ORIGINAL ARTICLE

Partial adenosine A1 receptor agonists for cardiovascular therapies

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Abstract Adenosine, a purine nucleoside, is present in all cells in tightly regulated concentrations. It has many different physiological effects in the whole body and in the heart. Adenosine activates four G protein-coupled receptors A1, A2a, A2b, and A3. Activation of myocardial A1 receptors has been shown to inhibit a variety of myocardial pathologies associated with ischemia and reperfusion injury, including stunning, arrhythmogenesis, coronary and ventricular dysfunction, acute myocardial infarction, apoptosis, and chronic heart failure, implying several options for new cardiovascular therapies for diseases, like angina pectoris, control of cardiac rhythm, ischemic injury during an acute coronary syndrome, or heart failure. However, the main issue of using full A1 receptor agonists in such indications is the broad physiologic spectrum of cardiac and extracardiac effects. Desired A1 receptor-mediated protective and regenerative cardiovascular effects might be counter-regulated by unintended side effects when considering full A1 receptor agonists. These effects can be overcome by partial A1 agonists. Partial A1 agonists can be used to trigger only some of the physiological responses of receptor activation depending on endogenous adenosine levels and on receptor reserve in different tissues. CV-Therapeutics reported the identifica-

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tion of a partial A1 receptor agonist CVT-3619, and recently, another partial A1 receptor agonist VCP28 was published. Both compounds are adenosine derivatives. Adenosine-like A1 receptor agonists often have the drawback of a short half-life and low bioavailability, making them not suitable for chronic oral therapy. We identified the first non-adenosine-like partial A1 receptor agonist(s) with pharmacokinetics optimal for oral once daily treatment and characterized the qualities of the partial character of the A1 receptor agonist(s) in preclinical and clinical studies.

Keywords Adenosine A1 receptor. Partial adenosine A1 receptor agonists. Cardiovascular diseases

Abbreviations

Introduction

Adenosine, a purine nucleoside, is present in all cells in tightly regulated concentrations. It is released under a variety of physiologic and pathophysiologic conditions to facilitate protection and regeneration of injured tissues.

The adenosine-mediated effects on protection and repair can be subdivided into several categories: regulation of the oxygen supply/demand ratio to normal by reduction of oxygen demand, decrease in sympathetic tone, cell preconditioning, anti-inflammatory processes, and stimulation of angiogenesis [\[1](#page-7-0), [2](#page-7-0)]. These diverse actions of adenosine are mediated by four widely expressed adenosine receptor subtypes: A1, A2a, A2b, and A3 [\[3](#page-7-0)].

In the heart, however, adenosine-induced protective and regenerative effects are mediated predominately by A1 receptors [\[4](#page-7-0)] that are expressed in cardiomyocytes [\[5](#page-7-0)], smooth muscle cells [[5\]](#page-7-0), in supraventricular tissue (atria), and ventricles [\[6](#page-7-0)]. A1 receptors belong to the family of seven-transmembrane-spanning purinergic P1 receptors and couple to the inhibitory G_i protein to decrease the secondary messenger cyclic adenosine monophosphate [[7,](#page-7-0) [8](#page-7-0)]. Furthermore, they couple to phospholipase-C, thereby influencing inositol triphosphate and Ca^{2+} release from internal stores, and act on potassium and calcium channels [\[4](#page-7-0)].

Upon activation, myocardial A1 receptors have been shown to inhibit a variety of myocardial pathologies associated with ischemia and reperfusion injury, including stunning, arrhythmogenesis, coronary and ventricular dysfunction, acute myocardial infarction, apoptosis, and chronic heart failure [[9](#page-7-0)–[15\]](#page-8-0), implying several options for new cardiovascular therapies for heart diseases, like angina pectoris, control of cardiac rhythm, ischemic injury during an acute coronary syndrome, or heart failure.

However, the main issue of using full A1 receptor agonists in such indications is the broad physiologic spectrum of cardiac actions, like bradycardia up to atrioventricular block (AV block), negative inotropy, and dromotropy upon adenosine A1 receptor activation [\[3](#page-7-0), [4\]](#page-7-0) and of extracardiac effects, such as reduction in transmitter release and locomotor activity, sedation and anticonvulsant effects in the CNS, reduction in glomerular filtration rate, inhibition of renin release, antidiuresis and vasoconstriction of afferent arteries in the kidney, and metabolism (lipolysis and glucose tolerance) [\[16](#page-8-0)].

