

# Supercritical fluid-assisted controllable fabrication of open and highly interconnected porous scaffolds for bone tissue engineering

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Recently tremendous progress has been evidenced by the advancements in developing innovative three-dimensional (3D) scaffolds using various techniques for addressing the autogenous grafting of bone. In this work, we demonstrated the fabrication of porous polycaprolactone (PCL) scaffolds for osteogenic differentiation based on supercritical fluid-assisted hybrid processes of phase inversion and foaming. This eco-friendly process resulted in the highly porous biomimetic scaffolds with open and interconnected architectures. Initially, a 2<sup>3</sup> factorial experiment was designed for investigating the relative significance of various processing parameters and achieving better control over the porosity as well as the compressive mechanical properties of the scaffold. Then, single factor experiment was carried out to understand the effects of various processing parameters on the morphology of scaffolds. On the other hand, we encapsulated a growth factor, i.e., bone morphogenic protein-2 (BMP-2), as a model protein in these porous scaffolds for evaluating their osteogenic differentiation. *In vitro* investigations of growth factor loaded PCL scaffolds using bone marrow stromal cells (BMSCs) have shown that these growth factor-encumbered scaffolds were capable of differentiating the cells over the control experiments. Furthermore, the osteogenic differentiation was confirmed by measuring the cell proliferation, and alkaline phosphatase (ALP) activity, which were significantly higher demonstrating the active bone growth. Together, these results have suggested that the fabrication of growth factor-loaded porous scaffolds prepared by the eco-friendly hybrid processing efficiently promoted the osteogenic differentiation and may have a significant potential in bone tissue engineering.

**supercritical foaming, polycaprolactone, bone tissue engineering, osteogenic differentiation, bone morphogenic protein-2****Citation:** Tang, H., Kankala, R.K., Wang, S., and Chen, A. (2019). Supercritical fluid-assisted controllable fabrication of open and highly interconnected porous scaffolds for bone tissue engineering. *Sci China Life Sci* 62, 1670–1682. <https://doi.org/10.1007/s11427-018-9393-8>

## INTRODUCTION

Currently, the clinically-accepted treatment strategies such as mounting of autologous, and allogeneous xenografts have become potential therapeutic approaches for treating bone defects (Brydson et al., 2010). However, the application of these approaches is limited due to several concerns such as the risk of acute immune rejection, prone to infection, antigenicity, and severe pain and donor site morbidity, among

others, which remained as highly challenging for surgeons (Cabraja and Kroppenstedt, 2012; Oryan et al., 2014). Recently, tissue engineering (TE) has garnered enormous interest from researchers as a promising alternative due to the upsurge in demand for organ replacement therapies and a shortage of donors (Kankala et al., 2018a; Moshiri and Oryan, 2012). Conceptually, this field predominantly involves the generation of well-designed biomimetic tissue substitutes in three dimensional (3D) orientation and achieve a better control over the scaffold's architecture for replacing the malfunctioned organs or tissue constructs to recreate or re-

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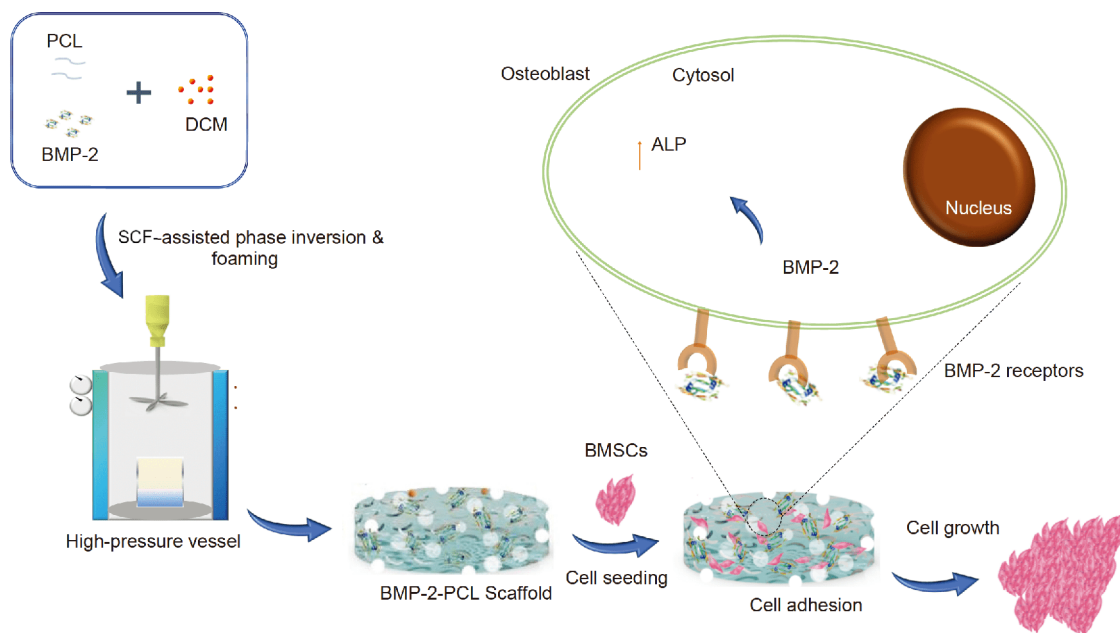
store their function, since the native tissues are quite intricate as they are composed of complex extracellular matrix (ECM) with different cell types and various signaling cues. In this framework, these 3D architectures are often used to cultivate various cell types, including stem cells for engineering the functional tissue substitutes (Lenas and Ikonou, 2018; Cao et al., 2018; Zhao et al., 2017; Hegde et al., 2013). Nonetheless, a few of the characteristic features are highly required in the 3D matrices of the scaffold for efficient growth and differentiation of cells. More often, the critical requirements for TE scaffolds include high porosity, with open and interconnected pores, and sufficient mechanical strength that facilitate sufficient space for cell infiltration, growth, and differentiation, along with the nutrient diffusion and removal of metabolic waste during tissue maturation (Chen et al., 2017; Custódio et al., 2014; Kim et al., 2017; Zeltinger et al., 2001). Recently, tremendous progress has evidenced the advancements of various methods in developing the innovative 3D scaffolds for engineering biomimetic tissue constructs. These techniques include salt leaching (Kim et al., 2017), solvent casting (Choudhury et al., 2015), gas foaming (Nam et al., 2015), freeze-drying (Autissier et al., 2010), and 3D printing, among others (Kankala et al., 2017a, 2018b; An et al., 2015). However, some of these approaches such as solvent casting and others, usually rely on the utilization of large amounts of organic solvents, which may damage the encapsulated sensitive biomolecules in the scaffolds and damage the cells as well as surrounding tissues and provoke the inflammatory responses and other undesirable adverse effects upon implantation (Delmote et al., 2017). Moreover, other limitations include multi-step synthesis (Lee et al., 2016), and complex procedures, which often result in the loss of efficacy of bioactive molecules under high temperature/mechanical stress, reduced loading efficacy of growth regulators due to washing and leaching steps, expensive, irregular porosity and poor mechanical strength of interconnections (Davies et al., 2008; Mao et al., 2012; Rajabzadeh et al., 2012), among others.

