



# Research advances in identification procedures of endocrine disrupting chemicals

Xing Guo<sup>1</sup> · Bing Liu<sup>1</sup> · Haohao Liu<sup>1</sup> · Xingde Du<sup>1</sup> · Xinghai Chen<sup>2</sup> · Wenjun Wang<sup>3</sup> · Shumeng Yuan<sup>1</sup> · Bingyu Zhang<sup>1</sup> · Yongshui Wang<sup>1</sup> · Hongxiang Guo<sup>4</sup> · Huizhen Zhang<sup>1</sup>

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## Abstract

Endocrine disrupting chemicals (EDCs) are increasingly concerned substance endangering human health and environment. However, there is no unified standard for identifying chemicals as EDCs, which is also controversial internationally. In this review, the procedures for EDC identification in different organizations/countries were described. Importantly, three aspects to be considered in identifying chemical substances as EDCs were summarized, which were mechanistic data, animal experiments, and epidemiological information. The relationships between them were also discussed. To elaborate more clearly on these three aspects of evidence, scientific data on some chemicals including bisphenol A, 1,2-dibromo-4-(1,2 dibromoethyl) cyclohexane and perchlorate were collected and evaluated. Altogether, the above three chemicals were assessed for interfering with hormones and elaborated their health hazards from macroscopic to microscopic. This review is helpful for standardizing the identification procedure of EDCs.

**Keywords** Endocrine disrupting chemical · Identification · Mechanism · Animal experiment · Epidemiology · 1,2-Dibromo-4-(1,2 dibromoethyl) cyclohexane

## Introduction

Endocrine disrupting chemicals (EDCs) are exogenous chemicals that can cause adverse health outcomes by affecting the endocrine system (IPCS 2002). EDCs are widely found in daily products and can be ingested by humans through soil, water, food, and air (Azzouz and Ballesteros 2012; Salgueiro-González et al. 2015; Wee and Aris 2017),

thereby affecting various systems and organs in humans, including the reproductive, the metabolic, and the nervous systems (Fig. 1). The health risks posed by EDCs to humans, such as reproductive dysfunction, cognitive deficits, and obesity, have been recognized as a major public health issue (Åke Bergman et al. 2012; Kahn et al. 2020; La Merrill et al. 2020). Hence, it is urgent to control and manage EDCs. As the first step, the identification of EDCs cannot be ignored.

The increasing number of emerging substances with EDC properties cannot be identified as EDCs since there is no unified international standard for EDC identification. For example, parabens have estrogenic and anti-androgen properties, which may have potential adverse effects on reproductive development (Golden et al. 2005; Nowak et al. 2018; Sun et al. 2022). However, there is no definite standard to identify them as EDCs (Miao et al. 2023). As emerging environmental pollutants, microcystins can affect the reproductive system of a variety of organisms (Chen et al. 2016; Chen et al. 2021; Xu et al. 2021; Xu et al. 2022). The endocrine disrupting effects of microcystins have been extensively studied; whether they are classified as EDCs is controversial (Zhang et al. 2022). Although different criteria have been used to identify EDCs, there are still limitations

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Xing Guo and Bing Liu contributed equally to this work.

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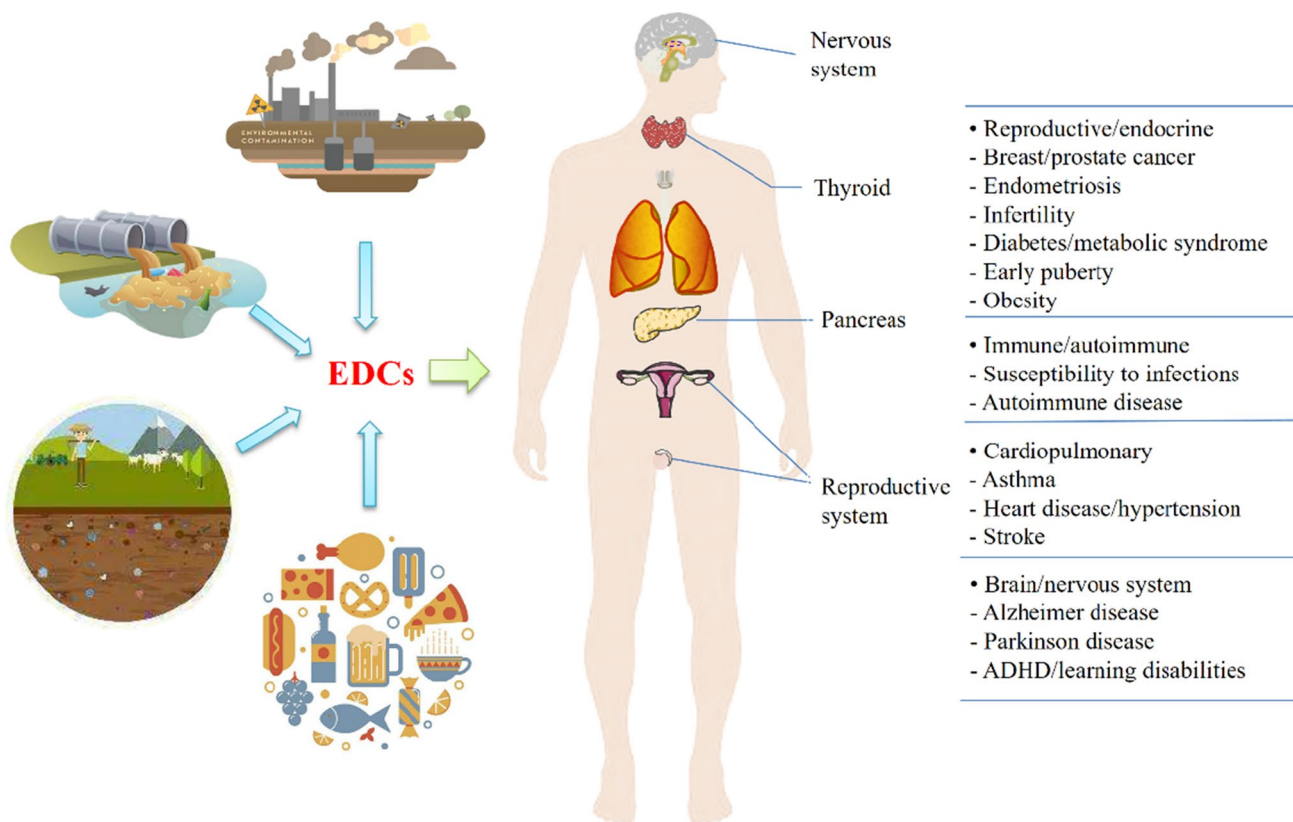
✉ Huizhen Zhang  
huizhen18@126.com

<sup>1</sup> College of Public Health, Zhengzhou University, Zhengzhou, Henan 450001, People's Republic of China

<sup>2</sup> Department of Chemistry and Biochemistry, St Mary's University, San Antonio, TX, USA

<sup>3</sup> College of Nursing, Jining Medical University, Jining, Shandong, People's Republic of China

<sup>4</sup> College of Life Sciences, Henan Agricultural University, Zhengzhou, Henan 450001, People's Republic of China



**Fig. 1** EDCs can enter the human body through multiple ways, causing health hazards to the reproductive/endocrine, immune/autoimmune, cardiopulmonary, and brain/nervous system

in assessing a substance as EDCs in practice. First, there is no completely identical definition of EDCs (Andersson et al. 2018; EPA 2014; Health 2015; OECD 2018b; OEHHA 2011; Safety 2002). Secondly, the sensitivity of different species to endocrine disruptors is varied, as does the exposure period (Browne et al. 2020; Zgheib et al. 2021). For these two reasons, the conclusion on the possibility of identifying a substance as EDC was different in various countries or regions. Therefore, it is necessary to summarize the standards of international agencies and different countries, extracting the commonalities from them as strong evidence to identify EDCs.

In this review, the identification standards and relevant literatures in different countries and organizations were collected. The identification methods of EDCs were summarized and evaluated objectively. The detailed information about EDC identification was collated and analyzed, to rationalize the evidence for identifying an endocrine-disrupting property of a substance from experimental and population epidemiological evidence. In order to elaborate on the three lines of evidence necessary to identify EDCs, evidences of bisphenol A (BPA), 1,2-dibromo-4-(1,2 dibromoethyl) cyclohexane (TBECH), and perchlorate were evaluated to identify their endocrine disrupting effects. Their

identification processes were also described with a view to finding the general identification procedure of EDCs. This review provided a clear overview of gathering evidence to evaluate a substance being assessed as an EDC and presented its interference process on hormones, which will help humans to understand the typical characteristics of EDCs in the environment and provide guidance for the prevention and control of the threat of EDCs to humans.

### Different standards for EDC identification around the world

To establish a complete standard for the identification of EDCs, strengthen the identification of EDCs, and effectively promote the standardization of endocrine identification research, many countries have issued corresponding standards. In the European Union, the European Chemicals Agency (ECHA) and the European Food Safety Authority (EFSA) jointly drafted the identification standard for EDCs, which are matched with a series of scientific procedures (Niklas Andersson et al. 2018). In the United States, chemicals interfering with hormonal actions have identifiable key characteristics (KCs) that can be used to identify EDCs (La Merrill et al. 2020). In other

countries, relevant identification measures of EDCs have also been taken respectively. In China, the standard related to the identification of EDCs is the industry standard “Evaluation Method of Pesticide Endocrine Disruptors” issued in 2015, which is mainly used to assess whether pesticides have endocrine disrupting effects (China 2015). As one of the Organisation for Economic Cooperation and Development (OECD) member countries, Japan has made efforts to develop the tests for identifying EDCs (Health 2015). France will assess about 300 plant protective substances and 100 biocidal substances for their endocrine disrupting properties, in conformity to the regulations and methods set out in the joint EFSA/ECHA guidance document issued by the European Union, as appropriate (ANSES 2021). Regulators use a variety of methods to assess the evidence for the inherent hazards of EDCs; they vary widely in the way they analyze, collect, and interpret the scientific evidence (Abass et al. 2016; Rudén, 2006). In this section, the identification criteria of the EU and the US were introduced and summarized in detail, considering that the identification standards have high international recognition of EDC and are widely used to evaluate the endocrine disrupting characteristics of chemicals.

