#### **CARDIAC RADIOLOGY**



# **Third‑generation dual‑source dual‑energy CT in pediatric congenital heart disease patients: state‑of‑the‑art**

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#### **Abstract**

Cardiovascular computer tomography (CT) in pediatric congenital heart disease (CHD) patients is often challenging. This might be due to limited patient cooperation, the high heart rate, the complexity and variety of diseases and the need for radiation dose minimization. The recent developments in CT technology with the introduction of the third-generation dual-source (DS) dual-energy (DE) CT scanners well suited to respond to these challenges. DSCT is characterized by high-pitch, long anatomic coverage and a more fexible electrocardiogram-synchronized scan. DE provides additional clinical information about vascular structures, myocardial and lung perfusion and allows artifacts reduction. These advances have increased clinical indications and modifed CT protocol for pediatric CHD patients. In our hospital, DSCT with DE technology has rapidly become an important imaging technique for both pre- and postoperative management of pediatric patients with CHDs. The aim of this article is to describe the state-of-the-art in DSCT protocol with DE technology in pediatric CHD patients, providing some case examples of our experience over an 18-month period.

**Keywords** Dual-source CT · Dual-energy CT · Congenital heart disease · Pediatric patients · State-of-the-art

# **Introduction**

Congenital heart disease (CHD) is the most common inborn pathology with an incidence of 1% and a prevalence of 8–10 per 1000 live births. Radiological assessment is based on the clinical distinction in acyanotic or cyanotic CHD [[1](#page-12-0)]. Table [1](#page-1-0) shows the main CHDs.

Imaging assessment of pediatric CHD patients is challenging for the wide spectrum of disease and complex congenital defects, high heart rates, motion artifacts from cardiac and respiration movements and limited patient cooperation. Therefore, short examination time and high temporal and spatial resolution are required. Imaging modalities for evaluating CHD in pediatric patients include echocardiography, conventional invasive angiography, magnetic resonance imaging (MRI) and computed tomography (CT) [\[2](#page-12-1), [3\]](#page-12-2). CT is an excellent modality, given the rapid acquisition times

 $\boxtimes$  Marco Fogante marco.fogante89@gmail.com and the comprehensive and the accurate three-dimensional evaluation of complex anatomy [\[4\]](#page-12-3). Despite these advantages, the high heart rate, the use of ionizing radiation and the limited patient cooperation are limiting factors and CT is not the modality of choice for imaging in pediatric patients [[5\]](#page-12-4). However, the development in CT technology with the introduction of the third-generation dual-source (DS) dualenergy (DE) CT scanners well suited to respond to these challenges [\[6](#page-12-5)].

The aim of this article is to describe the state-of-the-art in DSCT protocol with DE technology in pediatric CHD patients to obtain high-quality images with low radiation dose, providing some case examples of our experience over an 18-month period.

#### **Technical parameters**

Third-generation DSCT scanner uses two X-ray tubes working at the same energy (single-energy) or at diferent energy (DE). Two X-ray tubes are placed approximately at 95° to each other and can work at high (from 120 to

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<span id="page-1-0"></span>



150 kV) and at low (from 70 to 100 kV) energies  $[7-9]$  $[7-9]$  $[7-9]$ . Third-generation DS systems have a tin flter in front of the high-energy tube, that attenuates lower energy photons, thereby increasing the diference of spectral energy. Tin flter provides the separation of the low- and highenergy spectra and improves the capacity of diferentiation between clinically relevant materials, such as calcium and iodine. The fastest gantry rotation speed is 250 ms, allowing the almost simultaneous acquisition of the two energy spectra. The highest pitch value is 3.2. The highest temporal resolution is 66 ms [\[10–](#page-12-8)[12](#page-12-9)]. A limitation of the DS scanner is the feld of view (FOV). The FOV of the low-energy tube is 50 cm, whereas the FOV of the highenergy tube is 35 cm. The potential disadvantage of the FOV of the smaller tube is the evaluation of the structures located peripherally in larger patient. However, in pediatric patients, this is not a problem [[13](#page-12-10), [14\]](#page-12-11). Each cardiac CT examination should be tailored to increase diagnostic information and reduce radiation dose. Third-generation DS-DECT allows a submillimeter spatial resolution of the heart and coronary arteries in one or a few heartbeats, a high temporal resolution, a radiation dose reduction with high-pitch values and low tube voltage, new algorithms of iterative reconstruction, and provides additional clinical information with DE technology. Table [2](#page-1-1) summarizes

