ORIGINAL ARTICLE



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Closed Cyst Resection for Liver Hydatid Disease: a New Standard

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Received: 9 October 2019 / Accepted: 18 December 2019 / Published online: 10 February 2020 \odot 2020 The Society for Surgery of the Alimentary Tract

Abstract

Background Although radical resections are recommended for the surgical management of liver hydatid disease (LHD), whether closed (CCR) or opened (OCR) cyst resections should be performed remains unclear. The aim of this study was to compare the postoperative and long-term outcomes of CCR and OCR for primary and recurrent LHD.

Materials and Methods Medical charts of patients who underwent surgery at a single centre were retrospectively reviewed and compared with respect to major postoperative complications and recurrence rates.

Results Seventy-nine CCRs and 37 OCRs were included. The major morbidity rates were 19% and 5% in the OCR and CCR groups, respectively (P = 0.036). In multivariate analysis, OCR (P = 0.030, OR = 5.37) and the operative time (P < 0.001, OR = 18.88) were the only independent predictors of major complications. The 5-year and 10-year recurrence rates were both 0% in the CCR group compared to 18% and 27%, respectively, in the OCR group (P < 0.001). The mean time to recurrence was 10.5 (± 8) years.

Discussion Closed cyst resection for LHD is a safe and effective approach with a low risk of recurrence. Considering that recurrence could appear more than 10 years after surgery, follow-up of patients should be adapted.

Keywords Hepatic hydatidosis · Liver · Parasitic diseases

Introduction

Cystic echinococcosis is a parasitic disease caused by *Echinococcus granulosus*, in which humans are considered accidental hosts. Although liver hydatid disease (LHD) is usually a quiescent disease, rupture of the cyst in the biliary tract, peritoneal or pleural cavity or portosystemic venous system exposes patients to life-threatening complications.¹ Hydatidosis represents a significant public health issue in endemic areas, causing socioeconomic losses with a current global burden estimated at 188,000 disability-adjusted life years.² Liver hydatid disease could be definitively cured if the cyst could be removed entirely which is called radical

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surgery. Surgical procedures are divided into conservative approaches, including simple puncture/aspiration of the cyst, unroofing or partial cystectomies and radical resections with total cystectomy and anatomic hepatic resections, taking into account that the more conservative the approach, the lower the perioperative risk will be and the higher the recurrence rate and cavity-related complications.^{3–5} Radical treatment is often criticised for its aggressiveness for a benign disease. Nonetheless, this is the best healing procedure⁶. Most studies comparing conservative and radical techniques do not assess the effects of the open cyst resection (OCR) or closed cyst resection (CCR) approach, inducing a bias when reporting on the postoperative morbidity or recurrence rate.^{6–9} This is a different point of view of classical discussion of conservative or radical surgery although the CCR could only interest radical surgery. We did not focus on the differences between radical and conservative surgeries but on the opening fact. First described by Bourgeon in 1964,¹⁰ CCRs are proposed to limit the risk of small peritoneal seeding that occurs during the open-cyst approach, which aims to decrease liver and peritoneal recurrences, but poses the risk of uncontrolled accidental cyst rupture or important structures around the cyst. The aim of this study was to compare CCR and OCR, irrespective

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of the surgical approach (conservative or radical), with respect to postoperative and long-term outcomes, for primary and recurrent LHD.