Thus, the pharmacological profile of A1 receptors is manifold due to the widespread distribution and diverse function, and it should be considered that desired A1 receptor-mediated protective and regenerative cardiovascular effects might be counter-regulated by unintended side effects when considering full A1 receptor agonists. Moreover, receptor desensitization is a potential problem when considering the chronic use of full A1 receptor agonists, as it has been reported in vitro at the level of cultured atrial myocytes or in adipocytes [[17,](#page-8-0) [18\]](#page-8-0) and in in vivo studies [\[19](#page-8-0), [20\]](#page-8-0).

However, these restrictions for the chronic use of full A1 receptor agonists as a therapeutic option might be overcome by tailoring compounds only to the desired pharmacological efficacy by the development of partial adenosine A1 receptor agonists. A partial adenosine A1 receptor agonist is a low efficacy ligand which elicits only a submaximal response of the receptor in contrast to a full agonist (Fig. 1).

Partial A1 agonists can be used to trigger only some of the physiological responses of receptor activation depend-

Fig. 1 A1 receptor activation by a full or partial agonist or blockade by an antagonist in the presence of adenosine; A1R adenosine A1 receptor

ing on endogenous adenosine levels and on receptor reserve in different tissues. Thus, a partial A1 receptor agonist can work as a semi-potent agonist or a weak antagonist depending on the organ/tissue adenosine A1 receptor activity leading, thereby, to a kind of tissue and functional selectivity [[21](#page-8-0)]. Furthermore, partial A1 agonists might induce less receptor desensitization than full agonists [[22,](#page-8-0) [23](#page-8-0)] and be ideal for chronic treatment and with broader dose ranges.

CV-Therapeutics reported the identification of a partial A1 receptor agonist CVT-3619 [[24\]](#page-8-0), a derivative of adenosine, which inhibits lipolysis and lowers plasma free fatty acid concentrations without any cardiovascular effects [\[25](#page-8-0)]. Recently, another partial A1 receptor agonist VCP28 was reported [[26\]](#page-8-0). This compound, which is also an adenosine derivative, is cardioprotective at doses that have no effect on heart rate.

Adenosine-like A1 receptor agonists often have the drawback of a short half-life and low bioavailability making them not suitable for chronic oral therapy. We were aiming for non-adenosine-like partial A1 receptor agonists with pharmacokinetics optimal for oral treatment. A new class of heterocyclic compounds, devoid of the ribose moiety found in adenosine, was identified as highly potent and selective full and partial A1 agonists.

Here, we provide chemical and pharmacological data of partial A1 receptor agonists by the example of capadenoson (BAY 68-4986) (Fig. [2](#page-2-0)) [[27,](#page-8-0) [28\]](#page-8-0). Capadenoson is a partial A1 receptor agonist with an EC_{50} of 0.1 nM on human A1 receptors and a selectivity factor of 1,800 vs. A2a, 900 vs. A2b, and no activity on A3 receptors. In consistency with the predicted pharmacological effects of a partial A1 receptor agonist, capadenoson showed reduced bradycardiac effects in preclinical models and no effects on heart rate at rest in

Fig. 2 Chemical structure of capadenoson

clinical studies. The full cardioprotective potential of the compound could be demonstrated in preclinical models of acute myocardial infarction. Capadenoson is, therefore, an example of a partial A1 agonist with a highly sophisticated pharmacological activity, providing further evidence that partial agonists can be tailored toward desired pharmacological effects by reducing undesired ones.

Material and methods

Optimization of partial adenosine A1 receptor agonists

Optimization of partial A1 agonists has been described in great detail by Nell and Albrecht-Küpper [\[28](#page-8-0)].

35 S-GTP binding assay

Human frontal lobe was obtained from Analytical Biological Services Inc. (Wilmington, DE, USA). Membranes of the cortex were prepared as described previously [[29\]](#page-8-0). $[35S]$ GTPγS binding was measured as described by Lorenzen et al. [[30](#page-8-0)].

Briefly, 5 μg of membrane protein was incubated with capadenoson or 2-chloro-N6-cyclopentyladenosine (CCPA), each in a concentration range of 0.1 nM–10 μ M, in 160 μl binding buffer 50 mM Tris/HCl, pH 7.4, 2 mM triethylamine, 1 mM EDTA, 5 mM $MgCl₂$, 10 μ M GDP, 1 mM dithiothreitol, 100 mM NaCl 0.2 U/ml adenosine deaminase, 0.2 nM $[^{35}S]GTP\gamma S$, and 0.5% bovine serum albumin for 2 h at 25°C. Non-specific binding was determined in the presence of 10 μ M GTP γ S. Binding was determined after filtration over multiscreen FB fiber glass filters and scintillation measurement. Binding curves of $\int^{35} S \cdot |GTP\gamma S|$ were analyzed by nonlinear regression.

