RESEARCH ARTICLE



# Recovery and characterization of proteins from pangas (Pangasius pangasius) processing waste obtained through pH shift processing

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## Abstract

Study was conducted to recover proteins from pangas (Pangasius pangasius) processing waste (fillet frames) using pH shift method and to characterize the recovered isolates. pH 2.0 from acidic range and pH 13.0 from alkaline range were found to have maximum protein recovery ( $p < 0.05$ ). During the recovery process, acidic pH (pH 2.0) was found to have minimal effect on proteins resulting in more stable isolates and strong protein gels. Alkaline pH (pH 13.0) caused protein denaturation resulting in less stable proteins and poor gel network. Both acidic and alkaline-aided processing caused significant ( $p < 0.05$ ) reductions in total lipid, myoglobin, and pigment content thus by resulting in whiter protein isolates and gels. The content of total essential amino acids increased during pH shift processing, indicating the enrichment of essential amino acids. No microbial counts were detected in any of the isolates prepared using acid and alkaline extraction methods. pH shift processing was found to be promising in the utilization of fish processing waste for the recovery of functional proteins from pangas processing waste thus by reducing the supply demand gap as well pollution problems.

Keywords Pangas . Fillet frame . Protein . Acidic . Alkaline . Isolate

Highlights

- Both acidic and alkaline-aided processing caused significant  $(p < 0.05)$ reductions in total lipid, myoglobin, and pigment content thus by resulting in whiter proteins isolates and gels.
- The content of total essential amino acids increased during pH shift processing, indicating the enrichment of essential amino acids.
- No microbial counts were detected in isolates prepared using acid and alkaline extraction methods.

• pH shift processing was found to be promising in the utilization of fish processing waste for the recovery of functional proteins thus by reducing the supply demand gap as well pollution problems

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# Introduction

Pangas (Pangasius pangasius) is one of the important cultured and marketed fish species in India. Processing of pangas generates high amount of waste, which sometimes goes up to 50% of the total body weight, polluting local water bodies and lands. During the filleting, which is the most commonly used process for pangas, considerable amount of meat will be retained with the fillet frames. This leftover meat contains valuable components which can be used for edible and nonedible purposes. In view of addressing pollution problems associated with pangas processing waste, to minimize supply-demand gap and to meet increasing demand for nutritious food, these valuable compounds from the processing waste should be recovered and used for edible purpose.

Initial efforts by a few researchers (Niki et al. [1985](#page-10-0); Huang et al. [1997](#page-10-0), etc.) to recover valuable and nutritional components from surimi wash water led to unsatisfactory results due to the loss of sarcoplasmic proteins and associated poor recovery yields. After a few years, Hultin and Kelleher [\(1999,](#page-10-0) [2000](#page-10-0)) patented acid and alkaline solubilization process as a most promising method to isolate fish muscle proteins with improved recovery yields, functionality, and stability. Thereafter, an appreciable amount of work was done on recovery of

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<sup>•</sup> pH 2.0 from acidic range and pH 13.0 from alkaline range were found to have maximum protein solubility  $(p < 0.05)$ .

<sup>•</sup> Acidic pH (pH 2.0) was found to have minimal effect on proteins, while alkaline pH (pH 13.0) caused protein denaturation resulting in less stable proteins and poor gel network.

proteins from fish, fish portions, fish processing waste, and byproducts using acid and alkaline solubilization process (Cortes-Ruis et al. [2001](#page-10-0); Kristinsson and Demir [2003](#page-10-0); Kristinsson and Ingadottir [2006](#page-10-0); Fatin et al. [2015](#page-10-0); Surasani et al. [2017](#page-11-0)). Proteins recovered using different methods from different sources were found to be different in process yields and functionality.

Fish processing in India generates high amount of wastes, which can be a potential source of valuable components (Surasani et al. [2017](#page-11-0)). Utilization of these processing wastes for human consumption will reduce pollution problems as well as demand supply gap and product cost (Surasani [2017\)](#page-11-0). Pangas fish being one of the most important commercial species in India, the objectives of the study were set to recover proteins from pangas fillet frames using acid and alkaline solubilization method. Protein isolates obtained through acid and alkaline processing were also studied for their characteristics and functionality.

# Materials and methods

# Raw material

Pangas processing waste (fillet frames) were purchased from local market (Sherpur, Ludhiana, India) and transported to the laboratory on ice followed by grinding using a laboratory mincer to a fine and thick paste. This thick paste was used as raw material and was transferred to zipped plastic bags followed by storage at − 20 °C until further use. All raw material processing and sample preparation steps were performed in a cold room at 4 °C or on ice to maintain temperature below 5 °C.

## Preparation of homogenate

Ground pangas fillet frames were mixed with cold deionized water (4 °C, 1:6, w:w) followed by homogenization (Ultra-Turrax, T 25, Janke & Kunkel GmbH & Co. KG Staufen, Germany) for 60 s  $(2 \times 30 \text{ s})$ . The homogenate was transferred into a plastic beaker and was adjusted to the desirable pH using 2 M HCl or 2 M NaOH in continuous stirring condition (Surasani et al. [2017](#page-11-0)). The pH of the homogenate was kept constant throughout the process by adding desired diluted acid or alkali.

