



Effects of dietary thiamin (vitamin B1) on the growth performance, serum biochemical factors, immune response, and antioxidant activity of great sturgeon (*Huso huso*) juveniles

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Abstract

The present research evaluated the positive effects of dietary thiamin (vitamin B1) levels on the growth performance, serum biochemistry factors, immune response, and antioxidant activity of great sturgeon (*Huso huso*) juveniles. Thiamin was included in diets with levels of 0 (control, T0), 7 (T7), 15 (T15), and 25 (T25) mg/kg diet. Measurements of thiamin levels in diets indicated that they contained 1.80 (T0), 8.02 (T7), 16.2 (T15), and 26.6 (T25) mg thiamin/kg feed. Sturgeon juveniles (240 individuals) with average weight of 44.8 ± 1.96 g were distributed into 12 tanks, and fed with the experimental diets for 8 weeks. Final weight, body weight gain (%), specific growth rate, and feed conversion ratio (FCR) of great sturgeon were significantly influenced by dietary thiamin levels, and the maximum fish performance ($P < 0.05$) was obtained at a level of 15 mg/kg diet. The trypsin, chymotrypsin, creatine kinase, lipase, α -amylase, and alkaline phosphatase activities were notably ($P < 0.05$) affected by the dietary thiamin levels. The glucose content was not significantly ($P > 0.05$) different among the experimental treatments. Diets supplemented with thiamine increased significantly ($P < 0.05$) triglyceride, cholesterol, and total protein levels accompanied with significant ($P < 0.05$) decreases in aminotransferase aspartate and alanine aminotransferase activities. Serum antioxidant enzymes were remarkably ($P < 0.05$) higher, while serum malondialdehyde was significantly ($P < 0.05$) lower in the thiamin-treated fish compared with the control group. Total immunoglobulin, lysozyme, and ACH50 values were significantly ($P < 0.05$) higher in fish fed with thiamin-supplemented diets than in the control group. The results of the present study demonstrated that dietary thiamin have an important role in enhancing the growth performance, immune response, and antioxidant activity of great sturgeon. Based on the regression fitting curve of final weight, weight gain, specific growth rate, and FCR values, the optimal level of thiamin is found to be 15.0–17.5 mg/kg diet.

Keywords Thiamin requirement · Beluga · Vitamin B1 · Non-specific immunity · Antioxidant activity

Introduction

Great sturgeon (*Huso huso*) is an endemic valuable sturgeon species in the Caspian basin prized mainly for their caviar, meat, and aquaculture potential (Chebanov and Billard 2001; Pourkazemi 2006; He et al. 2017; Matani Bour et al. 2018; Bakhshalizadeh et al. 2021). It is a candidate for aquaculture due to its high growth rate, high adaptability to manufactured feeds and farming conditions, and high resistance to stressful conditions (Falahatkar et al. 2012). In sturgeon culture, special attention should be paid to their nutritional issues that make their farming a profitable production. A suitable diet for sturgeon aquaculture should

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contain various functional substances especially vitamins, which are reported to be among the most essential ones (De Andrade et al. 2007; Ghiasi et al. 2014, 2017).

Vitamins play important roles in enhancing the growth, disease resistance, maturation, and reproduction processes. on the other hand, vitamins deficiency reduces growth, intestinal weight, microvillus membrane protein, and brush border alkaline phosphatase activity in organisms (Wen et al. 2022). One of the highly important vitamins is thiamin (vitamin B1), which is an essential nutrient for fish (Aoe et al. 1969). Thiamin is vital for the fish metabolism and acts as a coenzyme in enzymatic pathways of pyruvate dehydrogenase, transketolase, ketoglutarate dehydrogenase, and glucose-6-phosphate dehydrogenase (Jenco et al. 2017; Ghiasi et al. 2014, 2017). Since thiamin cannot be synthesized in the body, the fish diets must be managed to prevent thiamin deficiency in fish. Several studies demonstrated that dietary thiamin positively affected the fish growth performance via increasing the activity of digestive enzymes and improving intestinal tissue integrity in Jian carp (*Cyprinus carpio*

var. Jian), golden pompano (*Trachinotus ovatus*), grass carp (*Ctenopharyngodon idella*), and major carp (*Catla catla*) (Huang et al. 2011; Feng et al. 2011; Jiang et al. 2014; Xun et al. 2019; Mohd Khan and Khan 2022; Wen et al. 2022). For sturgeons, although data are available on vitamin C (Moreau et al. 1999a; Falahatkar et al. 2006, 2015), vitamin E (Moreau et al. 1999b; Amlashi et al. 2011), and vitamin A (Fontagné et al. 2006; Wen et al. 2008), enough information is rare about the optimal thiamin levels in a practical diet for sturgeons, including *H. huso* (Ghiasi et al. 2017; Mohseni et al. 2023). Due to the importance of great sturgeon (*H. huso*), the present study was done to investigate the positive effects of dietary thiamin on growth indices, biochemical factors, digestive enzymes, innate immunity, and antioxidant capacity in juvenile great sturgeon.

Materials and methods

Ethics statement

All experimental protocols were approved by the Faculty of Sciences, University of Tehran, Tehran, Iran (357; 8 November 2000).

Diets formulation

In this research, a basal control diet (Table 1) was formulated based on scientific information to meet the nutritional requirement of great sturgeon (Matani Bour et al. 2018; Mirzakhani et al. 2018), which contained 460 g/kg of protein and 196 g/kg of fat. Doses of thiamin in experimental diets were selected based on information available in other species (NRC 2011). Then, thiamin (thiamin hydrochloride) was added to the basal control diet at levels of 0 (T0), 7 (T7), 15 (T15), and 25 (T25) mg/kg diet. Measurements of thiamin levels in diets indicated that these diets contained 1.80, 8.02, 16.2, 26.6 mg thiamin/kg feed.

