RESEARCH ARTICLE

Manganese oxide–loaded activated carbon for ammonium removal from wastewater: the roles of adsorption and oxidation

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Abstract

The urgent need to address the severe issue of nitrogen pollution has prompted the search for a functional and easy recycling material. In this study, manganese oxides (MnO_x) were loaded on activated carbon (AC) , resulting in a composite known as AC-MnO_y, for efficient ammonium removal from aqueous solutions. The results indicated a remarkable 15.6-fold increase in ammonium removal efficiency and a fivefold enhancement in removal capacity for $AC\text{-}MnO_x$ (3.20 mg/g) compared to AC. Under specific conditions (initial NH₄⁺-N concentration of 15 mg/L, adsorbent dose of 2.5 g, pH of 6.5, and temperature of 35 °C), the highest achieved ammonium removal efficiency reached 94.6%. Furthermore, the study distinguishes the contributions of catalytic oxidation and adsorption in the removal process. The adsorption process was efectively modeled using pseudo-second-order kinetics and Langmuir isotherm models. Interestingly, the amount of oxidation conversion (N_{tur}) exhibited a linear relationship with the dosage when the initial ammonium concentration was sufficiently high, while the relationship between initial ammonium concentration and the ratio of N_{tur} to adsorption capacity (N_{sur}) followed a negative exponential trend. The removal mechanisms involved electrostatic interaction between ammonium and the negatively charged dehydrogenated hydroxyl groups (− OH_{sur}) or cation tunnel in crystal structures of MnO_x, ion exchange adsorption, and the oxidation impact of MnO_x . This research provides valuable insights into the application of immobilized MnO_x media for ammonium removal. Moreover, filling $AC-MnO_x$ into constructed wetlands (CW) proved to be an effective method for reducing ammonium pollution, demonstrating its potential in the feld of engineering wastewater treatment.

Keywords Ammonium removal · Manganese oxides · Adsorption · MnO_x catalytic oxidation · Ammonium conversion mechanism

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Introduction

Nitrogen pollution is a pervasive environmental issue confronting the world today, leading to eutrophication, damaging human health, and posing a threat to biodiversity (Cheng et al. [2019;](#page-11-0) Peng et al. [2018\)](#page-12-0). Ammonium in surface water or groundwater is the primary contributor to nitrogen pollution (Girotto et al. [2020](#page-11-1)). Thus, fnding efective and viable strategies for the rapid removal of ammonium has long been an important subject for researchers, including biological and physicochemical methods (Vocciante et al. [2018\)](#page-12-1).

Although microbial nitrifcation played an important role in the ammonium removal (Cheng et al. [2019;](#page-11-0) Liu et al. [2019\)](#page-12-2), microorganism activities were afected by variable environmental conditions signifcantly, such as temperature, the pH value, and dissolved oxygen (DO) (Ducey et al. [2010](#page-11-2); Rajeshwari et al. [2000\)](#page-12-3). The growth and the activity

of nitrifying bacteria were inhibited under conditions of low temperature (<15 °C) (Andersson et al. [2001](#page-10-0)), low DO concentration (Tatari et al. [2016](#page-12-4)), and acidic or alkaline (Li et al. [2013\)](#page-11-3). Compared with the biological method, the physicochemical method was considered advantageous for removing ammonium from water conveniently and stably (Chiban et al. [2011a;](#page-11-4) Cheng et al. [2019;](#page-11-0) Qiang et al. [2020](#page-12-5)). It mainly focused on oxidation and adsorption by some kind of composite materials (Chiban et al. [2011b](#page-11-5); Li et al. [2015b](#page-11-6); Kankanamge et al. [2018\)](#page-11-7). However, they have the drawbacks of a complicated preparation process, low sustainability, and secondary pollution (Cai et al. [2015](#page-11-8)). Thus, it is an urgent need for an efficient composite material to overcome these disadvantages.

Metal oxide loading was an emerging chemical modification method for adsorption and/or oxidation, which contribute to enhancing the adsorption capacity (Li et al. [2017](#page-11-9)), broadening the pH adaptability (Tan et al. [2023](#page-12-6)), and even incorporating catalyst-like properties, such as active manganese oxide (MnO_x) loading media (Cheng et al. [2018\)](#page-11-10). Due to the strong oxidization property of Mn(III) $(E_{\text{Mn(III)/Mn(II)}}^0 = +1.50 \text{ V})$ and Mn(IV) $(E_{Mn(IV)/Mn(II)}^0$ = +1.23 V), manganese oxides were widely used to remove toxic compounds (Xie et al. [2018;](#page-12-7) Joshi et al. [2017](#page-11-11); Forrez et al. [2009](#page-11-12)) and can participate in the biochemical cycle of many elements, such as nitrogen, sulfur, and iron (Lin and Taillefert [2014](#page-12-8); Wang et al. [2018;](#page-12-9) Tebo et al. [2005](#page-12-10)). As a result of physical and chemical properties, open-framework (layered) structure, a large amount of vacancy sites, and negative surface charges in a wide range of pH , MnO_y is regarded as a highly reactive agent for the adsorption and redox transformation of cations (Gadde and Laitinen [1974](#page-11-13); Zhao et al. [2018](#page-13-0); Wang et al. [2018\)](#page-12-9). Multiple studies have confrmed the catalytic activity of manganeseloaded composite materials in environmental remediation (Lee et al. [2013;](#page-11-14) Chen et al. [2023\)](#page-11-15). The catalytic activity of MnO_x films in biological filters can improve the efficiency of pollutant removal while reducing the consumption of DO (Yang et al. [2019;](#page-13-1) Huang et al. [2014\)](#page-11-16). Organic matter was preferentially oxidized by MnO_x , rather than oxygen (Xie et al. [2018](#page-12-7)).

