ORIGINAL RESEARCH

Antibiotic resistance pattern among the *Salmonella* isolated from human, animal and meat in India

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Abstract The present study was conducted to study the antibiotic resistance pattern among nontyphoidal Salmonella isolated from human, animal and meat. A total of 37 Salmonella strains isolated from clinical cases (human and animal) and meat during 2008-2009 belonging to 12 serovars were screened for their antimicrobial resistance pattern using 25 antimicrobial agents falling under 12 different antibiotic classes. All the Salmonella isolates tested showed multiple drug resistance varying from 5.40% to 100% with 16 of the 25 antibiotics tested. None of the isolates were sensitive to erythromycin and metronidazole. Resistance was also observed against clindamycin (94.59%), ampicillin (86.49%), cotrimoxazole (48.65%), colistin (45.94%), nalidixic acid (35.10%), amoxyclave (18.90%), cephalexin, meropenem, tobramycin, nitrofurantoin, tetracycline, amoxicillin (8.10% each), sparfloxacin and streptomycin (5.40% each). Isolates from clinical cases of animals were resistant to as many as 16 antibiotics, whereas isolates from human clinical cases and meat were resistant to 9 and 14 antibiotics, respectively. Overall, 19 resistotypes were recorded. Analysis of multiple antibiotic resistance index (MARI) indicated that clinical isolates from animals had higher MARI (0.25) as compared to isolates from food (0.22) and human (0.21). Among the different serotypes

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studied for antibiogram, Paratyhi B isolates, showed resistance to three to 13 antibiotics, whereas Typhimurium strains were resistant to four to seven antibiotics. Widespread multidrug resistance among the isolates from human, animal and meat was observed. Some of the uncommon serotypes exhibited higher resistance rate. Considerable changes in the resistance pattern were also noted. An interesting finding was the reemergence of sensitivity to some of the old antibiotics (chloromphenicol, tetracycline).

Keywords Antibiogram · Clinical isolates · Resistance pattern · *Salmonella* · Paratyphi B · Typhimurium

Introduction

Salmonella infection is one of the main zoonotic diseases worldwide (Vo et al., 2010). Salmonellosis in humans can manifest in a number of disease syndromes including enteric fever (typhoid-like disease) and nontyphoidal form. Enteric fever is an endemic disease in the tropic and subtropic regions and has become a major health problem in developing countries (Okon, 2010). The most common clinical manifestation of nontyphoidal salmonellosis is that of acute gastroenteritis with a short and self-limiting clinical course. However, severe sequelae, such as bacteremia or meningitis, may develop in an approximately 5– 10% of individuals infected with nontyphoid Salmonella (Su and Chiu, 2007)

Salmonella infections are also common in different species of animals. Host specific Salmonella serotypes such as Choleraesuis, Abortusequi, Gallinarum commonly produces systemic diseases and are characterized by low morbidity and high mortality. Gastrointestinal symptoms are predominant with generalist serotypes and are often characterized by high morbidity but low mortality (Hoelzer et al., 2011). Almost all cold-blooded

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and warm-blooded animals serve as natural host for *Salmonella* spp.

The most common serovars that cause infection in humans and food animals belong to subspecies *enterica*. Of the 2,610 serovars recorded so far (Guibourdenche et al., 2010), over 2,300 serovars were identified within subspecies I. However, only a small fraction of the thousands of described subspecies I serovars frequently cause disease in humans and domestic animals. Incidence of disease caused by different serovars varies over time and evolution is further punctuated by the emergence of epidemic and multidrug resistant variants (Stevens et al., 2009). There are also occasional reports of occurrence of uncommon serotypes from clinical cases (Antony et al., 2009).

Of increasing concern is the worldwide emergence of multidrug resistant phenotypes among *Salmonella* serotypes (Sirichote et al., 2010), in particular *S*. Typhimurium, which express resistance to ampicillin, chloramphenicol, streptomycin, sulfamethoxazole and tetracycline (ACSSuT) (Hall, 2010). There are many reasons for the spread of multidrug resistance. A major concern is the use of antibiotics in food animals (Nikaido, 2009). An estimate in the United States suggests that 111,583.72 MT of antibiotics are given to animals each year as growth promoters at subtherapeutic amounts in their feed compared to 1,366.77 MT consumed by humans (White et al., 2001).

