### **ORIGINAL PAPER**



# **A diterpene derivative enhanced insulin signaling induced by high glucose level in HepG2 cells**

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Received: 23 October 2019 / Accepted: 20 December 2019 / Published online: 20 January 2020 © The Japanese Society of Pharmacognosy 2020

#### **Abstract**

The predominant feature of type 2 diabetes is insulin resistance. Identifying a drug able to reduce insulin resistance is an urgent requirement. *ent*-3*α*-Formylabieta-8(14),13(15)-dien-16,12*β*-olide had been identifed as a new diterpene derivative which showed anticancer activity. This study explores the hypoglycemic efect of *ent*-3*α*-formylabieta-8(14),13(15)-dien-16,12*β*-olide and studied its mechanism. The insulin response of HepG2 cells following *ent*-3*α*-formylabieta-8(14),13(15) dien-16,12*β*-olide treatment, as a model for liver cancer cells, was assessed. The results demonstrated that hyperglycemia resulted in a signifcant increase in the levels of insulin receptor substrate-1 (IRS-1) serine phosphorylation and decrease in Akt phosphorylation. High glucose also inhibited the phosphorylation of insulin-dependent GSK3*β*. *ent*-3*α*-Formylabieta-8(14),13(15)-dien-16,12*β*-olide treatment improved the efect of insulin on the phosphorylation of IRS-1 Ser307. In addition, this study demonstrated that the efect of *ent*-3*α*-formylabieta-8(14),13(15)-dien-16,12*β*-olide was dependent on the activation of AMP-activated protein kinase. Collectively, experimental data indicated an association between insulin resistance and hyperglycemia in HepG2 cells, and that *ent*-3*α*-formylabieta-8(14),13(15)-dien-16,12*β*-olide reduces IRS-1 Ser307 phosphorylation via activating AMPK, thereby decreasing the insulin signaling blockade.

**Keywords** ent-3α-Formylabieta-8(14),13(15)-dien-16,12β-olide · Insulin resistance · AMPK · Diabetes

# **Introduction**

Circulating blood glucose is a serious problem for patients with type 2 diabetes [[1,](#page-5-0) [2](#page-5-1)]. Chronic hyperglycemia can induce insulin resistance and impair insulin secretion. Also, persistent high blood glucose is toxic to macrovascular and microvascular systems and this efect is known as glucose toxicity [[3–](#page-5-2)[5](#page-5-3)]. Among a number of pathological factors, one reason for hyperglycemia is the impairment of glucose homeostasis and hepatic control [[6](#page-5-4)]. Hepatic insulin resistance causes a reduced capacity to trigger downstream signaling cascades. Furthermore, hepatic insulin resistance

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afects glucose levels and causes lipid synthesis disorders, which may worsen systemic insulin resistance and fatty liver disease [[7,](#page-5-5) [8](#page-5-6)]. Previous studies have identifed that insulin receptor substrate (IRS), a docking protein activated by the insulin receptor (IR), may control hepatic insulin resistance [[9–](#page-5-7)[12](#page-6-0)]. This defect is likely to be due to the IRS-1 serine phosphorylation stimulated by insulin resulting in decreased phosphoinositide 3-kinase (PI3K) activity [\[13](#page-6-1), [14](#page-6-2)]. IRS-2 and IRS-1 possess complementary functions in hepatic metabolism, whereas IRS-1 is particularly relevant to glucose homeostasis [[15,](#page-6-3) [16\]](#page-6-4).

When extracellular insulin binds the IR, several intracellular protein substrates including IRS-1 and IRS-2 are stimulated, and downstream insulin signaling cascades are initiated  $[17–19]$  $[17–19]$  $[17–19]$  $[17–19]$  $[17–19]$ . This activates the PI3K pathway and suppresses glycogen synthase kinase-3 (GSK-3) [\[20,](#page-6-7) [21](#page-6-8)]. In addition, the forkhead box O1 transcription factor can be phosphorylated by Akt to reduce the expression of glucose 6-phosphatase (G6Pase) and inhibit gluconeogenesis [[22–](#page-6-9)[24\]](#page-6-10). AMP-activated protein kinase (AMPK) is an important regulator of cell metabolism that inhibits liver glucose isogenesis. Many drugs (such as berberine and metformin) used in the treatment of type 2 diabetes can activate AMPK [[25–](#page-6-11)[27\]](#page-6-12).