Thus, an eco-friendly strategy with controllable processing conditions is necessary to conveniently fabricate a highly porous 3D scaffolds with open and interconnected pores for osteogenic growth and differentiation. The supercritical fluid (SCF) technology, is one such high-pressure eco-friendly technique that has attracted enormous interest in generating polymeric constructs for various biomedical applications such as tissue engineering, drug delivery, imaging, and among other, due to its unique properties such as non-reactive, non-toxic, inflammable, inexpensive, and non-polluting (Kankala et al., 2018c; Moshiri and Oryan, 2012). This technology, by contrast to the aforementioned strategies, takes the advantage of benign solvents such as water and carbon dioxide to replace the organic solvents and thus serving as an effective substitute in fabricating the polymers. In

addition, supercritical carbon dioxide (SC-CO<sub>2</sub>) is recognized as safe in pharmaceutical processing due to its mild operating conditions, and low toxicity as well as density. Among all the SCFs utilized for polymer processing, SC-CO<sub>2</sub> holds great promise in the fabrication of 3D scaffolds for TE due to ease of its penetration into polymers, high mass transfer, peculiar thermodynamic behavior, interactions with the carbonyl functional groups of polymers (Duarte et al., 2009; Kankala et al., 2017b).

The SC-CO<sub>2</sub>-assisted methods for generating 3D porous scaffolds include phase separation (Deng et al., 2013; Yang et al., 2015) and foaming process (Chen et al., 2016; de Matos et al., 2015). Out of these methods, SC-CO<sub>2</sub>-assisted foaming of polymers allows the convenient fabrication of scaffolds by not relying on the utilization of organic solvents, which could easily retain the efficacy of biomolecules such as growth factors (Diaz-Gomez et al., 2016a, 2016b; Hile et al., 2000). In addition, it enables the tuning of morphological features of the scaffold by adjusting the processing conditions (i.e., temperature, pressure, processing time, and depressurization rate). However, this strategy yields scaffolds with small-sized and closed porous architectures (Krause et al., 2001), which significantly affect the supply of nutrients, and devoid of adequate space for the adhesion and the migration of cells in the bulk of the scaffold. In addition, it typically results in the formation of a dense superficial layer over the scaffold, which limits the cell adhesion and eventual growth (Singh et al., 2004). In addition, the applicability of this method is limited due to pretreatment of raw materials (de Matos et al., 2013), and longer foaming time, among others (Salerno et al., 2017). Various modifications have been proposed to overcome these limitations by combining with other methods (such as salt leaching) (Jing et al., 2014) to obtain scaffolds with large-sized interconnected pores. However, these methods are quite sophisticated due to multi-step preparation procedures and may suffer from problems that are associated with the efficacy of loaded biomolecules (Salerno et al., 2014a, 2014b).

Inspired by these facts, and to overcome the limitations associated with the traditional supercritical-assisted fabrication methods, we demonstrate the fabrication of polycaprolactone (PCL)-based 3D scaffolds with open and interconnected pores for osteoblast growth and differentiation using an eco-friendly supercritical processing that involves hybrid approaches of phase inversion and foaming (Figure 1). The convenient hybrid processing and the strict optimization of the handling parameters to mild operation levels have facilitated the fabrication of bone morphogenetic protein-2 (BMP-2) in the scaffolds. Further, we systematically characterized the prepared scaffolds with various characterization techniques. Subsequently, we demonstrated the effect of scaffolds and loaded growth factor on the adhesion, proliferation and osteogenic differentiation of bone



**Figure 1** Schematic illustration representing the outline of the preparation of BMP-2-encapsulated PCL scaffolds by supercritical foaming process for bone tissue engineering. Abbreviations: ALP, alkaline phosphatase; BMP-2, bone morphogenic protein-2; BMSCs, bone marrow stromal cells; DCM, dichloromethane; PCL, polycaprolactone.

marrow stromal cells (BMSCs) *in vitro*. Eventually, the osteogenic differentiation was confirmed by analyzing the osteoblast-specific biomarker alkaline phosphatase (ALP).

## RESULTS AND DISCUSSION

### Porosity and compressive mechanical strength of scaffolds

Initially, the theoretical evaluation of various processing factors (temperature, pressure, and volume of dichloromethane (DCE)) was executed using the Minitab-based experimental design (Tables 1 and 2) and the resultant data of porosity and the mean compressive mechanical strength of the designed scaffolds were compiled in Figure 2. As shown in Figure 2A, the factor A (temperature), as well as factor C (volume of DCM), had shown a significant effect, but factor B (pressure) had shown no noticeable influence on the mean scaffold's porosity. In addition, the porosity plots represented that the porosity of the scaffolds increased with increasing the temperature and volume of DCM (Figure 2B). Similarly, the factor A and C had also shown significant influence on the mean compressive mechanical strength (Figure 2C). Moreover, there were strong interactions between the factors, including AB and BC, which were confirmed in Figure 2D. When factor B was held at a high level, decreasing factor A or increasing factor C, has resulted in the amplification of the compressive mechanical strength. On the other hand, when factor B was held at a low level, decreasing factor A and factor C, resulted in the enhancement

of the compressive mechanical strength of the scaffolds. Similar phenomena were observed when holding factor C constant.