Materials and Methods

The STROBE guidelines were followed to ensure highquality presentation of the conducted study.¹¹ All consecutive patients who underwent surgical resection of a primary or recurrent LHD, confirmed by specimen analyses, from January 1995 to December 2017 were retrospectively identified in a prospectively maintained database after specimen analyses. Patients with both OCR and CCR during the same surgery and/or associated extrahepatic cysts were not included. Medical charts were compared according to the opened or closed resection technique, irrespective of the surgical treatment (conservative or radical). A preoperative diagnosis was performed using ultrasonography (US) or computed tomography (CT) when classical features of a hydatid cyst, according to the Gharbi's classification, were demonstrated,¹² as well as serological tests using indirect hemagglutination or ELISA.¹³ Magnetic resonance imaging (MRI) and endoscopic retrograde cholangiopancreatography (ERCP) were supplementary and performed for suspected biliovascular complication. The diagnosis was suspected according to the criteria established by the World Health Organization (WHO)¹⁴ and confirmed by the analysis of the surgical specimen. Since 2000, patients were administered albendazole 10-15 mg/kg preoperatively for 7 days and 1 month after according to WHO guidelines.¹⁴ Postoperative complications were defined by the Dindo-Clavien classification¹⁵ and serious postoperative complication were defined by III-IV-V event of this classification. The primary endpoint was the occurrence of serious postoperative complications. Secondary endpoints were the onset of accidental cyst rupture during CCR and recurrence of LHD. The 437

study was approved by the Institutional Review Board of Aix-Marseille University.

Surgical Technique

All patients, except one (laparoscopy), underwent a right (\pm left) subcostal incision with upper midline extension. The procedures began with a thorough examination of the abdominal cavity. Cholangiography was performed in the case of biliocystic communication (BCC) or when anatomical variation was suspected on the preoperative workup. The resection technique, i.e. OCR or CCR, was selected at the surgeon's discretion (Figs. 1 and 2). Total cystectomies were carried out by removing the cyst, and the dissection was conducted most often in contact with the cyst. Parenchymal transection was performed using the clamp-crush technique or ultrasonic dissection during intermittent vascular inflow occlusion using the Pringle manoeuvre and intermittent occlusion of the inferior cava vein when necessary. Conservative strategies (partial cystectomies and unroofing) were limited only to lesions involving major biliovascular elements whose resection was judged too deleterious considering the benign nature of the disease (Fig. 2). Preference between cystectomy and anatomic resection depended on what was considered to be the simplest by the surgical team. OCRs were conducted as follows: (i) protection of the areas around the cyst by scolex-killer solution (10% hydrogen peroxide solution or hypertonic solution)soaked packs; (ii) hermetic aspiration of the cyst content; (iii) large opening of the cyst roof and sterilisation by injection without pressure of a scolex-killer solution to avoid embolism accidents; (iv) reaspiration of the solution and resection. Treatment of biliocystic communications (BCC) depended on the location of the fistula along the biliary tract. In case of distant BCC away from the biliary convergence, first intention management was the sectioning of the involved biliary duct distant from the cyst during hepatic resection. In case of

Fig. 1 Multilocular cyst 15 cm in diameter in a 46-year-old woman. She was treated by right hepatectomy extended to segment IV with closed cyst resection. No transfusion was needed. The specimen weighed 1579 g. The postoperative course was uneventful (7 days)





Fig. 2 Multilocular cyst of the right liver and segment I, 15 cm in diameter, in a 39-year-old woman with symptomatic biliocystic fistula. Due to the close relationship with the back of the hepatic pedicle and inferior vena cava, the cyst was treated by open cyst subtoal resection and

proximal or complex BCC, the fistula was sutured on T-tube drain to avoid hazardous bile duct reparation. Parasitic bile duct obstructions were treated by choledochotomy followed by T-tube placement. Biliary fistulas were managed according to patient's clinical tolerance and the effectiveness of the initial surgical drainage. In case of incomplete drainage associated with symptoms, radiological drainage, ERCP and in last instance reoperation was proposed. In other cases, scarring of the biliary fistulas occurred spontaneously. Drainage of the peritoneal cavity was routinely performed.

