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Efficient plant regeneration of watermelon (Citrullus lanatus Thunb.) via somatic embryogenesis and assessment of genetic fidelity using ISSR markers

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Abstract A simple and effective somatic embryogenic system was established for watermelon (Citrullus lanatus) cv. 'Arka Manik'. Embryogenic callus was obtained from leaf explants of 20-d-old in vitro-grown seedlings cultured on embryogenic callus induction medium. The highest frequency of embryogenic callus induction (96.8%) occurred on Murashige and Skoog (MS) medium supplemented with 2.44 μM 2,4 dichlorophenoxyacetic acid (2,4-D) and 2.27 μM thidiazuron (TDZ). Transfer of embryogenic calluses with proembryogenic masses to embryo maturation medium led to the asynchronous development of somatic embryos (SEs), which progressed from the globular stage to the cotyledonary stage. The maximum number of SEs/explant (16.1 ± 0.24) was obtained on MS medium supplemented with 2.44 μM 2,4-D, 2.27 μM TDZ, and 30 g L^{-1} sucrose. Plantlet conversion from cotyledonarystage SEs was tested on different strengths of MS medium (quarter-, half-, and full-strength) lacking plant growth regulators. The highest frequencies of germination (91.5%) and survivability (82.1%) of plantlets were achieved on full-strength MS medium. Transverse sections of embryogenic callus revealed SE development from callus cells near the epidermis. Secondary SEs occasionally formed from globular-shaped primary embryos. Genetic fidelity of mother plants and ex vitro plants was confirmed by inter-simple sequence repeat (ISSR) markers. The present study is the first report on the use of molecular markers in in vitro culture of watermelon. The

 \boxtimes R. Ravindhran raviloyola1998@gmail.com developed protocol facilitates rapid production of true-to-type watermelon plants by somatic embryogenesis and thus could serve to generate effective target material for genetic transformation protocols.

Keywords Citrullus lanatus . Somatic embryogenesis . Leaf explants . 2,4-D . Thidiazuron . ISSR

Introduction

Watermelon (Citrullus lanatus Thunb.) is an economically important fruit crop of the family Cucurbitaceae. It is widely grown in the tropics and subtropics, including most parts of Southeast Asia, Africa, the Caribbean, and the southern United States. Among the watermelon producers of the world, India ranks sixth with an annual production of 400,000 mt (FAO [2013\)](#page-7-0). Watermelon fruits are a rich source of vitamins A, C, and B_6 and mineral nutrients such as potassium, iron, and calcium (Anonymous [1992](#page-7-0)). Watermelon also contains a high amount of lycopene (23.0 to 72.0 mg/g wet weight), a carotenoid molecule with significant antioxidant activity (Fraser and Bramley [2004](#page-7-0); Hall [2004](#page-7-0)). The fleshy fruits with high water content (∼91%) are valuable alternative sources of water in desert areas.

Watermelon breeders worldwide focus on developing cultivars with improved resistance to environmental stress and enhanced nutritional quality by the use of biotechnology (Compton et al. [2004](#page-7-0)). Transgenic watermelons with improved resistance to biotic and abiotic stress have been mostly raised through adventitious shoot regeneration (Choi et al. [1994;](#page-7-0) Ellul et al. [2003](#page-7-0); Wang et al. [2003;](#page-8-0) Akashi et al. [2005](#page-7-0); Park et al. [2005;](#page-8-0) Huang et al. [2011;](#page-7-0) Lin et al. [2012\)](#page-8-0). Agrobacterium-mediated transformation of watermelon using cotyledon explants is limited by the

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production of shoot escapes, as the cotyledons are moderately resistant to kanamycin (Gaba et al. [2004](#page-7-0)). In addition, a larger proportion of shoots obtained by direct regeneration were hyperhydric than when obtained through somatic embryogenesis (Choi et al. [1994](#page-7-0); Ellul et al. [2003](#page-7-0); Park et al. [2005](#page-8-0); Cho et al. [2008;](#page-7-0) Vinoth and Ravindhran [2015](#page-8-0)). Hence, somatic embryogenesis as an alternative propagation technology could accelerate the genetic improvement of watermelon.