### Effects of various processing parameters on the scaffold morphology

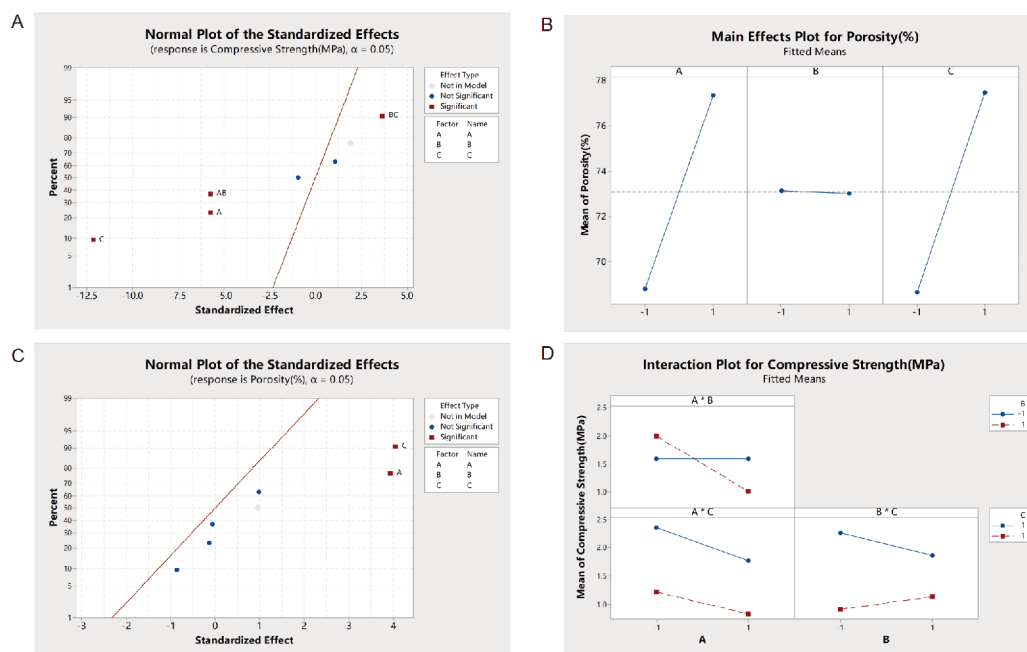
An ideal scaffold should possess not only fine porosity, that offers immense physical support but also open and interconnected porous architecture for facilitating cell growth. Based on the above results that established the influence of various processing parameters on porosity and compressive mechanical strength of the scaffolds, we carried out the single factor investigation to understand their effects on the morphology of the scaffolds. Figure 3 illustrates the scanning electron microscope (SEM) images of the scaffolds prepared by the supercritical foaming process at various combinations of operating conditions (Table 3). It is evident that the average pore size of the PCL scaffolds was altered with changes in the operating conditions. In this context, the increase in the temperature had resulted in the enhancement of pore size in the beginning and then declined. Moreover, the conditions with respect to the addition of DCM and increase of pressure had also resulted in the significant increase in the pore sizes of the scaffolds. It is evident that the scaffold's morphology and porosity could be regulated by adjusting the addition of DCM and temperature, due to the variation of the mass transfer coefficient of CO<sub>2</sub> and the amount of dissolved CO<sub>2</sub> in the polymer (Fanovich et al., 2013; Lian et al., 2006; Tomasko et al., 2003).

**Table 1** Details showing the experimental factors and levels

Level	Code	A Temperature (°C)	B Pressure (bar)	C Volume of DCM (mL)
High level	+1	45	250	0.25
Center point	0	40	200	0.20
Low level	-1	35	150	0.15

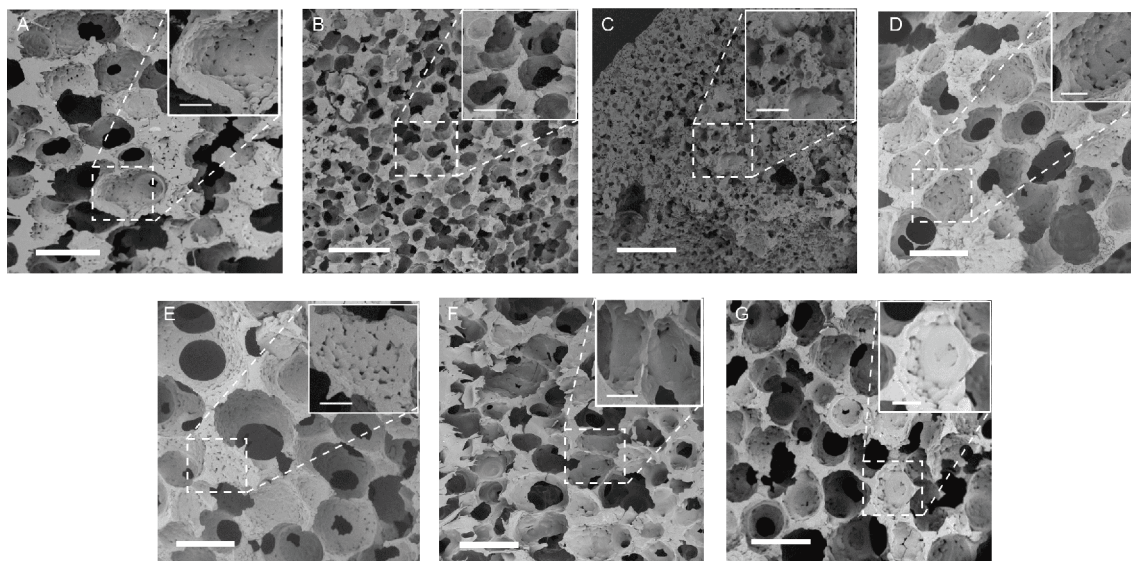
**Table 2** Experimental results from the factorial design

Run order	A Temperature (°C)	B Pressure (bar)	C Volume of DCM (mL)	Porosity (%)	Compressive mechanical strength (MPa)
1	-1	-1	-1	62.41	2.41
2	1	-1	1	79.52	1.04
3	-1	1	1	69.27	1.68
4	1	1	-1	73.03	1.42
5	1	1	1	81.74	0.61
6	1	-1	-1	71.19	2.15
7	-1	1	-1	64.09	2.34
8	-1	-1	1	75.47	0.78
9	0	0	0	75.75	1.51

**Figure 2** Theoretical assessment through Minitab experiments. A, Standardized effect of the factors on mean scaffold porosity. B, Main effects plot for mean scaffold porosity. C, Standardized effect of the factors on mean compressive mechanical strength. D, Interaction plot for mean compressive mechanical strength.

In this work, we utilized DCM as a co-solvent in the foaming process as it offers numerous advantages such as high compatibility/affinity with the SC-CO<sub>2</sub>, enhances the solubility of polymers and easy removal from the end product (Deng et al., 2013; Yang et al., 2015). DCM has been widely used in the preparation of growth factor-loaded microspheres (Qu et al., 2014). There was no significant change

or loss in the efficacy of the growth factor. With the addition of DCM, the homogeneous polymer solution underwent a short phase separation process before the foaming process (Figure 4). As shown in Table 2 and Figure 2, the temperature and volume of DCM had a significant effect on the mean scaffold porosity: the porosity generally increased with increasing the temperature and volume of DCM. The obtained



**Figure 3** SEM images of the PCL-based 3D scaffolds prepared at various operating conditions, i.e., temperature ( $^{\circ}\text{C}$ ), volume of DCM (mL) and pressure (bar). A, 40, 0.15, 150; B, 45, 0.15, 150; C, 35, 0.15, 150; D, 45, 0.20, 150; E, 45, 0.25, 150; F, 45, 0.15, 200; G, 45, 0.15, 250. Scale bar, 300  $\mu\text{m}$ . Respective inset images showing the magnified view of the scaffolds. Scale bar, 80  $\mu\text{m}$ .

