

DOI 10.1007/s11307-021-01701-1 © World Molecular Imaging Society, 2022 Molecular Imaging and Biology (2022) 24:321–332 Published Online: 20 January 2022

RESEARCH ARTICLE

Fluorine MR Imaging Probes Dynamic Migratory Profles of Perfuorocarbon‑Loaded Dendritic Cells After Streptozotocin‑Induced Infammation

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Abstract

Purpose: The pathogenesis of type 1 diabetes (T1D) involves presentation of islet-specifc self-antigens by dendritic cells (DCs) to autoreactive T cells, resulting in the destruction of insulin-producing pancreatic beta cells. We aimed to study the dynamic homing of diabetes-prone DCs to the pancreas and nearby organs with and without induction of pancreatic stress in a T1D susceptible model of repeated streptozotocin (STZ) injection. *Procedures:* In vitro labeling of activated bone marrow-derived DCs (BMDCs) from NOD (Nonobese diabetes) mice was performed using zonyl perfuoro-15-crown-5-ether nanoparticles (ZPFCE-NPs). Internalization of particles was confrmed by confocal microscopy. Two groups of NOD.SCID (nonobese diabetic/severe combined immunodefciency) mice with (induced by low dose STZ administration) or without pancreatic stress were compared. Diabetogenic BMDCs loaded with BDC2.5 mimotope were pre-labeled with ZPFCE-NPs and adoptively transferred into mice. Longitudinal in vivo fluorine MRI (¹⁹F MRI) was performed 24 h, 36 h and 48 h after transfer of BMDCs. For ex vivo quantifcation of labeled cells, ¹⁹F NMR and flow cytometry were performed on dissected tissues to validate in vivo ¹⁹F MRI data. *Results:* In vitro fow cytometry and confocal microscopy confrmed high uptake of nanoparticles in BMDCs during the process of maturation. Migration/homing of activated and ZPFCE-NP- labeled BMDCs to diferent organs was monitored and quantifed longitudinally, showing highest cell density in pancreas at 48-h time-point. Based on ¹⁹F MRI, STZ induced mild inflammation in the pancreatic region, as indicated by high accumulation of ZPFCE-NP-labeled BMDCs in the pancreas when compared to the vehicle group. Pancreatic draining lymph nodes showed elevated homing of labeled BMDCs in the vehicle groups in contrast to the STZ group after 72 h. The efect of STZ was confrmed by increased blood glucose levels. *Conclusion:* We showed the potential of 19F MRI for the non-invasive visualization and quantifcation of

migrating immune cells in models for pancreatic infammation after STZ administration. Without any intrinsic background signal, ¹⁹F MRI serves as a highly specific imaging tool to study the migration of diabeticprone BMDCs in T1D models in vivo. This approach could particularly be of interest for the longitudinal assessment of established or novel anti-infammatory therapeutic approaches in preclinical models.

Key words Type 1 diabetes · Dendritic cells · ¹⁹F MRI · Pancreas · Cell imaging

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Introduction

Type 1 diabetes (T1D) is an autoimmune disease caused by the T cell-mediated destruction of insulin-producing pancreatic beta cells. The disease usually starts at a young age and during adolescence $[1-3]$ $[1-3]$ $[1-3]$. The exact pathogenesis of T1D is still not fully understood, but it is believed to be a complex interplay between genetic risk factors and environmental triggers [[4–](#page-9-2)[6](#page-9-3)]. The initiation of the disease involves the recruitment of immune cells surrounding and invading the islets of Langerhans [[7](#page-9-4), [8](#page-9-5)]. Insulitis can also be induced by chemicals, such as streptozotocin (STZ) leading to acute or chronic injury of pancreatic tissue [[9](#page-9-6), [10\]](#page-9-7).

In this study, we have applied this widely used model of repeated low-dose injection of STZ. In this model, mice gradually develop hyperglycemia, which is associated with infammatory changes of pancreatic islets involving macrophages and T cells. Broad infiltration of macrophages has been show to induce a pro-infammatory state in STZinduced hyperglycemic mice [[11](#page-10-13)]. Moreover, chemokines are expressed in the islets of mice treated with multiple low doses of STZ before the development of diabetes. It has been proposed that initial burst in the expression of chemokines contributes to the further recruitment of infammatory cells and the destruction of the islets [[12](#page-10-14)]. Proportions of dendritic cells and B cells are increased from day three after STZ injection. Later, the proportions of T cells are increased from day seven after STZ injection, suggesting that the innate immune cells precede adaptive immune cell response in this model $[13]$ $[13]$ $[13]$. Here, we investigated the trafficking of syngeneic autoantigen (BDC2.5)-loaded dendritic cells to the pancreas of NOD.SCID mice. Dendritic cells (DCs) are professional antigen-presenting cells that possess the ability to link innate and adaptive immunity by priming antigen-specifc T cell responses. In addition, DCs are also involved in the induction of both central and peripheral tolerance [[14–](#page-10-16)[17](#page-10-17)]. Studies in mouse models of T1D show that DCs are the main culprits for triggering pancreatic infammation as they present islet-specifc-autoantigens to islet antigen-specifc T cells in the draining pancreatic lymph nodes (pLN) [[18](#page-10-18), [19](#page-10-19)]. The pathogenesis of T1D is well studied in murine models of the disease [[20](#page-10-20)]. Many preclinical and clinical studies have investigated the multifactorial function of DCs during onset and progression of this autoimmune disease. While in vivo imaging has been employed for tracking DC migration in preclinical models and in the clinic $[21-23]$ $[21-23]$ $[21-23]$, the kinetics of diabetogenic DCs homing to the pancreas and pLN are still not fully understood also due to only a limited number of studies applying these imaging methods to the longitudinal in vivo tracking of cells in diabetes models [[24](#page-10-23)].

