RESEARCH ARTICLE

Cadmium phytotoxicity, related physiological changes in Pontederia cordata: antioxidative, osmoregulatory substances, phytochelatins, photosynthesis, and chlorophyll fluorescence

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Abstract

Pontederia cordata is a heavy metal accumulator, while the heavy metal tolerance mechanisms of this plant are not well understood. Hydroponic experiments were used to assess the effects of Cd^{2+} on antioxidative activities, osmoregulatory substances and photosynthesis in leaves. Exposure of 5 mg $L^{-1} Cd^{2+}$ for 7 days, the photosynthetic apparatus functioned normally and sustained a relatively high photosynthetic rate, and good growth was observed. Under 50 and 75 mg $L^{-1} Cd^{2+}$, accelerated lipid peroxidation and increased peroxidase activity (POD; E.C.1.11.1.7) were detected, while no significant differences were observed in superoxide dismutase (SOD; E.C.1.15.1.1) and catalase (CAT; E.C.1.11.1.6) activities, as well as in lutein, ascorbic acid, and glutathione contains of leaves. Proline content increased, while soluble sugar and soluble protein contents decreased under 75 mg L^{-1} Cd²⁺. Cd²⁺ at different concentrations induced a reduction in carotenoid, total carotenoid, and ascorbic aciddehydroascorbate contents. A significant increase in phytochelatin content was induced by 75 mg L⁻¹. Chlorophyll content decreased under Cd stress and disturbed photosynthesis, causing dramatic reductions in photosynthetic parameters. Stomatal closure was responsible for a reduced photosynthetic rate under Cd^{2+} exposure. Cd^{2+} concentrations of no less than 25 mg L⁻¹ disorganized the photosynthetic apparatus, induced the partial closure, and decreased activity of the photosystem II (PS II) reaction center, thus disturbing light conversion and utilization, thereby decreasing the photosynthetic efficiency in PS II.

Keywords Pontederia cordata . Cadmium stress . Antioxidant system . Osmoregulation . Phytochelatins . PS II activity

Abbreviations

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PI_{total} Performance index for energy conservation from photons absorbed by PSII to the reduction of PSI end acceptors

Introduction

Heavy-metal contamination is a severe global environmental concern. As a non-essential nutrient element, Cd is one of the common heavy-metal pollutants in the ecological environment, originating from industrial activities, the application of Cd-rich phosphate fertilizers, and the leather industry (McLaughlin et al. [1999;](#page-11-0) Groppa et al. [2012](#page-10-0)). In China, Cd concentrations in polluted water usually range from 0.7 to 40 mg L^{-1} and can even reach 100 mg L^{-1} in discharged wastewater as reported (Deng et al. [2014;](#page-10-0) Dou et al. [2017\)](#page-10-0), and plenty of typical cases involved in Cd contamination also frequently occurred, and Cd concentration in edible parts was as high as $2.58 \sim 5.00$ mg kg⁻¹ in the presence of zinc (Simmons et al. [2003](#page-11-0)). Compared with other heavy metals, Cd has strong biological toxicity, is resistant to degradation, and demonstrates high chemical activity. It is easily absorbed by roots, thus constituting a threat to the health of humans and other organisms through its accumulation in the food chain and biological amplification (Grant et al. [2008](#page-10-0); Lim et al. [2016\)](#page-11-0). Many plants suffer with Cd toxicity, as their metal balance network in the cells is incapable of dealing with Cd^{2+} at higher concentrations (Krämer and Clemens [2005\)](#page-11-0). Excessive Cd accumulation in the cells produces abundant reactive oxygen species (ROS), including hydrogen peroxide (H_2O_2) , singlet oxygen (¹O₂), superoxide radicals (O₂⁻), and hydroxyl radicals (∙OH). This leads to oxidative stress, which impairs membrane structure and function and disturbs photosynthesis and respiration, thereby resulting in the stunted growth and even death in plants (Singh and Prasad [2014](#page-11-0); Muradoglu et al. [2015\)](#page-11-0). To scavenge excess reactive oxygen species (ROS) toxic heavy metal stress, plants have evolved an array of antioxidant defensive systems consisting of enzymatic and non-enzymatic reaction systems like superoxide dismutase (SOD; E.C.1.15.1.1), peroxidase (POD; E.C.1.11.1.7), catalase (CAT; E.C.1.11.1.6), and ascorbate peroxidase (APX; E.C.1.11.1.11). SOD convert O_2^- to H_2O_2 that catalyzed to O_2 and H_2O by CAT and POD, thus suppressing its excessive accumulation in the cells. Simultaneously, the latter is composed of ascorbic acid (AsA), carotenoids (Cars), and glutathione (GSH), which are involved in the scavenging of ROS in cells and improve the physiological functioning of plants, reinforcing the plants for its functioning against heavy metal stress (Manging et al. [2003;](#page-11-0) Wu et al. [2004\)](#page-11-0). Furthermore, proline, soluble sugars, and soluble proteins are osmoregulatory substances, the increased contents of which decrease the water potential in cells and strengthen the capacity of the cells to hold water. These are crucial mechanisms for the adaptation of plants to abiotic stresses (Munns [1988](#page-11-0); Ghoulam et al. [2002](#page-10-0); Farhangi-Abriza and Torabianb [2017\)](#page-10-0).