## Protein solubility

## Solubility curve

A protein solubility curve was drawn using the solubility of proteins at each pH from pH 2.0 to 13.0 with 1.0 unit interval. Homogenates from the same raw material were divided into sets to enable the pH adjustment of acidic and alkaline range.

Following the pH adjustment, 30 g of homogenate at each pH was taken into 50 ml centrifuge tubes and centrifuged at  $5,000 \times g$  for 20 min using refrigerated centrifuge (Sorvall ST) 16R, Thermo Fisher Scientific, Germany) to separate insoluble material from soluble proteins. Sample (2 g) was drawn at each pH before and after the centrifugation to calculate the total protein content. Biuret Method (Robinson and Hogden [1940\)](#page-11-0) was used for analyzing protein content after homogenizing with a hand-held Tissue Tearor (Biospec Products, Inc., Bartlesville, UK) for 20 s on speed 7. For analyzing protein content, sample was diluted fivefold with cold deionized water adjusted to pH 11.0, wherever applicable.

## Solubility after isoelectric precipitation

Following the protein solubility curve, homogenate was adjusted to the pH with maximum protein recovery in acidic and alkaline side (pH 2.0 and pH 13.0) in a slow and continuous stirring condition using a magnetic stirrer. pH-adjusted homogenates were kept at 4 °C for 60 min followed by centrifugation to separate insoluble matter. Supernatants obtained after first centrifugation were adjusted to precipitation pH of 5.5 followed by precipitation for 30 min at 4 °C and centrifugation at  $5,000 \times g$  for 20 min. The amount of soluble protein after the 2nd centrifugation cycle was determined by taking a 2-g sample before and after centrifugation and analyzing by Biuret method.

## Protein measurements

Biuret method was used to determine the protein content of homogenate as well as supernatants. The cloudiness due to lipids in the solution was reduced by the addition of 10% deoxycholic acid. Absorbance was read at 540 nm using a T90+ UV/VIS spectrometer (PG Instruments Ltd., India), and protein concentrations were calculated from a standard curve prepared with bovine serum albumin (BSA) with a concentration of 1–10 mg/ml.

## Proteins recovery

Protein recovery was expressed as theoretical and actual recovery (%). Both theoretical and actual recoveries were categorized into (a) recovery after 1st centrifugation, (b) recovery after 2nd centrifugation, and (c) process recovery.

Theoretical recoveries were calculated by the formulas given below:

Protein recovery a fter 1<sup>st</sup>centri f ugation : %Protein =  $(B/A) \times 100$ Protein recovery after  $2^{nd}$ centri fugation : %Protein =  $100 - [(C/B) \times 100]$ Protein recovery through the whole process : %Protein =  $[(B (C/A)] \times 100]$ 

where  $A$  is the soluble protein in initial homogenate,  $B$  is the soluble protein in supernatant after first centrifugation,

and C is the soluble protein in supernatant after second centrifugation.

Actual recoveries were calculated by the formulas given below:

Protein recovery a fter 1<sup>st</sup>centri fugation : %Protein =  $[(B \times W_B)/(A \times W_A)] \times 100$ Protein recovery a fter  $2^{nd}$ centri fugation : %Protein =  $100-[((C \times W_C)/(B \times W_B)) \times 100]$ Protein recovery through the whole process : %Protein =  $[(B \times W_B) - ((C \times W_C)/(A \times W_A))] \times 100$ 

where A is the soluble protein in initial homogenate,  $W_A$  is the weight of the homogenate,  $B$  is the soluble protein in supernatant after first centrifugation,  $W_B$  is the weight of the supernatant after first centrifugation,  $C$  is the soluble protein in supernatant after second centrifugation,  $W_C$  is the weight of the supernatant after second centrifugation.

## Lipid content and its removal

Lipid content of the homogenate and isolate was determined using a Soxhlet as per the method of AOAC 920.39B (2000). Lipid content (dry weight basis) was calculated using the following equation:

 $%Fat$  (Dry weight)

 $=$  (g of fat in sample/g of dried fish sample)  $\times$  100

The reduction in lipid content was calculated using the equation:

Lipid reduction  $(\%)$  $=$  [1 (lipid content of isolate/lipid content of homogenate)]  $\times$  100

## Total myoglobin content and its removal

Total pigment content of homogenate and isolate was deter-mined as per the methodology used by Chaijan et al. [\(2006\)](#page-10-0). Two grams of sample was taken in a 50-ml centrifuge tube and was added with 20 ml of 40 mM, pH 6.8 phosphate buffer. It was followed by homogenization (3000×g for 30 min at 4  $\degree$ C) and filtration using Whatman no. 1 paper. Supernatant was added with 0.2 ml of 1%  $(w/v)$  sodium dithionite followed by absorbance measurement at 555 nm using phosphate buffer (pH 6.8) as blank. Myoglobin content was calculated as below:

Myoglobin content  $(mg/g)$ 

 $= (A \times 16.111 \times F \times S \times WS \times 7.6) \times 100$ 

where  $A =$  absorbance,  $F =$  dilution factor,  $WS =$  weight of sample in g,  $7.6$  = millimolar extinction coefficient,  $16.111$  = molecular weight.