Nontyphoidal human Salmonella diarrhea does not warrant antimicrobial therapy; however, there are occasions when the infections can lead to life-threatening systemic infections that require effective chemotherapy (Vila et al., 2006). In developing countries like India, easy availability of a wide range of drugs coupled with inadequate health services result in increased proportions of drugs used as self-medication compared to prescribed drugs resulting in impending health problems and antimicrobial resistance. Problems caused by the increasing antimicrobial resistance of Salmonella include not only difficulties in antimicrobial therapy but also the apparent predilection of the organism to cause serious diseases. The possible emergence and spread of Salmonella strains resistant to antibiotics commonly used as treatment are concerns, because these infections can be invasive and difficult to treat by the drugs of choice for invasive Salmonella disease (Paterson, 2006). Monitoring drug resistance pattern is important to decide the therapeutic regime to be adopted against individual cases, and to devise a comprehensive chemoprophylactic and chemotherapeutic drug schedule on herd basis within a geographical area (Murugkar et al., 2004). MDR is also a concern in tropical regions, where there may be variation in resistance pattern compared to other parts of the world (Vila et al., 2006).

Although information on typhoidal *Salmonella* is widely studied in medical literature, data specifically describing the antibiogram among clinical isolates of nontyphoidal *Salmonella* of human and animal in India is scarce. We describe the prevalence of multidrug resistance among the clinical and meat isolates of *Salmonella*.

Material and methods

Salmonella isolates

Salmonella isolates (37) isolated during 2008–2009, belonging to 12 serovars (Paratyphi B var java, Typhimurium, Enteritidis, Isangi, Virchow, Heidelberg, Berta, Tshiongwe, Saintpaul, Bsilla, Labadi and rough type) were included in the study (Table 1). Twenty-seven of the isolates were isolated in our previous study from human and animal clinical cases and ten isolates were obtained from stocks at the National *Salmonellla* Centre (Vet), Indian Veterinary Research Institute, Izatnagar, repository. All isolates were confirmed through biochemical and serological methods (Agarwal et al., 2003; Farmer, 1995) and maintained on nutrient agar slopes until tested. A reference *E. coli* K12 strain (E-382), sensitive to all antimicrobials, was used as control.

Antimicrobial sensitivity assay

All the Salmonella isolates were examined for their antimicrobial drugs susceptibility/resistance pattern in triplicate on Mueller Hinton agar No. 4 (Himedia, Mumbai, India) by disc diffusion technique using 25 different antimicrobial agents belonging to 12 different classes. The antibiotics used were as follows, aminoglycosides (streptomycin 10 µg, gentamicin 10 µg, tobramycin 5 µg), polymyxinn (colistin 10 µg), cephalosporins (cephalexin 30 µg, cefotaxime 30 μ g), imidazoles (metronidazole 5 μ g), quinolones (nalidixic acid 30 µg, ciprofloxacin, levofloxacin 5 µg, sparofloxacin 5 µg, moxifloxacin 5 µg, norfloxacin 10 µg, ofloxacin 5 µg), macrolides (erythromycin 15 µg), carbapenem (imipenem 10 µg, meropenem 10 µg), penicillins (amoxicillin 30 µg, amoxyclave 10 µg, ampicillin 10 µg), tetracyclines (tetracycline 30 µg), lincosamides (clindamycin 2 μ g), sulphonamides (co-trimoxazole 25 μ g) and others (chloramphenicol 10 µg, nitrofurantoin 30 µg).

Based on zone of inhibition, isolates were classified as sensitive or resistant according to manufacturer's (Himedia, Mumbai, India) instructions. Data of isolates were computerized and analyzed with Statistical Package for Social