Somatic embryogenesis is an effective method for clonal propagation of economically important plant species. It helps in the production of true-to-type plants (Stasolla and Yeung [2003\)](#page-8-0) and synthetic seeds production (Maruyama et al. [2003](#page-8-0)). Differentiation of embryonic cells from somatic cells also enables the study of cell differentiation in plants (Quiroz-Figueroa et al. [2006](#page-8-0)). Establishment of somatic embryos (SEs) provides a steady supply of material for gene transformation (Parimalan et al. [2010\)](#page-8-0). In cucurbit crops, somatic embryogenesis facilitates crop improvement by micropropagation of triploid plants, male-sterile genotypes, and interspecific hybrids (Fassuliotis and Nelson [1988](#page-7-0)).

The explant type is a crucial factor in somatic embryogenesis. Leaf and cotyledon explants were found to be highly competent for the induction of SEs (Kintzios et al. [2002](#page-7-0); Vengadesan et al. [2005;](#page-8-0) Thiruvengadam et al. [2006\)](#page-8-0). There are well-established somatic embryogenic systems for bitter gourd (Momordica charantia; Thiruvengadam et al. [2006](#page-8-0); Paul et al. [2009\)](#page-8-0), cucumber (Cucumis sativus; Kuijpers et al. [1996;](#page-7-0) Elmeer and Hennerty [2008\)](#page-7-0), melon (Cucumis melo; Nakagawa et al. [2001\)](#page-8-0), Styrian pumpkin (Cucurbita pepo subsp. *pepo var. styriaca*; Urbanek et al. [2004](#page-8-0)), and squash (Cucurbita pepo; Kintzios et al. [2002](#page-7-0)). Until now, very few reports have been available on somatic embryogenesis of watermelon (Compton and Gray [1993](#page-7-0)).

Plantlets regenerated under in vitro conditions, either by direct or indirect differentiation, are prone to somaclonal var-iation (Larkin and Scowcroft [1981;](#page-8-0) Matthes et al. [2001](#page-8-0); Kanita and Kothari [2002\)](#page-7-0). Assessment of genetic uniformity of tissue-cultured plantlets using molecular markers is thus essential to ascertain the true-to-type nature of the plantlets. PCR-based markers (random amplified polymorphic DNA [RAPD], inter-simple sequence repeat [ISSR]) are highly efficient in determining the genetic stability of in vitro-regenerated plantlets in many crop species (Joshi and Dhawan [2007](#page-7-0); Huang *et al.* [2009\)](#page-7-0). Both of these markers are simple, costeffective, and highly discriminative, while ISSR is preferable for its reproducibility (Reddy et al. [2002](#page-8-0)). ISSRs have successfully established the genetic integrity of Calliandra tweedii (Benth.) plantlets derived from SEs (Heikrujam et al. [2014\)](#page-7-0), Rauvolfia serpentina plantlets grown from synthetic seeds (Faisal et al. [2012](#page-7-0)), and micropropagated Gerbera jamesonii (Bolus) (Bhatia et al. [2009\)](#page-7-0). Therefore, the present study was aimed to establish an efficient protocol for somatic embryogenesis in watermelon and to assess the clonal fidelity of ex vitro plants by ISSR markers.

Materials and Methods

Seed germination. Seeds of watermelon (C. lanatus) cultivar 'Arka Manik' were obtained from the Indian Institute of Horticultural Research, Bangalore, India. Manually decoated seeds were surface disinfected for 10 min in 1% (v/v) sodium hypochlorite solution (available chlorine $4\%w/v$ approximate; Qualigens, Mumbai, India) containing 1 mL of Tween-20 per 100 mL and rinsed five times with autoclaved, double-distilled water. The seeds were blot dried on sterile filter paper and then placed on Murashige and Skoog (MS; Murashige and Skoog [1962](#page-8-0)) medium supplemented with 30 g L⁻¹ sucrose and 8 g L⁻¹ agar (HiMedia®, Mumbai, India). The pH of the medium was adjusted to 5.8 ± 0.02 prior to autoclaving at 121°C/100 kPa for 20 min. The seeds were incubated at 25±1°C under a 16-h photoperiod with a light intensity of 50 µmol m^{-2} s⁻¹ supplied with cool-white fluorescent lamps (Philips, Chennai, India).

