

Monitoring of As, Cd, Cr, and Pb in Groundwater of Mexico's Agriculture Mocorito River Aquifer: Implications for Risks to Human Health

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Abstract Groundwater from the Mocorito River aquifer in Mexico has been historically employed for both human consumption and irrigation of its overlaying agriculture felds. The aim of this research was to investigate the levels and distribution of potentially toxic elements (PTEs) in the aquifer to determine their sources and to assess their potential health risks. Groundwater samples were collected from wells at eighteen sites in two climatic seasons. In the dry season, mean dissolved concentrations (μ g L⁻¹) of

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As, Pb, Cd, and Cr were 3.19, 0.05, 0.02, and 0.15, respectively, and their total (unfltered) concentrations were 4.10, 0.47, 0.05, and 0.52, respectively. While in the rainy season, their dissolved concentrations were 4.60, 0.03, 0.01, and 0.06, respectively, and their total concentrations were 5.58, 0.25, 0.01, and 0.12, respectively. On average, concentrations of the four PTEs were below national and international guidelines for drinking water. Concentrations of As exceeded the WHO (2007) guidelines (10 µg L^{-1}) at three sites and had yielded relatively high values of both chronic daily intake and hazard quotient. Lifetime cancer risk for As indicated the probability for developing this disease of 1 in 10, 000 inhabitants. Pearson's correlation and principal component analysis (PCA-Varimax) were carried out. According to these, all the PTE concentrations were mainly derived from natural lithogenic sources. Arsenic concentrations constitute potential human health concerns for both direct consumption and its bioaccumulation in local crops. Finally, due to high As concentrations in some sites in the aquifer, the implementation of a sustainable groundwater management plan in the MORCA, that include a monitoring of PTE levels, is recommended.

Keywords Arsenic · Chronic daily intake · Heavy metals · Lithogenic sources · Risk quotients indices · Water resources

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1 Introduction

Groundwater is an important resource for both human consumption and anthropogenic activities, including agriculture, mining, and industry (Barzegar et al., [2019](#page-15-0); McDonough et al., [2020](#page-17-0)). Quantity and quality of this resource is, therefore, a worldwide concern because many aquifers are now being adversely impacted by over-exploitation and pollution (Afzal et al., [2014;](#page-15-1) Coyte et al., [2019](#page-16-0); Rakib et al., [2020\)](#page-17-1). That pollution includes increases in major ions (salinization) and potentially toxic elements (PTEs) such as arsenic (As), lead (Pb), cadmium (Cd), and chromium (Cr) (Bawa & Dwivedi, [2019;](#page-15-2) Erickson et al., [2019\)](#page-16-1). Those increases may be due to reductions in groundwater recharge or over-exploitation of the aquifers as well as the release of these elements from natural sources (water–rock interaction, leaching, etc.) (Aullón Alcaine et al. [2020;](#page-15-3) Huq et al., [2020](#page-16-2)). PTE concentrations in aquifers may also be increased by various anthropogenic activities (e.g., mining, wastewater runoff, industry, and agriculture) that adversely afect the quality of the groundwater (Arkoc, [2014](#page-15-4); Garau et al., [2019;](#page-16-3) Ghezzi et al., [2019](#page-16-4)), especially in shallow aquifer, which can be polluted with these and other contaminants such as nutrients (Chen et al., [2016](#page-15-5)), pesticides, hydrocarbons, and pathogen microorganisms from the anthropogenic activities carried out on the overlaying alluvial plain.

Harmful efects of PTEs on human health caused by groundwater ingestion have been reported. PTEs like As, Pb, Cd, and Cr cause pulmonary, gastrointestinal, reproductive, renal, and hematological damages, as well as short-term memory loss, disabilities in learning and coordination problems, risk of cardiovascular disease, diferent types of cancer, and death (Dhaliwal et al., [2020;](#page-16-5) Sobhanardakani, [2017a](#page-18-0); Sobhanardakani et al., [2018;](#page-18-1) Wuana & Okieimen, [2011\)](#page-19-0). Thus, there is an increasing need to monitor the concentrations of PTEs in aquifers, identifying their sources and assessing their potential risks (Qiao et al., [2020](#page-17-2); Ravindra & Mor, [2019](#page-17-3)).

As a result of that need, the concentrations and the biogeochemical behavior of PTEs have been extensively investigated on a global scale (Barzegar et al., [2019](#page-15-0); Liang et al., [2017](#page-16-6); Rajkumar et al., [2020](#page-17-4); Upadhyaya et al., [2014](#page-18-2)). This includes the

study by Arkoc [\(2014\)](#page-15-4) on PTEs in groundwater from the Ergene Basin, Turkey, where the average concentrations (μg L⁻¹) of Zn (683)>Cr (16)>Fe $(12) > Cu (5) > Pb (0.6) > Cd (<0.005)$ were all below of the international and national guidelines. Conversely, Ayedun et al. ([2015](#page-15-6)) determined the concentrations (μ g L⁻¹) of As (0.24), Cd (0.23), Cr (1.81), and Pb (7.44) in Nigerian aquifers and found that Cd and Pb concentrations exceeded the WHO (World Health Organization (WHO), [2017\)](#page-19-1) guidelines. They concluded that the high Cd and Pb concentrations in those waters were caused by the discharge from waste or leaching from sewageladen landflls, as well as industrial activities in the area, respectively. Huq et al. ([2020\)](#page-16-2) reported that 50 of 59 districts in Bangladesh have As levels higher than the Bangladesh (50 $g L^{-1}$) and WHO (10 g L^{-1}) standards for drinking water, and concluded that those values mainly occur because of the natural sources in the region (e.g., Himalayan orogenic deposits) and mentioned that over-exploitation of the aquifers as well as the competitive ion exchange process also contribute to the As enrichment of the groundwater.

