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Highly enhanced electrochemical responses of rutin by nanostructured Fe₂O₃/RGO composites

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Abstract Fe₂O₃/reduced graphene oxide (RGO) nanocomposites were prepared by a hydrothermal reduction using Fe(OH)₃ and graphene oxide (GO) precursors, which were assembled electrostatically by mixing a negatively charged GO aqueous suspension with a positively charged Fe(OH)₂ solution at room temperature. The resulting composites were characterized using XRD, SEM, FTIR, and TGA, and then were used to modify the glassy carbon electrode (GCE). The electrochemical behavior of rutin on different types of electrode was compared, and the Fe₂O₃/RGO composite enhanced electrochemical catalysis effect on rutin, and suitable for rutin detection with high sensitivity and short response time. After 90 s, under open circuit potential, the linear range was increased from 1.5×10^{-8} to 1.8×10^{-5} M, and the detection limit was reduced to 9.8×10^{-9} M. This method of analvsis has high recovery ratio of rutin up to 99.5 %.

Keywords Composite materials · Nanostructures · Chemical synthesis · Electrochemical properties

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Introduction

Rutin, 3',4',5,7-tetrahydroxyflavone-3ß-D-rutinoside, is one of the most abundant flavonoids which are a group of antioxidizing active polyphenolic compounds [1, 2]. It shows that rutin acts as a scavenger of various oxidizing species, i.e., superoxide anion, hydroxyl radical, and peroxyl radicals [3], and has been widely used clinically as the therapeutical medicines [4]. Therefore, it is quite important and interesting to develop simple and sensitive methods to determine rutin. Recently, some techniques have been established for this purpose, such as the high-performance liquid chromatography (HPLC) [5], sequential injection analysis [6], electrochemiluminescence [7], capillary zone electrophoresis [8], reversed-phase liquid chromatography (RPLC) [9], flow injection analysis [10], chemiluminescence [11], spectrophotometry [12], and electrochemistry methods [13]. Among these techniques, the electroanalytical technique exhibits many advantages, such as convenient handling, low cost, short analysis time, and high sensitivity.

Graphene, a 2D monolayer of sp^2 carbon in a honeycomblike network [14], has attracted infinite scientific interest due to its outstanding optical, thermal, electrical, and mechanical properties [15]. Graphene-based composites with the advanced properties of graphene, such as graphene-transition metal oxide composites and graphene-conducting composites, have large surface areas and good electrical conductivities, and have been investigated for electrochemical sensors [16, 17], either as electrode materials [18, 19] or as platforms for metal oxide nanoparticles to avoid their agglomeration [20]. Recently, graphene, a rising star in the carbon family, has been proposed as an ideal matrix for various composites used in detection of rutin because of its excellent electronic properties, superior chemical stability, and high specific surface area [21-25]. For instance, Yang et al. incorporated Ag nanoparticles into poly(methylene blue) functionalized graphene to





prepare a Ag nanoparticles/poly(methylene blue) functionalized graphene nanocomposite (AgNPs/PMB–GR) film modified electrode for sensitive determination of rutin. The results demonstrated that the AgNPs/PMB–GR could remarkably increase the redox currents of rutin, and the lowest detectable concentration was 1×10^{-8} M [21]. A similar effect of MnO₂ incorporation has also been demonstrated in MnO₂–graphene composites [22]. However, to the best of our knowledge, electrochemical determination of rutin using electrode modified by the Fe₂O₃/RGO composite has not been reported. In this study, we developed a facile electrostatic-assisted selfassembly method for the preparation of Fe₂O₃/RGO nanocomposites from Fe(OH)₃/graphene oxide (GO). The Fe₂O₃/ RGO nanocomposites will be used to modify different glassy carbon electrodes (GCEs) for rutin detection.

Experimental

Synthesis of Fe₂O₃ nanoparticles, RGO, and Fe₂O₃/RGO composites

In a typical procedure, a 100 mL of 0.1 M FeCl₃ aqueous solution in a beaker was boiled to form a stable $Fe(OH)_3$ colloidal suspension of positively charged.