 Table 1
 List of isolates used in the study

Isolate no.	Isolate reference	Year of isolation	Type of isolate	Serotype
1	A139	2008	Cow wound	S. Bsilla
2	A167	2008	Cow calf diarrhea	S. Paratyphi B var java
3	A215	2008	Goat abortion	S. Labadi
4	A222	2008	Cow calf diarrhea	S. Typhimurium
5	A237	2008	Cow calf diarrhea	S. Typhimurium
6	A256	2008	Cow calf diarrhea	S. Paratyphi B var java
7	A262	2009	Buffalo calf diarrhea	S. Paratyphi B var java
8	A263	2009	Buffalo calf diarrhea	S. Paratyphi B var java
9	A266	2009	Cow calf diarrhea	S. Paratyphi B var java
10	A268	2009	Cow calf wound	S. Paratyphi B var java
11	A273	2009	Cow calf diarrhea	S. Tschichgwe
12	A295	2009	Buffalo calf diarrhea	S. Saintpaul
13	A306	2009	Cow calf diarrhea	S. Isangi
14	A308	2009	Buffalo calf diarrhea	S. Paratyphi B var java
15	A314	2009	Cow calf diarrhea	S. Isangi
16	A359	2009	Cow calf diarrhea	S. Typhimurium
17	A397	2009	Cow calf diarrhea	Rough
18	A444	2009	Cow calf diarrhea	S. Isangi
19	A493	2009	Cow calf diarrhea	Rough
20	H15	2008	Human diarrhea	S. Typhimurium
21	H42	2008	Human pyrexia	S. Paratyphi B var java
22	H80	2008	Human pyrexia	S. Paratyphi B var java
23	H104	2008	Human pyrexia	S. Paratyphi B var java
24	H198	2008	Human pyrexia	S. Paratyphi B var java
25	H364	2009	Human pyrexia	S. Paratyphi B var java
26	H383	2009	Human pyrexia	S. Paratyphi B var java
27	H432	2009	Human diarrhea	S. Typhimurium
28	E 4885	2009	Chicken	S. Typhimurium
29	E 4252	2008	Beef	S. Enteritidis
30	E 4671	2008	Human blood	S. Enteritidis
31	C 447	2008	Cow pyrexia	S. Enteritidis
32	E 4891	2008	Chicken	S. Typhimurium
33	E 4490	2008	Chicken	S. Typhimurium
34	H 440	2008	Human urine	S. Paratyphi B
35	E 5029 (C11)	2009	Mutton	S. Heidelberg
36	E 5033	2009	Beef	S. Virchow
37	B 13	2009	Chicken	S. Berta

Science (SPSS) software (version 10.0) (SPSS, Inc.) for determining relatedness among isolates.

Multiple antibiotic resistance index (MARI) for each resistance pattern was calculated by employing following formula:

Number of resistance antibiotics per isolate / total number of antibiotics tested

Results

All the *Salmonella* strains tested in the study were shown to be multiple drug resistant. Resistance rate varied from 5.40% to 100%, with as many as 16 of the 25 antibiotics tested showing some degree of resistance. Majority of the isolates (54%) were resistant to <5 antibiotics and reaming isolates (46%) were resistant to >6 drugs. Four of the isolates were resistant to as many as 10–15 antibiotics. All the isolates were resistant to erythromycin and metronidazole. Other antibiotics that show resistance were clindamycin (94.59%), ampicillin (86.49%), co-trimoxazole (48.65%), colistin (45.94%), nalidixic acid (35.10%), amoxyclave (18.90%), cephalexin, meropenem, tobramycin, nitrofurantoin, tetracycline, amoxicillin (8.10% each), sparfloxacin and streptomycin (5.40% each). Nine antimicrobials (cefotaxime, ciprofloxacin, chloramphenicol, norfloxacin, impenem, oflaxacin, moxifloxacin, levofloxacin, and gentamicin) were the most effective antimicrobials showing 100% efficacies (Table 2).

Isolates from animal clinical cases showed resistance to as many as 16 antibiotics in comparison to isolates from human clinical cases and meat, which were resistant to 9 and 14 antibiotics, respectively. Only animal clinical isolates recorded some resistance against nitrofuranatoin and streptomycin, whereas some isolates of both animal clinical and meat origins were resistant to tobramycin, sparfloxacin, tetracycline and amoxicillin. There were 19 resistotypes recorded in the study (Table 3). Among the 19 resistotypes, ACdClEMtNa and ACdEMt were the most commonly expressed by six isolates each. Four isolates each demonstrated CdEMtNa and ACdCoEMt resistotypes.

