# Melatonin protects against myocardial hypertrophy induced by lipopolysaccharide

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Abstract Melatonin is thought to have the ability of antiatherogenic, antioxidant, and vasodilatory. It is not only a promising protective in acute myocardial infarction but is also a useful tool in the treatment of pathological remodeling. However, its role in myocardial hypertrophy remains unclear. In this study, we investigated the protective effects of melatonin on myocardial hypertrophy induced by lipopolysaccharide (LPS) and to identify their precise mechanisms. The cultured myocardial cell was divided into six groups: control group, LPS group, LPS + ethanol (4%), LPS + melatonin (1.5 mg/ml) group, LPS + melatonin (3 mg/ml) group, and LPS + melatonin (6 mg/ml) group. The morphologic change of myocardial cell was observed by inverted phase contrast microscope. The protein level of myocardial cell was measured by Coomassie brilliant blue protein kit. The secretion level of tumor necrosis factor- $\alpha$  (TNF- $\alpha$ ) was evaluated by enzyme-linked

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immunosorbent assay (ELISA).  $Ca^{2+}$  transient in Fura-2/ AM-loaded cells was measured by Till image system. The expression of  $Ca^{2+}$ /calmodulin-dependent kinase II (CaMKII) and calcineurin (CaN) was measured by Western blot analysis. Our data demonstrated that LPS induced myocardial hypertrophy, promoted the secretion levels of TNF- $\alpha$ , and increased  $Ca^{2+}$  transient level and the expression of CaMKII and CaN. Administration of melatonin 30 min prior to LPS stimulation dose-dependently attenuated myocardial hypertrophy. In conclusion, the results revealed that melatonin had the potential to protect against myocardial hypertrophy induced by LPS in vitro through downregulation of the TNF- $\alpha$  expression and retains the intracellular  $Ca^{2+}$  homeostasis.

Keywords Myocardial hypertrophy  $\cdot$  Melatonin  $\cdot$ Lipopolysaccharide  $\cdot$  Tumor necrosis factor- $\alpha \cdot Ca^{2+}$  overload

### Introduction

*N*-Acetyl-5-methoxytryptamine (melatonin), the main product of the pineal gland (Menendez-Pelaez and Reiter 1993; Reiter and Tan 2003), is found in high concentrations in other body fluids and tissues and possesses anti-inflammatory and antioxidant actions (Manda *et al.* 2007; Hardeland *et al.* 2009; Chen *et al.* 2011; Galano *et al.* 2011). Melatonin and its metabolic derivatives are uncommonly effective direct free radical scavengers, while also stimulate the activities of several antioxidative enzymes (Reiter *et al.* 1995). Melatonin has been recently introduced as a promising protective in acute myocardial infarction (Dominguez-Rodriguez *et al.* 2012). However, recent data indicate that melatonin may also be a useful tool in the treatment of pathological remodeling within heart disease (Oliveira *et al.* 2013; Simko and Paulis 2013; Zhang *et al.* 2013).

Myocardial hypertrophy occurs in a wide variety of clinically important conditions, such as hypertension and valvular heart disease, and increases the risk of heart failure (Frey et al. 2004; Wang et al. 2012). Myocardial hypertrophy is one of the major responses of myocardial cell to mechanical and neurohormonal stimuli (Anderson et al. 2011). Whereas left ventricular (LV) pressure overload initially induces adaptive hypertrophy (Gunther and Grossman 1979), sustained pressure overload eventually results in pathological hypertrophy (Berenji et al. 2005). Pathological hypertrophy is characterized by multiple pathophysiological features, including fibrosis, cardiac dysfunction, and inflammatory responses which include macrophage infiltration, fibroblast proliferation, and secretion of inflammatory cytokines, such as tumor necrosis factor- $\alpha$  (TNF- $\alpha$ ), interleukin (IL)-6, and IL-1 (Diwan *et al.* 2003; Berenji et al. 2005). Previous reports using animal models demonstrated that increased proinflammatory cytokine expression and intracellular Ca2+ overload plays an important role in the pathogenesis of heart failure with pathological hypertrophy (Shioi et al. 1997; Wang et al. 2012; Lu et al. 2013). Lipopolysaccharide (LPS), the antigenic component of the gram-negative bacterial cell wall, is known as the exogenous ligand of Toll-like receptor-4 (Chow et al. 1999), and a strong stimulus for inflammatory response by upregulation or release of cytokines (Yang et al. 1998). However, recent studies have suggested that LPS is sufficient to cause myocardial hypertrophy (Liu et al. 2008; Singh et al. 2012).

