**ORIGINAL ARTICLE** 



Check for updates

# Hospital Variation in Readmissions and Visits to the Emergency Department Following Ileostomy Surgery

Samantha Hendren<sup>1</sup> · Joceline Vu<sup>1</sup> · Pasithorn Suwanabol<sup>1</sup> · Neil Kamdar<sup>2,3,4,5</sup> · Karin Hardiman<sup>1</sup>

Received: 16 April 2019 / Accepted: 9 September 2019 / Published online: 21 November 2019  $\odot$  2019 The Society for Surgery of the Alimentary Tract

#### Abstract

**Background** Ileostomy surgery is associated with a high readmission rate, and care pathways to prevent readmissions have been proposed. However, the extent to which readmission rates have improved is unknown. This study examined rates of readmission and emergency department visits ("return to hospital," or RTH) across hospitals in Michigan.

**Methods** This was a retrospective cohort study of patients undergoing colorectal surgery with ileostomy formation from July 2012 to August 2017 in twenty Michigan Surgical Quality Collaborative (MSQC) hospitals. Primary outcome was RTH within 30 days of surgery. Multivariable logistic regression was used to identify risk factors for RTH. RTH rates over time were calculated, and hospitals' risk-adjusted rates were estimated using a multivariable model. Hospitals were divided into quartiles by risk-adjusted RTH rates, and RTH rates were compared between quartiles.

**Results** Of 982 patients, 28.5% experienced RTH. Rates of RTH did not decrease over time. Adjusted hospital RTH rates ranged from 9.4 to 43.3%. The risk-adjusted rate in the best-performing hospital quartile was 17.5% vs. 37.3% in the worst-performing quartile (p < 0.001). Hospitals that were outliers for ileostomy RTH were not outliers for colorectal resection RTH in general. **Conclusions** Rates of RTH following ileostomy surgery are high and vary between hospitals. This suggests inconsistent or

ineffective use of pathways to prevent these events and potential for improvement. There is clear opportunity to standardize care to prevent RTH after ileostomy surgery.

Keywords Ileostomy · Hospital readmission · Colorectal surgery · Colectomy

Meeting Presentation: American Society of Colon and Rectal Surgeons Annual Meeting, Nashville, TN, poster presentation. May 19–23, 2018.

Samantha Hendren hendren@med.umich.edu

- <sup>1</sup> Department of Surgery, University of Michigan, 2124 Taubman Center, 1500 E. Medical Center Dr., SPC 5343, Ann Arbor, MI 48109, USA
- <sup>2</sup> Institute for Healthcare Policy and Innovation, University of Michigan, Ann Arbor, MI, USA
- <sup>3</sup> Department of Obstetrics and Gynecology, University of Michigan, Ann Arbor, MI, USA
- <sup>4</sup> Department of Emergency Medicine, University of Michigan, Ann Arbor, MI, USA
- <sup>5</sup> Department of Physical Medicine & Rehabilitation, University of Michigan, Ann Arbor, MI, USA

## Introduction

More than 38,000 Americans undergo ileostomy surgery each year for rectal cancer, inflammatory bowel disease, diverticulitis, and other conditions.<sup>1</sup> It is known that ileostomy surgery is associated with a very high rate of readmissions, due to complications including dehydration.<sup>2–9</sup> To address this problem, several groups have implemented programs to decrease readmission rates for ileostomy patients.<sup>10</sup> Nagle and colleagues' well-known study showed that readmissions for dehydration could be eliminated using a program involving standardized patient education and post-discharge care.<sup>10</sup>

However, the extent to which these advances have improved "real world" clinical practice is unknown. A recent study by Fish and colleagues showed a 39% rate of return to hospital (RTH, emergency room visits and/or readmissions) after ileostomy surgery, suggesting an ongoing problem with high RTH rates.<sup>2</sup> Understanding of this problem is hampered by a lack of population-based studies of ileostomy surgery, as most studies on this topic have been single-institution retrospective reviews.<sup>2–4, 6–8</sup>

In this context, the goal of the present study was to perform a multi-institutional study of ileostomy surgery, with a focus on readmissions and emergency room visits after discharge (we called this composite outcome "return to hospital," or RTH). We hypothesized that there would be variation between hospitals in rates of RTH. If this were the case, surgical quality improvement based upon regional best practices could be pursued.

