ORIGINAL ARTICLE



# **Generation and characterization of a tractable** *C. elegans* **model of tauopathy**

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**Abstract** Alzheimer's disease(AD) is an ageassociated neurodegenerative disease that results in deterioration of memory and cognitive function. As a currently untreatable disorder, AD has emerged as one of the defning biomedical challenges of our time. Thus, new approaches that can examine the cellular and molecular mechanisms underlying agerelated AD pathology are sorely needed. One of the hallmarks of Alzheimer's disease is the hyperphosphorylation of the tau protein. *Caenorhabditis elegans* have been previously used to study the genetic pathways impacted by tau proteotoxic stress; however, currently, available *C. elegans* tau models express the human protein solely in neurons, which are unresponsive to global RNA interference (RNAi). This limits powerful RNAi screening methods from being utilized effectively in these disease models. Our goal was to develop a *C. elegans* tau model that

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S. Fish · S. M. Markiewicz · A. Noori Bellevue College, Bellevue, WA, USA has pronounced tau-induced disease phenotypes in cells that can be modifed by feeding RNAi methods. Towards this end, we generated a novel *C. elegans* transgenic line with codon-optimized human 0N4R V337M tau expressed in the body wall muscle under the *myo-3* promoter. Immunoblotting experiments revealed that the expressed tau is phosphorylated on epitopes canonically associated with human AD pathology. The tau line has signifcantly reduced health metrics, including egg laying, growth rate, paralysis, thrashing frequency, crawling speed, and lifespan. These defects are suppressed by RNAi directed against the tau mRNA. Taken together, our results suggest that this alternative tau genetic model could be a useful tool for uncovering the mechanisms that infuence the hyperphosphorylation and toxicity of human tau via RNAi screening and other approaches.

**Keywords** *C. elegans* · Alzheimer's disease · Tauopathy · Genetic screening tool · Lifespan · Healthspan

# **Introduction**

Tau is widely expressed in the mammalian nervous system, functioning in neurons, astrocytes, and oligodendrocytes where it contributes to the assembly and stabilization of microtubules [\[1](#page-8-0)]. Tauopathies are clinically, morphologically, and biochemically heterogeneous age-associated neurodegenerative diseases characterized by the deposition of abnormal tau protein in the brain. These include numerous diseases such as Pick's disease, progressive supranuclear palsy, and primary age-related tauopathy, as well as Alzheimer's disease (AD) [\[2](#page-8-1)]. A major barrier in tauopathy research is a lack of animal models that both age rapidly and recapitulate the key molecular features of tau toxicity.

AD is a currently untreatable disorder, estimated to afict more than 24 million people in 2014 with that number projected to quadruple by 2050 [[3\]](#page-8-2). Chronological age is the strongest known risk factor for AD [\[4](#page-8-3), [5\]](#page-8-4), and there is growing consensus that biological aging [[6\]](#page-8-5) either contributes causally to AD or, at a minimum, creates permissive physiology for AD onset and progression [\[7](#page-8-6)]. AD pathology is characterized by the aggregation of protein deposits in various parts of the cerebrum, including the frontal, temporal, and entorhinal cortex as well as the hippocampus. These aggregates notably consist of amyloid-beta 42 (Aβ42) senile plaques and hyperphosphorylated tau (P-tau) neurofbrillary tangles, both of which are accompanied by neuronal death, loss of synaptic connections in the brain, and cerebral atrophy  $[8-10]$  $[8-10]$ . Both Aβ42 and P-tau have been proposed as causal mediators of neuronal death and show toxicity in cell and animal-based models. Hyperphosphorylation is the most important posttranslational modifcation of tau because it directly contributes to the pathogenic depositing of tau, resulting in serious functional impacts [\[11](#page-8-9)]. Indeed, tau protein is known to be differentially phosphorylated in normal and AD brains, and the tau tangles characteristic of AD are largely made up of P-tau [\[12](#page-8-10), [13\]](#page-8-11), supporting a potential causal role. For this reason, antibodies specifc for AD-associated phosphorylation sites have been developed as a means of diagnosing and characterizing the pathology with phosphorylation epitopes at S202 and S414 being two of the most utilized antibodies for this purpose  $[14, 15]$  $[14, 15]$  $[14, 15]$  $[14, 15]$ .

