von Wasielewski R, Gamrekelashvili J, Kruger C, Bachmann O, Westendorf AM, Buer J, Liblau R, Manns MP, Korangy F, Greten TF. Myeloid-derived suppressor cells in inflammatory bowel disease: a new immunoregulatory pathway. *Gastroenterology* 2008; 135(3): 871–881e5
91. Zhang ZN, Yi N, Zhang TW, Zhang LL, Wu X, Liu M, Fu YJ, He SJ, Jiang YJ, Ding HB, Chu ZX, Shang H. Myeloid-derived suppressor cells associated with disease progression in primary HIV infection: PD-L1 blockade attenuates inhibition. *J Acquir Immune Defic Syndr* 2017; 76(2): 200–208
92. Tacke RS, Lee HC, Goh C, Courtney J, Polyak SJ, Rosen HR, Hahn YS. Myeloid suppressor cells induced by hepatitis C virus suppress T-cell responses through the production of reactive oxygen species. *Hepatology* 2012; 55(2): 343–353
93. Delano MJ, Scumpia PO, Weinstein JS, Coco D, Nagaraj S, Kelly-Scumpia KM, O'Malley KA, Wynn JL, Antonenko S, Al-Quran SZ, Swan R, Chung CS, Atkinson MA, Ramphal R, Gabrilovich DI, Reeves WH, Ayala A, Phillips J, Laface D, Heyworth PG, Clare-Salzler M, Moldawer LL. MyD88-dependent expansion of an immature GR-1⁺CD11b⁺ population induces T cell suppression and Th2 polarization in sepsis. *J Exp Med* 2007; 204(6): 1463–1474
94. Bosiljic M, Cederberg RA, Hamilton MJ, LePard NE, Harbourne BT, Collier JL, Halvorsen EC, Shi R, Franks SE, Kim AY, Banáth JP, Hamer M, Rossi FM, Bennewith KL. Targeting myeloid-derived suppressor cells in combination with primary mammary tumor resection reduces metastatic growth in the lungs. *Breast Cancer Res* 2019; 21(1): 103
95. Youn JI, Nagaraj S, Collazo M, Gabrilovich DI. Subsets of myeloid-derived suppressor cells in tumor-bearing mice. *J Immunol* 2008; 181(8): 5791–5802
96. Sarkar D, Srivastava MK, Zhu L, Harris-White M, Kar UK, Huang M, Johnson MF, Lee JM, Elashoff D, Strieter R, Dubinett S, Sharma S. Correction: myeloid suppressor cell depletion augments antitumor activity in lung cancer. *PLoS One* 2012; 7(7): e40677
97. Heine A, Held SAE, Schulte-Schrepping J, Wolff JFA, Klee K, Ulas T, Schmacke NA, Daecke SN, Riethausen K, Schultze JL, Brossart P. Generation and functional characterization of MDSC-like cells. *OncImmunology* 2017; 6(4): e1295203
98. Julier Z, Park AJ, Briquez PS, Martino MM. Promoting tissue regeneration by modulating the immune system. *Acta Biomater* 2017; 53: 13–28
99. Condamine T, Gabrilovich DI. Molecular mechanisms regulating myeloid-derived suppressor cell differentiation and function. *Trends Immunol* 2011; 32(1): 19–25

100. Condamine T, Mastio J, Gabrilovich DI. Transcriptional regulation of myeloid-derived suppressor cells. *J Leukoc Biol* 2015; 98(6): 913–922
101. Gabrilovich DI, Nagaraj S. Myeloid-derived suppressor cells as regulators of the immune system. *Nat Rev Immunol* 2009; 9(3): 162–174
102. Lechner MG, Liebertz DJ, Epstein AL. Characterization of cytokine-induced myeloid-derived suppressor cells from normal human peripheral blood mononuclear cells. *J Immunol* 2010; 185(4): 2273–2284
103. Jimenez RV, Kuznetsova V, Connelly AN, Hel Z, Szalai AJ. C-reactive protein promotes the expansion of myeloid derived cells with suppressor functions. *Front Immunol* 2019; 10: 2183
