



Influence of salicylic acid and L-phenylalanine on the accumulation of anthraquinone and phenolic compounds in adventitious root cultures of madder (*Rubia tinctorum* L.)

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Abstract

Madder (*Rubia tinctorum* L.) is a perennial plant that its roots and rhizomes have rich anthraquinone (AQ) derivatives including alizarin and purpurin. This study was carried out to determine the effects of salicylic acid (SA) and L-phenylalanine (L-Phe) applications on the root growth parameters and secondary metabolite accumulation in madder adventitious roots derived from internode parts without needing to be collected from nature. For this aim, two different L-Phe (50 and 100 μM) and SA (20 and 40 μM) were added separately and together to the liquid Murashige and Skoog (MS) medium cultured adventitious roots for 7 days. Then roots were evaluated in terms of fresh root weight, root growth index, dry root weight, and contents of total AQ, alizarin, purpurin, total phenolic contents (TPC), and some important phenolic compounds. According to the results, L-Phe stimulated the root growth of madder while the effects of SA on root growth parameters varied depending upon its concentrations. L-Phe had no significant influence on the total AQ, alizarin, and purpurin. Conversely, SA increased the AQs, and 20 μM SA was the most suitable application providing the greatest total AQ, alizarin, and purpurin. TPC and individual phenolic compounds changed according to the applications. Not only L-Phe but also SA had positive effects on the phenolic accumulation in adventitious roots. It was determined that the combinations of 40 μM SA and 100 μM L-Phe were the most effective applications in terms of phenolic accumulation.

Key message

Madder is a plant whose popularity has increased in food, cosmetics, pharmacy and recently medicine. This research was designed in order to produce high amounts of important secondary metabolites in adventitious root cultures of madder without the need to collect plants from nature. In this study, it has been shown that L-phenylalanine and salicylic acid applied to adventitious roots remarkably increase the production of anthraquinones and phenolics when used in appropriate concentrations and combinations.

Keywords *Rubia tinctorum* · Root culture · Salicylic acid · L-phenylalanine · Anthraquinone · Phenolic compounds

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Abbreviations

AQ	Anthraquinone
SA	Salicylic acid
L-Phe	L-Phenylalanine
IAA	3-Indole acetic acid
DW	Dry weight
TPC	Total phenolic content

Introduction

Madder (*Rubia tinctorum* L.) is an important dye plant due to rich in anthraquinones (AQs) such as lucidine, lucidine ethyl ether, lucidine glucoside, ruberitric acid, alizarin,

pseudopurpurin, mycinin, xanthopurpurin, purpurin, quinacrine, 2-hydroxymethyl anthraquinone, anthraquinone, 1,8-dihydroxyanthroquinone, 2,6-dihydroxyanthroquinone in its roots and rhizomes (Derksen and Vanbeek 2002). Madder had lost its importance with the discovery of inexpensive synthetic dyes, but once the harmful effects of synthetic dyes to human health and the environment were understood, it has regained importance (Angelini et al. 1997). Besides being used as a textile dye, madder has become an important source of food dye due to its resistance both to heat and light (Kinnosuko et al. 1991). Apart from dyeing properties, the understanding of the pharmaceutical efficacy of AQs isolated from madder led to the usage of them for medicinal purposes. Some of the known medical activities of AQs can be listed as; anticancer (Lajkó et al. 2015), antimutagenic (Kawasaki et al. 1992), expelling kidney stones (Westendorf et al. 1990), antimicrobial and antioxidants (Kalyoncu et al. 2006).

Majority of the plant secondary metabolites are derived from plants collected from nature in order to meet industrial demand. Collecting plants from nature causes the number of plants to decrease dramatically and their generation to be endangered (Gaudeul and Till-Bottraud 2004). Valuable metabolites of madder are found in its roots, so collecting plants together with their roots causes their generation to face the threat of extinction (El Houssine Bouiamrine et al. 2017). Moreover, there are also important differences in the quantity and quality of metabolites of plants collected from nature (Dhingra et al. 2000). To eliminate these disadvantages, *in vitro* secondary metabolite production seems to be as an important alternative that can be used to obtain valuable metabolites in plants (Mulabagal and Hsin-Sheng Tsay 2004). However, the most important problem of *in vitro* secondary metabolite production is that it generally fails to meet commercial demands due to low efficiency (Karuppusamy 2009). The usage of elicitors acting as signal molecules is one of the most important approaches to increase metabolite efficiency and meet the demand (Han et al. 2001). Salicylic acid (SA) is a signalling molecule that plays a role in regulating stress-related gene expression in plant cells and stimulating secondary metabolite biosynthesis in stress conditions caused by abiotic or biotic factors (Raskin 1992). There are already published studies showing that SA applications increase the accumulation of *in vitro* secondary metabolites in different plants (Sudha and Ravishankar 2003; Mathur and Yadav 2011; Mahalakshmi et al. 2013).

Another important strategy is the addition of precursors into nutrient media to increase the secondary metabolite synthesis. L-phenylalanine (2-amino-3-phenylpropanoic acid, C₉H₁₁N₀₂) (L-Phe), known as a hydrophobic amino acid, is a precursor in the plant phenylpropanoid biosynthesis pathway. And L-Phe is known to increase secondary metabolite production (especially phenolics) by triggering

phenylpropanoid and flavonoid metabolic pathways in plants (Koca and Karaman 2015). There are several reports of the increased *in vitro* secondary metabolite levels in plants after L-Phe applications (Al-Gendy et al. 2015; Koca and Karaman 2015).