As demonstrated, Cd can disturb chlorophyll biosynthesis, disorganize chloroplast structure, and decrease key enzyme activities (such as RuBisCO and NADPH) in photosynthesis, as well as inhibit photosynthetic and respiratory electron transport activities, restraining photosynthesis and plant growth (Groppa et al. [2012;](#page-10-0) Deng et al. [2014](#page-10-0); Bashirl et al. [2015;](#page-10-0) Srivastava et al. [2017](#page-11-0)). The sensitivity of the photosynthetic apparatus to Cd varies across plant species. The Chl a content in leaves of Robinia pseudoacacia remained at a constant level when the seedlings were exposed to 250 mg L^{-1} Cd for 10 days, and a marked increase under increased Cd was also observed (Dezhban et al. [2015](#page-10-0)). However, Chl a in leaves of Canna indica seedlings decreased by 38.57% under 3.2 mg L⁻¹ Cd exposure for 9 days. In recent years, Chl a fluorescence measurements have been widely used to elucidate the physiological state of the photosynthetic apparatus in plants under adverse conditions. This technique cannot damage cell integrity. Based on Chl a fluorescence, Elsholtzia argyi was demonstrated tolerance to moderate Cd, while the seedlings of Sedum alfredii and Robinia pseudoacacia are more tolerate to higher Cd concentrations (Zhou and Qiu [2005;](#page-12-0) Dezhban et al. [2015;](#page-10-0) Li et al. [2015\)](#page-11-0). Pontederia cordata, which is native to the tropical and temperate regions of the new world, is mainly distributed in marshes, ditches, lakes, ponds, and shallows. It is a macrophyte with a stout rhizome, developed roots, a large biomass, and high ornamental value, and is nowadays considered to be a candidate for the revegetation and reestablishment of wetlands. Reimer and Duthie [\(1993\)](#page-11-0) argued that *P. cordata* is a heavymetal accumulator with immobilizing zinc and chromium in its roots. However, how this plant copes with heavy metal stress remains poorly understood. We thus investigated the effects of Cd at various concentrations on the physiological metabolic activities in the leaves of P. cordata with antioxidative enzymes (SOD, POD, CAT); non-enzymatic antioxidants (AsA, Car); soluble protein, soluble sugar, and proline; contents of nonprotein thiol (NPT), GSH, and phytochelatins (PCs); pigments; and Chl a fluorescence measurements. The present investigation will determine the toxic effects of Cd on metabolic processes in the leaves and clarify the detoxifying mechanism of the plant to Cd stress, thus providing a theoretical reference for the application of the plant in the remediation of heavy-metal-contaminated water and wetlands.

Materials and methods

Plant material and growth conditions

Rhizomes of P. cordata were collected in late autumn 2017 from Tianjing Aquatic Plant Gardens, Hangzhou, Zhejiang Province, and were cultivated at the National Landscape Architecture Experimental Teaching Demonstration Center, Nanjing Forestry University. Tillers from the rhizomes cultivated for 2 months in the following spring were selected and adaptively cultivated in 2 L $\frac{1}{2}$ Hoagland's solution in a greenhouse for 20 days. The plants were then transferred to 2 L $\frac{1}{2}$ Hoagland's solution containing 0, 5, 25, 50, and 75 mg L^{-1} Cd (calculated as ion) supplied with $CdCl₂·2.5H₂O$ and cultivated for 7 days. There were totally 45 plants with three replications in each treatment. During the treatments, the nutrition was supplemented to the initial volume with $\frac{1}{2}$ Hoagland's solution. For determining the various parameters, $1 \sim 2$ mature leaves from the apex of the plants were used.

Determination of thiobarbituric acid reactive substance content

Fresh leaves were immersed in 20-mL deionized water and kept for 24 h at room temperature before initial conductivity (C_1) was measured. The samples were then maintained at 100 °C for 20 min. Final conductivity (C_2) was measured after the samples had cooled down to room temperature. Membrane leakage was expressed as relative electron conductivity.

Thiobarbituric acid reactive substance (TBARS) content was assayed according to Li [\(2000](#page-11-0)), and the absorbance at 600, 532, and 450 nm was determined using an ultraviolet visible spectrophotometer (Lambda 25, Perkin-Elmer, Waltham, USA).

Determination of antioxidative activity

Fresh leaves were collected from each treatment for antioxidant enzyme activity determination. All enzyme activities were measured with an ultraviolet visible spectrophotometer (UV-VIS) (Lambda 25, Perkin-Elmer, Waltham, USA). SOD activity was assayed by monitoring the inhibition of nitroblue tetrazolium photochemical reduction (Beyer and Fridovich [1987\)](#page-10-0). One unit of SOD activity was defined as the amount of enzyme required for 50% inhibition of the reduction rate of NBT under light, determined at 560 nm (Aebi [1984](#page-10-0)). CAT activity was assayed by measuring the rate of continuous decomposition of hydrogen peroxide (H_2O_2) according to the method of Aebi [\(1984](#page-10-0)). POD activity was assayed according to the method of Upadhyaya et al. ([1985](#page-11-0)). One unit of POD activity was defined as the H_2O_2 decomposition per minute. Increases in the absorbance as a result of guaiacol were assayed at 470 nm.

AsA and AsA-DHA contents were determined according to the method of Kampfenkel et al. ([1995](#page-11-0)): fresh leaves were homogenized with 6% trichloroacetic acid, and the absorbance at 525 nm was determined.

Fresh leaves were immersed in a mixture of ethanol and acetone (1:1, V/V) in the dark for Car extraction. Car, Lutein, and Car T contents were determined using the UV-VIS. The absorbance at 470, 474, 485, 642.5, 649, and 663 nm was according to the method of Xu et al. [\(2013\)](#page-11-0).

