BRIEF REPORT

Transcription levels of *hes* **and their involvement in the biofilm formation of Shiga toxin-producing** *Escherichia coli* **O91**

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Abstract

Shiga toxin-producing *Escherichia coli* (STEC) are recognized as being responsible for many cases of foodborne diseases worldwide. Cattle are the main reservoir of STEC, shedding the microorganisms in their feces. The serogroup STEC O91 has been associated with hemorrhagic colitis and hemolytic uremic syndrome. Locus of Adhesion and Autoaggregation (LAA) and its *hes* gene are related to the pathogenicity of STEC and the ability to form biofilms. Considering the frequent isolation of STEC O91, the biofilm-forming ability, and the possible role of *hes* in the pathogenicity of STEC, we propose to evaluate the ability of STEC to form biofilms and to evaluate the expression of *hes* before and after of biofilm formation. All strains were classified as strong biofilm-forming. The *hes* expression showed variability between strains before and after biofilm formation, and this may be due to other genes carried by each strain. This study is the first to report the relationship between biofilm formation, and *hes* expression and proposes that the analysis and diagnosis of LAA, especially *hes* as STEC 091 virulence factors, could elucidate these unknown mechanisms. Considering that there is no specific treatment for HUS, only supportive care, it is necessary to know the survival and virulence mechanisms of STEC O91.

Keywords Locus of Enterocyte and Effacement · Locus of Adhesion and Autoaggregation · Gene expression · Zoonotic pathogen

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Introduction

Shiga toxin-producing *Escherichia coli* (STEC) are zoonotic pathogens associated with human diseases such as hemorrhagic colitis (HC) and hemolytic-uremic syndrome (HUS) (Toma et al. [2004\)](#page-9-0). Cattle are the main reservoir of STEC, shedding the microorganisms in their faces (Fernández and Padola [2012\)](#page-8-0). Moreover, chickens and pigs have also been reservoirs from STEC (Alonso et al. [2016](#page-7-0); Colello et al. [2016;](#page-8-1) Haymaker et al. [2019;](#page-8-2) Smith-Palmer et al. [2018](#page-9-1)). The consumption of contaminated water, which is increasingly concerning as a source of contamination for fruits and vegetables, along with the consumption of undercooked meat, and direct contact with animal reservoirs and the environment, are some of the potential routes of human exposure to STEC (Angel Villegas et al. [2013](#page-7-1); EFSA [2020\)](#page-8-3). STEC has been associated with more than two million acute illnesses worldwide (FAO & WHO [2018](#page-8-4)). Shiga toxins (Stx) are recognized as the main virulence factor in the pathogenicity of STEC; however, to produce damage, the bacteria have to adhere to the gastrointestinal tract of the host (Tarr and Chandler [2005](#page-9-2)). The Locus of Enterocyte and Effacement (LEE) encodes genes that participate in the adherence and lesion of the intestinal epithelium (Spears et al. [2006](#page-9-3)). STEC strains lacking LEE (LEE-negative) have also been isolated from cases of illness. Furthermore, the mechanisms by which LEE-negative STEC strains adhere to the host intestinal epithelium remain (Herold et al. [2009](#page-8-5)). **He**magglutinin from STEC (Hes) is a protein encoded by the *hes* gene, that could participate as virulence factors in colonization, adhesion, and autoaggregation. The *hes* gen is located in the first of four modules of the **L**ocus of **A**dhesion and **A**utoaggregation (LAA). LAA contains 80 genes organized into four modules, being able to be present as a complete (4 modules) or incomplete (with less than 4 modules) structure. In addition, it has been demonstrated that LAA plays an essential role in the emergence of LEE-negative STEC strains, contributing to the evolution of the virulence of this pathogen. These authors propose the investigation of *hes* as a potential marker of LAA (Montero et al. [2017](#page-8-6)). In previous studies, Colello et al. ([2018\)](#page-8-7) and Vélez et al. ([2020\)](#page-9-4) demonstrated that *hes* was present in many LAA-positive STEC strains. LAA has been related to different parameters of pathogenicity as biofilm formation (Montero et al. [2017](#page-8-6); Vélez et al. [2021](#page-9-5)). Biofilms are a community of bacterial cells enclosed in a self-producing matrix and adhered to biotic or abiotic surfaces (Donlan and Costerton [2002](#page-8-8)) and it has been recognized that biofilms can produce contamination and spoilage in food and pose a risk to consumer health (Angel Villegas et al. [2013;](#page-7-1) Vélez et al. [2022](#page-9-6)). Moreover, biofilm formation causes significant monetary loss in the food industry (Lindsay and Holy [2006](#page-8-9)). Nüesch-Inderbinen et al. [\(2018](#page-8-10)) found that LAA, as a complete structure, was identified in STEC O91 as highly pathogenic and isolated from clinical cases. The serogroup O91 ranked in the top five of the serogroups non-O157 related to human infection (Bielaszewska et al. [2009](#page-8-11); EFSA [2012\)](#page-8-12). Considering the frequent isolation of STEC O91, the biofilm formation capacity, and the possible role of *hes* in the pathogenicity of LAA-positive STEC, this study aimed to analyze the ability of STEC O91 to form biofilms and to evaluate the expression of *hes* in these mechanisms.