Feed items were obtained from a sturgeon feed company (Caspian Yaqaot Talaei, Eslami, Joybar, Iran). Thiamin-free vitamin supplement and thiamin were respectively procured from Hashtgerd Pharmaceutical Company (Alborz, Iran) and Sigma Company (Vitamin B1 hydrochloride, Sigma, Germany). The calculated amounts of diet items were mechanically stirred in an electric stirrer (Pars Khazar, Tehran, Iran) for 30 min. Thiamin hydrochloride (thiamin) at doses of 0, 7, 15, and 25 mg/kg feed was added to experimental diets. Then, thiamin was well mixed with vitamins and minerals supplements for 30 min using a binder. This mixture was added to the experimental diets, mixed again for 30 min during which, oil and water were added, and stirred again by an electrical stirrer (Pars Khazar, Tehran,

Table 1 Ingredients and proximate composition (% on dry matter basis) of the basal control diet

Ingredient	(g/kg diet)
Fish meal (72% protein)	400
Soybean meal (45% protein)	150
Meat and bone meal	120
Wheat gluten	50
Corn flour	119.5
Starch	50
Fish oil	35
Soybean oil	30
Lecithin	20
Di-calcium phosphate	3
Vitamins premix ^a (B1 free)	10
Minerals premix ^b	10
Antifungal	2.5
Chemical composition (%)	
Crude protein	46.18
Crude fat	19.64
Moisture	10.25
Ash	11.5
Crude energy (kcal kg ⁻¹)	3021

^a Vitamins mixture was manually provided according to feed requirements of the fish (NRC 2011) and ingredients were obtained from Hashtgerd Laboratories (Hashtgerd, Alborz, Iran); which each 1000 g vitamin mixture provides: vitamin A, 1,600,000 I.U.; vitamin D3, 400,000 I.U.; riboflavin, 8 g; niacin, 12 g; pantothenic acid, 40 g; pyridoxine, 4 g; folic acid, 2 g; cyanocobalamin, 8 mg; vitamin C, 60 g; vitamin K3, 2 g; biotin, 240 mg; inositol, 20 g, and vitamin E, 60 g

^b Aquatic minerals mixture was manufactured by Science Laboratories (Ghazvin, Iran); where each 1000 g contains mineral trace elements: ferrous, 6000 mg; zinc, 10,000 mg; selenium, 20 mg; cobalt, 100 mg; copper, 600 mg; magnesium, 5000 mg; iodine, 600 mg, and choline chloride, 6000 mg

Iran). The prepared diets were extruded in an electric meat grinder, and the feeds were broken to a diameter of 3 mm. The pellets were spread and allowed to dry in the air at room temperature for 24 h. Then, the pellets were packed and kept at $-20\text{ }^{\circ}\text{C}$ until feeding.

To determine the protein, crude lipids, moisture, ash, and energy contents, experimental diets were analyzed chemically (AOAC 2005) in the laboratory of Qareburoon Sturgeon Culture and Propagation Center (Sari, Iran). Moisture content was measured by drying food in an oven at $105\text{ }^{\circ}\text{C}$ for 24 h. Crude protein and crude lipids contents were determined using an automatic Kjeldahl device and a Soxhlet system, respectively. Ash content was obtained by burning diets in an electric furnace at $550\text{ }^{\circ}\text{C}$ for 6 h. The amounts of energy of diets was calculated according to the AOAC method (AOAC 2005).

Fish and culture conditions

This research was carried out in the Qareburoon Sturgeon Culture and Propagation Center (Sari, Iran). Great sturgeon juveniles were adapted to the tanks conditions for two weeks, during which they were fed on the basal control diet up to the saturation level three times a day (8:00, 12:00, and 16:00 h). After the acclimation period, 12 round concrete tanks ($1.7 \times 1.5 \times 0.6\text{ m}$) were randomly assigned to four experimental treatments with three replications each. The experimental tanks were located indoors, and the photoperiod was 16 h of light and 8 h of dark. First, 240 pieces of juvenile great sturgeon ($44.98 \pm 1.96\text{ g}$) were randomly stored in tanks (with a density of 20 fish per tank) that were supplied with continuous water flow, and the flow rate was set at $13 \pm 0.3\text{ L/min}$. Fish groups were fed on diets containing 0 (T0), 7 (T7), 15 (T15), and 25 (T25) mg thiamin/kg feed. During the experiment, fish were fed on the experimental diets up to apparent satiety three times (8:00, 12:00, and 16:00 h) every day for 8 weeks. Following every fish feeding, a screening mechanism was implemented for a duration of one hour at the outlet of the tank to impede the flushing away of any feeds. Uneaten feeds were collected one hour after each feeding time, dried at $60\text{ }^{\circ}\text{C}$, and used in the calculations of feed intake. Water quality parameters were monitored every week as described in Boyd (1984). The values of water quality parameters were controlled during the experimental running and they were; temperature $21.82 \pm 0.6\text{ }^{\circ}\text{C}$, dissolved oxygen $7.8 \pm 0.5\text{ mg/L}$, and $\text{pH} = 7.3 \pm 0.2$, total ammonia $0.43 \pm 0.05\text{ mg/L}$, nitrate $19.5 \pm 1.5\text{ mg/L}$, nitrite $0.017 \pm 0.001\text{ mg/L}$.

At the end of feeding trial, fish feeding was stopped for 24 h and all the fish in each tank were anesthetized with clove powder (400 mg/L, Najafi et al. 2017) and separately weighed. Final weight (FW), body weight gain (BWG),

specific growth rate (SGR), survival rate (SR), feed intake (FI), and feed conversion ratio (FCR) were calculated as below:

Body weight gain (BWG, %) = $100 \times [\text{final weight (g)} - \text{initial weight (g)}] / \text{initial weight (g)}$;

Specific growth rate (SGR; g/day) = $100 \times [\text{Ln (final weight)} - \text{Ln (initial weight)}] / \text{days}$;

Feed conversion ratio (FCR) = $\text{dry diet feed (g)} / \text{wet weight gain (g)}$;

Survival rate (%) = $100 \times (\text{final number of fish} / \text{initial number of fish})$.

Blood and tissue sampling

At the end of the feeding experiment, three fish were randomly selected from each repetition ($n = 9$ fish per treatment), anesthetized with clove powder (400 mg/L, Najafi et al. 2017), and blood was sampled from the caudal vein. Blood samples were refrigerated at $4\text{ }^{\circ}\text{C}$ and then centrifuged at 3000 g for 10 min. The serum was collected and kept at $-80\text{ }^{\circ}\text{C}$ for further analyses. Then, fish were dissected and the liver from the fish were removed and frozen in liquid nitrogen, and stored at $-80\text{ }^{\circ}\text{C}$ for determining thiamin contents.