*Euphorbia lunulata* Bge, one of the species of *Euphorbia* L., is a perennial herb. *Euphorbia* L. has a wide variety and is distributed all over the world. Many species have a long history of medicinal history at home and abroad. Modern research indicates that the main active ingredients of this genus are terpenoids and some favonoids [[28](#page-6-13)]. In China, *Euphorbia lunulata* Bge is mainly distributed in Inner Mongolia, Shandong, Jiangsu and Hebei provinces. It has been mainly used in folk medicine to treat diseases such as asthma, gastric carcinoma and breast carcinoma [[29](#page-6-14)]. According to the previous literatures on *Euphorbia* L. plants, diterpenoids were proved to be the active constituents and were found to have anti-tumor  $[30]$  $[30]$ , antimicrobial  $[31]$  $[31]$  $[31]$  as well as anti-virus activities [\[32](#page-6-17)]. However, domestic and foreign research on *Euphorbia lunulata* Bge mainly focused on flavonoids [[33,](#page-6-18) [34\]](#page-6-19), and little research on terpenoids which may have strong pharmacological activity in *Euphorbia* L. A new *ent*-abietane-type diterpene derivative *ent*-3*α*formylabieta-8(14),13(15)-dien-16,12*β*-olide (EFLDO) and other four jatrophane-type diterpenes were isolated from *Euphorbia lunulate* Bge in our previous study [[35](#page-6-20)]. And then, *ent*-3*α*-formylabieta-8(14),13(15)-dien-16,12*β*olide (EFLDO) was further extracted and enriched to obtain 55 mg/20.0 kg in our laboratory. The preliminary biological activities for fve diterpenes against NCI-H460 and MCF-7 Hela tumor cell lines were evaluated and results indicated marked activity for EFLDO against the two cell lines (NCI-H460 IC<sub>50</sub> = 19.5 μM; MCF-7 IC<sub>50</sub> = 18.6 μM). In addition, other four diterpenes exhibited moderate cytotoxic activities for two cell lines with  $IC_{50}$  values ranging from 32.1 to 58.2 μM [[35\]](#page-6-20). *ent*-Abietane-type diterpenes are the most abundant diterpene type of this species. In view of the strong biological activity of EFLDO (*ent*-abietane-type diterpene) and related literatures that reported *ent*-abietane-type diterpenes have hypoglycemic efects with diferent mechanisms of action [\[36](#page-6-21)[–38](#page-6-22)], HepG2 cell line [[39](#page-6-23)] is selected as a model in this study and used to study the hypoglycemic efect and mechanism of EFLDO on diabetes.

This study examined the effects of EFLDO on hyperglycemia-induced insulin signal transduction pathways. Results showed that the hyperglycemia-induced phosphorylation of IRS-1 Ser307 suppressed the activation of Akt, whereas treatment with EFLDO reduced the insulin signal blockade by improving the function of IRS-1. In addition, the results show that the effect of EFLDO is dependent on the phosphorylation of AMPK, demonstrating novel antidiabetic activity of EFLDO.

### **Materials and methods**

### **Materials**

*ent*-3*α*-Formylabieta-8(14),13(15)-dien-16,12*β*-olide (EFLDO) was extracted from the *Euphorbia lunulata* Bge in this lab. Dorsomorphin (Compound C, an AMPK-specifc inhibitor), p-glucose and recombinant human insulin were purchased from Sigma-Aldrich (Merck KGaA, Darmstadt, Germany). AMPK, p-AMPK, glycogen synthase kinase-3*β* (GSK-3*β*), *β*-actin and phosphorylated (p)-GSK3*β* (Ser9) antibodies were from purchased from Cell Signaling Technology, Inc. (Danvers, MA, USA) and control siRNA and siRNA against AMPK were purchased from Santa Cruz Biotechnology, Inc. (Dallas, TX, USA; catalog No., sc-29673). IRS-1 and p-IRS-1 antibodies were purchased from BD Transduction Laboratories (Lexington, KY, USA). Akt and p-Akt antibodies (Ser473) were purchased from Ampersand Bioscience, LLC (Saranac Lake Village, NY, USA).

#### **Methods**

### **Cell culture**

HepG2 cells were maintained in this lab and cultured in DMEM supplemented with 10% fetal bovine serum, penicillin and streptomycin (Invitrogen; Thermo Fisher Scientifc, Inc., Waltham, MA, USA), and maintained in an atmosphere containing 5% carbon dioxide at 37 ℃. The cells were further cultured in serum-free medium for 24 h for further procedures.