To the best of our knowledge, there is no study carried out to determine the influences of L-Phe and SA applications on growth and secondary metabolite production in adventitious roots of madder. Therefore, this study aimed to determine the effect of L-Phe and SA applications at different concentrations on both growth parameters and accumulation of alizarin, purpurin and total AQs in madder adventitious root cultures. In addition, it was also determined total phenolic and some phenolics including gallic acid, catechin, chlorogenic acid, caffeic acid, epicatechin, vanillin, *p*-coumaric acid, ferulic acid, sinapic acid, *o*-coumaric acid, rutin, cinnamic acid, quercetin, and luteolin, which are very important compounds in areas of cosmetics, food, and pharmaceuticals due to their strong antioxidant impacts.

Material and method

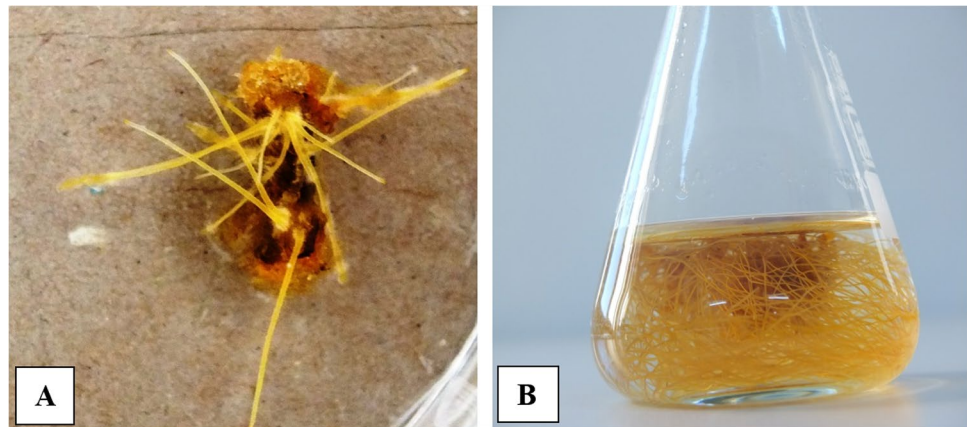
Plant materials

In this study, the internode segments of the shoots taken from 3 years-old madder were used as plant material that collected from the Medical Plants Growing Area of the Field Crops Department of Isparta University of Applied Sciences. The shoots collected by cutting with a garden scissors were brought to the laboratory and used to obtain an adventitious root.

Adventitious root formation

To obtain adventitious roots, the shoots were washed with running tap water and sterilized for 10 min with 20% (v/v) sodium hypochlorite solution (Sigma-Aldrich, Germany) containing 0.1% (v/v) tween 20 (Sigma-Aldrich, Germany). Then shoots were rinsed three times with sterile distilled water each by shaking for 5 min. The internode segments cut approximately 1 cm long were cultured in MS (Duchefa Biochemie, Netherland) (Murashige and Skoog 1962) medium containing 2.5 mg/l 3-indole acetic acid (IAA, Sigma-Aldrich, Germany), 0.1 mg/l kinetin (Sigma-Aldrich, Germany), 20 g/l sucrose (Sigma-Aldrich, Germany), and 2 g/l gelrite agar (Gelzan™ CM, Sigma-Aldrich, Germany), in dark for 28 days (Kubota et al. 1995). The induced adventitious roots (Fig. 1a) were transferred to the liquid MS medium supplemented with 2.5 mg/l IAA, 0.1 mg/l kinetin, and 20 g/l sucrose, in dark for 28 days. Then 250 mg adventitious roots were subcultured twice at 28-days intervals using 30 ml plant growth regulator-free liquid MS medium

Fig. 1 Adventitious roots formation of madder; Roots consisting of internodes after 28 days in solid medium (a), roots of grown in liquid medium for 14 days (b)



containing only 20 g/l sucrose (Fig. 2b). the roots were grown at 25 ± 1 °C in the dark, and liquid cultures were agitating on an orbital shaker at 100 rpm.

SA and L-Phe applications

Adventitious roots grown in liquid MS medium were used in the SA (Sigma-Aldrich, Germany) and L-Phe (Sigma-Aldrich, Germany) applications. For this aim, 250 mg adventitious roots were cultured in 100 ml Erlenmeyer flasks containing 30 ml liquid MS medium including 20 g/l sucrose for 7 days. SA and L-Phe were applied to adventitious roots in 9 different combinations (20 μ M SA, 40 μ M SA, 50 μ M L-Phe, 100 μ M L-Phe, 20 μ M SA + 50 μ M L-Phe, 20 μ M SA + 100 μ M L-Phe, 40 μ M SA + 50 μ M L-Phe, and 40 μ M SA + 100 μ M L-Phe). After filter sterilization, SA and L-Phe were added to 7-days-old roots, and cultured on orbital shakers (100 rpm) at 25 ± 1 °C under dark conditions for another 7 days. Later on, roots were harvested and used in the analyses. Experiments were set up in a completely randomized design and performed in triplicate and four flasks were used for each replication (9 applications x 3 replications x 4 flasks).

Root growth parameters

After the harvest, the adventitious roots were washed 3 times with sterile distilled water. The fresh weights of the roots, which were then removed from the surface water with filter paper, were weighed with an analytical balance and expressed as g/l. Growth index was calculated according to the following formula;

$$\text{Root Growth Index} = (\text{fresh weight of harvested roots (mg)} - \text{the fresh weight of inoculated roots (mg)}) / \text{fresh weight of inoculated roots (mg)}.$$

Then fresh roots were dried at 50 C° for 72 h and weighed. Dry root weight was expressed as g/l.

