

Induction of apoptosis in SGC‑7901 cells by ruthenium(II) complexes through ROS‑mediated lysosome–mitochondria dysfunction and inhibition of PI3K/AKT/mTOR pathways

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Abstract

Five Ru(II) polypyridyl complexes $[Ru(N-N)_2(nfip)](ClO_4)_2$ (N–N = dmb, 1; bpy, 2; ttbpy, 3, phen, 4, dmp, 5) were synthesized and characterized. The cytotoxic activities of the complexes against cancer SGC-7901, Eca-109, HepG2, A549, HeLa and normal LO2 cells were investigated using the MTT method. Complexes **1**–**4** show high cytotoxicity against SGC-7901 cells with low IC₅₀ values of 12.4 ± 1.4 , 6.7 ± 1.6 , 1.3 ± 0.5 and 1.1 ± 0.4 µM, respectively. Complex 5 is active against HeLa cells with an IC₅₀ value of $2.2 \pm 0.6 \mu M$. Among these complexes, complexes **3** and **4** exhibit higher cytotoxic activity than cisplatin toward SGC-7901 cells under identical conditions. Apoptosis was assayed using the AO/EB staining method and fow cytometry. The location of the complexes at lysosomes and mitochondria, the permeability of lysosomes, the levels of reactive oxygen species, and the changes of mitochondrial membrane potential were studied by fuorescence microscopy. The cell cycle distribution of SGC-7901 cells induced by the complexes was studied by fow cytometry. The expression of caspase-3, PARP and Bcl-2 family proteins was investigated by Western blot. The complexes were shown to accumulate in the lysosomes and then enter into the mitochondria. The mechanism demonstrates that the complexes induce apoptosis in SGC-7901 cells through three pathways: (1) ROS-mediated lysosomal–mitochondrial dysfunction; (2) inhibition of PI3K/ AKT/mTOR pathway; and (3) DNA damage and inhibition of the cell growth at G0/G1 or S phase.

Introduction

Transition metal compounds have been widely used as chemotherapeutic agents in the treatment of several types of malignancies, such as colon, lung and breast cancers. By virtue of their ability to modulate various biological processes involving DNA, metal complexes have received considerable attention as potential anticancer agents [\[1](#page-17-0), [2](#page-17-1)]. The discovery of the anticancer properties of cisplatin brought a signifcant improvement in cancer treatment. Several other cisplatin analogues, including carboplatin, oxaliplatin, nedaplatin, heptaplatin and lobaplatin, were developed as a result of further experimentation. These drugs cause many side

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 \boxtimes Yun-Jun Liu lyjche@gdpu.edu.cn efects like nephrotoxicity, neurotoxicity, gastrointestinal toxicity [[3](#page-17-2), [4](#page-17-3)]. In an attempt to solve these problems, there has been continuous interest in alternative metal-based complexes. Among them $Ru(II)$ polypyridyl complexes offer facile synthesis and possess agreeable chemical, physical and photophysical characteristics. In recent years, the anticancer activity of Ru(II) polypyridyl complexes has been paid great attention and some interesting properties have been obtained [\[5](#page-17-4)[–20\]](#page-17-5). The complex $[Ru(dmp)₂(PTTP)](ClO₄)₂$ can efectively inhibit the growth of BEL-7402 cells with a low IC₅₀ value of $2.2 \pm 0.2 \mu M$ [\[21](#page-17-6)]. [Ru(dmp)₂(pddppn)] $(CIO₄)₂$ displays high inhibitory efficiency against BEL-7402, MG-63 and A549 cells; the complex induces cell cycle arrest at G2/M phase against BEL-7402 and MG-63 cells, at G0/G1 phase at S phase, and causes apoptosis through ROS-mediated mitochondrial dysfunction pathway [[22](#page-17-7)]. Chen et al. reported that RuPOP, a ruthenium polypyridyl complex with potent antitumor activity, was able to efectively inhibit growth and metastasis of MDA-MB-231 cells and synergistically enhance TRAIL-induced apoptosis [\[23](#page-17-8)]. The complexes $[Ru(phen)₂(bppp)]²⁺$ and $[Ru(phen)₂(7-Br-₂)$ $\text{dppz})$ ²⁺ show prominent anticancer activity against various

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cancer cells. Live cell imaging study demonstrates that the two complexes could cross the cell membrane, accumulating in the nuclei [\[24](#page-17-9)]. Owing to Ru(II) polypyridyl complexes having a diversity of chemical structures that are readily available through modification of coordinating ligands [\[25\]](#page-17-10), this structural diversity of the complexes makes them significantly useful as biological probes and effectors [\[26](#page-17-11)]. Chao et al. reported that the complexes Δ -[Ru(bpy)₂(nfip)]²⁺ and Λ -[Ru(bpy)₂(nfip)]²⁺ show large DNA-binding affinities, and the DNA-binding constants are 7.0×10^5 and 6.3×10^5 , respectively [[27](#page-17-12)]. This prompted us to explore cancer activity of complexes with nfp ligands. In order to obtain an accurate and deep understanding the anticancer activity of Ru(II) polypyridyl complexes, in this article, five Ru(II) polypyridyl complexes $[Ru(dmb)₂(nftp)](ClO₄)₂$ 1 (dmb = 4,4′-dimethyl-2,2′-bipyridine), $\left[\text{Ru(bpy)}_{2\text{(nftp)}}\right]$ $(CIO₄)$, 2 (bpy = 2,2'-bipyridine), $[Ru(ttbpy)_{2}(nfip)]$ $(CIO₄)₂$ **3** (ttbpy = 4,4'-ditertiary butyl-2,2'-bipyridine), $[Ru(phen)₂(nftp)](ClO₄)₂$ **4** (phen = 1,10-phenanthroline) and $[Ru(dmp)₂(nftp)](ClO₄)₂ 5(dmp=2,9-dimethyl-1,10-phen-₁)$ anthroline, nfp=2-(5-nitrofuran-2-yl)-1*H*-imidazo[4,5-f] [1,10]phenanthroline) shown in Scheme [1](#page-1-0) were synthesized and characterized by elemental analysis, IR, ESI–MS, ¹H NMR and ¹³C NMR. The in vitro cytotoxic activity of the complexes against SGC-7901, Eca-109, HepG2, A549, HeLa and normal LO2 cells was investigated using the MTT (3-(4,5-dimethylthiazole)-2,5-diphenyltetrazolium bromide) method. The results demonstrated that the complexes induced SGC-7901 cell apoptosis by acting on lysosomal–mitochondrial dysfunction and inhibition of PI3K/ AKT/mTOR pathways.

Experimental

Materials and methods

All reagents and solvents were purchased commercially and used without further purifcation unless otherwise noted. Ultrapure Milli-Q water was used in all experiments. RPMI 1640 was purchased from Sigma. 1,10-Phenanthroline was obtained from the Guangzhou Chemical Reagent Factory. The cancer cell lines of SGC-7901 (human gastric adenocarcinoma), HeLa (human cervical cancer), Eca-109 (human esophageal cancer cell), A549 (human lung carcinoma) and HepG2 (human hepatocellular carcinoma), and normal LO2 cells (human liver cells) were purchased from the American Type Culture Collection. $RuCl₃·3H₂O$ was purchased from the Kunming Institution of Precious Metals. Microanalysis (C, H, and N) was carried out with a PerkinElmer 240Q elemental analyzer. Electrospray ionization mass spectra (ESI–MS) were recorded on a LCQ system (Finnigan MAT, USA) using acetonitrile as the mobile phase. The spray voltage, tube lens offset, capillary voltage and capillary temperature were set at 4.50 kV, 30.00 V, 23.00 V and 200 °C, respectively, and the quoted m/z values are for the major peaks in the isotope distribution. ¹H NMR and ¹³C NMR spectra were recorded on a Varian-500 spectrometer with DMSO-d6 as a solvent and tetramethylsilane (TMS) as an internal standard at 500 MHz at room temperature.