In Mexico, high levels of As in groundwater have been associated with natural and anthropogenic sources, mainly in Zimapán-Valley, the San Antonio–El Triunfo, Santa Maria de la Paz, Los Azufres, Los Humeros and Acoculco, in Hidalgo, Southern Baja California, San Luis Potosí, and Aguascalientes states (Armienta & Segovia, [2008;](#page-15-7) Armienta et al., [2001;](#page-15-8) Razo et al., [2004;](#page-17-5) Robles-Camacho & Armienta, [2000\)](#page-17-6). Armienta et al. ([2001\)](#page-15-8) observed that As concentrations in groundwater from Zimapan-valley ranged from nondetectable to 1000 g L^{-1} . These high concentrations of As were associated with the chemical composition of minerals occurring in the study area such as scorodite and arsenopyrite (Krieger & Hagner, [1943](#page-16-7)). Thirtytwo from sixty samples exceeded the WHO (World Health Organization (WHO), [2017\)](#page-19-1) limit (10 μg L^{-1}), and thirteen exceeded the Mexican standard of 50 μ g L⁻¹ established in the NOM-127-SSA-1994 (Secretaría de Salud (SSA), [2000\)](#page-18-3). Likewise, Robles-Camacho and Armienta ([2000](#page-17-6)) quantifed natural Cr contamination in the groundwater from León, Valley. To this respect, the authors concluded that the Cr comes from the Ultramafc units in the Sierra de Guanajuato and hydrothermal activity. On the other hand, Rodriguez et al. ([2002](#page-17-7)) mentioned that shallow aquifer from Salamanca, Guanajuato, contains high levels of Pb related with the mining activity (silver, gold, and lead ores) near to Salamanca. However, none of the above studies has conducted a risk analysis for PTE intake.

Since the behavior, bioavailability, and biogeochemical cycles of the PTEs in the aqueous ecosystems are determined by the diferent process in the water and particles (organic matter and sediments), such as uptake and release by particles scavenging, the levels of PTEs have been studied in both total and dissolved phases (Tang et al., [2002;](#page-18-4) Zgheib et al., [2011](#page-19-2)). PTEs from the dissolved phase are more mobile and bioavailability than those from the particulate matter (de Paiva-Magalhães et al., [2015](#page-16-8)).

There is no literature focused on quantifying levels of As and PTEs in the coastal shallow aquifers from Sinaloa, especially in the Mocorito River agriculture basin, where, similar to the mentioned by Chen et al. (2017) (2017) (2017) , rural population perceives groundwater as a source of clean and safe drinking water and has used it for human consumption when regular water supplies are disrupted during catastrophic events (e.g., hurricanes and drought periods), provoking human health risks and potentially bioaccumulating into crops growing in the region.

For this reason, this research was conducted to (1) establish PTE levels (As, Pb, Cd, and Cr) in the groundwater during the dry and wet seasons, in both total and dissolved phases; (2) identify their potential sources; and (3) conduct a risk assessment for the consumption of water from this aquifer.

2 Materials and Methods

2.1 Study Area

The present study focused on the Mocorito River Coastal shallow Aquifer (MORCA), located within the area called "Culiacan Valley" in northwestern Mexico (Fig. [1](#page-2-0)), where 333,000 ha of agricultural farmland are located, from which 217,000 ha are highly mechanized and technifed (Karam-Quiñones, [2002\)](#page-16-9). Some of the most produced crops in the region are grains and vegetables, such as corn, beans, wheat, tomato, chili, and cucumber (Instituto Nacional and de Investigaciones Forestales, Agrícolas y Pecuarias (INIFAP), [2000](#page-16-10); García-Gutiérrez and Rodríguez-Meza, [2012](#page-16-11); Páez-Osuna et al., [2007](#page-17-8)); these kind of

Fig. 1 Sampling site location in the Mocorito River aquifer (MRA) basin, Sinaloa, NW Mexico

crops require large amounts of agrochemicals, which can be a potentially source of metals and metalloids. The MORCA belongs to the hydrogeological area number 10 (Secretaría de Medio Ambiente y Recursos Naturales (SEMARNAT), [2015\)](#page-18-5), and is located between 24° 51′–25° 45′ N and 107° 38′–108° 23′ W (Comisión Nacional del Agua (CONAGUA), [2020\)](#page-15-10). It has limited freshwater resources, which is being stressed by local human activities and climate change. According to Comisiόn Nacional de Agua (CONAGUA) [\(2020](#page-15-10)), groundwater extraction from MORCA was estimated at 89.8×10^6 m³ year⁻¹, from which 66.0×10^6 m³ year⁻¹ are used in agriculture, 22.8×10^6 m³ year⁻¹ employed for public and urban used, and 1.0×10^6 m³ year⁻¹ in domestic and other uses (e.g., human consumption during catastrophic and drought events in the region).

Based on the Köppen climate system classifcation, modifed by García ([1964\)](#page-16-12), the area is characterized as a very warm, dry climate with an annual average temperature of 22 °C. In 2013, the annual rainfall over the MORCA region was 847 mm, with monthly averages of 0.2 mm from March to April (dry season) and 169 mm from July to September (rainy season) (Comisión Nacional del Agua (CONAGUA), [2014](#page-16-13)). MORCA has values of transmissivity that range from 1.4×10^{-3} to 7.7×10^{-3} m² s⁻¹, and hydraulic conductivity of 2.3×10^{-5} to 2.5×10^{-4} m s⁻¹ with an average of 1×10^{-4} m s⁻¹. Following the statistical level of the groundwater of MORCA, the direction of the groundwater fow has been defned in one portion of the basin as SE-NW (with statistical level between 55 and 105 masl) and in the other portion as NE-SW (statistical levels between 7 and 30 masl), parallel to the superfcial fow to the Mocorito river (Comisiόn Nacional de Agua (CONAGUA), [2020](#page-15-10)). MORCA has an average recharge level of approximately 137.9×10^6 m³ year⁻¹ (Comisión Nacional de Agua (CONAGUA), [2020\)](#page-15-10), which correspond to (1) vertical recharge due to rainfall and river water infiltration $(55.8 \times 10^6 \text{ m}^3 \text{ year}^{-1})$, (2) horizontal recharge because of groundwater flow from the mountains $(8.7 \times 10^6 \text{ m}^3 \text{ year}^{-1})$, and (3) an induced recharge from water infltration from municipal distribution net pipes and distribution channels $(3.4 \times 10^6$ $m³$ year⁻¹), as well as from agriculture irrigation $(70 \times 10^6 \text{ m}^3 \text{ year}^{-1}).$

The MORCA is an unconfned shallow aquifer, primarily composed of fuvial and alluvial sediments located over a conglomerate with a low permeability, which overlying acid igneous rocks containing gersdorffite (NiAsS) and maucherite $(Ni_{11}As_8)$ minerals (Krieger & Hagner, [1943](#page-16-7); Universidad Nacional Autónoma de México (UNAM), [1978,](#page-18-6) which are potential sources of arsenic and other potentially toxic elements. Morales-Zepeda ([2007\)](#page-17-9) reported the presence of fne-grained Vertisol soil, with a high content of expansive clay minerals and enriched with organic matter because of the agriculture activities in the valley. In addition, MORCA contains predominantly calcic-sodic-bicarbonate type water (García-Beltrán, [2008;](#page-16-14) Rivera-Hernández et al., [2017](#page-17-10)).