#### Methods

#### **Patient Population and Setting**

This was a retrospective cohort study of patients in the Michigan Surgical Quality Collaborative (MSQC). The MSQC is a voluntary regional surgical quality improvement organization, with 72 hospitals currently participating. Nurses in each participating hospital abstract clinical data and 30-day outcomes from a sampling of surgical cases, selected using methodology to avoid bias.<sup>11</sup> The MSQC is funded by Blue Cross and Blue Shield of Michigan, which provides funding for each institution's nurse data abstractor. However, the organization is independently run by physicians and nurses.

Cases were identified from the timeframe of July 2012 to August 2017. The cohort was restricted to patients from hospitals that had at least 35 eligible cases in the MSQC database, since valid hospital comparisons are not possible when case numbers are extremely small. Cases were included according to this process: they had to have an eligible Current Procedural Terminology (CPT) code (44120, 44125, 44130, 44140, 44141, 44143, 44144, 44145, 44146, 44150, 44151, 44156, 44157, 44158, 44205, 44206, 44207, 44208, 44210, 44211, 45111, 45113, 45119, 45397). Next, the MSQC has an "ostomy" variable (options: ileostomy, colostomy, neither ileostomy nor colostomy, unknown), and cases had to have "ileostomy" recorded for this variable. Finally, all cases with the CPT codes 44155, 44187, 44212, and 44310 were included, as these codes denote formation of an ileostomy. Cases for which it could not be determined whether or not an ileostomy was created were excluded. All diagnosis codes were permitted (Appendix Table 3).

#### **Outcome and Covariates**

The primary outcome was "return to hospital" (RTH), defined as either emergency room visit and/or readmission within 30 days of surgery. Covariates associated with this outcome were identified using bivariate analysis, starting with risk factors for readmission from the literature and identified by clinical experts on the research team.<sup>2, 4–7</sup>

Covariates tested for association with the outcome are listed in Table 1. These included age (dichotomized as < 70 v.  $\geq$  70), sex, race (white v. other), BMI (dichotomized as < or > =35), functional status (independent v. dependent), urgent/emergent case priority, one or more postoperative complications, surgical approach (open v. minimally invasive [MIS]), diagnosis (neoplasm v. diverticular disease v. inflammatory bowel disease v. other), insurance type, and discharge destination (home v. home with home healthcare v. skilled nursing facility v. other).

#### **Statistical Analysis**

A patient-level analysis was conducted, and descriptive statistics were used to characterize the patient cohort and hospital characteristics. Categorical variables were tested for association with RTH using chi-square tests, except in the case of small cell sizes where Fisher's exact test was performed. For hospital comparisons, multivariable logistic regression was constructed by entering covariates in a stepwise approach to identify factors for risk adjustment. The final risk adjustment model included age, sex, race, dependent status, complications, and discharge destination. Age, sex, and dependent status were kept in the model for face validity, but were not independently associated with RTH in multivariable analysis for the ileostomy cohort.

A hospital-level analysis was then performed. Only hospitals with at least 35 ileostomy cases in the database were included in the analysis (n = 20 hospitals). Hospital characteristics were obtained from the American Hospital Association (Appendix Table 4). Risk-adjusted rates of RTH where then determined, with 95% confidence intervals, using the aforementioned logistic regression model. Hospitals were also divided into quartiles based upon their return to hospital rates, to determine whether quartiles had significantly different adjusted rates.

To determine whether hospitals with high RTH rates for ileostomy surgery also had high RTH rates for other colorectal operations, we conducted an exploratory analysis comparing RTH performance for ileostomy cases v. for non-ostomy colorectal resection cases. Colorectal resection cases without ostomy were defined as cases with CPT codes 44140, 44160, 44204, 44205, 44208, 44210, and 45111, and "neither ileostomy or colostomy" coded for the MSQC ostomy variable. For this comparator cohort, the risk adjustment model (derived via stepwise selection as above) included age, sex, race, dependent status, complications, urgent/ emergent status, Medicaid insurance, and discharge destination. All analyses were conducted using SAS Version 9.4 (Cary, NC). This study met the criteria for "not regulated" status by the University of Michigan Institutional Review Board-Medical.