Langendorff hearts

Male Wistar rats (200–250 g) were anesthetized using pentobarbital (100 mg/kg i.p.). The heart was rapidly excised and connected to a Langendorff perfusion system (FMI GmbH, Seeheim-Ober Beerbach, Germany). The heart was perfused at a constant rate of 10 ml/min with Krebs–Henseleit bicarbonate buffer solution equilibrated with 95% O_2 –5% CO_2 . The perfusion solution contained (in millimolars): NaCl 118, KCl 3, NaHCO₃ 22, KH₂PO₄ 1.2, $MgSO₄$ 1.2, $CaCl₂$ 1.8, Glucose 10, and Na-Pyruvat 2. A pressure transducer registered the perfusion pressure in the perfusion system and heart rate. The hearts were spontaneously beating. The signals from the pressure transducer were amplified, registered, and used for the calculation of the heart frequency by a personal computer. Compounds (BAY 68-4986, CCPA) were given as stock solutions directly to the perfusion buffer to result in final increasing concentrations of 1 nM–1 μM on eight to ten hearts.

Acute myocardial infarction

Male Wistar rats (Harlan-Winkelmann, 280–300 g) were treated with aspirin (2 mg/kg; p.o.) 1 h before surgery. Rats were anesthetized with pentobarbital (80 mg/kg; i.p.) and ventilated. The chest was opened and a thread was put around the LAD. Fifteen minutes before occlusion placebo, 0.03, 0.1, and 0.3 mg/kg of capadenoson were given intravenously as bolus injection. The LAD was occluded for 30 min and then re-opened. Reperfusion was allowed for 120 min. Animals were sacrificed and hearts removed. The LAD was occluded again and hearts were retrograde perfused with 0.1% Evans blue for 10 min. Hearts were cut in 2-mm slices and stained in 1% triphenyl tetrazolium chloride for 20 min at 37°C. Infarct sizes (IS) were determined by computer planimetry of the heart slices as % IS of area at risk. Statistical analysis was done by oneway ANOVA.

Results

Capadenoson

Capadenoson was identified as a result of screening on a high-throughput scale together with a thorough lead optimization program. During the course of the project, several high-throughput screening of CHO cell lines expressing human adenosine receptors and luciferase or aequorin reporter genes revealed the lead compound (2, Fig. [3](#page-3-0)) derived from one of the hit clusters. The lead compound already exhibited high affinity for the A1 receptor; however, selectivity against the A2b receptor was rather low. Under further evaluation, the compound revealed liabilities that included a marked hepatic metabolism and insufficient pharmacokinetic parameters for p.o.

application. Addressing the poor selectivity for the A1 receptor, compound 3 (Table 1) was synthesized. Introduction of the hydroxyethyl residue led to a selectivity of approximately 100 over the A2b receptor and of more than 3,000 over the A2a and A3 receptors. Based on this compound, a structure activity relationship was established. The phenolic group at the northern site offered an easy point of variation (Table [2](#page-4-0)). Several residues were tested including the replacement of the oxygen atom by other heteroatoms. The hydroxyalkyl derivatives proved to be the most potent and selective compounds within this series. Several substitutions were introduced at the southeastern site to explore the influence on potency and selectivity (Table [3](#page-4-0)). Compounds bearing [2-aryl-1,3-thiazol-4-yl] methyl and [2-morpholinyl-1,3-thiazol-4-yl]methyl groups resulted in the most favorable profile. Substitution at the amino group in the southwest region was explored to some extent; however, the amino group proved to be the group of choice (Table [4\)](#page-5-0). Core variations, e.g., replacement of the dicyanopyridine by cyanopyrimidine resulted in less active compounds, with some compounds exhibiting antagonistic activity for the adenosine receptors.

Further optimization of various parameters based on the established SAR led to the final candidate, capadenoson. The synthesis of capadenoson [\[31](#page-8-0)] is straight forward starting from the aromatic aldehyde which is reacted in a Knoevenagel reaction with dicyanomethane and subsequently treated with cyanothioacetamide and the corresponding alkylchloro building block to form capadenoson via the thiol-substituted dicyanopyridine ring system. The required alkylchloro building block is formed by reaction of pchloroarylthioacetamide with 1,3-dichloroacetone (Fig. [4](#page-5-0)).