2.2 Sampling

All the glass and high-density polyethylene materials used in this study were previously cleaned with JT Baker® trace metal grade HCl (6 N), heated at 60 \degree C for 24 h on a heating plate and rinsed with high purity (18.3 MΩ cm) water (MilliQ®) three times, and then cleaned with JT Baker® trace metal grade $HNO₃$ (6 N) and rinsed with MilliQ. These protocols followed those detailed by Soto-Jimenez et al. ([2006\)](#page-18-7) to avoid any contamination and quantify the low-level PTE contents in the groundwater samples. All reagents used in the analyses were also trace metal grade high-purity grade.

Groundwater from eighteen wells from the MORCA were single sampled in the months of April and July of 2013, representing two weather seasons, dry (November–June) and rainy (July–October), respectively (Fig. [1\)](#page-2-0). Due to environmental conditions during rainy season, the access to sample the wells SR, ELL, and EE was not possible. All sampling sites were selected based on the well network of the Comision Nacional del Agua (CONAGUA), number 10 irrigation district in Guamuchil, Sinaloa, as well as on the groundwater availability and the accessibility to each site. All the samples were collected about 1 m below the tablewater, which range from 5 to 15 m deep. The samples were collected using a bailer sampler that was rinsed two times with the groundwater, which was discarded, before to taking the samples in acid-cleaned high-density polyethylene bottles (HDPE, 60 mL). In order to avoid sample contamination, sampling procedure was carried out by two people, acting as "clean hands" and "dirty hands," respectively (David et al., [2001](#page-16-15); Fitzgerald,

[1999;](#page-16-16) Flegal & Smith, [1995](#page-16-17)). At each sampling site, two bottles were flled with groundwater in order to assess the PTE contents in the dissolved and total phases. The bottles were individually stored in small plastic bags and grouped in larger plastic bags for transport in a cooler at 4° C to the laboratory. During sampling, environmental parameters such as pH, temperature (°C), electrical conductivity (EC), total dissolved solids (TDS), and hardness (TH) were also collected and measured concurrently. The concentrations of major ions (Na⁺, Ca²⁺, Mg²⁺, Cl[−], SO₄^{2−}, HCO_3^- , and CO_3^2) collected at that time were published previously (Rivera-Hernández et al., [2017\)](#page-17-10) and used in this study in order to assess the behavior of the PTEs and to help identify their sources.

2.3 Processing and Analysis of Samples

In the laboratory, one of the two samples from each site was fltered through white nitrocellulose Millipore filters $(0.22 \mu m)$ and considered as dissolved phase (Liang et al., [2018;](#page-16-18) Wang & Liu, [2003\)](#page-19-3). Filtered and unfltered (total phase) samples were acidified with high purity analytical grade HCl $(6 N)$ (JT Baker®), until analysis. Arsenic determination was carried out by using an atomic fuorescence spectrometer (PSA 10.055 Millennium Excalibur model) at the Institute of Marine Sciences and Limnology, Mazatlan. The samples for Pb, Cd, Cr, Fe, Al, and Mn determinations were transported to the University of California at Santa Cruz (UCSC), where they were processed in a HEPA-fltered (Class 100) trace metal clean laboratory and then analyzed with a Thermo Scientific[™] Element 2™ high-resolution inductively coupled plasma mass spectrometer (HR-ICP-MS).

2.4 Quality Control

To avoid the contamination of the samples and solutions used during the analysis, all the treatment and preparation of the samples for further analysis were carried out inside a trace metal clean room. To compensate for any bias during sampling or laboratory work, feld and laboratory blanks (fltered and unfltered Milli-Q water) were processed and treated as samples. Concentrations of PTEs in fltered blanks were very similar than those in unfltered blanks, indicating that there was no measurable PTE contamination coming from the flters. PTE concentrations obtained from these blanks, which were minimal in comparison with those from the groundwater samples, were subtracted from the concentration in samples. Concurrent measurements of a NIST reference material, Trace Elements in Natural Water (1640a), were used to determine the accuracy of the analysis by calculating the percent $(\%)$ of recovery of Pb (100.9), Cd (103.7), Cr (88.6), Fe (97.7), Al (93.5), and Mn (99.3). The precision of the analyses was derived from their coefficients of variation, which were 2.6% for Pb, 2.5% for Cd, 1.8% for Cr, 3.3% for Fe, 4.7% for Al, and 0.8% for Mn. Limits of detection, calculated as 3 times the standard deviation from concentrations of these elements in blanks, were 0.377, 0.003, 0.005, 0.002, 0.033, 0.043, and 0.002 μ g L⁻¹ for As, Pb, Cd, Cr, Fe, Al, and Mn, respectively.

2.5 Statistical Analysis and Sources Identifcation

All the results were analyzed with basic statistics. Shapiro–Wilk and Levene's tests were carried out in order to know the normality and homoscedasticity of data, respectively. All the statistical analyses used the SPSS version 17.0 software package. Statistical significance was established as $p < 0.05$ for all the analyses.

To identify the associations and possible common sources of PTEs in the groundwater, Pearson correlation coefficients and principal components analysis (PCA-Varimax) were calculated. In order to obtain a more representative idea about the relationship among variables, PTE concentrations for both dissolved and total phases were considered for these analyses. Major ions (obtained from Rivera-Hernández et al., [2017](#page-17-10)) as well as Al, Fe, and Mn (herein analyzed) concentrations in groundwater were included in the Pearson correlation and PCA-Varimax as proxies of lithogenic sources.

