



# Photonic Crystal based Biosensor for Diagnosis of Kidney Failure and Diabetes

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Received: 7 August 2023 / Accepted: 18 August 2023 / Published online: 23 August 2023  
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## Abstract

In this work, a biosensor based on two-dimensional photonic crystals is proposed. The structure is based on  $30 \times 20$  silicon rods on the air background. The structure is considered for detection of Glucose and Creatinine concentrations in blood samples. This can help physicians in diagnosis of diabetes and kidney failure. The proposed biosensor is designed based on only linear materials to overcome low gain and nonlinearity difficulties. The functionality of the biosensor is fulfilled by considering the interference and scattering effects of Si defect rod situated in the structure (dark blue rods function as confining sensing media while dark green rods act as coupling rods). The proposed biosensor is designed in the format of hexagon shaped rings; filtering the operating resonance wavelengths. The functionality of the presented biosensor is investigated by considering the photonic band gap (PBG) and field distribution spectra, through the plane wave expansion (PWE) and finite-difference-time-domain (FDTD) methods. The incident light wave would be applied to the input port and according to the resonant wavelength would be transmitted to Outputs 1 or 2. The dimension of the proposed structure is considered as  $114 \mu\text{m}^2$  which makes it an appropriate option for optical integrated circuits. Finally, for Glucose, the remarkable sensitivity ( $1400 \text{ nm}/\text{RIU}$ ), quality factor ( $163.6$ – $169.8$ ), detection limit ( $6.6e-4$ – $6.8e-4$  RIU) and figure of merit ( $150.4$ – $152.6$ )  $\text{RIU}^{-1}$  were obtained. Similarly, for Creatinine, the sensitivity ( $795 \text{ nm}/\text{RIU}$ ), quality factor ( $53.5$ – $58$ ), detection limit ( $0.0029$ – $0.0030$ ) RIU and figure of merit ( $33.07$ – $34.56$ )  $\text{RIU}^{-1}$  were achieved.

**Keywords** Biosensor · Creatinine · Glucose · Optical integrated circuit · Photonic crystal · Refractive index

## Introduction

Recently, optical structures have been the main field of research interest for various scientists. This happens due to their compact sizes, very low costs (compared with conventional technologies), extremely higher capacities and speeds (compared with electronic based devices). This is mainly due to the fact that in optical based devices, electrons (which are responsible for electronic device's operations) are replaced by photons (which are responsible for optical device's operations) [1–3]. Very high speed of light with other advantages attracted the attentions of many researchers (to the optical based devices). As a result, all of the elements considered in electronic circuits should be converted to optical ones (elements like, logic gates, filters, sensors or

biosensors, receivers, transmitters and etc.) [4–7]. Photonic crystals (PhCs) are optical based devices which are periodic in one, two or three dimensions. They are basically made of at least two individual media (i.e. air and a dielectric) in a periodic (circular, hexagonal, cubic, etc.) pattern. PhCs in most configurations are defined by periodic cells (rods) in the background made of air. All of the materials utilized in PhC based devices and generally in optical structures are defined by their refractive indices (RIs). In fact, refractive index is the main identification factor for materials used in the designation of optical integrated circuits (OICs). The periodicity of the PhC based structures can be defined by the lattice constant parameter, which indicates the distance between adjacent rods [8]. An important parameter defining the functionality of the PhC based structure is the photonic bandgap (PBG). In fact, PBG diagram is a spectrum which shows regions of frequency (wavelength), where light can be transmitted or not. As a matter of fact, these regions are denoted as the forbidden (non-guided) or permitted (guided) regions. For different PhC based structures, by

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considering plane wave expansion (PWE) method, PBG can be obtained. In different applications, wavelengths (frequencies) situated in the forbidden or permitted regions can be considered. Mostly, signals with permitted wavelengths would be propagated in the PhC structure and would be eventually dispersed. Finally, they would lose their energies. On the other hand, signals with forbidden wavelengths wouldn't be propagated in the PhC structure. They would be reflected in the structure after hitting other opposite side rods (this happens along the waveguide). Therefore, in the latter case total internal reflection (TIR) effect can help the light wave propagate along the waveguide with very low losses [9–13]. PhC based structures can be designed for various OICs. Elements like logic gates, filters, splitters, receivers, biosensors, transmitters and etc. can be designed by PhCs. PhC-based structures can be specially considered in designation of various sensors. Gas and liquid sensors are among the most important categories of PhC-based sensors [14]. Optical biosensors have attracted attentions of many researchers due to their compact size, integrability, ease of fabrication and high speed and can be designed based on various configurations [15].