Myoglobin removal (%) was calculated as:

Myoglobin removal (%)

 $=$  [1 (myoglobin content in isolate/myoglobin content in homogenate)]  $\times$  100

## Total pigment content and its removal

Total pigment content was determined as per the method described by Rawdkuen et al. ([2009\)](#page-11-0). One gram of sample was mixed with 9 ml of acetone acid (9% acetone, 8% distilled water, and 2% hydrochloric acid) followed by incubation for 1 h. The sample was filtered using Whatman no. 1 filter paper followed by absorbance reading at 640 nm by using acetone as blank. Using the ratio of 680 and the weight of the test portion, the overall concentration of heme pigments (hematin) in mg/100 g muscle tissue was calculated.

Total pigment content (ppm) =  $A640 \times 680$ 

(680 is the conversion factor to convert the total pigments and the extracted nitric acid pigments into parts per million of hematin).

Total pigment removal (%) was calculated as:

Pigment removal  $(\% )$  $=$  [1  $-$  (pigment content in isolate/pigment content in homogenate)]  $\times$  100

# Color analysis

Color of the fillet frame homogenate, protein isolates, and protein gel was determined using HunterLab (Virginia, USA) as described by Lubana et al. ([2016](#page-10-0)). Whiteness of the raw material as well as isolates and gels was calculated after obtaining lightness  $(L^*)$ , Red/Greenness  $(a^*)$  and Yellow/ Blueness  $(b^*)$  values.

Whiteness = 
$$
100 - \left[ \left( 100 - L^* \right)^2 + a^{*2} + b^{*2} \right]^{1/2}
$$

## Foaming properties

Foaming capacity and foaming stability of protein isolates obtained at pH 2.0 and 13.0 were measured as described by

Sathe et al. ([1982](#page-11-0)). About 1 g of protein sample was added into 50-ml distilled water followed by heating at 60 °C to dissolve the proteins. Foam was prepared by homogenizing the protein solution at 9000 g for 5 min using homogenizer. Following homogenization solution was poured gently into a measuring cylinder. Foaming capacity of isolates was calculated as the volume ratio of foam to the original liquid volume and expressed as percentage. The foam stability was calculated as the ratio of the initial volume of foam to the volume of foam after 30 min.

## SDS-PAGE analysis

Proteins in the initial homogenate as well as supernatants after 1st and 2nd centrifugation cycle were analyzed by SDS-PAGE (Laemmli [1970](#page-10-0)). Harlow and Lane [\(1988\)](#page-10-0) methodology was used for preparing samples, electrophoresis reagents and assembly with minor modifications. Protein samples were mixed with appropriate volumes of  $\times$  5 sample loading buffer (SDFCL, India), followed by incubation at 95 °C for 5 min and loading into 5% stacking gel. Resolving of proteins was done on 12% gel with constant current of 20 mA for 3–4 h. Four micrograms of broad range marker (SDFCL, India) was also loaded on each gel. After completion of electrophoresis, overnight staining with Coomassie Brilliant Blue R250 and destaining were carried out as per standard protocols.

## Aminoacid analysis

Amino acid composition of pangas frame homogenate and protein isolate was determined by reverse phase HPLC on Water Picotag TM amino acids analysis system, after hydrolyzing the protein with 6 N HCl to yield free amino acid (Bidlingmeyer et al. [1984\)](#page-10-0). The amino acid composition of carp protein, including the starting material, was determined and expressed as g/100 g protein.

## Microbial quality analysis

Microbial quality of the initial homogenate as well as isolates was determined using total plate count technique as described in AOAC ([2000](#page-10-0)). The total microbial count was expressed as CFU/ml or CFU/g.

## Gel preparation

Protein isolate obtained by acid and alkaline processing was cut into small pieces of 1-cm thickness and minced using a mincer. The moisture content of isolate was adjusted to 80%  $(w/w)$  followed by addition of salt  $(2.5\%, w/w)$ . The mixture was finely chopped and stuffed into polyvinylidine chloride casing with 2.5-cm diameter. Both ends were sealed tightly followed by incubation at 40 °C for 30 min and then heating at 90 °C for 20 min (Kristinsson and Ingadottir [2006\)](#page-10-0). Then, the gel was kept in chilled water for 30 min followed by storage at 4 °C overnight prior to analysis.

## Gel quality analysis

#### Folding test

Gel prepared using protein isolate has been tested as per the method of Kudo et al. ([1973](#page-10-0)). Approximately 3-mm slices were cut from the gel of isolates and folded by hand at room temperature. The ability of gels to fold was assessed using a five-point system. 5: No crack occurred even after folding into four, 4: no crack occurred when folded in to two but cracked when folded into four, 3: no crack occurred when folded into two but broken into two when folded into four, 2: cracked when folded into two, 1: broken into two when folded into two.