Proline, soluble sugar, and protein content analysis

Fresh leaves were homogenized with 3% trichloroacetic acid (w/v), and the absorbance at 520 nm was determined using an UV-VIS spectrophotometer according to the method of Bates et al. ([1973](#page-10-0)).

Soluble sugar and soluble protein contents were determined according to the method of anthrone colorimetry and Coomassie brilliant blue staining, respectively, and the absorbance at 630 and 595 nm was separately determined using the UV-VIS according to the method of Bradford [\(1976\)](#page-10-0).

Determination of PC content

Non-protein thiol content was determined according to the method of Rama and Prasad ([1998](#page-11-0)), and fresh leaves were homogenized with 5% sulfosalicylic acid. GSH content was measured in accordance with the procedure of Anderson [\(1985\)](#page-10-0), and the leaves were grounded into a homogenate with ethylene diamine tetraacetic acid-trichloroacetic acid (EDTA-TCA). The absorbance at 412 nm was determined using the UV-VIS. The PC content was calculated according to the method of Bhargava et al. [\(2005\)](#page-10-0).

Determination of photosynthetic parameters

Fresh leaves were homogenized with 80% alkaline acetone (containing 1% ammonium hydroxide, V/V) to extract chlorophyll precursors, and the absorbance at 575, 590, and 628 nm was determined with Hodgins and VanHuystee's method [\(1986\)](#page-10-0).

Fresh leaves were immersed in a mixture of ethanol and acetone (1:1, V/V) in the darkness for Chl extraction. Chl contents were determined in line with the method of Arnon [\(1949\)](#page-10-0), and determination of the absorbance at 645 nm and 663 nm was carried out.

Photosynthetic rate (P_n) , stomatal conductance (G_s) , transpiration rate (T_r) , intercellular CO_2 concentration (C_i) , and vapor pressure deficit (VPD) in leaves of the plants were recorded at 9:00–11:00 on a sunny day by using a portable photosynthetic system (CIRAS-2, PP System, UK).

A Handy PEA chlorophyll fluorimeter (Hansatech Instruments Limited, Norfolk, UK) was applied to assay Chl a fluorescence parameters of each treatment on the basis of Li et al. [\(2015](#page-11-0)) with minor modifications. Leaves were exposed to a saturated pulsed light of 3000 mmol·m⁻²·s⁻¹ for 1 s after having been kept in darkness for 30 min. Parameters including minimal fluorescence (F_o) , maximal fluorescence (F_m) , and maximal efficiency of PSII (F_v/F_m) were obtained from the specific measurements assayed by the chlorophyll fluorimeter.

Statistical analysis

All data are mean values and standard deviations (SDs). The data were statistically analyzed using one-way analysis of variance in SPSS (version 19.0). $P < 0.05$ was employed to indicate statistical significance.

Results

Relative electron conductivity

As demonstrated in Appendix Fig. [6,](#page-9-0) the 50 and 75 mg L^{-1} treatments induced significantly increased relative electron conductivity by 43.58 and 87.03% ($P < 0.05$) when compared with the control, indicating that Cd^{2+} at higher concentrations can amplify leaf membrane permeability in P. cordata.

Variations in TBARS contents

TBARS, a by-product of membrane lipid peroxidation, represents the degree of plant cell membrane damage induced by adverse conditions. The TBARS content in the leaves of P. cordata increased with the Cd^{2+} concentration in the solution, and a significant increase was only observed at 75 mg L^{-1} Cd²⁺ compared with that of the control (Appendix Fig. [7](#page-10-0)), demonstrating that the highest Cd^{2+} concentration accelerated membrane lipid peroxidation.

Variations in antioxidative activities and phytochelatin contents

Compared with the control, Cd^{2+} at various concentrations significantly decreased *Car* contents by $11.37 \sim 50.41\%$ (Table 1), and a similar variation tendency in total Car (Car T) content was also observed ($P < 0.05$). However, no obvious

variations in the content of lutein, AsA, and AsA-DHA in the leaves were induced by Cd^{2+} (Table 1).

Compared with the control, no significant variations in SOD and CAT activities (Table 1) in the leaves of *P. cordata* were detected under $5 \sim 75$ mg L⁻¹ Cd²⁺ for 7 days($P > 0.05$). Cd²⁺ increased the POD activity in the leaves, and a marked increase by 4.45 times was induced by 50 mg L^{-1} Cd²⁺, which was also demonstrated in the highest Cd^{2+} concentration (Table 1).

Dates are mean \pm SD of three independent experiments. Different small letters indicate significant differences at $P < 0.05$.

As indicated in Table 1, as the Cd^{2+} concentration increased, a marked increase in non-protein thiol contents in the leaves was observed. A prominent increase of 0.44% was induced by 75 mg $L^{-1} Cd^{2+}$ in comparison with the control, which is similar to the response of phytochelatins $(P < 0.05)$. Conversely, GSH content was relatively stable across all treatments $(P > 0.05)$.

Variations in proline, soluble sugar, and protein contents

As shown in Fig. [1](#page-4-0) a and b, Cd^{2+} no more than 50 mg L⁻¹ did not alter soluble protein and soluble sugar contents ($P > 0.05$), which were dramatically decreased by 0.27 and 42.76% induced by 75 mg L^{-1} Cd²⁺ when compared with those in control, respectively ($P < 0.05$). Proline content increased with Cd^{2+} addition (Fig. [1c](#page-4-0)), and a significant increase of 1.27 \sim 2.84% in its content was observed under 50 and 75 mg L^{-1} $Cd^{2+} (P < 0.05)$.