Hierarchical cluster analysis revealed two distinct clusters, A and B (Fig. 1). Cluster A represented 14 of 17 resistotypes and could be subdivided into three subclusters. In cluster A1, most of the isolates were of cow (5) and meat origin. One isolates each from buffalo and human were also part of this subcluster. A2 subcluster consisted mostly of isolates from cow (8) and human (3) along with meat (2) and buffalo (1) isolates. Subcluster A3 represented three isolates each from human and cow and one isolate each from goat and meat. Interestingly, all the three isolates in cluster B were from buffalo (two diarrhea and one beef).

Multiple antibiotic resistance index (MARI) analysis (Table 4) indicated that animal clinical isolates had higher index (0.25) in comparison to food (0.22) and human (0.20) isolates (Table 3). Among the different clinical cases, the

Table 2 Antibiotic resistance pattern of Salmonella isolates of human, animal and meat origin

Class of antibiotics	Antibiotics	Human origin (n=10)		Animal origin $(n=20)$		Meat origin $(n=7)$		Total resistant ($n=37$)
		Resistant	Susceptible	Resistant	Susceptible	Resistant	Susceptible	
Aminoglycosides	Gentamicin	0	10 (100)	0	20 (100)	0	7 (100)	0
	Colistin	6 (60)	4 (40)	10 (50)	10 (50)	1 (14.20)	6 (85.7)	17 (45.94)
	Streptomycin	0	10 (100)	2 (10)	20 (100)	0	7 (100)	2 (5.40)
	Tobramycin	0	10 (100)	2 (10)	18 (90)	1 (14.20)	6 (85.7)	3 (8.10)
Cephalosporins	Cephalexin	0	10 (100)	2 (10)	18 (90)	1 (14.28)	6 (85.7)	3 (8.10)
	Cefotaxime	0	10 (100)	0	20 (100)	0	7 (100)	0
Imidazoles	Metronidazole	10 (100)	0	20 (100)	0	7 (100)	0	37 (100)
Quinolones	Nalidixic acid	2 (20)	8 (80)	8 (40)	12 (60)	3 (42.80)	4 (57.20)	13 (35.10)
	Ciprofloxacin	0	10 (100)	0	20 (100)	0	7 (100)	0
	Levofloxacin	0	10 (100)	0	20 (100)	0	7 (100)	0
	Sparfloxacin	0	10 (100)	1 (5)	19 (95)	1 (14.20)	6 (85.7)	2 (5.40)
	Moxifloxacin	0	10 (100)	0	20 (100)	0	7 (100)	0
	Norfloxacin	0	10 (100)	0	20 (100)	0	7 (100)	0
	Oflaxacin	0	10 (100)	0	20 (100)	0	7 (100)	0
Macrolides	Erythromycin	10 (100)	0	20 (100)	0	7 (100)	0	37 (100)
Carbapenem	Impenem	0	10 (100)	0	20 (100)	0	7 (100)	0
	Meropenem	1 (10)	9 (90)	1 (5)	19 (95)	1 (14.20)	6 (85.7)	3 (8.10)
Penicillins	Ampicillin	9 (90)	1 (10)	17 (85)	3 (15)	6 (85.7)	1 (14.20)	32 (86.49)
	Amoxicillin	0	10 (100)	2 (10)	18 (90)	1 (14.20)	6 (85.7)	3 (8.10)
	Amoxyclave	1 (10)	9 (90)	5 (25)	15 (75)	1 (14.20)	6 (85.7)	7 (18.90)
Tetracyclines	Tetracycline	0	10 (100)	3 (15)	17 (85)	1 (14.20)	6 (85.7)	3 (8.10)
Lincosamides	Clindamycin	9 (90)	1 (10)	20 (100)	0	6 (85.70)	1 (14.20)	35 (94.59)
Sulphonamides	Co-trimoxazole	6 (60)	4 (40)	10 (50)	10 (50)	2 (28.50)	5 (71.50)	18 (48.65)
Others	Nitrofuranatoin	0	10 (100)	3 (15)	17 (85)	0	7 (100)	3 (8.10)
	Chloramphenicol	0	10 (100)	0	20 (100)	0	7 (100)	0