While tau has been primarily associated with its role in diseases of the central nervous system, the work of the Human Protein Atlas project has shown that skeletal muscle tissue expresses tau at similar levels to those found in brain tissue [[16](#page-9-1)]. Pathological phosphorylated tau deposits have been associated with muscle disorders, most notably in muscle from patients sufering from sporadic inclusion body myositis (sIBM) [[17](#page-9-2), [18](#page-9-3)]. sIBM shares many pathological features with AD including age dependence, aberrant protein folding, excessive oxidative stress, mitochondrial abnormalities, hyperphosphorylation, and gene expression changes [\[19–](#page-9-4)[22](#page-9-5)]. Thus, while brain and muscle are quite diferent tissues, some of the underlying cellular mechanisms of tau-related pathology may be shared between these tissue types.

The well-developed genetics, short life cycle, and abundance of simple health metrics of the nematode *Caenorhabditis elegans* make it an attractive platform for genetic screening. Research over the past 20 years has established *C. elegans* as a useful in vivo system for examining the toxic outcomes caused by overexpression tau and amyloid beta [[23–](#page-9-6)[27\]](#page-9-7). The relative simplicity of the *C. elegans* makes it an attractive platform for discovering genetic pathways and small molecule compounds that protect against these pathogenic AD-associated proteins. The simple body plan and behaviors of *C. elegans* facilitate the identifcation of pathological phenotypes, enabling screening strategies to identify genetic relationships. In addition, the short lifespan of *C. elegans* makes it a useful model for studying age-related tauopathies.

A major strength of *C. elegans* as an experimental animal model is the ability to reduce expression of specifc genes through feeding bacteria expressing double-stranded RNA [[28\]](#page-9-8). As such, commercial bacterial RNAi libraries have been developed that cover most *C. elegans* genes [\[29](#page-9-9)]. However, efective genetic screening via RNAi has not been feasible with any of the current *C. elegans* Tau AD models [[30–](#page-9-10)[36\]](#page-9-11) as they express human tau in neurons, which are insensitive to the effects of RNAi feeding [\[37](#page-9-12), [38](#page-9-13)].

The goal of this study was to establish and characterize a novel nematode model of tauopathy that is responsive to RNAi treatment, facilitating largescale genetic screening. We did this through generating a transgenic line that expresses codon-optimized human tau 0N4R in body wall muscle cells instead of neurons. We anticipated that such a model would show signifcant age-associated paralysis and movement deficits due to muscle cell dysfunction, which are substantially easier phenotypes to assess than the subtle uncoordinated movement caused by neuronal expression of tau. Here, we describe the creation of such transgenic animals and provide an initial characterization, confrming these predictions.

#### **Results**

We engineered a transgenic *C. elegans* line (KAE112) in which codon-optimized human V337M 0N4R tau is expressed in body wall muscles by a *myo-3* pro-moter [\[39](#page-9-14)] (Fig. [1A](#page-2-0), [B\)](#page-2-0). We obtained the protein sequence of human tau 0N4R tau from the NCBI protein resource. To recapitulate the familial pathogenic tau allele V337M, we changed the analogous amino acid from valine to methionine. The protein sequence was then reverse translated, and codon-optimized for robust expression in *C. elegans* (Supplemental Fig. 1).

Expression of the transgenic human tau was confrmed via Western blotting against a pan-tau antibody. The blot displayed a strong band at  $\sim$  45 kDa, the expected size  $[40, 41]$  $[40, 41]$  $[40, 41]$  $[40, 41]$  of 0N4R tau (Fig. [2A\)](#page-3-0). To determine whether the tau protein is phosphorylated at amino acids associated with human tauopathies, we then conducted immunoblots against phosphorylated S202 and S416. both cases, we found strong immunoreactive protein bands of the expected size  $(\sim 50 \text{ kDa})$  (Fig. [2A\)](#page-3-0). We observed significantly higher tau levels in day 6 adult animals compared to day 1 adults (Fig. [2B\)](#page-3-0) when normalized to total protein (Supplemental Fig. 2). We compared the change in relative intensity between young and old animals and found that the older animals had about 1.5-fold higher expression of total tau and phospho-tau S416

proteins while phospho-tau S202 protein levels in the older cohorts were about 2.3-fold higher (Fig. [2C](#page-3-0)).