Synthesis of the complexes

Synthesis of $[Ru(dmb)_{2}(nfp)](PF_{6})_{2}$ **(1)**

A mixture of *cis*-[Ru(dmb)₂Cl₂]·2H₂O [[28](#page-17-13)] (0.288 g, 0.50 mmol) and nfp (0.166 g, 0.50 mmol) [\[27](#page-17-12)] in ethylene glycol (20 mL) was refuxed under argon for 8 h to give a clear red solution. Upon cooling, a red precipitate was obtained by dropwise addition of saturated aqueous

Scheme 1 The synthetic route of ligand and complexes

 NH_4PF_6 solution. The crude product was purified by column chromatography on neutral alumina with a mixture of $CH₃CN$ -toluene (1:1, v/v) as eluent. The red band was collected. The solvent was removed under reduced pressure, and a red powder was obtained. Yield: 70%. Anal. Calc for $C_{41}H_{33}N_9O_3F_{12}P_2Ru$: C, 45.09; H, 3.05; N, 11.55%. Found: C, 45.24; H, 3.13; N, 11.43%. IR (KBr, cm−1): 3424 s, 2969 m, 1618 s, 1584 m, 1527 m, 1481 s, 1442 s, 1384 m, 1367 m, 1335 s, 1181 s, 1048w, 847 s, 726 s, 558 s. ¹ H NMR: 8.88 (d, 2H, *J*=8.0 Hz), 8.68 (d, 4H, *J* = 8.0 Hz), 7.84 (d, 4H, *J* = 4.0 Hz), 7.72 (dd, 2H, *J* = 8.0, *J* = 8.5 Hz), 7.67 (d, 2H, *J* = 6.0 Hz), 7.41 (dd, 4H, *J* = 6.0, *J* = 6.5 Hz), 7.31 (d, 1H, *J* = 3.5 Hz), 7.17 (d, 2H, $J = 5.5$ Hz), 1.91 (s, 6H), 1.64 (s, 6H). ¹³C NMR (DMSO-d₆, 125 Hz): 156.43, 156.25, 150.80, 150.44, 149.43, 149.28, 147.74, 144.87, 129.78, 128.48, 128.43, 125.95, 125.39, 124.97, 124.92, 116.44, 110.22, 20.79, 20.72. ESI-MS (CH₃CN): m/z 946.0 ([M-PF₆]⁺, 800.3 $([M-2PF₆-H]⁺), 400.8 ([M-2PF₆]²⁺).$

Synthesis of $[Ru(bpy)_{2}(nftp)](PF_{6})_{2} (2)$

This complex was synthesized in a manner identical to complex **1**. Yield: 70%. Anal. Calc for $C_{37}H_{25}N_{9}O_{3}F_{12}P_{2}Ru$: C, 42.90; H, 2.43; N, 12.18%. Found: C, 42.82; H, 2.54; N, 12.42%. IR (KBr, cm−1): 3425 s, 2967 m, 1604 m, 1466 m, 1444 s, 1394 m, 1365w, 1334w, 1179 m, 1049w, 844 s, 767 s, 559 s. ¹H NMR: 8.92 (d, 2H, *J*=8.0 Hz), 8.84 (dd, 4H, *J*=8.0, *J*=8.5 Hz), 8.19 (t, 2H, *J*=7.0 Hz), 8.08 (t, 2H, *J*=6.5 Hz), 7.85 (dd, 4H, *J*=4.0, *J*=5.0 Hz), 7.73 (dd, 2H, *J*=5.0, *J*=5.5 Hz), 7.63 (d, 2H, *J*=5.5 Hz), 7.57 (t, 2H, *J*=5.5 Hz), 7.37 (t, 2H, $J=6.0$ Hz), 7.32 (d, 2H, $J=4.0$ Hz). ¹³C NMR (DMSO-d₆, 125 Hz): 156.91, 156.67, 151.43, 151.37, 150.88, 147.87, 144.69, 137.87, 137.71, 136.23, 130.22, 127.88, 127.84, 125.99, 125.56, 124.45, 124.38, 116.45, 110.37. ESI–MS (CH₃CN): m/z 744.0 ([M–2PF₆–H]⁺), 372.4 ([M–2PF₆]²⁺).

Synthesis of [Ru(ttbpy)₂(nfip)](PF₆)₂ (3)

This complex was synthesized in a manner identical to that described for **1**, with $[Ru(ttbpy)₂Cl₂]²H₂O [28]$ $[Ru(ttbpy)₂Cl₂]²H₂O [28]$ in place of $[Ru(dmb),Cl_2]$ ·2H₂O. Yield: 0.366 g, 72%. Anal. Calc for $C_{53}H_{57}N_9O_3F_{12}P_2Ru$: C, 50.50; H, 4.56; N, 10.01%. Found: C, 50.61; H, 4.34; N, 10.13%. IR (KBr, cm−1): 3434 s, 2967 s, 1614 s, 1507w, 1482 m, 1415 m, 1384 m, 1345w, 1252 m, 1130 m, 1049 m, 841 s, 558 s. ¹H NMR: 8.92 (d, 2H, *J* = 7.5 Hz), 8.67 (d, 2H, *J* = 6.5 Hz), 8.83 (d, 2H, *J* = 7.0 Hz), 7.83 (d, 2H, *J* = 4.0 Hz), 7.79–7.74 (m, 3H), 7.69 (d, 2H, *J* = 6.0 Hz), 7.60 (dd, 2H, *J* = 6.5, *J*=6.0 Hz), 7.48 (d, 2H, *J*=6.0 Hz), 7.36 (dd, 2H, *J*=6.5,

J=7.0 Hz), 7.29 (d, 2H, *J*=8.5 Hz), 1.42 (s, 18H), 1.31 $(s, 18H)$. ¹³C NMR (DMSO-d₆, 125 Hz): 161.73, 161.57, 156.66, 156.45, 150.76, 150.64, 147.46, 144.75, 138.78, 129.87, 126.17, 125.47, 124.79, 124.61, 121.79, 116.49, 110.08, 35.57, 35.44, 30.15, 30.03. ESI-MS (CH₃CN): m/z 968.4 ([M-2PF₆-H]⁺), 484.7 ([M-2PF₆]²⁺).

Synthesis of [Ru(phen)₂(nfip)](PF₆)₂(4)

This complex was synthesized in a manner identical to that described for **1**, with $\text{[Ru(phen),Cl_2]} \cdot 2H_2O$ [28] [28] [28] in place of $[Ru(dmb),Cl_2]$ ·2H₂O. Yield: 72%. Anal. Calc for $C_{41}H_{25}N_{9}O_{3}F_{12}P_{2}Ru$: C, 45.43; H, 2.33; N, 11.64%. Found: C, 45.31; H, 2.47; N, 11.55%. IR (KBr, cm⁻¹): 3386 s, 2970 m, 1629 m, 1582 s, 1524 m, 1480 s, 1442 s, 1426 m, 1364 m, 1331 s, 1253w, 1179 s, 1082 m, 1025 s, 842 s, 721 s, 558 s. 1 H NMR: 8.84 (d, 2H, *J*=8.0 Hz), 8.74 (dd, 4H, *J*=8.5, *J*=8.0 Hz), 8.36 (s, 4H), 8.13 (d, 2H, *J*=5.0 Hz), 8.09 (d, 2H, *J*=5.0 Hz), 7.83 (d, 1H, *J*=8.0 Hz), 7.78–7.73 (m, 7H), 7.57 (dd, 2H, *J* =8.0, *J*=8.5 Hz), 7.29 (d, 1H, *J*=4.0 Hz). ¹³C NMR (DMSO-d₆, 125 Hz): 152.65, 150.65, 147.98, 147.39, 144.91, 136.64, 130.48, 130.44, 130.05, 128.11, 128.06, 126.33, 125.23, 116.58, 109.87. ESI–MS (CH_3CN) : m/z 792.1 ([M-2PF₆-H]⁺), 396.4 ([M-2PF₆]²⁺).

