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Control of Static Friction by Designing Grooves on Friction Surface

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Abstract

This study numerically investigated the friction of viscoelastic objects with grooves. A 3D viscoelastic block with grooves on a rigid substrate is slowly pushed from the lateral side under uniform pressure on the top surface. The local friction force at the interface between the block and the substrate obeys Amontons' law. Numerical results obtained using the finite element method reveal that the static friction coefficient decreases with increasing groove width and depth. The propagation of the precursor slip is observed before bulk sliding. Furthermore, bulk sliding occurs when the area of slow precursor slip reaches a critical value, which decreases with increasing groove size. A theoretical analysis based on a simplified model reveals that the static friction coefficient is related to the critical area of the precursor, which is determined by the instability of the precursor. A scaling law for the critical area is theoretically predicted, and it indicates that the decrease in the effective viscosity due to the formation of the grooves leads to a decrease in the static friction coefficient. The validity of the theoretical prediction is numerically confirmed.

Graphical Abstract



 $\textbf{Keywords} \hspace{0.1 cm} Static \hspace{0.1 cm} friction \hspace{0.1 cm} coefficient \cdot Groove \hspace{0.1 cm} design \cdot Precursor \hspace{0.1 cm} slip \cdot Amontons' \hspace{0.1 cm} law \cdot Viscoelastic \hspace{0.1 cm} object$

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1 Introduction

Friction forces occur in different situations, such as sliding parts of machines and contact surfaces between tires and the ground, and prevent the relative motion between two objects in contact. Friction forces are desirable in applications requiring low slippage, whereas they are undesirable in sliding parts of machines due to energy loss. Therefore, the control of friction forces is important in engineering [1–7]. One of the known methods to control friction forces is designing friction surfaces by forming grooves. Generally, grooves on the surfaces of tires and sliding parts of machines are formed to reduce undesirable lubrication in wet conditions, which leads to a decrease in the friction coefficient and results in accidental slippage [8–11]. However, the dependence of friction force on grooves in dry conditions has not been established clearly.

Generally, for friction between solids in dry conditions, Amontons' law is expected to hold [1-7]. According to Amontons' law, the friction coefficient does not depend on the external pressure or size and shape of the object. However, the phenomenological explanation of Amontons' law is based on the adhesion of microscopic asperities at the friction interface [1-7, 12, 13] and implicitly assumes the uniformity of the stress field. For macroscopic objects associated with the non-uniform stress field, Amontons' law may not hold. Therefore, the friction coefficient may depend on the shape of the macroscopic objects in dry conditions.

In fact, recent studies on the friction of objects with flat friction surfaces have shown that Amontons' law is not satisfied when the non-uniformity of the stress field is significant [14-18]. In Refs. [16, 18], numerical simulations and analysis of a simplified model have revealed the mechanism of breakdown of Amontons' law in viscoelastic materials. The analysis clarified that the local precursor slip before bulk sliding due to the non-uniform stress field leads to the breakdown of Amontons' law, and that the static friction coefficient exhibits characteristic load dependence. The relationship between the precursor slip and breakdown of Amontons' law and the load dependence of the static friction coefficient have been verified in experiments on acrylic glass blocks [17]. Precursor slip relates to earthquake [19-24] and fracture [25-31] and has been extensively studied in experiments [15, 17, 19, 20, 24-29, 32, 33] and numerical simulations [18, 23, 30, 31, 33-45]. However, many of these studies have considered only flat friction surfaces, and the effects of grooves in the friction surface on frictional properties and precursor slip are yet to be discovered.

Recently, several studies have been conducted to reveal the dependence of the friction coefficient

on the macroscopic shape of the friction surface. In Refs. [46-51], shapes of friction surfaces were represented by a spatial dependence of the local friction coefficient in 1D or 2D spring-block models. The frictional properties of the models vary with the spatial pattern of the local friction coefficient [46-51], and these results have been applied to experiments of macroscopic objects [52, 53]. However, it is unclear to what extent the results of the spring-block models with a spatial pattern of local friction coefficient reflect the effect of the actual surface shape. Experiments with rubber and gel blocks have also revealed the dependence of the friction coefficient on the macroscopic shape of the friction surface [54, 55]. However, it is unclear whether the results for relatively soft objects such as rubber and gel can be applied to harder materials where Amontons' law is locally satisfied.

In this study, using the finite element method (FEM), we numerically investigate the friction of a 3D viscoelastic material with grooves in a dry condition, where the friction force locally obeys Amontons' law. The dependence of the static friction coefficient on the groove shape is investigated. We find that the static friction coefficient is a decreasing function of the groove width and depth. We also observe that local precursor slip occurs before bulk sliding of the viscoelastic material. The bulk sliding occurs when the area of the precursor slip reaches a critical value. The static friction coefficient is scaled by the normalized critical area of the precursor slip. The propagation of the precursor slip is analytically studied based on a simplified model. We derive the conditions for the onset of bulk sliding and the dependence of the static friction coefficient on the groove shape. The results show that the static friction coefficient decreases due to the decrease in effective viscosity as the groove width and depth increase. Both pillars in the friction surface and main body supporting them play an important role. Our results aid in the improvement of sliding interface design by making grooves for both wet and dry conditions.

2 Model and Methods

We consider grooved viscoelastic blocks on a rigid substrate under a uniform external pressure P_{ext} with width W, length L, and height H along the x, y, and z axes, respectively, as shown in Fig. 1. The rigid substrate is at z = 0. A rigid plate with a width of W and a height of 0.5H pushes the side of the block at y = 0 and $0.5H \le z \le H$ with a slow constant velocity V along the y direction. This study considers a longitudinal groove parallel to the y direction, as shown in Fig. 1. The number of pillars in the friction surface of the block is denoted by n_x . The pillars are equally spaced with width l_g . The height and width of the pillar are denoted by d and $W/n_x - l_g$, respectively. The cross section perpendicular to **Fig. 1** Schematic of the system. **a** Grooved viscoelastic block moving on a rigid substrate. **b** Cross section perpendicular to the *y* direction indicated as *I* in (**a**). **c** The bottom of the block indicated as *II* in (**a**). The blue region represents the contact area between the rigid substrate and the block



the *y* direction is symmetrical, as shown in Fig. 1b. The pillar is in contact with the rigid substrate, as shown in Fig. 1c. The ratio ϕ of the area of the non-contact surface to the area of the bottom surface is given by $\phi = l_g n_x / W$, and the contact area of the friction surface is given by $LW(1 - \phi)$. Here, $\phi = 0$ corresponds to a rectangular block without grooves.

