



# Sensitive detection of estriol with an electrochemical sensor based on core-shell N-MWCNT/GONR-imprinted electrode

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## Abstract

A highly sensitive and selective electrochemical sensor based on a new molecularly imprinted polymer was proposed for the detection of estriol. Nitrogen-doped multi-walled carbon nanotube/graphene oxide nanoribbons (N-MWCNT/GONRs) were synthesized by the facile partially unzipping of N-MWCNTs with the help of microwave irradiation. The molecularly imprinted electrochemical sensor was fabricated by electrochemically polymerization of pyrrole onto N-MWCNT/GONR-modified Au electrode. Under the optimum condition, the sensor showed good response in the range of low concentrations from  $0.1 \mu\text{g}\cdot\text{mL}^{-1}$  to  $20 \mu\text{g}\cdot\text{mL}^{-1}$  with the detection limit ( $3\sigma$ ,  $\text{RSD} \leq 5\%$ ) of  $2 \text{ ng}\cdot\text{mL}^{-1}$ . Estradiol, diethylstilbestrol, oestrone bisphenol A, and ethinyloestradiol had negligible interference in the determination of estriol even when the concentration molar ratio reaches 50:1. The developed sensor had been applied to the reliable analysis of estriol in clinic samples and in real water samples with satisfactory results.

**Keywords** Molecular imprinted sensor · N-MWCNT/GONRs · Estriol · Pyrrole · Electropolymerization

## Introduction

Estriol (E3) is one of the major urinary metabolites of ovarian estradiol, produced throughout a woman's reproductive years and increases to high levels during pregnancy. E3 plays an important role in the monitoring of fetal well-being and development during pregnancy. It has also been found to be associated with breast cancer [1]. Pharmaceutical estriol compounds are believed to be harmful to animals and the environment since they have high biological activity and are not readily degraded [2]. Accurate determination of E3 concentrations in the human serum, plasma, or urine, during pregnancy, helps to judge the content and the development of the fetus.

E3 levels in urine, serum, and amniotic fluid is often measured by high-performance liquid chromatography using various detectors [3, 4], gas chromatography-mass spectrometry [5], micellar electrokinetic chromatography [6], and enzyme immunoassay [7]. Especially, electrochemical sensor is preferred because of its reliability, fast response, low cost, simple operation, short analysis time, high sensitivity, good selectivity, the potential for miniaturization, and the possibility of in situ analysis. At the present time, there are only a few publications reporting the electrochemical determination or behavior of estriol [8–10].

To increase the sensitivity and selectivity of electrochemical sensor, various nanomaterials have been used [11–14]. Carbon nanotubes (CNTs) were widely utilized in electrochemical analysis [15, 16]. Recently, graphene-based nanomaterials have gained much more attention for electrochemistry applications, including energy storage and sensing [17–19].

In order to enhance the sensitivity of the sensor, graphene oxide nanoribbons (GONRs) fabricated by the microwave-assisted facile unzipping of multi-walled carbon nanotubes (MWCNTs) were introduced owing to their unique properties involving large surface area, excellent conductivity, subtle catalytic ability, and adsorption ability. GONRs have high

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density of unoccupied electronic states and enriched oxygen-based functionality at the edge of the graphene-like structures showed excellent electrochemical performance [20]. Moreover, N-doped nanomaterials have been employed in many fields including supercapacitors, electrocatalysis, and electrochemical biosensors owing to the high electric conductivity and large amount of edge sites [21–25]. The electrocatalytic activity of N-doped carbon materials has been extensively studied [26–28]. The electrocatalytic properties of N-doped nanocarbons depend strongly on the bonding configuration of N atoms on the surface of carbon nanomaterials.

Molecularly imprinted technique (MIT) has been demonstrated as a desirable technique in analytical field [29–31]. Molecularly imprinted polymer (MIPs) can act as artificial antibodies toward the target molecules for analytical purposes due to the complementarity in functional group orientation and spatial structure [32, 33]. Poly(pyrrole) is one of the most extensively studied conducting polymers and is considered as the most promising material for the development of sensor devices because of its unique properties such as, high conductivity, facile preparation, efficient polymerization, stability in ambient conditions, and thickness controllability. Composite materials based on the coupling of poly(pyrrole) and graphene materials with the aim of combining the properties of these materials, have been intensively studied in some publications [34–36]. These composite materials have shown to possess complementary properties of the individual components with a synergistic effect [37]. The desirable merging of properties of poly(pyrrole) and graphene leads to a superior performance of the resulting sensing materials.

In this study, a novel molecularly imprinted electrochemical sensor was fabricated by electrochemical polymerization of pyrrole onto nitrogen-doped multi-walled carbon nanotube/graphene oxide nanoribbon (N-MWCNT/GONR)-modified Au electrode for sensitive detection of estriol. In some studies, pyrrolic-N functionalities have been reported as catalytically active groups [38, 39]. N-MWCNT/GONRs were synthesized from the facile partially unzipping of N-MWCNTs with the help of microwave irradiation. Parameters controlling the performance of the molecularly imprinted sensor were investigated and optimized. This fabricated electrochemical sensor was used for determination of estriol in clinical samples and in real water samples with satisfactory results.