### Strategy for identifying EDCs in the European Union

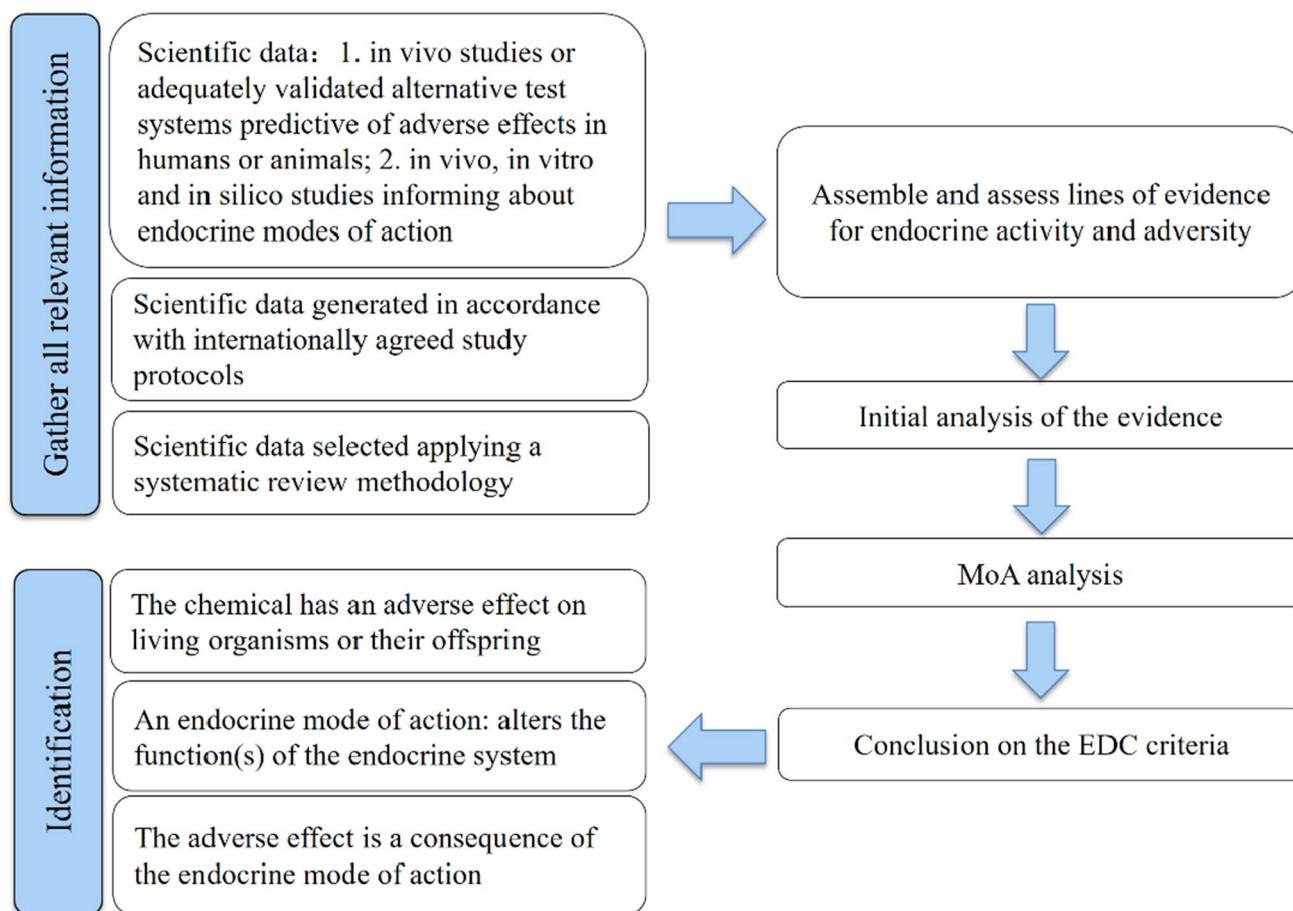
EDCs are defined as exogenous substance or mixture that alter function(s) of the endocrine system and consequently cause adverse health effects in an intact organism, or its progeny, or (sub)populations (EC 1998), the same as the WHO’s. A supporting guidance document for identifying EDCs was drafted by the ECHA and the EFSA jointly on June 7, 2018 (Niklas Andersson et al. 2018). The guidance points out strategy to assess whether a substance meets the criteria of EDCs. The evaluation strategies mainly include five parts (Fig. 2). According to its identification criterion of EDCs, European Chemicals Agency (An agency of the European Union) adds substances with endocrine disrupting properties to Candidate List of substances of very high concern for Authorisation (ECHA 2011).

It is known from the above standards and guidelines that they not only have a very clear definition of EDCs but also describe how to gather and evaluate all relevant evidences of chemicals need to identify, then carry out a mode of action (MoA) analysis. A MoA can be described as a series of biological events of a substance, which result in the specific adverse effect in animals and human. Apply a weight of evidence (WoE) (OECD 2018a) approach, in order to establish whether the EDC criteria are fulfilled. In fact, as early as 2013, the European Union issued relevant standards for the identification of EDCs. Due to the irrationality of the proposed experimental method (Dietrich et al. 2013), it has caused debate among experts in different fields (Autrup et al. 2015; Bergman et al. 2013; Zoeller et al. 2014). In 2018, after extensive communication in multi-disciplinary fields,

scientific screening procedures have been implemented, which assess whether plant protection products and biocidal products have endocrine disrupting properties (Niklas Andersson et al. 2018). In terms of the identification criteria of EDCs, the OECD developed available standardized test guidelines for in vivo and in vitro testing (OECD 2018a), which the European Union has adopted. In addition, there is broad scientific agreement on the interpretation of the effects observed on the investigated parameters (ECHA/EFSA 2018). Therefore, Boberg et al. used this criterion to assess endocrine disruption of butylparaben (Boberg et al. 2020). The adverse health effects of potential EDCs caused by estrogenic, androgenic, thyroidal, and steroidogenic (EATS) modalities mainly are addressed by this guidance document. However, EDCs not only exert endocrine disrupting properties through the above four modalities, such as insulin. Therefore, in order to comprehensively assess the endocrine disrupting effects of emerging pollutants, future deeper studies are needed complement the non-EATS modalities in the testing strategies.

### Guidelines for identifying EDCs in the United States

The EDCs were defined by the United States Environmental Protection Agency (US-EPA) as exogenous substances that disrupt the production, release, transport, metabolism, binding, action, or elimination of the natural hormones in the body responsible for the maintenance of homeostasis and the regulation of developmental processes (Diamanti-Kandarakis et al. 2009; Gerald Ankley et al. 1998). The journal Nature Review Endocrinology published a consensus statement written by 15 scientists from the United States on November 12, 2019. This consensus evaluated the potential threat of EDCs to human health. In this paper, the experts argued that chemicals that interfere with hormonal actions have identifiable 10 key characteristics (KCs) that can be used to identify EDCs (La Merrill et al. 2020). These characteristics include interactions with hormone receptors, changes in hormone receptors and receptor cells, and alterations in the hormone itself (Vandenberg et al. 2020). The KC approach eliminates the need for scientists and regulators to demonstrate every molecular mechanism of the adverse outcomes observed in animals or humans exposed to potential EDCs, reducing the tedious task of investigators regarding potential EDCs. The approach precisely meets the common characteristics of EDCs defined in different organizations and countries. Muñoz et al. adopted this consensus when assessing whether glyphosate is an EDC (Muñoz et al. 2021). In fact, in 1998 the U.S. EPA released the Endocrine Disruptor Screening Program (U.S.EPA 1998). The level of biological complexity from molecular interactions to populations is represented by the Tier 1 and Tier 2 screens and tests, to screen and



**Fig. 2** The definition and the five steps of assessment strategy of endocrine disrupting chemicals in European Union. First, all relevant information includes all available relevant scientific data (in vivo studies or adequately validated alternative test systems predictive of adverse effects in humans or animals; as well as in vivo, in vitro, or, if applicable, in silico studies informing about endocrine modes of action), scientific data generated in accordance with internationally agreed study protocols and other scientific data selected applying a systematic review methodology. Second, the assembling of lines of evidence should take into consideration all the available evidence (positive and negative). Relevant and reliable parameters should be

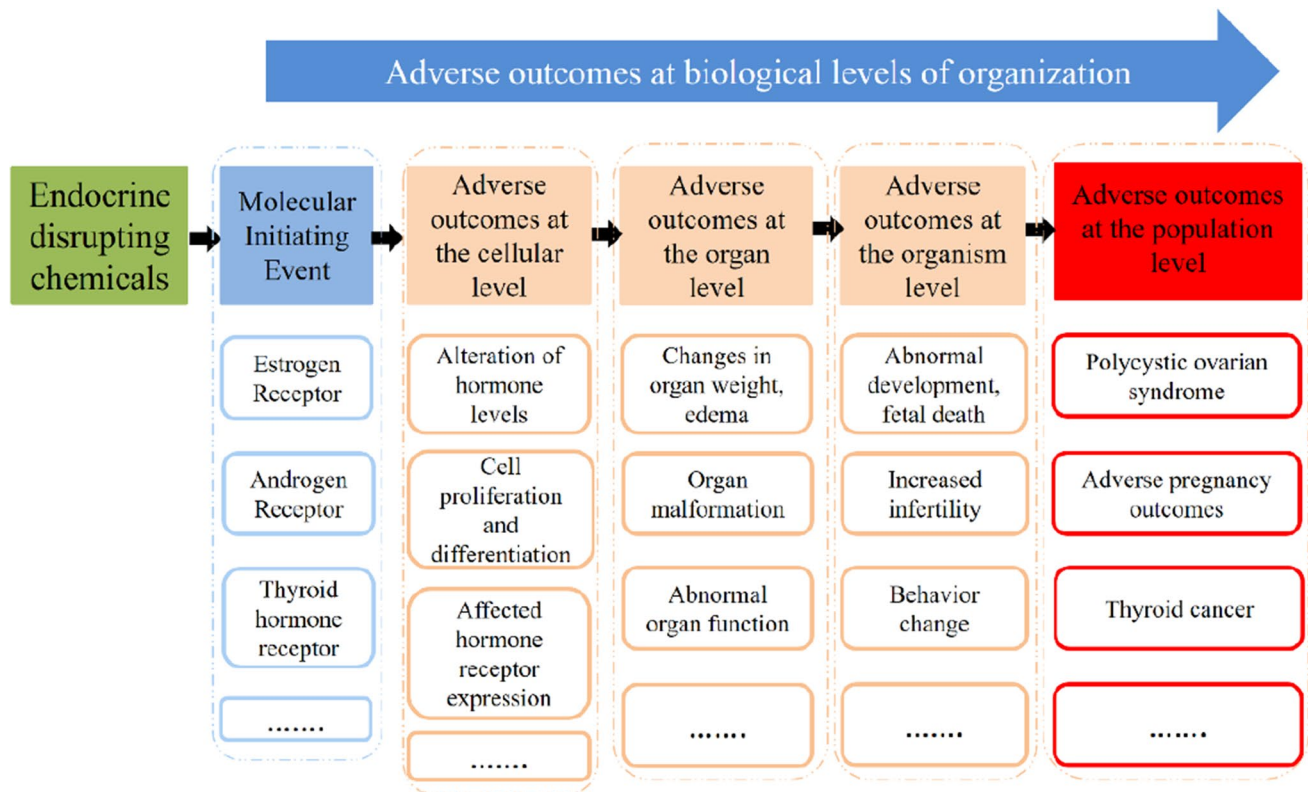
test chemical substances for their endocrine disrupting properties, which consistent with the Adverse Outcomes Pathway (AOP) (Fig. 3) (Browne et al. 2017). An AOP is a conceptual framework designed to enhance the utility of path-based data in assessing hazards to different levels of organisms, human health, and the environment (Ankley et al. 2010). An AOP can be described as the occurrence of a series of adverse outcome events. EDCs trigger some reversible or irreversible perturbations of normal biology through molecular interactions (e.g., binding to receptors and altering receptor expression). Furthermore, they continuously increase at the level of biological tissues, affecting cell and organ function. This is followed by impacts on human health or on the survival, growth, or reproduction of