The equation of motion for the viscoelastic object is given by

$$\rho \ddot{u}_i = \sum_j \partial_j \sigma_{ij} \tag{1}$$

with density ρ , displacement vector \boldsymbol{u} , and stress tensor $\boldsymbol{\sigma}$, where σ_{ij} is the ij component of $\boldsymbol{\sigma}$, u_i is the i component of \boldsymbol{u} , and \ddot{u}_i is its second-order time derivative. We adopt the Kelvin–Voigt model for $\boldsymbol{\sigma}$, where $\boldsymbol{\sigma}$ is given by $\boldsymbol{\sigma} = \boldsymbol{\sigma}^{(E)} + \boldsymbol{\sigma}^{(V)}$ with the elastic stress $\boldsymbol{\sigma}^{(E)}$ obeying Hooke's law and the viscous stress $\boldsymbol{\sigma}^{(V)}$ proportional to strain rate, which reduces the elastic waves caused by the deformation of the block. We assume that the viscoelastic material of the block is isotropic. The ij component of the elastic stress tensor $\sigma_{ii}^{(E)}$ is given by

$$\sigma_{ij}^{(E)} = \frac{E}{1+\nu}\epsilon_{ij} + \frac{\nu E}{(1+\nu)(1-2\nu)}\sum_{k}\epsilon_{kk}\delta_{ij}$$
(2)

with Young's modulus *E*, Poisson's ratio *v*, Kronecker's delta δ_{ij} , and strain tensor ϵ_{ij} . The *ij* component of the viscous stress tensor $\sigma_{ii}^{(V)}$ is given by

$$\sigma_{ij}^{(V)} = \eta_1 \dot{\epsilon}_{ij} + \eta_2 \sum_k \dot{\epsilon}_{kk} \delta_{ij}$$
(3)

with the two viscosity coefficients η_1 and η_2 and the strain rate tensor $\dot{\epsilon}_{ij}$ [56].

The boundary conditions on the top surface of the block at z = H are given by $\sigma_{zz} = -P_{ext}$ and $\sigma_{xz} = \sigma_{yz} = 0$. At surfaces except the top and bottom of the block, free boundary conditions ($\sum_i \sigma_{ij} n_i = 0$) are applied, where n_j is the j component of the normal vector **n** to the surface. The boundary conditions at the contact surface with the rigid plate at y = 0 are given by $\sigma_{xy} = \sigma_{zy} = 0$ and $\dot{u}_y = V$, where \dot{u}_y is the velocity along the *y* direction. We set *V* sufficiently small to push the block quasi-statically.

The friction between the block bottom and substrate obeys Amontons' law locally. Since the substrate is rigid, the *z*-direction displacement u_z satisfies $u_z \ge 0$. At the bottom, the tangential stress vector $t(x, y) = (\sigma_{xz}, \sigma_{yz})$ at the position (x, y) is given by

$$t = -\frac{v}{v} \sigma^{(\text{fric})} \tag{4}$$

$$\sigma^{(\text{fric})}(x, y) = \mu(v(x, y)) p(x, y)$$
(5)

where $\sigma^{(\text{fric})}$ is the frictional stress, $v(x, y) = (\dot{u}_x, \dot{u}_y)$ is the slip velocity vector with velocities along the *i* direction \dot{u}_i , and v(x, y) = |v| is the slip velocity [57]. The bottom pressure $p(x, y) = -\sigma_{zz}(x, y, z = 0)$ is set to satisfy $u_z \ge 0$, where p = 0 for $u_z > 0$. Here, $\mu(v)$ is the local friction coefficient depending on *v*. In the static region with v(x, y) = 0, $\mu(v)$ is lower than μ_s and set to balance the local internal shear stress with the frictional stress. In the slip region with v(x, y) > 0, $\mu(v)$ is given by

$$\mu(v) = \begin{cases} \mu_{\rm S} - (\mu_{\rm S} - \mu_{\rm K})v/v_{\rm c}, & 0 < v < v_{\rm c} \\ \mu_{\rm K}, & v \ge v_{\rm c} \end{cases}$$
(6)

where $\mu_{\rm S}$ and $\mu_{\rm K}$ are the local static and dynamic friction coefficients, respectively. Here, $v_{\rm c}$ is the characteristic velocity. The local Amontons' law is expected to hold when a local region considered in the interface contains a sufficiently large number of real contact points, and has a negligibly small spatial variation in internal stress [12, 13, 58]. Note that the rate and state-dependent friction law [7] might be more appropriate to represent the local friction, but it coincides with the velocity-weakening friction law in

Eq. (6) for a sufficiently large slip length, which is satisfied in the polymethyl methacrylate (PMMA) experiments [17, 26, 32, 59]. Hence, we have adopted Eq. (6). For blocks without grooves, the analysis using the velocity-weakening friction law [16] has been shown to reproduce the PMMA experimental results [17].