In the present study, we investigated the protective effects of melatonin on myocardial hypertrophy induced by LPS and to identify their precise mechanisms.

## **Materials and Methods**

Culture of neonatal rat ventricular myocytes and treatment protocol. Primary cultures of myocardial cell were prepared from the ventricles of 30 neonatal SD (Sprague Dawley) rats as described by Simpson (1985). Myocardial cell were collected for culture from 1- to 2-d-old neonatal rats and maintained at 37°C in humidified air containing 5% CO<sub>2</sub>. After dissociation of the heart tissue with trypsin, cells were preplated for 1 h onto 100-mm culture dishes in DMEM with 10% fetal calf serum to reduce the number of non-myocyte cells. The cells which had not attached on the dishes in an hour were plated in six-well culture plates at a density of  $1 \times 10^6$ /ml. Non-myocytes in the cultures were limited to  $\leq 10\%$  of the total cell number by inclusion of bromodeoxyuridine (0.1 mM) (Roche, Mannheim, Germany) in the medium for the first 2 d. After 24 h, the culture medium was replaced with serum-free medium. Myocardial hypertrophy was induced by LPS. Briefly, after cultured for 24 h in serum-free medium, the myocardial cell were treated with 1 µg/ml LPS (Sigma, St. Louis, MO) for 48 h to initiate hypertrophy. Melatonin (1.5, 3, 6 mg/ml) (Sigma) were dissolved in normal sodium (NS) containing 4% ethanol and administered 30 min before LPS administration in the LPS + melatonin (1.5 mg/ml) group, LPS + melatonin (3 mg/ml) group, and LPS + melatonin (6 mg/ml) group. The same amount of NS containing 4% ethanol was administered 30 min before LPS administration in the LPS + ethanol (4%) group. The cells were subsequently cultured for an additional 72 h before further evaluation. This dose of melatonin was based on earlier studies that showed anti-inflammatory effect (Cuzzocrea *et al.* 1999; Ortiz *et al.* 2014). Photomicrographs were taken by inverted phase contrast microscope and analyzed for size of cells by CIAS Daheng image analysis system (Beijing, China).

The determination of protein level of myocardial cell. The abovementioned cells were washed with PBS, then added with sodium dodecyl sulfate (SDS) cell lysis buffer (containing 1  $\mu$ M EDTA, 2% SDS, 50  $\mu$ M Tris–HCl). SDS (300  $\mu$ l) was put in a 24-well plate and rock for several times to ensure that the cells were resolved sufficiently, then collected in Eppendorf. After ice bath for 30 min, they were centrifuged at 4°C and 12,000 r/min for 10 min. The supernatant were collected then detected by Coomassie brilliant blue protein kit (Nanjing Jiancheng Bioengineering Institute, Nanjing, China).

Detection of the secretion level of  $TNF - \alpha$  in myocardial cell by *ELISA*. The supernatant of the abovementioned cultured cells was collected, centrifuged at 5000 r/min for 5 min, and immediately frozen at  $-70^{\circ}$ C. The concentrations of TNF- $\alpha$  secreted by myocardial cell in the medium were measured using mouse-specific ELISA kits (Boatman Biotech Co., Ltd., Shanghai, China) according to the manufacturer's protocols. Results were expressed as the mean of three assays for each condition in five different cultures.