Extractions of AQs

The extractions of AQs from adventitious roots were performed according to the method of Schulte et al. (1984). Accordingly, the roots harvested from each flask were individually dried at 50 °C for 72 h. Roots were completely powdered with a mortar. Then, 0.1 mg was weighed homogeneously from the powdered roots of each flask, and boiled in a mixture of 10 ml of 80% ethanol (99,5%, Tekkim, Turkey)-water for 30 min. After reaching room temperature, it was filtered at 0.45 μ m filter (Millipore Filter Co., Bedford, Mass.) and stored at +4 °C for determination of total AQ, alizarin, and purpurin.

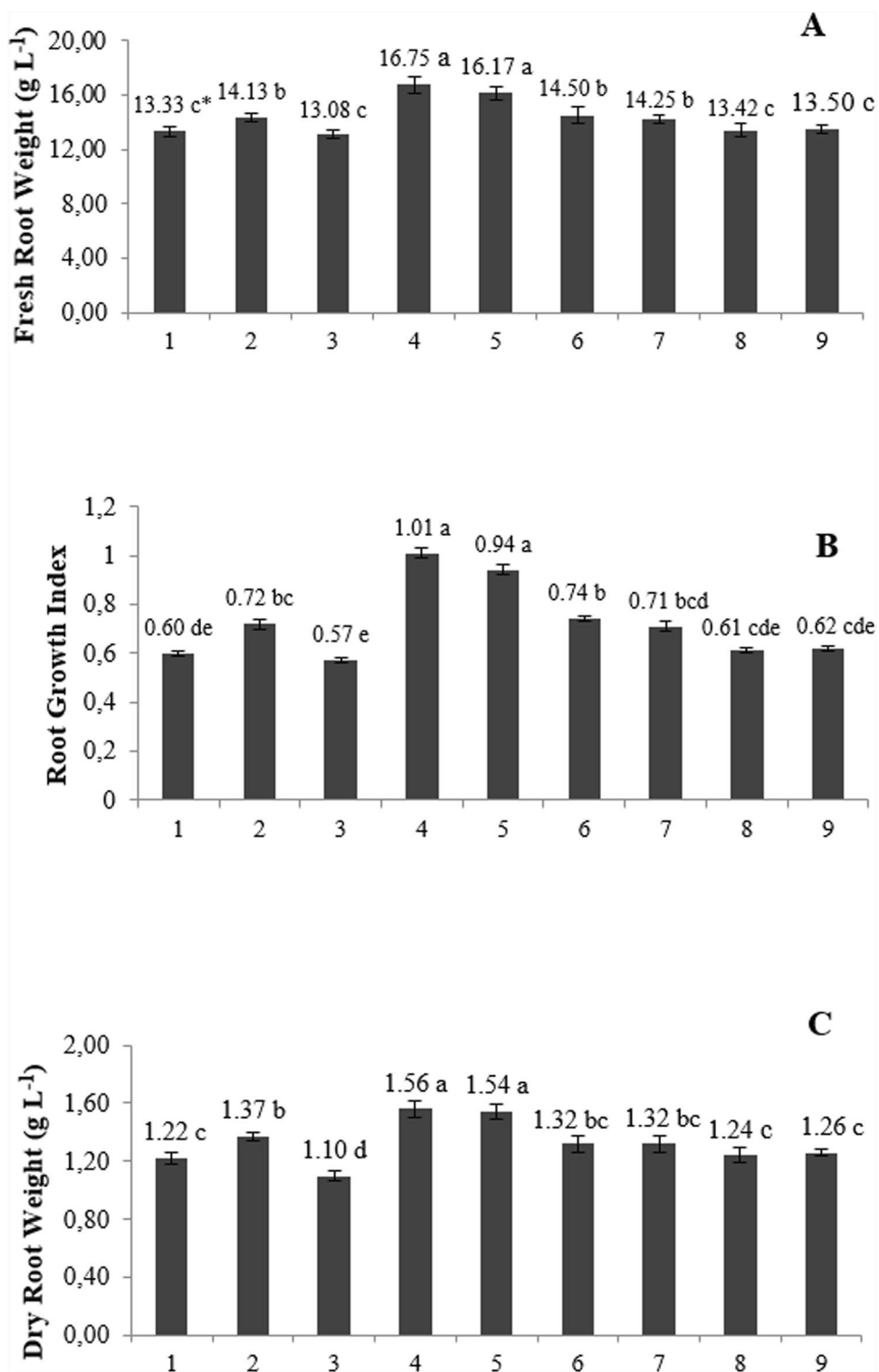
Determinations of total AQs

The quantitate analysis of total AQs were determined using a PG Instruments spectrophotometer (T70, PG Instruments, UK). The absorbances of the extracts were measured directly at 434 nm and the total amounts of AQs in roots were calculated by using the molar absorption coefficient of alizarin ($\epsilon_{434} = 5.5$) and the results were expressed as mg/g dry weight (DW) (Shulte et al. 1984).