#### **Immunoprecipitation**

Cells were lysed in RIPA bufer [1% Triton X-100, 300 mM NaCl, Tris–HCl (pH 7.4; 20 mM), 0.4 mM sodium vanadate] and centrifuged at 13,000 rpm for 15 min. Protein A/G beads were agitated gently with the IRS-1 antibody and separated by centrifugation for 30 min at 5000 rpm and 4 ℃. The supernatant (500 µg total protein) was incubated with the beads and gently agitated at 4 ℃. The beads were washed three times in cold RIPA buffer for 10 min to elute, boiled in SDS bufer at 100 ℃, and the supernatant was used for subsequent western blot analysis.

#### **Western blot analysis**

The cells were co-treated with glucose and/or 1, 5, or 10 μM EFLDO for 24 h, then treated with 100 nM insulin for 10 min, and lysed. Total protein (50 μg) was separated by 10% SDS-PAGE and transferred to a PVDF membrane (GE Healthcare, Chicago, IL, USA). The membrane was blocked with 5% BSA for 1 h at room temperature. Then, the membrane was incubated with primary antibodies overnight, followed by the application of horseradish peroxidase-conjugated secondary antibodies for 2 h at room temperature. Visualization of the immune complex was performed with a chemiluminescence kit (GE Healthcare).

### **RNAi knockdown of AMPK**

HepG2 cells were transfected with the siRNA against AMPK or control siRNA, using a siRNA transfection reagent (Santa Cruz Biotechnology, Inc.), according to the manufacturer's protocol. The expression of AMPK after 30 h was analyzed via western blotting.

# **Results**

# **The efect of high glucose on the tyrosine phosphorylation of IRS‑1**

The aim was to examine the role of hyperglycemia in the insulin pathway in the liver and to examine the phosphorylation state of IRS-1, as its phosphorylation is essential for insulin sensitivity  $[26]$ . The effect of hyperglycemia on the insulin-induced phosphorylation of IRS-1 was assessed. HepG2 cells were treated with diferent concentrations of glucose for 24 h, and then 100 nM insulin was added for

10 min. Insulin induces the tyrosine phosphorylation of IRS-1, whereas chronic hyperglycemia induces serine phosphorylation. As shown in Fig. [1](#page-2-0)a, the insulin-induced IRS-1 tyrosine phosphorylation was observed at higher concentrations of glucose (20  $\mu$ M). However, insulin-induced IRS-1 tyrosine phosphorylation was signifcantly downregulated by increasing the glucose concentration to 60 μM, and the efect was dose-dependent. Analysis of the efects of hyperglycemia over time, as shown in Fig. [1b](#page-2-0), demonstrated that the tyrosine phosphorylation of IRS-1 was evidently reduced by 33 mM glucose treatment at 12 h. Changes in the level of total IRS-1 protein were also observed after treatment, indicating that the degradation of IRS-1 was not induced.

Akt is a key molecule involved in mediating the effect of insulin metabolism on downstream signaling pathways. To determine whether the insulin stimulation induced the Akt cascade, the Ser473 phosphorylation of Akt was evaluated in HepG2 cell lysates. Compared with the absence of insulin, the addition of insulin increased the phosphorylation of Akt, as shown in Fig. [1](#page-2-0)c, whereas Akt phosphorylation decreased by increasing glucose concentration (40 μM). This suggested that insulin induced the Akt cascade, while hyperglycemia decreased the effect.

# **Efects of EFLDO treatment on Akt phosphorylation in the presence of high glucose level**

To evaluate the efect of EFLDO (Fig. [2](#page-3-0)a) on the insulininduced phosphorylation of Akt, HepG2 cells were treated

<span id="page-2-0"></span>**Fig. 1** Phosphorylation of IRS-1 induced by high glucose and insulin stimulation. **a** HepG2 cells were treated with the specifed concentrations of D-glucose for 24 h, followed by the addition of 100 nM insulin for 10 min. **b** The phosphorylation of IRS-1 was detected over time in cells treated with 33 mM d-glucose. **c** The Akt phosphorylation levels were determined in cells treated with increasing concentrations of <sup>d</sup>-glucose for 24 h, followed by the addition of 100 nM insulin for 10 min. *IRS-1* insulin receptor substrate-1, *IP* immunoprecipitation, *IB* immunoblot, *p-* phosphorylated