Synthesis of $\left[\text{Ru(dmp)}_{2}\right]$ **(nfip)** $\left[\text{PF}_{6}\right]_{2}$ (5)

This complex was synthesized in a manner identical to that described for **1**, with $\text{[Ru(dmp),Cl,]} \cdot 2H_2O$ [[29\]](#page-17-14) in place of $[Ru(dmb)₂Cl₂]$ $\cdot 2H₂O$. Yield: 71%. Anal. Calc for $C_{45}H_{33}N_{9}O_{3}F_{12}P_{2}Ru$: C, 47.41; H, 2.92; N, 11.06%. Found: C, 47.58; H, 3.07; N, 10.97%. IR (KBr, cm−1): 3411 s, 2969 m, 1627 m, 1587 s, 1527 m, 1499 s, 1441 s, 1392 m, 1365 m, 1333 s, 1180 s, 1130w, 1084 s, 1047 s, 845 s, 728 m, 557 s. 1 H NMR: 8.89 (d, 2H, *J*=8.0 Hz), 8.76 (d, 2H, *J*=8.5 Hz), 8.41 (dd, 4H, *J*=8.5, *J*=8.0 Hz), 8.22 (d, 2H, *J*=8.5 Hz), 7.95 (d, 2H, *J*=8.5 Hz), 7.80 (d, 2H, *J*=4.0 Hz), 7.38–7.32 (m, 4H), 7.27 (d, 1H, *J*=4.0 Hz), 7.15 (dd, 2H, *J*=5.0, *J*=5.5 Hz), 1.93 (s, 6H), 1.71 (s, 6H). ¹³C NMR (DMSO-d₆, 125 Hz): 167.85, 166.21, 150.76, 149.04, 148.66, 148.02, 145.25, 137.96, 136.66, 130.36, 129.53, 129.47, 127.50, 127.33, 127.16, 126.49, 125.49, 124.41, 116.41, 110.14, 25.42, 24.57. ESI-MS (CH₃CN): m/z 848.3 ($[M-2PF_6-H]^+$), 424.0 ($[M-2PF_6]^{2+}$).

In vitro cytotoxicity assay

MTT assay procedures were used [\[30](#page-17-15)]. Cells were placed in 96-well microassay culture plates $(8 \times 10^3 \text{ cells per well})$ and grown overnight at 37 °C in a 5% CO₂ incubator. The tested complex was dissolved in DMSO and then added to the wells to achieve final concentrations ranging from 10^{-6} to 10^{-4} M. Control wells were prepared by addition of culture medium

(100 µL). The plates were incubated at 37 \degree C in a 5% CO₂ incubator for 48 h. Upon completion of the incubation, stock MTT dye solution (20 µL, 5 mg mL⁻¹) was added to each well. After 4 h, buffer $(100 \mu L)$ containing dimethylformamide (50%) and sodium dodecyl sulfate (20%) was added to solubilize the MTT formazan. The optical density of each well was measured with a microplate spectrophotometer at a wavelength of 490 nm. The IC_{50} values were determined by plotting the percentage of viable cells versus concentration on a logarithmic graph and reading of the concentration at which 50% of cells remained viable relative to the control. Each experiment was repeated at least three times to obtain mean values.

Apoptosis assay by AO/EB staining method

SGC-7901 cells were seeded onto chamber slides in six-well plates at a density of 2×10^5 cells per well and incubated for 24 h. The cells were cultured in RPMI 1640 supplemented with 10% of fetal bovine serum (FBS) and incubated at 37 °C in 5% $CO₂$. The medium was removed and replaced with medium (final DMSO concentration, 0.05% v/v) containing the complexes $(6.25 \mu M)$ for 24 h. The medium was removed again, and the cells were washed with icecold phosphate buffer saline (PBS) and fixed with formalin (4%, w/v). Cell nuclei were counterstained with acridine orange (AO) and ethidium bromide (EB) (AO: 100 μ g mL⁻¹, EB: 100 μ g mL⁻¹) for 10 min. The cells were observed and imaged with a fuorescence microscope (Nikon, Yokohama, Japan) with excitation at 350 nm and emission at 460 nm.

Comet assay

DNA damage was investigated by means of comet assay. SGC-7901 cells in culture medium were incubated with 6.25 µM of complexes **1**–**4** for 24 h at 37 °C. The control cells were also incubated at the same time. The cells were harvested by a trypsinization process at 24 h. A total of 100 µL of 0.5% normal agarose in PBS was dropped gently onto a fully frosted microslide, covered immediately with a coverslip and then kept at 4 °C for 10 min. The coverslip was removed after the gel had set. 50 µL of the cell suspension (200 cells per μ L) was mixed with 50 μ L of 1% low melting agarose preserved at 37 °C. A total of 100 µL of this mixture was applied quickly on top of the gel, coated over the microslide, covered immediately with a coverslip and then kept at 4 °C for 10 min. The coverslip was again removed after the gel had set. A third coating of 50 µL of 0.5% low melting agarose was placed on the gel and allowed to set at 4 °C for 15 min. After solidifcation of the agarose, the coverslips were removed, and the slides were immersed in an ice-cold lysis solution (2.5 M NaCl, 100 mM EDTA, 10 mM Tris, 90 mM sodium sarcosinate, NaOH, pH 10, 1% Triton X-100 and 10% DMSO) and placed in a refrigerator at 4 °C for 2 h. All of the above operations were performed under low lighting conditions to avoid additional DNA damage. The slides, after removal from the lysis solution, were placed horizontally in an electrophoresis chamber. The reservoirs were filled with an electrophoresis buffer (300 mM NaOH, 1.2 mM EDTA) until the slides were just immersed in it, and the DNA was allowed to unwind for 30 min in electrophoresis solution. Then the electrophoresis was carried out at 25 V and 300 mA for 20 min. After electrophoresis, the slides were removed and washed thrice in a neutralization bufer (400 mM Tris, HCl, pH 7.5). Cells were stained with 20 μ L of EB (20 μ g mL⁻¹) in the dark for 20 min. The slides were washed in chilled distilled water for 10 min to neutralize the excess alkali, air-dried and scored for comets by fuorescence microscopy.

Location of the complexes at the lysosomes

SGC-7901 cells were placed in 12-well microassay culture plates $(4 \times 10^4 \text{ cells per well})$ and grown overnight at 37 °C in a 5% $CO₂$ incubator. 6.25 μ M of the complexes were added to the wells at 37 °C in a 5% CO_2 incubator for 6 h and further co-incubated with LysoTracker Green (150 nM) at 37 °C for 0.5 h. Upon completion of the incubation, the wells were washed three times with ice-cold PBS. After discarding the culture medium, the cells were imaged under a fuorescence microscope.

Detection of lysosome membrane permeabilization

SGC-7901 cells were placed in 12-well microassay culture plates $(4 \times 10^4 \text{ cells per well})$ and grown overnight at 37 °C in a 5% CO_2 incubator. 6.25 µM of the complex was added to the wells at 37 °C in a 5% CO₂ incubator for 24 h and further co-incubated with AO (1 μ g/mL) at 37 °C for 0.5 h. Upon completion of the incubation, the wells were washed three times with ice-cold PBS. After discarding the culture medium, the cells were imaged under a fuorescence microscope.