104. Youn JI, Gabrilovich DI. The biology of myeloid-derived suppressor cells: the blessing and the curse of morphological and functional heterogeneity. *Eur J Immunol* 2010; 40(11): 2969–2975
105. Abad C, Nobuta H, Li J, Kasai A, Yong WH, Waschek JA. Targeted STAT3 disruption in myeloid cells alters immunosuppressor cell abundance in a murine model of spontaneous medulloblastoma. *J Leukoc Biol* 2014; 95(2): 357–367
106. Tu SP, Jin H, Shi JD, Zhu LM, Suo Y, Lu G, Liu A, Wang TC, Yang CS. Curcumin induces the differentiation of myeloid-derived suppressor cells and inhibits their interaction with cancer cells and related tumor growth. *Cancer Prev Res (Phila)* 2012; 5(2): 205–215
107. Marigo I, Bosio E, Solito S, Mesa C, Fernandez A, Dolcetti L, Ugel S, Sonda N, Biccato S, Falisi E, Calabrese F, Basso G, Zanovello P, Cozzi E, Mandruzzato S, Bronte V. Tumor-induced tolerance and immune suppression depend on the C/EBPbeta transcription factor. *Immunity* 2010; 32(6): 790–802
108. Abbasi K, Fadaei Araghi M, Zafarghandi M, Karimi A, Ahmadi H, Marzban M, Movahedi N, Abbasi SH, Moshtaghi N. Concomitant carotid endarterectomy and coronary artery bypass grafting versus staged carotid stenting followed by coronary artery bypass grafting. *J Cardiovasc Surg (Torino)* 2008; 49(2): 285–288
109. Youn JI, Kumar V, Collazo M, Nefedova Y, Condamine T, Cheng P, Villagra A, Antonia S, McCaffrey JC, Fishman M, Sarnaik A, Horna P, Sotomayor E, Gabrilovich DI. Epigenetic silencing of retinoblastoma gene regulates pathologic differentiation of myeloid cells in cancer. *Nat Immunol* 2013; 14(3): 211–220
110. Casbon AJ, Reynaud D, Park C, Khuc E, Gan DD, Schepers K, Passequé E, Werb Z. Invasive breast cancer reprograms early myeloid differentiation in the bone marrow to generate immunosuppressive neutrophils. *Proc Natl Acad Sci USA* 2015; 112(6): E566–E575
111. Ryzhov S, Novitskiy SV, Goldstein AE, Biktasova A, Blackburn MR, Biaggioni I, Dikov MM, Feoktistov I. Adenosinergic regulation of the expansion and immunosuppressive activity of CD11b⁺Gr1⁺ cells. *J Immunol* 2011; 187(11): 6120–6129
112. Damuzzo V, Pinton L, Desantis G, Solito S, Marigo I, Bronte V, Mandruzzato S. Complexity and challenges in defining myeloid-derived suppressor cells. *Cytometry B Clin Cytom* 2015; 88(2): 77–91
113. Fridlender ZG, Sun J, Kim S, Kapoor V, Cheng G, Ling L, Worthen GS, Albelda SM. Polarization of tumor-associated neutrophil phenotype by TGF-β: “N1” versus “N2” TAN. *Cancer Cell* 2009; 16(3): 183–194
114. Cimen Bozkus C, Elzey BD, Crist SA, Ellies LG, Ratliff TL. Expression of cationic amino acid transporter 2 is required for myeloid-derived suppressor cell-mediated control of T cell immunity. *J Immunol* 2015; 195(11): 5237–5250
115. Netherby CS, Messmer MN, Burkard-Mandel L, Colligan S, Miller A, Cortes Gomez E, Wang J, Nemeth MJ, Abrams SI. The granulocyte progenitor stage is a key target of IRF8-mediated regulation of myeloid-derived suppressor cell production. *J Immunol* 2017; 198(10): 4129–4139
116. Dai J, Kumbhare A, Williams DA, Youssef D, Yao ZQ, McCall CE, El Gazzar M. Nfia deletion in myeloid cells blocks expansion of myeloid-derived suppressor cells during sepsis. *Innate Immun* 2018; 24(1): 54–65