2.6 Risk Assessment

Mocorito River and the Eustaquio Buelna dam are the main water sources for human activities in the region, though a municipal net of pipes as well as irrigation channels. However, when catastrophic events (e.g., hurricanes and drought periods) occur, groundwater from MORCA is extracted from several wells for domestic and drinking purposes. For this reason, the potential health risk was assessed. The chronic daily intake (CDI) and the non-carcinogenic risk quotient (HQ) and lifetime cancer risk (LTCR) indices were calculated following the equations suggested by United States Environmental Protection Agency (USEPA) [\(1989](#page-18-8)), Bodrud-Doza et al. [\(2019](#page-15-11)), and Setia et al. [\(2020](#page-18-9)):

 $CDI = (C \times DI \times EF \times ED)/(BW \times AT)$

 $HQ = CDI/RfD$

$LTCR = CDI \times OSF$

where C, DI, and BW represent the concentration of PTEs in the groundwater (μ g L⁻¹) from each site, the average daily intake rate $(2 L day^{-1})$, and the average of adult body weight (72 kg), respectively. EF, DE, and AT are exposure frequency (367 day/ years), exposure duration (70 years), and average time (25,550 days). According to the A to Z list of chemicals of the Integrated Risk Information System of the US Environmental Protection Agency (IRIS-USEPA; https://cfpub.epa.gov/ncea/iris_drafts/ atoz.cfm?list_ type=alpha), the oral toxicity reference dose values (RfD) are 0.3, 0.5, and 1500 μ g kg^{-1} day⁻¹ for As, Cd, and Cr, respectively. For Pb, Health Can-ada ([2004\)](#page-16-19) suggests a value of 3.6 μ g kg^{-1} day⁻¹. The population is assumed to be safe when $HQ < 1$ (USEPA, [1999a](#page-18-10)). For LTCR calculus, the CDI was divided by 1000 in order to convert to mg kg⁻¹ day⁻¹ units, The oral slope factor (OSF) employed in this study was obtained from the aforementioned A to Z list of chemicals of the Integrated Risk Information System (for As, 1.5 mg^{-1} kg day) and Bodrud-Doza et al. ([2019\)](#page-15-11) (for Cd, 0.38 mg⁻¹ kg day).

3 Results

3.1 Physicochemical Parameters

Rivera-Hernández et al. ([2017\)](#page-17-10) determined physicochemical parameters including pH, temperature, electric conductivity, salinity, and major ions in eleven of the sampling sites. In the present work, data from seven additional sampling sites, taken during the same sampling campaign, were included, and the maximum, minimum, and average values for pH, temperature, and electric conductivity were recalculated (Table [1\)](#page-6-0). Values of pH in the MORCA groundwater varied from 7.2 to 8.6 for dry and from 6.7 to 7.7 during the rainy season. Temperature ranged from 23.8 to 29.6 °C, with an average of 26.6 ± 1.6 °C and from 27.0 to 34.0 °C, with an average of 28.6 ± 2.3 °C in the dry and rainy seasons, respectively. The values of electric conductivity ranged from 525 to 5310 μS cm⁻¹, with an average of 2022 \pm 1342 μS cm⁻¹ in dry and from 731 to 9410 μ S cm⁻¹, with an average of $2786 \pm 2460 \,\mu\text{S cm}^{-1}$ in the rainy season.

Both dissolved and total concentrations of Fe, Al, and Mn levels were quantifed in the aquifer in both climatic seasons (Table [1\)](#page-6-0). Signifcant diferences $(p>0.05)$ were not observed between seasons for all these three elements; however, as a general trend, the highest levels of Fe and Al in the dissolved phase occurred during rainy season and varied from 5.2 to 338.4 µg L⁻¹, with an average of 62.9 ± 86.2 µg L⁻¹ for Fe_d, and from 3.8 to 269.7 µg L⁻¹, with an average of 100.1 ± 82.8 µg L⁻¹ for Al_d. While for Fe_t and Al_t, the highest levels were shown in dry, oscillating from not detectable (ND) to 3231.3 µg L^{-1} , with an average of 334.5 ± 832.5 µg L⁻¹, and from 0.02 to 11,471.5 µg L⁻¹, with an average of 731.9 ± 2687.1 μg L⁻¹, respectively. For Mn, both phases showed higher levels in the rainy season, ranging from ND to 436.4 µg L⁻¹, with an average of 64.1 \pm 116.2 μg L⁻¹ for Mn_d, and from 1.3 to 436.4 μ g L⁻¹, with an average of $81.0 \pm 115.9 \,\mu g \, L^{-1}$ for Mn_t.

3.2 Potentially Toxic Elements

The distribution and levels of the PTEs (As, Pb, Cd, and Cr) in both dissolved $_{\text{d}}$ and total $_{\text{t}}$ phases are shown in Figs. [2](#page-8-0) and [3](#page-10-0), respectively.

3.2.1 Arsenic

 As_{d} exhibited a relatively homogeneous distribution in both climatic seasons and signifcant (p<0.05) diferences were not observed (t test) between them. The As_d concentration ranged from not detectable (ND) to 14.30 $g L^{-1}$, with an average of 3.19 ± 3.31 g L⁻¹ in dry season and from 0.66 to 9.98 g L⁻¹, with an average of 4.60 ± 2.77 g L^{-1} in rainy season (Table [1\)](#page-6-0). Slight increases in the concentration of As_{d} at one site (PI) in dry and at five sites (GA, GL, PI, EH, and CC) in rainy season were o[b](#page-8-0)served (Fig. $2a$ and b). For As_t , the highest