Fifty-milligram GO, synthesized by a modified Hummer's method [17], was ultrasonically dispersed in 50 mL H_2O for 1.5 h to acquire a stable GO suspension. The pH of the suspension was adjusted close to 6.2 with a zeta potential of -42 mV using 1 M NaOH and 1 M HCl solutions [26]. At this pH, the GO nanosheets were negatively charged. Then, the above GO suspension was quickly mixed with the Fe(OH)₃ solution under vigorous stirring. Since the Fe(OH)₃ molecules were positively charged GO and formed a flocculent suspension within a few minutes. Finally, the mixed flocculent suspension was transferred to a 100-mL Teflon container. After sealing, the Teflon-lined stainless steel pressure vessel was heated

at 180 °C for 12 h. With the same method, Fe_2O_3 nanoparticles [27] were also obtained without using the negatively charged GO, and RGO [28] was obtained without involving the Fe(OH)₃ colloidal solution, for comparison. After the reaction, the product was centrifuged and washed with distilled water and acetone, for three times, then dried at 60 °C. The synthetic process is shown in Scheme 1.

The modification of GCEs

Fe₂O₃ nanoparticles, RGOs, and Fe₂O₃/RGO composites (10.0 mg each) were respectively added into 10 mL of cyclohexanol, and sonically treated using a KQ3200DE ultrasonicator for 1 h. Before modification, the GCEs with a diameter of 3 mm were polished with 0.05-mm alumina paste, and then sonicated in double-distilled water for 2 min. The GCEs were then coated with 10 μ L Fe₂O₃, RGO, and Fe₂O₃/RGO suspension. After the evaporation of the cyclohexanol under an infrared lamp in air, the modified GCEs (Fe₂O₃/GCEs, RGO/GCEs and Fe₂O₃/RGO/GCEs) were obtained.



Fig. 1 XRD patterns of RGO and Fe₂O₃/RGO

Fig. 2 SEM images of RGO, Fe₂O₃/RGO, and Fe₂O₃



Characterization

The morphology of the materials was tested by using a SEM (JSM-6510LV, Japan). The structure of products was characterized by X-ray diffraction (XRD) (Shimadzu XRD-7000, Japan) using Cu-Ka radiation (γ for K α =1.54 Å) at 40 kV and 40 mA. Infrared spectra of products were recorded on a Nicolet 360 Fourier transform infrared (FTIR) instrument using KBr pellet in the 400~4000 cm⁻¹ range. Thermogravimetric analysis (TGA) was conducted on a DSCQ1000

instrument from 50 to 1000 °C at a heating rate of 10 °C min^{-1} in air.

All the electrochemical measurements were carried out using a 660D electrochemical analyzer (CH Instruments, USA). A conventional three-electrode system, consisting of Fe_2O_3/RGO composite modified working GCE, a saturated calomel reference electrode (SCE), and a platinum wire auxiliary electrode, was employed. A 0.1 M and pH 5.7 phosphate-buffered saline (PBS) solution was used as the supporting electrolyte for the detection of rutin. The cyclic voltammetry (CV) tests were conducted at a scan rate of 0.1 V s⁻¹ from 0 to 0.8 V. Differential pulse voltammetry



Fig. 3 FTIR spectra of GO and Fe₂O₃/RGO composites



Fig. 4 TGA curves of Fe₂O₃ and Fe₂O₃/RGO



Fig. 5 CV curves of 2 μ M rutin on GCE (a), Fe₂O₃/GCE (b), RGO/GCE (c), and Fe₂O₃/RGO/GCE (d) in pH 5.7 PBS solution

(DPV) was used to study the electrochemical behavior in low rutin concentrations from 0.1 to 0.8 V.

Results and discussion

Morphology and structures

Figure 1 shows the XRD patterns of the RGO and Fe_2O_3/RGO composites. The dominant diffraction peaks can be attributed to Fe_2O_3 for Fe_2O_3/RGO (JCPDS No. 33-0664). A wide peak of RGO appears in the range of 24° – 26° , which is consistent with Shin et al. [29]. Compared with the peaks of the Fe_2O_3/RGO nanocomposites, the small diffraction peaks of the RGO indicate that the RGO nanosheets were sufficiently exfoliated by the attached Fe_2O_3 nanoparticles [30]. These results show that the as-acquired composites consist of disorderedly stacked graphene and well-crystallized Fe_2O_3 nanoparticles.

The SEM observation results of the materials are presented in Fig. 2. As shown in Fig. 2a, the RGO film demonstrated a curly and corrugated appearance consisting of a wrinkled paper-like structure. Figure 2b clearly shows that the Fe₂O₃ nanoparticles are uniformly confined between the RGO nanosheets. Even though undergone strong sonications, the nanoparticles were still firmly attached onto the RGO nanosheets, which implies a vigorous interaction between the Fe₂O₃ and the RGO. Without such confinements by the RGO, Fe₂O₃ nanoparticles tend to be collective as shown in Fig. 2c. Figure 2b, c reveals that the average diameter of the Fe₂O₃ nanoparticles is about 110 nm.

