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Distribution and characteristics of telocytes as nurse cells in the architectural organization of engineered heart tissues

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Interstitial Cajal-like cells are a distinct type of interstitial cell with a wide distribution in mammalian organs and tissues, and have been given the name "telocytes". Recent studies have demonstrated the potential roles of telocytes in heart development, renewal, and repair. However, further research on the functions of telocytes is limited by the complicated *in vivo* environment. This study was designed to construct engineered heart tissue (EHT) as a three-dimensional model *in vitro* to better understand the role of telocytes in the architectural organization of the myocardium. EHTs were constructed by seeding neonatal cardiomyocytes in collagen/Matrigel scaffolds followed by culture under persistent static stretch. Telocytes in EHTs were identified by histology, toluidine blue staining, immunofluorescence, and transmission electron microscopy. The results from histology and toluidine blue staining demonstrated widespread putative telocytes with compact toluidine blue-stained nuclei, which were located around cardiomyocytes. Prolongations from the cell bodies showed a characteristic dichotomous branching pattern and formed networks in EHTs. Immunofluorescence revealed positive staining of telocytes for CD34 and vimentin with typical moniliform prolongations. A series of electron microscopy images further showed that typical telocytes embraced the cardiomyocytes with their long prolongations and exhibited a marked appearance of nursing cardiomyocytes during the construction of EHTs. This finding highlights the great importance of telocytes in the architectural organization of EHTs. It also suggests that EHT is an appropriate physical and pathological model system *in vitro* to study the roles of telocytes during heart development and regeneration.

telocytes, collagen/matrigel, scaffolds, engineered heart tissues, reconstruction

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The interstitial cells of Cajal were discovered in gut muscle and considered as pacemakers for gut motility [1,2]. In the past decade, interstitial Cajal-like cells (ICLCs) have been demonstrated to be present outside of the gastrointestinal tract and are found in the myometrium, placenta, pancreas,

and mammary gland [3–8]. Demonstration of ICLCs in the heart was first reported by Popescu and Hinescu (2005), which were termed as telocytes in 2010 [9,10]. Telocytes are a novel type of interstitial cell that is widely distributed in the mammalian heart including the myocardium [11,12], epicardium [13,14], and endocardium [15]. The typical characteristic of telocytes is their extremely long and moniliform cellular processes called telopodes that can form an

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interstitial network connecting different cells and release vesicles for heterocellular signaling. Considering the distinct characteristics and distribution of telocytes in the mammalian heart, it has been proposed that telocytes might play a pivotal role in cardiac function, and there is an increasing initiative to determine the roles of telocytes in the heart.

Previous studies have already demonstrated the potential roles of telocytes in heart development, renewal, and repair [16-19]. Notably, telocytes participate in formation of the stem cell niche in the subepicardial region of the heart to guide cardiac stem cell development as well as closely embrace and nurse the growing cardiomyocytes as protector cells throughout the entire heart [16]. In addition, in vitro studies have shown that telocytes can intervene in the aggregation of cardiomyocyte clusters, which provides cues to guide the assembly of cardiomyocytes [18]. Indeed, the functions of telocytes have been mainly recognized based on their typical ultrastructural features, but their functions in the myocardium remain unclear. Because the in vivo environment is complicated and affected by various factors, the use of in vitro models would be a potential approach to reveal the functions of telocytes in the heart. Cardiac tissue engineering approaches mainly rely on the use of synthetic or biological matrix materials and seed cells to reconstitute contractile cardiac muscle-like tissue in vitro, which has been used as an in vitro model for drug screening and developmental biology research [20-22]. Over the past decade, several groups have contributed to the field of cardiac tissue engineering. One of the most exciting achievements in myocardial tissue construction in vitro was by Zimmermann et al., in which collagen/Matrigel were used as scaffold materials [23,24]. Based on these findings, we have established a system to construct engineered heart tissues (EHTs) in vitro [25,26]. The myocardial tissue constructed in our system not only has structural similarity to the natural tissue, but its function and mechanical strength are also comparable to those of normal myocardial tissue. To investigate the involvement of telocytes in the function and regeneration of the heart, EHTs can be used as a promising model to study the distribution and characteristics of telocytes and to gain more biological insights into the roles of telocytes in the heart.