Determinations of Alizarin and Purpurin by HPLC

In this study, the method of Derksen et al. (1998) was used to determine the contents of alizarin and purpurin by High Performance Liquid Chromatography (HPLC). The HPLC system (Shimadzu Corporation, Kyoto, Japan) was used during the analyses consisted of Shimadzu SPD-M20 A DAD detector, Shimadzu LC-20 AD pump, Shimadzu DGU-20A degasser, Shimadzu CTO-10 AS VP column oven, C18 column (Inertsil ODS-3, 250 mm X 4.6 mm i.d., 5 μ m, GL Sciences Inc., Tokyo, Japan) units. The method

Fig. 2 Effects of SA and L-Phe applications on fresh root weight (a), root growth index (b) and dry root weight (c) in adventitious roots of madder ($p < 0.05$). 1: Control, 2: 20 μM SA, 3: 40 μM SA, 4: 50 μM L-Phe, 5: 100 μM L-Phe, 6: 20 μM SA + 50 μM L-Phe, 7: 20 μM SA + 100 μM L-Phe, 8: 40 μM SA + 50 μM L-Phe, 9: 40 μM SA + 100 μM L-Phe. * Means with the same letters are not statistically significant ($p \leq 0.05$)



was run according to the gradient program at a flow rate of 1 ml/min at 30 C°.

Chromatography was performed by using two solvents: Ultra-pure water (A) and acetonitrile (Sigma Aldrich, Germany) (B) in a gradient program. The gradient program was run as follows; 0 to 6 min, 27% B; 6 to 35 min, 27

to 70% B; and 35 to 45 min, 70 to 27% B. The solvents, extracts, and analytical standards were filtered using 0.45 μm pore size membrane filter. The contents of alizarin and purpurin in the adventitious root extracts were expressed as mg/g, by using external calibration curves of analytical standards. The analytical standards of alizarin

and purpurin were purchased from Sigma-Aldrich (for HPLC, Germany).

Extractions of phenolics

For the extractions of phenolics, the powdered roots were weighed to 50 mg, and then 25 ml of a 70% ethanol-water solvent containing 0.2% hydrochloric acid (37%, Sigma Aldrich, Germany) was added thereto. The mixture, which was kept in the ultrasonic water bath for 15 min, was centrifuged at 4,000 rpm for 15 min and then the liquid phase was stored. The process was repeated once more, after adding the same mixture thereto the pellet and vortexing. After filtering with 0.45 µm filters, it was stored at -20 °C for TPC and fourteen individual phenolic compounds analysis.

Determinations of total phenolic contents

The total phenolic contents (TPCs) were determined spectrophotometrically according to the Folin-Ciocalteu colorimetric method (Singleton and Rossi 1965), the absorbances of the samples were measured at 765 nm. TPCs of the roots were calculated by using a calibration curve prepared with standard gallic acid solution and results were expressed as mg gallic acid equivalents (mg GAE/g DW).

Determinations of phenolic compounds by HPLC

The analyses of fourteen individual phenolic contents including gallic acid, catechin, chlorogenic acid, caffeic acid, epicatechin, vanillin, *p*-coumaric acid, ferulic acid, sinapic acid, *o*-coumaric acid, rutin, cinnamic acid, quercetin, and luteolin were performed by the HPLC system. All analytical standards were purchased from Sigma Aldrich (Germany) as analytical standards for HPLC. The phenolics analyses were carried out on a C18 (250×4.6 mm i.d. 5 µm) column. Acetic acid (2%) (Sigma Aldrich, Germany) ultra-pure water (A) and methanol (Sigma Aldrich, Germany) (B) were used as mobile phases. The method was run according to the gradient program at a flow rate of 0.8 ml/min at 40 °C. The gradient program was as follows: 0 to 12 min, 0 to 12% B; 12 to 13 min, 12% B; 13 to 33 min, 12 to 28% B; 33 to 48 min, 28 to 30% B; 48 to 53 min, 30 to 38% B; 53 to 70 min, 38 to 40% B; 70 to 90 min, 40 to 50% B; 90 to 105 min, 50 to 60% B; 105 to 117 min, 60 to 100% B; 117 to 120 min, 100 to 0% B. The amounts of phenolics in the adventitious root extracts were calculated by using external calibration curves obtained for each standard and results were expressed as mg/g DW.

Statistical Analyses

The presented data are the average of three measurements for each flask (9 applications × 3 replications × 4 flasks each replication × 3 measurements). Statistics were performed by using analysis of variance (ANOVA) with SPSS 16.0 for Windows Software Package (IBM SPSS, Armonk, NY, USA), and the means were separated by Duncan's multiple range tests.

Results

Effects of SA and L-Phe on Root Growth

Applications of SA and L-Phe to the adventitious root cultures of madder had statistically significant effects on root growth parameters including fresh root weight, root growth index, and dry root weight (Fig. 2). When root growth parameters were examined, it was determined that L-Phe applications were more effective than SA and SA + L-Phe combinations. The greatest fresh root weight, root growth index, and dry root weight values were obtained from the roots applied with 50 and 100 µM L-Phe as 16.75–16.17 mg/l, 1.01–0.94, and 1.56–1.54 g/l, respectively. When SA concentration increased from 20 µM to 40 µM, root growth parameters declined significantly. Compared to the control, 20 µM SA applications increased the root growth parameters while 40 µM SA applications resulted in a significant decrease in them. In the combinations of SA and L-Phe, it was shown that the root growth-promoting effect of L-Phe was suppressed by SA. In particular, the applications of the highest concentration of SA (40 µM) with L-Phe did not cause any increase in root growth parameters compared to controls.