## Materials and methods

### Apparatus and reagents

Nitrogen-doped multi-walled carbon nanotubes (N-MWCNTs) were used as received from Mitsui & Co. (product name, NCT tube; diameter = 40–60 nm; length  $\geq$  10  $\mu\text{m}$ ). Sulfuric acid ( $\text{H}_2\text{SO}_4$ ), phosphoric acid ( $\text{H}_3\text{PO}_4$ ),

and potassium permanganate ( $\text{KMnO}_4$ ) were purchased from J.T. Baker. Estriol was obtained from Sigma. All solutions were prepared with deionized water with a resistivity of 18  $\text{M}\Omega/\text{cm}$ .

Transmission electron microscope (TEM) images were obtained from H-800 microscope (Hitachi, Japan). X-ray photoelectron spectroscopy (XPS) measurements were recorded on an XSA-800 (Kragos Co., England) with Al  $\text{K}\alpha$  X-ray radiation as the X-ray source for excitation. Fourier transform infrared spectroscopy (FTIR) spectra of the samples were recorded at room temperature in the spectral range of 4000–400  $\text{cm}^{-1}$  using the Perkin-Elmer Spectrum One FTIR spectrometer (Perkin-Elmer, United States). Raman spectroscopy was analyzed at a laser wavelength of 633 nm by a Raman Spectrometer NEXUS 670 (Thermo Nicolet, United States). Brunauer-Emmett-Teller (BET) analysis of C-MWCNTs was performed on a Micromeritics ASAP 2020 surface area and porosity analyzer (Quantachrome, USA). All electrochemical measurements were performed on a CHI760E electrochemical workstation (Chenhua Instrument Shanghai Co., Ltd., China). A conventional three-electrode system was used for all electrochemical measurements: a gold electrode (GE, 3 mm in diameter) as working electrode, a platinum wire electrode as the counter electrode, and a saturated calomel electrode (SCE) as the reference electrode.

### Synthesis of N-MWCNT/GONRs

According to Sun's report [20], N-MWCNTs (0.05 g) were suspended in 9:1  $\text{H}_2\text{SO}_4/\text{H}_3\text{PO}_4$  and treated with a microwave reactor with the power set 140  $^\circ\text{C}$  for 2 min. After the addition of  $\text{KMnO}_4$  (0.25 g) to the solutions, the solutions were treated with the same microwave power at 65  $^\circ\text{C}$  for 4 min. The solutions were filtered through a Millipore membrane (0.1  $\mu\text{m}$  pore size), and the solid products (N-MWCNT/GONRs) were washed with water several times.

### Preparation of the E3 electrochemical sensor

MIP was constructed by electropolymerization of pyrrole on the surface of the gold electrode, using CV with the potential range between  $-0.2$  and  $0.8$  V. Prior to electropolymerization, the surface of the gold electrode was polished with 1.0, 0.3, and 0.05  $\mu\text{m}$  alumina powder and then thoroughly cleaned before use. Thereafter, the electrode was modified with N-MWCNT/GONRs and dried in air. Following that, thirty cycles of CV at  $100$   $\text{mV}\cdot\text{s}^{-1}$  in an acetate buffer solution (pH = 4.7, 25  $^\circ\text{C}$ ) containing  $25$   $\mu\text{g}\cdot\text{mL}^{-1}$  estriol and  $0.08$   $\text{mg}\cdot\text{mL}^{-1}$  pyrrole were performed. After electropolymerization, the MIP electrode was washed using  $0.3$   $\text{mol}\cdot\text{L}^{-1}$   $\text{H}_2\text{SO}_4$  for 2 h to remove the imprinting molecules. In strongly acidic conditions, estriol molecules can escape from the stereo-cavity of the molecular imprinting membranes due to the destruction of

the hydrogen bonds between estriol and the molecular imprinting membranes. As a result, an electrode with an imprinted membrane that has stereo cavities for estriol detection was obtained. The above processes could be illustrated in Fig. 1.

## Electroanalytical measurements

Cyclic voltammetry (CV) was used to characterize the process of MIP-modified film. It is carried out in the supporting electrolyte of  $5 \text{ mmol}\cdot\text{L}^{-1} \text{ K}_3[\text{Fe}(\text{CN})_6]$  as a redox probe at room temperature ( $25 \text{ }^\circ\text{C}$ ). CV was performed from  $-0.2$  to  $0.8 \text{ V}$  at a scan rate of  $100 \text{ mV}\cdot\text{s}^{-1}$ .

A square wave voltammetry (SWV) detection was performed by stripping from  $-0.75$  to  $0.7 \text{ V}$  with a potential step of  $5 \text{ mV}$ , a frequency of  $25 \text{ Hz}$ , and an amplitude of  $25 \text{ mV}$ . It was used to detect the concentration of E3. The recognition between the imprinted sensor and target molecule was observed by measuring the variation current response. The peak current of the MIP-based sensor with specific sites was large. After the MP was injected into the solution, an obvious decrease of peak current was recorded. This was assumed to be due to the MP in the solution filling the holes of the MIP on the surface of electrode, blocking the transfer. Based on the change of current signal before and after the reaction, the concentration of the MP was determined.