results were in agreement with the previous reports (Chen et al., 2016; Salerno et al., 2014b). Indeed, by elevating the temperature, the system merely results in the reduction of the density of  $\text{CO}_2$  after the critical point, which subsequently, diminishes its strength. In addition, the other possible reason is the temperature changes, which might result in the reduction of the viscosity of the solution, yielding the larger pores. Meanwhile, the process of phase separation became slower, and the liquid-liquid phase separation was dominant in the formation of large-sized pores. Together, the porosity of the scaffolds was increased with the increase of temperature and volume of DCM (Tables 2 and 3). Whereas, when the temperature raised up to  $45^{\circ}\text{C}$ , pore sizes in the scaffolds were reduced (Figure 3B). Because of the utilization of DCM as a solvent, the reduced viscosity of PCL in DCM influences the melt strength of PCL, which was not robust enough to support the formation of pore walls. Therefore, the pores might be collapsed before the polymer matrix crystallization (Chen et al., 2016).

In previous studies, (Chen et al., 2016; Fanovich et al., 2013) the results indicated that the pore size was decreased with the increase of pressure both in phase separation and foaming process. In this work, the pressure had shown a little influence on the porosity of the scaffolds (Chen et al., 2016) (Figure 2B). However, the pressure effect on the overall scaffold morphology was slightly different from the above conclusions. Figure 3B, F, and G illustrate that the porous architectures would have collapsed at elevated temperature and pressures due to reduction in viscosity of the solution and the subsequent melt strength were not enough to support the formation of pores (Chen et al., 2016). The resultant enhancement of porosity at the extreme critical conditions

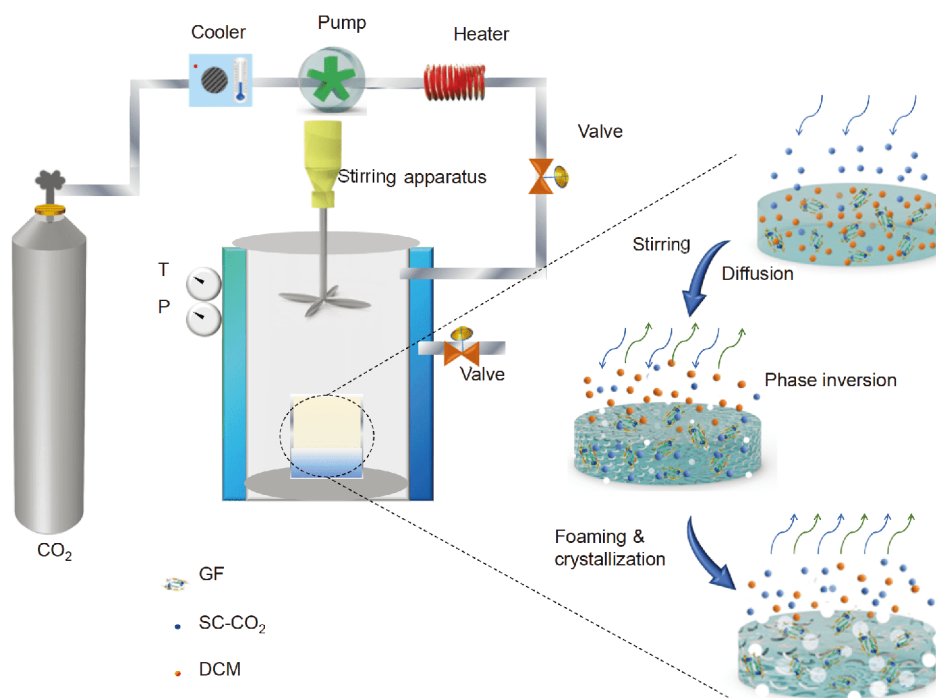
might be due to the mobility of PCL matrix that facilitated by high pressures as well as high solubility of  $\text{CO}_2$  in PCL, which allowed easy compression and facilitated the pore growth. Moreover, the high pressures in the vessel might lead to decrease in viscosity of the polymer, which was also responsible for the growth of pore, via the pore wall burst and coalescence of nearby pores leading to the formation of interconnected pores (Mathieu et al., 2005). In conclusion, the above effects led to the formation of large and interconnected pores at high pressure. To this end, the results of the full factorial experiment (Table 2) revealed that the porosity was negatively correlated with the compressive strength, which was consistent with the literature (Kim et al., 2017; Mathieu et al., 2005; White et al., 2012). Previous studies indicated that the direction of pores was in the direction of foaming (Mathieu et al., 2006). In this work, the polymer matrix was confined in the mold, and the foams had a specific directivity, which also increased the compressive strength of the scaffolds to a considerable extent.

### Physical characterizations

To preserve the growth factor efficacy for osteoblast differentiation, we had chosen the optimized conditions ( $40^{\circ}\text{C}$ , 150 bar, 0.15 mL) that resulted in the scaffolds with porosity of 69.02%, compressive strength of 1.82 MPa based on the single factor experiment strategy and further experiments such as systematic physical characterization, growth factor loading and osteogenic differentiation efficacy of scaffolds were designed. Figures 5 and 6 depict the optical image as well as the morphological attributes, revealing the different surfaces of the PCL scaffolds, respectively. Under these

**Table 3** Experimental results from the single factor investigation

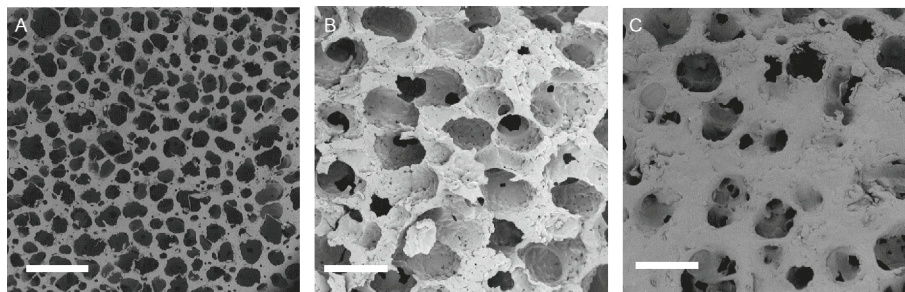
Run	A Temperature (°C)	B Pressure (bar)	C Volume of DCM (mL)	Pore size (μm) mean ± SD
A	40	150	0.15	200.87±32.61
B	45	150	0.15	109.98±14.09
C	35	150	0.15	33.34±5.46
D	45	150	0.20	236.81±39.26
E	45	150	0.25	309.94±61.53
F	45	200	0.15	190.30±29.95
G	45	250	0.15	203.97±31.84