	Dry				Rainy				NOM-127-	OHM	EPA	aMon-	bCerro	Tagos	^d Dhemaji	^e Fuchu,
	Min	Max	Ave	$_{\rm SD}$	Min	Max	Ave	$_{\rm SD}$	SSA-1994 (SSA 2000)	(2017)	(2013)	terrey, Nuevo León, Mexico	Prieto, México	and Ogun west, Nigeria States, South-	district, Assam, India	Tokyo, Japan
Ηq	7.20	8.60	7.88	0.43	6.70	7.70	7.29		0.32 6.5-8.5		$6.5 - 8.5$ $6.5 - 9.5$	7.34	$6.18 - 8.21$	5.17	7.62	
Temp	23.80	29.60	26.57	1.59		27.00 34.00	28.64	2.26				22.9	$16 - 30$	28.40	25.00	
EC	525.0	5310.0		2022.38 1341.57	731.0 9410.0		2785.64	2459.81					1100- 3590	404.00	1029	
$\mathrm{Fe_{d}}$	0.09	258.19	55.10	94.38		5.17 338.39	62.89	86.21								
	0.01	3231.34	334.50	832.50		5.17 1007.91	170.03	254.23	300	300	200					
	0.01	425.84	60.85	133.69		3.84 269.70	100.07	82.76								
		0.02 11,471.53	731.90	2687.05		3.21 1408.01	282.33	362.92	200	200	200					
	0.32	1139.04	91.01	264.94	$0.01\,$	436.44	64.09	116.18		l.						
	0.38	1139.04	162.48	311.29	1.32	436.44	81.03	115.85	150	100	$50\,$			119.00		
	0.01	14.30	3.24	3.29	0.66	9.98	4.60	2.77								
	0.01	14.30	4.10		2.61	11.96	5.58	2.97	25	\supseteq	\mathcal{S}	0.57	$nd-18$	0.24	5.08	1.80
	0.01	$0.17\,$	0.05	3.94 0.07	$\overline{0}$.	0.28	0.03	0.07				$\overline{1}$				$\overline{1}$
	0.01	6.84	0.47		$\overline{0.01}$	1.08	0.25	0.36	Ξ	$\overline{10}$	$\overline{10}$	0.60	$9 - 80$	7.44	7.48	0.30
	0.01	0.07	0.02	1.60 0.02	$\overline{0.01}$	0.05	$\overline{0.01}$	0.02				$\overline{1}$		í,		
$\begin{array}{cccccccccc} \mathbb{E} & \$	0.00	(4)	0.05	0.09	0.00	0.13	$\overline{0.0}$	0.03				0.06	$\overline{1}$	0.23	0.26	$\overline{0}$
\mathbf{G}_{d}	0.02	0.63	0.15	0.16	0.00	0.39	0.06	0.12								
đ	0.01	5.50	0.52	1.26	0.00	0.89	0.12	0.30	\mathcal{S}	\mathcal{S}	\mathcal{S}	$\overline{121}$	$_{\rm nd}$	1.81	1.05	1.80
			Dissolved phase (subscripts "d") and total phase (subscripts "t")													

 D issorved pinase (suoscripis α) and total pinase (suoscripis ι)
Levels of PTEs from previous references correspond to total phase

 \mathcal{D} Springer

Levels of PTEs from previous references correspond to total phase

 $Mora$ et al. (2017)
 Mn Armienta et al. 2014 aMora et al. [\(2017](#page-17-11))

bArmienta et al. [2014](#page-15-12) P Ayedun et al. (2015) (2015) (2015)

 $^{\circ}$ Ayedun et al. (2015)
^dGhobadi et al. (2020) dGhobadi et al. ([2020\)](#page-16-20)

^eThuyet et al. (2016) eThuyet et al. ([2016](#page-18-11))

Fig. 2 PTEs' distribution in the dissolved phase in groundwa-◂ ter from the Mocorito River aquifer (MRA) Sinaloa, NW Mexico. Dry (**a**, **c**, **e**, and **g**) and rainy (**b**, **d**, **f**, and **h**) season

values were found at the PI and EB sites, in dry, and at the PI, GL, and GA sites in rainy. The rest of the sites showed similar levels in both seasons (Fig. [3a](#page-10-0) and [b](#page-10-0)). As_t levels varied from ND to 14.30 μ g L⁻¹, with an average of 4.10 ± 3.94 µg L⁻¹, in dry season, and 2.61 to 11.96 μ g L⁻¹, with an average of 5.58 ± 2.97 μg L⁻¹, in rainy season. Significant differences were not observed for As_{t} between seasons.

3.2.2 Lead

Concentrations of Pb_d varied from ND to 0.17 μ g L⁻¹, with an average of 0.05 ± 0.07 μg L⁻¹, in the dry season, and ND to 0.28 μg L^{-1} , with an average of 0.03 ± 0.07 µg L⁻¹ in the rainy season, with no signifcant diferences occurring between seasons. For both seasons, Pb_d levels in all sampled sites were significantly low in comparison to Pb_t (Fig. [2c](#page-8-0) and [d\)](#page-8-0). The concentration of Pb_t ranged from ND to 6.84 μg L⁻¹, with an average of 0.47 ± 1.60 μg L⁻¹, in dry season, and from ND to 1.08 μ g L⁻¹, with an average of 0.25 ± 0.36 μg L⁻¹, throughout the rainy season (Table [1\)](#page-6-0). The distribution of Pb_t was homogeneous in both seasons (Fig. [3c](#page-10-0) an[d](#page-10-0) d), with an increase near Playa Colorada, during the dry season. Signifcant diferences in Pb concentrations between seasons were not observed.

3.2.3 Cadmium

Concentrations of Cd_d ranged from ND to 0.07 μ g L^{-1} in dry and from ND to 0.05 μ g L^{-1} in the rainy season, with an average of 0.02 ± 0.02 and 0.01 ± 0.02 µg L⁻¹, respectively. The Cd_d levels were signifcantly higher during the dry season (Fig. [2e](#page-8-0)) compared to those found during the rainy season (Fig. $2f$). Meanwhile, Cd_t showed a relatively homogeneous distribution (Fig. [3e](#page-10-0) and [f](#page-10-0)), with levels ranging from ND to 0.41 μ g L⁻¹, with an average of 0.05 ± 0.09 μg L⁻¹ in the dry season, and from ND to 0.13 μ g L⁻¹, with an average of 0.01 ± 0.03 μg L⁻¹ during the rainy season, with no signifcant diferences occurring between seasons.

3.2.4 Chromium

Even when no signifcant diferences between seasons were detected for both phases, in general terms, the levels quantified for Cr_d and Cr_t tended to be higher in the dry season than in the rainy season. The sites with the highest content of Cr_d during the dry season were located near to Playa Colorada in the northern portion of the study area and La Reforma in the southern portion of the study area (Fig. [2g](#page-8-0)), while during the rainy season, the highest levels were observed in the northcentral portion of the study area (Fig. [2h](#page-8-0)). The levels of Cr_{d} , in the dry season, varied from 0.01 to 0.63 μg L⁻¹, with an average of 0.15 ± 0.16 μg L⁻¹, and from ND to 0.39 μ g L⁻¹, with an average of 0.06 ± 0.12 μ g L^{-1} during the rainy season. In contrast, Cr_t showed a heterogeneous distribution in both climatic seasons (Fig. $3g$ and [h\)](#page-10-0). Its levels varied from 0.01 to 5.50 μ g L⁻¹, with an average of 0.52 ± 1.26 μg L⁻¹ during the dry season and from ND to 0.89 μg L^{-1} , with an average of 0.12 ± 0.30 µg L⁻¹ during the rainy season.