Effects of SA and L-Phe on AQs Productions

The effects of SA and L-Phe on the total AQs productions of adventitious root cultures of madder were found statistically significant ($p < 0.05$). The greatest amounts of total AQs were obtained in applications with 20 µM SA, 20 µM SA + 50 µM L-Phe, and 20 µM SA + 100 µM L-Phe (31.47 mg/g, 30.13 mg/g, and 29.39 mg/g, respectively) (Table 1). It may be understood from these results that the greatest total AQs amounts were obtained from the applications where 20 µM SA was irrespective of the presence of L-Phe. But total AQs amounts declined when the SA concentration was increased from 20 µM SA to 40 µM SA. As a result of the HPLC analysis, the amounts of alizarin and purpurin varied according to the SA and L-Phe applications (Table 1). It was determined that SA applications were more effective than L-Phe applications. The greatest amount of alizarin (4.42 mg/g) was obtained from the 20 µM SA

Table 1 Effects of SA and L-Phe on total AQs, alizarin and purpurin amounts in adventitious roots of madder

Applications	Total AQs (mg/g)	Alizarin (mg/g)	Purpurin (mg/g)
Control	22.95 ± 0.11 cd*	2.18 ± 0.02e	0.47 ± 0.01c
20 µM SA	31.47 ± 0.60a	4.42 ± 0.00a	0.73 ± 0.01a
40 µM SA	26.15 ± 0.35b	4.34 ± 0.01b	0.56 ± 0.01b
50 µM L-phe	23.42 ± 1.33bcd	2.16 ± 0.02e	0.46 ± 0.00c
100 µM L-phe	22.08 ± 0.01d	2.15 ± 0.08e	0.45 ± 0.01c
20 µM SA + 50 µM L-Phe	30.13 ± 0.17a	4.25 ± 0.01c	0.71 ± 0.01a
20 µM SA + 100 µM L-Phe	29.39 ± 0.67a	4.21 ± 0.01c	0.70 ± 0.01a
40 µM SA + 50 µM L-Phe	23.84 ± 1.89bcd	4.12 ± 0.00d	0.56 ± 0.00b
40 µM SA + 100 µM L-Phe	23.57 ± 1.99bcd	4.09 ± 0.02d	0.54 ± 0.01b

*Means with the same letters are not statistically significant ($p \leq 0.05$)

application. With this application, approximately two times more alizarin was produced than the control (2.18 mg/g). When the concentration of SA increased to 40 µM, alizarin contents decreased in the roots. On the other hand, the effect of L-Phe applications on alizarin did not make a significant difference compared to the control. In the combinations of SA and L-Phe, it was observed that the L-Phe suppressed the increasing effect of SA on alizarin accumulation. The purpurin accumulations showed similar trends with total AQs. The greatest purpurin amount was obtained from combinations in which 20 µM SA was applied (ranging from 0.73 mg/g to 0.70 mg/g). There was about 1.3 times more purpurin than the control group (0.47 mg/g). 40 µM SA also increased the purpurin compared to the control, but this increase was at lower levels than 20 µM SA applications. On the other hand, L-Phe did not affect purpurin accumulation. When L-Phe applied with SA, it declined the stimulating effect of SA.

Effects of SA and L-Phe on phenolic compounds

In this study, the effects of SA and L-Phe on the accumulation of phenolic compounds were also investigated. All SA and L-Phe applications statistically increased TPC according to the control ($p < 0.05$). The greatest TPC was obtained from 40 µM SA + 100 µM L-Phe application (35.20 mg/g) followed by 40 µM SA + 50 µM L-Phe application (34.03 mg/g) (Table 2). Although SA and L-Phe increased TPC compared to the control when applied alone, the greatest TPC were obtained in the combinations where the two were applied together. Another remarkable result was the determination that SA applications, especially at the highest concentration, were more effective for increasing TPC than L-Phe applications.

As a result of the analysis of gallic acid, catechin, chlorogenic acid, caffeic acid, epicatechin, vanillin, *p*-coumaric acid, ferulic acid, sinapic acid, *o*-coumaric acid, rutin, cinnamic acid, quercetin, and luteolin by HPLC, there were significant differences among the applications (Table 2).

The minimum gallic acid, which belongs to the group of hydroxybenzoic acids, was determined in the control roots. In this study, it was understood that there was no significant difference between SA and L-Phe applications when they were applied alone. But the greatest gallic acid amounts were obtained from the roots where 40 µM SA was applied with 50 and 100 µM L-Phe (164.01 and 180.55 µg/g).

Hydroxycinnamic acids including chlorogenic acid, caffeic acid, *p*-coumaric acid, ferulic acid, sinapic acid, *o*-coumaric acid, and cinnamic acid were also investigated in this study. The minimum amounts of examined hydroxycinnamic acids were found in the control group. According to the results, it was determined that the amounts of these compounds were significantly changed with SA and L-Phe applications. In particular, the greatest amounts of hydroxycinnamic acid derivatives were obtained from the roots in which 40 µM SA was applied with 50 and 100 µM L-Phe (Table 2). When SA and L-Phe have applied alone, their effectiveness changed depending on the hydroxycinnamic acid derivatives. L-Phe, especially at 100 µM concentration, encouraged the accumulations of chlorogenic acid, caffeic acid, and sinapic acid compared to SA applications while the amount of *p*-coumaric acid was the greatest with SA applications. On the other hand, there was no significant difference between SA and L-Phe applications in the accumulation of ferulic acid, *o*-coumaric acid, and cinnamic acid.