In this regard, non-invasive imaging of immune cells provides a powerful tool to elucidate the infammatory processes taking place in the pancreatic region upon an infammatory trigger [[25–](#page-10-24)[28](#page-10-25)]. Over the past decade, imaging of the pancreas in rodent models has improved by the use of magnetic resonance imaging (MRI), positron emission tomography (PET) or optical imaging techniques mainly based on novel contrast agents and tracers $[26, 29-31]$ $[26, 29-31]$ $[26, 29-31]$ $[26, 29-31]$ $[26, 29-31]$. Although, proton $({}^{1}H)$ MRI is often employed for the visualization of infammation in brain [[32](#page-10-3), [33](#page-10-4)], its application in the abdomen remains elusive due to potentially misleading hypointense background signal. In contrast, it has been shown that fuorine-19 MR imaging $(^{19}F$ MRI) can track in vivo inflammatory events occurring in various diseases with the help of in vitro and in vivo cell labeling applications using fuorine-based contrast agents $[34–38]$ $[34–38]$ $[34–38]$ $[34–38]$. In this regard, ¹⁹F MRI proves to be an efective and specifc method to detect immune cells and their homing even in the abdomen by applying sensitive fuorine contrast agents like perfuorocarbons (PFCs). Perfuoro-15 crown-5-ether-based nanoparticles (PFCE-NPs) contain 20 identical fuorine atoms and exhibit inert chemical properties, permitting its wide use for the labeling and tracking of immune cells [[39](#page-10-7), [40](#page-10-8)]. The development of dedicated clinical 19 F MR coils facilitates the dynamic tracking of PFC-loaded DCs in tumor patients undergoing immunotherapy [[41](#page-10-9), [42](#page-10-10)]. Therefore, it is imperative to combine ¹⁹F MRI with biologically compatible fuorine contrast agents generating a relatively high signal-to-noise ratio for the evaluation of underlying infammatory reactions in murine models of T1D. In the current manuscript, we employed newly synthesized PFCE-NPs based on zonyl fuorosurfactant to generate zonyl perfuoro-15-crown-5-ether nanoparticles (ZPFCE-NPs). Compared to other PFCE-NPs, ZPFCE-NPs showed better uptake properties and excellent biocompatibility [[43](#page-10-11)]. ZPFCE-NPs were used to visualize and quantify the homing of activated, labeled murine bone marrow-derived DCs (BMDCs) in vivo in a non-invasive manner in immunodeficient diabetes-prone mice using 19 F MRI.

Materials and Methods

Synthesis and Characterization of Fluorinated Zonyl-PFCE Nanoparticles

The synthesis of biochemically inert perfuoro-15-crown-5 ether nanoparticles (PFCE-NPs) was performed as described previously [[44](#page-10-12)]. The anionic ZPFCE-NPs were prepared by incorporating additional zonyl FSP® surfactant to the PFCE particles [[43](#page-10-11)]. For the in vitro and in vivo experiments, ZPFCE-NPs were coupled with a DiR fuorescent dye (Molecular Probes, Invitrogen, Merelbeke, Belgium). The ZPFCE-NPs were subjected to a size and zeta potential quality control using a Malvern Zetasizer nano-ZS (Malvern Instruments Ltd, Worcestershire, UK).

Animals

Non-obese diabetic (NOD) mice $(n=30)$ were originally obtained from Prof. Wu (Department of Endocrinology, Peking Union Medical College Hospital, Beijing, China) and were bred and housed under semi-barrier conditions in the animal facility of KU Leuven. NOD.CB17-Prkdcscid/J (NOD.SCID) mice $(n=18)$ were bred under specific pathogen-free conditions from stocks purchased from The Jackson Laboratory (Bar Harbor, ME, USA) in the animal facility of KU Leuven. Animals were housed at 22 °C on a fxed 12 h light–dark cycle, with ad libitum access to food and water. Experiments were performed in accordance with regional, national and international standards on animal welfare, in particular, European Union Directive 2010/63/EU. Experiments were approved and overseen by the Animal Care and Ethical Committees of the KU Leuven. To assess isograft function, blood glucose values were measured every other day with a precision blood glucose meter (Glucocard memory 2, Menarini, Florence, Italy).