4 Discussion

4.1 Physicochemical Parameters

Groundwater physicochemical parameters are directly related to its water quality and serve to determine the behavior and mobility of its components, including PTEs (Barzegar et al., [2019;](#page-15-0) Rakib et al., [2020\)](#page-17-1). As previously mentioned, concentrations of major ions of the MORCA were reported by Rivera-Hernández et al. ([2017\)](#page-17-10). They observed that the water did not present a dominant hydrochemical facie during the dry season; while the dominant hydrochemical facie was cationic $(Ca^{2+}, Mg^{2+}, and Na^{+})$ during the rainy season. Additionally, they indicated that the pH values were inside the recommended ranges of the NOM-127-SSA-1994 (Secretaría de Salud (SSA), [2000\)](#page-18-3), the World Health Organization (World Health Organization (WHO), [2017\)](#page-19-1), and the United States Environmental Protection Agency (United States Environment Protection Agency (USEPA), [2001\)](#page-18-12).

Concentrations of Fe, Al, and Mn in both dissolved and total phases varied between climatic seasons. For the dissolved phase, higher concentrations of these elements were observed in the rainy season, while for the total phase, the higher concentrations

Fig. 3 PTEs' distribution in the total phase in groundwater ◂ from the Mocorito River aquifer (MRA) Sinaloa, NW Mexico. Dry (**a**, **c**, **e**, and **g**) and rainy (**b**, **d**, **f**, and **h**) season

were observed in dry season. Iron is an essential element for the human metabolism; however, high levels of this element in drinking water can also gener-ate adverse health effects (Salvador, [2010](#page-17-12); Santra et al., [2018\)](#page-17-13). Edet et al. ([2011\)](#page-16-21) and Lenntech ([2015\)](#page-16-22) reported that Fe values in natural groundwater range from <0.1 to 50,000 μ g L⁻¹, which is a function of runoff, water infiltration, and the weathering and dissolution of rocks and minerals in the aquifer.

Based on the geochemistry chart published by the Servicio Geológico Mexicano (SGM) [\(2015a\)](#page-18-13), there are sediment deposits with high Fe, Al, and Mn concentrations in the study area, which contribute to relatively elevated levels of these elements in the groundwater from the region. Seasonal variations in Fe, Al, and Mn concentrations in the aquifer are therefore mainly be attributed to (1) the infiltration and runoff of water towards the interior of the aquifer, which are greater during the rainy season, and (2) the increase in the residence time of water in the shallow aquifer during dry season, which causes an increase in the soil/water interactions (Sarti et al., [2020\)](#page-18-14).

4.2 Potentially Toxic Elements

The average concentrations of PTEs decreased in the following order: As>Cr>Pb>Cd in both dissolved and total phases during both climatic seasons. Arsenic contamination in groundwater has often been associated with geogenic sources, mainly in countries like Bangladesh (Huq et al., [2020](#page-16-2)) and China (Sanjrani et al., [2019](#page-17-14)), in Asia, and Argentina in America (Aullón-Alcaine et al., [2020\)](#page-15-3); however, several activities such as metallurgy and agriculture may also increase the concentrations of this metalloid in groundwater (Cao et al., [2019\)](#page-15-13).

Twelve percent of the sites in the MORCA showed relatively high levels of As in groundwater. Sobhanardakani [\(2017b](#page-18-15), [2018\)](#page-18-16) reported similar levels of As in groundwater also from agricultural regions (Qaleeh Shahin, Kermanshah Province and Hamedan, Iran). However, the relatively high levels of As in MORCA for both total and dissolved phases appear to be mainly associated with the presence of Maucherita deposits $(Ni_{11}As_8)$, which is a mineral present in the recharge zone and along the Mocorito River basin (Krieger & Hagner, [1943\)](#page-16-7). Cao et al. ([2019\)](#page-15-13) reported that high levels of As in groundwater can be due to industrial discharges and leaching of wastewater; however, these kind of discharges were not identifed in the study area.

Elevated concentrations of Pb, Cd, and Cr may also occur because of natural weathering and/or industrial inputs, including the use of PVC plastic, oil motor, cadmium batteries, and pesticides (Xiong et al., [2019](#page-19-4)). The latter source of contamination is of concern because the Mocorito River basin is one of the largest (ca. 1,250,000 ha) and most active agricultural regions in Mexico, where diferent grains and vegetables are cultivated (Instituto Nacional and de Investigaciones Forestales, Agrícolas y Pecuarias (INIFAP), [2000;](#page-16-10) García-Gutiérrez & Rodríguez-Meza, [2012;](#page-16-11) Páez-Osuna et al., [2007](#page-17-8);), and these kind of crops use large quantities of chemicals (fertilizers and insecticides) (Leyva-Morales et al., [2014;](#page-16-23) Secretaria de Agricultura y Desarrollo Rural (SADER), [2019\)](#page-18-17). The concentrations of PTEs analyzed were similar or lower than those quantifed in diferent regions of Mexico and around the world (Table [1\)](#page-6-0), principally in metropolis and agricultural areas, which can be afected by industrial activities and the use of agrochemicals.

As previously noted, the highest levels of Pb, Cd, and Cr in the dissolved phase were observed in dry season (Table [1\)](#page-6-0). This could be due to the decrease in water renewal that leads to an increase in the soil/ water interaction within the aquifer, while during the rainy season, there is an increase in the groundwater recharge into the aquifer and a dilution efect is possible to occur. That would be consistent with the determination by Buragohain et al. [\(2010](#page-15-14)), in their work on the seasonal variation of Pb, As, Cd, and Al in groundwater from the Dhemaji district in India, where they observed signifcantly higher levels of all metals in the dry season than in the rainy season. They attributed temporal variability to an increase in soil/water interaction during the dry season, which causes a concentration efect of all the constituents released from the soil.

Because groundwater extracted from the MORCA is also used for human consumption, it is As, Pb, Cd, and Cr concentrations in the aquifer were compared to the maximum permissible limits (MPL) established by both national and international official guidelines

(Table [1\)](#page-6-0). The parametric (United States Environment Protection Agency (USEPA), [2001](#page-18-12)) and guide-line (WHO [2017](#page-19-1)) value for As (10 μg L^{-1}) in its total phase was exceeded at two sites (PI and EB) during the dry season and two sites (PI and GL) during the rainy season (rainy), and it is important to note that two of those sites (PI and GL) are located inside private houses, where the water is used for domestic purposes. In contrast, Pb, Cd, and Cr levels were far below national and international official guidelines, with only slight increases in Pb (6.84 μ g L⁻¹) and Cr $(5.50 \,\mu g \, L^{-1})$ concentrations at one site (EB) site during the dry season (Fig. [3\)](#page-10-0).