Location assay of the complex in the mitochondria

SGC-7901 cells were placed in 12-well microassay culture plates $(4 \times 10^4 \text{ cells per well})$ and grown overnight at 37 °C in a 5% CO₂ incubator. 6.25 μ M of the complex was added to the wells at 37 °C in a 5% CO_2 incubator for 12 h and further co-incubated with MitoTracker ® Deep Green FM (150 nM) at 37 °C for 0.5 h. Upon completion of the incubation, the wells were washed three times with ice-cold PBS. After discarding the culture medium, the cells were imaged under a fuorescence microscope.

Mitochondrial membrane potential assay

SGC-7901 cells were treated for 24 h with diferent concentrations of the complex in 12-well plates and were then washed three times with cold PBS. The cells were detached with trypsin–EDTA solution. The collected cells were incubated for 20 min with 1 μ g mL⁻¹ of JC-1 (5,5′,6,6′-tetrachloro-1,1′,3,3′-tetraethylimidacarbocyanine iodide) in culture medium at 37 °C. The cells were then immediately centrifuged to remove the supernatant. The cell pellets were suspended in PBS. The ratio of red/green fluorescence intensity was determined by flow cytometry.

Reactive oxygen species (ROS) detection

SGC-7901 cells were seeded into six-well plates (Costar, Corning Corp, New York) at a density of 2×10^5 cells per well and incubated for 24 h. The cells were cultured in RPMI 1640 medium supplemented with 10% FBS and incubated at 37 °C in 5% $CO₂$. The medium was removed and replaced with medium (fnal DMSO concentration, 0.05% v/v) containing diferent concentrations of the complex for 24 h. The medium was removed again. The fuorescent dye 2′,7′-dichlorodihydrofuorescein diacetate (DCHF-DA, 10 μ M) was added to the medium to cover the cells. The treated cells were then washed with cold PBS–EDTA twice and collected by trypsinization and centrifugation at 1500 rpm for 5 min, and the cell pellets were suspended in PBS-EDTA. The DCF fuorescence intensity was determined by flow cytometry.

Cell cycle arrest by fow cytometry

SGC-7901 cells were seeded into six-well plates (Costar, Corning Corp, New York) at a density of 2×10^5 cells per well and incubated for 24 h. The cells were cultured in RPMI 1640 medium supplemented with 10% FBS and incubated at 37 °C in 5% $CO₂$. The medium was removed and replaced with medium (final DMSO concentration, 0.05% v/v) containing the complex (12.5 µM). After incubation for 24 h, the cell layer was trypsinized and washed with cold PBS and fixed with 70% ethanol. 20 µL of RNAse (0.2 mg mL⁻¹) and 20 µL of propidium iodide (0.02 mg mL⁻¹) were added to the cell suspensions, which were then incubated at 37 °C for 30 min. Then the samples were analyzed with a FACSCalibur flow cytometer. The number of cells analyzed for each sample was 10 000 [\[31](#page-17-16)].

The percentage of apoptotic cells assay by fow cytometry

After chemical treatment, 1×10^6 SGC-7901 cells were harvested, washed with PBS, fxed with 70% ethanol and

finally maintained at 4° C for at least 12 h. The pellets were stained with a fuorescent probe solution containing 50 μg/ mL PI and 1 mg/mL Annexin V in PBS on ice in the dark for 15 min. The fuorescence emission was measured at 530 nm (excitation at 488 nm) with a FACSCalibur flow cytometer (Beckman Dickinson & Co., Franklin Lakes, NJ). A minimum of 10,000 cells were analyzed per sample.

Autophagy induced by the complexes

SGC-7901 cells were seeded onto chamber slides in 12-well plates and incubated for 24 h. The cells were cultured in RPMI 1640 medium supplemented with 10% FBS and incubated at 37 °C in 5% CO₂. The medium was removed and replaced with medium (fnal DMSO concentration, 0.05% v/v) containing diferent concentrations of the complex for 24 h. The medium was removed again, and the cells were washed with ice-cold PBS twice. Then the cells were stained with MDC (monodansylcadaverine) solution (50 µM) for 10 min and washed with PBS twice. The cells were observed and imaged under a fluorescence microscope. The effect of the complex on the expression of LC3 and beclin-1 proteins was assayed by Western blot.

Matrigel invasion assays

A BD Matrigel invasion chamber was used to investigate cell invasion according to the manufacturer's instructions. SGC-7901 cells (4×10^4) in serum-free medium containing diferent concentrations of the complex were seeded into the top chamber of the two-chamber Matrigel system. RPMI 1640 medium (20% FBS) was added into the lower chamber. The cells were allowed to invade for 24 h. After incubation, noninvading cells were removed from the upper surface and cells on the lower surface were fxed with 4% paraformaldehyde and stained with 0.1% crystal violet. The membranes were photographed, and the invading cells were counted under a light microscope. The mean values from three independent assays were calculated.

Measurement of intracellular Ca2+

SGC-7901 cells were seeded into chamber slides in 12-well plates and incubated for 24 h. The cells were cultured in RPMI 1640 medium supplemented with 10% FBS and incubated at 37 °C in 5% $CO₂$. The medium was removed and replaced with medium (fnal DMSO concentration, 0.05% v/v) containing 6.25 µM of the complexes for 24 h. The medium was removed again, and the cells were washed with PBS twice. Then the cells were stained with Fluo-3AM (Molecular Probes, Eugene, OR) (2.5 µM) for 30 min and washed with PBS twice. After this, the cells were stained with Hoechst (10 μ g mL⁻¹) for 30 min and washed with PBS twice. The cells were imaged and analyzed under the Molecular Devices.

Release of cytochrome c

SGC-7901 cells were seeded onto chamber slides in 12-well plates and incubated for 24 h. The cells were cultured in RPMI 1640 medium supplemented with 10% FBS and incubated at 37 °C in 5% $CO₂$. The medium was removed and replaced with medium (fnal DMSO concentration, 0.05% v/v) containing 6.25 µM of the complexes for 24 h. The medium was removed again, and the cells were washed with PBS twice. Then cells were fixed with stationary liquid overnight at 4 °C. Then the cells were incubated with confning liquid for 1 h and washed with PBST for three times. Next, the cells were incubated with primary antibody of human cytochrome c for 24 h. After washing, incubation with fuorescein-conjugated anti-rabbit secondary antibody and mounting were done with paramounting media containing DAPI, scored and analyzed under the Molecular Devices.

Expression of caspases and Bcl‑2 family proteins

SGC-7901 cells were seeded into 3.5-cm dishes for 24 h and incubated with 12.5 µM of the complex in the presence of 10% FBS. The cells were harvested in lysis bufer. After sonication, the samples were centrifuged for 20 min at 13 000 g. The protein concentration of the supernatant was determined by BCA (bicinchoninic acid) assay. Sodium dodecyl sulfate–polyacrylamide gel electrophoresis was performed by loading equal amounts of protein per lane. The gels were then transferred to poly(vinylidene difuoride) membranes (Millipore) and blocked with 5% nonfat milk in TBST (20 mM Tris-HCl, 150 mM NaCl, 0.05% Tween 20, pH 8.0) buffer for 1 h. Then the membranes were incubated with primary antibodies at 1:5000 dilutions in 5% nonfat milk overnight at 4 °C and washed four times with TBST for a total of 30 min. After this, the membranes were incubated with secondary antibodies conjugated with horseradish peroxidase at 1:5000 dilution for 1 h at room temperature and then washed four times with TBST. The blots were visualized using Amersham ECL Plus Western blotting detection reagents according to the manufacturer's instructions. To assess the presence of comparable amounts of protein in each lane, the membranes were stripped fnally to detect the β-actin. The gray values were calculated using BANDSCAN.

Data analysis

All data are expressed as mean \pm SD. Statistical significance was evaluated using *t* tests. Diferences were considered to be signifcant when the **P* value was less than 0.05.