Generation and Labeling of BMDCs with ZPFCE-NPs

Bone marrow-derived dendritic cells (BMDCs) were generated from 3 to 4-week-old NOD mice as previously described [[45](#page-10-26)]. In brief, bone marrow precursor cells were isolated from the femora and tibiae and subsequently cultured in RPMI 1640 medium supplemented with Glutamax-I, 25 mM HEPES (Thermo Fisher Scientifc, Merelbeke, Belgium), 10% heat-inactivated fetal calf serum (FCS, Merck, Darmstadt, Germany), 100 U/ml Penicillin, 100 mg/ml Streptomycin (Thermo Fisher Scientifc, Merelbeke, Belgium) and 50 µM 2-mercaptoethanol (Thermo Fisher Scientifc, Merelbeke, Belgium) in the presence of 20 ng/ml murine recombinant (r) IL-4 (Peprotech, Rocky Hill, NJ, USA) and 20 ng/ml murine rGM-CSF (Peprotech, Rocky Hill, NJ, USA) for 8 days. At day 3 and day 6, cytokines were refreshed. At day 8 of BMDC culture, CD11c+cells were isolated by positive magnetic cell sorting (MACS, Miltenyi, Biotec, St. Louis, MO, USA). Subsequently, cells were matured for 24 h in the presence of 1 µg/ml lipopolysaccharide (LPS, Merck, Darmstadt, Germany) and 20 ng/ ml murine interferon r(IFN)-γ (both from Peprotech, Rocky Hill, NJ, USA) (Fig. [1](#page-2-0)).

During maturation, BMDCs were labeled with 20 mM of ZPFCE-NPs for 24 h. On day 9, mature BMDCs were harvested and pulsed with 10 μ g/ml of BDC2.5 mimotope (AnaSpec, Freemont, CA, USA) for 2 h at 37 °C prior to in vivo injection.

Flow Cytometry

The in vitro labeling of BMDCs with ZPFCE-NPs was optimized at various concentrations (0, 1, 5 and 20 mM) and validated by flow cytometry. For the identification of ZPFCE-NP-labeled DCs, 2.5×10^5 BMDCs were first incubated with Fc receptor blocking antibody (Thermo Fisher Scientific, RRID:AB_467134) to minimize non-specific binding. In order to distinguish DCs from other immune cells

Fig. 1 Schematic representation showing harvesting of bone marrow derived and ZPFCE-NP-labeled dendritic cells. Antigen loaded pre-labeled dendritic cells were adoptively transferred into the NOD.SCID murine model for follow-up by ¹⁹F MRI. IL interleukin, mDCs mature dendritic cells, BMDCs bone marrow derived dendritic cells, ZPFCE-NPs zonyl perfuoro-15-crown-5-ether nanoparticles

and to evaluate the purity of the DC population, cells were surface stained with a cocktail of the following antibodies against major histocompatibility complex (MHC-II) I-A/I-E (Thermo Fisher Scientifc, RRID:AB_465231) and CD11c (Thermo Fisher Scientifc, RRID:AB_465553). Doublets were excluded based on signal height and width. Dead cells were stained by Zombie Yellow Fixable Viability Kit (Bio-Legend, 423,104, San Diego, CA, USA) according to the manufacturer's guidelines. They were excluded from analysis. Samples were read on a Gallios™ Flow Cytometer (Beckman Coulter, Analis, Suarlée, Belgium) and analyzed with the FlowJo software v10.1 (TreeStar, Ashland, OR, USA).

Confocal Microscopy

BMDCs labeled with ZPFCE-NPs were fxed in 4% PFA. Microscopy was performed using a confocal microscope (Nikon Eclipse A1R microscope, VIB 11, Center for the Biology of Disease, KU Leuven). Data were analyzed using the NIS Element software v4.10 (Nikon, Tokyo, Japan) and processed in Fiji software v1.49a (SC, USA).

MR Imaging of Phantoms and Longitudinal In Vivo Follow-Up of ZPFCE-NPs-Labeled BMDCs Using 19F MRI

Phantoms were prepared by embedding ZPFCE-NPlabeled BMDCs using agarose (2%) gel in Eppendorf tubes at 1×10^6 , 2.5×10^6 and 5×10^6 cells ml⁻¹ concentrations as described [[46](#page-10-27)]. An Eppendorf tube filled with agar was used as a positive control. For in vivo ^{19}F MR imaging, one group of 5 to 6-week-old NOD.SCID female mice $(n=5)$ was injected intraperitoneally $(i.p.)$ with 50 mg/kg streptozotocin (STZ) in citrate buffer, 3 days prior the adoptive transfer of DCs. The vehicle group (control group with no pancreatic inflammation) of 5 to 6-week-old NOD.SCID female mice (*n* = 5) received i.p. injections of sterile saline. To study pancreatic stress in this model, blood glucose values were measured every other day with a precision blood glucose meter (Glucocard memory 2, Menarini, Florence, Italy) in a separate group of animals $(n = 4$ for each STZ injected and vehicle group). After 72 h, mice were engrafted i.p. with 2.5×10^6 BDC2.5-mimotope-loaded BMDCs derived from NOD mice and labeled with ZPFCE-NPs (Fig. [2](#page-4-0)). Control mice $(n=3)$ were injected i.p. with sterile saline. For in vivo 19 F MR imaging, animals were anesthetized by i.p. administration of a solution of 45–60 mg kg⁻¹ ketamine (Nimatek, Eurovet Animal Health, AE Bladel, The Netherlands) and $0.6-0.8$ mg kg⁻¹ medetomidine (Domitor, The Orion Pharma, Espoo, Finland). In vivo MR images were acquired at 24 h, 36 h and 48 h from control mice and mice engrafted with ZPFCE-NP-labeled BMDCs using a purpose-built dual tuned ${}^{1}H/{}^{19}F$ MR surface coil to acquire anatomical and fluorine images of the abdominal region [[47\]](#page-10-28).