assembled to determine whether and how they contribute to the lines of evidence for adversity and/or endocrine activity. Third, the initial analysis of the evidence comprises an assessment whether either EATS-mediated adversity or EATS endocrine activity has been ‘sufficiently’ investigated. This will allow to stop the EDC assessment in case no EATS-mediated adversity or endocrine activity that have been observed or to decide whether further data need to be generated. Last, in line with the criteria, the conclusions should answer the problem: Is there a biologically plausible link between endocrine activity and observed adverse effect(s)?

wildlife. Based on various evidences of BPA, Viguié et al. adequately demonstrate that that BPA is an EDC using the AOP method (Viguié et al. 2018).

### **Evidence for assessing the endocrine disrupting properties of emerging pollutants: based on commonalities of the EU and US standards for EDC identification**

From the above, many countries have been aware of the harm of EDCs for a long time and taken measures to reduce the impact on human beings and other organisms by formulating



**Fig. 3** Concept map of key features of endocrine disrupting chemicals' adverse outcome pathway. EDCs can cause molecular initiation events such as interactions with multiple hormone receptors. Molecular initiation events lead to adverse outcomes at the cellular level including changes in hormone levels and changes in cell fate.

Edema, deformities, and so on appear at the organ level. Biologically, it causes developmental abnormalities, embryo death, increased infertility, and changes in parental behavior. Eventually, the population prevalence increases

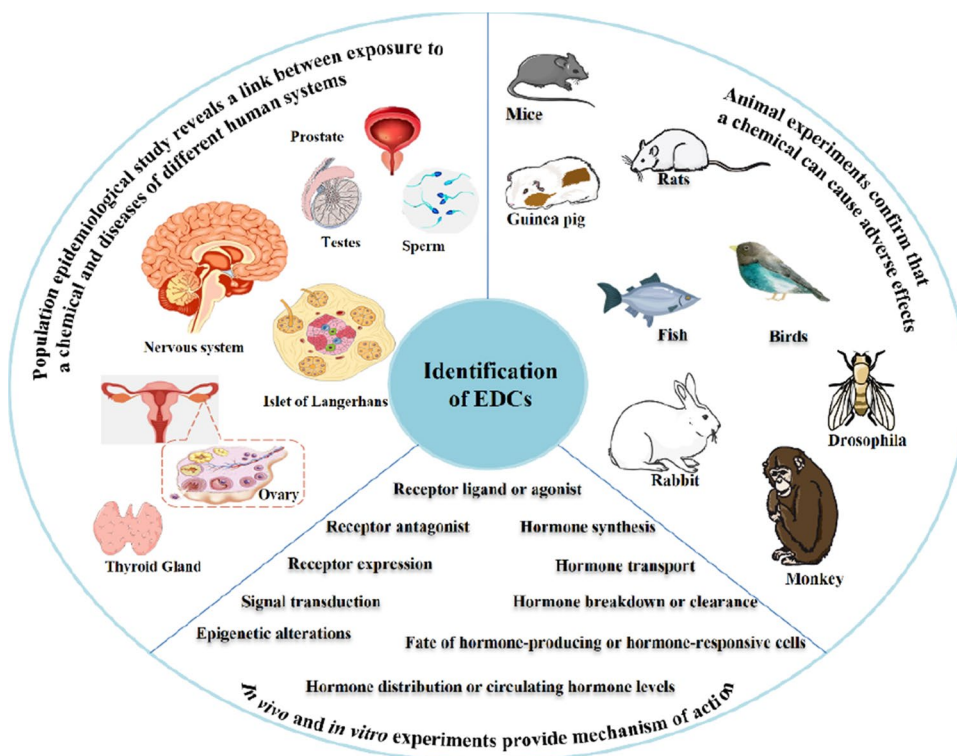
corresponding identification standards. Accurate definition of EDCs is a premise for identifying EDCs. There are several standards of defining EDCs worldwide currently. Although there are some differences in the definition of EDCs in different organizations and countries, they all contain two common characteristics: they affect the endocrine function, and they have adverse effects on health. Given that the European Union and the United States have the most well-developed and far-reaching EDC identification procedures (Kassotis et al. 2020), this review is aimed at assessing the endocrine disrupting characteristics of emerging environmental pollutants based on their commonalities. The EU is designed to collect all evidence of chemicals that disrupting endocrine and conduct weight analysis to determine whether they are EDCs. Mechanism data are mainly derived from the testing system of OECD. In contrast, in the USA, the identification procedure is to propose 10 KCs based on mechanistic data and to identify them in combination with adverse effects at different biological levels. Despite the fact that there are differences between the EU and the USA in the identification criteria for EDCs, there are some similarities between them: (1) the definition of EDCs is very clear; (2) EDCs are identified based on their risk/hazard profile; and

(3) determine the adverse effect of a chemical in the whole organism (animal and human) and the mechanism of action of the chemical responsible for the adverse effect. The evidence presented in this review suggests that the procedure for determining a chemical as an EDC needs to consider three aspects: (1) *in vivo* and *in vitro* experiment data show that the adverse endocrine outcome is caused by this substance due to its KCs; (2) animal experiments have shown that the substance can cause pathological changes in animals; and (3) the substance can cause adverse outcomes in the human body; that is, epidemiological studies have shown that a statistical correlation with human diseases (Fig. 4). It is beneficial to identify emerging environmental contaminants as EDCs by sharing toxicological, epidemiological, mechanistic and other EDC information in international collaborative databases.

### Mechanistic data as an integral part of the identification of EDCs: molecular initiation events

Mechanism is the organization and integration of collected evidence for endocrine disruption across data streams,

**Fig. 4** Evidence of identifying a chemical as an EDC. Three aspects of evidence on chemicals should be evaluated when identifying EDCs. Epidemiological studies provide direct links between EDCs and diseases of the reproductive system, nervous system, and endocrine system in human. Animal experiments show that EDCs can cause adverse endocrine outcomes in different animals including model organisms and wild organisms. As mechanistic data, 10 KCs reveal the causes of adverse outcomes induced by EDCs in humans and animals at the molecular level



possibly from molecular epidemiological studies, *in vivo* and *in vitro* testing in experimental animal models, high-throughput testing, and *in silico* modelling (La Merrill et al. 2020). The EU criterion is to identify EDCs on the basis of the collection of relevant data, followed by an analysis of a series of molecular initiating events that contribute to adverse outcomes. The ten key characteristics of EDCs free investigators from the intricacies between “molecular initiating events” and specific modes of action or pathways of adverse outcomes (La Merrill et al. 2020).

The mechanism data involved in EDC identification procedures of the EU and US are dependent on various test methods. In 2012, the OECD originally published the Guidelines for Standardized Tests for the Assessment of Endocrine Disrupting Chemicals aimed at determining the endocrine mechanism of chemicals, which detailed the test system for the identification of EDCs. This guidance document discusses in detail both *in vitro* mechanical screening and *in vivo* screening and testing, covering endpoints relevant to humans or vertebrate wildlife, and for non-mammalian wildlife screening and testing, test species are fish, amphibians, birds, molluscs animals, crustaceans and insects (OECD 2018b). These assays provide a wealth of mechanistic data to identify a chemical as an endocrine disruptor.

*In vivo* experiments can identify potential biomarkers of EDCs. For example, there are changes in mRNA and protein levels of vitellogenin (VTG), changes in circulating hormone levels, and histopathological measurements (Browne

et al. 2017). It can be directly observed that there are effects of chemicals on specific tissues or cell types by *in vitro* methods. Because the *in vitro* studies are more controlled in operation and contain fewer confounding factors, they are suitable for identifying the specific mechanism of action and specific molecular targets of EDCs. However, with the development of experimental methods, moving away from experimental animal toxicity testing is more and more pressured, alternative model organism testing methods and *in silico* modelling continue to emerge (Rybacka et al. 2015; Schneider et al. 2019). *In silico* approach can predict that specific chemical structures may cause “endocrine disruption,” mainly including ligand-based and structure-based methods, so as to predict the potential EDC activity of a given chemical structure. Among the ligand-based methods, the calculation of molecular descriptors is the simplest, which treats the molecule as a whole and calculates a value for the entire molecule (Schneider et al. 2019). Estrogen receptors including  $\alpha$  and  $\beta$  are the most widely researched targets of endocrine disruption (Shanle and Xu 2011). Similarly, other steroid hormone receptors have been targeted for model development (Chen et al. 2018). Structure-based approaches, also known as target-based approaches, use information from the 3D structure of a protein target to screen endocrine disruptors. Docking procedures are most widely used in virtual screening activities, based on sampling the conformational space of a given ligand in the binding pouch of the target molecule, followed by postural

evaluation by scoring functions (Klebe 2006), which has been applied to the prediction of endocrine disruption in androgen receptors and other nuclear receptors. Using environmental chemicals from the Tox21 (toxicity testing in the twenty-first century) database, Jeong et al. used estrogen receptors and androgen receptors and their homology models in *C. elegans* to identify potential endocrine-disrupting chemicals through molecular docking simulations, demonstrating that *C. elegans* has the potential to serve as an alternative model for EDCs screening environmental chemicals (Jeong et al. 2019). *In silico* predictions of EDC properties, Jaladanki et al. proposed a molecular docking-based virtual screening method for the prediction of potential EDC binding to nuclear receptors (Jaladanki et al. 2021).

