

Identification of Patients at Risk for Development of Tertiary Peritonitis on a Surgical Intensive Care Unit

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Abstract

Background Tertiary peritonitis (TP) is defined as a severe recurrent or persistent intra-abdominal infection after adequate surgical source control of secondary peritonitis (SP). The aim of this study was to analyze the characteristics of patients with SP who will further develop TP in order to define early diagnostic markers for TP.

Study Design Over a 1-year period, all patients on the surgical intensive care unit (ICU) with SP were prospectively assessed for the development of TP applying the definition of the ICU consensus conference. The Mannheim Peritonitis Index (MPI), C-reactive protein (CRP) and Simplified Acute Physiology Score II (SAPS II) were assessed at the initial operation (IO) that was diagnostic for SP and in the postoperative period.

Results Among 69 patients with SP, 15 patients further developed TP, whereas 54 patients did not develop TP. Compared to SP, patients with transition to TP had significantly higher MPI at IO (28.6 vs. 19.8; $p < 0.001$), relaparotomy rate (2.00 vs. 0.11; $p < 0.001$), mortality (60% vs. 9%; $p < 0.001$), duration of ICU stay (14 vs. 4 days; $p < 0.005$), as well as SAPS II (45.1 vs. 28.4; $p < 0.005$) and CRP (265 mg/dL vs. 217 mg/dL; $p < 0.05$) on the second postoperative day after IO.

Conclusions The MPI at IO as well as CRP and SAPS II at the second postoperative day helps to identify patients at risk for tertiary peritonitis.

Keywords C-reactive protein · SAPS II ·
Mannheim Peritonitis Index · Sepsis · Secondary peritonitis

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Abbreviations

CRP	C-reactive protein
ICU	Intensive care unit
IO	Initial operation
MPI	Mannheim Peritonitis Index
SAPS II	Simplified Acute Physiology Score II
SP	Secondary peritonitis
TP	Tertiary peritonitis
SP patient	Patient with SP who did not further develop TP
TP patient	Patient with SP who further developed TP

Introduction

Definition of Tertiary Peritonitis

Peritonitis is one of the most frequent diagnoses on a surgical intensive care unit leading to severe sepsis.¹ It is defined as an intra-abdominal peritoneal infection and can be classified into three major groups—primary, secondary,

and tertiary peritonitis. Primary peritonitis—also referred to as spontaneous bacterial peritonitis—arises in the absence of an identifiable anatomical derangement and has a low incidence on surgical intensive care units. The most frequent entity is secondary peritonitis (SP) which is defined as an infection of the peritoneal cavity resulting from perforation, anastomotic disruption, ischemic necrosis, or other injuries of the gastrointestinal tract.² Operative therapy is the treatment of choice and comprises surgical source control of the infectious focus and reduction of the bacterial load. Tertiary peritonitis (TP) is less common and is defined as a severe recurrent or persistent intra-abdominal infection after apparently successful and adequate surgical source control of SP.² It is characterized by a prolonged systemic inflammation and organ dysfunction leading to a high rate of SIRS, sepsis, severe sepsis, or septic shock.^{1,3} As a result, mortality of TP ranges between 30% and 64%.^{2,4,5} The microbial flora encountered in TP is different from SP and displays mostly opportunistic and nosocomial facultative pathogenic bacteria and fungi (e.g., *Enterococci*, *Enterobacter*, *Candida*). Due to broad-spectrum antibiotic therapy, a significant proportion of microbes develop multi-resistance to antibiotics.

Diagnosis of TP

It is often difficult to differentiate between SP and TP since there is a continuum between both clinical situations and the exact time point when SP turns into TP is often missed. Figure 1 illustrates different clinical scenarios for patients with SP. If SP is diagnosed during an operation—which is referred to as “the initial operation” (IO) in this context—the patient will receive surgical source control (e.g., Hartmann’s procedure for colonic perforation). If surgical source control is successful, the majority of patients will recover. However, a subset of patients will develop clinical signs of recurrent or persistent intra-abdominal infection in spite of apparently successful source control, which often results in a reoperation. During subsequent relaparotomies, recurrent or persistent peritonitis is encountered in spite of adequate and successful surgical source control during the IO. This form of peritonitis is referred to as TP. Importantly, the diagnosis of TP can only be made in the absence of an obvious anatomical defect or disruption of the gastrointestinal hollow viscera; otherwise, the peritonitis has to be classified as ongoing SP—characterized by a primary failure of surgical source control (e.g., breakdown of the closure of the Hartmann’s pouch or breakdown of the suture repair following gastric perforation; Fig. 1). In fact, the most frequent way to diagnose TP, is a “planned” or “on demand” relaparotomy, which is performed in the interval after the IO (Fig. 1).^{6,7} However, a relaparotomy—either “planned” or “on demand”—may represent a late event in the management of peritonitis, and it is not

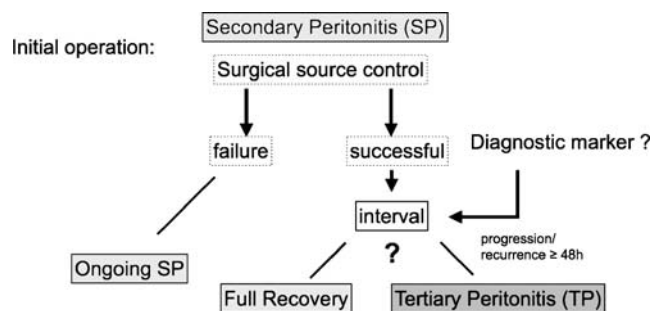


Figure 1 The diagnostic criteria for tertiary peritonitis (TP) and the diagnostic challenge.

necessarily the first relaparotomy after the IO when TP is encountered. Therefore, timely—non-operative—diagnosis of TP after the IO and subsequent initiation of an appropriate therapy may help to reduce the complication rate and to improve the prognosis. It is desirable to identify patients at risk for developing TP as early as possible or at least during the first days after the IO for SP.