All MR experiments were performed on a 9.4 T preclinical MR scanner (Bruker Biospec 94/20, Ettlingen, Germany). For radiofrequency transmission and reception, a home built, inductively coupled, saddle shaped surface coil, tunable from 376 MHz for ^{19}F to 400 MHz for ¹H was used for all experiments (see also Suppl. Figure 1) using a 2D RARE (Rapid Acquisition with Relaxation Enhancement) sequence with the following acquisition parameters: coronal slice orientation; for ¹H MRI: repetition time (TR) = 3500 ms, echo time $(TE)=6.121$ ms, RARE factor = 8, in plane spatial resolu- $\text{tion} = 0.195 \text{ mm} \times 0.156 \text{ mm}$, slice thickness = 1 mm and for ¹⁹F MRI: TE = 4.86 ms, RARE factor = 16, TR = 5388 ms, spatial resolution = 1.56 mm \times 1.25 mm, slice thick $ness = 2$ mm. Respiration rate and rectal body temperature of all animals were monitored throughout the experiment and maintained at $60-90$ min⁻¹ and at 37 °C, respectively.

A reference Eppendorf tube (Eppendorf, Rotselaar, Belgium) containing 20 mM ZPFCE-NPs embedded in 1% agar (Merck, Darmstadt, Germany) was placed parallel to the lower abdomen and was used for the quantifcation of fuorine concentrations. After the MR data acquisition, anesthesia was reversed by i.p. injections of atipamezole (Antisedan, The Orion Pharma, Espoo, Finland).

Quantifcation of In Vivo 19F MR Images

¹H MR images were co-registered to ¹⁹F MR images using MeVislab software v2.6.1 (MeVis Medical Solutions AG, Bremen, Germany). An interval threshold value (three times higher than the background noise) was applied to all 19 F MR images. 19 F MR images were masked using a Gaussian flter. The regions of interest containing fuorine signal were delineated, and the mean of signal intensities were quantifed using Fiji software, v1.49a (SC, USA). Fluorine signal was quantifed as the number of fuorine atoms/pixel in the organs with high ZPFCE-NP accumulation (pancreatic region and liver) based on the overlay of $19F$ and anatomical ¹H MR images relative to the external reference of known concentration. For the identifcation of the pancreas and pLN, surrounding organs were identified and delineated in the ${}^{1}H$ MR images. Regions were then transferred to the co-registered 19 F MR images for the quantifcation. The slice orientation and feld-of-view were kept the same for exact overlay of MR images.

Ex Vivo Quantifcation of ZPFCE-NP-Labeled BMDCs in Excised Organs Using Flow Cytometry

A separate cohort of animals was used for ex vivo quantifcation of ZPFC-NP-labeled BMDCs by fow cytometry in parallel to the mice imaged using 19 F MRI. Pancreas and pLN were extracted from mice (control animals $(n=3)$, vehicle- and STZ-treated NOD.SCID mice $(n=5 \text{ each})$) 24 h and 48 h after injection of BDC2.5 mimotope-loaded ZPFCE-NPs-labeled BMDCs. Pancreases were minced into small fragments and digested in pre-warmed digestion

Ex vivo Flow Cytometry

 $#$ Ex vivo ¹⁹F NMR

Fig. 2 Experimental timeline showing the induction of pancreatic stress by streptozotocin (STZ) and administration of ZPFCE-NPlabeled BMDCs for their longitudinal follow-up. ZPFCE-NP-labeled BMDCs were quantified ex vivo by flow cytometry at 24 h and 48 h and in vivo using ¹⁹F MR imaging at 24 h, 36 h and 48 h. Ex vivo ¹⁹F NMR spectroscopy of liver samples was performed at 48 h after euthanizing the animals

medium containing 1 mg/ml collagenase VIII (SERVA, Heidelberg, Germany) and 20 µg ml−1 DNase I (Appli-Chem, Darmstadt, Germany). Enzymatic digestion was performed for 30 min at 37 °C under continuous rotation using a rotarod. All single-cell suspensions were passed through a 70-µm strainer (Miltenyi Biotec, Leiden, The Netherlands). Red blood cells were lysed using $NH₄Cl$ at 37 °C. For flow cytometry analysis, cells were stained as described above.