Measurement of cytosolic calcium transient. A spectrofluorimetric method was used to measure cytosolic Ca<sup>2+</sup> transients using Fura-2/AM (Sigma) as the Ca<sup>2+</sup> indicator. Cultured myocardial cell were incubated with Fura-2/AM (4  $\mu$ M) in the medium for 25 min. To allow the deesterification of Fura-2/AM in the cytosol, the loaded cells were maintained at 24–26°C for 60 min before  $[Ca^{2+}]_i$  was measured. The myocardial cell were transferred to a superfusion chamber on the stage of an inverted microscope, which was coupled to a Till imaging system (Martinsried, Germany), and the cells were superfused with Hanks buffer. The emitted light was filtered at 510 nm. Fluorescence signals at 340 nm (F340) and 380 nm (F380) were recorded in a personal computer for data processing and analysis. At the end of each experiment, the  $Ca^{2+}$  ionophore ionomycin (20  $\mu$ M) was added to each sample to estimate maximal fluorescence. Ethylene glycol tetracetic acid (EGTA) was added to a final

concentration of 20 mM for the Ca<sup>2+</sup>-free condition. Cytosolic [Ca<sup>2+</sup>] was calculated by the following formula:  $[Ca^{2+}]_i = K_d \times (Sf_2/Sb_2) \times (R_{340/380} - R_{min})/(R_{max} - R_{340/380})$  (Grynkiewicz *et al.* 1985), where  $K_d$  is the dissociation constant of Fura-2/AM for Ca<sup>2+</sup> and was assumed to be 225 nM at 37°C.  $R_{340/380}$  is the ratio of corrected fluorescence signals.  $R_{max}$  is the ratio obtained after ionomycin treatment.  $R_{min}$  is the ratio of the corrected signals obtained after EGTA treatment. Sf<sub>2</sub> and Sb<sub>2</sub> represent the emission intensities at 380 nm excitation at saturation and under Ca<sup>2+</sup>-free conditions, respectively.

*Western blot analysis.* Cells were diluted in buffer containing 65 mM Tris–HCl, pH 6.8, 3% SDS, 10% glycerol, and 6 M

urea. After measurement of the protein concentration (BCA kit, Pierce, Rockford, IL),  $\beta$ -mercaptoethanol and bromophenol blue were added to the buffer for electrophoresis. A volume containing 60 µg protein (for Ca<sup>2+</sup>/calmodulin-dependent kinase II (CaMKII)  $\delta$ B or calcineurin (CaN)) was separated on a 10% SDS-PAGE and transferred to a polyvinylidene difluoride membrane (BioRad, Hercules, CA). The blots were incubated at 4°C overnight with antibodies to CaMKII $\delta$ B or CaN, and the resulting bands were detected using enhanced chemiluminescence. An antibody to CaMKII $\delta$ B at Thr-276 (1:1000 dilution; Santa Cruz, Santa Cruz, CA) was used to detect the activated form of the kinase. The activated form of the phosphatase was evaluated with an antibody to CaN (1:2000)

Figure 1. The volume of myocardial cell in each group. Photomicrographs of myocardial cell cultured in each group were taken by inverted phase contrast microscope and analyzed for size of cells by CIAS Daheng image analysis system. The shape of myocardial cell was fusiform. irregular triangle, or polygon (A). The volume of myocardial cell in the LPS group and LPS + ethanol (4%) group was obviously augmented compared with the control group. The volume of myocardial cell in the LPS + melatonin (1.5 mg/ml) group was smaller than that of the LPS group and LPS + ethanol (4%) group but larger than that of the control group. The volume of myocardial cell in LPS + melatonin (3 mg/ml) group and LPS + melatonin (6 mg/ml) group was similar to that of the control group (A, B).  $\Delta p < 0.01$ , versus control group; \*p < 0.01, versus LPS group; #p < 0.01, versus LPS + ethanol (4%) group; @p<0.01, versus LPS + melatonin (1.5 mg/ml) group.



dilution; Santa Cruz). The intensities of the resulting bands were quantified using a CAMIAS008 image analysis system.

Statistical analysis. The experiment was repeated six times, and each time, five neonatal SD rats were prepared (n=6). When determining the volume of the cells, cells in the field of 200 times were calculated.

Statistical analysis was performed using Statistical Package for Social Science 16.0 (SPSS 16.0). Statistical comparisons were performed using one-way analysis of variance (ANOVA), and differences at P<0.05 were considered statistically significant.

## Results

The volume of myocardial cell. The shape of myocardial cell was fusiform, irregular triangle, or polygon. The volume of myocardial cell in the LPS group and LPS + ethanol (4%) group was obviously augmented compared with the control group. The volume of myocardial cell in the LPS + melatonin (1.5 mg/ml) group was smaller than that of the LPS group and LPS + ethanol (4%) group but larger than that of the control group. The volume of myocardial cell in the LPS + melatonin (3 mg/ml) group and LPS + melatonin (6 mg/ml) group was similar to that of the control group (Fig. 1).