Partial character of capadenoson

The partial character of capadenoson has been evaluated by [³⁵S]-GTPγS binding assay on preparations of human frontal lobe membranes. CCPA, a well-described full A1 receptor agonist, with a comparable potency (EC_{50} 0.3 nM) to capadenoson (EC_{50} 0.1 nM) on the human A1 receptor,

Table 1 Agonistic activity and selectivity of non-purinergic adenosine receptor agonists—SAR 1

was used as control for maximal binding of $[^{35}S]$ -GTP γS binding. As shown in Fig. [5](#page-6-0), capadenoson reached only 74

±2% of the full effect of CCPA demonstrating the partial character of the compound.

Table 3 Agonistic activity and selectivity of non-purinergic adenosine receptor agonists—SAR 3

Bradycardia in Langendorff hearts

The full adenosine A1 receptor agonist CCPA reduced heart rate significantly in isolated rat Langendorff hearts in a concentration-dependent manner. Starting from 320 ± 2 bpm, heart rate was reduced down to $80±5$ bpm in a dose range from 1 nM to 1 μ M (Fig. [6](#page-6-0)). Higher concentrations resulted in a complete AV block. In contrast, capadenoson reduced heart rate only from 360 ± 3 to 330 ± 6 beats/min in the same concentration range. No AV block could be induced even at concentrations of capadenoson up to 10 μM.

Cardioprotection

A model of acute myocardial infarction was used to demonstrate cardioprotective effects of capadenoson. Transient occlusion of the LAD resulted in the induction of myocardial infarction. Placebo animals reached an IS of 29

 \pm 2% of the area at risk (Fig. [7\)](#page-6-0). Pre-ischemic treatment of rats with capadenoson decreased dose-dependently IS significantly by 30% down to 21 ± 3 % at 0.3 mg/kg.

Discussion

There are several options for new therapies involving A1 receptor activation in cardiovascular diseases such as angina pectoris, control of cardiac rhythm, and ischemic injury during an acute coronary syndrome or coronary artery bypass graft surgery and heart failure. But besides the predicted benefits of A1 receptor activation, there are several pharmacological effects which would render a full A1 agonist to be not suitable for treatment. For example, an A1 receptor agonist which is used for cardioprotection in patients with cardiovascular diseases should not impair renal function.

Fig. 5 Stimulation (in percent) of $\int^{35} S \vert G \vert T \vert P \gamma S$ binding by capadenoson (circle) or CCPA (triangle) to human cortex membranes. Maximal CCPA stimulation is set as 100%. Shown are means±SEM

This differentiation of pharmacological activities needed for therapeutic use can be achieved by the development of partial A1 receptor agonists. During the optimization of non-adenosine-like A1 receptor agonists, we noticed that the degree of partiality on the A1 receptor determines its pharmacological profile. Reduction of heart rate by activation of A1 receptors in the AV node, thus the slowing of conduction and the transfer time of signaling from atria to ventricles, is highly dependent on complete adenosine A1 receptor activation. Preclinical and clinical studies with full A1 receptor agonists, such as tecadenoson, an N6-substituted derivative of adenosine, and selodenoson [\[27](#page-8-0)], showed significant reduction of heart rate up to a third degree AV block in animal models [[32\]](#page-8-0) and in patients [[33\]](#page-8-0).

In contrast, the partial A1 receptor agonist capadenoson reduced heart rate only slightly in animal models, as shown by our results and had no significant effect on heart rate at rest in healthy subjects or patients with atrial fibrillation [\[34](#page-8-0)]. These data suggest that a reduction of agonist efficacy results in significantly less dromotropic effects of compounds. Therefore, partial A1 agonists seem to be not

Fig. 6 Reduction of heart rate by increasing concentrations of capadenoson (black bars) and CCPA (white bars) in isolated rat Langendorff hearts. Shown are means±SEM

Fig. 7 Dose-dependent reduction of infarct size by capadenoson in an ischemia–reperfusion injury rat model. Capadenoson was given in mg/kg i.v. Shown are means \pm SEM. $n=9-18$. $\ast p < 0.05$; **p<0.01 vs. placebo

suited as a therapeutic option for atrial fibrillation. But the reduced dromotropic activity of a partial A1 receptor agonist displays a great safety advantage in patients in which further reduction of heart rate on top of standard therapies is not desirable. Partial A1 agonists have the opportunity of slowing AV conduction only to a certain degree, thereby reducing heart rate without the risk of generating a third degree AV block [[35\]](#page-8-0). An AV block by a full A1 receptor agonist bears a high risk. When heart rate depends only on the ventricular frequency (about 40 beats/ min), a life-threatening condition in at-risk patients with already reduced heart function occurs.