Electrochemical impedance spectroscopy (EIS) was obtained over the frequency range from  $100 \text{ mHz}$  to  $100 \text{ kHz}$ .

## Results and discussion

### Characterization of N-MWCNTs/GONRs

Figure 2 shows transmission electron microscopy (TEM) images of N-MWCNT and N-MWCNT/GONRs. Graphene sheet structures were found on both sides of the nanotubes in Fig. 2B, and the central cores of nanotubes remained slightly dark and tubelike. This type of core-shell heterostructure is termed as N-MWCNT/GONRs.

Raman spectroscopy was used to further analyze the structure of N-MWCNT and N-MWCNT/GONRs. It is obvious that D band ( $1300 \text{ cm}^{-1}$ ) and G band ( $1580 \text{ cm}^{-1}$ ) were identified for N-MWCNTs and N-MWCNT/GONRs from Fig. 2C, which was in accordance with the report by Martín and Escarpa [40]. The average size of the  $sp^2$  carbon domain is proportional to the intensity ratio of the D and G lines (ID/IG ratio). Comparing with N-MWCNTs, N-MWCNT/GONRs showed higher ID/IG ratio which indicated N-MWCNT/GONRs suffered a decrease in the size of the  $sp^2$ -hybridized carbon domain by the unzipping procedure [41].

Samples were also characterized by Fourier transform infrared spectroscopy (Fig. 2C(a)). Band at  $1390 \text{ cm}^{-1}$  is attributed to both the C–N bond and the IR active G and D bands of graphite. The peaks around  $1590$  and  $1620 \text{ cm}^{-1}$  correspond to the IR active phonon mode of the N-MWCNTs [42] and the C=N stretching mode.

XPS is a useful tool to identify the elements' states in bulk material. By analysis of binding energy values, we can confirm the nature of the binding between carbon and nitrogen of N-

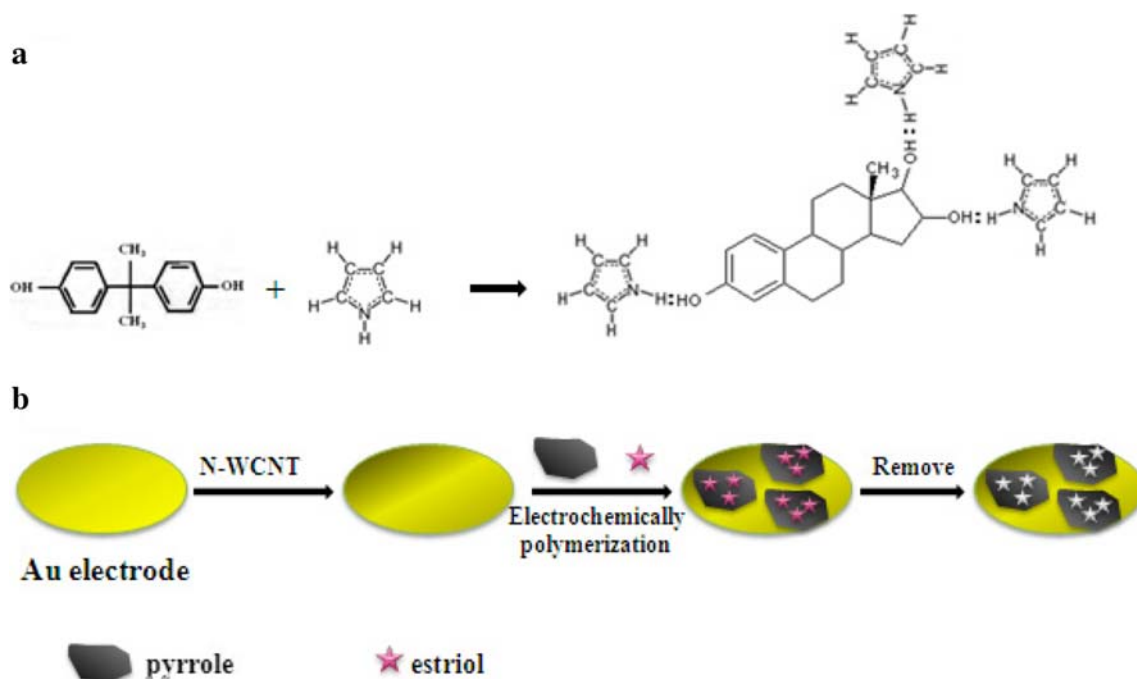
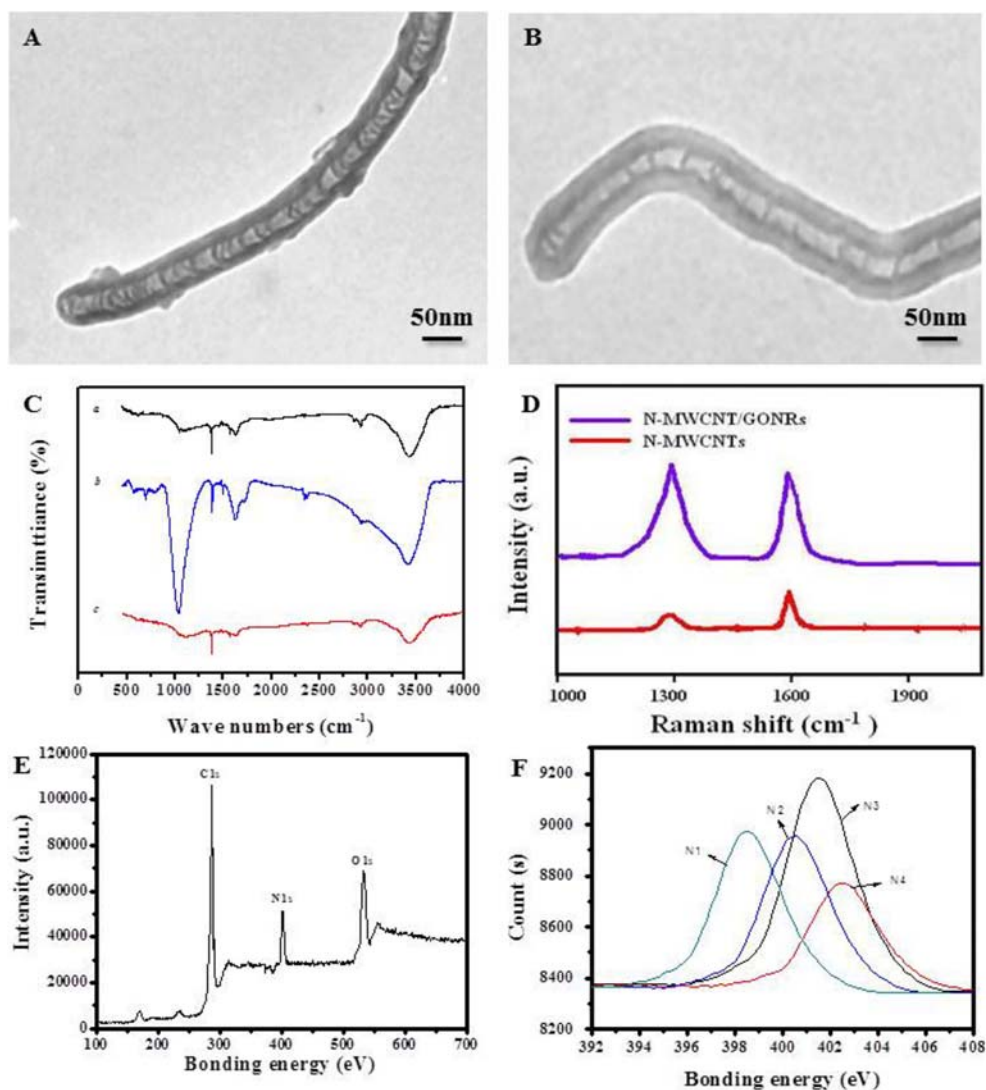