FTIR spectroscopy was employed to measure the structural change in bonding related to the GO and Fe₂O₃/RGO composites, and the results are shown in Fig. 3. The broad absorptions at about 3428 and 1635 cm⁻¹ are assigned to the hydroxyl groups. The absorption band at 1045 cm⁻¹ can be assigned to the stretching vibration of C–O. The C=O vibration band at 1724 cm⁻¹ (for Fe₂O₃/RGO) is much weaker after the hydrothermal reaction, due to the transition of GO to RGO [31, 32]. In addition, the strong absorption bands at 559 and 463 cm⁻¹ are attributed to the vibration of the Fe–O bond [33].

Figure 4 shows the TGA profiles of both the Fe₂O₃/RGO and the bare Fe₂O₃ nanoparticles, from room temperature to 1000 °C in air. The small weight loss of Fe₂O₃ below 350 °C is due to the evaporation of moisture or gaseous absorbed in the nanocomposites [34]. For the Fe₂O₃/RGO, there is a small stage of weight loss below 350 °C, which could be ascribed to the reduced hydroxyl groups in the RGO and possible water absorbed during the IR measurements [35]. However, the weight loss from 350–430 °C is due to the combustion of carbon in air. This is confirmed by the TGA curve of the bare RGO in the same temperature range. Thus, according to the above analysis, the carbon content in the Fe₂O₃/RGO nanocomposites is ~67.57 wt%.



Fig. 6 a Cyclic voltammograms of 2 μ M rutin with different scan rate (v) for Fe₂O₃/RGO/GCE in pH 5.7 PBS (**c**–**g** 0.05, 0.1, 0.15, 0.2, and 0.25 V s⁻¹, respectively); **b** linear relationship between peak potentials (E_p) and lgv



Fig. 7 a Cyclic voltammograms of 2 μ M rutin on Fe₂O₃/RGO/GCE with different pH PBS (**c**–**j** 5.5, 5.7, 6.0, 6.5, 6.8, 7.2, 7.6, and 8.0, respectively), scan rate 0.1 V s⁻¹; **b** the relationship between the formal potential (E_{pa}) and pH

Rutin detection

The electrochemical responses of rutin on the surface of GCE, Fe₂O₃, RGO, and Fe₂O₃/RGO modified GCEs were studied by using a CV. Figure 5 shows the CV curves of 2 µM rutin in a pH 5.7 PBS solution. No redox peak was noticed for the GCE, Fe₂O₃/GCE, RGO/GCE, and Fe₂O₃/ RGO/GCE in a blank PBS solution, indicating that all the modified materials were electrochemically inactive in the selected potential range. As can be seen in Fig. 5, a pair of small redox peaks were found at the bare GCE in the potential scan from 0 to 0.8 V when rutin was added into the buffer solution (curve a), which can be attributed to the redox behavior of rutin at the GCE surface. The small redox peak showed a weak oxidation process, resulting from the weak adsorption and the slow electron transfer rates at the GCE surface. For Fe₂O₃/GCE (curve b), the redox peak current of rutin increased and the background current of Fe₂O₃/GCE increased obviously, due to that the presence of the Fe₂O₃ increased the capacitance currents.

The redox peak current of rutin increased further at RGO/ GCE (curve d). This should be attributed to the effective accumulation and promotion effect of the RGO, as described in previous reports [36, 37]. The accumulation made more rutin involved the electrochemical reaction and increased the electron-transfer rates between rutin and the electrode. Furthermore, the electrochemical behavior of rutin showed a great difference on the surface of Fe₂O₃/RGO/GCE (curve e). First, the redox peak currents were much higher than that of above electrodes and the ratio of the redox peak current (I_{pa}/I_{pc}) was 1.32. Second, the peak potential separation decreased to 39 mV, which is lower than that of a single material modified GCEs. According to Nicholson's theory [38, 39], a smaller peak potential separation reveals a better reversibility and a higher heterogeneous electron exchange rate. The improved performance of the Fe₂O₃/RGO composite should be attributed to the synergistic effect of Fe₂O₃ and RGO: (i) In the composite, RGO sheets act as a conductive support, on which Fe₂O₃ nanoparticles are uniformly