Table 1Characteristics of the cohort ( $n = 98$	2	)
---	---	---

Variable	Category	Overall	No readmission or ED	Readmission or ED	Probability chi-square
Age	Less than 70 Greater than or equal to 70	707 (72%) 275 (28%)	498 (71%) 204 (29%)	209 (75%) 71 (25%)	0.243
Sex	Female Male	488 (50%) 494 (50%)	345 (71%) 357 (72%)	143 (29%) 137 (28%)	0.586
Race	White Non-white	827 (87%) 125 (13%)	602 (89%) 78 (11%)	225 (83%) 47 (17%)	0.0165*
BMI	Less than 35 Greater than or equal to 35	847 (86%) 135 (14%)	609 (87%) 93 (13%)	238 (85%) 42 (15%)	0.472
Dependent status	Not dependent Dependent	854 (88%) 122 (13%)	603 (86%) 95 (14%)	251 (90%) 27 (10%)	0.097
Urgent-emergent operation	Elective Urgent-emergent	500 (51%) 482 (49%)	360 (51%) 342 (49%)	140 (50%) 140 (50%)	0.717
Complications	No complication One or more complication	562 (57%) 420 (43%)	439 (63%) 263 (37%)	123 (44%) 157 (56%)	< 0.0001*
Length of stay	Days [median (IQR)]	9 (5–15)	9 (5–16)	8 (5–14)	0.714
Minimally invasive surgery	MIS Open	315 (32%) 665 (68%)	225 (32%) 476 (68%)	90 (32%) 189 (68%)	0.961
Diagnosis	Neoplasm	315 (32%)	226 (32%)	89 (32%)	0.902
	Diverticular disease	97 (10%)	61 (9%)	36 (13%)	0.048*
	Inflammatory bowel disease	231 (24%)	154 (22%)	77 (28%)	0.064
	Other	339 (35%)	261 (37%)	78 (28%)	0.006*
Insurance	Commercial non-HMO	278 (28%)	203 (29%)	75 (27%)	0.503
	HMO	155 (16%)	106 (15%)	49 (18%)	0.352
	Government insurance	408 (42%)	298 (42%)	110 (39%)	0.364
	Medicaid	59 (6%)	36 (5%)	23 (8%)	0.066
	Uninsured	21 (2%)	14 (2%)	7 (3%)	0.621
	Other	43 (4%)	31 (4%)	12 (4%)	0.928
Discharge destination	Home Home w/home healthcare	225 (23%) 447 (46%)	155 (22%) 297 (42%)	70 (25%) 150 (54%)	< 0.0001*
	SNF	130 (13%)	84 (12%)	46 (16%)	
	Other	180 (18%)	166 (24%)	14 (5%)	

\*Statistically significant

*ED*, emergency department visit; *BMI*, body mass index; *MIS*, minimally invasive surgery; *HMO*, health maintenance organization; *SNF*, skilled nursing facility

## Results

#### **Patient Characteristics and RTH**

Nine hundred eighty-two patients from 20 hospitals were included in the study. Characteristics of patients with and without RTH are shown in Table 1. Overall, 28.5% of patients returned to hospital after ileostomy surgery, with 20.4% being readmitted. The rate of RTH did not decline over time (Fig. 1). Factors independently associated with RTH included race, surgical complications, and discharge destination (Table 2).

Further analysis of association between discharge destination and RTH reveals that almost half of patients in our cohort were discharged home with home healthcare (46%, compared with 23% discharged home without home healthcare and 13% discharged to SNF). However, the RTH rate was 34% for the home healthcare group, compared with 31% for the home without home healthcare group. Thus, having a visiting nurse was not protective against RTH.

#### Hospital Characteristics and Variation in RTH

The 20 hospitals included in the study had the following characteristics, based on the American Hospital Association database: they tended to be in the highest quartile for size and operative volume; in the highest quartile of hospitals for Medicaid discharges; part of a hospital network; and affiliated with a medical school (Appendix Table 4).

Hospitals' adjusted rates of RTH ranged from 9.4 to 43.3% (Fig. 2). Hospital quartiles differed significantly in their

**Fig. 1** Observed RTH rate by year. The unadjusted yearly rate of RTH after ileostomy surgery ranged from 23–32% of cases



adjusted rates of RTH (Fig. 3). Patients in the hospitals in the quartile with the lowest rates of RTH (best-performing) had a risk-adjusted rate of 17.5% compared with 37.3% in the worst-performing quartile (*p* value < 0.001).

## Hospitals' RTH Rates for Non-ileostomy Colorectal Surgery v. lleostomy

To investigate whether high RTH rates for ileostomy surgery were simply a reflection of high RTH rates for that hospital generally, we examined hospitals' RTH performance for non-ileostomy colorectal resection cases to determine whether outliers for ileostomy surgery RTH were also outliers for RTH in other colorectal cases. Hospitals with the highest and lowest RTH rates for ileostomy surgery were not the same hospitals that had highest or lowest RTH rates for colorectal resections without ileostomy (Fig. 4).

### Discussion

In this multi-institutional study of ileostomy surgery, we found that rates of RTH are extremely high, with a statewide rate of 28.5%. Despite published pathways for decreasing readmissions, rates have not decreased over time in our cohort. Furthermore, hospitals vary in their performance on this outcome. This indicates that there is opportunity to decrease rates of RTH, based upon the best practices of the hospitals with lowest rates of RTH.