Diagnostic Challenge

The value of clinical and laboratory parameters and scoring systems for sufficient diagnosis and monitoring of TP is still discussed controversially.⁵ However, the intensive care unit (ICU) consensus conference provided three categories for the diagnostic certainty of TP: “microbiologically confirmed”, “probable”, and “possible”.² The Mannheim Peritonitis Index (MPI) represents a scoring system that estimates the severity and prognosis of secondary peritonitis at the onset of SP. It is applied easily under routine conditions during initial surgery for SP in the operating room. It was developed and first described in 1987 by Linder et al.⁸ and validated in several studies for SP.^{9,10} Recent studies reported encouraging results for the Mannheim Peritonitis Index regarding detection patients at risk for TP.^{11,12} Another score that has shown a potential to be successfully applied in TP is the Simplified Acute Physiology Score II (SAPS II) score.¹² It was initially designed to predict mortality and disease severity of critically ill patients on surgical intensive care units.^{13,14} Laboratory parameters like C-reactive protein or procalcitonin have rarely been evaluated in the diagnosis of TP.^{5,15}

However, there is still a lack of studies addressing the identification of risk factors for patients prone to develop TP. It would be desirable to have diagnostic markers that could predict at the onset of peritonitis—during the initial operation or the first postoperative days after—whether the individual patient will develop TP or not (Fig. 1).

The aims of this study were therefore (1) to compare patients’ characteristics, clinical outcome and microbial flora of patients with SP and TP and (2) to investigate the efficacy of clinical and laboratory parameters like C-reactive protein,

Mannheim Peritonitis Index and SAPS II to early identify patients with SP at risk for the development of TP.

Material and Methods

Study Population and Definition of Secondary/Tertiary Peritonitis

During a 1-year period (01.01.2006–31.12.2006), all patients admitted to the surgical intensive care unit with a SP were recorded in a prospective database. Due to hospital policy, all patients with a secondary peritonitis are mandatorily admitted to the surgical intensive care unit—for at least 24 h. SP had to be diagnosed during a laparotomy, which was referred to as the IO (Fig. 1). During follow-up, patients with SP were continuously analyzed for the diagnosis of TP—in accordance with the “International Sepsis Forum Consensus Conference”.² TP was therefore defined as intra-abdominal infection that persists or recurs ≥ 48 h following successful and adequate surgical source control during the IO.² As indicated in Fig. 1, patients with an obvious failure of surgical source control after the IO or following procedures (e.g., insufficiency of the rectal stump, anastomotic insufficiency, etc.) were considered as ongoing SP and not as TP.

Demographic data, origin of peritonitis and intra-operative findings during IO, type of surgical procedure performed during IO, antibiotic treatment, and follow-up procedures like relaparotomies were collected. In order to assess the severity of peritonitis as early as at the IO, the Mannheim Peritonitis Index was calculated routinely during the IO as previously described.^{8,9} Furthermore, C-reactive protein was monitored daily during the first three postoperative days and on postoperative day 7 after IO. SAPS II scores were recorded during the first three postoperative days after IO as previously described.¹⁴ Mortality was defined as any death during postoperative hospitalization. Furthermore, intra-operative specimens of abdominal fluid were analyzed by standard microbiological techniques.

Statistical Analysis

Results for the Mannheim Peritonitis Index were expressed as median and displayed in box plots. Box plots are representing the lower, median, and upper quartile whereas whiskers indicate the 10th–90th percentile. Outliers are illustrated by dots. Age, body mass index, Mannheim Peritonitis Index, intensive care unit stay, and the number of relaparotomies per patient were compared by Mann–Whitney test. Frequencies for co-morbidities, underlying malignancy as well as mortality data, frequency of relaparotomies and frequency of specific bacteria were compared by Fisher's exact test. C-reactive protein values and SAPS II scores

are expressed as means \pm SEM and compared by *T* test. *p* values ≤ 0.05 were considered statistically significant. To determine the diagnostic accuracy of the Mannheim Peritonitis Index measurement during initial operation as well as C-reactive protein and SAPS II measurements 2 days after initial operation, for the distinction between TP and SP, corresponding receiver operating characteristic curves were calculated. Furthermore, the area under the receiver operator characteristic curve was defined. Cut-off values for the Mannheim Peritonitis Index, C-reactive protein, and SAPS II with the corresponding sensitivity, specificity, and confidence intervals were given. Data were processed with SPSS 16.0/GraphPadPrism 5.

Results

Demographic Data of the Study Population

Over a 1-year period (2006), 1,091 patients were admitted to the surgical intensive care unit. Among the 1,091 intensive care unit patients, 69 were diagnosed having SP. The diagnosis of SP was made intra-operatively in all 69 patients during the IO. Among those, 15 patients (21.7%) further developed TP—according to the ICU consensus conference definition.² These patients were referred to as TP patients throughout this study. The remaining 54 patients with SP (78.3%) did not develop TP and were therefore referred to as SP patients. Demographic data of the study population are summarized in Table 1. There was no significant difference in gender distribution, age, body mass index, cardiovascular and pulmonary co-morbidities as well as malignant diseases between SP and TP patients (Table 1).