Results and discussion

Synthesis and characterization

The synthesis of the proligand and its complexes is shown in Scheme [1](#page-1-0). The proligand nfp was prepared through condensation of 1,10-phenanthroline-5,6-dione with 5-nitrofuran-2-carbaldehyde according to the literature [\[27\]](#page-17-12). The corresponding ruthenium(II) mixed-ligand complexes were synthesized by direct reaction of nfp with the appropriate precursor complexes in ethylene glycol. The desired ruthenium(II) complexes were isolated as the hexafuorophosphate and purifed by column chromatography. The UV–Vis and luminescence spectra of the complexes **1**–**5** are shown in Fig. S1 (supporting information). The UV–Vis spectra (a) of the five Ru(II) complexes are characterized by intense $\pi-\pi^*$ ligand transitions in the UV and metal-to ligand charge transfer (MLCT) transition in the visible region. The absorption spectra of complexes **1**–**5** mainly consist of two well-resolved bands in the range 200–600 nm. The lowest energy band at 475 nm for **1**, 465 nm for **2**, 474 nm for **3**, 464 nm for **4** and 477 nm for **5** is assigned to the metalto-ligand charge transfer (MLCT) transition, and the highenergy bands below 300 nm are attributed to intraligand (IL) $p-p^*$ transitions. The complexes $1-4$ are luminescent at room temperature (b), with a maximum appearing at 623 nm for **1**, 600 nm for **2**, 608 nm for **3** and 617 nm for **4**, respectively, whereas complex **5** is not luminescent at room temperature. In the ESI–MS spectra for the complexes, all of the expected signals $[M-PF_6]^+$, $[M-2PF_6-H]^+$ and $[M-2PF_6]^2^+$ were observed. The measured molecular weights were consistent with the expected values. In the IR spectra of the complexes, the peaks at 3424 cm−1 for **1**, 3434 cm−1 for **3**, 3386 cm−1 for **4** and 3411 cm−1 for **5** are assigned to the stretch vibration of the NO₂ group. In the ¹³C NMR spectra for the complexes (Fig. S2, supporting information), the peaks of 20.79 and 20.72 for **1**, 35.57, 35.44, 30.15 and 30.03 for **3**, 25.42 and 24.57 for **5** are attributed to the characteristic of $-CH₃$ group.

In vitro cytotoxicity

In order to study the antitumor potential of the complexes **1**–**5**, the inhibition of cell growth in Eca-109, HepG2, A549, HeLa, SGC-7901 and normal LO2 was detected by MTT assays. Cisplatin was used as a positive control. The IC_{50} values of the tested compounds are shown in Table [1.](#page-6-0) Surprisingly, complexes **2**–**5** have no cytotoxic efect on the cell growth of normal LO2, but cisplatin has a strong toxicity to normal cells $(9.2 \pm 1.4 \mu M)$. Complexes 1–4 show no cytotoxicity toward HepG2 and A549 cells, and complex **5** displays no cytotoxic effect on the cell growth in SGC-7901,

Table 1 IC_{50} values of the complexes against selected cancer cells

| Complexes | SGC-7901 | $Eca-109$ | HepG2 | A549 | HeLa | LO2 |
|-------------------------|--------------|--------------|--------------|--------------|--------------|--------------|
| | $12.4 + 1.4$ | $74.1 + 5.5$ | >200 | >200 | >200 | $69.2 + 4.4$ |
| $\mathbf{2}$ | $6.7 + 1.6$ | >200 | >200 | >200 | >200 | >200 |
| 3 | $1.3 + 0.5$ | >200 | >200 | >200 | >200 | >200 |
| $\overline{\mathbf{4}}$ | $1.1 + 0.4$ | >200 | >200 | >200 | $23.1 + 2.8$ | >200 |
| 5 | >200 | > 200 | > 200 | $18.3 + 2.4$ | $2.1 + 0.6$ | >200 |
| Cisplatin | $3.8 + 0.5$ | | $11.9 + 1.5$ | $7.7 + 1.3$ | $7.0 + 1.0$ | $9.1 + 1.4$ |

Eca-109 and HepG2 cells. Comparing the IC_{50} values, complexes **3** and **4** show higher anticancer activity against SGC-7901 than cisplatin, and complex **5** displays higher cytotoxic efect toward HeLa cells than cisplatin under the same conditions. These results demonstrate that complexes **1**–**4** signifcantly inhibit the cell growth in human gastric cancer SGC-7901 cells in a dose-dependent manner. Because complex **5** has no cytotoxic activity against SGC-7901, in the following experiments, complexes **1**–**4** were used to detect the anticancer activity against SGC-7901 cells.

Measurement of DNA damage by comet assay

DNA fragmentation is a characteristic of apoptosis and mitosis mutations $[32]$ $[32]$. In order to evaluate the effect of the complexes on DNA damage, the DNA damage was detected using single cell gel electrophoresis (comet assay). As shown in Fig. [1,](#page-6-1) the cell nuclei in control (a) appear round. After the treatment of SGC-7901 cells with 6.25 μM of complexes **1** (b), **2** (c), **3** (d) and **4** (e) for 24 h, complexes **1**–**4** cause a marked increase in comet tail lengths compared with those of the control, which confrms their ability to cleave cellular DNA, providing further evidence of apoptosis.

AO/EB staining for apoptotic cells

Apoptosis is usually considered a unique pattern of genecontrolled cell autonomously ordered death [[33\]](#page-17-18). In general, apoptotic cells can undergo morphological changes such as cell shrinkage, nuclear condensation, DNA fragmentation and formation of apoptotic bodies. The DNA damage demonstrates that the complexes can cause apoptosis. In order to further observe the apoptotic efect induced by the complexes, the apoptotic assay was performed by acridine orange (AO) and ethidium bromide (EB) staining method. It is well known that AO permeates the intact cells and stains the nuclei green, whereas EB penetrates only membrane disintegrated cells and stains the nucleus red. It can be observed from Fig. [2](#page-7-0)A that the cells in the control (a) were stained green and maintained intact cell morphology. When the SGC-7901 cells were incubated with 6.25 μ M complexes **1** (b), **2** (c), **3** (d) and **4** (e) for 24 h, the morphology of the cells obviously changed, and the cells are shrunk and rounded. Therefore, complexes **1**–**4** can induce apoptosis in SGC-7901 cells. To compare the apoptotic efficiency of the complexes against SGC-7901 cells, the apoptotic percentage in the cells was determined by flow cytometry. As shown in Fig. [2B](#page-7-0), the early apoptotic percentage (Q3) in the control group (a) is 0.94%. After treatment of SGC-7901 cells with 6.25 μ M of the complexes for 24 h, the percentages of early apoptotic SGC-7901 cells were 5.89% for complex **1** (b), 3.36% for complex **2** (c), 5.93% for complex **3** (d) and 8.26% for complex **4** (e), respectively. The apoptotic effect follows the order of $4 > 3 > 1 > 2$. Complex 4 shows the highest apoptotic efficiency among the four complexes. The results indicate that complexes can efectively induce apoptosis in SGC-7901 cells.