We recommended that organizations like Comisión Nacional del Agua (CONAGUA), Junta Municipal de Agua Potable y Alcantarillado de Angostura (JUMA-PAANG), Junta Municipal de Agua Potable y Alcantarillado de Mocorito (JMAPAM), and the Consejo de Cuenca de los ríos Mocorito al Quelite (Watershed Conceil for the rivers Mocorito to El Quelite) have to pay an special attention and to implement a sustainable groundwater management plan for the monitoring the levels of metals, metalloids, and potentially other pollutant in the MORCA.

4.3 Potential PTE Sources

Pearson correlation coefficients calculated for the groundwater from MORCA in dry and rainy seasons are shown in Table [2.](#page-12-0) In brief, signifcant and positive correlations among auxiliary parameters (TDS and TSS) and major ions $(Na^+, Mg^{2+}, Ca^{2+}, SO_4^{2-}, and$ Cl−), as well as among the PTEs and Fe, Al and Mn were observed $(r > 0.5)$ in both dry and rainy seasons. In addition, positive correlations between $Cl^- - Pb_d$ $(r=0.62)$, Na⁺-Pb_t (r=0.52), Na⁺-Cr_t (r=0.51), and CO_3^2 ⁻⁻-Cd_d (r=0.51) were also observed during the dry season (Table [2](#page-12-0)).

Those correlations were substantiated by calculating with PCA-Varimax. In the dry season, five factors accounted for 91% of total variance (Table [3](#page-13-0)). Individually, factor 1 (33% of total variance and eigenvalue 8.79) was characterized by high loads of TDS (0.99), TSS (0.98), Cl⁻ (0.97), Ca²⁺ (0.96), Mg^{2+} (0.94), SO_4^{2-} (0.91), and Na⁺ (0.53). Factor 2 (22% of total variance and eigenvalue 5.88) had high loads of Pb_t , Al_t , Cr_t , Cd_t , and Fe_t (0.96, 0.96, 0.95, 0.92, and 0.89, respectively). Factor 3 (14% of total variance and eigenvalue 3.80) had high loads of Mn_d

 (0.92) , As_d (0.92) , Mn_t (0.88) , and As_t (0.82) . Factor 4 (12% of the total variance and eigenvalue 3.25) was characterized by high loads of Cr_d , Al_d , Pb_d , and Fe_d (0.89, 0.72, 0.72, and 0.72, respectively), and factor 5 (10% of the total variance and eigenvalue 2.81) had high loads of HCO_3^- , CO_3^{2-} , and pH (0.87, 0.68, and 0.65, respectively). The total variation (84%) in the rainy season was also characterized by fve factors (Table [3\)](#page-13-0). Factor 1 (32% of the total variance and eigenvalue 8.67) was characterized by high loads of TDS (0.98), TSS (0.97), Cl[−] (0.98), SO₄^{2−} (0.92), Mg^{2+} (0.86), Na⁺ (0.75), Pb_d (0.79), and Ca²⁺ (0.60). Factor 2 (18% of total variance and eigenvalue 4.88) had high loads of $Cr_t (0.97)$, Al_t (0.94), Pb_t (0.86), Fe_t (0.83), Cr_d (0.98), and HCO_3^- (0.58). Factor 3 (13%) of the total variance and eigenvalue 3.61) was characterized by high loads of Cd_t , Al_d . and Cd_d (0.98, 0.83, and 0.92, respectively). Factor 4 (13% of total variance and eigenvalue 3.39) had high loads of As_t (0.95), Mn_t (0.91), Mn_d (0.88), and As_d (0.81). Finally, factor 5 (8% of the total variance and eigenvalue 2.10) had high loads of $CO₃^{2–} (0.96)$.

According to the strong associations observed in Pearson correlations and confrmed by PCA-Varimax, two possible sources (geogenic and anthopogenic) of PTEs in the MORCA were identifed for both climatic seasons. The quantifcation of high loads of major ions $(Na^+, Mg^{2+}, and Ca^{2+})$ as well as inter-PTE interactions in almost all the factors (Table 3) suggested lithogenic origins as the main source of PTEs derived from diferent processes such as the ionic exchange, precipitation, and weathering of rocks and minerals as a product of the water/rock interaction (Rubio et al., [2001\)](#page-17-15). This is consistent with the alluvial sedimentary origin of the MORCA, which is impacted by superficial runoff and infiltration that mobilize PTEs in the aquifer by weathering its parental material. To this respect, (Comisión Nacional del Agua (CONAGUA), [\(2020](#page-15-10)) reported a groundwater recharge from rainfall and river water infltration of 55.8×10^6 m³ year⁻¹. This infiltrated water play an important role in the enrichment of dissolved ions in groundwater (water/rock interactions).

Based on geochemical maps (SGM, [2015a](#page-18-13)[-d](#page-18-18)) of diferent metals and metalloids (Fe, Al, Mn, Cd, Pb, and As) in the MORCA, there is an abundance of ferromagnesian and aluminosilicate minerals in the area. This is consistent with reports by Rosales et al. [\(1986](#page-17-16)), Rubio et al. [\(1995](#page-17-17)), and Rubio et al. ([2000\)](#page-17-18) on

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Table 2 Correlation matrix of auxiliary parameters and PTEs of the groundwater of the Mocorito River Aquifer in diferent seasons

Table 2 Correlation matrix of auxiliary parameters and PTEs of the groundwater of the Mocorito River Aquifer in different seasons

Bold numbers denote $p < 0.05$ significance

Bold numbers denote p<0.05 significance

*Dry season lower triangle; rainy season upper triangle

Dry season lower triangle; rainy season upper triangle

Table 3 Factor loading for auxiliary parameters and PTEs in groundwater from the Mocorito River aquifer

Bold numbers denote factor loadings > 0.5, indicating considered variables to identify sources categories (Zhou et al. [2015](#page-19-5))

the strong, positive correlations between metals and metalloids with Fe, Al, and Mn elsewhere in Mexico. Krieger and Hagner ([1943\)](#page-16-7) documented the presence of maucherita ($Ni₁₁As₈$) in the recharge zone of the MORCA, which presumably accounts for much of the As in the aquifer.

