

## Pathological and toxicological findings in four cases of fatal hydrogen sulfide inhalation

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**Abstract** Recently in Japan, there have been scattered cases of suicide by inhalation of hydrogen sulfide ( $H_2S$ ), produced by mixing domestic chemicals containing sulfur and hydrochloric acid. We report four cases of such fatalities with regard to the pathological and toxicological findings. Two cases were male and female suicide victims (cases 1 and 2; about 2 days and 30 h postmortem, respectively), and the other two were a female suicide victim and her husband (cases 3 and 4; about 3 days postmortem). Partial greenish discoloration was observed on the skin in three cases (cases 1, 3, and 4), and also in the airways and lungs and on the brain surface in one case (case 3). The most evident pathology was marked pulmonary and cerebral edema in all cases. Concentrations of  $H_2S$  and the metabolite thiosulfate (TS) in the blood varied by case (0.66–85.0 and 0.00–369  $\mu\text{g}/\text{ml}$ , respectively), and similar distributions were seen in the viscera; these concentrations were markedly high in a case of visceral discoloration (case 3). Both  $H_2S$  and TS contents in the skin and muscle were higher at the sites of discoloration in individual cases. A control study demonstrated an unexpected increase of TS contents along with  $H_2S$  production due to putrefaction as well as higher TS content than  $H_2S$ . It was difficult to discriminate putrefaction using  $H_2S$  and TS measurements, especially in gastric contents, bone marrow, heart, liver, kidney, spleen, pancreas, and intestine. However, vitreous body, pericardial fluid, and lung tissue showed different findings compared with putrefactive changes, and may be used as supplementary or alternative samples. These

findings suggest the significant contribution of postmortem exposure to  $H_2S$  gas to the pathological and toxicological findings, depending on the circumstances, and the importance of systemic toxicological analysis for determining death due to  $H_2S$  intoxication.

**Keywords** Forensic toxicology · Hydrogen sulfide · Thiosulfate · Postmortem change

### Introduction

Hydrogen sulfide ( $H_2S$ ) is a colorless, water-soluble irritant gas with a specific gravity of 1.19 (vs. air) and has the characteristic odor of rotten eggs [1].  $H_2S$  is highly toxic, and accidental intoxication can occur due to exposure to natural, volcanic, waste, or industrial gases [2–8], or from ingestion of sulfur products [9, 10]. Recently in Japan, there have been scattered cases of suicide by mixing domestic chemicals (e.g., a liquid bath essence and a toilet bowl cleaner, containing sulfur and hydrochloric acid, respectively) to produce  $H_2S$ . In such cases, a delay in the recovery of bodies may interfere with toxicological investigations due to postmortem changes involving the diffusion of  $H_2S$  and putrefaction. Exogenous sulfide is, in part, rapidly oxidized to thiosulfate (TS) by hemoglobin and liver enzymes, and TS is excreted through the kidneys [11], while a portion is excreted unchanged by the lungs as  $H_2S$  [12, 13]. Previous studies suggested that blood and tissue TS contents are normally very low without any significant influence of postmortem changes involving putrefaction [12, 14]; TS has been believed to be an indicator of antemortem  $H_2S$  exposure [2–4, 12, 15–18]. TS in the urine is also considered useful for this purpose [19, 20]; however,  $H_2S$  may be oxidized to TS nonenzymatically by

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hemoglobin or enzymatically by bacteria during early and late postmortem periods [21, 22].

The present report describes four cases of fatal inhalation of H<sub>2</sub>S that occurred after mixing domestic chemicals, and composes the pathological and toxicological findings with a toxicological control study.

## Toxicological analysis

### Alcohol analysis

Ethanol was analyzed by automated head-space gas chromatography–mass spectrometry (GC–MS): apparatus, Shimadzu QP 5000 GC–MS combined with a head-space gas sampler; column, DB-624 (60 m × 0.32 mm i.d., film 1.8 μm); column temperature, 60–150 °C; injector temperature, 150 °C; carrier gas, He; flow rate, 34 cm/s; split, 1:30; interface temperature, 230 °C. One gram of each sample was mixed with internal standard solution (0.5 mg/ml *t*-butanol, 1 ml), incubated at 60 °C for 30 min, and analyzed by GC–MS with monitoring at *m/z* 45.10 for ethanol and *m/z* 59.05 for butanol. Calibration was achieved using standard ethanol solutions (Wako Pure Chemicals, Osaka). The lower detection limit of ethanol was 0.001 mg/g, and the diurnal and interday precision was ±5 % [23].