Previous work inferred that MnO_x could remove ammonium through adsorption and oxidation under low oxygen concentrations in the constructed wetlands (CW) (Li et al. [2021](#page-12-11); Wang et al. [2022\)](#page-12-12). However, there was rarely a study on the abiotic effect of MnO_x for ammonium removal. Currently, synthetic manganese oxides have been applied as an adsorbent in wastewater treatment (Cheng et al. [2017b](#page-11-17); Zhang et al. [2020\)](#page-13-0). Unfortunately, the application of this powdery material was holden back because of reservation difficulty and secondary pollution. Moreover, the chemical catalytic oxidation of ammonium by MnO_x was ignored in the research, compromising the credibility of the results.

Thus, the immobilized MnO_x on the granular medium was considered to be a promising method for wastewater treatment.

As a common adsorption material in wastewater treatment, activated carbon (AC) with substantially lower cost has been widely applied due to its high porosity and large specific surface area (Li et al. [2020;](#page-12-13) Lyu et al. 2020; Xue et al. [2023\)](#page-13-1). Besides, adjustable surface properties endowed AC with a more powerful performance in removing contaminants after being modifed through physical and/or chemical treatment (Zhao et al. [2015;](#page-13-1) Kolodziej et al. [2014](#page-11-19); Xue et al. 2023). It is not clear, whether loading MnO_y displays an improved ammonium removal performance of AC for ammonium. Furthermore, the application of composite materials in full-scale flters or CW systems has become a crucial criterion for assessing their efectiveness (Wang et al. [2023\)](#page-12-14). Recently, Fe–Mn co-oxide composites have been successfully applied to enhance nutrient removal in CWs or flters, achieving 90% and 73.81% ammonium removal, respectively (Guo et al. [2017](#page-11-20); Zhang et al. [2019\)](#page-13-1). Therefore, it is worth investigating whether MnO_x -loaded AC can be organically integrated into biological nitrogen removal scenarios, thereby alleviating the constraints of climate conditions on ammonium removal performance.

In this study, MnO_x was loaded on AC to form AC-MnO_x. The substance characterization, surface charge, and functional group structure for diferent adsorbents were measured by X-ray photoelectron spectroscope (XPS), scanning electron microscope (SEM), Brunauer–Emmett–Teller (BET), ZETA potential, and Fourier transform infrared spectroscopy (FT-IR). Prepared $AC-MnO_x$ was adopted for investigating ammonium elimination in an aqueous solution through batch experiments. Subsequently, the infuence of environmental impact factors on the removal of ammonium would be explored. Furthermore, the contributions of catalytic oxidation and adsorption were distinguished. Several kinds of kinetics and isothermal models were used to identify the adsorption characteristic. The removal mechanism was deeply deduced by discussing the effects of environmental factors on the ratio of catalytic oxidation to adsorption. Finally, the feasibility of using $AC-MnO_x$ in CW fillers to enhance the nitrogen removal from wastewater was investigated.

Materials and methods

Preparation of AC‑MnOx

Coconut shell AC with a diameter of 2 to 3 mm was purchased in Henan, China. $AC-MnO_x$ was prepared through the redox precipitation in consideration of the facile preparation procedure and cost-efective feature. Firstly, 10 g of AC was added into 50 mL of 0.5 mol/L $KMnO₄$ solution under agitation at 400 ± 1 rpm for 1440 min and the purple color of the solution faded so that MnO_x was formed on AC quickly at 298 K. The added $KMnO₄$ concentration was selected based on the results of preliminary experiments with diferent composition, and from an economic perspective (Fig. S1). Then, the solid was separated and washed with distilled water and absolute ethanol until the pH of the filter liquor was close to neutral, which ensured that $KMnO₄$ on the surface of the $AC-MnO_x$ was reduced. The obtained solid granulars were dried for 360 min at 378 K and designated as $AC-MnO_x$.

Characterization of AC‑MnOx

The morphology of $AC-MnO_x$ was analyzed by SEM with energy dispersive X-ray spectroscopy (SEM–EDS, S-4800, Japan Electronics Co., Ltd), the transmission electron microscopy (TEM), and the crystal structure was investigated by XRD (Dmax2550VBPC, Rigaku, Japan). The functional groups of $AC-MnO_x$ were identified by an FT-IR spectrophotometer. (Nicolet 6700, Thermal Fisher, USA). The chemical states of MnO_x were investigated by XPS (Escalab 250 Xi, Thermal Fisher, USA). The surface potentials of materials were detected by a ZETA analyzer (Brook Haven 90 PALS, USA). The specifc surface area of the adsorbent was determined with the BET-specific surface analysis device (Autosorb-iQ, Quantachrome, USA). The concentrations of ammonia, nitrate and nitrite were determined by a UV–vis spectrophotometer (UV-2000, Unico, China) in triplicate according to "Standard Analysis Methods for the Examination of Water and Wastewater."