Variations in photosynthetic parameters

The content of protoporphyrin IX decreased notably by $20.22 \sim 33.96\%$ compared with the control under $25 \sim$

Table 1 Variations in antioxidative activities and phytochelatin contents of P. cordata leaves with Cd^{2+} exposure for 7 days

Index	Cd^{2+} concentrations in the solution (mg L^{-1})						
	0	5	25	50	75		
SOD (U g^{-1})	$106.89 \pm 5.84a$	$114.00 \pm 1.84a$	$104.89 \pm 2.35a$	$107.11 \pm 1.60a$	$113.11 \pm 3.61a$		
POD (U g^{-1})	$6.38 \pm 1.32b$	7.49 ± 1.13 h	21.83 ± 2.59 ab	$28.41 \pm 4.28a$	$37.11 \pm 10.29a$		
$CAT(U g^{-1})$	$334.58 \pm 0.49a$	$339.17 \pm 3.47a$	$340 \pm 3.06a$	$343.69 \pm 8.68a$	$346.67 \pm 1.19a$		
<i>Car</i> (mg g^{-1})	$99.83 \pm 2.88a$	86.33 ± 0.52	$61.91 \pm 3.00c$	$48.68 \pm 1.16d$	$49.15 \pm 0.78d$		
Lutein (mg g^{-1})	$60.80 \pm 4.42a$	$57.49 \pm 2.75a$	$46.50 \pm 14.32a$	$49.35 \pm 0.99a$	$52.99 \pm 10.60a$		
<i>Car</i> $T \text{ (mg g}^{-1})$	$162.91 \pm 7.12a$	144.78 ± 2.92	$108.33 \pm 10.29c$	$97.16 \pm 0.39c$	$101.73 \pm 10.18c$		
GSH (μ mol g^{-1})	$201.31 \pm 0.17a$	$201.00 \pm 0.25a$	$200.99 \pm 0.05a$	$201.31 \pm 0.28a$	$201.05 \pm 0.08a$		
NPT (μ mol g^{-1})	201.68 ± 0.24 bc	201.69 ± 0.23 bc	$201.26 \pm 0.07c$	201.93 ± 0.37	$202.58 \pm 0.21a$		
PCs (μ mol g^{-1})	$0.55 \pm 0.24b$	$0.69 \pm 0.23b$	0.28 ± 0.07	0.62 ± 0.37	$1.52 \pm 0.21a$		

Fig. 1 Variations in soluble protein, soluble sugar, and free proline contents of P. cordata leaves with various Cd^{2+} concentrations in the solution exposed for 7 days. Dates are mean \pm SD of three independent experiments. Different small letters indicate significant differences at P < 0.05

75 mg L⁻¹ Cd²⁺ for 7 days (Table 2). With Cd²⁺ addition, Mg protoporphyrin IX content in the leaves decreased by $9.48 \sim 50.81\%$, which is similar to that observed with NADPH-protochlorophyllide (Pchlide) content ($P < 0.05$).

 $Cd²⁺$ at various concentrations induced a significant reduction in Chl *a* content by $8.32 \sim 50.58\%$ ($P < 0.05$), which was in accordance with Chl b and Chl T when compared with that in the control (Table 2). However, obvious variations in Chl a/ b were not observed, as shown in Table 2.

Table 2 Variations in physiologically photosynthetic parameters of P. cordata leaves with Cd^{2+} exposure for 7 days

Index	Cd^{2+} concentrations in the solution (mg L^{-1})						
	θ	5	25	50	75		
Protoporphyrin IX (μ mol g ⁻¹)	$1.17 \pm 0.50a$	1.09 ± 0.09 ab	0.93 ± 0.06 bc	0.92 ± 0.08 cd	$0.77 \pm 0.11d$		
Mg protoporphyrin IX (μ mol g ⁻¹)	$0.80 \pm 0.03a$	$0.73 \pm 0.05b$	$0.63 \pm 0.03c$	$0.57 \pm 0.06c$	$0.40 \pm 0.02d$		
Pchlide (μ mol g^{-1})	$0.68 \pm 0.04a$	$0.59 \pm 0.04b$	$0.51 \pm 0.01c$	$0.43 \pm 0.03d$	$0.25 \pm 0.02e$		
Chl <i>a</i> (mg g^{-1})	$2.18 \pm 0.06a$	$2.00 \pm 0.03b$	$1.51 \pm 0.07c$	$1.24 \pm 0.01d$	$1.08 \pm 0.14e$		
Chl b (mg g^{-1})	$0.84 \pm 0.05a$	$0.75 \pm 0.02b$	$0.54 \pm 0.03c$	$0.45 \pm 0.00d$	$0.41 \pm 0.04d$		
Chl a/b	$2.60 \pm 0.08a$	$2.68 \pm 0.01a$	$2.78 \pm 0.03a$	$2.75 \pm 0.01a$	$2.65 \pm 0.07a$		
Chl T (mg g^{-1})	$3.34 \pm 0.49a$	2.75 ± 0.05	$2.06 \pm 0.10c$	1.70 ± 0.02 cd	$1.51 \pm 0.20d$		
$P_n \, (\mu \text{mol m}^{-2} \text{ s}^{-1})$	$18.36 \pm 1.85a$	$14.17 \pm 1.97b$	$9.46 \pm 2.45c$	$8.06 \pm 2.12c$	$2.53 \pm 0.68d$		
$T_{\rm r}$ (g m ⁻² h ⁻¹)	$5.64 \pm 0.42a$	$2.82 \pm 1.12b$	2.66 ± 0.85	$1.96 \pm 0.60c$	$1.50 \pm 0.34c$		
G_s (mmol m ⁻² s ⁻¹)	$814.75 \pm 126.45a$	215.80 ± 112.69	$182.75 \pm 69.97b$	122.00 ± 43.49 bc	$54.20 \pm 20.12c$		
C_i (µmol mol ⁻¹)	$326.70 \pm 5.23a$	222.70 ± 15.77 bc	231.88 ± 27.47	212.86 ± 28.83 bc	$207.56 \pm 4.50c$		
VPD (kPa)	$8.02 \pm 1.21d$	$14.19 \pm 2.93b$	15.59 ± 1.58 bc	$16.76 \pm 1.53b$	$20.04 \pm 1.98a$		
$L_{\rm s}$ (%)	$0.11 \pm 0.03c$	$0.39 \pm 0.04ab$	$0.36 \pm 0.08b$	$0.42 \pm 0.08a$	$0.43 \pm 0.01a$		
WUE (g kg ⁻¹)	3.27 ± 0.46	$4.46 \pm 1.01a$	3.81 ± 1.30 ab	3.99 ± 0.92 ab	$1.62 \pm 0.50c$		
$CUE(m^2 \text{ s mol}^{-1})$	$0.06 \pm 0.01a$	$0.06 \pm 0.01a$	0.04 ± 0.01	0.02 ± 0.01	$0.01 \pm 0.00c$		