Data Collection

The following data were collected and compared: age; sex; symptoms; comorbidities according to the American Society of Anaesthesiologists (ASA) score;¹⁶ cyst characteristics on imaging according to Gharbi's classification;¹⁴ size, number and location of the cysts; surgical procedure; total time of the Pringle manoeuvre; operative time; accidental rupture of the cyst; postoperative events classified according to Dindo-Clavien;¹⁵ length of hospital stay (LOHS) and recurrence. Hepatic resections were classified according to the Brisbane classification.¹⁶ Postoperative bile leakage was defined according to the International Study Group of Liver Surgery.¹⁷ Recurrence was diagnosed radiologically by the reappearance of hydatid cysts close to the excision site (loco-regional recurrence) or the appearance of new cysts outside the abdomen. Recurrence delay was determined from the date of the first operation to the date of operation for recurrence, including patients whose first operation was conducted outside the department. Follow-up consisted of regular physical examinations, serology and abdominal ultrasonography first completed in the outpatient clinic by the operative surgeon and then by regular examination by the general practitioner. For this report, the general practitioner of each patient was contacted again when it was possible. Recurrence-free survival was

right hepatectomy, resecting the biliocystic fistula. Two units of RBC were transfused. The postoperative course (12 days) was complicated by delayed gastric emptying

calculated for all patients from the date of the first operation, wherever it was performed, to the date of the recurrence diagnosis. Patients who underwent surgery in the department for recurrent LHD were censored after the second operation to avoid duplicates in the survival analysis.

Statistical Analysis

Statistical analyses were performed using IBM SPSS 20.0 (IBM Inc., New York, NY, USA). Categorical variables were described in terms of frequency (percentages) and continuous variables as medians (range). Owing to the retrospective nature of this work, some variables were missing: percentages were thus recorded as valid percentages based on the number of patients with the data available. Continuous data were first studied linearly and then were stratified into categorical variables using receiver operating characteristic (ROC) curves. Univariate analyses were conducted using Student's t test or the Mann-Whitney test for continuous variables and chisquared test or Fisher's exact test for categorical variables. A two-tailed P value ≤ 0.05 was considered statistically significant. Multivariate analyses were performed using a backward stepwise logistic regression model adjusted for covariates significant at $P \leq 0.1$ on univariate analysis. Recurrences were assessed using the Kaplan-Meier method and compared between groups by the log-rank test.

Results

During the study period, 502 benign liver lesions were operated, 120 (24%) of which were LHD. In all, 116 patients (99 primary LHD and 17 recurrent LHD) fulfilled the inclusion criteria and were selected for further analyses: 79 CCRs and 37 OCRs (Fig. 3). Median age of the population, 57 women and 59 men, was 42 (16–77) years.

Fig. 3 Flowchart



Baseline Features and Cyst Characteristics (Table 1)

Liver hydatid disease was symptomatic in 90 cases (78%). Most common clinical presentations were abdominal pain (n = 80, 69%), septic signs (n = 18) and jaundice (n = 17). Number of treated cyst was 167: 87 patients with single cysts and 29 patients with multiple cysts (18 with two cysts, four with three cysts and seven with four or more cysts). Between OCR and CCR, features were comparable: age, sex, ASA score, previous LHD surgery, hydatid serology, Gharbi's classification, size of cyst, except for jaundice (P = 0.044) and location at segment I (P = 0.003).

Surgical Procedures (Table 2)

All the patients in the CCR group underwent radical resection (55 anatomical hepatic resection and 25 total cystectomies) compared with 11 in the OCR group (P < 0.001). In radical resection, only right hepatectomy was more common in CCR group (P < 0.001). Ten patients required blood transfusion. Exploration of the biliary tract, by choledochotomy, was

performed in 11 and 12 patients for respectively CCR and OCR (P = 0.020) and followed by a T-tube. Biliocystic fistula was found more frequently in the OCR than in the CCR group (P = 0.003), although rate of cholangiography did not differ between the two groups. Synchronous resection of adjacent structures was needed in 24 cases for tight adherences: 19 diaphragmatic resections, 1 right colectomy, 1 right adrenal-ectomy and 1 atypical pulmonary resection through the diaphragm. One patient had bilateral ovariectomy for ovarian cysts mimicking ovarian hydatidosis, and another required embolectomy of the pulmonary artery for parasitic spread by sternotomy 2 weeks before hepatectomy. There was no difference between the two groups according to synchronous resection of adjacent structure.