We numerically solve Eq. (1) using FEM. The viscoelastic block is divided into cubes with length Δx , comprising six tetrahedrons. The displacements of its nodes are evolved based on Eq. (1), and the displacement and velocity within each element are approximated using linear interpolation. The local friction coefficient $\mu(v)$ is approximately given as

$$\mu(v) = \begin{cases} \mu_{\rm S} v/v_{\rm e}, & 0 \le v \le v_{\rm e} \\ \mu_{\rm S} - (\mu_{\rm S} - \mu_{\rm K}) v/v_{\rm c}, & v_{\rm e} < v < v_{\rm c} \\ \mu_{\rm K}, & v \ge v_{\rm c} \end{cases}$$
(7)

with a sufficiently small velocity scale v_e . The state with $0 \le v \le v_e$ corresponds to the static region, and the state with $v > v_e$ corresponds to the slip region. We set $v_e/V = 2.5 \times 10^{-2}$ to satisfy $v_e \ll V, v_c$, and use $\Delta x/H = 1/48, \Delta t v_s/H \approx 10^{-6}, \text{and } V/v_s = 2.83 \times 10^{-5}$ with $v_s = \sqrt{E/\rho}$. Here, v_s represents the elastic wave velocity. We set the driving speed V to satisfy the condition $V << v_s$, where the elastic waves are sufficiently dissipated. We have confirmed that the dependence of the results on the driving velocity V is negligible under the condition of $V \ll v_c \ll v_s$.

In our simulation, we first apply a uniform pressure P_{ext} to the top surface and relax the system to an equilibrium state. From the time t = 0 after the relaxation, the rigid plate pushes the side of the block with a constant velocity V, and the calculation continues until a periodic stick–slip is observed.

We set the length and width of the block to L/H = 4 and W/H = 1, respectively. Qualitatively similar results are obtained for L/H = 2, as shown in Appendix A. We adopt v = 0.34, $\eta_1 v_s/(HE) = 2.83$, $\eta_2/\eta_1 = 1$, $\mu_S = 0.38$, $\mu_K = 0.1$, and $v_c/v_s = 4.81 \times 10^{-4}$ following previous simulations [16, 18]. We select the number of pillars in the friction surface as $n_x = 3$, and confirm that the dependence of the numerical results on n_x is small, as shown in Appendix B. In this study, we investigate the dependence on the external pressure P_{ext} , fraction of non-contact area ϕ , and groove depth *d*.

3 Results

3.1 Numerical Simulation

Figure 2 shows the friction force $F_{\rm T}$ against the displacement of the rigid plate U = Vt at time t for $P_{\rm ext}/E = 0.003$ and d/H = 0.5. Here, $F_{\rm T}$ is given by the force on the rigid



Fig. 2 Ratio of friction force $F_{\rm T}$ to applied normal force $F_{\rm N}$ against displacement of the rigid plate U for $P_{\rm ext}/E = 0.003$ and d/H = 0.5. The thin and thick solid lines represent the results for $\phi = 0$ and $\phi = 0.5$, respectively. The thin and thick horizontal solid lines represent macroscopic static friction coefficient $\mu_{\rm M}$ for $\phi = 0$ and $\phi = 0.5$, respectively. The dotted and dashed lines represent $\mu_{\rm S}$ and $\mu_{\rm K}$, respectively

plate in the *y* direction. In Fig. 2, F_T is normalized by the normal load $F_N = P_{ext}LW$ applied to the top surface of the block. The thin and thick solid lines represent the results for $\phi = 0$ and $\phi = 0.5$, respectively. For each ϕ , F_T/F_N increases approximately linearly with *U*, and rapidly decreases after reaching a peak value. When the rapid decrease occurs, the entire system slides, and the block returns to a static state after reaching a minimum value close to the local dynamic friction coefficient μ_K . The increase and decrease in F_T/F_N repeat periodically, which corresponds to stick–slip motion. We define the maximum value of F_T/F_N in the periodic stick–slip region as the macroscopic static friction coefficient μ_M , which is lower than the local static friction coefficient μ_S . Figure 2 shows that μ_M for the block with grooves is lower than that for the flat block.

In Fig. 3, we plot the macroscopic static friction coefficient $\mu_{\rm M}$ against the groove depth *d* for different values of ϕ with $P_{\rm ext}/E = 0.003$ and 0.006. Note that the results for $\phi = 0$ are independent of *d*. For each $P_{\rm ext}$, $\mu_{\rm M}$ is a decreasing function of *d*. As *d* approaches 0, $\mu_{\rm M}$ converges to that for $\phi = 0$. The macroscopic static friction coefficient $\mu_{\rm M}$ is a decreasing function of ϕ . These results indicate that the static friction force decreases as the size of the groove increases. Comparing Fig. 3a, b, we find that $\mu_{\rm M}$ is a decreasing function of $P_{\rm ext}$, which is consistent with the results of previous studies on rectangular blocks without grooves [16–18].

In Fig. 4, we present the spatial distributions of the slip velocity v in the friction surface at z = 0 for the displacements $U = U_1, U_2, U_3$, and U_4 shown in Fig. 2 with $P_{\text{ext}}/E = 0.003$, $\phi = 0.5$, and d/H = 0.5. Here, we select $U_1/L = 4.6 \times 10^{-3}$, $U_2/L = 5 \times 10^{-3}$, $U_3/L = 5.4 \times 10^{-3}$, and $U_4/L = 5.57 \times 10^{-3}$ in the periodic stick-slip region. In Fig. 4, the blue area represents the static region, and the yellow-green and yellow areas represent the sliding regions with $v \le V$ and v > V, respectively. The quasi-static

Fig. 3 Macroscopic static friction coefficient $\mu_{\rm M}$ against *d* for different values of ϕ with a $P_{\rm ext}/E = 0.003$ and b $P_{\rm ext}/E = 0.006$. The dotted and dashed lines represent $\mu_{\rm S}$ and $\mu_{\rm K}$, respectively



(a) $_{0.4}$

0.3

Fig. 4 Spatial distributions of the slip velocity v in the friction surface at z = 0 for $U = U_1, U_2, U_3$, and U_4 shown in Fig. 2 for $P_{\text{ext}}/E = 0.003$, $\phi = 0.5$, and d/H = 0.5. The blue area represents the static region. The yellow-green and yellow areas represent the slip regions with $v \le V$ and v > V, respectively. The rigid plate pushes the block at y = 0. The white area represents the groove region

precursor slip with $v \le V$ begins to propagate from the region near the rigid plate at y = 0 for $U = U_1$, and the area of precursor slip expands quasi-statically as U increases to U_2 and U_3 . After U_3 , the area of precursor slip develops rapidly, and the entire system begins to slide, leading to bulk sliding at U_4 (see Supplementary Videos). During bulk sliding, the slip velocity v exceeds V. We confirm that the displacement due to these slips is approximately along the y direction for all parameters.