## Texture profile analysis (TPA)

Texture profile analysis (two-cycle compression test) of gels made of protein isolates obtained at pH 2.0 and pH 13.0 were performed with a slight modification of the method described by Surasani [\(2017\)](#page-11-0). Gels with uniform size of 2.5 cm  $\times$  2.5 cm (diameter  $\times$  height) were used for TPA analysis using a Taxtplus Texture Analyzer (Stable Micro Systems Ltd., Surrey, UK), with a 5-kg load cell. A 75-mm diameter compression platen was used with a pre- and post-speed of 1.0 mm/s and test speed of 0.5 mm/s. Strain mode was used for compressing the gels to 50% of their original height at 30 °C temperature and 10-g force. A 10-s time gap was given between first and second bites. Every lot was tested to obtain six measurements and the average value was reported for each parameter. A data acquisition rate of 200 pps was used to generate force-time graph, and textural parameters were calculated using taxt-plus software provided with the instrument.

#### Cutting test

Cutting test for the gels made of acid- and alkali-processed isolates was performed with a slight modification of the method described by Reddy [\(2016\)](#page-11-0). A blade set (HDP/BSW) was used with a speed of 2 mm/s throughout the process. The gels were compressed to a distance of 10 mm at 30 °C and 20-g force. Every lot was tested to obtain six measurements, and the average value was reported for each parameter. A data acquisition rate of 200 pps was used to generate force-time graph and textural parameters were calculated using taxt-plus software provided with the instrument.

#### Expressible moisture

Expressible moisture was determined as per the method given by Feng and Hultin [\(2001\)](#page-10-0). Gel sample of 3-mm thickness was placed between five layers of Whatman filter papers and was pressed by a metal weight of 3000 g standard weight for 1 min. The weight of the gel before and after pressing was recorded, and the expressible moisture content was calculated using;

Expressible moisture (%)  $=$  [(Pre pressed wei.of gel – after pressed wei.of gel)/pre pressed wei.of gel]  $\times$  100

## Statistics analysis

Results are expressed as mean  $\pm$  SD. Analysis of variance (ANOVA) and t test were used to determine significant differences ( $P < 0.05$ ) between treatments. All results were analyzed using the SPSS Version 20 software.

# Results and discussion

## Effect of pH on pangas protein solubility and recovery

## **Solubility**

Solubility and recovery yields of pangas proteins at different pHs (pH 1.0–pH 13.0) are given in Table 1. Protein solubility was maximum at extreme pHs in both acidic and alkaline sides, while it decreased significantly towards neutral pH being maximum at pH 2.0 (16.87 mg/ml) in acidic range and pH 12.0 (16.21 mg/ml) in alkaline range ( $p < 0.05$ ). The sudden shift in solubility was observed at pH 4.0 to pH 3.0 and pH 8.0 to pH 9.0. pH 2.0 from acidic range and pH 13.0 from alkaline range had highest theoretical as well as actual protein recoveries. The minimum solubility of fish proteins at pH 5 to 5.5 might be due to myosin, which is a major myofibrillar protein with isoelectric pH between 5.0 and 5.5. Above and below this pH range, the proteins will get more positive or more negative charge, thus by increasing the solubilization due to electrostatic repulsions (Hamm [1994;](#page-10-0) Kelleher and Hultin [2000\)](#page-10-0). The sudden increase in solubility might be because of more ionizable groups with pKa values between those pHs (Undeland et al. [2002\)](#page-11-0). Similar results were reported by Chen et al. [\(2007\)](#page-10-0) and Surasani et al. ([2017](#page-11-0)).

#### Process recovery

Viability of any extraction process depends on process yields. Theoretical and actual process recoveries during first and second centrifugation of acid and alkali processed

Table 1 Concentration and recovery yields of protein from pangas fillet frames during solubilization at different pHs

pH	Protein solubility (mg/ml)	Theoretical recovery (%)	Actual recovery (%)
1.0	$13.09 \pm 0.26^e$	$43.43 \pm 0.41^b$	$37.95 \pm 0.26^{\circ}$
2.0	$16.87 \pm 0.10^a$	$48.26 \pm 0.48^{\circ}$	$43.66 \pm 0.47^{\circ}$
3.0	$11.07 \pm 0.33$ <sup>g</sup>	$35.42 \pm 0.19^e$	$29.95 \pm 0.33^{\mathrm{f}}$
4.0	$6.81 \pm 0.17$ <sup>1</sup>	$22.66 \pm 0.18^{\rm h}$	$19.31 \pm 0.13^{\rm h}$
5.0	$3.68 \pm 0.21^k$	$11.46 \pm 0.24^1$	$10.70 \pm 0.40^1$
6.0	$3.94 \pm 0.19^k$	$12.35 \pm 0.14^k$	$11.35 \pm 0.48^k$
7.0	$5.06 \pm 0.38^{j}$	$17.35 \pm 0.34^{\circ}$	$15.92 \pm 0.30^1$
8.0	$3.97 \pm 0.08^k$	$7.89 \pm 0.12^{\rm m}$	$6.99 \pm 0.14^{\rm m}$
9.0	$8.83 \pm 0.35^h$	$18.62 \pm 0.44^1$	$15.18 \pm 0.35^{\circ}$
10.0	$12.12 \pm 0.28$ <sup>f</sup>	$23.91 \pm 0.36^8$	$21.28 \pm 0.45^g$
11.0	$13.78 \pm 0.34$ <sup>d</sup>	$33.78 \pm 0.43$ <sup>f</sup>	$31.30 \pm 0.45^{\circ}$
12.0	$16.21 \pm 0.23^b$	$38.80 \pm 0.34$ <sup>d</sup>	$35.24 \pm 0.34$ <sup>d</sup>
13.0	$15.47 \pm 0.14^{\circ}$	$42.15 \pm 0.38^{\circ}$	$37.95 \pm 0.29^b$