Etiology and Source of Peritonitis

Etiologies and infection source of secondary peritonitis for all patients ($n=69$) found at the IO are depicted in Fig. 2, separately for TP patients ($n=15$) and SP patients ($n=54$). The majority of patients had perforated diverticulitis or other colonic perforations at the IO. Less frequent were other causes like gastric/duodenal perforations, anastomotic insufficiencies, or appendicitis. However, there was no significant difference in terms of anatomical site and source of infection between TP and SP patients.

Detailed Characteristics of TP patients

Detailed patient characteristics of TP patients are summarized in Table 2. In only one out of the 15 patients (6.7%), TP was diagnosed non-operatively. In this patient (patient #14), the diagnosis of TP was made 5 days after the IO by clinical signs of infection and laboratory and CT radiographic

Table 1 Demographic Data of Patients with Secondary Peritonitis Who Further Developed Tertiary Peritonitis (TP Patients) and Who Did not Develop Tertiary Peritonitis (SP Patients)

	SP patients	TP patients	
Patients	78.3% (n=54)	21.7% (n=15)	
Female	53.7% (n=29)	60.0% (n=9)	n.s.
Male	46.3% (n=25)	40.0% (n=6)	n.s.
Median age (range), years	72 (14–93)	76 (37–96)	n.s.
Mean age (±SD), years	67.1 (±18.3)	70.0 (±18.6)	n.s.
Mean BMI (±SD)	25.0 (±5.7)	25.0 (±3.4)	n.s.
Cardiovascular co-morbidity (%)	74.1	73.3	n.s.
Pulmonary co-morbidity (%)	38.9	53.3	n.s.
Malignancy (%)	22.2	13.3	n.s.

BMI body mass index, SD standard deviation, n.s. not significant

measurements. In the remaining 14/15 patients (93.3%), TP was diagnosed intra-operatively by relaparotomies after the IO (either first or second relaparotomy; Table 2). As required by the ICU consensus conference definition of TP, these patients showed persistent or recurrent peritonitis ≥48 h following successful and adequate surgical source control which was achieved during IO.² There was no failure of surgical source control of the IO (e.g., insufficiency of the rectal stump, anastomotic insufficiency, etc.). The median time period between initial operation and diagnosis of TP was 87 h (range 48–338 h).

Severity, Clinical Course, and Outcome of Secondary and Tertiary Peritonitis

The mean Mannheim Peritonitis Index, which was recorded at the IO in all patients (n=69), revealed significant higher values for TP patients (28.6±SD 7.0; median 20, range 17–39)

compared to SP patients (19.8±SD 8.2; median 20, range 4–37; p<0.001, Mann–Whitney test) as illustrated in Fig. 3. Elevated severity of peritonitis at the IO of TP patients was paralleled by a higher frequency of relaparotomies following the IO (14/15 patients; 93.3%) compared to SP patients (5/54 patients; 9.3%; p<0.001; Fisher’s exact test; Table 3). The mean number of relaparotomies following IO per patient was 2.00 (±0.93 SD) for TP patients compared to 0.11 (±0.37 SD) for SP patients (p<0.001; Mann–Whitney test; Table 3). All relaparotomies in the five SP patients were “programmed relaparotomies”. In the TP group, there were nine patients with “programmed relaparotomies” and five patients with “on demand relaparotomies” that were initiated by clinical detection. As a consequence, the concept of “programmed relaparotomies” was applied with a significantly higher frequency in TP patients (60.0%) compared to SP (9.3%; p<0.001; Fisher’s exact test; Table 3). The timing and chronology of relaparotomies in relation to the IO is illustrated

Figure 2 Etiology and infection source of secondary peritonitis found at the initial operation for patients who further developed tertiary peritonitis (TP; n=15) and for patients who did not (SP; n=54). Definitions of TP and SP are according to the ICU consensus conference.

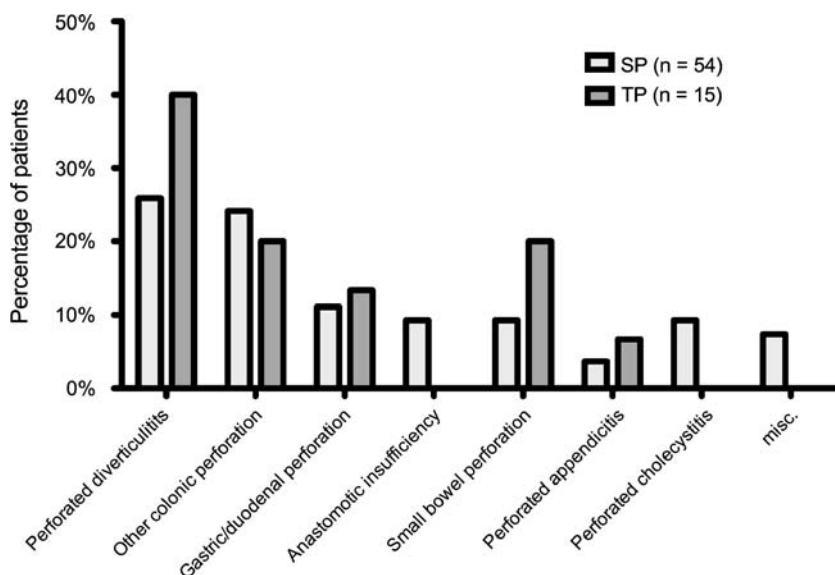


Table 2 Detailed Clinical Data for Patients with Tertiary Peritonitis ($n=15$)