Figure 5 shows the normalized slip area $\tilde{S} = S/[LW(1-\phi)]$ against U for $P_{ext}/E = 0.003$ and d/H = 0.5. Here, the precursor slip area S, defined by the sum of the yellow-green and yellow areas in Fig. 4, is normalized by the contact area in friction surface $LW(1-\phi)$. When $\tilde{S} = 0$, the entire friction surface is static, while $\tilde{S} = 1$ indicates bulk sliding where the entire friction surface is sliding. The thin and thick solid lines represent the results

Fig. 5 Normalized precursor slip area \tilde{S} against *U* for $P_{ext}/E = 0.003$ and d/H = 0.5. The thin and thick lines represent the results for $\phi = 0$ and $\phi = 0.5$, respectively. The thin and thick horizontal lines represent the normalized critical area of precursor slip \tilde{S}_c for $\phi = 0$ and $\phi = 0.5$, respectively. Crosses represent the peaks of the oscillation of \tilde{S} in the region of the periodic stick–slip motion for $\phi = 0$

for $\phi = 0$ and $\phi = 0.5$, respectively. The normalized precursor slip area \tilde{S} increases gradually with U for small \tilde{S} , but the oscillation of \tilde{S} appears as \tilde{S} becomes large. The slip associated with the oscillation in \tilde{S} is called bounded rapid precursor (BRP). In BRP, the slip front propagates close to the elastic wave speed, but the slip quickly slows down and stops. According to our analysis in Sect. 3.2, the BRP is caused by oscillatory instability. The oscillation of \tilde{S} in Fig. 5 and small drops of $F_{\rm T}/F_{\rm N}$ in Fig. 2 before bulk sliding are caused by the sequence of the BRP [16]. Each BRP reduces the stress and \tilde{S} , but they both recover quickly due to a slight increase in the driving force. The BRP becomes significant depending on the values of the parameters. When \tilde{S} reaches a threshold value \tilde{S}_{c} , the propagation speed of \tilde{S} suddenly increases, and \tilde{S} reaches unity, which corresponds to the bulk sliding.

We evaluate the critical slip \tilde{S}_c for bulk sliding in the periodic stick–slip motion as the maximum value of \tilde{S} in the sequence of the BRP. For example, we have plotted the peaks of \tilde{S} due to BRP in the region of periodic stick–slip

 $\phi = 0$

 $\phi = 0.25$

= 0.5

 $\phi = 0.75$



(b) $_{0.4}$

0.3

¥ 0.2

0.1

 $\mu_{\rm S}$

 $\mu_{\rm K}$



(a) _{1.00}

Fig. 7 Macroscopic static friction coefficient $\mu_{\rm M}$ against $\tilde{S}_{\rm c}$ for different values of ϕ and *d*. The filled and open symbols represent the results for $P_{\rm ext}/E = 0.003$ and $P_{\rm ext}/E = 0.006$, respectively. The solid line represents the analytical results given by Eq. (20). The dotted and dashed lines represent $\mu_{\rm S}$ and $\mu_{\rm K}$, respectively

motion, U/L > 3, as crosses for $\phi = 0$ in Fig. 5. The last peaks before bulk sliding represent \tilde{S}_c , which are shown as horizontal lines in Fig. 5. Figure 5 shows that \tilde{S}_c decreases with increasing ϕ .

In Fig. 6, we show the normalized critical area of the precursor slip \tilde{S}_c against the groove depth *d* for different values of ϕ with $P_{\text{ext}}/E = 0.003$ and 0.006. We find that \tilde{S}_c is a decreasing function of *d*. As *d* approaches 0, \tilde{S}_c approaches that for $\phi = 0$. We also find that \tilde{S}_c decreases with increasing ϕ . Comparing Fig. 6a, b, we see that \tilde{S}_c is a decreasing function of P_{ext} , which is consistent with the results of previous studies on blocks without grooves [16–18].

The dependence of the macroscopic static friction coefficient $\mu_{\rm M}$ on ϕ and d shown in Fig. 3 is similar to that of $\tilde{S}_{\rm c}$ shown in Fig. 6. This similarity indicates a close relation between $\mu_{\rm M}$ and $\tilde{S}_{\rm c}$. In fact, as shown in Fig. 7, $\mu_{\rm M}$ is an almost linear function of $\tilde{S}_{\rm c}$ for different values of ϕ and dwith $P_{\rm ext}/E = 0.003$ and 0.006. Figure 7 also shows that $\mu_{\rm M}$ lies between $\mu_{\rm S}$ and $\mu_{\rm K}$. This scaling of $\mu_{\rm M}$ using $\tilde{S}_{\rm c}$ is



Fig. 8 Spatial distribution of stress in the friction surface at $U = U_3$ for $P_{\text{ext}}/E = 0.003$, $\phi = 0.5$, and d/H = 0.5. **a** Spatial distribution of ratio of frictional stress $\sigma^{\text{(fric)}}$ to bottom pressure *p*. **b** Spatial distribution of *p*. The rigid plate pushes the block at y = 0. The white area in **a** represents the region without contact. The white area in **b** represents the groove area

consistent with the results of previous studies on blocks without grooves [16-18].

Figure 8a shows the spatial distribution of the ratio of the frictional stress $\sigma^{(fric)}$ to the bottom pressure *p* in the friction surface at $U = U_3$ for $P_{ext}/E = 0.003$, $\phi = 0.5$ and d/H = 0.5. Here, $U = U_3$ indicates the state just before bulk sliding, as shown in Figs. 2 and 5. Note that the local static friction in the static state with v = 0 takes any values for $0 < \sigma^{(fric)}/p < \mu_s$. As shown in Supplementary Videos and previous studies [16, 18], the ratio $\sigma^{(fric)}/p$ returns to the value near μ_K in the entire area just after the bulk sliding. As the block is pushed, $\sigma^{(fric)}/p$ reaches the local static friction coefficient μ_s near the region pushed by the rigid plate. The area with $\sigma^{(fric)}/p \approx \mu_s$ gradually increases as *U* increases. The region with $\sigma^{(fric)}/p \approx \mu_s$ corresponds to the slip region at $U = U_3$ in Fig. 4, while $\sigma^{(fric)}/p$ remains near μ_K in the static region.