In line with the above experiments, it is found that there are an increasing number of approaches to explore the mechanism of EDCs. As an emerging class of toxic chemicals, EDCs will be actually identified by their mechanism of action, rather than by their chemical structure or specific type of use (Schneider et al. 2019). Therefore, mechanistic data is the initiating events that have adverse effects on humans and other organisms and an indispensable part of the identification of EDCs.

### **Adverse effects in different species need to be assessed for the identification of EDCs**

EDCs can affect a variety of organisms (Bernanke and Köhler 2009; Chen et al. 2019; Patisaul et al. 2018; Segner 2009). The field of EDC originated in large part from the study of wildlife species; classical toxicology tests are essential to study them in detail. Classical toxicology relies heavily on rodent models, especially rat, and mouse models, but species diversity remains a central element of on-going EDC research (Guillette and Gunderson 2001). Extensive studies of terrestrial and aquatic species are also required. However, classical EDC animal models such as sheep, quail, mini pigs, dogs, rabbits, and non-human primates are rarely used for EDC studies due to numerous factors (Patisaul et al. 2018). For decades, research groups have used *Daphnia magna* as an EDC screening model (Dang et al. 2012; Kang et al. 2014). The endocrine systems in daphnia are quite different from vertebrates' "EATS" systems; therefore, daphnia may not be able to serve as an alternative for vertebrate EDCs testing. Wild species including fish, birds, crocodiles, and other reptiles remain sentinels for the health of their vital organisms and ecosystems (Guillette and Gunderson 2001).

A growing diversity of vertebrate models, including transgenic mouse and rat lines, zebrafish *Danio rerio*, and monogamous rodents, has been used to assess endocrine disruptors (Patisaul et al. 2018). For example, BPA has been extensively studied as a typical EDC. At first, BPA was found to have adverse effects on wild animals. For further study, the

researchers observed the phenotype of rats exposed to BPA and found that it can cause vaginal lesions in female rats (Ahmed et al. 2014). For aquatic studies, zebrafish exposed to BPA resulted in pathological changes in testicular tissue (Forner-Piquer et al. 2020) and follicular atresia in the ovary (Giommi et al. 2021; Molina et al. 2021). For birds, exposure to BPA resulted in decreased uterine tubular gland density and mucosal thickness in hens (Yigit and Daglioglu 2010) and resulted in malformed Müllerian ducts (embryosalpinx) in female quail embryos and feminization of the left testis (ovotestis) in male chicken embryos (Berg et al. 2001).

We can see that endocrine system function and health have been compromised in a variety of organisms, including rodents, fish, and birds, and their organ systems have different degrees of pathological changes. While mechanisms of action can provide an efficient way to identify potential EDCs, their endocrine disrupting effect on the whole animal cannot be presented. More importantly, a single independent surrogate model is less accurate in reflecting the overall toxicity of an EDC in an *in vivo* organism (Fabian et al. 2019). Toxicological experiments are indispensable. Toxicology can play a predictive role by providing alerts about the potential effects of chemicals on humans. The basic assumption is that limiting exposure to chemicals to levels well below those that would have adverse effects on animals will prevent harmful consequences for humans (Adami et al. 2011). Therefore, the outcomes from different organism exposures are necessary to identify EDCs.

### **Population epidemiology provides direct evidence for the identification of EDCs: the relationship between EDC exposures and human health outcomes**

Currently, growing evidence have shown that EDC exposures are associated with endocrine-related diseases, such as male reproductive health (Hauser et al. 2015), female reproductive health (Gallo et al. 2016), and birth outcomes (Hu et al. 2021; Raghavan et al. 2018; Spinder et al. 2021), neurodevelopment (Ramírez et al. 2022), obesity and metabolism (Legler et al. 2015; Zamora et al. 2021), and immune dysfunction (Casas and Gascon 2020; Clayton et al. 2011). These exposure outcomes are inseparable from epidemiological studies.

Epidemiology is "the study of the occurrence and distribution of health-related events, states, and processes in specific populations, including the study of the determinants that influence these processes, and the application of this knowledge to the control of related health problems" (Porta 2016). Epidemiology plays an important role in exploring causes, preventing and controlling diseases, formulating strategies and measures for disease prevention

and control, and evaluating the effect of prevention and control, which has an irreplaceable effect on improving the health of the population. The epidemiological study of EDCs is the study of disease phenomena and health status in human exposed to EDCs. That is, it starts from the population and always focuses on the population health effects, not only considering the individual disease problem, but also considering how endocrine disruptors are reflected at the organ and molecular level. Epidemiological studies provide key information of the relationship between EDC exposures and human health effects (Ho et al. 2022). It can provide a direct link between the adverse outcomes and EDCs. There are certain advantages to conduct the research on EDCs directly in humans over animal studies, since it eliminates the need for interspecies extrapolation and allows the study of realistic pathways, admixtures, and exposure durations relevant to humans.

Generally, it is difficult to fully simulate actual human exposure to EDCs in animal studies due to the complex exposures and personal or behavioral factors encountered in real life (Ho et al. 2022). Therefore, animal experiments are no substitute for epidemiological studies. Although the European Union, the United States Environmental Protection Agency, etc. have issued a number of documents on EDC screening and identification, most of the evidence for identifying which chemical can be regarded as EDC mainly comes from *in vitro* and *in vivo* studies (ECHA/EFSA 2018; U.S.EPA 1998); more and better evidence is needed to demonstrate the effects of exposure to EDCs on human health. Epidemiological studies are a logical and necessary complement to *in vitro* and *in vivo* experimental studies of EDCs to characterize the nature and extent of risk to human EDCs (Lee and Jacobs 2015). Traditionally, epidemiology and toxicology often work in parallel and complement each other. The epidemiological studies can direct present risks of human disease associated with exposure to EDCs and other research efforts; whether in animal models, *in vitro* or *in silico* studies further deepen our understanding of potential toxicological mechanism of EDCs (Terry et al. 2019). It can be seen that the three aspects of evidence complement each other, fully revealing that chemicals interfere with endocrine function and health.

## The evidence on endocrine disruption of BPA was reviewed based on the procedure in this review

Estrogenic disruptors are considered a type of important chemicals that induce biological responses consistent with the effects of endogenous estrogens (Korach 1993; Li et al. 2012a). Among them, BPA, one of the classic chemicals with estrogenic activity, has been widely used

in industrial production since first synthesized in 1891 (Meng et al. 2019). At present, BPA is still an industrial component, widely used in the synthesis of polycarbonate plastic epoxy resin and other polymer materials, and is almost ubiquitous in urban life.

## Mechanistic data of BPA about endocrine disruption

Plentiful scientific papers on the mechanism of BPA have been published. These data has revealed the molecular mechanisms underlying the phenotypic effects of BPA in humans and animals, which offer molecular initiating events of BPA.

BPA activates nuclear receptors (Andersen et al. 1999; Li et al. 2012b), membrane receptors (Watson et al. 2007), and G-protein-coupled receptors (Thomas and Dong 2006) in a variety of species.

BPA affects the expression of estrogen receptors. It can increase the expression of ER mRNA in specific regions of the brain in mice exposed during gestation (Rebuli et al. 2014).

BPA alters the signal transduction of estrogen-responsive cells. BPA-induced proliferation of Sertoli TM4 cells is mediated by the induction of ERK phosphorylation. In the human testicular seminoma cell line (JKT-1), BPA activates cAMP-dependent and cGMP-dependent protein kinase pathways to phosphorylate CREB (cAMP-response element binding protein) (Bouskine et al. 2009).

BPA causes epigenetic modification of hormone-associated cells. BPA affects promoter-specific methylation in brain, prostate, and human breast cancer cells (Bhan et al. 2014; Wang et al. 2016; Yaoi et al. 2008). The ER-binding region of the long non-coding RNA HOTAIR promoter is enriched by trimethylation on H3K4 and H3K4-specific methyltransferases in human breast cancer cells (Bhan et al. 2014). In mouse prostate, neonatal exposure to BPA activates the histone methyltransferase MLL1 to persistently increase H3K4 trimethylation at genes associated with prostate cancer (Wang et al. 2016).

BPA affects hormone synthesis. BPA inhibits steroidogenesis in the rat testis (Akingbemi et al. 2004). BPA reduces cytochrome p450 aromatase levels and the expression of other steroidogenic regulatory proteins (Mahalingam et al. 2017).

BPA alters hormone distribution or circulating hormone levels. Drinking water exposure of pregnant Sprague–Dawley rats to BPA, the serum estradiol level of the offspring increased (Wu et al. 2020).

BPA alters fate of hormone-producing or hormone-responsive cells. Developmental exposure to BPA alters the differentiation of mammary epithelial cells and increases the number of alveolar buds (structures that eventually produce milk in lactating females) in the mammary gland (Markey et al. 2001; Vandenberg et al. 2008). BPA also



increases the proliferation index in the mammary gland pancreas and uterine endothelial cells (Bosquiazzo et al. 2010; Moral et al. 2008).

### Animal experiments of BPA in endocrine disruption

Animal studies have shown the pathological effects of BPA on the female reproductive system and male reproductive system. However, is the evidence that BPA causes reproductive system disorders credible? That is, the study used standardized methods and clearly described experimental procedures and results (SCHEER—Scientific Committee on Health, Revision 2018). In the quality assessment of individual toxicity studies of chemicals, the European Chemicals Agency, the United States Food and Drug Administration (FDA), and the OECD have agreed on the use of the Klimisch method (Vandenberg et al. 2016). Experts need to make a clear quality assessment of the research in terms of validation/validity, reliability, and adequacy and ensure that the assessment results are understandable and convincing. When evaluating animal studies, consider the following: the strain, sex, and age of the tested animals; the origin and purity of TBECH; post-exposure changes of experimental animals (including clinical features, organ tissue changes and hematological changes); presentation of control data; description of test conditions; and route and dose of administration (Klimisch et al. 1997). To evaluate the reproductive system hazards of BPA in animals, the evidence of the effects of BPA on various animals was collected and sorted out, and the results are shown in Table 1.