Patient no.	Age (years)	Sex	Diagnosis at initial operation (IO)	Initial operation (IO)	MPI at IO	Num. relap.	1st relap (h)	2nd relap (h)	Diag. TP (h)	ICU stay (days)	f/u (days)
1	85	f	Perforated diverticulitis with ileocecal abscess	Hartmann's procedure + ileocecal resection	33	2	56	96	56	30	Died (30)
2	76	f	Rectum perforation and ischemic ileocecal region	Subtotal colectomy with terminal ileostomy	35	1	48	n.a.	48	3	Died (5)
3	80	f	Perforation of the ascending colon	Right hemicolectomy with terminal ileostomy and colostomy (mucous fistula)	23	4	41	87	87	77	Surv.
4	89	f	Gastric ulcer perforation	Gastric resection (Billroth II)	33	2	41	233	233	10	Died (10)
5	80	f	Perforated diverticulitis with multiple interenteric abscesses and small bowel perforations	Hartmann's procedure + 2 small bowel resections with primary anastomoses	37	2	338	386	338	17	Died (17)
6	50	m	Perforated diverticulitis with interenteric abscesses	Hartmann's procedure	23	2	42	144	144	16	Surv.
7	37	m	Perforated appendicitis	Open appendectomy	20	2	36	90	90	10	Surv.
8	83	f	Perforated diverticulitis	Hartmann's procedure	35	2	52	120	52	6	Died (6)
9	72	m	Colostomy perforation following parastomal hernia repair	Segmental resection of descending colon, colostomy redo	23	2	42	89	89	27	Surv.
10	67	f	Ileal perforation following subtotal colectomy and ileo-rectal anastomosis (anastomosis intact)	Loop ileostomy	39	2	49	99	49	36	Died (36)
h11	48	f	Ileal perforation following anterior rectum resection (anastomosis intact)	Closure of perforation, lavage	17	3	58	131	58	10	Surv.
12	37	m	Small bowel perforation due to briden ileus, Crohn's disease	Ileocecal resection, loop ileostomy	20	3	36	96	96	13	Surv.
13	70	f	Perforated diverticulitis	Hartmann's procedure	29	2	86	264	86	34	Died (38)
14	80	m	Gastric perforation due to advanced gastric cancer	Closure of perforation	32	0	n.a.	n.a.	120 ^a	9	Died (9)
15	96	m	Perforated diverticulitis	Hartmann's procedure	30	1	60	n.a.	60	2	Died (3)

f female, m male, IO initial operation, MPI Mannheim Peritonitis Index, Num. Relap. number of relaparotomies, 1st/2nd relap Time period between initial operation and first/second relaparotomy in hours, Diag. TP time period between initial operation and diagnose of tertiary peritonitis (TP), f/u follow-up, Surv. patient still alive, Died (x) patient died x days after the initial operation in the hospital

^aDiagnosis of TP was made based in clinical and laboratory findings only (patient # 14)

in Fig. 4. Impaired outcome of TP patients compared to SP patients was paralleled by significantly longer hospitalization on the intensive care unit, since median intensive care unit stay for TP patients was 13 days (range 3–77 days) compared to 4 days (range 1–50 days) for SP patients ($p=0.002$, Mann–Whitney test; Table 3). Compared to SP patients, TP patients were characterized by higher frequency of multi-organ failure (73.3% vs. 18.5%; $p\leq 0.001$, Fisher's exact test) and higher mortality (60.0% vs. 9.3%; $p\leq 0.001$, Fisher's exact test; Table 3). All deaths in the TP group (9/15) were due to septic multi-organ failure as a result of tertiary peritonitis. There were no autopsies performed.

Microbiological Data

Figures 5 and 6 illustrate the microbiological spectrum of microbial isolates obtained from the IO and the antibiotic therapy initiated during the IO—separately for TP patients ($n=15$ specimens) compared to SP patients ($n=54$ specimens). The distribution of microbiological species at the time of the IO did not differ significantly between TP and SP patients with the exception of *Escherichia coli*. There was a significantly higher proportion of *E. coli* in isolates from TP patients compared to SP patients (73.3% vs. 37.0%; $p\leq 0.05$; Fisher's exact test; Fig. 5). As depicted in Fig. 6, antibiotic

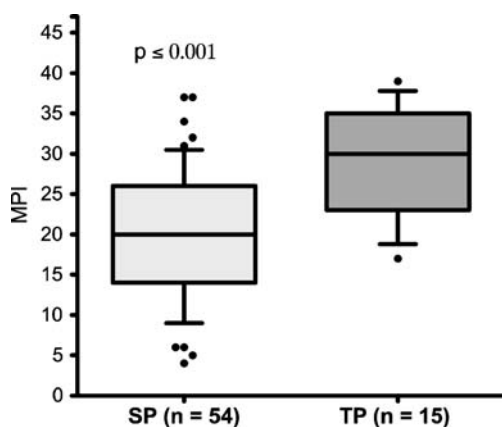


Figure 3 Mannheim Peritonitis Index (MPI) at the initial operation. Significantly higher MPI values for patients who further developed tertiary peritonitis (TP; $n=15$) compared to patients who did not (SP; $n=54$; $p \le 0.001$; Mann–Whitney test). Boxes represent the lower, median, and upper quartiles; whiskers indicate the 10th–90th percentile and outliers are illustrated by dots.