Fig. 1 a Schematic illustrations for electropolymerization of estriol and pyrrole, b the preparation of imprinted polymer-modified electrode

**Fig. 2** Characterization of N-MWCNT/GONRs. **A** TEM of N-MWCNT, **B** TEM of N-MWCNT/GONRs, **C** FTIR spectrum of N-MWCNT/GONRs, **D** Raman spectra of N-MWCNTs and N-MWCNT/GONRs, **E** survey scan XPS of N-MWCNT/GONRs, **F** N1s XPS of N-MWCNT/GONRs



MWCNT/GONRs. As can be seen in Fig. 2E, the survey scan spectrum from XPS analysis showed the presence of the principal C1s, O1s, and N1s core levels. Figure 2F reveals the N1s XPS of N-MWCNT/GONRs. The peaks at bonding energies of 398.2 (N1), 400.2 (N2), and 401.2 eV (N3) are attributed to the pyridinic-, pyrrolic-, and quaternary-type nitrogen functionalities in the carbon lattice, respectively, and the peak at 402.2 eV (N4) corresponds to the oxidized nitrogen, which indicates that the nitrogen atoms have been doped into the N-MWCNTs successfully.

### Cyclic voltammetry study of MIP-pyrrole electropolymerization

Electropolymerization of pyrrole was carried out by CV scanning in a 0.1-mol·L<sup>-1</sup> acetate buffer solution (pH = 4.7, 25 °C). Results were shown in Fig. S1. The currents decreased with increasing numbers of cycles. Oxidation of pyrrole was recorded as a distinct and irreversible peak at a

peak potential of 0.68 V. When the number of cycles was increased to 30, the current density of the oxidation peak became smaller, which indicated the formation of a film on the electrode surface. No reduction peak was observed during the polymerization. These results demonstrated the growth of an insulating MIP film on the Au electrode (Table 1).