Ex Vivo 19F NMR Spectroscopy

ZPFCE-NPs-labeled BMDCs that migrated to the liver 48 h post injection were quantifed from excised tissue samples by determining fluorine concentrations using ex vivo 19 F NMR spectroscopy. Livers were dissected and homogenized in PBS solution and transferred to 5-mm NMR tubes (Wilmad, Vineland, NJ, USA). For the acquisition of data, an NMR spectrometer (400 MHz) with an Avance II console (Bruker Biospin GmbH, Rheinstetten, Germany) was used, operating at a frequency of 376.50 MHz for 19 F NMR. The following parameters were used for data acquisition: relaxation delay: 5 s, number of acquisitions: 1024, spectral width: 350 ppm and 128 k data points. A reference Eppendorf containing 20 mM ZPFCE-NPs was added for the quantifcation. Data analyses were performed after phase and baseline correction by peak integration using the TopSpin software (Bruker Biospin, Rheinstetten, Germany).

Statistical Analysis

Statistical signifcance was determined using one-way analysis of variance (ANOVA) tests with Bonferroni's multiple comparison tests. Results were expressed as mean values \pm SEM. All statistical analyses were performed using GraphPad Prism v5.3 (GraphPad software, La Jolla, CA, USA).

Results

Composition and Quantifcation of Fluorinated ZPFCE Nanoparticles for BMDCs Labeling

Anionic ZPFCE-NPs were synthesized by addition of the zonyl FSP fuorosurfactant to the lipid layers of PFCE-NPs in order to reduce their diameter to \sim 280 nm. The zeta potential of ZPFCE-NPs was−75 mV, indicating a high stability of these particles (Fig. [3a](#page-5-0)). The size distribution of ZPFCE-NPs is indicated by the polydispersity index (PdI) of ~ 0.312 .

The near infrared DiR fuorescent dye was incorporated in the particles in order to confrm the labeling of BMDCs. For the quantifcation of fuorine atoms taken up by BMDCs, in vitro 19 F MRI phantom experiments were performed. BMDCs were labeled with 20 mM ZPFCE-NPs for 24 h, and cells were embedded in agar at quantities of 1×10^6 cell ml⁻¹, 2.5×10^6 cell ml⁻¹ and 5×10^6 cell ml⁻¹, respectively for ¹H and 19 F MR imaging. (Fig. [3b–c](#page-5-0)). Here, we show the 19 F MR signal with a linear correlation to the number of labeled cells embedded in the agar at all cell concentrations. No further increase in the number of fuorine atoms was observed for cell concentrations as high as 5×10^6 cells ml⁻¹.

In Vitro Characterization of ZPFCE-NPs Labeled BMDCs

In vitro labeling experiments were performed to fnd the optimal procedure to achieve high cellular uptake. After purification of $CD11c⁺$ cells on day 8, BMDCs were either matured for 24 h in the presence of ZPFCE-NPs (indicated as iDCs) or matured for 24 h after which ZPFCE-NPs were added for an additional 24 h (indicated as mDCs). For both conditions, 1 mM, 5 mM and 20 mM ZPFCE-NPs were used. This concentration range was based on previous experiments that showed excellent cell labeling and biocompatibility [[43](#page-10-11)]. Comparison of viable cells with and without ZPFCE-NP

Formulation and characterization of ZPFCE-NPs

Fig. 3 Chemical composition, characteristic features of ZPFCE-NPs and in vitro characterization by 19F MR imaging of ZPFCE-NP-loaded BMDCs in agar phantoms. **a** Illustrative image of lipid encapsulated PFCE-NPs consisting of perfuoro-15-crown-5-ether with 20-identical fuorine atoms surrounded by zonyl fuorosurfactant. The lipid layers were conjugated with near infrared DiR fuorescent dye for microscopic imaging experiments. Zeta potential and polydispersity index indicate the stability and heterogeneity of ZPFCE-NPs. **b** ¹⁹F MR images of agar phantoms containing cells that were labeled for 24 h with 20 mM ZPFCE-NPs (fuorine concentration) were overlaid on the ¹H MR images. ¹⁹F MR images are indicated as hot spots using pseudo color. Labeled BMDCs were centrifuged and counted prior to fixation in agar. (1 = 1 × 10⁶, 2 = 2.5 × 10⁶, 3 = 5 × 10⁶, w = water). Pixels with the highest signal intensity were set to an arbitrary value of 100. **c** Quantifcation of the fuorine content was performed by delineation of 'hot spots' marked as the regions of interest based on the ¹⁹F MR images ($R = 0.9047$)

labeling was not diferent in the studied concentration range. The uptake of ZPFCE-NPs was quantified in the CD11 c^+ $MHC-II⁺$ BMDC rich population using flow cytometry. The percentage of BMDCs associated with ZPFCE-NPs was found to be signifcantly higher when ZPFCE-NPs were added during maturation compared to adding the ZPFCE-NPs after maturation (Fig. [4a](#page-6-0)). Moreover, the amount of ZPFCE-NPs taken up during the maturation process of BMDCs was also higher as indicated by the signifcant increase in the mean fuorescence intensity (MFI) (Fig. [4b](#page-6-0)). This observation confrms that DCs, and in particular immature DCs, are specialized in antigen capture [[15](#page-10-29), [48](#page-10-30)]. Both percentages and