Postoperative Outcomes (Table 2)

Overall, 30 patients developed at least one postoperative complication. One patient died a few hours after surgery from a myocardial infarction. In all, four patients in the CCR group developed severe postoperative complications

 Table 1
 Patient characteristics

Characteristics	Total nu of patier (%)	mber $n = 116$	Closed cyst res $n = 79$	ection (%)	Open cyst resection $n = 37$ (%)		Univariate P value
Median age, years (range)	42	(16–77)	43	(16–77)	41	(17–74)	0.855
Sex ratio (male/female)	57/59		37/42		20/17		0.469
ASA classification*							1
ASA 1–2	89	(83)	62	(83)	27	(84)	
ASA 3–4	18	(17)	13	(17)	5	(16)	
Previous LHD surgery	18	(16)	11	(14)	7	(19)	0.489
Symptom	26	(22)	19	(24)	7	(19)	0.637
None	80	(69)	53	(67)	27	(73)	0.523
Pain	17	(15)	8	(10)	9	(24)	0.044
Jaundice	18	(16)	11	(14)	7	(19)	0.489
Fever	6	(5)	4	(5)	2	(5)	1
Other							
Hydatid positive serology	71	(61)	50	(63)	21	(57)	0.501
Gharbi's classification*							0.395
I–II	18	(23)	14	(26)	4	(16)	
III–V	60	(77)	39	(74)	21	(84)	
Number of treated cysts	167	(100)	121	(72)	46	(28)	0.434
Number of cases with	2	(25)	2	(28)		(19)	0.301
multiple cysts	9		2		7		
Cyst size, cm (range)**	8	(2–20)	8	(3–20)	9	(5–20)	0.553
$\geq 10 \text{ cm}^{**}$	46	(40)	32	(41)	14	(38)	0.784
Location							
Segments (VI, VII)	60	(52)	41	(52)	19	(51)	0.956
Segments (II, III)	24	(21)	19	(24)	5	(14)	0.227
Segments (IV, V, VIII)	73	(73)	49	(62)	24	(65)	0.768
Segment I	5	(4)	0	(0)	5	(14)	0.003

*In the case of missing data, the sums may be different from the total number of patients

**Size of the largest cyst in the case of multiple cysts

Italicized entries correspond to significant analysis

compared with seven in the OCR group (P = 0.036). Clavien III-IV events were distributed as follows: symptomatic pleural effusion requiring drainage (n = 3), bile leakage requiring ERCP (n = 2), acute respiratory distress syndrome requiring prolonged stay in ICU (n = 2), Budd-Chiari syndrome due to left hepatic vein stenosis (n = 1), intra-abdominal abscess (n = 1) and migration of a peritoneal drain (n = 1). Postoperative biliary fistula was presented for nine patients among one without cholangiography, three without choledochotomy and five with a BCC. There was a trend toward more postoperative bile leakage in the OCR group (P = 0.463), although not statistically significant. In univariate analysis (Table 3), only the operative time (\geq 210 min) and rupture of the cyst during surgery were associated with serious postoperative complications. In the multivariate analysis, variables that independently correlated with the occurrence of a serious postoperative event were OCR and an operative time ≥ 210 min.

Accidental rupture of the cyst occurred four times during CCRs. The median size of ruptured cysts was 8 cm (7– 10), not different from the non-ruptured ones (8-cm range (2–20), P = 0.950). Only the location seemed to influence cyst rupture since cysts located at segment I were more subject to rupture than others (P = 0.048). However, multivariate logistic regression analysis failed to identify independent predictors of rupture.

Follow-up

Among the 18 patients who underwent surgery for recurrent LHD, 2 patients were excluded from the recurrence analysis because of insufficient data relative to the first intervention. Another patient without recurrence was excluded because of the lack of follow-up. Overall, recurrence analysis was conducted on 113 patients. The median follow-up of the series was 10 (1–40) years.