The amounts of flavonols including rutin, quercetin, and luteolin were determined and presented in Table 2. Flavonols were also significantly affected by the SA and L-Phe applications. All of the SA and L-Phe applications, except the 40 µM SA + 100 µM L-Phe combination, were included in the same statistical group as the control and did not cause a significant difference for rutin accumulation. On the other hand, it was found that the maximum rutin was obtained from 40 µM SA + 100 µM L-Phe application as 186.16 µg/g. The greatest quercetin and luteolin values were found in the applications where 40 µM SA was used with 50 and 100 µM L-Phe. The minimum luteolin content was obtained from the

Table 2 Effects of SA and L-Phe on phenolic compounds in adventitious roots of madder

phenolic compounds	Applications								
	Control	20 μ M SA	40 μ M SA	50 μ M L-Phe	100 μ M L-Phe	20 μ M SA + 50 μ M L-Phe	20 μ M SA + 100 μ M L-Phe	40 μ M SA + 50 μ M L-Phe	40 μ M SA + 100 μ M L-Phe
Total phenolic contents (mg/g)	16.02 \pm 0.51e*	30.49 \pm 0.97c	31.63 \pm 0.60c	26.11 \pm 0.92d	28.05 \pm 0.04d	32.28 \pm 0.21bc	32.54 \pm 0.12bc	34.03 \pm 1.13ab	35.20 \pm 0.83a
<i>Phenolic acids</i> (μ g/g)									
Galloic acid	91.44 \pm 0.82d	135.05 \pm 4.32bc	145.87 \pm 5.63bc	129.79 \pm 7.86c	135.53 \pm 5.84bc	140.82 \pm 8.66bc	150.20 \pm 7.40bc	164.01 \pm 7.71ab	180.55 \pm 11.22a
Chlorogenic acid	55.22 \pm 2.59e	63.02 \pm 2.76de	71.63 \pm 3.11cde	82.50 \pm 2.14 cd	90.97 \pm 3.18bc	89.38 \pm 4.24bc	91.55 \pm 5.88bc	109.63 \pm 6.8ab	123.73 \pm 9.48a
Caffeic acid	116.46 \pm 1.73f	192.36 \pm 6.07e	199.62 \pm 7.72e	347.42 \pm 9.46d	385.55 \pm 10.10 cd	419.85 \pm 14.83c	482.91 \pm 11.58b	515.98 \pm 20.17b	584.53 \pm 16.83a
p-Coumaric acid	35.67 \pm 2.80d	88.84 \pm 4.22c	93.43 \pm 8.05c	39.60 \pm 2.67d	41.75 \pm 2.96d	98.31 \pm 4.53c	142.33 \pm 4.08b	158.02 \pm 5.52ab	174.27 \pm 5.30a
Ferulic acid	214.07 \pm 8.33d	307.46 \pm 9.62c	294.95 \pm 11.90c	337.28 \pm 10.65bc	346.49 \pm 11.31bc	319.21 \pm 12.11c	340.89 \pm 10.86bc	379.82 \pm 9.84ab	414.94 \pm 11.16a
Sinapic acid	66.39 \pm 4.73f	80.18 \pm 4.16e	110.12 \pm 7.80d	104.33 \pm 5.54d	129.18 \pm 1.55c	132.89 \pm 2.45c	144.05 \pm 1.16bc	163.37 \pm 6.75a	150.33 \pm 3.50ab
o-Coumaric acid	368.46 \pm 7.08d	410.22 \pm 6.04 cd	427.38 \pm 7.40 cd	379.73 \pm 7.54d	373.59 \pm 8.75d	453.54 \pm 3.55bc	474.58 \pm 7.14b	538.14 \pm 11.78a	570.63 \pm 10.75a
Cinnamic acid	11.76 \pm 0.28e	33.22 \pm 4.66d	37.29 \pm 4.13 cd	33.08 \pm 3.90d	35.38 \pm 5.39 cd	40.76 \pm 3.46 cd	45.89 \pm 3.99bc	56.37 \pm 2.23ab	59.30 \pm 4.51a
<i>Flavonols</i> (μ g/g)									
Rutin	86.05 \pm 4.86b	111.42 \pm 6.49b	117.50 \pm 5.92b	85.82 \pm 2.06b	96.97 \pm 4.52b	119.81 \pm 3.45b	134.55 \pm 4.58ab	145.77 \pm 4.82ab	186.16 \pm 7.12a
Quercetin	166.73 \pm 5.84d	211.83 \pm 4.73 cd	241.74 \pm 8.56bc	185.80 \pm 5.67d	194.53 \pm 9.33d	256.92 \pm 9.86b	274.79 \pm 8.07b	326.32 \pm 8.46a	348.33 \pm 6.69a
Luteolin	37.19 \pm 1.78d	49.77 \pm 0.94c	56.04 \pm 2.35bc	58.97 \pm 3.60bc	59.34 \pm 4.39bc	61.56 \pm 2.62bc	62.22 \pm 2.43b	73.25 \pm 3.69a	76.71 \pm 4.96a
<i>Flavanols</i> (μ g/g)									
Catechin	49.98 \pm 1.73d	273.77 \pm 8.12c	300.26 \pm 9.11bc	71.93 \pm 4.83d	80.43 \pm 3.57d	316.32 \pm 10.10ab	323.34 \pm 10.17ab	326.65 \pm 9.83ab	336.03 \pm 12.05a
Epicatechin	115.70 \pm 5.51d	150.08 \pm 5.21d	171.81 \pm 2.11 cd	127.01 \pm 6.53d	142.63 \pm d	162.02 \pm 1.21 cd	238.12 \pm 5.39bc	269.59 \pm 5.66b	389.61 \pm 8.46a
<i>Other phenolic compounds</i> (μ g/g)									
Vanillin	33.521 \pm 2.97c	39.08 \pm 1.21bc	48.60 \pm 2.52abc	36.68 \pm 1.71 c	38.54 \pm 2.51bc	53.15 \pm 1.79abc	60.99 \pm 3.32abc	68.69 \pm 4.41ab	75.60 \pm 2.82a

*Means with the same letters are not statistically significant ($p \leq 0.05$)

control group as 37.19 µg/g. In terms of quercetin, 20 µM SA applications and the single applications of L-Phe were found to be included in the same group as the control. It can be understood from these results that when SA and L-Phe were applied together increased the amount of flavonols more than being applied separately.