Location of the complexes in the lysosomes and lysosome membrane permeability studies

Lysosomes are involved in cell death and cell signaling [[34\]](#page-17-19). In order to evaluate whether the complexes act on lysosomes, LysoTracker Green as a fuorescent probe was used

Fig. 1 Comet assays of SGC-7901 cells (**a**) exposure to 6.25 µM of complexes **1** (**b**), **2** (**c**), **3** (**d**) and **4** (**e**) for 24 h

Fig. 2 Apoptosis was assayed with AO/EB (**A**) and Annex V/PI (**B**) staining SGC-7901 cell (a) induced by 6.25 µM of complexes **1** (b), **2** (c), **3** (d) and **4** (e) for 24 h

to detect the colocalization of the complexes in intercellular lysosomes. As shown in Fig. [3](#page-8-0)A, the lysosomes stained with LysoTracker Green show bright green. After SGC-7901 cells were exposed to 6.25 µM of complexes **1**–**4** for 6 h, the Ru(II) complexes **1**–**4** emit red fuorescence. The merge displays yellow which suggests the complete overlap of the red and green, indicating that the complexes locate at the intercellular lysosomes. The lysosomes contain many different acid hydrolases. The change of lysosome membrane permeabilization (LMP) can release the lysosomal constituents, which further trigger cell death. LMP was assessed by the AO relocation method. AO is weakly alkaline and can accumulate in acidic lysosomal compartments. AO is also a metachromatic fuorescent dye; it exhibits red fuorescence at high concentrations at acidic pH (in intact lysosomes), but green fuorescence at low concentrations (when lysosomal contents difuse into the cytosol) [[35\]](#page-17-20). As shown in Fig. [3](#page-8-0)B, a number of obvious red fuorescent points were observed in the control (a). After SGC-7901 cells were exposed to 6.25 µM of complexes **1**–**4** (b–e) for 24 h, the red fuorescence decreased significantly. Thus, the complexes can induce lysosomal membrane permeabilization.

Studies of the location of complexes in the mitochondria

Mitochondria are potential sources of ROS produced by cells [\[36](#page-17-21)]. Mitochondrial changes, including the loss of mitochondrial membrane potential, are key events that occur during drug-induced apoptosis [[37](#page-17-22)]. Therefore, we conducted a

Fig. 3 A Location assay of **1**–**4** in the lysosomes after SGC-7901 cells were exposed to $6.25 \mu M$ of the complexes for 6 h and the cells were stained with LysoTracker Green. **B** The permeability of

lysosomes induced by 6.25 µM of the complexes treated with SGC-7901 cells for 24 h and the cells were stained with AO. (Color fgure online)

series of experiments to explore the location of the complexes in the mitochondria and the changes of mitochondrial membrane potential. The studies of the complexes on the location of lysosomes illustrate that the complexes locate at the lysosomes during the treatment of SGC-7901 cells with the complexes for 6 h. In the meantime, we also evaluated the location of the complexes at the mitochondria. As shown in Fig. [4A](#page-9-0), the mitochondria were stained green, the complexes emit weak red fuorescence, which indicates that only small amounts of the complexes enter into the mitochondria. However, after SGC-7901 cells were treated with 6.25 µM of the complexes for 8 h (Fig. [4](#page-9-0)B), the green (mitochondria) and red (the complexes) can overlap, indicating that the complexes enter into the mitochondria. Thus, we infer that the complexes enter into the lysosomes and cause lysosomal membrane permeability; then, the complexes enter into the mitochondria.

The changes of mitochondrial membrane potential

JC-1 was used to detect the changes of mitochondrial membrane potential. It is well known that JC-1 accumulates in healthy mitochondria to form red fuorescent aggregates. After depolarization, the aggregates decompose and lose red fuorescence, and the green fuorescence of JC-1 monomer is dominant. As shown in Fig. [4](#page-9-0)C, in the control (a), JC-1 emits red fuorescence corresponding to high mitochondrial membrane potential. After SGC-7901 cells were incubated with cccp (b, positive control) and 6.25 μ M of complexes **1** (c), **2** (d), **3** (e) and **4** (f) for 24 h, JC-1 emits bright green fuorescence, which corresponds to low mitochondrial membrane potential. The changes from red fuorescence to green fuorescence indicate a decrease in mitochondrial membrane potential. To further study the extent of changes of mitochondrial membrane potential induced by complexes **1**–**4**, the ratio of the red/green fuorescent intensity was deter-mined by flow cytometry. As shown in Fig. [4D](#page-9-0), the red/ green ratio of the control group (a) is 3.19. When SGC-7901 cells were exposed to 6.25 µM of complexes **1**–**4** for 24 h, the ratios of red/green fuorescence were 2.07, 2.11, 1.79 and 1.73, respectively. The decrease in the ratio of red/green fuorescence demonstrates that the complexes induce a reduction of mitochondrial membrane potential. To evaluate the efect of ROS on the changes of mitochondrial membrane potential, the ratio of red/green fuorescent intensity was also studied. In the presence of NAC (NAC can inhibit to produce ROS), the ratios of red/green are 2.45 for **1**+NAC) and 2.05 for **4**+NAC, respectively. Obviously, in the presence of NAC, complexes **1** and **4** induce less decrease in the mitochondrial membrane potential. These results indicate that the complexes can induce a decrease in the mitochondrial membrane potential, and high ROS levels can induce larger changes of the mitochondrial membrane potential than those of low ROS levels.

Detection of intracellular reactive oxygen species, superoxide anion radical and nitric oxide

ROS plays an important role in the nosogenesis of various human diseases [\[38\]](#page-17-23), and apoptosis can be caused by

Fig. 4 Location assay of the complexes in the mitochondria after SGC-7901 cells were incubated with 6.25 μ M of the complexes for 6 (**A**) and 8 h (**B**). **C** The mitochondrial membrane potential was determined under fuorescent microscope after SGC-7901 cells (a) were treated with complexes **1** (b), **2** (c), **3** (d) and **4** (e) for 24 h. **D**

The ratio of red/green fluorescence intensity was determined by flow cytometry, while SGC-7901 cells were treated with $6.25 \mu M$ complexes $1-4$ in the presence or absence of NAC for 24 h. $*P < 0.05$ represents signifcant diferences compared with control

increasing intracellular ROS levels [\[39\]](#page-17-24). In the assay of intracellular ROS levels, 2′,7′-dichlorodihydrofuorescein diacetate (DCFH–DA) dye was used as a fuorescent probe. DCFH-DA is nonfluorescent and can be hydrolyzed by intracellular enzymes to produce DCFH. In the presence of ROS, this dye is changed into a highly fuorescent compound (2′,7′-dichlorofuorescein, DCF). As shown in Fig. [5](#page-10-0)A, no obvious fuorescent points are observed in the control group (a). After SGC-7901 cells were exposed to Rosup (b, positive control) and $6.25 \mu M$ of complexes 1 (c), 2 (d), 3 (e) and **4** (f) for 24 h, bright green fuorescent points are found. The fndings show that the complexes can enhance intracellular ROS levels. In order to further compare the effect of the complexes on intracellular ROS, ROS levels were measured by flow cytometry. As shown in Fig. [5B](#page-10-0), after the treatment of SGC-7901 with 6.25 µM complexes **1** (b), **1**+NAC (c), **2** (d), **3** (e), **4** (f) and **4**+NAC (g) for 24 h, the fuorescent intensities of DCF increased by 2.46, 1.75, 1.85, 3.67, 5.26 and 4.20 times than those in the control (a), respectively. Complex **4** has the strongest ability to increase intracellular ROS levels. Furthermore, NAC inhibits production of ROS. In addition, the relationship between NAC and cell viability was also investigated. As shown in Fig. S1 (supporting information), in the presence of NAC, the cell viability increases compared to those in the absence of NAC for complexes

Fig. 5 A The intracellular ROS levels were assayed after SGC-7901 cells (a) were exposed to Rosup (b, positive control) and 6.25 µM of complexes **1** (c), **2** (d), **3** (e) and **4** (f) for 24 h. **B** DCF fuorescent intensity was determined by flow cytometry after SGC-7901 cells (a) were treated by $6.25 \mu M$ of complexes 1 (b), $1 + NAC$ (c), 2 (d), 3 (e) and **4** (f), **4**+NAC (g) for 24 h. **C** The intracellular superoxide anion levels were assayed after SGC-7901 cells (a) were exposed to 6.25 µM of complexes **1** (b), **2** (c), **3** (d) and **4** (e) for 24 h. **D** DHE

fuorescent intensity was determined after SGC-7901 cells (a) were treated by 3.13 and 6.25 µM of complexes **1**–**4** for 24 h. **E** The intracellular NO levels were assayed after SGC-7901 cells (a) were exposed to 6.25 µM of complexes **1** (b), **2** (c), **3** (d) and **4** (e) for 24 h. **F** DAF-FMDA fuorescent intensity was determined after SGC-7901 cells were treated by 3.13 and 6.25 µM of complexes **1**–**4** for 24 h. **P*<0.05 represents signifcant diferences compared with control

1–**4**. The data suggest that ROS levels induce a decrease in cell viability.

