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Evidence for glaciation predating MIS-6 in the eastern Nyainqêntanglha Range, southeastern Tibet

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Abstract Southeastern Tibet is one of the most glaciated regions on the Tibetan Plateau both at present and during the Quaternary. Numerical dating of glacial deposits has allowed the establishment of a provisional chronology of Quaternary glacial fluctuations in this region, with the oldest glaciation (Guxiang Glaciation) occurring in marine oxygen isotope stage 6 (MIS-6). During our recent field investigations, a morphostratigraphically older lateral moraine than that of the Guxiang Glaciation has been first identified, which is ~500–600 m above the Guxiang Glaciation moraine and discontinuously preserved on valley shoulders in the Bodui Zangbo River valley, eastern Nyainqêntanglha Range in southeastern Tibet. Considering the moraine is best preserved at Nitong Village, here we name the glacier advance which deposited the moraine as "Nitong Glaciation". Using electron spin resonance (ESR) technique, we dated the Nitong Glaciation moraine to 506.3±60.4 ka. Taking into account the age error and climatic conditions, we consider it most likely that the Nitong Glaciation occurred during MIS-12, although it might had happened sometime earlier.

Keywords Southeastern Tibet, MIS-12 Glaciation, ESR dating, Quaternary Glaciation

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1 Introduction

Southeastern Tibet, adjacent to the eastern Himalayan syntaxis, is characterized by high-relief mountain ranges (eastern Nyainqêntanglha Range and eastern Himalaya Mountains) alternating with deeply-incised river valleys (Yarlung Zangbo River and its tributaries, like Bodui Zangbo, Parlung Zangbo, and Yigong Zangbo Rivers). These valleys are corridors through which moisture brought by the Indian summer monsoon flows into southeastern Tibet, resulting in the eastern Nyainqêntanglha being the region with the highest precipitation on the Tibetan Plateau. Facilitated by the high precipitation, the eastern Nyainqêntanglha is one of the most glaciated regions on the Tibetan Plateau both at present and during the Quaternary. So far, considerable attention has been paid to investigating and dating glacial sequences in this region. For example, in the 1970s, [Li et al.](#page-10-0) [\(1986\)](#page-10-0) found evidence for two major phases glacier advances in the Bodui Zangbo River valley in the eastern Nyainqêntanglha and named them as Guxiang and Baiyu

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Glaciations. Using cosmogenic radionuclide 10 Be, [Zhou et](#page-11-0) [al. \(2007,](#page-11-0) [2010](#page-11-1)) dated the Guxiang and Baiyu Glaciations to 136.5–112.9 and 18.5–11.1 ka, corresponding to marine oxygen isotope stage 6 (MIS-6) and stage 2 (MIS-2), respectively. Furthermore, the history of glacial fluctuations postdating the Last Glacial Maximum has been reconstructed based on numerical dating, confirming glacial advances during the Late Glacial, Neoglacial, and Little Ice Age [\(Jiao](#page-10-1) [et al., 2005;](#page-10-1) [Yang et al., 2005](#page-11-2); [Zhou et al., 2007](#page-11-0), [2010](#page-11-1); [Ou et](#page-10-2) [al., 2015;](#page-10-2) [Chen et al., 2014,](#page-10-3) [2020;](#page-10-4) [Hu et al., 2015](#page-10-5), [2017\)](#page-10-6). It has been demonstrated that glaciations predating MIS-6 occurred at many locations on the Tibetan Plateau and its surrounding mountains [\(Wang et al., 2006](#page-11-3); [Zhou et al., 2006;](#page-11-4) [Xu and Zhou, 2009;](#page-11-5) [Owen et al., 2010;](#page-10-7) [Chen et al., 2018\)](#page-10-8), posing the question: as a major glaciation center both at present and during the Quaternary, did a glaciation prior to MIS-6 ever occur in southeastern Tibet? During our recent field investigations, we identified a discontinuous lateral moraine lying on valley shoulders that are $~500-600$ m above the Guxiang Glaciation moraine. Morphostratigraphically, this newly recognized moraine is definitely older than the Guxiang Glaciation. To constrain the timing of the associated glacier advance we applied electron spin resonance (ESR) to directly date the moraine deposits. Our finding is critical to better understand the whole history of Quaternary glacial fluctuations and tectonic uplift in southeastern Tibet.