Fig. 4 In vitro analysis of ZPFCE-NPs labeled BMDCs. BMDCs were matured for 24 h in the presence of 1 mM, 5 mM or 20 mM ZPFCE-NPs (iDCs) or matured for 24 h after which 1 mM, 5 mM or 20 mM ZPFCE-NPs were added for an additional 24 h (mDCs). **a** Percentage of ZPFCE-NP+ cells and **b** mean fluorescence intensity (MFI) of ZPFCE-NPs in the CD11c⁺ MHC-II⁺ BMDC population was determined by flow cytometry (*n* = 3). **c-d** Representative confocal microscopy images are shown as z-stacks in three dimensions of fxed iDCs confrming internalization of nanoparticles by iDCs. Nuclei were stained with Hoechst dye (blue); ZPFCE-NPs (red) are indicated with white arrows. The scale bar is 20 µm. Data are represented as mean±SEM. (*n*=3, **p*<0.05, ***p*<0.01, *****p*<0.0001)

MFIs show most efficient labeling of BMDCs with 20 mM ZPFCE-NPs (Fig. [4a–b](#page-6-0)).

Confocal microscopy illustrated the internalization of the ZPFCE-NPs in the three-dimensional scanning microscopy images of the cells. This confirmed the efficient intracellular uptake of nanoparticles by BMDCs at a concentration of 20 mM (Fig. [4c–d](#page-6-0)).

19F MR Imaging of the Pancreatic Region After Adoptive Transfer of ZPFCE-NPs Labeled BMDCs

NOD/ShiLtSz-Prkdcscid mice are insulitis-free and do not develop T1D spontaneously. In our experimental setup, we used NOD.SCID mice to track the in vivo migration of BDC2.5 mimotope-loaded ZPFCE-NPs-labeled BMDCs. To induce beta cell injury, one group of mice was pre-treated with a single injection of 50 mg/kg STZ. Prior to the adoptive transfer, BMDCs were analyzed using flow cytometry to ensure viability and sufficient uptake of ZPFCE-NPs. In these experiments, ~ 98% of the BMDCs are ZPFCE-NPs positive (Suppl. Fig. S2a) with significantly higher particle-cell association compared to the controls (Suppl. Fig. S2b). Based on these results, 2.5×10^6 BDC2.5 mimotope-loaded ZPFCE-NPs labeled BMDCs were engrafted in the vehicle- (control group with no pancreatic inflammation) and STZ-treated groups. Additional control NOD.SCID mice received i.p. injection of saline. Injection of STZ resulted in hyperglycemia when compared to saline injected animals 72 h after injection (Suppl. Fig. S3).

 19 F MR imaging of all mice groups was performed. MR images of the pancreas, pancreatic lymph nodes and liver were quantified for their fluorine content. Based on the anatomical ¹H MR images, regions of interest that corresponded to the respective organs were transferred to the 19 F MR images, and the fluorine content was quantified relative to an external 19 F reference. The temporal profile of the homing of ZPFCE-NPs labeled activated BMDCs was compared between the vehicle and the STZtreated group. A significantly higher accumulation of labeled cells was detected in the pancreas of the STZtreated between 24 and 48 h post transfer compared to only a marginal increase in the vehicle-treated group over the same period (Fig. $5a,d$). The accumulation of labeled cells was higher but not significant in the STZ-treated group at 48 h when compared to the vehicle-treated group. Interestingly, higher fluorine signal intensities (not significant) were observed and quantified in the pLNs of the vehicle-treated group as compared to the STZ-treated group (Fig. [5b](#page-7-0)). Finally, low ¹⁹F MRI signal intensity from the liver of both vehicle and STZ-treated groups was acquired, indicating the deposition of a small number ZPFCE-NP-labeled BMDCs in this organ (Fig. [5c\)](#page-7-0).

Fig. 5 Quantifcation and distribution of ZPFCE-NP-labeled BMDCs. At 24 h, 36 h and 48 h after adoptive transfer of BDC2.5 mimotopeloaded and ZPFCE-NP labeled BMDCs, ¹⁹F MRI was performed to assess the cell distribution in vivo. **a–c** Fluorine signal was quantifed as the number of fuorine atoms/pixel in the organs with high ZPFCE-NP accumulation (pancreatic region and liver) based on the overlay of ¹⁹F and anatomical ¹H MR images relative to an external reference of known concentration (R). **d** In vivo ¹⁹F MR images of the abdominal region of control animals (no BMDCs), vehicle- (control group with no pancreatic infammation) and STZ-treated NOD.SCID mice ($n=13$) showing fluorine signal due to accumulation of the ZPFCE-NP-labeled BMDCs 24 h (top), 36 h (middle) and 48 h (bottom) after cell engraftment. Pixels with the highest signal intensity were set to an arbitrary value of 100. **e** Ex vivo 19F NMR based on the quantifcation of fuorine concentration in the liver (control animals (*n*=3), vehicle- and STZ-treated NOD.SCID mice (*n*=5 each). Data represented as mean±SEM, **p*<0.05. *R*=19F 20 mM reference, S stomach, PR pancreatic region, L liver, PL pancreatic lymph nodes. Not, threshold in the 19F MR images in panel (**d**) are higher than those chosen for quantifcation of 19F MRI

Additionally, ex vivo 19 F NMR spectroscopy was performed on liver homogenates, isolated 48 h after cell engraftment to cross-validate the quantifcation of in vivo $19F$ MRI data. Indeed, the $19F$ NMR data confirmed the in vivo 19 F MRI. No significant differences in the migration of ZPFCE-NPs labeled BMDCs in vehicle-and STZ-treated mice were observed (Fig. [5e\)](#page-7-0).