Table [2](#page-4-0) shows that a distinct reduction in P_n by 22.82 ~ 86.20%, T_r by 50.00 ~ 73.40%, G_s by 73.51 ~ 93.35%, and C_i by $29.03 \sim 36.74\%$ in the leaves was differentially induced by Cd²⁺ at $5 \sim 75$ mg L⁻¹ compared with that in the control $(P < 0.05)$, while VPD and L_s increased by $76.94 \sim 149.93\%$ and $237.47 \sim 296.07\%$, which was dependent on the Cd²⁺ concentration in the solution. Simultaneously, we also noted that Cd²⁺ at 5 mg L⁻¹ resulted in a prominent increase of 36.39%, and at the highest level led to an obvious reduction of 50.46% in water use efficiency (WUE) ($P < 0.05$). Compared with the control, Cd^{2+} at higher concentrations (\geq 25 mg L⁻¹) significantly reduced CO₂ use efficiency (CUE) by $37.33 \sim 81.45\%$ ($P < 0.05$).

Dates are mean \pm SD of three independent experiments. Different small and capital letters in the same row indicate significant differences at $P < 0.05$.

As indicated in Fig. 2a, F_0 increased with Cd²⁺ concentration in the solution, and a significant increase was observed under 50 and 75 mg L⁻¹ Cd²⁺ (P < 0.05), which was parallel to that observed in V_i , V_i dV/dT₀, and dVG/dT₀ (Fig. $2d-g$). The highest Cd^{2+} concentration induced a significant reduction in F_m by 21.41% (Fig. 2b), as well as in F_v (Fig. 2c), and a similar trend was also demonstrated by F_v /Fm (Fig. [3a](#page-6-0)). Under increased Cd²⁺ concentration, F_v / F_0 and F_m/F_0 declined (Fig. [3b, c](#page-6-0)), demonstrating a marked reduction by $17.29 \sim 106.03\%$ and 14.51 ~43.19% under $50 \sim 75$ mg L⁻¹ Cd²⁺, respectively $(P < 0.05)$. Furthermore, we also demonstrated Cd²⁺ at higher concentrations (\geq 25 mg L⁻¹) induced a significant reduction in PI_{abs} by 35.60 ~ 79.59% (Fig. 2d) and PI_{total} by $30.11 \sim 77.85\%$ (Fig. 2e) compared with that in the control.

ABS/RC increased with Cd^{2+} concentration in the solution, and a conspicuous increase of 73.90% was induced by the highest Cd^{2+} concentration (Fig. [4a\)](#page-6-0). A similar change was observed in DIo/RC (Fig. [4b](#page-6-0)) and TRo/RC (Fig. [4c](#page-6-0)) in comparison with the control. ET_0 / RC demonstrated a consistent increase by $9.71 \sim 14.60\%$ under $5 \sim 50$ mg L⁻¹ Cd²⁺ (P < 0.05) and then decreased to control levels at the highest Cd^{2+} concentra-tion (Fig. [4d](#page-6-0)). A significant increase in RE_0/RC was found only when the plant was exposed to 5 mg L⁻¹(Fig. [4e\)](#page-6-0). Under 5 mg L⁻¹ Cd²⁺ addition, ET_0/CS_0 (Fig. [5d\)](#page-7-0) and RE_0/CS_0 (Fig. [5e](#page-7-0)) reached maximum levels (273.75; 97.89), respectively. Concurrently, ABS/CSo (Fig. [5a](#page-7-0)), DIo/CSo (Fig. [5b](#page-7-0)), and TRo/CSo (Fig. [5c](#page-7-0)) increased with Cd^{2+} concentration in the solution.