Table 3Resistotypes amongdifferent Salmonella strains	Sl. no.	Resistance profile	Isolate no.
	1.	E, Cd, Mt	34
	2.	A, Cd, E. Mt	2, 6, 7, 22, 24, 29, 33
	3.	Cd, E, Mt, Na	13, 15, 35
	4.	Cd, Cl, E, Mt	10
	5.	A, Cd, Cl, Co, E, Mt	4
	6.	A, Cd, Cl, E, Mt	31
	7.	A, Cd, Co, E, Mt	1, 17, 23, 25
	8.	A, Cd, E, Mt, Na	16, 32
	9.	A, Cl, Co, E, Mt	21, 37
	10.	A, Cd, Co, E, Mt, Na	11
	11.	A, Cd, Cl, E, Mt, Na	14, 26, 27, 28
	12.	A, Ac, Cd, E, Mt, Na	18
A ampicillin, Ac amoxyclave, Am	13.	A, Cd, Cl, Co, E, Mt, S	5, 9
amoxicillin, <i>Ce</i> cephototoxin, <i>Cd</i>	14.	A, Ac, Cd, Cl, Co, E, Mt	19, 20
clindamycin, Cl colistin, Co co-	15.	A, Cd, Cl, E, Mr, Mt, Na	30
trimoxazole, Cp ciprofloxacin, E	16.	A, Ac, Cd, Cl, Co, E, Mt, Na, Nf, T	3
erythromycin, <i>Mr</i> meropenem, <i>Mt</i> materonidazole, <i>Na</i> nalidixic	17.	A, Ac, Am, Cd, Cl, Co, Cp, E, Mr, Mt, Na, Nf, T	8
acid, Nf norfloxacin, S strepto-	18.	A, Ac, Am, Cd, Cl, Co, Cp, E, Mt, Mr, Na, , Sc, T, Tb	36
mycin, Sc sparfloxacin, T tetra- cycline, Tb tobramycin	19.	A, Ac, Am, Cd, Cl, Co, Cp, E, Mr, Mt, Na, Nf, Sc, T, Tb	12

isolate from goat abortion case (0.4) had the highest index followed by isolates from buffalo calf diarrhea (0.38), human diarrhea (0.26), cow calf diarrhea (0.21), human pyrexia (0.21) and cow pyrexia (0.2) cases. Isolates from cow wound and human UTI recorded somewhat lower indices. MARI among the food isolates ranged from 0.16 to 0.56.

Among the different serotypes (Table 5) studied for antibiogram, two uncommon serotypes, namely, Labadi and Saintpaul recorded the highest resistance. S. Virchow was another serotype (isolated from buffalo meat) that was resistant to 14 antibiotics. MARI for other serotypes ranged from 0.16 to 0.24. Most serotypes, including Typhimurium were resistant to ampicillin, erythromycin, clindamycin and metronidazole. All S. Paratyphi B Java isolates were resistant to clindamycin and erythromycin, besides metronidazole. Twelve of 14 (85.71%) isolates were also resistant to ampicillin and five (35.71%) were resistant to nalidixic acid. Notably, none of the S. Typhimurium isolates expressed ACSSuT type resistance.

Discussion

An increasing rate of antimicrobial resistance in Salmonella has been reported in many developing and developed countries (Ashtiani et al., 2009) and resistance to combinations of several classes of antimicrobials has led to the emergence of MultiDrug Resistant (MDR) strains (White et al., 2001). In this study, all the Salmonella strains were found to be MDR. Higher frequency of resistance is presumably due to extensive use of antimicrobial agents in human and veterinary medicine (Kikuvi et al., 2010).

All the isolates in this study were resistant to erythromycin and metronidazole. Erythromycin is an old antibiotic belonging to class macrolides that has been used to prevent infections caused by Gram-ve enteric pathogens. Salmonella seems to have acquired resistance against this drug as evident from several studies, where almost 100% resistance have been reported from different parts of world (Harakeh et al., 2005; Khan et al., 2005; Cardoso et al., 2006; Ekwenye and Kazi, 2007; Maripandi and Al-Salamah, 2010). Cell surface hydrophobicity and the presence of active efflux could contribute to the resistance of S. enterica to the antibacterial agents (Braoudaki and Hilton, 2005).

High frequency resistance was also found against clindamycin of lincosamide class (94.59%). The lincosamide is functionally similar but structurally different to macrolide group of antibiotics that all bind to the 50 S ribosomal subunit (Tenson et al., 2003) and a number of genes confer resistance to more than class of antibiotics. Resistance to this drug has been recorded in several studies from different regions (Harakeh et al., 2005; Ekwenye and Kazi, 2007; Maripandi and Al-Salamah, 2010).