<span id="page-1-1"></span>**Table 2** Technical parameters of third-generation dual-source dualenergy CT scanner

Technical parameters	Third-generation dual- source dual-energy CT
Number of detector	$384(192\times2)$
Detector z-dimension	$0.6 \text{ mm}$
Rotation time	0.25 s
Temporal resolution	66 ms
Spatial resolution	$0.24 \text{ mm}$
z-axis coverage	$115.2(57.6\times2)$ mm
Maximum scan speed	$737$ mm/s
Field of view—main tube	$50 \text{ cm}$
Field of view—secondary tube	35 cm

technical parameters of the third-generation DS-DECT scanner [[15](#page-12-12), [16](#page-13-0)].

#### **Patient preparation**

Pediatric patients should be positioned in supine position, with the arms above the head, at the isocenter of the CT scanner. The electrodes should be located outside the thoracic region, on the arms and upper abdomen, to prevent image-quality reduction or radiation dose increase. Thirdgeneration DSCT makes possible to scan non-cooperative pediatric patients with minimal sedation, free breathing and without β-blockage of heart rate, even to heart rate around 140 beats/min. The highest temporal resolution should be used to minimize motion artifacts. However, minimal sedation in restless patients can be considered [[17,](#page-13-1) [18](#page-13-2)]. Breathing artifacts can be quite tricky and are often seen in single-source CT, but hardly in DSCT [[19\]](#page-13-3). However, when distal or detailed coronary artery imaging is needed, breathholding is beneficial. If children are compliant, practicing the breath-hold before the examination helps to maximize cooperation and assess respiratory sinus arrhythmia. Otherwise, anesthesia with suspended respiration can be considered [[20\]](#page-13-4). Beta-blockers are often not needed to given that they prolong patient preparation time with no guaranteed success. Nevertheless, beta-blockers are safe in pediatric patients without contraindications and should be considered if high-defnition imaging is required because image quality remains heart-pulse-dependent [\[21\]](#page-13-5).

#### **Contrast injection**

Third-generation DSCT allows contrast volume saving, because using a low tube voltage (70 kV) X-rays generated have an average energy close to the k-edge of iodine (33.2 keV), improving contrast enhancement. Moreover, the fast scan protocol provides precise shaping and timing of the contrast peak enhancement for optimal intravascular attenuation and allows reducing contrast volume [[22](#page-13-6)]. For these reasons, keeping the iodine delivery rate constant, contrast medium (CM) with low iodine concentration (300 mgI/ ml) showed a higher vascular enhancement than CM with high iodine concentration (400 mgI/ml), allowing iodine load reduction. CM is usually injected through a peripheral vein using a dual-syringe power injector. Intravenous line size ranging from 24-gauge in neonates to 18-gauce in older children, with fow rates between 0.5 and 5 ml/s and pressure settings of 50–300 lb per square inch (psi). Central venous catheter might be used in critically pediatric patient, but it allows for adequate injection in children with age less than 1-year because maximum flow rate is 0.4–1.2 ml/s and maximum pressure value is 25–50 psi. Contrast concentration should be 300–400 mgI/ml, considering the intravenous access and body weight. A dose of 1.0–1.5 ml/kg of CM is normally necessary. With gated evaluation, the dose can be smaller  $(0.5-1.0 \text{ ml/kg})$ . A larger dose up to 2.0 ml/kg is necessary with large intra-cardiac or extra-cardiac shunts, valve regurgitations and a severe cardiomegaly. If a second CT acquisition is necessary, an additional contrast dose of 1.0–1.5 ml/kg should be administered. Anyhow, the maximal dosage should be 3.0 ml/kg [\[23](#page-13-7)]. Special care must be taken to avoid accidental injection of air, which can result in paradoxical embolism in the presence of intra-cardiac shunting. The most common injection protocols include a biphasic or triphasic approach. The biphasic approach entails a contrast bolus followed by a saline fush with slower fow rate. This approach should be used for coronary artery evaluation in pediatric patients without cardiovascular lesions. The triphasic approach consists of a two-phase contrast administration (about half at the regular rate plus the remainder either at a slower rate) followed by saline with slower fow rate. This method should be used for the assessment of complex cardiovascular disease to obtain simultaneous evaluation of right and left-side structures [[24,](#page-13-8) [25](#page-13-9)].