We then wanted to determine if KAE112 exhibited phenotypes that could be leveraged for largescale genetic or pharmacological screening. First, we quantifed the number of eggs laid per animal per hour. Consistent with previous reports [\[42](#page-9-17)], wildtype animals at the frst day of adulthood laid about four eggs per hour (3.68 eggs/worm/h); however, the tau-expressing animals on average laid only one egg per 2 h (0.54 eggs/worm/h) (Fig. [3A\)](#page-4-0). To determine the efect of tau expression on total fecundity, we monitored egg laying across the entire reproductive period. While most eggs were deposited during the second day of adulthood (Fig.  $3B$ ), tau animals only produced about 18 eggs total, compared to the expected more than 300 eggs typically produced by a single wild-type animal [[42\]](#page-9-17). Adult animals expressing tau in body wall muscle were also signifcantly smaller than wild-type animals throughout reproductive adulthood (Fig. [3D\)](#page-4-0).

As tauopathies have been shown to result from the loss of microtubule stability due to hyperphosphorylation of tau, we hypothesized that tau pathogenicity in body wall muscles should result in pronounced age-associated movement defects. Muscle dysfunction in *C. elegans* is often assessed through the quantifcation of crawling speed, paralysis onset, and the frequency with which animals



Codon optimized for C. elegans

<span id="page-2-0"></span>**Fig. 1** Generation of a transgenic *C. elegans* model of muscle tauopathy. **A** Schematic of human tau transgene. The tau transgene is the 0N4R V337M tau allele expressed under the myo-3p promoter. The human tau gene was codon-optimized

for *C. elegans* and integrated into the genome. **B** Tissue expression diagram of tau transgene and mCherry intestinal fuorescent marker

mCherry marker



<span id="page-3-0"></span>**Fig. 2** Immunoblot analysis to assess relative expression and phosphorylation of human tau with age. **A** Fluorescence bands are tau immunohistochemical and shown as a heat map for clarity. Each lane is a separate biological replicate. Whole worm lysate from the *myo-3* driven tau line KAE112 displayed clear~50-kDa immunoreactive bands to total tau as well as P-tau S202 and P-tau 416. Immunoreactive bands shown as a heat plot to emphasize diferences in abundance. **B** Quantifcation of relative tau expression between KAE112 animals at days 1 and 6 of adulthood from blots shown in A. The animals had signifcantly higher total tau, P-Tau S416, and P-Tau

enact body bends (thrashes) while navigating a liquid environment. Animals expressing tau showed a signifcant defect in crawling speed on days 2–8 of adulthood (Fig.  $3F$ ). We also found that the tau worms displayed age-associated onset of paralysis roughly twice as quickly as wild type (Fig.  $3<sub>G</sub>$ ) and that their frequency of body bends was signifcantly decreased (Fig. [3H](#page-4-0)). However, it should be noted that a signifcant fraction of the tau animals died during the time course of these experiments, potentially biasing the analysis toward survivors. To address this, we conducted lifespan analysis and found that the median age of death of the tau animals (10 days of adulthood) was about half that of wild-type animals (19.5 days of adulthood) (Fig. [3I\)](#page-4-0).