ROS consists of many primary reactive oxygen species, including superoxide anion (O_2^-) , hydrogen peroxide

 (H_2O_2) and singlet oxygen (¹O₂), hydroxyl radical (·OH) and NO [[40–](#page-17-25)[43\]](#page-17-26). Superoxide anion plays an important role in tumor cell damage. In the assay of reactive oxygen species, we found that the intracellular ROS levels increased

 120.9

40.2 ě

30.4

signifcantly. In order to further explore whether the levels of intracellular superoxide anion change, we used DHE as a fuorescent probe. DHE is nonfuorescent and can be oxidized by ROS to ethidium, which intercalates with DNA

D 140

120

100 80

60

40

and stains nuclei bright red fluorescence. As shown in Fig. [5C](#page-10-0), comparing with the control (a), the treatment of SGC-7901 cells with complexes **1** (b), **2** (c), **3** (d) and **4** (e) led to a signifcant increase in the red fuorescent points. The

56.6

Fig. 6 A Intracellular Ca^{2+} levels were assayed after SGC-7901 cells (a) were exposed to 6.25 µM of complexes **1** (b), **2** (c), **3** (d) and **4** (e) for 24 h. **B** The integrated fuorescent intensity/cell was determined

after SGC-7901 cells were treated with diferent concentration of complexes **1**–**4** for 24 h. **P*<0.05 represents signifcant diferences compared with control

corresponding red fuorescence intensity was determined and is shown in Fig. [5](#page-10-0)D; the complexes **1**–**4** can enhance the DHE red fluorescence intensity in a concentrationdependent manner. Nitric oxide can induce apoptosis and necrosis [\[44\]](#page-17-27), and NO can react rapidly with superoxide radicals to form peroxynitrite [[45\]](#page-17-28). The intracellular NO levels were assayed using DAF-FM DA as a fuorescent probe. As shown in Fig. [5E](#page-10-0), after the treatment of SGC-7901 cells with 6.25 µM of complexes **1** (b), **2** (c), **3** (d) and **4** (e) for 24 h, more bright green fuorescent points were observed compared with the control (a), which indicates that the content of nitric oxide is increased. The fuorescent intensity of DAF-FM DA is proportional to the nitric oxide levels. As shown in Fig. [5](#page-10-0)F, exposure of SGC-7901 cell to 3.13 and 6.25 µM of complexes **1**–**4** led to an increase in DAF-FM DA fuorescence intensity of 1.80 and 5.27 times for **1**, 1.67 and 28.24 times for **2**, 7.82 and 20.08 times for **3**, 7.24 and 56.76 times for **4** than that of control, respectively. The increase in DAF-FM DA fuorescence intensity demonstrates that the complexes can increase the nitric oxide levels with a dose-dependent manner.

Detection of intracellular Ca2+ level

The mitochondria can store Ca^{2+} , but Ca^{2+} will overload under conditions of oxidative stress [[46–](#page-18-0)[48\]](#page-18-1). Increased intracellular Ca^{2+} concentration may be associated with apoptosis [\[49\]](#page-18-2). The intracellular Ca^{2+} concentration was measured by Molecular Devices using Fluo-3AM as fuorescent probe. Fluo-3AM combines with Ca^{2+} to be transferred into green fluorescent Fluo-3. The intracellular Ca^{2+} level in SGC-7901 cells induced by the complexes was determined under ImageXpress Micro XLS system and Multi Wavelength Cell Scoring module. As shown in Fig. [6](#page-12-0)A, in the control (a), weak green fuorescent points were found. After SGC-7901 cells were treated with 6.25 µM of complexes **1** (b), **2** (c), **3** (d) and **4** (e) for 24 h, bright green fuorescent points were observed, which indicated that the complexes can increase intracellular Ca^{2+} levels. The Flu-3 green fluorescence intensity is shown in Fig. [6B](#page-12-0), SGC-7901 cells were exposed to diferent concentrations of complexes **1**–**4**, and the Flu-3 green fuorescent intensity increased compared with the control. This further confrms that the complexes can enhance the intracellular Ca^{2+} levels.

Detection of the release of cytochrome c from mitochondria

The release of cytochrome c (cyt-c) from the mitochondria into the cytosol of the cancer cells is the key event in the final steps leading to apoptosis $[50, 51]$ $[50, 51]$ $[50, 51]$. To investigate whether the complexes can release cytochrome c, the release of cytochrome c was examined by immunofuorescence

Fig. 7 a The release of cyt-c was examined after SGC-7901 cells were exposed to 12.5 µM of the complexes **1**–**4** for 24 h. **b** The integrated fuorescent intensity/cell was determined after difer-

Fig. 8 The cell cycle distribution of SGC-7901 cells exposure to 12.5 µM of the complexes for 24 h

after treating the SGC-7901 cells with the complexes. As shown in Fig. [7A](#page-13-0), after treatment of the SGC-7901 cells with 6.25 µM complexes **1**–**4** for 24 h, a number of green fuorescence was observed, which indicates that the complexes induce a release of cytochrome c from the mitochondria into the cytosol of the cytoplasm of SGC-7901 cells. However, no fuorescence of cytochrome c was found in the control cells. To quantitatively compare the efficiency of the

ent concentration of the complexes treated SGC-7901 cells for 24 h. **P*<0.05 represents signifcant diferences compared with control

complexes **1**–**4** on the release of cytochrome c, the integrated green fuorescent intensity/cell was determined. As shown in Fig. [7](#page-13-0)B, exposure of SGC-7901 cells to 3.13 or 6.25 µM of complexes **1** (red), **2** (green), **3** (yellow) and **4** (blue) led to an increase in fuorescent intensity of cytochrome c compared with the control. Moreover, the green fuorescent intensity increases with the increase in concentration of the complexes. These data show that the complexes can release cytochrome c in a concentration-dependent manner.

Cell cycle arrest studies

The comet assay shows that the complexes can induce DNA damage, and the DNA damage causes the DNA damage pathway to be activated, leading to cell cycle arrest [[52](#page-18-5)]. Inhibition of cancer cell proliferation by cytotoxic drugs could be the result of induction of apoptosis or cell cycle arrest, or a combination of these. The efect of the complexes on cell cycle progression of SGC-7901 cells was examined by flow cytometry. As shown in Fig. [8,](#page-13-1) in the control, the percentage of cells in the G0/G1 phase is 50.40%. After the treatment of SGC-7901 cells with 12.5 μM of complexes **2**–**4** for 24 h, cell cycle distribution analysis reveals that the percentage of cells in the G0/ G1 phase is 56.55%, 54.40%, 57.35%, respectively. An increase in the percentage in the cell at G0/G1 phase of

Fig. 9 A Autophagy was assayed after SGC-7901 cells (a) were treated with 6.25 µM of complexes **1** (b), **2** (c), **3** (d) and **4** (e) for 24 h. **B** The expression of Beclin-1 and LC3 was studied induced by 6.25 µM of complexes **1**–**4**

Fig. 10 A Microscope images of invading SGC-7901 cells (a) that have migrated through the Matrigel induced by 6.25 µM of complexes **1** (b), **2** (c), **3** (d) and **4** (e) for 24 h. **B** The inhibiting percent-

age of SGC-7901 cells invasion induced by 6.25 for 24 h. **P*<0.05 represents signifcant diferences compared with control

6.15% for **2**, 4.00% for **3** and 6.95% for **4** was observed, which was accompanied by the corresponding reduction in the S phase. Thus, complexes **2**–**4** induce cell cycle arrest at G0/G1 phase. However, treatment with SGC-7901 cells with 12.5 µM of complex **1** resulted in an increase of 6.37% in the percentage of S phase, indicating that the complex **1** induced cell cycle arrest at S phase. The results reveal that complexes **1**–**4** inhibit the cell proliferation in SGC-7901 cells at G0/G1 or S phase.