Metronidazole, a nitroimidazole derivative, is active against mizroaerophilic and anaerobic bacteria; although it has been reported that facultative anaerobic bacteria such as E. coli may respond to metronidazole, at least under strict anaerobic conditions (Hof et al., 1986). The drug is often

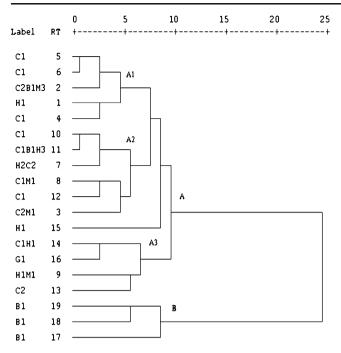


Fig. 1 Dendogram of resitotypes of Salmonella isolates as per source. RT resistotype, B buffalo, C cow, G goat, H human, M meat. The number after each abbreviation indicates the number of isolates from each source

used in combination with other antibiotics for treatment of diarrhea, where protozoon infection or deep sited infections such as abscesses is suspected (Randhawa et al., 2006; Hung et al., 2007). All the 37 isolates of Salmonella including the ones isolated from wound infections were found to be resistant against this antibiotic. Hence, use of metronidazole in the treatment of infections due to Salmonella is to be avoided.

High resistance to ampicillin (86.49%) was also recorded in this study. The result was corroborative to the finding of Yu et al. (2011). Therefore, ampicillin should be used with caution for the treatment of Salmonella. This resistance is associated with the presence of B-lactamases (Cabrera et al., 2004).

Quinolones are broad-spectrum antimicrobial drugs used to treat many clinical infections including salmonellosis. It is used mainly in elderly or immunocompromised patients, but these drugs are also used for treating patients with enteric fever, invasive disease, or long-term salmonellae carriage. Of the seven quinolones (nalidixic acid, ciprofloxacin, levofloxacin, sparofloxacin, moxifloxacin, norfloxacin and ofloxacin) tested in this study, significant resistance was observed only against nalidixic acid (35.10%) and only one isolate showed resistance against sparofloxacin (5.40%). It has been observed that high-level quinolone resistance is uncommon, but reduced susceptibility is increasing (Hopkins et al., 2008). Resistance to nalidixic acid was similar to the ones reported in Vietnam (Vo et al., 2010). However, higher resistance (90% to 96%) to nalidixic acid has been reported from India (Lakshmi et al., 2006), Bhutan (Dahal, 2007) and France (Cailhol et al., 2005). Salmonella resistance to quinolones is usually a consequence of a single point mutation in ORDR of the gyrA gene that encodes the A subunit of DNA gyrase (Threlfall et al., 2002). However, full resistance to quinolones is achieved only when double or more mutations are present concurrently (Su and Chiu, 2007). It appears that isolates tested in this study underwent single mutation only because of which they were resistant to nalidixic acid but not to other antibiotics such as norfloxacin, ciprofloxacin and ofloxacin. Later antibiotics are the drugs of choice for the treatment of invasive human Salmonella infections. Conjugal transfer ability of nalidixic acid resistance determinants posses significant threats through the lateral gene transfer of nalidixic acid resistance determinants to commensal or pathogen bacteria of the human gastrointestinal tract.

Table 4 Multiple antibioticresistance index (MARI)according to the source ofSalmonella isolates	Sl. no.	Source of isolate		MARI			
	1. Animal clinical isolates						
	1.1	Cow pyrexia	1	0.2			
	1.2	Cow wound	2	$0.18 {\pm} 0.028$			
	1.3	Calf diarrhea	12	0.21 ± 0.040			
	1.4	uffalo calf diarr Buffalo calf diarrhea	4	$0.38 {\pm} 0.21$			
	1.5	Goat abortion	1	0.4			
		Average (1)		$0.25 {\pm} 0.121$			
	2. Human clinical isolates						
	2.1	Diarrhea	2	$0.26 {\pm} 0.032$			
	2.2	Pyrexia	7	$0.20 {\pm} 0.032$			
	2.3	Urinary tract infection	1	0.12			
		Average (2)	10	$0.20 {\pm} 0.047$			
	3. Foods of animal origin	_	7	$0.22 {\pm} 0.14$			