117. Tian X, Tian J, Tang X, Rui K, Zhang Y, Ma J, Wang Y, Xu H, Lu L, Wang S. Particulate β-glucan regulates the immunosuppression of granulocytic myeloid-derived suppressor cells by inhibiting NFIA expression. *Oncol Immunology* 2015; 4(9): e1038687
118. Zardo G, Ciolfi A, Vian L, Starnes LM, Billi M, Racanicchi S, Maresca C, Fazi F, Travaglini L, Noguera N, Mancini M, Nanni M, Cimino G, Lo-Coco F, Grignani F, Nervi C. Polycombs and microRNA-223 regulate human granulopoiesis by transcriptional control of target gene expression. *Blood* 2012; 119(17): 4034–4046
119. Zheng Y, Tian X, Wang T, Xia X, Cao F, Tian J, Xu P, Ma J, Xu H, Wang S. Long noncoding RNA Pvt1 regulates the immunosuppression activity of granulocytic myeloid-derived suppressor cells in tumor-bearing mice. *Mol Cancer* 2019; 18(1): 61
120. Budhwar S, Verma P, Verma R, Rai S, Singh K. The Yin and Yang of myeloid derived suppressor cells. *Front Immunol* 2018; 9: 2776
121. Giordanengo L, Guñazú N, Stempin C, Fretes R, Cerbán F, Gea S. Cruzipain, a major *Trypanosoma cruzi* antigen, conditions the host immune response in favor of parasite. *Eur J Immunol* 2002; 32(4): 1003–1011
122. Voisin MB, Buzoni-Gatel D, Bout D, Velge-Roussel F. Both expansion of regulatory GR1⁺CD11b⁺ myeloid cells and anergy of T lymphocytes participate in hyporesponsiveness of the lung-associated immune system during acute toxoplasmosis. *Infect Immun* 2004; 72(9): 5487–5492
123. Terrazas LI, Walsh KL, Piskorska D, McGuire E, Harn DA Jr. The schistosome oligosaccharide lacto-N-neotetraose expands Gr1⁺ cells that secrete anti-inflammatory cytokines and inhibit proliferation of naive CD4⁺ cells: a potential mechanism for immune polarization in helminth infections. *J Immunol* 2001; 167(9): 5294–5303
124. Gómez-García L, López-Marín LM, Saavedra R, Reyes JL, Rodríguez-Sosa M, Terrazas LI. Intact glycans from cestode antigens are involved in innate activation of myeloid suppressor cells. *Parasite Immunol* 2005; 27(10-11): 395–405
125. Brys L, Beschin A, Raes G, Ghassabeh GH, Noël W, Brandt J, Brombacher F, De Baetselier P. Reactive oxygen species and 12/15-lipoxygenase contribute to the antiproliferative capacity of alternatively activated myeloid cells elicited during helminth infection. *J Immunol* 2005; 174(10): 6095–6104
126. Mencacci A, Montagnoli C, Bacci A, Cenci E, Pizzurra L, Spreca A, Kopf M, Sharpe AH, Romani L. CD80⁺Gr-1⁺ myeloid cells

- inhibit development of antifungal Th1 immunity in mice with candidiasis. *J Immunol* 2002; 169(6): 3180–3190
127. Ezernitchi AV, Vaknin I, Cohen-Daniel L, Levy O, Manaster E, Halabi A, Pikarsky E, Shapira L, Baniyash M. TCR ζ down-regulation under chronic inflammation is mediated by myeloid suppressor cells differentially distributed between various lymphatic organs. *J Immunol* 2006; 177(7): 4763–4772
128. De Santo C, Salio M, Masri SH, Lee LY, Dong T, Speak AO, Porubsky S, Booth S, Veerapen N, Besra GS, Gröne HJ, Platt FM, Zamboni M, Cerundolo V. Invariant NKT cells reduce the immunosuppressive activity of influenza A virus-induced myeloid-derived suppressor cells in mice and humans. *J Clin Invest* 2008; 118(12): 4036–4048
129. Wang L, Zhao J, Ren JP, Wu XY, Morrison ZD, Elgazzar MA, Ning SB, Moorman JP, Yao ZQ. Expansion of myeloid-derived suppressor cells promotes differentiation of regulatory T cells in HIV-1⁺ individuals. *AIDS* 2016; 30(10): 1521–1531