### Molecular recognition by MIP-modified film

According to the BET analysis, the Barret–Joyner–Halenda (BJH) desorption cumulative volume of the electropolymerization film before removing the imprinting molecules is 0.3425 cm<sup>3</sup>/g, and the BET surface area is 117.247 m<sup>2</sup>/g. After removal of the imprinting molecules, the BJH desorption cumulative volume increased to 0.4007 cm<sup>3</sup>/g, and the BET surface area increased to 126.854 m<sup>2</sup>/g. It is indicated that the imprinting molecules have been effectively removed from the electropolymerization

**Table 1** Comparison of the detection limit between references and this sensor

References	Sensor structure	Linear range	Detection limit
43	Poly (glycine)-modified carbon paste electrode	2.6~100 nmol/L	0.87 nmmol/L
44	rGO-AgNPs electrode	0.1~3.0 $\mu$ mol/L	21 nmmol/L
45	GC/rGO-SbNPs electrode	0.20~1.4 $\mu$ mol/L	0.5 nmol/L
46	carbon paste electrode modified with ferrimagnetic nanoparticles	0.86~32.0 mg/L	0.79 mg/L
47	boron-doped diamond electrode	0.2~20 $\mu$ mol/L	0.17 mol/L
48	GC electrode modified with Pt nano-clusters/multi-walled carbon nanotubes	1.0~75 $\mu$ mol/L	620 nmol/L

film. Integrated BET and SEM, imprinting molecules have been effectively removed from the electropolymerization film.

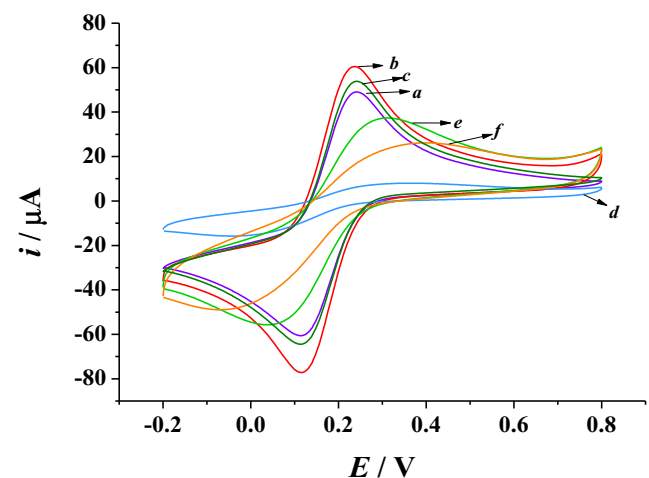
Samples were also characterized by Fourier transform infrared spectroscopy (Fig. 2C). Band at  $1390\text{ cm}^{-1}$  is attributed to both the C–N bond and the IR-active G and D bands of graphite. The peak around  $1590$  and  $1620\text{ cm}^{-1}$  correspond to the IR-active phonon mode of the N-MWCNTs [42] and the C=N stretching mode (Fig. 2C(a)). After the electropolymerization of MIP film at N-MWCNT/GONRs modified Au electrode, the peak around  $1000\text{ cm}^{-1}$  correspond to the C–O stretching vibration band, the peak around  $1490\text{ cm}^{-1}$  is attributed to the splitting of the methylene scissoring mode, the peaks around  $3300\text{ cm}^{-1}$  and  $690\text{ cm}^{-1}$  correspond to the O–H stretching vibration and bending vibration (Fig. 1C (b)). It is indicated that MIP film (pyrrole and E3) has been formed on the electrode. After the MIPs/N-MWCNT/GONRs/Au electrode was immersed in  $0.3\text{ mol}\cdot\text{L}^{-1}\text{ H}_2\text{SO}_4$  for 2 h, the peak around  $1000\text{ cm}^{-1}$  disappeared, which suggested that the template molecules has been removed from the MIP film (Fig. 2C(c)).

CV results of the MIP films were recorded in  $5\text{ mmol}\cdot\text{L}^{-1}\text{ K}_3[\text{Fe}(\text{CN})_6]$  solution, as shown in Fig. 3. During this procedure,  $\text{K}_3[\text{Fe}(\text{CN})_6]$  was used as the mediator between imprinted electrodes and substrate solutions. Figure 3a was a CV curve of  $\text{K}_3[\text{Fe}(\text{CN})_6]$  at the bare Au electrode, showing a pair of redox peaks. Figure 3b and c showed the CV for  $[\text{Fe}(\text{CN})_6]^{3+}$  obtained at N-MWCNT/GONR-modified electrode and N-MWCNT-modified electrode, respectively. It was obvious that the current response at N-MWCNT/GONR-modified electrode became larger than that of bare Au electrode and N-MWCNT-modified electrode. Electroactive surface area was calculated. According to the formula below (Eq.1) [49]. The electroactive surface areas of bare Au electrode, Au electrode modified with N-MWCNT/GONR, and Au electrode modified with N-MWCNT were  $0.047$ ,  $0.059$ , and  $0.051\text{ cm}^2$ .

$$I_p = 268,600n^{3/2}AD^{1/2}Cv^{1/2} \quad (1)$$

$n$ : the electron charge transfer number,  $n = 1$ ;  
 $D$ : the diffusion coefficient ( $6 \times 10^{-6}$  for  $[\text{Fe}(\text{CN})_6]^{4-}$ ,  $\text{cm}^2/\text{s}$ );  
 $C$ : the concentration of the reaction species in the electrolyte ( $5 \times 10^{-6}$  for  $[\text{Fe}(\text{CN})_6]^{4-}$  here),  $\text{mol}/\text{cm}^3$ ;  
 $v$ : the scan rate,  $\text{V}/\text{s}$ ;  
 $A$ : the electroactive surface area,  $\text{cm}^2$ ;  
 $I_p$ : the peak current,  $\text{A}$ .