Ammonium removal experiment

Efects of external conditions on the ammonium removal

To test the ammonium removal performance of $AC-MnO_x$, 100 mL of 5 mg/L NH₄Cl solution was added into a 150-mL conical fask to carry out the static removal experiment. The stability of the ammonium removal efficiency of the two materials was investigated under diferent treatment conditions (dosage (0.1, 0.5, 1.0, 1.5, 2.0, and 2.5 g), temperature (288, 298, and 308 K), and pH (3.5, 5.0, 6.5, 8.0, and 9.5)). The initial pH was carefully adjusted with 0.1 mol/L HCl or 0.1 mol/L NaOH to avoid repeated adjustments and minimize any potential infuence on the solution properties (Nguyen et al. [2021;](#page-12-15) Nouaa et al. [2023](#page-12-16)). The static experiment was performed under agitation at 130 ± 1 rpm for 24 h. To ensure the sufficient reaction, the reaction time was extended to 24 h.

Adsorption experiments

To explore the adsorption equilibrium time, the adsorption kinetics and isotherm were studied, based on the equilibrium time. The materials were added into 100 mL of NH₄Cl solutions with different concentrations (5, 10, 15, and 25 mg/L). At 288, 298, and 308 K, the experiment was completed at diferent concentrations. Then, the solution was fltered through a flter with a pore diameter of 0.45 µm for the subsequent detection. Then, the adsorption process was tested under various conditions to explore its kinetics and isotherms. The solid samples were dried at 30 ℃ for further characterization. The ammonium removal involves two mechanisms, catalytic oxidation and adsorption (Lin et al.; Yang et al. [2019](#page-13-1); Huang et al. [2014\)](#page-11-16). Thus, the adsorption kinetics and isotherm were ftted with the data obtained by subtracting the quantity of catalytic oxidation nitrogen from the total removal quantity in the adsorption experiment. The total removal quantity of ammonium $(Q_t, mg/g)$ at any time *t* (min, a certain contact time) is calculated as:

$$
Q_t = \frac{V \cdot (C_0 - C_t)}{m}.
$$
 (1)

The equilibrium removal capacity of each sample is calculated as:

$$
Q_{\rm e} = \frac{V \cdot (C_0 - C_{\rm e})}{m} \tag{2}
$$

The quantity of nitrate and nitrite generated in catalytic oxidation is regarded as the indicator of ammonium conversion (N_{tur} , mg/L). The relationship between N_{tur} and the quantity of ammonium removed by adsorption (N_{sur}) mg/L) is expressed as:

$$
N_{\text{tur}} = C_{NO_3^-} + C_{NO_2^-} = C_0 - C_e - N_{\text{sur}}.
$$
\n(3)

The quantity of ammonium adsorbed onto the adsorbent $(q_t, mg/g)$ at any time t (min, a certain contact time) is calculated as:

$$
q_{t} = \frac{V \cdot (C_0 - C_t - N_{tur})}{m}
$$
\n(4)

The equilibrium adsorption capacity of each sample is expressed as:

$$
q_e = \frac{V \cdot (C_0 - C_e - N_{tur})}{m} = \frac{V \cdot N_{sur}}{m}
$$
 (5)

where *C*₀ (mg/L), *C_t* (mg/L), *CNO2*[−] (mg/L), *CNO*₃[−] (mg/L), *V* (L), and *m* (g) are, respectively, the initial ammonium concentration, the ammonium concentration at *t* (min), the nitrate concentration, the nitrite concentration, the solution

volume, and the mass of adsorbent; C_e (mg/L) is the equilibrium concentration.

CW application of AC‑MnOx

To demonstrate the adaptability of the prepared adsorption and catalytic oxidation materials in practical application scenarios, $AC-MnO_x$ was used as a functional substrate and filled into CW for comparison with unmodified AC and inert filler quartz sand (QS). The CW was operated in tidal flow and continuous fow modes, to explore the ability of the functional fller flling region to remove ammonium and the overall nitrogen removal efect of CWs with the participation of microorganisms, respectively.

Statistical analysis

All experiments were carried out in replicates and average values were calculated. Analysis of variance (ANOVA) was performed with Microsoft Excel 2010, whereas the *t* test was used to assess the significance of results (p -value < 0.05).

Results and discussion

Characterization of AC‑MnOx

The crystalline phase analysis by XRD indicated that MnO_x was loaded on the surface (Fig. S2). In other words, $AC-MnO_x$ has been successfully synthesized. The surface morphology and elements of $AC-MnO_x$ were respectively analyzed by SEM and EDS (Fig. [1\)](#page-3-0). The AC with a fat surface with uniformly distributed pores transformed into $AC-MnO_x$ with a rough surface composed of a film covered with unevenly distributed aggregates after the in situ redox reaction. According to the result of FT-IR, reactive functional groups on the surface of $AC-MnO_x$ were abundant, suggesting the existence of hydroxyl (Benhiti et al. [2020\)](#page-10-1), C = O (1760–1500 cm⁻¹), C-O (1300–950 cm⁻¹),

and Mn–O $(550-700 \text{ cm}^{-1})$ (Shen et al. [2020](#page-12-17)) (Fig. S3). The surface of composite $AC-MnO_x$ comprised approximately 12.3% (atomic, at. %) manganese and 26.3% (at. $\%$) oxygen, closely resembling the MnO₂ elemental ratio (1:2) as observed in the XRD results. Consequently, the loaded proportion of MnO_x on AC was estimated to be around 12.3%.