Validation of In Vivo 19F MRI by Flow Cytometry After Adoptive Transfer in NOD.SCID Mice

For further confirmation of the in vivo monitoring of BDC2.5 mimotope-loaded and ZPFCE-NP labeled BMDCs migration towards the pancreas and pLNs, a small additional cohort of vehicle $(n=4)$ and STZ-treated $(n=4)$

NOD-SCID mice was euthanized 24 h and 48 h after adoptive transfer. Migration of labeled BMDCs towards the pan-creas and pLNs was assessed by flow cytometry (Fig. [6](#page-8-0)). More ZPFCE-NP labeled BMDCs were present after 48 h compared to 24 h. However, no diferences in the accumulation of ZPFCE-NP labeled BMDCs were observed between the pancreases of the vehicle- and STZ-treated mice groups. A strong reduction in ZPFCE-NPs labeled BMDCs was seen in the pLNs of STZ-treated animals but not for the vehicle-treated animals after 48 h when compared to the animals euthanized after 24 h after 48 h, suggesting that most of the ZPFCE-NP-labeled BMDCs might have migrated to the pancreas (Fig. [6g](#page-8-0)).

Discussion

Monitoring infammation, which is implicated as a hallmark in the pathogenesis of various diseases, is gaining high interest for a better understanding of diseases and their treatment [[18](#page-10-18), [49–](#page-10-31)[51](#page-10-32)]. Here, we studied DC migration with and without STZ-induced pancreatic injury, resulting in mild pancreatic infammation. We aimed to track and quantify the migration of adoptively transferred ZPFCE-NP-labeled BMDCs towards the pancreas. The DCs have been loaded with a BDC2.5 mimotope as pancreatic antigen and as such would be expected to home to that location. Although, DC migration has already been studied by invasive techniques [[45](#page-10-26)], a non-invasive follow-up of individual animals over time could provide a better insight in the sequence of events, in particular the interaction between DCs and the host.

Due to their crucial role in the balance between immunity and tolerance, DCs gained high interest during the past decade to be used in immunotherapy [[52](#page-10-33), [53](#page-10-34)]. Successful preclinical studies that have investigated the use of MRI and superparamagnetic nanoparticles to track DCs have provided promising results also for future applications of this technique in humans [[54](#page-10-35), [55](#page-10-36)]. Other studies investigated the labeling of DCs with multifunctional nanoparticles which can be incorporated with therapeutic agents, such as anticancer drugs for theranostic applications also using 19 F MRI for monitoring [\[21](#page-10-21), [44](#page-10-12)].

Imaging techniques like 19 F MRI are very promising tools for the non-invasive and longitudinal study and tracking of labeled cells [[31](#page-10-2), [39](#page-10-7), [41](#page-10-9), [56](#page-10-37), [57](#page-11-0)]. A major advantage of ^{19}F MRI-based cell labeling strategies is the lack of background signal and the ease to combine it with anatomical information retrieved from ¹H MRI. One disadvantage of ¹⁹F MRI is its poor sensitivity [[58](#page-11-1)]. To further improve the sensitivity of 19 F MRI, a combined approach needs to be taken, improving (a) fuorine containing contrast agents that contain high concentrations of chemically equivalent fuorine atoms [[59](#page-11-2), [60](#page-11-3)], (b) improved radio-frequency coils would further improve sensitivity $[61]$ $[61]$ $[61]$, (c) use pulse sequences that could boost sensitivity [[62](#page-11-5)] and (d) improved data processing approaches (for example, compressed sensing) [[63\]](#page-11-6).

PFCEs are the preferred choice for ¹⁹F MRI-based cell tracking, since their 20 identical fuorine atoms partially help to overcome the methods sensitivity problems [[59](#page-11-2), [60](#page-11-3)]. Here, we report on modifed PFCE-based particles for the labeling of BMDCs that are smaller and more stable than similar particles. This has resulted in a relatively high uptake of the ZPFCE-NPs by BMDCs when added during the maturation process, which is required for the in vivo tracking of labeled

Fig. 6 Quantifcation of ZPFCE-NPs-labeled BMDCs isolated from control, vehicle and STZ-treated NOD.SCID mice 24 h (**a–d**) and 48 h (e-h) after intraperitoneal engraftment by flow cytometry. The percentage of ZPFCE-NPs⁺ cells in the CD11c⁺ MHC-II⁺ DC population was determined in the pancreas (a, e) and pLN (c, g). MFI of ZPFCE-NPs in the CD11c⁺ MHC-II⁺ DC population determined in the pancreas (**b, f**) and pLN (**d, h**). Bar graphs represent mean±SEM (*n*=8). **p*<0.05, ***p*<0.01, ****p*<0.001

cells by 19 F MRI [[58](#page-11-1)]. PFCEs are biologically inert compounds. Their encapsulation with various lipids is well studied with very low biological toxicity during or after the labeling procedures [[37](#page-10-38), [64](#page-11-7)[–66](#page-11-8)]. It has previously been shown that diferent sizes of PFCE-NPs used for cell labeling result in immunogenic DCs [[67](#page-11-9)]. In the current study, no adverse efects of ZPFCE-NPs labeling were detected on BMDC on viability, phenotype and function when using a concentration of 20 mM ZPFCE-NPs as cells were able to retain their functional properties.