Thiamin determination

The total thiamin contents in the experimental diets as well as fish liver tissues were determined by high performance liquid chromatography (HPLC) after acid and enzymatic hydrolysis as described in Velimatti et al. (1993).

Digestive enzymes

Digestive enzymes were measured in fish sera using commercial kits, which were applied to measure trypsin (Cat. No: CK-E91540, Eastbiopharm, CO. China), chymotrypsin (Cat. No: CK-E92024, Eastbiopharm, CO. China), lipase (Cat. No: 1,050,024, Pars Azmon, Alborz, Iran), and α -amylase (Cat. No: 104,050, Pars Azmon, Alborz, Iran).

Serum biochemistry assay

Glucose (GLU), triglyceride (TG), Cholesterol (T-CHO), and total protein (TP) were quantified using assay kits from Pars Azmun Company (Pars Azmun, Karaj, Alborz, Iran) according to the mentioned protocols. Aspartate aminotransferase (AST), alanine aminotransferase (ALT) activities, alkaline phosphatase (ALP), and creatine kinase (CK) were determined using commercial kits (Pars Azmon, Karaj, Alborz, Iran) according to the mentioned protocols.

Immune response assay

Lysozyme (LYZ) activity was measured using modified turbidimetric method according to Ellis et al. (2001) by using *Micrococcus luteus* (Sigma) as a target in 0.05 M phosphate buffer (pH = 6.2). Serum alternative complement (ACH50) activity was measured based on Yano et al. (1988), in which rabbit red blood cells were used as a target. The protocol of Siwicki and Anderson (1993) was used to assay total immunoglobulin (total Ig) after polyethylene glycol precipitation of Ig and subtraction of initial and final total protein.

Serum antioxidant indices

Enzyme-linked immunosorbent assay (ELISA) commercial kits was used to measure serum superoxide dismutase (SOD, Cat. No: ZB-SOD96A, ZellBio, GmbH, Germany), catalase activity (CAT, Cat. No: ZB-CAT96A, V405, ZellBio, GmbH, Germany), glutathione peroxidase activity (GPx, Cat. No: ZB-GPX-A96, ZellBio, GmbH, Germany), malondialdehyde (MDA, Cat. No: ZB-MDA96A, V405, ZellBio, GmbH, Germany), glutathione S-transferase (GST, Cat. NO: ZX-33103-96, ZellBio, GmbH, Germany), and glutathione reductase (GR, Cat. NO: ZX-33104-96, ZellBio, GmbH, Germany) according to the guide protocols.

Statistical analysis

This research was conducted in a completely randomized design with three replications (n=3) for all analyses. All data were analyzed statistically using SPSS version 26.00 for windows. First, the normality of the data was tested using the Kolmogorov-Smirnov test, and Levin's test was used for the homogeneity of variances. Accordingly, significant differences between treatments were compared using one-way analysis of variance (ANOVA). Differences between treatments were evaluated by Tukey's HSD test. The linear or quadratic effects of dietary thiamin were determined by an

orthogonal polynomial contrast analysis (Yossa and Verdegem 2015).

Results

Growth performance and hepatic thiamin content

Compared with the control diet, dietary thiamin levels significantly ($P < 0.05$) prompted the fish performance parameters in linear or quadratic trends (Table 2). However, highest values of FW, BWG%, SGR, and FCR were observed at T15 after which no significant ($P > 0.05$) difference was observed with T25. Significant ($P < 0.05$) correlations were observed for dietary thiamin levels effects on FW, BWG%, SGR, and FCR (Fig. 1). Hepatic thiamin content was significantly ($P < 0.05$) correlated with the dietary thiamin levels, and the highest amount was obtained in T15 and T25 (5.33 and 5.38 mg/kg) with no significant ($P > 0.05$) difference between them (Table 2; Fig. 2). Dietary thiamin levels and hepatic thiamin followed significant ($P < 0.05$) linear and quadratic trends. In this study, the optimal dietary thiamin level for beluga fish was estimated to be 15.0–17.5 mg/kg feed based on the fitting curves (Fig. 1) as follows:

$$\begin{aligned} \text{FW} & (y = -10.325x^2 + 64.375x + 133.58; R^2 = 0.935), \\ \text{BWG\%} & (y = -26.682x^2 + 156.82x + 199.12; R^2 = 0.935), \\ \text{SGR} & (y = -0.092x^2 + 0.5424x + 1.9808; R^2 = 0.9788), \\ \text{FCR} & (y = 0.0932x^2 - 0.6444x + 2.2555; R^2 = 0.9234). \end{aligned}$$

Digestive enzymes activities

A significant ($P < 0.05$) difference was observed among treatments in regards of trypsin, chymotrypsin, lipase, and α -amylase activities (Table 3). Their highest values were observed at T15 after which no significant ($P > 0.05$) difference was observed with T25. Significant ($P < 0.05$) linear and quadratic trends were obtained for dietary thiamin levels and the activity of above-mentioned enzymes. These

Table 2 Growth performance and hepatic thiamin concentration of great sturgeon (*H. huso*) juveniles fed with different thiamin levels for 8 weeks (Mean \pm SD, n = 3)

	Treatments				Linear	Quadratic
	T0	T7	T15	T25	P value	P value
Initial weight (g)	46.6 \pm 1.04	45.5 \pm 1.23	45.9 \pm 2.73	45.2 \pm 1.55	0.580	0.860
Final weight (g)	190.8 \pm 0.98 ^c	217.0 \pm 4.17 ^b	233.6 \pm 3.54 ^a	227.3 \pm 4.52 ^{ab}	0.003	< 0.001
Body Weight gain (%)	309.7 \pm 11.43 ^c	376.8 \pm 19.73 ^b	411.4 \pm 28.73 ^a	403.7 \pm 13.77 ^{ab}	0.012	0.006
SGR (%/day)	2.35 \pm 0.046 ^b	2.60 \pm 0.071 ^a	2.71 \pm 0.096 ^a	2.69 \pm 0.043 ^a	0.011	0.005
FI (g feed/fish)	226.0 \pm 7.21 ^a	222.6 \pm 9.94 ^a	220.2 \pm 6.32 ^{ab}	200.9 \pm 8.79 ^b	0.042	0.097
FCR	1.57 \pm 0.056 ^a	1.30 \pm 0.042 ^b	1.18 \pm 0.052 ^{bc}	1.11 \pm 0.059 ^c	< 0.001	< 0.001
SR (%)	100.0 \pm 0.00	100.0 \pm 0.00	100.0 \pm 0.00	100.0 \pm 0.00		
Hepatic thiamine (mg/kg)	2.10 \pm 0.052 ^c	3.15 \pm 0.079 ^b	5.33 \pm 0.138 ^a	5.38 \pm 0.062 ^a	< 0.001	< 0.001