### Epidemiological evidence for BPA endocrine characteristics

There are a lot of epidemiological studies on the endocrine disrupting effects of BPA, mainly focusing on the relationship between BPA and female reproductive system diseases, male reproductive dysfunction, obesity, and so on (La Merrill et al. 2020). Among them, epidemiological studies confirmed that the reproductive system is an important target organ of BPA (Ma et al. 2019).

In the female reproductive system, the effect of BPA on female hormones is related to the thickness of the endometrial wall. The relationship between changes in endometrial wall thickness and BPA levels with age was observed, and it was found that endometrial thickness was positively correlated with urinary BPA level in young women and gradually thickened with the increase of BPA concentration, while endometrial thickness was negatively correlated with urinary BPA concentration in older women (Mínguez-Alarcón et al. 2015). In addition, the number of cases of polycystic ovary syndrome (PCOS) is increasing year by year, and the incidence is higher in adolescent and women of reproductive

age, of which the incidence is 5%–10 in women of reproductive age. In population epidemiological studies, elevated BPA concentrations have been observed in adolescent and adult women with PCOS and are positively associated with hyperandrogenism, which suggests a potential role of BPA in the pathophysiology of PCOS (Palioura and Diamanti-Kandarakis 2015). In pregnant women, adverse pregnancy outcomes are also strongly associated with BPA exposure, such as miscarriage and preterm delivery. Cantonwine et al. found that women who gave birth at 37 weeks or less had higher urinary BPA concentrations than women who gave birth after 37 weeks (Cantonwine et al. 2010). In addition, spontaneous preterm birth (PTB) and preterm premature rupture of membranes (pPROM) have also been reported to be associated with BPA levels in adverse pregnancy outcomes; Shen et al. concluded that BPA exposure may be associated with the risk of recurrent abortion (RM) (Shen et al. 2015). Furthermore, Behnia et al. found a positive correlation between BPA concentration and the risk of PTB or pPROM (Behnia et al. 2016).

For the male reproductive system, BPA can affect the quality and function of sperm by altering the levels of related hormones in the body, thus harming fertility. In a cohort study, Mustiels et al. found that BPA was significantly associated with higher serum total testosterone (TT) levels (Mustieles et al. 2018). Furthermore, Ferguson et al. showed that BPA actually decreased serum testosterone (T) concentration and increased estradiol (E2) concentration (Ferguson et al. 2014).

Based on the above review of the evidence on the endocrine disrupting effects of BPA, it can have adverse effects on animals and humans (Fig. 5).

### The evidence on endocrine disruption of TBECH was reviewed based on the procedure in this review

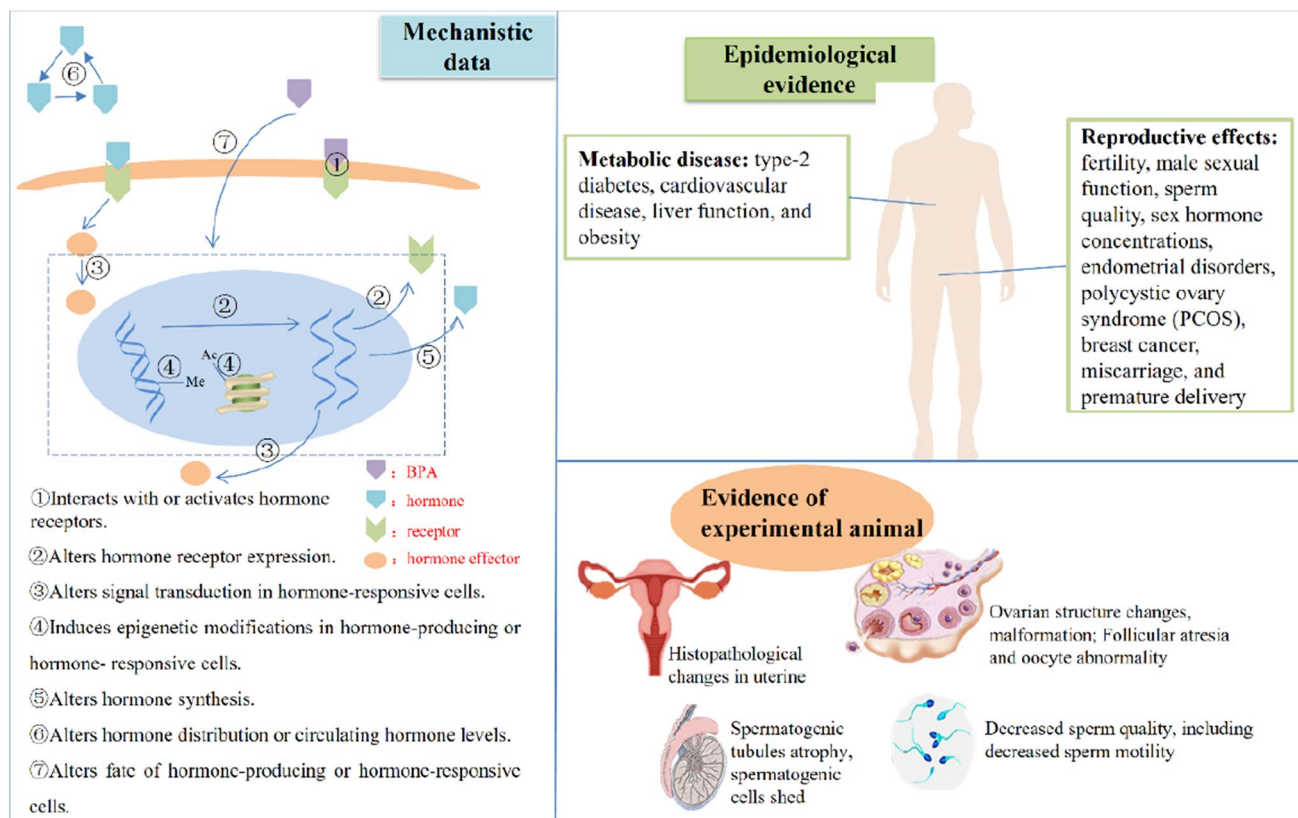
Exogenous substances that interfere with androgens are called androgen disruptors. Since male sexual differentiation is entirely androgen dependent (Williams-Ashman 1965), it is highly susceptible to androgen-disruptors. Epidemiological studies and animal experiments have found that exposure to androgen disrupting chemicals is connected with diseases of the reproductive system in both sexes, including reduced sperm counts, increased infertility, testicular dysgenesis syndrome, and testicular and prostate cancers (Luccio-Camelo and Prins 2011). More than a dozen substances, such as TBECH and phthalates, are considered chemicals that disrupt androgen. TBECH is one of the few androgen receptor agonists (Kuang et al. 2014; Luccio-Camelo and Prins 2011). By collecting and analyzing evidence for TBECH, the endocrine disrupting properties of TBECH are assessed and procedures for the chemical to be identified as an EDC are presented.

**Table 1** Summary of animal organ/tissues changes induced by BPA

Species (strain, sex and age)	Exposed substance	Exposure route/dose	Exposure duration	Adverse effect	References
Male ICR mice (6–7 weeks old, 24–27 g)	BPA	Exposure to drinking water (0.2, 20, and 200 µg/ml)	2 months	Sperm quality and serum testosterone levels were decreased. A hypofertility phenotype occurred, characterized by low pregnancy rates and reduced fertilization efficiency	(Liu et al. 2021a)
Female mice (10 days old)	BPA	Subcutaneous injection (0.5, 5, and 50 mg/kg)	10 days	The uterine gonadal index and absolute and relative uterine weight were significantly reduced in the BPA-treated female rats, accompanied by changes in hormones associated with estrogen	(Ahsan et al. 2018)
Female Sprague–Dawley rats	BPA	Subcutaneous injection (10, 100, and 500 mg/kg/d)	3 days	BPA interfered with uterine contractions	(An et al. 2013)
Male Wistar rats	BPA	Administered (0, 5, and 25 mg/kg)	55 days	BPA increased E2, progesterone, serum luteinizing hormone (LH), and T levels, but decreased serum cortisol concentration in Wistar rats when studying the relationship between BPA exposure and sperm count and quality	(Wisniewski et al. 2015)
Timed-pregnant long-Evans female rats	BPA	Oral gavage (2.5 or 25 µg/kg)	12 or 21 days	Spermatogenic epithelial cells were disordered, the seminal tubules were atrophied, and the spermatogenic cells desquamated into the tubule lumen in the born male mice	(Abdel-Maksoud et al. 2019)
Male Sprague Dawley rats (3–4 weeks)	BPA	Oral gavage (30, 90, and 270 mg/kg-bw)	16 days	The germinal epithelium of the seminiferous tubules was disturbed, and some seminiferous tubules showed mild atrophy, a marked decrease in sperm count, and an abnormal increase in sperm	(Liu et al. 2022)
Zebrafish ( <i>Danio rerio</i> )	BPA	Dietary exposure (10 µg/L)	28 days	BPA can promote follicle maturation and atresia in female zebrafish and alter spermatogonia and sperm counts in male zebrafish	(Giommi et al. 2021)
Female zebrafish ( <i>Danio rerio</i> )	BPA	Immersion (1 µg/L)	14 days	Only minor changes at the histopathological level with a small (3%) increase in follicular atresia were observed	(Molina et al. 2021)

Table 1 (continued)