Embryogenic callus induction. Leaf explants $({\sim}25 \text{ mm}^2)$ from 20-d-old seedlings germinated on basal MS medium were cultured with the adaxial side down on embryogenic callus induction medium (ECIM) containing MS medium supplemented with $2.44-12.19 \mu M$ 2,4-dichlorophenoxyacetic acid (2,4-D) or 2.68–13.42 μM α -naphthaleneacetic acid (NAA) alone or in combination with 2.27 μM thidiazuron (TDZ) or 2.22 μM 6-benzylaminopurine (BAP) (HiMedia®) and gelled with 8 g L^{-1} agar. Induction of embryogenic callus was observed for 3 wk. Embryogenic callus induction frequency ([explants with proembryogenic masses]/[total number of explants] \times 100) was averaged with six replicates of eight explants per vessel. Each experiment was conducted three times. Cultures were maintained in glass bottles (15 cm height \times 10-cm diameter) with non-vented lids, sealed with cling wrap (Sivasakthi Systems, Chennai, India), and incubated at $25\pm1\textdegree$ C under complete darkness. These conditions were also used for the development of SEs.

Somatic embryo development, germination, and survivability. Embryogenic calluses (3 wk old) obtained from ECIM containing 2.44 μM 2,4-D plus 2.27 μM TDZ were cultured on embryo maturation medium (EMM) containing MS medium supplemented with (1) 2.44 μ M 2,4-D plus 0.45– 4.54 μM TDZ and 30 g L⁻¹ sucrose, (2) 2.44 μM 2,4-D plus 0.44–4.44 μM BAP and 30 g L^{-1} sucrose, or (3) 2.44 μM 2,4-D plus 2.27 μM TDZ and 10–50 g L^{-1} sucrose gelled with 8 g L^{-1} agar. SEs of different developmental stages (globular, heart, torpedo, and cotyledonary stage) were observed after 3 wk. Mean number of SEs/explant was averaged

from six replicates of five explants per vessel. Each experiment was conducted three times.

Cotyledonary-stage SEs obtained from MS medium supplemented with 2.44 μM 2,4-D plus 2.27 μM TDZ and 30 g L^{-1} sucrose were transferred to MS (quarter-, half-, or full-strength) medium without plant growth regulators (PGRs) and gelled with 8 g L^{-1} agar for germination. Each treatment was assessed based on the responses of 25 replicates, and each experiment was conducted three times. Cultures were maintained in glass bottles (15-cm height×10-cm diameter) with non-vented lids, sealed with cling wrap, and incubated at $25\pm$ 1°C under a 16-h photoperiod with a light intensity of 50 μmol m⁻² s⁻¹ supplied with cool-white fluorescent lamps (Philips). After 2 wk of culture on germination medium, plantlets were removed from the culture medium, and agar was washed off gently and thoroughly under running tap water. Plantlets were then transferred to paper cups (6-cm diameter, 170 g m−² [GSM] thick; Mukesh Plastics, Chennai, India) containing sterilized red soil and sand $(1:1 \lceil v/v \rceil)$. The potted plants were then covered with transparent polythene bags (8 cm wide×12-cm tall, 0.5-mm thick; Mukesh Plastics) to maintain high humidity (85% RH) and grown for 2 wk with

a light intensity of 50 µmol m^{-2} s⁻¹ and 16-h photoperiod. Acclimatized plants with three to five new leaves were transferred to HDPE grow bags (30-cm wide×35-cm tall; SK Organic Farms, Chennai, India) containing a mixture of red soil, sand, and organic manure $(1:1:1$ [$\nu/\nu/\nu$]) and grown to maturity under greenhouse conditions. The survival percentage of ex vitro plants was recorded after 6 wk.