Mean  $\pm$  SD,  $n = 3$ . Values in the same column having different letters as superscript are significantly different  $(p < 0.05)$ 

Process conditions: temperature 28 °C; homogenate weight to solvent ratio 1:6; centrifugation speed 5000 rpm; extraction time 60 min

isolates are given in Table [2](#page-5-0). Acid- and alkaline-aided processing of proteins from pangas fillet frames resulted in a total process yield of 59.16% and 68.52%, respectively. No significant difference was observed between the acid- and alkaline-processed isolates during first centrifugation step  $(p > 0.05)$ , while recovery during second centrifugation step and total process yield were significantly different  $(p < 0.05)$ . Tian et al. ([2016\)](#page-11-0) found protein recoveries of 87.6 and 76.3% at pH 12.5 and pH 2.5 during pH shift processing of common carp proteins. Batista et al. [\(2007\)](#page-10-0) obtained 73.0 and 77.0% yields during acid and alkaline processing of sardine proteins. Shabanpour et al. ([2015](#page-11-0)) reported protein recoveries of 70.2 and 64.5% for common carp and 75.1 and 80.8% for of silver carp during acid and alkaline processing. Similar findings were also reported by Kristinsson and Ingadottir [\(2006\)](#page-10-0) during acid and alkaline processing of tilapia proteins.

## Characteristics of isolates

#### Color

Color values of protein isolates obtained by acid and alkaline processing and gels made of them are given in Table [3](#page-5-0). Isolates made by acid and alkaline processing were found to have high low redness (a) and yellowness (b) than the raw material used. Acid processed isolates had more lightness and whiteness compared to raw material used  $(p < 0.05)$ . Protein gels had

<span id="page-5-0"></span>Table 2 Recovery and process yields of protein from pangas fillet frames during solubilization at pH 2.0 and 13.0



Mean  $\pm$  SD,  $n = 3$ . Values in the same row having different letters as superscript are significantly different  $(p < 0.05)$ 

high L and whiteness values ( $p < 0.05$ ) than the raw material as well as isolates they are made of. The order of whiteness values was acid processed isolate gel> acid processed isolate> alkali processed isolate gel> alkali processed isolate> homogenate  $(p < 0.05)$ . Panpipat and Chaijan [\(2016\)](#page-11-0) reported that pH shift processing resulted in improved whiteness of isolates by increasing lightness  $(L)$  and reducing redness  $(a)$  of isolates. They found higher whiteness in acid-processed isolates than alkaline-processed isolates. Higher lightness in acidprocessed isolates might be due to a greater removal of pigments, hemoglobin, myoglobin, and melanin. Acid process results in dissociation of hemoglobin forming colorless heme and globin thus by increasing the whiteness (Panpipat and Chaijan [2016\)](#page-11-0). Alkaline process possible resulted in Maillard reaction, causing increased b (yellowness discoloration) value of isolates (Panpipat and Chaijan [2016\)](#page-11-0). Similar findings were reported by Fatin et al. ([2015](#page-10-0)) during pH shift processing of Japanese scad proteins. Color of isolates and their gels in the present study followed the same trend as reported by earlier studies. Rawdkuen et al. ([2009\)](#page-11-0) reported higher whiteness values for acid processed kamaboko and modori gels compared to alkaline processed gels from minced meat of tilapia. Nolsøe et al. ([2011\)](#page-11-0) found isolates having higher whiteness than starting mince and surimi gels with higher whiteness than the isolates.

## Total lipid, myoglobin and pigment content

pH shift processing showed significant effect on total lipid, myoglobin, and pigment content of acid- and alkali-processed isolates (Table [4.](#page-6-0)). Acid-aided processing caused higher reductions in total lipid and pigment content than alkaline processed isolates  $(p < 0.05)$ .