130. Crook KR, Liu P. Role of myeloid-derived suppressor cells in autoimmune disease. *World J Immunol* 2014; 4(1): 26–33
131. Boros P, Ochando J, Zehner M. Myeloid derived suppressor cells and autoimmunity. *Hum Immunol* 2016; 77(8): 631–636
132. Qin J, Arakawa Y, Morita M, Fung JJ, Qian S, Lu L. C-C chemokine receptor type 2-dependent migration of myeloid-derived suppressor cells in protection of islet transplants. *Transplantation* 2017; 101(8): 1793–1800
133. Li P, Zheng Y, Chen X. Drugs for autoimmune inflammatory diseases: from small molecule compounds to anti-TNF biologics. *Front Pharmacol* 2017; 8: 460
134. Bereshchenko O, Migliorati G, Bruscoli S, Riccardi C. Glucocorticoid-induced leucine zipper: a novel anti-inflammatory molecule. *Front Pharmacol* 2019; 10: 308
135. Patil KR, Mahajan UB, Unger BS, Goyal SN, Belemkar S, Surana SJ, Ojha S, Patil CR. Animal models of inflammation for screening of anti-inflammatory drugs: implications for the discovery and development of phytopharmaceuticals. *Int J Mol Sci* 2019; 20(18): E4367
136. van Niekerk G, Mabin T, Engelbrecht AM. Anti-inflammatory mechanisms of cannabinoids: an immunometabolic perspective. *Inflammopharmacology* 2019; 27(1): 39–46
137. Toubi E, Vadasz Z. Innate immune-responses and their role in driving autoimmunity. *Autoimmun Rev* 2019; 18(3): 306–311
138. Yoo IH, Kim MJ, Kim J, Sung JJ, Park ST, Ahn SW. The anti-inflammatory effect of sulforaphane in mice with experimental autoimmune encephalomyelitis. *J Korean Med Sci* 2019; 34(28): e197
139. Chen Z, Bozec A, Ramming A, Schett G. Anti-inflammatory and immune-regulatory cytokines in rheumatoid arthritis. *Nat Rev Rheumatol* 2019; 15(1): 9–17
140. Kumar P, Saini S, Khan S, Surendra Lele S, Prabhakar BS. Restoring self-tolerance in autoimmune diseases by enhancing regulatory T-cells. *Cell Immunol* 2019; 339: 41–49
141. Lee CF, Lo YC, Cheng CH, Furtmüller GJ, Oh B, Andrade-Oliveira V, Thomas AG, Bowman CE, Slusher BS, Wolfgang MJ, Brandacher G, Powell JD. Preventing allograft rejection by targeting immune metabolism. *Cell Reports* 2015; 13(4): 760–770
142. Mori DN, Kreisel D, Fullerton JN, Gilroy DW, Goldstein DR. Inflammatory triggers of acute rejection of organ allografts. *Immunol Rev* 2014; 258(1): 132–144
143. Lee YS, Zhang T, Bromberg JS, Scalea JR. Myeloid derived suppressor cells (MDSC) home to the allograft and can control t cell responses. Meeting abstract. 2019 American Transplant Congress. 2019. <https://atcmeetingabstracts.com/abstract/myeloid-derived-suppressor-cells-mdsc-home-to-the-allograft-and-can-control-t-cell-responses/> (accessed December 28, 2019)
144. Zhang W, Li J, Qi G, Tu G, Yang C, Xu M. Myeloid-derived suppressor cells in transplantation: the dawn of cell therapy. *J Transl Med* 2018; 16(1): 19
145. Ochando J, Conde P, Utrero-Rico A, Paz-Artal E. Tolerogenic role of myeloid suppressor cells in organ transplantation. *Front Immunol* 2019; 10: 374
146. Hock BD, McKenzie JL, Cross NB, Currie MJ. Dynamic changes in myeloid derived suppressor cell subsets following renal transplant: a prospective study. *Transpl Immunol* 2015; 32(3): 164–171