**Figure 4** Schematic illustration showing the instrument set-up of the supercritical foaming process.**Figure 5** Optical image illustrating the PCL scaffold prepared by supercritical foaming process.

conditions, the addition of DCM was least and the temperature was relatively mild, which has no effect on growth factors (Yano et al., 2009; Qu et al., 2014). In addition, in previous studies (Kim et al., 2017), the results indicated that

a scaffold with pores of 180–250 μm might serve as a suitable carrier for cells. As shown in Figure 6, it is evident that the porous structures of the scaffolds were open and interconnected with pore sizes of 200 μm. Accompanied by the phase separation process, the role of DCM was equivalent to that of a porogen in generating the porous architectures. The resultant pores in the scaffolds were formed predominantly due to the escape of DCM during the vigorous stirring of the polymeric mixture. In the subsequent foaming process, DCM played a crucial role as a plasticizer, (Salerno et al., 2014a, 2014b) which was conducive to improving the foaming efficiency. The micropores formed during the phase separation process were used as the nucleation sites for bubble formation, which were beneficial to the nucleation and growth of the pores (Figure 6).

Furthermore, the porous scaffolds were systematically characterized using techniques such as attenuated total re-



**Figure 6** SEM images showing the multidirectional view of the scaffold prepared at the optimized conditions (40°C, 150 bar, 0.15 mL). A, The bottom surface. B, Longitudinal section. C, The top surface. Scale bar, 300  $\mu\text{m}$ .

flectance-Fourier transform infrared spectroscopy (ATR-FTIR), X-ray diffraction (XRD), differential scanning calorimeter (DSC), and the results were compared to that of the raw PCL. To characterize the variations in the functional groups of PCL scaffolds, we employed ATR-FTIR spectroscopic studies to analyze the variations in the chemical structure. Figure 7A depicted that the spectral absorption peaks of raw PCL and PCL scaffolds were almost similar, demonstrating that the SC-CO<sub>2</sub> process had no significant influence on the chemical structure. The XRD patterns of PCL scaffolds are shown in Figure 7B, where the characteristic structural features of them are demonstrated. The characteristic diffractions peaks at 21 and 23 correspond to the basal reflections of d(200) and d(013) planes, which were similar to that of the raw PCL, representing the semi-crystalline domains of PCL. Further, the change in the melting point of PCL scaffolds was also observed. As expected, the melting point of PCL in the scaffolds had shown at around 58.5°C, which slightly lesser than that of raw PCL (60.8°C) (Figure 7C). The shift in the melting temperatures of PCL scaffolds after forming was consistent with the literature, (Salerno et al., 2014a, 2014b) indicating that the supercritical CO<sub>2</sub> assisted process might not significantly influence the crystallinity of PCL.

In this study, the loading efficiency of BMP-2 was measured by using a BMP-2 specific ELISA kit, which was around 26% after supercritical processing. Furthermore, the release of the growth factor was measured. It is evident from the Figure 7D that the porous scaffolds resulted in the sustained release of BMP-2 for about 7 d. Moreover, the release of the loaded BMP-2 from the scaffolds was approximately 41% in 7 d.

### ***In vitro* evaluation of the BMP-2 effect on cells grown on the 3D scaffolds**

#### *Cell cytotoxicity test*

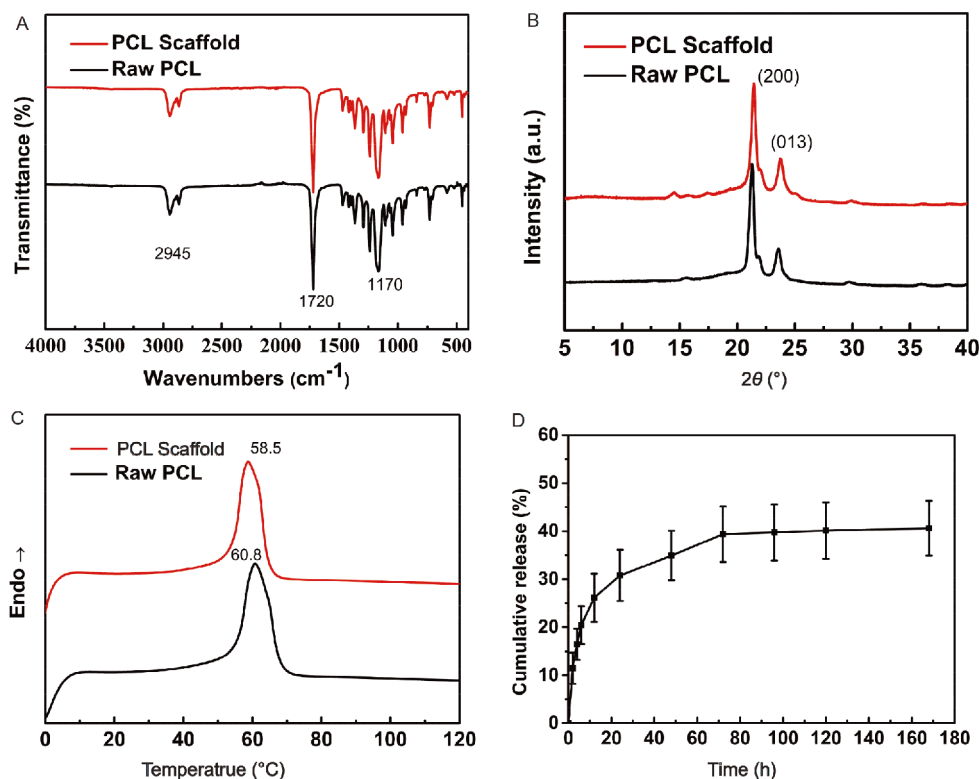
PCL is a biocompatible and biodegradable semi-crystalline polymer approved by FDA in the preparation of medical devices (Woodruff and Hutmacher, 2010). It has been widely used in bone tissue engineering scaffolds. To verify the

biocompatibility of PCL scaffolds, we performed the *in vitro* cytotoxicity test using the methyl thiazolyl tetrazolium (MTT) assay, and the results were illustrated in Figure 8B. In addition, these results could also further demonstrate that lower residual amounts of DCM in the scaffolds improve the safety of PCL. It is evident that the DCM residue in the scaffold was only 0.066%, which was much lower than the limit of the USP 467 Pharmacopeia (0.6%). Indeed, the MTT experimental results (Figure 8B) demonstrated that the relative viable cell counts measured till 3 days were higher than 90% in different time points, revealing that these scaffolds were highly biocompatible and suitable for biomedical applications.