2 Glaciological records

The Bodui Zangbo River, originating from the southern slope of the eastern Nyainqêntanglha Range, is a sub-tributary of the Yarlung Zangbo River [\(Figure 1\)](#page-1-0). Zepu Kangri, the summit in the Bodui Zangbo catchment, has an elevation of 6364 m. In this catchment, there are 482 modern glaciers, covering a total area of about 974 km^2 . The Zepu Glacier, having a length of 19.2 km and an area of 76.2 km^2 , is the largest glacier in this area ([Figure 2;](#page-2-0) [Guo et al., 2014;](#page-10-9) [Mi et](#page-10-10) [al., 2002\)](#page-10-10). The Zepu Glacier, together with other tributary glaciers, repeatedly advanced into and retreated from the Bodui Zangbo trunk valley, producing an ample record of past glaciations.

2.1 Glaciological evidence of Guxiang Glaciation

The wide Bodui Zangbo valley contains abundant wellpreserved glacial and glaciofluvial landforms and sediments [\(Figure 2](#page-2-0)), among which the most extensive is the lateral moraine constructed during the Guxiang Glaciation. The moraine is largely continuously distributed along both sides of the Bodui Zangbo valley from Yuren Village to Baiyu Village, with the height (above the valley floor) decreasing from about 550 m at Yuren to approximately 260 m at Baiyu. In contrast, it is poorly preserved within the \sim 28 km down the valley from Baiyu, due to post-depositional fluvial and glacial erosion. However, a 3.2 km segment of the moraine, standing ~200 m above the valley floor, is well preserved at the Kada Bridge near the confluence of the Bodui Zangbo and Parlung Zangbo valleys [\(Figure 2](#page-2-0)). Apart from being extensively preserved in the Bodui Zangbo trunk valley, the Guxiang Glaciation moraine can also be traced in several tributaries (e.g., Yalong Zangbo valley), indicating an extensive dendritic valley glacier in the Bodui Zangbo drainage basin during the Guxiang Glaciation, with a length of over 100 km and a total area of 6–8 times of modern glaciers

[Figure 1](#page-1-0) Location of the study area (a) and its DEM (b). Major rivers, mountain peaks, and modern glaciers (white colored) are shown in (b).

[Figure 2](#page-2-0) Modern glaciers and glacial landforms of different glacial stages in the Bodui Zangbo catchment.

([Li et al., 1986\)](#page-10-0). Zhou et al. ([2007,](#page-11-0) [2010\)](#page-11-1) dated the Guxiang Glaciation moraine at the Kada Bridge to \sim 130 ka (corresponding to MIS-6) using cosmogenic $10B$ Be surface exposure dating.

2.2 Geomorphologic evidence for glacier advance prior to the Guxiang Glaciation

During our field investigations in the past several years, we identified a staircase of discontinuous valley shoulders along both sides of the Bodui Zangbo River valley, which are $~500-600$ m above the Guxiang Glaciation moraine. Glacial deposits are relatively well preserved on some of the valley shoulder sites, for example, at Nitong, Baiyu, and Qingduo (Figures [3](#page-3-0) and [4](#page-3-1)).