### **Scan timing**

Scan time can be decided with three diferent techniques: fxed-time, bolus-test and bolus-tracking. Fixed-time technique consists of initiating the scan at the end of the injection. The site of cannulation and scan protocol must be considered; an extra delay of 2–4 s should be added when injecting from the leg and when using shorter scan methods. This approach avoids unnecessary radiation exposure related to the use of bolus monitoring and might be best suited for infants and younger children. Nevertheless, this technique is prone to inaccuracy and it is challenging because it is limited reproducibility from the diferent time of contrast transit for anatomical, functional and technical reasons [[26\]](#page-13-10).

Bolus-test technique consists of calculating vascular peak enhancement time of a small contrast volume by monitoring CM transit on a selected slice. An extra delay, usually 3–6 s, should be added in the scan acquisition depending on protocols, 3 s using retrospective protocol and 6 s using prospective protocol. This method involves additional CM and radiation and it is not routinely applicate in children [\[27\]](#page-13-11).

Bolus-tracking technique is the most useful in pediatric patients. Automatic or visual approach is usually used to decide the scan starting. Compared to bolus-test, bolustracking allows homogeneous enhancement with less contrast volume. The region of interest should be placed within the ascending aorta and the trigger threshold should be set at 100 HU. When is necessary the visualization of the cardiac chambers and the descending aorta in the same plane, the region of interest could be placed within the left ventricle and the trigger threshold should be set 100 HU. Automatic start should be used with cooperative patients. Visual start should be used with restless patients because with automatic approach, the movements of the patient during the bolus measurement can cause to start too early or too late. Moreover, it is recommended to switch from the automatic to the visual start when threshold enhancement is not reached. To reduce radiation exposure, monitoring should start at the end of contrast injection and should be reduced in frequency (one each second), and tube voltage should be reduced (70 kV) [[28](#page-13-12)].

#### **Scan protocol**

The scan range should include the heart, the thoracic aorta and the pulmonary arteries.

The scan acquisition can be non-electrocardiogram (ECG)-synchronized or ECG-synchronized.

#### **Non‑ECG‑synchronized acquisition**

Non-ECG-synchronized acquisition should be used when the diagnostic purpose concerns extra-cardiac anatomy. The high temporal resolution allows for good quality imaging of extra-cardiac structures because they are less sensitive to heart motion than the heart itself [[29](#page-13-13)]. Moreover, respiratory artifacts are responsible for imaging degradation and non-synchronized acquisition is obtained more quickly than synchronized acquisition, and thus is responsible for fewer respiratory artifacts [[30\]](#page-13-14). Finally, synchronized acquisition requires a much higher radiation dose than non-synchronized acquisition because the exposure time is longer due to low pitch acquisitions [[31](#page-13-15)].



<span id="page-3-0"></span>**Fig. 1** DSCT images in a 3-year-old patient with hypoplastic left heart syndrome treated with modifed Fontan procedure. Hypoplastic left ventricle with high wall thickness, in axial (**a**) and coronal (**b**) views. Mitral valve partially closed (**c**) (yellow arrow). Coronary arteries origin from aortic valve (**d**) (yellow arrows). Modifed Fontan procedure, a lateral tunnel created near the right atrium to direct blood from the inferior vena cava to the right pulmonary artery and a stent into the left pulmonary artery, in coronal (**e**) and sagittal (**f**) views

Scan parameters	
Tube voltage	70 kV
Tube current	$30 - 60$ mAs
Pitch factor	3.2
Collimation	$2 \times 196 \times 0.6$ mm
Rotation time	$0.25$ s
Scan protocol	Prospective ECG- triggered high pitch
Reconstruction parameters	
Slice width	$0.6$ mm
Slice increment	$0.4 \text{ mm}$
Kernel-strength	$Bv40-3$
Cardiac phase	30%
Radiation dose	
<b>CTDI</b>	$0.8 \text{ mGy}$
DLP	$51.2 \text{ mGy}$ * cm
<b>SSDE</b>	$1.2 \text{ mGy}$
Effective dose	$1.0$ mS <sub>v</sub>
Contrast medium	
Concentration	$320$ mgI/ml
Dose	$1$ ml/kg
Volume	18 <sub>ml</sub>