Hospital readmissions and emergency department visits are costly events, and have been targeted for payment reductions by government and private healthcare insurers.<sup>12, 13</sup> Critics of this approach note that, in general, it is unclear what proportion of hospital readmissions are avoidable.<sup>14</sup> However, ileostomy surgery provides a unique opportunity to decrease readmissions, because studies in which discharge practices were standardized demonstrate significantly decreased rates of readmission.<sup>10, 15</sup> It is important to point out that our outcome, RTH (readmission

Table 2Multivariable riskadjustment model (CompositeOutcome: Readmission and/orVisit to Emergency Department)

Variable	Category	Adjusted odds ratio	95% Wald confidence limits	
Age	70 or greater	1.066	0.721	1.576
Sex	Female v. male	1.031	0.761	1.396
Race	Non-white v. white	1.611*	1.048	2.478
Dependent status	Dependent v. independent	1.02	0.584	1.781
Complications	Any v. none	3.66*	2.634	5.086
Discharge destination	Home health v. home	0.988	0.682	1.431
	SNF v. home	0.643	0.362	1.142
	Other v. home	0.082*	0.04	0.167

\*Statistically significant. SNF, skilled nursing facility

**Fig. 2** Variation in hospital RTH rates. Risk-adjusted hospital RTH rates ranged from 9.4 to 43.3%. The red line marks the average hospital RTH rate across the MSQC. Green markers denote hospitals in the best-performing quartile (with diamonds marking the best performers), while red markers denote hospitals in the worst-performing quartile (with diamonds marking the diamonds marking the worst performers)



and/or emergency department visit), is different from the outcome measured in most studies of pathways to decrease readmissions after ileostomy surgery (readmissions). However, we think it is likely that RTH and readmission involve the same mechanisms and will respond to the same interventions.

The present study found very similar risk factors to the study by Fish and colleagues.<sup>2</sup> As expected, in both studies, there is a strong association between surgical complications and subsequent RTH. Other studies on readmission after ileostomy have noted a variety of risk factors for readmission, including age, male sex, renal and cardiovascular comorbidities, steroid use, diabetes, depression, preoperative chemotherapy or radiation therapy, laparoscopic surgery, lack of social support, and lack of ostomy education.<sup>4–7</sup>

We conducted an exploratory analysis comparing hospitals' RTH performance for ileostomy v. non-ostomy colorectal resections to understand whether high RTH for ileostomy surgery was simply a marker of high RTH for colorectal surgery in that hospital. In other words, this analysis explored whether the RTH problem was unique to ileostomy care, or part of an institutional pattern. We found that the hospitals with highest RTH rates for ileostomy surgery did not have highest RTH rates for other colorectal resections. This finding suggests that ileostomy readmissions are a unique problem that likely requires specific and tailored interventions, such as the ileostomy pathways reported in the literature.<sup>10, 15</sup>

Limitations of this study include its retrospective nature and the absence of several key covariates in our data. These

**Fig. 3** Differences in RTH between hospital quartiles. The best-performing quartile of hospitals had a significantly lower adjusted RTH rate compared with the worst-performing quartile (17.5% vs. 37.3%, p < 0.001). The red line marks the average hospital RTH rate across the MSQC



Fig. 4 Hospital RTH performance in non-ileostomy colorectal surgery. In this figure, hospitals are ranked by performance in non-ileostomy colorectal surgery. Green and red markers denote the best- and worst-performing quartiles for RTH in ileostomy surgery. These same hospitals do not have similar performance for non-ileostomy colorectal surgery. The red line marks the average hospital RTH rate across the MSQC



include in-hospital ileostomy output, anti-motility drug use, whether or not patients were marked for their ostomy preoperatively, the extent of peri-operative ostomy teaching, health literacy, and English literacy. Each of these factors might influence risk, and we would have liked to test these for association with RTH. However, these variables are not available in the MSQC data. In addition, small case numbers affected our study in several ways. First, most MSQC hospitals had too few cases to allow for statistically valid comparisons. We recognize that because this study excludes lowvolume hospitals for ileostomy surgery, that results may not apply to low-volume centers, which may have a different risk profile. Also, the small case numbers allowed only a few statistical outliers to be identified in the hospital-level analysis, requiring us to group hospitals into quartiles to demonstrate the variation convincingly. Furthermore, we currently do not know whether the best-performing hospitals had actually implemented programs to decrease readmissions for this type of surgery.