Bio-optoelectronic structures can also take advantage of the benefits of optical structures [16, 17]. PhC based devices can be configured as biosensors for detection of various biological elements in blood samples [18, 19]. For diagnosing diabetes, Glucose concentration in blood samples should be considered (high levels of Glucose increase the risk of diabetes). In order to diagnose kidney failure, creatinine concentration should be measured (high levels of Creatinine may cause kidney failure) [20–22]. As stated, many researchers have reported their works on optical biosensors. In a research [23], a PhC-based biosensor with the sensitivity and limit of detection of 260 nm/RIU and 0.001 RIU, respectively, was proposed. In [24], ring resonators based on PhC structures were reported for detection of cancer cells. In another research [25], by considering layers of metal/defect/metal in the photonic crystal configuration, a biosensor for diagnosis of malaria was proposed. In [26], by considering irregular defects in the PhC structure, a biosensor for detection of blood plasma was suggested. Recently [27], a PhC based biosensor was considered and analyzed for diagnosing biomolecules in urine and blood. In another work [28], 2-D PhC based biosensor was considered for diagnosis of DNA. In [29], by using  $\text{Ti}_3\text{C}_2\text{T}_x$  MXene material in a D-shaped PhC fiber, a sensitive biosensor was designed. In [30], by detecting plasma, platelets, red blood cell and uric acid in blood samples, chikunguniya virus was detected. The proposed biosensor was based on 2-D PhC structures [30]. In another research [31], a biosensor based on photonic crystal fiber in the shape of rectangular core was proposed which could diagnose red blood cell (RBC), white blood cell (WBC), plasma, water and Hemoglobin. This research proposes a simple, easy

fabricated, integrable and functional biosensor by considering 2D PhCs. The proposed structure is utilized for detection of Glucose and Creatinine concentrations in blood samples (diagnosing diabetes and kidney failure). The PBG diagram and field distribution at the two individual output ports are considered. Eventually, the structure is considered as biosensors for detection of Glucose and Creatinine at outputs 1 and 2, respectively. In the following parts, first the methodology and design section (the proposed biosensor and its functionality), then the simulations and results (considering filed distribution and transmission-wavelength spectrum for various Glucose and Creatinine concentrations at outputs 1 and 2) and finally the conclusion section are presented.

## Methodology and Design

In this work, a 30\*20 biosensor based on PhCs is being designed and investigated. For investigating the functionalities of the proposed structure, PBG diagram and field distributions should be studied which can be conducted by considering Maxwell's equations.

$$\frac{\partial B}{\partial t} = -\nabla * E - J \quad (1)$$

$$\frac{\partial B}{\partial t} = \nabla * H - J \quad (2)$$

where  $E$ ,  $H$ ,  $D$ ,  $B$  and  $J$  indicate the electric field, magnetic field, electric displacement, magnetic induction fields and electric-charge current density, respectively.

Plane wave expansion (PWE) and finite difference time domain (FDTD) methods can be considered for extracting the PBG and field distribution diagrams, respectively [32, 33]. There are some important parameters which should be calculated and analyzed for defining the functionality of a biosensor. Quality factor ( $Q$ ) is one of these parameters which is presented in the following equation [7, 34].