Intrigued by this strong diference in lifespan, we sought to determine whether two known longevity pathways, inhibition of mitochondrial electron transport chain function and reduced insulin-like signaling, increase survival of the tau-expressing animals. We treated KAE112 animals with RNAi clones directed toward the cytochrome c oxidase subunit *cco-1* or the insulin-like receptor *daf-2* from the L1 larval stage and saw a marked increase in median lifespan from 10 to 15 days (Fig. [3J](#page-4-0)). Feeding the tau-expressing animals RNAi targeted to the tau transgene suppressed the egg laying, growth, and crawling speed

S202 expression levels at day 6 of adulthood compared to day 1 adult animals. The immunohistochemical signals were normalized to amount of total protein loaded in each lane (Supplemental Fig. 2). *p*-Values were obtained by unpaired twotailed *t*-tests with Welch's correction;  $* = p$ -value < 0.05, \*\* $=p$ -value < 0.01. **C** Fold increase in tau protein expression. The intensities of the tau signals from day 6 vs day 1 adult animals were calculated as a ratio. *p*-Values were obtained by unpaired two-tailed *t*-tests with Welch's correction; \*= $p$ -value < 0.05, \*\*= $p$ -value < 0.01, n.s. = not significant

deficits while not influencing these metrics in wildtype worms (Fig. [3A](#page-4-0), [C,](#page-4-0) [E,](#page-4-0) [I](#page-4-0)).

#### **Discussion**

The goal of this study was to develop a *C. elegans* tauopathy model with signifcant phenotypic defcits that is amenable for high-throughput RNAi or pharmacological screening. As *C. elegans* neurons are resistant to feeding RNAi methods and animals expressing tau in neurons show mostly subtle lifespan and uncoordinated movement defects, we chose to express tau in body wall muscle cells using the *myo-3* promoter. To ensure robust expression of the transgene, we codon-optimized the 0N4R (v337M) allele of human tau sequence for *C. elegans* and generated an integrated overexpression line. The rescue of the health phenotypes by RNAi knock-down of the tau transgene demonstrates that the observed defcits directly result from tau expression. We further demonstrate that two known longevity pathways, inhibition of mitochondrial electron transport chain function and reduced insulin-like signaling, can increase survival in the tau-expressing animals.

While expressing a dementia-associated protein non-neuronally may seem counterintuitive, a great deal has been learned about the genetic pathways Age



Age (day of adulthood)

<span id="page-4-0"></span>**Fig. 3** Comparison of health metrics between wild type and tau line KAE112. **A** Infuence of *tau*-RNAi on the number of eggs laid by wild type and KAE112 day 2 adults. The number eggs laid over a 3-h period was converted into number of eggs laid per animal per hour. **B** KAE112 fecundity time course. The total number of eggs laid each day between day 2 and day 6 of adulthood was counted. **C**, **D** Infuence of *tau*-RNAi on growth rate diferences between wild type and KAE112 after 48 h from egg lay. *tau*-RNAi treatment suppressed the slower grown of the KAE112 line but did not impact the growth of wild-type animals. **D** Growth of wild type and KAE112 across 6 days of adulthood. KAE112 animals had slower growth than wild type, but the size diferences decreased with age. **E**, **F** *tau*-RNAi treatment restored crawling speed in tau worms to wild-type speeds but did not affect wild-type animals. Worms were quantifed on their second day of adulthood. **G** Comparison of the onset of paralysis between wild type and KAE112 animals. KAE112 worms became paralyzed signifcantly earlier than wild type. **F** Crawling speed of wild type and KAE112. Crawling speed was quantifed through measuring the trajectories of worms for 30 s immediately after being

that infuence amyloid-beta toxicity from studying a *C. elegans* AD model that expresses amyloidbeta $[1-42]$  $[1-42]$  in the body wall musculature  $[43]$  $[43]$ . The amenability for interrogating the genetic pathways impacted by amyloid-beta via RNAi has led to this line being utilized in over 40 studies. These have