The glacial deposits at Nitong (30.16°N, 95.46°E; ~800 m above the Bodui Zangbo valley floor) lies on a valley shoulder which is about 530 m higher than the Guxiang Glaciation moraine (Figures [2,](#page-2-0) [3](#page-3-0), [4](#page-3-1) and [5](#page-4-0)a). The deposits still have a relatively well-preserved morainic morphology, although the outside reverse-slope has been a bit obscured by post-depositional surface processes such as slope deposition ([Figure 5b](#page-4-0)). The moraine ridge has a length of \sim 200 m, stands about 8 m above the outside ground, and extends in a direction parallel to the Bodui Zangbo trunk valley, suggesting the moraine is likely a segment of a lateral moraine formed by the trunk glacier instead of adjacent tributary glaciers. Some granite boulders, varying in diameter from tens of centimeters to up to 4 m, are scattered on the moraine surface and most of them show deeply-weathered features. Compared to modern moraine ridges characterized by an inverted V shape, the cross profile of the Nitong moraine is relatively gentle [\(Figure 5](#page-4-0)b), indicating that it has undergone significant denudation.

On the valley shoulder opposite to Baiyu Village, there is a moraine remnant (30.13°N, 95.53°E), which is ~ 800 m above the valley floor and $~600$ m higher than the Guxiang moraine (Figures [2](#page-2-0), [3](#page-3-0) and [5c](#page-4-0)). It has a length of \sim 250 m and approximately parallels to the trunk valley. Compared to that at Nitong, the residual moraine here has a less pronounced morainic morphology. The ridge of the moraine is relatively flat, with gullies flowing across the moraine top surface [\(Figure 5d](#page-4-0)), indicating considerable degradation of the moraine. A few deeply weathered granite boulders are scattered on the moraine surface, with their height less than 1 m and diameter of 1–2 m. In addition, limestone bedrock has been exposed in gullies on the inner side of the moraine, showing that the moraine (mainly comprising granite clasts

[Figure 3](#page-3-0) Geomorphological map of the middle reach of the Bodui Zangbo valley, highlighting glacial landforms of different glacial stages, valley shoulders, ESR ages (unit: ka) of the Nitong Glaciation moraine, as well as the location of the profile in [Figure 4](#page-3-1).

[Figure 4](#page-3-1) Transverse profile across the Bodui Zangbo River valley near Nitong, highlighting the morphostratigraphic relationships of different phases of glacial landforms.

and blocks) could have not been constructed by adjacent tributary glaciers, but likely by the trunk glacier.

On the valley shoulder north to Qingduo, there is also a long area of glacial deposits (34.07°N, 95.55°E) (Figures [2](#page-2-0) and [3](#page-3-0)), which are \sim 700 m above the valley floor and \sim 550 m higher than the Guxiang Glaciation moraine. There is not typical morainic morphology here. The deposits comprise a layer of deeply weathered clasts (1–2 m thick), with a few granite boulders (1–2 m in diameter) scattered on them.

The fact that all the moraines/glacial deposits at the three sites are basically parallel to the Bodui Zangbo trunk valley and are mainly composed of granite boulders and clasts,

[Figure 5](#page-4-0) Field photos of moraine segments at Nitong ((a), (b)) and Baiyu ((c), (d)).

suggests that they are likely formed by the trunk glacier rather than adjacent tributary glaciers. Furthermore, the moraines/deposits are located on valley shoulders of similar height (i.e., 700–800 m above the valley floor), indicating they could had been produced by the same glaciation. Considering all the moraines/deposits are $~500-600$ m higher than the Guxiang Glaciation moraine, stratigraphically, they should have been formed prior to the Guxiang Glaciation. To our best knowledge, these glacial features are first reported in this area. Considering the morainic morphology of the glacial deposits at Nitong is the most typical among the three locations (Figures [4](#page-3-1) and [5\)](#page-4-0), here we temporarily name the glacial expansion forming the moraines/deposits as Nitong Glaciation. Below we will discuss the timing of the glaciation.