Fig. 2 Variations in fluorescence yield of P. cordata leaves with Cd^{2+} exposure for 7 days. Dates are mean \pm SD of three independent experiments. Different small letters indicate significant differences at $P < 0.05$

Fig. 3 Variations in PSII activity of P. cordata leaves with Cd²⁺ exposure for 7 d. Dates are mean \pm SD of three independent experiments. Different small letters indicate significant differences at $P < 0.05$

Discussion

Even at a low concentration, Cd^{2+} can affect physiological metabolic processes in plants (Seregin and Ivanov [2001](#page-11-0)), as has been demonstrated in Azolla pinnata (Prasad and Singh [2011\)](#page-11-0), Lactuca sativa (Dias et al. [2013\)](#page-10-0), and Ceratopteris pteridoides (Deng et al. [2014](#page-10-0)). This is also evident in our study, and a significant decline in Chl content was induced by 5 mg L^{-1} Cd²⁺ (Table [2\)](#page-4-0), clearly indicating that Cd²⁺ disturbed chloroplast proliferation (Chen et al. [2008](#page-10-0)). Somashekaraiah et al. ([1992](#page-11-0)) demonstrated that the membrane lipid peroxidation induced by Cd^{2+} decreased the Chl content in the leaves of Phaseolus vulgaris seedlings. Nevertheless, a significant increase in TBARS content under 5 mg L^{-1} Cd²⁺ (Appendix Fig. [7\)](#page-10-0) was not found in the present study, suggesting that Cd^{2+} inhibits chlorophyll biosynthesis probably by suppressing magnesium ion chelation with protoporphyrin IX, as demonstrated by the reduced Mg protoporphyrin IX and Pchlide content (Table [2\)](#page-4-0). Consequently, we speculated that Cd^{2+} probably damages Chl rather than the plasma membrane, as reported in other studies (Sytar et al. [2013;](#page-11-0) Nanda and Agrawal 2016). However, Cd^{2+} at higher concentrations $(≥ 50 mg L^{-1})$ not only decreased Chl content (Table [2](#page-4-0)) but also increased membrane permeability (Appendix Fig. [6](#page-9-0)) and accelerated peroxidation (Appendix Fig. [7\)](#page-10-0) in the leaves of P. cordata. We concurrently observed premature senescence

Fig. 4 Variations in light absorption, transmission, and allocation in PSII per RC of P. cordata leaves with Cd²⁺ exposure for 7 days. Dates are mean \pm SD of three independent experiments. Different small letters indicate significant differences at $P < 0.05$

Fig. 5 Variations in light absorption, transmission, and allocation in PSII per CS of P. cordata leaves with Cd²⁺ exposure for 7 days. Dates are mean \pm SD of three independent experiments. Different small letters indicate significant differences at $P < 0.05$

symptoms, including chlorosis and withering of the leaves, indicating unbalanced activated oxygen metabolism and excessive ROS in the cells of the leaves. Similar results were found in cotton (Farooq et al. [2016](#page-10-0)) and Solanum melongena (Singh and Prasad [2014](#page-11-0)). Chloroplasts, like mitochondria, are considered to be the main organelles for ROS formation. Kato and Shimizu ([1985](#page-11-0)) argued that metal ions can inhibit electron transfer in photosystem (PS) II, inducing the formation of excited chlorophyll, thereby resulting in ROS formation and lipid peroxidation, which probably decreases the content and instauration of fatty acids in the chloroplast membrane (Vassilev et al. [2004](#page-11-0); Djebali et al. [2005;](#page-10-0) Sytar et al. [2013\)](#page-11-0).

Enzymatic reaction systems constitute an important defense mechanism of a plant against heavy metal stress. As reported, Cd^{2+} can increase POD activity in leaves of a plant, such as cotton (Farooq et al. [2016\)](#page-10-0) and Solanum melongena (Singh and Prasad [2014\)](#page-11-0), as demonstrated in the present study (Table. [1](#page-3-0)). A slight increase in CAT (Table [1\)](#page-3-0) and ascorbate peroxidase activities in leaves of P. cordata under heavy metal stress was also demonstrated in a previous study (Ma et al. [2020\)](#page-11-0), which can alleviate lipid peroxidation (Mahmud et al. [2018\)](#page-11-0). CAT displays a low affinity for H_2O_2 in plant cells and cannot effectively remove H_2O_2 by itself, and therefore AsA-GSH components (such as APX) are required for the elimination of H_2O_2 (Iqbal et al. [2010;](#page-11-0) Nanda and Agrawal [2016\)](#page-11-0). Non-enzymatic reaction systems, consisting of AsA, GSH, and Car, also play a vital role in plant defense to heavy metals. GSH is a substrate for phytochelatin biosynthesis, and both are rich in thiol, which has a high affinity for Cd^{2+} . Furthermore, GSH can also prevent damage to the cellular components by ROS. As demonstrated by Grupta et al. [\(2010\)](#page-10-0), GSH contents in the shoots of Sedum alfredii cultivated with Pb²⁺ significantly increased by $51.61 \sim 403.23\%$