Figure 8b shows the spatial distribution of the bottom pressure *p* at $U = U_3$ for $P_{\text{ext}}/E = 0.003$, $\phi = 0.5$ and d/H = 0.5.

Although a uniform pressure P_{ext} is applied at the top surface, the spatial average of *p* becomes $P_{\text{ext}}/(1-\phi)$, because the contact area in the friction surface, $LW(1-\phi)$, is smaller than the area of the top surface, LW, due to the grooves. We confirm that the bottom pressure is $p \approx P_{\text{ext}}/(1-\phi)$ in most areas except for the regions near y = 0 and *L*. The spatial distribution of *p* is almost independent of the time *t*, as shown in Supplementary Videos.

3.2 Theoretical Analysis

We theoretically analyze the effect of the longitudinal grooves shown in Sect. 3.1 based on a simplified model [16, 18]. The precursor slip is approximately uniform in the *x* direction and propagates toward the *y* direction, as shown in Fig. 4. Therefore, we neglect displacements in the *z* and *x* directions and consider only the *y*-dependent displacement along the *y* direction. Since the bottom pressure *p* at z = 0 is approximately uniform, as shown in Fig. 8b, we assume $p = P_{ext}/(1 - \phi)$. Additionally, since the deformation is significant in the region near the bottom before bulk sliding in our 3D simulations, as shown in Appendix C, we focus on the slip and deformation in the region $0 \le z/H \le \alpha$ with a constant α , as shown in the red shaded area in Fig. 9.

We consider the equation of motion for a thin element at *y* with small width dy indicated by the dotted rectangle in Fig. 9a. The mass of the element is given by $\rho A(\phi, d) dy$, where $A(\phi, d)$ is the cross-sectional area of the red region in Fig. 9b excluding the groove. In Fig. 9a, the forces acting on the left and right surfaces of that element are given by $A(\phi, d)\sigma_{yy}(y, t)$ and $A(\phi, d)\sigma_{yy}(y + dy, t)$, respectively. Here, the normal stress in the *y* direction is denoted by σ_{yy} . The friction force acting on the bottom is given by $\mu P_{\text{ext}}W dy$. The equation of motion for the displacement $q_y(y, t)$ of the thin element along the *y* direction is given by

$$\rho A(\phi, d) dy \ddot{q}_{y}(y, t) = A(\phi, d) \left[\sigma_{yy}(y + dy, t) - \sigma_{yy}(y, t) \right] - \mu (\dot{q}_{y}(y, t)) P_{\text{ext}} W dy$$
(8)

where $\dot{q}_y(y, t)$ and $\ddot{q}_y(y, t)$ are the first- and second-order time derivatives of $q_y(y, t)$, respectively. We assume a plane stress state, where the normal stress $\sigma_{yy}(y, t)$ is given by

$$\sigma_{yy}(y,t) = E_1 \frac{\partial q_y(y,t)}{\partial y} + \eta_t \frac{\partial \dot{q}_y(y,t)}{\partial y}$$
(9)

with the elastic modulus $E_1 = E/[(1 + \nu)(1 - \nu)]$ and viscous modulus $\eta_t = \eta_1(\eta_1 + 2\eta_2)/(\eta_1 + \eta_2)$.

The cross-sectional area $A(\phi, d)$ is given by

$$A(\phi, d) = A_0[1 - \kappa(\phi, d)] \tag{10}$$

with the cross-sectional area $A_0 = \alpha HW$ for $\phi = 0$. Here, $\kappa(\phi, d)$ is the reduction rate of the cross-sectional area by the groove,

$$\kappa(\phi, d) = \begin{cases} \phi d/(\alpha H), & 0 \le d \le \alpha H \\ \phi, & \alpha H < d \le H \end{cases}$$
(11)

Substituting Eqs. (9) and (10) into Eq. (8) and taking the limit of $dy \rightarrow 0$, we obtain

$$\rho(1-\kappa)\ddot{q}_{y}(y,t) = (1-\kappa) \left[E_{1} \frac{\partial^{2} q_{y}(y,t)}{\partial y^{2}} + \eta_{t} \frac{\partial^{2} \dot{q}_{y}(y,t)}{\partial y^{2}} \right] - \frac{\mu(\dot{q}_{y}(y,t))P_{\text{ext}}}{\alpha H}.$$
(12)

The boundary conditions are given by $\partial q_y(L, t)/\partial y = 0$ for the free boundary at y = L and $q_y(0, t) = U$ for the fixed boundary at y = 0.

We set t = 0 just after the bulk sliding, where the friction coefficient is given by $\mu = \mu_{\rm K}$. When a precursor slip occurs with the normalized slip area \tilde{S} for U > 0, the friction coefficient is given by $\mu = \mu_{\rm S}$ in the region $0 \le y/L \le \tilde{S}$, because the slip distances of the precursors are significantly smaller than that in bulk sliding. In the other regions, μ remains $\mu_{\rm K}$ due to the frictional stress drop after the bulk sliding. This is confirmed by direct numerical calculations of Eq. (12) and qualitatively consistent with the results in Sect. 3.1. For sufficiently slow driving with $\ddot{q}_y \approx 0$ and $\dot{q}_y \approx 0$, the quasi-static solution of q_y in Eq. (12) is analytically derived as described

Fig. 9 a Schematic of the derivation of the simplified model for grooved viscoelastic block. **b** Cross section perpendicular to the *y* direction indicated as *I* in **a**. The red shaded areas represent the region from the bottom to the height $z = \alpha H$. The dotted rectangle represents the element with infinitesimal width dy



in Appendix D. In this quasi-static solution $q_a(y)$, \tilde{S} is given as an increasing function of U.