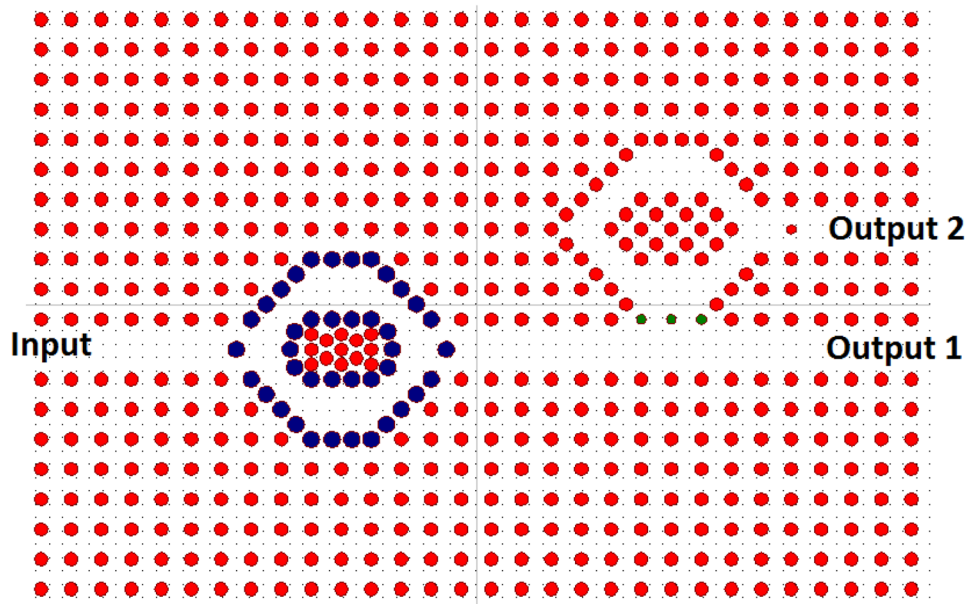
$$Q = \frac{\lambda_0}{\Delta\lambda_{FWHM}} \quad (3)$$

in which  $\lambda_0$  and  $\Delta\lambda_{FWHM}$  stand for the resonant wavelength and spectral width of half maximum for the central transmission spectrum, respectively. Sensitivity ( $S$ ) is another important parameter defining the least possible detectable changes in the refractive index of the sensing medium.

$$S = \frac{\Delta\lambda}{\Delta n}(nm/RIU) \quad (4)$$

where  $\Delta\lambda$  and  $\Delta n$  define the transmission spectrum displacement and changes of the RI, respectively. Its unit is mostly stated as "nm/RIU". Detection limit ( $DL$ ) is another important parameter which is defined as below:

**Fig. 1** The proposed biosensor based on 2-D PhCs



$$DL = \frac{\lambda}{10SQ}(RIU) \tag{5}$$

In which  $\lambda$ ,  $S$  and  $Q$  stand for the resonant wavelength, sensitivity and quality factor, respectively.

Figure of merit ( $FOM$ ) is also another important parameter presented in Eq. (6).

$$FOM = \frac{SQ}{\lambda}(RIU^{-1}) \tag{6}$$

where  $S$ ,  $Q$  and  $\lambda$  stand for sensitivity, quality factor and resonant wavelength, respectively [7, 34].

The proposed 2-D PhC based biosensor can be seen in Fig. 1.

As can be seen in Fig. 1, the proposed structure is consisted of 30\*20 Si rods in the background of air. In order to make the structure functional and simple (designation and fabrication), only linear rods were considered. Line defects (omitting rods to form the Input, Output1 and Output2 pathways) and point defects (dark blue and dark green rods) were considered in the structure for ease of functionality. Dark blue rods act as the confining sensing media (reflecting rods) and are in contact with the tested materials (the

**Table 1** Structural parameters of Fig. 1

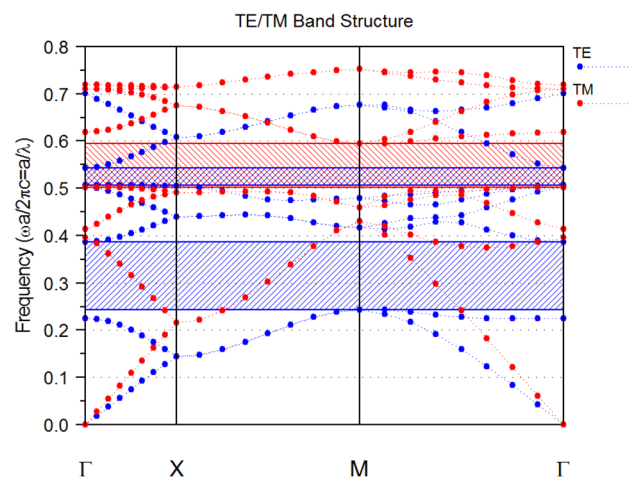
Parameter	Value
Red rod's radius	0.1 $\mu\text{m}$
Dark blue rod's radius	0.125 $\mu\text{m}$
Dark green rod's radius	0.8 $\mu\text{m}$
Lattice constant (a)	0.45 $\mu\text{m}$
Refractive index of rods	3.5

hexagon shaped ring help filter the operating resonance frequency). Dark green rods function as the coupling rods filter the appropriate wavelengths for the Output2 port. The structural parameters of Fig. 1 are tabulated in Table. 1.