Table 2 Intraoperative and postoperative data

Characteristics	Total of pat $n = 11$	number ients 6 (%)	Closed resecti $n = 79$	l cyst on (%)*	Open cyst resection $n = 37 (\%)^{**}$		Univariate P value
Radical resections							
Right hepatectomy	47	(41)	41	(52)	6	(16)	< 0.001
Left lateral sectionectomy	11	(9)	9	(11)	2	(5)	0.499
Left hepatectomy	8	(7)	5	(4)	3	(8)	0.709
Total cystectomy	35	(30)	25	(22)	10	(27)	0.613
Conservative resections							
Partial cystectomy	10	(9)	0	(0)	10	(27)	< 0.001
Unroofing	9	(8)	0	(0)	9	(24)	< 0.001
Biliocystic communication	30	(26)	14	(18)	16	(43)	0.003
Pringle manoeuvre	82	(71)	64	(81)	18	(49)	< 0.001
Duration, min (range)	31	(1-66)	31	(1–58)	22	(8–66)	0.099
Cholangiography	60	(52)	38	(48)	22	(59)	0.254
T-tube drainage	23	(20)	11	(14)	12	(32)	0.020
Peritoneal drainage	109	(94)	74	(94)	35	(95)	1
Operative time, min (range)	170	(90–315)	170	(90–315)	167	(90-270)	0.826
Blood transfusion***	10	(9)	7	(9)	3	(8)	1
Global Morbidity							
Dindo-Clavien 0-II	105	(90)	75	(93)	30	(81)	0.036
Dindo-Clavien III	8	(7)	3	(4)	5	(14)	0.108
Dindo-Clavien IV	2	(2)	1	(1)	1	(3)	0.538
Dindo-Clavien V (mortality)	1	(1)	0	(0)	1	(3)	0.319
Serious event (III-IV-V)	11	(9)	4	(5)	7	(19)	0.036
Reoperation	2	(2)	0	(0)	2	(5)	0.100
Interventional endoscopy	2	(2)	0	(0)	2	(5)	0.100
Pleural effusion	4	(3)	2	(2)	2	(5)	0.591
Bile leakage	9	(8)	5	(6)	4	(11)	0.463
Venous thrombosis	5	(4)	4	(5)	1	(3)	1
LOHS, days (range)	8	(3–35)	8	(3–30)	8	(4–35)	0.440
Follow-up, years (range)	10	(1-40)	10	(1–24)	11	(1-40)	0.860
Recurrence [#]	2	(2)	0	(0)	2	(5)	0.100

*One patient underwent both right hepatectomy and total cystectomy

**One right hepatectomy and partial cystectomy, one left hepatectomy and partial cystectomy and one left lateral sectionectomy and unroofing in the OCR group

***Total number of patients

Out of 112 patients

LOHS, length of hospital stay

Italicized entries correspond to significant analysis

None of the patients who underwent CCR in the department experienced recurrence. Overall, including the patients who underwent the first surgery at another centre, two patients developed local recurrence in the OCR group at 14 and 17 years compared with one in the CCR group at 21 years (supplementary table S1). The 5- and 10-year recurrence rates were both 0% in the CCR group compared with 18% and 27%, respectively, in the OCR group (P < 0.001; Fig. 4). The median time to recurrence was 5 (1-20) years and did not differ between groups (Table 4).

Discussion

For liver hydatid cyst, the best surgical strategy remains controversial because the conclusions of studies reporting on radical and conservative resections are discordant^{7, 9,} ^{17–21}. Particularly, most series do not assess whether closed or opened cyst resection was performed,^{8, 9, 17,} ^{19–21} this option is often left to the surgeon's discretion, thus introducing a confounding factor that could impair results. Indeed, OCR is believed to be safer than CCR