We conduct a stability analysis based on Eq. (12) following the procedure in the previous studies [16, 18]. Substituting $q_y(y,t) = q_a(y) + \delta q(y,t)$ into Eq. (12) with the perturbation $\delta q(y,t)$, we obtain the equation for $\delta q(y,t)$ as

$$\rho(1-\kappa)\delta\ddot{q}(y,t) = (1-\kappa) \left[E_1 \frac{\partial^2 \delta q(y,t)}{\partial y^2} + \eta_t \frac{\partial^2 \delta \dot{q}(y,t)}{\partial y^2} \right] - \frac{(\mu_{\rm S} - \mu_{\rm K})P_{\rm ext}}{v_{\rm c}\alpha H} \delta \dot{q}(y,t).$$
(13)

Note that $\delta q(y, t)$ has a nonzero value in the region $0 < y/L < \tilde{S}$, and $\delta q(y, t)$ remains zero in the other region due to static friction. Since the perturbation $\delta q(y, t)$ is zero for y = 0 and $\tilde{S} < y/L < 1$, $\delta q(y, t)$ is expressed as

$$\delta q(y,t) = \sum_{m} q_{m} e^{\lambda_{m} t} \sin k_{m} \xi$$
(14)

where *m* is a positive integer, q_m is a constant, and λ_m is the eigenvalue of the time evolution operator with $k_m = m\pi$ and $\xi = y/(\tilde{S}L)$. Substituting Eq. (14) into Eq. (13), multiplying by 2 sin $k_n \xi$ with positive integer *n*, and integrating in $0 < y < \tilde{S}L$, we obtain

$$(1-\kappa)\rho L^2 \lambda_m^2 + (1-\kappa)E_1 \frac{k_m^2}{\tilde{S}^2} + (1-\kappa)\eta_t \frac{k_m^2}{\tilde{S}^2} \lambda_m - \frac{(\mu_{\rm S}-\mu_{\rm K})P_{\rm ext}L^2}{v_{\rm c}\alpha H} \lambda_m = 0.$$
(15)

The perturbation $\delta q(y, t)$ is unstable in the case of Re $\lambda_1 > 0$ and Im $\lambda_1 \neq 0$. The latter condition, Im $\lambda_1 \neq 0$, induces the oscillatory motion. However, the backward motion of the oscillation reduces the frictional stress, and the local slip stops when it becomes smaller than the local maximum static frictional stress, which causes the reduction of the slip area \tilde{S} . This oscillatory instability corresponds to the BRP. The BRP continues in a certain region of \tilde{S} because the frictional stress increases again by the drive, and intermittent slip events are observed until the perturbation develops and causes bulk sliding in the case of Re $\lambda_1 > 0$ and Im $\lambda_1 = 0$. In Eq. (15), we find that the stability conditions of the system are generally determined by the competition between the viscosity represented by the third term and velocityweakening friction represented by the fourth term on the left-hand side. These terms are considered as the stabilizing and destabilizing factors, respectively. The stabilizing factor decreases due to \tilde{S}^{-2} in the third term as the precursor slip area \tilde{S} increases. When \tilde{S} reaches the critical area \tilde{S}_c , the destabilizing factor overwhelms the stabilizing factor, and the perturbation $\delta q(y, t)$ becomes unstable. Therefore, \tilde{S} increases rapidly just after reaching \tilde{S}_c , as shown in Fig. 5,

and bulk sliding occurs. The viscous term is proportional to $1 - \kappa$. The velocity-weakening friction term is proportional to the load on the top of the block but independent of κ . Thus, if $\kappa(\phi, d)$ increases by increasing ϕ and d, the viscosity becomes effectively smaller, which leads to the decrease of \tilde{S}_c .

As \tilde{S} increases, the mode with m = 1 in Eq. (14) becomes unstable first, which determines \tilde{S}_c . By definition, the maximum value of \tilde{S}_c does not exceed 1, and for $\tilde{S}_c < 1$, \tilde{S}_c satisfies

$$\pi^{2}(1-\kappa)\eta_{t}\tilde{S}_{c}^{-2} + 2\pi(1-\kappa)L\sqrt{\rho E_{1}}\tilde{S}_{c}^{-1} = \frac{(\mu_{S}-\mu_{K})P_{ext}L^{2}}{v_{c}\alpha H}$$
(16)

which is derived from Eq. (15). Therefore, \tilde{S}_c is given by

$$\hat{S}_{c} = \min(\hat{S}_{c}^{*}, 1) \tag{17}$$

where min(*a*, *b*) is a function that takes the smaller value between *a* and *b*, and \tilde{S}_c^* is the solution of Eq. (16) given by

$$\tilde{S}_{c}^{*} = \frac{\pi \eta_{t}}{L\left(-\sqrt{\rho E_{1}} + \sqrt{\rho E_{1} + \frac{\mu_{s} - \mu_{K}}{1 - \kappa} \frac{P_{ext}\eta_{t}}{v_{c}\alpha H}}\right)}.$$
(18)

For $\tilde{S}_{c} \ll 1$, \tilde{S}_{c} is approximately given by

$$\tilde{S}_{c} \simeq \pi \left\{ \frac{[1 - \kappa(\phi, d)]\alpha}{\mu_{\rm S} - \mu_{\rm K}} \frac{\eta_{\rm t} v_{\rm c}}{P_{\rm ext} H} \right\}^{\frac{1}{2}} \frac{H}{L}.$$
(19)

This result indicates that the normalized critical area of the precursor slip \tilde{S}_c is a decreasing function of P_{ext} and the size of grooves because $\kappa(\phi, d)$ in Eq. (19) increases with ϕ and d, as described in Eq. (11). These analytical results are qualitatively consistent with those of the FEM simulations shown in Fig. 6.