Fig. 8 Electrochemical reaction mechanism of rutin





Fig. 9 DPV curves of rutin at different concentration (a-j): 0, 0.02, 0.1, 0.5, 1, 2, 3, 3.5, 4, and 5.5 μ M; *inset* shows the relationship of the anodic peak currents versus rutin concentration

anchored, and this ensures the electrochemical activity of the Fe₂O₃ nanoparticles because of good electron transfer; (ii) RGO sheets serve as 2D conductively connecting the Fe₂O₃ nanoparticles decorated RGO sheets, forming a 3D conductive network. The excellent conductivity and the large specific surface areas of the Fe₂O₃/RGO composite exhibited a strong adsorptive ability and provided numerous active sites for rutin. The synergistic effect between the Fe₂O₃ nanoparticles and the RGO nanosheets can effectively promote the electron transmission. Hence, to achieve high sensitivity and good reproducibility, the Fe₂O₃/RGO/GCE was chosen for the analysis of rutin, and the oxidation peak was considered as standard because it is higher than the reduction peak ($I_{pa}/I_{pc}=1.32$).

Effects of scan rate and pH value

In order to further investigate the characteristics of rutin at the $Fe_2O_3/RGO/GCE$ surface, the effect of scan rate on the redox behavior of 2 μ M rutin was investigated in the 0.1 M pH 5.7 PBS solution using a CV. The redox peak current increased gradually with the increase of scan rates in the range from 0.05 to 0.25 V s⁻¹, along with the changes of the redox peak potentials (Fig. 6). This phenomenon suggests a quasi-reversible electrochemical process. The redox peak potential and lgv exhibited a good linear relationship with the

regression equations, $E_{pa}=0.55538+0.04969 \lg v$ (R=0.9903) and $E_{pc}=0.42359-0.03929 \lg v$ (R=0.9908). According to Laviron theory [40], when the values of $\Delta E_{\rm p}$ are larger than 200/nmV, a graph of $E_p = E_0 - (RT/\alpha nF) \ln(\alpha nF/RTk_s) - (RT/\alpha nF) \ln(\alpha nF/RTk_s)$ αnF)lnv yields two straight lines with a slope equal to -2.3RT/ αnF for the cathodic peak and 2.3RT/ $(1-\alpha)nF$ for the anodic peak, in which α is the electron transfer coefficient, *n* is the electron-transfer number, k_s is the rate constant of the reaction, v is the scan rate, and E_0 is the formal redox potential. Here, we take R=8.314, T=298, and F=96500. So the value of α and n can be easily calculated from 0.04969= $2.3RT/(1-\alpha)nF$ and $0.03929=2.3RT/\alpha nF$. Therefore, the charge transfer coefficient α is calculated to be 0.55 and the electron transfer number *n* is estimated to be 2.3, implying that there are two electrons involved in the oxidation process, which is in accordance with previous report [13]. In addition, with the increase of scan rate, the oxidation (I_{pa}) peak currents of rutin increased gradually and linearly. The linear regression equations can be expressed as $I_{pa}(\mu A) = 6.185 + 187.5 v (V s^{-1})$ (R=0.9997), indicating that the redox behavior of rutin on Fe₂O₃/RGO/GCE is a typical adsorption-controlled process.

The effect of pH value of the solution on the redox response of 2 μ M rutin is shown in Fig. 7. The redox current peaked at the pH 5.7, with the solution pH ranging from 5.5 to 8.0; thus, pH 5.7 was chosen in the following investigation for sensitivities. From Fig. 7a, b, it can also be seen that the redox peak potentials shifted negatively and linearly when the pH values increased from 5.5 to 8.0. The linear regression equation of the oxidation peak can be expressed as $E_{pa}=0.85293-0.0615$ pH (R=0.9981). The slope value of 61.5 mV pH⁻¹ was close to the theoretical value of 59 mV pH⁻¹, indicating that the same amounts of electrons and protons took part in the electrode reaction [41], namely two electrons and two protons were involved in the reaction. The redox mechanism of for rutin at the Fe₂O₃/RGO/GCE is illustrated in Fig. 8.