Removal capacity of AC‑MnOx

Efects of external conditions on the ammonium removal

The ammonium removal performance of $AC-MnO_x$ was higher than AC (Fig. [2a](#page-4-0)). Under a given concentration, the dosage and temperature were positively correlated with the removal efficiency (Fig. $2a$ and b), indicating that the ammonium removal reaction was endothermic. However, the removal efficiency tended to be stable if the addition of AC-MnO_x was above 2 g. Therefore, 2 g of AC-MnO_x was determined as the optimal dosage in subsequent experiments. The ammonium removal efficiency of the tested material was improved by 15.6 times after it was combined with MnO_x . The original AC and AC-Mn O_x exhibited ammonium removal capacities of 0.51 and 3.20 mg/g, respectively. The modifed AC showed a fvefold enhancement in ammonium removal capacity. In comparison to other surface-modifed adsorbents, $AC-MnO_x$ demonstrated significant advantages in terms of its particle form and simple modifcation process, which allowed for fexible application in various environments and high adsorption capacity for efective treatment efficiency (Table [1\)](#page-4-1). The ammonium removal capacity of AC- MnO_x increased with temperature. Figure [2c](#page-4-0) illustrates the effect of the initial pH on the ammonium removal efficiency of AC-MnO_x at 298 K. The removal efficiency $(74.1-85.3\%)$ suggested a wide range of pH adaptability for ammonium removal efficiency of $AC-MnO_x$. The negative zeta potential indicated negatively charged surface of $AC-MnO_x$. The enhanced ammonium removal efficiency after MnO_x loaded

Fig. 1 SEM images and EDS analysis of AC (\bf{a}) and AC-MnO_x (\bf{b}). Energy dispersion spectrum of AC and AC-MnO_x (\bf{c})

Fig. 2 a Removal efficiency and Q_e of AC-MnO_x with different dosages (298 K, $C_0 = 5$ mg/L); **b** removal capacity of AC-MnO_x at different temperatures (m (AC-MnO_x)=2 g); **c** removal efficiency of AC-MnO_x and ZETA at different pH (298 K, $C_0 = 5$ mg/L, m(AC-MnO_x)=2 g)

Table 1 Adsorption capacities and other parameters for ammonium removal by carbon-based adsorbents with diferent treatment methods

| Adsorbent | | | Adsorbent form Capacity (mg/g) Preparation condition | Reference |
|---------------------------|----------|--------|---|-------------------------|
| Coconut shell-AC Powder | | 2.26 | Commercially purchased AC | (Bhatnagar et al. 2013) |
| Coconut shell-AC Particle | | 0.51 | Commercially purchased AC | This study |
| AC/HCl-Na | Particle | 1.19 | AC was modified by acidification pre-treatment by HCl | (Shi et al. 2013) |
| $AC/N-Na$ | Particle | 0.66 | AC was modified by $Na+$ impregnation after oxidation pre- treatment with $HNO3$ | (Shi et al. 2013) |
| MgO-biochar | Particle | 22 | Porous biochar was impregnated into MgCl ₂ solution and high- temperature calcination in N ₂ atmosphere (500 °C, 1 h) | (Li et al. 2017) |
| Nano-Mg-biochar Powder | | 23.777 | Biochar was impregnated into $MgCl2$, high-temperature cal- cination in N ₂ atmosphere (450 °C, 2 h) and then treated by ultrasonic waves | (Tan et al. 2023) |
| SDS-AC | Particle | 1.78 | AC was impregnated into sodium dodecyl sulfate (SDS) solu- tion | (Lee et al. 2018) |
| $AC-MnOv$ | Particle | 3.20 | In situ oxidation–reduction (impregnated into $KMnO4$ solution) | This study |

onto AC provided evidence that loading MnO_x improved the removal capacity of AC.

Response surface plots and ammonium removal efficiency

The above experimental results and experimental conditions (Table S2) indicated that pH, initial concentration, dosage, and temperature afected the ammonium removal performance of $AC-MnO_x$. The removal efficiency of AC - MnO_x was determined through these experiments, and surface response plots were generated for further analysis. The interactions among the dosage (A), pH (B), initial concentration of ammonium (C) , and temperature (D) in the ammonium removal by $AC-MnO_x$ were analyzed using central component design (CCD). The three-dimensional response surface plots are shown in Fig. S6. The statistical analysis of variance (ANOVA) was performed on the ammonium removal efficiency data of AC-MnO_x (Table S3). Low *p*-values $(<0.001$) indicated that the four factors had statistically significant effects on the ammonium removal efficiency of $AC-MnO_x$ (Egbosiuba et al. [2020](#page-11-21); Schüler et al. [2018](#page-12-18)). The

regression model for the ammonium removal efficiency of $AC-MnO_x$ is described by the following equation:

Removal efficiency (%) = $84.88 + 14.16A + 4.21B - 3.53C + 3.69D$

$$
- 1.86AB + 3.88AC - 0.047AD - 0.77BC
$$

$$
- 1.06BD + 1.31CD
$$

$$
- 8A2 + 0.02B2 - 0.14C2 - 1.33D2
$$
(7)

This model determined the relationship between the four factors and the removal efficiency of $AC-MnO_x$. As shown in Eq. ([7](#page-4-2)), the higher the coefficient of the influencing factor, the greater its influence on the removal efficiency. An appropriate dosage posed a positive effect on the ammonium removal efficiency of $AC-MnO_x$. The other three factors had less effect on removal efficiency than dosage, indicating that $AC-MnO_x$ was insensitive to these changes under the given experimental conditions. This stability allowed for efficient ammonium removal under different external changes.

Fig. 3 a Efect of contact time on ammonium removal and adsorption on AC-MnO_x; **b** efect of contact time on the ammonium concentration in the solution and the quantity of converted nitrogen at 298 K under diferent initial concentrations and $AC-MnO_x$ dosage of 2 g. The legend in blue corresponds to the right y-axis

Efect of contact time

To explore the impact of contact time on ammonium removal capacity of AC-MnO_x, Q_e and q_e were evaluated under varying ammonium concentrations. Initially, both rates $(Q_e \text{ and } q_e)$ showed a rapid increase within the frst 60 min, followed by a slower increase over the subsequent 120 min, and eventually reached the equilibrium state after approximately 540 min (Fig. [3](#page-5-0)a). As the ammonium concentration increased, the maximum q_e of AC- MnO_x also increased from 0.10 to 0.76 mg/g at 298 K. It is worth noting that the catalytic conversion capacity of ammonium was lower than the adsorption capacity. Across diferent initial concentrations, the catalytic conversion exhibited only a slight variation, ranging from 2.19 to 3.19 mg/L (Fig. [3b](#page-5-0)). Conversely, the quantity of ammonium removed through adsorption increased signifcantly from 2.20 to 14.22 mg/L with the rising initial ammonium concentration.

Adsorption experiments

In this section, all adsorption data were determined by subtracting the quantity of catalytic oxidation from the total removal quantity.

Adsorption isotherms

Isotherms describe the equilibrium states between the adsorbate concentrations in the solid phase and in the liquid phase (Fig. S7 and S8), which can be described by the Freundlich and Langmuir equations (Eqs. (S1-S3)) (Karthikeyan et al. [2008\)](#page-11-23). Isotherm parameters for ammonium adsorption onto $AC-MnO_x$ at different temperatures (288 K, 298 K, and 308 K) are provided in Table S4. The regression correlation coefficients (R^2) for the Langmuir model (0.992–0.999) were higher than those for the Freundlich model (0.994–0.991) (Figs. S6-S7). The experimental data demonstrated a good fit with the Langmuir isotherm,

indicating that the ammonium adsorption process followed a monolayer adsorption mechanism on the adsorbent surface (Sheela et al. [2012](#page-12-20)).

Thermodynamic studies

A thermodynamic analysis was performed to examine the adsorption of ammonium on $AC-MnO_x$ at different temperatures (Eqs. $(S4-S7)$). The distribution coefficient (K_0) of the process increased with temperature, while the Gibbs free energy (ΔG_0) was negatively correlated with temperature (Table S5 and Fig. S9). These results suggest that the spontaneity of the adsorption process was proportional to the temperature (Uğurlu and Karaoğlu [2011\)](#page-12-21). Positive values of ΔH_0 suggested that the adsorption process was endothermic (Cheng et al. [2017a](#page-11-24); Egbosiuba et al. [2020](#page-11-21)). The high ΔH_0 values indicated strong interactions between NH_4^+ ions and the negatively charged sites on the sur-face of AC-MnO_x (Uğurlu and Karaoğlu [2011\)](#page-12-21). A positive value of ΔS_0 indicated increased disorder and randomness in the adsorption process (Kizito et al. [2015](#page-11-25)). It was worth noting that ΔH_0 and ΔS_0 were consistently positive, while ΔG_0 was negative at high temperatures and positive at low temperatures (Table S5). This suggested that the adsorption of ammonium by $AC-MnO_x$ was spontaneous at high temperatures, which aligns with the conclusion presented in the ["Efects of external conditions on the ammonium](#page-2-0) [removal"](#page-2-0) section.

Kinetic models

Three kinetic models (pseudo-frst-order, pseudo-secondorder, and second-order kinetic model) were applied to analyze the adsorption process (q_e) , and the fitting curves are displayed in Figs. S10-S12, respectively. The results indicated that the pseudo-second-order model exhibited the highest correlation coefficient among all the models (Table S6), suggesting that the adsorption process was primarily governed by a chemical reaction (Cai et al. [2020](#page-11-26)). As the concentration of ammonium in the solution increased, it may stimulate the adsorption onto the deep binding sites of $AC-MnO_x$. This finding confirmed that the adsorption process was infuenced by both the ammonium content in the solution and the availability of active multilayer adsorption sites on $AC-MnO_x$ (Shafiof and Ejhieh [2020](#page-12-22)).