In the first step of a 2-D PhC based biosensor designation, the PBG diagram should be presented. PBG spectrum of the proposed biosensor can be seen in Fig. 2.

As seen in Fig. 2, TE and TM modes were extracted for the proposed biosensor. TE modes are obtained in the wavelength ranges of  $1.14 \mu\text{m} < \lambda < 1.895 \mu\text{m}$  and  $0.813 \mu\text{m} < \lambda < 0.93 \mu\text{m}$ . TM modes are also achieved in the wavelength range of  $0.75 \mu\text{m} < \lambda < 0.935 \mu\text{m}$ .

TE mode is considered for further simulations due to its wider and more dominant wavelength range. In the TE mode range, the light wave can be propagated through



**Fig. 2** View of the PBG of the proposed biosensor

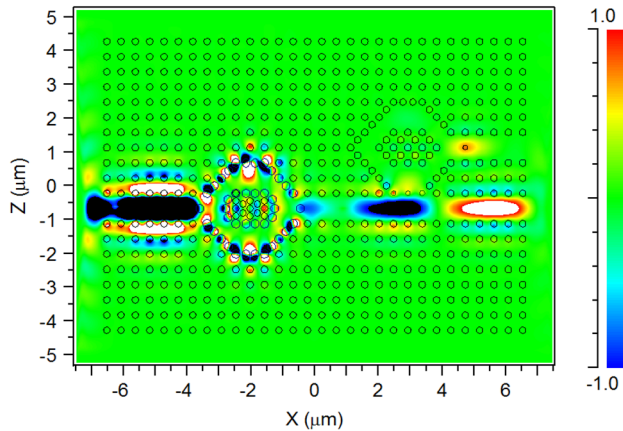


Fig. 3 Field distribution at  $\lambda = 1550 \text{ nm}$

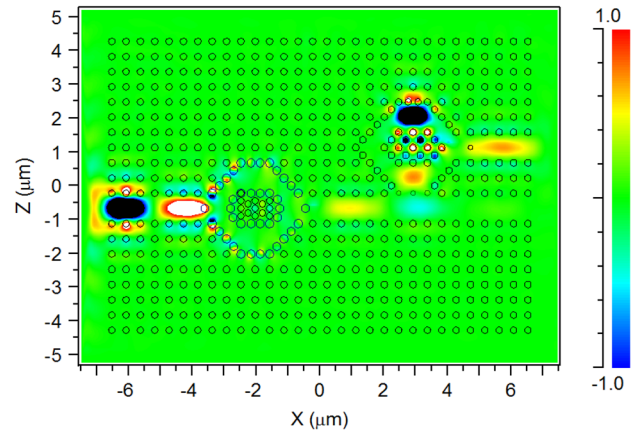


Fig. 5 Field distribution at  $\lambda = 1290 \text{ nm}$

the structure (without being dispersed) by considering the total internal reflection effect (TIR). As a result, for the following simulations, the wavelengths situated in the PBG range would be considered as the input wavelength (for having the TIR effect). In order to have biosensors with the ability of detecting Creatinine and Glucose at individual output ports, various simulations with different input central wavelengths should be conducted.

In the following parts, first, field distributions at  $\lambda = 1550 \text{ nm}$  and  $\lambda = 1290 \text{ nm}$  for Outputs 1 and 2 are obtained. Then, by considering different concentrations of Creatinine and Glucose, their effects on the resonant wavelength are considered (transmission-wavelength for different RIs were depicted). Finally,  $Q$ ,  $S$ ,  $DL$  and  $FOM$  parameters are calculated.