Species (strain, sex and age)	Exposed substance	Exposure route/dose	Exposure duration	Adverse effect	References
Female zebrafish ( <i>Danio rerio</i> , sixteen weeks old)	BPA	Immersion (1, 10, 100, and 1000 µg/L)	14 days	Gonadotroph cells were activated, showing abundant Golgi complexes, dilated rough endoplasmic reticulum and secretory granules, prominent by increased size and hypertrophic appearance	(Molina et al. 2018)
Wistar female rats (250–300 g)	BPA	Exposure to drinking water (3 µg/kg/d)	21 days	The number of primary, secondary, and atresia follicles increased, and the number of antral follicles decreased	(Gámez et al. 2015)
Mature male goldfish (2–3 years old)	BPA	Immersion (1, 6, and 12 µg/L)	30 days	Sperm motility and sperm velocity were significantly reduced	(Hatef et al. 2012)
Male and female brown trout ( <i>Salmo trutta f. fario</i> )	BPA	Immersion (1.75, 2.40, and 5.00 mg/L)	3 September–14 December	Semen quality in male and oviposition rate in female reduced	(Lahnsteiner et al. 2005)
Lined seahorses (5–6 months old; body length, 100–120 mm)	BPA	Immersion (10, 100, and 1000 µg/L)	2 months	There was a significant reduction in ovarian weight. Ovarian malformations occurred, including many oocytes with abnormal size and shape	(Liu et al. 2021c)
Outbred female CD-1 mice	BPA	Subcutaneous injections (10, 100, or 1000 mg/kg/day)	18 months	There was an increase in cystic ovaries and cystic endometrial hyperplasia. Progressive proliferative lesion (PPL) of the oviduct and cystic mesonephric (Wolffian) duct remnants were occurred	(Newbold et al. 2007)



**Fig. 5** The evidence of mechanism data, animal experiment, and epidemiology on endocrine disruption of BPA

TBECH, also known as 1,2-dibromo-4-(1,2-dibromoethyl)cyclohexane (DBE-DBCH), is manufactured by Albermarle as Saytex BCL-462 (Nguyen et al. 2017). As a common class of brominated flame retardants, it is widely used in household products and industrial products, including electrical fabrics and furniture, in order to improve the fire performance, so as to have a great impact on human living environment (Brown et al. 2014). The presence of four isomers of TBECH has been detected in a variety of environmental substrates and organisms, including soil, water species, indoor dust, fish, baby feces, and even Arctic environments, due to its extensive production and use (Marteinson et al. 2020). Recently, a large number of experimental studies have shown that TBECH has endocrine disrupting effect, hepatotoxicity, and reproductive toxicity (Wang et al. 2020), and among them, the environmental endocrine disrupting characteristics have gradually become the focus of research.

### Mechanistic data of TBECH about endocrine disruption

TBECH interacts with or activates hormone receptors. TBECH activates the human androgen receptor (Khalaf et al. 2009; Larsson et al. 2006) and Zebrafish androgen receptors (Pradhan et al. 2013). TBECH can activate androgen

receptors and interact with and alter thyroid and estrogen receptors in chickens (Asnake et al. 2014). TBECH induces AR-mediated physiological responses in LNCaP cells, suggesting that by acting as a partial agonist (Wong et al. 2016).

TBECH alters hormone receptor expression. Prostate-specific antigen (PSA) activity in LNCaP cells and HepG2 cells was determined by enzyme-linked immunosorbent assay. All the TBECH diastereoisomers could induce the expression of PSA in LNCaP cells (Khalaf et al. 2009). Effects of transcriptional activation of mutant (ARW741C and ART877A) cells exposed to androgen-derived brominated flame retardant TBECH revealed that TBECH induced the expression of androgen receptor target genes, thereby altering the expression of hormone receptors (Kharlyngdoh et al. 2016).

TBECH alters hormone synthesis.  $\gamma$ - and  $\delta$ -TBECH altered the transcription of androgen-responsive genes and steroidogenic genes in prostate epithelial cells (Kharlyngdoh et al. 2018). In addition, TBECH was altered in genes involved in the regulation of steroid biosynthesis, steroid metabolism, and prostate epithelial morphogenesis (Bereketoglu et al. 2021). In addition to the hormone-related receptors, EDCs act on enzymes involved in steroidogenesis and the metabolism of hormones (Sifakis et al. 2017). Phthalates, for example, are a specific class of plasticizer

that exert anti-androgenic effects by inhibiting the synthesis of testosterone in Leydig cells as a result of direct inhibition of CYP17 (Foster 2005). Thiophosphates are a class of organophosphorus pesticides that inhibit P450 enzymes involved in the metabolism of estrone and testosterone in the liver, namely, CYP3A4 and CYP1A2 (Usmani et al. 2006; Usmani et al. 2003). After exposure to DBE-DBCH, liver mRNA levels of two phase I metabolic enzymes, CYP2H1 and CYP3A37, were significantly increased by fourfold and eightfold, respectively, and CYP3A37 was also significantly induced based on PCR arrays (Crump et al. 2014). Therefore, TBECH can cause changes in the corresponding enzymes, resulting in changes in hormone synthesis.

TBECH alters hormone distribution or circulating hormone levels. Juvenile brown trout exposed to high doses of TBECH significantly reduced total plasma thyroxine (Park et al. 2011). However, there are also experiments showing occasional differences in circulating plasma E2, T, and 11-KT levels after TBECH treatment, but no clear time trend or dose response (Gemmill et al. 2011). TBECH altered the transcript levels of androgen-responsive genes in human cervical cancer (HeLa), ductal breast cancer (T-47D), and prostate cancer (LNCaP) cells (Kharlyngdoh et al. 2016).  $\beta$ - and t-TBECH exposure could affect the expression of one or more of 4 genes involved in the thyroid hormone pathway (Porter et al. 2014).

### Animal experiments of TBECH in endocrine disruption

Mice and rats, the most commonly used animal models, have been studied *in vivo*, which have shown that TBECH can damage the reproductive and nervous system of mice and rats, which strongly proves that TBECH plays an endocrine disrupting effect in animals. Because TBECH is widely distributed in environmental media, and it is present in municipal sewage (Ruan et al. 2019), urban watershed (Wang and Kelly 2017), and seawater and sediments (Liu et al. 2021b; Ruan et al. 2018a; Ruan et al. 2018b), which can affect aquatic organisms. Experiments in zebrafish, amphibians, and others have been carried out. The above experimental animals were all exposed to laboratory conditions. What effects will exposure to TBECH in the natural environment have on animals? Study finds TBECH in ring-billed gulls in highly industrialized stretch of St. Lawrence River downstream of Montreal (Gentes et al. 2012). In addition, herring gulls (*Larus argentatus*) are from seven colonies of five Laurentian Lakes (Gauthier et al. 2009). It was found that falcons, American kestrels (*Falco sparverius*), and chicken were all disrupted by TBECH. So TBECH can have adverse effects on a wide variety of animals, at both laboratory and natural environment exposure levels. The evidence of health effects of TBECH on multiple organisms should be to analyze whether it is reliable. Based on the above evaluation criteria for animal studies, we

collected and sorted out the evidence of the effects of TBECH on various animals, and the results are shown in Table 2. These studies have clearly described the above content, and it is reasonable to assume that TBECH is reliable in causing adverse health outcomes of animals based on the evidence.

### Epidemiological evidence for TBECH endocrine characteristics

The study on a cohort of 61 adults in Oslo shown that dietary exposure was the most important route of TBECH exposure, which was an important part of all exposure routes through multivariate linear regression analysis (Tay et al. 2019). In addition, researchers recruited 60 mothers who gave birth to a healthy child at Uppsala University Hospital in 2009 and 2010, and according to the results, dietary exposure was also found to be the main route of exposure to TBECH (Sahlström et al. 2014). Unfortunately, no epidemiological studies have been conducted on the association between TBECH and related diseases. Although humans may be exposed to TBECH through indoor dust and air, the trend of human exposure is unknown.

These data indicate a lack of evidence for TBECH in population epidemiology. Animal models are abundant in the study of TBECH, including rats, birds, and fish. So based on these studies, some mechanism data are obtained. It is lacking of the evidence for the health effects of TBECH in the population. But it is well known that humans are contaminated by hundreds of man-made chemicals, which makes it extremely difficult to prove conclusively that a chemical is causing harm to human health. Even for chemicals that have been well studied over the past few decades, such as BPA and some phthalates, the evidence for harm to human health has only recently come to light (Sarink et al. 2021). If TBECH is not classified as an EDC due to lack of epidemiological evidence, greater harm to organisms may be caused. It is an important issue how the “missing” evidence for adverse effects on human health could be obtained. The International Program on Chemical Safety first developed a systematic approach to drawing conclusions about human correlation (causation) (Sonich-Mullin et al. 2001); later, it was substantially expanded with the development of the noncancer effect framework (Seed et al. 2005). If there is sufficient evidence in animal studies to establish MoA and it is effective in humans, combined with pharmacokinetics and kinetic characteristics, then the effects seen in animals may also be seen in humans, and the potential effects of a chemical on humans are possible (Julien et al. 2009). More research on that is urgently needed in order to reveal the effects of TBECH in human health.

Through reviewing the evidence of TBECH in endocrine disruption, TBECH can cause adverse outcomes to organisms by interfering with the formation of receptors and hormones (Fig. 6).

**Table 2** Summary of animals organ/tissues changes induced by 1,2-dibromo-4-(1,2 dibromoethyl) cyclohexane

Species (strain, sex and age)	Exposed substance	Exposure route/dose	Exposure duration	Adverse effect	References
Mice (42-day-old male CDI mice)	$\alpha$ - and $\beta$ -TBECH, $\gamma$ - and $\delta$ -TBECH	Intraperitoneal injection of 10 mg ketamine/kg body weight (bw)	6 days	Prostate weight was increased. The number of acini was significantly reduced, and the diameter of the acini was significantly increased	(Bereketoglu et al. 2021)
Rats (gestational day 20, albino Sprague-Dawley rats)	$\beta$ -TBECH	Immersion (0, 10 mM)	21 days	The spontaneous firing rate of Purkinje neurons was significantly inhibited in a dose-dependent manner	(Stojak et al. 2019)
Male and female F344 rats, 38–42 days old	$\alpha$ - and $\beta$ -TBECH	Dietary exposure (10, 50, 250, 1250, or 5000 mg/kg)	28 days	Hormonal disturbances at the end of the study were observed, including changes in serum testosterone levels in male	(Curran et al. 2017)
Zebrafish	98% purity TBECH	Full body exposure (1 and 10 $\mu$ M)	2 and 6 days	Morphological abnormalities and larval mortality were observed	(Pradhan et al. 2013)
<i>Pelophylax nigromaculatus</i>	99.2% purity TBECH	Immersion (1, 10, and 100 nM)	From Gosner stage 24 to complete metamorphosis	Gonads of ambiguous sex and intersex with testicular and ovarian histological structures were found on gross morphology	(Liu et al. 2017)
Juvenile brown trout ( <i>Salmo trutta</i> )	$\beta$ -TBECH	Dietary exposure (2.02, 14.7, and 118.4 pmol/g, lipid basis)	77 days	The mean thyroid epithelial cell height was significantly increased, while there was no difference during the purification phase	(Park et al. 2011)
Juvenile brown trout ( <i>Salmo trutta</i> , mean weight ca. 60 g)	99.5% purity $\beta$ -TBECH	Dietary exposure (0.5, 5.4, and 54 $\mu$ g)	133 days	No significant effect on liver or gonadal development was observed	(Gemmill et al. 2011)
Daphnia magna	$\alpha$ -, $\beta$ -, $\gamma$ -, and $\delta$ -DBE-DBCH	Dietary exposure (1 and 10 $\mu$ M)	48 h	Multiple deleterious effects on <i>Daphnia magna</i> were caused, including effects on reproductive and hormonal systems, such as shortened lifespan and reduced fecundity and altered swimming behavior	(Seyoum et al. 2021)
American kestrels ( <i>Falco sparverius</i> )	> 97% purity $\beta$ -DBE-DBCH	Dietary exposure (0.239 ng $\beta$ -DBE-DBCH/g kestrel/d)	82 days	A significant increase in androgen-dependent behaviors (such as mating courtship aggression) in birds	(Martinson et al. 2015)