Acid and alkaline processes resulted in a significant reductions ( $p < 0.05$ ) of 97.11 and 90.33% in lipid content. The lower lipid removing ability in alkaline processing might be due to reaction between alkali and lipids to form soap, which could co-precipitate during precipitation process (Panpipat and Chaijan [2016\)](#page-11-0). Batista et al. ([2007](#page-10-0)) reported lipid reductions of 51.0 and 65.3% during acid and alkaline solubilization of sardine mince. Rawdkuen et al. [\(2009\)](#page-11-0) reported lipid reductions of 85.2% for tilapia muscle concentrate, and Kristinsson et al. ([2005](#page-10-0)) reported lipid reduction of 85.4% for catfish concentrate. Lipid reductions in the present study were higher than some of the previous reports. Batista et al. [\(2007\)](#page-10-0) and Freitas et al. [\(2015\)](#page-10-0) obtained lipid reductions of 95.3, 95.31, and 95.12% for sardine concentrates, anchovy muscle, and whitemouth croaker muscle,

Raw material	Acid-processed isolate $(pH 2.0)$	Alkaline-processed isolate ( $pH$ 13.0)	Gels made of acid-processed isolate $(pH 2.0)$	Gels made of alkaline-processed isolate ( $pH$ 13.0)
$52.63 \pm 0.36^{\circ}$	$56.54 \pm 0.82^b$	$51.81 \pm 3.21^{\circ}$	$65.52 \pm 0.24^{\circ}$	$56.99 \pm 0.93^b$
$8.62 \pm 0.45^{\rm a}$	$2.39 \pm 0.31^{\circ}$	$2.14 \pm 0.67^c$	$0.36 \pm 0.04^d$	$4.92 \pm 0.37^b$
$13.53 \pm 0.72^b$ $49.98 \pm 0.40^{\circ}$	$5.78 \pm 0.31^{\rm d}$ $56.08 \pm 0.84^b$	$9.91 \pm 0.84^c$ $50.73 \pm 2.95^{\circ}$	$9.81 \pm 0.17^c$ $64.15 \pm 0.23^{\circ}$	$16.40 \pm 0.24$ <sup>a</sup> $53.69 \pm 0.84^b$

Table 3 Color values of protein gels and proteins recovered from pangas fillet frames during solubilization at pH 2.0 and 13.0

Mean  $\pm$  SD,  $n = 3$ . Values in the same row having different letters as superscript are significantly different ( $p < 0.05$ )

L lightness, a redness/greenness, b yellowness/blueness

<span id="page-6-0"></span>Table 4 Total lipid, myoglobin, and pigment values of proteins recovered from pangas fillet frames during solubilization at pH 2.0 and 13.0



Mean  $\pm$  SD,  $n = 3$ . Values in the same row having different letters as superscript are significantly different (p < 0.05)

respectively, which are similar to those of concentrates obtained in this study.

Total myoglobin content was reduced significantly by 93.77 and 93.48% during acid and alkaline processing of pangas proteins ( $p < 0.05$ ). Similar findings were reported by Shabanpour et al. [\(2015\)](#page-11-0) during protein recovery from common carp and silver carp. Myoglobin could be removed efficiently during alkaline-aided processing of sardine and mackerel muscles (Chaijan et al. [2006](#page-10-0)). Myoglobin contents were decreased efficiently in pH shift processing when compared to conventional surimi processing (Rawdkuen et al. [2009\)](#page-11-0). In general, myoglobin extracting efficiency depends on species, muscle type, storage time, and washing process (Chaijan et al. [2006\)](#page-10-0).

Acid and alkaline processes resulted in a significant total pigment reduction of 68.84 and 58.27% ( $p < 0.05$ ). Similar findings were reported by Panpipat and Chaijan [\(2016\)](#page-11-0) during protein recovery from big eye snapper head byproduct. High pigment removal in acid-aided processing might be due to the degradation of haem pigments at extreme acid condition rather than removal of them from the isolate (Panpipat and Chaijan [2016\)](#page-11-0). At acidic pHs, the proton-catalyzed displacement process and a protoporphyrin IX ring destruction may be responsible for promoting haem loss which limited total pigment detection (Chaijan and Undeland [2015\)](#page-10-0). Similar findings were also reported by Jafarpour et al. [\(2013\)](#page-10-0) and Shabanpour et al. [\(2015\)](#page-11-0).

#### Foaming capacity and foaming stability

Foaming capacity and foaming stability of isolates produced from acid and alkaline processing is given in Table 5. In the

Table 5 Foaming capacity and foaming stability of proteins recovered from pangas fillet frames during solubilization at pH 2.0 and 13.0

<b>Textural attributes</b>	Acid-processed isolate $(pH 2.0)$	Alkaline-processed isolate ( $pH$ 13.0)
Foaming capacity $(\%)$	$66.29 \pm 1.40^a$	$54.50 \pm 1.21^{\rm b}$
Foaming stability $(\%)$	$56.15 \pm 1.05^b$	$62.81 \pm 1.55^{\circ}$

Mean  $\pm$  SD,  $n = 3$ . Values in the same rows having different letters as superscript are significantly different  $(p < 0.05)$ 

present study, foaming capacity of acid-processed isolates was found to be higher compared to that of alkali-processed isolates ( $p < 0.05$ ). Only a few reports are available on foaming properties of pH shift processed isolates. Foaming capacity of proteins can be improved by increasing the exposure of hydrophobic residues at air-water interface and reducing the surface tension (Mutilangi et al. [1996\)](#page-10-0). The additional hydrophobic residues at air-water interface could form a large hydrophobic sphere on surface resulting in excess foaming (Jongjareonrak et al. [2010\)](#page-10-0). The differences in foaming capacity between acid- and alkali-processed isolates might be due to differences in hydrophobic residue content (Surasani et al. [2017\)](#page-11-0).