3 Methods

In the past decades, a variety of dating methods, for example, cosmogenic nuclide surface exposure dating, optically stimulated luminescence (OSL), electron spin resonance (ESR), and radiocarbon (^{14}C) , have been widely used to constrain the timing of Quaternary glacial fluctuations. As mentioned above, the Nitong Glaciation should have occurred prior to the Guxiang Glaciation (MIS-6) based on their morphostratigraphic relationships. The gentle morphology of the Nitong Glaciation moraine also shows that it has experienced significant surface denudation. Despite that cosmogenic nuclide (particularly 10 Be) surface exposure dating is currently the most frequently applied dating method in glacial chronology studies, it is not an appropriate method when the moraine to be dated has suffered dramatic erosion or denudation, because boulders on the moraine surface are likely exposed out from subsurface ([Schaefer et al., 2008\)](#page-10-11). In this case, the obtained exposure ages would underestimate the true age of the dated moraine. OSL (quartz single-aliquot regenerative-dose protocol) is also a commonly used method to constrain the timing of past glacial oscillations. However, as mentioned above, the Nitong Glaciation deposits should have been formed before MIS-6 and thus exceed the upper dating limit (typically 100–150 ka) of the method [\(Fuchs and](#page-10-12) [Owen, 2008](#page-10-12)). What's more, a recent study shows that the annual dose rate in this region is relatively high, which would further shorten the upper dating limit [\(Ou et al., 2015\)](#page-10-2). Due to the relatively low upper dating limit $(< 50$ ka) and the lack of suitable dating material, ${}^{14}C$ also cannot be applied to date the Nitong Glaciation. Therefore, ESR technique was chosen in this study. Experimental simulations [\(Gao et al., 2009](#page-10-13); [Liu](#page-10-14) [and Grün, 2011](#page-10-14); [Yi et al., 2016\)](#page-11-6) and case studies ([Xu and](#page-11-5)

[Zhou, 2009](#page-11-5); [Zhao et al., 2009a](#page-11-7); [Wang et al., 2019\)](#page-11-8) have demonstrated that some ESR signals, for example, Al-, Ti-, Ge-, and E_1' -centers, can be applied to determine the burial age of quartz samples. In this study we choose the Ti-Licenter of Ti-centers ([Figure 6](#page-5-0)) to directly date glacial deposits of the Nitong Glaciation.

As the glacial deposits at Qingduo are less well preserved, we only collected ESR dating samples from the Nitong and Baiyu moraine deposits, following conventional procedures as described in [Liu et al. \(2013\)](#page-10-15) and [Yi et al. \(2019\)](#page-11-9). Nine samples were collected from the Nitong moraine. Samples NT-6 and NT-12 were obtained at the moraine ridge; NT-1, NT-2, NT-7, NT-9, NT-10, NT-11, and NT-13 were sampled from the moraine slope, among which NT-2 and NT-10 are closer to the moraine crest than the other five samples. Samples NT-1 and NT-12 comprise grey-white, fine-grained sand and the rest seven samples consist of grey-brown, finegrained sand [\(Figure 7](#page-6-0)). Three samples (BY-2, BY-3, and BY-4) were collected from a gully on the top of the Baiyu moraine. The sampling sections comprise dark yellow, siltand fine-grained sand [\(Figure 7\)](#page-6-0). Detailed information of all the samples is listed in [Table 1](#page-7-0).

Sample preparation was performed at the geochronology laboratory of South China Normal University. The samples were first soaked in dilute HCl and H_2O_2 to eliminate carbonate and organic matter, respectively. A strong magnet was used to remove magnetic minerals. The remaining particles were then dry-sieved to obtain the 120–200 µm fraction which were subsequently immersed into heavy liquid (sodium polytungstate) to separate quartz grains. The quartz grains were etched within 40% HF for about 80 min to remove feldspar, followed by 10% HCl to eliminate fluoride precipitates.