 \overline{C}

SO4

Cadmium and Pb are two elements often associated with anthropogenic sources (Cao et al., [2019](#page-15-13); Rehman et al., [2019](#page-17-19)). Rivera-Hernández et al. [\(2019\)](#page-17-20) previously showed a slight enrichment of Cd and Pb in the agricultural soils overlying the aquifer. However, strong correlations between Pb-Cl[−] and Cd-CO₃^{2–} in the aquifer attested to lithogenic origins of these elements in the MORCA. That is consistent with the determination by Peinado-Guevara et al. [\(2011\)](#page-17-21) of evaporitic and calcareous rocks in the Sinaloa River basin, which is near MORCA recharge region and is presumably lithogenic sources of Pb and Cd in the aquifer.

Agriculture activity is the second source of dissolved ions in MORCA. Agriculture irrigation is considering a cause of ecologic damage due to either the original chemical composition of the irrigation water (Chen et al., [2020](#page-15-15); Qian et al., [2020\)](#page-17-22) or the ions leaching from the soils during irrigation. According to Comisión Nacional del Agua

		CDI (µg kg^{-1} day ⁻¹)				HQ				LTCR			
Season	PTEs	Min	Max	Ave	SD	Min	Max	Ave	SD	Min	Max	Ave	SD
Dry	As	< 0.01	0.40	0.11		0.110 < 0.01	1.32	0.38		$0.37 < 0.01E-6$ 5.96E-4 1.71E-4 1.64E-4			
	Pb	< 0.01	0.19	0.01		0.044 < 0.01	0.05	< 0.01	0.01				
	Cd	< 0.01	0.01	< 0.01		0.003 < 0.01	0.02	< 0.01		$0.01 < 0.01E-6$ 4.28E-6 0.50E-6			0.98E-6
	Cr.	< 0.01	0.15	0.01		0.035 < 0.01	< 0.01	< 0.01	< 0.01				
Rainy	As	0.07	0.33	0.16		0.08 0.24	1.11	0.52		0.27 1.09E-4	5.00E-4		$2.33E-4$ 1.234E-4
	Pb	< 0.01	0.03	0.01		0.01 < 0.01	0.01		<0.01 <0.01				
	C _d	< 0.01	< 0.01	< 0.01		<0.01<0.01	0.01	< 0.01		$< 0.01 < 0.01E-6$ 1.35E-6 0.16E-6			0.37E-6
	Cr	< 0.01	0.03	< 0.01		0.01 < 0.01	< 0.01	< 0.01	< 0.01				

Table 4 Chronic daily intake (CDI), hazard quotient (HQ), and lifetime cancer risk (LTCR) indices for PTEs in the groundwater of the Mocorito River aquifer

Bold numbers denote $HQ > 1$ (not safe) and low (LTCR >1 E-6) or high (LTCR >1E-4) cancer risk

(CONAGUA) ([2020\)](#page-15-10), an average of 350×10^6 m³ of water year⁻¹ have been used for agriculture irrigation, from which 70×10^6 m³ year⁻¹ (20%) has been infltrated into the subsoil.

4.4 Health Risk Assessment

Table [4](#page-14-0) shows a decrease in the CDI values in order of $As > Pb > Cr > Cd$ for both dry and rainy season. As previously mentioned, the presence of As in the aquifer appears to be primarily associated with the occurrence of mineral deposits of maucherita $(Ni_{11}As_8)$, in the MORCA (Krieger & Hagner, [1943](#page-16-7)).

The results of HQ indexes for all metals studied are also shown in Table [4.](#page-14-0) The HQ indices followed a similar order of $As > Pb > Cd = Cr$ for both seasons. HQ indices indicated, on average, that the population is not at risk of consuming water from the MORCA (i.e., $HQ < 1$). However, there is a potential risk for measurable As toxicity at two sites (PI ($HQ_{As} = 1.32$) and EB ($HQ_{As} = 1.24$)) in the dry season and another site (GL $(HQ_{As} = 1.11)$) in the rainy season. Sobhanardakani [\(2018\)](#page-18-16) also reported HQ for $As < 1$ in three of four provinces studied in Hamedan, Iran, considering a non-carcinogenic efect (chronic risk) for the inhabitants.

There are no values of OSF for Pb and Cr reported in the literature. According to the nomenclature suggested by United States Environmental Protection Agency (USEPA) ([1999b\)](#page-18-19) and the LTCR for As obtained in this study, the risk to develop cancer disease is high, with a probability of 1 in 10, 000 inhabitants (LTCR > 1E-4 and > 1E-3), except for the EE sampling site in dry season $(LTCR < 1E-6)$. While for Cd, the LTCR are considered very low $(< 1E-6)$, except for EB $(4.28E-6)$ and RB (1.00E-6) sites for rainy, and RB (1.35E-6) during dry season.

5 Conclusion

Results of this study revealed variations in PTE (As, Pb, Cd, and Cr) concentrations in groundwater of Mocorito River Aquifer during the dry and rainy seasons. Statistical analyses of those concentrations and ancillary parameters (major ions, Fe, Al, and Mn) indicate that those variations are primarily due to seasonal diferences in fuvial inputs, which increase during the rainy season, and the extent of solid/water interactions, which increase during the dry season when evaporation rates are also greater. The covariance of PTE concentrations with those of the ancillary parameters also attest to their predominantly lithogenic origins, as opposed to anthropogenic origins—even though the area is a center of intense agricultural activity. On the other hand, Pb, Cd, and Cr levels in the MORCA groundwater are relatively low, based on national and international environmental and human health standards. Arsenic concentrations were found to exceed the WHO (World Health Organization (WHO), [2017\)](#page-19-1) guidelines for drinking water (10 μ g L⁻¹) at 12% of the sampling sites, which represented a health risk for the exposed inhabitants based on CDI, as well as HQ and LTCR indices. Although the main use of the MORCA groundwater is not for human consumption, it has been used by the population during catastrophic events when regular water supplies are disrupted (e.g., hurricanes and drought periods) and it could potentially be bioaccumulated in crops grown in the area. In addition, with our fndings, government authorities will be able to make scientifc-based decisions to implement groundwater management plans, such as PTE content monitoring within the aquifer, and promote the development of sustainable agriculture.

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Data availability The datasets generated during and/or analyzed during the current study are available from the corresponding author on reasonable request.

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