Materials and methods

Bacterial strains

et al. [2010;](#page-8-13) Fernández et al. [2012;](#page-8-14) Padola et al. [2004;](#page-8-15) and Parma et al. [2000](#page-8-16)). Seventeen strains carried the four LAA modules (named LAA-positive), three strains carried some modules (named LAA-incomplete), and one strain does not carried any module (LAA-negative) (Table [1\)](#page-2-0). Moreover, two mutants of O91 strains were used. One of them with LAA deleted (named O91∆LAA), and another with *hes* deleted (named O91∆*hes*). Two transformed strains were used, one strain without LAA with the insertion of *hes* plasmid (named O91∆LAApVB1_*hes*), and an *E. coli* nonadherent HB101 with the insertion of *hes* plasmid (named *E. coli* HB101pVB1_*hes*) (Montero et al. [2017\)](#page-8-6).

Biofilm assay

This assay was performed with all bacterial strains (wildtype and mutants) according to Cáceres et al. ([2019\)](#page-8-17). It was carried out in 96-well polystyrene flat-bottom culture plate (Greiner Bio-One, CELLSTAR®). The strains were grown in Luria Bertani (LB, Britania) broth at 37 °C for 18 h. The cultures were standardized, the optical density (OD) of each culture was measured and, dilutions were made adjusting the OD to 0.5 (equivalent to 2.5×10^8 CFU/mL). An aliquot of 10 µL was inoculated in each well by triplicate containing 190 µL of LB. It was incubated at 37 °C without shaking for 48 h with media renewal after 24 h. The microplates were washed once with double distilled water, fixed with methanol 100% (Biopack), 200 µL for 15 min, and stained with 200 μ L of crystal violet (Biopack) 0.1% (p/v) in water. Then, the plates were washed with water three times, and the remaining dye was solubilized with 200 μ L of 96% ethanol (Biopack). The biofilm formation was estimated by measuring the optical density at 570 nm (OD_{570}) using the microplate reader (Labsystem Multi- scan EX – ICTSI Instrumentacion Cientifica Tecnica S. L). The OD of each strain was corrected by a cutting OD (ODc) (sum of the OD average of the control wells −3 wells with non-inoculated sterile medium- and three times their standard deviation). Based on the results obtained, the strains were classified into four categories: non-biofilm forming (NBF): the OD of the strain is below the ODc (OD \leq ODc); weak biofilm formers (WBF): the OD of the strain is between the ODc and the OD value corresponding to double the same $(ODE < ODC \leq 2ODE)$; moderate biofilm formers (MBF): the OD of the strain is between twice the ODc value and the OD value corresponding to quadruple of the same $(2ODE < OD \leq 4ODE)$; and, strong biofilm formers (SBF): the OD of the strain is above four times the ODc $(4ODC < OD)$ (Gómez et al. [2013](#page-8-18)). Biofilm formation was assessed with three replicates for each strain in three independent experiments.