The macroscopic static friction coefficient $\mu_{\rm M}$ can be analytically derived in our simplified model [16, 18]. Since the ratio of the local frictional stress to bottom pressure is $\mu_{\rm S}$ in the slip region and $\mu_{\rm K}$ in the static region, $\mu_{\rm M}$ just before the bulk sliding is given by

$$\mu_{\rm M} = \mu_{\rm K} + (\mu_{\rm S} - \mu_{\rm K})\tilde{S}_{\rm c}.$$
(20)

This result is qualitatively consistent with the FEM simulations shown in Fig. 7, where Eq. (20) is represented by the solid line.

Substituting Eq. (20) into Eq. (19), we obtain

$$\mu_{\rm M} - \mu_{\rm K} \simeq \pi \left\{ (\mu_{\rm S} - \mu_{\rm K}) [1 - \kappa(\phi, d)] \alpha \, \frac{\eta_{\rm t} v_{\rm c}}{P_{\rm ext} H} \right\}^{\frac{1}{2}} \frac{H}{L}.$$
 (21)

This equation, together with Eq. (11), implies that the macroscopic static friction coefficient $\mu_{\rm M}$ is a decreasing

Fig. 10 Normalized critical area of precursor slip \tilde{S}_c against $\kappa(\phi, d)$ for different values of ϕ and *d* with **a** $P_{\text{ext}}/E = 0.003$ and **b** $P_{\text{ext}}/E = 0.006$. The symbols represent the results of the FEM simulations. The solid lines represent the analytical results given by Eq. (17) with $\alpha = 0.2$





function of P_{ext} , ϕ , and *d*. The analytical results are qualitatively consistent with the FEM simulations shown in Fig. 3.

Equations (19) and (21) indicate that \tilde{S}_c and μ_M for different ϕ and d are scaled by the reduction rate of cross-sectional area $\kappa(\phi, d)$. Figures 10 and 11, respectively, show \tilde{S}_c and μ_M obtained from the FEM simulations against $\kappa(\phi, d)$. Both \tilde{S}_c and μ_M are scaled by $\kappa(\phi, d)$ and decrease with increasing $\kappa(\phi, d)$. The solid line in Fig. 10 represents the analytical result given by Eq. (17). The solid line in Fig. 11 represents the result given by Eqs. (17) and (20). Here, we set $\alpha = 0.2$ to semi-quantitatively reproduce the results of the FEM simulations in Sect. 3.1. The deformation before bulk sliding is significant only in the region z/H < 0.5, as shown in Appendix C. This result is consistent with the estimate of $\alpha = 0.2$. The numerical results of FEM are semi-quantitatively consistent with the theoretical analysis.

These results explain the decreases of $\mu_{\rm M}$ and $\tilde{S}_{\rm c}$ with the increases of ϕ and d in Figs. 3 and 6. Here, ϕ represents the decrease in the contact area of the pillars, and d represents the decrease in the size of the main body. These values determine the reduction rate of the cross-sectional area $\kappa(\phi, d)$. Thus, it can be concluded that $\mu_{\rm M}$ and $\tilde{S}_{\rm c}$ decrease with increasing ϕ or d because of the decrease in effective viscosity due to the reduction of the cross-sectional area, leading to the decline of the stability and bulk sliding with a smaller size of the precursor slip.

4 Discussion

Generally, grooves on friction surfaces are designed to control lubrication properties in wet conditions. It is considered that the friction coefficient at the wet interface increases with the width and depth of the grooves, because they can eject more lubricant from the friction interface [8–11]. However, this study reveals that the groove size also affects friction in dry conditions. The static friction coefficient in dry conditions decreases with increases in groove width and depth. This is opposite to the usual consideration for the friction in the wet case. Even in wet conditions, the friction force at the solid–solid interface determines the total friction force after the ejection of the lubricant. These results should aid in improving the design of sliding interfaces with grooves for both wet and dry conditions.

The influence of the groove shape on friction in dry conditions has recently been investigated based on different models, where the effect of grooves is represented by the spatial distribution of the local friction coefficient [46–53]. These previous works report a decrease in the static friction coefficient by forming longitudinal grooves, which is consistent with our results. However, the effect of the depth of the longitudinal grooves is ignored in their models, while our study is based on a realistic 3D system and reveals its importance. Moreover, previous studies have investigated different patterns of grooves including transversal grooves. Their results have suggested that complex shapes in the friction surface used in various industrial products such as shoe soles and tires and adopted on the surface of living things such as snakes [48, 60, 61] affect the frictional properties. Therefore, the extension of our study to these complex shapes will lead to more efficient guiding principles for groove design.

In this study, the parameter values for virtual materials are adopted to reduce the computational load, which does not correspond to those for real materials. These are selected to compare the results with those in previous simulations [16, 18]. However, the mechanism of changes in the friction coefficient revealed by our theory in Sect. 3.2 is universal and independent of specific parameter values. The numerical results for flat friction surfaces in Ref. [16] have been reproduced in experiments on PMMA [17]. The occurrence of the quasi-static precursor (slow slip event, SSE) and the dependence of its destabilization on pressure are also confirmed in an experiment on PMMA [19]. Therefore, we expect our results will be experimentally verified in future work.

5 Conclusion

Friction surfaces of products such as shoe soles, tires, and sliding parts of machines have grooves. Several studies on grooves have focused on controlling lubrication properties via their design. However, it has been empirically known that grooves affect friction even in dry conditions, although no theoretical explanation exists. In this study, we have performed numerical simulations of viscoelastic objects using 3D FEM to clarify the effect of longitudinal

Fig. 12 a Normalized critical area of precursor slip \tilde{S}_c and **b** macroscopic static friction coefficient μ_M against *d* for different values of ϕ with L/H = 2 and $P_{\text{ext}}/E = 0.003$. The dotted and dashed lines indicate μ_S and μ_K , respectively

grooves on static friction in a dry condition. We have revealed that the static friction coefficient is a decreasing function of the groove size, and that precursor slip occurs before bulk sliding. The static friction coefficient is scaled by the normalized critical area of the precursor slip. Based on the simplified model, we have theoretically derived the equation for the static friction coefficient depending on the groove size. The theoretical result indicates that the static friction coefficient decreases with the reduction rate of the cross-sectional area in the viscoelastic object. The decrease in the cross-sectional area reduces the effective viscosity, which enhances the instability of the precursor slip and decreases the static friction coefficient. Our results provide new guiding principles for groove design for static friction control beyond the empirical laws for both wet and dry conditions. Investigation of different types of grooves and their effect on dynamic friction will be the subject of future studies.