compared with the control, demonstrating that GSH has an essential function in Pb²⁺ detoxification. An opposite trend was found in rice leaves under exposure to Cd^{2+} (Hsu and Kao [2007\)](#page-11-0). In the present study, the content of NPT and PCs increased with Cd^{2+} concentration in the solution, whereas the GSH content did not change, as also demonstrated in Indian mustard in a study by Bashirl et al. [\(2015\)](#page-10-0). This suggests that PCs could have a more important role in the detoxification of P. cordata leaves to Cd^{2+} than to GSH, as PCs can chelate Cd^{2+} to a stable complex in the vacuole, thus disturbing the combination of Cd^{2+} with macromolecular substances. Insufficient redox activity in the leaf cells of *P. cordata* induced by Cd^{2+} could be responsible for the lack of significant increase in GSH content. Furthermore, GSH is involved in AsA biosynthesis, and AsA participates in the response of plants to heavy metal stress by eliminating ROS in the cells. A significant reduction in AsA content induced by Cd^{2+} has been demonstrated in many plants, such as *Hordeum* vulgare (Wu et al. [2004\)](#page-11-0) and Indian mustard (Bashirl et al. [2015\)](#page-10-0), and this could result from the excessive AsA consumed in order to remove ROS. In our present investigation, no obvious alteration in AsA content was observed (Table [1](#page-3-0)), perhaps indicating that moderate amounts of AsA were responsible for ROS elimination, which is conducive for the maintenance of relatively stable oxidation resistance in cells. Furthermore, Cars will consume excessive excitation energy in PS II and remove ROS, thus protecting the photosynthetic membrane and preventing Chl molecule destruction, which would improve the adaptive capacity of plants to adverse conditions. We demonstrated significant reductions in the content of Car by $11.37 \sim 50.41\%$ and Car T by $11.13 \sim 40.35\%$ in the leaves of *P. cordata* under $5 \sim 75$ mg L⁻¹ Cd²⁺ (Table [1\)](#page-3-0). Similar results were demonstrated in Arabidopsis thaliana

(Peñalver et al. [2012\)](#page-11-0) and Artemisia annua (Li et al. [2012\)](#page-11-0), clearly demonstrating that Cd^{2+} impairs oxidation resistance in plant cells.

Osmotic adjustment substances, including proline, soluble sugars, and proteins, function in maintaining the osmotic potential of a plant cell. We found that Cd^{2+} at the highest concentration induced a marked reduction in soluble protein and soluble sugar contents (Fig. [1a, b\)](#page-4-0) by inhibiting their accumulation and accelerating their decomposition, which would result in declined capacity of the cells in the P. cordata leaves to hold water. Soluble sugars are unstructured carbohydrates and the products of photosynthesis, and thus suppressed photosynthesis will lead to decreased soluble sugar content, which would not be sufficient for the cellular defense and repair mechanisms for sugar. Soluble protein can combine with available metal ions in plant cells, alleviating their cytotoxicity (Wei et al. 2016). However, higher Cd^{2+} concentrations will increase proteolytic enzyme activity and aggravate membrane lipid peroxidation (Appendix Fig. [7\)](#page-10-0), leading to accelerated proteolysis (Chiraz et al. [2003](#page-10-0)). Proline is a stabilizer of cell membrane and some large molecules, as well as a scavenger of ROS, which can protect the integrity of cell structure and function. As confirmed in the present study, the proline content in the cells of P. cordata leaves increased with Cd^{2+} concentrations, as has been observed in tomato (Khateeb and Al-Qwasemeh [2014\)](#page-11-0), indicating that proline plays a significant role in protecting plant cells from heavy metal toxicity.

Photosynthesis is considered to be a crucial process of plant growth and biomass formation and is sensitive to heavy metals. Reduced photosynthetic activity under Cd^{2+} is common (Farooq et al. [2016](#page-10-0); Liu et al. [2017](#page-11-0)). This could result from inhibited Chl biosynthesis (Chen et al. [2008](#page-10-0)), reduced photosynthetic efficiency (Chu et al. [2018](#page-10-0)), photosynthetic enzyme activity (Deng et al. [2014\)](#page-10-0), and disturbed water and nutrition balance in plants (Dias et al. [2013;](#page-10-0) Zhang et al. [2014\)](#page-12-0). In our present study, Cd^{2+} at various concentrations induced a reduction in P_n of P. cordata compared with the control (Table [2\)](#page-4-0). Deng et al. [\(2014\)](#page-10-0) demonstrated a significant decline in P_n in Ceratopteris pteridoides under exposure to 1.12 mg L⁻¹ Cd²⁺ for 7 days, as was also found in Zea mays under 2.5 mg L⁻¹ Cd²⁺ (Wang et al. [2009\)](#page-11-0). However, P_n in rice leaves was not altered under exposure to 11.24 mg L^{-1} Cd^{2+} for 7 days (Xu et al. [2005](#page-12-0)), indicating that *P. cordata* has a relatively stronger photosynthetic tolerance to Cd^{2+} . With increased Cd²⁺ concentrations, G_s and C_i declined, while L_s increased, demonstrating that stomatal limitation was probably responsible for the reduced photosynthesis in P. cordata (Farquar and Sharkey [1982](#page-10-0)). Stomatal sensitivity to saturated vapor pressure deficit (VPD) is enhanced to different degrees in plants cultivated with Cd^{2+} at various concentrations, thereby displaying varied degrees of stomatal closure in the leaves. Leaf water use efficiency (WUE) represents the basic