In this study, the amounts of catechin and epicatechin, as flavanols, were also investigated. Catechin and epicatechin contents in the adventitious root cultures were changed significantly depending on the SA and L-Phe applications (Table 2). The greatest catechin contents were obtained from the combinations of SA and L-Phe. When SA and L-Phe were applied either individually or together, their highest concentrations were found to be more effective in increasing the amounts of catechin. The results of epicatechin accumulation pointed out that 40 µM SA + 100 µM L-Phe combinations were the most effective application in increasing the amount of epicatechin.

Vanillin, another important phenolic substance, showed a similar pattern to the other phenolics. The greatest vanillin accumulations were detected from the roots applied with 40 µM SA + 100 µM L-Phe and 40 µM SA + 50 µM L-Phe as 75.60 µg/g and 68.69 µg/g, respectively (Table 2). On the other hand, there was no statistical difference between control and other applications.

Discussion

In this study, root growth and secondary metabolite accumulation in adventitious root cultures of madder were significantly changed depending on the SA and L-Phe applications. When root growth parameters were evaluated, it was determined that L-Phe applications were more effective than SA and SA + L-Phe combinations and also SA at 40 µM decreased root growth significantly. It was previously demonstrated that the effects of L-Phe on growth and development varied widely. While L-Phe at concentrations of 500, 1000 and 5000 µM increased root growth index compared to the controls in *Echinacea purpurea* root cultures (Mobin et al. 2015), the increased L-Phe concentrations on strawberry and *Larrea divaricata* largely inhibited cell growth (Edahiro et al. 2005; Palacio et al. 2011; Demirci et al. 2020) reported that L-Phe had no significant effects on root development. These differences in the effects of L-Phe on growth and development may be due to the L-Phe concentrations, genotypes, and culture type (Giri and Narasu 2000; Jacob and Malpathak 2005; Mobin et al. 2015). However, there are some different studies in which SA affects cell callus and root growth differently in *in vitro* conditions. Bulgakov et al. (2002) found that the application of 100 µM SA in the *Rubia cordifolia* callus cultures inhibited growth, but low doses (1 µM and 10 µM) induced cell growth compared to

the control. Similarly, it is reported that SA applications have significant reduce effects on root growth in *Bacopa monnieri* (Largia et al. 2015) and cell growth in *Salvia miltiorrhiza* (Dong et al. 2010). On the other hand, in the root cultures of *Stemona* plant at the end of the first week, 0.1 and 0.5 mM SA applications were found to increase the root growth and to decrease the 0.3 and 1.0 mM SA applications. In the second week, all of the SA concentrations caused to decline in root growth (Chaichana and Dheeranupattana 2012). These results show that the effect of SA on growth can vary significantly depending on the culture type, SA concentration, culture duration, and genotype.

The effects of L-Phe and SA applications on AQs accumulation in madder root cultures were also investigated in the present study and it was determined that L-Phe had no significant effect on AQs accumulation compared to controls while SA applications increase the amount of AQs. According to our knowledge, there was no study about the effects of L-Phe on AQs production in madder. But similar to the presented study, it was reported that SA applied to *Rubia cordifolia* calluses significantly increased total AQs, purpurin, and munjistin productions (Bulgakov et al. 2002; El-Mawla 2012) studied the effects of 5 different SA concentrations from 10 to 50 µM in madder cell suspension cultures and found that 20 µM was the most effective SA concentration on increasing the AQs accumulation. In another study conducted on the effects of SA on cell suspension cultures of madder, 13 mg ml⁻¹ SA significantly increased the amount of purpurin and lucidine, 100 mg ml⁻¹ SA significantly enhanced alizarin and total AQs amount (Orban et al. 2008). Increasing the amount of AQs with SA applications is because SA increases the production of secondary metabolites as a signal molecule. Indeed, plant receptors activate the effectors (such as; ion channels, G proteins, protein kinases, NADPH oxidases) and second messenger molecules (hydrogen peroxide, jasmonic acid, SA, internal calcium release, etc.) after detecting the elicitor. As a result, an increase in the expression of related genes increases the accumulation of secondary metabolites (Zhao et al. 2004). When plants are exposed to abiotic stress, they produce SA quickly and thus the produced SA activates the defense mechanisms of the plants (Senaratna et al. 2000; Krantev et al. 2008). The AQs of the madder plant, which is synthesized by the chorismate/succinyl benzoic acid biosynthesis, are significantly affected by the environmental and internal factors acting on this biosynthesis pathway (Orban et al. 2008). According to Govindaraju and Arulselvi (2018), the possible cause of the increased level of secondary metabolites in tissue culture may be due to the use of optimum conditions, nutrient media, and elicitors during the culture period.

Alizarin and purpurin contents in the roots of madder collected from nature vary depending on the age of the plant, climate and cultural conditions. It was found in the

previously reported studies that in the madder roots collected from nature, the amount of alizarin and purpurin ranged from 0.4 to 12.3 mg g⁻¹ and from 2.6 to 8.1 mg g⁻¹, respectively (Bozan et al. 1999; Derksen et al. 2004; Bányai et al. 2006; Santis and Moresi 2007; Cuoco et al. 2009). Our study showed that only after the 2-week culture period, 4.42 mg g⁻¹ alizarin and 0.73 mg g⁻¹ purpurin can be obtained from the in vitro root cultures of madder by the suitable elicitor application. From all these results, it is shown that in vitro root culture, which allows standard quantity and quality production for a whole year, without destroying the plants in nature and without seasonal restrictions, constitutes an important potential on the production of alizarin, purpurin and also phenolic compounds in madder.