<span id="page-3-0"></span>**Fig. 2** Combined action of insulin stimulation, EFLDO treatment and high glucose. **a** The chemical structure of EFLDO. **b** Dose-dependent efect of EFLDO treatment on the phosphorylation of Akt in the presence of high glucose and 100 nM insulin. **c** The IRS-1 Ser307 phosphorylation was detected in HepG2 cells (processed with 33 mM glucose for 24 h and 100 nM insulin for 10 min) treated with diferent concentrations of EFLDO. *EFLDO ent*-3*α*-formylabieta-8(14),13(15)-dien-16,12*β*olide, *IRS-1* insulin receptor substrate-1, *p* phosphorylated, *IP* immunoprecipitation, *IB* immunoblot



with 33 mM glucose for 24 h and then 100 nM insulin for 10 min, as shown in Fig. [2b](#page-3-0), so diferent concentrations of EFLDO treatment reversed insulin-induced Akt Ser473 phosphorylation in a dose-dependent manner. Then, it was assessed whether the increase in insulin sensitivity following EFLDO treatment was due to changes in the phosphorylation of IRS-1. Using the same method-treated cells, the results demonstrated that the tyrosine phosphorylation of IRS-1 was recovered by EFLDO treatment in a dose-dependent manner (Fig. [2](#page-3-0)c). These results indicated that hyperglycemia induced IRS-1 inactivation in HepG2 cells by promoting serine phosphorylation and inhibiting tyrosine phosphorylation, whereas EFLDO reversed the effect on IRS-1 phosphorylation and enhanced the insulin-stimulated phosphorylation of Akt at Ser473.

# **EFLDO induces AMPK phosphorylation in the presence of high glucose level**

AMPK activation is considered to be the central event of cell energy metabolism. In insulin-resistant HepG2 cells, the antidiabetic effects of certain clinical drugs are dependent on AMPK [[25](#page-6-11)[–27\]](#page-6-12). The phosphorylation of AMPK in HepG2 cells in hyperglycemic conditions following EFLDO treatment was examined. The level of AMPK phosphorylation in HepG2 cells was relatively low under high glucose conditions, but these levels increased in HepG2 cells cotreated with EFLDO in a dose-dependent manner (Fig. [3a](#page-4-0)). It has been established that the phosphorylation of Ser789 on IRS-1 leads to the activation of AMPK and an increase in PI3K activity [\[13](#page-6-1)]. The relationship between the inhibition of IRS-1 serine phosphorylation and the phosphorylation of AMPK was examined. The RNAi method was used to knock down the expression of AMPK in HepG2 cells. It was demonstrated that AMPK RNAi successfully reduced the expression of AMPK compared with cells transfected with a control (Fig. [3b](#page-4-0)). As afore described, in the control cells, EFLDO treatment reduced the phosphorylation of IRS-1 Ser307; however, subsequent to RNAi transfection, IRS-1 Ser307 phosphorylation remained high following EFLDO treatment (Fig. [3](#page-4-0)c). These results suggest that the activation of AMPK by EFLDO treatment may serve an important role in the protective efect of EFLDO under hyperglycemic conditions.

# **The metabolic efects of EFLDO are dependent on AMPK phosphorylation**

It was previously demonstrated that insulin serves an important role in the regulation of glycogen synthesis [[40](#page-6-25)]. As GSK-3*β* serves a leading role in liver glycogen synthesis, this study investigated the relationship between EFLDO treatment and GSK-3*β* activity. Hyperglycemia increased the expression of GSK-3*β* activity in HepG2 cells through inhibiting the phosphorylation of GSK-3*β* Ser9 (Fig. [4a](#page-4-1)). This study observed that EFLDO treatment reversed the efect on the GSK-3*β* serine phosphorylation level in a dose-dependent manner. Treated with LY294002, a PI3K-specifc inhibitor inhibiting the activation of Akt by insulin without afecting IRS-1 phosphorylation was also observed. This indicated that the efect of EFLDO treatment may be mediated by tyrosine phosphorylation

5  $10$ 

1

 $33$  $33$ 33 33

<span id="page-4-0"></span>**Fig. 3** AMPK phosphoryla tion in HepG2 cells induced by EFLDO treatment in the presence of high glucose. **a** EFLDO treatment increased AMPK Thr172 phosphorylation in a dose-dependent manner in the presence of high glucose. **b** Verification of the effect of AMPK siRNA. AMPK expres sion was reduced in the siRNAtransfected group, compared with in the control groups. **c** IRS-1 Ser307 and AMPK Thr172 phosphorylation fol lowing treatment with 33 mM glucose and EFLDO. *AMPK* AMP-activated protein kinase, *EFLDO ent*-3 *α*-formylabieta-8(14),13(15)-dien-16,12*β*olide, *IRS-1* insulin receptor substrate-1, *p* phosphorylated, *IP* immunoprecipitation, *IB* immunoblot