We have previously isolated and cultured telocytes from neonatal rat cardiac tissue in two- and three-dimensional environments *in vitro* [27]. Our previous study confirmed that typical telocytes existed in primary culture *in vitro* and some c-kit, vimentin, or CD34-positive cells in EHTs exhibited the morphology of telocytes. Three-dimensional EHTs will provide a foundation to elucidate the functional relationships of telocytes and cardiomyocytes. This study aims to confirm the existence of telocytes in EHTs and further investigate the appearance, distribution, and characteristics of telocytes in EHTs, and especially the potential roles of telocytes in the architectural organization of EHTs.

Materials and methods

1.1 EHT construction

EHTs were constructed by combining freshly isolated cardiac cells from one-day-old Wistar rats with a collagen/Matrigel mixture as described previously [25,27]. In brief, 0.5 mL 2× H-DMEM (Invitrogen, Carlsbad, CA, USA) containing 20% fetal bovine serum (Invitrogen) was mixed with 0.5 mL liquid collagen type I and Matrigel (4:1, (v/v); Becton Dickinson Biosciences, San Jose, CA, USA). Then, the mixture was neutralized immediately by titrating with 0.1 mol L⁻¹ NaOH. A total of 1×10⁷ freshly isolated cardiac cells were combined with the mixture and pipetted into casting molds for incubation. One milliliter of H-DMEM containing 10% fetal bovine serum was added to the dish after 60 min of incubation, and then the culture medium was changed daily.

1.2 Histology and toluidine blue staining

After 14 d of culture, the EHTs were fixed in 4% formal-dehyde and embedded in paraffin. Sections of 4 μ m thickness were prepared for hematoxylin and eosin staining by standard procedures. For toluidine blue staining, the sections were incubated in a working solution of toluidine blue for 2 min followed by brief rinsing under running tap water (Pacific Pathology Associates, Salem, USA). Then, the sections were dehydrated and mounted with synthetic medium for microscopic analyses.

1.3 Immunofluorescence staining and confocal microscopy

To investigate the appearance of telocytes in EHTs, immunofluorescence staining was carried out. The primary antibodies used were anti-vimentin (1:800; Santa Cruz Biotechnology, Santa Cruz, CA, USA), anti-c-kit (1:200; Santa Cruz Biotechnology), and anti-CD34 (1:500; R&D Systems, Minneapolis, CA, USA). The sections were incubated with primary antibodies overnight at 4°C and then FITC-labeled goat anti-mouse IgG and Cy3-labeled goat anti-rabbit IgG (1:500; Invitrogen) secondary antibodies. The sections were then counterstained with Hoechst 33258 and observed under a Zeiss confocal microscope with BioRad confocal software. Primary antibodies were omitted for negative controls.

1.4 Transmission electron microscopy (TEM)

EHT sections were fixed with 2.5% glutaraldehyde in 0.1 mol L^{-1} sodium cacodylate buffer (pH 7.4) for 6 h, post-fixed in 1% phosphate-buffered OsO₄ (pH 7.4) for 2 h, and then embedded in epoxy resin. Semi-thin sections were obtained with a LKB NOVA ultra-microtome, stained with toluidine blue in 0.1 mol L^{-1} borate buffer, and then ob-

served under a light microscope. Ultrathin sections of areas of interest were prepared and examined under a transmission electron microscope (Technai10; Philips, Eindhoven, The Netherlands).

2 Results

2.1 Distribution of telocytes in EHTs

Scattered cells with typical small round cell bodies were widespread in collagen/Matrigel scaffolds (Figure 1A). The nuclei of these cells were compact and stained with toluidine blue. In addition, these cells preferred to surround cardiomyocytes (Figure 1B). Toluidine blue staining further showed many scattered stellate cells distributed in the EHTs, which formed networks (Figure 2A). These cells presented a small round cell body and several moniliform prolongations (Figure 2B). The putative telocytes contained smaller and more toluidine blue-stained nuclei, while the telopodes showed a characteristic dichotomous branching pattern with endings on other cells nearby.