### Analysis of hydrogen sulfide and thiosulfate

#### Sample preparation

All samples were analyzed using published methods [9, 24]. Sulfide was detected as bis(pentafluorobenzyl)sulfide (C<sub>6</sub>F<sub>5</sub>CH<sub>2</sub>SCH<sub>2</sub>C<sub>6</sub>F<sub>5</sub>), as follows: 0.2 ml (or g) of the sample was added to a mixture of 0.5 ml of 20 mM pentafluorobenzyl bromide (PFBBBr) solution in ethyl acetate, 100 μl of internal standard (IS) solution [200 μM 1,3,5-tribromobenzene (TBB) in ethyl acetate], and 0.8 ml of 5 mM tetradecyldimethylbenzylammonium chloride (TDMBA) solution in oxygen-free water saturated with sodium tetraborate. The preparation was vortexed for 1 min, and 0.1 g of potassium dihydrogenphosphate was added to the mixture as a buffer to prevent excessive alkylation by tissue protein. The preparation was again vortexed for 10 s and centrifuged at 2500 rpm for 15 min. An aliquot of the organic phase was injected into the GC–MS apparatus.

Thiosulfate in the heart blood, pericardial fluid, and bone marrow aspirate were quantified by a previously described procedure using gas chromatography–mass spectrometry (GC–MS) [17]. The derivatization of thiosulfate was performed with pentafluorobenzyl bromide: to 0.2 ml of heart blood, pericardial fluid, or bone marrow

aspirate, was added a mixture of 0.05 ml of 0.2 M L-ascorbic acid solution, 0.05 ml of 5 % sodium chloride, and 0.05 ml of 0.02 M pentafluorobenzyl bromide in acetone in a 3-ml centrifuge tube. The mixture was vortexed for 1 min, and 2 ml of 0.025 M iodine in ethyl acetate and 0.05 ml of IS solution (0.04 mM 1,3,5-tribromobenzene in ethyl acetate) were added to the mixture. The preparation was then vortexed for 30 s and centrifuged at 2500 rpm for 15 min. An aliquot of the organic phase was injected into the GC–MS apparatus.

#### GC–MS conditions

GC–MS was carried out on a Shimadzu QP 5000 GC–MS (Kyoto, Japan) with a J&W DB-1 (15 m × 0.25 mm i.d., 0.25 μm film thickness) fused silica capillary column (Agilent, Santa Clara, CA, USA). A splitless injection mode was selected with a valve off-time of 1 min. The initial temperature of the column was held at 100 °C for 2 min, then elevated at 10 °C/min to 220 °C. The injection port, separator, and ion source were kept at 230, 240, and 210 °C, respectively. Helium was used as the carrier gas at a flow rate of 2 ml/min. The ionization energy was 70 eV [17]. The lower detection limits for sulfide and thiosulfate were 0.001 and 0.003 μmol/ml, respectively.

#### Calibration curve

GC–MS in scan mode was used for both identification and quantitation of sulfide and thiosulfate. The calibration curve for sulfide was obtained by plotting the peak area ratio of the molecular ion (*m/z* 394) of TBB against the sulfide concentration, using mass chromatography. The calibration curve for thiosulfate was obtained in a similar manner using the molecular ion (*m/z* 426) of the derivative of thiosulfate [17].

## Case reports

### Case 1

#### Case history

A 32-year-old man, who committed suicide and left a note, was found dead supine on the bathroom floor. There was a bucket containing powder and an aqueous liquid, and bottles of liquid bath essence containing sulfur (610HAP) and toilet bowl cleaner containing 9.5 % HCl (Sunpole) were nearby. An “unidentifiable gas” was detected at a concentration of 230 ppm in the ambient air by police investigators using a gas detector. The postmortem interval was estimated to be about 24 h at the time of discovery, based on

circumstantial and physical evidence. A forensic autopsy was performed about 24 h later (about 48 h postmortem).