Histological investigations. Embryogenic calluses with SEs (6 wk old) were fixed in FAA $(1:1:18 \frac{v}{v})$ formaldehyde/ glacial acetic acid/70% $[v/v]$ ethanol) solution, maintained at $28\pm2\degree$ C for 1 wk, and then transferred to 70% ethanol for storage until required for analysis. The samples were stained with methylene blue, then dehydrated in an increasing ethanol series (35%, 50%, 75%, 85%, 95%, and absolute ethanol), and embedded in paraffin. Transverse sections (5-μm thick) were made with a paraffin-compatible microtome (Weswox Optik MT-1090A; Weswox Optik, Haryana, India). The sections were dewaxed with xylene three times and finally covered with neutral balsam. Sections were photographed using a trinocular light microscope (Olympus CH20i; Olympus Corporation, Tokyo, Japan).

Figure 1. Somatic

embryogenesis and regeneration from leaf explants of Citrullus lanatus Thunb. cv. 'Arka Manik': (a) embryogenic callus with proembryogenic masses (PEM) on embryogenic callus induction medium (ECIM) containing 2.44 μM 2,4-D+2.27 μM TDZ after 3 wk (arrow indicates PEM); (b) development of somatic embryos (SEs; globular, heart, torpedo, and cotyledonary stage) on embryo maturation medium (EMM) containing 2.44 μM 2, 4-D+2.27 μM TDZ+30 g L−¹ sucrose after 3 wk (arrow indicates SEs); (c) globular SEs; (d) heart-shaped SE; (e) torpedo-stage SE; (f) cotyledonary SE with prominent shoot apex and root axis; (g) fused SEs with hypocotyls attached on EMM containing 2.44 μM 2, 4-D+3.33 μM BAP+30 g L−¹ sucrose; (h) germination of cotyledonary-stage SEs on full-strength MS medium; (i) SE-derived plantlet; (j) ex vitro plants. $Bars = 5$ mm (a, b) ; 2 mm $(c-g); 10 \text{ mm } (h-j).$

Genetic fidelity analysis using ISSR markers. Genomic DNA was isolated from the leaves of the mother plants (8 wk-old *in vitro* germinated seedlings) and *ex vitro* plants (6 wk old) using a CTAB method (Doyle and Doyle [1990](#page-7-0)). Six 3′ anchored ISSR primers (Eurofins Genomics, Bangalore, India) were used for genetic fidelity analysis. ISSR reactions were set up in a volume of 10 μL containing 1 μL genomic DNA (100 ng), 5 μL 2× master mix (Ampliqon, Odense M, Denmark), 0.8 μL of 10 pmol ISSR primers, and 3.2 μL nuclease-free water (Invitrogen Bioservices, Bangalore, India). PCR amplifications comprised an initial denaturation step at 94°C for 5 min, 30 cycles of denaturation at 94°C for 1 min, annealing at 48.6–52°C for 1 min, and extension at 72°C for 2 min, followed by a final extension at 72°C for 7 min. Amplifications were performed on a thermocycler (ProflexTM PCR system; Applied Biosystems, Waltham, MA) and PCR products were electrophoresed in 1.2% $[w/v]$ agarose gel in $1 \times$ TAE buffer. PCR amplicons were photographed using a gel documentation system (VisiDoc-It™ Imaging System; UVP, Upland, CA). The sizes of the amplicons were estimated by comparing with a lambda DNA HindIII digest ladder.

Statistical analysis. A completely randomized design was used. Quadratic regression analysis was performed using IBM SPSS Statistics version 20 ([http://www-01.ibm.com/](http://www-01.ibm.com/software/analytics/spss/pro-ducts/statistics/) [software/analytics/spss/pro-ducts/statistics/](http://www-01.ibm.com/software/analytics/spss/pro-ducts/statistics/)) to identify a functional relationship between the response and treatment levels. A high R^2 coefficient indicates that much of the variability is described by the model. For ISSR analysis, only consistent, well-resolved scorable bands were manually scored on the basis of their presence (1) or absence (0) in the gel. NTSYS version 2.1 software (Rohlf [2000](#page-8-0)) was used to obtain the distance matrix and cluster analysis of the data set. Genetic integrity of ex vitro plants was measured by Jaccard's similarity coefficient (Jaccard [1908\)](#page-7-0). The similarity matrix was subjected to a cluster analysis using UPGMA (unweighted pair group method with arithmetic mean).