2.2 Confocal microscopy of telocytes in EHTs

Consistent with our previous findings, CD34⁺, c-kit⁺, or

vimentin⁺ cells were observed in EHTs. The CD34- and vimentin-positive cells showed typical features of long moniliform processes emanating from the cell body (suggestive of telocytes) (Figure 3). c-kit-positive cells showed a plaque-positive appearance around the cell membrane and along their cell processes (Figure 4A). Double immunofluorescence staining for both cTnT and c-kit showed that c-kit-positive cells were located around cardiomyocytes (Figure 4B). Interestingly, some cTnT- and c-kit-positive areas were colocalized around the cell membrane of cardiomyocytes (Figure 4C), which might have been immature cardiomyocytes or telopode fragments around cardiomyocytes.

2.3 TEM of telocytes in EHTs

Identification of telocytes in EHTs was further confirmed by electron microscopy. Myocardial telocytes in EHTs showed typical features: a small oval-shaped cell body surrounded by a ring of cytoplasm and extremely long but thin prolongations (Figure 5). Remarkably, we found that multi-vesicular bodies were emanating from the telopodes in EHTs (Figure 5A). The vesicles were near the connecting protuberances and also appeared in the extracellular matrix. This observation suggested the delivery of vesicles for cell

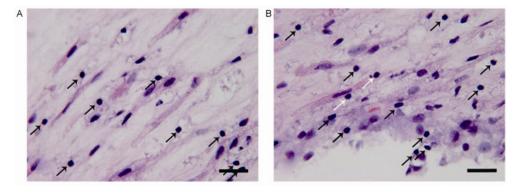


Figure 1 Hematoxylin and eosin staining of EHTs. A, Putative telocytes formed interstitial networks in EHTs. B, Some putative telocytes were located around cardiomyocytes. Black arrows indicate putative telocytes. White arrows indicate telocytes surrounding cardiomyocytes. Scale bar, 50 μm.

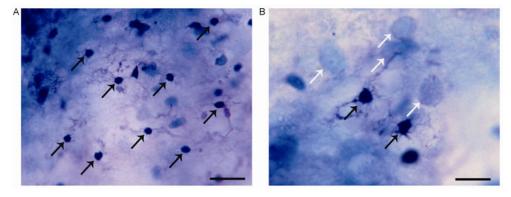


Figure 2 Toluidine blue staining of EHTs. A, Putative telocytes with a blue-stained appearance formed interstitial networks in EHTs. Scale bar, 50 μm. B, Putative telocytes showed small round nuclei and several prolongations emanating from the cell body with a moniliform aspect. Scale bar, 20 μm.

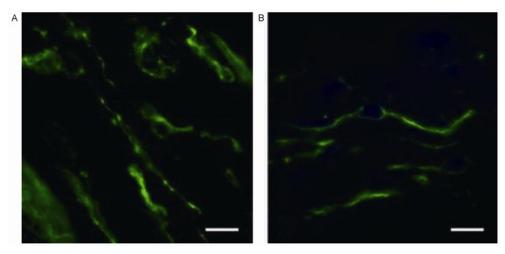


Figure 3 Confocal microscopy of telocytes in EHTs. A, CD34-positive telocytes with moniliform processes in EHTs. B, Vimentin-positive telocytes with long processes. Scale bar, 20 μm.

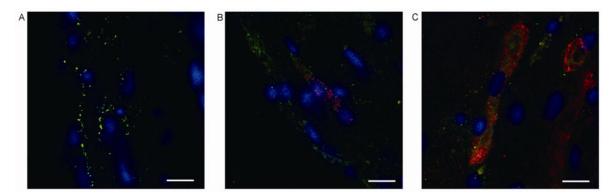


Figure 4 Double immunofluorescence staining and confocal microscopy of telocytes in EHTs. A, c-kit-positive telocytes with a plaque-positive appearance in EHTs. B, Double immunofluorescence staining for both cTnT (red) and c-kit (green) showed that c-kit-positive cells were located around cardiomyocytes. C, Some cTnT (red)- and c-kit (green)-positive areas were colocalized around the cell membrane of cardiomyocytes. Scale bar, 20 μm.