#### *Cell morphology and cell growth on scaffolds*

In this study, we optimized the processing conditions of supercritical foaming process and fabricated the porous scaffolds with excellent porosity, compression strength, and pore structure by surpassing all the problems of traditional foaming process. However, in a few instances, the scaffold still faces certain limitations such as hydrophobicity, lack of cell adhesion, limited cell adhesion, proliferation, and differentiation (Declercq et al., 2013; Lee et al., 2016). Therefore, we introduced BMP-2 into the framework of PCL scaffolds, which play a crucial role in promoting the osteogenic differentiation (Declercq et al., 2013; Lee et al., 2016; Tsuji et al., 2006).

Figure 8A depicts the optical micrographs of the cells that were captured at the respective time intervals to observe the morphologies of BMSCs on the scaffolds after 1, 3 and 7 d of culture. The viability of BMSCs cells on the PCL scaffolds was compared relative to that of the growth of cells on PCL scaffold on Day 1 of incubation (control/quantitative indicator). The cell proliferation rate of all of the groups was increased after incubation for 7 d. As shown in the Figure 8A and E, since the pores are large and interpenetrating, the mass transfer in the scaffold is not hindered, and the cells could be well distributed in the scaffold. Furthermore, the relative viability of cells on the scaffolds was quantified by a cell proliferation test using the cell count kit-8 (CCK-8) assay, and the results were shown in Figure 8C. The cell pro-



**Figure 7** Physicochemical properties of raw PCL and the porous scaffold prepared by the supercritical foaming process. A, FTIR spectra. B, XRD spectra. C, DSC spectra. D, *In vitro* release profile of BMP-2 from the porous scaffolds.

liferation rate of all of the groups increased after incubation for 7 d. Previous studies demonstrated that BMP-2 could induce and enhance adhesion and proliferation of BMSCs on the scaffolds leading to their osteogenic differentiation (Cai et al., 2018; Luo et al., 2017; Shen et al., 2016). Initially (Day 1), the number of cells both on PCL scaffolds and BMP-2-PCL scaffolds displayed a significantly different proliferation rate as compared to that of PCL scaffolds. However, the BMP-2-PCL scaffolds displayed a significantly higher proliferation rate compared to that of PCL scaffolds after 7 d of incubation. The cells treated with the BMP-2 suspended in DMEM has augmented the proliferation rate of cells compared to that of those in the control treatment, but there was no statistically significant difference between the groups at 3 and 7 d.

#### *In vitro* osteogenic differentiation of BMSCs

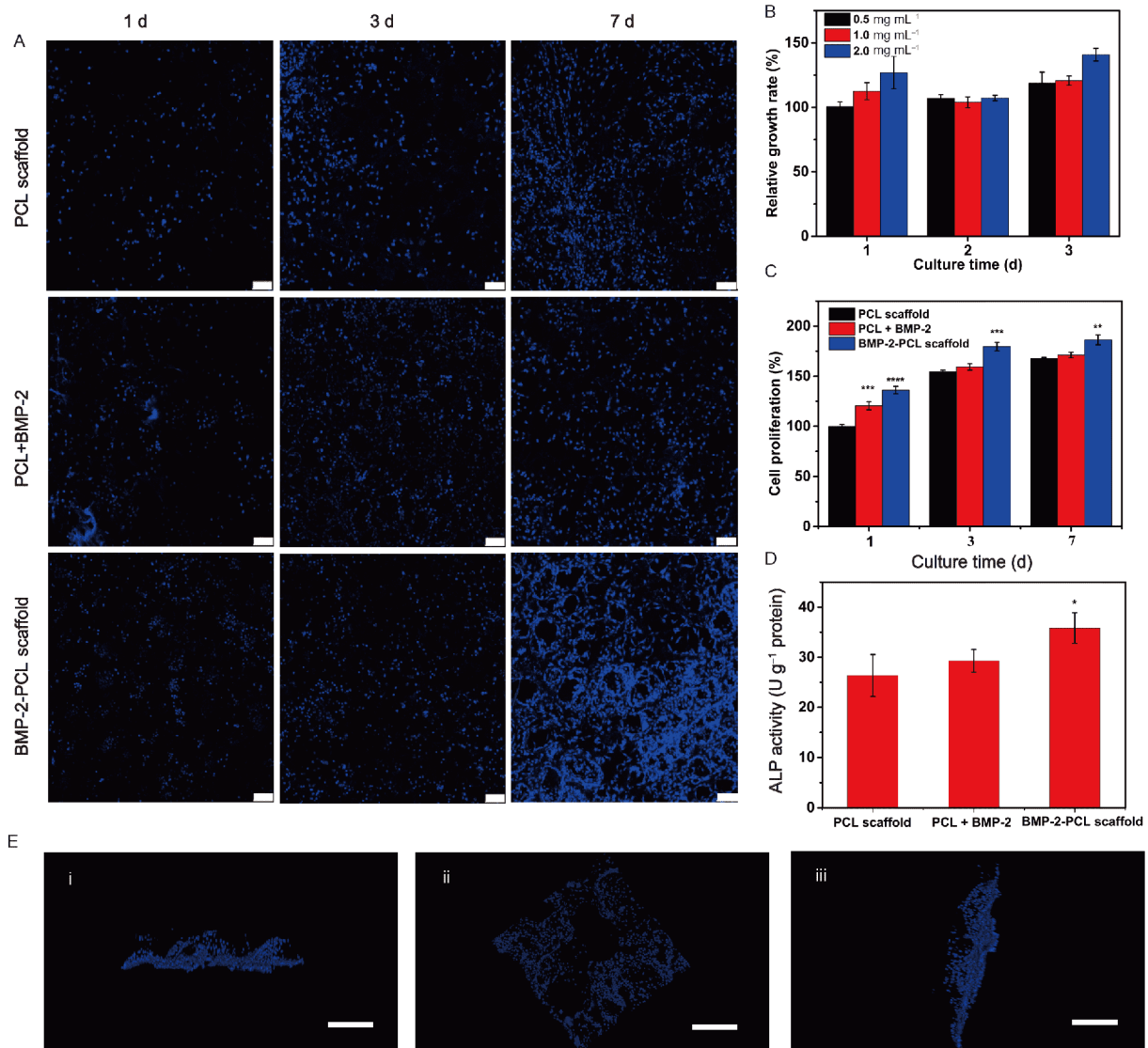
To investigate the osteogenic differentiation of different scaffolds (PCL scaffolds, BMP-2-encapsulated PCL scaffolds (BMP-2-PCL scaffolds) and PCL scaffold in combination with  $100 \text{ ng mL}^{-1}$  of BMP-2 suspended in DMEM (PCL+BMP-2 in DMEM)) on BMSCs, we quantitatively monitored the ALP amount, as it is an early marker of bone growth. As shown in Figure 8D, the levels of ALP in the treatment of BMP-2-PCL scaffolds treatments were comparatively higher than that of the BMSCs treated with PCL

scaffolds. Although BMP-2 in DMEM induced slightly better ALP activity than PCL scaffolds at 7 d, no significant difference was observed between them. These results (Figure 8A and C) suggested that BMP-2 in medium only had a direct effect on cell proliferation in the beginning, while the BMP-2 in scaffold had shown a significant effect on the proliferation of BMSCs in the long run, demonstrating that the sustained release of the growth factor from the scaffolds. It was also evident that this eco-friendly SCF process had no effect on the activity of BMP-2 molecules.