<span id="page-4-1"></span>**Fig. 4** EFLDO enhanced the insulin-stimulated GSK3 *β* activation in HepG2 cells. **a** The GSK3 *β* Ser9 phosphorylation in HepG2 cells was detected in cells treated with increasing concentrations of EFLDO. **b** The IRS-1 Ser307 phospho rylation level in HepG2 cells was detected in cells treated with increasing concentrations of EFLDO. **c** IRS-1 Ser307 phosphorylation, AMPK Thr172 phosphorylation and GSK3 *β* Ser9 were detected in the presence of high glucose, EFLDO treatment and with AMPK siRNA. *EFLDO ent*-3 *α* formylabieta-8(14),13(15)-dien-16,12*β*-olide, *GSK3β* glycogen synthase kinase 3 *β*, *IRS-1* insu lin receptor substrate-1, *AMPK* AMP-activated protein kinase, *IB* immunoblot

# $\mathbf{A}$



### B

 $10$ 

 $\overline{1}$ 

 $33$ 

EFLDO (10µM) Insulin (100nM) D-Glucose (mM) IB:pSer307-IRS-1

IB:IRS-1



in the IRS–PI3K–Akt signaling pathway (Fig. [4b](#page-4-1)). Compound C, an AMPK-specifc inhibitor, reduced the IRS-1 Ser307 phosphorylation induction by EFLDO, suggesting that the action of EFLDO may depend on the activation of AMPK. Then, AMPK siRNA knockdown was used to measure the insulin response in the cells. EFLDO treatment increased the phosphorylation of AMPK, whereas the effect of insulin on GSK3*β* was suspended in the AMPK knockdown group (Fig. [4c](#page-4-1)). These results demonstrate that the activation of AMPK may serve a major role in the phosphorylation of IRS-1 Ser307.

# **Discussion**

Irregular insulin signaling pathways have been reported in diabetes and several diabetic animal models [[14\]](#page-6-2). This study examined the insulin signal response in hyperglycemic conditions following EFLDO treatment. The results suggest that EFLDO has insulin-sensitizing activity. It has shown that exposure to increased glucose results in IRS-1 serine phosphorylation. This is in accordance with a previous study [\[11\]](#page-5-8). In addition, EFLDO treatment markedly reversed the efect of hyperglycemia. The efect of EFLDO was dose-dependent. Finally, it was shown that the inhibition of AMPK activation prevents the inhibition of IRS-1 Ser307 phosphorylation by EFLDO. Therefore, EFLDO may stimulate the insulin sensitivity of liver cells through multiple signal transduction pathways. These data indicate a novel molecular mechanism for EFLDO to reduce insulin resistance under hyperglycemic conditions.

High IRS-1 serine phosphorylation leads to insulininduced blockade of IRS-1 tyrosine phosphorylation. It has been reported that serine phosphorylation of IRS-1 is critical in the development of insulin resistance. In the present study, we found that EFLDO treatment signifcantly reduced hyperglycemia-induced phosphorylation of IRS-1 Ser307. Previous studies have shown that IRS-1 is a target of c-Jun N-terminal kinase (JNK) and protein kinase C (PKC); hyperglycemia may also activate JNK and PKC. The activation of PKC increases the phosphorylation of IRS-1 Ser307, which blocks the activation of the downstream Akt signaling pathway.

Another observation in the present study was the inhibitory efect of EFLDO on AMPK-mediated IRS-1 serine phosphorylation. In the current research, EFLDO was demonstrated to inhibit the phosphorylation of IRS-1 Ser307, whereas this effect could be blocked by inhibiting AMPK. We further identifed that EFLDO activates AMPK. AMPK can be activated by multiple signaling pathways, including those of calcium/calmodulin-dependent protein kinase (CaMKK) and serine/threonine kinase 11 (LKB1) [\[27](#page-6-12)].

**Acknowledgements** This work was supported by the National Natural Science Foundation of China (41976109), the Qinghai key R & D and transformation project (Qinghai science and Technology Department) (Grant no. 2017-NK-C25). The Open Project of Qinghai Key Laboratory of Qinghai-Tibet Plateau Biological Resources (Grant no. 2017- ZJ-Y10). The Priority Academic Program Development of Jiangsu Higher Education Institutions (Grant no. 1107047002). Key Laboratory for Chemistry and Molecular Engineering of Medicinal Resources (Guangxi Normal University) (Grant no. CMEMR2016-B06).

### **Compliance with ethical standards**

**Conflict of interest** The authors have no conficts of interest to declare.

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