Autophagy studies

Autophagy is a lysosomal degradation pathway, and it is essential for homeostasis under normal conditions [\[53](#page-18-6)]. Autophagy plays a key role in tissue homeostasis, development and cell death [[54\]](#page-18-7). In order to investigate the autophagic efect of the complexes on SGC-7901 cells, the cells were treated with complexes **1**–**4** for 24 h, and then the cells were stained with monodansylcadaverine (MDC). It is well known that MDC is a marker for autophagic vacuoles [[55\]](#page-18-8). As shown in Fig. [9A](#page-14-0), in the control (a), no obvious green fuorescent points were observed. After SGC-7901 cells were incubated with 6.25 μ M of complexes **1** (b), **2** (c), **3** (d) and **4** (e) for 24 h, a number of bright green fuorescent points were observed, which indicates that the complexes induce autophagy with the formation of autophagic vacuoles. In order to further confrm that the complexes can induce autophagy, some autophagy-related proteins were detected. One of the hallmarks of autophagy is the conversion of the soluble form of LC3 (LC3-I) to the lipidated and autophagosomeassociated form (LC3-II) [[56](#page-18-9)]. Beclin-1 is essential for the formation of autophagosomes. As shown in Fig. [9B](#page-14-0), after SGC-7901 cells were treated with 6.25 µM of the complexes for 24 h, the protein expression of Beclin-1 and the LC3-II/LC3-I ratio was increased compared with the control. The results confrm that the complexes can induce autophagy in SGC-7901 cells.

Complexes inhibit invasion of SGC‑7901 cells

To investigate the efect of the complexes on cell invasion, a transwell chamber assay was performed. As shown in Fig. [10A](#page-14-1), in the control (a), SGC-7901 cells can freely move across the Matrigel toward the lower chamber of the transwell plate. On treatment of SGC-7901 cells with 6.25 µM of complexes **1** (b), **2** (c), **3** (d) and **4** (e) for 24 h, the extent of cell invasion decreases. The inhibiting percentage of cell invasion was also calculated. As shown in Fig. [10B](#page-14-1), SGC-7901 cells were treated with 6.25 µM of complexes **1**–**4** for 24 h, and the percentage of inhibiting the cell invasion reaches 40.5%, 36.8%, 72.5% and

Fig. 11 A The expression of PARP, caspase-3 and Bcl-2 family proteins after SGC-7901 cells were exposed to 12.5 µM of the complexes **1**–**4** for 24 h. **B** Activation of caspase-3 was assayed after SGC-7901 cells were treated with 12.5 µM of complexes **1**–**4** for 24 h

80.6%, respectively. The inhibition of cell invasion follows the order of $4 > 3 > 1 > 2$. Complex 4 displays the highest inhibiting efficiency among the four complexes. Taken together, these results demonstrate that the complexes can efectively inhibit the cell invasion in SGC-7901 cells.

Activation of caspase‑3 and expression of Bcl‑2 family proteins

PARP cleavage is a hallmark of apoptosis. PARP plays an important role in biological processes, such as transcription and cell cycle regulation, response to DNA damage, apoptosis and maintenance of genome integrity [\[57\]](#page-18-10). The

Fig. 12 Expression of PI3K, AKT, P-AKT and mTOR induced by 12.5 µM of the complexes for 24 h

caspase family is closely related to the cell apoptosis via the mitochondrial pathway [[58](#page-18-11)]. And Caspase-3 activation is critical in the process of apoptosis [[59\]](#page-18-12). As shown in Fig. [11](#page-15-0)A, the cleavage of PARP was observed after SGC-7901 cells were exposed to 12.5 µM of the complexes. In addition, the expression of caspase-3, proapoptotic proteins Bad, Bak and Bax was up-regulated, whereas the expression of antiapoptotic protein Bcl-2 was downregulated. The stimulation of executioner caspases 3 was evaluated using fuorogenic inhibitor FLICA FAM-DEVD-FMK. FITC-DEVD-FMK is cell permeable, nontoxic

Fig. 13 The molecular mechanism of the complexes inducing apoptosis in SGC-7901 cells

and irreversibly binds to activated caspase-3 in apoptotic cells. The FITC label allows for direction of activated caspases in apoptotic cells by flow cytometry. As shown in Fig. [11B](#page-15-0), incubation of SGC-7901 cells with 12.5 µM of complexes **1**–**4** for 24 h led to an increase of 1.95 times for **1**, 1.92 times for **2**, 2.22 times for **3** and 2.07 times for **4** in the number of caspase-3-activated cells in comparison to the control, respectively. Furthermore, the complexes activate caspase-3 in a concentration-dependent manner.

Apoptotic mechanism studies

The PI3K/Akt signaling pathway is composed of a number of signal transduction molecules, including mechanistic targets of rapamycin (mTOR), phosphatase and tensin homolog (PTEN), AMP-activated protein kinase α (AMPKα), pyruvate dehydrogenase kinase-1 (PDK-1), 90 kDa ribosomal S6 kinase-1 (RSK1), eukaryotic translation initiation factor 4E-binding protein-1 (4E-BP1), glycogen synthase kinase-3α/β (GSK-3α/β), S6 ribosomal proteins, extracellular signal-regulated kinases (ERK-1/2), Bcl-2-associated death promoter (Bad) and protein 53 (p53) [[60](#page-18-13)]. The evidence indicates that the PI3K/Akt pathway has a prominent role in multiple physiological and pathological processes, such as the cell cycle and apoptosis [[61](#page-18-14)]. AKT is a downstream target of PI3K which regulates cellular survival, cell proliferation and protein synthesis in response to various extracellular stimuli [[62](#page-18-15)]. The immunoblot was used to study the PI3K/Akt/ mTOR signaling pathway. As shown in Fig. [12](#page-16-0), with the exposure of SGC-7901 cells to 12.5 µM of complexes **1**–**4** for 24 h, the level of P-AKT was significantly decreased,

whereas the expression levels of mTOR and P-mTOR were up-regulated. These data indicate that the complexes **1**–**4** mediate the apoptosis and autophagy through inhibition of PI3K/AKT/mTOR signaling pathway.

Conclusions

Five new Ru(II) polypyridyl complexes **1**–**5** were synthesized and characterized. The complexes show high anticancer activity in vitro against SGC-7901 cells. Among the complexes, complexes **3** and **4** reveal higher cytotoxicity in vitro toward SGC-7901 cells than cisplatin under the same conditions. The apoptotic assays show that the complexes can induce apoptosis in SGC-7901 cells. The complexes **1**–**4** locate at the lysosome and cause lysosome membrane permeabilization after SGC-7901 cells were treated with the complexes for 6 h. However, after the incubation of SGC-7901 cells with the complexes for 8 h, the complexes enter into the mitochondria and can induce a decrease in mitochondrial membrane potential. Additionally, the complexes can increase intracellular ROS and Ca^{2+} levels and induce a release of cytochrome c. The Western blot suggests that the complexes activate caspase 3, cleave PARP, down-regulate the expression of Bcl-2 protein and up-regulate the expression of Bad, Bak and Bax proteins. In summary, the complexes induce apoptosis through the following three pathways (Fig. [13](#page-16-1)): (1) ROS-mediated lysosome–mitochondria dysfunction pathway; (2) inhibition of PI3K/AKT/mTOR pathway; and (3) Damage of DNA and inhibition of the cell growth at G0/G1 or S phase pathway.

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