## CONCLUSION

We successfully fabricated 3D scaffolds with open and interconnected porous architectures with modified supercritical foaming system for bone tissue engineering. SCF-assisted porous scaffolds exhibited excellent biocompatibility, which was confirmed by cytotoxicity assay. We successfully regulated the morphology, porosity and compressive strength of the scaffold by changing the temperature, pressure, and addition of DCM, with no significant changes in the physical and chemical properties of PCL. These porous scaffolds obtained at optimized, mild supercritical conditions resulted in the efficient encapsulation of BMP-2 growth factor with its activity retained and subse-





**Figure 8** Culture of BMSCs on scaffold. A, BMSCs' morphologies on scaffolds after 1, 3 and 7 d of culture. Scale bar, 100  $\mu$ m. B, Cell viability of cells after cultured with various concentrations of leaching solution for 1, 2 and 3 d. C, The viability of BMSCs on the scaffolds. D, ALP activity of BMSCs cultured on the scaffolds for 7 d. E, CLSM images representing the 3D view of the scaffold for demonstrating the arrangement of the cells in the porous architectures. (i) Horizontal side view; (ii) top view; (iii) vertical side view, for a real time view. Scale bar, 300  $\mu$ m. (Movie S1 in Supporting Information).

quently led to its release and eventually cell proliferation and osteogenic differentiation. This technology has a great potential for developing growth factor-encapsulated 3D scaffolds for its delivery in osteogenicity. These innovative scaffolds with excellent physicochemical characteristics will emerge as the promising candidates for bone tissue engineering.

## MATERIALS AND METHODS

### Materials

BMP-2 powder was purchased from Solar bio-life sciences Co. Ltd. (Beijing China). PCL (average molecular weight of

~100 kD) was purchased from Daigang Biomaterial Co. Ltd. (Jinan, China). Dulbecco's modified Eagle's medium (DMEM), phosphate buffered saline (PBS), fetal bovine serum (FBS), trypsin-ethylenediamine tetraacetic acid (EDTA), penicillin, and streptomycin were purchased from Biological Industries Co. Ltd. (Israel). All other reagents and solvents were of analytical grade and used without further purification.

### Fabrication of 3D scaffolds

Scaffolds were prepared in the specially designed polytetrafluoroethylene (PTFE) molds (with a diameter of 1.0 cm and a height of 2.0 cm). 100 mg of PCL was added to the

mold with a certain amount of DCM (0.15 mL) and stirred until it was uniformly dispersed in the solvent and the mold was then placed into the high-pressure vessel. Figure 4 depicts the schematic illustration of the apparatus set up of the supercritical foaming process, which consists of three major components: a CO<sub>2</sub> supply system, a high-pressure vessel with a volume of 104 mL and a mechanical stirrer. SC-CO<sub>2</sub> was pumped into the high-pressure vessel after being adjusted to the desired pressure (150 bar) and temperature (40°C). During this process, the pressure and temperature were kept constant and the solution under stirring (10 r min<sup>-1</sup>) by a mechanical stirrer. After 3 h of treatment, the stirring device was closed, and the system was rapidly depressurized to atmospheric pressure within 5 min.

Furthermore, the BMP-2 loaded scaffolds (100 ng scaffold<sup>-1</sup>) were prepared by adding the BMP-2 solution (100 µg mL<sup>-1</sup> in PBS) along with PCL in the mold, and the preparation was repeated as mentioned above. Eventually, the obtained scaffolds were stored at 4°C. The samples were shortly denoted as BMP-2-PCL scaffolds.

## Experimental section

To analyze the effect of the variables of the whole preparation process on the scaffold, first, the key variables were identified as follows: temperature, pressure, and volume of DCM. Further, we investigated the influence and significance of these variables and their effect on the scaffold porosity as well as compressive mechanical strength. To accomplish these tasks, a 2<sup>3</sup> factorial experiment was designed and conducted, and the details were shown in Table 1. Moreover, the levels of the variables were determined on the basis of the pilot experiments. In addition, three experiments at the central point were carried out to estimate the variance in the process. Analysis of the variance was applied to the experimental data using the MINITAB software version 17. Then, an additional single factor experiment was carried out to understand the effects of various process parameters on the morphology of the scaffold.

## Physical characterizations

The compressive mechanical properties of the scaffolds were measured on a UTM 6102 (Suns Co. Ltd. Shenzhen, China) equipped with a 0.1 kN loaded cell at room temperature. The cross-head speed was set at 1.0 mm min<sup>-1</sup> and the compressive strength at 25% strain was determined. Further, the porosity ( $\varepsilon$ ) of each scaffold was calculated by the equation below (Deng et al., 2013; Diaz-Gomez et al., 2016b).

$$\varepsilon = 1 - \rho_s / \rho_p,$$

where  $\rho_s$  is the density of the scaffold (scaffold weight/scaffold volume), (g cm<sup>-3</sup>) and  $\rho_p$  is the density of as received

PCL (1.11 g cm<sup>-3</sup>).

DCM residue was measured using a headspace sampler (G1888, Agilent Technologies, USA) coupled to a gas chromatograph (GC) interfaced with a flame ionization detector (6890N, Agilent Technologies, USA) (Deng et al., 2013).

The overall scaffold structure was visualized by SEM measurements. PCL scaffolds were fractured using the liquid nitrogen, and the samples were sputter coated with gold for 40 s. The mean pore size of the foams was evaluated by Nano Measurer software. About one hundred pores for each sample were analyzed.

ATR-FTIR was investigated on Nicoletis10 (Thermo Fisher Scientific, USA) spectrometer, in the range of 4000 to 400 cm<sup>-1</sup> at room temperature. Spectra were recorded at 4 cm<sup>-1</sup> spectral resolution with 64 scans. XRD analysis was carried out using a PANalytical X'Pert PRO instrument. The measurement was performed in the range of 5°–40° with a step size of 0.02° in 2 $\theta$  using Cu K $\alpha$  radiation as the source. The melting behavior of the scaffolds was investigated by employing a Netzsch DSC 200F3 differential scanning calorimeter. Samples were heated from 0°C to 120°C at a rate of 10°C min<sup>-1</sup>.