J Gastrointest Surg (2021) 25:436-446

 Table 3
 Logistic regression analyses for postoperative serious complications

Characteristics	Clavien < III		Clavier	Clavien \geq III n = 11 (%)		P value		(95% CI)
	<i>n</i> = 105	n = 105 (%)				Multi.		
Sex (male)	50	(48)	7	(64)	0.357			
Age \geq 65 years	7	(7)	1	(9)	0.561			
Recurrent disease	13	(12)	3	(27)	0.177			
Symptoms	82	(78)	8	(73)	0.708			
ASA 3–4	16	(15)	2	(18)	0.679			
Multiple cyst	27	(26)	2	(18)	0.728			
Cyst size $\geq 10 \text{ cm}$	43	(41)	3	(27)	0.522			
Location								
V, VI, VII, VIII	81	(77)	10	(91)	0.452			
II, III	23	(22)	1	(9)	0.455			
IV	26	(25)	3	(27)	1			
Ι	3	(3)	2	(18)	0.070	0.130	6.16	(0.59–64.5)
Anatomic resection	62	(59)	4	(36)	0.203			
Major hepatectomy	51	(49)	4	(36)	0.535			
Cystectomy*	39	(37)	7	(64)	0.110			
Unroofing	9	(9)	0	(0)	0.598			
Open cyst resection	30	(29)	7	(64)	0.036	0.030	5.37	(1.18–24.5)
Biliocystic fistula	25	(24)	6	(55)	0.066	0.525	1.89	(0.27–13.4)
Surgical biliary exploration	19	(18)	5	(45)	0.048	0.248	3.03	(0.46–19.8)
Diaphragmatic resection	16	(15)	3	(27)	0.385			
Adjacent organ resection	4	(4)	1	(9)	0.398			
Accidental opening of the cyst	2	(2)	2	(18)	0.044	0.221	5.65	(0.35–90.8)
Pringle manoeuvre	76	(72)	6	(55)	0.295			
Pringle time \geq 30 min	33	(31)	2	(18)	0.501			
Peritoneal drainage	100	(95)	9	(82)	0.132			
Biliary drainage	19	(18)	4	(36)	0.225			
Blood transfusion	8	(8)	2	(18)	0.241			
Operative time≥210 min	22	(21)	8	(73)	0.001	< 0.001	18.88	(3.43–103.7)

*Partial and total cystectomy

Values in italics type indicate significant p values

since the technique avoids the accidental rupture of cysts. Thus, the risk of peritoneal seeding is limited, and better control of major biliovascular structures is achieved, whose preservation is mandatory for a "benign" disease. Furthermore, OCR could limit the specific risks of liver radical resection surgery. By contrast, because CCR consists of harvesting the adjacent parenchyma to keep the cyst unopened, this technique is supposed to decrease local recurrence and avoid complications related to pericyst preservation, such as bile leakage and postoperative abscess^{20, 22}. However, CCR techniques most refer to anatomic hepatic resection; thus, they are believed to increase severe postoperative complications.

The results of our study do not support this opinion since we found that CCR did not increase the risk of severe morbidity following resection compared with OCR (5% vs 19%; P = 0.036) which was the only independent predictive factor of severe postoperative complications, together with the operative time. Finally, OCR increased the risk of disease recurrence. Thus, this study suggests the superiority of CCR over OCR for the management of primary and recurrent LHD with respect to postoperative and long-term outcomes.

In the present study, the rate of severe complications was 19% in the OCR group. This result is in accordance with a 21% morbidity rate after OCR in a series of 1412 LHD cases.¹² The most frequent complication was postoperative bile leakage (8%), followed by pleural effusion (3%). The higher incidence of bile leakage following conservative approaches is a direct consequence of unroofing or partial cystectomy techniques that do not treat the pericyst, thus disregarding micro-BCC that postoperatively decompensates in the form of abscess and bile leakage.^{10, 18} Moreover, the



inhibition of parenchymal regeneration due to local inflammation favoured by cyst liquid and/or perioperative local sterilisation could maintain cavity-related complications.¹⁸

However, the higher rate of bile leakage could also result from a selective bias. Considering biliary symptoms, (i) 24% of OCR patients presented with jaundice compared to 10% in CCRs; (ii) a clinical BCC was observed in 43% of OCRs vs 18% of CCRs; (iii) the rate of T-tube drain placement in the OCR group was more than twice that in the CCR group. Actually, biliary involvement in OCR patients was more frequent than in CCR patients. For those patients, OCR could have been preferred to CCR as a safer alternative to treat BCC, avoiding the need to perform a high-risk biliary reconstruction since the opening of the cyst allowed for simply controlling and repairing the biliary tract. Thus, the higher rate of biliary fistula in OCRs could also be interpreted as the consequence of a higher rate of biliary reconstruction in this group.