SGR: specific growth rate; FI: feed intake; FCR: feed conversion ratio; SR: survival rate. Means with the same letter in the same row are not significantly differed at $P > 0.05$

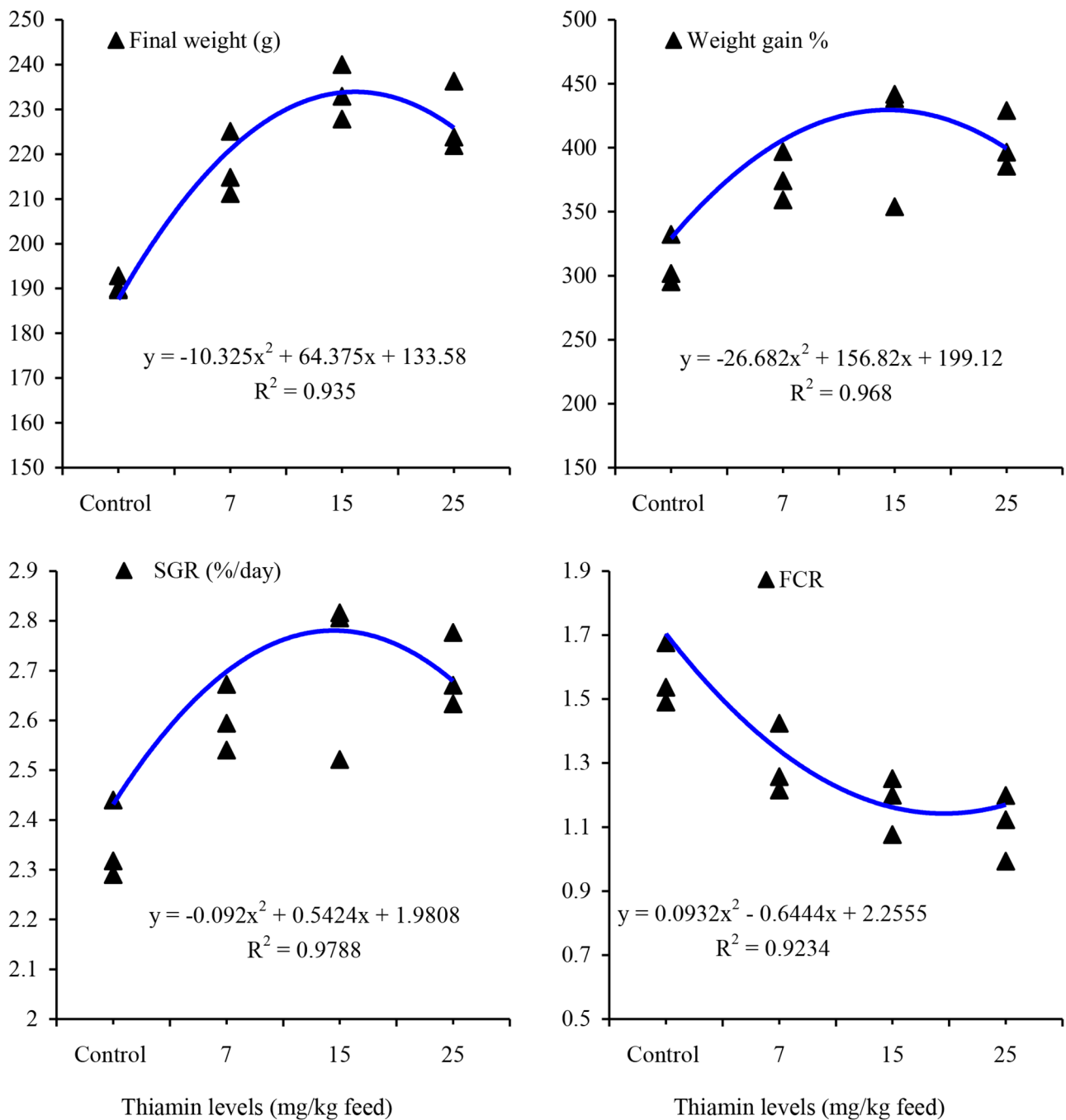


Fig. 1 The relationship between final weight (g), specific growth rate (SGR; %g/day), weight gain %, and feed intake (g feed/fish) of great sturgeon (*H. huso*) juveniles fed with different thiamin levels for 8 weeks

enzymes were more active in the thiamin-supplemented treatments compared to the control fish group (Fig. 3).

Biochemical factors

The amount of GLU was not significantly ($P > 0.05$) differed among the experimental treatments, meanwhile TG, T-CHO, and TP levels were significantly ($P < 0.05$) higher

in the thiamin-fed fish groups than in the control fish group (Table 4). Their highest values were observed at T15 after which no significant ($P > 0.05$) difference was observed with T25. Significant ($P < 0.05$) linear and quadratic trends were obtained for dietary thiamin levels and TG, T-CHL, and TP levels. Significant ($P < 0.05$) differences in activities of CK, ALP, ALT and AST were observed among experimental treatments. Increasing the dietary thiamin linearly