*The protein level of myocardial cell.* The total protein level of myocardial cell in the LPS group and LPS + ethanol (4%) group was more than that of the control group. The total protein level of myocardial cell in the LPS + melatonin (1.5 mg/ml) group was less than that of the LPS group and LPS + ethanol (4%) group but more than that of the control group. The total protein level of myocardial cell in the LPS + melatonin (3 mg/ml) group and LPS + melatonin (6 mg/ml) group was similar to that of the control group (Fig. 2).

The secretion level of TNF- $\alpha$  in myocardial cell. The level of TNF- $\alpha$  secreted in medium of the LPS group and LPS + ethanol (4%) group was more than that of the control group. The level of TNF- $\alpha$  secreted in medium of the LPS + melatonin (1.5 mg/ml) group was less than that of the LPS group and LPS + ethanol (4%) group but more than that of the control group. The level of TNF- $\alpha$  secreted in medium of the LPS + melatonin (3 mg/ml) group and LPS + melatonin (6 mg/ml) group was similar to that of the control group (Fig. 3). Our data also demonstrated that TNF-alpha induced myocardial hypertrophy. Administration of melatonin 30 min



**Figure 2.** The protein level of myocardial cell in each group. The protein level of myocardial cell was measured by Coomassie brilliant blue protein kit. The total protein level of myocardial cell in the LPS group and LPS + ethanol (4%) group was more than that of the control group. The total protein level of myocardial cell in the LPS + melatonin (1.5 mg/ml) group was less than that of the LPS group and LPS + ethanol (4%) group but more than that of the control group. The total protein level of myocardial cell in the LPS + melatonin (1.5 mg/ml) group but more than that of the control group. The total protein level of myocardial cell in the LPS + melatonin (3 mg/ml) group and LPS + melatonin (6 mg/ml) group was similar to that of the control group.  $\Delta p < 0.01$ , versus control group; \*p < 0.01, versus LPS group; #p < 0.01, versus LPS + melatonin (1.5 mg/ml) group.

prior to TNF-alpha stimulation attenuated myocardial hypertrophy (Supplementary Figs. 1 and 2).

The spontaneous  $[Ca^{2+}]_i$  transients in myocardial cell. Compared with the control group, the amplitude of spontaneous  $[Ca^{2+}]_i$  transients in myocardial cell of the LPS groups and LPS + ethanol (4%) group was



**Figure 3.** The TNF- $\alpha$  level of myocardial cell in each group. The secretion level of tumor necrosis factor- $\alpha$  (TNF- $\alpha$ ) was evaluated by ELISA. The TNF- $\alpha$  level of myocardial cell in the LPS group and LPS + ethanol (4%) group was more than that of the control group. The TNF- $\alpha$  level of myocardial cell of in the LPS + melatonin (1.5 mg/ml) group was less than that of the LPS group and LPS + ethanol (4%) group but more than that of the control group. The TNF- $\alpha$  level of myocardial cell of in the LPS + melatonin (4%) group but more than that of the control group. The TNF- $\alpha$  level of myocardial cell of myocardial cell of the LPS + melatonin (3 mg/ml) group and LPS + melatonin (6 mg/ml) group was similar to that of the control group.  $\Delta p < 0.01$ , versus control group; \*p < 0.01, versus LPS group; #p < 0.01, versus LPS + melatonin (1.5 mg/ml) group.