The pure quartz samples were irradiated using a ${}^{60}Co$ gamma source in Peking University, with a gamma dose rate of 28.51 Gy min−1. The irradiated quartz grains were then measured on a BURKER ER041XG X-band spectrometer in the State Key Laboratory of Earthquake Dynamics, Institute of Geology, China Earthquake Administration. The measurement conditions are as follows: temperature: 77 K; Xband; microwave power: 5.1 mW; central field: 3400 G; sweep width: 320 G; microwave frequency: 9.468 GHz; modulation frequency: 100 kHz; modulation amplitude: 1 G; time constant: 40.96 ms; conversion time: 20.48 ms. A representative ESR spectrum is shown in [Figure 6](#page-5-0). Equivalent doses (De) were derived from exponentially fitting of the artificial irradiation doses and the corresponding ESR signal intensities ([Figure 8\)](#page-8-0).

The contents of U and Th were measured with an inductively coupled plasma mass spectrometry and K_2O with a flame photometer, which were conducted in Beijing Research Institute of Uranium Geology. Annual dose rates were estimated from the contents of the radioactive elements (U, Th, and K), water contents, and cosmic ray contributions, following the method by [Prescott and Hutton \(1994\).](#page-10-16) The measurement and calculated results are presented in [Table 1](#page-7-0).

4 Discussion

4.1 Reset mechanisms of Ti-centers in glacial quartz grains

ESR dating is based on the assumption that the ESR signals in mineral grains had been bleached when the sampled sediments were deposited. Previous studies have shown that manual grinding or exposure to sunlight could effectively

[Figure 6](#page-5-0) ESR signal spectrums of Al- and Ti-Li-centers of sample NT-10 (additional radiation dose at 1600 Gy) under low temperature (liquid nitrogen, 77 K).

[Figure 7](#page-6-0) Photos showing sampling sections.

bleach the ESR signals in sediments [\(Ye et al., 1998;](#page-11-10) [Yi et al.,](#page-11-6) [2016](#page-11-6)). Shear stress experiments showed that the ESR signal intensity of Ti-centers declines with the increase of stress, and that of finer quartz grains are more sensitive to stress than that of coarser grains ([Buhay et al., 1988\)](#page-10-17). The tumbler experiments by [Liu and Grün \(2011\)](#page-10-14) indicated that mechanical collision could lead to a 37% reduction of the ESR intensity of Ti-centers in quartz grains from fluvial sediments and granite rocks. These experiments suggest that surface abrasion and mechanical crushing and collision between particles during their transportation, particularly under a high-pressure circumstance, are critical mechanisms for the weakening of ESR signals ([Fukuchi et al., 1986](#page-10-18); [Lee and](#page-10-19) [Schwarcz, 1993;](#page-10-19) [Liu and Grün, 2011;](#page-10-14) [Yi et al., 2016](#page-11-6)).

Optical exposure experiments suggested that the Ti-center ESR signals can be completely bleached after tens of hours of solar radiation ([Rink et al., 2007;](#page-10-20) [Yoshida, 2013\)](#page-11-11). Bleaching experiments showed that the ESR signals of Ti-Licenters in quartz grains can be fully zeroed after exposure to natural light for about 260 h ([Wei et al., 2018\)](#page-11-12). The signals of Ti-Li-centers can be totally bleached when samples are illuminated by simulated sunlight for 1–520 h [\(Tissoux et al.,](#page-11-13) [2007;](#page-11-13) [Liu et al., 2013](#page-10-15)). In contrast, the time required to fully reset the ESR signals is only 15 min when samples are irradiated using a UV lamplight [\(Tanaka et al., 1997](#page-11-14)). It took 64 and 56 h to reset the ESR signals of Ti-Li-centers when samples were exposed to sunlight at Germu (2760 m asl) and Lhasa (3600 m asl), respectively [\(Gao et al., 2009\)](#page-10-13), indicating that the time required for the resetting of the Ti-Licenter ESR signals varies inversely with the intensity of ultraviolet rays or with the elevations of samples.

A lateral moraine is typically formed by the dumping of superglacially melt-out tills at ice margins [\(Cui et al., 1981](#page-10-21); [Benn and Owen, 2002\)](#page-10-22). During this process, the tills could have enough time to be exposed to sunlight and thus are likely to be bleached [\(Yi et al., 2016,](#page-11-6) [2019\)](#page-11-9). In addition, part of englacial and subglacial tills may be transported onto ice surface. These tills are more likely to be bleached because they are squeezed out through shear planes under huge shear stress.