In T1D, DCs are key players in both the prevention and induction of this autoimmune disorder. They have been extensively studied preclinically in NOD mice [[14](#page-10-16), [15](#page-10-29), [68](#page-11-10)]. Together with self-reactive T cells, DCs remain responsi-ble for all stages of T1D [[69](#page-11-11)]. In this regard, we exploited ZPFCE-NP-labeling in order to visualize the migratory patterns of BMDC under mild infammation. It should be noted that while pancreatic beta cell stress and destruction after low-dose STZ administration were confrmed by increased blood glucose levels 3 days after injection, the pro-infammatory state in these STZ-induced hyperglycemic mice was not confrmed and thus was based on previous experiments [[11](#page-10-13)]. Using 19 F MR imaging, we showed here that BDC2.5 mimotope-loaded ZPFCE-NP-labeled BMDCs migrated with high affinity towards the pancreas after chemically induced inflammation (low dose STZ). The increased homing of BDC2.5 mimotope-loaded ZPFCE-NP-labeled BMDCs towards the infamed pancreas could be the result of the disruption of pancreatic vasculature due to STZ-induced infammation at 48 h. Interestingly, we identifed high accumulation of fuorine atoms in the pLN of the vehicle group. This observation indicates that even without infammatory signals BDC2.5 mimotope-loaded ZPFCE-NP-labeled BMDCs align their orientation to the pancreatic region. Based on ex vivo fow cytometry analysis of the pancreas, no signifcant diferences were found in the number of ZPFCE-NP-labeled BMDCs of both injected groups at 24 h and 48 h. However, elevated homing of ZPFCE-NP-labeled BMDCs was noticed in the pLNs of the vehicle group in contrast to the STZ-treated group. The fact that 19 F MRI reached significance and flow cytometry did not could be due to the fact that both methods measure different properties. While ¹⁹F MRI determines the fuorine content, fow cytometry measures the relative amount of labeled DCs. Apart from the pancreatic region, low ¹⁹F signal was also detectable in the liver as previously shown $[45]$ $[45]$.

Briefy, in the current manuscript we established a labeling protocol for BMDCs using newly synthesized ZPFCE-NPs. Moreover, we provided a 19 F MRI platform for the non-invasive imaging and quantifcation of BDC2.5 mimotope-loaded ZPFCE-NP-labeled BMDCs in a T1D mouse model under mild pancreatic infammation. Future studies are required for the evaluation of the labeling and 19 F MR imaging of human DCs. This could be of interest for longitudinal follow-up of tolerogenic DCs in the context of immunotherapy in T1D patients [[70](#page-11-12)]. In addition, this imaging approach could also be implemented in the development of theranostic applications using fuorinated NPs for DC vaccines in cancer, which has already been studied in humans [[41](#page-10-9), [71\]](#page-11-13).

Conclusion

We demonstrated successful labeling of BMDCs with biologically compatible ZPFCE-NPs for in vivo and longitudinal follow-up of mild pancreatic infammation in a T1D mouse model using ¹⁹F MRI. Our fndings depict the feasibility of using ¹⁹F MRI and ZPFCE-NPs for monitoring and quantifying the dynamics of infammation in T1D. Our work can potentially contribute in the further assessment of novel cellbased immunotherapies such as tolerogenic DC vaccines in the onset and progression of not only autoimmune diseases but also for novel cancer treatments.

Supplementary Information The online version contains supplementary material available at <https://doi.org/10.1007/s11307-021-01701-1>.

Acknowledgements The authors acknowledge Jos Laureys and Dries Swinnen (Clinical and Experimental Endocrinology, KU Leuven, Belgium) and Dr. Willy Gsell (Biomedical MRI, KU Leuven) for their technical assistance. We would like to thank the staff of the VIB-KU Leuven FACS Core Facility for the assistance with fow cytometry .

Funding We are grateful for the fnancial support by the following funding agencies: the European Commission Marie Curie (ITN) BetaTrain (289932) and INSPiRE-Med (813120), the Research Foundation Flanders (FWO, G.0A75.14, G.0B28.14, 11Y5915N and G.069115 N), the Agentschap voor Innovatie door Wetenschap en Technologie for the SBO Nano-CoMIT (IWT SBO 140061).

Declarations

Conflict of Interest Shweta Saini is currently working for Springer Nature. Other authors declare that they have no conficts of interest.

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