placed on a fresh bacterial lawn. KAE112 animals displayed signifcantly lower crawling speeds than wild type. **G** Comparison of paralysis rate between KAE112 and wild-type worms. KAE112 animals became paralyzed in about half the time required of wild type. **H** Comparison of thrashing between wild type and KAE112 animals. Both at larval stage 4 and day 4 adult KAE112 animals displayed signifcantly lower rate of thrashing rates than wild type. **I** Manual lifespan analysis of *tau* RNAi on KAE and N2 animals. The KAE112 line fed empty vector RNAi was signifcantly shorter lived than wildtype animals or KAE112 animals fed *tau* RNAi while there was not a signifcant diference between wild-type animals fed empty vector or *tau* RNAi containing bacteria. **J** *cco-1* and *daf-2* RNAi treatment of the KAE112 line. Both *cco-1* and *daf-2* RNAi extended the lifespan of KAE112 animals by about 5 days over the empty vector RNAi treatment. For all panels, each data point or line represents three biological replicates each containing at least 50 animals. *p*-Values were obtained by using unpaired two-tailed t-tests with Welch's correction; \*\*\*\* = *p*-value < 0.0001, \* = *p*-value < 0.05

Age (day of adulthood)

uncovered mitochondrial function as an important regulator of amyloid-beta toxicity [\[44](#page-9-19)], validated systemic approaches to human brain protein networks [\[45](#page-9-20)], determined the impacts of aging and longevity-promoting interventions on amyloid-beta aggregation [\[46](#page-9-21)[–48](#page-10-0)], and identifed numerous potential

therapeutic compounds  $[49, 50]$  $[49, 50]$  $[49, 50]$  $[49, 50]$ . The tau line we described in this study could be used in analogous studies to defne general mechanisms of proteotoxicity as well as tau-specifc modifers. As human tau has been shown to be highly expressed in striated muscle and play a role in muscle diseases such as sIBM, the KAE112 line described in this study could potentially also be utilized as an invertebrate model of this disease. We note that, while this study investigated the consequences of only one particular isoform of human tau (0N4R V337M), in the future, other forms of tau could also be studied using this muscleexpression paradigm.

Although the promoter region of *myo-3* is routinely used as a body wall muscle-specifc genetic tool [\[51](#page-10-3)[–54](#page-10-4)], this promoter also induces weak expression in the vulva muscles, as well as the gonad. Thus, the results of the egg-laying assay suggest that even relatively low levels tau 0N4R V337M protein can severely disrupt cellular function. Rather than being a drawback, the expression in these tissues gives this genetic model further utility because the~30-fold decrease in egg laying (Fig. [3A,](#page-4-0) [B](#page-4-0)) can be used as a robust phenotype for screening genetic or pharmacological suppressors of tau toxicity.

Previous work with *C. elegans* neuronal tau models has shown that tau protein abundance increases with age and is phosphorylated at several diferent epitopes associated with AD pathology in humans [\[30](#page-9-10), [32](#page-9-22), [55\]](#page-10-5). Here, we show that non-neuronal tissues also accumulate tau with age and can phosphorylate the protein at epitopes associated with AD in humans. A wealth of literature has identifed kinases and phosphatases that infuence tau in cell culture and mammalian systems [[56,](#page-10-6) [57](#page-10-7)]. However, it is not known whether the *C. elegans* orthologs of these genes can modify human tau in similar ways. Understanding the kinases and phosphatases that modify tau in *C. elegans* would give a richer biochemical context to the disease model and open up a new avenue for conducting hypothesis-driven biochemical studies of tau pathogenicity. The RNAi tractability of the nonneuronal model we generated could be leveraged to systematically screen candidate kinases and phosphatases that infuence the phosphorylation status of the diferent clinically relevant tau epitopes. The abundance of tau in our model (Fig. [2A](#page-3-0)) facilitates the straightforward assessment of tau phosphorylation status. It will be of interest to expand on these

fndings by testing other antibodies specifc for phosphorylated epitopes canonically associated with AD, as well as identify phosphorylation changes with age. It would also be useful to determine the degree of tau aggregation in this model and determining agerelated changes.