As mentioned above, the Bodui Zangbo valley was occupied by a large-size temperate glacier during the Nitong

Sample number	Sample information										
	Longitude Latitude	Altitude (m)	Location	Depth (m)	U	Th $(\mu g g^{-1}) (\mu g g^{-1})$	K ₂ O $(\tilde{\%})$	Water content $(\%)^{\mathsf{a}}$	Cosmic $(mGv a^{-1})$	De(Gy)	Age (ka)
$NT-1$	30.167638°N 95.469306°E	3775	Nitong moraine slope	0.5	1.98	12.7	1.8	3	0.3435	1029.73±319.38	294.2±91.8
$NT-2$	30.165222°N 95.469389°E	3760	Near Nitong moraine ridge	0.8	1.94	14.2	1.9	3	0.3424	1762.28±342.05	491.8±97.0
$NT-6$	30.165830°N 95.469250°E	3765	Nitong moraine ridge	1.0	2.58	17.3	1.7	15.1	0.3429	1672.08±306.43	465.2 ± 86.6
$NT-7$	30.165580°N 95.469610°E	3757	Nitong moraine slope	0.5	1.85	17.1	1.4	16.2	0.3424	753.59±200.60	229.9 ± 61.6
$NT-9$	30.165560°N 95.469670°E	3757	Nitong moraine slope	0.8	2.56	26.7	2.1	8.2	0.3424	772.85±177.32	192.2 ± 44.6
$NT-10$	30.165690°N 95.469610°E	3760	Near Nitong moraine ridge	1.0	2.3	21.4	1.6	19.7	0.3425	1801.57±243.23	502.0 ± 69.7
$NT-11$	30.165500°N 95.469310°E	3755	Nitong moraine slope	0.8	2.74	24.8	$\mathfrak{2}$	30.9	0.3422	792.60±156.30	201.9 ± 40.4
NT-12	30.165330°N 95.469310°E	3759	Nitong moraine ridge	0.8	2.37	22.7	1.7	14.3	0.3419	2138.92±351.43	580.6±97.3
NT-13	30.165390°N 95.469500°E	3751	Nitong moraine slope	0.5	2.13	20	1.8	16.5	0.3420	1013.72 ± 97.10	275.4 ± 28.0
$BY-2$	30.122917°N 95.530556°E	3496	top of Baiyu moraine	1.0	1.9	22.1	2.2	4.7	0.3260	1277.90±135.60	318.1 ± 35.6
$BY-3$	30.120833°N 95.517222°E	3463	top of Baiyu moraine	0.5	3.55	24.6	2.2	2.5	0.3240	213.03 ± 21.13	51.5 ± 5.4
$BY-4$	30.120833°N 95.517222°E	3463	top of Baiyu moraine	0.5	2.91	24.6	2.2	2.5	0.3240	291.32±48.10	71.5 ± 12.1

[Table 1](#page-7-0) Sample information and ESR dating results^a

a) Water contents were assumed to be $(10\pm5)\%$.

Glaciation. According to modern observations, such a glacier is generally characterized by a high ice-flow velocity and intense englacial abrasion and crushing, which could produce abundant, highly bleached fine grains. Furthermore, our sampling sites are as far as 70 km from the source area, which allows superglacial tills to be exposed to sunlight for enough time. Taking these together, we suggest that the Ti-Li-center ESR signals of our 12 samples, comprised of fine sand and/or silt, are likely to be zeroed prior to deposition.