Appendix A Results for L/H = 2

In this appendix, we show the results for L/H = 2. Figure 12a, b, respectively, shows \tilde{S}_c and μ_M against *d* for different values of ϕ with $P_{ext}/E = 0.003$. We find that \tilde{S}_c and μ_M are decreasing functions of ϕ and *d*, which is consistent with the results for L/H = 4, as shown in Figs. 3 and 6. Compared to Figs. 3a and 6a for the identical pressure, Fig. 12 shows that \tilde{S}_c and μ_M increase with decreasing *L*.

Figure 13a, b, respectively, shows \tilde{S}_c and μ_M against $\kappa(\phi, d)$ with $P_{ext}/E = 0.003$. We find that \tilde{S}_c and μ_M are decreasing functions of $\kappa(\phi, d)$. The solid lines show the analytical results for $\alpha = 0.2$ based on Eqs. (17) and (20). It is shown that $\kappa(\phi, d)$ for $\alpha = 0.2$ can scale \tilde{S}_c and μ_M even for the system with L/H = 2. The decrease in \tilde{S}_c and μ_M by increasing L is consistent with Eqs. (19) and (21) for the theoretical analysis in Sect. 3.2.



Fig. 13 a Normalized critical area of precursor slip \tilde{S}_c and **b** macroscopic static friction coefficient μ_M against $\kappa(\phi, d)$ for different values of ϕ and d with L/H = 2 and $P_{\text{ext}}/E = 0.003$. The solid lines represent the analytical results of Eqs. (17) and (20) with $\alpha = 0.2$. The dotted and dashed lines indicate μ_S and μ_K , respectively



Appendix B Dependence on Number of Pillars n_x in Friction Surface

In this appendix, we verify the dependence of the \tilde{S}_c and μ_M on the number of pillars of the block n_x for L/H = 4, d/H = 0.5, and $\phi = 0.5$. Figure 14a, b shows \tilde{S}_c and μ_M against n_x for $P_{ext}/E = 0.003$ and 0.006, respectively. In Fig. 14, we find that \tilde{S}_c and μ_M are almost independent of n_x . According to the theoretical results given by Eqs. (19) and (21), \tilde{S}_c and μ_M depend on the reduction rate of the cross-sectional area $\kappa(\phi, d)$, which is independent of n_x , as described in Eq. (11). This analytical result explains the behaviors of \tilde{S}_c and μ_M in Fig. 14.

Appendix C Acceleration Distribution

Figure 15 demonstrates the spatial distribution of the y-direction acceleration \ddot{u}_y for $P_{\text{ext}}/E = 0.003$, d/H = 0.5, and $\phi = 0.5$ on the cross section at x = 0.5W with $U/L = 5.43 \times 10^{-3}$, just before bulk sliding. The critical



0.0

Fig. 15 Spatial distribution of acceleration along the *y* direction, \ddot{u}_y , on cross section at x = 0.5W for $P_{\text{ext}}/E = 0.003$, d/H = 0.5, and $\phi = 0.5$ at $U/L = 5.43 \times 10^{-3}$, just before bulk sliding. The gray thick line for y = 0 and $0.5 \le z/H \le 1$ indicates the position of the rigid plate

y/H

3

 $\tilde{S}_{c}L/H = 2$

length in the *y* direction of the precursor slip is estimated to be $\tilde{S}_c L$, because the precursor slip propagates uniformly in the *x*-direction, as shown in Fig. 4. The acceleration around the region of y = 0 and $0.5 \le z/H \le 1$ is small, because the displacement is fixed at the rigid plate position at the region. Moreover, the acceleration is negligible in the static region at the bottom (z = 0) with $\sigma^{(\text{fric})}/p \approx \mu_{\text{K}}$ for $\tilde{S}_c L \le y \le L$, as shown in Fig. 8a. Therefore, the region with significant acceleration before bulk sliding is concentrated in the region for $0 \le y \le \tilde{S}_c L$ near the bottom, as shown in Fig. 15.

-0.02

Appendix D Quasi-static Solution

Using the equation of motion (12), boundary conditions, and assumption of friction coefficient μ in Sect. 3.2, we obtain the quasi-static solution $q_0(y)$ at U = 0 as

$$q_{0}(y) = \frac{\mu_{\rm K} P_{\rm ext}}{2(1-\kappa)E_{\rm I}\alpha H} (y^{2} - 2Ly).$$
(D1)

The quasi-static solution $q_a(y)$ for U > 0 is obtained as

$$q_{\rm a}(y) = \begin{cases} q_1(y), & 0 \le y \le \tilde{S}L \\ q_0(y), & \tilde{S}L \le y \le L \end{cases}.$$
(D2)

With the assumption of μ and connectivity condition at $y = \tilde{S}L$, $q_1(\tilde{S}L) = q_0(\tilde{S}L)$ and $dq_1(\tilde{S}L)/dy = dq_0(\tilde{S}L)/dy$, we obtain q_1 as

$$q_1(y) = q_0(y) + \frac{(\mu_{\rm S} - \mu_{\rm K})P_{\rm ext}}{2(1 - \kappa)E_1\alpha H} \left(y^2 - 2\tilde{S}Ly + \tilde{S}^2L^2\right).$$
(D3)

To satisfy the boundary condition at y = 0, \tilde{S} is derived as

$$\tilde{S} = \left[\frac{2(1-\kappa)E_1\alpha HU}{(\mu_{\rm S}-\mu_{\rm K})P_{\rm ext}L^2}\right]^{\frac{1}{2}}.$$
(D4)

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Data Availability The data that support the findings of this study are available from the corresponding author upon reasonable request.

Declarations

Conflict of interest The authors declare no competing interests.

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