Results and Discussion

Embryogenic callus induction. Leaf explants expanded and curved during the initial period, forming yellow, compact callus from the cut end. Small proembryogenic masses (PEM)

Figure 3. Effect of cytokinin concentration on the development of somatic embryos (SEs) on MS medium supplemented with 2.44 μ M 2,4-D and TDZ (*a*) or BAP (b). All media contained 30 g L^{-1} sucrose. *Lines* represent trends fitted using quadratic regression analysis $(P<0.05)$: (*a*) globular (■)= -1.314 (TDZ²)+ 8.211 (TDZ) + 2.24, R^2 = 0.818; heart (\triangleleft)=-0.862 (TDZ²)+5.719 $(TDZ) + 1.17$, $R^2 = 0.807$; torpedo $(A) = -0.850$ (TDZ²)+5.241 (TDZ) – 0.758, R^2 = 0.689; cotyledonary (●)=−0.611 (TDZ^2) +3.696 (TDZ)-0.578, $R^2 = 0.793$. (*b*) globular (\blacksquare)= -0.562 (BAP²)+3.397 (BAP)+ 0.54, $R^2 = 0.954$; heart $(\bullet) =$ -0.214 (BAP²)+1.185 (BAP)+ 1.01, $R^2 = 0.767$; torpedo $(A) = -0.083$ (BAP²)+0.486 $(BAP)+0.68$, $R^2=0.796$; cotyledonary (●)=−0.107 $(BAP²)+0.690(BAP)+0.01$, R^2 =0.793. Data recorded after 3 wk of culture on embryo maturation medium (EMM). Values represent mean of six replicates with five explants per replicate. 2,4-D 2,4 dichlorophenoxyacetic acid, BAP 6-benzylaminopurine, TDZ thidiazuron.

were observed after 3 wk on ECIM (Fig. [1](#page-2-0)a). The optimal concentrations of auxins and cytokinins, either alone or in combination, for induction of embryogenic callus were determined (Fig. [2](#page-3-0)). 2,4-D alone produced embryogenic callus at a

Figure 4. Effect of sucrose concentration on the development of somatic embryos (SEs) on MS medium supplemented with 2.44 μM 2,4-D and 2.27 μM TDZ. Lines represent trends fitted using quadratic regression analysis (P<0.05): globular (■)=-1.759 (Suc²)+10.89 (Suc)-3.994, $R^2 = 0.667$; heart (\bullet) = -1.377 (Suc²) + 8.578 (Suc) -4.704, $R^2 = 0.687$;

torpedo (▲)=-1.260 (Suc²)+7.821 (Suc)-5.744, R^2 =0.663; cotyledonary (\bullet)=-0.962 (Suc²)+6.131 (Suc)-5.666, R^2 =0.688. Data recorded after 3 wk of culture on embryo maturation medium (EMM). Values represent mean of six replicates with five explants per replicate. 2,4-D 2,4-dichlorophenoxyacetic acid, Suc sucrose, TDZ thidiazuron.

Figure 5. Effect of MS medium salt concentrations on the germination and survivability of somatic embryos (SEs) of Citrullus lanatus Thunb. cv. 'Arka Manik'. Data recorded for germination after 2 wk of culture on germination medium and for survival percentage after 6 wk under greenhouse conditions. Values represent mean±SE of 25 replicates.