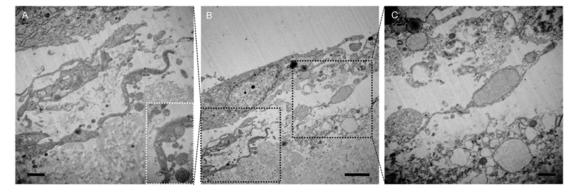


Figure 5 Electron microscopy of telocytes in EHTs. A, Enlarged view of the black inset in B. White inset shows multi-vesicular bodies emanating from telopodes. Scale bar, 500 nm. B, Typical telocytes in EHTs: a small oval-shaped cell body surrounded by a ring of cytoplasm and extremely long but thin prolongations. Scale bar, 2 µm. C, Enlarged view of the black inset in B. Scale bar, 500 nm.

signaling in EHTs. After 14 d of culture, the telocytes in EHTs surrounded the cardiomyocytes with several telopodes (Figure 6).

We also evaluated the morphofunctional interactions between cardiomyocytes and telocytes in EHTs. TEM images showed that telocytes formed an extended network embracing the cardiomyocytes. These cardiomyocytes showed features of necrosis, such as few myofibrillae and numerous mitochondria. A telocyte was closely located to a cardiomyocyte and nursing it with its long prolongations

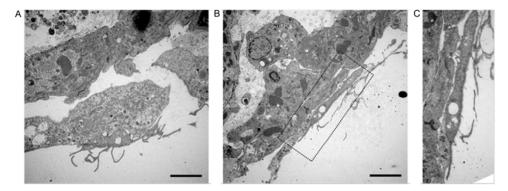


Figure 6 Electron microscopy of telocytes in EHTs. A and B, Telocytes in EHTs were distributed around cardiomyocytes with several telopodes. C, Enlarged view of the black inset in B. Scale bar, $2 \mu m$.

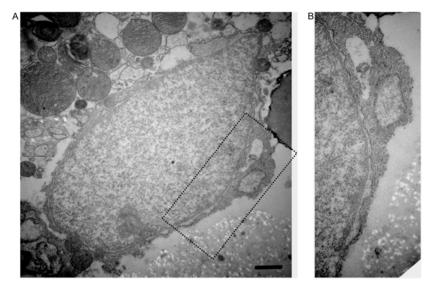


Figure 7 Electron microscopy of telocytes in EHTs. A, Telocytes formed an extended network embracing cardiomyocytes and nursing them with their long prolongations. B, Enlarged view of the black inset in A. Scale bar, 500 nm.

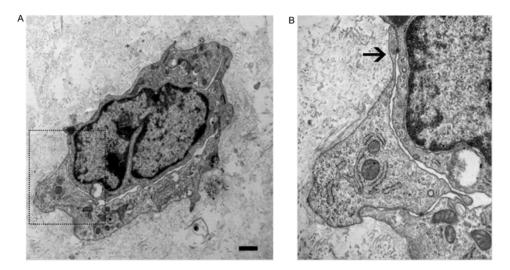


Figure 8 Electron microscopy of telocytes in EHTs. A, Putative telocytes distributed around a developing cardiomyocytes, which established direct membrane-to-membrane contacts with the cardiomyocytes and contacted each other to form junctions. B, Enlarged view of the black inset in A. Scale bar, 500 nm.

(Figure 7). Another TEM image showed multiple putative telocytes distributed around a developing cardiomyocyte and establishment of direct membrane-to-membrane contacts with cardiomyocytes. In addition, the putative telocytes contacted each other to form junctions. Both the cardiomyocyte and telocyte membranes had protuberances near the connecting sites, and a shedding vesicle was found at the connecting site.