We are particularly interested in identifying modifers of the age-associated movement and survival defects observed in the KAE112 line. While manual lifespan analysis can be laborious, it is possible to conduct analogous experiments in a high-throughput manner by utilizing automatic time-lapse imaging platforms such as the WormBot [[58\]](#page-10-8). We are also interested in understanding the interactions between tau and other disease-associated proteins. For instance, previous work combining amyloid-beta and tau in *C. elegans* neurons has identifed a synergistic efect resulting in higher toxic protein expression [\(59](#page-10-9)) as well as other gene expression and behavioral changes [\[60](#page-10-10)]. Therefore, a logical next step would be to conduct an analogous experiment by crossing body wall muscle expressed tau and amyloid-beta lines. Likewise, our tau model could be crossed with body wall muscle models of alpha-synuclein, huntingtin 513, or poly-Q [[61–](#page-10-11)[63\]](#page-10-12). Body wall proteotoxicity models have an advantage over the neuronal models in that any synergistic efects could be interrogated via RNAi screening. In addition, since body wall muscle tissue is more abundant than neuronal tissue, obtaining sufficient material for high-quality omics studies is signifcantly easier.

# **Conclusion**

In this study, we have described a novel non-neuronal *C. elegans* tau model that is responsive to RNAi by bacterial feeding. Our model displays high tau protein expression which is phosphorylated at epitopes canonically associated with human AD and increases in abundance with age. The health phenotypes we identifed are straightforward to assess and easy to distinguish from wild-type worms; thus, they can be leveraged for high-throughput screening. Taken together, our results suggest that this novel non-neuronal tauopathy model has the potential to serve as a powerful genetic tool for identifying genetic pathways and pharmacological agents that mitigate the pathological phosphorylation and cellular toxicity of tau.

## **Methods**

#### Strains

For this study, we used the N2 wild-type line as well as KAE112 tau model we generated. Strains were cultured and maintained using standard methods [\[64](#page-10-13)]. All worm lines were maintained on NGM plates seeded with live OP50 bacteria and maintained at 20 °C. All experimental procedures were conducted at 20 °C. The wild-type *C. elegans* line as well as the OP50 and HT115 bacterial strains were provided by the Caenorhabditis Genetics Center (CGC), which is funded by the NIH Office of Research Infrastructure Programs (P40 OD010440). KAE112 will be made available to the scientifc community through the CGC.

# Cloning

We utilized the Gateway cloning system to engineer KAE112 with human 0N4R tau V337M expression in muscle and gonad. The protein sequence of human isoform C which encodes the 0N4R allele was obtained from the NCBI protein resource (NP\_058518.2). The 279th amino acid on isoform 3 (corresponding to 337 amino acids on 3N4R isoform 1) was then changed from valine to methionine. This protein sequence was then reverse translated using Expasy [\[65](#page-10-14)]. The translated DNA sequence was codon-optimized for *C. elegans* using the webtool Codon Adaptor [\[66](#page-10-15)] with no introns and a codon adaptation index of 1.00. This sequence was synthesized with corresponding donor plasmid pDONR221 Gateway insertion sequences added on the 5′ and 3′ ends. Gel purifcation was used to purify the synthesized construct, and it was inserted into pDONR 221 using BP Clonase II (Thermo Fisher, Cat #11,789,020). The gene was then combined with 5′ promoter and 3′ untranslated sequences via Gateway Cloning using the LR Clonase II plus enzyme (Thermo Fisher, Cat #12,538,120). The pDONR 221 vector containing the tau sequence was combined with p\_K12F2.1\_93, the pDONR 4–1 containing the promoter region of *myo-3* obtained from the *C. elegans* promoterome (Source BioScience, Cat # DFCIp742D074D), the pDONR 2–3 vector pCM5.37 containing the *unc-54* UTR region (Addgene, Cat # 17,253), and the destination vector pCFJ150 (Addgene, Cat #19,329). The destination plasmid pHL17 was then verifed via Sanger sequencing.

To generate the custom feeding RNAi vector for the codon-optimized 0N4R tau gene, 400 bp of the gene corresponding to nucleotides 220–620 was inserted into the L4440 RNAi feeding vector (Addgene, Cat # 1654) using restriction digest cloning using the HindIII and NheI sites which fank the RNAi producing sequence. The resulting plasmid pHL18 was verifed by Sanger sequencing. We then transformed HT115 bacteria, used as the genetic background for the Arhinger and Vidal *C. elegans* RNAi libraries, with the pHL18 plasmid [[67\]](#page-10-16).