therapy initiated during IO after detection of secondary peritonitis did not differ significantly between TP and SP patients. The majority of patients were treated with imipenem/cilastatin (SP 27.8%; TP 46.7%; $p=0.21$; Fisher’s exact test) or piperacillin/tazobactam (SP 51.9%; TP 53.3%; $p=1.00$; Fisher’s exact test). Figure 7 delineates the changes in the microbiological spectrum in TP patients compared to SP patients. This analysis compares isolates of TP patients from the relaparotomy that was diagnostic for TP and isolates from the IO of SP patients ($n=54$ specimens). In the TP group ($n=15$ patients), only 11 specimens were obtained during relaparotomy and could be included into the analysis. There was a significant microbiological shift towards *Enterococcus* and *Candida* species in TP with significantly higher proportions of *Enterococcus* ($*p \le 0.05$; Fisher’s exact test) and *Candida* ($**p \le 0.01$; Fisher’s exact test) in TP patients compared to SP patients (Fig. 7).

Laboratory Parameters

The mean C-reactive protein (\pm SEM) during the first postoperative days after the IO (postoperative day 1–postoperative day 7) was significantly higher in TP patients (204 ± 13 mg/L) compared to SP patients (166 ± 8 mg/L; $p \le 0.05$, *T* test). The time course of C-reactive protein values during the first postoperative days after the IO is displayed in Fig. 8 for SP and TP patients. Both curves decline from preoperative values to postoperative day 1. On the second postoperative day, C-reactive protein is at its maximum and again declining over the next days. Although both curves run parallel to each other, mean C-reactive protein values for TP patients are significantly higher compared to SP patients on the second postoperative day

(265 ± 17 vs. 217 ± 12 mg/L; $p=0.05$, *T* test) and on postoperative day 7 (174 ± 23 vs. 119 ± 11 mg/L; $p=0.03$, *T* test; Fig. 8).

The mean SAPS II score (\pm SEM) during the first three postoperative days after the IO operation was significantly higher in TP patients (46.1 ± 3.7) compared to SP patients (29.7 ± 2.0) ($p \le 0.001$, *T* test). The time course of SAPS II values during the first three postoperative days after the initial operation is depicted in Fig. 9. SAPS II scores for TP patients on the first (47.1 ± 4.2), second (45.1 ± 4.0), and third postoperative days (44.9 ± 4.0) were significantly higher compared to SP patients on the respective days (30.7 ± 2.1 , 28.4 ± 2.0 , and 30.3 ± 2.5 , respectively; $p \le 0.001$, $p \le 0.001$, and $p=0.004$, respectively; *T* test; Fig. 9).

Early Detection of Tertiary Peritonitis

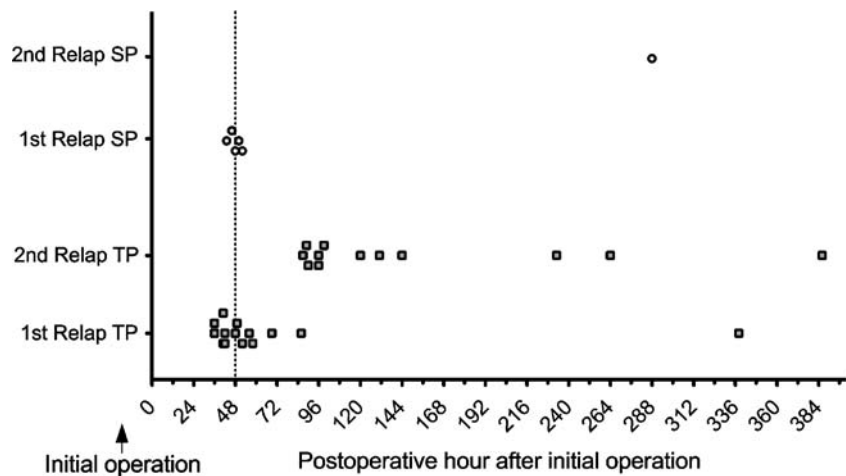
In order to asses to what extent intra-operative Mannheim Peritonitis Index measurement during the IO and C-reactive protein and SAPS II measurements on postoperative day 2 could differentiate between TP patients and SP patients, the corresponding receiver operating characteristic curve was constructed and the area under the receiver operator characteristic curve was calculated. The area under the receiver operator characteristic curve for the Mannheim Peritonitis Index at the initial operation was 0.794 (95% confidence interval= $0.672-0.915$; $p \le 0.001$). A sensitivity of 80.0% and specificity of 68.5% were achieved with a Mannheim Peritonitis Index cut-off value of 22 (Table 3). The area under the receiver operator characteristic curve for C-reactive protein and SAPS II on the second postoperative

Table 3 Clinical Course and Outcome of Patients with Secondary and Tertiary Peritonitis

	Secondary Peritonitis	Tertiary Peritonitis	
Patients	78.3% ($n=54$)	21.7% ($n=15$)	
Frequency of relaparotomy	9.3% ($n=5$)	93.3% ($n=14$)	$p \le 0.001$
Relaparotomy/patient (\pm SD)	0.11 (± 0.37)	2.00 (± 0.93)	$p \le 0.001$
Frequency of “programmed” relaparotomy	9.3% ($n=5$)	60.0% ($n=9$)	$p \le 0.001$
Frequency of “on demand” relaparotomy	0% ($n=0$)	33.3% ($n=5$)	$p \le 0.001$
Median ICU stay (range)	4 days (1–50)	13 days (3–77 years)	$p=0.002$
Frequency of MOF	18.5%	73.3%	$p \le 0.001$
Mortality	9.3%	60.0%	$p \le 0.001$

SD standard deviation, ICU intensive care unit, MOF multiple organ failure

Figure 4 Timing and chronology of the first relaparotomy (1st Relap) and second relaparotomy (2nd Relap) for patients who further developed tertiary peritonitis (TP; n=15) compared to patients who did not (SP; n=54) in relation to the initial operation. Each dot represents an individual patient.



day after initial operation was 0.696 (95% confidence interval=0.562–0.830; $p=0.02$) and 0.797 (95% confidence interval=0.634–0.960; $p\leq 0.001$), respectively. A cut-off value for C-reactive protein of 215 mg/L led to a sensitivity of 80.0% and a specificity of 57.4%. A cut-off value of 39 for the SAPS II score revealed a sensitivity of 80.0% with a specificity of 74.5% (Table 4).