Less dependency on the partial character of an A1 receptor agonist is seen for cardioprotective and lipid modulating effects. CVT-3619 [\[24](#page-8-0)] inhibits lipolysis and lowers plasma free fatty acids without any cardiovascular effects [[25\]](#page-8-0). VCP28 shows cardioprotection at concentrations that do not reduce heart rate [[26\]](#page-8-0). Capadenoson reduces IS by a preconditioning mechanism at low doses but never evokes an AV block even at maximal dosages.

Cardioprotection from ischemia-induced tissue injury by preconditioning is the most powerful endogenous mechanism for protecting the heart during prolonged ischemic episodes [[36](#page-8-0)]. This might be a new therapeutic and prophylactic option for patients with or at high risk for an acute coronary syndrome.

Preconditioning can be induced by short episodes of recurrent sub-lethal ischemia followed by reperfusion phases, which protects the myocardium from tissue damage during more prolonged ischemic episodes. The cardioprotective effect of preconditioning has been shown in several animal models of acute myocardial ischemia. Endogenous and exogenous stimulation of adenosine A1 receptors has been shown in several animal studies to be involved in this protective effect and in the reduction in IS [[37](#page-8-0)–[39](#page-8-0)]. Activation of A1 receptors results in the subsequent modulation of several downstream signaling cascades [[40,](#page-8-0)

[41](#page-8-0)]. Furthermore, repeated application of A1 agonists leads to a chronic preconditioned state [[42\]](#page-8-0).

Peart and Gross described that the full A1 agonist CCPA reduced IS by 36% in a model of ischemia/reperfusion injury in rats [[43\]](#page-8-0). This degree of IS reduction is similar as described here for the partial A1 agonist capadenoson, underlining that the partial character of the compound does not result in reduced cardioprotection.

Besides acute coronary syndrome, coronary heart disease itself might be an indication with beneficial effects of partial A1 agonists. Coronary heart disease is the most significant cause of death in industrial countries. Angina pectoris is a discomfort in the chest caused by myocardial ischemia brought on by exertion. Myocardial ischemia is caused by a transient imbalance between myocardial oxygen demand and supply resulting from a stenosis due to an atherosclerotic plaque. Activation of A1 receptors by a partial A1 agonist can result in a reduction in oxygen consumption by cardioprotective mechanisms and a slightly reduced increase of heart rate at exercise when most angina attacks occur. Partial adenosine A1 receptor agonists can therefore offer a new therapeutic opportunity for the treatment of angina pectoris. The efficacy of a partial A1 agonist in angina pectoris treatment has been proven in a first clinical trial with capadenoson [[44\]](#page-8-0). Furthermore, it was shown that the non-adenosine-like A1 agonist capadenoson have a favorable PK profile with a half-life of 20 h in men [[44\]](#page-8-0).

The mechanisms involved in the different modes of actions of partial A1 agonists are not completely understood. Different endogenous adenosine tissue levels and different levels of receptor expression in the heart and other organs might be the key for the effects. High expression levels and a substantial receptor reserve can lead to a low number of receptors needed to be activated by an agonist to evoke a signal whereas tissues with low expression levels and little receptor reserve might need a high number of activated receptors to respond to receptor activation.

These differences are already known for adenosine A1 receptors. In guinea pig atrial myocyctes, it has been shown that there is little receptor reserve for direct activation of potassium current by adenosine, as half-maximal and nearmaximal responses are associated with occupancies of 40% and 98% of total A1 receptors. In contrast, there is substantial receptor reserve for indirect inhibition by adenosine of isoproterenol-stimulated calcium current, as half-maximal and near-maximal responses are associated with occupancies of only 4% and 70% of A1 receptors, respectively [[23\]](#page-8-0). Similar effects for G protein-coupled receptors are also known for adrenergic and muscarinic receptor signaling [2]. Furthermore, adipocytes have a very high receptor reserve, which might be an explanation why even partial A1 agonists still show lipolytic effects without

any cardiovascular activity [[45\]](#page-8-0). Based on these data, a partial A1 agonist could activate signaling pathways in tissues with a high receptor reserve, but not in tissues with a low one and thereby lead to tissue selective pharmacological effects.

In summary, the importance of developing a drug for cardioprotection by pharmacologically induced preconditioning is well accepted. A1 receptor agonists are promising candidates to fulfill this need, but their broad pharmacological effects on different organs make it difficult to use them as a therapeutic option. Partial A1 agonists have the ability to be tailored to the desired pharmacological effects on cardiovascular diseases with diminished effects on, e.g., bradycardia. Further research is needed to fully evaluate the therapeutic potential of partial adenosine A1 agonists and to evaluate the mechanism of action involved in the differentiated tissue specific signaling pathways of A1 receptors.

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