Effects of SA and L-Phe were evaluated not only in terms of root growth parameters and AQ contents but also in phenolic contents in adventitious roots. As a result of the analysis of TPC and fourteen different phenolic substances, there were found significant differences among the applications. The greatest values were obtained from the roots where 40 µM SA was applied with 50 and 100 µM L-Phe. Elicitor applications are effective methods for stimulating the production of secondary metabolites in plant cell and organ cultures. SA, is a signal molecule and plant hormone, plays a major role in tolerance against biotic and abiotic stresses (Khan et al. 2015). This signal molecule promotes the synthesis of defensive compounds such as pathogens-related proteins, alkaloids, or phenolics by affecting certain enzymes that catalyse the biosynthetic reactions with some transmission system signals (Hahlbrock and Scheel 1989; Raskin 1992; Ding et al. 2002; Rivas-San Vicente and Plasencia 2011). Therefore, SA applications used as elicitors increase the accumulation of secondary metabolites, which is an important part of the plant's defense system, by stimulating related genes.

Although there was no study on the effects of SA on phenolic compounds in madder, it was determined that SA applications in chili fruit, apple, and *Achillea gypsicola* increased the phenolic compounds (Sánchez-Chávez et al. 2011; Vázquez-Díaz et al. 2016; Açıkgöz et al. 2019; Dong et al. 2010) reported that SA increased the amount of phenolic compounds in *Salvia miltiorrhiza*, and also made more active some antioxidant enzymes including phenylalanine ammonium lyase (PAL), tyrosine aminotransferase, superoxide dismutase, catalase, and peroxidase. Depending on the concentrations, SA affects the accumulation of phenolic compound synthesis by changing the PAL activity (Dihazi et al. 2003). It was reported that SA stimulates the accumulation of hydrogen peroxide by inhibiting the catalase enzyme (Chen et al. 1993), and increased concentration of hydrogen peroxide stimulates the expression of the PAL gene, resulting in phenolic synthesis (Desikan et al. 1998).

Similarly, Hao et al. (2014) also stated that SA stimulates the formation of hydrogen peroxide, which promotes PAL activity responsible for phenolic synthesis. Mora-Herrera et al. (2011) also reported that SA activates secondary metabolism and enhances the production of phytochemical substances. Similarly, it was found that SA applications significantly increased the amount of phenolic compounds in different plant species (Dong et al. 2010; Ali et al. 2007; Thiruvengadam et al. 2016) demonstrated that SA significantly increased the amounts of gallic acid, caffeic acid, *p*-coumaric acid, ferulic acid, chlorogenic acid, *o*-coumaric acid, quercetin, rutin, and vanillin by applied to the cell suspension cultures of the *Polygonum multiflorum*. Similar to these results, SA applications increased the accumulation of phenolic compounds in our study.

Most of the natural phenolic compounds in plants are derived from trans-cinnamic acid formed by the deamination of L-Phe by PAL (Boudet 2007). In this study, which investigated the effects of L-Phe applications on phenolic compounds, it was found that although L-Phe did not have an important effect on AQs synthesis; it had a stimulating effect on the accumulation of phenolic compounds. There is no study on the effects of L-Phe on AQs and phenolic compounds in the species belonging to madder and other *Rubiaceae* families. However, it is determined that the synthesis of these compounds can be increased by stimulating enzymatic pathways in plants, which is a precursor in the synthesis of phenolic compounds in different plants (Koca and Karaman 2015; Al-Gendy et al. 2015).

Conclusions

The results of this study showed that both root growth parameters and the production of secondary metabolites changed significantly depending on the SA and L-Phe applications in the adventitious root of madder. It was concluded that L-Phe promoted root growth directly, on the other hand, the effect of SA on root growth changed depending on its concentration. While L-Phe did not have a significant effect on total AQs, alizarin, and purpurin accumulation, SA significantly increased the accumulation of these metabolites. Especially, the greatest AQ values were obtained from 20 µM SA applications. Both L-Phe and SA were found effective in increasing phenolic compounds; it was determined that the combinations of 40 µM SA and 100 µM L-Phe were the most effective applications to increase the phenolic compounds. Accordingly, it is determined that AQs with the applications of 20 µM SA and phenolic compounds with the combinations of 40 µM SA + 100 µM L-Phe can be successfully produced in adventitious roots of madder in in vitro conditions without a need being collected from nature. To the best of our knowledge, this study reports

the use of SA and L-Phe treatments to enhance AQs and phenolics in madder adventitious root cultures for the first time. And results of our study showed that SA and L-Phe applications can be used for enhancing AQs and phenolic compounds in adventitious roots of madder depending on single or dual use of the SA and L-Phe and their concentrations. Additionally, it is shown once again that the important secondary metabolites can be produced successfully by the *in vitro* techniques.

Author contributions The authors have made the following declarations regarding their contributions: TD and NGB conceived the design of the experiments. TD and ÖAA monitored the research work. TD collected and analyses sample data. TD and NGB contributed to writing the manuscript. All the authors read and approved the final manuscript.

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Compliance with ethical standards

Conflict of interest The authors declare that they have no conflict of interest.

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