higher frequency than NAA alone, with a maximum frequency (83.3%) at 2.44 μM 2,4-D. Combinations of TDZ with 2,4- D or NAA increased the embryogenic callus induction frequency, and the highest frequency (96.8%) was obtained on MS medium containing 2.44 μM 2,4-D plus 2.27 μM TDZ. Addition of 2.22 μM BAP to MS medium containing 2,4-D decreased the frequency of callus induction relative to 2,4-D alone, while only a slight increase was observed when BAP was added to NAA-containing medium. From these results, it is clear that TDZ induced more embryogenic callus than BAP. In a similar fashion, cotyledons from immature seeds of four watermelon cultivars exhibited the best embryogenic response

on MS medium containing 10 or 20 μM 2,4-D and 0.5 μM TDZ; however, the maximum frequency of explants with SEs reached only 30% (Compton and Gray [1993](#page-7-0)). Embryogenic potential of callus was maintained for another 6 wk by subculturing onto the same ECIM at 3-wk intervals. Prolonged subculture on ECIM led to browning of callus, thus reducing its embryogenic potency.

Somatic embryo development, germination, and survival. Maturation of SEs through various developmental stages (globular, heart, torpedo, and cotyledonary stage) occurred on EMM containing 2.44 μM 2,4-D plus various concentrations of either

Figure 6. Histological analysis of somatic embryos (SEs) from leaf explants of Citrullus lanatus Thunb. cv. 'Arka Manik': (a) transverse section (TS) of embryogenic callus from embryo maturation medium (EMM) with globular SE; (b) TS of heart-shaped SE; (c) TS of torpedo-stage SE; (d) TS of secondary somatic embryogenesis and abnormal SEs (SSe secondary somatic embryo, FSe fused somatic embryo); (e) safranin-stained tracheary elements with annular thickenings in torpedo-stage SE. $Bars=0.5$ mm $(a-d)$; 0.1 mm (e) .

TDZ or BAP (Figs. $1b-f$ $1b-f$ $1b-f$ and [3\)](#page-4-0). All media contained 30 g L−¹ sucrose. TDZ supplementation of EMM favored production of more SEs per explant, with the highest number of SEs (all stages combined) obtained on MS medium supplemented with 2.44 μM 2,4-D and 2.27 μM TDZ (16.1 \pm 0.24) (Fig. [3](#page-4-0)). Increases in the concentration of 2,4-D in MS medium containing 2.27 μM TDZ resulted in the proliferation of nonembryogenic cells (data not shown). A higher frequency of somatic embryogenesis was also obtained from cotyledon explants of muskmelon (Cucumis melo) by substituting BAP with TDZ (Gray et al. [1993\)](#page-7-0). In the present study, BAP was less effective than TDZ in the transformation of PEM to SEs and resulted in abnormalities, e.g., fused hypocotyls, abnormal cotyledons, or absence of roots (Fig. 1[g](#page-2-0)). These abnormalities led to the poor conversion of SEs into plantlets, as also reported by Debeaujon and Branchard [\(1993\)](#page-7-0).

Sugars play a vital role in the maturation of SEs by providing energy and carbon and by maintaining osmotic potential. Significant differences in the number of SEs were observed with the addition of 10–50 g L^{-1} sucrose to EMM containing 2.44 μ M 2,4-D and 2.27 μ M TDZ (Fig. [4](#page-4-0)). The maximum number of SEs was obtained on EMM containing 30 g L^{-1} sucrose. The lowest sucrose concentration (10 $g L^{-1}$) failed to produce cotyledonarystage embryos. In Cucumis sativus, sucrose was more effective for maturation of SEs than other carbon sources, with the greatest production of SEs in liquid MS medium containing 30 g L^{-1} sucrose (Vengadesan *et al.* [2005](#page-8-0)). Germination of cotyledonary-stage SEs into plantlets occurred within 2 wk on MS medium devoid of PGRs, containing different strengths of basal salts and vitamins, and conta[i](#page-2-0)ning 30 g L^{-1} sucrose (Fig. 1[h](#page-2-0), i). The percentage of germination and survivability of SEs decreased proportionally with the reduction in strength of MS medium (Fig. [5](#page-5-0)). The highest frequencies of germination (91.5%) and survivability (82.1%) were achieved on full-strength MS medium. A previous report by Compton and Gray ([1993\)](#page-7-0) also described the germination of watermelon SEs in MS medium lacking PGRs. Plantlets with welldeveloped shoot and root systems were successfully transferred to greenhouse conditions (Fig. $1j$ $1j$).