***** Control strains in expression assay /** The same letters (a, b, or c) indicate membership in homogeneous groups according to post hoc comparison ($p < 0.05$)

Statistical analyzes

To assess the difference between OD for the O91 strains, a general mixed model with a fixed effect that was "strain" and a random effect "independent experiments" was fitted. When significant differences were found, a Tukey test was used to determine differences between levels of the fixed variable. The analysis was carried out with 'R' version 3.6.2 (R Development Core Team). We used MuMIn (Barton [2022](#page-7-2)) and lme4 (Bates et al. [2015](#page-7-3)).

Scanning electron microscopy analysis

Biofilm formation by *E. coli* HB101 and its transform *E. coli* HB101pBV1_*hes*, the wild-type strain VO 7-4-4, and its mutant O91∆LAA were observed by scanning electron microscopy (SEM). The study was carried out on 12-well polystyrene plates on which sterile metallic coupons were placed. The biofilm formation was realized with the methodology described in Sect. [2.2](#page-1-0). The coupons were removed at three different times of the biofilm formation (6, 24, and 48 h). Each sample were washed with PBS to remove non-adherence cells, and fixed with a methanol solution 100% (Biopack) by 15 min. Subsequently, the samples were dehydrated. The dehydration was carried out by exposing them to 4 ethanol/water solutions from lowest to highest concentration (50%, 60%, 80% and 100%). Each solution was left to act for 15 min. Once dehydrated, coupons were critical point dried using liquid carbon dioxide within the pressurized chamber at 10 °C. The samples were metalized with Au 24 and observed under a Zeiss Evo10 SEM microscope.

Expression of *hes* **gene before and after biofilm formation**

Bacterial growth and RNA extraction

Five O91 strains were analyzed in two conditions, *before* and *after* biofilm formation: four strains carrying LAA (strains 3, 4, 5, 14) and one carrying only *hes* (strain 20) (Table [1\)](#page-2-0). The strains were selected based on the isolation origin variability (cattle, dairy cows, calves, and food). A non-adherent strain was transformed by a plasmid with the *hes* gene (*E. coli* HB101pVB1_*hes*). This strain does not carry another set of genes; therefore, this strain will allow us to compare the exclusive participation of *hes*. To study the expression of the *hes* gene before biofilm formation, cultures were grown overnight (ON) at 37 ºC in LB broth with shaking and proceeding with the RNA extraction. The RNA was extracted to study the *hes* expression after the biofilm formation from a plate of 96-wells following the protocol described above. After 48 h of incubation, the biofilm formed was mechanically removed with a sterile spatula and collected in an Eppendorf ARNase-free for subsequent RNA extraction treatment.

Following both growths (ON and biofilm), total RNA was extracted using the TRIzol™ protocol. Additional treatment with DNase I (Roche Diagnostics GmbH) was performed before reverse transcription to eliminate genomic DNA contamination. One µg of RNA was incubated with 20 U of DNase I for 1 h at 37 °C and 12 min at 72 °C for inactivation. Afterward, cDNA was synthesized using the high-capacity cDNA Reverse Transcription Kit (Applied Biosystems, Foster City, CA) according to the manufacturer's instructions. Controls without reverse transcriptase were carried out for each sample.