 Table 5
 Multiple antibiotic resistance index (MARI) according to the Salmonella serotypes

Sl. no.	Salmonella serotype	No. of isolates	MARI
1.	S. Bsilla	1	0.2
2.	Rough strain	2	$0.24 {\pm} 0.056$
4.	S. Paratyphi B var java	14	$0.21 {\pm} 0.098$
5.	S. Typhimurium	8	$0.22{\pm}0.041$
6.	S. Isangi	3	$0.18{\pm}0.046$
7.	S. Tshiongwe	1	0.20
8.	S. Labadi	1	0.4
9.	S. Saintpaul	1	0.6
10.	S. Enteritidis	3	$0.21 {\pm} 0.06$
11.	S. Virchow	1	0.56
12.	S. Heidelberg	1	0.16
13.	S. Berta	1	0.16

Cephalosporins are among the most diverse classes of antibiotics, which are grouped into "generations" by their antimicrobial properties. Each generation has a a broader spectrum of activity than the one before. Third generation cephalosporins are considered drugs of choice for treatment of persons with nontyphoidal Salmonella infections that require chemotherapy or when quinolones are contraindicated (Egorova et al., 2008). However, lately, there has been rise of resistance against cephalosporins among several Salmonella serotypes (Su and Chiu, 2007). In this study, cephalexin and cefotaxime belonging to this group were included. Only two of 37 isolates showed resistance to cephalexin, and all isolates were sensitive to cefotaxime (a third generation cephalosporin). Low levels of resistance to cefotaxime might be attributed to either less use of this third generation cephalosporin in animals and human beings or probably due to its comparatively high cost compared to broad spectrum and cheaper quinolones (Prescot and Baggot, 1993).

All the isolates were found to be sensitive to imipenem and only two isolates were resistant to meropenem of carbapenem group tested in this study. The carbapenems are a class of β -lactam antibiotics with broad spectrum activity and are stable to hydrolysis by extended-spectrum β lactamase (ESBL)-producing isolates (Sorbera et al., 2002). Though the use of carbapenems is not recommended, they are likely to have a role in the final stage of treatment of quinolone-resistant and ESBL-producing multidrug-resistant salmonellae (Capoor et al., 2009).

Lower resistance to tetracycline was also recorded in this study. Only four isolates, one each from goat and meat and two from buffaloes, were found resistant to this antibiotic. It is surprising because usually high level of resistance has been recorded among *Salmonella* isolates (Cardoso et al., 2006; Ekwenye and Kazi, 2007; Maripandi and

Al-Salamah, 2010). In the United States, resistance to tetracycline increased from 9% in 1980 to 24% in 1990. The changing trend may have been due to ban on the use of tetracycline as a growth enhancer in food producing animals and decrease in its use as a therapeutic agent.

Of the three antibiotics of aminoglycosides group tested in this study, a low degree of resistance was recorded with streptomycin and tobramycin, whereas gentamicin was completely sensitive. Low rate of resistance has also been recorded in European (Threlfall et al., 2003) and African (Cardoso et al., 2006) countries. However, a high rate of resistance against aminoglcosides was recorded among Vietnamese isolates (Vo et al., 2010). Resistance to aminoglycoside antibiotics is often mediated by enzymes that modify those drugs by acetylation, adenylation, or phosphorylation. The corresponding genes are often part of plasmids or transposons (Onyango et al., 2009).

The *Salmonella* isolates in India have been reported to be 80% to 100% sensitive to chloramphenicol (Mandal et al., 2004; Kumar, 2009)). The present study also showed 100% sensitivity to chloramphenicol. This reemergence of chloramphenicol sensitivity could be attributed to the limited use of the antimicrobial during the last decade in India and in other countries (Shukla and Khan, 2004; Achla et al., 2005; Mohanty et al., 2006; Ekwenye and Kazi, 2007). However, a report by Khan et al. (2005) from Bangladesh showed less sensitivity of *Salmonella* isolates to chloramphenicol.