Figure 4. The spontaneous [Ca2+]i transients of myocardial cell in each group. Ca2+ transient in Fura-2/AM-loaded cells was measured by Till image system. Compared with the control group, the amplitude of spontaneous [Ca<sup>2+</sup>]; transients in myocardial cell of the LPS groups and LPS + ethanol (4%) group was enhanced. The amplitude of spontaneous [Ca<sup>2+</sup>]<sub>i</sub> transients in myocardial cell of the LPS groups + melatonin (1.5 mg/ml) group was less than that of the LPS group and LPS+ethanol (4%) group but more than that of control group. The amplitude of spontaneous [Ca<sup>2+</sup>]<sub>i</sub> transients in myocardial cell of the LPS + melatonin (3 mg/ml) group and LPS + melatonin (6 mg/ml) group was similar to that of the control group (A). None of the treatments had any effect on the resting  $[Ca^{2+}]_i(B)$  or the frequency of spontaneous  $[Ca^{2+}]_i$  transients (C).  $\Delta p < 0.01$ , versus control group; \* p<0.01, versus LPS group; #p < 0.01, versus LPS + ethanol (4%) group; @p < 0.01, versus LPS + melatonin (1.5 mg/ml) group.



enhanced. The amplitude of spontaneous  $[Ca^{2+}]_i$  transients in myocardial cell of the LPS groups + melatonin (1.5 mg/ml) group was less than that of the LPS group and LPS + ethanol (4%) group but more than that of the control group. The amplitude of spontaneous  $[Ca^{2+}]_i$  transients in myocardial cell of LPS + melatonin (3 mg/ml) group and LPS + melatonin (6 mg/ml) group was similar to that of the control group (Fig. 4*A*). None of the treatments had any effect on the resting  $[Ca^{2+}]_i$  (Fig. 4*B*) or the frequency of spontaneous  $[Ca^{2+}]_i$  transients (Fig. 4*C*).

The expression of CaMKII $\delta$ B and CaN in myocardial cell. The expression of CaMKII $\delta$ B and CaN in myocardial cell of the LPS group and LPS + ethanol (4%) group was more than that of the control group. The expression of CaMKII $\delta$ B and CaN in myocardial cell of the LPS + melatonin (1.5 mg/ml) group was less than that of the LPS group and LPS + ethanol (4%) group but more than that of the control group. The expression of CaMKII $\delta$ B and CaN in myocardial cell of the LPS group and LPS + ethanol (4%) group but more than that of the control group. The expression of CaMKII $\delta$ B and CaN in myocardial cell of the LPS + melatonin (3 mg/ml) group and LPS + melatonin (6 mg/ml) group was similar to that of the control group (Fig. 5).

Figure 5. The expression of  $CaMKII\delta B$  and CaN of myocardial cell in each group. The expression of CaMKII\deltaB and CaN in myocardial cell was measured by Western blot analysis. The expression of CaMKII\deltaB and CaN in myocardial cell of the LPS group and LPS + ethanol (4%) group was more than that of the control group. The expression of CaMKII\deltaB and CaN in myocardial cell of the LPS + melatonin (1.5 mg/ml) group was less than that of the LPS group and LPS + ethanol (4%) group but more than that of the control group. The expression of CaMKII\deltaB and CaN in myocardial cell of the LPS + melatonin (3 mg/ml) group and LPS + melatonin (6 mg/ml) group was similar to that of the control group.  $\Delta p < 0.01$ , versus control group; \*p<0.01, versus LPS group; #p < 0.01, versus LPS + ethanol (%) group; @p < 0.01, versus LPS + melatonin (6 mg/ml) group; \$p<0.01, versus LPS + melatonin (3 mg/ml) group.



## Discussion

LPS is one of the most common causes of inflammation and is sufficient to induce myocardiac hypertrophy in H9c2 myocardiac cells (Liu *et al.* 2008). Myocardiac hypertrophy is accompanied by inflammatory responses which include macrophage infiltration, fibroblast proliferation, and secretion of inflammatory cytokines, such as TNF- $\alpha$ , IL-6, and IL-1 (Diwan *et al.* 2003; Berenji *et al.* 2005). Clinical evidences suggest that chronic inflammation and heart failure are linked (Heymans *et al.* 2009). In this study, we found that myocardial cell cultured in LPS showed obvious hypertrophy compared with the cells cultured in the control group, which was consistent with previous studies.

Melatonin is useful tool in the treatment of pathological remodeling. It is believed that melatonin is clearly protective when damage to the heart is a result of free radicals. It can curtailed oxidative damage to the heart that resulted in an attenuation of left ventricular fibrosis (Reiter *et al.* 2010). However, its role in myocardial hypertrophy remains unclear. Pretreated myocardial cell with melatonin could significantly attenuate the hypertrophic responses induced by LPS, implying that melatonin may also play a protective role against inflammation-induced myocardiac hypertrophy.