<span id="page-4-0"></span>**Table 3** DSCT protocol in a 3-year-old patient with hypoplastic left heart syndrome treated with modifed Fontan procedure

#### **ECG‑synchronized acquisition**

ECG-synchronized acquisition should be used when the diagnostic purpose concerns intra-cardiac anatomy. To prevent a radiation dose increase the automatic ECG radiation modulation should be use [\[32](#page-13-16)]. The ECG radiation modulation avoids large increase in radiation dose even with irregular heart rate. It is recommended to keep a wider acquisition and radiation margin, allowing fexibility in reconstruction window to minimize motion. The main acquisition modes include: prospective ECG-triggered high-pitch spiral, prospective ECG-gated sequential, and retrospective ECG-gated spiral [\[33](#page-13-17)].

Prospective ECG-triggered high-pitch spiral mode should be used in uncooperative patients because it reduces respiratory and cardiac motion artifacts, as well as the need for sedation and general anesthesia. This mode uses two X-ray tubes to achieve both maximum temporal resolution and *z*-axis scan speed, resulting in rapid and large gapless non-overlapping imaging in a single heartbeat. The length of the R–R interval in pediatric patients is around 500 ms at a heart rate of around 120 beats/min. An ECG-triggered high-pitch scan with a 12 cm scan length takes up to 130 ms. With increasing heart rate, the mean velocity of all coronary arteries signifcantly increases. ECG-synchronized high pitch should be triggered with the diastolic phase to avoid cardiac motion artifacts. Sometimes, motion coronary artifacts can be occurred due to the high heart rate and relative short motion free acquisition time. Mostly, only information on the anatomy is required and not the rule out of coronary artery disease as in adults, providing sufficient diagnostic image quality [[34](#page-13-18)].

Prospective ECG-gated sequential mode should be used in cooperative patients with irregular heart rate. This mode allows to increase the percentage of the cardiac cycle phase acquired (from 30 to 60% of the diastolic phase), to select the ECG phase without motion artifacts, and avoid nondiagnostic scans [[35\]](#page-13-19). An issue of prospective ECG-gated sequential mode is the possibility of a stack artifact when scanning a larger length in the *z*-axis than the collimation width. In children, because the length of the *z*-axis is not elevated and the focus is mainly on anatomy assessment, the stack artifacts can be less problematic [\[36](#page-13-20)].

Retrospective ECG-gated spiral mode should be use with very irregular heart rate where the need for ECG editing is expected, or when the functional cardiac information could be necessary. This mode allows acquiring the entire cardiac cycle, selecting the heart phase without motion artifacts and evaluating functional cardiac parameters. An issue of retrospective ECG-gated spiral mode is the increase in the radiation exposure. Lower radiation dose is feasible with the use of pulsing techniques. This technique loses efficiency at higher heart rate because of less efficient slope-up time and slope-down time of the ECG-based tube current modulation [[37\]](#page-13-21).

#### **DE clinical applications**

DE clinical applications in pediatric CHD patients include better evaluation of vascular structures and shunts, assessment of the myocardial and lung perfusion and reduction in metal artifact. The two X-ray tubes operate independently at low (70–80 kV) and high (140–150 kV) energies. With DE technology is necessary the use of the retrospective ECGgated spiral scanning mode. The post-processing techniques that best exploit the advantages of DE in CHDs are "material decomposition" and "virtual mono-energetic" [[38\]](#page-13-22).

"Material decomposition" allows discriminating structures based on attenuation characteristics at diferent energy levels. The system uses "three-material decomposition" algorithm in the image-space domain. The three materials used for material diferentiation in pediatric CHD are soft tissue, calcium, and iodine. One application profle is the automatic bone removal, which separates iodine from bone. In the reconstructed image, iodinated vessels are the only remaining dense material, improving evaluation of vasculature. This application reduces signifcantly errors in bone <span id="page-5-0"></span>**Fig. 2** DSCT images in a 12-day-old patient with IAA and PDA. Type A interrupted aortic arch, after the left subclavian artery origin, with a gap between the ascending and descending thoracic aorta, in sagittal (**a**) and coronal (**b**) views (yellow arrows). Patent ductus arteriosus with the descending aorta continuation of the ductus (**c**, **d**) (yellow arrows). Volume rendering reconstructions in superior (**e**) and posterior (**f**) views