#### *Autopsy findings*

The body was 170 cm in height and weighed 88.0 kg. Bright red to dark reddish-purple hypostasis was seen on the back, with greenish discoloration on part of his buttocks and lower limbs, surrounding the regions in contact with the floor. There were a few bruises in the regions of the scapula, without any other evidence of injury. The conjunctivae palpebrae and oral mucosa were hyperemic with a few petechiae. The conjunctivae bulbi were also hyperemic. The heart (440 g) contained a large amount of dark reddish fluid blood. Bilateral lungs (left, 630 g; right, 670 g) were inflated and congested with pleural effusion (about 7 ml/30 ml in the left/right). Submucosal hemorrhages were evident in the trachea and bronchi. The brain (1680 g) was markedly swollen and edematous. There was no pathology other than congestion in other viscera. Discoloration was not seen in the viscera.

On histological examination, the lungs showed marked congestion and edema. Immunohistochemistry of pulmonary surfactant-associated protein A (SP-A) [25, 26] showed intense positivity for the intra-alveolar granular pattern (respiratory distress), the membranous pattern on the intra-alveolar interior surface of alveoli, and on the interface of intra-alveolar effusion (alveolar injury). Cardiomyocytes and cerebrum neurons presented with acidophilic change. The skin and skeletal muscle with discoloration showed decreased H&E staining, and the skeletal muscle showed varying changes. No other pathology, except for congestion, was detected in other viscera.

#### *Toxicological findings*

Drug screening proved negative, while low levels of blood alcohol (0.31 and 0.03 mg/ml in the left and right cardiac blood, respectively) were detected, but *n*-propanol was not detected. Carboxyhemoglobin (COHb) and methemoglobin (MetHb) saturation in the left/right cardiac blood, as measured by an OSM3 CO-oxymeter (Radiometer, Westlake, OH, USA) [27], was 6.2%/5.5% and 1.3%/1.3%, respectively, without significant elevation of sulfhemoglobin (SulfHb) (<1%).

Using GC–MS, H<sub>2</sub>S and TS concentrations in the blood were found to be 30.0 and 3.55 µg/ml in the left cardiac blood, 2.71 and 1.12 µg/ml in the right cardiac blood, and 1.65 and 1.68 µg/ml in the peripheral iliac venous blood, respectively (urine was not available) (Table 1a). Pericardial H<sub>2</sub>S and TS contents were 0.48 and 4.42 µg/ml, respectively; cerebrospinal H<sub>2</sub>S and TS contents were 0.32 and 5.34 µg/ml, respectively.

H<sub>2</sub>S/TS contents in the skin and muscle were higher at the site of discoloration (skin: 0.55 and 5.98 µg/ml; muscle: 13.7 and 2.71 µg/ml, respectively) than at intact sites (skin: 0.21 µg/ml and <quantitative assay limit; muscle: 1.69 µg/ml and <quantitative assay limit, respectively). H<sub>2</sub>S and TS contents in other tissues were 0.13–1.46 and 0.00–0.94 µg/ml, respectively. Further details are shown in Table 1a and b.

#### Case 2

##### *Case history*

An 18-year-old woman, who committed suicide and left a note, was found dead prone in a bathtub. A bucket containing a brownish aqueous liquid, and bottles of liquid bath essence containing sulfur (610HAP) and toilet bowl cleaner containing 9.5% HCl (Sunpole) were found nearby. H<sub>2</sub>S was detected at a concentration of 110 ppm in the ambient air using a gas detector. The postmortem interval was estimated to be about 15 h at the time of discovery, based on circumstantial and physical evidence. A forensic autopsy was performed about 15 h later (about 30 h postmortem).

##### *Autopsy findings*

The body was 163 cm in height and weighed 62.4 kg. Dark reddish-purple hypostasis was seen on the front, without any greenish discoloration. There were a few bruises on the face, without any other evidence of injury. The conjunctivae palpebrae and bulbi, and the oral mucosa were hyperemic without petechiae. The heart (280 g) contained a large amount of dark reddish fluid blood. The lungs (left, 370 g; right, 450 g) were markedly inflated and congested with pleural effusion (about 5 ml/3 ml in the left/right). There was a small amount of milky white viscous, partly foamy fluid in the hyperemic trachea and bronchi. The brain (1435 g) was swollen and edematous. There was no pathology other than congestion in other viscera. Discoloration was not seen in the viscera.

On histological examination, the lungs showed marked congestion and edema. Pulmonary SP-A immunostaining demonstrated findings of respiratory distress and alveolar injury, as described above. Cardiomyocytes and cerebrum neurons showed acidophilic change. No pathology, except for congestion, was detected in other viscera.