**Table 2** (continued)

Species (strain, sex and age)	Exposed substance	Exposure route/dose	Exposure duration	Adverse effect	References
American kestrels ( <i>Falco sparverius</i> )	> 97% purity $\beta$ -DBE-DBCH	Dietary exposure (0.239 ng $\beta$ -DBE-DBCH/g kestrel/d)	82 days	Fewer eggs and lighter eggs were laid. Poorer egg fertility. Decreased egg production and fertility have resulted in a decrease in hatching success. Fewer males overall were produced, which coincided with increased maternal deposition of estradiol in the eggs	(Martinson et al. 2012)
American kestrels ( <i>Falco sparverius</i> )	> 97% purity $\beta$ -DBE-DBCH	Dietary exposure (0.239 ng $\beta$ -DBE-DBCH/g kestrel/d)	82 days	Flying behavior was reduced, and feeding behavior and higher body fat percentages were increased than their respective controls during courtship, which is consistent with their increased feeding, decreased flight activity, and endocrine changes	(Martinson and Femie 2019)
American kestrels ( <i>Falco sparverius</i> )	> 97% purity $\beta$ -DBE-DBCH	Dietary exposure (0.239 ng $\beta$ -DBE-DBCH/g kestrel/d)	82 days	Female kestrels had reduced testosterone and 17 $\beta$ -estradiol when paired, while male kestrels showed a decrease in total thyroxine but an increase in free thyroxine and testosterone throughout reproduction	(Martinson et al. 2017)
Zebra finch ( <i>Taeniopygia guttata</i> )	97% purity $\alpha$ - and $\beta$ -TBECH	In ovo dosing procedures (2.3–94 ng/g egg)	14 days	It was not found to have any effect on chick growth or development and hematocrit levels	(Currier et al. 2013)

## The evidence on endocrine disruption of perchlorate was reviewed based on the procedure in this review

Studies have confirmed that a variety of environmental pollutants, including phenolic compounds, brominated flame retardants, pesticides, and perchlorates, can affect the normal function of the thyroid gland, such as inhibiting the synthesis and secretion of TH and inhibiting the absorption of iodine by the thyroid gland (Xu et al. 2017). Perchlorate is a typical substance that interferes with thyroid hormones because perchlorate-induced sodium-iodide symporter (NIS) interference is a well-recognized thyroid disrupting mechanism (Lisco et al. 2020).

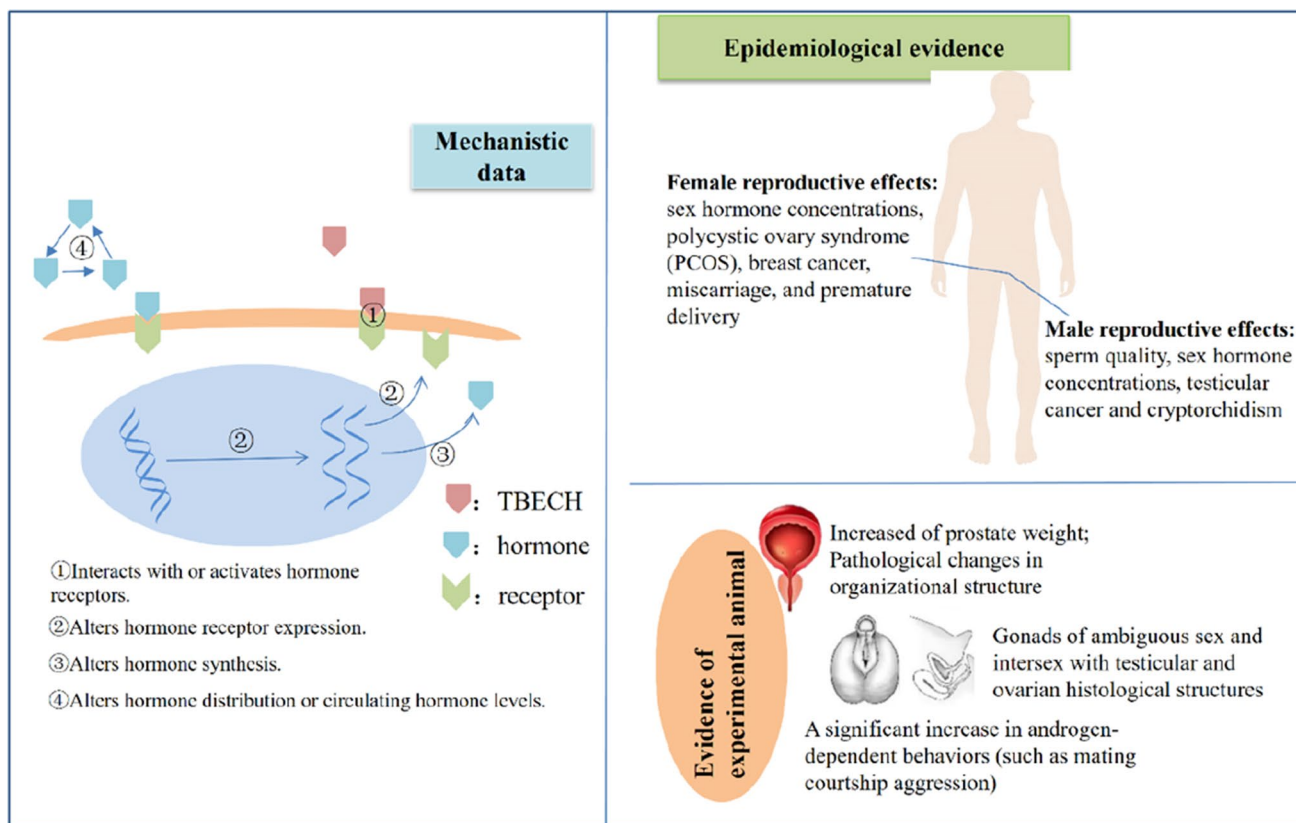
### Mechanistic data of perchlorate about endocrine disruption

Perchlorates reduce thyroid hormone levels in humans and other animals by limiting the amount of iodine used to synthesize these hormones (La Merrill et al. 2020). Perchlorate inhibits thyroid hormone synthesis and competitively

interferes with iodine accumulation in the thyroid gland. This works through the sodium–iodide symporters, which is an effective competitive inhibitor of iodide uptake in human rodents and other vertebrates (Dohán et al. 2007). The sodium–iodide symporters are usually present in the thyroid gut placenta, lactation breast, and choroid plexus membrane and thus plays a role in transporting iodide ion (Zoeller 2006).

### Animal experiments of perchlorate in endocrine disruption

In terms of animal experimental evidence, York et al. found that low doses of perchlorate can reduce serum T4 levels in pregnant rats and their young rats (York et al. 2005). In addition, Gilbert and Sui also found that exposure to perchlorate during the development of adult hippocampi can impair synaptic function and irreversible damage to the response to synaptic transmission (Gilbert and Sui 2008). The same as TBECH, the evidences of the effects of perchlorate on various animals were collected and sorted out (Table 3).



**Fig. 6** The evidence of mechanism data, animal experiment, and epidemiology on endocrine disruption of TBECH



**Table 3** Summary of animal organ/tissues changes induced by perchlorate

Species (strain, sex and age)	Exposed substance	Exposure route/dose	Exposure duration	Adverse effect	References
Threespine stickleback ( <i>Gasterosteus aculeatus</i> )	Sodium perchlorate (≥ 99% purity)	Immersion (10, 30, and 100 ppm)	1 year	Thyroid histomorphological phenotypes were induced, including follicle proliferation, reduced follicle area, colloid depletion, and thyrocyte hypertrophy	(Gardell et al. 2017)
Wistar rats (male; ~250 g; 8 weeks of age)	Sodium perchlorate	Exposure to drinking water (35 mg/kg/day)	60 days	There were an increase in the weight of the thyroid lobe and blood vessels in the extracellular matrix surrounding the thyroid follicles and a decrease in the diameter and lumen of the thyroid follicles; the increase of serum thyroid stimulating hormone (TSH) level was accompanied by the decrease of serum T4 /T3 level	(Serrano-Nascimento et al. 2018)
Eastern mosquitofish ( <i>Gambusia holbrooki</i> )	Sodium perchlorate (99% purity)	Immersion (0, 0.1, 1, 10, 100, and 1000 mg/L)	30 days	The height of the thyroid follicular epithelium was increased, and T4 levels were decreased	(Bradford et al. 2005)
Zebrafish	Potassium perchlorate	Immersion (0, 62.5, 125, 250, 500, and 5000 µg/L)	5 weeks	Severe hyperplasia of the thyroid gland and increased number of follicles were observed. The coloring properties and texture of colloids had changed	(Schmidt et al. 2012)
Adult zebrafish ( <i>Danio rerio</i> )	Sodium perchlorate	Immersion (0, 10, and 100 mg/L)	16 weeks	The results showed hypertrophy of thyroid follicle cells and depletion of colloids	(Mukhi and Patiño, 2007)
Male prairie voles ( <i>Microtus ochrogaster</i> )	Ammonium perchlorate	Exposure to drinking water (10 mg/kg/d, 0.75 mg/kg/d)	51 days, 180 days	The concentration of T4 in the thyroid gland was significantly reduced	(Isanhart et al. 2005)
Adult zebrafish	Ammonium perchlorate	Immersion (18 and 677 ppm)	18 weeks	Thyroid follicle cell (nuclear) hypertrophy and angiogenesis appeared, including hypertrophy, angiogenesis, hyperplasia, and colloid depletion	(Patiño et al. 2003)
Fathead minnows ( <i>Pimephales promela</i> )	Ammonium perchlorate	Immersion (1, 10, and 100 mg/L)	28 days	The thyroid gland was hyperplastic with increased follicular epithelial cell height and decreased colloid; the level of T4 was elevated	(Crane et al. 2005)
Bobwhite quail chicks	Ammonium perchlorate	Exposure to drinking water (0, 0.05, 0.5, 50, and 250 mg/L)	8 weeks	The levels of TH in plasma and thyroid were decreased, with thyroid hypertrophy	(McNabb et al. 2004a)