Foam stability indicates the extent of protein-protein interaction within the matrix (Mutilangi et al. [1996](#page-10-0); Jongjareonrak et al. [2010](#page-10-0)). In the present study, foam stability of alkaliprocessed isolates was found to be higher than that of acidprocessed isolates ( $p < 0.05$ ). Differences in foaming stability of isolates obtained by acid- and alkaline-aided processing might be due to protein aggregation, interfering the interactions between the protein and water needed for foam formation (Kinsella [1976](#page-10-0)).

## SDS-PAGE pattern

SDS-PAGE pattern of pangas proteins showed that the protein bands ranged from 10 kDa to > 200 kDa with little background smear (Fig. [1](#page-7-0)). In supernatant samples, a new protein band with approximately 190 kDa appeared, indicating the partial dissociation of heavy meromyosin. All the samples showed an intense band near to 43 kDa, which is actin. These findings were in agreement with the previous findings reported by Kristinsson and Liang [\(2006](#page-10-0)). The number of bands in supernatant after first centrifugation was more, indicating the proteolysis during acid- and alkaline-aided extraction. Kelleher and Hultin ([2000](#page-10-0)) reported that, activation of proteolytic enzymes leads to the hydrolysis of heavy meromyosin chain resulting in the formation of low molecular weight bands. In both supernatants obtained by acid and alkaline solubilization, the partial hydrolysis of heavy myosin was observed. A band with molecular weight of 10 kDa was observed in both the supernatants, which are identified as myosin light chains. The findings were in agreement with the

<span id="page-7-0"></span>

Fig. 1 SDS-PAGE protein pattern of homogenate and supernatants from pangas fillet frame during acid (pH 2.0) and alkaline (pH 13.0) solubilization process

results reported by Azadian et al. ([2012](#page-10-0)). Most of the protein bands, except three were disappeared in the supernatant after second centrifugation, indicating the maximum protein recovery after second centrifugation.

## Amino acid profile

Aminoacid profile of pangas fillet frame homogenate and isolates obtained through acid- and alkaline-aided processing is given in Table [6.](#page-8-0) Results indicated that pH shift processing did not affect the amino acid profiling much and all the amino acids present in the homogenate were recovered efficiently by alkaline processing. The major amino acids found in homogenate were Glutamic acid (GLU), glycine (GLY), alanine (ALA) and aspartic acid (ASP), while glutamic acid (GLU), aspartic acid (ASP), leucine (LEU) and lysine (LYS) were dominant in pH shift processed isolates. The content of proline and glycine was less in acid-processed isolates followed by alkaline-processed isolates compared to homogenate, which might be due to nonextractability of connective tissues in alkaline processing (Batista [1999](#page-10-0)). Quality of protein is determined by the presence and quantity of essential amino acids. The content of total essential amino acids increased during pH shift processing, indicating the enrichment of essential amino acids. Similar findings were reported by Batista ([1999\)](#page-10-0). Isolates obtained using alkaline processing had higher amount of amino acids than isolates obtained by acid processing. High amino acid content of alkaline processed isolates might be due to less pHinduced proteolysis in alkaline processing (Gehring et al. [2010](#page-10-0)). The overall amino acid content in pangas protein isolates obtained by pH shift processing were well above the recommended levels for adults by WHO/FAO/UNU, [2007.](#page-11-0) Similar findings were reported by Marmon and Undeland ([2010](#page-10-0)) during their studies on protein isolates obtained from herring through pH shift processing.

#### Microbial stability

Microbial stability of food products is an important parameter during their production and storage (Nolsøe and Undeland [2009\)](#page-11-0). Live or fresh fish immediately after harvesting contain a high number of microorganisms, mainly psychrotrophic Gram-negative bacteria (Huss [1983](#page-10-0)). The question has been however raised as it was expected that highly acidic and <span id="page-8-0"></span>Table 6 Amino acid profiling of raw material as well as proteins recovered from pangas fillet frames during solubilization at pH 2.0 and 13.0



Mean  $\pm$  SD,  $n = 3$ ; Values in the same row having different letters as superscript are significantly different  $(p < 0.05)$ 

\*Essential amino acid

ASP Aspartic acid, THR Threonine, SER Serine, GLU Glutamic acid, PRO Proline, GLY Glycine, ALA Alanine, CYS Cysteine, VAL Valine, MET Methionine, ILE Isoleucine, LEU Leucine, TYR Tyrosine, PHE Phenylalanine, HIS Histidine, LYS Lysine, ARG Arginine

alkaline processing have a killing effect on microbes associated with the raw material (Jay [1986\)](#page-10-0). In this study, no microbial counts were detected in isolates prepared using acid and alkaline extraction methods, whereas homogenate had a total plate count of  $5.35 \times 10^3$  cfu/ml. Similar findings were reported by Surasani et al. [\(2017\)](#page-11-0) during their studies on rohu protein isolates obtained through pH shift processing. Kristinsson and Demir [\(2003](#page-10-0)) found a reduction in aerobic plate count numbers directly after acid, alkaline, and washing processes, but the largest reduction was achieved through alkaline processing.