segmentation compared with the threshold attenuation, based single-energy technique. Another application is the virtual non-contrast, which allows obtaining virtual nonenhanced images and iodine overlay images [\[39\]](#page-13-23). Virtual non-enhanced images could obviate a true non-enhanced acquisition, reducing radiation dose. Iodine overlay images allow quantitative evaluation of iodine content, a reference region is placed in an area of maximum contrast enhancement and another region of interest in placed in the target area of a contrast material–enhanced image. Because absolute threshold values for increased or decreased iodine content have not been defned and iodine measurements may vary among vendors, the quantitative analysis is best performed by assessing relative contrast enhancement values [[40\]](#page-13-24). Another application is the evaluation of myocardial perfusion, which provides the myocardial iodine distribution during the frst pass arterial enhancement and can detect myocardial blood supply [[41](#page-13-25)]. Finally, the lung analysis

<span id="page-6-0"></span>



application allows assessing qualitative and quantitative lung perfusion. DECT may be an efficient method to assess perfused lung blood volume in CHDs, such as pulmonary atresia, arteriovenous malformations and tetralogy of Fallot [\[42\]](#page-13-26). DECT allows simultaneous evaluation of lung vessels and parenchyma without extra-radiation in a single acquisition. The perfused blood volume image shows homogenous iodine distribution in the lung parenchyma. Normal pulmonary blood fow is typically gravity-related. Areas with perfusion defect appear with decreased or absent iodine content. These perfusion defects correlate with increased right-toleft shunt and combined with the morphologic analysis can improve detectability of the cyanotic CHD [\[43](#page-13-27)].

"Virtual mono-energetic" allows reconstruction of virtual images that simulate the attenuation values of an image acquired by using a single-energy value. Low-energy values, from 70 to 90 kV, increase iodine contrast [\[44](#page-13-28)]. These values improve the contrast-to-noise ratio in children who receive small contrast volumes at slow injection rates and increase the detection of subtle contrast enhancement. Conversely, high-energy values, from 100 to 150 kV, decrease iodine contrast. These values reduce metal and beam-hardening artifacts from injected CM in the subclavian vein, axillary vein, or superior vena cava [[45,](#page-13-29) [46](#page-13-30)].

#### **Scan thickness**

Scan thickness should be the thinnest possible, because thinner slices improve contrast-to-noise ratio and, consequently, image quality. For this reason, slice thickness should be 0.6 mm and increment 0.4 mm. However, when is necessary evaluate larger structures or for quantifcation of ventricular function, slice thickness of 1.2 mm should be used to reduce mA and, consequently, radiation dose [\[47,](#page-14-0) [48\]](#page-14-1).

#### **Image reconstruction**

Image reconstruction is based on an iterative reconstruction algorithm that employs measured raw and simulated data to generate image estimates that are compared and corrected in cycles at diferent strength levels. Iterative reconstruction techniques provide similar image quality to fltered backprojection with lower tube voltage reducing radiation exposure. Iterative reconstruction techniques decrease artifacts associated with fltered back-projection, such as blooming and beam-hardening artifacts. Medium smooth convolution kernel should be used with a low-intermediate strength [\[49](#page-14-2)].

#### **Post‑processing**

For extra-cardiac structures evaluation are necessary Multi Planar Reformations in sagittal and coronal planes. For coronary arteries are necessary Curved Planar Reformations to display their origin and course. For cardiac structures with prospective or retrospective ECG-gated acquisition, the best cardiac phase with minimal cardiac motion should be manually selected. Sometimes, could be necessary to reconstruct several phases to determine the best frame of cardiac rest. In case of irregular heart rate, it might be advisable to reconstruct phases according to milliseconds rather than relative percentage intervals because this method could be superior. Maximum Intensity Projection images are necessary for vascular structures. Volume Rendering Reconstructions are necessary for a tridimensional overview of cardiac and great vessel anatomy [\[50,](#page-14-3) [51\]](#page-14-4).