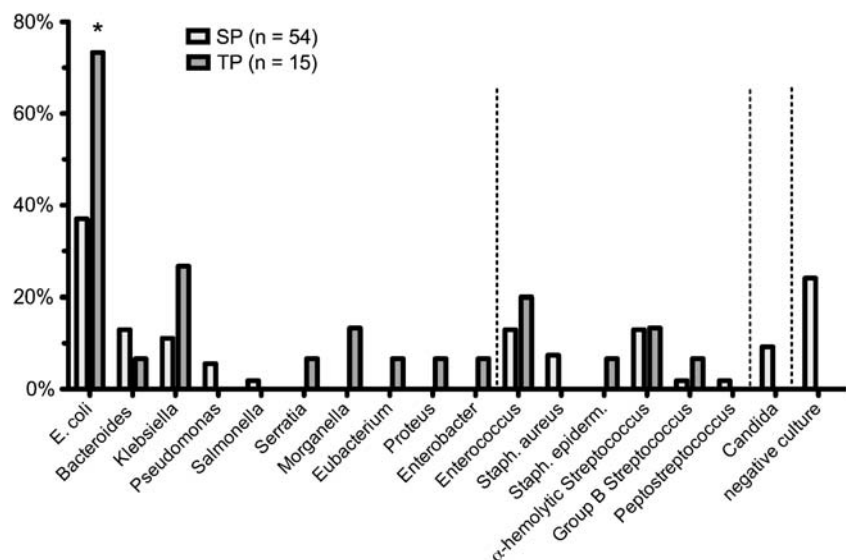
Discussion

Definition of Tertiary Peritonitis

The standard treatment for SP is an immediate laparotomy with surgical source control and antibiotic therapy. However, a few patients will develop a clinical syndrome—also referred to as TP, which is characterized by a persistent intra-abdominal infection, an altered microbial flora, failure of the immune response, and progressive organ dysfunction

leading to high mortality. There is still an ongoing debate about the definition of TP. In fact, some opinions deny the existence of TP as a distinct entity. In the past, TP has simply been defined as failed surgical source control or inadequate antibiotic therapy of SP. Other definitions emphasized the impaired host response to peritoneal infection.¹⁶ This heterogeneity of definitions resulted in varying inclusion criteria and incommensurable results in clinical studies focusing on TP.⁵ In the current study, we applied the latest ICU consensus conference guideline that provides a precise definition. TP was defined as intra-abdominal infection that persists or recurs ≥ 48 h following successful and adequate surgical source control.² This definition contains two essential conditions, which have to be met: the time period (≥ 48 h) and successful surgical source control. Although the ICU guideline does not provide further explanation for “successful surgical source control”,² our interpretation of this term was a complete and sustainable eradication of the surgical focus. If a patient

Figure 5 Microbiological spectrum of microbial isolates obtained from the initial operation. Comparison between patients who further developed tertiary peritonitis (TP; n=15 specimens) compared to patients who did not (SP; n=54 specimens). Significantly higher proportion of *E. coli* in TP compared to SP (* $p\leq 0.05$; Fisher’s exact test). Dotted lines separate gram-negative bacteria, gram-positive bacteria, and fungi.



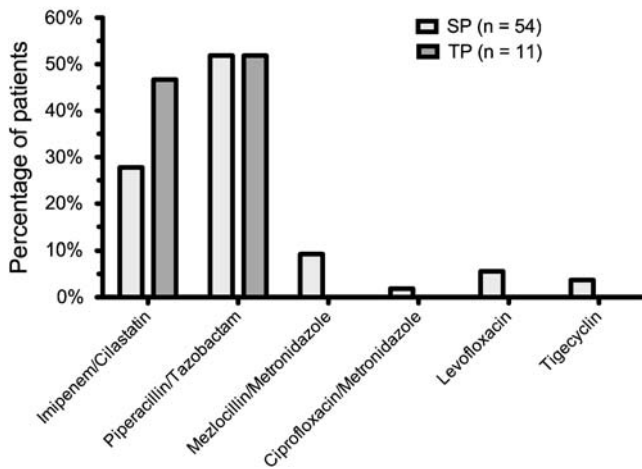


Figure 6 Antibiotic treatment initiated during the initial operation at the onset of secondary peritonitis. There was no difference in the antibiotic spectrum between patients who further developed tertiary peritonitis (TP; n=15) compared to patients who did not (SP; n=54 specimens; Fisher’s exact test).

presented—during relaparotomy or clinically—with an obvious failure of previous surgical source control in terms of a “technical problem”, this patient was not classified as TP but as SP patient. Other examples of “failure of surgical source” control comprise insufficiency of the rectal stump after Hartmann’s procedure, anastomotic insufficiency, or other technical problems that lead to disruption of the physical integrity of the gastrointestinal hollow organs.