# *Generation of transgenic C. elegans line*

The N2 wild-type strain was obtained from the a construct for the intestinal fuorescent reporter ges-1p::mCherry::unc-54 UTR and injected into the gonads of N2 wild-type worms. The extrachromosomal array was integrated by UV irradiation and then backcrossed with N2 6 times yielding strain KAE112, genotype N2; seaIs201[*myo-3p::htau(0N4R;V337M)::unc-54;vha-6p::mCherry:unc-54*].

## *Immunoblotting*

Synchronized populations of wild-type and muscle tau lines were grown to the second day of adulthood. Animals were washed off plates, concentrated by centrifugation at 17 kG for 30 s, and fractured by three freeze–thaw cycles in liquid nitrogen. The fractured worm biomass was then centrifuged at 17 kG for 15 min at 4 °C to pellet. Fifty microliters of worm pellet was mixed with 150 µL of Laemmli bufer containing 2-mercaptoethanol and heated to 95 °C for 10 min. Samples were centrifuged at 17 kG for 10 min at 4  $\degree$ C, and the supernatant was transferred to a new tube. Protein was separated on SDS-PAGE BOLT gels 10% and then transferred to 0.4-µm PVDF flter membrane. Transfer of protein was quantifed by No-Stain (Thermo Fisher, Waltham MA, USA; Cat #A44717). Membranes were then blocked with 5% dry milk in TBST with 0.1% Tween for 1 h and incubated primary antibodies. These included phospho-tau (Cell Signaling Technology, Danvers MA USA; P-tau S396 clone PHF13, cat#9632 T; P-tau S202 clone D4H7E, Cat # 39357 T; P-tau S416 clone D7U2P, Cat # 15013 T; P-tau S404 clone D2Z46, Cat # 35834 T) and pantau (Millipore Sigma, Burlington MA, USA; clone PC1C8, Cat# MAB3420) antibodies (all at 1:2000 dilution) for 16 h on a rocker at 4  $\degree$ C followed by secondary anti-mouse or anti-rabbit antibodies (1:5000 dilution) (Cell Signaling Technology, Danvers MA USA, Cat #s 7076P2 and 7074P2) on a rocker for 60 min at 20  $^{\circ}$ C. The membranes were then developed with Pierce ECL substrate (Thermo Fisher, Waltham MA, USA; Cat #32,109) and imaged on an iBright VL750 gel imager (Thermo Fisher, Waltham MA, USA; Cat #A44116). The intensity of the total protein and immuno-blots was integrated with ImageJ [\[68\]](#page-10-17).

# *Growth assays*

To compare growth rates of N2 muscle tau worms, we bleached synchronized lines and then propagated them from egg for 48 h at 20  $^{\circ}$ C and then imaged dozens of animals for each condition. then quantifed it using ImageJ to quantify the length by trancing the midline of each animal [\[69\]](#page-10-18). The pixel lengths were converted to microns through comparison to a ruler imaged at the same magnifcation. Statistical signifcance was calculated using unpaired, parametric *t*-tests with Welch's correction using GraphPad Prism software.

# *Egg-laying assays*

N2 and Tau OE lines were bleach synchronized and plated at the L1 stage onto 10-cm NGM plates seeded with OP50. Animals were allowed to mature until they were day 1 adults that had begun laying eggs. The assay plates were placed into a 20 ℃ incubator for at least 30 min prior to testing to control the temperature of the assay. Five animals were transferred to a plate with 10 plates assayed per biological replicate. The worms were then allowed to lay eggs at 20 °C for 3 h after which the eggs were then counted. The assay was repeated on three different days. Statistical signifcance was calculated using unpaired, parametric *t*-tests with Welch's correction using GraphPad Prism software.