Considering the cyst location, all cysts involvement segment I benefited from OCR. Cysts located at segment I are more complex to manage because of accessibility and tight contact with the IVC, rendering CCR more dangerous notably when IVC reconstruction is necessary. As for patients with biliary tract involvement, the forecast of a complex surgical repair in the case of CCR could have influenced the decision to perform an OCR. There are not enough events in this series to demonstrate a higher morbidity among CCR patients with suspected BCC and/or cyst at segment I. However, it should be noted that all the patients who experienced biliary fistula in the OCR group healed spontaneously—except one who required an endoscopic procedure—and none required relaparotomy for this complication. Thus, OCR for patients with biliary tract involvement or segment I could be an interesting alternative to CCR to avoid complex biliovascular reconstruction or accidental cyst rupture.

The main limit of CCR is accidental rupture of the cyst, leading to peritoneal seeding and disease recurrence.^{19, 23} In this series, four patients experienced accidental rupture of the cyst during CCR. Baseline features of patients, cyst characteristics and surgical technique did not differ between groups, such that no independent predictive factors of cyst rupture could have been identified in the multivariate analysis. However, no anaphylactic shock or peritoneal recurrence was observed.

Anatomical hepatic resections were the most frequently performed procedures during CCR (68%). This rate is the highest in the literature, and this specificity has already been discussed in a previous report by our team.²⁰ As a result, comparison with other studies is difficult, for example, one of the most important

Table 4Patients treated for recurrent LHD (n = 18)

	Sex, age *	First surgical treatment of LHD	Time interval between 1st and 2nd surgery	Second surgical treatment of LHD	Outcome #
A B	Male, 31 Female, 28	Conservative (OC) Conservative (OC)	4 years 8 years	Right hepatectomy (CC) Right hepatectomy (CC)	11 years, no recurrence Lost to follow-up at
					9 years, no recurrence
С	Male, 56	Conservative (OC)	4 years	Right hepatectomy (CC)	2 years, no recurrence
D	Male, 32	Conservative (OC)	>20 years	Partial cystectomy (OC)	1 year, no recurrence
Е	Female, 17	Conservative PAIR (OC)	>10 years	Total cystectomy (CC)	4 years, no recurrence
F	Male, 44	Conservative (OC)	18 years	Partial cystectomy (OC)	Lost to follow-up at 9 years, no recurrence
G	Female, 53	Conservative (OC)	28 years	Total cystectomy (CC)	Lost to follow-up at 1 year, no recurrence
Н	Female, 20	NA	14 years	Total cystectomy (CC) ***	16 years, no recurrence
Ι	Male, 30	Conservative (OC)	3 years	Total cystectomy (OC)	Lost to follow-up at 1 year, no recurrence
J	Male, 53	Radical LLS (CC)	21 years ##	Total cystectomy (OC) ***	20 years, no recurrence
К	Female, 29	Conservative (OC)	1 year	Total cystectomy (OC)	Lost to follow-up at 3 years, no recurrence
L	Female, 23	Conservative (OC)	2 years	Right hepatectomy (CC) @	16 years, no recurrence, portal vein thrombosis
М	Male, 48	Partial cystectomy (OC)	1,5 year	Total cystectomy (CC)	9 years, no recurrence
Ν	Female, 27	NA	19 years	Total cystectomy (CC)	Lost to follow-up at 1 year, no recurrence
0	Male, 29	Partial cystectomy (OC)	2,5 years	Right hepatectomy (CC)	6 months, no recurrence
Р	Female, 76	Partial cystectomy (OC)	17 years	Partial cystectomy (OC)	4 years, no recurrence
Q	Male, 39	Conservative PAIR (OC)	8 years	Right hepatectomy (CC) + partial cystectomy (OC) [@]	5 years, no recurrence
R	Male, 44	Partial cystectomy (OC)	14 years ###	Partial cystectomy (OC)	14 years, no recurrence
	Average	15 (83%) OC	10.5 ± 8 years	11 (61%) CC	7 ± 6 years