4.2 Dating results

For the moraine segment at Nitong, samples NT-2, NT-6, NT-10, and NT-12, collected from the top area of the moraine, produce ESR ages ranging from 581 to 465 ka, whereas the rest five samples (NT-1, NT-7, NT-9, NT-11 and NT-13), which were obtained from near the toe of the moraine slope, yield much younger ages, varying from 294 to 192 ka [\(Table](#page-7-0) [1](#page-7-0)). Morainic morphology studies show that a newly con-structed moraine typically has a slope of around 34° ([Put](#page-10-23)[konen and Swanson, 2003\)](#page-10-23). However, the Nitong moraine is characterized by a quite subdued shape and the slope is less than 10° ([Figure 5b\)](#page-4-0), suggesting the moraine has suffered considerable denudation. Simulations of topographic evolution of moraines show that, as time goes on, material at the moraine crest is gradually transported to the toe of the moraine slope and resultantly, the moraine becomes much gentler than its original sharp-crested shape ([Figure 9](#page-9-0); [Hallet](#page-10-24) [and Putkonen, 1994;](#page-10-24) [Applegate et al., 2010\)](#page-10-25). This means the ESR ages of the samples taken from the top (erosional area) of the moraine likely represent the true deposition time of the moraine although it has experienced significant erosion; in contrast, the sample ages from the toe of the moraine slope (depositional area) are expected to reflect the time when the sampled sediments were redeposited ([Figure 9](#page-9-0)). Following this hypothesis, we consider it most likely that the ages of the four samples (NT-2, NT-6, NT-10, and NT-12) from the moraine top area reflect the real deposition time of the Nitong moraine, but considering the ESR signal of sample NT-10 is almost saturated [\(Figure 8\)](#page-8-0), the age of NT-10 will be excluded from further consideration. In contrast, the other five ages (NT-1, NT-7, NT-9, NT-11, NT-13) from the lower part of the moraine slope likely underestimate the deposition time of the moraine; particularly, the ESR signals of three (NT-7, NT-9, and NT-11) of them are (nearly) saturated. We therefore consider the five samples (NT-1, NT-7, NT-9, NT-11, NT-13) as outliers and exclude them from further discussion.

[Figure 9](#page-9-0) Evolution process of the moraine at Nitong with time. Numbers indicate relative positions of samples; lines show profiles of the moraine at different times.

For the moraine residual at Baiyu, samples BY-2, BY-3, and BY-4 have ages of about 320, 50, and 70 ka, respectively. These ESR ages are significantly younger than those obtained from the top area of the moraine at Nitong. As mentioned above, these three samples were collected from a gully on the top of the moraine, we thus speculate the samples might have been reworked or disturbed by gully erosion. Consequently, these ages cannot represent the deposition time of the moraine and will be excluded in the following discussion.

In summary, we suggest that three (NT-2, NT-6, and NT-12) of the 12 ESR ages likely provide the best estimate of the timing of the Nitong Glaciation. The three ages range from 580.6 \pm 97.3 to 465.2 \pm 86.6 ka. By using a normal kernel density function, we get a peak value of 506.3±60.4 ka (1*σ* uncertainty) ([Figure 10](#page-9-1)), corresponding to MIS-14–12. Taking into account the age error and climatic conditions, it is most likely that the Nitong Glaciation occurred during MIS-12, although we cannot exclude the possibility that the glacial expansion occurred during MIS-14 or even earlier.

4.3 Background for the Nitong Glaciation

The commencement of glaciation on the Tibetan Plateau is far later than that in both polar regions. It has been suggested that glaciation on the plateau is resulted from the combination of surface uplift and glacial climate, that is, glaciation would not occur until the plateau had been uplifted above the climatic snow line during a glacial period [\(Zhou and Li,](#page-11-15) [2003](#page-11-15); [Zhou et al., 2006](#page-11-4); [Chen et al., 2019\)](#page-10-26). It was until the Kunlun-Huanghe tectonic movement $(\sim 1.1 - 0.6$ Ma) that the Tibetan Plateau had been entirely uplifted to the elevation of 3000–3500 m ([Cui et al., 1998](#page-10-27)). Almost simultaneously, the global temperature decreased notably during the Middle Pleistocene transition [\(Head and Gibbard, 2005\)](#page-10-28). The coupling of these two factors led to the earliest glaciation on the Tibetan Plateau ([Zhou and Li, 2001](#page-11-16); [Chen et al., 2018\)](#page-10-8). However, due to the spatial diversity of uplift amplitude and