### Simulations and Results

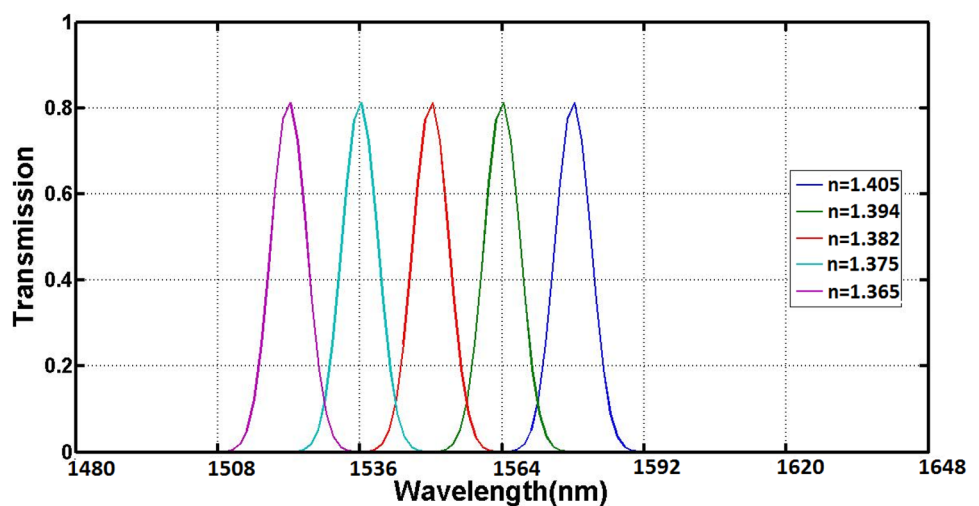
In this part by considering the incident field at different wavelengths (in the TE range), field distributions and transmission-wavelength spectra are obtained.

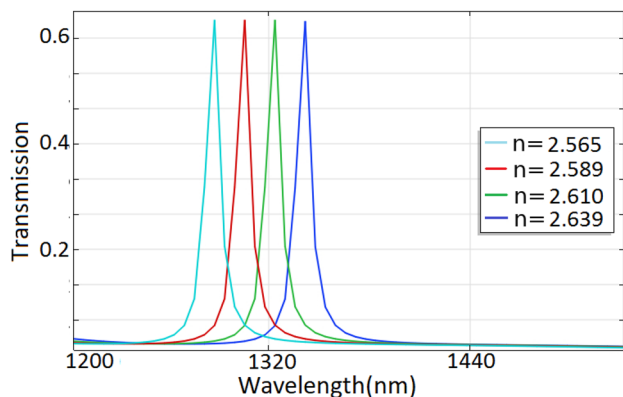
#### Output 1 ( $\lambda = 1550 \text{ nm}$ )

In this section, by considering  $\lambda = 1550 \text{ nm}$ , the light wave would be transmitted to Output1 as shown in Fig. 3.

As seen, most of the incident light wave would be transmitted to Output1 at  $\lambda = 1550 \text{ nm}$ . In this section, by considering different concentrations of Glucose in blood samples (by their RIs), transmission spectrum versus wavelength would be obtained. Diabetes can be diagnosed by

Fig. 4 Transmission spectrum vs. wavelength for various Glucose concentrations





**Fig. 6** Transmission spectrum vs. wavelength for various Creatinine concentrations

considering the obtained results (for people with different genders, ages and etc., specific values of Glucose concentrations can lead to diabetes). The following figure indicates the evolutions of the resonant wavelength by considering various concentrations of Glucose (defined by RIs) in blood samples.

Considering Fig. 4, the utilized RIs of 1.365, 1.375, 1.382, 1.394 and 1.405 are related to various Glucose concentrations in blood samples ( $n = 1.365$  for 75 mg/dl,  $n = 1.375$  for 100 mg/dl,  $n = 1.382$  for 125 mg/dl,  $n = 1.394$  for 150mg/dl and  $n = 1.405$  for 175 mg/dl [35]). As seen in Fig. 4, increasing RI would lead the transmission’s peak wavelength to higher values (red-shift) [18, 36].

By considering Fig. 4 and Eqs. (3–6), the following parameters for the biosensor at Output1 can be obtained. Quality factor ( $Q$ ): (163.6–169.8), Sensitivity ( $S$ ): 1400 nm/RIU, detection limit ( $DL$ ): ( $6.6e-4$ – $6.8e-4$ ) RIU, Figure of merit ( $FOM$ ): (150.4–152.6) RIU<sup>-1</sup>.

Finally, by considering wavelengths in the range of  $1522\text{ nm} < \lambda < 1578\text{ nm}$ , the mentioned concentrations of

Glucose in blood samples can be detected. This can help in diagnosis of diabetes. In the following part, by considering incident field with  $\lambda = 1290\text{ nm}$ , various concentrations of Creatinine in blood samples at Output2 would be diagnosed.

**Output 2 ( $\lambda = 1290\text{ nm}$ )**

In this section, by considering  $\lambda = 1290\text{ nm}$ , the light wave would be transmitted to Output2 as shown in Fig. 5.