#### **Radiation dose**

Radiation dose reduction in pediatric patient is important because organ sensitivity to radiation is much higher than in adults, and a risk of developing cancer in the future cannot be totally ruled out. All CT examinations should employ a low-dose protocol, including weight-adapted settings with an automatic modulation of tube current. Third-generation DSCT allows dose saving, reducing the energy of the X-ray beam from 80 to 70 kV [[52](#page-14-5), [53\]](#page-14-6). Moreover, prospective ECG-triggered high-pitch spiral scan mode allows minimal

<span id="page-7-0"></span>**Fig. 3** DSCT images in a 5-year-old patient with Ebstein anomaly. Apical and anterior displacement of the tricuspid valve functional orifce ( **a**) (yellow arrow). Tricuspid valve regurgitation decrease forward flow across the pulmonary valve reducing systemic cardiac output ( **b**) and increase right atrial dimensions ( **c**). Volume rendering reconstructions in posterior ( **d**), right ( **e**) and left ( **f**) views



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Scan parameters	
Tube voltage	70 kV
Tube current	$60 - 90$ mAs
Pitch factor	3.2
Collimation	$2 \times 196 \times 0.6$ mm
<b>Rotation</b> time	0.25 s
Scan protocol	Prospective ECG- triggered high pitch
Reconstruction parameters	
Slice width	$0.6$ mm
Slice increment	$0.4 \text{ mm}$
Kernel-strength	$Bv40-3$
Cardiac phase	30%
Radiation dose	
<b>CTDI</b>	$1.4 \text{ mGy}$
DLP	59.2 mGy * cm
<b>SSDE</b>	0.9 <sub>mgy</sub>
Effective dose	$1.2$ mSv
Contrast medium	
Concentration	320 mgI/ml
Dose	$0.8$ ml/kg
Volume	40 ml

<span id="page-8-0"></span>**Table 5** DSCT protocol in a 5-year-old patient with Ebstein anomaly

radiation exposure without signifcant diferences in diagnostic confdence. Using this protocol, radiation exposure is estimated to be less than 1 mSv, which is equivalent to the dose delivered by natural radiation over a 6-month period [\[54](#page-14-7)]. Prospective ECG-gated sequential scan mode still provides from 1 to 2 mSv. Retrospective ECG-gated scan mode provides from 2 to 4 mSv [[55,](#page-14-8) [56\]](#page-14-9).

Concerning DECT in the pediatric population, in the few prior publications, the radiation exposure level from DECT is equivalent to or even less than that of a comparable single-energy examination [[57\]](#page-14-10). The optimization of scanner technology, including better iterative reconstruction techniques, improved detector efficiency, and the addition of spectral fltration that attenuates photons in the higherenergy tube. Moreover, DECT scanners can generate virtual non-enhanced images, which have the potential to reduce radiation exposure by eliminating the need for a true nonenhanced acquisition [[58,](#page-14-11) [59\]](#page-14-12).

#### **Case examples**

Clinical indications for cardiac CT in the pediatric population with CHDs cover a wide spectrum. Some case examples are provided, all acquired on a DSCT scanner with DE technology (SOMATOM Force, Siemens Heathineers, Forchleim, Germany).

#### **Hypoplastic left heart syndrome**

Hypoplastic left heart syndrome (HLHS) comprises a wide spectrum of cardiac malformations, including hypoplasia or atresia of the aortic and mitral valves and hypoplasia of the left ventricle and ascending aorta. The great vessels are normally related in HLHS. HLHS is the fourth most common cardiac malformation to manifest in the frst year of life behind ventricular septal defect, transposition of the great arteries, and tetralogy of Fallot. HLHS has a reported prevalence of 0.2 per 1000 live births. Left untreated, HLHS is invariably lethal and is responsible for 25% of early cardiac deaths in neonates. However, the recent evolution of palliative surgical procedures has increased the survival rate in children with these malformations [[60](#page-14-13)].