[Figure 10](#page-9-1) Normal kernel density estimate of the age for the moraine at Nitong. Thick black line represents summed probability of individual age probabilities (dashed lines).

climatic conditions on the broad plateau [\(Jiang et al., 2019](#page-10-29)), the timing of initial glaciation varies significantly from mountain to mountain ([Zheng et al., 2002](#page-11-17)). For example, the Shishapangma Glaciation, the earliest glaciation in the Himalayas, likely occurred around MIS-20 ([Chen et al., 2018](#page-10-8)). The onset of glaciation in the Hengduan Mountains and western Nyainqêntanglha Range probably took place during MIS-18–16 [\(Zhou et al., 2005;](#page-11-18) [Wang et al., 2006](#page-11-3); [Xu and](#page-11-5) [Zhou, 2009](#page-11-5)).

Sedimentary evidence from the eastern Nyainqêntanglha Range shows that the mountain experienced intense tectonic uplift during the Early Pleistocene [\(Zhu et al., 2002](#page-11-19)). $\delta^{18}O$ records from deep-sea cores suggest that MIS-12 is one of the periods when the continents were most extensively glaciated ([Lisiecki and Raymo, 2005](#page-10-30)). Climate proxy records from RH and RM cores in the Rouergai Basin on the eastern Tibetan Plateau also indicate that the climate was extremely cold during MIS-12 ([Wang et al., 1994](#page-11-20)). It is likely that the coupling of these two critical drivers (namely, surface uplift and decreased temperatures) caused the extensive glacier advance during the Nitong Glaciation in the eastern Nyainqêntanglha Range. Glacial expansions during MIS-12 have also been verified in many other regions on the Tibetan Plateau as well as in the surrounding mountains. For example, the Naimon'anyi Glaciation on the Naimon'anyi massif in the western Himalaya was dated to 491–423 ka [\(Owen et al., 2010](#page-10-7); recalculated cosmogenic 10 Be exposure ages based on the latest $10B$ Be production rate and scaling model). In the Qilian Mountains, the Zhonglianggan Glaciation in the Bailang River area was dated to \sim 463 ka ([Zhou](#page-11-21) [et al., 2001a\)](#page-11-21). In the Tianshan Mountains, the MIS-12 glaciation has been identified at least at three locations, the High Wangfeng Glaciation in the Urumqi River valley ([Zhou](#page-11-22) [et al., 2001b](#page-11-22)), the Qingshantou Glaciation in the Ateaoyinake River catchment ([Zhao et al., 2009a](#page-11-7)), and the oldest glacia-

tion of in the Tumur River valley ([Zhao et al., 2009b](#page-11-23)). In the Hengduan Mountains, evidence has been reported for the MIS-12 glacial expansion in the Yulong and Baima Snow Mountains, as well as in the Luoji Mountain ([Zhao et al.,](#page-11-24) [1999](#page-11-24); [Zhang et al., 2015](#page-11-25); [2017\)](#page-11-26).

5 Conclusions

Morphostratigraphic evidence suggests a glacial expansion prior to the Guxiang Glaciation (MIS-6) in the Bodui Zangbo River valley in the eastern Nyainqêntanglha Range, southeastern Tibet. Here we name the glacial expansion as Nitong Glaciation. Using the ESR method, we dated the lateral moraine deposits of the Nitong Glaciation to 506.3±60.4 ka. Taking into account the age error and climatic conditions, it is most likely that the Nitong Glaciation occurred during MIS-12, although it might occur sometime earlier. Our finding is critical to better understand the whole history of Quaternary glacial fluctuations and tectonic uplift in southeastern Tibet.

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