Ammonium removal mechanism by AC‑MnOx

Changes in AC-MnO_x before and after the reaction

To study the phase changes of Mn species during the oxidation process of ammonium, XPS analysis was carried out on fresh and used $AC-MnO_x$ (Fig. S4). Based on the XPS spectra of the fresh AC-MnO_x (Fig. [4](#page-6-0)a) and the previously reported peak areas corresponding to diferent valence states of Mn (Kumar et al. [2016;](#page-11-27) Li et al. [2015a](#page-11-28); Sharma and Zhai [2009\)](#page-12-23), Mn(III) was the dominant valence state in the fresh $AC-MnO_x$ (Liu et al. [2021\)](#page-12-24). Compared with the fresh $AC-MnO_x$ with the used $AC-MnO_x$, it was observed that the content of Mn(III) decreased while the contents of Mn(II) and Mn(IV) increased in the latter (Fig. [4](#page-6-0)b). The oxidation state of manganese can be determined by analyzing the satellite separation of Mn3s splitting (Δ Es). Different valence states of Mn exhibit different Δ Es values. The Δ Es (Mn3s) ranges for Mn(IV) and Mn(III) were reported as 4.7–4.8 and 5.3–5.4, respectively (Subramanian et al. 2006 ; Kim and Shim 2010). The Δ Es for the fresh AC-MnO_y was measured as 5.0 eV (Fig. S5), which falls between the typical Δ Es values of Mn(IV) and Mn(III), indicating the coexistence of Mn(IV) and Mn(III) in the fresh AC-MnO_y. The Δ Es for the used AC-MnO_y was determined as 4.8 eV, which was consistent with the typical Δ Es value of Mn(IV). Based on the relevant data (Table S1), the average oxidation states of Mn in the fresh and used $AC-MnO_x$ were estimated as 3.1 and 3.0, respectively.

In addition, O1s spectra could be used to estimate the oxidation state of manganese. In Fig. [4](#page-6-0)c and d, the O1s spectra exhibit asymmetry and can be deconvoluted into three peaks at 529.9 eV, 531.0 eV, and 531.8 eV. These peaks were assigned to Mn–O–Mn bonds of tetravalent oxide, Mn–O–H bonds of hydrated trivalent oxide, and H–O–H bonds of residual water, respectively (Sharma and

Fig. 4 Mn2p (**a**) and O1s (**c**) XPS spectra of fresh AC-MnOx. Mn2p (**b**) and O1s (**d**) XPS spectra of used AC-MnOx

Zhai [2009](#page-12-23)). The average oxidation state (OS) of Mn can be determined from the intensity of Mn–O–Mn and Mn–O–H peaks (i.e., $S_{\text{Mn-O-Mn}}$ and $S_{\text{Mn-O-H}}$) (Toupin et al. [2004](#page-12-26)):

OS =
$$
(4 \times (S_{\text{Mn-O-Mn}} - S_{\text{Mn-O-H}}) + 3 \times S_{\text{Mn-O-H}})/S_{\text{Mn-O-Mn}}
$$

(6)

The oxidation state of manganese in the fresh $AC-MnO_x$ $(OS = 3.77)$ was higher than that in the used AC-MnO_x $(OS = 3.33)$. This change in the average valence state of manganese indicated that MnO_x was involved in the oxidation of ammonium.

Catalytic oxidation of ammonium

As previously mentioned, nitrate and nitrite were detected in the solution after the removal of ammonium using AC- MnO_x , while manganese ions were not detected. This implied that $AC-MnO_x$ acted as a catalyst in the oxidation process. The ammonium removal process by $AC-MnO_x$ involved adsorption and catalytic conversion. Thus, the relationship between the ratios of surface adsorption $(N_{\text{sur}}RE)$ and catalytic conversion $(N_{\text{tur}}RE)$ to total ammonium removal can be expressed as follows:

$$
N_{\text{tur}}RE\% = \frac{N_{\text{tur}}}{N_{\text{sur}} + N_{\text{tur}}} \times 100\% = 1 - \frac{N_{\text{sur}}}{N_{\text{sur}} + N_{\text{tur}}} \times 100\% = 1 - N_{\text{sur}}RE\%
$$
 (8)

To further explore the catalytic conversion rate of AC- MnO_x on ammonium, the relationship between $N_{tur}RE$ and *N*_{sur}RE was examined under different initial ammonium concentrations (Fig. [5](#page-7-0)a). As the initial concentration of ammonium increased, the efficiency of ammonium removal decreased. The majority of the total removed ammonium was attributed to adsorption (N_{sur}) , while the fraction of

ammonium removed through catalytical conversion $N_{\text{tur}}RE\%$ was signifcantly lower and reduced with the increasing initial ammonium concentration. This suggested that the catalytic oxidation process occurred at a slower rate compared to adsorption. Initially, a large amount of ammonium was rapidly adsorbed, followed by a decrease in the adsorption rate as adsorption continued.