**Table 3** (continued)

Species (strain, sex and age)	Exposed substance	Exposure route/dose	Exposure duration	Adverse effect	References
Bobwhite quail chicks	Ammonium perchlorate	Exposure to drinking water (50–4000 mg/L)	8 weeks	Thyroid hormones were decreased	(McNabb et al. 2004b)
Deer mice ( <i>Peromyscus maniculatus</i> )	Ammonium perchlorate	Exposure to drinking water (0, 1 nM, 1 µM, and 1 mM)	21 days	There were fewer thyroid follicles and total thyroid hormone	(Thuett et al. 2002)
Sprague–Dawley rats (male and female, 5 weeks of age)	Ammonium perchlorate (99.8% purity)	Exposure to drinking water (0.01, 0.05, 0.2, 1.0, and 10.0 mg/kg/day)	90 days	The weight of the thyroid gland increased significantly, pathologically appearing in the thyroid tissue, including follicular cell hypertrophy with microfollicle formation and colloid depletion	(Siglin et al. 2000)
Northern bobwhite quail (female, <i>Colinus virginianus</i> )	Ammonium perchlorate	Exposure to drinking water (0, 0.01, 0.1, and 1 mM)	30 days	The colloid area decreased, and the height of thyroid follicular cells increased	(Gentles et al. 2005)

## Epidemiological evidence for perchlorate endocrine characteristics

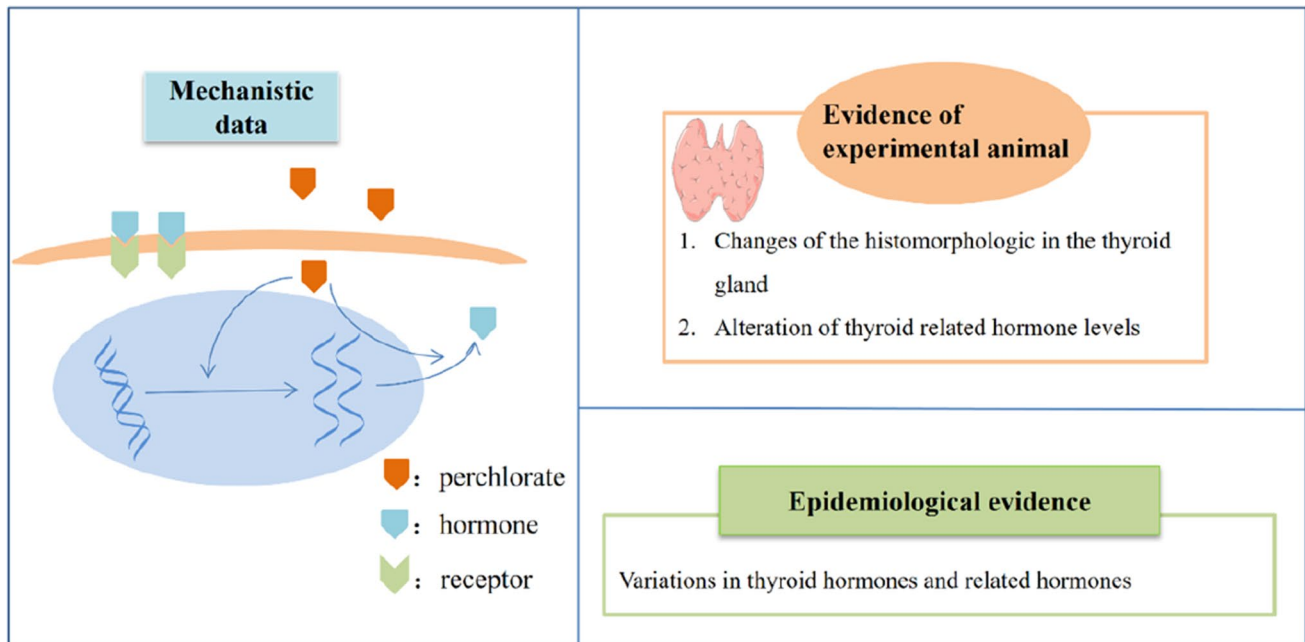
A number of population epidemiological studies have demonstrated that urine determination of perchlorate (a biomarker of perchlorate exposure in pregnant women) is associated with reduced maternal thyroid hormone levels (La Merrill et al. 2020). Studies evaluated the relationship between perchlorate exposure and circulating thyroid hormone levels in neonates, since neonates are particularly sensitive to inhibition of thyroid hormone synthesis (van den Hove et al. 1999). Among the five studies in which thyroid hormone levels were measured within a day of birth, there was consistent evidence. Newborn babies from communities that have been exposed to perchlorate have lower T4 levels, higher TSH levels, and prevalence of thyroid disease than those from unexposed communities. Furthermore, in assessing the potential effects of low environmental exposure to perchlorate on thyroid function, urinary perchlorate concentrations were approximately twice as high in the exposed population as in the general population, and both free thyroid hormone and thyrotropic hormone levels were altered. It is concluded that perchlorate exposure may affect the production of thyroid hormones during pregnancy (Steinmaus et al. 2016).

As shown in Fig. 7, perchlorate causes thyroid dysfunction in animals and humans by specifically interfering with thyroid hormone synthesis.

## Conclusion and outlook

This review objectively described the identification procedures of EDCs in the European Union and United States. Identification of EDCs is different in various organizations and countries. Here, the reasonableness of the chemical being identified as an EDC was evaluated by collecting information on the toxic mechanisms, experimental animal effects, and epidemiological evidence. Next, based on this information, the identification procedures of EDCs for three types of chemicals (BPA, TBECH, and perchlorate) were resolved. Through reviewing the relevant evidence, BPA, TBECH, and perchlorate have sufficient mechanisms of endocrine disruption. They can cause adverse health effects in animals, mainly manifested in changes in organ morphology, pathological tissues, hormone levels in blood, endocrine behavior, and other aspects. Therefore, they can be referred to as EDCs. In contrast to BPA and perchlorate, the health effects of TBECH on humans are unclear. Although there are ways to extrapolate toxicology findings to the population, epidemiological studies are urgently needed to be conducted.

Regarding the hormonal interference of chemicals, it was shown that BPA can interfere with insulin levels,



**Fig. 7** The evidence of mechanism data, animal experiment, and epidemiology on endocrine disruption of perchlorate

which may potentially contribute to the development of insulin resistance (Lee et al. 2013). In fact, many emerging chemicals in the environment do not interfere with just one hormone; they often have effects on multiple hormones at the same time. TBECH not only interferes with androgens but also affects thyroid function. A study has shown that plasma thyroid hormone levels decreased and thyroid epithelial cell height increased after exposure to  $\beta$ -TBECH (Park et al. 2011). The above shows that TBECH can interfere with endocrine function through other pathways, which strengthens the rationality of TBECH as an EDC.

It is worth noting that with the development of science and technology, computers and artificial intelligence have been more and more widely used. Recently, French experts identified unvalidated methods for chemical characterization of EDCs through artificial intelligence screening literature and database exploration. They used an updated version of the AOP-helpFinder text mining approach to screen abstracts of articles referenced in PubMed automatically, combining exploring manually. Therefore, 226 unique non-validated methods were identified (Zgheib et al. 2021). Consequently, the application of new techniques can be introduced in the establishment of criteria for the identification of EDCs. Mechanism data is important in identifying EDC properties in chemicals. The current rapid development of novel *in vitro* and *in silico* methods is promising to fill information gaps on action mechanisms of EDCs. It is helpful to improve confidence in identifying EDCs. However, there is a need

to ensure the reliability and regulatory relevance of such methods, which requires joint efforts and collaboration among method developers, researchers, and regulatory agencies. Due to the differences in endocrine signaling across animal species, an in-depth study of the effects of chemicals on the endocrine systems of various species is required. Given the “3Rs” principle, reduction, refinement and replacement (Russell et al. 1959), fewer model organisms should be tested *in vivo*, but rather utilizing *in vitro* screening, cross-species extrapolation and read-across approaches to reduce the needs for animal tests. In addition, there are species differences in the toxicokinetic and biotransformation of EDCs considering the differences in endocrine signaling between animals and humans (Testai et al. 2013). Hence, if a chemical possesses the evidence of adverse outcomes after exposure in experimental animals, the relevance of observed effects to the human then needs to be addressed. Finally, interdisciplinary efforts combining knowledge from wildlife, laboratory animals, *in vitro*, *in silico*, and human studies are needed to provide a more comprehensive approach for EDC identification. Identifying potential EDCs requires the integration of mechanistic information, results on the effects on animals, human, and the rational linking of the results. Different related standards of EDCs should be developed and integrated to form a unified global standard, which will be conducive to the management and control of EDCs, so as to protect the health of other organisms and humans.

**Author contribution** Huizhen Zhang: conceptualization, writing—review and editing, supervision, and funding acquisition. Xing Guo: conceptualization, methodology, software, writing—original draft preparation, and visualization. Bing Liu: conceptualization, methodology, software, writing—original draft preparation, and visualization. Haohao Liu: software and writing—review and editing. Xingde Du: methodology, writing—review and editing, and visualization. Xinghai Chen: writing—review. Wenjun Wang: writing—review. Shumeng Yuan: software. Bingyu Zhang: software. Yongshui Wang: software. Hongxiang Guo: conceptualization and writing—review and editing.

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**Data availability** Not applicable.

## Declarations

**Ethics approval** Not applicable.

**Consent to participate** Not applicable.

**Consent for publication** Not applicable.

**Competing interests** The authors declare no competing interests.

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