CT has become a valuable modality in evaluating the complex anatomic fndings associated with HLHS. CT provides information for surgical planning, include location and size of the hypoplastic ascending aorta, and post-surgical assessment, such as the modifed Fontan procedure, a lateral tunnel created within or near the right atrium to direct blood from the inferior vena cava to the right pulmonary artery to reduce patient cyanosis [[61\]](#page-14-14). A case example of DSCT examination of a 3-year-old patient with HLHS treated with modifed Fontan procedure is shown in Fig. [1](#page-3-0). CT protocol and radiation dose are summarized in Table [3.](#page-4-0)

# **Interrupted aortic arch with patent ductus arteriosus**

Interrupted aortic arch (IAA) accounts for approximately 1.5% of all CHDs and 15% of IAA patients have DiGeorge syndrome. The anatomical spectrum varies from an extreme form of aortic coarctation to an absence of an arch segment. According to the site of interruption, three diferent types are described: type A (30%), the interruption is distal to the origin of left subclavian artery; type B (43%), the interruption is between the left carotid and left subclavian arteries and DiGeorge syndrome is reported in about 50% of patients; type C (17%), the interruption is between the innominate and left carotid arteries. A patent ductus arteriosus (PDA) is invariably present with IAA, and the descending aorta is a continuation of the ductus. Bicuspid aortic valve occurs in 60% of all cases, sub-aortic stenosis occurs in about 20%, and truncus arteriosus in about 10% [\[62\]](#page-14-15).

CT has become a valuable modality in evaluating the complex anatomic fndings associated with IAA. CT can be used to evaluate the type and the level of IAA, the PDA, the aortic valve and potential post-surgical complications [[63\]](#page-14-16). A case example of DSCT examination of a 12-day-old

<span id="page-9-0"></span>**Fig. 4** DSCT images and DE application in a 10-monthold patient with TOF. Large (a), anterior shift of the aorta over the ventricular septum defect ( **b**), right ventricular outflow tract obstruction with pulmonary artery atresia and dextro-position of the aortic arch ( **c**). Patency of surgical palliative shunt placement ( **d**) (yellow arrows). DE application allows to evaluate the reduction in blood perfusion of the lower lobe of the left lung lower in axial ( **e**), and coronal ( **f**) views and with volume rendering reconstructions in posterior ( **g**) and anterior ( **h**) views



70–150 kV
$30-60$ mAs
0.2
$2 \times 196 \times 0.6$ mm
0.25 s
Retrospective ECG-gated
$0.6$ mm
$0.4 \text{ mm}$
$Bv40-3$
30%
$0.7 \text{ mGy}$
$23.8 \text{ mGy}$ * cm
$0.7 \text{ mGy}$
$1.1$ mSv
$320$ mgI/ml
$0.5$ ml/kg
$4.5$ ml

<span id="page-10-0"></span>**Table 6** DSCT protocol and DE application in a 10-month-old patient with TOF

patient with IAA and PDA is shown in Fig. [2.](#page-5-0) CT protocol and radiation dose are summarized in Table [4.](#page-6-0)

#### **Ebstein anomaly**

Ebstein anomaly (EA) accounts for  $<1\%$  of all CHDs with an equal distribution between male and female. It is a malformation which involves both the tricuspid valve (TV) and the right ventricle (RV). As a consequence of this apical and anterior displacement of the TV functional orifce, functionally RV is variably hypoplastic; the myocardium above the orifce becomes "atrialized" and, thus, thin and dysfunctional; the myocardium below the orifce typically possesses a more normal ventricular wall thickness but is still dysfunctional. The RV impairment and the TV regurgitation decrease forward fow across the pulmonary valve reducing systemic cardiac output and increase right atrial dimensions and pressure thus favoring a right-to-left shunt through the interatrial communication; cyanosis depends upon the rightto-left shunting [[64](#page-14-17)].

CT has become a valuable modality in evaluating the complex anatomic fndings associated with EA. CT can be used to evaluate the apical displacement of the TV, RV outflow tract obstruction, intra-cardiac shunts and coronary arteries anomalies. DE technology can be used to evaluate

the possible reduction in lung blood volume perfusion [\[65](#page-14-18)]. DSCT examination of a 5-year-old patient with EA is shown in Fig. [3](#page-7-0). CT protocol and radiation dose are summarized in Table [5.](#page-8-0)

#### **Tetralogy of Fallot**

Tetralogy of Fallot (TOF) occurs in 10% of all CHDs and is the most common cyanotic defect seen in children beyond infancy. It involves the following four anatomic abnormalities of the heart: large ventricle septal defect (VSD), anterior shift of the aorta over the VSD (overriding aorta), RV outflow tract (OT) obstruction, and RV hypertrophy. Within TOF, there is a wide spectrum of presentation: the degree of cyanosis depends on the degree of RVOT obstruction. TOF and pulmonary atresia with VSD occurs in approximately 15–20% of all tetralogy cases and the pulmonary supply is most commonly mediated through a PDA (70%) and less commonly through major aorto-pulmonary collateral arteries (MAPCAs) (30%) [[66\]](#page-14-19).