Quantitative real-time PCR analysis

The transcription levels of the *hes* were evaluated by quantitative real-time PCR assays (qPCR). Two assays in three independent events were performed. The primers used to detect transcripts of the housekeeping gene, *tufA*, were taken from de Sablet et al. [\(2008](#page-8-21)) and *hes* was detected with primer design by Colello et al. [\(2023](#page-8-22)). Relative quantification reactions were performed on OneStep Plus Real-Time PCR System (Applied Biosystems). Each 20 µL qPCR mix contained 4 μ L of 1/5 diluted cDNA template, 10 μ L of 2X SYBR Green master mix (FastStart Universal SYBR Green Master, Roche), and 300 nM of each primer. A no-template control was included in each run to assess reagent contamination. The relative quantification was performed compared to the basal *hes* transcription of the *E. coli* HB101pVB1_*hes* strain. In this strain, the expression was induced by adding $2mM$ toluic acid (10 μ L) and were grown in LB. Finally, the transcription levels relative to the control strain were calculated by the $\triangle \triangle CT$ method Pfaffl ([2001](#page-8-19)) using the efficiency corresponding to each gene. A standard curve method was used to determine the amplification efficiency for the genes. Five dilutions of the control cDNA were made in a series of 5, that were amplified in duplicate. The determination of the amplification efficiency was carried out by a linear regression model according to the equation $E=10$ [−1 /slope]. Relative standard curves and was determined using the Relative Expression Software Tool (Pfaffl et al. [2002](#page-8-20)). Datasets were logarithmically transformed.

Results

Quantification of biofilm formation by O91

All O91 STEC strains could form biofilms and were classified as SBF, including mutant strains, based on the means of OD_{570} (Fig. [1\)](#page-4-0). Although all strains were classified as SBF, high variability was found between wildtype strains $OD_{570} = 1.34$ for the lowest and $OD_{570} = 3.09$ for the highest) with significant differences between them $(p<0.05$; Table [1\)](#page-2-0). Comparing the O91 STEC wildtype with their mutant strains, the average OD_{570} of M3 (O91H21∆LAApVB1_*hes*) was higher than the averages recorded for the O91 strains, while the M2 (O91∆*hes*) presented the lowest average. M3 and M2 differed significantly (*p*<0.05; Fig. [2](#page-4-1)). This result confirms the participate of *hes* in biofilm formation in this assay.

Analyzed of biofilm formation with SEM

The images revealed that in the biofilm formed after 24 and 48 h of incubation, *E. coli* HB101pBV1_*hes* formed more biofilm than *E. coli* HB101 (Fig. [3\)](#page-5-0). Moreover, the transformed strain increased the biofilm formation as the incubation time increased, unlike the *E. coli* HB101. Regarding VO 7-4-4 and its mutant O91∆LAA, LAA deletion modified the biofilm morphology. In the O91∆LAA strain, the biofilm formation was observed as flat and unstructured through time. In contrast, the wild-type strain formed biofilm as a dense network of mono or multi-layer cells embedded within a matrix of extracellular polymer material (Fig. [4\)](#page-5-1).

Hes **expression related to biofilm formation**

Heterogeneous transcription levels of *hes* before and after biofilm formation by O91 strains were observed. The transcription levels of each isolate were expressed as fold change values relative to the control strain (*E. coli*

Fig. 1 Biofilm formation of STEC O91

OD: OD of biofilm formation / STEC strains. Green=mutants / Orange=wild-type LAA-incomplete / Red=wild-type LAA-negative / Grey=wild-type LAA-positive. **M1**: O91∆LAA, **M2**: O91∆*hes*, **M3**: O91H21∆LAApVB1_*hes*, **1–21**: wild-types O91 strains. The line represents $ODc > 0,620$ (SBF).

Strains: **M1**: O91∆LAA; **M2**: O91∆*hes*; **M3**: O91H21∆LAApVB1_*hes*; **N-/**I: LAA-negative and LAA-incomplete wild-type strains; **N+**: LAA-positive wild-type strains. **OD**: Optic Density related to biofilm formation. Different letters indicate significant differences