## Crawling speed assays

To quantify crawling speed, at least 10 living animals were placed in the middle of a 6-cm plate seeded with OP50 bacteria immediately prior to imaging. Their movements were then recorded with an AmScope camera MU503B (AmScope, Irvine CA, USA; Cat # MU503) paired with an AmScope dissecting microscope. The animal positions were imaged every second for 30 s. The images were then imported into ImageJ as a stack and converted into a minimum intensity projection. The length of each minimum intensity trail was then traced and quantifed. Animals that stopped along the border of the bacterial lawn were excluded. The track lengths were converted to mm using the 1-cm scale image and the crawling speed (mm/s) was calculated. For each replicate, at least 50 animals were analyzed with at least three biological replicates recorded for each genotype/time point combination. Statistical signifcance was calculated using unpaired, parametric t-tests with Welch's correction using GraphPad Prism software.

# RNAi experiments

Single bacterial colonies were transferred to 10 mL  $LB +$ carbenicillin 50  $\mu$ g/mL and 10  $\mu$ g/mL tetracycline and grown overnight at  $37 \text{ °C}$ . Three milliliters of the overnight culture was then transferred into 9 mL of fresh  $LB + 1$  mM IPTG, and 50  $\mu$ g/mL carbenicillin and grown for 4°h at 37 °C. Bacteria were centrifuged at 3700 rpm for 20 min, and the supernatant was decanted. The bacterial pellets were then resuspended in 650  $\mu$ L of fresh LB+1 mM IPTG, and 50  $\mu$ g/mL carbenicillin; 200  $\mu$ L of the resuspended pellet was added to NGM plates containing 1 mM IPTG and 50  $\mu$ M of carbenicillin. Animals were placed on RNAi at L1 larval stage. For the egglaying assays, RNAi treatment was initiated on the parental generation.

## *Paralysis assays*

Paralysis was assessed by standard methods [\[43](#page-9-18)]. Briefy, the worms were bleach synchronized and cultivated on NGM plates with OP50 bacterial lawns. These worms were maintained at 20 °C for until they reached late-stage larval L4 stage and then moved to a fresh NGM OP50 plate each day thereafter. The newly relocated animals were then assessed. The worms that failed to crawl at least one body length from deposition were gently prodded with a platinum wire to induce movement. Prodded worms that still failed to relocate at least one body length away were then considered paralyzed, counted, and removed from plate. By only recorded confrmed paralysis events, any worms that fed the agar plate during the course of the experiment were not considered.

#### *Swimming body bend assays*

Worm cohorts were bleach synchronized and then maintained on NGM plates seeded with OP50 bacteria. Subsequently, larval stage 4 animals were visually assessed and transferred to a fresh plate. Some of these transferred animals were then immediately analyzed for body bend rate, and the others were transferred daily to fresh plates until they reached day 4 adults. The thrashing rate was determined by standard methods [\[70](#page-10-19)]. For each recording, a single animal was transferred to a 10 µL drop of M9 bufer placed on a siliconized microscope slide. Each worm was allowed to acclimate for 30 s, and then, each thrashing cycle was manually recorded using a cell counter. A single thrash was defned strictly as a C-shaped, head-to-tail movement.

# *Lifespan analysis*

Manual lifespan analysis was carried out according to standard methods [\[71](#page-10-20)]. Briefy, animals were bleach synchronized and then cultivated on their respective RNAi bacteria seeded on NGM plates with carbenicillin (50  $\mu$ g/ml) and tetracycline (10  $\mu$ g/mL). Animals were then visually assessed to be late L4 stage and manually transferred to analogous plates also containing 1 µM FuDR. Worms were then maintained on these plates throughout the experiment and manually examined each day for death events. Only confrmed death events were quantifed; therefore, they were not infuenced; the metrics are not infuenced by worms lost off the plates. All death events were counted with no censoring. Each biological replicate contained at least three plates each with  $30+$  worms each. The data from three biological replicates was compiled and statistical signifcance between each experimental condition via pairwise *p*-value analysis with Bonferroni correction.

**Author contribution** JCR conceived the study, carried out the experiments unless otherwise indicated, and wrote the manuscript. HL generated the tau expression construct. RKC and TL generated the transgenic nematode line and carried out experiments; SF and SMM characterized the crawling speed and egg laying. AN quantifed the nematode lengths. MK supervised the study and wrote the manuscript.

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#### **Declarations**

**Confict of interest** The authors declare no competing interests.

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