Electrochemical detection of rutin

Accumulation time can effectively increase the adsorption of rutin on the electrode surface, thereby enhancing the redox response and improving the detection sensitivity. The oxidation peak current increased gradually with increasing accumulation time to 90 s and only increased slightly when the time exceeded 90 s. Therefore, 90 s was

Table 1	Determination	recovery
of rutin		

Found before adding (M)	Added (M)	Found after adding (M)	Recovery (%)	RSD (%), <i>n</i> =5
5.0×10 ⁻⁷	0	4.7×10^{-7}	94.0	2.7
	5.0×10 ⁻⁷	9.6×10^{-7}	96.0	4.2
	1.0×10 ⁻⁶	2.1×10^{-6}	105.0	2.7

Table 2 Determination of rutin in drug tablets by DPV (n=5)

Sample	Specified (mg/tablet)	Detected (mg/tablet)	RSD (%)	Added (mg/L)	Found (mg/L)	Average recovery (%)
1	20	19.3	2.06	0.75	0.723	96.4
2	20	19.6	0.85	0.75	0.738	98.4
3	20	20.2	1.27	0.75	0.759	101.2

chosen as the accumulation time. To investigate the effect of accumulation potentials on the redox behavior of rutin, we shifted the potentials from -0.2 to 0.3 V at a fixed accumulation time of 90 s and only found out a slight peak current change. Therefore, the accumulation potential has no obvious impact on the oxidation peak current. The accumulation was employed under open circuit.

The Fe₂O₃/RGO modified GCE was used for the single measurement in this work. The reproducibility for multiple modified GCEs was estimated by measuring the peak current of 1 μ M rutin. In order to obtain good reproducibility, each freshly modified electrode needs to be swept in the PBS solution until background current minimized and stabilized. The relative standard deviation (RSD) is 2.8 % for eight Fe₂O₃/RGO modified GCEs, indicative of a good reproducibility.

Under the optimal conditions, a differential pulse voltammetry (DPV) was used to determine the rutin due to its high sensitivity and selectivity (Fig. 9). Figure S1 shows the DPV curves of the lower concentration addition of rutin. In the inset of Fig. 9, the oxidation peak current of rutin (I_A , μA) was linear with its concentration (C_A , μM) over the range of $1.5 \times 10^{-8} \sim 1.8 \times 10^{-5}$ M, obeying the following equation: I_{pa} (μA)=14.3696 C_A (μM)–0.0887. The correlation coefficient was 0.9989, suggesting a good linearity. After 90-s accumulation under open circuit potential, the limit of detection was evaluated to be 9.8×10^{-9} M, based on three signal to noise ratios. The comparison of Fe₂O₃/RGO/GCE with other modified electrodes for rutin determination is listed in Table S1.

The potential interferences of some foreign species on the determination of rutin were also examined. There was no influence on the determination of 1 μ M rutin when 500-fold concentration of common ions (Cu²⁺, Fe³⁺, Mg²⁺, Zn²⁺, Pb²⁺) or 100-fold of the pyrogallol, resorcinol, and 2-nitrophenol were added to the electrolytic cell, indicating a high selectivity.

Under the optimized conditions, rutin in a mixed solution of ethanol and PBS was determined using a standard addition method, and each concentration was continuously measured for five times. Table 1 shows the results of recycling experiments. These results show clearly that the recovery was between 94.0 and 105.0 %. The correlation coefficient was under 5 %.

Real samples analysis

The dosage forms of rutin, tablets, declared content of 20 mg rutin per each unit, were bought from Shanxi Yunpeng Pharmaceutical Co. Ltd., China. To further validate out technique for the detection of rutin, drug tablet was dissolved in ethanol, the ethanol solution of drug tablet for the detection was accurately diluted with a PBS. The determination of rutin was conducted by the proposed method. As shown in Table 2, the results obtained by the proposed method are in good agreement with label amount. From Table 2, the recovery of five independent experiments varied from 96.4 to 101.2 %, and the content of rutin is calculated to be 19.89 mg per tablet, demonstrating the accuracy of the proposed method. The experimental results demonstrated that the proposed methods could be efficiently used for the determination of rutin.

Conclusion

In summary, the Fe₂O₃/RGO nanocomposites were prepared by a facile method in aqueous solution, with an electrostatic interaction assisted assembly followed by a hydrothermal process. The glassy carbon electrodes modified by the resulting Fe₂O₃/ RGO nanocomposites have been successfully used to measure the rutin contents by an electrochemical method. The synergistic effect between the Fe₂O₃ nanoparticles and the RGO nanosheets resulted in efficient transports of electrons and ions, which lead to significantly improved current values of the oxidation peaks for rutin. The use of the Fe₂O₃/RGO modified electrodes can reliably and effectively determine low rutin concentrations, with a detection limitation as low as 9.8×10^{-9} M.

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