between means $(p < 0.05)$. Errors bars indicate standard errors

Fig. 2 OD average of the groups

studied

HB101pVB1_*hes*) (Fig. [5](#page-6-0)). Regarding the normalization of the relative quantification reaction, for the construction of the standard curves for the target and the housekeeping genes, the amplification efficiencies of each gene were 98% (*hes*) and 99% (*tufA*). All the strains analyzed in both conditions showed detectable transcription levels of *hes*. Strains 3, 5, and 20 expressed higher levels of *hes* before biofilm formation than *E. coli* HB101pVB1_*hes*. In only one case, the expression of *hes* was higher after biofilm formation (strain 14) (Fig. [5\)](#page-6-0). On the other hand, in strain 4, *hes* showed considerably low transcription levels in both conditions. The strain LAA-incomplete (strain 20), which carries only *hes*, showed markedly higher transcription levels (49-fold higher transcription than the control *E. coli* HB101pVB1_*hes)* (Table [1\)](#page-2-0).

Fig. 3 Biofilm formation at three times of the strains *E. coli* HB101 and *E. coli* HB101pBV1_*hes* The microphotographs correspond to the formation of biofilm at differ-

ent maturation times of the strain *E. coli* HB101 vs. the strain *E. coli* HB101pBV1_*hes* at 5000×10000X magnification

Fig. 4 Biofilm formation at three times of the strains VO 7-4-4 and O91∆LAA

The microphotographs correspond to the formation of biofilm at

different maturation times of the strain VO 7.4.4 vs. O91∆LAA at $5000 \times 10000X$ magnification

Fig. 5 Expression of *hes* before and after the biofilm formation Numbers 3, 4, 5, 14, and, 20 are O91 STEC strains analyzed. Strain *E. coli* HB101pVB1_*hes* was used as a control strain. Those strains with

Discussion

The biofilm formation by pathogens such as STEC is a mechanism that could participate in the infection of animals and humans (García and Percival [2011\)](#page-8-23). Previous studies have analyzed non-O157 strains, detecting the potential expression of genes that participate in the infection/colonization of the host, but did not express them under basal conditions (Cadona et al. [2020\)](#page-8-24). The genetic variation can be challenging in detecting hypervirulent STEC strains (Carter et al. [2022\)](#page-8-25).

Previous studies have recognized that the biofilm formation capacity could be one of the factors for the persistence of STEC because this matrix offers the ability to survive in adverse conditions promoting infection to the host (Angel Villegas et al. [2013;](#page-7-1) Vélez et al. [2021](#page-9-5); Wang et al. [2012](#page-9-7)). Another characteristic of biofilm formation is to allow the horizontal transference of genes. One example is the diverse distribution of LAA modules in O91 STEC strains, which could suggest that the acquisition of modules contributes to the high diversity of those strains and could occur on the biofilm (Nüesch-Inderbinen et al. [2021\)](#page-8-26).

Hes is a member protein of the Heat-resistant agglutinin family produced by LEE-negative STEC strains (Montero et al. [2017\)](#page-8-6). A former study showed that 53% of LEE-negative

fold change values >0 have higher transcription levels than the control, and those with fold change values<0, have lower transcription levels than the control (Table [1\)](#page-2-0)

strains carried *hes* (Vélez et al. [2021\)](#page-9-5) being the O91 strains one of the most prevalent for LAA and *hes* (Colello et al. [2018](#page-8-7); Montero et al. [2017\)](#page-8-6). An increase in clinical STEC O91 has been documented, but molecular data by which this serogroup causes the human disease is lacking (Nüesch-Inderbinen et al. [2018](#page-8-10)). This study proposes that the analysis and diagnosis of LAA, especially *hes* as a virulence factor of STEC O91 could clarify unknown mechanisms. STEC O91 strains were classified as SBF, in agreement with previous studies that have confirmed that LEE-negative strains are biofilm former (Vélez et al. [2021;](#page-9-5) Wang et al. [2012](#page-9-7)). In this study, the strain O91∆*hes* was form less biofilms than O91:H21∆LAA (OD₅₇₀: 1.39 and OD₅₇₀: 1.58, respectively) and the mutant with the insertion of a plasmid with *hes* O91:H21∆LAApVB1_*hes* form more biofilm than the others mutant (OD_{570} : 2.76). This result corroborates that biofilm formation is affected by the presence of LAA and *hes*, since significant differences were detected between the previously described mutant strains $(p < 0.001)$. Moreover, we could observe by SEM that the insertion of *hes* promoted the biofilms formation, and the deletion of LAA modified the structure of the biofilm in comparison with the wild-type strain. The biofilms formed by the wild-type strain (VO 7-4- 4) present three-dimensional structures, which provide an opportunity for the microorganisms to accommodate each