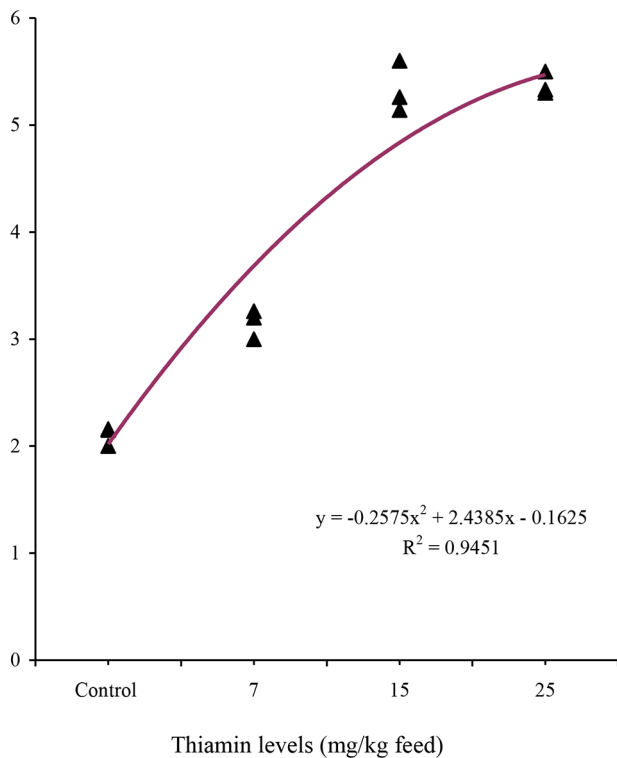


Fig. 2 The relationship between dietary thiamin levels (mg/kg feed) and thiamin contents in liver of great sturgeon (*H. huso*) juveniles fed with different thiamin levels for 8 weeks

enhanced CK and ALP activities but reduced the activity of ALT and AST (Table 4; $P < 0.05$).

Immunity and antioxidant biomarkers

Total Ig, LYZ, and ACH50 levels were significantly ($P < 0.05$) higher in thiamin-supplemented diets than in the control group and their highest values were observed at T15 after which no significant ($P > 0.05$) difference was observed with T25 (Fig. 4). As shown in Table 5, serum antioxidant enzymes (SOD, CAT, GPX, GST, and GR) were significantly ($P < 0.05$) higher in the thiamin-treated fish than in the control fish group. Significant ($P < 0.05$) linear and quadratic trends were obtained for dietary thiamin levels and CAT, GPX, GST, and GR levels. These enzymes rose with increasing dietary thiamin levels up to 15 mg/

kg diet after which no significant ($P > 0.05$) difference was observed with T25. On the other hand, serum MDA levels were significantly ($P < 0.05$) declined in the fish fed with thiamin-enriched diets than in the control (thiamin-free) group. Serum MDA decreased up to 15 mg/kg diet (T15) with no significant ($P > 0.05$) difference with T25 (Table 5).

Discussion

Vitamins are organic compounds having vital importance functions for fish welfare, and their deficiency causes severe disorders in the fish body where they play important roles in growth, physiology, and metabolism (Lonsdale 2006). The essentiality of dietary thiamin for optimal growth, improvement of immune factors, antioxidant status, and liver thiamin saturation for great sturgeon juveniles was clearly demonstrated in the present study. Our results showed that dietary thiamin levels positively stimulated the fish performance factors in linear or quadratic trends. Similar results were reported in young golden pompano (Xun et al. 2019), Jian carp (Huang et al. 2011), and great sturgeon larvae (Mohseni et al. 2023). The regression analysis indicated that juvenile beluga needed a level of 15.0–17.5 mg/kg diet of thiamin for optimization their growth. This result indicates that fish cannot utilize the higher thiamin levels may because the saturation of thiamin-encaged active sites. Additionally, the secretions of digestive enzymes were maximized at those thiamin levels limiting the further digestion of the feeds nutrients. Zehra and Khan (2017) stated that higher levels of dietary thiamin cannot be accumulated in the liver and may be excreted through urine.

These recommended thiamin levels for great sturgeon juveniles are approximately near that was recommended by Mohseni et al. (2023) who reported 10–20 mg/kg diet of thiamin for optimizing growth in the beluga weaning stage until the fingerling stage. This thiamin requirement is higher than the values reported for common carp (0.5 mg/kg feed: Halver 2002), Nile tilapia (3.5 mg/kg diet; Lim et al. 2011), rainbow trout (1–10 mg/kg feed: NRC 2011), and *Channa punctatus* (2.34–2.59 mg/kg feed: Zehra and Khan 2018). The wide variation in required amounts of thiamin may be attributed to differences in species, fish size, laboratory

Table 3 Digestive enzymes activities in serum of great sturgeon (*H. huso*) juveniles fed with different thiamin levels for 8 weeks (Mean \pm SD, $n = 3$)

	Treatments				Linear trend	Quadratic trend
	T0	T7	T15	T25	<i>P</i> value	<i>P</i> value
Trypsin (mmol/L)	1.10 \pm 0.036 ^c	1.30 \pm 0.015 ^b	1.86 \pm 0.042 ^a	1.85 \pm 0.045 ^a	< 0.001	< 0.001
Chymotrypsin (mmol/L)	0.37 \pm 0.012 ^c	0.52 \pm 0.021 ^b	0.61 \pm 0.027 ^a	0.62 \pm 0.029 ^a	< 0.001	< 0.001
α -Amylase (U/L)	25.8 \pm 0.84 ^b	34.2 \pm 1.23 ^a	36.5 \pm 0.55 ^a	36.6 \pm 1.39 ^a	< 0.001	< 0.001
Lipase (mmol/L)	16.8 \pm 1.21 ^c	20.5 \pm 1.34 ^b	26.9 \pm 0.89 ^a	26.4 \pm 1.08 ^a	< 0.001	< 0.001

Means with the same letter in the same row are not significantly differed at $P > 0.05$