TNF- $\alpha$  is a potent proinflammatory cytokine that is produced by several types of cells, including myocardial cell (Arras et al. 1996). It is reported that the circulating levels of TNF- $\alpha$  is elevated in patients with chronic heart failure, such as ischemic heart disease and dilated cardiomyopathy (Yokoyama et al. 1997). Myocardial hypertrophy is one of the principal features in these cardiac diseases (Beltrami et al. 1994). In this study, the secretion level of TNF- $\alpha$  in medium was elevated which is consistent with those of previous studies. Administration of melatonin prior to lipopolysaccharide stimulation dose-dependently attenuated the secretion level of TNF- $\alpha$ . Several studies have indicated that TNF- $\alpha$  is one of the most important factors in the induction of myocardiac hypertrophy (Yokoyama et al. 1997; Bozkurt et al. 1998; Nakamura et al. 1998; Sekiguchi et al. 2004). Moreover, the direct effect of TNF- $\alpha$  on myocardiac hypertrophy has been demonstrated in cultured myocardial cell (Wang et al. 2012). However, the molecular mechanism of TNF-\alpha-induced myocardiac hypertrophy remains unclear. TNF- $\alpha$  interacts with two structurally distinct receptors, type 1 (TNFR1) and type 2 (TNFR2), which are expressed in myocardial cell and stimulates downstream signaling molecules to mediate the biological responses. So, the heart is not only a site of TNF- $\alpha$  synthesis but is also a target of TNF- $\alpha$  activity.

A number of hypertrophic stimuli increase intracellular  $Ca^{2+}$  levels (Zhu *et al.* 2000), and reports suggest that  $Ca^{2+}$ is involved in the generation of myocardiac hypertrophy (Bogoyevitch *et al.* 1996).  $Ca^{2+}$  plays a pivotal role in not only the process of excitation-contraction coupling but also in the activation of Ca<sup>2+</sup>-dependent signaling pathways in the myocardium. One of the main established Ca<sup>2+</sup>-dependent pathways during myocardiac hypertrophy is the CaN signaling pathway, which has been implicated in the progression of myocardiac hypertrophy induced by pressure overload, angiotensin II, and endothelin-1 (Zhu et al. 2000; Fu et al. 2001; Saito *et al.* 2003). The other main  $Ca^{2+}$ -dependent pathways during myocardiac hypertrophy is CaMKII signaling pathway. It regulates expression of inflammatory genes such as TNF- $\alpha$  and affects adverse outcomes after myocardial infarction induced by LPS (Erickson et al. 2008; Singh et al. 2009). This can also partly explain why the secretion level of TNF- $\alpha$ in medium was elevated in this study. Our data showed the amplitude of spontaneous Ca<sup>2+</sup> and the expression of CaMKII\deltaB and CaN in myocardial cell increased in myocardial cell induced by LPS. Administration of melatonin prior to lipopolysaccharide stimulation dose-dependently attenuated the amplitude of spontaneous Ca<sup>2+</sup> and the expression of CaMKII\deltaB and CaN in myocardial cell in myocardial cell induced by LPS.

Melatonin is a natural molecule which expresses low toxicity at both physiological and pharmacological concentrations. It is easily available and inexpensive, and its formula with controlled release and long action is accessible. Melatonin with its extraordinary antioxidant and scavenging properties (Perez et al. 2007; Reiter et al. 2007) modulates the level of inflammatory cytokines (Korkmaz et al. 2009) and sympathicovagal balance (Arangino et al. 1999) and interferes with specific melatonin receptors in the brain and cardiovascular system (Reiter et al. 2007). Melatonin can protect the heart against pathological left ventricular remodeling through affecting the process of collagen cross-linking (Simko et al. 2010). The study provides evidence confirming that melatonin has the potential to protect against myocardial hypertrophy induced by LPS in vitro through downregulation of the TNF- $\alpha$  expression and retains the intracellular Ca<sup>2+</sup> homeostasis. If the effect of melatonin was confirmed in the clinical setting, melatonin could become a promising tool in the struggle against myocardial hypertrophy.

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