Despite these limitations, this study has the advantage of being statewide, and using a high-quality clinical registry rather than administrative data. This makes the results more generalizable than prior studies. Furthermore, this work will form the basis for future study of best-performing hospitals, to determine patterns of care associated with lower risk of RTH. Through the MSQC, we ultimately hope to decrease RTH after ileostomy surgery in Michigan, statewide.

## Conclusion

In conclusion, there is significant variation between hospitals in their risk-adjusted rates of RTH after ileostomy surgery. This is a promising area for surgical quality improvement projects, with potential approaches including the implementation of care pathways to decrease this costly problem.

Acknowledgments We are grateful for the participation of the MSQC hospitals, their MSQC nurses, and their surgeon champions.

Author Contributions SK and KH designed the study, drafted and revised the work, approved it to be published, and agreed to be accountable to all aspects of the work. JV, PS, and NK contributed the analysis and interpretation of data, revised the work critically, approved it to be published, and agreed to be accountable to all aspects of the work.

**Funding Information** There was no direct grant support for this study, but several authors have research support:

- Dr. Hendren receives financial support for research from the American Society of Colon and Rectal Surgeons Research Foundation.

- Dr. Vu receives financial support for research from the Ruth L Kirschstein National Research Service Award (1F32DK115340-01A1).

- Dr. Suwanabol receives funding for research from the Society for Surgery of the Alimentary Tract and the American Society of Colon and Rectal Surgeons Research Foundation, and the American College of Surgeons.

- Dr. Hardiman receives funding from the National Cancer Institute, K08CA190645.

- The Michigan Surgical Quality Collaborative (the setting and data source for this research study) is funded by Blue Cross and Blue Shield of Michigan (BCBSM). By agreement, BCBSM is not provided with individual hospital performance data but sees only aggregate and deidentified data. There was no influence from BCBSM in the study design, data collection or analysis, writing, or decision to submit this work for publication.

#### **Compliance with Ethical Standards**

**Conflict of Interest** The authors declare that they have no conflicts of interest.

J Gastrointest Surg (2020) 24:2602-2612

## Appendix

 Table 3
 Diagnosis groupings by ICD9 and ICD10 codes

Diagnosis codes for surgery	ICD10 codes	ICD9 codes
Neoplasms		
Colorectal cancer	<ul> <li>'C182','C184','C186','C187',' C188','C189','Z1211',' C20','C218',' C785','Z1212',' Z85048', 'Z85048',' Z85038','C19','C785'</li> <li>'C18','C21'</li> <li>'C7A021', 'C7A022',' C7A023', 'C7A024', 'C7A025', ' C7A026','C7A029'</li> </ul>	<ul> <li>'1536','1531','</li> <li>1532','1533','1538','1539','</li> <li>V7651','1543','1541','</li> <li>1548','1975'</li> <li>'153','154'</li> </ul>
Colorectal adenomas/polyps	• 'Z85030','Z85040','D3A021', ' D3A022', 'D3A023', 'D3A024', ' D3A025', 'D3A026', 'D3A029',' K635' • 'D12'	• '2113', '2114'
Other neoplasms	<ul> <li>• (C78', (C80', (C16', (C17', 'C25'• 'C7A012',' C884', (C7A010', (C7A011', 'C7A019',' C7A020', (C26', (C260', (C269',' C451', (C480', (C481', 'C482', (C488',' C23', 'D3A0', 'D3A00', 'D3A01',' D3A010', 'D3A001', 'D3A012',' D3A019', 'D3A020', 'D371', 'D372', ' D373', 'D376', 'D378', 'D379', (C49A3',' C50912', 'C541', (C561', 'C569',' C641', 'C7A019', 'C7A020',' C7A020', 'C7A020', 'C7A020',' C7A8', 'C7A8', (C8333', 'C8333',' C8339', 'C8339', 'D1339', 'D175',' D175', 'D175', 'D1779', 'D271',' D372', 'D373', 'D3A00', 'D3A00',' D3A00', 'D3A012', 'D3A020', 'D490', 'D490', ' Z85028', 'D374', 'D375'</li> <li>• Exclude: 'C785'</li> </ul>	<ul> <li>'150','151','152','155','156',' 157','158','159','195','197',' 211','235','202','209','180',' 182','183','184','188'</li> <li>'1715','1719'</li> </ul>
Diverticular disease	C/85	
Diverticular disease	<ul> <li>'K5700','K5701','K5712','K5713','K5720',' K5721','K5732','K5733','K5740','K5741', ' K5752','K5753','K5780','K5781','K5792',' K5793'</li> <li>'K57'</li> <li>'K572', 'K5720', 'K5721', 'K573', 'K5730',' K5731', 'K5732', 'K5733', 'K574', ' K5740', 'K5741', 'K573', 'K5750', ' K5751', 'K5752', 'K5753','K578', ' K5780', 'K5781', 'K579', 'K5790', ' K5780', 'K5781', 'K579', 'K5790', ' K5713', 'K5700', 'K5701', 'K5712', ' K5713', 'K632','N321', 'N322',' N824', 'N820', 'N821', 'N823', ' N824', 'N828'</li> <li>Exclude: 'K570', 'K5700', 'K5701', 'K5711', 'K5710', ' K5711', 'K5712', 'K5713'</li> </ul>	<ul> <li>'56201', '5695', '56203', '5695',' 56201','56203', '56211', ' 5695', '56213', '5695', ' 56211', '56213', '56201', ' 56211', '5695', '56203', ' 56211', '5695', '56213', ' 56211', '5695', '56213', ' 5695', '56211', '56213', ' 5695', '56211', '56213'</li> <li>'5961', '5962', '6191', '56212', ' 5621', '5620', '56211', ' 56213', '56981', '5374',' 5622', '5620', '56200', ' 56201', '56203'</li> </ul>