For the MIP Au electrode, there was no peak as shown in Fig. 3d. This was likely because electron transfer was blocked by the non-conducting estriol membranes covering the electrode. After removal of estriol, a visible oxidation-reduction peak was obtained (curve e). This could be explained that after the removal of estriol, the formation of vacant recognition sites or binding cavities made electronic transfer possible. Then  $\text{K}_3[\text{Fe}(\text{CN})_6]$  could pass through the cavity and reach the surface of the electrode more easily. The decrease of peak



**Fig. 3** Cyclic voltammograms of  $\text{K}_3[\text{Fe}(\text{CN})_6]$  (a) bare Au electrode, (b) Au electrode modified with N-MWCNT/GONR, (c) Au electrode modified with N-MWCNT, (d) MIP-modified Au electrode before removal of the imprinted estriol molecules, (e) MIP-modified Au electrode after removal of the imprinted estriol molecules, (f) MI-modified Au electrode after interaction with estriol

current from curve e to curve f could be attributed to the obstruction of the access of  $K_3[Fe(CN)_6]$  through the MIP film after estriol rebinding. Thus, the interaction between the estriol and the MIP film determines the electron transfer of the  $[Fe(CN)_6]^{3-}/[Fe(CN)_6]^{4-}$  ion pair on the electrode surface.

### Optimization of experimental conditions

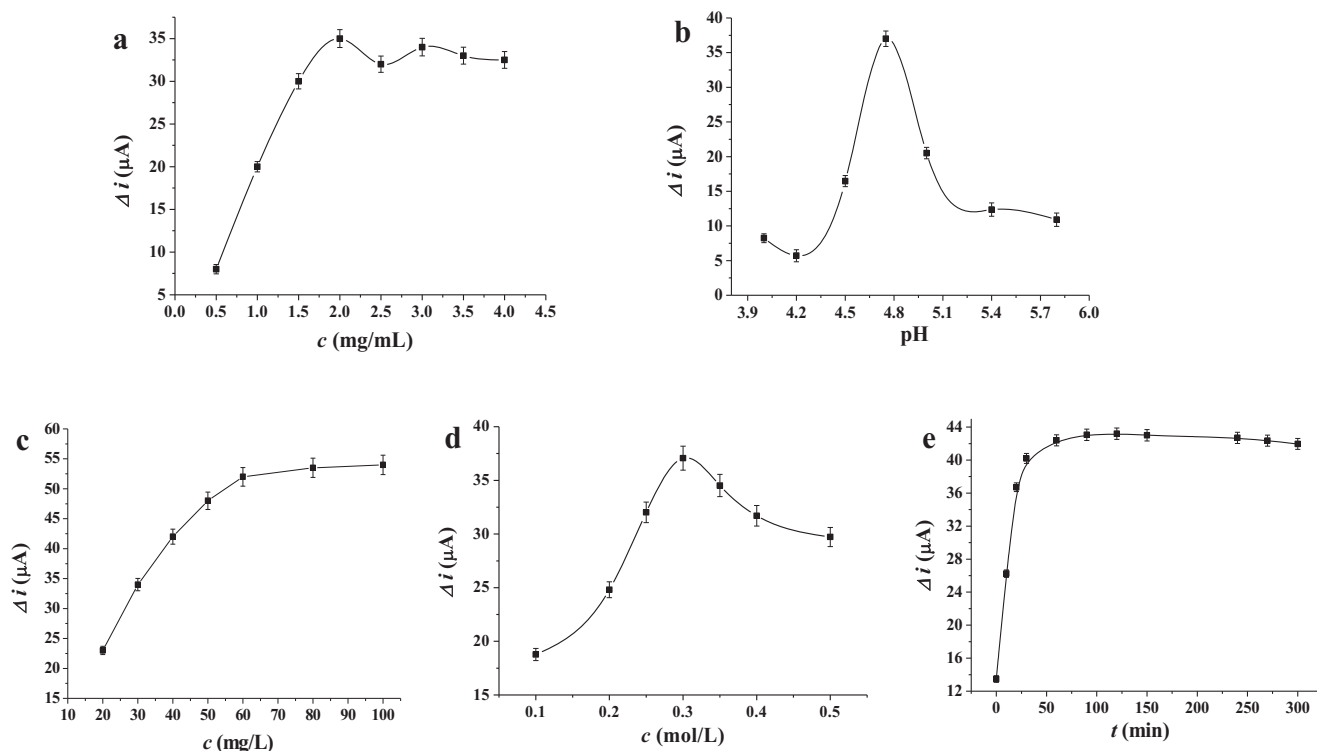
As shown in Fig. 4a, with the increasing of the N-MWCNT/GONR concentration from 0.5 to 4.0  $mg \cdot mL^{-1}$ , the current response increased gradually, and reached the maximum at 2.0  $mg \cdot mL^{-1}$ . However, with further increasing of the concentration of N-MWCNT/GONRs, there is no obvious change. It could be attributed to the increase of film thickness, leading to an increase of interface electron transfer resistance, making the electron transfer more difficultly. Based on the results, 2.0  $mg \cdot mL^{-1}$  was selected for following experiments.