As shown in Fig. 5, most of the incident light wave was transferred to Output2 at  $\lambda = 1290\text{ nm}$ . In this part, by considering various concentrations of Creatinine in blood samples (by their RIs), transmission spectrum versus wavelength could be obtained. Kidney failure diseases can be diagnosed by considering the obtained results (for people with different genders, ages and etc., specific values of Creatinine concentrations can lead to kidney failure). The following diagram indicates the evolutions of the resonant wavelength by considering various concentrations of Creatinine (defined by RIs) in blood samples.

The utilized RIs of Fig. 6, are related to various Creatinine concentrations in blood samples ( $n = 2.565$  for 85.28  $\mu\text{mol/L}$ ,  $n = 2.589$  for 84.07  $\mu\text{mol/L}$ ,  $n = 2.610$  for 83.3  $\mu\text{mol/L}$  and  $n = 2.639$  for 82.3  $\mu\text{mol/L}$  [21]). It is obvious from Fig. 6, that increasing RI would move the transmission’s peak wavelength to higher amounts [18, 36]. By considering Fig. 6 and Eqs. (3–6), the following parameters for the biosensor at Output2 can be obtained. Quality factor ( $Q$ ): (53.5–58), Sensitivity ( $S$ ): 795 nm/RIU, detection limit ( $DL$ ): (0.0029–0.0030) RIU, Figure of merit ( $FOM$ ): (33.07–34.56) RIU<sup>-1</sup>. Therefore, by considering wavelengths in the range of  $1286\text{ nm} < \lambda < 1344\text{ nm}$ , the mentioned concentrations of Creatinine in blood samples can be detected. This can help in diagnosis of kidney failure diseases. Results of the propped sensor were compared with previous published works and are tabulated in Table 2.

**Table 2** Comparison of our suggested biosensor with published works

References	Sensitivity (nm/RIU)	FOM (RIU <sup>-1</sup> )	DL (RIU)	Q-Factor
Creatinine sensor [21]	306			
Creatinine sensor [37]	42			
Creatinine sensor [38]	637	10.3	0.001	
Creatinine sensor [39]	75	26		
Proposed Creatinine sensor	795	33.07–34.56	0.0029–0.0030	53.5–58
Glucose sensor [3]	1278	105		
Glucose sensor [40]	225	20.45		
Proposed Glucose sensor	1400	150.4–152.6	6.6e-4–6.8e-4	163.6–169.8



## Conclusion

An efficient and compact biosensor based on 2-D PhCs was presented. The structure was designed based on  $30 \times 20$  Si rods in the air background. For ease of fabrication and designation, only linear materials were considered. Various defect rods (dark blue and dark green rods) were responsible for the interference and scattering phenomena. They also confined light wave in the sensing medium. Application of the proposed structure was studied through PWE (extracting the PBG spectrum) and FDTD (extracting filed distribution diagram) methods. Output1 (operating at  $\lambda = 1550 \text{ nm}$ ) was considered for detection of Glucose concentrations in blood samples. The remarkable  $S$ ,  $Q$ ,  $FOM$  and  $DL$  of  $1400 \text{ nm}/RIU$ ,  $(163.6\text{--}169.8)$ ,  $(150.4\text{--}152.6)$   $RIU^{-1}$  and  $(6.6e\text{--}4\text{--}6.8e\text{--}4)$   $RIU$  were achieved for Glucose concentration biosensor, respectively. In Output2 (operating at  $\lambda = 1290 \text{ nm}$ ), Creatinine concentrations were detected with  $S$ ,  $Q$ ,  $FOM$  and  $DL$  of  $795 \text{ nm}/RIU$ ,  $(53.5\text{--}58)$ ,  $(33.07\text{--}34.56)$   $RIU^{-1}$  and  $(0.0029\text{--}0.0030)$   $RIU$ , respectively. Finally, by obtaining Glucose and Creatinine concentrations in blood samples, diabetes and kidney failure diseases can be diagnosed. The proposed biosensor can be a remarkable candidate for utilization in bio-optical integrated circuits.

**Authors' Contributions** Esmat Rafiee contributed to the study conception and design. Material preparation, data collection and analysis were performed by Esmat Rafiee. The manuscript was written by Esmat Rafiee.

**Funding** The authors declare that no funds, grants, or other support were received during the preparation of this manuscript.

**Data Availability** Not applicable.

## Declarations

**Ethical Approval** Not applicable.

**Conflict of Interests** The authors declare that they have no conflict of interest. The authors have no relevant financial or non-financial interests to disclose.

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