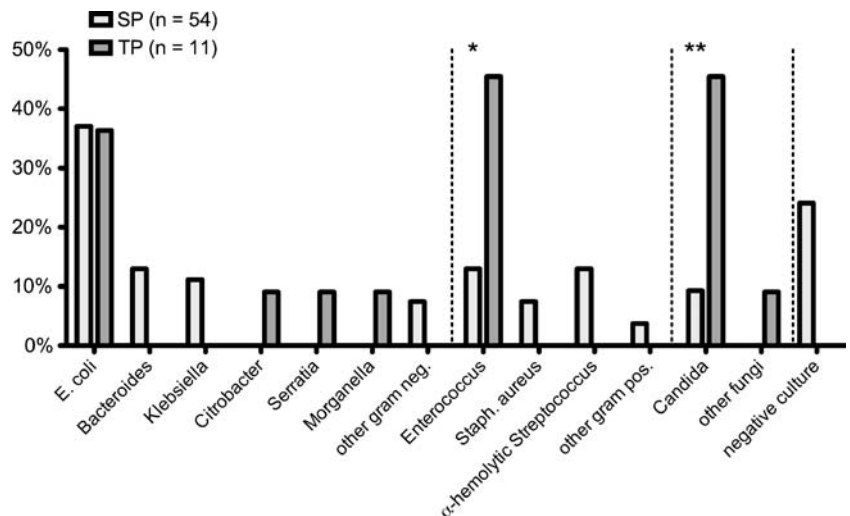
Nevertheless, there is consensus that SP and TP exist in a continuum and the transition between both may be quite subtle. Although TP may be diagnosed during relaparotomy as a simple discrete point in the illness, in reality, it evolves gradually over several hours or days. In the current study, TP was diagnosed during relaparotomy in 14/15 patients. Only one patient was diagnosed having TP by clinical and laboratory measures 120 h after initial operation. For all

patients with TP, the time interval between the initial operation and the diagnosis of TP was 87 h (median) and thus considerably long. In addition, it is important to emphasize that in six patients the diagnosis was made not until the second relaparotomy, while during the first relaparotomy the intra-abdominal situation was estimated innocuously. It was therefore the aim of this study to compare clinical and laboratory parameters between patients with SP who will further develop TP (TP patients) and who will not (SP patients). The necessity to define early predictors for TP becomes evident looking upon the devastating mortality rate for TP of 60% encountered in this study, which was relatively high compared to other studies—reporting mortality rates ranging between 27% and 64%.^{11,12,17} We also observed a clear relationship between peritonitis type (TP vs. SP) and mortality, which was in contrast to other publications.¹⁶

Risk Factors and Microbial Flora of TP

Several epidemiologic and clinical risk factors have already been identified that might predispose to TP, which include age, etiology of peritonitis, malnutrition, and multi-resistant microorganisms.¹⁵ With regard to the patient’s age or etiology and infection source of peritonitis, we were unable to detect significant differences between TP and SP. Concerning the microbial flora encountered in the initial operation, we did only find a higher proportion of *E. coli* in TP patients compared to SP patients. All other bacteria were equally distributed. It has recently been shown that there is a microbial shift in TP towards *Enterococcus*, *Enterobacter*, *Pseudomonas*, *Candida albicans* and other opportunistic bacteria and fungi.^{11,12,17} However, in this study, we could only demonstrate a significant shift towards *Enterococcus* and *C. albicans* between patients who suffered from TP compared to SP. In our opinion,

Figure 7 Comparison of the microbiological spectrum between secondary peritonitis (SP) and tertiary peritonitis (TP). The microbial isolates of patients with TP were obtained from the relaparotomy that was diagnostic for TP (n=11 specimens). Isolates of patients with SP were obtained from the initial operation (n=54 specimens). Significantly higher proportion of *Enterococcus* (*p<0.05; Fisher’s exact test) and *Candida* (**p<0.01; Fisher’s exact test) in TP compared to SP. Dotted lines separate gram-negative bacteria, gram-positive bacteria, and fungi.



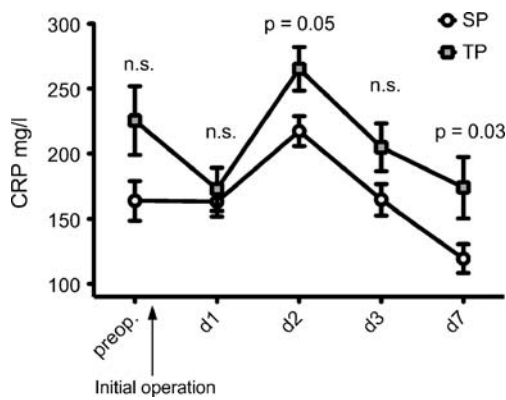


Figure 8 Time course of C-reactive protein (CRP) in the perioperative period of the initial operation in patients who further developed tertiary peritonitis (TP) and patients who did not (SP). Mean CRP \pm SEM values are indicated preoperatively (*preop.*) and on postoperative days 1, 2, 3, and 7 (*d1*, *d2*, *d3*, and *d7*). Significantly higher CRP values for TP compared to SP on the second postoperative day ($p=0.05$) and postoperative day 7 ($p=0.03$; *T* test).

microbiology is not suited as an early diagnostic marker for the identification of patients at risk for TP, since microbiological studies—including resistance analysis—take up to 1 week. Nevertheless, future studies will be necessary to investigate the microbial shift as well as the antibiotic resistance data in our patients.