The effect of pH on the current decrease was examined in the range from pH 4.0 to 5.8, as shown in Fig. 3b. The electrochemical reaction of MIP involves proton transfer and electron transfer. The peak current increased with the pH from 4.0 to 4.7, and then it decreased with further increase, which might be due to the proton transfer and electron transfer reaching the equilibrium at pH 4.7. Therefore, further experiments were carried out at pH 4.7.

It is well known that the sensitivity of the imprinted sensor is dictated by the amount of effective imprinted sites on the sensor surface. The ratio of template to monomer was found to play a key role in the performance of sensor because the template–monomer ratio of MIP determines the number of binding sites available for selective rebinding of estriol. Therefore, the ratio of estriol and pyrrole was studied by varying the concentration of pyrrole and keeping that of estriol at 10  $mg \cdot L^{-1}$ , as shown in Fig. 4c. It was obvious that the largest current response was obtained when template–monomer ratio was 1:4. When the ratio was less than 1:4, the current response was small due to the limited binding sites available. When the ratio was higher than 1:4, the current response kept stable. Pyrrole of 80  $mg \cdot L^{-1}$  was determined in the experiment. In the experiment,  $H_2SO_4$  was chosen as the eluent.

The effect of  $H_2SO_4$  concentration was performed, and the result was shown in Fig. 4d. The current increased with the elution concentration range from 0.1  $mol \cdot L^{-1}$  to 0.3  $mol \cdot L^{-1}$  and decreased with the elution concentration range from 0.3  $mol \cdot L^{-1}$  to 0.5  $mol \cdot L^{-1}$ . Therefore, 0.3  $mol \cdot L^{-1}$   $H_2SO_4$  was selected in the following experiment.

Figure 4e showed the effect of elution time. The current increased with the elution time up to the 2 h and remained constant subsequently. Thus, 2 h elution time was finalized in the subsequent test.



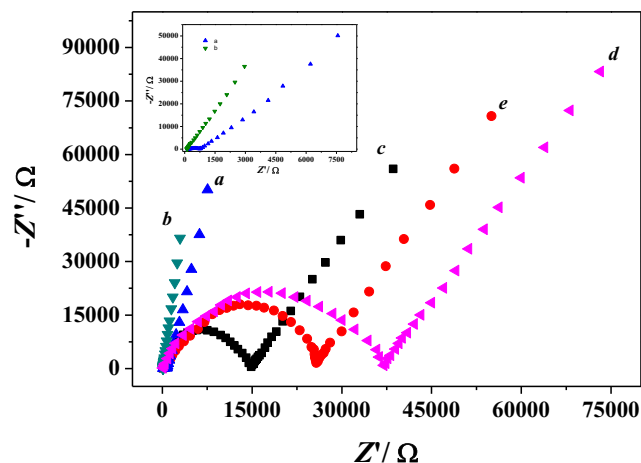
**Fig. 4** Effect of (a) N-MWCNT/GONR concentration, (b) pH, (c) concentration of pyrrole, (d) concentration of  $H_2SO_4$ , and (e) elution time on respond signals (SWV detection was performed by stripping

from  $-0.75$  to  $0.7$  V with a potential step of 5 mV, a frequency of 25 Hz, and an amplitude of 25 mV after and before removal of the imprinted estriol molecules)

### Impedance measurement

The electrochemical impedance technique is employed to evaluate the interface properties of surface-modified sensors by detecting impedance change during electrode modification process. The fabrication process was characterized by using electrochemical impedance spectroscopy (EIS). In the Nyquist diagram, the semicircle diameter of electrochemical impedance spectroscopy (EIS) is equal to  $R_{et}$ .

Figure 5 showed the Nyquist diagrams of electrochemical impedance spectra at the different fabricated electrode recorded in  $5 \text{ mmol}\cdot\text{L}^{-1} \text{ K}_3[\text{Fe}(\text{CN})_6]$  solution. Almost a straight line could be observed for bare Au electrode (curve a), which implied a very fast electron transfer process with a diffusional limiting step of the electrochemical process. After being coated with N-MWCNT/GONRs, the EIS of the modified electrode (curve b) was similar to that of the bare electrode. It may be that the N-MWCNT/GONRs are immobilized on the electrode similar to a conducting wire, which makes it easier for the electron transfer. After the electropolymerization of MIP film at N-MWCNT/GONR-modified Au electrode (curve d), the impedance was significantly enlarged and the semicircle diameter was about  $4200 \Omega$ . This result indicated that MIP film has been formed and it has obstruction effect, which resulted in reducing electron transfer rate or increasing resistance to the flow of electrons. The decrease of resistance (curve c) was observed after the MIPs/N-MWCNT/GONRs/Au electrode was immersed in  $0.3 \text{ mol}\cdot\text{L}^{-1} \text{ H}_2\text{SO}_4$  for 2 h. It was indicated that template molecules had been removed from the MIP film. And then immersing the MIPs/N-MWCNT/GONRs/Au electrode in estriol solution, the resistance increased again (curve e), which could be attributed to the rebinding of estriol into the imprinted cavities and the