## Table 3 (continued)

Inflammatory bowel disease		
IRD	<ul> <li>'K51'</li> <li>'K5000', 'K50011', 'K50012', 'K50013','</li> <li>K50014', 'K50018', 'K50019', 'K5010','</li> <li>K50111', 'K50112', 'K5080', 'K50811','</li> <li>K50812', 'K50813', 'K50814', 'K50818','</li> <li>K50819', 'K5090', 'K50911', 'K50912','</li> <li>K50913', 'K50914', 'K50918', 'K50919','</li> <li>K5180', 'K51811', 'K51812', 'K51813','</li> <li>K51814', 'K51818', 'K51819', 'K5190', '</li> <li>K51911', 'K51912', 'K51913', 'K51914','</li> <li>K51918', 'K51919'</li> </ul>	<ul> <li>'556'</li> <li>'5550','5550','5550', '5609', ' 5550','5550','5551','5695',' 5551','5609', '5551','56981',' 5551', '5695', '5551', '5551', ' 5552','552','5552', '5609',' 5552', '5552', '5609',' 5552', '5559', '56981',' 5559', '5609','5559', '5559',' 5568', '5560','5561','5568',' 5568', '5608','5568','5568',' 5568', '5609','5568','5568',' 5568', '5695','5568','56089',' 5569', '5569', '569', '5608',' 5569', '56981','5569', '5605', ' 5569', '5691','5569', '5695', '</li> </ul>
Other		
Hemorrhage	• 'K625', 'K922','K280', 'K282', 'K284', 'K286' • 'K916' • 'K9184'	• '5789', '2851', '53240', '5693', ' 56985','53784'
Obstruction/ ileus Other inflammatory disease	<ul> <li>'K40', 'K41', 'K42', 'K43', 'K44', 'K45','</li> <li>K54', 'K56'</li> <li>'K913'</li> <li>Exclude:</li> <li>'K564', 'K5641', 'K5649'</li> <li>'A00', 'A01', 'A02', 'A03', 'A04', 'A05', 'A06','</li> <li>A07', 'A08', 'A09', 'A40', 'A41', 'K52','</li> <li>K61', 'K65'</li> <li>'K51413', 'K5150', 'K5931', 'K5939', 'K5939','</li> </ul>	<ul> <li>'5373','5680','5647'</li> <li>'5510'</li> <li>'550','551','552','553','560'</li> <li>Exclude:</li> <li>'5603','56030','56032', '56039'</li> <li>'038','540','541','542','543','001','</li> <li>002','003','004','005','006','007','</li> <li>008','009','558','567'</li> <li>'566','1173','53540','5695','56983','</li> </ul>
Vascular insufficiency Diagnosis codes for readmissions and ED visits	K630', K631',K9171',M79A3',R100', R6521','T814XXA','K35', 'K352', ' K3520', 'K3521', 'K353', 'K3530', 'K3531', ' K3532', 'K3533', 'K358', 'K3580', 'K3589', ' K35890', 'K35891','K36', 'K37', 'K389',' K633','S36531A','T8132XA','T8579XA' • 'K55' ICD10 codes	95890','99592','99831','99591',' 99660','99669','9982' • '557' ICD9 codes
Acute renal failure	• 'N17','N19'	• '5840','5841','5842','5843','5844',' 5845','5846','5847','5848','5849' • '586'
Dehydration/fluid imbalance	<ul> <li>'E860','E861','E869'</li> <li>'I95'</li> <li>'R000','E87', 'E870', 'E871', 'E872','E873', ' E874', 'E875', 'E876', 'E878'</li> </ul>	• '27651' • '458' • '7802','7850','7804'
SSI	• 'T814', 'L30311', 'L03317', 'L03314', ' L03315', 'L03316', 'L03317', 'T813', ' T8130', 'T8130XA', 'T8130XD', ' T8130XS', 'T8131XA', ' T8131XD', 'T8131XS', 'T8132XS', ' T8132XA', 'T8132XD', 'T8132XS', ' T8141', 'T8141XA', 'T8141XD', ' T8141XS', 'T8142X, 'T8142XA', ' T8142XD', 'T8142XS', 'T8143XS', ' T8143XA', 'T8143XD', 'T8143XS',' T8149', 'T8149XA', 'T8149XD', ' T8149XS', 'T8142XA', 'K651', '486' • '038'	<ul> <li>'9583','9983','9985', '99851'</li> <li>'682'</li> <li>'6868', '6869','5672', '56721', ' 56722','56723', '56729'</li> <li>'L7682','99830', '99831', '99832', ' 99883'</li> </ul>
Ileus/nausea/vomiting	• 'K560','K567','R11' • 'K566' • 'K910', 'K913', 'K9130', 'K9131', 'K9132', ' K917', 'K9171', 'K9172','R110', 'R111', '	<ul> <li>'5601','7870', '7871', '7872','7873', '</li> <li>7874','5362','560', '5608', '5609','</li> <li>56089', '7870', '78701', '78702', '</li> <li>78703', '78704'</li> </ul>