Histological investigations. Histological observations revealed that SEs developed from parenchyma-like callus cells near the epidermis. Meristematic cells from the epidermal surface redifferentiated into embryonic cell clusters, thus forming v[a](#page-5-0)rious stages of SEs (Fig. $6a-c$). Supporting evidence for SEs forming at the periphery of callus exists in a diversity of species such as chickpea (*Cicer arietinum*; Sagare *et al.* [1995\)](#page-8-0), pea (Pisum sativum; Loiseau et al. [1998](#page-8-0)), potato (Solanum tuberosum; Sharma and Millam [2004](#page-8-0)), and rice (Oryza sativa; Vega et al. [2009](#page-8-0)). Secondary SEs were also found to emerge from the epidermal surface of primary SEs (Fig. 6[d](#page-5-0)). In

Figure 7. Assessment of genetic fidelity of mother plants and ex vitro plants of Citrullus lanatus Thunb. cv. 'Arka Manik' using ISSR markers (Table 1). The same seven ex vitro plants are represented in the same order in each of the six gel halves. (a) ISSR primers 1 (left) and 2 (right); (b) ISSR primers 3 (left) and 4 (right); (c) ISSR primers 5 (left) and 6 (right). In each panel, lanes 1 and 9 are mother plants; lanes 2–8 and 10–16 are exvitro plants; lane M is lambda DNA/HindIII marker.

torpedo-shaped embryos, tracheary elements with annular thickenings were observed by staining with safranin (Fig. [6](#page-5-0)e). Tracheary elements were found as threads of different diameters, transforming gradually from one diameter to another.

Table 1 List of ISSR primer sequences with the number and size of amplified fragments generated in Citrullus lanatus mother plants and ex vitro plants.

Primer code	Primer sequence (5'–3')	Number of scorable bands	Range of band sizes (bp)
$ISSR-1$	$(AG)_{8}T$	11	$200 - 2000$
$ISSR-2$	$(AG)_{8}C$	10	$400 - 2200$
ISSR-3	$(GA)_{8}T$	10	$400 - 1600$
ISSR-4	$(GA)_{8}A$	9	$400 - 1900$
$ISSR-5$	$(AG)_{8}G$	2	500-900
$ISSR-6$	$(GA)_{8}C$	8	$300 - 2050$

Genetic fidelity assessment using ISSR markers. ISSR primers containing $(AG)_{8}$ and $(GA)_{8}$ dinucleotide repeats anchored on the 3′-end gave clear and reproducible bands (Fig. [7\)](#page-6-0). The optimum annealing temperature for ISSR primers varied from 48.6 to 52.0°C. A total of 50 distinct and scorable bands were produced by six primers. The number of scorable bands varied from 2 (ISSR-5) to 11 (ISSR-1), with an average of 8.3 bands per primer (Table [1\)](#page-6-0). The amplified products ranged in size from 200 to 2200 bp. The identical banding pattern in ex vitro plants and the mother plants for each of the six primers confirmed the genetic homogeneity of the ex vitro plants. The pairwise value of a similarity matrix based on Jaccard's coefficient was 1, indicating 100% similarity (data not shown). Similarly, ISSR primers with dinucleotide repeats confirmed the clonal fidelity of in vitro plantlets of various crop species (Bhattacharya et al. 2010; Rai et al. [2012\)](#page-8-0).

Conclusions

In the present study, efficient *in vitro* regeneration of watermelon cv. 'Arka Manik' was achieved from leaf explants by somatic embryogenesis. Addition of TDZ into both embryogenic callus induction medium and embryo maturation medium markedly improved somatic embryogenesis. Plantlet formation from SEs was achieved with greater survivability on full-strength MS medium than on lower-strength MS media. Histological analysis displayed the developmental pattern of SEs. Molecular assessment of ex vitro plants using ISSR markers revealed no variability. Hence, this protocol can be used for clonal propagation and genetic manipulation of watermelon cultivars.

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