other and also to thrive under hostile conditions of pH, oxygen availability, and redox potential (Sauer et al. [2022\)](#page-9-8).

The expression of *hes* was variable between strains before and after biofilm formation, confirming the participation of *hes* in concordance with Montero et al. [\(2017](#page-8-6)). The study of the expression of *hes* in biofilms within 48 h of maturation is highly relevant since one of the characteristics of biofilms is to allow gene transfer being able to acquire the modules of LAA under certain conditions (Montero et al. [2017](#page-8-6); Nüesch-Inderbinen et al. [2018\)](#page-8-10). Until now, our results demonstrate the expression of genes belonging to LAA in biofilm formation processes for the first time.

The participation of *hes* and LAA in the biofilm formation was expected, taking into account previously collected information (Montero et al. [2017](#page-8-6); Vélez et al. [2021\)](#page-9-5). With this gene expression study, we confirm the function of *hes* and LAA in one of the mechanisms STEC reaches the host.

Further studies are required to define how virulence gene expression contributes to biofilm formation. Although several factors involved in biofilm formation are related to colonization, elements in the survival of LEE-negative STEC within biofilms remain unknown. Hes participates in the growth of STEC, on some occasions, from the first hours of culture (ON). In addition to the intrinsic factors of the bacterium, gene expression may be influenced by extrinsic factors as different micro-environmental situations within a biofilm that may be responsible for the appearance of different phenotypes in a population (Roberfroid et al. [2016](#page-9-9)).

The biofilm formation processes are mediated by different genes and their production is affected by environmental conditions (Vogeleer et al. [2016](#page-9-10)). Considering that we analyzed wild-type strains that carried a wide variety of genes, the variability of the expression could be due to other genes carried by each strain.

There are discrepancies between the different studies that relate the ability to form biofilms with specific parameters. Naves et al. ([2008\)](#page-8-27) suggest that this could be because the strains behave in different ways in vitro, probably due to their genetic composition and the conditions of each laboratory. Therefore, it is necessary that when investigating this type of structure, the bacterial strain, the test conditions, and the surface involved are considered independently. Despite these potential limitations, the study in laboratories with different conditions found in the food industry, whether environment, surface, or temperature, is a practical and valuable tool to understand the behavior of bacteria that can be transmitted by food and be harmful to human health.

In concordance with Vogeleer et al. ([2016\)](#page-9-10) who distinguished that despite the development of new strategies to eradicate biofilms formed by pathogens, no practical solutions to remove STEC biofilms, this research focuses on the identification of *hes* as a factor that promotes STEC survival, especially in STEC O91. Prevention measures and control strategies to avoid biofilm formation are essential factors in reducing the transmission of STEC. Identifying STEC in different ecological niches is necessary to reduce food contamination and its transmission to humans after ingestion (Vélez et al. [2021](#page-9-5)).

In conclusion, this study confirms the strong ability to form biofilms by STEC O91 and that LAA and *hes* is a gene that participates in biofilm formation. It is relevant considering that the incidence of STEC O91 infections requires more attention than others because they have been little studied, and the HUS cases by this serogroup are increasing. Therefore, further research is needed to understand better the mechanism of biofilm formation and simultaneous expression of genes in the pathogenicity of LAA-positive STEC strains.

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Data availability Data is available.

Declarations

Ethical approval This declaration is not applicable.

Competing interests The authors declare no competing interests.

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