147. Lee HJ, Park SY, Jeong HJ, Kim HJ, Kim MK, Oh JY. Glucocorticoids induce corneal allograft tolerance through expansion of monocytic myeloid-derived suppressor cells. *Am J Transplant* 2018; 18(12): 3029–3037
148. Nakao T, Nakamura T, Masuda K, Matsuyama T, Ushigome H, Ashihara E, Yoshimura N. Dexamethasone prolongs cardiac allograft survival in a murine model through myeloid-derived suppressor cells. *Transplant Proc* 2018; 50(1): 299–304
149. Koehn BH, Apostolova P, Haverkamp JM, Miller JS, McCullar V, Tolar J, Munn DH, Murphy WJ, Brickey WJ, Serody JS, Gabrilovich DI, Bronte V, Murray PJ, Ting JP, Zeiser R, Blazar BR. GVHD-associated, inflammasome-mediated loss of function in adoptively transferred myeloid-derived suppressor cells. *Blood* 2015; 126(13): 1621–1628
150. Köstlin N, Kugel H, Spring B, Leiber A, Marmé A, Henes M, Rieber N, Hartl D, Poets CF, Gille C. Granulocytic myeloid derived suppressor cells expand in human pregnancy and modulate T-cell responses. *Eur J Immunol* 2014; 44(9): 2582–2591
151. Nair RR, Sinha P, Khanna A, Singh K. Reduced myeloid-derived suppressor cells in the blood and endometrium is associated with early miscarriage. *Am J Reprod Immunol* 2015; 73(6): 479–486
152. Zhu M, Huang X, Yi S, Sun H, Zhou J. High granulocytic myeloid-derived suppressor cell levels in the peripheral blood predict a better IVF treatment outcome. *J Matern Fetal Neonatal Med* 2019; 32(7): 1092–1097
153. Zhang T, Zhou J, Man GCW, Leung KT, Liang B, Xiao B, Ma X, Huang S, Huang H, Hegde VL, Zhong Y, Li Y, Kong GWS, Yiu AKW, Kwong J, Ng PC, Lessey BA, Nagarkatti PS, Nagarkatti M, Wang CC. MDSCs drive the process of endometriosis by enhancing angiogenesis and are a new potential therapeutic target. *Eur J Immunol* 2018; 48(6): 1059–1073
154. Casacuberta-Serra S, Costa C, Eixarch H, Mansilla MJ, López-Estévez S, Martorell L, Parés M, Montalban X, Espejo C, Barquinero J. Myeloid-derived suppressor cells expressing a self-antigen ameliorate experimental autoimmune encephalomyelitis. *Exp Neurol* 2016; 286: 50–60
155. Moliné-Velázquez V, Vila-Del Sol V, de Castro F, Clemente D.

- Myeloid cell distribution and activity in multiple sclerosis. *Histol Histopathol* 2016; 31(4): 357–370
156. Cantoni C, Cignarella F, Ghezzi L, Mikesell B, Bollman B, Berrien-Elliott MM, Ireland AR, Fehniger TA, Wu GF, Piccio L. Mir-223 regulates the number and function of myeloid-derived suppressor cells in multiple sclerosis and experimental autoimmune encephalomyelitis. *Acta Neuropathol* 2017; 133(1): 61–77
 157. Elliott DM, Singh N, Nagarkatti M, Nagarkatti PS. Cannabidiol attenuates experimental autoimmune encephalomyelitis model of multiple sclerosis through induction of myeloid-derived suppressor cells. *Front Immunol* 2018; 9: 1782
 158. Ioannou M, Alissafi T, Lazaridis I, Deraos G, Matsoukas J, Gravanis A, Mastorodemos V, Plaitakis A, Sharpe A, Boumpas D, Verginis P. Crucial role of granulocytic myeloid-derived suppressor cells in the regulation of central nervous system autoimmune disease. *J Immunol* 2012; 188(3): 1136–1146
 159. Yi H, Guo C, Yu X, Zuo D, Wang XY. Mouse CD11b⁺Gr-1⁺ myeloid cells can promote Th17 cell differentiation and experimental autoimmune encephalomyelitis. *J Immunol* 2012; 189(9): 4295–4304