Figure [5b](#page-7-0) demonstrates that the catalytic oxidization performance of $AC-MnO_x$ improved gradually with increasing initial ammonium concentration. The value of N_{tur} was positively correlated with the dosage of $AC-MnO_x$. When the initial ammonium concentration was 25 mg/L, a linear equation with an R^2 of 0.997 was obtained to fit the catalytic conversion of nitrogen with the $AC-MnO_x$ dosage. Under conditions of sufficient ammonium, $AC-MnO_x$ with an equivalent dosage resulted in a similar quantity of catalytic nitrogen oxides (N_{tur}) . This indicated that the catalytic oxidation reaction was completed frst, accompanied by continuous electrostatic adsorption. However, under the same dosage conditions, the quantity of ammonium adsorbed on the surface $(N_{\rm sur})$ increased with higher ammonium concentrations. This led to a reduction in the proportion of catalytic oxidation $(N_{\text{tur}}RE \%)$.

Effects of pH and temperature on N_{tur}/N_{sur}

The pH of the solution had an impact on both the adsorption capacity (*N*sur) and catalytic conversion (N_{tur}) of AC- MnO_x with respect to ammonium (Table [2\)](#page-8-0). Under an initial concentration of 5 mg/L, the $N_{\text{tur}}/N_{\text{sur}}$ ratio increased as the pH increased (Fig. [6](#page-8-1)a). In an alkaline environment, ammonium could react with OH– to form NH3·H2O. This reaction reduced the number of ammonium cations available to enter the tunnels within the MnO_x crystals to stabilize the structure (Wang and Li [2003\)](#page-12-27). As a result, when

Fig. 5 a Proportions of catalytically converted nitrogen $(N_{\text{tur}}RE\%)$ and adsorbed nitrogen ($N_{sur}RE%$) in total removal ammonium under the dosages of 0.5, 1, 1.5, 2, and 2.5 g and initial concentrations of

5, 10, 15, and 25 mg/L, and **b** the relationship between the dosage (0.5–2.5 g) and the quantity of catalytically converted nitrogen (N_{tur}) under diferent initial concentrations (5, 10, 15 and 25 mg/L)

1pH0 is initial pH

2ΔpH is the change of pH after reaction

 3Δ DO is the change of dissolved oxygen; m (AC-MnO_x) = 2 g

Fig. 6 Effects of **a** pH at 298 K and **b** initial concentration on $N_{\text{tur}}/N_{\text{sur}}$. The dashed line represents the linear or nonlinear fitting results of the data points

the pH increased, the proportion of ammonium underwent increase in the catalytic conversion (N_{tur}) . Furthermore, the H+ could occupy the binding sites of ammonium and react with MnO_x , resulting in a decrease in $N_{\text{tur}}RE\%$. Therefore, in the presence of sufficient OH– ions, a higher N_{tur} RE% could be achieved due to the avoidance of metal ion dissolution caused by high alkalinity.

The initial ammonium concentration showed a negative exponential relationship with $N_{\text{tur}}/N_{\text{sur}}$ ($R2 = 0.993-0.998$) (Fig. [6b](#page-8-1)). Furthermore, with an increase in C0, $N_{\text{tur}}/N_{\text{sur}}$ showed a greater increase at higher temperatures. This suggests that the impact of the initial concentration on catalytic conversion was more significant than on the adsorption process under higher temperatures. Under the same initial concentration, elevated temperatures enhanced the performance of catalytic oxidation, which resulted in an increased $N_{\text{tur}}/N_{\text{sur}}$ ratio.

Potential adsorption mechanisms

The adsorption mechanism of $AC-MnO_x$ was based on the interactions between the adsorbent and adsorbate NH_4^+ , such as physical adsorption, electrostatic attraction, and ion exchange (Hu et al. 2020). AC-MnO_x has a lower surface area but higher NH_4^+ -N adsorption capacity, which was contradicted with the expected behavior of physical adsorption. This suggested that physical adsorption was not a major contributor in NH4 +-N adsorption. Instead, chemical adsorption appeared to be the dominant process, consistent with the observed kinetic results. Although the cation exchange

Fig. 7 Mechanism of removal of ammonium by AC-MnO_x

capacity (CEC) of $AC-MnO_x$ was not determined in this work, a previous study found limited NH_4^+ -N adsorption capacity through ligand exchange (Nguyen et al. [2021](#page-12-15)). The loading of MnO_v on AC-MnO_r led to the presence of more surface functional groups, such as hydroxyl, carboxyl, and carbonyl, which contributed to the enhanced NH_4^+ adsorption capacity. Additionally, the high O/C ratio (0.45) of $AC-MnO_x$ resulted in a strongly polar surface (Takaya et al. [2016](#page-12-28)), promoting electrostatic interactions between NH_4^+ and $AC-MnO_x$. In general, chemical bonding and electrostatic attraction play predominant roles in the NH_4^+ adsorption process.