##### *Toxicological findings*

Drug screening proved negative, while low blood alcohol levels (0.24 and 0.13 mg/ml in the left and right cardiac blood, respectively) were detected, but *n*-propanol was not

**Table 1** Hydrogen sulfide and thiosulfate concentrations in body fluids (a) and tissues (b)

	Hydrogen sulfide (µg/ml)												Thiosulfate (µg/ml)														
	Nonputrefactive control						Putrefactive control						Nonputrefactive control						Putrefactive control								
	Case no.	1	2	C-1	C-2	C-4	Case no.	3	4	72 h	7 days	12 days	Case no.	1	2	C-1	C-2	C-4	Case no.	3	4	72 h	7 days	12 days			
Postmortem interval	48 h	30 h	24 h	29 h	72 h	7 days	12 days	19	25	25	16	19	48 h	30 h	24 h	29 h	72 h	7 days	12 days	72 h	7 days	12 days	72 h	7 days	12 days		
Ambient temperature (°C)	9	16	31	29	25	25	16	19	25	25	16	19	9	16	31	29	25	25	16	25	25	16	19	19	19		
a) Body fluids																											
Sample group I																											
Vitreous body (left)	0.07	0.00	0.00	0.00	0.55	0.00	–	–	0.00	0.00	–	–	7.05	3.35	0.00	0.00	12.0	1.74	–	–	–	–	–	–	–		
Vitreous body (right)	0.07	0.00	0.00	0.00	0.54	0.00	–	–	0.00	0.00	–	–	6.71	1.19	0.00	0.00	41.7	2.40	–	–	–	–	–	–	–		
Heart blood (left)	30.0	0.66	0.05	0.03	59.6	1.52	0.62	0.54	0.03	0.06	0.06	0.06	3.55	1.71	1.03	0.09	369	0.00	10.0	4.33	4.33	4.33	4.33	4.33			
Heart blood (right)	2.71	0.81	0.09	0.06	85.0	3.75	1.27	0.36	0.06	0.06	0.06	0.06	1.12	1.54	1.25	0.18	200	2.20	9.32	3.31	3.31	3.31	3.31	3.31			
Pericardial fluid	0.48	0.38	0.03	–	12.0	1.11	1.85	0.79	–	–	–	–	4.42	2.16	0.01	–	390	2.74	19.6	3.72	3.72	3.72	3.72	3.72			
Sample group II																											
Iliac vein	1.65	–	0.12	0.05	–	–	–	–	0.05	0.05	–	–	1.68	–	0.82	0.31	–	–	–	–	–	–	–	–	–		
Bile	–	–	0.01	0.08	0.80	0.04	0.14	–	0.08	0.08	–	–	–	–	1.45	0.49	26.7	0.00	7.85	–	–	–	–	–	–		
Cerebrospinal fluid	0.32	0.13	0.12	0.00	–	–	–	–	0.00	0.00	–	–	5.34	1.19	0.93	0.02	–	–	–	–	–	–	–	–	–		
Bone marrow	1.00	3.50	–	–	61.6	1.57	0.23	–	–	–	–	–	0.77	0.00	–	–	320	0.00	8.26	–	–	–	–	–			
Gastric content	0.00	1.47	0.20	1.29	0.67	1.12	1.45	0.21	1.29	1.29	1.45	0.21	0.00	0.00	1.34	8.06	180	0.00	18.6	0.55	0.55	0.55	0.55	0.55			
Urine	–	0.41	0.11	–	8.47	17.7	1.08	0.49	–	–	–	–	–	0.00	2.96	–	57.59	7.49	13.0	1.77	1.77	1.77	1.77	1.77			
b) Tissues																											
Sample group I																											
Brain	0.51	2.50	0.04	0.32	12.7	4.00	0.52	0.44	0.32	0.32	0.52	0.44	0.49	0.83	0.96	0.52	28.0	0.00	18.0	7.64	7.64	7.64	7.64	7.64			
Lung	0.86	1.25	0.06	0.06	26.0	0.98	1.66	0.64	0.06	0.06	1.66	0.64	0.94	1.12	0.27	0.06	480	0.00	41.0	4.33	4.33	4.33	4.33	4.33			
Sample group II																											
Heart	0.93	1.62	0.29	0.19	4.25	2.72	0.62	0.10	0.19	0.19	0.62	0.10	0.00	0.35	1.80	0.99	29.0	0.00	4.96	1.39	1.39	1.39	1.39	1.39			
Liver	0.66	2.56	0.37	0.80	4.54	3.02	0.44	0.71	0.80	0.80	0.44	0.71	0.00	0.85	1.86	7.17	9.74	0.00	5.58	2.23	2.23	2.23	2.23	2.23			
Kidney	1.46	4.24	0.24	–	11.7	2.01	0.95	0.55	–	–	0.95	0.55	0.00	0.80	0.56	–	10.0	0.00	9.45	2.41	2.41	2.41	2.41	2.41			
Spleen	0.90	–	0.43	0.12	3.53	0.74	0.95	0.33	0.12	0.12	0.95	0.33	0.00	–	1.88	0.64	6.55	0.00	30.9	4.71	4.71	4.71	4.71	4.71			
Pancreas	0.34	2.24	0.07	0.07	0.00	0.00	0.36	0.01	0.07	0.07	0.36	0.01	0.00	0.77	0.83	1.03	0.00	0.00	5.27	0.89	0.89	0.89	0.89	0.89			
Intestine	0.13	–	–	0.26	8.68	0.39	0.70	–	0.26	0.26	0.70	–	0.00	–	–	2.29	0.00	0.00	7.13	–	–	–	–	–			
Skin	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–		
Normal color	0.21	–	0.03	0.02	0.59	0.60	–	–	0.02	0.02	–	–	0.00	–	0.38	1.54	0.00	0.00	–	–	–	–	–	–			
Discoloration	0.55	–	–	–	2.46	1.02	0.06	0.37	–	–	0.06	0.37	5.98	–	–	–	20.7	10.0	19.0	8.35	8.35	8.35	8.35	8.35			
Skeletal muscle																											
Normal color	1.69	–	1.11	0.13	3.39	0.35	–	–	0.13	0.13	–	–	0.00	–	3.71	0.40	5.70	0.00	–	–	–	–	–	–	–		
Discoloration	13.7	1.22	–	–	2.58	0.97	0.73	0.20	–	–	0.73	0.20	2.71	1.87	–	–	13.0	7.35	15.0	0.61	0.61	0.61	0.61	0.61			