efficiency of a plant to consume water and form dry matter, reflecting the adaptive capacity of a plant to adversities. In the present study, 5 mg L^{-1} Cd²⁺ led to a significant increase in WUE compared with that in the control, demonstrating that transpiration was more strongly inhibited by Cd^{2+} than photosynthesis, which could effectively avoid excessive water loss and thus improve the adaptive capacity of P. cordata to 5 mg L^{-1} Cd²⁺. However, we showed a significant reduction in WUE by 50.46% under the highest Cd^{2+} concentration, and Deng et al. ([2014\)](#page-10-0) demonstrated a similar result in Ceratopteris pteridoides, revealing damaged physiological metabolism in the leaves and a decreased ability of the cells to hold water. This is demonstrated by the reduced soluble protein and soluble sugar contents in the present study (Fig. [1a, b](#page-4-0)), which would be unfavorable to photosynthesis in P. cordata (Table [2](#page-4-0)). Furthermore, CUE in the leaves of P. cordata declined with increased Cd^{2+} concentration in the solution, which negatively impacted plant growth, as demonstrated by the reduced biomass in the late period of the test. Additionally, Cd^{2+} could also induce a marked reduction in RuBisCO activity in the dark reactions, thus disturbing normal photosynthesis (Dias et al. [2013\)](#page-10-0).

Variations in Chl a fluorescence parameters indicate changes in the photosynthetic apparatus efficiency of *P. cordata* leaves under Cd^{2+} Cd^{2+} Cd^{2+} stress (Fig. 2, [3,](#page-6-0) [4](#page-6-0), and [5\)](#page-7-0). F_0 represents minimal fluorescence, and the increase in its value is related to PS II reaction center partial closure or inactivation. In the present study, significant increases in F_o were induced by 50 and 75 mg L^{-1} Cd²⁺ (Fig. [2a\)](#page-5-0), as demonstrated by the increased dV/dT_0 , dV/dT_0 (Fig. [2f, g](#page-5-0)). Similar results were also reported in Z. mays (Tanyolaç et al. [2007](#page-11-0)) and R. pseudoacacia (Dezhban et al. [2015\)](#page-10-0), which indicated inhibited acceptor sides of PS II, accordingly increasing excitation energy loss during the transfer of excitation energy from PS II antenna pigments to the reaction center. Variations in F_v / F_m can determine variations in PS II photochemical activity, and the highest Cd^{2+} concentration led to a significant increase in F_v/F_m (Fig. [3a\)](#page-6-0) resulting from the decline in F_m (Fig. [2b\)](#page-5-0), which probably indicated damaged structure of the chloroplast thylakoid membrane, thereby inhibiting electron transfer (Monnet et al. [2001](#page-11-0)). This was demonstrated by the reduced ET_0/RC and ET_0/CS_0 (Figs. [4d](#page-6-0) and [5d\)](#page-7-0). Baszynski et al. [\(1980\)](#page-10-0) and Siedleska and Baszynski [1993](#page-11-0) argued that thylakoid degradation induced by Cd^{2+} will intensively inhibit electron transfer in PS II. Furthermore, a reduction in chlorophyll content, as demonstrated in our present study, could be due to inhibition of electron transfer by suppressing the capture efficiency of excitation energy (Vassilev and Yordanov [1997\)](#page-11-0). Declined F_v/F_o and F_w/F_o as evidenced by our study (Fig. $3b$, c) clearly indicates that Cd^{2+} induces PS II inactivation and thus reduces photosynthetic efficiency as reported earlier (Xing et al. [2010](#page-11-0)). Moreover, impaired PS II increased specific activity psarameters, including $\triangle B S/RC$, DI_0/RC ,

 TR_0/RC , ET_0/RC , ABS/CS_0 , DI_0/CS_0 , and TR_0/CS_0 , were observed in Elsholtzia argyi (Li et al. [2015](#page-11-0)) and Solanum melongena (Singh and Prasad [2015\)](#page-11-0) with Cd^{2+} exposure. A significant increase in RE_o/RC was only observed under 5 mg L⁻¹ Cd²⁺ (Fig. [4d](#page-6-0)). Compared with F_v/F_m , performance indexes, such as PI_{abs} and PI_{total} found to be more sensitive to Cd^{2+} that more accurately indicate the activity of the PS II reaction center in plants. In the present study, Cd^{2+} at higher concentrations (≥ 25 mg L⁻¹) markedly declined PI_{abs} and PI_{total} (Fig. [3d, e](#page-6-0)), which was consistent with the findings in Solanum melongena (Singh and Prasad [2015](#page-11-0)), indicating reduced activity of the PS II reaction center.

Conclusion

Under exposure to 5 mg L^{-1} Cd²⁺ for 7 days, *P. cordata* displayed good morphophysiological adaptability and good growth with no symptoms of toxicity. We demonstrated that 5 mg L^{-1} Cd²⁺ firstly damaged the Chl rather than the plasma

Appendix 1

Fig. 6 Variations in membrane permeability of P. cordata leaves with various Cd^{2+} concentrations in the solution exposed for 7 days. Dates are mean ± SD of three independent experiments. Different small letters indicate significant differences at $P < 0.05$

membrane in the leaves. Additionally, the declined Chl content, stomatal conductance, and the capacity of the cells to hold water, as well as the increased oxidative stress in the P. cordata leaves, were probably responsible for the photoinhibition induced by Cd^{2+} at higher concentrations. POD, proline, and PCs alleviated the Cd^{2+} toxicity in the leaf cells of P. cordata. The reduction in photosynthetic efficiency could mainly have resulted from partial closure and inactivation, restrained acceptor sides of the PS II reaction center, and inhibited electron transfer.

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Appendix 2

Fig. 7 Variations in TBARS content of P. cordata leaves with various Cd^{2+} concentrations in the solution exposed for 7 days. Date are mean \pm SD of three independent experiments. Different small letters indicate significant differences at $P < 0.05$

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