CT has become a valuable modality in evaluating the complex anatomic fndings associated with both unrepaired and repaired TOF patients. CT can be used to evaluate the RVOT obstruction, the aortic root anatomy and the overriding aorta, the VSD, the PDA, the MAPCAs, the patency of surgical palliative shunt placement and for long-term sequelae and complications. DE application can be used to evaluate the possible reduction in lung blood volume perfusion [[67](#page-14-20), [68](#page-14-21)]. DSCT with DE application examination of a 10-month-old patient with TOF is shown in Fig. [4.](#page-9-0) CT protocol and radiation dose are summarized in Table [6.](#page-10-0)

#### **Transposition of the great arteries**

Transposition of great arteries (TGA) accounts for 2–5% of all CHDs with a prevalence of about 0.2–0.3 of 1000 births; it is more common in males than in females with a ratio of 2–3:1. It derives from truncal ridge and infundibulum normal spiraling rotation failure during fetal life which results in discordant ventriculo-arterial connection: aorta arises from the morphologically right ventricle (RV) and is located anteriorly and to the right of pulmonary artery (PA) (D-transposition), whereas the PA arises from morphologically left ventricle (LV). This hemodynamic condition is incompatible with life unless a communication exists between the two circulations, which allows a mixing between oxygenated and deoxygenated blood. During neonatal period, patent ductus arteriosus (PDA) and mainly patent foramen ovale (PFO) usually maintain an adequate mixing because they ensure the effective systemic/ pulmonary blood fow going, respectively, into the aorta and the PA; as the PDA starts to close and PFO by itself is restrictive in size, infant develops severe cyanosis [\[69\]](#page-14-22).

CT has become a valuable modality in evaluating the complex anatomic fndings associated TGA. CT can be used to evaluate the origin and course of the great arteries, the presence and size of the PDA and/or PFO, and any associated anomalies such as LVOT obstruction and aortic coarctation [\[70](#page-14-23)]. DSCT examination of a 3-day-old patient with TGA is shown in Fig. [5](#page-11-0). CT protocol and radiation dose are summarized in Table [7](#page-12-13).

**Conclusion**

DSCT with DE technology is an important low-invasive diagnostic tool for the evaluation of CHD in pediatric patients, providing relevant information for optimal surgical management. The main drawback of CT, especially in the pediatric population, is the cumulative radiation dose from repeat examinations pre- and post-surgery or endovascular treatment. However, with the introduction of the third-generation DSCT and the use of prospective ECG-triggered highpitch spiral scan, low tube voltage and tube current and new

<span id="page-11-0"></span>**Fig. 5** DSCT images in a 3-dayold patient with TGA. Aorta (yellow arrow) arises from the morphologically right ventricle and is located anteriorly of pulmonary artery (blue arrow) (**a**, **b**). Pulmonary artery (blue arrow) arises from morphologically left ventricle (**a**, **c**). Presence of large ventricular septum defect (**d**) (yellow arrow). Volume rendering reconstructions in superior view with (**e**) and without aorta (**f**)



<span id="page-12-13"></span>



iterative reconstruction algorithms the radiation dose may even be lowered to 1 mSv. Moreover, the speed of scanning reduces any motion-related artifact. Finally, DE technology has the ability to diferentiate materials with diferent atomic numbers with important clinical applications, such as better evaluation of vascular structures and shunts, assessment of the myocardial and lung perfusion and reduction in metal artifact.

For all these reasons, DSCT with DE technology will result in widespread adoption, into clinical practice, for CHDs assessment in pediatric population.

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## **Compliance with ethical standards**

**Conflict of interest** The authors declared no potential conficts of interests associated with this study.

**Ethical standards** All procedures performed in studies involving human participants were in accordance with the ethical standards of the institutional and/or national research committee and with the 1964 Helsinki declaration and its later amendments or comparable ethical standards. Informed consent was obtained from all individual participants included in the study.

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