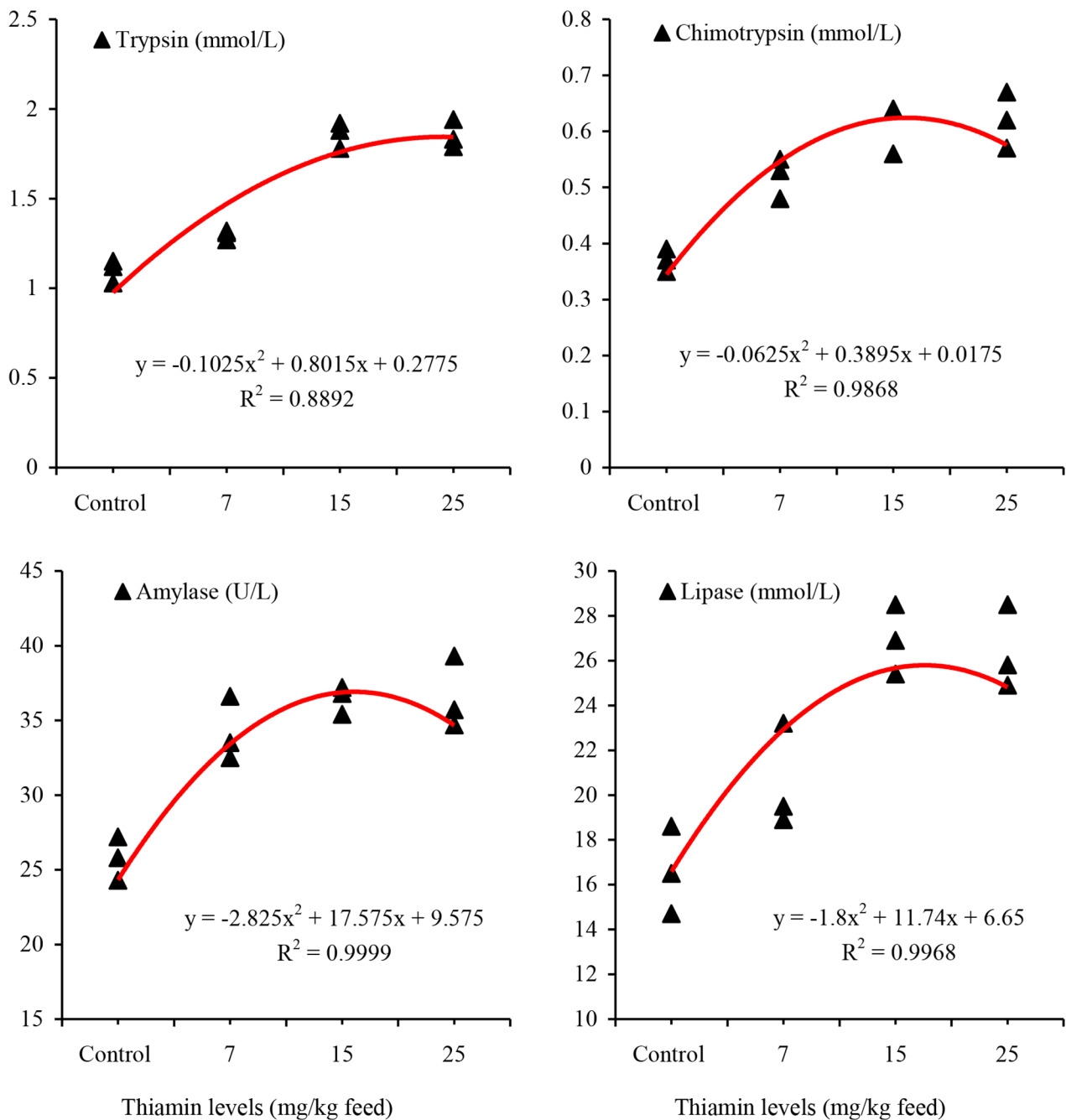


Fig. 3 The relationship between trypsin, chymotrypsin, α -amylase, and lipase activities in great sturgeon (*H. huso*) juveniles fed with different thiamin levels for 8 weeks

conditions, diet quality, methodology, and assessment criteria among others.

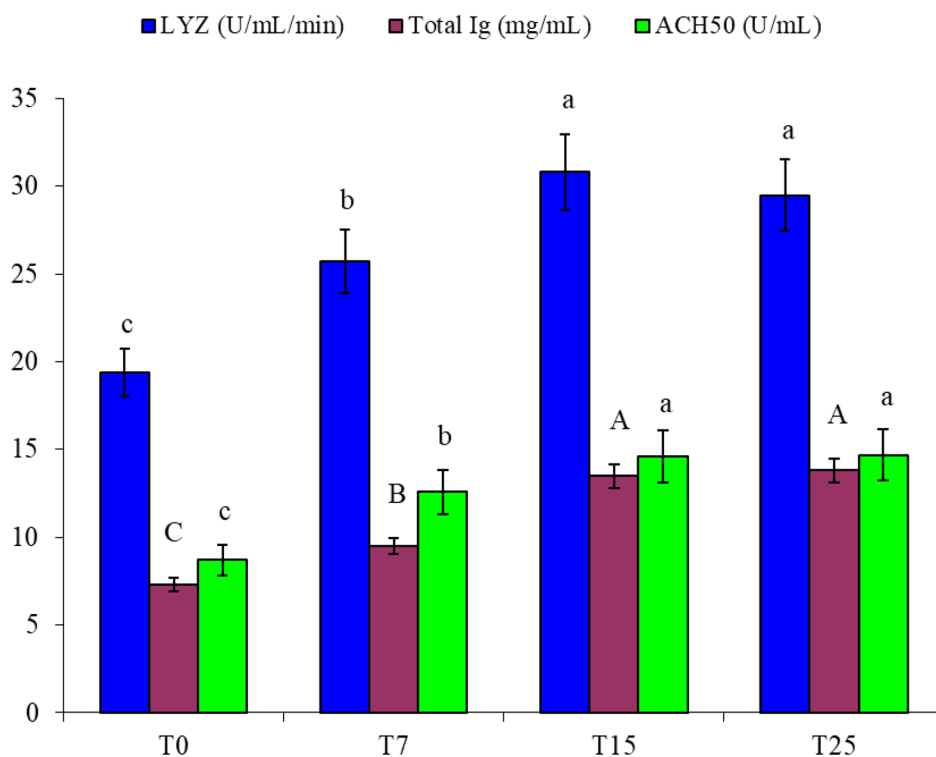
The inclusion of appropriate amount of thiamin in aquafeeds can improve the fish performance by improving the feed utilization. Additionally, the growth improving in thiamin-fed fish, in the present study, could be linked to the secretion of digestive enzymes, which are responsible for the feed digestion and nutrients absorption (Hakim et al.