## In vitro release studies

The amount of BMP-2 in the PCL scaffold was measured by the reported procedure (Park et al., 2009). Briefly, after preparation of BMP-2-PCL scaffold, 1 mL of PBS was added into a clean microcentrifuge tube, and scaffolds were immersed completely in the PBS. After vortex for 2 min, the supernatant was collected and used to detect the content of free BMP-2 by using BMP-2 ELISA Kit (KeyGEN, Nanjing, China). This process was carried out 4 times. Finally, the scaffolds were dissolved in 5 mL of DCM and the BMP-2 was extracted using PBS. Finally, the amount of BMP-2 was detected by using BMP-2 ELISA Kit.

Further, the release of BMP-2 from the scaffolds was conducted by exposing the BMP-2-PCL scaffolds for a period of 7 d. Initially, the scaffolds were incubated in 1.0 mL of PBS solution and maintained at 37°C, 100 r min<sup>-1</sup>. At the pre-determined time intervals, the aliquots of supernatant were collected and replaced with fresh PBS. The concentration of BMP-2 was determined using the ELISA Kit.

## Cell culture

BMSCs were cultured in DMEM that was supplemented with 10% v/v of FBS, and 1% v/v antibiotic/antimycotic solution. The cells were strictly maintained by incubating them at 37°C in 5% CO<sub>2</sub>.

## Cell viability study

Cell viability was measured by the MTT assay. Typically,

BMSCs were seeded at a density of  $5 \times 10^3$  cells per well of a 96-well plate and then incubated with the varying concentrations of leaching solution (200  $\mu\text{L}$ ) for 1, 2 and 3 d. Next, the culture medium was removed and rinsed twice with PBS. The MTT reagent (10 in 100  $\mu\text{L}$  of freshly prepared culture medium) was added to each well of the 96-well plate and incubated for 4 h to allow the formation of formazan dye. After incubation, the medium was removed, and DMSO (150  $\mu\text{L}$ ) was added to solubilize the formazan. The cell viability was then assessed by measuring the absorbance at 570 nm in a microplate reader (SPECTRA MAX, Thermo, USA).

#### *Cell morphology and cell growth on scaffolds*

As shown in Figure 5, the scaffolds are regular cylindrical and we used them directly without altering/cutting them into pieces. In addition, the BMSCs were drop seeded onto the bottom of the scaffolds. PCL scaffolds, BMP-2-PCL scaffolds and PCL+BMP-2 in DMEM were sterilized by flushing with 75 vol% of ethanol for 10 min followed by rinsing twice with PBS. Subsequently, the scaffolds were placed in a 48-well plate, and the BMSCs were drop seeded onto the scaffolds at a density of  $2 \times 10^5$  cells in 40  $\mu\text{L}$  of media per well. After incubation for 2 h, the cell-seeded scaffolds were rinsed twice with PBS, moved onto the fresh 48-well plates to exclude the effect of non-adherent cells. Further, the fresh culture medium (300  $\mu\text{L}$ ) was added per well, and the media were replaced every 2 d in all the wells. After culturing the BMSCs for 1, 3, 7 d, respectively, the morphology of cells on scaffolds was visualized by staining with DAPI (KeyGEN, Nanjing, China), which could specifically stain the cell nuclei. Briefly, the cell-seeded scaffolds were rinsed twice with PBS and fixed with 4% of paraformaldehyde for 30 min. The samples were then rinsed thrice again with PBS before staining with DAPI for 8 min. The stained samples were rinsed with PBS, and the images were captured by CLSM (DAPI:  $\lambda_{\text{ex}}$ : 405 nm,  $\lambda_{\text{em}}$ : 461 nm)

Cell viability on the scaffold was quantitatively analyzed using the CCK-8 (KeyGEN, Nanjing, China) assay according to the manufacturer's instructions. Briefly, after culturing for 1, 3 and 7 d, the original medium was removed and replaced with a CCK-8 solution at a ratio of 1:10 (CCK-8: medium) and incubated for another 4 h at 37°C with 5%  $\text{CO}_2$ . Thereafter, 100  $\mu\text{L}$  of a solution of each sample was transferred to a 96-well plate and placed in a microplate reader (SPECTRA MAX, Thermo, USA), and then the absorbance of each well was measured at 450 nm.

#### **Alkaline phosphatase activity**

ALP activity was quantified as it is an early marker of osteogenic differentiation. Briefly, after 7 d of culture, cell-seeded scaffolds were rinsed with PBS solution, and Radio-

Immunoprecipitation Assay (RIPA) buffer (500  $\mu\text{L}$ ) was added to each well. The lysate was then transferred to a tube and centrifuged ( $10,000 \times g$  at 4°C) for 5 min. ALP activity was quantitatively analyzed using the p-nitrophenol assay (KeyGEN, Nanjing, China) according to the manufacturer's instructions. The collected supernatant or standard solution (30  $\mu\text{L}$ ) was mixed with 500  $\mu\text{L}$  of Buffer A and 500  $\mu\text{L}$  of Buffer B and incubated for 30 min at 37°C in the dark. The reaction was stopped by adding 1.5 mL of Buffer C, and the absorbance at 520 nm was measured using the UV-vis spectrophotometer. ALP activity was measured at 520 nm and normalized against the total protein content. The total protein content was measured with a BCA kit (KeyGEN, Nanjing, China) according to the manufacturer's instructions. Briefly, 20  $\mu\text{L}$  of the collected supernatant (the same from ALP activity) was mixed with 200  $\mu\text{L}$  of BCA working reagent and incubated for 15 min at 37°C. Following the incubation, the protein content was measured at 562 nm.

#### **Statistical analysis**

All data were presented as the mean  $\pm$ SD ( $n=3$ ). The statistical analysis of all the experimental data was performed using GraphPad Prism 7.00. ANOVA single factor analysis was conducted, with the level of statistical significance set at \* represents  $P < 0.01$ , \*\* represents  $P < 0.005$ , \*\*\* represents  $P < 0.001$ , \*\*\*\* represents  $P < 0.0001$ .

**Compliance and ethics** *The author(s) declare that they have no conflict of interest.*

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## SUPPORTING INFORMATION

### Movie S1 Culture of BMSCs.

The supporting information is available online at <http://life.scichina.com> and <https://link.springer.com>. The supporting materials are published as submitted, without typesetting or editing. The responsibility for scientific accuracy and content remains entirely with the authors.