Ileostomy	R1110', 'R1111', 'R1112', 'R1113', 'R1114', 'R112' • 'Z432','K941', 'K9410', 'K9411', 'K9412', ' K9413', 'K9419','K940', 'K9400', 'K9401', ' K9402', 'K9403', 'K9409', 'Z465', 'Z4659',' Z932', 'Z933',	• 'V552','5696', '56960', '56961', ' 56962', '56969','V553'
Other postoperative infections	• 'A0471', 'A0472','A0839', 'A084', 'A088',' A09','A41', 'A410', 'A4101', 'A4102',' A411', 'A412', 'A413', 'A414', 'A415', ' A4150', 'A4151', 'A4152', 'A413','A419', ' A418', 'A4181', 'A4189', 'A419','J101',' J189','K65', 'K650', 'K652', 'K658', ' K659','K750','N390','N732' • 'A04','A40'	'482', '4820', '4821', '4823', '48231', ' 48232', '48239', '4824','48240', ' 48241','48242', '48249', '4828', ' 48281', '48282', '48283', '48284', ' 48289', '4829','555', '5550', '5551', ' 5552', '5559','5990','567', '5670', ' 5671','99859'
Pain	• 'G89', 'G891', 'G8918','R10', 'R101', 'R1010', ' R1011','R1012', 'R1013', 'R102', 'R103', ' R1030', ' R1031','R1032', 'R1033', 'R108', ' R1081', 'R10811', 'R10812','R10813', ' R10814', 'R10815', 'R10816', 'R10817',' R10819', 'R1084', 'R109', 'G8929'	<ul> <li>'7890', '78900', '78901', '78902', '</li> <li>78903', '78904', '78905', '78906', '</li> <li>78907', '78909', '7896', '78960', '</li> <li>78961', '78962', '78963', '78964', '</li> <li>78965', '78966', '78967', '78969', '</li> <li>338', '3381', '33811', '33818', '</li> <li>33819', '56942', '78096'</li> </ul>