detected. COHb and MetHb saturation in the left/right cardiac blood, measured as above, were 3.4 %/3.3 % and 1.6 %/1.5 %, respectively, without significant elevation of SulfHb (<1 %).

Using GC–MS as above, H<sub>2</sub>S and TS concentrations in the blood and urine were 0.66 and 1.71 µg/ml in the left cardiac blood, 0.81 and 1.54 µg/ml in the right cardiac blood (peripheral blood was not available), and 0.41 µg/ml and <quantitative assay limit in the urine, respectively (Table 1a). Pericardial and cerebrospinal H<sub>2</sub>S/TS contents were 0.38 µg/ml/2.16 µg/ml and 0.13 µg/ml/1.19 µg/ml, respectively. Tissue H<sub>2</sub>S and TS contents were 1.22–4.24 and 0.35–1.87 µg/ml, respectively. Further details are shown in Table 1a and b.

### Case 3

#### Case history

A 23-year-old woman, who committed suicide and left a note, was found dead prone in a bathtub. A bucket containing aqueous liquid was found nearby, and bottles of liquid bath essence containing sulfur (610HAP) and toilet bowl cleaner containing 9.5 % HCl (Sunpole) were found in another room. The ambient air was not examined. The postmortem interval was estimated to be about 2 days at the time of discovery, based on circumstantial and physical evidence. A forensic autopsy was performed about 18 h later (about 3 days postmortem).

#### Autopsy findings

The body was 160 cm in height and weighed 52.3 kg. Dark reddish-purple hypostasis was seen on the front, with dark gray-greenish discoloration on the face, chest, and upper limbs, excluding areas in contact with the bottom of the bathtub. There was no evidence of injury. The conjunctivae palpebrae and bulbi were hyperemic with petechiae. Oral mucosa was dark greenish. The heart (205 g) contained a large amount of dark reddish fluid blood with soft clots. The lungs (left, 395 g; right, 380 g) were markedly inflated and congested with pleural effusion (about 50 ml/20 ml in the left/right), showing dark gray-greenish discoloration, which was also seen throughout the airways with a small amount of dark gray-greenish, partly foamy viscous fluid. The brain (1390 g) was swollen and edematous, with gray-greenish discoloration on the brain surfaces, excluding the brainstem. There was no pathology other than congestion or discoloration in other viscera.