#### Gel quality

Texture profile analysis (TPA) Texture is a complex sensory attribute that includes hardness, springiness, cohesiveness, gumminess, chewiness, and resilience that cumulatively contribute to the mouth feel/texture experienced by humans (Haard [1992](#page-10-0); Szczesniak [2002\)](#page-11-0). Cohesiveness indicates the strength of the internal bonds and springiness is the rate at which a material goes back to its previous condition after the removal of force (Szczesniak [2002](#page-11-0)). TPA values of gels made of acid- and alkaline-processed isolates are given in Table [7.](#page-9-0) Except for springiness and gumminess, all the values were higher for acid processed isolates than alkali processed isolates ( $p < 0.05$ ). Higher TPA values of acid processed isolate gels indicate the integrity and strength of gel. Lower TPA values of alkaline-processed protein gels indicate poor gel network causing poor gel strength. Similar findings were reported by Fatin et al. ([2015](#page-10-0)) during protein recovery from Japanese scad. They reported that acid-processed surimi gel had high gel strength, hardness, springiness, cohesiveness, and chewiness compared to alkaline-processed surimi gel. The more hardness of acid-processed protein gels might be due to excess protein-protein interactions resulting in hard gels, while excess protein-water interactions results in weak fragile gels in alkaline processing (Nolsøe and Undeland [2009\)](#page-11-0).

Shear test Shear strength and work of shear values for protein gels made of acid- and alkaline-processed isolates are given in Table [7](#page-9-0). Gels made of acid-processed isolates were found to have high shear strength and work of shear values compared to alkaline-processed protein gels  $(p < 0.05)$ , indicating the strong gel network. Lower shear test values of alkaline processed protein gels indicate poor gel network resulting in poor gel strength. Freitas et al. ([2015](#page-10-0)) reported that acid-processed isolate gels from whitemouth croaker and anchovy had good

<span id="page-9-0"></span>Table 7 Texture profile analysis of gels made of proteins recovered from pangas fillet frames during solubilization at pH 2.0 and 13.0



Mean  $\pm$  SD,  $n = 3$ . Values in the same column having different letters as superscript are significantly different ( $p <$ 0.05)

<sup>1</sup> Area under second curve/area under first curve

 $2$  Hardness  $\times$  cohesiveness

 $3$  Hardness  $\times$  Springiness  $\times$  cohesiveness

<sup>4</sup> Area during the withdrawal of the first compression/area of the first compression

cutting strength values. Kristinsson and Liang [\(2006\)](#page-10-0) found greater gel strength in gels of acid-processed tilapia proteins than alkaline-processed protein gels. Hultin and Kelleher [\(1999\)](#page-10-0) also reported that acid process showed good gels from cod and mackerel proteins. Differences in gel forming ability may be due to differences in protein integrity and the bond formation during heating process (Chaijan et al. [2006](#page-10-0)). Ability to form good protein gels depends on species, methods used, and the extraction time, which causes differences in results (Freitas et al. [2015\)](#page-10-0).

Expressible moisture content Expressible moisture of gel content indicates the integrity of protein gel to hold water. Gels made of acid- and alkaline-processed isolates had an expressible moisture content of  $17.50 \pm 0.64\%$  and  $26.42 \pm 0.86\%$ , respectively. Gels made from alkaline-processed isolate had significantly higher expressible moisture, i.e., low water holding capacity, compared to gels made of acid-processed isolates indicating the poor gel network  $(p < 0.05)$ . Similar findings were reported by Freitas et al. ([2011\)](#page-10-0) during protein recovery from Argentine anchovy residue. They found higher water holding capacity for acid-processed protein gels compared to alkaline-processed protein gels. Fatin et al. [\(2015\)](#page-10-0) reported that gel produced by acid-aided processing of Japanese scad proteins had low expressible moisture than alkali-aided processed protein gels indicating the high water holding capacity of acid processed protein gels.

Folding test Gels made of acid- and alkaline-processed isolates had an average scores of 5 and 1 during the folding test. Gels from acid-processed isolates showed excellent gelling properties by scoring 5 during folding test  $(p < 0.05)$ . Alkaline-processed isolate gels scored 1, indicating poor gel network. Marmon and Undeland [\(2010\)](#page-10-0) during their study on herring protein isolates found that both acid and alkaline processed isolates produced gels that are strong and scored 5 during folding test. In the present study, alkaline-processed isolate gels showed poor gelling ability which might be due to more lipid, pigment, and myoglobin content than acid-processed isolates or might be due to denaturation during the alkaline extraction process.

# Conclusions

Both acidic (pH 2.0) and alkaline (pH 13.0) solubilization processes could recover proteins from pangas fillet frames with good recovery yield. Acid solubilization process found to have minimal effect on protein functionality during processing resulting in the recovery of more stable and functional proteins. Further studies are needed to find out the reasons behind denaturation of proteins during alkaline solubilization and associated loss of functionality. pH shift processing found to be promising in the utilization of fish processing waste for the recovery of functional proteins thus by reducing the supply demand gap as well pollution problems.

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