2006; Zhao et al. 2020). In this regard, our data revealed significant ($P < 0.05$) increments in trypsin, chymotrypsin, α -amylase, and lipase activities with the consumption of thiamin-supplemented diets. These results are consistent with findings reported in Jian carp (Huang et al. 2011), golden pompano (Xun et al. 2019), yellow catfish (*Pelteobagrus fulvidraco*) juveniles (Zhao et al. 2020), and great sturgeon larvae (Mohseni et al. 2023). The clear mechanisms

Table 4 Serum biochemical indices of great sturgeon (*H. huso*) juveniles fed with different thiamin levels for 8 weeks (Mean \pm SD, n = 3)

	Treatments				Linear trend <i>P</i> value	Quadratic trend <i>P</i> value
	T0	T7	T15	T25		
TP (mg/mL)	13.2 \pm 0.62 ^c	16.8 \pm 0.81 ^b	24.7 \pm 0.92 ^a	24.4 \pm 0.58 ^a	< 0.001	< 0.001
Glucose (mg/dL)	41.7 \pm 0.93	41.5 \pm 1.21	40.9 \pm 1.72	40.5 \pm 1.73	0.462	0.774
T-CHL (mg/dL)	74.1 \pm 2.74 ^d	86.5 \pm 0.55 ^c	107.6 \pm 1.34 ^a	98.4 \pm 0.44 ^b	0.003	< 0.001
TG (mg/dL)	20.1 \pm 0.98 ^c	24.8 \pm 0.78 ^b	29.8 \pm 1.12 ^a	29.6 \pm 0.98 ^a	< 0.001	< 0.001
CK (U/L)	57.6 \pm 2.31 ^c	79.4 \pm 3.27 ^b	87.7 \pm 0.84 ^a	87.2 \pm 1.39 ^a	0.001	< 0.001
ALP (U/L)	48.4 \pm 1.85 ^c	63.4 \pm 2.57 ^b	75.8 \pm 5.45 ^a	74.8 \pm 2.71 ^a	0.001	< 0.001
AST (U/L)	25.3 \pm 0.61 ^a	21.7 \pm 0.57 ^b	21.4 \pm 0.38 ^b	18.4 \pm 0.61 ^c	< 0.001	< 0.001
ALT (U/L)	25.8 \pm 1.01 ^a	23.1 \pm 0.55 ^{ab}	21.8 \pm 0.81 ^b	18.9 \pm 0.32 ^c	< 0.001	< 0.001

TP: total protein; T-CHL: total cholesterol; TG: triglycerides; ALP: alkaline phosphatase; AST: aspartate transaminase; ALT: alanine transaminase; CK: creatine kinase. Means with the same letter in the same row are not significantly differed at $P > 0.05$

Fig. 4 Immune indices of great sturgeon (*H. huso*) juveniles fed with different thiamin levels for 8 weeks (Mean \pm SD, n = 3). Bars of each parameter assigned by different letters are significantly differed at $P < 0.05$ **Table 5** Immune and antioxidant indices of great sturgeon (*H. huso*) juveniles fed with different thiamin levels for 8 weeks (Mean \pm SD, n = 3)

	Treatments				Linear trend <i>P</i> value	Quadratic trend <i>P</i> value
	T0	T7	T15	T25		
MDA (nmol/mg protein)	7.41 \pm 0.43 ^a	5.84 \pm 0.19 ^b	4.11 \pm 0.17 ^c	3.98 \pm 0.14 ^c	< 0.001	< 0.001
SOD (mg/mg protein)	27.1 \pm 1.15 ^c	33.1 \pm 0.55 ^b	41.5 \pm 1.32 ^a	44.2 \pm 1.41 ^a	< 0.001	< 0.001
CAT (mg/mg protein)	23.1 \pm 0.84 ^c	34.00 \pm 0.82 ^b	39.70 \pm 0.49 ^a	41.5 \pm 1.25 ^a	< 0.001	< 0.001
GPx (mg/mg protein)	10.5 \pm 0.55 ^c	13.3 \pm 0.68 ^b	15.6 \pm 0.43 ^a	15.4 \pm 0.39 ^a	0.001	< 0.001
GST (mg/mg protein)	21.9 \pm 0.84 ^c	35.6 \pm 0.43 ^b	40.4 \pm 1.58 ^a	41.6 \pm 1.49 ^a	0.001	< 0.001
GR (mg/mg protein)	66.7 \pm 0.78 ^c	83.2 \pm 2.03 ^b	92.8 \pm 1.16 ^a	94.9 \pm 3.61 ^a	< 0.001	< 0.001

MDA: malondialdehyde; SOD: sodium dismutase; CAT: catalase; GPx: glutathione peroxidase; GST: glutathione-S-transferases; GR: glutathione reductase. Means with the same letter in the same row are not significantly differed at $P > 0.05$

by which thiamine enhances digestive enzymes activities in fish remain unknown. Nevertheless, investigations on mammals have evidenced that thiamine plays a crucial role in facilitating the optimal operation of a specific area of the central nervous system that controls the functionality of the gastrointestinal tract (Van der Zanden et al. 2009; Mohseni et al. 2023).

Hepatic vitamin concentration is used as an indicator of vitamin status in fish (Xiang et al. 2016). In the present study, liver thiamin concentrations were proportionally increased with rising dietary thiamin levels up to 15 mg/kg feed with no significant difference with T25. Similarly, Xun et al. (2019) reported that dietary thiamin increased up to 12 mg/kg diet in golden pompano juveniles and then decreased gradually. This suggests that balanced amounts of thiamin in diets enable the liver to develop and absorb thiamin more efficiently (Xun et al. 2019). More thiamin inclusion in the diet did not significantly improve liver thiamin concentration, suggesting that higher levels of dietary thiamin cannot be accumulated in the liver and may be excreted through urine (Zehra and Khan 2017).

Creatine kinase (CK) is involved in the energy metabolism of cells and catalyzes the transfer of phosphate to creatine in an ATP-dependent manner (Zhao et al. 2020). ALP is an important enzyme in the absorption of nutrients such as lipids, glucose, calcium, and inorganic phosphate (Tengjaroenkul et al. 2000). In the present study, the activity of CK and ALP significantly ($P < 0.05$) increased with the increasing levels of thiamin in diets as compared with the control group. Huang et al. (2011) and Zhao et al. (2020) observed that different levels of dietary thiamin increased the activity of CK and ALP in Jian carp and yellow catfish, respectively, compared to the control group. The increase in brush border enzymes after thiamin supplementation to fish can be attributed to the coenzyme form of thiamin, which acts as an important coenzyme for transketolase and several other enzymes involved in the conversion of carbohydrates and fat into energy (Huang et al. 2007; Zhao et al. 2020).