On histological examination, the lungs showed marked congestion and edema. Pulmonary SP-A immunostaining demonstrated the findings of respiratory distress and alveolar injury, as described above. Decomposition was not

evident in the airways and lungs. No other pathology, except for congestion, was detected in other viscera.

#### Toxicological findings

Drug screening proved negative, as did tests for blood alcohol and *n*-propanol. COHb and MetHb saturations in the left/right cardiac blood, measured as above, were 5.3 %/2.1 % and 4.9 %/2.0 %, respectively, with a high SulfHb saturation (>1 %).

Using GC–MS as above, H<sub>2</sub>S and TS concentrations in the blood and urine were 59.6 and 369 µg/ml in the left cardiac blood, 85.0 and 200 µg/ml in the right cardiac blood (peripheral blood was not available), and 8.47 and 57.59 µg/ml in the urine, respectively (Table 1a). Pericardial H<sub>2</sub>S and TS contents were 12.0 and 390 µg/ml, respectively.

H<sub>2</sub>S and TS contents in the skin and muscle were mostly higher at the sites of discoloration (skin: 2.46 and 20.7 µg/ml; muscle: 2.58 and 13.0 µg/ml, respectively) than at intact sites (skin: 0.59 µg/ml and <quantitative assay limit; muscle: 3.39 and 5.70 µg/ml, respectively). H<sub>2</sub>S and TS contents in other tissues were 0.00–26.0 and 0.00–480 µg/ml, respectively. Further details are shown in Table 1a and b.

### Case 4

#### Case history

A 25-year-old man was found dead prone in a bathtub, lying on his wife, who had committed suicide (case 3). The postmortem interval was estimated to be about 2 days at the time of discovery, based on circumstantial and physical evidence. A forensic autopsy was performed about 18 h later (about 3 days postmortem).

#### Autopsy findings

The body was 180 cm in height and weighed 79.0 kg. Dark reddish hypostasis was seen on the front, with greenish discoloration around the right elbow, excluding the area in contact with the bathtub. There were a few bruises in the regions of the chest and right upper arm, without any other evidence of injury. The conjunctivae palpebrae and bulbi, and the oral mucosa were hyperemic with petechiae. The heart (350 g) contained a large amount of dark reddish fluid blood. The lungs (left, 480 g; right, 560 g) were markedly inflated and congested with pleural effusion (about 20 ml each in the left and right). The airways were hyperemic. The brain (1520 g) was swollen and edematous. There was no pathology other than congestion in other viscera. Discoloration was not seen in the viscera.

On histological examination, the lungs showed marked congestion and edema. Pulmonary SP-A immunostaining demonstrated the findings of respiratory distress and alveolar injury, as described above. No other pathology, except for congestion, was detected in other viscera.

### Toxicological findings

Drug screening proved negative, as did tests for blood alcohol and *n*-propanol. COHb and MetHb saturation in the left/right cardiac blood, measured as above, was 4.2/3.5 % and 1.9/1.4 %, respectively, without significant elevation of SulfHb (<1 %).

Using GC–MS as above, H<sub>2</sub>S and TS concentrations in the blood and urine were 1.52 and 0.00 µg/ml (below the quantitation limit) in the left cardiac blood, 3.75 and 2.20 µg/ml in the right cardiac blood (peripheral blood was not available), and 17.7 and 7.49 µg/ml in the urine, respectively (Table 1a). Pericardial H<sub>2</sub>S and TS contents were 1.11 and 2.74 µg/ml, respectively.

H<sub>2</sub>S and TS contents in the skin and muscle were higher at the sites of discoloration (skin: 1.02 and 10.0 µg/ml; muscle: 0.97 and 7.35 µg/ml, respectively) than at intact sites (skin: 0.60 µg/ml and <quantitative assay limit; muscle: 0.35 µg/ml and <quantitative assay limit, respectively). H<sub>2</sub>S and TS contents in other tissues were 0.00–4.00 and 0.00 µg/ml, respectively. Further details are shown in Table 1a and b.