3 Discussion

In this study, we presented a series of visual evidences to show the characteristics and distribution of telocytes in the architectural organization of EHTs. Our results demonstrated that telocytes formed interstitial networks with their long processes in EHTs. They also preferred to distribute around cardiomyocytes and transmitted information to cardiomyocytes through membrane contacts and vesicle release. Furthermore, some TEM images showed that telocytes embraced the cardiomyocytes (necrotic or developing) with their long prolongations and showed a marked appearance of nursing the cardiomyocytes. This finding highlights the potential importance of telocytes in the architectural organization of the myocardium. In addition, it suggests that EHT is an appropriate model to study the functions of telocytes in the myocardium.

In terms of the morphological characteristics of telocytes in EHTs, although the ultrastructural features were not completely consistent with their appearance in vivo, the main characteristics were quite consistent, such as the long moniliform prolongations and the shedding vesicles released from the telopodes [11-15]. The main reason for differences in the morphological characteristics of telocytes in EHTs and the heart in vivo might be the scaffold materials used to construct the EHTs. Because collagen I is the main component of the extracellular matrix in normal heart, we used collagen I as the fundamental scaffold, and combined it with Matrigel to add several growth factors that are necessary for cardiomyocyte development. Even though we used natural materials and factors to construct EHTs and mimic the mechanical environment in vivo by exerting static stretch, the microenvironment was still disparate between EHTs and normal heart in vivo. Thus, it is understandable that the morphology of telocytes in EHTs was not as typical as their appearance in vivo. The mechanisms of the extracellular matrix influencing the morphology of telocytes should be determined in the future.

Telocytes in EHTs appeared to be involved in cell signaling and heterocellular communication. Cell communication plays an important role in the architectural organization and functional establishment of the myocardium [28,29]. Because the heart is a complex organ composed of many cell types, including cardiomyocytes and non-cardiomyocytes such as cardiac fibroblasts, smooth muscle cells, and

endothelial cells, heterocellular communication between cardiomyocytes and non-cardiomyocytes is essential for cardiac development [18,19], heart physiology [30], and pathology [31]. It has been shown that myocardial cell maturation and function depend on the presence of endocardial endothelium cells [32], while cardiac fibroblasts mainly provide structural support during ventricular wall thickening from embryogenesis to adulthood [33]. In this study, we demonstrated that telocytes, serving as an important interstitial cell type, formed networks in EHTs with their long prolongations and communicated with cardiomyocytes through the formation of junctions and vesicle shedding. Because telocytes appear to be the main interstitial cell type in normal heart, the results from the three-dimensional model in vitro further confirmed the roles of telocytes in cardiac development, regeneration, renewal, as well as heart physiology and pathology.

Regarding the role of telocytes in heart regeneration, we showed that telocytes participated in the repair and regeneration of cardiomyocytes in EHTs. At present, the functions of telocytes in the heart are still obscure, but some studies have proposed some relevant and potential roles. Previous reports have demonstrated the distinct roles of telocytes during heart development. Telocytes can nurse and guide cardiac precursor cells to form the correct three-dimensional tissue architecture [16]. In addition, telocytes participate in formation of the stem cell niche in the subepicardial region to embrace the developing cardiomyocytes [17–19]. Very important insights strongly support the concept that telocytes are involved in cardiac stem cell regulation and heart regeneration. In this regard, the TEM images showed that telocytes with their telopodes may guide and nurse the cardiomyocytes (necrotic or developing) in EHTs. This observation further confirms the potential distinct roles of telocytes in myocardium repair and regeneration. Elucidation of the distribution and characteristics of telocytes in EHTs provides insights to better understand the functions of telocytes in the heart.

In conclusion, we provide insights to better understand the characteristics of telocytes using EHT as an *in vitro* model. Our results support the previous hypothesis that telocytes may participate in pacemaking and arrhythmogenesis or nursing cardiomyocytes for regeneration. In addition, they suggest the importance of telocytes in the architectural organization and function of EHTs. Further research on telocytes in EHTs may reveal more information to improve the quality of EHTs.

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