**Fig. 5** Electrochemical impedance spectra recorded in  $\text{K}_3[\text{Fe}(\text{CN})_6]$  solution at (a) bare Au electrode, (b) Au electrode modified with N-MWCNT/GONRs, (c) MIP-modified Au electrode after removal of the imprinted estriol molecules, (d) MIP-modified Au electrode before removal of the imprinted estriol molecules, (e) MIP-modified Au electrode after interaction with estriol

blocking of the arrival of the probe onto the electrode surface. This verified that the MIP film has good capability to distinguish the target molecules.

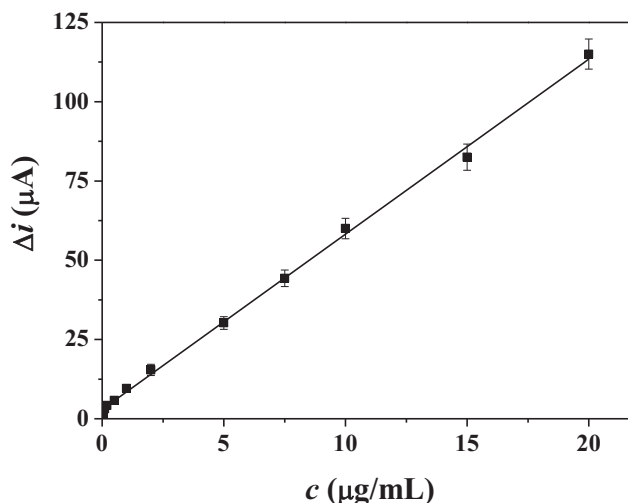
### Calibration curve and sensitivity

Under the optimum conditions, the calibration curve to different concentrations of estriol was studied. The amperometric responses of the modified Au electrode to estriol are depicted in Fig. 6. After adding analyte solutions with different concentrations, the oxidation currents of specific analytes were monitored. It exhibited good linear relationships between the current change and the concentration of estriol in the range from  $0.1$  to  $20 \mu\text{g}\cdot\text{mL}^{-1}$  with the detection limit of  $2 \text{ ng}\cdot\text{mL}^{-1}$ , which was better than some other results by researchers [43–48].

### Reproducibility selectivity and stability

To evaluate the reproducibility of the sensors, a series of five electrodes were prepared for the detection of estriol. The relative standard deviation (RSD) of the measurements for the five electrodes was 4.7%.

The oxidation peak currents of  $10 \mu\text{g}\cdot\text{mL}^{-1}$  estriol in the absence and presence of interferences were measured by the sensor. It was found that the deviations of 50-fold concentrations of estradiol, diethylstilbestrol, oestrone, bisphenol A, and ethinyloestradiol were 18.3, 4.5, 6.7, 6.2, and 8.4%. Except estradiol, others had minor influence on the signals of estriol. Because of similar structure, the deviation is higher than others but also acceptable. Uric acid, ascorbic acid, and some ions such as 100-fold concentrations of  $\text{K}^+$ ,  $\text{Na}^+$ ,  $\text{Ca}^{2+}$ ,  $\text{Mg}^{2+}$ ,  $\text{Al}^{3+}$ ,  $\text{Zn}^{2+}$ , and  $\text{Cu}^{2+}$  had no influence on estriol determination.



**Fig. 6** Calibration curve for detection with at different concentrations of estriol

To test the stability of the sensor, it was dipped in water at 4 °C after each use. After 4 days, the current only decreased to about 93% of its initial value. After 30 days, the current only decreased to about 80.2% of its initial value. Therefore, the proposed sensor possessed acceptable storage stability.

## Application

To evaluate the applicability of the proposed sensor, the concentration of estriol in human serum samples and water samples were determined applying the standard addition method. The recovery was in the range of 93.7–105.4% and 94.2–106.2% respectively, indicating that the imprinted sensor might be preliminarily applied for the determination of estriol in clinical samples and in real water samples.

To further investigate the availability of this sensor for estriol detection, a comparison of the results obtained by the proposed sensor and LC–MS method were made. Estriol content determined by the two methods agreed well, and the plot of estriol contents obtained by the two methods gave a straight line with a correlation coefficient of 0.996 (Fig. S2), indicating the proposed sensor might be used for the detection of estriol.

## Conclusions

A novel sensitive molecularly imprinted electrochemical sensor based on a core-shell N-MWCNT/GONR-modified Au electrode has been developed for estriol determination. The cavity formed exhibits high specificity, excellent selectivity, and stability in the target solution. The recognition between the imprinted sensor and target molecules was observed by measuring the variation amperometric response of the oxidation–reduction probe on electrode. It provides a promising tool for estriol detection in clinical samples and in real water samples.

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