### Toxicological control study

#### Nonputrefactive control cases

In nonputrefactive control cases, blood alcohol or *n*-propanol was not detected. Using GC–MS as above, H<sub>2</sub>S and TS concentrations in the blood and other body fluids for two control cases without any putrefactive changes (post-mortem interval, about 24 and 29 h) ranged from 0.00 to 0.12 µg/ml and from 0.00 to 2.96 µg/ml, respectively. Tissue H<sub>2</sub>S and TS contents were 0.03–1.11 and 0.06–7.17 µg/ml, respectively. Further details are shown in Table 1a and b.

#### Putrefactive control cases

In putrefactive control cases, a low level of blood alcohol (0.20 and 0.66 mg/ml in the left cardiac blood, respectively) was detected, and *n*-propanol was detected in the left cardiac blood in one case (0.07 mg/ml in the latter case). For two control cases with evident putrefactive discoloration (postmortem interval, about 7 and 12 days), H<sub>2</sub>S and TS concentrations in the blood and other body

fluids ranged from 0.14 to 1.85 µg/ml and from 1.77 to 19.6 µg/ml, respectively. Tissue H<sub>2</sub>S and TS contents were 0.01–1.66 and 0.61–41.0 µg/ml, respectively. Further details are shown in Table 1a and b. Differences between putrefactive and nonputrefactive control cases were detected for sample group I, but were not apparent for sample group II.

### Discussion

Previous case reports of H<sub>2</sub>S intoxication showed significant increases of H<sub>2</sub>S and TS contents in blood, other body fluids, urine, and tissues to be diagnostic indications [10, 28]; an increase in urinary TS level has been regarded as a sign of antemortem H<sub>2</sub>S exposure [19, 20]. Marked pulmonary edema and congestion were common pathological findings [29]. However, several arguments remain with regard to blood SulfHb formation and greenish discoloration of the skin and viscera in the context of differentiation from putrefaction and the postmortem influence of H<sub>2</sub>S exposure; SulfHb formation and greenish discoloration of the skin and/or viscera are not so common in H<sub>2</sub>S intoxication cases [30].

The present four cases pathologically showed evident pulmonary edema and congestion without any other particular findings of injury or disease, while toxicological investigations demonstrated fatal H<sub>2</sub>S and TS concentrations in the blood, other body fluids, and tissues. High concentrations of H<sub>2</sub>S were detected in the heart blood and lung in these cases in this study as compared with those of the nonputrefactive control cases, which were as high as those previously reported for H<sub>2</sub>S intoxication [31]. Moreover, higher concentrations of H<sub>2</sub>S were detected in the pericardial fluid as compared with those detected in nonputrefactive control cases. In addition, TS concentration was also high in the vitreous body, blood, pericardial fluid, and lung. From these findings, the cause of death was established as acute H<sub>2</sub>S intoxication. Marked pulmonary edema and congestion, and pulmonary SP-A immunostaining patterns suggested acute pulmonary alveolar injury and respiratory distress due to H<sub>2</sub>S inhalation [25, 26]. In one case (case 3), however, a substantial amount of cardiac blood clots suggested a subacute death process.

On toxicological investigation, the present control study using cases without H<sub>2</sub>S intoxication or putrefaction demonstrated lower H<sub>2</sub>S and TS contents in the blood, body fluids, and tissues, mostly <0.12 and 1.45 µg/ml, respectively. These H<sub>2</sub>S and TS contents were similar to those in previous reports [32]. However, the specimens from cases with putrefaction often had higher H<sub>2</sub>S contents of >0.5 µg/ml, and also showed an unexpected increase in TS contents of >4.0 µg/ml. Although ambient temperature



above 20 °C can greatly affect putrefaction [21], blood *n*-propanol was not detected in nonputrefactive control cases, suggesting insignificant influence of decomposition. These findings suggest an increase in H<sub>2</sub>S contents, accompanied by subsequent conversion to TS, due to postmortem changes involving putrefaction. Thus, increased TS contents cannot immediately be a reliable finding of antemortem exposure to H<sub>2</sub>S gas. It was difficult to discriminate putrefaction using H<sub>2</sub>S and TS measurements, especially in gastric contents, bone marrow, heart, liver, kidney, spleen, pancreas, and intestine; these materials may be inadequate for toxicological analysis of H<sub>2</sub>S. Moreover, collection of cerebrospinal fluid, iliac vein or bile may be difficult in the putrefactive cases. This case report suggested that vitreous body, pericardial fluid, and lung tissue may be used as supplementary or alternative samples.