Also, in this study, most serotypes were resistant to four to seven antibiotics. Multiple drug resistance against higher number of drugs has been reported in India (Prakash et al., 2005). Emergences of multiple drug resistant *Salmonella* strains have often been alleged to be responsible for frequently occurring outbreaks and hyperendemicity of salmonellosis in India.

Since the late 1990s, multidrug-resistant S. Paratyphi B dT+has been increasingly isolated from infected persons in different parts of the world. Two types of resistance patterns have been recognized. One type, which is resistant to streptomycin, spectinomycin, trimethoprim, and sulfonamides, is predominantly associated with poultry and poultry products in Germany and the Netherlands. The second type, with resistance to ampicillin, chloramphenicol, streptomycin, spectinomycin, sulfonamides and tetracycline, have been isolated from human cases of gastroenteritis in Canada, the United Kingdom, France and Australia (Levings et al., 2006). Although spectinomycin was not tested in this study, none of isolates demonstrated the above-mentioned two resistant clones. All S. Paratyphi B Java isolates were resistant to clindamycin and erythromycin, besides metronidazole.

Interestingly, none of the *S*. Typhimurium strains showed ACSSuT resistance pattern, which has been recognized the

world over as a major resistance type among *S*. Typhimurium (Hall, 2010). Thus, it appears that resistance pattern among different serotypes is different among Indian isolates, which may be due to prevalent selection pressure in this region. The study also revealed that animal isolates were more resistant to different antibiotics than meat and human isolates. This indicates that animals act as primary host for the development of antibiotic resistance.

Buffalo farming is a major contributor to the agriculture and livestock industry in many Asian countries through the production of good quality milk, meat and farmyard manure. India largely depends on buffalo for its milk production. Due to ban over cow slaughter in most part of India, buffalo is also used for meat purpose. There are only occasional reports on the occurrence of Salmonella and its antibiotic pattern in buffaloes (Agarwal et al., 1999; Maharjan et al., 2006; Boonmar et al., 2008) and to the best of our knowledge, there is hardly any study dealing with association of Salmonella with clinical infections in this animal. In the present study, antibiogram of four Salmonella isolates belonging to two serotypes viz., Paratyphi B var Java (3) and Saintpaul (1) from buffalo calf diarrhea, revealed them to be multidrug resistant. One isolate was resistant to 15 antibiotics and another to 13 antibiotics, whereas the other two were resistant to four and six antibiotics, respectively. The MARI was 0.38 next only to that of one isolate from a goat abortion case. Cluster analysis also revealed that three of the four isolates formed a single cluster indicating the same clonal lineage. Another cluster had isolates from diverse sources (human, cow, meat, etc.), which indicates that Salmonella probably circulates in different animals and humans; and empirical drug use resulting in emergence of resistant strains in one host might be responsible for similar resistance in other hosts, where the concerned drug is not used. In a contemporary study, isolates from beef (buffalo) had maximum MARI (0.491) in comparison to isolates from other food sources (Kumar, 2009). In another study, S. Stockholm strain isolated from buffalo was found to be resistant to seven drugs (Agarwal et al., 1999). Thus, it appears that buffaloes are acting as melting pot for the emergence of multidrug resistance among Salmonella isolates in India. However, a study in Laos indicated that five buffalo isolates were susceptible to the ten antimicrobials tested (Boonmar et al., 2008). This high sensitivity to most antimicrobial agents in that study was attributed to the unpopularity of using antimicrobial agents as feed additives. Whereas in India, where buffalo is a major dairy and meat animal, the use of antibiotics is quite rampant, which may be a predisposing factor.

The study has provided valuable information in understanding the epidemiology of *Salmonella* in this part of the world. The development of antimicrobial resistance in *Salmonella* constitutes a public health risk. as it may potentially affect the efficacy of drug treatment in humans. Therefore, the levels of antibacterial resistance found in this study emphasize that antibiotics must be used judiciously, based on previous resistance tests. The study also revealed changing multidrug resistance pattern and emergence of sensitivity to older drugs. The role of animals in the spread of antibiotic resistance is emphasized. One interesting observation was the higher resistance among buffalo isolates, which calls for a detailed study on the role of buffalo in *Salmonella* epidemiology. Some of the uncommon serotypes also showed higher resistance, which is a matter of great concern. Legislation to enforce a more prudent use of antibiotics in both human and veterinary medicine should be implemented by the authorities.

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