*Age at the time of second surgery

**First surgery at our department

***Recurrent LHD at a distance from the first LHD site

[#]Delay from the second surgical treatment

14 years after the diagnosis of recurrent LHD

10 years after the diagnosis of recurrent LHD and then acute cystopleural rupture

[@] Synchronous treatment of peritoneal hydatic disease

PAIR, percutaneous aspiration injection reaspiration; NA, not available

published series reported only 125 liver resections among 1680 procedures (7%).¹² This attitude was chosen from the beginning of the study period because of a preference for a radical treatment with CCR and probably secondary to a developed hepatic surgical activity. In these cases, anatomic hepatic resections were more frequently chosen because of the wide destruction of the hepatic parenchyma by cysts.

In the present study, all recurrences, except one, were observed after an open-cyst approach. Hence, OCR represents an important risk of recurrence and must be considered only when a CCR appears hazardous for treating a benign disease. Since the other authors focused on the radical or conservative nature of surgery, it seemed important to us to focus on the open or closed criterion of surgery which limits the possibility of comparison. For example, Tagliacozzo et al.¹⁸ reported a 30% recurrence rate for conservative surgery compared with 1% for radical procedures, whereas El Malki et al.¹³ reported a 2% and 4% rate for conservative and radical approaches, respectively. A meta-analysis including 19 studies concluded that radical resections significantly reduce the risk of long-term recurrence (OR = 0.16; 95% CI 0.11–0.23).⁶ One reason of higher recurrences in a conservative approach have been explained by Voros et al., who constated that protoscoleces are also contained in the pericyst and are left in place in

conservative techniques.²² Concerning OCR, the effect of sterilisation is incomplete, ranging from 50 to 91%^{21, 22} and favouring peritoneal/local recurrence.

Finally, as our study has one of the long follow-ups thanks to the updating of the follow-up of patients, we were able to analyse late recurrences which are rarely reported. Generally, the follow-up is 5–6 years old^{6, 7, 9, 20, 21} and probably do not know about late recidivism. However, the long period until recurrence is poorly known. This is a novelty that must be considered in patient follow-up.

This study has several limitations that may prevent an immediate change in clinical practice: (i) the retrospective nature of the work induced inherent and unintentional selection bias that is impossible to be ruled out; (ii) the inclusion period over 12 years may have inserted inherent differences related to staging and treatment techniques,^{24–26} especially anaesthesia for liver surgery; (iii) because of the policy of the department favouring CCRs, OCRs were mainly performed in the case of complex LHD (perihilar or pericaval), possibly leading to an overestimation of the morbidity in the OCR group, especially for bile leakage; (iv) in contrast to CCRs, the OCR group comprised conservative and radical resection techniques, which could have artificially increased the morbidity and recurrence rates in this group¹¹. However, these criteria have been taken into account in the statistical analysis and have not been found to be independent factors; (v) the series comes from a liver surgery expert centre, questioning the reproducibility of the results in other centres, notably for CCR and radical resection that are routinely performed in the department. This limit restricts the extrinsic validity as it depends on the expertise of the centre; (vi) because of insufficient data concerning patients included for recurrent LHD, the statistical analysis for possible confounders could not be adjusted.

Conclusion

Closed cyst resection showed a lower severe morbidity and recurrence rate when compared to OCRs, and thus should be the gold standard for the surgical management of primary and recurrent LHD without perihilar or pericaval involvement. For those patients, OCRs should be preferred to avoid hazardous biliovascular reconstructions and critical related postoperative complications. Due to the long delay of recurrence observed in this study, the patient follow-up must be prolonged over 10 years.

Compliance with Ethical Standards

Conflict of Interest The authors declare that they have no conflict of interest.

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