For the present cases of H<sub>2</sub>S intoxication, toxicological investigation showed that H<sub>2</sub>S and TS concentrations in cardiac blood varied by case (0.66–85.0 and 0.00–369 µg/ml, respectively), and similar distributions were seen in other body fluids and tissues. These concentrations were evidently high in the airways, and in areas of lung and brain discoloration (case 3). In these cases, higher H<sub>2</sub>S concentrations were detected in the heart blood as compared with those in nonputrefactive control cases. TS concentration was also high in the heart blood and lung, except for case 4, although the reason for low TS concentrations in some samples is unknown. This suggests that the victim inhaled H<sub>2</sub>S gas in a very high concentration. Nevertheless, cardiac blood clots as a pathological sign of subacute death suggest a substantial period of agony until death, although it is believed that inhalation of H<sub>2</sub>S in a high concentration causes almost instantaneous paralysis of the central nervous system followed by an immediate collapse and fatal respiratory arrest [33]. In this case of marked dark gray-greenish skin and visceral discoloration, however, TS content (20.7 µg/ml) was higher than H<sub>2</sub>S content (2.46 µg/ml). This difference was similar to that in control cases with putrefaction, suggesting some influence of putrefaction on the toxicological analysis. Case 4 (the husband of case 3) also had increased H<sub>2</sub>S contents in the blood, urine, and tissues, but TS content was low, showing a pathological sign of acute death; thus, his survival time could have been shorter than that of his wife. For this victim, however, the lower TS content suggested that the influence of putrefaction was not significant despite a similar postmortem period, as indicated by the circumstantial evidence.

The other two cases (cases 1 and 2) showed similar toxicological findings, suggesting acute death following inhalation of H<sub>2</sub>S in a high concentration. For case 1, TS content was lower than H<sub>2</sub>S content, without significant

findings of putrefaction in accordance with the relatively shorter postmortem interval (approximately <48 h).

Among the four cases, greenish discoloration of the skin was seen in part in two cases (cases 1 and 4) and was observed widely in case 3, which showed discoloration of the airways, lungs, and brain. In these cases, skin discoloration appeared in the lower parts of the body, excluding the regions that had been in contact with the surrounding objects, partly overlapping with hypostasis, and the H<sub>2</sub>S contents in the skin and muscle were higher at sites of discoloration than at intact sites. This suggests that discoloration occurs due to the postmortem infiltration of a heavy H<sub>2</sub>S gas that accumulates downwards. However, the skin and muscle tissues contained also larger amounts of TS at the sites of discoloration, suggesting that H<sub>2</sub>S can be converted to TS in the presence of oxyhemoglobin even after death, before the appearance of putrefaction [34]. With respect to these findings, further detailed investigation is needed in consideration of the difference due to sampling site and procedure [21]. With regard to discoloration of the airways, lungs, and brain surfaces (case 3), a similar postmortem influence of H<sub>2</sub>S gas may be considered; thus, nonputrefactive greenish discoloration may indicate the postmortem influence of H<sub>2</sub>S gas, but careful interpretation of the toxicological findings is needed for specimens with typical discoloration.

Previous reports have described that SulfHb and MetHb are not produced in measurable quantities in the blood of victims of acute H<sub>2</sub>S intoxication [34]. However, some investigations showed that SulfHb could be formed when the victims were exposed to H<sub>2</sub>S gas in extremely high concentrations (>4000 ppm) [35]. In the present cases, a high SulfHb result (>1 %) was detected in only one case of a markedly high blood H<sub>2</sub>S concentration (case 3) by a CO-oximeter. This victim might have inhaled H<sub>2</sub>S gas in a very high concentration, and subsequent postmortem exposure to the gas might have caused typical greenish discoloration of the skin and viscera.

In conclusion, the present cases suggest a significant contribution of postmortem exposure to H<sub>2</sub>S gas to the pathological and toxicological findings, depending on the circumstances. A control study demonstrated an unexpected increase of TS contents along with H<sub>2</sub>S production due to putrefaction; thus, increased TS content cannot immediately be a reliable indication of H<sub>2</sub>S intoxication. The findings of this case report suggest that vitreous body, pericardial fluid, and lung tissue may be used as supplementary or alternative samples for H<sub>2</sub>S and TS measurements. Careful interpretation of the toxicological findings is needed for tissue specimens with typical discoloration; indeed, systemic toxicological analysis is needed to determine death due to H<sub>2</sub>S intoxication.

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