Removal mechanisms by catalytic oxidation

Based on the decreasing trend of DO in the solution after the reaction, the catalytic oxidation mechanism can be speculated as follows:

$$
2H_2O + O_2 + 4Mn(III) \to 4Mn(IV) + 4OH^-
$$
 (9)

$$
Mn(IV) + H_2O \rightarrow Mn(III) + H^+ + -OHsur
$$
 (10)

The above two reactions (Eqs. (9) (9) and (10) (10) (10)) can be combined as follows:

$$
2H_2O + O2 \stackrel{MnOx}{\rightarrow} 4-OHsur
$$
 (11)

MnOx

$$
Mn(III) + 2O2 + NH_4^+ \rightarrow Mn(II) + NO_3^- + H2O + 2H^+ \tag{12}
$$

The removal mechanism of ammonium by $AC-MnO_x$ could be inferred (Fig. [7\)](#page-9-2). Mn(III) originally present in $AC-MnO_x$ was oxidized to Mn(IV) by DO, resulting in the generation of OH^{$-$} (Eq. ([9\)](#page-9-0)). Subsequently, Mn(IV) was reduced by H₂O, leading to the regeneration of $-OH_{sur}$ and the release of $H⁺$ ions (Eq. [\(10](#page-9-1))) (Wang et al. [2014](#page-12-29); Meng et al. [2020](#page-12-30)). This reduction/oxidation process involving Mn species occurred. The combination of these reactions can be expressed in Eq. ([11](#page-9-3)). Furthermore, OH− ions, escaping from the surface groups $(-OH_{\text{cur}})$, such as C–OH, –COOH and Mn–OH, caused the surface of $AC-MnO_x$ to become negatively charged (Guo

Fig. 8 NH_4^+ -N removal performance of AC-MnO_x filling CW: the average NH_4^+ -N removal rate and efficiency for the functional layer of intermittent fow CWs in the **a** phase I and **b** phase II (HRT 1~3 days, fve cycles for a total of 15 days), and **c** for the continuous fow CW in the

phase III (15 mg/L influent NH₄⁺-N, HRT 1 day, five cycles). Removal efficiency and rate were calculated as the average value over five cycles

et al. 2017 ; Zhao et al. 2018). As a result, AC-MnO_x attracted NH_4^+ into its surface. In addition, NH_4^+ ions entered the cation tunnel of MnO_x through electrostatic adsorption and occupied oxygen vacancies (Wang and Li [2003](#page-12-27)). With the high oxidation activity of Mn(III), the reaction between Mn(III) and NH_4^+ ions led to form Mn(II) and nitrate (Eq. [\(12\)](#page-9-4)). The electrostatic repulsion between $AC-MnO_x$ and the negative charged ions (such as chloride ions, nitrate, and nitrite) decreased, thereby reducing their infuence on the adsorption process and promoting the release of them into the solution. After fnishing the catalytic oxidation, AC-MnO_y continued to adsorb ammonium.

CW application of AC‑MnOx on ammonium removal

The CW construction and operating parameters are shown in the Fig. S13 and Table S8, respectively. Figure [8](#page-9-5) shows the impact of $AC-MnO_x$ on ammonium removal performance in CWs. After 1 day of feeding CWs with NH_4^+ -N synthesis wastewater, the average NH_4^+ -N removal efficiency in the AC- MnO_x filling regions reached 69.37%, while it was 23.87% in the AC region, and only 7.08% in the inert CW-control (Fig. [8](#page-9-5)a). The average NH_4^+ -N removal rates for these three groups were 28.04, 13.08, and 3.88 mg/ $(m³·h)$, respectively. As the HRT increased from 1 to 3 days, the NH_4^+ -N removal efficiency improved, but the removal rate decreased due to the slower adsorption rate of the adsorbent. The highest removal rate achieved in the $AC-MnO_x$ filling regions was 92.6%. To investigate the response of $AC-MnO_x$ fillers to high nitrogen loads, the influent NH_4^+ -N concentration was increased to 15 mg/L after 5 cycles of operation (Fig. [8](#page-9-5)b). The results showed that the average NH_4^+ -N removal rate significantly increased for all three CWs, with the highest $64.97 \text{ mg/(m}^3 \cdot h)$ in CW-AC-MnO_x at an HRT of 1 day. This illustrated that $AC-MnO_x$ provided a favorable environment for microorganisms. Whereafter, the CWs were operated in continuous flow mode, and the removal rate of CW -AC-MnO_x reached a high 112.89 mg/(m³·h) (Fig. [8c](#page-9-5)). Overall, the use of AC-MnO_x signifcantly improved the nitrogen removal performance of CW and demonstrated its ability to synergistically remove nitrogen with the action of microorganisms.

Conclusion

In this study, MnO_x was loaded on the surface of AC for ammonium removal. Ammonium removal experiments showed that the ammonium removal performance of the synthesized material was improved after loading on the MnO_x film (15.6 times than before). The dosage is the main factor afecting the removal of ammonium. The ammonium removal process by $AC-MnO_x$ involved adsorption and catalytic conversion, and the latter reacted more slowly than the former. Besides, the increase in initial concentration improved the proportion of adsorption. The ammonium removal mechanism by $AC-MnO_x$ included ion exchange, electrostatic adsorption, and catalytic oxidation. Overall, this work proposed a novel strategy for engineering practices in nutrient removal and provided theoretical support for a profound understanding of the remediation process. Future research eforts should focus on the long-term performance of AC- MnO_x in continuous removal of ammonium wastewater.

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Data availability The authors declare that the main data supporting the fndings of this study are contained within the paper and its associated supplementary information. All other relevant data are available from the corresponding author upon reasonable request.

Declarations

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