Various studies have shown that blood biochemistry can be affected by diets composition and are good indicators to show the nutritional status, stress, and overall health of fish. In the present study, TP, TG, and CHO were significantly ($P < 0.05$) affected by different levels of thiamin. The results obtained herein from the evaluation of blood metabolites show that the concentration of thiamin in the diet at 15 and 25 mg/kg feed increases serum TP contents with no significant ($P > 0.05$) difference between them. Higher values of serum protein in great sturgeon fed with a level of 15 mg/kg diet of thiamin may be due to sufficient protein synthesis required for optimal growth of this fish species. Huang et al. (2011) also reported that deficient or excessive dietary thiamin inhibited carbohydrate metabolism, resulting in

nutrient depletion during protein and lipid synthesis from the glycolytic pathway. TG and CHO are generally affected by carbohydrate, lipid, and protein metabolism. In the present investigation, serum TG and CHO concentrations were significantly higher in fish fed on thiamin-supplemented diets than in the control group. Similar results were reported in *Scizothorax prenanti* (Xiang et al. 2016) and yellow catfish juveniles (Zhao et al. 2020). These results probably suggest that thiamin supplementation to fish increases thiamine pyrophosphate formation in the liver, which increases oxidative decarboxylation of α -ketoacids and consequently lipid synthesis (Xiang et al. 2016). An in vitro study showed that thiamin-deficiency glia decreased cholesterol biosynthesis (Volpe and Marasa 1978).

Serum activity of ALT and AST can be used as general indicators of vertebrate liver function where higher levels of both enzymes reflect liver dysfunction or damage (Pan et al. 2003; Linhua et al. 2009). In our study herein, ALT and AST activity significantly ($P < 0.05$) decreased with increasing thiamin levels in diets as compared with the control fish group. The higher ALT and AST activities in the control fish group might result from a lack of thiamin to act as an antioxidant to protect liver cells from damage. The reduction of ALT and AST by dietary vitamins has been reported in different fish species (Yadollahi et al. 2021).

The health status and nutritional metabolism in fish can be reflected by serum biochemical and innate immunity parameters (Abdel-Tawwab et al. 2023). In the present study, LYZ, total Ig, and ACH50 values were significantly higher in the thiamin-fed fish than suggesting that thiamin supplementation to fish can improve their immune mechanism. Our results are also consistent with those reported in Jian carp (Huang et al. 2011). Likewise, Xun et al. (2019) observed higher activity of LYZ and C4 in golden pompano juveniles fed with different thiamin levels than in the control group.

MDA is known as an indicator of lipid peroxidation and can be defined as an important consequence of lipid oxidative deterioration (Lee and Dabrowski 2003). In the current investigation, serum MDA gradually decreased with increasing thiamin levels up to 15 mg/kg feed and then remained unchanged at T25. This corresponds to the results obtained in young grouper (Huang et al. 2007) and young common carp (Li et al. 2014). The beneficial effects of dietary thiamin in inhibiting lipid peroxidation and protein oxidation may be because it blocks the production of harmful mediator metabolites in fish (Li et al. 2014). Limited data are available on the effect of thiamin on lipid peroxidation in fish. Therefore, further investigation is required for the mechanism by which dietary thiamin reduces oxidative lipid damage. SOD, CAT, GPX and GST are important antioxidant enzymes that implicated to counteract the oxidative

stress through maintenance of redox homeostasis and mitigated the overproduction of free radicals (Martinez-Alvarez et al. 2005; Abdel-Tawwab and Wafeek 2017; Hoseinifar et al. 2021). Reduced activity of these enzymes causes lipid peroxidation and the increase in MDA production (Yousef et al. 2018; Abdel-Tawwab et al. 2023). Our results herein indicated that increasing dietary thiamin up to 15 mg/kg feed significantly increased the activity of SOD, CAT, GPX, and GST and then remained unchanged at T25. These results suggest that an adequate level of thiamin in fish diets improved the antioxidant activity. The effect of thiamin on the activity of antioxidant enzymes in fish has been investigated in limited studies. In mammals, thiamin can affect the activity of antioxidant enzymes in different ways. Thiamin may modulate GPx activity by blocking triphosphate accumulation (Park et al. 2003) and may increase antioxidant enzyme activity by suppressing the expression of the transcription factor p53 (Yang et al. 2004; Faraonio et al. 2006). In general, the elevated antioxidant enzymes activity in fish fed on thiamin-enriched diets may be partially related to these pathways, which needs further investigation. The obtained results herein are in line with the results reported in young common carp fed with different levels of thiamin (Li et al. 2014). In contrast with our study, Huang et al. (2007) reported that the SOD activity was not affected by thiamin in the grouper liver. A study conducted on rats demonstrated that the addition of thiamin prevented the occurrence of lipid peroxidation, glutathione depletion, and glyoxal-induced formation of reactive oxygen species. Moreover, it resulted in a reduction of mitochondrial membrane potential in rat hepatocytes (Shangari et al. 2003). They had been observed that vitamin B1 has the ability to directly interact with free radicals and hydroperoxides, and can consistently transmit ($2\text{H}^+ + 2\text{e}^-$) on the pyrimidine ring NH_2 group to free radicals, thereby eliminating them. On the other hand, thiamine deficiency has been noted to exert a diminishing effect on NADPH concentration, which serves as a radical scavenger, owing to a reduction in transketolase activity (Huang et al. 2007). Additionally, thiamine deficiency has been observed to impede antioxidant signaling pathways such as Nrf2 and Keap1 (Wen et al. 2016). Consequently, the enhancement of antioxidant capacity in the thiamine-treated great sturgeon may be attributed to the amelioration of tissue health (Mohseni et al. 2023).

Conclusion

The present study demonstrate that dietary thiamin plays an essential role in enhancing the growth performance and welfare status of great sturgeon, *H. huso*, juveniles. Additionally, dietary thiamin caused significant improvements

in digestive enzymes, immune and antioxidant biomarkers. The optimal level of thiamin was 15.0–17.5 mg/kg diet based on growth parameters. The data of the present study will be useful for the inclusion of optimal thiamin levels (15.0–17.5 mg/kg diet) in commercial and practical feeds in great sturgeon farms. Further studies are needed to explore the effects of dietary thiamin on growth, immune, and antioxidant genes expression.

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Data Availability All data of this study are included in this article.

Declarations

Competing interests The authors declare no competing interests.

Consent for publication Not applicable.

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