Predictive Parameters for TP

In the current study, we analyzed three early and easily accessible parameters for identification of patients who might further develop TP: Mannheim Peritonitis Index, SAPS II, and C-reactive protein. Some might argue that due to persisting systemic inflammation repeated surgical procedures or intermittent nosocomial infections, the value of clinical (Mannheim

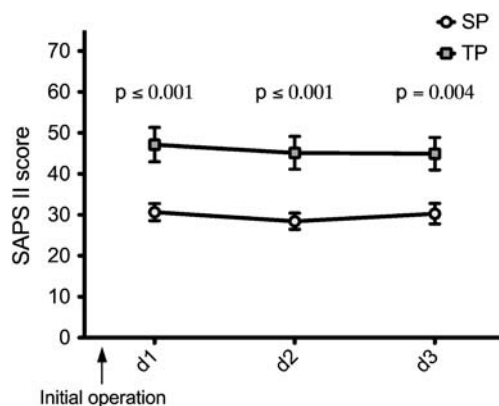


Figure 9 Time course of SAPS II scores in the postoperative period after the initial operation in patients who further developed tertiary peritonitis (TP) and patients who did not (SP). Mean SAPS II scores \pm SEM values are indicated on the first three postoperative days (*d1–d3*). Significantly higher SAPS II scores for TP compared to SP during the whole period ($p \leq 0.001$, $p \leq 0.001$, and $p = 0.004$, respectively; *T* test).

Table 4 Diagnostic Accuracy of MPI at Initial Operation and CRP/SAPS II on the Second Postoperative Day for the Discrimination Between Tertiary Peritonitis and Secondary Peritonitis

	Cut-off value	Sensitivity (%)	Specificity (%)	LR+
MPI	22	80.0 [51.9–95.7]	68.5 [54.5–80.5]	2.54
CRP	215 (mg/L)	80.0 [51.9–95.7]	57.4 [43.2–70.8]	1.88
SAPS II	39	80.0 [51.9–95.7]	74.5 [59.7–86.1]	3.13

Values in square brackets are 95% confidence interval

MPI Mannheim Peritonitis Index, *CRP* C-reactive protein (milligram per liter), *MPI* Mannheim Peritonitis Index, *SAPS II* Simplified Acute Physiology Score II, *LR+* positive likelihood ratio

Peritonitis Index, SPAS II) and laboratory parameters (C-reactive protein) for sufficient diagnosis of TP is limited.⁵ In fact, there are conflicting data concerning the value applying such parameters for the detection of TP.^{15,17} Unlike other studies, our approach was to analyze these parameters as early as possible—at the IO that was diagnostic for SP and on the first postoperative days.

The Mannheim Peritonitis Index was initially designed to estimate the prognosis and predict mortality of patients with SP.^{8–10} In our study population, the Mannheim Peritonitis Index was significantly higher in patients that later on developed TP compared to SP (28.6 vs. 19.8). Similar results have been shown in two recent publications analyzing the Mannheim Peritonitis Index in TP.^{11,12} In addition, the receiver operator characteristic analysis in the current study revealed encouraging results with an area under the receiver operator characteristic curve of 0.794 for the detection of TP. With regard to the receiver operator characteristic analysis, it has to be considered that the Mannheim Peritonitis Index is an early—if not the earliest—marker for TP. It is accessible immediately during the IO. This renders the Mannheim Peritonitis Index to a diagnostic tool of high potential.

The second parameter was the SAPS II score, initially designed to predict mortality and disease severity of critical ill patients.^{13,14} We could demonstrate that SAPS II was significantly higher during the first three postoperative days after initial operation in TP patients (46.0) compared to SP patients (29.7). Interestingly, the curves for TP and SP patients ran completely parallel to each other over the whole period. The receiver operator characteristic analysis on the second day revealed an area under the receiver operator characteristic curve of 0.797, which demonstrates the diagnostic potential of this scoring system for early identification of patients at risk for TP. Our results are consistent with a recent study that reported similar SAPS II scores for TP (45.6) and SP (31.9) patients—underlining the importance of this parameter.¹²

The third parameter tested in our study was the acute phase protein C-reactive protein. Although C-reactive

protein constitutes a routine parameter in patients with abdominal infections, it has hardly been explicitly evaluated in the diagnosis of TP.^{5,15} In our study, the time course of C-reactive protein displayed a curve with two peaks: one peak preoperatively and one peak on the second postoperative day after the IO. In between, on the first postoperative day, lower C-reactive protein values were observed, possibly due to an operative clearing effect. Interestingly, although both curves run parallel, C-reactive protein values of TP patients were significantly higher compared to SP patients on the peak of the second postoperative day (265 vs. 217) after the IO. However, the corresponding area under the receiver operator characteristic curve was only 0.696. The main problem of C-reactive protein is the lack of specificity for abdominal infections, as shown in numerous studies.^{18–20} A rise of C-reactive protein during the postoperative period may simply be the result of the operative trauma.^{21,22} Nevertheless, this study shows a high diagnostic potential of C-reactive protein. This hypothesis has to be addressed in further studies.

Conclusion

In conclusion, due to high mortality of tertiary peritonitis and often delayed diagnosis, it is crucial to identify patients at risk for developing tertiary peritonitis as early as possible: at the initial operation that reveals the diagnosis of peritonitis and during the first postoperative days. Our results indicate that the Mannheim Peritonitis Index assessed at the initial operation and the time course of C-reactive protein and SAPS II during the first days after initial operation are promising diagnostic candidates for the future.

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