## Table 4 Hospital characteristics

Hospital characteristic	# of hospitals	% of hospitals
MAPP5_recode	No 3, yes 17	85
Medical school affiliation reported to American Medical Association MAPP8_recode	No 14, yes 6	30
Member of Council of Teaching Hospital of the Association of American Medical Colleges (COTH) MAPP18_recode	No 20	0
Critical Access Hospital MAPP19_recode	No 20	0
Rural Referral Center MEDHME_recode	No 3, yes 17	85
Does your hospital have an established medical home program? NETWRK_recode	No 5, yes 15	75
Is the hospital a participant in a network <b>PHYGP_recode</b>	No 20	0
Is hospital owned in whole or in part by physicians or a physicians group admtot_grp4_flag	Lower quartiles 5,	75
Total facility admissions bdtot_grp4_flag	highest quartile 15 Lower quartiles 6,	70
Total facility beds set up and staffed at the end of reporting period <b>genbd_grp4_flag</b>	highest quartile 14 Lower quartiles 8,	60
General medical and surgical (adult) beds hospbd_grp4_flag	highest quartile 12 Lower quartiles 6,	70
Total hospital beds Ibedsa_grp4_flag	highest quartile 14 Lower quartiles 6,	70
Licensed Beds Total Facility mcddc_grp3_flag	highest quartile 14 Lower tertiles 3,	85
Total facility Medicaid discharges rehabbd_grp3_flag	highest tertile 17 Lower tertiles 9,	55
Physical Rehabilitation care beds snbd88_grp2_flag	highest tertile 11 No 18, yes 2	10
Skilled nursing care beds suropip_grp4_flag	Lower quartiles 6, highest quartile 14	70
suropop_grp4_flag	Lower quartiles 8, highest quartile 12	60
suroptot_grp4_flag Total surgical operations	Lower quartiles 6, highest quartile 14	70

## References

- Gwen B. Turnbull R, BS. The Ostomy Files: Ostomy Statistics: The \$64,000 Question. Ostomy Wound Management. 2003 6/1/ 2003;49(6).
- 2. Fish DR, Mancuso CA, Garcia-Aguilar JE, et al. Readmission After Ileostomy Creation: Retrospective Review of a Common and Significant Event. Ann Surg. 2017 Feb;265(2):379-87.
- Glasgow MA, Shields K, Vogel RI, Teoh D, Argenta PA. Postoperative readmissions following ileostomy formation among patients with a gynecologic malignancy. Gynecologic oncology. 2014 Sep;134(3):561-5.
- Hayden DM, Pinzon MC, Francescatti AB, et al. Hospital readmission for fluid and electrolyte abnormalities following ileostomy construction: preventable or unpredictable? J Gastrointest Surg. 2013 Feb;17(2):298-303.
- Iqbal A, Sakharuk I, Goldstein L, et al. Readmission After Elective Ileostomy in Colorectal Surgery Is Predictable. JSLS. 2018 Jul-Sep;22(3).
- Justiniano CF, Temple LK, Swanger AA, et al. Readmissions With Dehydration After Ileostomy Creation: Rethinking Risk Factors. Diseases of the colon and rectum. 2018 Nov;61(11):1297-305.
- Li W, Stocchi L, Cherla D, et al. Factors associated with hospital readmission following diverting ileostomy creation. Tech Coloproctol. 2017 Aug;21(8):641-8.
- Messaris E, Sehgal R, Deiling S, et al. Dehydration is the most common indication for readmission after diverting ileostomy creation. Diseases of the colon and rectum. 2012 Feb;55(2):175-80.

- Paquette IM, Solan P, Rafferty JF, Ferguson MA, Davis BR. Readmission for dehydration or renal failure after ileostomy creation. Diseases of the colon and rectum. 2013 Aug;56(8):974-9.
- Nagle D, Pare T, Keenan E, Marcet K, Tizio S, Poylin V. Ileostomy pathway virtually eliminates readmissions for dehydration in new ostomates. Diseases of the colon and rectum. 2012 Dec;55(12): 1266-72.
- 11. Collaborative MSQ. 2019 MSQC Program Manual. Available at: https://reports.msqc.org/Registry/content/resources?menuId=3025. Accessed March 6, 2019, 2019.
- Cross IB. Inpatient hospital readmission policy changes: Frequently asked questions. Available at: http://provcomm.ibx.com/ P r o v C o m m / P r o v C o m m . n s f / 0 / 0a79cfe370afd5d1852581670054a350/\$FILE/IBC\_Inpatient% 20readmissions%20FAQ\_20170816.pdf. Accessed October 7, 2018.
- CMS.gov. Readmissions Reduction Program (HRRP). Available at: https://www.cms.gov/medicare/medicare-fee-for-service-payment/ acuteinpatientpps/readmissions-reduction-program.html. Accessed October 7, 2018.
- van Walraven C, Bennett C, Jennings A, Austin PC, Forster AJ. Proportion of hospital readmissions deemed avoidable: a systematic review. CMAJ. 2011 Apr 19;183(7):E391-402.
- Shaffer VO, Owi T, Kumarusamy MA, et al. Decreasing Hospital Readmission in Ileostomy Patients: Results of Novel Pilot Program. J Am Coll Surg. 2017 Apr;224(4):425-30.

Publisher's Note Springer Nature remains neutral with regard to jurisdictional claims in published maps and institutional affiliations.